



Monosynaptic Input Mapping of Diencephalic Projections to the Cerebrospinal Fluid-Contacting Nucleus in the Rat

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Objective: To investigate the projections the cerebrospinal fluid-contacting (CSFcontacting) nucleus receives from the diencephalon and to speculate on the functional significance of these connections.

Methods: The retrograde tracer cholera toxin B subunit (CB) was injected into the CSF-contacting nucleus in SD rats according to the experimental formula of the stereotaxic coordinates. Animals were perfused 7–10 days after the injection, and the diencephalon was sliced at 40 μ m with a freezing microtome. CB-immunofluorescence was performed on all diencephalic sections. The features of CB-positive neuron distribution in the diencephalon were observed with a fluorescence microscope.

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Song S-Y, Li Y, Zhai X-M, Li Y-H, Bao C-Y, Shan C-J, Hong J, Cao J-L and Zhang L-C (2020) Monosynaptic Input Mapping of Diencephalic Projections to the Cerebrospinal Fluid-Contacting Nucleus in the Rat. Front. Neuroanat. 14:7. doi: 10.3389/fnana.2020.00007 **Results**: The retrograde labeled CB-positive neurons were found in the epithalamus, subthalamus, and hypothalamus. Three functional diencephalic areas including 43 sub-regions revealed projections to the CSF-contacting nucleus. The CB-positive neurons were distributed in different density ranges: sparse, moderate, and dense.

Conclusion: Based on the connectivity patterns of the CSF-contacting nucleus that receives anatomical inputs from the diencephalon, we preliminarily assume that the CSF-contacting nucleus participates in homeostasis regulation, visceral activity, stress, emotion, pain and addiction, and sleeping and arousal. The present study firstly illustrates the broad projections of the CSF-contacting nucleus from the diencephalon, which implies the complicated functions of the nucleus especially for the unique roles of coordination in neural and body fluids regulations.

Keywords: CSF-contacting nucleus, diencephalon, thalamus, projection, retrograde trace

INTRODUCTION

The cerebrospinal fluid (CSF)-contacting nucleus is a unique nucleus in the brain. It is located within the ventral gray of the lower portion of the aqueduct (Aq) and upper portion of the fourth ventricle (4V) floor (Song et al., 2019). The outstanding feature of this nucleus is that the neural somata are located in the brain parenchyma but the processes stretch into the CSF (Song and Zhang, 2018; Song et al., 2019). The morphological connections of the CSF-contacting nucleus with non-CSF-contacting neurons, glia cells, and blood vessels have been confirmed with electron

microscopy (Zhang et al., 2003). The unique characteristic of the CSF-contacting nucleus implies that this nucleus may be a key structure bridging the nerve and fluids (CSF and plasma), and play an extremely important role in physiological activities. It has been approximately 30 years now since we first discovered, named and began to study this nucleus. The basic biological characteristics of the CSF-contacting nucleus, such as its specific labeling method (Lu et al., 2008), location and morphology, stereotaxic coordinates (Song et al., 2019), substance distributions [neurotransmitter (Lu et al., 2011), receptor (Liu P. F. et al., 2017), ion channels (Wang et al., 2014)] and its relationship with some biological activities [such as pain (Zhou et al., 2017), sodium appetite (Xing et al., 2015), stress (Wu et al., 2015), morphine dependence and withdrawal (Lu et al., 2011)] have been revealed. However, this nucleus is involved in pathways and mechanisms of different biological activities that are still to be clarified.

The diencephalon is located between the cerebral cortex and the mesencephalon and is covered by the cortex. It can be divided into five parts: dorsal thalamus, epithalamus, hypothalamus, metathalamus, and subthalamus. The dorsal thalamus serves as a relay center for the transmission of sensory and motor messages from the medulla oblongata and spinal cord to the cerebrum. The hypothalamus is a high center of visceral function modulation, and it is extremely important for the maintenance of homeostasis. The metathalamus processes the visual and auditory information to the cortex. The epithalamus (mainly habenula) is involved in reward processing and affective control (Hikosaka, 2010; Proulx et al., 2014). The subthalamus (zona incerta and subthalamic nucleus) participate in visceral, arousal and motor control (Mitrofanis, 2005; Telkes et al., 2018).

