

**Table S3. ORs (95% CI) for MI, IS, and ICH per SD higher log-transformed metabolic markers.**

| Metabolic marker   | OR (95% CI) for MI   | <i>p</i> | FDR- <i>p</i> | OR (95% CI) for IS   | <i>p</i> | FDR- <i>p</i> | OR (95% CI) for ICH  | <i>p</i> | FDR- <i>p</i> |
|--|----------------------|----------|---------------|----------------------|----------|---------------|----------------------|----------|---------------|
| Mean diameter for VLDL particles                                 | 1.099 (0.999, 1.208) | 0.052    | 0.084         | 1.112 (1.018, 1.214) | 0.018    | 0.064         | 1.042 (0.959, 1.132) | 0.332    | 1.245         |
| Mean diameter for LDL particles                                  | 0.894 (0.809, 0.989) | 0.030    | 0.055         | 0.836 (0.757, 0.922) | <0.001   | 0.007         | 0.954 (0.876, 1.038) | 0.275    | 1.585         |
| Mean diameter for HDL particles                                  | 0.856 (0.777, 0.944) | 0.002    | 0.005         | 0.914 (0.833, 1.003) | 0.058    | 0.132         | 0.981 (0.903, 1.065) | 0.643    | 0.959         |
| Concentration of chylomicrons and extremely large VLDL particles | 1.102 (0.998, 1.215) | 0.054    | 0.086         | 1.085 (0.997, 1.180) | 0.060    | 0.133         | 1.024 (0.944, 1.110) | 0.570    | 1.025         |
| Concentration of very large VLDL particles                       | 1.121 (1.019, 1.233) | 0.019    | 0.037         | 1.116 (1.022, 1.218) | 0.015    | 0.055         | 1.032 (0.950, 1.121) | 0.461    | 1.093         |
| Concentration of large VLDL particles                            | 1.174 (1.067, 1.292) | 0.001    | 0.003         | 1.130 (1.035, 1.234) | 0.006    | 0.032         | 1.049 (0.965, 1.140) | 0.263    | 1.852         |
| Concentration of medium VLDL particles                           | 1.196 (1.088, 1.316) | <0.001   | 0.001         | 1.148 (1.050, 1.255) | 0.002    | 0.020         | 1.047 (0.962, 1.138) | 0.288    | 1.410         |
| Concentration of small VLDL particles                            | 1.246 (1.132, 1.371) | <0.001   | <0.001        | 1.157 (1.056, 1.267) | 0.002    | 0.017         | 1.044 (0.960, 1.136) | 0.313    | 1.282         |
| Concentration of very small VLDL particles                       | 1.247 (1.132, 1.374) | <0.001   | <0.001        | 1.128 (1.026, 1.239) | 0.013    | 0.051         | 1.015 (0.932, 1.105) | 0.734    | 0.966         |
| Concentration of IDL particles                                   | 1.169 (1.060, 1.289) | 0.002    | 0.005         | 1.092 (0.994, 1.201) | 0.067    | 0.147         | 0.989 (0.908, 1.077) | 0.799    | 0.967         |
| Concentration of large LDL particles                             | 1.177 (1.067, 1.298) | 0.001    | 0.004         | 1.108 (1.008, 1.217) | 0.033    | 0.093         | 1.000 (0.919, 1.089) | 0.996    | 1.001         |
| Concentration of medium LDL particles                            | 1.183 (1.073, 1.304) | 0.001    | 0.003         | 1.132 (1.030, 1.243) | 0.010    | 0.045         | 1.014 (0.931, 1.104) | 0.755    | 0.976         |
| Concentration of small LDL particles                             | 1.195 (1.084, 1.318) | <0.001   | 0.002         | 1.153 (1.049, 1.268) | 0.003    | 0.021         | 1.017 (0.934, 1.107) | 0.697    | 0.963         |
| Concentration of very large HDL particles                        | 0.940 (0.855, 1.034) | 0.205    | 0.272         | 0.976 (0.892, 1.068) | 0.601    | 0.705         | 0.999 (0.921, 1.084) | 0.985    | 1.003         |
| Concentration of large HDL particles                             | 0.836 (0.758, 0.923) | <0.001   | 0.002         | 0.908 (0.826, 0.997) | 0.044    | 0.110         | 0.978 (0.897, 1.067) | 0.617    | 0.984         |
| Concentration of medium HDL particles                            | 0.872 (0.791, 0.961) | 0.006    | 0.013         | 0.988 (0.897, 1.088) | 0.804    | 0.854         | 0.968 (0.889, 1.055) | 0.462    | 1.083         |
| Concentration of small HDL particles                             | 1.020 (0.926, 1.124) | 0.685    | 0.755         | 1.068 (0.971, 1.175) | 0.177    | 0.291         | 1.005 (0.924, 1.092) | 0.916    | 0.986         |
| Total lipids in chylomicrons and extremely large VLDL            | 1.103 (1.000, 1.217) | 0.049    | 0.081         | 1.086 (0.998, 1.182) | 0.056    | 0.132         | 1.024 (0.945, 1.110) | 0.566    | 1.027         |
| Total lipids in very large VLDL                                  | 1.121 (1.019, 1.233) | 0.019    | 0.036         | 1.116 (1.022, 1.218) | 0.014    | 0.056         | 1.031 (0.949, 1.120) | 0.467    | 1.083         |
| Total lipids in large VLDL                                       | 1.173 (1.066, 1.291) | 0.001    | 0.004         | 1.129 (1.034, 1.232) | 0.007    | 0.033         | 1.048 (0.964, 1.139) | 0.274    | 1.665         |
| Total lipids in medium VLDL                                      | 1.196 (1.088, 1.316) | <0.001   | 0.001         | 1.147 (1.049, 1.254) | 0.003    | 0.020         | 1.046 (0.962, 1.137) | 0.295    | 1.326         |
