



# Association of *IL23R* Variants With Crohn's Disease in Korean Children

Jeana Hong<sup>1,2</sup>, Hye Ran Yang<sup>2,3</sup>, Jin Soo Moon<sup>2</sup>, Ju Young Chang<sup>2,4</sup> and Jae Sung Ko<sup>2\*</sup>

<sup>1</sup> Department of Pediatrics, Kangwon National University School of Medicine, Chuncheon, South Korea, <sup>2</sup> Department of Pediatrics, Seoul National University College of Medicine, Seoul, South Korea, <sup>3</sup> Department of Pediatrics, Seoul National University Bundang Hospital, Seongnam-si, South Korea, <sup>4</sup> Department of Pediatrics, SMG-SNU Boramae Medical Center, Seoul, South Korea

**Background:** The interleukin 23 receptor gene (*IL23R*) is strongly associated with Crohn's disease (CD). It is unknown whether genetic variations in *IL23R* determine susceptibility for pediatric CD in Asian populations. Here, we investigated the association between *IL23R* variants and CD in Korean children.

**Methods:** Four single nucleotide polymorphisms (SNPs) of *IL23R* [rs76418789 (G149R), rs1004819, rs7517847, and rs1495965] were genotyped in 141 children with CD and 150 controls using DNA direct sequencing. The risk allele and genotype frequencies were compared between patients and controls. The association between clinical phenotypes and genotypes of patients was also analyzed.

# OPEN ACCESS

#### Edited by:

André Hörning, University Hospital Erlangen, Germany

#### Reviewed by:

Sravan Kumar Reddy Matta, Kaiser Permanente, United States Corentin Babakissa, Université de Sherbrooke, Canada

> \*Correspondence: Jae Sung Ko kojs@snu.ac.kr

#### Specialty section:

This article was submitted to Pediatric Gastroenterology, Hepatology and Nutrition, a section of the journal Frontiers in Pediatrics

Received: 19 August 2019 Accepted: 28 October 2019 Published: 19 November 2019

#### Citation:

Hong J, Yang HR, Moon JS, Chang JY and Ko JS (2019) Association of IL23R Variants With Crohn's Disease in Korean Children. Front. Pediatr. 7:472. doi: 10.3389/fped.2019.00472 **Results:** Two *IL23R* SNPs, rs76418789 (G149R), and rs1495965, were associated with CD in Korean pediatric patients as defense and risk loci, respectively. The odds ratio (OR) for rs76418789 (G149R) and rs1495965 was 0.409 (95% confidence interval [CI], 0.177–0.944; p = 0.031) and 1.484 (95% CI, 1.070–2.059; p = 0.018), respectively. Patients with the homozygous G allele of rs1495965 showed higher CD risk than those with other genotypes (GG vs. AA: OR, 2.256; 95% CI, 1.136–4.478; p = 0.019; GG vs. GA+AA: OR, 2.000; 95% CI, 1.175–3.404; p = 0.010). Additionally, they were more likely to have relatively invasive disease behavior of stenosis and/or penetration than simple inflammation (OR, 2.297; 95% CI, 1.065–4.950; p = 0.032).

**Conclusions:** This is the first study reporting *IL23R* variants in Asian pediatric patients with CD. *IL23R* was significantly associated with Korean pediatric CD, and the rs1495965 may influence the clinical features of CD in Korean children.

Keywords: Crohn's disease, single nucleotide polymorphisms, interleukin 23 receptor, genetics, children

# INTRODUCTION

Crohn's disease (CD) is a type of inflammatory bowel disease (IBD) that causes chronic inflammation of the gastrointestinal tract. As a multifactorial disorder, a complex interaction of genetic, environmental, and immunological factors is implicated in the pathogenesis of IBD (1). Genetic or immunological factors are expected to play a more important role in developing CD at an earlier age because children have relatively short periods of exposure to environmental factors compared to adults (2). However, the exact pathogenesis of childhood-onset CD has not been elucidated.

The interleukin 23 (IL23)/T helper (Th) 17 pathway is suggested as an important immunological mechanism inducing chronic inflammatory responses in autoimmune diseases as well as IBD (3).

1

Genome-wide association studies (GWAS) have revealed that IL23 receptor gene (IL23R) variants are strongly associated with CD (4). Additionally, a few studies reported that IL23R variants were associated with childhood-onset CD (5, 6). However, the reported associations were mostly based on studies in Western countries on Caucasian populations. The few case-control studies on Asian adults have been inconsistent in their conclusions (7–9). Moreover, the genetic influence of IL23R variants on the clinical phenotypes of CD was not determined even in a few Western studies targeting adults (10, 11).

Therefore, for the first time in Asian pediatric population, we aimed to identify *IL23R* polymorphisms to determine the association of *IL23R* variants with Korean children with CD. We also investigated the contribution of *IL23R* genotypes to the clinical features of pediatric CD.

