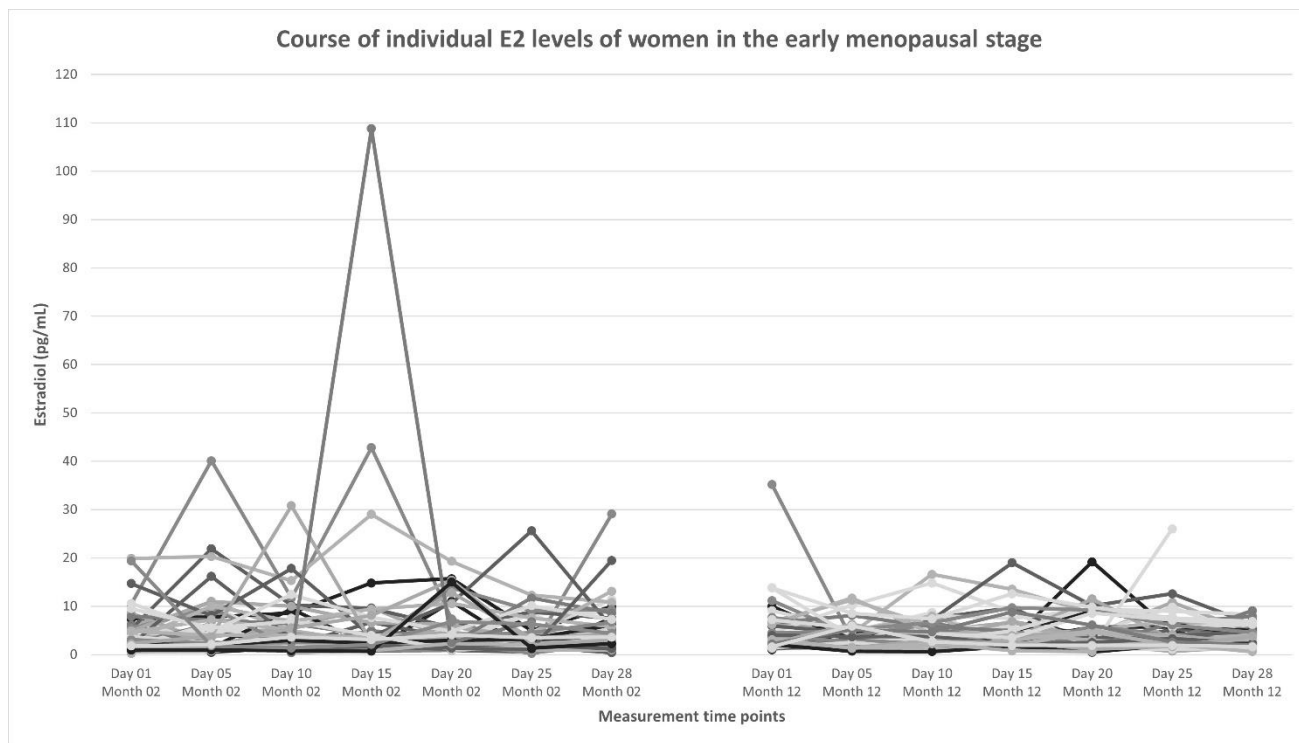
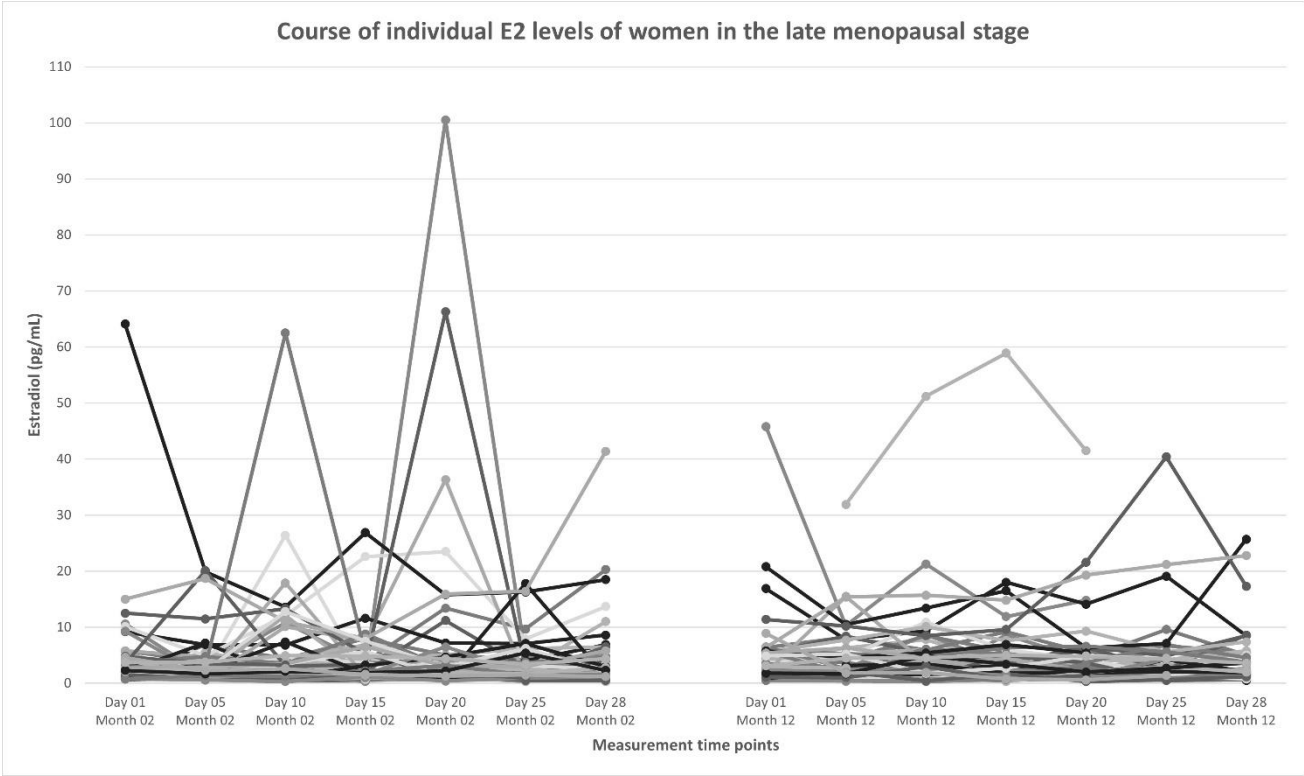


