Table S2. Details of interventions among the included systematic reviews.

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| **Author (year)** | **Intervetion (dosage,frequency)** | **Control (dosage,frequency)** |
| Spanier (2003) | ① NR(individualized or standardized) (NR,NR)② Ayurvedic preparation containing Aegle marmelos correa and Bacopa monniere (NR,NR) | ① Placebo (NR, NR)② CM or placebo (NR, NR) |
| Bian (2006) | ① Modified TXYF, TXYF (NR,NR)② TXYF + Xiaoling pill (NR,NR)③ TXYF + Nifedipinum (NR,NR) | ① Pinaverium bromide (50mg,tid)② Oryzandum(10mg,tid) + Dioctahedral Smectite(3g,tid)③ Cisapride(10mg,tid) + Lopermide(2-4mg,bid)④ Cisapride(10mg,tid) + Diphenoxylatum (0.2mg,tid)⑤ Pinaverium bromide (50mg,tid)⑥ Dioctahedral Smectite (3g,tid)⑦ Nifedipinum (10mg,tid) + Oryzandum (30mg,tid)⑧ Nifedipinum (10mg,tid) +Diphenoxylatum (5mg,tid)⑨ Nifedipinum (10mg,tid) |
| Liu\* (2006) | ① Individualised herbal prescription (NR,qd)② Yigan Fupi Tang (1 dosage daily) + Gushen Changan (3C,tid)③ Standard Chinese herbal formulation (5C,tid)④ Yichang Jian (NR,qd)⑤ Pingheng Zhixie decoction (NR,qd)⑥ Shugan Jianpi recipe (NR,qd)⑦ Pingyi Zhixie Tang or Pingyi Tongbian Tang (NR,qd)⑧ Senna leaf (6g,qd) + Fluoxetine (NR,qd) + clonazepam (1T,qd)⑨ Lizhong Tang (NR,qd)⑩ Shugan Jianpi Tang (NR,qd)⑪ Huanchang Tang (NR,qd)⑫ Gushen Changan (0.8g,tid)⑬ TXYF (NR,qd)⑭ Xiangsha Liujunzi Tang (NR,qd)⑮ Shuchang Wan (NR,qd)⑯ Fumaria officinalis (250mg,NR) or Curcuma xanthorrhiza (200mg,NR) or Ayurvedic medication (NR,NR) or a traditional spagyric remedy (NR,NR)⑰ Yiji Tiaochang Tang (NR,qd)⑱ Sanhuang Tang (NR,qd)⑲ TXYF (NR,qd) + Nifedipine (10mg,tid) ⑳ Xiaoyao San (NR,qd)㉑ Chaimei Jiangshao Tang (NR,qd)㉒ Huatan Liqi Tiaofu Tang (NR,qd)㉓ Sijunzi Tang (NR,qd)㉔ Suyun Zhixie Tang (NR,bid) + (100ml for enema, qd)㉕ Lichang Tang (NR,qd)㉖ Xuanfei Tiaoqi Tang (NR,qd)㉗ Shugan Jianpi formula (NR,qd) + Nifedipine (10mg,tid) + Doxepin (12.5mg,tid)㉘ Sishen Tang (NR,qd)㉙ Yigan Fupi (NR,qd)㉚ Anshen Shugan Tang (NR,qd)㉛ Buzhong Yiqi Tang (NR,qd)㉜ Chaicang Yuxiang Tang (NR,qd)㉝ Jianzhong Lichang Tang (NR,qd)㉞ STW 5, STW 5-II (20drops,tid) or Bitter candytuft mono-extract (20drops,tid)㉟ Yichang San (NR,qd)㊱ Tibetan herbal medicine Padma Lax (2C,NR)㊲ Changjitai (NR,qd)㊳ TXYF (NR,qd)+ Clostridium butyricum(2C,tid)㊴ Huoxiang Zhengqi capsule (6g,tid)㊵ Sanbai San (NR,qd)㊶ Yigan Fupi Huatan Quyu (NR,qd)㊷ Shugan Jianpi Fang (NR,qd)㊸ Geqinshu Jiangshuocao Tang (NR,qd)㊹ Tiaoli Ganpi recipe (NR,qd) + oryzanol (30mg,tid)㊺ Tiaogan Yichang Tang (NR,qd)㊻ Pinggan Jianpi (NR,qd)㊼ Chaihu Shugan Yin (NR,qd)㊽ Ayurvedic preparation (6g,tid)㊾ Tiaogan Shipi recipe (NR,qd)㊿ Shugan Lipi recipe (NR,qd) + VitaminB1 (20mg,tid) + oryzanol (30mg,tid) Xianshi capsule (4C,tid) Changji Fang (NR,qd) + Phenobarbital (15mg,tid) + belladona (10ml,tid) + Smecta (3g,tid) Liqi Anchang Tang (NR,qd) + Jiechang Ning for enema (NR,qd) Jianpi Shugan Tang (NR,qd) Baile Ercha (5C,tid) Ganpi Lunzhi (NR,qd) Jiechang Kang (4-6T,tid) Sugan Renchang recipe (NR,qd) Shenling Baishu San (NR,qd) Xuefu Zhuyu Tang (NR,qd) Shunji Heji (25ml,tid) Banxia Xiexin Tang (NR,qd) Buzhong Yiqi Tang modified (NR,qd)  Zhongyao Heji (50ml,bid) | ① Oryzanol (NR,NR) + Nifedipine(NR,NR) Cisapride (NR,NR) or Indomethacin(NR,NR) + Lacidophilin(NR,NR)② Pinaverium bromide (50mg,tid)③ Pinaverium bromide (50mg,tid) + Smecta(1pk,tid)④ Nifedipine (5mg,tid) + Live bifidobacterium ⑤ Cisapride (10mg,tid) (5mg,tid) ⑥ Cisapride (5mg,tid) + Fluoxetine (NR,qd) + Clonazepam (1T,qd)⑦ Sodium cromoglicate (200mg,tid) + Diazepam (2.5mg,tid) + Vitamin B1 (100mg,tid) ⑧ Nifedipine (10mg,tid) + Oryzanol (30mg,tid) + Berberine (300mg,tid) ⑨ Anisodamine (10mg,bid) + Oryzanol (20mg,tid)⑩ Nifedipine (10mg,tid) + Bifidobacterium (2C,bid) ⑪ Gushen Changan (0.4g,tid) + Oryzanol (30mg,tid)⑫ Diazepam, propantheline, domperidone (NR,NR)⑬ Cisapride (10mg,tid)⑭ Nifedipine (5mg,tid) + Oryzanol (20mg,tid)⑮ Doxepin (25mg,tid) + Nifedipine (10mg,tid)⑯ Furazolidone (100mg,tid) + Retardin (2T,bid) ⑰ Nifedipine (10mg,tid) ⑱ Oryzanol (20mg,tid) + Loperamide (20mg,tid) ⑲ Nifedipine (10mg,tid) + Oryzanol (20mg,tid) + Doxepin (12.5mg/25mg,bid)⑳ Smecta (3g,tid)㉑ VitaminB1 (20mg,tid) + Oryzanol (20mg,tid) (30mg,tid) ㉒ Berberine (0.3g,tid), Retardin (2T,tid), Chlorpheniramine (NR,tid) + Gentamycin 240,000units, Metronidazole 1g, in 100 mL of 0.9% of NaCl for enema every night ㉓ Licheiformobiogen (500mg,tid) + Lacidophilin (1.2g,tid)㉔ Cisapride (5mg,tid) + Oryzanol (30mg,tid)㉕ Nifedipine (10mg,tid) + Doxepin (12.5mg,tid)㉖ Mebevenine (50mg,tid)㉗ Domperidone (10mg,tid) + Nifedipine (10mg,tid) + Oryzanol (10mg,tid)㉘ Oryzanol (40mg,tid) + Sodium cromoglicate (500mg,tid)㉙ Oryzanol (20mg,tid) (30mg,tid) (50mg,tid)㉚ Oryzanol (NR,NR) (10mg,tid) + Berberine (NR,NR) (300mg,tid)㉛ Retardin (200mg,tid) + Cisapride (10mg,tid)㉜ Clostridium butyricum (2C,tid)㉝ Anisodamine (10mg,tid)㉞ Oryzanol (20mg,tid) (30mg,tid) (60mg,tid) + Nifedipine (10mg,tid)㉟ Retardin (2T,tid) (2T,bid)㊱ Smecta (3g,tid) + VitaminB1 (100mg,tid)㊲ Gentamycin (80,000U,qd) + Berberine (300mg,qd)㊳ Oryzanol (50mg,tid) + Nifedipine (100mg,tid) + Bifico(triple viable biogen) (3T,tid)㊴ Clidinium bromide, Chlordiazepoxide and Isaphaghulla (6g,tid)㊵ Phenobarbital (15mg,tid) + Belladona (10ml,tid) + Smecta (3g,tid)㊶ Nifedipine (10mg,tid) + Hydrocortecoid 100 mg in 200 mL of warmed water for enema㊷ Diazepam (2.5mg,tid) + Propantheline (15mg,tid)㊸ SMZ-TMP-co (1g,tid), Propantheline (30mg,tid), Oryzanol (20mg,tid), Chlordiazepoxide (20mg,tid), Subcarbonate (0.6g,tid) + 100mL of 3% berberine plus 20mL Novocaine for enema (qd) ㊹ Licheiformobiogen (0.5g,tid)㊺ Loperamide (2mg,qd)㊻ Sulfasalazine (0.5g,tid) + Retardin (5mg,tid) + Anisodamine (5mg,tid)㊼ Colloidal bismuth tartrate (165mg,tid)㊽ Live Bifidobacterium (2C,bid)㊾ Placebo (5C,tid) (NR,NR) (20drops,tid) (2C per day) (6g,tid) (2g,tid) |
| Shi (2008) | ① Lizhong Huoxie decoction (NR,NR)② Individualized herbal prescription (NR,NR)③ Modified TXYF (NR,NR)④ Huatan Liqi Tiaofu decoction (NR,NR)⑤ Geqin Shujiang Shaocao decoction (NR,NR)⑥ Xianshi Capsule (NR,NR)⑦ Huanchang decoction (NR,NR)⑧ Congpi Lunzhi Formula (NR,NR)⑨ Xiangsha Liujunzi decoction (NR,NR)⑩ Shunji mixture (NR,NR)⑪ Padma Lax (Tibetan herbal formula) (NR,NR)⑫ Changkang Capsule (NR,NR)⑬ Wuma Simo decoction (NR,NR)⑭ Gegan Qinlian Pellet (NR,NR)⑮ Changning Yin decoction (NR,NR)⑯ Changjitai decoction (NR,NR)⑰ Liyiting decoction (NR,NR)⑱ TXYF + Sini san decoction (NR,NR)⑲ Tongxie yihao capsule (NR,NR)⑳ STW5, STW5-Ⅱ or Bitter Candytuft (NR,NR)㉑ Jiejing Yiji decoction (NR,NR)㉒ Curcama or Fumitory (NR,NR) | ① Oryzanol, Nifedipine (NR,NR)② Placebo (NR,NR)③ Salazosulfapyridine, Diphenoxylate, Anisodamine, Amitriptyline, Placebo (NR,NR)④ Smecta (NR,NR)⑤ Smecta, vitB (NR,NR)⑥ Smecta, Dicetel (NR,NR)⑦ Anisodamine, Oryzanol (NR,NR)⑧ Bacillus Licheniformis (NR,NR)⑨ Diazepam, Propantheline, Domperidone (NR,NR)⑩ Bitinal (NR,NR) ⑪ Amitriptyline (NR,NR)⑫ Cisapride (NR,NR)⑬ Nifedipine (NR,NR)⑭ Diphenoxylate (NR,NR)⑮ Dicetel (NR,NR)⑯ Salazosulfapyridine, Diphenoxylate, Anisodamine, Amitriptyline, Placebo (NR,NR)⑰ Dicetel, Domperidone, Loperamide, Doxepin (NR,NR)⑱ Cerekinon (NR,NR) |
| Su (2009) | NR | NR |
| Huang (2011) | ① Modified TXYF (NR,NR)② Shugan Jianpi Huashi Fang (NR,NR)③ Tongxieanshu Tang (NR,NR)④ Shugan Jjianpi Zhixie Fang (NR,NR)⑤ Xiaoyao Tongxie Yin (NR,NR) | ① Dicetel (NR,NR)② 654-2 + Diphenoxylate + Trimebutine (NR,NR)③ Nifedipine + Oryzanol + Vitamin B1 + Loperamide (NR,NR)④ Nifedipine + Oryzanol + Loperamide (NR,NR) |
