



# Functional Characterization of the Human Islet Microvasculature Using Living Pancreas Slices

#### Luciana Mateus Gonçalves and Joana Almaça\*

Division of Endocrinology, Diabetes and Metabolism, Department of Medicine, University of Miami Miller School of Medicine, Miami, FL, United States

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> \*Correspondence: Joana Almaça jalmaca@med.miami.edu

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Mateus Gonçalves L and Almaça J (2021) Functional Characterization of the Human Islet Microvasculature Using Living Pancreas Slices. Front. Endocrinol. 11:602519. doi: 10.3389/fendo.2020.602519 Pancreatic islets are clusters of endocrine cells that secrete different hormones to regulate blood glucose levels. Efficient hormone secretion requires a close interaction of endocrine cells with their vascular system. Islets receive blood through feeding arteriole(s) that branch into capillaries made of endothelial cells covered by pericytes. While a lot is known about rodent islet blood vessels, the structure and function of the human islet microvasculature has been less investigated. In this study, we used living pancreas slices from non-diabetic human donors to examine the function of human islet blood vessels. Living human pancreas slices were incubated with a membrane permeant calcium indicator and pericytes/smooth muscle cells were visualized with a fluorescent antibody against the mural cell marker NG2 proteoglycan. By confocal microscopy, we simultaneously recorded changes in the diameter of lectin-labeled blood vessels and cytosolic calcium levels in mural cells in islets. We tested several stimuli with vasoactive properties, such as norepinephrine, endothelin-1 and adenosine and compared human vascular responses with those previously published for mouse islet blood vessels. Norepinephrine and endothelin-1 significantly constricted human islet feeding arterioles, while adenosine dilated them. Islet capillaries were less responsive and only 15-20% of the mouse and human islet capillary network showed vasomotion. Nevertheless, in these responsive regions, norepinephrine and endothelin-1 decreased both mouse and human islet capillary diameter. Changes in islet blood vessel diameter were coupled to changes in cytosolic calcium levels in adjacent mouse and human islet mural cells. Our study shows that mural cells in islets are the targets of different regulatory mechanisms of islet blood perfusion. Several alterations of the human islet microvasculature occur during diabetes progression. Elucidating their functional consequences in future studies will be critical for our understanding of disease pathogenesis.

Keywords: pancreatic islet, microvasculature, pericytes, smooth muscle cells, pancreas slices, vasomotion

# INTRODUCTION

Pancreatic islets are endocrine mini-organs rich in blood vessels (1, 2). Close interactions between islet endocrine cells and vascular cells are established early on during development and maintained throughout life, by providing mutual trophic and functional support (2-7). Indeed, as any other endocrine organ, islets depend on their blood vessels to function properly (8). Defects in the islet microvasculature can lead to diabetic phenotypes (9). Several studies have reported structural alterations of the human islet microvasculature and composition of the extracellular matrix during type 1 and type 2 diabetes (10-15). However, the functional consequences of these alterations are hard to assess in humans. In animals, altered islet blood flow, for instance, is observed in different rodent models of disturbed glucose homeostasis (16, 17). Microvascular dysfunction and abnormal regulation of islet blood flow could compromise exchanges between endocrine cells and the circulation, resulting in defective hormone secretion as previously suggested (18, 19).

The mouse is an extensively used and valuable animal model in medical research. However, previous studies have shown that in human islets the microvascular niche differs significantly from that of the mouse. Not only human islets have less and shorter capillaries than mouse islets (13, 20), but also their vessels are surrounded by a double basement membrane (21) and a denser layer of connective tissue exists in their perivascular space (22). Another important difference between human and mouse islets is that human beta cells produce an amyloidogenic peptide (islet amyloid polypeptide, IAPP) that accumulates next to capillaries within the human islet parenchyma (23, 24). These anatomical differences in the islet microcirculation between the two species prompted us to examine whether blood vessels in human islets would also be regulated differently than those in mouse islets.

To examine microvascular function in human islets, we adopted the pancreatic slice technique (25). In pancreas slices, islet vascular networks are preserved, and their function can now be studied within the native pancreatic environment (11, 20). We have previously used this platform to monitor microvascular responses in mouse islets ex vivo (11, 22). Similar to mouse pancreas slices, living human pancreas slices can also be produced from small pancreas pieces and used in physiological experiments acutely after slicing (26) or after long-term culture [at least 10 days (27)]. We have recently performed dynamic hormone secretion assays and imaged intracellular calcium levels in living human pancreas slices to characterize endocrine cell function in individuals at different stages of type 1 diabetes (26). Living human pancreas slices have also enabled us to study how endocrine cells communicate with other cells in the human islet microenvironment such as islet resident macrophages (28). In this study, we used living pancreas slices from non-diabetic donors to investigate the cellular mechanisms that control vasomotion in human islets. By confocal imaging, we simultaneously recorded changes in islet blood vessel diameter and cytosolic calcium levels in mural cells. To the best of our knowledge, this is the first functional characterization of human islet blood vessels and comparison with mouse islet vascular responses.