## MATERIALS AND METHODS

#### **Study Population**

From January 2010 to December 2016, 150 patients with CD who were < 18 years old and treated at Seoul National University Children's Hospital, Seoul National University Bundang Hospital, and Kangwon National University Hospital were included in this study. The diagnosis of CD was based on clinical, endoscopic, radiological, and histological evaluations (12). Each patient's medical record was reviewed retrospectively and the collected data on clinical phenotypes were categorized according to the Paris classification for pediatric CD (13). For the analysis, the variables of the clinical phenotypes were binarycategorized based on sex, age at diagnosis, ileal involvement, upper GI tract involvement, and perianal disease. Disease behavior was also categorized as simple inflammation as well as stenosis, penetration, or both. For controls, 150 unrelated adults were selected from individuals who had undergone annual health checkups at the Seoul National University Hospital.

## Methods

We reviewed the literature and selected 4 single nucleotide polymorphisms (SNPs) in *IL23R* for genotyping. Three SNPs [rs76418789 (G149R), rs1004819, and rs1495965] were reported to be associated with CD in Korean adults, and 1 SNP [rs7517847] was reported as a protective locus in numerous studies on CD in Caucasian pediatric patients. We performed direct sequencing of the 4 SNPs using the genomic DNA samples to investigate their variants.

#### **DNA Extraction**

Genomic DNA was extracted from peripheral blood samples collected from the patients and the controls, using a HiGene genomic DNA prep kit (BIOFACT, Daejeon, Korea).

#### Polymerase Chain Reaction (PCR)

For PCR, all of the primers were designed using the Primer-3 website (http://bioinfo.ut.ee/primer3-0.4.0/). PCR was performed in a 25- $\mu$ L reaction mixture, which consisted of 1.5  $\mu$ L of each primer (10 pmol/ $\mu$ L), 15  $\mu$ L of Solg 2× Raq PCR pre-mix (Solgent, Daejeon, Korea), and 100 ng of genomic DNA.

The PCR conditions were as follows: 5 min of pre-denaturation at 95°C; followed by 34 cycles of 30 s denaturation at 95°C, 30 s of annealing at 63°C, and 1 min of elongation at 72°C; and a 5-min final extension at 72°C. The amplified DNA was separated by electrophoresis on 1.5% agarose gel and purified using the QIAquick PCR purification kit (Qiagen, Hilden, Germany).

#### **Direct Sequencing**

DNA sequencing of the PCR products was performed using an ABI Prism 3730XL analyzer (Applied Biosystems, Foster City, CA, USA).

#### **Statistical Analysis**

The genotype frequencies were first evaluated for deviation from the Hardy-Weinberg equilibrium using the chi-squared test. Chi-squared analysis was used to evaluate the significance of the risk allele frequency (RAF) and genotype distribution between the case and the control groups. A logistic regression analysis was performed to investigate the association between variables and compute the *p*-values, odds ratios (ORs), and 95% confidence intervals (CIs). Haplotype analysis was performed using Haploview version 4.2 software (Broad Institute of the Massachusetts Institute of Technology and Harvard University, Cambridge, MA) (http://www.broadinstitute.org/haploview). All of the statistical analyses were performed using the PASW version 23.0 statistical software (Statistical Package for the Social Sciences [SPSS] Inc., Chicago, IL, USA) with a statistical significance level of *p* < 0.05.

# RESULTS

## **Clinical Features of Subjects**

In total, 141 patients were included in the case group for the final analysis, excluding 9 patients whose genetic test results were incomplete, or whose medical records on clinical features were inaccurate. The case group consisted of 87 male and 54 female patients with the number of male patients 1.6 times higher than that of female patients. The clinical characteristics of the patients are presented in **Table 1**.

The correlation between each clinical phenotype and the demographic features of the patients was analyzed. The results showed that the clinical phenotype of CD differed according to the sex and age at diagnosis (**Table 2**). The risk of upper GI involvement (L4) was 3.1 times higher in male patients than in female patients (52.4% of males, 26.5% of females, p = 0.004). Moreover, male patients were 2.4 times more likely to have perianal disease than female patients (58.6% of males, 37.0% of females, p = 0.013). In addition, the risk of ileal involvement (L1 + L3) increased with age (p = 0.014), with a 4.8-fold increased risk in patients  $\geq 10$  years old at diagnosis compared to those who were < 10 years old at diagnosis (93.0% vs. 73.7%, p = 0.008).

# Association of *IL23R* Polymorphisms With CD Susceptibility

Four *IL23R* SNPs were analyzed in 141 patients with CD and 150 healthy controls. No significant deviation from the Hardy-Weinberg equilibrium was observed in the study population. The

RAFs of the cases and controls are described in **Table 3**. Among the 4 SNPs, 2 *IL23R* variants, rs76418789 (G149R) and rs1495965, showed an association with CD. The risk allele A of rs76418789

