



# High Levels of Antibiotic Resistance in Isolates From Diseased Livestock

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#### **OPEN ACCESS**

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#### Specialty section:

This article was submitted to Veterinary Epidemiology and Economics, a section of the journal Frontiers in Veterinary Science

Received: 12 January 2021 Accepted: 09 March 2021 Published: 01 April 2021

#### Citation:

Haulisah NA, Hassan L, Bejo SK, Jajere SM and Ahmad NI (2021) High Levels of Antibiotic Resistance in Isolates From Diseased Livestock. Front. Vet. Sci. 8:652351. doi: 10.3389/fvets.2021.652351

Overuse of antimicrobials in livestock health and production beyond therapeutic needs has been highlighted in recent years as one of the major risk factors for the acceleration of antimicrobial resistance (AMR) of bacteria in both humans and animals. While there is an abundance of reports on AMR in clinical isolates from humans, information regarding the patterns of resistance in clinical isolates from animals is scarce. Hence, a situational analysis of AMR based on clinical isolates from a veterinary diagnostic laboratory was performed to examine the extent and patterns of resistance demonstrated by isolates from diseased food animals. Between 2015 and 2017, 241 cases of diseased livestock were received. Clinical specimens from ruminants (cattle, goats and sheep), and non-ruminants (pigs and chicken) were received for culture and sensitivity testing. A total of 701 isolates were recovered from these specimens. From ruminants, Escherichia coli (n = 77, 19.3%) predominated, followed by Staphylococcus aureus (n = 73, 18.3%). Antibiotic sensitivity testing (AST) revealed that E. coli resistance was highest for penicillin, streptomycin, and neomycin (77-93%). In addition, S. aureus was highly resistant to neomycin, followed by streptomycin and ampicillin (68-82%). More than 67% of E. coli isolates were multi-drug resistant (MDR) and only 2.6% were susceptible to all the tested antibiotics. Similarly, 65.6% of S. aureus isolates were MDR and only 5.5% were susceptible to all tested antibiotics. From non-ruminants, a total of 301 isolates were recovered. Escherichia coli (n = 108, 35.9%) and Staphylococcus spp. (n = 27, 9%) were the most frequent isolates obtained. For E. coli, the highest resistance was against amoxicillin, erythromycin, tetracycline, and neomycin (95-100%). Staphylococcus spp. had a high level of resistance to streptomycin, trimethoprim/sulfamethoxazole, tetracycline and gentamicin (80-100%). The MDR levels of *E. coli* and *Staphylococcus* spp. isolates from non-ruminants were 72.2 and 74.1%, respectively. Significantly higher resistance level were observed among isolates from non-ruminants compared to ruminants for tetracycline, amoxicillin, enrofloxacin, and trimethoprim/sulfamethoxazole.

Keywords: antimicrobial resistance, livestock, cattle, pigs, clinical, Escherichia coli

# INTRODUCTION

The use of antimicrobial agents in animal farming is considered as one of the most essential factors that contribute to the emergence and dissemination of antibiotic resistant bacteria. Many of the antimicrobial agents such as ampicillin, gentamicin, and erythromycin used for livestock production and treatments are the same as, or closely related to, those used in medicines for humans. These drugs are categorized as "critically important antimicrobials" by the World Health Organization (WHO), and under the World Organization for Animal Health (OIE) Guidelines for antimicrobials, are categorized as "veterinary critically important antimicrobials" (1, 2), underscoring the significance of these agents for human as well as animal therapies.

In intensive food animal production, a substantial amount of antibiotics is used to prevent and treat various bacterial diseases. Unfortunately, a large quantity is also used as feed additives for the purpose of enhancing animal growth (3-5) and prophylaxis. The veterinary use of antimicrobial agents in food-producing animals for the purpose of growth promotion and disease prevention is therefore highlighted as one of the major risk factors or drivers for the emergence of antibiotic resistant-bacteria in animals and humans (6-8). Consequently, not only is the efficacy of antibiotics reduced, but also the risk of AMR pathogen transmission to humans is increased. In addition, the emergence of multi-drug resistant (MDR) bacteria poses an increasing challenge for veterinarians to render effective treatment to sick farm animals (9, 10). Bacteria such as Escherichia coli and Klebsiella pneumoniae are examples of two of most common bacteria that cause diseases in animals and are resistant to multiple antibiotics (11, 12). Other bacteria found in food animals such as Salmonella, Campylobacter, methicillinresistant Staphylococcus aureus (MRSA), and vancomycinresistant S. aureus have adverse implications for public health (13-17). These bacteria can be transmitted to humans via the food chain and therefore may result in foodborne related illnesses that cannot be cured by commonly used antibiotics (18-20).

Antimicrobial resistance (AMR) surveillance has been established in Denmark and most developed countries in Europe to monitor the trends and patterns of antibiotic resistance in humans and food animals (21–23). In Malaysia, active and passive veterinary surveillance of AMR has recently begun as part of the National Action Plan for AMR (My-AP AMR 2017-2021) (24).

Currently, there are limited data on the extent and patterns of AMR in isolates from diseased food-producing animals. Laboratory diagnostic findings can be useful to provide an overview of the situation of AMR among diseased animals to support evidence-based decisions on the use of antibiotics. Hence, this study examined retrospective data from a collection of reports comprising clinical cases received by the Bacteriology Laboratory at the Faculty of Veterinary Medicine, Universiti Putra Malaysia, Serdang, Selangor, between 2015 and 2017. Information about the extent of resistance of bacteria from clinical cases will give a clearer picture of the seriousness of AMR in the country so that more appropriate antimicrobial agents can be selected for therapy and better guidelines for antibiotic use can be proposed.

