



## Impact of High and Low-Molecular-Weight Glutenins on the Processing Quality of a Set of Biofortified Common Wheat (*Triticum aestivum* L.) Lines

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### **OPEN ACCESS**

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#### Specialty section:

This article was submitted to Crop Biology and Sustainability, a section of the journal Frontiers in Sustainable Food Systems

> Received: 14 July 2020 Accepted: 31 August 2020 Published: 06 October 2020

#### Citation:

Rathan ND, Mahendru-Singh A, Govindan V and Ibba MI (2020) Impact of High and Low-Molecular-Weight Glutenins on the Processing Quality of a Set of Biofortified Common Wheat (Triticum aestivum L.) Lines. Front. Sustain. Food Syst. 4:583367. doi: 10.3389/fsufs.2020.583367

Development of biofortified wheat lines has emerged as a sustainable solution to alleviate malnutrition. However, for these varieties to be successful, it is important that they meet the minimum quality criteria required to produce the local food products. In the present study, a set of 94 biofortified common wheat lines were analyzed for their grain micronutrients content (Fe and Zn) and for their processing quality and glutenin profile. Most of the analyzed lines exhibited a grain Zn concentration greater than the non-biofortified check varieties, of at least 3 ppm. The content of both Fe and Zn appeared to be significantly associated with grain protein content (r = 0.21 - 0.65; p < 0.01) but not with grain yield or other wheat quality traits. Wide allelic variation was observed at both the high-molecular-weight glutenin (HMW-GS) and the low-molecular-weight glutenin (LMW-GS) loci and alleles associated with greater dough strength were identified. Specifically, among the HMW-GS alleles, the Glu-B1i, Glu-B1al, and Glu-D1d alleles were associated with greater mixograph and alveograph values and greater loaf volume. Similarly, among the LMW-GS alleles, the Glu-A3b and Glu-B3b alleles were associated with stronger gluten and better bread-making quality. Overall, results of this study suggest that biofortification does not profoundly alter wheat enduse quality and that the effect of the different glutenin alleles is independent of the grain protein and micronutrient content.

Keywords: wheat quality, biofortification, grain Zn and Fe, glutenins composition, Triticum aestivum (bread wheat)

### INTRODUCTION

Wheat is one of the most important food crop in the world and it currently provides  $\approx 20\%$  of the daily dietary energy and protein (Shewry and Hey, 2015). Wheat also represents a good source of essential micronutrients such as iron (Fe) and zinc (Zn). However, deficiency of these micronutrients is unfortunately common, especially in developing countries where cereal-based foods represent the major daily caloric intake. This condition is mainly determined by the poor consumption of other micronutrient-rich food such as meat, fish, fruits and vegetables. For this reason, development of genetically biofortified wheat varieties with enhanced micronutrient concentrations, has emerged as a sustainable solution to alleviate malnutrition (Velu et al., 2012).

Currently the International Maize and Wheat Improvement Center (CIMMYT) supported by the HarvestPlus Program and the CGIAR Research Program on Agriculture for Nutrition and Health, is leading a global effort to develop and disseminate in developing countries, high-yielding biofortified wheat varieties with greater grain Zn concentration (Velu et al., 2019). However, in order for these varieties to be successful, it is paramount that they meet the minimum quality criteria required by the food industry, the local food manufacturers, and the consumers (Guzmán et al., 2014). In fact, compared to maize and rice, wheat is almost always milled into flour and processed into a wide range of products such as bread, cakes, cookies, crackers, pasta, and noodles (Shewry et al., 2003). However, each wheatderived food product requires specific quality characteristics and therefore, understanding the different genetic and non-genetic factors affecting quality is very important in order to make selection for wheat quality more efficient.

The ability to process wheat into such a wide range of products is determined largely by gluten, a macropolymer constituted by a group of wheat grain proteins which confers the unique viscoelastic properties to wheat doughs (Shewry et al., 2003). Variation in the quantity and quality of the gluten-forming proteins has been shown to greatly affect wheat end-use quality. For this reason, the study and improvement of gluten quality has become one of the major breeding objectives in the past years (Liu et al., 2005). Gluten proteins constitute  $\approx$ 80% of the total wheat grain proteins and are composed by roughly the same quantity of gliadins and glutenins. Gliadins constitute the monomeric part of gluten and have been found to be the major contributor to the viscosity of the gluten network. Glutenins are connected among each other through inter-molecular disulphide bonds, constituting the gluten polymeric fraction. Their variation has been associated with major differences in gluten strength and elasticity (Shewry et al., 2003). Depending on their molecular weight, glutenins have been further classified into high-molecular-weight glutenin subunits (HMW-GS) and low molecular weight glutenin subunits (LMW-GS). The HMW-GS are encoded by genes at the Glu-A1, Glu-B1, and Glu-D1 loci, on the long arm of the homoeologous group 1 chromosome. At each locus are located two genes, encoding for a x- and y-type HMW-GS (Shewry et al., 2003). Differently, the LMW-GS are encoded by multiple genes located at the Glu-A3, Glu-B3, and Glu-D3 loci, on the short arm of homoeologous group 1 chromosome. Depending on the locus and the variety, the number of LMW-GS genes could vary. However, in general, individual common wheat varieties contain more than 15 LMW-GS genes (Ibba et al., 2017). Because of the central role that the glutenins play in the wheat processing and end-use quality, several studies have been reported on the association between different HMW- and LMW-GS alleles and wheat quality, and alleles associated with stronger or weaker gluten have been identified (Branlard et al., 2001; He et al., 2005; Liu et al., 2005; Ito et al., 2011).