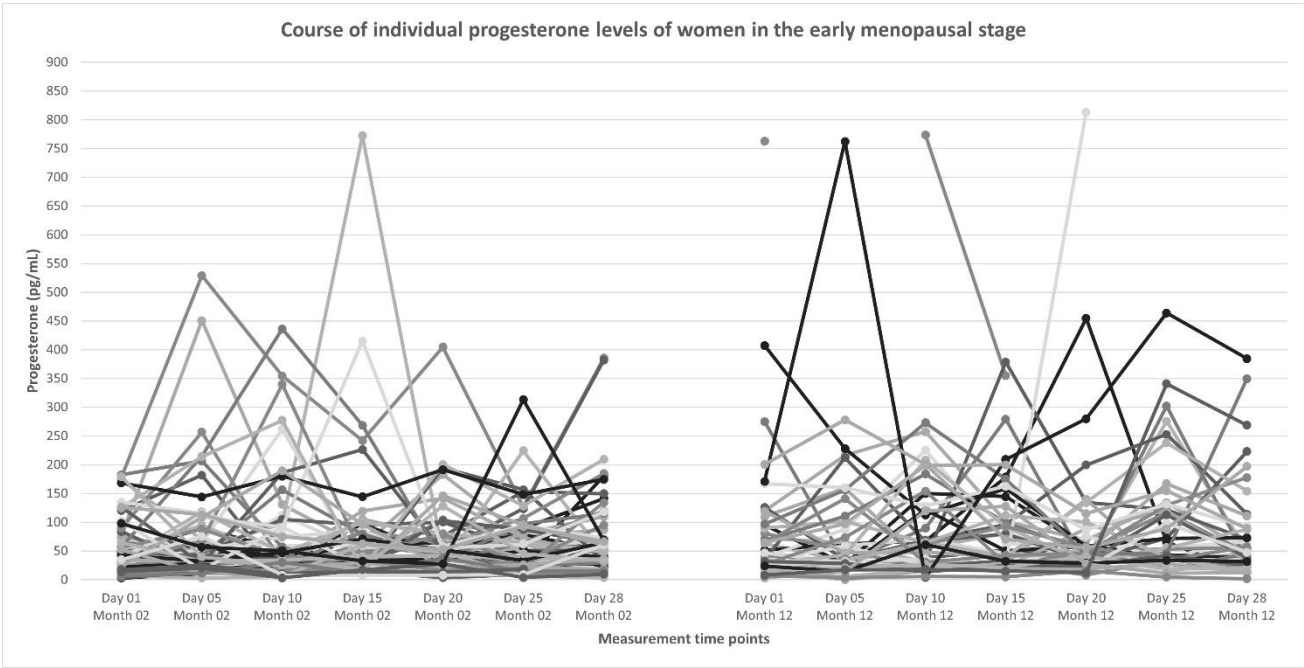
Supplementary Material



