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Split body: Extending self-location by splitting a body left and right

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Is it possible to feel part of one's own body even when the body part is separated from the body? If so, we could exist in different locations by splitting the selfbody and using our body in each location. In a study in which the illusion that two bodies are one's own body was induced using virtual reality (VR), the participants felt as if they were at two locations through the two bodies. However, this illusion was weak and reported only subjectively. We hypothesized that this was because two presented bodies moved synchronously with one participant's movement or the simultaneous stroking of one participant's body and two presented bodies switched their attention and weakened body ownership. In this study, we investigated whether splitting one body into left and right in VR could induce body ownership and extend the self-location while maintaining a one-to-one correspondence between the participant's body and the presented body. The results showed that weaker body ownership was induced in the split body than in the normal body and self-location was extended to the right side of the body. The participants did not report a sense of having more than one body but reported a sense of body spreading, suggesting that the split bodies were perceived as a single body extending to the right side.

KEYWORDS

body ownership, sense of agency, self-location, embodiment, split body

Introduction

Humans have a body with four connected limbs. When a body part is separated from the body, it becomes uncontrollable and is no longer part of the body. If one's body part is separated from oneself and can still be moved, is it possible to feel that it is one's body part? If so, we could exist in different locations by splitting our body and using them in each location.

Illusory body ownership

The sense that a body is one's own body is called body ownership (BO) (Gallagher, 2000) and it can be induced in a not-innate body. In the rubber hand illusion (Botvinick and Cohen, 1998; Tsakiris and Haggard, 2005), an experimenter simultaneously strokes a participant's hand

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and a rubber hand with a brush, and the participant observes only the rubber hand, making the rubber hand feel as if it was his/her own body. When the position of the hand that the participant feels is measured, the position of the hand drifts toward the rubber hand. Thus, we can feel as if the non-innate body was our own body by presenting tactile stimuli synchronized with visual stimuli (visual-tactile synchronization). Visual stimuli synchronized with the participant's movements (visual-motor synchronization) also produce IBO. In the virtual hand illusion (Sanchez-Vives et al., 2010), the motion of the virtual hand is synchronized with the motion of a participant's hand, so that the virtual hand feels as if it was one's hand. Moreover, the movement of the virtual hand feels as if it was one's own movement (sense of agency: SoA; Gallagher, 2000).

Full-body illusion

The aforementioned illusions occur not only for the hand but also for the full body. In a study using visual-tactile synchronization, IBO is generated by simultaneously stroking a mannequin and a participant's body and observing the mannequin from its head using a head-mounted display (HMD) (Petkova and Ehrsson, 2008). The illusion is also produced when a full-body avatar moves synchronously with a participant's motion (Gonzalez-Franco et al., 2010). When the self-body or virtual body is observed from a third-person perspective and IBO is generated for the body, the selflocation drifts toward the observed body (Lenggenhager et al., 2007, 2009; Maselli and Slsater, 2014; Nakul et al., 2020).

Extending self-location by multiple bodies

It has been reported that the sense of being in two locations can be generated through two bodies (Aymerich-Franch et al., 2016; Guterstam et al., 2020). In a study conducted by Aymerich-Franch et al. (2016), participants controlled a robot and observed themselves controlling the robot from the robot's viewpoint. After that, the participants answered a self-location questionnaire, "How strongly did you feel in both bodies at the same time" on a seven-level Likert scale. As a result, they felt as if they were in both their own body and the robot's position. Guterstam et al. (2020)placed two mannequins, A and B, in a room so that mannequin A could see mannequin B from mannequin A's viewpoint and vice versa, and the viewpoints of mannequin A and B were switched at regular intervals. Then, participants were given a map of the experimental room showing the mannequin positions and were asked to rate how strongly they felt as if they were there for each mannequin position on a visual analog scale from 0-10. As a result, the participants felt as if they were in both mannequins' positions. However, the sensation of being at the two locations in the aforementioned studies is very weak and is only reported subjectively. The reason for this may be that the two bodies moved in response to one participant's movement or that stroking one participant's body and two bodies simultaneously resulted in a

one-to-two correspondence, which switched attention and weakened the BO for each body. Furthermore, in a study in which multiple avatars were manipulated simultaneously, attention switched between avatars when manipulating them, and the ownership of two avatars was weaker than that of one avatar (Miura et al., 2022). Based on the aforementioned studies, we considered that extending self-location using multiple bodies is currently difficult and that the method of transforming a single body with established behavioral measurements would be easy to extend self-position.

