



# A Brief Review on the Evolution of Metallic Dental Implants: History, Design, and Application

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Kandavalli SR, Wang Q, Ebrahimi M, Gode C, Djavanroodi F, Attarilar S and Liu S (2021) A Brief Review on the Evolution of Metallic Dental Implants: History, Design, and Application. Front. Mater. 8:646383. doi: 10.3389/fmats.2021.646383 In recent years, significant advances in the field of medical materials have begun to emerge, especially in nanotechnology. The modern area of nanostructured implants possesses wide applications in various medical implants including their dental use. Nano-surface functions present substantial resolutions to medical obstacles through improved biomaterial proficiency, innovative dental-implant designs, and surface design procedures, such as nanoscale adhesive surfaces, bio-chemical anodization, and surface modification technique. This work covers dental implant history, nanotechnological advances, and its development that includes a description, basic properties, and the related results of composites and surface morphology, and the different types of nanomaterials used in dental implants. Significant attempts have been made over the last few decades to strengthen osteointegration and prevent bacterial attachment to the implant surfaces. The micro and nano-topography of the hierarchical surface orchestrate the biological reactions of implants and may solve the problems associated with implant-tissue issues. This research investigates the implant articles from 1964 to 2021, which offers a brief description of the nanostructured biomaterials to enhance dental implants' performance and may open new frontiers in the advancement of implant technology.

Keywords: dental implant, nanomodified implants, nanoscale modification, antibacterial, osseointegration, surface treatment

# INTRODUCTION

In recent years, the utilization of dental implants has been widely increased for enhancing the human lives' standard. In the United States alone, in 2006, about 5.5 million implants were cultured, in 2018, the sum of US dental implants was about five trillion dollars (Alani et al., 2014). The production of various biocompatible components, materials, and technical frameworks might come to extend the spectrum of bio-based uses in relation to dentistry implants (Bhat and Kumar, 2013),

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still there remain some issues. One of the main challenges is the first step of implantation in which various problems may arise like infections, poor osteointegration, and other side effects. There are many types of problems in dentistry such as root canal issues, infectious gums, biofilm formation (Dohan Ehrenfest et al., 2010; Gupta et al., 2010). The process for implantation and examples of dental implants is shown in Figure 1. As can be observed, after drilling the hole, the dental implants are inserted into the bone with a special torquing instrument, and then the dental prosthesis is embedded (Nelson et al., 2013). New engineering techniques could improve mechanical properties, biocompatibility, and biomedical efficiency (Ansarian et al., 2019a,b; Andrade et al., 2020). Various biomaterials have been used for the restoration and healing of damaged and stressed organs (Stojkovic et al., 2014), especially for the reconstruction of tissue (Jin et al., 2003). In this regard, nanotechnology is one of the most rapidly evolving areas of biomaterials tissue science (Kaminski et al., 2012; Jastrzebska et al., 2014). Also, CAD/CAMbased technologies are slowly spread across the entire medical sector (Van Noort, 2012; Zhao et al., 2012; Zandparsa, 2014; Yang and Miyanaji, 2017). In addition, dentistry is increasingly using additive manufacturing (AM) techniques. AM methods are based on 3D model data and they produce samples through layer by layer technique (Davis, 2010; International ASTM, 2014).

Dental implants are usually employed as substitutes for missing teeth, the main causes of tooth decay are inflamed gums, poor root canal, infections, etc. Changing missing teeth with a longstanding dental implant is a sophisticated alternative, one of the most promising treatments for broken teeth is the application of dental implants. Dental implants can be made of various types of materials, such as ceramics, shells, cobalt-chromium, gold, copper, titanium, and Iridio-Platinum (Crabb, 2006). In ancient China, people have used Bamboo stick pins around 4000 years ago (Misch, 1999). Ancient Egyptian slaves gave Pharaohs their teeth (Cohen et al., 1995). Hetero-plastics are often used for animal tooth substitution and homo-plastics for human teeth (Smeets et al., 2016). In 1952, the first popular modern dental implants were made with titanium (Ti) basins encapsulated in the rabbit bone. In 1971, Brånemark dental replacements were used (Branemark, 1983). Research findings in modern dental evolution show that Ti is the most popular material. The osseointegration is one of the major problems in the background of dental implants, it was identified that bone can adhere and grow on substrates like Ti, but its growth may be impeded during a certain process (Brånemark et al., 1964). Ceramics or ceramicglasses can be utilized in the surface treatment of implants in order to improve osseointegration (Webster et al., 1999). In addition, these ceramics or ceramic-glasses are highly translucent due to the optical compatibility between the glassy matrix and the crystalline phase, which minimizes the internal scattering of the light. Moreover, surface structure plays a vital role in dental implants. Table 1 lists the evolution of dental implants from past up to recent dates. Moreover, surface structure plays a vital role in dental implants. Nanoparticles (NPs) have lots of applications in the dental industry as listed in Table 2. Metallic dental implants are used for a long time; however, lack of osseointegration effect, ease of infection, and unmatched mechanical properties are

major drawbacks (Linkow, 1966; Schroeder et al., 1981; Derrick, 1986; Zwemer, 1986; Greenfield, 1991; Linkow and Dorfman, 1991; Burch, 1997; Pjetursson et al., 2007; Yong and Moy, 2008; Lavenus et al., 2012; Abraham, 2014; Soto-Peñaloza et al., 2017; Attarilar et al., 2019, 2020; Gonçalves et al., 2019).

