



Natural Antisense Transcripts at the Interface between Host Genome and Mobile Genetic Elements

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Non-coding RNAs are involved in epigenetic processes, playing a role in the regulation of gene expression at the transcriptional and post-transcriptional levels. A particular group of ncRNA are natural antisense transcripts (NATs); these are transcribed in the opposite direction to protein coding transcripts and are widespread in eukaryotes. Their abundance, evidence of phylogenetic conservation and an increasing number of wellcharacterized examples of antisense-mediated gene regulation are indicative of essential biological roles of NATs. There is evidence to suggest that they interfere with their corresponding sense transcript to elicit concordant and discordant regulation. The main mechanisms involved include transcriptional interference as well as dsRNA formation. Sense-antisense hybrid formation can trigger RNA interference, RNA editing or protein kinase R. However, the exact molecular mechanisms elicited by NATs in the context of these regulatory roles are currently poorly understood. Several examples confirm that ectopic expression of antisense transcripts trigger epigenetic silencing of the related sense transcript. Genomic approaches suggest that the antisense transcriptome carries a broader biological significance which goes beyond the physiological regulation of the directly related sense transcripts. Because NATs show evidence of conservation we speculate that they played a role in evolution, with early eukaryotes gaining selective advantage through the regulatory effects. With the surge of genome and transcriptome sequencing projects, there is promise of a more comprehensive understanding of the biological role of NATs and the regulatory mechanisms involved.

Keywords: natural antisense transcripts, gene expression regulation, double stranded RNA (dsRNA), non-coding RNA, RNA interference, DNA methylation, histone modifications

INTRODUCTION

Natural antisense transcripts (NATs) are arguably the oldest group within the family of noncoding RNAs. The first examples of bi-directionally transcribed genes were detected as early as in the 1980s (Beiter et al., 2009). It then emerged that human and mouse imprinted gene clusters express antisense transcripts. Interestingly, antisense transcription is associated with allele-specific gene silencing, not only in imprinted gene clusters but also other bi-directionally transcribed loci (Verona et al., 2003; Carlile et al., 2009; Werner and Swan, 2010). The general and widespread expression of NATs emerged at the beginning of the genomic era with the computational analyses of human and mouse NATs (Lehner et al., 2002; Shendure and Church, 2002). These reports analyzed

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Zinad HS, Natasya I and Werner A (2017) Natural Antisense Transcripts at the Interface between Host Genome and Mobile Genetic Elements. Front. Microbiol. 8:2292. doi: 10.3389/fmicb.2017.02292 the ever increasing repository of full-length sequences and sequence tags for complementary transcripts and identified over a 100 sense-antisense pairs. They set the stage for a series of seminal computational and large scale experiments to detect complementary transcripts and decipher their putative biological roles (Kiyosawa et al., 2003; Chen et al., 2004; Katayama et al., 2005; Werner et al., 2007). The initial efforts to characterize antisense RNAs preceded the development of RNA-seq platforms and, as a consequence, only include reasonably abundant, stable and mostly cloned transcripts. Antisense transcripts were then defined as long, non-coding RNAs that are complementary to a coding transcript from the opposite strand (Figure 1). Nowadays, NATs are widely recognized as versatile regulators of gene expression. Intriguingly, many of the associated regulatory pathways involve double-stranded RNA intermediates that are reminiscent of viral structures or transposon intermediates.

Natural antisense transcription has been detected in bacteria, yeast and all eukaryotes. Extensive research into various aspects of RNA biology and epigenetics have revealed a variety of species-specific mechanisms dealing with bi-directional transcription and complementary RNA molecules. As a result, in multicellular organisms such as plants, Caenorhabditis elegans or mammals, NATs will trigger different mechanisms and elicit drastically different cellular responses. In plants, best described in Arabidopsis thaliana, complementary RNA triggers a strong RNA interference response and the formation of siRNAs from the double-stranded sequence (Baulcombe, 2004). Moreover, DNA methylation can be induced as a consequence of double stranded RNA (dsRNA) formation and the action of an RNAdependent RNA polymerase (RdRP) (Matzke and Birchler, 2005). The system is thought to protect plants from viral infections and genomic parasites. C. elegans also expresses an RdRP and has the potential to amplify a dsRNA response that leads to endo-siRNA production from endogenous dsRNA structures (Gu et al., 2009). These are thought to enable self-recognition and prevent the integration of foreign DNA into the genome. More complex animals lack an amplifying system for dsRNA and, as a consequence, at least mechanisms that involve sense-antisense transcript hybridization will differ significantly between various organisms. To what extent natural antisense related dsRNA formation triggers an antiviral response, RNA interference or helps to control transposon activity is intensely debated. It appears that in chordates, including human and mouse, the response to dsRNA varies fundamentally between germ cells, stem cells and differentiated somatic cells (Cullen et al., 2013).