Body continuity

BO is also generated when body continuity is lost due to the disappearance of all except hands and feet (Kondo and Sugimoto, 2018; Kondo and Ueda., 2018; Kondo et al., 2020) or the disappearance of the tip of a virtual arm (Kilteni et al., 2016). In our previous studies (Kondo and Sugimoto, 2018; Kondo and Ueda, 2018; Kondo et al., 2020), when only hands and feet were synchronized with a participant's movement, an invisible body was perceived between the hands and feet and BO was generated in that space. When the position of the hands and feet was randomized, the ownership of the invisible body was lost, but the ownership of the hands and feet remained (Kondo et al., 2020). The results suggest that a spatial relationship is crucial for full-body illusion, but not for ownership of body parts. Kilteni et al. (2016) generated IBO even when the tip of a virtual arm disappeared. Thus, IBO is induced even when a body part disappears and body continuity is lost.

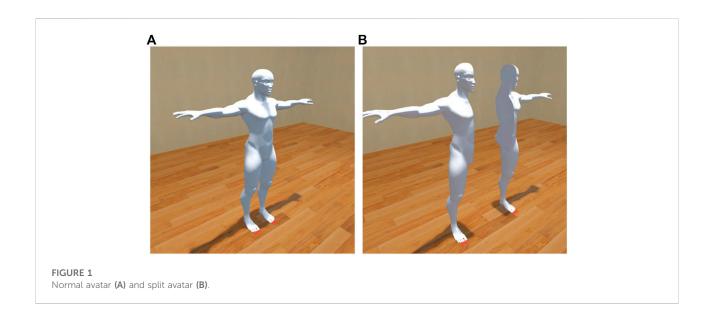
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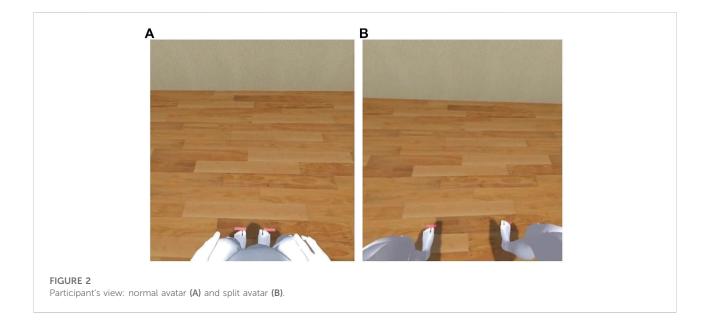
Because BO is generated even when body continuity is lost, we considered that extending the self-location might be possible by splitting the body while maintaining a one-to-one correspondence between a participant's body and the presented bodies. In this study, we investigated whether BO is induced in a body split from the center to the left or right by moving in synchronization with the participant's movement and whether self-location is extended to the left or right by body splitting.

Methods

Participants

A total of 28 volunteers (mean of 24.96 years old ± 6.93 standard deviation; 24 males and 4 females; 22 right-handed, 5 left-handed, and one ambidextrous) gave written informed consent and participated in our experiment. The sample size was determined using





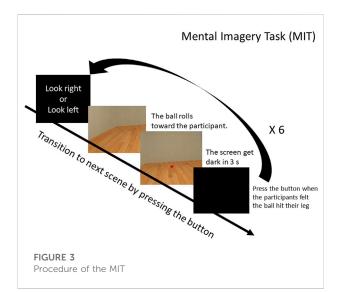
G*Power 3.1 (Faul et al., 2007; Erdfelder et al., 2009) (repeated measures ANOVA, three avatar conditions, medium effect size f = 0.25, α = 0.05, power (1 - β) = 0.8). The participants had normal vision and physical abilities. This study was approved by the research ethics committee at the Faculty of Science and Technology, Keio University.