Breeding for an increased content of Fe and Zn did not appear to be detrimental for quality. On the contrary, several studies found that typically, increased micronutrient content is associated with greater protein content (Feil and Fossati, 1995; Morgonuov et al., 2007; Guzmán et al., 2014), suggesting that genetically biofortified varieties could have an even better quality profile compared to non-biofortified wheat lines. However, more studies are needed in order to better understand the relationship (if any) between wheat quality and micronutrient accumulation. Also, to the best of our knowledge, no studies have been reported on the role of different HMW- and LMW-GS alleles on biofortified wheat lines. Given the change in the protein content and, according to Morgonuov et al. (2007) also of the gluten protein fractions ratio, it could be possible that the effect that some glutenin alleles have on wheat quality is different in biofortified lines compared to the effect they have in nonbiofortified lines.

For these reasons, the objectives of the present study are to (1) understand the association among Fe, Zn, wheat quality parameters and to (2) determine the effect of the variation in the HMW- and LMW-GS alleles on different end-use determining parameters in a set of 94 advanced CIMMYT biofortified wheat lines.

## MATERIALS AND METHODS

### **Plant Material**

A field trial consisting of 40 and 54 bread wheat cultivars were grown, respectively, in the 2017–2018 and 2018–2019 crop seasons in the Campo Experimental Norman E. Borlaug (CENEB) located in Ciudad Obregon, Mexico. The analyzed cultivars were grown under full irrigation, following standard control procedures for weed, diseases and insects. After harvesting, yield was recorded.

### **Quality Traits**

All quality analyses were performed according to the AACC International approved methods or other modified methods described in Battenfield et al. (2016).

Specifically, 1,000-kernel weight (TKW [g]) was calculated using the Single-Kernel Characterization System (SKCS, Perten Instruments, Sweden). Test weight (TESTWT, kg  $hL^{-1}$ ) was measured using a 37.81-mL sample. Grain protein (GRNPRO) and flour protein (FLRPRO) content were determined using near-infrared spectroscopy (DA 7200 NIR, Perten Instruments, Sweden), with a calibration validated using Leco<sup>®</sup>/Dumas method (Equipment FP828 Leco Instruments, St Joseph, Michigan, USA), as reported in the official methods AACC 39-10 and AACC 46-11A, respectively. The GRNPRO was reported at 12.5% moisture whereas the FLRPRO was reported at 14% moisture. Grain hardness (GRNHRD) was analyzed using the SKCS following the AACC method 55-31 (American Association of Cereal Chemists, 2010). Depending on grain hardness and moisture content, grain samples were optimally tempered, and milled using a Brabender Quadrumat Senior mill (C. W. Brabender OHG). Experimental flour yield (FLRYLD) intended as the % of flour obtained from the initial grain sample, was recorded. Sodium dodecyl sulfate (SDS) sedimentation (FLRSDS) was conducted as in Peña et al. (1990). A 35 g mixograph was used to estimate the dough mixing and rheological properties, following the AACC method 54-40A (American Association of Cereal Chemists, 2010). The following parameters were recorded: time to peak mixing strength (MIXTIM) and midline peak integral (MPI). Dough rheological characteristics were also assessed using the Chopin Alveograph (Tripette & Renaud) with a 60 g flour sample and according to the AACC method 54-30A (American Association of Cereal Chemists, 2010). For this analysis, the following parameters were recorded: dough deformation energy, indicative of the overall gluten strength (ALVW) and curve configuration ratio, indicative

 TABLE 1 | Mean, standard deviation (SD), and range of yield and quality

 parameters among the biofortified wheat lines from Year I and II.

