



Evaluation of Gonad Reproductive Condition Using Non-invasive Ultrasonography in Red Abalone (Haliotis rufescens)

Sara E. Boles^{1,2,3}, Isabelle P. Neylan^{1,2,4,5}, Laura Rogers-Bennett^{1,2,6,7} and Jackson A. Gross^{1,2,3*}

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*Correspondence:

Jackson A. Gross jagross@ucdavis.edu

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The reproductive status in abalone (Haliotis spp.) can be difficult to discern using traditional visual inspection methods and may therefore rely on lethal histological analyses for a definitive determination. With endangered species of abalone, lethal histological examinations are strictly prohibited due to their imperiled status. This research investigated the effectiveness of using non-invasive ultrasound technology as an alternate means of identifying the reproductive status of abalone rather than through invasive biopsies or lethal histological methods. Twelve abalone were randomly selected from cultured red abalone broodstock cohort (n = 200) produced at The Cultured Abalone Farm (Goleta, CA) to initially test these methods. Following initial gonad ultrasound determination, a subset of another cohort of 5 year-old (n = 62) red abalone produced at the UC Davis Bodega Marine Laboratory were monitored using ultrasonography to detect seasonal changes in gonad size for 7 weeks. Following the 7-week assessment period, the full cohort of 5-year old abalone (n = 122) were then spawned and gonads were also evaluated using ultrasound technology before and immediately after spawning. Ultrasound imaging technology accurately differentiated between digestive and reproductive tissues, allowing for the characterization of an ultrasound gonad index score for rapid assessment. Mean gonad thickness determined via ultrasound imaging was categorized on a scale of 1-5, with an index of 1 being the lowest (gonad tissue thin or absent) and an index of 5 being the highest (gonad margin has increased and is compressing the digestive gland) for red abalone. Ultrasound imaging technology was successful in rendering a gonad index score that can be used to track gonad maturation over time in cultured or captive species. Tracking ultrasound gonad scores over time is a useful tool for improving abalone culture production, and increasing animal welfare by reducing handling stress associated with

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gonad assessments. Individual abalone that are empirically determined ready to be spawned can then be selected for broodstock. Non-invasive ultrasound technology has the potential for broad applications within abalone aquaculture to enhance both food and conservation aquaculture breeding programs.

Keywords: animal welfare, aquaculture, conservation, endangered species, reproductive biology, ultrasound

INTRODUCTION

Gonad condition provides powerful reproductive information for conservation and production aquaculture programs. Gonad assessments in aquatic organisms are traditionally invasive procedures and may induce significant handling stress and lead to mortality. Common procedures include palpation, compression, fine-needle aspirations, incisional biopsies, visual examination, and lethal histological examinations (Anderson et al., 1984; Rawson et al., 2003; Rogers-Bennett et al., 2004; Button and Rogers-Bennett, 2011). Improvements in ultrasound technology, such as image quality, ruggedness, and water resistance, allow for novel, non-invasive analyses in a variety of aquatic organisms (Shields et al., 1993; Daly et al., 2007; Novelo and Tiersch, 2012). Previously, ultrasound technology has been used to assess the reproductive condition and sex determination in finfish production aquaculture (Bonar et al., 1989; Blythe et al., 1994; Colombo et al., 2004; Næve et al., 2018) as well as in wild and imperiled species of fish (Evans et al., 2004; Swanson et al., 2008; Chiotti et al., 2016; Brizendine et al., 2018; Carim et al., 2021), but applications to aquatic invertebrate reproductive health is nonexistent.