Apparatus and stimuli

The participants observed a full-body avatar (Figure 1) in a virtual environment from a first-person perspective (Figure 2)

through an HMD (HTC Vive Pro Eye, $2,880 \times 1,600$ pixels, 90 Hz, 110°). The virtual environment was created by Unity 2017.4.5f1¹. There were three avatar conditions in the experiment: a full-body avatar split to the left and right moved synchronously (split S), the split avatar moved asynchronously (split A: 1-s delay on both sides), and the full-body avatar moved synchronously with a participant's movement (normal). In the split conditions, splits S and A,

¹ https://unity.com/



the viewpoint was located between the split heads. The participants wore a motion capture suit and their movements were tracked by using 24 OptiTrack cameras (14 PrimeX

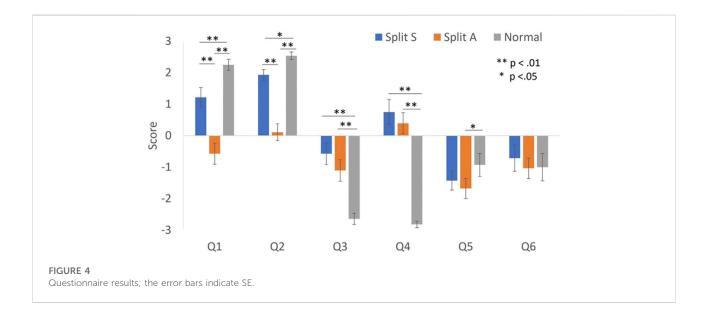
TABLE 1 Questionnaire.

22 cameras: 2,048 \times 1,088 pixels, 120 Hz; six Prime 17 W cameras: 1,664 \times 1,088 pixels, 120 Hz; four Prime 13 cameras: 1,280 \times 1,024 pixels, 120 Hz). In the experiment, the participants held two Vive controllers for a questionnaire and a behavioral task.

Procedures

The experiment began with the practice of a mental imagery task (MIT). We developed the MIT as a measurement of self-location based on the one proposed by Nakul et al. (2020). In the MIT, a ball's direction was indicated by letters on a darkened screen, and the participants were instructed to turn only their heads in the indicated direction (Figure 3). Then, when a participant pressed a button, an image of the room was shown; when the button was pressed again, a virtual ball rolled toward the participant. After the ball started to move for 3 s, the screen turned dark. The participants were instructed to imagine the ball's movement even after the darkening and to press the button on the controller when they felt that the ball hit their right or left foot if it rolled from the right or left, respectively. The position was recorded as the estimated self-

Q1	I felt as if (the virtual body/split body) was my body	Body ownership
Q2	The movements of (the virtual body/split body) seemed to be my movements.	Sense of agency
Q3	I felt as if I had two bodies.	Two bodies
Q4	I felt as if my body had split and spread to the left and right.	Split body
Q5	I felt naked.	Control
Q6	I felt as if (the virtual body/split body) was controlling my movements.	Control



location of the foot. The MIT was performed three times on each side randomly. The participants performed the MIT again for six trials as a baseline.

Next, the avatar was presented, and the participants were asked to move their limbs in the following order—right hand, left hand, right foot, and left foot—to the presented sounds through headphones every 2 s for 120 s (learning session). The participants performed the MIT and answered a questionnaire (Table 1) on a seven-level Likert scale (-3: did not feel at all, 0: uncertain, and +3: felt very strongly). From the learning session to the questionnaire, three trials were performed randomly, one for each avatar condition.

Results

The Shapiro–Wilk test was performed on the questionnaire and MIT results. We observed that the questionnaire results did not follow a normal distribution. Therefore, the Wilcoxon signed-rank test was performed, and the *p*-value was corrected using the Bonferroni method. The MIT results were divided into right and left feet, and a repeated measures ANOVA was employed. Shaffer's method was used for multiple comparisons.