**TABLE 1** Demographic characteristics and clinical features of patients (n = 141).

Clinical characteristics	Patients, n (%)
Male/female	87 (61.7%)/54 (38.3%
Age at symptom onset (year)*	12.3 (10.4–14.0)
Age at diagnosis (year)*	12.9 (11.2–14.7)
A1a: 0–10 years	22 (15.6%)
A1b: 10–17 years	117 (83.0%)
A2: 17-40 years	2 (1.4%)
Duration of follow up (year)*	2.7 (1.1–4.8)
Disease location <sup>†</sup>	
L1: lleum	13 (9.7%)
L2: Colon	13 (9.7%)
L3: lleocolon	108 (80.6%)
L4: Upper GI disease <sup>‡</sup>	56 (42.7%)
L4a: esophagogastroduodenal disease	40 (30.5%)
L4b: jejunal/proximal ileal disease	10 (7.6%)
L4aL4b	6 (4.6%)
Disease behavior	
B1: non-stricturing, non-penetrating	103 (73.0%)
B2: stricturing	20 (14.2%)
B3: penetrating	14 (9.9%)
B2B3	4 (2.8%)
Perianal disease <sup>§</sup>	71 (50.4%)

Clinical features are presented according to the Paris classification (13).

\*Data are expressed as the median (interquartile range).

<sup>†</sup>Seven patients were excluded from analysis because of incomplete diagnostic workup for evaluation of the distal ileum (total, 134).

<sup>‡</sup>Ten patients were excluded from analysis because of missing information on the small bowel condition (total, 131).

§Perianal disease was defined as fistula, anal canal ulcer, or abscess.

(G149R) exhibited a lower frequency in patients with CD (OR, 0.409; 95% CI, 0.177–0.944; p = 0.031). In addition, the frequency of the G allele of rs1495965 was higher in patients with CD than in controls (OR, 1.484; 95% CI, 1.070–2.059; p = 0.018).

The genotype distribution of the 4 SNPs in the case and control groups is shown in **Table 4**. The association of the genotypes with CD was analyzed with the genotype frequencies reconstructed as a genetic model (dominant, recessive). In the dominant model, the genetic variant of rs76418789 (G149R) showed a 0.4-fold lower risk of CD when it had at least one risk allele A than when it had homozygous wild-type alleles (OR, 0.415; 95% CI, 0.175–0.981; p = 0.040). For rs1495965, subjects with homozygote of the risk allele G exhibited a two-fold higher risk of CD than the subjects with the other genotypes (GG vs. AA: OR, 2.256; 95% CI, 1.136–4.478; p = 0.019; GG vs. GA + AA: OR, 2.000; 95% CI, 1.175–3.404; p = 0.010).

# Haplotype Analysis of *IL23R* Polymorphisms

The pairwise linkage disequilibrium (LD) was checked with the 4 analyzed SNPs and the LD block is shown in a **Figure 1**. A single LD block harbored both rs76418789 (G149R) and rs1004819. Among the 3 haplotypes whose frequency was > 1% of the 4 possible ones, there was no statistically significant association between these haplotypes and CD.

#### **Genotype and Phenotype Analysis**

The correlation between the clinical features and the genotypes of the SNPs was analyzed in patients with CD. After adjustment for sex and age at diagnosis, only rs1495965 revealed to be associated with clinical phenotypes (**Table 5**). The patients with a homozygous variant of the G allele showed a more severe disease pattern of stenosis and/or penetration than simple inflammation, compared to patients with the heterozygous variants of the G allele or wild-type (OR, 2.297; 95% CI, 1.065–4.950; p =

TABLE 2 | Association between demographic characteristics of patients and disease features according to the Paris classification (13).

Disease location/behavior	Male/female, n (%)	OR* (95% CI)	<i>p</i> -value	Age a	t diagnosis	OR* (95% CI)	<i>p</i> -value
				<10 years (A1a)	$\geq$ 10 years (A1b + A2)		
lleal involvement (L1 + L3) $^{\dagger}$	76 (90.5%)/45 (90%)	1.056 (0.325–3.424)	0.928	14 (73.7%)	107 (93.0%)	4.777 (1.371–16.648)	0.008
Upper GI disease (L4) <sup>‡</sup>	43 (52.4%)/13 (26.5%)	3.053 (1.416–6.582)	0.004	9 (47.4%)	47 (42.0%)	0.803 (0.303–2.131)	0.660
Stricturing and/or penetrating (B2 + B3 + B2B3)	21 (24.1%)/17 (31.5%)	0.693 (0.325–1.474)	0.339	8 (36.4%)	30 (25.2%)	0.590 (0.225–1.544)	0.279
Perianal disease <sup>§</sup>	51 (58.6%)/20 (37.0%)	2.408 (1.198–4.840)	0.013	9 (40.9%)	62 (52.1%)	1.571 (0.624–3.954)	0.335

OR, odds ratio; CI, confidence interval.

\*Reference is female or < 10 years of age.

<sup>†</sup> Seven patients were excluded from analysis because of incomplete diagnostic workup for evaluation of the distal ileum (total, 134).

<sup>‡</sup>Ten patients were excluded from analysis because of missing information on the small bowel condition (total, 131).

§Perianal disease was defined as fistula, anal canal ulcer, or abscess.

TABLE 3	Allele frequenc	of patients with Crohn's dise	ase and controls.