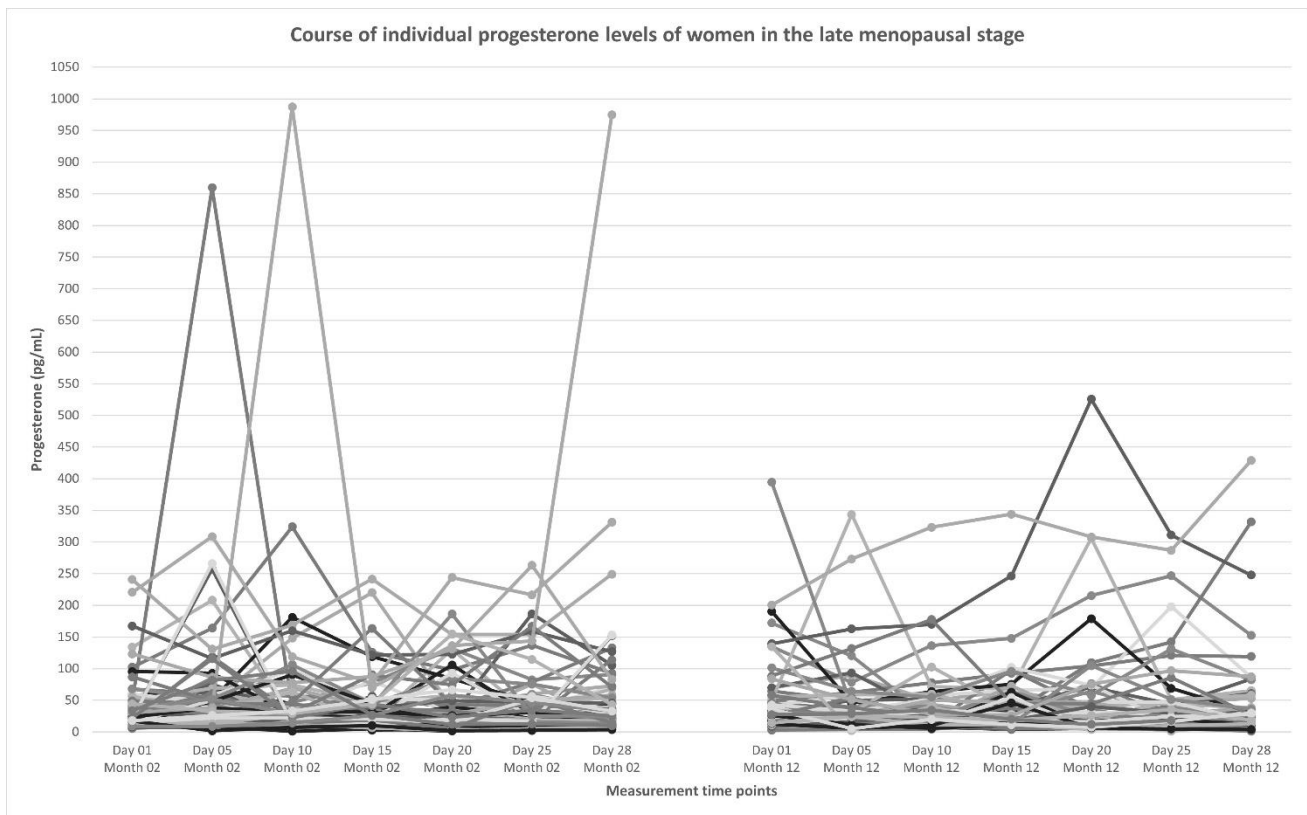
(A)



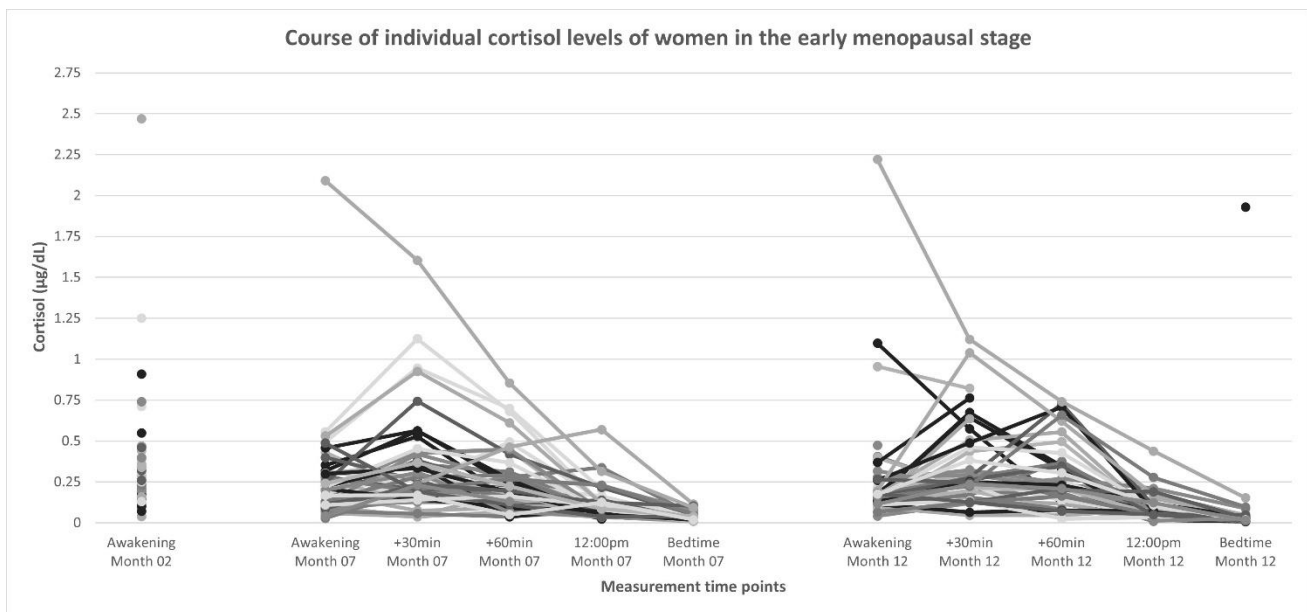
(B)