Questionnaire

Participants felt that the avatar's body was more like their own body under split S than under split A (Figure 4: Q1 split S vs. split A: z = 3.89, $p \le 0.001$, r = 0.74). However, BO was stronger under normal than under split S or A (Q1 normal vs. split S:

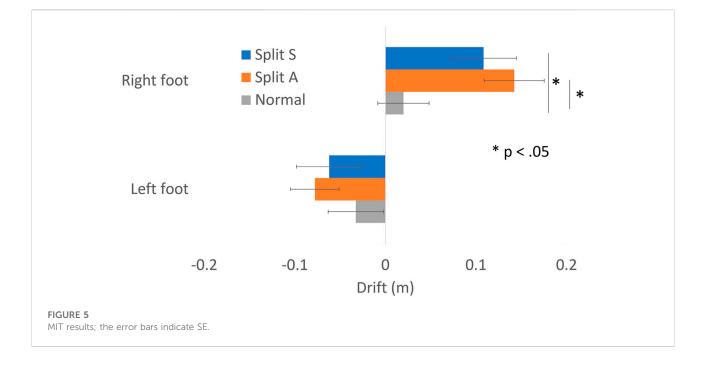
z = -3.10, p = 0.0034, r = 0.59; normal vs. split A: z = -4.56, p < 0.001, r = 0.86). The participants felt that the movement of the avatar's body was more like their own movement under normal or split S than under split A (Q2 split S vs. split A: z = 4.23, p < 0.001, r = 0.80; normal vs. split A: z = -4.49, p < 0.001, r = 0.85). The sense was higher for normal than split S (Q2 split S vs. normal: z = -2.80, p = 0.011, r = 0.53).

On a question about multiple bodies, the score was higher when the split avatar was presented regardless of synchronization (Q3 split S vs. normal: z = 3.68, p < 0.001, r = 0.70; split A vs. normal: z = 2.85, p = 0.0082, r = 0.54). On a question about the feeling of splitting, the participants said they felt more like their bodies were split for the split avatars than for the normal avatar, regardless of synchronization (Q4 split S vs. normal: z = 4.28, p <0.001, r = 0.81; split A vs. normal: z = 4.59, p < 0.001, r = 0.87).

In control questions (Q5 and Q6), the score was higher under normal than split A (Q5 normal vs. split A: z = -2.49, p = 0.044, r = 0.47).

MIT

Only the right foot showed the main effect of the avatar condition (F (2, 54) = 6.75, p = 0.0024, $\eta_p^2 = 0.20$). Multiple comparisons showed that the split avatars caused the drift of the perceived right foot position more to the right than the normal avatar, regardless of synchronization (Figure 5: split S vs. normal: t (27) = 2.53, p = 0.018, r = 0.44; split A vs. normal: t (27) = 3.89, p = 0.0018, r = 0.60). There was no significant difference due to the synchronization of the split avatars (split S vs. split A: t (27) = 0.93, p = 0.36, r = 0.18).



Discussion

Summary of results

In this study, we investigated whether BO is generated for the body split into left and right and whether self-location extends to the left and right. The results showed that when the split body moved in synchronization with a participant's movement, BO and a SoA were generated. However, the BO and SoA were weaker than those of the normal body. In the self-location, the perceived position of the right foot drifted to the right when the body was split, regardless of body synchronization.

Effects of body splitting on BO and SoA

In this study, BO and SoA were weaker when the body was split than in the normal body. This result is similar to that of a study in which the senses of ownership and agency were no longer generated when a part of the arm was removed (Tieri et al., 2015). However, a weak BO (mean: 1.2) and strong SoA (mean: 1.9) were still generated, suggesting that this phenomenon may be different from the study in which they were not generated at all (Tieri et al., 2015). Because the split body in this study was split from the center, the continuity of the limbs being moved was maintained. Therefore, if the continuity of moving body parts is maintained, the BO and SoA may be maintained.

Moreover, BO may have decreased due to the body being too far from the left and right, which did not complement body continuity. The invisible body studies in which an invisible body between hands and feet was complemented and perceived from the synchronous movements of only hands and feet (Kondo and Sugimoto, 2018; Kondo and Ueda, 2018; Kondo et al., 2020) and the study in which BO equivalent to that of connected body parts was induced by hiding disconnected body parts with objects (Tieri et al., 2015) suggest the relevance of the complementation of body continuity.