One of the aims of Neuroscience is to unveil the neural networks between different types of neurons to understand the functions of the brain (Watabe-Uchida et al., 2012). The unique feature of the CSF-contacting nucleus is to communicate with body fluids. The nucleus may form specific neural circuits with diencephalon in body fluids homeostasis and other functions. However, the connections between the diencephalon and the CSF-contacting nucleus have not been identified. To understand these connections and their possible biological significance, we injected retrograde tracer cholera toxin B subunit (CB) into the CSF-contacting nucleus. The projections of different diencephalic regions to the CSF-contacting nucleus can be revealed with immunofluorescence. A putative functional significance was speculated according to the projection relationships. Our study provides the first approach to further understand the biological significance of the diencephalic-CSFcontacting nucleus connections.

MATERIALS AND METHODS

Experimental Animals

Specific pathogen-free (SPF) grade Sprague–Dawley rats (weight 250 ± 50 g) were acquired from the Experimental Animal Centre of Xuzhou Medical University. Rats successfully injected with the tracer into the CSF-contacting nucleus were used for observation

and analysis (n = 6). All experiments were approved by the Committee for Ethical Use of Laboratory Animals, Xuzhou Medical University.

Tracer Administration

Rats were an esthetized with pentobarbital sodium (40 mg/kg, i.p.), and heads were fixed on a stereotaxic instrument (Stoelting 51700, USA). A 1% CB solution (0.2 μ l, Sigma, USA) was injected into the core of the CSF-contacting nucleus (Bregma: 8,242 ± 183 μ m, Lateral: 92 ± 6 μ m, Depth: 6,451 ± 109 μ m; Song et al., 2019).

Sampling and Histology

Seven to 10 days after the injection of the tracer, rats were perfused and sacrificed. Rats were anesthetized with pentobarbital sodium (40 mg/kg, i.p.) and perfused with 300 ml of phosphate-buffered saline (0.01 M PBS, pH 7.4), followed by 4% paraformaldehyde in 0.2 M phosphate buffer (300 ml, pH 7.4). The whole brain and spinal cord were isolated and sectioned coronally on a cryostat (Leica CM1900, Germany) at 40 μ m. All sections were kept in sequence and numbered. In this study, only the diencephalon regions were captured and analyzed.

Tracer Staining and Cell Counting

All sections were examined with CB immunofluorescence (rabbit anti-CB primary antibody diluted in 1:600, Abcam; donkey anti-rabbit Alexa Fluor 488 secondary antibody diluted in 1:200, Life Technologies, Carlsbad, CA, USA). Sections were mounted in sequence on slides, counterstained with DAPI and coverslipped. Diencephalon sections were imaged with a fluorescence microscope (Leica DM6, Germany) and a confocal laser microscope (Zeiss, Germany). The cell density of CB-positive neurons (cell number/0.2 mm² area) in each brain region was calculated using Image-Pro Plus 7.0 software. The density of CB-positive neurons was classified as sparse, moderate and dense according to the densities: <5, 6–10 and >10, respectively.

Three-Dimensional (3D) Reconstruction of Diencephalon Connections

The CB-positive neurons were aligned, segmented and registered according to the rat common reference atlas (Paxinos and Watson, 2007). The 3D diencephalon connections were reconstructed using the Imaris software, version 8.4.1 (Bitplane, USA). The "surface" module was used for rendering the brain regions in the diencephalon and the outline of the brain surface. The red areas represented strong connections; green areas represented moderate connections, and blue areas represented weak connections.

RESULTS

Injection of the Retrograde Tracer Cholera Toxin B Subunit Into the CSF-Contacting Nucleus

Injections of the CB tracer produced dense positive staining (green). The tracer was confined within the

boundary of the CSF-contacting nucleus, where the microsyringe needle tract can be seen to be located at the core of the CSF-contacting nucleus (**Figures 1A,B**). Representative sections of the CSF-contacting nucleus are shown in **Figures 1C,D**.

