**1. The components of the placebo granules**

|  |  |
| --- | --- |
| Components | Proportion(%) |
| Maltodextrin | 95% |
| Caramel color |
| Sunset yellow |
| Bitterant |
| Kunbixiao granules | 5% |

**2. The components of the Kunbixiao**

|  |  |
| --- | --- |
| Components | Dosage (g) |
| Lonicera japonica Thunb. [Caprifoliaceae] | 30 |
| Rehmannia glutinosa (Gaertn.) DC. [Orobanchaceae] | 30 |
| Scrophularia ningpoensis Hemsl. [Scrophulariaceae] | 20 |
| Paeonia lactiflora Pall. [Paeoniaceae] | 15 |
| Cremastra appendiculata (D.Don) Makino [Orchidaceae] | 10 |
| Angelica sinensis (Oliv.) Diels [Apiaceae] | 20 |
| Conioselinum anthriscoides 'Chuanxiong' [Apiaceae] | 10 |
| Codonopsis pilosula (Franch.) Nannf. [Campanulaceae] | 30 |
| Glycyrrhiza glabra L. [Fabaceae] | 10 |
| Microsorum scolopendria (Burm.f.) Copel. [Polypodiaceae] | 3 |
| Sinomenium acutum (Thunb.) Rehder & E.H.Wilson [Menispermaceae] | 15 |
| Pyrola calliantha Andres [Ericaceae] | 15 |