# METHODS

# Human Organ Donors

We obtained human living pancreas slices from de-identified cadaveric donors (from the head of the pancreas, n = 6 nondiabetic individuals, male and female, ages from 20–59 years old; information on the donors used in this study is provided in **Table S1** from the Network of Pancreatic Organ Donors with Diabetes (nPOD) or sliced locally at the Diabetes Research Institute (University of Miami). Slices produced by nPOD were shipped overnight from Gainesville to Miami and used 3 h after arrival, while slices produced locally were cultured overnight and used the day after (26, 27).

### **Tissue Viability**

Pancreatic slices were incubated with calcein-AM (to label live cells in green) and ethidium homodimer-1 (labels dead cells in red). Addition of both reagents was done according to the manufacturer's recommendations as part of the Live/Dead viability/cytotoxicity kit for mammalian cells [Invitrogen, Carlsbad, CA, Cat# L3224; (27)]. Endocrine cell calcium responses to KCl depolarization (25 mM; protocol of loading with calcium indicator is below) were used as an additional readout of tissue viability. Only viable and responsive tissue was used in subsequent experiments.

# Confocal Imaging of Living Pancreas Slices

Living human pancreas slices were incubated with Fluo4-AM (final concentration 6.3µM, Invitrogen, cat. nr. F14201) and DyLight 649 lectin from Lycopersicon Esculentum (final concentration 3.3µg/mL, VectorLabs, cat. nr. DL1178) for 1 h in 3 mM glucose solution prepared in HEPES buffer (125 mmol/l NaCl, 5.9 mmol/l KCl, 2.56 mmol/l CaCl<sub>2</sub>, 1 mmol/l MgCl<sub>2</sub>, 25 mmol/l HEPES, and 0.1% BSA [w/v], pH 7.4) supplemented with aprotinin (25 KIU, MilliporeSigma, cat. nr. A6106) at room temperature and in the dark. To identify pericytes in situ, slices were incubated for 2 h with a fluorescent-conjugated antibody against NG2 (final dilution 1:50, R&D Systems, cat. nr. Fab2585R). After incubation, living pancreas slices were placed on a coverslip in an imaging chamber (Warner instruments, Hamden, CT, USA) and imaged under an upright confocal microscope (Leica TCS SP5 upright; Leica Microsystems, Wetzlar, Germany). The chamber was continuously perfused with HEPES-buffered solution containing 3 mM glucose and confocal images were acquired with LAS AF software (Leica Microsystems) using a 40X water immersion objective (NA 0.8). We used a resonance scanner for fast image acquisition to produce time-lapse recordings spanning 50-100 µm of the slice (z-step: 5-10 µm, stack of 10-15 confocal images with a size of  $512 \times 512$  pixels) at 5 seconds resolution (xyzt imaging). Fluo-4 fluorescence was excited at 488 nm and emission detected at 510-550 nm, DyLight 649 labeled tomato lectin was excited at 638 nm and emission detected at 648-690 nm.

From each human donor, a group of slices was incubated with Fluo4 and lectin and another group of slices was incubated with Fluo4 and NG2-alexa647, to account for potential effects of

antibody binding and change in cell physiology. Mural cells responded similarly with or without antibody labeling.

We recorded changes in [Ca<sup>2+</sup>]<sub>i</sub> and blood vessel diameter induced by norepinephrine (20 µM; applied for 3 min), endothelin-1 (10 nM, applied for 5 min) and adenosine (50  $\mu$ M, applied for 4 min). To quantify changes in  $[Ca^{2+}]_i$ , we drew regions of interest around individual islet pericytes and measured the mean Fluo4 fluorescence intensity using ImageJ software (http://imagej.nih.gov/ij/). Changes in fluorescence intensity were expressed as percentage over baseline ( $\Delta F/F$ ). The baseline was defined as the mean of the three first values of the control period of each recording [i.e., in non-stimulatory, basal glucose concentration conditions (3 mM)]. Blood vessels were labeled with DyLight-649 and we could image vessel borders in slices. Quantification of vessel diameter was done as previously described (11). Briefly, we drew a straight-line transversal to the blood vessel borders (Figure 3A' and A") and used the "reslice" z-function in ImageJ to generate a single image showing the changes in vessel diameter over time (xt scan; temporal projections shown in Figures 3C-E). Noise from reslice images was removed using a median filter (radius = 1 pixel). We drew another line on the xt scan (resliced) image and, using the "plot profile" function, we determined the position of the pixels with the highest fluorescence intensity and considered these the vessel borders. Vessel diameter was calculated by subtracting these two position values. To determine the extent of constriction/dilation, we pooled data on responsive capillaries from different islets from different donors and calculated the relative change in diameter (as fraction of initial vessel diameter). We estimated the proportion of "responsive capillaries" by dividing the area of the lectin-labeled capillaries that responded to a certain stimulus by the total area of the islet capillary network.