| Total lipids in small VLDL                                       | 1.250 (1.136, 1.376) | <0.001   | <0.001        | 1.159 (1.057, 1.269) | 0.002    | 0.017         | 1.044 (0.960, 1.136) | 0.316    | 1.226         |
| Total lipids in very small VLDL                                  | 1.235 (1.120, 1.360) | <0.001   | <0.001        | 1.119 (1.018, 1.229) | 0.020    | 0.065         | 1.011 (0.929, 1.102) | 0.795    | 0.966         |
| Total lipids in IDL  | 1.156 (1.048, 1.275) | 0.004    | 0.009         | 1.089 (0.991, 1.197) | 0.078    | 0.159         | 0.987 (0.906, 1.075) | 0.759    | 0.975         |
| Total lipids in large LDL  | 1.167 (1.058, 1.287) | 0.002    | 0.005         | 1.104 (1.005, 1.213) | 0.039    | 0.104         | 0.999 (0.917, 1.087) | 0.976    | 1.012         |
| Total lipids in medium LDL                                       | 1.177 (1.068, 1.298) | 0.001    | 0.003         | 1.129 (1.028, 1.241) | 0.011    | 0.048         | 1.013 (0.930, 1.103) | 0.774    | 0.979         |
| Total lipids in small LDL  | 1.187 (1.077, 1.308) | 0.001    | 0.003         | 1.146 (1.043, 1.260) | 0.005    | 0.026         | 1.015 (0.932, 1.106) | 0.729    | 0.970         |
| Total lipids in very large HDL                                   | 0.942 (0.856, 1.035) | 0.214    | 0.283         | 0.978 (0.893, 1.070) | 0.621    | 0.720         | 0.999 (0.920, 1.084) | 0.977    | 1.009         |
| Total lipids in large HDL  | 0.835 (0.756, 0.921) | <0.001   | 0.002         | 0.907 (0.826, 0.996) | 0.042    | 0.107         | 0.977 (0.896, 1.066) | 0.603    | 0.984         |
| Total lipids in medium HDL                                       | 0.867 (0.787, 0.956) | 0.004    | 0.010         | 0.987 (0.896, 1.086) | 0.784    | 0.836         | 0.969 (0.890, 1.056) | 0.478    | 1.075         |
| Total lipids in small HDL  | 1.015 (0.922, 1.119) | 0.758    | 0.800         | 1.063 (0.966, 1.169) | 0.212    | 0.338         | 1.003 (0.922, 1.090) | 0.950    | 1.004         |
| Total cholesterol  | 1.154 (1.048, 1.271) | 0.004    | 0.009         | 1.127 (1.025, 1.239) | 0.014    | 0.055         | 1.002 (0.920, 1.092) | 0.959    | 1.004         |
| Total cholesterol in VLDL  | 1.228 (1.115, 1.354) | <0.001   | <0.001        | 1.169 (1.063, 1.286) | 0.001    | 0.017         | 1.018 (0.935, 1.110) | 0.678    | 0.966         |
| Total cholesterol in chylomicrons and extremely large VLDL       | 1.231 (1.119, 1.355) | <0.001   | <0.001        | 1.167 (1.064, 1.280) | 0.001    | 0.015         | 1.036 (0.952, 1.128) | 0.413    | 1.208         |
| Total cholesterol in very large VLDL                             | 1.113 (1.008, 1.229) | 0.034    | 0.059         | 1.081 (0.994, 1.176) | 0.070    | 0.149         | 1.024 (0.945, 1.110) | 0.556    | 1.025         |
| Total cholesterol in large VLDL                                  | 1.097 (0.997, 1.208) | 0.058    | 0.091         | 1.096 (1.005, 1.196) | 0.038    | 0.102         | 1.032 (0.950, 1.120) | 0.459    | 1.099         |
| Total cholesterol in medium VLDL                                 | 1.157 (1.050, 1.275) | 0.003    | 0.008         | 1.104 (1.013, 1.204) | 0.025    | 0.080         | 1.039 (0.956, 1.129) | 0.366    | 1.212         |
| Total cholesterol in small VLDL                                  | 1.189 (1.081, 1.309) | <0.001   | 0.002         | 1.131 (1.035, 1.236) | 0.007    | 0.033         | 1.037 (0.953, 1.128) | 0.398    | 1.210         |
| Total cholesterol in very small VLDL                             | 1.250 (1.135, 1.377) | <0.001   | <0.001        | 1.152 (1.049, 1.266) | 0.003    | 0.021         | 1.040 (0.955, 1.132) | 0.365    | 1.227         |
| Total cholesterol in IDL   | 1.176 (1.065, 1.298) | 0.001    | 0.004         | 1.080 (0.983, 1.187) | 0.110    | 0.209         | 0.997 (0.916, 1.086) | 0.951    | 1.000         |
| Total cholesterol in LDL   | 1.128 (1.023, 1.245) | 0.016    | 0.031         | 1.083 (0.986, 1.190) | 0.096    | 0.191         | 0.982 (0.902, 1.069) | 0.677    | 0.970         |
| Total cholesterol in large LDL                                   | 1.144 (1.036, 1.263) | 0.008    | 0.018         | 1.120 (1.016, 1.234) | 0.023    | 0.074         | 0.992 (0.915, 1.076) | 0.847    | 0.972         |
| Total cholesterol in medium LDL                                  | 1.145 (1.037, 1.264) | 0.007    | 0.016         | 1.102 (1.002, 1.212) | 0.046    | 0.113         | 0.993 (0.914, 1.079) | 0.868    | 0.972         |
| Total cholesterol in small LDL                                   | 1.133 (1.029, 1.248) | 0.011    | 0.024         | 1.109 (1.010, 1.218) | 0.030    | 0.091         | 1.009 (0.927, 1.099) | 0.838    | 0.967         |
| Total cholesterol in HDL   | 1.128 (1.025, 1.242) | 0.014    | 0.028         | 1.110 (1.011, 1.219) | 0.028    | 0.087         | 1.010 (0.927, 1.099) | 0.824    | 0.965         |
| Total cholesterol in HDL2  | 0.864 (0.785, 0.950) | 0.003    | 0.007         | 0.956 (0.871, 1.050) | 0.350    | 0.487         | 0.977 (0.898, 1.064) | 0.599    | 0.984         |
| Total cholesterol in HDL3  | 0.842 (0.766, 0.925) | <0.001   | 0.002         | 0.948 (0.863, 1.041) | 0.260    | 0.391         | 0.968 (0.889, 1.054) | 0.450    | 1.100         |