SNP IDs	Location	Alle	ele	Risk allele	frequency	HWE p-value	OR (95% CI)	<i>p</i> -value
		1*	2	CD	Control			
rs76418789 (G149R)	Exon 4	А	G	8/282 = 0.028	20/300 = 0.067	0.662	0.409 (0.177–0.944)	0.031
rs1004819	Intron 5	Т	С	164/282 = 0.582	166/300 = 0.553	0.981	1.122 (0.808–1.558)	0.492
rs7517847	Intron 6	G	Т	112/282 = 0.397	121/300 = 0.403	0.248	0.975 (0.699–1.358)	0.879
rs1495965	Intergenic	G	А	163/282 = 0.578	144/300 = 0.480	0.136	1.484 (1.070–2.059)	0.018

\*Allele 1 is a risk allele; OR, odds ratio; HWE, Hardy-Weinberg equilibrium; CI, confidence interval; NA, not applicable.

TABLE 4 | Comparison of genotype distribution between patients with Crohn's disease and controls.

SNP IDs Allele		Genotype of case		Genotype of controls			11 vs. 22		Dominant model (11+12 vs. 22)		Recessive model (11 vs. 12+22)					
1	1*	2	11	12	22	Total	11	12	22	Total	OR (95% CI)	<i>p</i> -value	OR (95% CI)	<i>p</i> -value	OR (95% CI)	p-value
rs76418789 (G149R)	A	G	0 (0%)	8 (5.7%)	133 (94.3%)	141 (100%)	1 (0.7%)	18 (12.0%)	131 (87.2%)	150 (100%)	NA	NA	0.415 (0.175–0.981)	0.040	NA	NA
rs1004819	Т	С	54 (38.1%)	56 (40.0%)	31 (21.9%)	141 (100%)	46 (30.7%)	74 (49.6%)	30 (19.7%)	150 (100%)	1.136 (0.600–2.149)	0.695	0.887 (0.504–1.560)	0.677	1.406 (0.406–2.354)	0.194
rs7517847	G	Т	23 (16.4%)	66 (46.4%)	52 (37.1%)	141 (100%)	21 (14.2%)	79 (52.8%)	50 (33.1%)	150 (100%)	1.053 (0.519–2.137)	0.886	0.856 (0.529–1.386)	0.526	1.197 (0.630–2.275)	0.582
rs1495965	G	А	47 (34.0%)	69 (48.7%)	25 (17.3%)	141 (100%)	30 (20.0%)	84 (56.0%)	36 (24.0%)	150 (100%)	2.256 (1.136–4.478)	0.019	1.465 (0.827–2.596)	0.189	2.000 (1.175–3.404)	0.010

\*Allele 1 is a risk allele; OR, odds ratio; CI, confidence interval; NA, not applicable.



0.032). Patients with the homozygous G allele exhibited a 6-fold higher likelihood of ileal involvement than those with heterozygous variants or wild-type allele, although the difference was not statistically significant (OR, 6.103; 95% CI, 0.755–49.336; p = 0.090).

#### DISCUSSION

This study showed that two of the *IL23R* variants, rs76418789 (G149R) and rs1495965, were associated with CD susceptibility in Korean pediatric patients. We found a correlation between the homozygous G allele of rs1495965 and the phenotype with more invasive disease behavior in Korean children with CD.

The rs76418789 (G149R) was the first identified locus in a Chinese study where the genotypes revealed no significant association with 50 Chinese patients with CD (14). In recent studies on Korean adult patients with IBD, rs76418789 (G149R) showed a CD-associated gene locus (15, 16). A subsequent GWAS with Korean adults confirmed rs76418789 (G149R) as a significant factor protecting against CD in Koreans (17). In addition, a study of 176 Japanese adults with CD TABLE 5 | Association between rs1495965 genotypes and phenotypes in patients with Crohn's disease.

Clinical Characteristics	GG	GA	AA	p-value	GG	GA + AA	OR	<i>p</i> -value
	(n = 47)	(n = 69)	(n = 25)		( <i>n</i> = 47)	(n = 94)	(95% CI)	
Nale/female	29/18	43/26	15/10	0.979	29/18	58/36	1.000 (0.487–2.055)	1.000
Age at symptom onset (year)*	12.3 (11.2–14.1)	11.8 (9.6–13.7)	12.9 (10.2–14.5)	0.325	12.3 (11.2–14.1)	12.3 (10.2–13.9)		0.280
Age at diagnosis								
<10 years (A1a)	5 (10.6%)	14 (20.3%)	3 (12.0%)	0.320	5 (10.6%)	17 (18.1%)	Ref.	
≥10 years (A1b+A2)	42 (89.4%)	55 (79.7%)	22 (88.0%)		42 (89.4%)	77 (81.9%)	1.855 (0.639–5.383)	0.251
Disease location								
eal involvement (L1 + L3) <sup><math>\dagger</math></sup>	44 (97.8%)	57 (87.7%)	20 (83.3%)	0.095	44 (97.8%)	77 (86.5%)	6.103 (0.755–49.336)	0.090
ipper GI disease (L4)‡	20 (43.5%)	27 (41.5%)	9 (45.0%)	0.956	20 (43.5%)	36 (42.4%)	1.070 (0.503–2.279)	0.860
Disease behavior								
Jon-stricturing, ion-penetrating (B1)	29 (61.7%)	54 (78.3%)	20 (80.0%)	0.098	29 (61.7%)	74 (78.7%)	Ref.	
Stricturing and/or penetrating B2 + B3 + B2B3)	18 (38.3%)	15 (21.7%)	5 (20.0%)		18 (38.3%)	20 (21.3%)	2.297 (1.065–4.950)	0.032
Perianal disease <sup>§</sup>	23 (48.9%)	34 (49.3%)	13 (52.0%)	0.966	23 (48.9%)	47 (50.0%)	0.887 0.431–1.825	0.745

OR, odds ratio; CI, confidence interval.

