| | | Part I: General informatio | n, the acut | e disease phase | | |
|-----|-----------------|---|----------------------------|--|------------------------------|-------------------|
| 1. | Family | doctor, telephone number | | | | |
| 2. | Date of | consultation | | | | |
| 3. | Patient | number | | | | |
| 4. | Age | | | Months | | Years |
| 5. | Sex | | | Female | | Male |
| 6. | | first symptoms with COVID-19? | | | | |
| 7. | (Rheun | e child have any comorbidities? natological, cardiological, re odeficiency, diabetes etc.) | espiratory, | | ase specify) No | |
| 8. | Is the diseases | child taking medication to treat an | y chronic | Yes (plea | ase specify) | |
| | | | | No | | |
| 9. | | ccination been completed following th isation calendar? | e Latvian | Full immunisation | | |
| | | | | Please clarify: did the child receive the BCG vaccination? | | |
| | | | | Please clarify: Did the child receive the MMR vaccination? | | |
| | | | | Partial immunisation | | |
| | | | | No vaccination | | |
| 10. | | child received immunisation against inf season? | fluenza for | Yes | | |
| | tills ilu | scason. | | No | | |
| 11. | Date of | COVID-19 test (date of positive response | e) | | | |
| 12. | Was re | peated testing carried out (date/result)? | | | | |
| | Mother | w with Mother/ Father/Other - Basic education/Secondary education/Unfinished higher education/ Vocational education - Basic education/Secondary education | ation. | Mother – Marrie Divorced /Other Father – Marrie Divorced/ Other | r family/Sep d /Living to | parated ogether / |
| 12 | education | n/Unfinished higher education/ Vocational educa- | ation. | , | | |
| 13. | | 13.1 Most common symptoms | Cough Sore throat Sneezing | ature measured axilla ○ 37,5 – 38,0 °C ○ 38,1 – 39,0 °C ○ 39,0 °C | ıry): | |
| | | | Shortness of b Wheezing | reath | | |

| | | Muscle pain | |
|--|---------------------|------------------------|--|
| | | Fatigue | |
| | | Headache | |
| | | Rhinorrhoea | |
| | | Stuffy nose | |
| | 13.2 Other symptoms | Loss of taste/smell | |
| | | Tachypnoea | |
| | | Tachycardia | |
| | | Oxygen saturation <92% | |
| | | Abdominal pain | |
| | | Diarrhoea | |
| | | Vomiting | |
| | | Nausea | |
| | | Other | |

| | | Other | |
|----------------------------------|----------|---|-----------------|
| | | | |
| | | Epidemiological History | |
| 4. | 14.1 | Data about travelling in the last 14 days. | Yes |
| | | | No |
| | 14.2 | Has been in contact with COVID-19 virus RNA positive patient in the last 14 days. | Yes |
| | 112 | | No |
| | 14.3 | Has been in contact with a person who has been tested for COVID-19, with an | Yes |
| | 14.4 | unknown test result. Has been in contact with a person with fever and/or respiratory symptoms (children | No Yes |
| | 14.4 | may also have gastrointestinal symptoms) and contact with epidemiological communities where there have been laboratory-confirmed cases of COVID-19 infection in the last 14 days. | No |
| | 14.5 | Has been in contact with group cases (more than 2 cases of fever and/or respiratory | Yes |
| | | symptoms via, for example, families, offices, school classes and other small communities in the last 14 days). | No |
| | 14.6 | Patient is from a care centre with laboratory-conformed cases of COVID-19 infection over the past 14 days. | Yes |
| infection over the past 14 days. | | No | |
| | P 11.1.1 | Laboratory/radiological exams performed at outpatient stage | |
| 5. | Full blo | ood count | Yes |
| | | | No |
| | C-react | ive protein, mg/L | Yes |
| | | | No |
| | IL-6, p | g/mL | Yes |
| | | | No |
| | | 1 C 1 T 1 T 1 T 1 T 1 T 1 T 1 T 1 T 1 T | ~ ~ |
| | ALAT, | ASAT, U/L, Urea, mmol/L, Creatinine, umol/L | Yes |
| | | | No |
| | | ASAT, U/L, Urea, mmol/L, Creatinine, umol/L B, ng/mL, LDH, U/L | No Yes |
| | CK-MI | 3, ng/mL, LDH, U/L | No Yes No |
| | CK-MI | | No Yes |

| | D-dimer, mg/L FEU, ES | SR, mm/h, Creatininkinasis, U/L | Yes |
|-----------------------|-----------------------|--|-----|
| | | | No |
| | Ferritin, ng/mL | | Yes |
| | | | No |
| | Urine analysis | | Yes |
| | | | No |
| | Other examinations | | Yes |
| | | | No |
| | | Treatment received at outpatient stage | |
| 16. Type o | f treatment | How many days did the treatment last? | |
| P/o rehydra | ation | | |
| Antipyretic therapy | | | |
| Inhalations | | | |
| Antibacterial therapy | | | |
| | al therapy | | |