| Total cholesterol in very large HDL                              | 1.098 (0.997, 1.208) | 0.057    | 0.090         | 1.067 (0.973, 1.171) | 0.170    | 0.285         | 1.060 (0.976, 1.153) | 0.168    | 2.229         |
| Total cholesterol in large HDL                                   | 0.995 (0.906, 1.092) | 0.910    | 0.918         | 1.019 (0.931, 1.114) | 0.689    | 0.767         | 1.011 (0.932, 1.097) | 0.790    | 0.971         |
| Total cholesterol in medium HDL                                  | 0.825 (0.748, 0.910) | <0.001   | 0.001         | 0.903 (0.822, 0.992) | 0.033    | 0.093         | 0.972 (0.892, 1.060) | 0.525    | 1.046         |
| Total cholesterol in small HDL                                   | 0.848 (0.771, 0.933) | 0.001    | 0.003         | 0.989 (0.899, 1.088) | 0.819    | 0.857         | 0.967 (0.890, 1.051) | 0.436    | 1.140         |
| Remnant cholesterol (non-HDL, non-LDL -cholesterol)              | 1.040 (0.945, 1.145) | 0.426    | 0.518         | 1.041 (0.951, 1.139) | 0.388    | 0.523         | 1.008 (0.926, 1.097) | 0.856    | 0.972         |
| Esterified cholesterol   | 0.971 (0.897, 1.052) | 0.470    | 0.556         | 0.995 (0.841, 1.178) | 0.958    | 0.966         | 0.936 (0.696, 1.259) | 0.662    | 0.967         |
| Cholesterol esters in chylomicrons and extremely large VLDL      | 1.114 (1.009, 1.229) | 0.033    | 0.058         | 1.080 (0.992, 1.175) | 0.076    | 0.157         | 1.022 (0.943, 1.108) | 0.597    | 0.995         |
| Cholesterol esters in very large VLDL                            | 1.088 (0.989, 1.198) | 0.084    | 0.128         | 1.084 (0.994, 1.182) | 0.068    | 0.148         | 1.033 (0.951, 1.122) | 0.442    | 1.131         |
| Cholesterol esters in large VLDL                                 | 1.135 (1.025, 1.257) | 0.015    | 0.030         | 1.063 (0.979, 1.155) | 0.147    | 0.253         | 1.047 (0.963, 1.138) | 0.279    | 1.572         |
| Cholesterol esters in medium VLDL                                | 1.169 (1.061, 1.287) | 0.002    | 0.005         | 1.114 (1.019, 1.219) | 0.018    | 0.063         | 1.021 (0.938, 1.111) | 0.635    | 0.965         |
| Cholesterol esters in small VLDL                                 | 1.212 (1.100, 1.337) | <0.001   | 0.001         | 1.133 (1.030, 1.246) | 0.010    | 0.046         | 1.029 (0.945, 1.121) | 0.504    | 1.069         |
| Cholesterol esters in very small VLDL                            | 1.161 (1.051, 1.282) | 0.003    | 0.008         | 1.078 (0.980, 1.186) | 0.122    | 0.231         | 0.993 (0.912, 1.082) | 0.878    | 0.978         |
| Cholesterol esters in IDL  | 1.145 (1.038, 1.264) | 0.007    | 0.016         | 1.101 (1.002, 1.210) | 0.046    | 0.113         | 0.983 (0.902, 1.071) | 0.696    | 0.967         |
| Cholesterol esters in large LDL                                  | 1.173 (1.051, 1.309) | 0.004    | 0.010         | 1.116 (1.008, 1.235) | 0.034    | 0.093         | 0.989 (0.916, 1.068) | 0.776    | 0.975         |
| Cholesterol esters in medium LDL                                 | 1.084 (0.985, 1.193) | 0.009    | 0.015         | 1.089 (0.990, 1.197) | 0.079    | 0.159         | 1.004 (0.926, 1.089) | 0.916    | 0.982         |
| Cholesterol esters in small LDL                                  | 1.071 (0.975, 1.177) | 0.154    | 0.210         | 1.081 (0.983, 1.189) | 0.106    | 0.205         | 1.004 (0.926, 1.088) | 0.921    | 0.982         |
| Cholesterol esters in very large HDL                             | 1.017 (0.926, 1.116) | 0.730    | 0.786         | 1.036 (0.947, 1.133) | 0.440    | 0.569         | 1.020 (0.941, 1.106) | 0.633    | 0.968         |
| Cholesterol esters in large HDL                                  | 0.823 (0.746, 0.908) | <0.001   | 0.001         | 0.902 (0.821, 0.991) | 0.031    | 0.092         | 0.973 (0.892, 1.061) | 0.537    | 1.043         |
| Cholesterol esters in medium HDL                                 | 0.847 (0.770, 0.931) | 0.001    | 0.003         | 0.993 (0.903, 1.092) | 0.888    | 0.912         | 0.966 (0.889, 1.049) | 0.410    | 1.229         |
| Cholesterol esters in small HDL                                  | 1.024 (0.924, 1.134) | 0.650    | 0.728         | 1.029 (0.941, 1.126) | 0.527    | 0.638         | 0.985 (0.908, 1.070) | 0.725    | 0.971         |
| Free cholesterol   | 1.117 (1.017, 1.227) | 0.021    | 0.039         | 1.160 (1.053, 1.278) | 0.003    | 0.019         | 0.988 (0.906, 1.077) | 0.783    | 0.979         |
| Free cholesterol in chylomicrons and extremely large VLDL        | 1.093 (0.992, 1.205) | 0.072    | 0.112         | 1.089 (1.001, 1.186) | 0.047    | 0.115         | 1.028 (0.948, 1.114) | 0.502    | 1.076         |
| Free cholesterol in very large VLDL                              | 1.077 (0.979, 1.186) | 0.129    | 0.183         | 1.097 (1.007, 1.196) | 0.035    | 0.095         | 1.027 (0.947, 1.115) | 0.520    | 1.045         |
| Free cholesterol in large VLDL                                   | 1.156 (1.048, 1.274) | 0.004    | 0.009         | 1.111 (1.020, 1.210) | 0.016    | 0.056         | 1.053 (0.969, 1.143) | 0.223    | 2.276         |