Traits		Ye	ar I					
	Mean	SD	Min	Max	Mean	SD	Min	Max
TESTWT (kg/hl)	79.7	1.1	77.1	82.1	80.8	1.3	77.7	83.8
TKW (g)	50.9	3.8	41.3	59.6	49.1	3.4	40.0	57.4
GRNHRD (-)	62.0	5.7	51.7	79.0	63.1	7.5	29.3	73.1
FLRYDL (%)	68.0	1.8	63.4	71.9	66.0	1.8	62.3	69.9
GRNPRO (%)	13.3	0.7	12.1	14.8	13.9	0.7	12.3	15.5
FLRPRO (%)	10.9	0.6	9.7	12.2	11.5	0.6	10.0	12.8
FLRSDS (ml)	14.9	1.9	10.5	19.5	15.9	2.4	11.0	21.0
MIXTIM (min.)	2.7	0.6	1.2	4.0	2.6	0.5	1.7	4.2
MPI (%TQ*min)	118.2	27.3	57.3	174.9	111.9	22.7	64.1	171.9
ALVW (J)	257.0	67.9	104.0	401.0	218.6	66.5	102.0	426.0
ALVPL (-)	1.6	0.9	0.4	5.0	1.4	0.8	0.5	4.9
LOFVOL (ml)	732.3	49.6	565.0	820.0	771.9	43.9	630.0	865.0
Zn (ppm)	60.5	4.1	51.8	71.8	54.7	5.2	42.8	67.9
Fe (ppm)	41.9	3.4	35.8	51.7	37.3	2.1	33.6	42.2
Yield (t/ha)	7.3	0.5	5.7	8.3	7.8	0.5	5.8	8.9

TESTWT, test weight; TKW, thousand kernel weight; GRNHRD, grain hardness; FLRYDL, flour yield; GRNPRO, grain protein; FLRPRO, flour protein; FLRSDS, flour SDSsedimentation volume; MIXTIM, mixograph optimum mixing time; MPI, mixograph MPI; ALVW, alveograph work; ALVPL, alveograph tenacity/extensibility ratio; LOFVOL, bread loaf volume; Zn, grain zinc concentration; Fe, grain iron concentration; Yield, grain yield.

of the ratio between dough tenacity and extensibility (ALVPL). Both the mixograph and alveograph methods were adjusted for unified optimum water absorption based on solvent retention capacity, as reported by Guzmán et al. (2015). The lines were also assessed for yeast-leavened bread quality following the AACC method 10-09 (American Association of Cereal Chemists, 2010) and using the Guzmán et al. (2015) adjustment for optimal water absorption. Bread loaf volume (LOFVOL) was measured by rapeseed displacement in accordance with AACC method 10-05.01 (American Association of Cereal Chemists, 2010). Grain Zn and Fe concentrations (unit: ppm) were determined by using a "bench-top," non-destructive, energy-dispersive Xray fluorescence spectrometry (EDXRF) instrument (model X-Supreme 8000, Oxford Instruments plc, Abingdon, UK), which has been standardized for high throughput screening of Zn and Fe in whole grain wheat (Paltridge et al., 2012). The advantage of the Zn concentration among the analyzed biofortified samples was measured against the average Zn grain content of two field checks.

### **Protein Extraction and Separation**

Glutenin fraction was obtained according to Singh et al. (1991) with some modifications. Specifically, 20 mg of refined flour were mixed at 1,400 rpm with 0.75 ml of 50% propanol (v/v) for 30 min at  $65^{\circ}$ C in a Thermomixer Comfort (Eppendorf). The tubes were then centrifuged for 2 min at 10,000 rpm, and the supernatant containing the gliadins was discarded. The pellet was then mixed with 0.1 ml of a 1.5% (w/v) DTT solution in a Thermomixer for 30 min at  $65^{\circ}$ C, 1,400 rpm, and centrifuged for 2 min at 10,000 rpm. A 0.1 ml volume of a 1.4% (v/v) vinylpyridine solution was then added to the tube with was subsequently placed again in a Thermomixer for 15 min at  $65^{\circ}$ C, 1,400 rpm, and centrifuged for 5 min at 13,000 rpm. The supernatant was mixed with the same volume of sample buffer [2% SDS (w/v), 40% glycerol (w/v),



and 0.02% (w/v) bromophenol blue, pH 6.8] and incubated in the Thermomixer for 5 min at 90°C and 1,400 rpm. Tubes were centrifuged for 5 min at 10,000 rpm, and 8 ml of the supernatant were used for the glutenins gel. Glutenins were separated in polyacrylamide gels (15% T) prepared using 1 M Tris buffer, pH of 8.5. Gels were run at 12.5 mA per gel for about 19 h. Glu-1 and Glu-3 alleles were classified using the systems developed by Jackson et al. (1996) and Branlard et al. (2003).