Another possible reason for the decrease in BO could be the effect of the body's appearance. As it has been reported that BO does not occur for wooden sticks, which are far from the human body in appearance (Tsakiris and Haggard, 2005), BO could have decreased because the split body's appearance was far from that of a human body. In addition, there is a study in which a strong BO was generated only by the congruence of visual stimuli and proprioception (Carey et al., 2019; Keenaghan et al., 2020), and the body presented in a position that was shifted to the left or right may have weakened the BO. However, another study showed that BO did not decrease when a body was shifted to a closer position (Maselli and Slater, 2014), as in this study, and further study is needed in the future.

Multiple bodies or one split body?

In the questionnaire, the mean value of Q3 "I felt as if I had two bodies" was lower than 0 under all conditions, and in Q4 "I felt as if my body had split and spread to the left and right," the split bodies had a higher score than the normal body. Therefore, it seems that the split bodies were perceived as a single body spread to the left and right, rather than multiple bodies. In addition, the self-location drifted only on the right side, suggesting that the body was perceived as extended to the right side. Possible reasons the self-location drifted only on the right side include the fact that most participants were right-handed and they were asked to move from their right hand during the learning session.

In this study, the sense of one's body splitting and spreading to the left and right (Q4), and the drift of selflocation, occurred even under split A, suggesting that even in the absence of BO, the self-location can be extended by the presentation of a split body. Some studies support this result, reporting that BO and self-location drift are independent phenomena (Abdulkarim and Ehrsson, 2016; Matsumiya, 2019).

Control question

The score for control question Q5 "I felt naked" was higher under normal than under split A. The avatars used in the experiment were likely naked, which increased ratings under normal, where the BO was strongest. However, the mean value was less than 0, suggesting that the participants did not feel as if they were naked.

Limitation

In this study, we investigated whether BO is induced in a split body, but we could not measure BO on the right and left sides of the split body. BO may be induced only on the right half of the body because the self-location drifted only on the right side. However, because some scholars have reported that BO and self-location drift are independent phenomena (Abdulkarim and Ehrsson, 2016; Matsumiya, 2019), it is necessary to measure them using questionnaires for each of the left and right halves or with other measurements, such as the skin conductance response. In addition, although BO was generated in the split body, it is unclear whether the empty space between the left and right split bodies was perceived as one's own body, as in our previous studies (Kondo and Sugimoto, 2018; Kondo and Ueda, 2018; Kondo et al., 2020). Thus, it is still unclear whether the split body was perceived as one body, including the empty space, or whether only the split body was perceived as one's own body.

In this study, the split body was presented at a position shifted 30 cm from the body center. The reason is that some studies indicate that when the distance between the innate and non-innate bodies is far, BO is weak (Lloyd, 2007; Kalckert and Ehrsson, 2014; Maselli and Slater, 2014). However, when the task is performed with splitting, it is necessary to split farther or dynamically adjust the splitting distance. In future studies, we will examine BO, SoA, and controllability when participants split a virtual body far or when the distance of the split body can be dynamically controlled.

In the results of the MIT, left-handed participants tended to drift more strongly to the left than right-handed participants regardless of the condition, but there was no significant difference between the right-handed and left-handed (F (1, 25) = 3.43, p = 0.076, $\eta_p^2 = 0.12$). In addition, no significant difference was found in the drift of the right side between the right-handed and left-handed (F (1, 25) = 0.53, p = 0.47, $\eta_p^2 = 0.02$). However, since there were only five left-handed participants in this study, further investigation is needed.

Data availability statement

The raw data supporting the conclusion of this article will be made available by the authors, without undue reservation.

Ethics statement

The studies involving human participants were reviewed and approved by the Research Ethics Committee at the Faculty of Science and Technology, Keio University. The patients/ participants provided their written informed consent to participate in this study.

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Author contributions

RK and MS conceived and designed the experiments. RK collected and analyzed the data. RK and MS contributed to the preparation of the manuscript. All images, drawings, and photographs were obtained or created by RK. All authors reviewed the manuscript.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/frvir.2022. 992803/full#supplementary-material

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