| Free cholesterol in medium VLDL                                  | 1.199 (1.089, 1.319) | <0.001   | 0.001         | 1.139 (1.043, 1.244) | 0.004    | 0.023         | 1.050 (0.966, 1.142) | 0.249    | 2.239         |
| Free cholesterol in small VLDL                                   | 1.259 (1.144, 1.385) | <0.001   | <0.001        | 1.152 (1.051, 1.262) | 0.002    | 0.021         | 1.045 (0.961, 1.136) | 0.305    | 1.271         |
| Free cholesterol in very small VLDL                              | 1                    |          |               |                      |          |               |                      |          |               |

|   |                      |        |        |                      |        |        |                      |        |        |
|---|----------------------|--------|--------|----------------------|--------|--------|----------------------|--------|--------|
| Total triglycerides   | 1.210 (1.101, 1.331) | <0.001 | 0.001  | 1.147 (1.049, 1.253) | 0.003  | 0.019  | 1.051 (0.966, 1.143) | 0.249  | 2.154  |
| Triglycerides in VLDL   | 1.193 (1.085, 1.312) | <0.001 | 0.002  | 1.150 (1.051, 1.257) | 0.002  | 0.020  | 1.049 (0.964, 1.140) | 0.266  | 1.712  |
| Triglycerides in chylomicrons and extremely large VLDL                            | 1.093 (0.991, 1.207) | 0.076  | 0.118  | 1.072 (0.987, 1.166) | 0.100  | 0.196  | 1.023 (0.945, 1.109) | 0.570  | 1.017  |
| Triglycerides in very large VLDL  | 1.120 (1.018, 1.232) | 0.020  | 0.037  | 1.116 (1.022, 1.218) | 0.015  | 0.055  | 1.033 (0.950, 1.122) | 0.449  | 1.123  |
| Triglycerides in large VLDL   | 1.176 (1.069, 1.294) | 0.001  | 0.003  | 1.135 (1.039, 1.239) | 0.005  | 0.027  | 1.053 (0.968, 1.144) | 0.228  | 2.229  |
| Triglycerides in medium VLDL  | 1.195 (1.087, 1.315) | <0.001 | 0.001  | 1.150 (1.052, 1.257) | 0.002  | 0.020  | 1.050 (0.966, 1.142) | 0.254  | 2.114  |
| Triglycerides in small VLDL   | 1.226 (1.114, 1.349) | <0.001 | <0.001 | 1.144 (1.046, 1.251) | 0.003  | 0.021  | 1.047 (0.963, 1.139) | 0.281  | 1.503  |
| Triglycerides in very small VLDL  | 1.258 (1.144, 1.384) | <0.001 | <0.001 | 1.124 (1.026, 1.230) | 0.012  | 0.048  | 1.033 (0.950, 1.124) | 0.448  | 1.134  |
| Triglycerides in IDL  | 1.275 (1.158, 1.405) | <0.001 | <0.001 | 1.081 (0.986, 1.185) | 0.098  | 0.193  | 1.025 (0.944, 1.113) | 0.560  | 1.024  |
| Triglycerides in LDL  | 1.273 (1.155, 1.403) | <0.001 | <0.001 | 1.091 (0.995, 1.196) | 0.065  | 0.144  | 1.037 (0.954, 1.127) | 0.396  | 1.221  |
| Triglycerides in large LDL  | 1.276 (1.156, 1.409) | <0.001 | <0.001 | 1.070 (0.975, 1.174) | 0.155  | 0.263  | 1.023 (0.942, 1.110) | 0.597  | 1.002  |
| Triglycerides in medium LDL   | 1.261 (1.144, 1.389) | <0.001 | <0.001 | 1.108 (1.010, 1.215) | 0.030  | 0.090  | 1.039 (0.959, 1.127) | 0.351  | 2.126  |
| Triglycerides in small LDL  | 1.274 (1.157, 1.403) | <0.001 | <0.001 | 1.168 (1.065, 1.280) | 0.001  | 0.014  | 1.049 (0.966, 1.138) | 0.255  | 2.051  |
| Triglycerides in HDL  | 1.120 (1.016, 1.235) | 0.023  | 0.042  | 1.042 (0.951, 1.141) | 0.379  | 0.514  | 1.026 (0.942, 1.118) | 0.553  | 1.045  |
| Triglycerides in very large HDL   | 1.129 (1.021, 1.249) | 0.018  | 0.036  | 1.051 (0.960, 1.151) | 0.281  | 0.405  | 1.048 (0.962, 1.142) | 0.280  | 1.537  |
| Triglycerides in large HDL  | 1.013 (0.909, 1.128) | 0.820  | 0.854  | 0.939 (0.855, 1.032) | 0.194  | 0.316  | 1.022 (0.936, 1.117) | 0.624  | 0.982  |
| Triglycerides in medium HDL   | 1.082 (0.984, 1.189) | 0.104  | 0.151  | 1.058 (0.967, 1.158) | 0.219  | 0.345  | 0.985 (0.905, 1.072) | 0.723  | 0.974  |
| Triglycerides in small HDL  | 1.174 (1.068, 1.291) | 0.001  | 0.003  | 1.085 (0.992, 1.186) | 0.073  | 0.154  | 1.018 (0.938, 1.106) | 0.664  | 0.964  |
| Phospholipids in chylomicrons and extremely large VLDL                            | 1.047 (0.954, 1.149) | 0.338  | 0.413  | 1.099 (0.997, 1.211) | 0.057  | 0.132  | 0.987 (0.905, 1.077) | 0.773  | 0.983  |
| Phospholipids in very large VLDL  | 1.098 (1.000, 1.206) | 0.050  | 0.081  | 1.158 (1.052, 1.275) | 0.003  | 0.019  | 1.040 (0.957, 1.131) | 0.355  | 1.209  |
| Phospholipids in large VLDL   | 1.083 (0.987, 1.189) | 0.090  | 0.136  | 1.156 (1.049, 1.274) | 0.004  | 0.022  | 1.038 (0.955, 1.128) | 0.379  | 1.200  |
| Phospholipids in medium VLDL  | 1.056 (0.964, 1.158) | 0.242  | 0.315  | 1.122 (1.019, 1.236) | 0.019  | 0.065  | 1.012 (0.932, 1.100) | 0.770  | 0.985  |
| Phospholipids in small VLDL   | 1.094 (0.992, 1.206) | 0.071  | 0.111  | 1.090 (1.001, 1.186) | 0.048  | 0.114  | 1.023 (0.944, 1.108) | 0.579  | 1.018  |
| Phospholipids in very small VLDL  | 1.088 (0.988, 1.198) | 0.086  | 0.130  | 1.095 (1.004, 1.194) | 0.040  | 0.105  | 1.027 (0.947, 1.115) | 0.518  | 1.050  |
| Phospholipids in IDL  | 1.176 (1.068, 1.295) | 0.001  | 0.003  | 1.128 (1.033, 1.231) | 0.007  | 0.033  | 1.049 (0.965, 1.140) | 0.261  | 2.025  |
| Phospholipids in large LDL  | 1.200 (1.091, 1.320) | <0.001 | 0.001  | 1.148 (1.050, 1.255) | 0.002  | 0.021  | 1.044 (0.960, 1.135) | 0.315  | 1.266  |