### **Statistical Analysis**

Mean, standard deviation (SD), minimum and maximum values and correlation among quality traits were computed for all genotypes using SAS University Edition (SAS/STAT<sup>®</sup>, SAS Institute Inc., NC, USA). All further analysis was done with R studio v3.6.2. Specifically, a two-way analysis of variance (ANOVA) was performed on each quality trait using the function "aov" and treating each *Glu* locus, the year and the interaction between the *Glu* locus and the year as fixed effects. Comparison of the least square means for the allelic variants at each *Glu* locus, was performed using Fisher's protected least significant differences (LSD) test using the "lsd" function in the package R package "Agricolae."

## RESULTS

## Quality Trait Variation and Fe and Zn Concentration

The lines selected for this study, were analyzed for different grain, rheological, and end-use quality parameters (Supplementary Table 1) and the obtained data were used to estimate mean, standard deviation, minimum and maximum values of each trait (Table 1). The analysis showed the presence of significant variation among the lines within each set. However, even if significant differences could be observed for the different traits across the years, overall, the two sets of lines analyzed during the 2017-2018 and 2018-2019 cycles showed comparable average values for the parameters studied. Specifically, when looking at the Fe and Zn concentration, the lines analyzed in the first set exhibited greater Fe and Zn average content compared to the lines from the second set. This trend could be observed also when analyzing the Zn values of the different breeding lines against the field checks, suggesting that the observed differences across the years are more associated with genotypic effects rather than environmental effects (Figure 1). Specifically, lines from the first set showed an average increment in Zn of 26% (60.5 mg/kg) compared to the control (48 mg/kg) whereas lines from the second set showed an average increment in Zn content of 10% (52 mg/kg).

# Correlation Between Quality Traits, Fe and Zn Content and Grain Yield

In order to identify the association among the different quality traits, the Pearson correlation coefficients were calculated for all the traits for the two years (**Table 2**).

Among the grain physical properties, test weight appeared to be significantly and negatively correlated in both years only with bread loaf volume ( $r \sim -0.30$ ) whereas it was significantly

negatively correlated with TKW and flour SDS-sedimentation volume only in the first and second year, respectively. On the contrary, variation in TKW appeared to be more significantly associated with changes in other grain and flour properties such as grain hardness, protein content and the mixograph parameters. For instance, TW or TKW, and kernel hardness exhibited a significant effect on several grain and flour properties and appeared to be negatively associated with flour yield (r = -0.48), protein content (r = -0.31 to -0.37), and bread loaf volume (r = -0.38), and positively associated with both the mixograph and alveograph parameters (r = 0.28-0.39). Contrasting values were obtained for flour yield, which appeared to be significantly and negatively associated with gluten strength, as indicated by the mixograph and alveograph parameters, but only among the lines analyzed in the second year (r = 0.38-0.40). Positive association between FLRYLD and bread loaf volume was however detected in both years at a different degree of association (r = 0.17 - 0.36).

As expected, both grain and flour protein content appeared to profoundly influence several quality traits. In general, consistent correlation values were detected across the years and protein content was significantly and positively associated with flour SDS-sedimentation volume and bread loaf volume (r = 0.34-0.48). Contrarily, negative correlations were identified between either grain or protein content and mixograph parameters (r = -0.18 to -0.45). Positive and in general highly significant association were typically identified among the traits indicative of gluten strength, such as SDS-sedimentation volume, mixograph mixing time and MPI, alveograph W value, and bread loaf volume. The only difference was the ALVPL value which appeared to be slightly positively associated with gluten strength and significantly and negatively correlated with bread loaf volume. The ALVPL value in fact, is indicative of the balance between gluten strength and extensibility and the present results would suggest that an appropriate balance of these two factors are necessary to ensure an optimum bread loaf volume.

Regarding the Fe and Zn content, significant positive associations were detected between the content of these two micronutrients in the grain (r = 0.38 and 0.47) and, interestingly, positive and generally significant associations were also identified between either Fe or Zn content and grain or flour protein content (r = 0.21–0.65; **Figure 2A**). No significant correlations could be identified between the grain micronutrient content and grain yield (**Figure 2B**).

## Effect of the HMW-GS Alleles on Quality Traits

Wide allelic variation was identified at the glutenin *Glu-1* loci in both sets of varieties with 3, 5 and 2 different allelic variants identified at the *Glu-A1*, *Glu-B1*, and *Glu-D1* loci, respectively (**Supplementary Figure 1**).

