Supplementary figure 1. Funnel plot for publication bias analysis of the selected studies. **(A)** FPG, (B) HbA1c, (C) TC, (D) LDL-c, (E) HDL-c and (F) TG.

A

B



D

C



F

E



FPG, fasting plasma glucose; HbA1c, glycated hemoglobin A1c; TC, Total cholesterol; LDL-c, low density lipoprotein cholesterol; HDL-c, high density lipoprotein cholesterol; TG, Triacylglycerol.