Abalone (Haliotis spp.) are one of the most prized and valuable mass-produced mollusks, generating an estimated global market of \$3 billion USD (Cook, 2016). In addition to being a prized seafood item, California abalone bear cultural significance (Glassow, 1987; Vellanoweth et al., 2006; Field et al., 2008). Based on the presence of shell middens, it is believed that Indigenous peoples of California harvested abalone for their meat for thousands of years (Glassow, 1987; Vellanoweth et al., 2006), and have continued to use them for important ceremonial purposes (Field et al., 2008). Due to overfishing driven largely by commercial operations, populations of wild abalone have dramatically declined (Karpov et al., 2000; Hobday et al., 2001). Since then, abalone population declines have been further exacerbated due to a suite of factors including disease (Mayfield et al., 2011), increased poaching (Raemaekers et al., 2011), habitat degradation (Horiguchi et al., 2000), and environmental climate disasters (Takami et al., 2012; Rogers-Bennett and Catton, 2019). Particularly along the west coast of the United States, abalone populations have further deteriorated by a "perfect storm" of environmental disasters leading to recent mass mortality events. These stressors include withering syndrome (Lafferty and Ben-Horin, 2013; Crosson et al., 2014), harmful algal blooms (De Wit et al., 2014), and starvation due to the catastrophic loss of kelp forests from warm ocean temperatures and sea urchin overpopulation (Rogers-Bennett and Catton, 2019). In 2018, the once robust recreational red abalone (H. rufescens) fishery in Northern California, worth

upwards of \$44 million USD per year (Reid et al., 2016), was closed indefinitely after the collapse of the kelp forest (Rogers-Bennett and Catton, 2019). Along with changes in climatic conditions, changes in habitat loss have negatively impacted the reproductive potential, or the relative capacity of an individual to reproduce under suboptimal conditions (Rogers-Bennett et al., 2010, 2021).

Abalone are long-lived, herbivorous, dioecious (separate sexes) broadcast spawners that reach reproductive age in the wild at 4-7 years of age, depending on the species and environmental conditions (Hahn, 1989). Male and female abalone release their gametes into the water for external fertilization, with embryos hatching within 18-36 hours after fertilization. Abalone larvae are free-swimming and lecithotrophic (non-feeding), and remain in the water column for 4-10 days (Hahn, 1989). Competent abalone larvae settle out of the water column and begin to metamorphose into crawling, feeding snails during which time they experience approximately 80-90% natural mortality (Hahn, 1989). Abalone species in both reproductive and developmental stages are sensitive to the same environmental perturbations such as ocean warming, ocean acidification, disease, and mass mortality events (Vilchis et al., 2005; Rogers-Bennett et al., 2010, 2021; Boles, 2020; Swezey et al., 2020).

For cultured mollusks such as abalone in which reproductive condition is challenging to assess, there exists an urgent need to determine gonad maturation for both food production and conservation aquaculture. Efforts to repopulate endangered abalone species have resulted in specialized captive breeding programs (Rogers-Bennett et al., 2016). However, reliable, noninvasive methods for evaluating reproductive competency to aid in abalone recovery are lacking. Current methods to evaluate abalone reproductive status include genetic sex determination (Klinbunga et al., 2009; Yang et al., 2019; Choi et al., 2021), invasive gonad tissue biopsies (Boolootian et al., 1962), seasonal visual inspection (Fallu, 1991), and lethal histological analysis (Ault, 1985; Rogers-Bennett et al., 2004). While visual inspections are useful, they are not always indicative that an individual will spawn. Furthermore, while examinations such as fine-needle aspiration and incisional biopsy do not pose a direct mortality risk (Button and Rogers-Bennett, 2011), they do pose a risk of immature gametes being released due to handling stress. Non-invasive ultrasound techniques to determine reproductive competency would significantly enhance both conservation and production aquaculture. While successful applications of ultrasound technology have been used to estimate reproductive state in finfish, these applications have remained unexplored in abalone. Assessments in abalone health using ultrasound technology have previously focused on shell lesions (Nollens et al., 2002), which affects the ability of the adductor muscle to

attach to the shell causing increased mortality (Grindley et al., 1998); however, the application to assess the gametogenic cycle in abalone has not been explored.