According to the results obtained from the ANOVA, all the *Glu-1* loci appeared to be significantly associated with different wheat quality parameters, at different degrees (**Supplementary Table 2**). The *Glu-D1* locus was found to have higher importance among the HMW-GS loci in defining traits like mixing time (p < 0.001) and mixograph MPI, alveograph

TABLE 2   Correlation among the quality train
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	ткw	GRNHRD	FLRYDL	GRNPRO	FLRPRO	FLRSDS	ΜΙΧΤΙΜ	MPI	ALVW	ALVPL	LOFVOL	Zn	Fe	Yield
TESTWT	-0.31*	0.29	-0.28	-0.22	-0.26	-0.03	0.16	0.18	0.10	0.26	-0.35*	0.02	0.01	0.19
	-0.06	0.13	0.19	-0.16	-0.12	-0.29*	0.02	-0.02	-0.13	-0.03	-0.32*	0.19	0.11	0.18
TKW		-0.81***	0.38*	0.46**	0.39*	0.20	-0.42**	-0.41**	-0.21	-0.05	0.27	-0.04	0.10	-0.30
		-0.43**	-0.05	0.33*	0.33*	0.17	-0.11	-0.09	0.08	0.02	-0.04	0.20	0.08	-0.25
GRNHRD			-0.48*	-0.37*	-0.31*	-0.10	0.39*	0.39*	0.28	0.35*	-0.38*	0.04	-0.04	0.21
			-0.03	0.04	0.10	0.23	0.23	0.22	0.21	0.30*	0.12	0.03	0.09	-0.04
FLRYDL				0.26	0.19	0.12	-0.02	-0.01	0.10	-0.28	0.36*	0.02	0.13	0.09
				-0.18	-0.17	0.09	0.38**	0.39**	0.40**	-0.04	0.17	-0.14	-0.04	0.11
GRNPRO					0.96***	0.41**	-0.40**	-0.32*	0.06	0.17	0.46**	0.21	0.45**	-0.29
					0.97***	0.34*	-0.28*	-0.20	0.08	-0.14	0.46***	0.65***	0.21	-0.51***
FLRPRO						0.37*	-0.45**	-0.37*	0.00	0.12	0.45**	0.21	0.40*	-0.28
						0.36**	-0.25	-0.18	0.09	-0.17	0.48***	0.61***	0.25	-0.52***
FLRSDS							0.27	0.29	0.56***	-0.10	0.64***	-0.07	0.19	0.07
							0.43**	0.52***	0.67***	0.23	0.59***	-0.04	0.10	-0.04
MIXTIM								0.98***	0.79***	-0.08	0.07	-0.14	-0.02	0.29
								0.96***	0.80***	0.31*	0.14	-0.32*	0.15	-0.01
MPI									0.85***	-0.04	0.11	-0.08	0.05	0.28
									0.88***	0.34**	0.22	-0.28*	0.15	-0.02
ALVW										0.06	0.33*	0.04	0.24	0.26
										0.41**	0.41**	-0.18	0.14	-0.10
ALVPL											-0.50***	0.13	0.15	-0.02
											-0.24	-0.05	0.27*	0.17
LOFVOL												0.08	0.19	-0.02
												0.04	0.00	-0.26
Zn													0.38*	-0.19
													0.47***	-0.26
Fe														-0.04
														-0.02

For each correlation are reported, in order, the Pearson correlation coefficients of the biofortified wheat lines grown in 2018 and 2019. \*p < 0.05, \*\*p < 0.01, and \*\*\*p < 0.0001, respectively. TESTWT, test weight; TKW, thousand kernel weight; GRNHRD, grain hardness; FLRYDL, flour yield; GRNPRO, grain protein; FLRPRO, flour protein; FLRSDS, flour SDS-sedimentation volume; MIXTIM, mixograph optimum mixing time; MPI, mixograph MPI; ALVW, alveograph work; ALVPL, alveograph tenacity/extensibility ratio; LOFVOL, bread loaf volume; Zn, grain zinc concentration; Fe, grain iron concentration; Yield, grain yield.



W value and bread loaf volume (p < 0.01). In particular, the allele Glu-D1d (subunit Dx5+Dy10) was found to be consistently associated with greater gluten strength compared to the allele Glu-D1a (subunit Dx2+Dy12). The second most significant Glu-1 locus was *Glu-A1* which was found to significantly affect both grain and flour protein content (p < 0.05). In this case, the *Glu*-A1c allele was associated with slightly higher grain and flour protein content values compared to the *Glu-A1a* (subunit  $2^*$ ) and Glu-A1b (subunit 1) alleles. Finally, variation in the Glu-B1 locus was significantly associated only with variation in the alveograph W value (p < 0.05). In this case, the alleles Glu-B1al (subunit Bx7<sup>OE</sup>+By8), Glu-B1i (Bx17+By18), and Glu-B1c (Bx7+By9) had comparable and greater effects than allele Glu-B1b (Bx7+By8) and Glu-B1a (Subunit Bx7). Also, in general, alleles Glu-B1al and Glu-B1a were associated with stronger and weaker gluten, respectively, as indicated by the different analysis performed (Table 3).