| Phospholipids in medium LDL   | 1.236 (1.123, 1.360) | <0.001 | <0.001 | 1.144 (1.044, 1.253) | 0.004  | 0.024  | 1.031 (0.948, 1.121) | 0.478  | 1.066  |
| Phospholipids in small LDL  | 1.181 (1.070, 1.304) | 0.001  | 0.003  | 1.095 (0.997, 1.202) | 0.057  | 0.133  | 0.995 (0.916, 1.082) | 0.912  | 0.992  |
| Phospholipids in very large HDL   | 1.130 (1.025, 1.245) | 0.014  | 0.028  | 1.067 (0.972, 1.172) | 0.171  | 0.284  | 0.983 (0.902, 1.071) | 0.689  | 0.969  |
| Phospholipids in large HDL  | 1.169 (1.061, 1.289) | 0.002  | 0.005  | 1.113 (1.012, 1.223) | 0.028  | 0.087  | 0.992 (0.910, 1.082) | 0.864  | 0.972  |
| Phospholipids in medium HDL   | 1.220 (1.106, 1.345) | <0.001 | 0.001  | 1.166 (1.059, 1.284) | 0.002  | 0.017  | 1.005 (0.922, 1.095) | 0.905  | 0.994  |
| Phospholipids in small HDL  | 1.214 (1.102, 1.339) | <0.001 | 0.001  | 1.176 (1.067, 1.295) | 0.001  | 0.014  | 1.008 (0.926, 1.098) | 0.853  | 0.975  |
| Apolipoprotein A-I  | 0.892 (0.811, 0.981) | 0.019  | 0.036  | 0.943 (0.861, 1.033) | 0.205  | 0.332  | 0.985 (0.907, 1.070) | 0.718  | 0.973  |
| Apolipoprotein B  | 0.844 (0.765, 0.931) | 0.001  | 0.003  | 0.918 (0.836, 1.008) | 0.074  | 0.154  | 0.979 (0.899, 1.068) | 0.636  | 0.961  |
| Ratio of apolipoprotein B to apolipoprotein A-I                                   | 0.883 (0.801, 0.974) | 0.013  | 0.028  | 0.978 (0.888, 1.077) | 0.655  | 0.744  | 0.979 (0.897, 1.068) | 0.629  | 0.975  |
| Total fatty acids   | 0.948 (0.860, 1.043) | 0.273  | 0.350  | 1.028 (0.935, 1.130) | 0.572  | 0.684  | 0.990 (0.911, 1.075) | 0.806  | 0.960  |
| Saturated fatty acids   | 0.967 (0.878, 1.065) | 0.493  | 0.581  | 1.039 (0.945, 1.143) | 0.429  | 0.558  | 1.011 (0.929, 1.100) | 0.801  | 0.964  |
| Monounsaturated fatty acids; 16:1, 18:1   | 1.261 (1.145, 1.389) | <0.001 | <0.001 | 1.209 (1.099, 1.332) | <0.001 | 0.004  | 1.032 (0.946, 1.125) | 0.483  | 1.066  |
| Polyunsaturated fatty acids   | 1.276 (1.158, 1.406) | <0.001 | <0.001 | 1.183 (1.075, 1.303) | 0.001  | 0.009  | 1.027 (0.941, 1.120) | 0.555  | 1.033  |
| Omega-3 fatty acids   | 1.161 (1.057, 1.276) | 0.002  | 0.005  | 1.234 (1.121, 1.358) | <0.001 | 0.001  | 1.035 (0.951, 1.127) | 0.426  | 1.142  |
| 22:6, docosahexaenoic acid  | 1.143 (1.042, 1.254) | 0.005  | 0.011  | 1.202 (1.094, 1.322) | <0.001 | 0.004  | 1.024 (0.940, 1.115) | 0.588  | 1.010  |
| Omega-6 fatty acids   | 1.188 (1.082, 1.305) | <0.001 | 0.002  | 1.195 (1.089, 1.313) | <0.001 | 0.005  | 1.042 (0.958, 1.134) | 0.339  | 1.229  |
| 18:2, linoleic acid   | 1.129 (1.026, 1.242) | 0.013  | 0.027  | 1.286 (1.162, 1.425) | <0.001 | <0.001 | 1.037 (0.950, 1.131) | 0.416  | 1.200  |
| Ratio of saturated fatty acids to total fatty acids                               | 1.165 (1.058, 1.283) | 0.002  | 0.005  | 1.208 (1.093, 1.334) | <0.001 | 0.005  | 0.980 (0.898, 1.070) | 0.648  | 0.959  |
| Ratio of monounsaturated fatty acids to total fatty acids                         | 1.204 (1.096, 1.322) | <0.001 | 0.001  | 1.173 (1.063, 1.294) | 0.002  | 0.018  | 0.995 (0.913, 1.084) | 0.906  | 0.990  |
| Ratio of polyunsaturated fatty acids to total fatty acids                         | 1.116 (1.015, 1.227) | 0.023  | 0.042  | 1.289 (1.163, 1.428) | <0.001 | <0.001 | 1.047 (0.960, 1.141) | 0.300  | 1.298  |
| Ratio of omega-3 fatty acids to total fatty acids                                 | 0.950 (0.866, 1.043) | 0.284  | 0.358  | 1.153 (0.952, 1.396) | 0.146  | 0.253  | 0.980 (0.898, 1.069) | 0.642  | 0.963  |
| Ratio of 22:6 docosahexaenoic acid to total fatty acids                           | 0.908 (0.826, 0.998) | 0.045  | 0.075  | 0.877 (0.799, 0.962) | 0.005  | 0.028  | 0.970 (0.883, 1.064) | 0.516  | 1.065  |
| Ratio of omega-6 fatty acids to total fatty acids                                 | 1.154 (1.049, 1.270) | 0.003  | 0.008  | 1.007 (0.918, 1.105) | 0.877  | 0.905  | 1.050 (0.964, 1.144) | 0.263  | 1.911  |
| Ratio of 18:2 linoleic acid to total fatty acids                                  | 0.934 (0.848, 1.028) | 0.163  | 0.221  | 1.059 (0.965, 1.163) | 0.223  | 0.349  | 1.020 (0.934, 1.115) | 0.657  | 0.966  |
| Alanine   | 1.054 (0.957, 1.160) | 0.284  | 0.358  | 1.022 (0.927, 1.128) | 0.661  | 0.744  | 0.929 (0.850, 1.015) | 0.101  | 1.902  |
| Glutamine   | 1.049 (0.960, 1.147) | 0.287  | 0.359  | 0.935 (0.856, 1.021) | 0.134  | 0.243  | 0.966 (0.888, 1.051) | 0.423  | 1.146  |
| Histidine   | 0.927 (0.844, 1.018) | 0.114  | 0.166  | 1.048 (0.958, 1.146) | 0.310  | 0.439  | 1.048 (0.960, 1.145) | 0.293  | 1.347  |
| Isoleucine  | 0.936 (0.856, 1.024) | 0.149  | 0.206  | 0.984 (0.900, 1.077) | 0.730  | 0.797  | 1.013 (0.924, 1.110) | 0.786  | 0.977  |
| Leucine   | 1.014 (0.922, 1.116) | 0.772  | 0.812  | 1.022 (0.937, 1.115) | 0.617  | 0.719  | 0.972 (0.896, 1.055) | 0.499  | 1.080  |
| Phenylalanine   | 0.905 (0.820, 0.998) | 0.045  | 0.075  | 0.967 (0.880, 1.062) | 0.482  | 0.602  | 0.970 (0.892, 1.054) | 0.467  | 1.073  |
| Tyrosine  | 0.978 (0.890, 1.075) | 0.651  | 0.725  | 1.032 (0.947, 1.126) | 0.470  | 0.591  | 1.037 (0.958, 1.123) | 0.366  | 1.195  |