\*Data are expressed as the median (interquartile range).

 $^\dagger$  Seven patients were excluded from analysis because of incomplete diagnostic workup for evaluation of the distal ileum (total, 134).

<sup>‡</sup>Ten patients were excluded from analysis because of missing information on the small bowel condition (total, 131).

§Perianal disease was defined as fistula, anal canal ulcer, or abscess.

reported allele A as significantly protective against CD, which was consistent with the findings of Korean studies (18). In Western populations, there have been few studies regarding the association of rs76418789 (G149R) with CD (19). According to the 1000 Genomes Project (https://www.ncbi.nlm.nih.gov/ variation/tools/1000genomes/), the risk allele frequency of rs76418789 (G149R) is 0.0112, which is 4-5 times less when compared to East Asian controls of the previous studies (14-17). It means that rs76418789 (G149R) is monomorphic in most European populations. Therefore, rs76418789 (G149R) is suggested to be an ethnic group-specific SNP and our results strongly supports the previous results of protective role of rs76478789 in CD pathogenesis. However, further studies on rs76418789 (G149R) variants are needed to confirm the trend in Western patients with CD. There have been several studies of the association of rs1004819 with CD susceptibility in Asian populations. In studies of Japanese, Chinese, and Malaysian populations, there was no association of rs1004819 with CD (7-9). However, a study of 380 Korean adults with CD reported an association with rs1004819 (20). Although the genotype distribution of the controls was consistent with our results, the Korean adults study reported a statistically significant association with an odds ratio of the risk allele as low as 1.262, whereas our study showed no association. As a result, we suggest that the rs1004819 is less likely to be a risk locus, at least for early-onset CD in Korean patients.

rs7517847 has been consistently reported to show strong associations with CD as a protective factor in Caucasians (21). The G allele of rs7517847 has been reported as a protective allele in Canadian pediatric patients (5). Currently, the only study targeting Asian ethnic groups was performed in Japanese adults with CD (7). In contrast to studies performed in Western countries, no association between the rs7517847 SNP and CD in Japanese adults with CD has been reported. We, for the first time, analyzed the rs7517847 genotype targeting the Korean ethnic group with CD, and the risk allele frequency of G was reduced among patients, although the difference was not statistically significant. Finally, our study predicted no association between rs7517847 and CD in Asian patients. However, further studies are required for verification of the results in Asians with CD including adults.

A recent study of Korean adults reported that the G allele of rs1495965 in the dominant genetic model was significantly associated with CD (20). Our present results are consistent with the findings of the study. In contrast, a Japanese study showed no association between this SNP and 484 adults with CD (7). Because there was no significant difference in the risk allele frequency between both controls of Japanese and Korean adults, the genotype differences in patient populations could have been caused by the ethnic difference in CD development. Our results suggest that rs1495965 may be a Korean-specific locus whose G allele could be a risk allele in Korean patients with CD. Further

SNP IDs	Alle	ele	Ethnicity	No. of su	bjects	OR (95% CI)	p-value	Association	References
	1*	2		CD (%)†	Control				
rs76418789	А	G	Chinese	50 (7.4%)	50	2.042 (0.182–22.889)	0.621	No	(14)
(G149R)			South Korean	201 (NR)	258	0.335 (0.158–0.709)	0.003	Yes	(15)
			South Korean	500 (NR)	1000	0.470 (0.36-0.61)	< 0.001	Yes	(16)
			Japanese	176 (0%)	358	0.222 (0.100-0.491)	< 0.001	Yes	(18)
rs1004819	Т	С	Japanese	482 (NR)	439	1.052 (0.875–1.265)	0.587	No	(7)
			South Korean	380 (13.9%)	379	1.262 (1.028–1.548)	0.026	Yes	(20)
			Malaysian	80 (NR)	100	1.016 (0.659–1.588)	0.941	No	(8)
			Chinese	420 (7.1%)	500	0.930 (0.83–1.03)	0.180	No	(9)
rs7517847	G	Т	Japanese	484 (NR)	438	1.158 (0.962–1.393)	0.120	No	(7)
rs1495965	G	А	Japanese	484 (NR)	437	1.120 (0.933–1.346)	0.224	No	(7)
			South Korean	380 (13.9%)	377	1.310 (1.070–1.603)	0.009	Yes	(20)
			Chinese	420 (7.1%)	500	1.020 (0.930-1.110)	0.740	No	(9)

TABLE 6 | Summary of Asian studies for the association of IL23R with Crohn's disease (CD) susceptibility (7-9, 14-16, 18, 20).