## Effect of the LMW-GS Alleles on Quality Traits

Among the *Glu-3* loci, 3, 5 and 3 alleles were identified, respectively, at the *Glu-A3*, *Glu-B3*, and *Glu-D3* loci (**Supplementary Figure 1**).

Among the LMW loci, only the *Glu-A3* locus was significantly associated with variation in some of the analyzed quality traits (Supplementary Table 2) with the allele *Glu-A3b* being associated with greater GRNHRD, MIXTIM, MPI, and ALVW values in comparison to both alleles Glu-A3c and Glu-A3d. Variation at the Glu-B3 locus was not found to be significantly associated with any of the quality traits studied. However, when looking more in details the average trait values associated with each Glu-B3 allele, the allele Glu-B3b was associated with greater mean values for bread loaf volume, flour SDS sedimentation, mixograph mixing time and MPI and alveograph W value, as well as higher grain hardness. The genotypes with allele Glu-B3i were associated with greater alveograph P/L value. In contrast, the lines with allele Glu-B3j were associated with drastically weaker gluten compared to the other Glu-B3 alleles, as indicated by the FLRSDS, mixograph, and alveograph parameters. Similarly, also variation at the Glu-D3 locus did not appear to be significantly associated with any of the quality parameters studied here. However, even if not significantly, alleles Glu-D3b and Glu-D3c appeared to be consistently associated with greater kernel hardness, protein content and gluten strength, compared to allele Glu-D3a (Table 4).

### DISCUSSION

Numerous studies have been done in the past to understand the effect of various glutenin alleles on wheat quality. However, similar studies are lacking to explain the behavior of these traits and the effect of glutenin subunits among biofortified wheat lines. The growth of genetically biofortified wheat is likely to increase in the future, especially in developing countries. For this reason, it is of paramount importance to understand if any of the quality parameters is affected by the higher grain micronutrient content and if the different glutenin alleles exert the same effect on wheat quality as in non-biofortified wheat.

In the present study, 94 common wheat lines derived from the CIMMYT HarvestPlus program were analyzed for their micronutrient content (Fe and Zn) and for their end-use quality and glutenin profile. Most of the lines exhibited a micronutrient content greater than the one recorded in the two non-biofortified checks. Also, the Fe and Zn levels did not appear in any case to be significantly associated with either grain quality (TESTWT and TKW) or grain yield, suggesting that the increased levels of these minerals are associated with genetic improvement rather than with the reduced grain weight or size (Gomez-Becerra et al., 2010; Velu et al., 2019). However, it has to be noted that the micronutrient concentration was measured from whole grain and not from the resulting refined flour. Also, flour ash content, a measurement indicative of the flour total mineral content which is associated with flour bran contamination and with milling extraction efficiency, was not analyzed. More detailed analysis will be done in future on biofortified wheat samples in order to better understand the association between milling quality and flour micronutrient content but also to better understand in which part of the grain the additional

	Allele	N. of lines	GRNHRD	GRNPRO	FLRPRO	FLRSDS	ΜΙΧΤΙΜ	MPI	ALVW	ALVPL	LOFVOL
Glu-A1	Null (a)	2	64.1	14.0 <sup>a</sup>	11.5ª	15.7	3.2	133.9	309.5	1.6	765.7
	1 (b)	23	62.1	13.5 <sup>b</sup>	11.2 <sup>b</sup>	15.3	2.6	116.7	248.2	1.6	750.4
	2* (c)	65	60.2	13.4 <sup>b</sup>	11.1 <sup>b</sup>	15.2	2.6	114.0	229.1	1.4	747.5
Glu-B1	7 (a)	7	55.4	13.6	11.2	13.9	2.2	93.8	171.3 <sup>b</sup>	1.0	750.0
	7+8 (b)	7	63.0	13.4	11.1	15.2	2.6	113.7	221.6 <sup>ab</sup>	1.2	770.0
	7+9 (c)	34	62.7	13.4	11.1	15.3	2.6	115.0	239.2 <sup>a</sup>	1.5	750.6
	17+18 (i)	35	63.6	13.8	11.4	16.0	2.7	117.8	247.0 <sup>a</sup>	1.6	754.1
	7 <sup>0E</sup> +8 (al)	2	61.0	14.0	11.5	16.8	3.2	138.5	321.0 <sup>a</sup>	0.9	792.5
Glu-D1	2+12 (a)	5	59.6	13.6	11.3	14.4	1.8 <sup>b</sup>	80.6 <sup>b</sup>	149.2 <sup>b</sup>	1.5	700.0 <sup>b</sup>
	5+10 (d)	88	62.7	13.7	11.3	15.5	2.7 <sup>a</sup>	116.6ª	240.3ª	1.5	757.6 <sup>a</sup>