The implant quality can be assessed by three specific aspects like physio-chemical, topographical, and mechanical characteristics, these features are relatively interconnected and any improvement in these features may affect others (Pachauri et al., 2014). The reaction of the implant is directly related to its periphery tissue and its integration with this surrounding zone. Establishing a nanostructured surface implant can promote osseointegration (Wang et al., 2020b). The creation of a nanoscale surface structure is a suitable choice.

### NANOTECHNOLOGY IN DENTAL IMPLANTS

Nanotechnology includes the development and use of nanoscale materials in terms of size and structure-dependent properties (Wang et al., 2020a,b). A nano-material is defined as 1 to 100 nm sized particles (Uludag et al., 2001; Roco, 2004; Kumar and Vijayalakshmi, 2006; Zhang and Uludağ, 2009; Akbarian et al., 2017; Barhoum et al., 2017; El-Maghrabi et al., 2018; Jeevanandam et al., 2018). One of the prime aims of nanotechnology in the dental implant field is to increase osseointegration behavior (Coelho et al., 2009). Surface modification techniques (such as acid etching, alkali surface treatment, sol-gel, and chemical vapor deposition) offer opportunities to implement better dental implants, especially in the micro and nanoscales through design and interfacial engineering (Catledge et al., 2002; Karazisis et al., 2016; Chen et al., 2018). As shown in Figure 2, there are several examples of different types of topographies used to mimic the extracellular matrix of tissues.

Some beneficial examples of nanosized topographies are as follows, gradual degradation of nanosized thin CaP-coatings in implants enhances the ionic force and accumulation of the blood and biological precipitation of apatite crystal on the surface of the implant. The anti-inflammatory TiO2 nanotubes provide a steady discharge of the drugs during the implant procedure, maintain effective treatment efficacy on-site, and reduce the negative side effects during the oral medication process (Leeuwenburgh et al., 2001; Shokuhfar et al., 2013; Jang et al., 2018). Also, the density and dimensions of the nanostructures influence cell function (Zhao et al., 2006), cell adhesion is another important aspect of the nanoscale structure. A study reported nanostructure surface increased osteoblast compared with a smooth surface. The adherence of osteoblasts depended on the surface morphology rather than chemical composition, grain and pore size. However, chemical composition, grain and pore size are the main parameters affecting cell response. In addition, the surface characteristics of the implant can influence the development of the bone, along with weight resistance and adaptability (Streicher et al., 2007). Gittens et al. (2011) developed a simple surface modification technology, which could



FIGURE 1 | The procedure of the dental implant process: (A) selecting and drilling the appropriate implant diameter, (B,C) inserting the dental implant into the bone, (D) prosthesis (ceramic or metal-ceramic) attachment, (E,F) examples of dental implants (Nelson et al., 2013).

TABLE 1 | Various nanoparticles used in dental implants and their applications.

Nanoparticle	Utilization method	Application	References
Sliver	A layer of 9.3, 21.3, and 98 nm thickness coated on the enamel surface.	Anti-bacterial treatments	Espinosa-Cristóbal et al., 2013
	Coated as a colloidal.	Antibacterial treatments	Huang et al., 2011
	Coating of Sliver and amorphous nanoparticles of the synthetic calcium phosphate.	Resin-composite fixatives	Cheng et al., 2012
	Improved by chitosan with fluoride mixture, and placed as a colloidal suspension yearly one-time.	Mouth-freshener	Dos Santos et al., 2014
Zirconium oxide	Coating material + Nano-hydroxyapatite	Dental implant	Memarzadeh et al., 2015
	Coated with Ca/PO <sub>4</sub> <sup>-</sup>	Cement sealants	Osorio et al., 2014
	Inclusion into dental resins	Resins-composite fixatives	Kasraei et al., 2014
	Anti-bacterial agents for peri-implantitis	Treatments of antibacterial implant	Vargas-Reus et al., 2012
	Inclusion into dental cement	Dental cement	Guerreiro-Tanomaru et al., 2014
Titanium dioxide	In conjunction with bright-healing orthodontic paste	Resins composites fixatives	Poosti et al., 2013
	nanotubes integrated into ZnO NPs on Ti surfaces	Implant	Liu et al., 2014
	Adhered in the same liquid to improve hydrogen peroxide bleaching performance.	Bleaching agents	Martín et al., 2015
Cuprous oxide	Relative to $TiO_2$ , $Ag + CuO$ , $Ag + ZnO$ & also $WO_4$ which compositions had anti-microbial impact.	Resins-composite fixatives	Vargas-Reus et al., 2012
Chitosan-particles	Combined with silver NPs.	Resins-composite fixatives	Targino et al., 2014
	It's being used as a chelating agent in a nano-hydroxyapatite-coated Ti implant.	Implants	Kim et al., 2013
QAC nanostructures	Coated as a quatemarian ammonium compound with an organosilane, silicon NPs, and epoxy silicate	Resins composite fixatives	Gong et al., 2014
	Resin composite materials as a cross-linking quatemary ammonium polyethyleneimine (QPEI)	Resins composite-materials	Beyth et al., 2010

#### TABLE 2 | The evolution of dental implant materials and procedures.

Innovations/Materials	Invention year
Ancient-dentistry-Started-In-Neolithic Age	7000 B.C.
Sumerian-text by HESI-re.	5000 B.C.
In teeth implant, Egyptians included gold wire ligature. (AU)	3000 B.C. & 2500 B.C.
Etruscans substituted bones of oxen for teeth.	500 B.C
To protect loosen teeth, Phoenicians utilized gold wire.	500 A.D.
To remove mandibular teeth/canal, Mayans reused shell-parts for dental implants.	600 A.D.
The dental implant of stone was primed and put in either the jawbone.	800 A.D.
Teeth from dead people gathered by Europeans and used for dental implants.	1500 A.D.
Teeth have been exchanged and implanted to one to another by Dr. J. Hunter.	1700 A.D.
Gold implants by J. Maggiolo. Amalgam filling by A. Taveau. Vulcanized rubber by Charles good years.	1800 A.D.
Iridio-platinum (IR-Pt) with gold (Au) by DR. E.J. Greenfield. Vitallium by Alvin and Moses Strock. Cylinder-end-osseous implant licensed by P.B. Adams. A sub-periosteal implant was implemented by G. Dahl. Endosseous implant was implemented by M. Formiggini & F. Zepponi. Osseointegration started by B. Mark. Double helical spiral implant {Co-Cr} was implemented by R. Chercheve. To treat Edentulism, the Blade implant was developed by L. Linkow. Ti plasma spray was implemented by Schroeder & Lendermann. CAD\CAM ceramics or the growth of prosthodontic restoration were made	1900 A.D.
3D treatment program design has been introduced by Nobel Doctor. Initial osseointégration of the hydrophilic surface.	2000 A.D.



superimpose a high density of nanostructure onto Ti substrate. They reported the nanostructures alone may regulate osteoblast proliferation, however, the combination of micro-/submicroscale surface roughness had a positive effect on cell differentiation and local factor production through mimicking bone hierarchical complexity to improve *in vivo* implant osseointegration.

# MATERIALS UTILIZATION IN DENTAL IMPLANTS

In the past decade, dental implants have seen substantial changes, with osseointegration being the main challenge because the metals vary in their properties from those of the human body. It was shown that alumina implants act as an inflammatory reaction generator which can decrease the adequate biological enclosures and causes clinical failure, and excessive surface microporosity in the proximity of the gingival cuff (Zheng et al., 2012), polymer-based implants such as missing dental roots and implants have been created to be substituted (Hu et al., 2012). In this case, the requisite antimicrobial and osteogenic effects can emerge from the nanostructured surface of synthetic dental treatment. The necessary antibacterial and osteogenic effects can be attained by the nanosized surface of hybrid dental implants for instance Ti gelatine-gold nanocomposite surfaces enhance the biocompatibility of the dental implants (Lee et al., 2010), caused by the interaction of the cell survival, signal pathway, and cell adherent molecules in vitro. Nanostructured material forms are located on certain body interfaces so the biomaterial is surrounded by fibrous capsules. At present, some implant materials are used in clinical, for instance, stainless steel, Co-based alloys, titanium alloys, dense HA ceramics, and bio-glasses (Kaur and Singh, 2019). The tensile strength of dense HA ceramics (70-150 MPa) is closest to that of cortical

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bone (40-100 MPa). The yield strength of these biomaterials is much higher than that of cortical bone (30-70 MPa). Although these mechanical properties match or even outperform human bone, the elastic modulus of biomaterials is higher than that of bone (15-30 MPa), which leads to the stress shielding effect. Besides, high modulus, low corrosion resistance, and allergic reaction of stainless steel limit the application range. Cobaltbased alloys have biological toxicity and high construction cost. The shortcoming of titanium alloys is low wear resistance. Magnesium alloys have low corrosion resistance and easy to degrade. Thus, they are not a suitable choice. New biomaterials are being developed to improve the problems of implant materials. The novel implant material needs to satisfy the following characteristics: high strength and toughness, excellent corrosion and wear-resistant, great biocompatible and bioactive, and can survive long-term without failure. The mechanical properties can be improved by controlling microstructure and element composition. Lots of researchers focus their studies on the effects of different substances, interface, and surface conditions on the osseointegration of dental implants (Wang et al., 2020b).

# THE NECESSITY OF NANO-SCALE MODIFICATION

When a synthetic drug or substance is inserted into the body, tissue displays rapid reactions to the implant, based on the type and topography of the tissue, since bio-inert materials (i.e., Ti, stainless steel, etc.) have limited interactions with the surrounding tissue (bonding), certain bioactive coatings can be used to produce an interfacial chemical bond between the implant materials and surrounding bone tissues via biophysically and biochemically reaction (Zafar et al., 2019). Recently, fabricating nano-scale structures is an appropriate strategy to achieve the bone integration effect. On one hand, nanoparticles release the functional ions rapidly than other scale particles to obtain a quick response. On the other hand, nanoparticles are better absorbed by the tissue surrounding bone. Nanomaterials are promising vehicles to transport agents, which have different biomedical properties that affect their interactions with their biological environments and delivery destinations. For example, a bioactive nano carbonate coating on a dental implant that is near to the bone causes an ion reaction between the certain implant and the surroundings of body fluids. Furthermore, bioactive substances tend to speed up osseointegration when it is inserted into the human body of materials like tricalcium phosphate and polylactic-polyglycolic acid copolymers (Poon et al., 2020).

## **MODIFICATION TECHNOLOGIES**

During the development of a new implant to reduce failure and improve adherence, the implant must be integrated with the tissue since it is a very crucial phenomenon in controlling the surface and bulk material properties and interfacial reactions. In this regard, nanotechnologies for the surface alteration of dental implants are extensively utilized, Ti surface nanomodification ensures strong bone-implant contact (BIC), osseointegration, and bone development (Salou et al., 2015), 3D nanostructures enhanced in vitro osteogenesis attachment, growth, and differentiation (Kurella and Dahotre, 2006; Bose et al., 2009). There are different surface modification technologies to promote osteogenesis attachment, growth, and differentiation, respectively. HA nanocrystalline surfaces produced by plasma spraying enhances adhesion to the osteoblast. HA has the largest capacity of adsorbing proteins among the calcium phosphates (li Yang et al., 2009). Although short-term animal studies have reported that plasma-sprayed HA-coated implants led to faster bone ingrowth, reports from long-term researches have been less encouraging. Because plasma-spraying method during treatment produced high temperature, which changed HA structure and resulted in poor adhesion between the coatings and substrates (li Yang et al., 2009). The hardness of HA coating was 44.35 MPa. The scratch resistance of incorporation of TiO2 with the hardness of 956 MPa into HA increased by 36% (Azari et al., 2019). Nanocrystalline HA covering fabricated by sputtering deposition induces a fast growth and bone mineral recrystallization (SD). Moreover, the topography of biomechanical fixation and early implantation BIC has improved. Furthermore, the bone-to-implant adhesion can be enhanced by acid etching, ion-beam assisted deposition, and grit blasting leading to early biomechanical fixation (Coelho et al., 2010; Shibli et al., 2010). Nano-porous surfaces made by anodization techniques are beneficial for osteoblast-material interactions since they induce greater roughness values, low contact angle, and better superficial surface energy (Das et al., 2009; Von Wilmowsky et al., 2009). Also, lots of advantages can be attained by the micro-arc oxidation (MAO) technique which leads to enhanced bioactivity on Ti surfaces (Yao et al., 2010), also sol-gel-derived HA nanofibers combined with electrospinning facilitated the development of human osteoblasts. The roughness of crystalline HA increased (Ra from 19.6 to 162.7 nm) with higher temperatures of calcination from 200 to 1,200°C (Bajgai et al., 2010). The enhanced osteoblast distribution and activation can also be reached by chemical vapor deposition (CVD), such as the mineralizing surface of nanocrystal diamond coatings (Amaral et al., 2008). Compared with the blank control group, nanocrystal diamond coatings induced osteoblastic cell proliferation, which showed bioactive behavior through ALP activity and production of a mineralized matrix. The growth rate presented by MG63 and bone marrow cells were higher than the blank control group. In addition, the  $\alpha$ ,  $\omega$ -diphosphonic acids are efficient for osteoblast interaction and proliferation. The nanofiber structure of the Ti surface is a better apatite-inductive than the nano-porous structures or nanoplate region formation by alkali hydrothermal treatment (Wang et al., 2008).

# NANO-SCALE SURFACE MODIFICATION TECHNOLOGIES

The nano-scale surface modification techniques include anodization, acid treatment, alkali treatment, hydrogen peroxide

chemical etching, sol-gel process, CVD, etc. These surface treatments can help to remove the biochemically defective bacteria inside the oral cavity and oxidize salivary molecules (Hannig et al., 2007; Hannig and Hannig, 2010). By fabrication of nanostructures through surface modification techniques, it will be possible to attain the easy-to-clean surface topography on the tooth surface. Surface modification technologies (for instance, plasma-spraying, acid-etching, anodization, or calcium phosphate) were applied in dental implants, which proven clinical efficacy (>95% over 5 years) (Le Guéhennec et al., 2006).

## Anodization

The anodization process is a mature technology to change the roughness and topographic features on the surface of Ti with many controllable parameters, such as oxidation duration, oxidation voltage, electrolyte solution type, and electrolyte solution concentration. The anodic oxide layer is formed by the charging of the double electric layer at the metal-electrolyte interface. The mechanism involves the dissolution of oxide film assisted by the electric field, producing a soluble salt containing the metal cation and an anion in the electrolytic bath. Anodization has been used to fabricate nanotubes on Ti implant surfaces with less than 100 nm diameter and a thickness of about a few hundred nanometers up to a few microns. This electrochemical deposition process performed in an electrolyte is called anodization or anodic oxidation. The results of surface modification on dogs and rabbit models show that the bone contact is much higher with better biomechanical torque removal values for the anodized surfaces than the original surfaces (Sul et al., 2002). Figure 3 summarizes the Gingival fibroblast (GF) adhesion and alignment along the nanopores, signifying strong mechano-stimulation from the nano-engineered abutment for orchestrating soft-tissue healing.

# **Acid Etching**

Grains and grain boundaries can be distinguished by acid etching on the surface of the implant. The affecting parameters are bulk content, the surface microstructure, surface contamination, acid type and time of swallowing, selective substance removal, and the roughness, surfaces with the standard (Sa) values between 300 and 1,000 nm are usually known to be minimally rough. The surface layer has been studied little but optimistically, the existence of hydrogen ions in the acid may theoretically contribute to a Ti hydride layer (Palmquist et al., 2010). Histological images with fluorescent double-labeling revealed the deposition of newly formed bone around implants and endosteum of bone tissue. Fluorescent labels around Ti-Ca by acid etching process were more obvious than other kinds of the implant (Figure 4). The Ti oxide can formulate with 20-100 nm diameter and with thickness around 10 nm, and formed by various Ti grades like Ti6Al4V and also Cr-Co-Mo alloy, using high concentrated acids and bases (Variola et al., 2008). Sandblasting/acid-etching implants existed in contrast with the implants in machining or acid-etching, they have superior bone anchorage because torque removal values in a sandblasting/acidetched surface implant had been greatly improved (Li et al.,

2002).  $H_2O_2$  was shown to be used in the implant surfaceetching to produce TiO<sub>2</sub>. The  $H_2O_2/HCl$  passive (30% of HNO<sub>3</sub>) surface treatment and thermo-treated surface therapy improved the adsorption on the surface of RGD cell-adhesive peptides (Wang et al., 2002; Mante et al., 2004). In sandblasting and  $H_2O_2$ processing with micro/nanostructured Ti implants (Xie Y, et al., 2017), reactive oxygen species can be found in the surface of the implant and lead to severe wettability values and increase cell segregation and gene expression. Treatment of the implant with HF produces discreet TiO<sub>2</sub> grit-blasted nanostructures (Ellingsen et al., 2006), but a careful test may be needed for complex chemical changes caused by induced acid treatments (Nazarov et al., 2017).

# Alkali Surface Treatment

Alkali treatment is a usual surface treatment method in dentistry. In the *in vitro* test, alkali-treated Ti surfaces showed the ability to stimulate mineralization upon soaking in simulated body fluid (SBF) (Figure 5). Ti nanostructures can be further treated with sodium titanate gel coating outside the surface after NaOH treatment, a Ti gel layer is formed by H<sub>2</sub>O<sub>2</sub>. Also, HA deposition resulted in the formation of a coating on the surface of the dental implant. This behavior has also been seen in other metals such as zirconium and aluminum (Zhou et al., 2007). Alkali treatment helps in the growth of a nanosized and bioactive sodium titanate coating on implant surfaces. The CaP crystals may be nucleated on the bioactive surface when immersed in simulated body fluid (Kim et al., 2000). The activation of sodium titanate Na ions contributes to the formation of Ti-OH by means of ion exchange. The negative Ti-OH reacts with SBF Ca<sup>+2</sup> to produce Ti calcium. P and Ca ions can produce in the apatite crystals with calcium titanate that can facilitate appropriate conditions for cell differentiation of the bone marrow (Yang et al., 2017). Apatite formation is due to Ti neutral surface charge and produces mainly because of variable pH values (Pattanayak et al., 2012). Ti surfaces have evoked strong bone formation with either acid or alkaline therapy around the Ti implant. These data can be used in the future to advance research into biomaterials for bone implants.

# Sol-Gel Technique

One of the major advantages of wet chemical deposition includes simple installation, moderate factors for chemical preparation, and the possibility to coat implants with complex 3D structures (Bosco et al., 2012). One of the coating techniques employed for effective osseointegration is biomimetic modification, classical biomimetic coating, such as Ca-P, usually requires a 14-28 days immersion period with SBF refill. Apatite surfaces developed biomimetically, such as rough and porous apatite layers that are deficient in calcium, can be used to promote cell adhesion and initial bone re-growth. As shown in Figure 6, in vitro osteoblast cultures on the sol-gel sprayed coatings showed that HA coatings by sol-gel enhanced cellular proliferation than that by plasma sprayed. Further better planning of bone formation, during sintering, sol-gel process techniques produce cellular stages of coating, including dipping and spinning coatings. It appears to apply to substrates in complicated geometry which can be



used to deposit a wide range of metal oxides on metallic and non-metallic substrates. Methods of sol-gel accomplish the deposition on the surface of the implant of calcium phosphate nano-meter scale. The base can be mounted on the surface of the substratum using various techniques like dip-coating, spincoating, or spraying. After the drying process, only the precursor materials are attached to the target surface and shaped like a thin layer in gel shape (Paital and Dahotre, 2009).

# **Chemical Vapor Deposition**

The chemical vapor deposition (CVD) method can deposit a layer on the substratum using chemical interaction only, while the physical vapor deposition (PVD) method requires mechanical forces. The CVD method can be useful when graphene (Gp) is used in dental implant coatings in vitro. A study has shown that Gp coated copper foils with the CVD method could drive dental pulp stem cells (DPSC) to deposit as a mineralized matrix without the use of osteogenic medium or chemical inducers. The higher absorbances observed in the experimental group confirmed that Gp can induce DPSC to spontaneously secrete the mineralized matrix (Figure 7). Also, CVD can be useful on Ti surfaces in dental implants with diamond nanoparticles it shows ultra-high hardness, improved strength, and adhesion. The CVD method can be utilized to fabricate nanoscale-modified bio-metal surfaces. It is known as one of the coating techniques for efficient development. The CaP-O bio-ceramic nano-coating can be deposited on Ti-based dental implant by the CVD

method, the CaP-O bio-ceramic nanostructured coatings on metals not only enhance bone connection but also improve abrasion, bond resistance, and dissolution rate. In addition, the CVD method can be used with metal-ceramic coatings. It provides a distinct pattern from a metallic nanocrystalline association at functionality to its tough-ceramic interaction upon the metallic surface.

# INFECTION TREATMENT

Infections are the root cause of tooth implant failures and antibiotics are the key medication for this issue. Infections are the root cause of tooth implant failures and antibiotics are the key medication for this issue. However, antibiotic resistance is a global challenge to human health, which causes bacterial infections treatment to become more difficult. The Mechanoantibacterial effect can avoid the issues, which are well-known and are used in dental implants among first test materials. Nanoparticles are essential to antimicrobial activity in their dimensions and shape. Nanostructure includes majority methods to fabricate physical patterns and surface features onto the surface. The physical attraction between the bacterial cell wall and the nanomaterial is the driving force of the mechanobactericidal action (Linklater et al., 2021). There are two mechano-antibacterial mechanisms during contact with bacterial membranes. The nano-structure induced stretching of the





bacterial membrane between nanopillars or nanowires. And the sharp edges (e.g., graphene nanosheets) have a cutting effect on the bacterial membrane. A study fabricated the nanostructure on titanium supports by plasma etching or hydrothermal treatment, which produced obvious antibacterial behavior (Martel-Frachet et al., 2020). The reason was that randomly nanostructured surfaces with sharp nanosheet protrusions killed the bacteria by hydrothermal etching, and microscale two-tier hierarchical topography reduced bacteria attachment and rupture those bacteria membrane. The mechanisms of metallic's antibacterial properties are divided into three types (Marambio-Jones and Hoek, 2010). The bacteria absorb free metal ions followed by disruption of ATP production and DNA replication. Metal particles and metal ions generation of reactive oxygen species (ROS) damage to bacterial membranes. Besides, the abovementioned mechano-antibacterial mechanisms also play a vital role in the antibacterial process.

Additionally, the antibacterial coatings and antimicrobial molecules that are bound covalently to the surface of the implant are among the beneficial techniques. When the bacteria adhere to the surface of the implant, antibacterial substances naturally produce a preventative polysaccharide that results mostly in the decomposition of the biofilm which now acts as a shield to antimicrobial penetration and prevents the formation



of infections, antibiotic resistance, and bacterial infections (Costerton et al., 1999; Donlan, 2001; Heuer et al., 2007).

## **OSSEOINTEGRATION**

Brånemark has proposed the osseointegration phenomenon in 1985. Osseointegration is described as a systematic structural and functional interaction and integration between the live bone and the implant surface (Albrektsson and Sennerby, 1990; Li et al., 2020). Nanocomposite coating is essential for excellent osseointegration, inflammation, and osteolysis improvement (Choi et al., 2015). Due to their bioactivity and osteoconductive properties, HA and CaP are widely used to enhance Ti implant osseointegration (Barrère et al., 2003). Multiple studies have shown that CaP coatings produce calcium and phosphate ions and cause apatite precipitation as well as assisting the integration of biological systems including biological improvement parameters (Liu et al., 2005). Such deposition includes a cell adhesion substratum, osteoblast differentiation, and mineralized collagen synthesis, bone-tissue ECM, which eventually contributes to better osseointegration (LeGeros, 2002). Dental implants were also covered with molecules including fibronectin, collagens, Arginine-Glycine-aspartic acid to further strengthen the attachment of osteoblast cells (Bonfante et al., 2012). Activation of  $TiO_2$  to facilitate osteointegration of bone implants with vitamin B6 [pyridoxal 5'-phosphate (PLP)] is another way, PLP assists serum albumin and other plasma protein surface binding and produces a suitable medium for adherence to osteoblasts, delayed platelet activation, and blood clotting via its aldehyde community of ship-based formations (Lee et al., 2015). Ti implants functionalization in human pluripotent mediated progenitor-derived mesenchymal stem cells (iPSC-MP) enhances the growth of stem cells, influenced gene and differentiation production, and facilitated the development

of alkaline phosphatase (Ingrassia et al., 2017). A new approach for bone regeneration is given in the combination with modified Ti and DPSCs (Yusa et al., 2016). Also, nanoscale osseointegration modulation could be led to the following incidents:

- 1. Adhesion to osteoblast and reduced fibroblast adhesion.
- 2. The regulation by anisotropy and dimensional nanostructures of cell activity (adhesive proliferation and differentiation).
- 3. Rapid cell distinction in the lineage of the osteoblast.
- 4. Improved activity and mineralization of alkaline phosphatases.
- 5. A drop- in nanostructured ZnO or TiO<sub>2</sub> bacterial colonization.
- 6. Regulation and immunity response to protein adsorption.

# DENTAL IMPLANT DESIGN ESSENTIAL SPECIFICATIONS

Evermore research on biomedical implants, process conditions, durability, biocompatibility, osseointegration, etc. are crucial matters in the development of modern dental implants. Implant efficiency and effectiveness in biological mediums will also need to be evaluated regarding chemical reactions, biocompatibility, etc. Biocompatibility can be divided into biological response and material response. The biological response includes blood response, immune response, and tissue response. The material reaction is mainly manifested in the change of physical and chemical properties. Osseointegration is considered as an acceptable contact between the dental implant and the surrounding tissue and is an important factor in implant design. Moreover, the wettability and surface roughness is based





on accelerating and enhancing osseointegration in the latest generation of dental implants (Ahmed et al., 2011).

### Wettability

Surface with a wetting tension >30 mN/m is defined as hydrophobicity, and <30 mN/m is denoted hydrophilic, which affects the bio-response (Gittens et al., 2014). Considering the bio-response between human body fluids and cells on the implant surface, hydrophilic surfaces ranging from 40° to 70° water contact angle are suitable (Wang et al., 2020b). The horizontal surface modification and wettability can also determine surface topography weight because when the contact angle is varied, the implant's biosynthesis is affected by implant surface volume. The higher hydrophilic surface leads to increased contact

with biological molecules and cells (Gittens et al., 2014). In comparison to conventional implants, dental replacements with highly hydrophilic as well as uneven surface interfaces are still the most appropriate candidates for osseointegration (Sawase et al., 2008). Considering their associations with cells and biological material, hydrophilic surfaces are usually considered ideal compared to hydrophobic surfaces (Allen, 1994). Lowered pollution of hydrocarbon was observed by increasing surface free energy and hydrophilicity by chemically modified Ti surfaces (Rupp et al., 2006). A nanocomposite coating significantly decreased biofilm accumulation at the surface of the implant, allowing a clean surface. It might allow isolating the salivary substances and adhesive microbes under the influence of mouth shearing forces nano-coating.



**FIGURE 7** | (A) Alizarin red S staining. The media obtained from DPSC on Gp increased the mineralization of cells on GI (Group 3) after 28 days (p < 0.05). (B) Alizarin red S staining evinced the presence of calcium-rich deposits in the DPSCs cultured on Gp (28 days) (Xie H, et al., 2017). \*Indicates *p*-value threshold for a statistical significance p < 0.05.



FIGURE 8 | Schematic of the possible interactions at different length scales: (A) hydrophilic surfaces interact closely with biological fluids, allowing normal protein adsorption to the surface and subsequent interactions with cell receptors and (B) hydrophobic surfaces are prone to hydrocarbon contamination, leading to entrapment of air bubbles that can interfere with protein adsorption and cell receptor adhesion/activation (Gittens et al., 2014).

Generally, wettability is low on the microstructured surfaces, created by anodization, etching, alkali surface treatment, solgel, and CVD techniques. The presence of micro and nanoscale structures might also modulate wettability and the biological response (**Figure 8**), however, many systems need further data on wettability.

## Surface Roughness

Suitable surface roughness not only can promote mechanical interlocking but also can reduce the risk of peri-implantitis and ionic leakage. A moderate roughness of 1–2  $\mu m$  may arrive at the balance of these two factors (Le Guéhennec et al., 2006). The surface topographies have been examined extensively in order to identify its effects on osseointegrations and the

functional integrity of dental implants (Werner et al., 2009). A key function in implant quality is the effect of surface roughness on gene regulation and adjacent skeletal surface reactions (Boyan et al., 1999). Hence, increasing the implant surface with nanoroughness is needed to provide several binding points for cell attachment that result in success and facilitate the high-speed osseointegration (Jayaraman et al., 2004; Lim et al., 2004). Surfaces with nano type have a wider area to provide the underlying tissue with a firmer mechanical bond (Stokholm et al., 2014). Surface roughness facilitates focal adherence and serves as a reference in the structure and morphology of cytoskeletal, membrane receptor, and cell-type multiplication (Stevens and George, 2005; Choi et al., 2007). The adsorption of extracellular matrix molecules, such as fibronectin and

albumin adsorption, was improved in vitro results on rough implant surfaces. Nanostructures like nanofibers, sharp tips, and nanotubes interfere within cells, influencing the distribution of cells (Park et al., 2007; Zafar et al., 2020). Fibroblast is better on smooth surfaces, builds upon smooth surfaces, and avoids rough surfaces. The relatively rough surfaces have more potential to proliferate osteoblast and collagen than others (Wennerberg, 1998), the nanoscale topographies have altered the adherence, proliferation, distinction, and growth of the matrix (Mustafa et al., 2001). Over-regulation of osteoblast proliferation is known upon this surface of nanoscale metals, such as CaP, Al<sub>2</sub>O<sub>3</sub>, and Ti (Webster et al., 2001). Nanoscale implant surface alteration can alter the reactivity of the surface (Ward and Webster, 2006). The measurement of the optimal surface area for substances in a biological setting with an adhesive interface is an important issue in tissue technology (Toljanic et al., 2016). Such various changes, which resulted in a range of various chemicals and surfaces, often led to different reactions from biological molecules and osteoblast cells (Khang et al., 2008). Various medical analyses have already been carried out to assess the effect on stem cell differentiation of implant surface topography. The Ti 30 nm nanopores promise early delineation of osteoblastic substances and rapid osseointegration of human mesenchymal Ti implants. Increased proliferation and segregation of human mesenchymal stem cells (HMSCs) by developing micro and nano topographies were observed in Zr and Ti (Lavenus et al., 2011; Perrotti et al., 2013; Hirano et al., 2015).

#### SUMMARY AND FUTURE RESEARCH

The main cause of dental implant failure is the chronic inflammation and infections around implants and osseointegration issues. Expect for metal implants, non-metallic substitutes can be used as the root of the teeth (e.g., bio-ceramics, bio-glasses, polyetherketoneketone (PEKK)) (Najeeb et al., 2016; Baino and Verné, 2017; Skallevold et al., 2019; Alqurashi et al., 2021). Nanotechnology can manufacture high-efficiency and low-cost implant materials with bioactivity and

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anti-infection, which is tending to multifunctional properties and efficient regulation of host response. However, researchers should select the composition of the layer carefully to determine the optimal threshold allowing cells to survive and bacteria to be killed. Because the metallic ions may have a toxic effect on the surrounding cells, the slow release of these functional ions may have both non-toxicity and long-term antibacterial function. Antibiotics have excellent antibacterial activity, but the increasing resistance of bacteria limits the development of antibiotics. Therefore, the organic antibacterial agent (e.g., chitosan, antimicrobial peptides) is also a suitable choice to overcome the main issues of antibiotics, which is currently under investigation (Spriano et al., 2018). Besides, nanotechnology has given new insights into the next generation of implants and nanostructure fabrication is a remarkable direction in dental implant development and also in bio-inspired technologies that mimic natural tissue and structures. Nevertheless, what must be paid attention to is there are still no standardized antibacterial implant methods and protocols both in vitro and in vivo for clinical use to satisfy the requirements. It is hard to contrast the results under different experimental conditions. Especially, lots of research require long-term in vivo experiments. Based on these factors, animals of different ages and species have been used for the estimation of biomaterials with different shapes and processes. Nowadays, there is still not unified quantification standard. Nowadays, it requires legal constraints in the future. This research paper seems to be inspiring and open new horizons in establishing a way toward *de novo* dental implant designs with multifunctional properties.

## **AUTHOR CONTRIBUTIONS**

SK and SA: conceptualization. QW and ME: methodology. SK, SA, CG, and QW: investigation. FD: resources. ME and SL: data curation. FD and SA: supervision. All authors contributed to the article and approved the submitted version.

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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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