The purpose of the present study is to evaluate the feasibility of using ultrasound technology as a non-invasive, low-stress methodology to assess the seasonal reproductive potential in sexually mature adult abalone. The overall goal is to develop the ultrasonographic technique for a rapid and more accurate assessment of fecundity in abalone. Ultrasound technology presents itself as an alternate and novel tool to assess the annual gonad reproductive state rather than lethal sampling or subjective visual inspection. Non-invasive ultrasonography methods would also increase animal welfare by reducing handling stress and potential lethality associated with hemolymph loss due to lack of clotting factors (Drew and Cantab, 1910; George and Ferguson, 1950; Armstrong et al., 1971) which can occur during tank removal. The objectives of this research project were to: (1) Assess the utility of ultrasonography as a tool to differentiate reproductive tissue from digestive tissue in sexually mature abalone, (2) Compare traditional histologically determined





gonad maturation scoring with a non-invasive assessment using ultrasound, and (3) Monitor gonad development throughout the annual gametogenic cycle and spawning. Ultrasound technology would benefit production aquaculture for farmed abalone such as California red abalone (*H. rufescens*) and provide a non-invasive tool to assist in the conservation aquaculture of endangered abalone such as black (*H. cracherodii*) and white (*H. sorenseni*) abalone.

MATERIALS AND METHODS

Comparative Ultrasonography and Histological Evaluation Animal Husbandry

Red abalone (n = 200 sexually mature adult animals/~100 from each sex class) were sourced from The Cultured Abalone Farm (TCAF) (Goleta, CA) in February of 2020 and shipped overnight to the University of California, Davis' Bodega Marine Laboratory (Bodega Bay, CA). Red abalone were visually sexed by the distributor before shipping and were individually housed in 9 L flow-through polycarbonate aquaria (Aquaneering, San Diego, CA, United States). The abalone were fed a commercially sourced algal diet (AlgaMar, Ensenada, MEX) *ad libitum* for 8 months prior to gonad evaluations.

Ultrasound Examination

The digestive gland of an abalone is a cone shaped organ located on the right side of the mantle cavity between the foot and shell. The gonad envelopes around the outer section of the digestive gland (**Figure 1A**). The reproductive anatomies of 12 randomly selected red abalone (n = 6 male and n = 6 female) obtained from the **cohort of** 200 abalone sourced from TCAF were imaged using SonoSite Edge II Ultrasound System with a HFL50 15–6 MHz probe (Mechanical Index = 0.7; Thermal Index = 0.1; Read Depth = 6; exam type = breast) (FUJIFILM SonoSite, Bothell WA). A 9 L polycarbonate tank with a single animal affixed to the walls was completely

TABLE 1 | Classification of the qualitative visual ultrasound gonad index scoring system in red abalone (*Haliotis rufescens*).

Ultrasound gonad score	Visual subjective description
1	Black gonad margin absent around digestive gland cone (Figure 3B).
2	Black gonad margin present; however, margin does not fully envelope digestive gland cone (Figure 3C).
3	Increased thickness of black gonad margin is observed and gonad margin is fully enveloped around the digestive gland (Figure 3D).
4	Black gonad margin has increased thickness and is still fully enveloped around gonad cone; no constriction of digestive gland is observable due to thickening of gonad (Figure 3E).
5	Thickness of black gonad margin has increased and is compressing the digestive gland (Figure 3F).

immersed in seawater in a 75.7 L fiberglass tank. Ultrasound assessments of the abalone were conducted ventrally, placing the transducer against the polycarbonate rearing tank and imaging directly through the foot. Gonad cone length, maximum gonad cone height, and gonad thickness from the ultrasound images were used as empirically derived data. Mean gonad thickness was analyzed with Image J software (v1.50i) using up to three ultrasound images per abalone. Each image consisted of three measurements to account for abalone movement and each image was individually standardized to account for differences in image resolution. Gonad thickness measurements were recorded at three locations across the thickest, medial



FIGURE 2 | Comparative red abalone (*Haliotis rufescens*) histology and ultrasonography. Paired ultrasound (A) and histology (B) images from a non-reproductive female, where (I) indicates immature oocytes. Paired ultrasound (C) and histology (D) images from a non-reproductive male, where (IS) indicates immature spermatocytes. Unpaired ultrasound (E) and histology in gravid female (F), where (M) indicates mature eggs. Unpaired ultrasound (G) and histology (H) in male abalone, where (S) indicates sperm and (PreS) indicates pre-sperm. Note, (F) and (H) from Rogers-Bennett et al. (2010). portion of the gonad (Figure 1D). For each image, a mean gonad thickness from the three measurements was determined and the mean from the three images was utilized as a final measurement.