GRNHRD, grain hardness; GRNPRO, grain protein; FLRPRO, flour protein; FLRSDS, flour SDS-sedimentation volume; MIXTIM, mixograph optimum mixing time; MLP, mixograph MPI; ALVW, alveograph work; ALVPL, alveograph tenacity/extensibility ratio; LOFVOL, bread loaf volume. Values with different letters are significantly different (p < 0.05) according to Fisher's protected least significant differences.

TABLE 4 | Comparison of least square means for the alleles at the Glu-3 loci.

	Allele	N. of lines	GRNHRD	GRNPRO	FLRPRO	FLRSDS	ΜΙΧΤΙΜ	MPI	ALVW	ALVPL	LOFVOL
Glu-A3	b	17	66.3ª	13.2 <sup>b</sup>	10.9 <sup>b</sup>	16.2	3.0ª	132.6ª	281.4ª	1.9	740.9
	С	62	62.4 <sup>b</sup>	13.8ª	11.4 <sup>a</sup>	15.2	2.5 <sup>b</sup>	109.3 <sup>b</sup>	224.3 <sup>b</sup>	1.4	758.2
	d	8	59.1 <sup>b</sup>	13.8 <sup>ab</sup>	11.3 <sup>ab</sup>	16.3	2.8 <sup>ab</sup>	120.4 <sup>ab</sup>	230.0 <sup>ab</sup>	1.3	753.8
Glu-B3	b	20	65.0	13.8	11.4	15.9	2.7	117.4	237.7ª	1.4	778.8
	h	40	63.1	13.6	11.2	15.3	2.6	111.2	216.5ª	1.4	744.1
	i	7	59.2	13.9	11.4	15.1	2.3	106.0	245.1ª	2.1	762.1
	b'	14	58.3	13.4	11.1	15.2	2.6	113.8	230.6 <sup>a</sup>	1.1	751.1
	j	2	63.4	14.1	11.7	11.8	1.8	70.3	111.0 <sup>b</sup>	1.1	742.5
Glu-D3	а	7	60.1	13.3	11.0	14.5	2.4	102.0	205.9	1.8	744.3
	b	63	62.2	13.7	11.3	15.2	2.6	113.8	235.6	1.4	754.1
	С	18	64.4	13.7	11.3	16.4	2.6	112.4	224.3	1.6	763.3

GRNHRD, grain hardness; GRNPRO, grain protein; FLRPRO, flour protein; FLRSDS, flour SDS-sedimentation volume; MIXTIM, mixograph optimum mixing time; MPI, mixograph MPI; ALVW, alveograph work; ALVPL, alveograph tenacity/extensibility ratio; LOFVOL, bread loaf volume. Values with different letters are significantly different (p < 0.05) according to Fisher's protected least significant differences.

micronutrients are accumulated. Differently from grain quality and yield, a significant and positive correlation between the micronutrient and protein content, was found in both the sets of lines grown in the two cropping cycles. This finding is in accordance with the reports from Morgonuov et al. (2007), Zhao et al. (2009), and Gomez-Becerra et al. (2010) and suggests not only that the mechanism at the basis of protein and mineral remobilization are partially common but also that, possibly, genetically biofortified wheat lines are associated with improved wheat quality. As reported in previous studies in fact (Uauy et al., 2006; Alhabbar et al., 2018a,b) wheat lines with an improved nitrogen remobilization capacity determined by the allelic composition of the NAM genes are also associated with a greater Fe and Zn grain content.

However, wheat end-use quality is determined not only by flour protein content but also by its protein composition. As reported by Laidig et al. (2017) in fact, even if over the years there has been a decline in the grain protein content due to the selection of high-yielding varieties, there has also been a steady improvement in bread-baking quality mainly due to the selection of specific HMW and LMW-GS alleles associated with the desired end-use quality (Guzmán et al., 2019). For this reason, understanding the allelic composition of both the HMW-GS and LMW-GS is of paramount importance to better interpret the observed variation in wheat quality.

