

Additional file 2 – Data charting form

Legend	
<i>Sign:</i>	<i>Meaning:</i>
N/S	Not Specified. The information could not be found in the main manuscript, additional files, referenced studies published in English or through online searches.
(N/S)	Unclear whether the VR setup uses the given data point
*	The information was not available in the publication. Information found in references or through online searches.
Explanation & comments of fields	
Ease of information availability	<p>Scoring key:</p> <p>All relevant information in the publication = 1</p> <p>All relevant information in the publication and referenced publications/websites = 2</p> <p>All relevant information found through internet and library searches = 3</p> <p>All relevant information could not be found = 4</p> <p>‘All relevant information’ encompasses the following three points:</p> <p>1) A description of how VR was used in therapy (e.g. presence of a therapist) and how much VRET was administered</p> <p>2) A description of the hardware used, including: Visual output device, auditory output device, interaction device, and tracking</p> <p>3) A description of the software used, including: The virtual environments (or screenshots), interaction elements, customizability (during or before immersion), movement and any auxiliary software that the therapist used during exposure (e.g. casting a live view of the patient’s point of view to a monitor)</p>
Visual feedback - Resolution	Resolution pr. eye.

Agoraphobia

[illegible]

Social Anxiety Disorder

[illegible]

[illegible]

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