#### Immunohistochemistry

Small pieces of pancreatic tissue were fixed overnight with 4% PFA and then placed in PBS. Slices were incubated in blocking solution (PBS-Triton X-100 0.3% and Universal Blocker Reagent; Biogenex, San Ramon, CA) for 3 h. Thereafter, slices were incubated for 48 h (20°C) with primary antibodies diluted in blocking solution. We immunostained pericytes (NG2, 1:50-1:100), endothelial cells (CD31, 1:25), smooth muscle cells (aSMA, 1:250), beta cells (insulin, 1:2000). Immunostaining was visualized conjugated secondary antibodies (1:500 in PBS; 16 h at 20°C; Invitrogen, Carlsbad, CA). Cell nuclei were stained with dapi. Slides were mounted with Vectashield mounting medium (Vector Laboratories) and imaged on an inverted laser-scanning confocal microscope (Leica TCS SP5; Leica Microsystems) with LAS AF software using a 63X oil immersion objective (NA 1.4). To quantify colocalization between aSMA and NG2 immunostainings, we calculated Mander's coefficients in confocal images using the ImageJ plugin "JACoP": Just Another Co-localization Plugin.

#### **Statistical Analyses**

For statistical comparisons we used Prism 7 (GraphPad software, La Jolla, CA) and performed Student's t tests (paired and unpaired) or One sample t test. p values < 0.05 were

considered statistically significant (indicated with an \*). Throughout the manuscript we present data as mean ± SEM.

# RESULTS

# Pericytes Cover Human and Mouse Islet Capillaries and Express $\alpha$ SMA

Pericytes, the mural cells of the microcirculation, are part of the mouse and human islet microenvironment (5, 11, 29, 30). Pericytes are complex cells (31). The unambiguous distinction of pericytes from other perivascular cells requires inspecting their basement membrane at the ultrastructural level (32). However, pericytes can be identified in tissue sections using antibodies against pericyte surface markers, such as neuron-glial antigen 2 (NG2) and platelet-derived growth factor receptor-beta (PDGFRβ). Pericytes have a typical bump-on-a-log morphology: a cell body with a prominent nucleus and cytoplasmic processes on the surface of capillaries (31, 33) (Figures 1H, I). Following this classification, we have previously reported that mouse and human islet capillaries are covered with pericytes and estimated an average pericyte: endothelial cell ratio of 1:3-1:2 for mouse and human islets, respectively (11). Pericytes interact closely with islet endothelial cells and are present on straight parts of islet capillaries and at capillary branch points (Figure 1A). Interestingly, pericyte density in islets is higher than in the surrounding exocrine tissue [Figure 1A; (30)]. Pericytes in mouse and human islets also express PDGFRB, although expression of this receptor is not limited to pericytes in human islets (10).

Pericytes in mouse islets have contractile properties (11). To determine if pericytes in human islets also help regulating islet capillary diameter, we examined in more detail pericytic expression of  $\alpha$ -smooth muscle actin ( $\alpha$ SMA).  $\alpha$ SMA is expressed by cells of smooth muscle cell lineages, allowing us to visualize arterioles that feed into pancreatic islets (Figures 1B, C). In most human islets only one feeding arteriole would be seen, in line with previous findings (34).  $\alpha$ SMA positive cells are also present within the human and mouse islet parenchyma (Figures 1C, D). The density of  $\alpha$ SMA immunostaining inside human islets is higher than what is found in mouse islets (Figure 1E), as previously reported (35). Around 50% of the  $\alpha$ SMA positive immunostaining colocalizes with NG2 (Figures 1C, D, F). This fraction tends to decrease with donor age (data not shown). Importantly, around 60% of the NG2 positive cell population expresses aSMA [Figures 1C, D, G; (11)]. In human islets, a subset of these double positive cells are found tightly wrapping the capillary end of the feeding arteriole (Figures 1C, H). These pericytes have a different morphology than those found in the islet parenchyma. Indeed, it is known that pericyte morphology depends on their location in the capillary bed: more circumferential cytoplasmic processes at the arteriole end, more longitudinal processes in the middle, and a stellate morphology toward the venule end of the capillary bed (33). Given the circumferential morphology of their cytoplasmic processes and the fact that they are associated with



