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# Human activities altered the enrichment patterns of microplastics in mangrove blue carbon ecosystem in the semi-enclosed Zhanjiang Bay, China

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Mangroves, as the key blue carbon ecosystem, are considered 'potential sinks' for microplastics (MPs) in the land-ocean interface zones. However, there is limited understanding of enrichment patterns of MPs in mangrove blue carbon ecosystem, particularly in relation to human activities. This study explored the abundance, composition, and diversity of MPs in mangrove and non-mangrove sediments in Zhanjiang Bay (ZJB) to investigate the effects of human activities on MPs enrichment patterns in the blue carbon system. The results showed that MPs were widely prevalent in all sediment samples, and the abundance of MPs was significantly higher in all mangrove sediments than in non-mangrove sediments ( $P < 0.05$ ). Furthermore, the average abundance of MPs was found to be  $263.67 \pm 85.25$  items/kg in non-mangrove sediment samples, whereas in mangrove sediment samples, it was  $618.17 \pm 71.75$  items/kg. The average abundance of MPs in mangroves was about 1.6 times higher than that in non-mangroves, indicating that mangroves have an interception effect on MPs, and human activities are the key factor leading to the difference in MPs enrichment patterns between mangroves and non-mangroves. Furthermore, the predominant MPs shapes in both mangroves and non-mangroves are fragments, with multicolor and green being the most common colors and most MPs sizes ranging between 100 and 330  $\mu\text{m}$ . Besides, there was no significant relationship found between MPs abundance and particulate organic carbon ( $P > 0.05$ ), indicating that MPs pollution didn't significantly alter the natural POC pool in ZJB. Overall, this study provided important baseline information on MPs pollution in the mangrove blue carbon ecosystems in ZJB, which was implications for future mitigation of MPs pollution and the management of mangrove ecosystem.

## KEYWORDS

microplastics, mangrove, human activities, Zhanjiang Bay, sediment

## 1 Introduction

Microplastics (MPs) were first introduced in 2004 (Thompson et al., 2004). MPs are plastic particles less than 5.0 mm in diameter (GESAMP, 2016). Depending on the source, MPs are classified as primary and secondary. Primary MPs are any plastic fragments or particles that are less than or equal to 5.0 mm in size before entering the environment (Zitko and Hanlon, 1991; Fendall and Sewell, 2009). MPs are deliberately produced by humans and incidental products of the manufacturing process. They include microfibers, microbeads, and plastic particles (also referred to as small pieces) from clothing. Secondary MPs are produced by the degradation (decomposition) of larger plastic products that enter the environment through natural weathering processes. This results in the gradual cleavage of their polymer matrix into plastic fragments smaller than 5 mm by breaking the chemical bonds. Improper waste management and human misconduct release plastic waste into the environment, which can have multiple biotic and abiotic effects. These effects can lead to the formation of secondary MPs (Andrady, 2011; Zettler et al., 2013). Its sources include water and soda bottles, fishing nets, and plastic bags. These types of waste are persistent in the environment, especially in marine and aquatic organisms. Several studies have reported the adsorption of trace metals by plastics suspended in the ocean (Rochman et al., 2014). Additionally, the presence of organic chemicals in plastics is globally recognized (Ogata et al., 2009). It has been suggested that MPs may cause harm to humans through both physical and chemical pathways (Smith et al., 2018). Due to their microscopic nature, MPs are easily ingested as food by a wide variety of aquatic organisms, especially marine zooplankton (Desforges et al., 2015). MPs accumulate in the stomachs and intestines of marine organisms, causing gastrointestinal obstruction and ultimately death (Güven et al., 2017). Large marine mammals ingest MPs directly from the ocean and also indirectly by consuming other organisms that have adsorbed or ingested MPs (Guzzetti et al., 2018). MPs can enter organisms through food web ingestion and transfer (Dahms, 2014). Prolonged exposure to MPs can adversely affect organism functioning (Maghsodian et al., 2022), including reduced fertility reproduction (Sussarellu et al., 2016), immune system effects (Liu et al., 2019), and physical harm such as wound rupture and death (Maghsodian et al., 2020). Jambeck et al. (2015) estimated that between 1.75% and 4.62% of total annual plastic production becomes marine litter. They also found that between 4.8 and 12.7 million tonnes of plastic entered the ocean in 2010, and this amount is expected to double by 2025 without intervention. According to Statista (2020), global plastic production in 2019 was approximately 368 million metric tonnes, with half of it produced in Asia. Therefore, it can be estimated that around 6.44 to 17 million tonnes of plastic waste entered the oceans in 2019. MPs migrate long distances in the ocean with winds and currents (Li et al., 2022), and as they migrate for longer periods of time, organisms attach to the surface of the MPs, leading to reduced buoyancy (Lobelle and Cunliffe, 2011) and eventual sinking to the seafloor and accumulation in sediments (Woodall et al., 2014). This leads to

the potential for marine sediments to accumulate MPs and become the largest “sink” (Nuelle et al., 2014).

Mangroves are a crucial component of blue carbon ecosystems due to their high productivity, high sedimentation rates, high biodiversity, and well-developed root systems (Roy, 2014). They thrive in hydrothermal conditions, anoxic waterlogged soils, and slow decomposition rates, making them effective carbon storage (Donato et al., 2011; Walcker et al., 2018). Tang et al. (2022) refer to them as ‘coastal guardians’ due to their ability to provide important economic, social, and ecological services (Alemu et al., 2021). Its dense and well-developed root system also acts as an effective filter, attenuating wave impact and current velocity, thereby adequately capturing and trapping floating material and facilitating the deposition of suspended particulate matter, making it a barrier and buffer for the input of a wide range of terrestrial pollutants into the ocean (Horstman et al., 2014; Mullarney et al., 2017; Norris et al., 2017; Martin et al., 2019; Liu et al., 2022). Research has shown that mangrove forests cover only 0.5% of the global coastal area (Alongi, 2014) but sequester 5% of the world’s total global carbon, making them one of the most carbon-rich forests in the tropics (Donato et al., 2011). It is worth noting that MPs particles contain a significant amount of carbon, at around 80% (Rillig, 2018). Additionally, mangroves are important and unique intertidal ecosystems that have an interception effect on MPs (Jiao et al., 2022). Mangroves mainly grow in coastal or estuarine areas and are currently considered a “potential sink” for MPs (Bayen, 2012; Mohamed Nor and Obbard, 2014; Deng et al., 2021). The density of aerial plants is positively correlated with wave energy dissipation and plays an important role in wave attenuation (Norris et al., 2017), and mangroves have aerial roots (aerial roots specialized for gas exchange), which plays an important role in wave attenuation (Duan et al., 2021). Additionally, they are effective in trapping and preserving MPs in the sediment due to the high sediment accretion rate of mangroves (Martin et al., 2020). Pollution caused by plastic waste has been recognized as a major threat to mangroves (Owuor et al., 2019). MPs have been found to enter the water column of mangrove forests and may adsorb and release harmful substances that negatively affect the growth and reproduction of aquatic organisms, thus reducing marine biodiversity (Gallo et al., 2018). Additionally, MPs can be deposited directly on top of mangrove aerial roots, affecting root growth and in the long term creating an anoxic environment that can eventually lead to mortality (van Bijsterveldt et al., 2021). In 2014, Mohamed Nor and Obbard (2014) conducted the first study on MPs in coastal mangrove ecosystems in Singapore. They found that the maximum level of MPs in mangrove sediments was 62.7 MPs/kg, which initiated further research on MPs in mangrove sediments. Currently, research on MPs in mangrove ecosystems is still in its early stages, with most studies focusing on MPs in marine environments, river estuaries (Jiao et al., 2022), freshwater, and drinking water (Law et al., 2014). While there have been studies on mangrove forests, the focus primarily been on the abundance and distribution of MPs in mangrove sediments, including their size, color and shape. This study, aims to investigate the relationship between MPs abundance and POC.