Cellular Morphology of the Diencephalon Connections

After the retrograde tracer was injected into the CSF-contacting nucleus, it was transported retrogradely along the axons, and neuron somata projecting from the diencephalon was detected.

In the diencephalon, the retrogradely labeled neurons appeared fusiform or polygon-shaped with different neuron sizes and clear processes. Some neurons were bipolar neurons with two obvious processes, while others were multipolar neurons with abundant dendrites (**Figure 2**).

Connection Sites of the Diencephalon Regions

The entire diencephalon projections to the CSF-contacting nucleus could be identified by positive-labeled neurons and were mainly located in the hypothalamus, epithalamus, and subthalamus. Few or no positive-labeled neurons were identified in the dorsal thalamus and metathalamus.

In the epithalamus, CB-positive neurons were identified in the medial habenular nucleus (MHb), in the medial part of the lateral habenular nucleus (LHbM) and the lateral part of the lateral habenular nucleus (LHbL). Among them, the MHb and LHbM have strong connections, while the LHbL has sparse projections to the CSF-contacting nucleus (**Figure 3**).

In the subthalamus, CB-positive neurons were observed in the zona incerta (ZI) and subthalamic nucleus (STh). The ZI sends moderate projections, and STh sends sparse connections to the CSF-contacting nucleus (**Figure 4**).



FIGURE 1 | Image of the cholera toxin B subunit (CB)-tracer injection into the cerebrospinal fluid (CSF)-contacting nucleus. (A) The schematic diagram of the injection site to the CSF-contacting nucleus. (B) The tracer CB injection into the CSF-contacting nucleus. Green fluorescence labeling of the CB was seen in the entire CSF-contacting nucleus. The white arrow indicates the passage of the injected needle. (C) A representative section of the CSF-contacting nucleus in the brain.
(D) Higher magnification of the boxed area in (C). Aq, aqueduct. Scale bars: 100 µm in (B); 70 µm in (C); 40 µm in (D).





FIGURE 3 | Distribution of CB-positive neurons in the epithalamus (A,B). Abbreviations: MHb, medial habenular nucleus; LHbM, lateral habenular nucleus medial part; LHbL, lateral habenular nucleus lateral part. Scale bars: 100 μ m.

Most of the connections between the diencephalon and the CSF-contacting nucleus were observed in the hypothalamus. A total of 38 sub-regions in the hypothalamus formed projections of the CSF-contacting nucleus. These include: the paraventricular hypothalamic nucleus (Pa), periventricular hypothalamic nucleus (Pa), periventricular hypothalamic nucleus (Pa), suprachiasmatic nucleus (SCh), supraoptic nucleus (SO), supraoptic nucleus, retrochiasmatic part (SOR), episupraoptic nucleus (SPa), retrochiasmatic area (RCh), retrochiasmatic area lateral part (RChL), lateral hypothalamic area (LH), accessory neurosecretory nuclei (ANS), dorsal hypothalamic area (DA),

stigmoid hypothalamic nucleus (Stg), arcuate hypothalamic nucleus (Arc), dorsomedial hypothalamic nucleus (DM), ventromedial hypothalamic nucleus (VMH), A11 dopamine cells (A11), A13 dopamine cells (A13), medial tuberal nucleus (MTu), terete hypothalamic nucleus (Te), paraterete nucleus (PTe), perifornical nucleus (PeF), subincertal nucleus (SubI), posterior hypothalamic nucleus (PH), dorsal part of the posterior hypothalamic area (PHD), ventral part of the pre-mammillary nucleus (PMV), dorsal part of the pre-mammillary nucleus (PMD), dorsal tuberomammillary nucleus (DTM), ventral tuberomammillary nucleus (VTM), lateral mammillary nucleus (LM), parasubthalamic nucleus (PSTh), gemini hypothalamic nucleus (Gem), sub-mammillothalamic nucleus (SMT),





retrochiasmatic area; RChL, retrochiasmatic area lateral part. Scale bars: 100 μ m.

prerubral field (PR), rostral interstitial nucleus of medial longitudinal fasciculus (RI), and fields of Forel (F; **Figures 5–7**).