Histological Examinations

Following the completion of the ultrasound, unripe abalone (n = 12) were anesthetized using magnesium chloride, weighed, measured, and sacrificed for histology. For histological examinations, abalone with mature gonads were not available for lethal histological analysis as they were part of a long-term, transgenerational reproduction study and archived histological images from known ripe male and female abalone were used in lieu for illustrative purposes (Rogers-Bennett et al., 2010). The digestive gland and gonad were measured, excised, and weighed. Histological evaluation of gonad tissue was accomplished by excising the gonad section and placing it into a cassette. The abalone gonad tissue in the cassette was fixed using a formalinbased invertebrate solution (Davidsons) then transferred to 95% ethanol. Once fixed, abalone gonad tissue was stained with hematoxylin and eosin (H&E) embedded in wax, cut, and 5 µm thick sections were mounted on slides and covered by glass coverslips (Histology Consultation Services, Everson WA) (for methods description see Rogers-Bennett et al., 2004). Histology slide images of gonad tissues were taken using a microscope (Olympus BH2-RFCA, Japan), lens (Olympus 6H01072, Japan), and camera (OMAX A3514OU, China).

Ultrasonography Gonadal Score Development, Continuous Monitoring, and Post-spawning Assessment Quantitative Ultrasound Assessments

In this study, a subset of sexually mature 5-year-old red abalone (n = 62) from a cohort cultured at the Bodega Marine Lab

(n = 122) were utilized to quantitatively track seasonal changes in gonadal maturation using ultrasonography. Assessments were conducted twice, first in winter (January) when the reproductive potential is low, and again in (April) when abalone gonad maturation may be greater. Gonad cone length, maximum gonad cone height, and gonad thickness were measured using Image J as described previously.

Qualitative Ultrasound Assessments

To qualitatively track weekly changes in gonadal maturation, an ultrasonography gonad index scoring system was established to correlate with digital quantitative ultrasound assessments. To assess individual gonad maturation, repeated qualitative scoring (from 1 to 5 with a score of 1 being the lowest) (**Table 1**) assessments were conducted once per week on a subset of red abalone (n = 14) during the 7-week period between January and April 2021.

Ultrasound Assessment Before and After Spawning

To verify abalone gonad maturation and to assess the ability of ultrasonography to detect changes in abalone gonad size before and after spawning, the full cohort of red abalone assessed during the 7-week period (n = 122) were induced to spawn following the established method of using a solution of 3% H₂O₂ and 1 M TRIS in UV filtered seawater (Moss et al., 1995; Boles, 2020; Swezey et al., 2020). Red abalone broodstock were removed from polycarbonate aquaria during pre-dawn hours and placed into a clear 2.37 L container (Evercoat #100789, Cincinnati, OH) containing spawning solution. The spawning container was lined with transparency copier film (3M # PP2950, Austin, TX) to reduce handling stress. Ultrasounds were performed before and after spawning was induced on female (n = 6)and male (n = 5) red abalone by removing the abalone from their container while still affixed to the transparency film and then immersing them in a 20-gallon fiberglass tank containing





spawning solution in UV filtered seawater. Ultrasounds were performed directly through the transparency film to prevent the abalone from adhering to the ultrasound probe and to minimize handling stress associated with removing animals off the container walls.

Data Analysis

Data analysis and visualization was conducted in R Studio (version 1.1.463) (Wickam, 2016). Pearson's correlation analysis was performed to assess the significance of the relationship between gonad thickness and the ultrasound gonad score. Means

and standard deviations were calculated for abalone gonad thickness, total weight, and maximum shell length.