\*Allele 1 is a risk allele;  $^{\dagger}$  Proportion of the patients  $\leq$ 16 years in subjects; NR, not reported; OR, odds ratio for risk allele frequency; CI, confidence interval.

cohorts for replication are needed in Asian population to confirm the association.

A recent meta-analysis of over 60 case-control association studies reported a significant association between *IL23R* and Caucasians with CD, but not Asian patients (21). However, the meta-analysis included only a few studies on Asian patients, excluding recent studies on Korean adults. We summarize the reported Asian studies for the association of *IL23R* with CD susceptibility in **Table 6**. Most of the studies targeted adult patients, except a few studies including some children under the age of 16 years. It is thus notable that this study was conducted in such a large number of 141 children with CD as a single ethnic group in an Asian population.

There have been several studies to determine the correlation between clinical phenotypes of CD and the associated genes such as NOD2/CARD15, ATG16L1, and TNFSF15 (22-25). Most of these studies were performed in Western countries targeting adult patients, and the results were inconsistent with their conclusion. Regarding the SNPs of Il23R, rs1004819 was associated with the ileal disease phenotype of CD in a German study. Meanwhile, rs11209026 (Arg381Gln) showed no subphenotype association in adult CD in a British study (10, 11). The present study investigated the association between the genotypes and clinical features of CD in pediatric patients categorized according to the Paris classification (13). As previously reported, we also found that the sex and age at diagnosis were associated with clinical CD phenotypes (26). After adjusting for sex and age variables, we discovered that the homozygous risk allele G of rs1495965 was more closely associated with the invasive disease behavior of stenosis or penetration than with simple inflammation. Our study provide evidence that the genotype of rs1495965 could be a marker for predicting serious clinical courses in children and indicates the need for further investigation of the utility of the genotypes as a predictive marker.

Compared with 11 GWAS on adult IBD, 2 GWAS on childhood-onset CD have demonstrated that the genotypes of

early and adult-onset CD differ genetically, revealing 7 new gene loci that were not found in adults (27-29). Genetic susceptibility could therefore be suggested as an important factor for childhood-onset CD. However, several reports have failed to reach a consensus on the association between childhoodonset CD and the loci of various genes including IL23R (30, 31). Assuming that early presentation of the disease is one of the phenotypes of CD, a subsequent study on the same gene loci identified in the previous adult CD studies in a pediatric population with the same ethnicity, similar to the present study, would be particularly significant. Simultaneous comparative analysis of specific genes in adult and pediatric patients could identify genetic determinants of the pathogenesis of childhoodonset CD. Notably, the present results showed that 2 of the 3 SNPs that had a significant association with Korean adult CD also carried an association with Korean pediatric CD, suggesting that these 2 loci may be candidates for childhood-onset CD in Koreans.

Our study had some limitations. First, a functional analysis of IL23R was not performed. Although the investigated SNPs of IL23R were found to be associated with CD risk, the functions of the variants are yet to be elucidated. As a nonsynonymous SNP, the coding variant rs76418789 (G149R) in exon 4 changes the glycine to arginine at position 149, affecting highly conserved residues in the extracellular domain of the receptor (19). To predict the effects of the change in sequence on the variant's function, we used a sequence homology-based tool, Sorting Intolerant From Tolerant (SIFT), which predicted the change to be "deleterious" (32). The intronic polymorphisms, rs1004819 and rs7517847, might influence the regulation of differential splicing (21). Second, healthy adults were selected as the control group in this study. However, given the time it takes for the disease to manifest in genetically susceptible individuals, it would be more appropriate to select those adults for the control group who have not had the disease for more than one generation. Additionally, we matched the ethnicity of the adult controls to Koreans for our pediatric study. In fact, there are several published studies in which children with CD have been compared with healthy-adult controls (30, 33).

In conclusion, this is the first study on an Asian population identifying the association between *IL23R* variants and childhood-onset CD. The rs76418789 (G149R) and rs1495965 variants may be candidate loci for childhood-onset CD in Koreans. Furthermore, the homozygous risk allele of rs1495965 could be suggested as a predictive marker for relatively severe disease behavior.

## DATA AVAILABILITY STATEMENT

All datasets analyzed for this study are included in the article.

## **ETHICS STATEMENT**

The study was approved by the Institutional Review Board of the Seoul National University Hospital, Seoul, Korea (IRB No. H-1311-044-533). Written informed consent was obtained from all participating patients, their legal guardians, or both.