| Li (2013) | ① Self-prescribedrecipe (NR,qd) (NR,NR)② Yiji-II (NR,qd)③ Modified Jieyu Runchang soup (NR,qd)④ Modified Piwei Xiaoyao powder (NR,qd)⑤ Sini powder + Wuren soup (NR,qd)⑥ Jianpi Daozhi soup (NR,qd)⑦ Modified recipe of Shugan Runchang (NR,qd)⑧ Modified Sinisan (NR,qd) (NR,bid)⑨ Self-prescribed Huanji Tongbian soup (NR,NR)⑩ Yimu Hezhong soup (NR,qd)⑪ Modified Simo soup + Xiaoyao powder (NR,qd)⑫ Self-prescribed Tongbian soup (NR,NR) (200ml,bid)⑬ Modified Erhe soup (NR,qd) | ① Cisapride (5mg,tid) (10mg,tid)② Polyethyleneglycol (20g,qd) (10g,bid)③ Trimebutine (100mg,tid) (200mg,tid)④ Tegaserod (6mg,bid) ⑤ Cisapride (10mg,tid) + Doxepin (25mg,tid)⑥ Mosapride (5mg,tid) |
| Li (2015) | ① Liuwei Anxiao casple (NR,NR)② TXYF, modified TXYF decoction (NR,NR)③ Individualized herbal prescription formula (NR,NR)④ Simo Tang oral solution (NR,NR)⑤ Jianpi Liqi decoction (NR,NR)⑥ Runchangshu modified decoction (NR,NR)⑦ Maziren decoction (NR,NR)⑧ Tiaohe Ganpi recipe (NR,NR)⑨ Anshen Ningchang modified decoction (NR,NR)⑩ Gushen Changan capsule (NR,NR)⑪ Addition Sini San (NR,NR)⑫ TCM syndrome differentiation therapy (NR,NR)⑬ Xiaoyao San decoction, Modified Xiaoyao San (NR,NR)⑭ Jianpi Tiaochang decoction (NR,NR)⑮ Liuwei Muxiang capsule (NR,NR)⑯ Modified Liujunzi decoction (NR,NR)⑰ Shugan Liqi and Jianpi Huashi or Runchang Tongbian recipe (NR,NR)⑱ Modified TXYF + Sini San decoction (NR,NR)⑲ Modified Shenling Baizhu San (NR,NR)⑳ Wuling San + modified TXYF (NR,NR)㉑ Zhenren Yiangzang decoction + Shengma Gegen decoction (NR,NR)㉒ SLBZ granules, SLBZ decoction (NR,NR)㉓ Modified TXYF + SLBZ decoction (NR,NR)㉔ Tiaogan Fupi decoction (NR,NR)㉕ Shugan Yipi decoction (NR,NR)㉖ Xiaojian Zhong decoction (NR,NR)㉗ Runchang Shu recipe (NR,NR)㉘ Shugan Jianpi decoction (NR,NR)㉙ Yiji Ning decoction (NR,NR)㉚ Modified Mazi Renwan (NR,NR) ㉛ Shugan Liqi Jianpi dedoction (NR,NR)㉜ Shgan Jianpi recipe (NR,NR)㉝ Yigan Fupi decoction (NR,NR)㉞ Chaihu Shugan San decoction (NR,NR)㉟ Sishen Wan modified decoction (NR,NR)㊱ Zhizhu Kuanzhong capsule (NR,NR)㊲ Shugan Jieyu capsule (NR,NR)㊳ Zhenqi Fuzheng powder (NR,NR) | ① Mosapride, Oryzanol, Vitamin B1 (NR,NR)② Trimebutine, Bifidobacterium (NR,NR)③ Mosapride (NR,NR)④ Mosapride, Bifidobacterium (NR,NR)⑤ Trimebutine (NR,NR)⑥ Cisapride, Vitamin B1, Vitamin B6, Vitamin C (NR,NR)⑦ Oryzanol, Doxepin, Cisapride, Diphenoxylate (NR,NR)⑧ Pinaverium bromide, Loperamide, Domperidone, Antidepressant (NR,NR)⑨ Alverine (NR,NR)⑩ Bifidobacterium (NR,NR)⑪ Pinaverium bromide (NR,NR)⑫ Flupentixol + Melitracen (NR,NR)⑬ Symptomic drugs (NR,NR)⑭ Bifidobiogen (NR,NR)⑮ Itopride, Oryzanol (NR,NR)⑯ Diphenoxylate, Colloidal bismuth, Cisapride (NR,NR)⑰ Nifedipine, Oryzanol (NR,NR)⑱ Bifidobacterium, Pinaverium bromide, Polydluosan (NR,NR)⑲ Smecta, Bifidobacterium (NR,NR)⑳ Pinaverium bromide, Phenolpthalein (NR,NR)㉑ Nifedipine, Trimebutine (NR,NR)㉒ Pinaverium bromide, Smecta (NR,NR)㉓ Pinaverium bromide, Oryzanol (NR,NR)㉔ Sucralfate, Pinaverium bromide, Loperamide, Domperidone (NR,NR)㉕ Smecta (NR,NR)㉖ Anisodamine, Diphenoxylate, Bifidobacterium (NR,NR)㉗ Doxepin, Polyzym (NR,NR)㉘ Berberine, Smecta, Oryzanol (NR,NR)㉙ Trimebutine, Flupentixol + Melitracen (NR,NR)㉚ Trimebutine, Clostridium butyricum (NR,NR)㉛ Trimebutine, Bifidobacterium, Pancreatin Enteric-coated capsule (NR,NR)㉜ Pinaverium bromide, symptomatic drugs (NR,NR)㉝ Pinaverium bromide, Loperamide (NR,NR)㉞ Trimebutine, Oryzanol (NR,NR)㉟ Berberine (NR,NR)㊱ Bifidobacterium, Pinaverium bromide (NR,NR) |
| Xiao\* (2015) | ① Standard formula (ingredients detail shown) (5C,tid) ② Traditional Chinese herbal formula (1Pk,bid)③ Chang Ji Tai (1Pk,bid)④ Tong Xie Ning granule (5g,tid)⑤ Chang An Yi Hao decoction (150mL,tid)⑥ ShuGan JianPi WenShen decoction (150mL,tid)⑦ Chang Ji Tai granule (1Pk,bid) | ① Placebo (NR,NR) |
| Zhu\*  (2016) | No specific formula name, only the ingredients of each formula + TCM therapy (ex. Soothing the liver and invigorating the spleen) was presented (NR,NR) | ① Placebo (NR,NR) |
| Li (2017) | ① Decoction of liver -soothing and stomach -regulating (200mL,bid)② Yiji II recipe (NR,tid)③ Decoction of Buqi Jianpi (150mL,bid)④ Yangxue Tongfu Decoction (300mL,bid)⑤ Compound granules with Regulating Qi and Moistening the Intestines (100mL,bid)⑥ Modified Sini Powder and Liumo Decoction (NR,bid)⑦ Modified Fluid-increasing Decoction (NR,bid)⑧ Decoction of Replenishing Qi to invigorate the Spleen and ventilating the Lung (200mL,bid)⑨ Modified Guipi Decoction + Xiaoyao Powder (NR,bid)⑩ Modified Sanzang Tiaohe Runchang Decoction (150mL,bid)⑪ Treatment base on TCM Syndrome Differentiation (NR,bid) | ① Cisapride tablets (5mg,tid)② Mosapride citrate tablets (5mg,tid) |
| Dai (2018) | ① Modified TXYF (NR,NR) | ① Montmorillonite powder + Pinaverium bromide tablets (NR,NR)② Pinaverium bromide tablets (NR,NR)③ Montmorillonite powder + Trimebutine maleate (NR,NR)④ Bacillus licheniformis + Pinaverium bromide tablets (NR,NR)⑤ Montmorillonite powder (NR,NR)⑥ Loperamide (NR,NR)⑦ Miyarisam (NR,NR)⑧ Glutamine compound enteric capsule (NR,NR)⑨ Pinaverium bromide tablets + Live Combined bifidobacterium + lactobacillus and enterococcus Powder (NR,NR) |