Zhanjiang Bay (ZJB) is a semi-enclosed bay situated on the northeastern side of the Leizhou Peninsula in western Guangdong (Zhang et al., 2019; Zhang et al., 2020a, 2021). It is considered the largest port in Zhanjiang City. The Zhanjiang Mangrove National Nature Reserve is the largest mangrove reserve in China, known for its diverse and complex characteristics (Tang et al., 2022). Due to rapid economic development and substantial population growth in Zhanjiang, the coastal environment has suffered severe damage, and the mangroves are under greater environmental pressure. MPs pollution in the mangrove blue carbon ecosystem has been exacerbated by human activities, including the rapid development of developed fisheries, tourism, and industry (Zhang et al., 2020b). Despite this, the corresponding environmental protection system and pollution treatment capacity have not improved significantly, resulting in a considerable impact on ZJB mangroves. However, there is still limited understanding of the enrichment patterns of MPs in this ecosystem affected by human activities.

To enhance comprehension of the pollution status of mangrove forests in ZJB, this study examined five stations along ZJB, which were divided into two major groups: mangroves and non-mangroves. The following aspects of research were carried out for this purpose (1) to investigate the abundance of MPs in mangrove and non-mangrove sediments of ZJB affected by human activities; (2) to identify the MPs characteristics and diversity of mangrove and non-mangrove sediments of ZJB human activities; (3) assess the diversity and enrichment patterns of MPs in mangrove blue carbon ecosystem; (4) to explore the interactions between particulate organic carbon (POC) and MPs abundance. This study provided important baseline information on MPs pollution in the mangrove blue carbon ecosystems in the semi-enclosed bay, which was helpful to understand the MPs pollution and interactions with mangroves blue carbon under intensive human activities in the future.

## 2 Materials and methods

### 2.1 Study area

This study focuses on the selection of mangrove and non-mangrove forests in river basins located in Zhanjiang Bay (ZJB) in southern China. ZJB is a typical subtropical semi-enclosed bay with a mild climate and fertile water, surrounded by the main urban area of Zhanjiang City. The area's topography is complex, making it relatively suitable for mangrove growth (Syahid et al., 2020). The region of ZJB is connected to the South China Sea through a narrow channel (< 2 km), which allows for the exchange of suspended seawater sediments between ZJB and the outer part of the bay (Zhou et al., 2021). Sediment samples were collected from five stations in ZJB, and detailed information for each station is shown in Figure 1 and Table 1. In addition, to explore the MPs difference in the mangrove and non-mangrove sediments in ZJB, sediment samples (three replicates) were collected from mangrove and unvegetated bare flat sites during low tide.

The mangrove forests are in the estuarine and coast zone, which is easily impacted by the river discharge and wastewater input by human activities. Nanliu River (S1) is situated in close proximity to industrial plants, including fertilizer production plants, which transport significant quantities of treated industrial wastewater to coastal waters (Zhang et al., 2019). Lvtang River (S2) is heavily polluted due to the discharge of urban sewage. Sino-Australian Garden (S3) is a popular tourist attraction with a water surface area of 42,400 m<sup>2</sup>. The northern part of ZJB is fed by the Suixi River (S4) with an area of 1486 km<sup>2</sup>. It carries runoff from major agricultural areas and is the largest freshwater flow into ZJB (Zhang et al., 2019; Zhang et al., 2020b). S5 is the Potou Primary School, which has a large population in the vicinity.

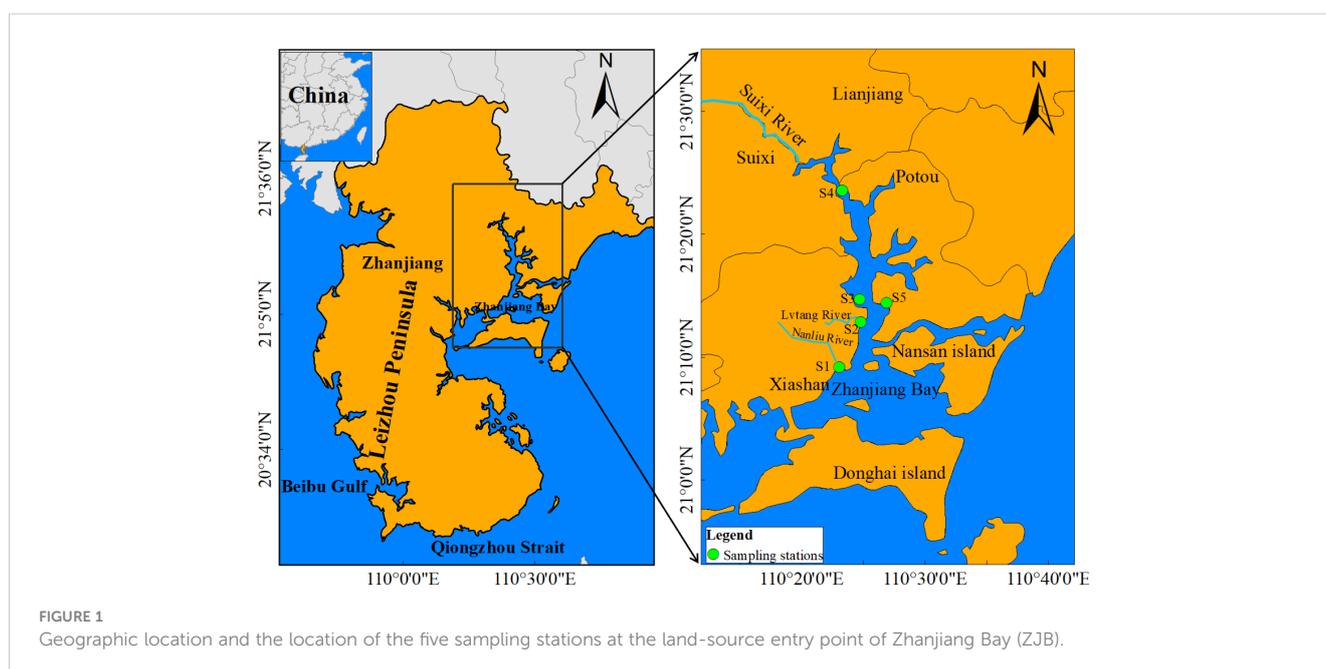


TABLE 1 Investigation of estuaries and sewage outlets.