# REFERENCES

- Kaser A, Zeissig S, Blumberg RS. Inflammatory bowel disease. Annu Rev Immunol. (2010) 28:573–621. doi: 10.1146/annurev-immunol-030409-101225
- de Ridder L, Weersma RK, Dijkstra G, van der Steege G, Benninga MA, Nolte IM, et al. Genetic susceptibility has a more important role in pediatriconset Crohn's disease than in adult-onset Crohn's disease. *Inflamm Bowel Dis.* (2007) 13:1083–92. doi: 10.1002/ibd.20171
- Lees CW, Barrett JC, Parkes M, Satsangi J. New IBD genetics: common pathways with other diseases. *Gut.* (2011) 60:1739–53. doi: 10.1136/gut.2009.199679
- Duerr RH, Taylor KD, Brant SR, Rioux JD, Silverberg MS, Daly MJ, et al. A genome-wide association study identifies IL23R as an inflammatory bowel disease gene. *Science*. (2006) 314:1461–3. doi: 10.1126/science.1135245
- Amre DK, Mack D, Israel D, Morgan K, Lambrette P, Law L, et al. Association between genetic variants in the *IL-23R* gene and early-onset Crohn's disease: results from a case-control and family-based study among Canadian children. *Am J Gastroenterol.* (2008) 103:615–20. doi: 10.1111/j.1572-0241.2007.01661.x
- Van Limbergen J, Russell RK, Nimmo ER, Drummond HE, Smith L, Davies G, et al. IL23R Arg381Gln is associated with childhood onset inflammatory bowel disease in Scotland. *Gut.* (2007) 56:1173–4. doi: 10.1136/gut.2007.122069
- Yamazaki K, Onouchi Y, Takazoe M, Kubo M, Nakamura Y, Hata A. Association analysis of genetic variants in *IL23R*, *ATG16L1* and 5p13.1 loci with Crohn's disease in Japanese patients. *J Hum Genet*. (2007) 52:575–83. doi: 10.1007/s10038-007-0156-z
- Chua KH, Hilmi I, Lian LH, Patmanathan SN, Hoe SZ, Lee WS, et al. Association between inflammatory bowel disease gene 5 (*IBD5*) and interleukin-23 receptor (*IL23R*) genetic polymorphisms in Malaysian patients with Crohn's disease. J Dig Dis. (2012) 13:459–65. doi: 10.1111/j.1751-2980.2012.00617.x
- 9. Zhang J, Chen J, Gu J, Guo H, Chen W. Association of IL23R and ATG16L1 with susceptibility of Crohn's disease in Chinese population. *Scand J Gastroenterol.* (2014) 49:1201–6. doi: 10.3109/00365521.2014.936031
- Glas J, Seiderer J, Wetzke M, Konrad A, Torok HP, Schmechel S, et al. rs1004819 is the main disease-associated IL23R variant in German Crohn's disease patients: combined analysis of IL23R, CARD15, and OCTN1/2 variants. *PLoS ONE*. (2007) 2:e819. doi: 10.1371/journal.pone.0000819
- 11. Tremelling M, Cummings F, Fisher SA, Mansfield J, Gwilliam R, Keniry A, et al. IL23R variation determines susceptibility but not disease phenotype

# **AUTHOR CONTRIBUTIONS**

Conceptualization: JH, JM, and JK. Data curation: JH, HY, JM, and JK. Formal analysis, writing—review, and editing: JH, JC, and JK. Writing—original draft: JH.

# FUNDING

This study was supported by a grant from Seoul National University Hospital Research Fund (number 0320130320), and a 2016 Research Grant from Kangwon National University (number 520160016).

#### ACKNOWLEDGMENTS

Some biospecimens for this study were provided by the Kangwon National University Hospital Biobank, a member of the National Biobank of Korea, which was supported by the Ministry of Health, Welfare and Family Affairs. The authors gratefully thank Dr. Murim Choi for helpful advice on experimental techniques and data analyses.

in inflammatory bowel disease. Gastroenterology. (2007) 132:1657-64. doi: 10.1053/j.gastro.2007.02.051

- IBD Working Group of the European Society for Paediatric Gastroenterology Hepatology and Nutirition. Inflammatory bowel disease in children and adolescents: recommendations for diagnosis-the Porto criteria. J Pediatr Gastroenterol Nutr. (2005) 41:1–7. doi: 10.1097/01.mpg.0000163736. 30261.82
- Levine A, Griffiths A, Markowitz J, Wilson DC, Turner D, Russell RK, et al. Pediatric modification of the Montreal classification for inflammatory bowel disease: the Paris classification. *Inflamm Bowel Dis.* (2011) 17:1314–21. doi: 10.1002/ibd.21493
- Bin C, Zhirong Z, Xiaoqin W, Minhu C, Mei L, Xiang G, et al. Contribution of rs11465788 in IL23R gene to Crohn's disease susceptibility and phenotype in Chinese population. J Genet. (2009) 88:191–6. doi: 10.1007/s12041-009-0027-9
- Kim SW, Kim ES, Moon CM, Park JJ, Kim TI, Kim WH, et al. Genetic polymorphisms of IL-23R and IL-17A and novel insights into their associations with inflammatory bowel disease. *Gut.* (2011) 60:1527–36. doi: 10.1136/gut.2011.238477
- Hong SN, Park C, Park SJ, Lee CK, Ye BD, Kim YS, et al. Deep resequencing of 131 Crohn's disease associated genes in pooled DNA confirmed three reported variants and identified eight novel variants. *Gut.* (2016) 65:788–96. doi: 10.1136/gutjnl-2014-308617
- Yang SK, Hong M, Zhao W, Jung Y, Baek J, Tayebi N, et al. Genomewide association study of Crohn's disease in Koreans revealed three new susceptibility loci and common attributes of genetic susceptibility across ethnic populations. *Gut.* (2014) 63:80–7. doi: 10.1136/gutjnl-2013-305193
- Onodera K, Arimura Y, Isshiki H, Kawakami K, Nagaishi K, Yamashita K, et al. Low-frequency IL23R coding variant associated with Crohn's disease susceptibility in Japanese subjects identified by personal genomics analysis. *PLoS ONE.* (2015) 10:e0137801. doi: 10.1371/journal.pone.0137801
- Momozawa Y, Mni M, Nakamura K, Coppieters W, Almer S, Amininejad L, et al. Resequencing of positional candidates identifies low frequency IL23R coding variants protecting against inflammatory bowel disease. *Nat Genet.* (2011) 43:43–7. doi: 10.1038/ng.733
- Yang SK, Park M, Lim J, Park SH, Ye BD, Lee I, et al. Contribution of IL23R but not ATG16L1 to Crohn's disease susceptibility in Koreans. *Inflamm Bowel Dis.* (2009) 15:1385–90. doi: 10.1002/ibd.20921