| Valine  | 1.018 (0.923, 1.122) | 0.727  | 0.786  | 1.042 (0.952, 1.141) | 0.374  | 0.510  | 0.955 (0.877, 1.040) | 0.292  | 1.368  |
| Citrate   | 1.031 (0.932, 1.141) | 0.557  | 0.639  | 1.036 (0.943, 1.139) | 0.463  | 0.585  | 0.926 (0.849, 1.008) | 0.077  | 1.734  |
| Glucose   | 1.065 (0.963, 1.177) | 0.222  | 0.292  | 0.947 (0.861, 1.042) | 0.262  | 0.390  | 1.089 (1.003, 1.184) | 0.043  | 1.397  |
| Lactate   | 0.971 (0.880, 1.071) | 0.556  | 0.642  | 0.989 (0.902, 1.084) | 0.809  | 0.854  | 1.034 (0.953, 1.122) | 0.419  | 1.163  |
| Glycoprotein acetyls, mainly al-acid glycoprotein                                 | 0.994 (0.900, 1.098) | 0.908  | 0.920  | 1.031 (0.940, 1.131) | 0.518  | 0.630  | 0.901 (0.829, 0.979) | 0.014  | 0.646  |
| Acetoacetate  | 0.964 (0.875, 1.061) | 0.452  | 0.541  | 0.917 (0.836, 1.007) | 0.070  | 0.148  | 0.955 (0.879, 1.037) | 0.273  | 1.708  |
| Acetate   | 1.320 (1.197, 1.456) | <0.001 | <0.001 | 1.198 (1.085, 1.323) | <0.001 | 0.006  | 1.310 (1.193, 1.439) | <0.001 | <0.001 |
| 3-hydroxybutyrate   | 1.091 (0.987, 1.205) | 0.089  | 0.134  | 1.005 (0.917, 1.101) | 0.922  | 0.943  | 1.010 (0.928, 1.098) | 0.826  | 0.962  |
| Cholesterol esters to total lipids ratio in IDL                                   | 1.343 (1.215, 1.486) | <0.001 | <0.001 | 1.289 (1.173, 1.418) | <0.001 | <0.001 | 1.170 (1.070, 1.279) | 0.001  | 0.062  |
| Cholesterol esters to total lipids ratio in chylomicrons and extremely large VLDL | 0.936 (0.848, 1.033) | 0.189  | 0.255  | 1.245 (1.128, 1.374) | <0.001 | 0.001  | 1.052 (0.963, 1.149) | 0.263  | 1.972  |
| Cholesterol esters to total lipids ratio in large HDL                             | 1.021 (0.922, 1.131) | 0.687  | 0.754  | 1.058 (0.863, 1.064) | 0.421  | 0.553  | 1.024 (0.942, 1.113) | 0.580  | 1.011  |
| Cholesterol esters to total lipids ratio in large LDL                             | 1.214 (1.088, 1.356) | 0.001  | 0.003  | 1.140 (1.031, 1.260) | 0.011  | 0.046  | 1.090 (0.992, 1.198) | 0.072  | 1.810  |
| Cholesterol esters to total lipids ratio in large VLDL                            | 1.025 (0.929, 1.131) | 0.622  | 0.700  | 1.120 (1.020, 1.229) | 0.017  | 0.061  | 1.062 (0.888, 1.043) | 0.351  | 1.234  |
| Cholesterol esters to total lipids ratio in medium HDL                            | 1.104 (1.000, 1.128) | 0.050  | 0.081  | 1.045 (0.961, 1.137) | 0.304  | 0.432  | 1.020 (0.942, 1.104) | 0.632  | 0.974  |
| Cholesterol esters to total lipids ratio in medium LDL                            | 0.809 (0.736, 0.889) | <0.001 | <0.001 | 0.903 (0.822, 0.992) | 0.033  | 0.094  | 0.958 (0.879, 1.044) | 0.326  | 1.242  |
| Cholesterol esters to total lipids ratio in medium VLDL                           | 1.152 (0.977, 1.359) | 0.093  | 0.139  | 1.112 (0.972, 1.273) | 0.123  | 0.231  | 0.983 (0.919, 1.053) | 0.628  | 0.982  |
| Cholesterol esters to total lipids ratio in small HDL                             | 1.                   |        |        |                      |        |        |                      |        |        |

|  |                      |        |        |                      |        |       |                      |       |       |
|--|----------------------|--------|--------|----------------------|--------|-------|----------------------|-------|-------|
| Free cholesterol to total lipids ratio in medium HDL                             | 1.076 (0.976, 1.187) | 0.141  | 0.196  | 1.065 (0.980, 1.157) | 0.135  | 0.243 | 1.033 (0.955, 1.119) | 0.418 | 1.190 |
| Free cholesterol to total lipids ratio in medium LDL                             | 0.897 (0.813, 0.990) | 0.031  | 0.055  | 0.950 (0.865, 1.043) | 0.279  | 0.404 | 0.969 (0.900, 1.044) | 0.413 | 1.223 |
| Free cholesterol to total lipids ratio in medium VLDL                            | 0.843 (0.762, 0.932) | 0.001  | 0.003  | 0.870 (0.789, 0.959) | 0.005  | 0.028 | 0.943 (0.869, 1.023) | 0.160 | 2.253 |
| Free cholesterol to total lipids ratio in small HDL                              | 1.108 (1.002, 1.224) | 0.046  | 0.075  | 1.073 (0.988, 1.164) | 0.093  | 0.187 | 1.056 (0.973, 1.146) | 0.193 | 2.173 |
| Free cholesterol to total lipids ratio in small LDL                              | 0.873 (0.794, 0.960) | 0.005  | 0.011  | 0.949 (0.866, 1.040) | 0.263  | 0.386 | 0.984 (0.905, 1.071) | 0.715 | 0.975 |
| Free cholesterol to total lipids ratio in small VLDL                             | 0.879 (0.797, 0.969) | 0.009  | 0.021  | 0.899 (0.819, 0.987) | 0.025  | 0.080 | 0.986 (0.906, 1.073) | 0.745 | 0.969 |
| Free cholesterol to total lipids ratio in very large HDL                         | 1.191 (1.075, 1.319) | 0.001  | 0.003  | 1.091 (1.002, 1.187) | 0.044  | 0.109 | 1.067 (0.983, 1.159) | 0.123 | 2.124 |
| Free cholesterol to total lipids ratio in very large VLDL                        | 0.883 (0.800, 0.975) | 0.014  | 0.028  | 0.940 (0.853, 1.037) | 0.219  | 0.347 | 0.989 (0.906, 1.079) | 0.807 | 0.955 |