**FIGURE 1** | Pericytes cover human and mouse islet capillaries and express  $\alpha$ SMA. **(A)** Maximal projection of confocal images of a human (left panel; 16-year-old individual) and a mouse islet (right panel; 2 months old) in pancreatic sections immunostained for pericytes (neuron-glial antigen 2 (NG2), green) and endothelial cells (CD31, red). Pericytes cover mouse and human islet capillaries. Their densities in islets are higher than in surrounding exocrine tissues. **(B)** Maximal projection of confocal images of a human islet immunostained for insulin (red) and smooth muscle actin alpha isoform ( $\alpha$ SMA, green). The donor was a 16-year-old individual. Scale bar = 50 µm. **(C)** Maximal projections of confocal images of human (left panel; 16 year old) and a mouse islet (right panel; 2 months old) in pancreatic sections immunostained for pericytes (NG2, green) and  $\alpha$ SMA (red). **(D)** Maximal projections of confocal images of a region within a human islet immunostained for NG2 (green),  $\alpha$ SMA (red) and insulin (blue). Human donor was a 44-year-old individual. **(E)** Quantification of the islet  $\alpha$ SMA density, which is the % of  $\alpha$ SMA immunostained area divided the total islet area (N = 24 human islets from 7 non-diabetic human donors (male and female; ages: 15–55 years old); N = 37 mouse islets from 6 C57BL6 mice; 2–18 months old). \*p < 0.05 (unpaired t-test). **(F, G)** Mander's (M1 and M2) coefficients reflecting the colocalization between NG2 and  $\alpha$ SMA immunostainings. **(F)** is the fraction of  $\alpha$ SMA-positive immunostaining that colocalizes with  $\alpha$ SIA. Panel G has been partially published in (11). We analyzed 21 human islets from 7 non-diabetic human donors (male and female; ages: 15-55 years old); neal and female; ages: 15-55 years old) and 31 mouse islets from 6 C57BL6 male mice (2–18 months old). **(H, I)** Zoomed images of NG2 (green) and  $\alpha$ SMA (red) labeled cells in human **(H)** and mouse islets **(I)** Different types of pericytes can be found in human islets. We named "SMC" pericytes thas were present in the is

an arteriole instead of a capillary (vessel diameter of 8–10  $\mu$ m), this type of islet pericytes resembles more a transitional state toward smooth muscle cells. Therefore, in this study, we named them "SMC" pericytes, while pericytes in the human islet parenchyma and covering capillaries are referred to as human islet pericytes (**Figure 1H**). In mouse islets, the morphology of pericytes (and of blood vessels, see **Figure 2C**) is more homogenous and, thus, we refer to them all as mouse islet pericytes (**Figure 1I**). To summarize, a significant number of mouse and human islet pericytes expresses  $\alpha$ SMA, as previously

reported for pericytes in the central nervous system (11, 36). These data indicate that pericytes in human and mouse islets may participate in blood flow regulation, but in human islets, they are more heterogenous in terms of morphology and contractile protein expression.

### Vascular Trees are Preserved in Living Human and Mouse Pancreas Slices

Isolated islets are the most common research material used to study the physiology of pancreatic islet cells in humans.



FIGURE 2 | Vascular trees are preserved in living human and mouse pancreas slices. (A, B) Maximal projection of confocal images of living human pancreas slices stained with calcein-AM (to visualize live cells, green) and with ethidium homodimer-1 (to visulize dead cells, red). Islet endocrine cells can be seen using the backscatter signal (white, left panel in B). The majority of the pancreatic tissue is alive in slices. (C) Vascular trees in living human (left panel) and mouse (right panel) living pancreas slices. Human slices were incubated with a fluorescent lectin (from *Lycopersicon esculentum*) to label blood vessels (red), while the lectin was injected intravenously in the mouse before extracting the pancreas. The islet microvasculature is preserved in living pancreas slices. Arrows point to islet feeding arterioles.
(D) Living human pancreas slices can be incubated with membrane permeable calcium indicators (e.g., Fluo4, green) and fluorescent lectins (red) to simultaneously monitor changes in islet endocrine cell or vascular cell activity. Scale bars = 40 µm (A–C) and 10 µm (D).

However, islets, similarly to other endocrine organs (37), lose a significant amount of their vascular cells during the isolation process and with culture (38). To overcome this obstacle and be able to study vascular responses in human islets, we adopted the pancreatic slice technique (25, 39). In pancreas slices, the different cellular components of the islet vascular network are preserved (20), and we have used this platform to perform a detailed functional analysis of mouse islet microvascular responses within the native pancreatic environment (11). Living human pancreas slices produced from fresh tissue samples obtained from the nPOD program have been used by us to compare endocrine cell function in non-diabetics with that of individuals at different stages of type 1 diabetes (26). In the current study, we have used pancreas slices from six organ donors procured either by nPOD or received locally at the Diabetes Research Institute (Table S1). Tissue slices were produced within few hours after organ arrival and experiments performed 24 h after slicing. In pancreas slices, the morphology of both exocrine and endocrine tissue compartments is preserved and islet endocrine cells can be distinguished from the surrounding tissue due to the strong light scattering properties of mature secretory granules [Figure 2B; (40)]. The vast majority of cells within pancreas slices is viable and, except for the cutting surface, few dead cells are detected (Figure 2A). Previous studies

had already shown no signs of increased tissue inflammation or immune cell infiltration in islets from non-diabetic organ donors associated with slicing of living tissue (26, 28).