Station	Sampling stations	Sources	Longitude/°E	Latitude/°N
S1	Nanliu River	Industry	110.2338	21.0879
S2	Lvtang River	Residential area	110.2442	21.1239
S3	Sino–Australian Garden	Tourism	110.2431	21.1383
S4	Suixi River	Agriculture	110.2342	21.2328
S5	Potou Primary School	Residential area	110.2683	21.1319

## 2.2 Sampling and analysis methods

Sampling was completed on 30<sup>th</sup> October, 2021, and all tools were cleaned with Milli-Q water before sampling. Two separate sample squares measuring 1.5 m x 1.5 m, spaced 2 m apart, were randomly set up at the sampling stations. Surface sediment (0–5 cm) was collected using a clean stainless steel grab sampler to remove debris such as gravel and shells. The collected sediment was then transferred to a clean aluminum box with markers. Each sediment sample consisted of at least 1 kg of wet sediment. A total of 20 surface sediment samples (10 points x 2 replicates) were collected. It is crucial to avoid any contamination during transportation to the laboratory for research.

The MPs were identified using the method proposed by Masura et al. (2015) with modifications. The samples underwent pre-treatment, mainly for ablation and the measurement of particulate organic carbon. Following pre-treatment, the MPs were quantified and characterized. To avoid contamination, sediment samples were first spread evenly in an aluminum tray, covered with aluminum foil, and dried in an oven at 75°C. A solution of sodium chloride (450 ml, density 1.2 g/cm<sup>3</sup>) was added to a 1 L beaker containing 200 g of dried sediment. The mixture was stirred for 5 minutes and left to stand for 15 minutes until the suspended solids settled. The upper layer of liquid was passed through a 45 µm stainless steel sieve and the residue on the sieve was washed three times with ultrapure water and then transferred to a 250 ml beaker. To avoid interference to natural organic matter in the sediment, a solution of 90 ml of 30% H<sub>2</sub>O<sub>2</sub> and 90 ml of 0.05 M FeSO<sub>4</sub> was added to the beaker for disintegration. The beaker was then heated in a water bath at 75°C for 12 hours and cooled at room temperature (25°C) for 24 hours. The samples were vacuum filtered through a 10 µm cellulose acetate filter membrane and covered with aluminum foil. Finally, the filter membranes were dried in an oven at 60°C to facilitate further analysis. Content of organic carbon of each sediment sample was estimated by loss on ignition (LOI) (Samper-Villarreal et al., 2016; Huang et al., 2021). The mean precision of the ratio of organic carbon to organic matter (LOI) was 12.0% in this study. To measure particulate organic carbon (POC), the sediment was dried in an oven at 60°C for 12 hours and weighed to determine its density after drying. The sediment was then burned in a muffle furnace at 500°C for 4 hours, and the burn-off rate was measured (Huang et al., 2021).

MPs were systematically quantified using a stereomicroscope (Nikon SMZ1270, Tokyo, Japan) at magnifications up to 40 x 40 for MPs ranging from 0.45 to 5 mm (Masura et al., 2015). The

following criteria must be met to distinguish MPs particles by visual inspection. The particles must not be broken off; they must be clearly and uniformly colored and free of cells and organic structures (Hidalgo-Ruz et al., 2012). The microscope was connected to a computer to capture images, and photographs were taken in zigzag mode until every position was captured (Tang et al., 2018). MPs abundance was calculated as items/kg dry sediment weight (items/kg d.w) and MPs were classified by shape (fibrils, fragments, and films), color (black, multicolored, blue, yellow, red, transparent, pink, green and purple) and size (length: 45–100, 100–330, 330–500, 500–1000, 1000–2000, 2000–5000 µm). In this study, a miniature Fourier transforms infrared spectrometer (Frontier, PerkinElmer, Waltham, MA, USA) was used to identify common suspicious types of MPs. Suspicious MPs identified by visual inspection were randomly selected for verification. The obtained spectra were verified by comparison with the spectrogram database on the instrument. MPs were identified only if the match rate was higher than 70% (Hidalgo-Ruz et al., 2012).

## 2.3 Quality assurance and control

Samples were collected according to the latest quality assurance and quality control standards with strict control measures (Koelmans et al., 2019; Adomat and Grischek, 2020). Collected sediments were preserved in metal samplers and containers to avoid contamination. Non-textile laboratory overalls, masks, and nitrile gloves were worn throughout sample collection, extraction, and identification to avoid the use of plastic-containing laboratory equipment (Masura et al., 2015). All laboratory equipment was rinsed three times with Milli-Q water before and after use (Prata et al., 2020). During the experiments, all solutions, including FeSO<sub>4</sub> and Milli-Q water, were filtered through a 45 µm filter before use. Filtered Milli-Q was used as a blank in the laboratory and processed using the same procedure as the samples (Zhu et al., 2021). The final data were corrected for the average abundance of MPs in the corresponding blank group. These procedures were used to prevent interference from external MPs.

## 2.4 Enrichment index and diversity index of microplastics

The diversity index D' (MPs) was calculated according to Equation 1 to estimate the complexity of MP types and sources in

mangrove and non-mangrove sediments in ZJB. In total, three types of D' (MPs), namely size D' (MPs), color D' (MPs), and shape D' (MPs), were calculated based on their shape, color, and size characteristics, respectively (Wang et al., 2019; Huang et al., 2020b; Huang et al., 2021).

$$D = 1 - \sum_{i=1}^s \left( \frac{N_i}{N} \right)^2 \quad (1)$$

Where S is the number of MPs categories,  $N_i$  is the number of MPs categorized into the  $i^{\text{th}}$  type, and N is the total number of MPs in the sample.

The enrichment index (EI) is the ratio of mangrove MPs abundance to non-mangrove MPs abundance. EI is calculated using Equation 2 (Huang et al., 2021).  $EI > 1$  indicates that MPs are enriched in mangroves and  $EI < 1$  indicates that MPs are enriched in non-mangroves.

$$EI = \frac{A_m}{A_n} \quad (2)$$

Where  $A_m$  is the MPs abundance in mangroves and  $A_n$  is the MPs abundance in non-mangroves.