Among the hypothalamic regions, the Pa, AH, LA, SCh, SO, RCh, RChL, LH, ANS, DA, STg, Arc, DM, VMH, A11, A13, MTu, Te, PeF, SubI, PH, PHD, PMV, PMD, DTM, and LM send strong projections to the CSF-contacting

nucleus; the SOR, SPa, PTe, VTM, PSTh, Gem, and SMT send moderate projections; the Pe, ESO, PR, RI, and F send sparse connections to the CSF-contacting nucleus (**Figures 5**–7).

In summary, CB-positive neurons were distributed in three functional areas including 43 sub-regions in the diencephalon



FIGURE 6 | Distribution of CB-positive neurons in hypothalamus Part II (A-D). VMH, ventromedial hypothalamic nucleus; LH, lateral hypothalamic area; DM, dorsomedial hypothalamic nucleus; PeF, perifornical nucleus; f, fornix. Scale bars: 100 µm.

and ranged from sparse, moderate and dense. CB-positive neurons were mainly located in the epithalamus, subthalamus, and hypothalamus. The dorsal thalamus and metathalamus did not contain CB-positive neurons.

3D Reconstruction of CB-Positive Diencephalic Neurons

The distribution of CB-positive neurons throughout the diencephalon was 3D reconstructed. The density of the connections became clear in a 3D view. Red areas were dense connections (MHb, LHbM, Pa, AH, LA, SCh, SO, RCh, RChL, LH, ANS, DA, Stg, Arc, DM, VMH, A11, A13, MTu, Te, PeF, SubI, PH, PHD, PMV, PMD, DTM, and LM); green areas were moderate connections (ZI, SOR, SPa, PTe, VTM, PSTh, Gem, and SMT); and blue areas were sparse connections (LHbL, STh, Pe, ESO, PR, RI, and F; **Figure 8**).

Number of Projections From Diencephalic Regions to the CSF-Contacting Nucleus

In the diencephalon, the CB positive neurons were found in three functional areas including 43 sub-regions. The number of projections from these regions to the CSF- contacting nucleus is shown in **Figure 9**.

DISCUSSION

The CSF-contacting nucleus is a unique nucleus in the brain. This nucleus has non-synaptic connections between the CSF-contacting neurons and blood vessels and the CSF, and plays an important role in the regulation of body fluids; it has also synaptic connections between the CSF-contacting and non-CSF-contacting neurons, and it carries out nervous crosstalk in the brain. The unique anatomical features of the CSF-contacting nucleus imply that it may be a key structure bridging the nervousand humor- regulating systems. The connections between the CSF-contacting neurons and blood vessels and CSF have been described previously (Zhang et al., 2003). The projections that this nucleus receives from the central nervous system have not been described in detail, although the bidirectional synapses between CSF-contacting and non-CSF-contacting neurons have been previously observed in the parenchyma with electron microscopy (Liang et al., 2007). This study provides a systematic report of the projections the CSF-contacting nucleus receives from different diencephalic functional regions.

Our results indicate that the CSF-contacting nucleus receives extensive projections from three functional areas including 43 sub-regions of the diencephalon (**Figure 10**), which form the focus of several basic and clinical studies. Taking into account that some of these diencephalic functions have been described



FIGURE 7 | Distribution of CB-positive neurons in hypothalamus Part III (A–C). A13, A13 dopamine cells; DA, dorsal hypothalamic area; A11, A11 dopamine cells; PH, posterior hypothalamic nucleus; mt, mammillothalamic tract; f, fornix; PM, premammillary nucleus; VTM, ventral tuberomammillary nucleus; Te, terete hypothalamic nucleus. Scale bars: 100 μm.

previously, the biological functions of the CSF-contacting nucleus may be predicted based on its connection patterns.