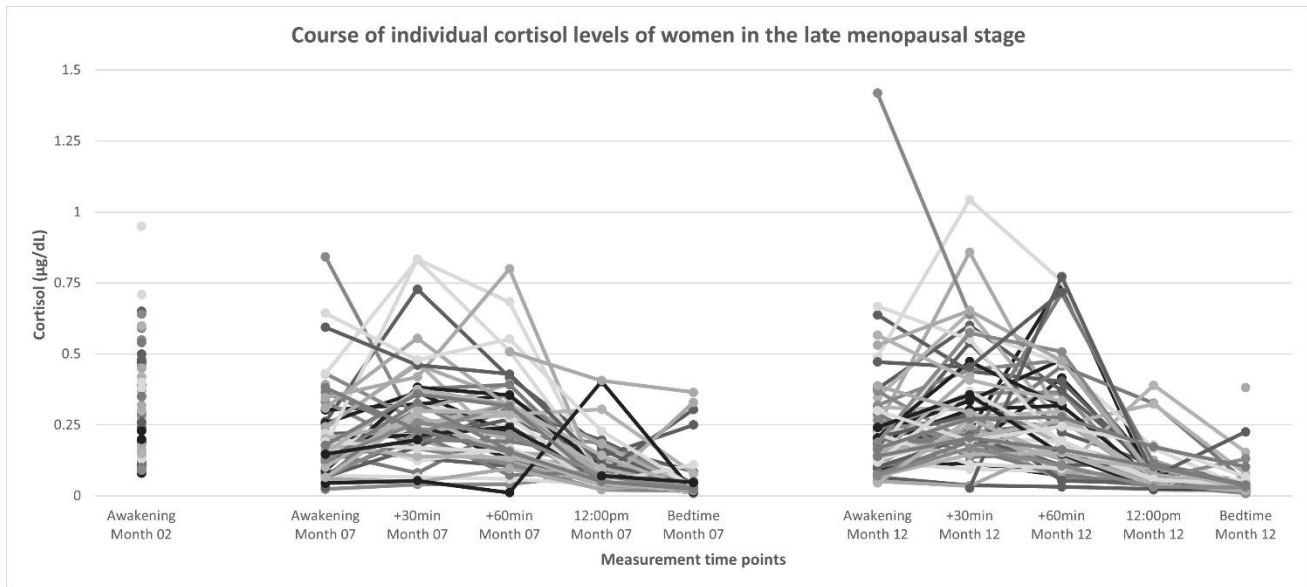
(C)



(D)



(E)



(F)

Supplementary Figure 1. Individual levels of endocrine parameters of participants in the early ($n = 59$) and late perimenopause ($n = 68$). **(A)** Estradiol in early perimenopausal participants. **(B)** Estradiol in late perimenopausal participants. **(C)** Progesterone in early perimenopausal participants. **(D)** Progesterone in late perimenopausal participants. **(E)** Cortisol in early perimenopausal participants. **(F)** Cortisol in late perimenopausal participants. The displayed individual levels of estradiol and progesterone are based on fourteen measurements across two non-consecutive months of standardized saliva sampling. Samples 1 to 7 were drawn during month 2 of study participation, samples 8 to 14 were drawn during month 12 of study participation. The displayed individual levels of cortisol are based on eleven measurements across three non-consecutive months of standardized saliva sampling. Sample 1 was drawn during month 2, samples 2 to 6 were drawn during month 7, and samples 7 to 11 were drawn during month 12 of study participation.