Total organic carbon (TOC) calculated by regression line of Equation 3 burning loss rate and soil organic carbon mass fraction.

$$Y = 0.13x + 0.785 \quad (R^2 = 0.343, P < 0.05) \quad (3)$$

where x is the burn-off rate and y is the soil organic carbon mass fraction.

## 2.5 Statistical analysis

Station locations were mapped using ArcGIS 10.2 (Esri Corporation, New York, USA). Data were analyzed using

Microsoft Excel 2019 and plotted and analyzed using Origin 2022, including MPs characteristics (abundance, shape, color, size, and diversity) of mangrove and non-mangrove sediments. Confidence intervals were set at 95% for all tests. One-way ANOVA was performed using IBM SPSS Statistics 26 software. MPs shape, color, size, and diversity were analyzed using a multi-way ANOVA (two factors of station location and whether it was mangrove). Values were considered statistically significant when  $P < 0.05$ ;  $P < 0.01$  indicated highly significant; and  $P > 0.05$  indicated no significance.

## 3 Results

### 3.1 MPs patterns in different areas of the sediment

Figure 2 displays the variation in MPs abundance in sediments from both mangrove and non-mangrove areas in ZJB region. MPs were detected in all sediment samples collected from the five stations in ZJB. The abundance of MPs was significantly higher in all mangrove sediments than in non-mangrove sediments ( $P < 0.05$ ). The mean abundance of MPs in non-mangrove sediment samples was  $263.67 \pm 85.25$  items/kg, compared to  $618.17 \pm 71.75$  items/kg in mangrove sediment samples. The non-mangrove sediment sample from NLR (S1) had the highest abundance of MPs (589.17 items/kg), while the lowest abundance (76.67 items/kg) was found in Sino-Australian Garden (S3). Among the mangrove sediment samples, the highest abundance of MPs (891.67 items/kg) was found at Sino-Australian Garden (S3), while the lowest abundance (351.67 items/kg) was found at Potou Primary School (S5). The sediment samples showed the highest and lowest abundances of MPs at S3, which was the most variable of the five stations.

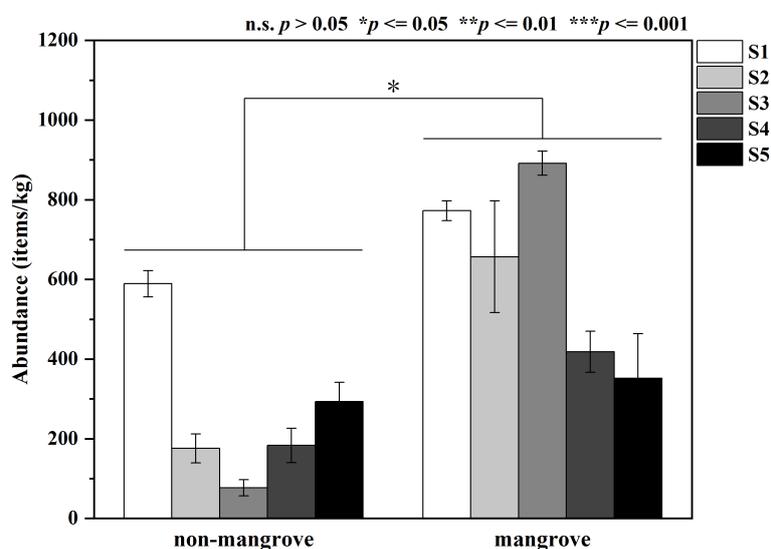


FIGURE 2

Variation of microplastics (MPs) abundance in the studied mangroves and non-mangrove forests.

### 3.2 MPs characteristics and diversity of different areas in the sediment

The study analysed the sample sizes of MPs, which were divided into six categories: 0-100  $\mu\text{m}$ , 100-330  $\mu\text{m}$ , 330-500  $\mu\text{m}$ , 500-1000  $\mu\text{m}$ , 1000-2000  $\mu\text{m}$ , and 2000-5000  $\mu\text{m}$  (Wang et al., 2022; Zhang et al., 2022). The size of the MPs did not differ significantly between station ( $P > 0.05$ ). As shown in Figure 3A, 100-330  $\mu\text{m}$  was the most abundant size category across all five stations, accounting for an average of 37.30%. The total number of MPs < 500  $\mu\text{m}$  at the five stations was 63.36% and 55.31% at non-mangrove and mangrove stations, respectively.

Based on the survey results of the survey, a total of 12 colors of MPs were identified, as shown in Figure 3B. MPs colors did not differ significantly between sampling areas ( $P > 0.05$ ). Among all MPs in the non-mangrove sediment samples, green was the predominant color (22.28%), followed by black (17.11%), transparent (16.67%), blue (15.05%), and multicolor (14.91%). Other colors accounted for less than 10%. In this study, multicolor (27.51%) was the most abundant in the mangrove sediment samples, followed by transparent and blue MPs, accounting for 15.78% and 9.67%, respectively. Other colors accounted for less than 10%. Orange and brown were the least common colors found in the study in both mangrove and non-mangrove sediment samples.

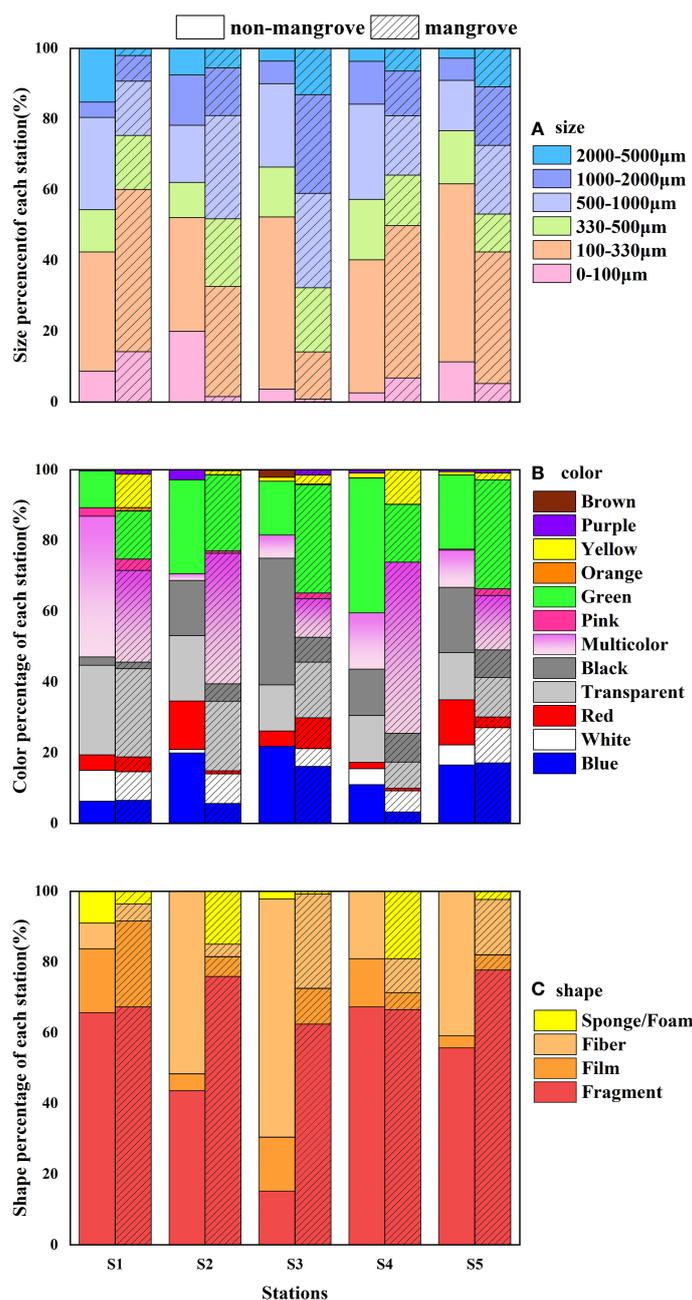


FIGURE 3 Characteristic percentage variation of MPs in mangrove forests and non-mangrove forests (A) size, (B) color, and (C) shape.

The relative abundance of different shapes of MPs was shown in Figure 3C. No significant differences were found in the shapes of the MPs detected from the different areas ( $P > 0.05$ ). All samples contained four distinct shapes: fragments, films, fibers, and sponges (foams). The majority of identified MPs were fragments, accounting for 49.48% and 69.98% of all non-mangrove and mangrove samples, respectively. Fibers were the second most common shape across all stations, accounting for 37.25% and 12.07% of MPs, respectively. Overall, fragments were more prevalent in the samples from this study.

Figure 4 shows typical MPs characteristics and compositions of MPs captured in the sediments by micro-Fourier Transform infrared (FTIR) spectroscopy. Major polymers were found in selected samples of black fragment (A), red fiber (B), transparent film (C), and white fragment (D); with major types including polypropylene (A), polyethylene (B), polypropylene (C), and docosanol (D).

### 3.3 Diversity and enrichment patterns of MPs in mangrove blue carbon ecosystem

The diversity of MPs size, color, and shape indices, i.e. size  $D'$  (MPs), color  $D'$  (MPs), and shape  $D'$  (MPs), were calculated separately according to equation (1). The results showed the abundance of sediment MPs in the samples (Figure 5). There were no significant differences in the diversity of  $D'$  (MPs),  $D'$  (MPs), and  $D'$  (MPs) in different areas ( $P > 0.05$ ). The results of this study showed that the diversity of color, size, and shape of MPs in mangroves was changing and mostly showed a decreasing trend. The diversity of color, size, and shape of MPs in non-mangrove samples was  $0.77 \pm 0.02$ ,  $0.72 \pm 0.03$ ,

and  $0.50 \pm 0.07$ , respectively. The diversity of color, size, and shape of mangrove MPs was  $0.77 \pm 0.06$ ,  $0.75 \pm 0.02$ , and  $0.45 \pm 0.05$ , respectively. The enrichment index of the mangroves was calculated according to equation (2) and the results showed that for all the mangroves studied the EI values were greater than 1 and the enrichment index ranged from 1 to 12 (Figure 6).

### 3.4 Interactions between particulate organic carbon (POC) and MPs abundance

The POC for both mangroves and non-mangroves stations are shown in Figure 7. It can be seen that particulate organic carbon was higher in mangrove areas than that in non-mangrove stations, with the highest and lowest POC occurring at the same sampling point. In the mangrove sediment samples, the mean POC was  $13.12 \text{ g/cm}^3$  with the highest POC in NLR (S1) ( $16.66 \text{ g/cm}^3$ ) and the lowest in LTR (S2) ( $9.76 \text{ g/cm}^3$ ), and in the non-mangrove sediment, the mean POC was  $11.01 \text{ g/cm}^3$  with the highest in NLR (S1) ( $13.72 \text{ g/cm}^3$ ) and the lowest POC in LTR (S2) ( $9.16 \text{ g/cm}^3$ ). There was no significant difference in POC between mangrove and non-mangrove areas ( $P > 0.05$ ).

## 4 Discussion

### 4.1 Influencing factors of MPs pollution in Zhanjiang Bay

MPs abundance varies between sampling stations in different regions. Human activities have been found to influence MPs

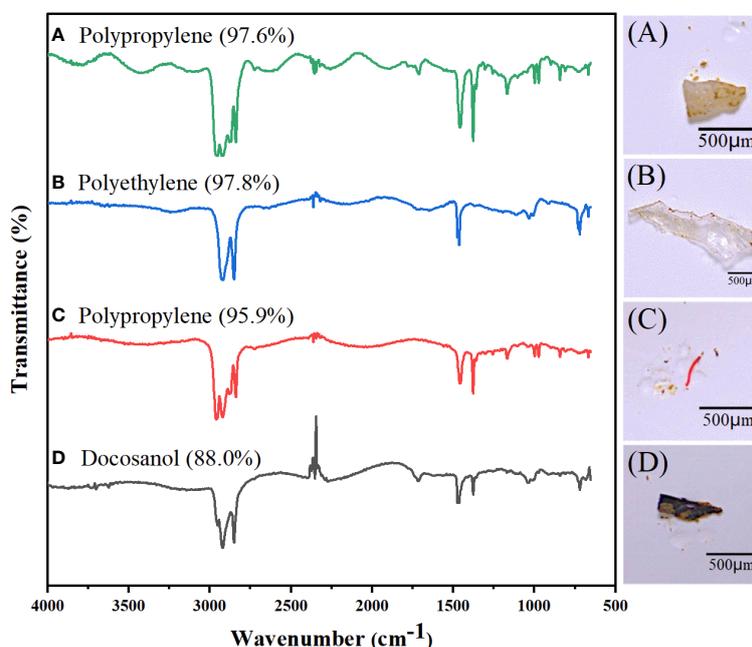


FIGURE 4  
Typical MPs and composition in sediments. (A) Black fragment, (B) Red fiber, (C) Transparent film, and (D) White fragment.

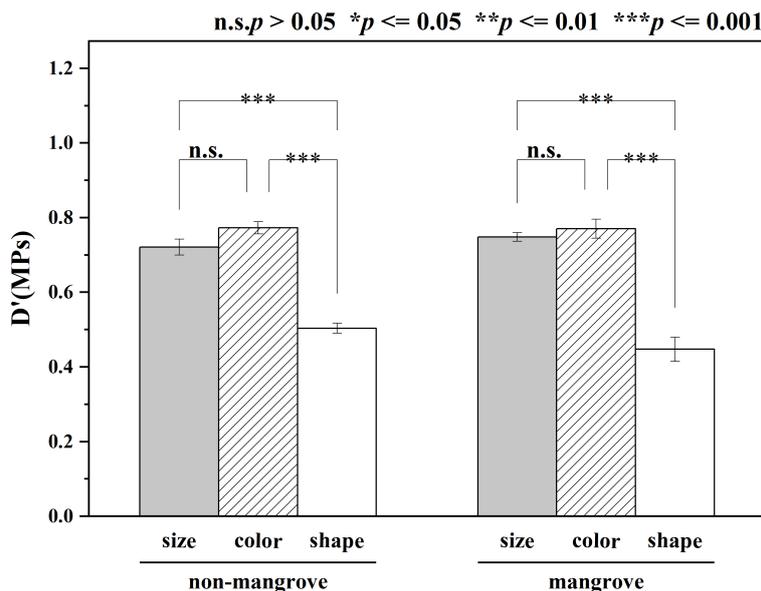


FIGURE 5  
Variation in the diversity of mangrove MPs in ZJB.

abundance, such as agricultural activities, aquaculture (Hinojosa and Thiel, 2009), wastewater discharge (Gies et al., 2018), tourism activities, residential life, tidal action (Zhang et al., 2022), and seasonal variations (Wang et al., 2022). A comparison of MPs abundance in dry mangrove sediments from different regions is shown in Table 2. The MPs abundance in ZJB is intermediate compared to foreign contamination, including Muara Angke Wildlife Reserve of Indonesia (28.09 ± 10.28 items/kg), Northern Persian Gulf of (19.5 to 34.5 items/kg), Kuala Muda of Malaysia (430 ± 7.234 items/kg), Penaga of Malaysia (940 ± 15.773 items/kg), Seberang Perai of Malaysia (4000 ± 29.174 items/kg) (Naji et al., 2019; Cordova et al., 2021; Tan and Mohd Zanuri, 2023). Compared with mangrove sediments from other regions of China, it was much

higher than that of the North Yellow Sea (37.1 ± 42.7 items/kg), Beibu Bay (26.67 ± 9.43 to 239.94 ± 37.80 items/kg), inside the mangrove of Qinzhou Bay (42.9 ± 26.8 items/kg) (Zhu et al., 2018; Li et al., 2018a; Zhang et al., 2022), lower than outside the mangrove of Qinzhou Bay (2174.5 ± 2206.8 items/kg), Pearl River Estuary, South China (851 ± 177 items/kg), the fringe in Futian mangrove in Shenzhen Bay (2835 ± 713 items/kg) (Li et al., 2018a; Zuo et al., 2020; Duan et al., 2021). Each study may have used a different MPs extraction method and different filters will result in subtle differences. In this study, the abundance of MPs in sediments from mangrove areas in ZJB was 1-11 times higher than in non-mangrove areas, a result that is consistent with other studies, suggesting that mangroves trap some of the sediment and do not allow MPs to fully flow into the ocean (Liu et al., 2022).

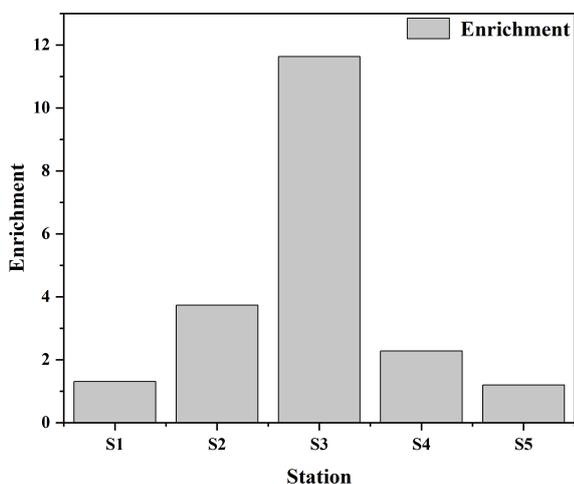


FIGURE 6  
Enrichment patterns of MPs in mangrove blue carbon ecosystem.

The shape, color, size, and other characteristics of MPs are key factors in determining the source of MPs. Comparing the five stations, the abundance results showed that the Nanliu River (S1) may be the river with the highest amount of MPs due to the presence of many industrial plants in its vicinity, and the effluents from the plants contained large amounts of MPs, which were discharged into the nearby rivers and thus flowed into the ocean (Zhang et al., 2019). The large difference in MPs between mangroves and non-mangroves in Sino-Australian Garden (S3) may be due to the large distance between the locations of the two sets of samples collected, coupled with the fact that this is a tourist attraction where plastic waste is not properly disposed of and exposed to the environment, thus decomposing into MPs through various effects, with the intermediate anthropogenic factors dominating the results. The MPs in Suixi River (S4) may be due to the high river discharge and fast flow rate, resulting in the input of MPs from the river (Wang et al., 2022). Both the Lvtang River (S2) and the Potou Primary School (S5) were due to the input of MPs from nearby residential life into the river. 80% of the MPs were

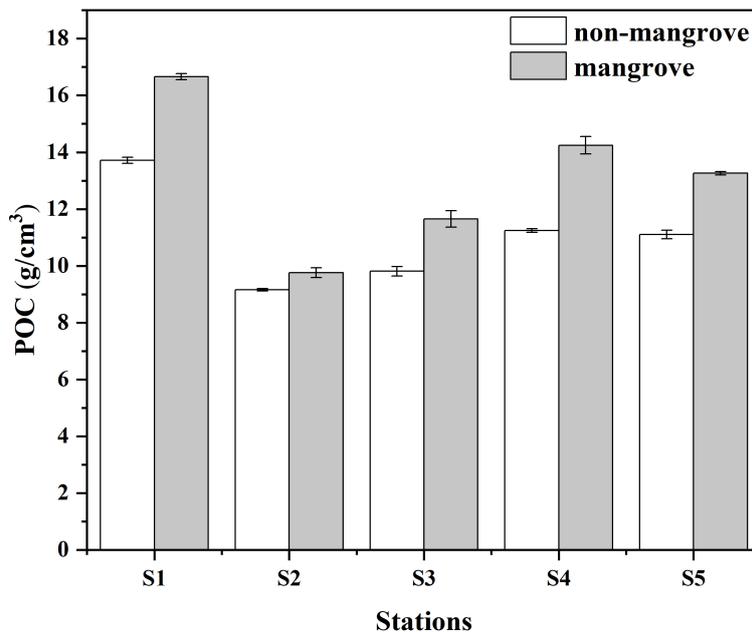


FIGURE 7 Changes in POC in the mangrove and non-mangrove forests.

smaller than 1000 μm in size. All mangrove and non-mangrove samples contained more fragments than other shapes, which could be fragments of MPs left behind by fishing gear during fishing (Li and Liu, 2018). Transparent MPs were the most frequently detected in both mangroves and non-mangroves combined, most likely from transparent plastic products from the daily lives of the surrounding population (Liu et al., 2022).

## 4.2 MPs characteristics, diversity, and enrichment in sediment

### 4.2.1 Shape

Human activities are considered to be the main cause of the spatial distribution of MPs in marine and river sediments (Machado et al., 2019). The higher proportion of sediment samples from the

TABLE 2 Comparison of the abundance of MPs in ZJB with other mangrove sediments.

Location	Sampling time	Average abundance (items/kg)	Mesh methods	Reference
Qinzhou Bay	December 2016	outside 2174.5 ± 2206.8 inside 42.9 ± 26.8	50 μm stainless-steel mesh	Li et al., 2018a
North Yellow Sea	October 2016	37.1 ± 42.7	30 μm steel sieve	Zhu et al., 2018
Northern Persian Gulf	October and November 2017	19.5~34.5	1 mm stainless-steel mesh	Naji et al., 2019
Pearl River Estuary, South China	November 2015	851 ± 177	1.2 μm glass microfiber filter	Zuo et al., 2020
Muara Angke Wildlife Reserve	October 2015	28.09 ± 10.28	0.45 μm cellulose nitrate filter paper	Cordova et al., 2021
Futian Shenzhen Bay	-	fringe 2835 ± 713	5 mm sieve mesh	Duan et al., 2021
Beibu Bay	October 2020	26.67 ± 9.43 to 239.94 ± 37.80	45 μm stainless-steel sieve	Zhang et al., 2022
Seberang Perai	January 2022	4000 ± 29.174	330 μm mesh	Tan and Mohd Zanuri, 2023
Penaga	February 2022	940 ± 15.773	330 μm mesh	
Kuala Muda	March 2022	430 ± 7.234	330 μm mesh	
Zhanjiang Bay	October 2021	618.17 ± 71.75	45 μm stainless-steel sieve	This study

five stations in this study were fragments, with fibers being the second most common shape, with mangrove and non-mangrove groups presenting the same results. The main shape was same to the previous in water samples from the land-based sources (Wang et al., 2022). A major reason for this result was the land-based source water inputs affected by the human activities such as human living and aquaculture (Wang et al., 2022). Among them, the fragmented shape may be due to MPs left by fishing gear during fishing (Li and Liu, 2018), or the degradation of plastic waste generated the lives of nearby residents, such as cosmetics used in daily life. MPs are added to cosmetics, and MPs in cosmetics can be absorbed into the skin (Kannan and Vimalkumar, 2021), but MPs left on the skin are washed down the drain and into the ocean. Which become brittle during weathering, such as photodegradation, biodegradation, thermal degradation, mechanical damage, and hydrolysis, breaking into smaller fragments and increasing fragment content (Wang et al., 2022). In addition, the fiber may come from damage to fibrous fishing gear such as nets (Rebelein et al., 2021; Wang et al., 2022), and residual fibers discharged into untreated domestic sewage such as washing machines (Cole et al., 2011; Napper and Thompson, 2016). Foam buoys for aquaculture produce foam (Li et al., 2018a). Increased levels of MPs are a direct result of increased levels of MPs in marine organisms, which are widespread in fish species in studies by Huang et al. (2020a), most likely due to the large amounts of plastic fragments trapped in mangroves. Over time, plastic particles can contaminate marine ecosystems and food chains, including food for human consumption (Lusher et al., 2017).

#### 4.2.2 Color

The characteristic feature of color presents different results for the two major groups of samples. Previous studies have shown that the predominant color of MPs in mangrove sediments was white or transparent (Young and Elliott, 2016; Li et al., 2018a), and in the present study, the proportion of transparent MPs particles, although not the highest, was 15%, which was likely to come from plastic bags used in the life of the surrounding residents and by people visiting the area (Liu et al., 2022). Green MPs particles were relatively rare in other studies, whereas they were quite common in non-mangrove sediment samples (22.28%), possibly originating from textile washing, where a single garment wash can produce over 1900 MPs (Browne et al., 2011). Multicolor was the most common in mangrove sediment samples, which was consistent with MPs color the in the water samples from land-based sources in the previous study (Wang et al., 2022). It is most likely from MPs introduced into the mangrove via wastewater from various human activities, such as the domestic and industries waste water (Maghsodian et al., 2021).

#### 4.2.3 Size

In this study, the size of MPs in the two major groups of samples, mangrove, and non-mangrove sediments, ranged from 45 to 1000  $\mu\text{m}$ . The results of the two major groups were consistent, with the MPs being most abundant in the 100-330  $\mu\text{m}$  size range. It indicated the that the MPs in the mangrove, and non-mangrove

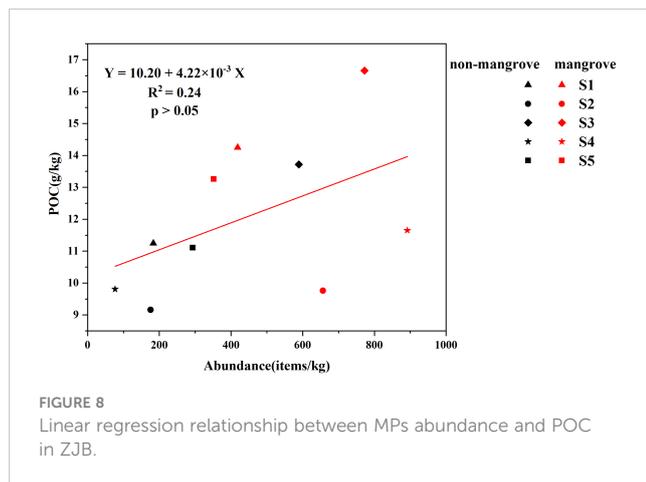
sediments were all from the land-based sources discharge (Wang et al., 2022). The water from the land-based sources was heavily polluted by human activities, such as industrial and domestic untreated waste water discharge (Zhang et al., 2021). Besides, the some microorganisms in mangrove ecosystems have good MPs degradation ability under the special environment of high temperature, strong light, high salinity, and humidity (Auta et al., 2017). The degradation rates of PE MPs by *Bacillus cereus* and *Bacillus gottheilii* isolated from mangroves in the Malaysian Peninsula were 1.6% and 6.2%, respectively (Auta et al., 2017). However, the degradation rate was slow, which contributed to the higher proportion of medium particle sizes in mangroves. Besides, small size MPs have a higher surface-to-volume ratio than large-size MPs, which increases the adhesion of small-size (Huang et al., 2021). As MPs are similar in size to natural foods, this enhanced the risk by fish to ingest MPs (Ory et al., 2017).

#### 4.2.4 Diversity and enrichment

There were no significant differences of the diversity of D' (MPs), D' (MPs), and D' (MPs) between mangroves and non-mangroves. This can be attributed to the same land-based sources inputs under human activities influences (Wang et al., 2022), resulting in less diversity of MPs in mangroves than in non-mangroves. However, the results showed that the size and color diversity were greater than the shape in mangroves and non-mangroves. These results were consistent with the previous study in the seasonal diversity variation of MPs from land-based sources and the Beibu Gulf mangrove sediments (Wang et al., 2022; Zhang et al., 2022). In addition, in this study, the highest S3 MPs abundance was found in the mangrove sampling area with an EI value of 11.63. The higher abundance of MPs in mangroves compared to non-mangroves also indicated the retention of MPs by mangroves. In the S3 sampling stations, this may be caused by the untreated domestic waste water source discharge into estuary (Wang et al., 2022). Besides, the different enrichment index of MPs in the different sampling stations indicated that the different human activities impact. The degree of impact varies depending on the sources of the estuaries and outfalls, such as industry, tourism or agriculture (Zhang et al., 2019, 2021).

### 4.3 Interactions of POC and MPs abundance in mangrove blue carbon system

According to the regression line analysis of MPs abundance and POC, MPs abundance was not significantly correlated with POC ( $P > 0.05$ ) (Figure 8). It was possible that MPs abundance was not correlated with POC due to the high variability in estuarine flow dynamics, which prevented MPs from aggregating easily in the sediment. It was also possible that the sample data collected was too small to support a relationship between MPs abundance and POC, which needs to be investigated further. In addition, the relationship between MPs and POC could be explored if more samples could be collected from different stations. Galgani et al. (2019) found that



plastics have the potential to alter carbon sequestration and carbon turnover, with MPs increasing the production of organic carbon and its aggregation into gelatinous particles, and an increase in gelatinous organics may affect marine bio-pumping and transport of MPs in the ocean, which can affect the ocean nutrient cycling and the global ocean productivity. Blue carbon stocks were not only provided by internal carbon sources, but also by external sources such as phytoplankton, algae, seagrass meadows, mangrove debris, and terrestrial sources (Röhr et al., 2016; Huang et al., 2021). Many studies have concluded that MPs abundance in sediments has a high positive correlation with organic carbon (Chen and Lee, 2021). However, it has also been suggested that MPs abundance was not necessarily positively correlated with sediment organic carbon content and that regional and anthropogenic influences need to be considered (Zhou et al., 2023), and our results were consistent with this. Blue carbon ecosystems, where the presence of submerged vegetation (e.g., mangroves) reduces water velocity through interception to store carbon, may also lead to the accumulation of MPs particles, which can adversely affect vegetation growth and thus its ability to sequester carbon (Huang et al., 2021). In addition, environmental MPs can enter plant tissues and adversely affect photosynthesis and metabolism (Dad et al., 2023), which indirectly affects the global carbon cycle by decreasing the efficiency of plants in sequestering and utilising atmospheric carbon dioxide, contributing to the global greenhouse effect (Li et al., 2024). Based on the experimental results, it indicated that MPs pollution had not yet had a significant impact on the blue carbon system. Both the abundance of MPs and the content of POC were higher in mangrove areas than in non-mangrove areas, and it can be predicted that MPs were much higher in mangrove areas than in non-mangrove areas. This also suggested that mangroves could trap MPs.

#### 4.4 Long-term monitoring and mitigation strategy of MPs pollution in mangrove ecosystem

MPs are monitored and analyzed using techniques such as microscopy, Fourier Transform Infrared (FTIR) and Raman

spectroscopy (Raman), and thermal analysis (Shim et al., 2017). MPs can be monitored in a variety of environments, including water (Li et al., 2018b), air (Gasperi et al., 2018), soil (Jacques and Prosser, 2021), sediment (Uddin et al., 2021), and marine fish (Bråte et al., 2016). MPs can be monitored from the interior and edges of mangroves (Duan et al., 2021), and this study was conducted to monitor MPs in estuarine mangrove and non-mangrove sediments, and the comparative results showed more MPs in mangroves than in non-mangroves, indicating that mangroves can trap MPs, and the trapping effect of MPs was greatly influenced by the adjacent land-based sources induced by human activities. Although wastewater treatment plants can remove more than 90% of MPs (Iyare et al., 2020), discharged MPs can still cause significant environmental pollution, with nearly 48% of wastewater discharged globally without treatment (Jones et al., 2021). This suggests that untreated wastewater is likely to be a major source of MPs in areas where wastewater treatment facilities are limited or non-existent (Rico et al., 2023). Therefore, MPs can be controlled from the perspective of wastewater treatment. Governments should set standards for wastewater treatment, companies should strictly enforce them, and people should raise environmental awareness to reduce the use of plastic products. There are limitations to this study in that the sample size was not large enough, and future studies should focus on organic-rich sediments to further explore the relationship between MPs and blue carbon storage.

## 5 Conclusion

In summary, MPs were found at all sampling stations in this study, indicating that MPs are widely distributed in the sediments, and the abundance, composition, and diversity of MPs were investigated. The results showed that there was a significant difference in MPs abundance between mangroves and non-mangroves at ZJB ( $P < 0.05$ ). Human activities are the key factor leading to the difference in MPs enrichment patterns between mangroves and non-mangroves. In addition, the predominant MPs shapes in both mangroves and non-mangroves are fragments, with multicolor and green being the most common colors and most MPs sizes between 100 and 330  $\mu\text{m}$ . The POC was higher in mangrove areas than that in non-mangrove stations. This study demonstrated the interception effects of MPs by mangroves blue carbon ecosystem, which could help provide directions for the management of MPs pollution in ZJB. Although POC storage in sediments was not significantly affected by the MPs at present, human activities altered the enrichment patterns of MPs in the mangrove blue carbon ecosystem. Further studies should focus on organic-rich sediments to explore the relationships between MPs and blue carbon storage in the future, which may impact on the blue carbon biogeochemical cycle in the mangrove ecosystem.

## Data availability statement

The original contributions presented in the study are included in the article/supplementary material. Further inquiries can be directed to the corresponding author.

## Author contributions

PZ: Conceptualization, Funding acquisition, Methodology, Project administration, Supervision, Writing – original draft, Writing – review & editing, Investigation. WZ: Formal analysis, Methodology, Software, Validation, Writing – original draft, Writing – review & editing. JZ: Project administration, Writing – review & editing. YG: Formal analysis, Software, Validation, Writing – original draft. SW: Visualization, Writing – review & editing. QJ: Visualization, Writing – review & editing.

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## Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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