#### MATERIALS AND METHODS

#### Source of Data and Clinical Isolates

The data for this study originated from routine diagnostic cases received by the accredited Bacteriology Laboratory at the Faculty Veterinary Medicine of UPM Serdang, Selangor, Malaysia, from various veterinary health premises and animal facilities in Peninsular Malaysia. Cases from 1 January 2015 to 31 December 2017 were compiled and inputted into WHONET (vers 5.6, Boston, MA). The information included animal species, clinical history, specimen type (wounds/abscess, urine, lavage fluid, etc.), bacteria isolated, and antibiotic sensitivity testing (AST) results.

Standard microbiological procedures of isolation and identification to the species level were carried out using standard protocols (25). The antibiotic susceptibility test (AST) was performed using the Kirby Bauer's disc diffusion on Mueller Hinton Agar (MHA) method following the Clinical Laboratory Standards Institute (CLSI) guidelines (26). The AST results were grouped into three categories, viz. Resistant (R), Intermediate (I) and Susceptible (S) using established clinical breakpoints. For each bacterial species, the type of antibiotics tested differed according to the type of organism, the availability of antibiotics, and clinician's request.

Data from 241 cases were entered into Excel 2007 (Microsoft Office, 2017) and then transferred into WHONET 5.6 (27). A total of 701 isolates were obtained from various clinical samples of ruminants (cattle, goats and sheep) and non-ruminants (pigs and chicken) over the 3-year study period.

#### **Data Analysis**

Data of isolates from ruminants and non-ruminants were analyzed separately in WHONET 5.6 (28, 29). The laboratory results from animal species (ruminants: cattle, goats and sheep; non-ruminants: chicken and pigs) were combined into two separate animal groups to increase data robustness as the number of isolates obtained for the different bacteria varied, and could be low in some bacteria. Therefore, data with fewer than 10 isolates were excluded from further analysis. Chi-square test was used to compare differences of AMR patterns between the two animal groups. The frequency of MDR to bacteria between ruminants and non-ruminants was also tabulated and compared. All the statistical analysis were performed using the SPSS (version 22.0, IBM, Armonk, NY: IBM Corp.) at significance level  $\alpha$ =0.05.

#### RESULTS

## **Descriptive Analysis of Clinical Samples**

A total of 241 cases from diseased animals were received with requests for identification and AST. These cases comprised those of ruminants (n = 178, 73.9%), and non-ruminants (n = 63, 26.1%). From the cases, 395 specimens were received and a total of 701 isolates were obtained where more than half were from ruminants (n = 400, 57.1%), and the remaining from



FIGURE 1 | The distribution of bacterial species (Gram-negative and Gram-positive) from diseased livestock isolated between January 2015 and December 2017. Numbers inside brackets "()" indicate total number of bacterial isolates.

non-ruminants (n = 301, 42.9%). The specimens were from wounds/abscess (n = 112, 28.4%), post mortem (n = 109, 27.6%), milk (n = 87, 22.0%), feces (n = 55, 13.9%), and others, including nasal, ear and eye samples (n = 32, 8.1%).

Fifty-nine bacterial species were identified during the study period, with *E. coli* (n = 185, 26%) and *S. aureus* (n = 73, 10%) being the predominant organisms isolated. Other bacteria included *Enterococcus faecalis* (n = 46, 7%), *Enterococcus faecium* (n = 30, 4%), *Pseudomonas aeruginosa* (n = 29, 4%) and coagulase-negative *Staphylococcus* spp. (n = 29, 4%). Figure 1 shows the distribution and percentages of species of bacteria isolated between 2015 and 2017. *Escherichia coli* (n = 185, 26%) was the most common gram-negative bacteria isolate, while *S. aureus* (n = 73, 10%) was the most common gram-positive bacteria isolated from livestock.

# Antimicrobial Resistance of Clinical Isolates From Ruminants

Between 2015 and 2017, 178 cases of diseased ruminants (cattle n = 93, goats n = 78, sheep n = 7) were received for isolation and

identification of bacteria and AST. Four hundred isolates were recovered from 235 clinical specimens. Of these, one third (37%, 87/235) were from milk, followed by wounds/abscess (33.2%, 78/235), post-mortem (17.4%, 41/235), feces (8.5%, 20/235), and others including nasal, ear, and eye samples (3.8%, 9/235). Overall, *E. coli* (19.3%, 77/400), *S. aureus* (18.3%, 73/400) and coagulase (negative) *Staphylococcus* spp. (5.8%, 23/400) were most frequently isolated (**Table 1**).

About 72% (287/400) of bacteria isolated had multi-drug resistance (MDR) i.e., resistant to at least three or more antibiotic classes; 25% (100/400) were resistant to one or two antibiotic classes and only 3% (13/400) were susceptible to all tested antibiotics.

# Antibiogram Based on Species of Bacteria Isolated From Ruminants

An antibiogram of the bacterial species isolated is presented in **Figures 2–4**. Most of the selected bacteria were tested against fluoroquinolone, penicillin, tetracycline and aminoglycosides.

Clinical samples	N	(%)	(%)	(%)	(%) