**Appendix**

Scale of self-efficacy in listening

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| 1. I feel confident about my English listening proficiency.
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| 1. I feel confident when listening to English.
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| 1. I believe that I can communicate with foreigners or other people in English very well.
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| 1. I think that I can achieve good test scores on important English language tests.
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| 1. English listening learning is easy for me.
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