- Xu WD, Xie QB, Zhao Y, Liu Y. Association of Interleukin-23 receptor gene polymorphisms with susceptibility to Crohn's disease: a meta-analysis. *Sci Rep.* (2015) 5:18584. doi: 10.1038/srep18584
- 22. Economou M, Trikalinos TA, Loizou KT, Tsianos EV, Ioannidis JP. Differential effects of NOD2 variants on Crohn's disease risk and phenotype in diverse populations: a metaanalysis. *Am J Gastroenterol.* (2004) 99:2393–404. doi: 10.1111/j.1572-0241.2004.40304.x
- Vermeire S, Wild G, Kocher K, Cousineau J, Dufresne L, Bitton A, et al. CARD15 genetic variation in a Quebec population: prevalence, genotypephenotype relationship, and haplotype structure. *Am J Hum Genet.* (2002) 71:74–83. doi: 10.1086/341124
- 24. Yang DH, Yang SK, Song K, Hong M, Park SH, Lee HS, et al. *TNFSF15* is an independent predictor for the development of Crohn's diseaserelated complications in Koreans. *J Crohns Colitis.* (2014) 8:1315–26. doi: 10.1016/j.crohns.2014.04.002
- Prescott NJ, Fisher SA, Franke A, Hampe J, Onnie CM, Soars D, et al. A nonsynonymous SNP in ATG16L1 predisposes to ileal Crohn's disease and is independent of CARD15 and IBD5. *Gastroenterology*. (2007) 132:1665–71. doi: 10.1053/j.gastro.2007.03.034
- de Bie CI, Paerregaard A, Kolacek S, Ruemmele FM, Koletzko S, Fell JM, et al. Disease phenotype at diagnosis in pediatric Crohn's disease: 5-year analyses of the EUROKIDS Registry. *Inflamm Bowel Dis.* (2013) 19:378–85. doi: 10.1002/ibd.23008
- Imielinski M, Baldassano RN, Griffiths A, Russell RK, Annese V, Dubinsky M, et al. Common variants at five new loci associated with early-onset inflammatory bowel disease. *Nat Genet.* (2009) 41:1335–40. doi: 10.1038/ng.489
- 28. Kugathasan S, Baldassano RN, Bradfield JP, Sleiman PM, Imielinski M, Guthery SL, et al. Loci on 20q13 and 21q22 are associated with pediatric-onset

inflammatory bowel disease. Nat Genet. (2008) 40:1211-5. doi: 10.1038/ ng.203

- Lees CW, Satsangi J. Genetics of inflammatory bowel disease: implications for disease pathogenesis and natural history. *Expert Rev Gastroenterol Hepatol.* (2009) 3:513–34. doi: 10.1586/egh.09.45
- Essers JB, Lee JJ, Kugathasan S, Stevens CR, Grand RJ, Daly MJ. Established genetic risk factors do not distinguish early and later onset Crohn's disease. *Inflamm Bowel Dis.* (2009) 15:1508–14. doi: 10.1002/ibd. 20922
- Henderson P, van Limbergen JE, Wilson DC, Satsangi J, Russell RK. Genetics of childhood-onset inflammatory bowel disease. *Inflamm Bowel Dis.* (2011) 17:346–61. doi: 10.1002/ibd.21283
- 32. Vaser R, Adusumalli S, Leng SN, Sikic M, Ng PC. SIFT missense predictions for genomes. *Nat Protoc.* (2016) 11:1–9. doi: 10.1038/nprot.2015.123
- Lee YJ, Kim KM, Jang JY, Song K. Association of TNFSF15 polymorphisms in Korean children with Crohn's disease. *Pediatr Int.* (2015) 57:1149–53. doi: 10.1111/ped.12686

**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Copyright © 2019 Hong, Yang, Moon, Chang and Ko. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.