

## Instructions for completion:

Please refer to the attached dictionary for definition of terms and instructions for completing each section. For each criteria, score by placing a check mark in the appropriate box.

First Author: \_\_\_\_\_  
 Year: \_\_\_\_\_  
 Journal: \_\_\_\_\_  
 Reviewer: \_\_\_\_\_

CRITERIA	YES	NO
Q1. Did the authors have a clearly focused question [population, intervention (strategy), and outcome(s)]?		
Q2. Were appropriate inclusion criteria used to select primary studies?		
Q3. Did the authors describe a search strategy that was comprehensive?  <i>Circle all strategies used:</i> <ul style="list-style-type: none"> <li>▪ health databases</li> <li>▪ psychological databases</li> <li>▪ social science databases</li> <li>▪ educational databases</li> <li>▪ other</li> <li>▪ handsearching</li> <li>▪ key informants</li> <li>▪ reference lists</li> <li>▪ unpublished</li> </ul>		
Q4. Did search strategy cover an adequate number of years?		
Q5. Did the authors describe the level of evidence in the primary studies included in the review?  <ul style="list-style-type: none"> <li>▪ Level I → RCTs only</li> <li>▪ Level II → non-randomized, cohort, case-control</li> <li>▪ Level III → uncontrolled studies</li> </ul>		
Q6. Did the review assess the methodological quality of the primary studies, including:  <i>(Minimum requirement: 4/7 of the following)</i> <ul style="list-style-type: none"> <li>▪ Research design</li> <li>▪ Study sample</li> <li>▪ Participation rates</li> <li>▪ Sources of bias (confounders, respondent bias)</li> <li>▪ Data collection (measurement of independent/dependent variables)</li> <li>▪ Follow-up/attrition rates</li> <li>▪ Data analysis</li> </ul>		
Q7. Are the results of the review transparent?		
Q8. Was it appropriate to combine the findings of results across studies?		
Q9. Were appropriate methods used for combining or comparing results across studies?		
Q10. Do the data support the author's interpretation?		
<b>TOTAL SCORE:</b>		

Quality Assessment  
Rating:

**Strong**  
(total score 8 – 10)

**Moderate**  
(total score 5 – 7)

**Weak**  
(total score 4 or less)