Fluorescent lectins (e.g., from Lycopersicon esculentum) that bind to glycoproteins located in the endothelial basement and plasma membranes can be used to visualize blood vessels ex vivo. While in mice these lectins can be injected intravenously before sacrificing the animals, living human pancreas slices have to be incubated with them after tissue slicing. In any case, lectin labeling allows us to visualize islet vascular trees (Figure 2C). Islet feeding arterioles, which are larger blood vessels that branch off into smaller vessels or capillaries, can be seen penetrating the human islet parenchyma or at the border in mouse islets (Figure **2C**). Notably, mouse and human islet capillaries do not collapse during slicing, and a lumen is still present in many of them, allowing us to monitor changes in islet vessel diameter by confocal microscopy. Unlike mouse slices, which can be produced from transgenic animals that express genetically encoded fluorescent indicators in specific cell types [e.g., from transgenic mice that express GCaMP3 in pericytes; see Figure 5 and (11)], human slices have to be incubated with indicators that report on cellular activity. For instance, membrane permeable calcium indicators (such as Fluo4) allow us to monitor changes in cytosolic Ca2+ levels ([Ca2+]i) in different cells in human

pancreas slices (e.g., endocrine, vascular, and immune cells; **Figure 2D**). This platform is, thus, very valuable to study intercellular communication in human islets [e.g (28)]. Importantly, we can now simultaneously record changes in vessel diameter and  $[Ca^{2+}]_i$  in adjacent vascular cells in the human islet.

#### Human and Mouse Islet Blood Vessels Constrict and Dilate in Response to Different Vasoactive Substances

As previously published and shown in Figures 1 and 2, the human islet microvasculature consists of one (or more) feeding arterioles that penetrate the islet and branch off into a network of capillaries that irrigates the whole islet parenchyma (16). Blood leaves the islet through small venules that often drain directly into capillaries in the exocrine tissue [islet-acinar portal system; (41)]. In this study, we did not examine any postcapillary vessel but focused instead on the arteriolar and capillary segments of the islet microvasculature. In many islets in pancreas slices labeled with lectin, we could distinguish a feeding arteriole, that is a vessel with a diameter of around 10  $\mu$ m (8–12  $\mu$ m) at the islet border (Figures 1B and 3A) or entering the islet parenchyma (Figures 1C, 2C, and 4C). We considered islet capillaries those lectin-labeled vessels surrounded by endocrine cells (cells with backscatter) with a diameter around 5-7 µm [(42); Figures 3A and 3A'].

Several mechanisms have evolved that regulate islet blood perfusion (8). These include signals from neighboring endothelial cells or metabolically active endocrine cells and extrinsic signals, for instance, from the nervous system (16). We have previously observed that mouse islet capillaries are responsive to these islet intrinsic and extrinsic inputs (11). Using living human pancreas slices, we investigated whether these different signals triggered vasomotion in the human islet. Of note, only a subset of islet capillaries (15-20%) exhibited vasomotion in mouse and human islets and was responsive to applied stimuli ex vivo (Figure 3B). Norepinephrine is endogenously released by sympathetic nerves that innervate blood vessels in the human islet (35). Exogenous norepinephrine (NE, 20 µM) administration significantly constricted the feeding arteriole in human islets (Figures 3C, F, G; average reduction of arteriole diameter ~12%) and a subset of human and mouse islet capillaries (5% reduction in human islet capillary diameter; Figures 3D-G). Endothelins are vasoconstrictor peptides endogenously produced by endothelial cells (43). Exogenous administration of endothelin 1 (ET-1, 10 nM) led to powerful constriction of human islet feeding arterioles, as well as of human and mouse islet capillaries (Figures 3C-E, G). Interestingly, in human islets, capillary constriction induced by ET-1 occurred before arteriole constriction (Figures 3C, D); Supplementary movie S1). Adenosine is an important mediator of the metabolic blood flow regulation in many tissues. We had previously published that adenosine, endogenously produced from ATP co-released with insulin, mediates the increase in islet capillary diameter and blood flow upon stimulation of mouse islet beta cells with high glucose (11). Regarding human islets,

exogenous adenosine administration (ADO, 50  $\mu$ M) dilated human islet arterioles by 10% and had no significant effect on human islet capillary diameter (**Figure 3G**).

#### Vasoactive Substances Change [Ca<sup>2+</sup>]<sub>i</sub> Levels in Human and Mouse Islet Mural Cells

Our next goal was to better characterize the mechanisms that induce vasomotion in human islets, similarly to what we had done in the mouse. An increase or a decrease in  $[Ca^{2+}]_i$  in mural cells (vascular smooth muscle cells and pericytes) mediate vasoconstriction or vasodilation, respectively (44). Briefly, initiation of a vasoconstrictor myogenic response, for instance, involves an increase in intracellular free calcium levels in mural cells and calmodulin-dependent activation of myosin light chain kinase. This kinase, in turn, phosphorylates myosin light chain and stimulates the formation of cross bridges between myosin and actin filaments, leading to vasoconstriction (45). By incubating living human pancreas slices with a membrane permeant calcium indicator (Fluo4), we noticed that changes in human islet vessel diameter were accompanied by changes in  $[Ca^{2+}]_i$  in neighboring mural cells (**Figure 4**). For instance, NEmediated arteriole constriction was preceded by an increase in  $[Ca^{2+}]_i$  in cells wrapping this vessel (**Figures 4A, B, D**).

Using transgenic mice that express GCaMP3 in pericytes (GCaMP3 expression is controlled by the NG2 promoter), we had previously determined that pericytes control capillary diameter in mouse islets (11). To determine the nature of vascular cells whose activation accompanied vasoconstriction in human islets, we labeled them in situ using an anti-NG2 antibody conjugated to a fluorophore (alexa 647; Figure 5A). The pattern of labeling using this fluorescent antibody is very similar to the one achieved using a non-conjugated NG2 antibody (used in Figure 1; Figure 5B). Human islet pericytes can now be visualized in situ in living pancreas slices (Figures 5A, C). In particular, as described in Figure 1, this antibody labels not only pericytes in the islet parenchyma (islet pericytes) but also cells at the islet border that resemble more smooth muscle cells and that we had named "SMC" pericytes (Figure 5C). Islet pericytes and "SMC" pericytes incorporated well the calcium indicator, allowing us to compare their physiological responses to different agonists (Figure 5C). We recorded changes in [Ca<sup>2+</sup>]<sub>i</sub> induced by norepinephrine, endothelin-1 and adenosine in mural cells in human islets and compared with previously published mouse mural cell  $[Ca^{2+}]_i$  data. Norepinephrine (NE) induced a robust and uniform increase in  $[Ca^{2+}]_i$  in "SMC" pericytes that coincide with a reduction of the arteriole diameter (Figures 5D-F and Supplementary movie S2). Indeed, the response of "SMC" pericytes displayed the synchronicity that is needed for vasomotion (46). NE induced a smaller increase in  $[Ca^{2+}]_i$  in human and mouse islet pericytes. Interestingly, in human islets, pericytes that responded to NE were located at the islet border and pericytes within the islet parenchyma did not respond to the sympathetic agonist (Figure 5E). Endothelin-1 produced a very sharp and significant increase



FIGURE 3 | Human and mouse islet blood vessels constrict and dilate in response to different vasoactive substances. (A) Maximal projection of confocal images of an islet within a living human pancreas slice. Different types of blood vessels are labeled with a fluorescent lectin (red): capillaries within the islet parenchyma (A') and arterioles at the islet border (A"). Islet endocrine cells are visualized with backscatter. Dashed lines show vessel regions where temporal projections like those shown in (C-E) were taken from. Scale bar = 20 µm. (B) Quantification of the percentage of the islet microvasculature that shows vasomotion, calculated as the percentage of responsive vessel area divided by the total islet lectin-labeled vessel area [N = 6 mouse islets (from 4 mice); N = 4 human islets (from 4 donors)]. (C-E) Temporal projections showing changes in diameter induced by norepinephrine (20 µM, NE; upper panels) and endothelin-1 (10 nM, ET-1; lower panels) of human islet arterioles [C; region A" showed in (A)], human islet capillaries [D; region A' showed in (A)] and mouse islet capillaries (E). Vertical dashed lines indicate when stimuli were applied. Stimuli were applied in 3 mM glucose solutions. Both stimuli are vasoconstrictor. Interestingly, in human islets, ET-1-induced capillary constriction starts before arteriole constriction (arteriole and capillary projections are from the same recording). (F) Norepinephrine-induced changes in human islet arterioles (dark gray symbols) and capillary diameters (light gray symbols). Shown are diameter values of different vessels right before (3G) and 3 min after norepinephrine (NE). Bigger symbols show the average vessel diameter. \*p < 0.05 (paired t-test; N = 9 capillaries, 11 arterioles from 4 different non-diabetic donors). (G) Quantification of relative changes in diameter of mouse islet capillaries (white), human islet arterioles (dark gray) and capillaries (light gray box-plot) induced by NE, ET-1 and adenosine (50 µM, ADO) normalized to the initial diameter (after perfusing slices for 3 min with 3 mM glucose solution). Diameter values were taken 3 min after perfusing with norepinephrine (20 µM, NE), 5 min with endothelin-1 (10 nM, ET-1) and 4 min with adenosine (50 µM, ADO). The numbers of vessels analyzed are shown above the box-plots. Data are from 4 different non-diabetic individuals or 3 different mice, at least 1 islet per individual. \*p < 0.05 [One sample t-test compared to a theoretical mean of 1 (diameter values were normalized to initial vessel diameter)]. Mouse data in this figure were taken from (11, 22).

in  $[Ca^{2+}]_i$  in mouse and human islet pericytes, as well as in "SMC" pericytes in human islets (**Figures 5D, F**). In human islets, pericytes at the islet border or in the islet parenchyma responded to endothelin-1 (not shown). Adenosine, in turn, was inhibitory and significantly decreased  $[Ca^{2+}]_i$  in mouse islet pericytes, as well as in human islet pericytes and "SMC" pericytes (**Figure 5F**). Our

data confirm that pericytes are a very heterogenous population (47) that exhibit various response profiles to different vasoactive substances. The subtype of islet pericyte may be dictated by their location in the islet and differential interactions with other cells within the islet microenvironment, which also differs between mouse and human islets.



**FIGURE 4** | Increases in  $[Ca^{2+}]_i$  in mural cells covering human islet arterioles accompanies vasoconstriction. **(A)** Zoomed confocal images of the islet arteriole shown in (A" in **Figure 3**) before (3G; upper panel) and 3 min after NE application (NE, lower panel). Lectin-labeled vessel is shown in red and cells labeled with calcium indicator Fluo4 are shown in green. Scale bar = 10  $\mu$ m. **(B)** Traces showing absolute changes in diameter and  $[Ca^{2+}]_i$  in mural cells of the islet feeding arteriole shown in **(A)**, elicited by NE (20  $\mu$ M). Curve showing changes in diameter over time was smoothened by averaging 4-neighboring values. **(C)** Maximal projection of confocal images of a human islet in a living pancreas slice labeled with Fluo4 (green) and with a lectin (red). The islet feeding arteriole is indicated with an arrow. Endocrine cells in the islet (seen with backscatter) and mural cells on the surface of the feeding arteriole incorporate the calcium indicator. Scale bar = 20  $\mu$ m. **(D)** Zoomed images of region within dashed rectangle shown in **(C)** showing an increase in  $[Ca^{2+}]_i$  in mural cells covering islet arteriole and vessel constriction triggered by NE.

# DISCUSSION

In this study, we performed the first detailed functional characterization of the human islet microvasculature, comparing it side-by-side with what we know about the physiology of mouse islet blood vessels. In human islets, a subset of islet pericytes and smooth muscle cell-like ("SMC") pericytes express the contractile protein  $\alpha$ SMA. We measured vasomotion in different types of islet blood vessels in response to exogenous administration of norepinephrine, endothelin-1, and adenosine. We found that islet feeding arterioles and a small subset of capillaries constrict upon norepinephrine and endothelin-1, but only arterioles dilate upon adenosine. We further determined that changes in blood vessel diameter are coupled to changes in cytosolic calcium levels in adjacent pericytes or "SMC" pericytes. Our study points to pericytes as targets of several regulatory mechanisms of islet blood perfusion, similarly to their role in mouse islets.

Our data support that blood flow in the human islet can be regulated locally at the level of the feeding arteriole and of a subset ( $\sim$ 15–20%) of islet capillaries, similar to what has been

described in rodents (11, 48–50). Here we show that changes in the activity of islet pericytes and "SMC" pericytes mediate vasomotion in human islets and propose that these cells function as local gates. Given recent functional evidence in mice that the islet microcirculation is open and not isolated from that of the surrounding exocrine tissue (51), and the fact that in humans an islet-portal circulatory system is also well developed (41), the existence of such a gating system would allow islet blood flow to be regulated independently of the exocrine tissue under certain conditions, as previously suggested (52).

In this study we perform a functional and anatomical cross comparison of the islet microvasculature between mice and humans. Previous studies had already shown that the architecture and density of islet vascular trees differed significantly between these two species (13, 20). Our analysis has revealed that also the morphology of islet pericytes and blood vessels is more heterogenous in human islets than in mouse islets. Human islets contain a subset of pericytes whose circular cytoplasmic processes give them a smooth muscle cell-like morphology and, therefore, we named them "SMC" pericytes. These type of pericytes localize on