Functional Implications

Homeostasis Regulation

The CSF-contacting nucleus receives dense projections from the hypothalamus, which might participate in homeostasis modulation. The role of homeostasis, modulated by the nervous, fluid, and immune systems, is to maintain the coordinated function of organs and systems in life activities, and a healthy physiological equilibrium in a changing world (Burdakov, 2019). The hypothalamus is a key structure for homeostasis regulation such as ambient temperature, energy balance, water-electrolyte metabolism, and biological rhythm.

Energy Balance

It is well established that hypothalamic regions play an important role in the regulation of feeding behavior, which contributes to processes of energy homeostasis (Flier and Maratos-Flier, 1998; Elmquist et al., 1999). The relevant hypothalamic nuclei engaged in this function, including the Arc, DM, VMH, LH, Pa, and PM, have extensive projections to the CSF-contacting nucleus. Disruption of the VMH functions causes obesity, while disruption of the LH functions induces weight loss, suggesting the VMH as a "satiety" and the LH as a "feeding" center (Hoebel and Teitelbaum, 1962). The Arc nucleus is extremely important for appetite and energy expenditure (Wei et al., 2018). Other hypothalamic nuclei are also crucial for the regulation of energy balance (Denroche et al., 2016; Péterfi et al., 2018; Zhang et al., 2018).

Fluids

Hypothalamic nuclei, such as the SO, LH and PSTh, can modulate the fluid homeostasis and project extensively to the CSF-contacting nucleus. The SO can sense the plasma osmolality and stabilize it *via* the release of arginine vasopressin (AVP; Prager-Khoutorsky and Bourque, 2015; Sandgren et al., 2018). The LH is known for its essential role in regulating the drinking behavior to maintain the homeostasis of fluids (Kurt et al., 2019). The PSTh is anatomically linked to parabrachial regions and participates in regulating the appetite for salt (Shin et al., 2011).

Biological Rhythm

The hypothalamic SCh and SPa have connections to the CSF-contacting nucleus and can both modulate the biological





Visceral Activity

The hypothalamus is a higher center of visceral activity modulation. Activation of the hypothalamus can produce significant autonomic responses. Among the hypothalamic regions and nuclei that mediate the visceral activity regulation are the Pa, DM, VMH, VTM, PeF, PH and PSTh, which project extensively to the CSF-contacting nucleus. The Pa is regarded as an integrative region that modulates the sympathetic outflow and cardiovascular activity (Coote, 2005; Li et al., 2019). Electrical stimulation of the DM and PeF results in tachycardia in rats (López-Gonzalez et al., 2013). Lesions in the VMH can aggravate the gastric mucosal injury through the vagal nerve pathway (Sun H. et al., 2018). The VTM is a nucleus with a high density of histaminergic neurons and is involved in arterial pressure control. Electrical or chemical stimulation of the PH increases arterial pressure (Yamanaka et al., 2017), heart rate, and sympathetic nerve activity (Gao et al., 2016). The PSTh also participates in cardiovascular regulation (Ciriello et al., 2008).

Stress

The CSF-contacting nucleus receives input from hypothalamic Pa, SO and DA and may participate in stress. Stress responses activate the hypothalamic-pituitary-adrenal (HPA) axis, where Pa can release hormones, such as the corticotropin-releasing



hormone (CRH) and AVP, that affect biological activities (Joseph and Whirledge, 2017). The SO also expresses AVP as well as other substances, such as oxytocin, in response to a wide variety of stressors (Neumann, 2007; Borrow et al., 2018). In rats, the DA neurons are activated during stress as illustrated by c-Fos expression (Sarkar et al., 2007), and DA neurons are involved in mediating stress-induced hyperthermia (Machado et al., 2018).