| Free cholesterol to total lipids ratio in very small VLDL                        | 0.887 (0.805, 0.977) | 0.015  | 0.031  | 0.883 (0.803, 0.971) | 0.010  | 0.045 | 0.990 (0.910, 1.076) | 0.806 | 0.964 |
| Phospholipids to total lipids ratio in IDL                                       | 1.040 (0.942, 1.147) | 0.438  | 0.528  | 0.946 (0.864, 1.037) | 0.237  | 0.364 | 1.006 (0.926, 1.092) | 0.889 | 0.986 |
| Phospholipids to total lipids ratio in chylomicrons and extremely large VLDL     | 0.977 (0.893, 1.069) | 0.608  | 0.687  | 0.985 (0.898, 1.079) | 0.742  | 0.807 | 0.957 (0.879, 1.043) | 0.316 | 1.246 |
| Phospholipids to total lipids ratio in large HDL                                 | 1.032 (0.938, 1.135) | 0.516  | 0.602  | 1.073 (0.986, 1.168) | 0.104  | 0.202 | 1.021 (0.942, 1.107) | 0.607 | 0.982 |
| Phospholipids to total lipids ratio in large LDL                                 | 1.007 (0.903, 1.123) | 0.900  | 0.916  | 0.976 (0.894, 1.065) | 0.586  | 0.693 | 0.984 (0.913, 1.061) | 0.674 | 0.972 |
| Phospholipids to total lipids ratio in large VLDL                                | 0.843 (0.763, 0.931) | 0.001  | 0.003  | 0.900 (0.819, 0.990) | 0.030  | 0.090 | 0.945 (0.871, 1.025) | 0.171 | 2.137 |
| Phospholipids to total lipids ratio in medium HDL                                | 1.076 (0.976, 1.186) | 0.141  | 0.197  | 1.065 (0.980, 1.157) | 0.139  | 0.248 | 1.023 (0.946, 1.106) | 0.571 | 1.011 |
| Phospholipids to total lipids ratio in medium LDL                                | 1.197 (1.082, 1.324) | <0.001 | 0.002  | 1.135 (1.032, 1.248) | 0.009  | 0.041 | 1.029 (0.946, 1.118) | 0.508 | 1.067 |
| Phospholipids to total lipids ratio in medium VLDL                               | 0.884 (0.804, 0.972) | 0.011  | 0.023  | 0.932 (0.851, 1.021) | 0.129  | 0.240 | 0.955 (0.879, 1.039) | 0.285 | 1.426 |
| Phospholipids to total lipids ratio in small HDL                                 | 1.161 (1.048, 1.288) | 0.004  | 0.010  | 1.091 (1.003, 1.186) | 0.041  | 0.107 | 1.048 (0.965, 1.137) | 0.266 | 1.762 |
| Phospholipids to total lipids ratio in small LDL                                 | 1.182 (1.070, 1.306) | 0.001  | 0.003  | 0.955 (0.865, 1.053) | 0.355  | 0.490 | 1.052 (0.971, 1.140) | 0.212 | 2.270 |
| Phospholipids to total lipids ratio in small VLDL                                | 0.949 (0.863, 1.043) | 0.276  | 0.351  | 0.967 (0.884, 1.058) | 0.462  | 0.587 | 0.986 (0.906, 1.073) | 0.738 | 0.965 |
| Phospholipids to total lipids ratio in very large HDL                            | 0.993 (0.905, 1.091) | 0.889  | 0.909  | 0.960 (0.878, 1.048) | 0.361  | 0.496 | 0.939 (0.865, 1.020) | 0.137 | 2.194 |
| Phospholipids to total lipids ratio in very large VLDL                           | 0.893 (0.811, 0.983) | 0.021  | 0.039  | 0.969 (0.884, 1.062) | 0.499  | 0.611 | 0.973 (0.893, 1.061) | 0.539 | 1.029 |
| Phospholipids to total lipids ratio in very small VLDL                           | 0.933 (0.849, 1.026) | 0.151  | 0.207  | 0.947 (0.864, 1.037) | 0.238  | 0.362 | 0.988 (0.908, 1.076) | 0.786 | 0.972 |
| Total cholesterol to total lipids ratio in IDL                                   | 0.824 (0.746, 0.910) | <0.001 | 0.001  | 0.839 (0.765, 0.921) | <0.001 | 0.005 | 0.905 (0.831, 0.985) | 0.021 | 0.797 |
| Total cholesterol to total lipids ratio in chylomicrons and extremely large VLDL | 0.831 (0.755, 0.915) | <0.001 | 0.001  | 0.890 (0.810, 0.978) | 0.015  | 0.056 | 0.961 (0.883, 1.047) | 0.367 | 1.179 |
| Total cholesterol to total lipids ratio in large HDL                             | 1.028 (0.935, 1.131) | 0.567  | 0.644  | 1.053 (0.967, 1.145) | 0.234  | 0.360 | 1.022 (0.943, 1.108) | 0.590 | 1.005 |
| Total cholesterol to total lipids ratio in large LDL                             | 0.997 (0.902, 1.102) | 0.957  | 0.957  | 1.011 (0.923, 1.107) | 0.816  | 0.858 | 0.969 (0.897, 1.047) | 0.422 | 1.157 |
| Total cholesterol to total lipids ratio in large VLDL                            | 0.966 (0.876, 1.066) | 0.495  | 0.580  | 1.056 (0.959, 1.162) | 0.267  | 0.390 | 0.958 (0.885, 1.036) | 0.282 | 1.478 |
| Total cholesterol to total lipids ratio in medium HDL                            | 1.111 (1.005, 1.227) | 0.039  | 0.067  | 1.049 (0.965, 1.140) | 0.262  | 0.388 | 1.025 (0.947, 1.110) | 0.538 | 1.034 |
| Total cholesterol to total lipids ratio in medium LDL                            | 0.816 (0.743, 0.897) | <0.001 | <0.001 | 0.902 (0.821, 0.991) | 0.032  | 0.092 | 0.956 (0.878, 1.040) | 0.291 | 1.393 |
| Total cholesterol to total lipids ratio in medium VLDL                           | 1.042 (0.940, 1.155) | 0.438  | 0.530  | 1.073 (0.969, 1.188) | 0.176  | 0.290 | 0.980 (0.909, 1.056) | 0.590 | 0.998 |
| Total cholesterol to total lipids ratio in small HDL                             | 1.060 (0.959, 1.171) | 0.252  | 0.326  | 1.012 (0.933, 1.096) | 0.780  | 0.836 | 1.022 (0.942, 1.110) | 0.599 | 0.991 |
| Total cholesterol to total lipids ratio in small LDL                             | 0.844 (0.767, 0.928) | <0.001 | 0.002  | 0.997 (0.910, 1.093) | 0.956  | 0.969 | 0.971 (0.897, 1.051) | 0.468 | 1.063 |