FIGURE 5 | Vasoactive substances change [Ca<sup>2+</sup>], levels in human and mouse islet mural cells. (A) Confocal images of a human islet in a living pancreas slice showing fluorescent NG2 antibody (NG2-alexa647; magenta) labeled pericytes in situ and fluo-4 loaded cells (green) in living slices. NG2 is a proteoglycan expressed at the plasma membrane of pericytes. Slices Scale bars = 20 µm. (B) Maximal projection of confocal images of a human islet in a pancreatic section immunostained for insulin (blue) and pericytes using two different anti-NG2 antibodies: a non-conjugated one (red; used in Figure 1) and another conjugated to Alexa647 (green). NG2-alexa647 recognizes pericytes. (C) Confocal images of regions within the human islet shown in (A). Different islet mural cells incorporate the calcium indicator Fluo4 (green) and can be visualized with NG2-alexa647 antibody (magenta), such as "SMC" pericytes (upper panel) and islet pericytes (lower panel). (D) Changes in Fluo4 fluorescence of cells shown in (C) reflecting changes in [Ca<sup>2+</sup>]<sub>i</sub> in "SMC" pericytes (upper panels) and islet pericytes (lower panels) under basal conditions (3) mM glucose concentration, 3G, left panels), after 3 min with NE (middle panels) and 5 min with ET-1 (right panels). Pseudocolor (LUT fire) images are shown to better illustrate absolute changes in fluorescence. Arrows indicate different cells responding to the stimuli, and the \* shows the vessel lumen. (E) Traces showing relative changes in fluorescence induced by norepinephrine (NE) in individual islet mural cells: "SMC" pericytes (black traces), pericytes at the islet border (dark gray traces) and pericytes in the islet parenchyma (light gray traces). (F) Quantification of changes in fluorescence induced by NE, ET-1 or adenosine (ADO) for individual mural cells in human and mouse islets: "SMC" pericytes in human islets (dark gray box-plot), human islet pericytes (light gray box-plot) and mouse islet pericytes (white box-plot). Maximum (peak) amplitude values were taken before (-) and at the end of stimulus application (+). [Ca<sup>2+</sup>], data of mouse islet pericytes was from experiments using mice that expressed the genetically encoded calcium indicator GCaMP3 in pericytes (11). The numbers of cells analyzed are shown above the box-plots. Data are from three different non-diabetic individuals, three different mice, at least one islet per individual. \*p < 0.05 (paired t-test, comparisons with corresponding values before stimulus application).

the surface of islet feeding arterioles (larger blood vessels that enter the islet parenchyma). Given their location and calcium response profile, "SMC" pericytes resemble precapillary sphincters. The existence of a sphincter-like mechanism had already been reported in monkey islets transplanted into the anterior chamber of the monkey eye (53). Here we show that exogenous norepinephrine induces a stronger activation of islet "SMC" pericytes than of mouse and human islet pericytes and a concomitant and powerful constriction of human islet feeding arterioles. Norepinephrine is a neurotransmitter released at sympathetic nerve terminals. While in mouse islets sympathetic axons equally innervate islet blood vessels and endocrine cells at the periphery, in human islets sympathetic nerves preferentially contact contractile elements around islet blood vessels (35). Thus, sympathetic modulation of islet hormone secretion in humans may occur in part by affecting islet blood flow (54). Disruption of this mechanism may contribute, for instance, to the impaired glucagon secretion characteristic of type 1 diabetics (55), as loss of islet sympathetic nerves has been seen in mouse models of type 1 diabetes (56) and in type 1 diabetic patients (57).

We further show that mouse and human islet blood vessels and their mural cells are very responsive to the vasoconstrictor peptide endothelin-1. Previous study in rats had shown that endothelin-1 induces a pronounced constriction of islet arterioles and decreased islet blood flow, mainly through  $ET_A$ receptors expressed on smooth muscle cells (58). Interestingly, alterations in endothelin-1 release and action have been consistently shown in diabetic patients and animal models of the disease (59). In future studies, we will explore if similar alterations occur at the level of the islet and contribute to impaired hormone secretion during diabetes pathogenesis.

Blood perfusion in the islet is under tight regulatory mechanisms as it can strongly impact the final hormonal output of the islet. Therefore, several mechanisms have evolved that regulate islet blood flow, combining local paracrine signals (e.g., from neighboring endothelial or endocrine cells) with those from the nervous system or the systemic circulation (8, 16). Although in vivo studies are critical to understand the physiological context, ex vivo functional studies are essential to elucidate the cellular mechanisms responsible for regulating vascular diameter in human islets (46). Using living pancreas slices from donors without diabetes, we have given the first steps exploring what controls vasomotion in human islets. Similar studies can now be performed with tissue from individuals with diabetes and at different disease stages to assess the functional impact of structural alterations of the islet microvasculature that progressively occur, contributing to our understanding of disease pathogenesis.

#### DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

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### **ETHICS STATEMENT**

The studies involving human participants were reviewed and approved by IRB approval, University of Miami. Written informed consent for participation was not required for this study in accordance with the national legislation and the institutional requirements.

## **AUTHOR CONTRIBUTIONS**

LG and JA designed the study, and acquired and analyzed data. Both authors discussed the results and interpreted the data. JA wrote the manuscript. All authors contributed to the article and approved the submitted version.

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# SUPPLEMENTARY MATERIAL

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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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