In recent years the field has focused on the characterization of specific sense–antisense transcript pairs predominantly in a pathophysiological context. The scope of this article is to discuss a few prominent examples of gene regulation by NATs and set them in context with evolutionary considerations.

MOBILE GENETIC ELEMENTS AND ANTISENSE TRANSCRIPTION

The significance of NATs in a genomic context cannot be appreciated without considering the impact of mobile genetic



elements, including transposons and viruses. For example, antisense transcription is often initiated by the insertion of transposable elements with promoter activity downstream of protein coding genes (Conley et al., 2008). NATs have also been associated with controlling the activity of transposons and mitigating the consequences of their insertion into a complex genome (Stein et al., 2015). Importantly, NATs that are co-expressed with their cognate sense transcripts may form dsRNA intermediates reminiscent of viral structures that activate an immune response, which in turn induces significant expression changes in the antisense transcriptome (Ilott et al., 2014).

The expansion of mobile genetic elements has not only increased genetic plasticity but also introduced promoters and enhancers to initiate the transcription of novel loci. Since the number of protein coding genes has not increased significantly during the evolution of complex organisms the transposition of genetic elements has primarily resulted in enhanced transcription of non-coding, regulatory RNAs (Mattick, 2001). This also applies to NATs, demonstrated by a moderate but significant accumulation of antisense transcriptional start sites downstream of protein coding genes. These coincide with ancient MIR and L2 transposon sequences; the observation that ancient transposons drive more antisense transcripts than the younger L1 or Alu elements suggests phylogenetic functional conservation of antisense transcription (Conley et al., 2008). Interestingly, the mammalian X chromosome shows an inverse trend: NATs are significantly under-represented despite an accumulation of transposable elements and a proposed role for L1 elements in maternal X chromosome inactivation (Emerson et al., 2004; Abrusan et al., 2008). Considering the potential of NATs to epigenetically silence the related protein-coding sense gene, it is conceivable that a bi-directional arrangement is detrimental in a monoallelic context whereas it may prove advantageous in a bi-allelic background (Werner et al., 2009).

Transposon mobilization, viral infection and sense/antisense expression can all form dsRNA intermediates that are potentially damaging to the cell. In vertebrates, two principal mechanisms have evolved to mitigate the deleterious consequences of transposon mobilization and protect cells from viral infections: the piRNA/endo-siRNA system and protein kinase R/interferon, respectively (Figure 2A). The two protective mechanisms show distinct expression patterns. In pluripotent stem cells, during early embryogenesis as well as in female and male germ cells the piRNA/endo-siRNA system restricts retro-transposition (Okamura and Lai, 2008). On the other hand, PKR/IFN are predominantly active in differentiated, somatic cells and provide protection against viral infections. To what extent RNA interference plays a role in somatic cells against viruses is a matter of intense debate (Cullen et al., 2013). Experimental attempts to demonstrate virus-derived siRNAs after infection of cultured cells are technically challenging and may not represent a physiologically relevant model (Jeffrey et al., 2017; tenOever, 2017). Accordingly, we found no evidence of abundant endosiRNA expression in human cells, though the few loci that produced endo-siRNAs tended to be bi-directionally transcribed (Werner et al., 2014).

On the other hand, endo-siRNAs and piRNA are readily detectable in germ and zygotic cells. Interestingly, the short RNA pattern is qualitatively very similar between zygote and oocytes but distinctly different in spermatozoa where it includes piRNAs and endo-siRNAs from loci that potentially form dsRNA precursors (Garcia-Lopez et al., 2014). This may reflect pervasive transcription and the resulting highly complex transcriptome in these cells (Laiho et al., 2013; Soumillon et al., 2013). This assumption concurs with findings from Dicer knockout mice that showed spermatogenic defects that coincided chronologically with transcriptional silencing and chromatin condensation (Korhonen et al., 2011). Moreover, abundant endosiRNAs map to protein coding genes and potentially regulate the expression of their targets (Song et al., 2011). The finding that endo-siRNAs silence L1 retrotransposons through DNA methylation suggest that these short RNAs are in fact capable of establishing a widespread, cell specific genomic imprint in male germ cells (Chen et al., 2012). This observation has prompted speculations that spermatogenic endo-siRNAs and hence NATs could play an essential role in the evolution of complex organisms (Werner et al., 2015). The genome undergoes various changes during spermatogenesis such as demethylation and potential activation of transposable elements as well as genomic recombination that requires extensive DNA repair. We recently proposed a hypothesis how NATs help to detect genes that produce inadequate RNA output thus providing a genomic quality control (Werner et al., 2015). In various contexts RNA is being used to maintain genome integrity (Duharcourt et al., 2009) or distinguish self from novel genetic material (Gu et al., 2009). An RNA-based control mechanism to maintain integrity of the genome seems therefore conceivable.

Natural antisense transcripts are involved in regulating gene expression in an immune challenge; however, a protective reaction involving NATs seems unlikely. Conversely, recent evidence suggests that herpesviruses induce wide-spread host antisense transcription to interfere with the expression of proapoptotic genes (Wyler et al., 2017). Upon lipopolysaccharide exposure, human monocytes differentially express more than 200 long non-coding RNAs of which about half can be categorized as NATs (Ilott et al., 2014). Two of these were further characterized and shown to regulate the proinflammatory mediators IL1 β (Interleukin 1 β) and CXCL8 (C-X-C Motif Chemokine Ligand 8). Likewise, the expression of IL1 α (Interleukin 1 α) is regulated by a NAT (Chan et al., 2015). These findings indicate that NATs in immune cells have specific, gene regulatory tasks whereas in germ cells a broader role in genome maintenance has been suggested.

FUNCTIONAL RELEVANCE OF NATs

The contribution of NATs to maintaining cellular homeostasis is a matter of intense scrutiny – though many questions remain. On the one hand NATs are abundant in every genome and numbers tend to increase in higher eukaryotes. On the other hand, the evidence of antisense transcripts contributing to *homeostatic* gene regulation – apart from parentally imprinted genes – is circumstantial.

Genome-wide studies have established phylogenetic conservation, expression pattern or co-regulation with other transcripts and support the biological relevance of non-coding transcripts, as do loss of function experiments (Diederichs, 2014; Goff and Rinn, 2015). The phylogenetic conservation of NATs has been scrutinized widely and the perception has changed over time. The observation in early computational experiments that antisense transcripts show splicing differences and often minimal sequence identity between closely related species argued against stringent conservation (Veeramachaneni et al., 2004; Wood et al., 2013). However, recent reports based on microarray or RNAseq data, taking conserved transcription or expression patterns into account, confirm phylogenetic conservation of antisense transcription (Ling et al., 2013; Hezroni et al., 2015; Ning et al., 2017).

The vast majority of NATs are expressed at low levels, one to three magnitudes lower than the corresponding sense transcripts, and the two RNAs tend to co-purify (Okazaki et al., 2002; Werner et al., 2007; Ling et al., 2013). In mammals, testis shows the highest level of antisense transcription, specifically in developing sperm cells (Carlile et al., 2009; Soumillon et al., 2013). However, the wide-spread antisense transcription in testis could be a mere consequence of the post-mitotic transcriptional burst during spermatogenesis (Lee et al., 2009; Laiho et al., 2013).

To what extent the sense and antisense transcripts are present in the same cell is often unclear. A recent report has demonstrated co-localization of Sox4 sense/antisense transcripts in mouse brain cells (Ling et al., 2016). Moreover, antisense transcripts in a headto-head orientation tend to show concordant expression, possibly the result of bi-directional CpG-island containing promoters, which results in the co-expression of sense and antisense transcripts (Balbin et al., 2015). On the other hand, we and others have found limited evidence for the presence of genic dsRNA (Werner et al., 2014). It is conceivable, however, that co-expression of head-to-head sense/antisense pairs is tolerated whereas tail-to-tail pairs tend to exclude each other.

MECHANISMS OF ANTISENSE REGULATION

There are three different levels at which bi-directional transcription and a putative NAT can affect the corresponding sense RNA. Firstly, transcription from one strand can interfere with the transcription on the opposite strand, thus influencing the production of the sense transcript, so-called 'transcriptional interference' (Figure 2B). This mechanism is often portrayed as two polymerase complexes crashing into each other which may happen under experimentally engineered circumstances but is unlikely to be relevant in vivo (Prescott and Proudfoot, 2002; Osato et al., 2007; Wang et al., 2014). A more likely cause of events would see transcription of one strand altering DNA structure and DNA-protein interactions of the specific locus on the opposite strand, thus affecting its transcription. Alternatively, two close transcription sites may compete for protein factors that enable initiation and elongation. Secondly, the complementary sense and antisense transcripts can hybridize and form a dsRNA intermediate (Figure 2A). This interaction potentially interferes with the processing of both RNAs, their splicing, nuclear export or even translation (Hastings et al., 2000; Ning et al., 2017). Alternatively, dsRNA is recognized by enzymes that resolve the double-strand structure and trigger various cellular responses (Wang and Carmichael, 2004). The best described dsRNA specific enzymes include ADARs (Adenosine Deaminases Acting on RNA) (Mannion et al., 2015), RNases type III (Dicer) (Svobodova et al., 2016) and protein kinase R (Munir and Berg, 2013). Thirdly, NATs may act independently of the cognate sense transcript and adopt the function of a long non-coding RNA. In fact, one of the best described lncRNA, HOTAIR, is transcribed antisense to HOXC11 and both HOTAIR and HOXC11 are concordantly upregulated in urothelial cancer (Heubach et al., 2015). Nevertheless, extensive research in the field has not investigated sense/antisense interactions but established HOTAIR's interaction with polycomb repressive complex 2 and histone modification complexes (Heubach et al., 2015). The function of lncRNAs in sequestering proteins and miRNAs to provide a scaffold for regulatory complexes is described in detail elsewhere and is beyond the scope of this article (Rinn and Chang, 2012).

TRANSCRIPTIONAL INTERFERENCE

It is well-established that expression of an antisense transcript leads to epigenetic repression of the related sense transcript. This has been extensively described in the context of X chromosome inactivation and parental imprinting. For example, suppression of Tsix (antisense to Xist) leads to ectopic expression of Xist and concomitant bi-allelic X inactivation in XX cells or silencing of the X chromosome in XY cells (Lee, 2000). Likewise, the imprinted gene clusters Igf2r/Slc22a2/Slc22a3 and Kcnq1 contain NATs (Airn and Kcnq1ot1, respectively) that are essential for parental imprinting (Sleutels et al., 2002; Thakur et al., 2004). Deletion of the antisense transcript interferes with the methylation status of the locus, alleviates silencing and leads to bi-allelic expression of the gene cluster (Sleutels et al., 2002; Mohammad et al., 2010). Thereby, the interference of the antisense transcript with either promoter or enhancer region triggers a gene-specific- or a broader response affecting the entire gene cluster, respectively (Kornienko et al., 2013). Bi-directional transcription is one of the key features of parentally imprinted gene clusters. The exact mechanistic consequences of the regulatory antisense transcripts, however, are not fully understood and distinct, cluster-specific differences occur (Kanduri, 2016).

In humans and mice, a few examples of transcriptional interference have been studied in detail and represent paradigms for the consequences of aberrant expression of NATs. All lead to specific pathological phenotypes that are related to the protein coding sense gene, predicting a strictly cis-acting mechanism of interaction. The first example relates to a rare form of a-thalassemia; in affected patients, the constitutively active LUC7L gene downstream of HBA2 is truncated, including the loss of the polyadenylation site. As a consequence, LUC7L transcription continues into HBA2 and a NAT to HBA2 is produced. Comparable effects were achieved when LUC7L was replaced with a different gene (UBC) confirming an essential role for transcription, independent of the nature of the gene (Tufarelli et al., 2003). The bi-directional tumor suppressor gene p15/p15AS shows a comparable arrangement, with a naturally occurring, lowly expressed antisense transcript (Yu et al., 2008). Enhanced expression of the antisense transcript and concomitant reduction of p15 cyclin-dependent kinase inhibitor was found in leukemia patient samples and also in two acute myeloid leukemia lines. The mechanism of silencing appeared to involve both altered histone modifications, increased H3K9me2 and decreased H3K4me2, as well as promoter DNA methylation depending on the cellular model system studied. Interestingly, a transfected construct that recapitulated the p15 genomic arrangement with inducible antisense transcription showed *cis*-silencing of the exogenous construct but also, with lesser penetrance, reduced endogenous p15. Both silencing mechanisms were shown to be Dicerindependent and to introduce stable epigenetic modifications (Yu et al., 2008). The reported trans-effect of the p15AS transcript suggests that the different mechanisms by which NATs interfere with sense transcript expression may depend on cell-specific features or sense/antisense transcript levels. Of note, transcriptional interference has also been reported between two consecutive genes on the same DNA strand. In a patient cohort with Lynch syndrome, the mismatch repair gene MSH2 is epigenetically silenced by the truncated TACSTD1 upstream of MSH2. The resulting read-through transcript runs into MSH2 and induces CpG methylation and silencing of the promoter (Ligtenberg et al., 2009). The underlying mechanism is yet unclear but could involve interactions of the read-through RNA



interferon response (germ cells and stem cells). Parts of the figure are modified from Wight and Werner (2013). (B) Iranscriptional interference, where the expression of one transcript affects transcription of the opposite strand, can occur at several levels. Sense–antisense expression shows a discordant pattern, the majority as a result of antisense transcription induced chromatin changes (Weinberg and Morris, 2016).

with antisense transcripts produced from the bidirectional *MSH* promoter (Grzechnik et al., 2014; Uesaka et al., 2014).

DOUBLE-STRANDED RNA FORMATION

With the scale of antisense transcription emerging, it became evident that sense and antisense transcripts tend to be found

in the same RNA preparations (Kiyosawa et al., 2003; Werner et al., 2007). This suggested that dsRNA formation could be an important intermediate in gene regulatory mechanisms involving NATs. The cellular pathways triggered by dsRNA were wellestablished at that time and included processing by Dicer into endo-siRNAs (RNA interference), A to I conversion by adenosine deaminases (RNA editing) as well as the activation of PKR (Wang and Carmichael, 2004). These pathways result in characteristic intermediates such as short RNAs, modified RNA or increased levels of IFN- α/β (Interferon), respectively, that are used as readouts for bi-directionally transcribed genes.

RNA Interference

The initial discovery of RNA interference was based on the observation that introduction of dsRNA into C. elegans triggered highly specific, lasting gene knock-down (Fire et al., 1998). The strategies to adopt a similar approach in mammalian cells, however, failed almost completely. Only a few cell types, oocytes or certain embryonic cells, seem to tolerate significant levels of dsRNA without triggering an immune response (Wianny and Zernicka-Goetz, 2000; Piatek et al., 2017). As a consequence the contribution of Dicer and RNA interference to the processing of natural sense/antisense transcript pairs is controversial. There are a few reports that have identified short RNAs from endogenous RNA duplexes, so-called endo-siRNAs in vertebrates, predominantly in the germline and only few in somatic cells (Watanabe et al., 2008; Carlile et al., 2009; Xia et al., 2013; Werner et al., 2014; Jha et al., 2015). Nevertheless, the biological function of endo-siRNAs in the context of bidirectional transcription is not well-understood. Remarkably, however, both endo-siRNAs and NATs are predominantly found in mammalian testis in accordance with the proposed role in maintaining sperm genome integrity (Song et al., 2011; Soumillon et al., 2013; Werner et al., 2015).

RNA Editing

Members of the ADAR family of adenosine deaminases recognize long stretches of dsRNA and convert adenosines into inosines. This process can either be site-specific or promiscuous (Mannion et al., 2015). Site-specific RNA editing is predominantly observed in the brain and affects a small number of neurotransmitter receptors. Since inosines pair with cytosines (rather than with thymidines) editing leads to point mutations and, consequently, to receptors with altered physiological properties (Schmauss and Howe, 2002). Promiscuous RNA editing acts on long stretches of dsRNA and involves widespread conversion of A to I. The modifications can resolve the double strand and/or interfere with nuclear export. RNA editing predominantly affects repetitive, intronic structures in a co-transcriptional process (Blow et al., 2004; Levanon et al., 2004). Both timing of hyper-editing and large-scale RNAseq data rule out a general contribution of RNA editing to natural sense/antisense RNA processing, though few gene specific regulatory mechanisms involving RNA editing have been reported (Prasanth et al., 2005; Salameh et al., 2015). Moreover, ADARs are induced by an antiviral interferon response and viral dsRNA was found to be hyperedited supporting a role in innate immunity (Mannion et al., 2015).

RNA Masking

An mRNA contains sequence motifs that are recognized by regulatory proteins and short RNA molecules to control its translation efficiency and half-life. Hybridization of an antisense transcript can potentially interfere with these regulatory interactions in a process called RNA masking. Both stabilizing and de-stabilizing effects of RNA masking by antisense transcripts have been reported. So far these include competition with miRNA binding sites (Faghihi et al., 2010; Liu et al., 2015) and exposure of mRNA degradation motifs (Cayre et al., 2003). In addition, a well-characterized example of antisense RNApromoted alternative splicing has been reported (Hastings et al., 2000). Here, the levels of two alternative splice forms of the thyroid hormone receptor TRa1 and TRa2 correlate with the expression of an antisense transcript (RevErbα) complementary to the relevant splice site. RevErba RNA sterically masks the TRa2-specific splice site and promotes TRa1 expression (Hastings et al., 1997). Interestingly, a genome-wide analysis of splicing events using a comprehensive set of exon array data found extensive correlation between antisense transcription and alternative exon usage (Morrissy et al., 2011). Moreover, genes with multiple splice forms are under-represented on metazoan sex chromosomes (Wegmann et al., 2008), a trend that mirrors the limited bi-directional transcription on mammalian X chromosomes (Kiyosawa et al., 2003; Chen et al., 2004). Somewhat counter intuitively, the apparent association between antisense transcription and alternative splicing has not been followed up and underpinned by examples of detailed analyses of specific loci.

Two well-documented examples of RNA masking focus on the bi-directionally transcribed genes BACE1 and HIF1a, both highly relevant to human disease, BACE1 in Alzheimer's disease and HIF1a in cancer. In the former case, the antisense transcript BACE1-AS stabilizes the mRNA encoding β -secretase by masking the binding site of miR-485-5p (Faghihi et al., 2010). This leads to an increased production and accumulation of Amyloid-β (Faghihi et al., 2008). This particular example could apply to a number of bi-directionally transcribed genes since a significant number of NATs overlap with the 3' end of the sense transcript (Faghihi et al., 2010). The second example of RNA masking includes the hypoxia-inducible factor 1α and the convergently transcribed antisense transcript aHIF (Rossignol et al., 2002). The antisense transcript is widely expressed in healthy tissues but significantly upregulated in various tumors and was proposed as a prognostic marker for cancer progression (Cayre et al., 2003; Dang et al., 2015). The inverse correlation between HIF1a and aHIF was hypothesized to result from an AU-rich element on the HIF1a RNA that becomes accessible upon antisense interaction.

PKR and Innate Immunity

In a quick, first line response, the innate immune system reacts to specific bacterial and viral structures including glycans, lipopolysaccharides, particular proteins, and dsRNA. The latter is recognized by PKR that, upon binding to long RNA duplexes of > 30 bp (Lemaire et al., 2008), undergoes dimerization and auto phosphorylation, reduces host protein synthesis and eventually triggers an interferon (IFN) response. Activation of IFN- α/β stimulates the expression of IFN inducible genes (including PKR), inhibits viral protein synthesis by phosphorylating eIF2- α and potentially triggers apoptosis (Marchal et al., 2014). Despite the fact that both PKR and Dicer process dsRNA in the cytoplasm, PKR activation and the IFN response prevail. This is also the reason why gene silencing by RNA interference

(as established in *C. elegans*) is not applicable in most mammalian cells (Billy et al., 2001). From the viewpoint of natural antisense transcription, this poses a major conceptual dilemma: many of the proposed mechanisms established with particular bidirectionally transcribed genes involve cytoplasmic dsRNA intermediates with the potential to activate PKR.

CONCLUSION

The very nature of natural antisense transcription is enigmatic, as large genomes of complex organisms could comfortably accommodate the relatively small number of genes without much interference. Moreover, convergent transcription and dsRNA cause various levels of cellular stress that may even lead to cell death. Nevertheless, NATs are abundant non-coding RNAs that potentially regulate their corresponding sense transcript through a variety of molecular mechanisms. Detailed research into the interplay of sense/antisense transcripts from specific loci has validated biological roles for antisense transcripts, yet

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mechanistic insights are still rare. As a consequence, the central question why bi-directionally transcribed loci persist and even expand during evolution is still unclear. A way forward here may link particular mechanisms (transcriptional interference, dsRNA formation and RNA interference, RNA masking, RNA editing) to specific categories of NATs (head-to-head, tail-to-tail) and assess these groups in model systems with or without the enzymatic components potentially involved in antisense RNA processing.

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Conflict of Interest Statement: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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