

Supplementary Table 1. *Descriptives of Physiological Measurements*

Parameter	M	SD
Systolic Blood Pressure (mmHg)	127.3	15.0
Diastolic Blood Pressure (mmHg)	71.3	8.7
HR (bpm) ^a	63.9	9.2
Total Power (ms ²)	898.1	2006.9
Very Low Frequency(ms ²)	269.7	565.1
HF _n (n.u.) ^b	41.9	22.5
LF _n (n.u.) ^c	58.1	22.5
LF/HF Ratio (ms ²)	2.9	4.1
SDNN (ms) ^d	47.3	39.7
RMSSD (ms) ^e	41.6	58.7

a= Heart rate; b=High frequency power in relation to total power; c=Low frequency power in relation to total power

d=Standard deviation of consecutive RR intervals; e=Root mean square of the consecutive RR differences