Overall, wide variation in both the HMW and LMW-GS was identified among the analyzed biofortified lines. As widely reported in the literature (Branlard et al., 2001; Liu et al., 2005; Ito et al., 2011), variation in the glutenin subunit composition is in fact associated with different wheat end-uses thus suggesting that the present biofortified wheat lines could potentially be used for a variety of applications. Regarding the specific effect of the different glutenin loci, as reported in previous studies (Liu et al., 2005) variation at the *Glu-D1* locus had the greatest impact among the *Glu-1* loci on both the rheological and end-use quality results, followed by the *Glu-B1* and the *Glu-A1* loci, respectively. When looking in detail at the different *Glu-1* allelic variants among the studied lines, overall it could be observed that

the most frequent alleles at the three Glu-1 loci were also the ones that, according to the literature, are associated with mediumstrong to strong gluten (Glu-A1b, Glu-A1c, Glu-B1c, Glu-B1i, and Glu-D1d) (Branlard et al., 2001; Liu et al., 2005; Ito et al., 2011; Park et al., 2011). This apparently unbalanced allelic frequency is likely due to the selection pressure applied in the breeding program toward wheat lines with improved gluten strength. Also, the effect on wheat quality of these "superior" alleles, was confirmed in the present study suggesting that, independently of the grain protein and micronutrient content, the effect of the different Glu-1 alleles on wheat mixing, rheological, and enduse quality, is consistent. The only exception was observed for Glu-A1a (null allele) which is typically associated with weaker gluten (Branlard et al., 2001) and that in the present study was associated with higher protein content and greater gluten strength. However, in this case, the apparent discrepancy between the results obtained and those previously reported, is probably determined by the low representation of the *Glu-A1a* allele (only two lines) and/or by the effect of the other glutenin alleles.

Similarly to the Glu-1 loci, also the effect of the different Glu-3 loci appeared to be consistent with previous studies and confirmed the greater effect of the Glu-A3 and Glu-B3 loci on wheat quality compared to the Glu-D3 locus (Branlard et al., 2001; He et al., 2005; Ibba et al., 2017). However, this was different from the HMW-GS, in that it could not be observed a prevalence among the analyzed lines of the Glu-3 alleles known to be associated with greater gluten strength. This observation would suggest that no deliberate selection has been done for specific LMW-GS alleles. Indeed, among the Glu-A3 alleles, the most common allele was Glu-A3c which was associated in this study and in previous studies with medium to low gluten strength. The allele Glu-A3b instead, which has been shown to have a positive effect on the overall mixing and end-use quality (He et al., 2005; Liu et al., 2005), was only present in 17 lines. A similar situation could be observed at the *Glu-B3* locus where the allele *Glu-B3b*, associated with good bread-making quality, did not appear to be prevalent among the lines analyzed. Furthermore, two of the 94 advanced lines even exhibited the Glu-B3j allele, indicative of the 1B/1R translocation and associated with a drastic reduction in gluten strength (Branlard et al., 2001; He et al., 2005; Liu et al., 2005; Park et al., 2011).

### CONCLUSIONS

Results of this study confirm that grain Fe and Zn concentration is associated with grain protein content but not with variation in other wheat quality traits. Also, the effect of the different HMW-GS and LMW-GS alleles appeared to be in general consistent between biofortified and non-biofortified lines suggesting that

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the alleles already known to be associated with specific enduse quality characteristics could be selected also when working with genetically biofortified wheat lines. This may be due to the fact that high Fe and Zn alleles from diverse progenitors were introgressed into high yielding elite wheat lines with better quality parameters. However, given the limited number of samples analyzed in the present study, more studies will be needed to confirm these results.

### DATA AVAILABILITY STATEMENT

All datasets presented in this study are included in the article/**Supplementary Material**.

### **AUTHOR CONTRIBUTIONS**

NDR: formal analysis and writing-original draft preparation. AM-S: supervision and writing—review and editing. VG: resources, conceptualization, and writing-review and editing. MI: conceptualization, project administration, and writing-review and editing. All authors contributed to the article and approved the submitted version.

### FUNDING

This research was supported by the CRP-Wheat program of CGIAR consortium, the HarvestPlus challenge program (partly funded by Bill and Melinda Gates Foundation [OPP1019962]) and the World Bank-funded NAHEP-CAAST Fellowship Program.

### ACKNOWLEDGMENTS

We would like to acknowledge all CIMMYT scientists, field workers, and lab assistants who helped in the collection of the data used in this study. Special thanks goes to all the members of the CIMMYT Wheat Chemistry and Quality Laboratory.

### SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fsufs. 2020.583367/full#supplementary-material

Supplementary Figure 1 | Example of an SDS-PAGE used for the determination of the high- and low-molecular-weight glutenin subunits (HMW-GS and LMW-GS) alleles.

Supplementary Table 1 | End-use quality, grain Fe and Zn content and yield data.

**Supplementary Table 2 |** ANOVA of *Glu-1* and *Glu-3* alleles on end use quality traits in biofortified wheat lines based on the combined data from 2 years.

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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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