RESULTS

Ultrasound technology was capable of differentiating between the cone-shaped digestive organ (light gray) and the gonad (black band) enveloped around the cone (**Figure 1**). The thickness of the black band representing gonad tissue wrapped around the conical-shaped digestive gland reflected females having mature



eggs present and males being full of sperm (Figure 2). When the gonad tissue was thin or absent this reflected female abalone having immature eggs and male abalone being full of spermatids with few mature sperm present. Note, since histology required lethal sampling, the histology images used in this manuscript for ripe male and female (Figures 2E-H) were not taken from the same individuals from which the ultrasound images were recorded and are solely for illustrative purposes (Rogers-Bennett et al., 2010); all other histology and ultrasound images are derived from the same individual (Figures 2A-D). To confirm abalone were reproductive, animals were induced to spawn and resulting gametes were fertilized and larvae successfully hatched. While a relationship between gonad cone length and maximum gonad cone height was detected; these metrics were not a reliable indicator of gamete maturation associated with the annual gametogenic cycle.

Ultrasound imaging also captures changes in the thickness of the gonad layer, which was found to be highly correlative to the reproductive status of the animal (R = 0.93; $P < 2.2e^{-16}$) (Figure 3). Mean length and weight for 5-year-old red abalone used in this study was 101.06 mm (± 13.94) and 196.83 g (± 78.48), respectively. An ultrasound gonad index or a visual assessment score was modified from Rogers-Bennett et al. (2004) and developed to assign to gonad thickness (Table 1 and Figures 3A–E). Mean gonad thickness was used as a categorical delineation for the visual ultrasound gonad index assessment score in red abalone as 1–5. Mean gonad thickness for each score

(1–5) was: Score 1 = 0.036 cm (\pm 0.011), Score 2 = 0.144 cm (\pm 0.054), Score 3 = 0.31 cm (\pm 0.035), Score 4 = 0.378 cm (\pm 0.041), Score 5 = 0.517 cm (\pm 0.035). The ultrasound gonad index score provided an accurate qualitative measure to monitor the reproductive state of gonad tissue in red abalone throughout the spawning cycle (**Figure 4**). Changes in gonad thickness were detected in abalone between the January 2021 and the April 2021 ultrasound assessments (**Figure 5**).

SPAWNING

Ultrasound examination detected changes in gonad tissue thickness in both female and male red abalone before and after spawning (**Figure 6**). Female red abalone had an average prespawn gonadal thickness of 0.25 cm (\pm 0.06) and an average post-spawn gonadal thickness of 0.19 cm (\pm 0.05), representing a 21.1% change in female gonad thickness before and after spawning (**Figures 6A,C,D**). Male red abalone had an average gonad thickness of 0.31 cm (SD \pm 0.09) before spawning and an average post-spawn gonadal thickness of 0.26 cm (\pm 0.11), representing a 17.8% change in gonad thickness before and after spawning (**Figures 6B,E,F**). Abalone ultrasound index score is an excellent indicator that an abalone will spawn. Ultrasound imaging found that 30, 100, and 75.4% of abalone, which scored an index of 5, 4, and 3, respectively, spawned when chemically induced.



and after spawning (D) and of a male abalone before (E) and after spawning (F).

DISCUSSION

This research utilized cultured red abalone (*Haliotis rufescens*) to demonstrate the effectiveness of non-invasive ultrasound technology to distinguish between adult reproductive gonadal and digestive tissues. A descriptive ultrasonography gonad index score was developed that correlated with gonad thickness using ultrasound inspection (**Table 1** and **Figure 3**).

Notable results from this exploratory use of ultrasound technology in abalone reproductive biology include: (1) the ability to quantify changes in gonad thickness to detect seasonal variation as well as identify changes before and after spawning and (2) the development of the ultrasound gonad index score to qualitatively track abalone reproductive state throughout the annual gametogenic cycle without removing animals from aquaria.