Emotion

Both the LHb and MHb in the epithalamus have strong projections to the CSF-contacting nucleus. Lesion and genetic studies in mice and zebrafish respectively showed neuron burst firing under depression, which can be significantly reversed with antidepressants (Kim et al., 2018). Deep brain stimulation of the STh in patients with Parkinson's disease, improves anxiety and mood disorders (Eisenstein et al., 2014; Gourisankar et al., 2018). The hypothalamic VMH is involved in anxiety and is a target of anxiolytic substances (Jiang et al., 2018). Moreover, the DM regulates panic-related defensive behavior and produces escape behavior (de Bortoli et al., 2013).

Pain and Addiction

The CSF-contacting nucleus receives input from the Pa, SO, A11, ZI, and STh and may participate in pain modulation. The Pa is involved in visceral hypersensitivity as revealed by colorectal distension (CRD; Zhang et al., 2016; Tang et al., 2017). The Pa and SO synthesize and release oxytocin, which participates in neuropathic pain (Sun W. et al., 2018). The A11 hypothalamic nucleus regulates the trigeminal analgesia and migraine headache (Kagan et al., 2013; Abdallah et al., 2015). The ZI and STh are subthalamus structures. Many studies have confirmed the role of ZI in pain processing *via* different nociceptive pathways and various mechanisms (Trageser and Keller, 2004; Cavdar et al., 2006; Masri et al., 2009; Moon et al., 2016). The deep brain stimulation of the STh can produce significant improvement of overall pain in patients with advanced Parkinson's disease (Oshima et al., 2012).

The epithalamus (MHb and LHb) and LH in the hypothalamus project to the CSF-contacting nucleus and may participate in drug addiction. The MHb plays a significant role in drug addiction, especially nicotine and opioid addiction because it contains a high density of nicotinic acetylcholine



receptors and μ opioid receptors (Fowler and Kenny, 2014; Gardon et al., 2014; Shih et al., 2014). However, the LHb correlates with the negative affective state after withdrawal from drug abuse (Mathis and Kenny, 2019). The LH is involved in drug-seeking behavior elicited by drug-associated stimuli.

Sleeping and Arousal

The CSF-contacting nucleus receives input from the LH, PeF, and ZI and may participate in sleeping and arousal. Different neuron types in the tuberomammillary nucleus and LH are implicated in the sleep/wakefulness regulation (Saito et al., 2018). The PeF receives inputs from circadian rhythm messages of the SCh to promote waking (Zhong et al., 2017). The stimulation of thalamic-ZI projections induce a sleep-like state (Liu et al., 2015), and a GABAergic subpopulation of neurons in the ZI can promote sleep (Liu K. et al., 2017).

In this study, we used a tract-tracing method to reveal the CSF-contacting nucleus input patterns from the diencephalon. The unique morphological feature of the CSF-contacting nucleus is that the somata are located in the brain parenchyma and can receive input from the above diencephalon areas; the processes can form synaptic and non-synaptic connections with non-CSF-contacting neurons, CSF, or plasma. Circuits forming between the diencephalon→CSF-contacting nucleus→non-CSF-contacting neurons may participate in the regulation of life activities via neuron-neuron crosstalk. Circuits that involve diencephalon→CSF-contacting nucleus→CSF/plasma may modulate physiological functions via neuron-fluid interactions. Based on the connections between the CSF-contacting nucleus and the diencephalon, we propose that the CSF-contacting nucleus participates in homeostasis regulation, visceral activity, stress, emotion, pain and addiction, sleeping and arousal, among others. Our study provides morphological evidence for further unveiling the significance of CSF-contacting nucleus in brain functions.

DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available from the corresponding author, upon reasonable request.

ETHICS STATEMENT

All animal experiments were approved by and performed in accordance with the guidelines of the Committee for Ethical Use of Laboratory Animals of Xuzhou Medical University.

AUTHOR CONTRIBUTIONS

S-YS and L-CZ designed the study and prepared the manuscript. S-YS, YL, X-MZ, Y-HL, C-YB, C-JS, JH, and J-LC conducted the studies. All authors read and approved the manuscript.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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