| | Part II: COVID-19 patient follow-up | | | | | | |
|----------------------|---|---------------------|----------------------|--------------------|-----------------------|--|--|
| 17. Did | the child have any other acute infections following COVID-19? | 1–3-month follow-up | 6-month follow-up | 12-month follow-up | 24-month follow-up | | |
| Date of consultation | | | | | | | |
| Yes | Please specify | | | | | | |
| No | | | | | | | |
| 17.1 Recei | ved treatment during illness | | | | | | |
| | - Antibacterial therapy | | | | | | |
| | - P/o rehydration | | | | | | |
| | - Antipyretic therapy | | | | | | |
| | - Inhalations | | | | | | |
| | - Other | | | | | | |
| 18. What k daily? | cind of medication/vitamins does the child receive | | | | | | |
| | e child received a vaccine against influenza in the nter season 2020/2021; 2021/2022? | | | | | | |

| 20. Does the of COVID-1 | child have any persistent symptoms in the wake 9? | | | | | | |
|-------------------------------|---|-----------------------------|------|--|--|--|--|
| Catarrhal symptoms | | | | | | | |
| 20.1 Elevate | d body temperature (axillary) | | | | | | |
| | - How many degrees (C°)? | | | | | | |
| | - How often was the T measured? | | | | | | |
| 20.2 Cough | | | | | | | |
| 20.3 Sore th | roat | | | | | | |
| 20.4 Wheezi | ng | | | | | | |
| 20.5 Rhinori | hoea | | | | | | |
| 20.6 Shortne | ess of breath | | | | | | |
| | - In a resting state | | | | | | |
| | - While doing physical activities | | | | | | |
| 20.7 Enlarge | ed lymph nodes | | | | | | |
| | Otorh | inolaryngologio sequelae | cal | | | | |
| 20.8 Difficu | lty swallowing | | | | | | |
| 20.9 Voice o | hanges | | | | | | |
| 20.10 Speec | h disturbances | | | | | | |
| 20.11 Tinnit | us | | | | | | |
| | Cardio | vascular seque | lae | | | | |
| 20.12 Heart | rhythm disturbances (including tachycardia) | | | | | | |
| 20.13 Orthostatic intolerance | | | | | | | |
| 20.14 Tachy | pnoea | | | | | | |
| | Gastro | intestinal seque | elae | | | | |
| 20.15 Diarrh | noea | | | | | | |
| 20.16 Vomit | ing/nausea | | | | | | |

| 20.17 Loss of appetite | | | |
|---|--------------------|-------------|--|
| 20.18 Body weight changes | | | |
| Muscu | iloskeletal seque | elae | |
| 20.19 Muscle pain | | | |
| 20.20 Muscle spasms | | | |
| 20.21 Joint pain | | | |
| 20.22 Stiffness | | | |
| Exe | rcise intolerance | e | |
| 20.23 Exercise Intolerance | | | |
| - Which physical activities can't be done? | | | |
| - How long can physical activity be tolerated (minutes)? | | | |
| - Does the physical activity provoke increased fatigue/sleepiness? | | | |
| - Do the symptoms disappear when lying down? | | | |
| - Is it hard to walk for longer than 15 minutes? | | | |
| - Is it hard to get up more than two flights of stairs? | | | |
| - Is there any physical activity that is more difficult than previously? | | | |
| Day-to-day ac | tivities and sleep | o disorders | |
| 20.24 Increased fatigue | | | |
| - Are there any provoking factors which amplify fatigue? | | | |
| - How many hours a night does the child sleep? | | | |
| - Is the child tired in the morning, despite a good night's sleep? | | | |
| - Are there any day-to-day activities (dressing, washing etc.) that are more difficult now than they were before? | | | |
| 20.25 Night sweating | | | |
| Neur | ological sequela | ne | |
| 20.26 Loss of taste and/or smell | | | |

| 20.27 Dizziness | | | |
|-------------------------------------|------------------|--|--|
| 20.28 Headache | | | |
| 20.29 Photophobia | | | |
| Cog | gnitive sequelae | | |
| 20.30 Difficulties in concentrating | | | |
| 20.31 Impaired memory | | | |
| 20.32 Impaired attention | | | |
| 20.33 Mood changes | | | |
| 20.34 Irritability | | | |
| 20.35 Anxiety/depression | | | |
| 20.36 Other | | | |

| Other Symptoms | | | | | | |
|--|--|--|--|--|--|--|
| 20.37 Hair loss | | | | | | |
| 20.38 Menstrual disturbances | | | | | | |
| 20.39 Others | | | | | | |
| 21. How many days has the child not attended school/kindergarten after recovering from COVID-19 because of the above symptoms? | | | | | | |
| 22. How many times has the child visited the family doctor after recovering from COVID-19? | | | | | | |
| 23. Has the child visited a specialist after recovering from COVID-19? | | | | | | |
| What kind of specialist? Why? | | | | | | |
| Examination | | | | | | |
| 24. What studies have been performed after recovery from COVID-19? | | | | | | |
| 24.1 Laboratory exams | | | | | | |
| - F.B.C. | | | | | | |

| | - | CRP/II-6 | | |
|--------------|---------|-------------------------------|--|--|
| | - | Urine analysis | | |
| | ı | Creatinine/urea | | |
| | ı | ALAT/ASAT | | |
| | ı | Antibodies against SARS-CoV-2 | | |
| | ı | Others | | |
| 24.2 Imaging | g exams | | | |
| | ı | X-ray | | |
| | ı | USG | | |
| | - | Others | | |