Ultrasound technology is an effective and quantitative non-invasive method for successfully determining the reproductive state of gonads in cultured red abalone. With the cost of ultrasound units becoming more affordable, imaging technology will allow hatchery managers the convenient and clear visualization of gonad development. Ultrasound technology was found to be highly sensitive and demonstrated the ability to detect relatively small changes in gonad volume. The ability to detect changes in reproductive development will assist aquaculture managers in scheduling broodstock spawning events (Shields et al., 1993; Martin-Robichaud and Rommens, 2001); this is important when spawning endangered species of abalone. Standard methods used to induce spawning of abalone impose minor chemical stress on the animals (Moss et al., 1995), therefore information gained from ultrasonography pertaining to whether an animal has already spawned or not gravid can reduce unnecessary exposure.

Measuring abalone gonad condition in individual animals was accomplished quickly when utilizing ultrasound. Ultrasonography is regularly employed to rapidly assess the gonad maturation state in many aquatic species such as the Lake Sturgeon (Acipenser fulvescens) in order to reduce handling stress and invasive biopsies (Chiotti et al., 2016) or to identify pre and post-spawn adult steelhead trout for use in fisheries management (Evans et al., 2004). Ultrasound use increases animal welfare in abalone by reducing the need for physical manipulation and the potential injury of animals to assess spawning readiness or when handling stress or injury associated with removal from the tank. Over handling can induce early spawning and reduce overall fertilization and reproductive output. Increasing the animal welfare around handling and spawning activities is also especially important when working with endangered and wild species of abalone. In October 2021, the European Union (EU) Treaty on the Functioning of the European Union (TFEU) adopted the Farm to Fork resolution that encourages the development and implementation of enhanced animal welfare methods for marine invertebrates (European Commission, 2021). While there are no parallel resolutions in the United States regarding marine invertebrate welfare, the speed, ease, and reduced risks of ultrasonography assessments would be beneficial to animal welfare on both domestic and international commercial abalone farms or conservation hatcheries.

The utility of incorporating ultrasound assessments with husbandry practices reduces the guesswork of gonad maturation by physical manipulation alone and provides economic benefits in the abalone aquaculture industry. The ability to monitor animals throughout the annual gametogenic cycle to assess the reproductive potential of broodstock and direct spawning activities on gonad mature animals reduces the likelihood of a poor spawning event and failed larval recruitment. In most instances, ultrasound technology reduces the labor associated with handling broodstock and efficiently records a gonad index while measuring the gonad across the polycarbonate-rearing tank. In the few instances when an abalone was affixed in a corner of the tank, it was assessed another day. The ability to obtain visual gonad scores through a submerged tank inside of a larger tank was quick and time-efficient. This technique would optimize gathering gross morphometric data and measuring spawning readiness in many animals. While the transmissibility of the tanks, and in some cases the "bucket," was acceptable, the transmissibility of the ultrasound and the subsequent image was greatly improved by using the transparency film described in the methods section. If the goal is to conduct health assessments or gather accurate and reliable data from images, imaging the abalone across transparency film is preferred.

Ultrasonography was shown to be a valuable strategy in determining the reproductive state of abalone and is important for broodstock selection by determining which individual abalone should be spawned. Future studies in ultrasound technology for abalone should explore its potential applications in sex determination, parasitism, disease prognosis, cardiac function, and stress physiology. These sublethal and nonlethal methods are critical to elevate the animal welfare of abalone especially when assessing the health of endangered and threatened species of abalone, and enhancing commercial aquaculture and conservation breeding programs. Ultrasound technology and the techniques outlined here provide empirical, non-invasive, rapid methods for assessing abalone reproductive status as compared to current visual gonad scoring systems. The implications of this research could include utilizing ultrasound technology described here for other commercially and ecologically important shellfish.

DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article. Further inquiries can be directed to the corresponding author/s.

AUTHOR CONTRIBUTIONS

SB and JG designed the research. SB, IN, and JG performed the research. SB and IN refined ultrasound use. SB, IN, LR-B, and JG analyzed the data and wrote the manuscript. All authors contributed to the article and approved the submitted version.

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