| Total cholesterol to total lipids ratio in small VLDL                            | 1.017 (0.926, 1.118) | 0.723  | 0.785  | 1.049 (0.955, 1.151) | 0.317  | 0.445 | 1.002 (0.922, 1.087) | 0.971 | 1.011 |
| Total cholesterol to total lipids ratio in very large HDL                        | 1.017 (0.921, 1.124) | 0.733  | 0.786  | 0.979 (0.894, 1.072) | 0.644  | 0.735 | 0.973 (0.894, 1.058) | 0.517 | 1.057 |
| Total cholesterol to total lipids ratio in very large VLDL                       | 1.037 (0.942, 1.142) | 0.456  | 0.542  | 1.010 (0.922, 1.106) | 0.833  | 0.864 | 1.005 (0.923, 1.093) | 0.913 | 0.987 |
| Total cholesterol to total lipids ratio in very small VLDL                       | 1.016 (0.925, 1.116) | 0.746  | 0.792  | 1.034 (0.942, 1.134) | 0.485  | 0.603 | 1.001 (0.921, 1.088) | 0.981 | 1.008 |
| Triglycerides to total lipids ratio in IDL                                       | 0.995 (0.904, 1.096) | 0.923  | 0.927  | 0.972 (0.888, 1.064) | 0.539  | 0.648 | 0.993 (0.913, 1.080) | 0.861 | 0.973 |
| Triglycerides to total lipids ratio in chylomicrons and extremely large VLDL     | 1.216 (1.103, 1.341) | <0.001 | 0.001  | 1.166 (1.060, 1.283) | 0.002  | 0.018 | 1.049 (0.963, 1.144) | 0.274 | 1.623 |
| Triglycerides to total lipids ratio in large HDL                                 | 1.012 (0.921, 1.113) | 0.804  | 0.841  | 1.030 (0.946, 1.121) | 0.495  | 0.608 | 1.027 (0.947, 1.114) | 0.514 | 1.070 |
| Triglycerides to total lipids ratio in large LDL                                 | 0.901 (0.816, 0.994) | 0.937  | 0.065  | 0.929 (0.845, 1.022) | 0.129  | 0.238 | 0.957 (0.880, 1.040) | 0.297 | 1.309 |
| Triglycerides to total lipids ratio in large VLDL                                | 1.106 (1.004, 1.217) | 0.041  | 0.069  | 1.000 (0.912, 1.096) | 0.998  | 0.998 | 1.027 (0.944, 1.118) | 0.532 | 1.040 |
| Triglycerides to total lipids ratio in medium HDL                                | 1.057 (0.959, 1.165) | 0.262  | 0.337  | 1.036 (0.955, 1.124) | 0.395  | 0.529 | 1.020 (0.943, 1.103) | 0.616 | 0.990 |
| Triglycerides to total lipids ratio in medium LDL                                | 1.185 (1.069, 1.314) | 0.001  | 0.004  | 0.999 (0.913, 1.093) | 0.984  | 0.988 | 1.047 (0.959, 1.142) | 0.305 | 1.295 |
| Triglycerides to total lipids ratio in medium VLDL                               | 1.079 (0.979, 1.190) | 0.124  | 0.176  | 0.965 (0.879, 1.060) | 0.461  | 0.589 | 1.015 (0.932, 1.105) | 0.730 | 0.966 |
| Triglycerides to total lipids ratio in small HDL                                 | 0.970 (0.881, 1.069) | 0.543  | 0.629  | 0.977 (0.896, 1.065) | 0.595  | 0.701 | 1.078 (0.993, 1.170) | 0.072 | 2.017 |
| Triglycerides to total lipids ratio in small LDL                                 | 1.163 (1.059, 1.277) | 0.002  | 0.005  | 1.060 (0.969, 1.159) | 0.205  | 0.330 | 0.999 (0.919, 1.087) | 0.987 | 1.000 |
| Triglycerides to total lipids ratio in small VLDL                                | 1.075 (0.977, 1.184) | 0.139  | 0.196  | 0.984 (0.896, 1.079) | 0.727  | 0.797 | 1.033 (0.950, 1.123) | 0.450 | 1.112 |
| Triglycerides to total lipids ratio in very large HDL                            | 0.989 (0.895, 1.092) | 0.820  | 0.850  | 1.017 (0.927, 1.116) | 0.717  | 0.791 | 1.035 (0.951, 1.126) | 0.429 | 1.136 |
| Triglycerides to total lipids ratio in very large VLDL                           | 1.171 (1.065, 1.287) | 0.001  | 0.004  | 1.066 (0.975, 1.165) | 0.158  | 0.268 | 1.016 (0.935, 1.104) | 0.706 | 0.968 |
| Triglycerides to total lipids ratio in very small VLDL                           | 1.106 (1.007, 1.215) | 0.035  | 0.061  | 1.044 (0.955, 1.141) | 0.341  | 0.476 | 1.042 (0.958, 1.133) | 0.335 | 1.236 |
| Total cholines   | 1.065 (0.967, 1.173) | 0.201  | 0.269  | 1.054 (0.964, 1.152) | 0.249  | 0.376 | 1.035 (0.952, 1.127) | 0.418 | 1.177 |
| Phosphatidylcholine and other cholines   | 1.172 (1.065, 1.289) | 0.001  | 0.004  | 1.068 (0.978, 1.166) | 0.143  | 0.250 | 1.052 (0.967, 1.145) | 0.238 | 2.229 |
| Total phosphoglycerides  | 0.928 (0.845, 1.020) | 0.121  | 0.173  | 0.966 (0.887, 1.051) | 0.421  | 0.551 | 1.036 (0.957, 1.122) | 0.385 | 1.203 |
| Ratio of triglycerides to phosphoglycerides                                      | 1.085 (0.986, 1.194) | 0.096  | 0.142  | 1.036 (0.947, 1.132) | 0.442  | 0.568 | 1.022 (0.939, 1.112) | 0.619 | 0.981 |
| Albumin  | 1.160 (1.055, 1.274) | 0.002  | 0.006  | 1.137 (1.041, 1.242) | 0.004  | 0.026 | 1.047 (0.963, 1.139) | 0.284 | 1.451 |
| Creatinine   | 0.871 (0.789, 0.961) | 0.006  | 0.013  | 0.913 (0.833, 1.002) | 0.055  | 0.130 | 0.870 (0.799, 0.947) | 0.001 | 0.097 |
| Estimated degree of unsaturation   | 1.228 (1.082, 1.395) | 0.002  | 0.005  | 0.971 (0.852, 1.106) | 0.656  | 0.742 | 1.176 (1.063, 1.301) | 0.002 | 0.093 |
| Sphingomyelins   | 0.903 (0.823, 0.991) | 0.031  | 0.055  | 1.019 (0.929, 1.117) | 0.694  | 0.769 | 0.924 (0.843, 1.013) | 0.092 | 1.890 |

Models were adjusted for age, sex, region, education, household income, occupation, marital status, tea drinking habit, smoking status, alcohol intake, physical activity, self-rated health, fasting time, and frequency of 12 food groups.