| Zhou (2019) | ① TXYF (NR,NR) | ① Dioctahedral smectite + Pinaverium bromide (NR,NR)② Pinaverium bromide + Oryzanol (NR,NR)③ Pinaverium bromide (NR,NR)④ Trimebutine + Bifid Triple Viable Capsules (NR,NR)⑤ Trimebutine (NR,NR)⑥ Pinaverium bromide + Bifid Triple Viable Capsules (NR,NR)⑦ Bifidobacterium tetra viable tablets (NR,NR)⑧ Bacillus subtilis and Enterococcus bacteria capsule (NR,NR)⑨ Bifid triple viable capsules (NR,NR)⑩ Montmorillonite + Bacillussubtilis and Enterococcus bacteria capsule (NR,NR)⑪ Combined Bifidobacterium and Lactobacillus tablets (NR,NR)⑫ Loperamide (NR,NR)⑬ Otilonium bromide (NR,NR)⑭ Dioctahedral smectite (NR,NR)⑮ Trimebutine + Bifid triple viable capsules +Vitamin K (NR,NR)⑯ NR ⑰ Bifidobiogen (NR,NR)⑱ Dioctahedral smectite (NR,NR)⑲ Oryzanol + Dioctahedral smectite (NR,NR)⑳ Bifidobacterium tetra viable tablets + Pinaverium bromide (NR,NR) |
| Bu (2020) | ① Modified SLBZ + Sishen Wan (100-150mL,NR)② Huangqi Guizhi Wuwu Tang (150mL,NR)③ Tiaochang Fang (NR,NR)④ Modified Shenling Baishu San (150mL,NR)⑤ Modified Buhuanjin Zhengqi San (200mL,NR)⑥ Modified Wenshen Jianpi Fang (NR,NR) ⑦ Wangshi Yigan Fupi Tang (NR,NR)⑧ TXYF, Modified TXYF (NR,NR) (150mL,NR)⑨ Modified Qiwei Baizhu San + TXYF (75mL,NR)⑩ Tiaogan Zhixie Tang (NR,NR) ⑪ Huoxiang Zhengqi San (1package,NR)⑫ TXYF + SLBZ (NR,NR) ⑬ Modified Buhuanjin Zhengqi San (200mL,NR) ⑭ Modified TXYF + Banxia Xiexin Tang (6g,NR) ⑮ Shugan Jianpi Qufeng Tang (NR,NR) ⑯ Jianpi Huashi Fang (100mL,NR)⑰ Modified Lizhong Tang (NR,NR)⑱ Shuxie Fang (200mL,NR)⑲ Changping Tang (100mL,NR)⑳ Simo Tang Koufuye (20mL,NR)㉑ Jianpi Huazhuo Tongluo Fang (100mL,NR)㉒ Modified Qiwei Baizhu San (NR,NR)㉓ Modified Chaishao Liujun Keli (150mL,NR)㉔ Modified Dachaihu Tang (100mL,NR)㉕ Modified Fuzi Lizhong Tang + Sishen Wan (75mL,NR)㉖ Wenzhong Zhixie Tang (150mL,NR)㉗ Heganpi Yin (250mL,NR)㉘ Pinggan Zhixie Tang (NR,NR)㉙ Jianpi Huazhi Wan (10g,NR)㉚ Modified Sishen Wan (100mL,NR)㉛ Erzhu Tang (NR,NR)㉜ Modified Sini San + Lizhong Tang (150mL,NR)㉝ Modified Jijiao Lihuang Tang (NR,NR)㉞ Jianpi Huashi Fang (100mL,NR)㉟ Tongxie Sishen Tang (NR,NR)㊱ Shenling Guchang Keli (150-200mL,NR)㊲ Ginger root powder (1g,NR)㊳ Shenqu (100mg,NR) | ① Triple Bifidobacterium preparations (200mg,tid) (400mg,bid) (420-630mg,bid-tid) (420mg,tid) (210mg,bid) (420mg,bid) (630mg,bid) (840mg,bid) ② Bacillus Licheniformis preparations (500mg,tid)③ Triple Lactobacillus preparations (660mg,tid)④ Mixture preparations of Bacillus Subtilis and Enterococcus Faecium (500mg,tid) (500mg,bid)⑤ Clostridium Butyricum preparations (1-2capsule,tid) (700mg,bid)⑥ mixture preparations of 7 probiotics (1capsule,tid)⑦ Bifidobacterium adolescentis preparations (700mg,bid) (700mg,tid) (2capsules,tid) (50mg,tid)⑧ Mixture preparations of Clostridium (3capsules,bid)⑨ Quadruple Bifidobacterium infantis preparations (1500mg,tid)⑩ Brewer’s yeast tablets (500mg,qd) |
| Tan (2020) | ① A Chinese Herbal Medicine (NR,NR)② Crofelemer (latex of Croton lechleri) (NR,NR)③ TXYF (NR,NR)④ IQP-CL-101 (NR,NR)⑤ Peppermint oil (NR,NR)⑥ Aloe vera (NR,NR)⑦ Enteric coated capsules of anise oil (NR,NR)⑧ Ginger (NR,NR)⑨ Curcumin and Fennel Essential Oil (NR,NR)⑩ Carmint (NR,NR)⑪ Ayurvedic herbs (NR,NR)⑫ Padma Lax (Tibetan herbal formula) (NR,NR)⑬ Gwakhyangjeonggisan (NR,NR)⑭ Aloe barbadensis Mill. Extract (NR,NR)⑮ Modified Sishen Wan (NR,NR)⑯ Chang’ an I Recipe (NR,NR)⑰ Tong-xie-ning (NR,NR)⑱ Tongxie formula (Personalized Formula) (NR,NR)⑲ St John's Wort (NR,NR) | ① Placebo (NR,NR)② Pinaverium bromide (NR,NR) |
| Wang\* (2020) | ① SLBZ (6g,bid) (NR,bid) ② SLBZ + pinaverium bromide (150mL,bid) ③ SLBZ +Trimebutine Maleate (6g,bid) (150mL,bid) ④ SLBZ + bifidobacteria (NR,bid) ⑤ SLBZ + pinaverium bromide + oryzanol (NR,bid) | ① Dioctahedral smectite (3g,tid)② Pinaverium bromide (50mg,tid)③ Trimebutine Maleate (100mg,tid)④ Bifidobacteria (630mg,bid) (420mg,bid)⑤ Bifico (NR,tid)⑥ Pinaverium bromide (50mg,tid) + Oryzanol (10mg,tid)⑦ Lactic acid bacteria (2pills,bid) + Pinaverium bromide (50mg,tid) |
| Zheng\* (2021) | ① Standardized or individualized herbal prescription (5C,tid)② Standardized herbal prescription (1Pk,tid) (1Pk,bid) (6C,tid) (400mL,tid) (3g,tid) (5g,tid) (NR,bid) | ① Pinaverium bromide (NR,NR)② Pinaverium bromide, Placebo (NR,NR)③ Placebo (NR,NR) |
| Yao (2021) | ① Modified Jiawei Shipi San (NR,NR) ② TXYF + Chaishao Liujunzi Tang (NR,NR)③ Doubled Changbing Fang (NR,NR)④ Chang Ning Fang (NR,NR)⑤ Fuzi Lizhong Tang (NR,NR)⑥ Modified Yi Gong San (NR,NR)⑦ Shugan Jianpi Fang (NR,NR)⑧ Xinjia TXYF (NR,NR)⑨ Differential treatment herbal prescription (NR,NR)⑩ TXYF (NR,NR)⑪ Xifeng Huashi Fang (NR,NR)⑫ TXYF + Xiangsha Liujunzi (NR,NR)⑬ Chang Xie Ning (NR,NR)⑭ Yiqi Guchang Fang (NR,NR)⑮ Doubled modified Li Chang Yin (NR,NR) Tongxiening Granules (NR,NR) | ① Pinaverium bromide (50mg,tid) |

Duplicate contents were integrated into one, so the number of intervention and control groups was not correlated with each other. \*Describe all components of each herbal prescription. C: Capsule, T: Tablet, Pk: Pack, qd: Quaque die (=once a day), bid: Bis in did (=two times a day), tid: Ter in die (=three times a day), TXYF: Tongxieyaofang, NR: Not reported, SLBZ: Shenlingbaizhu formula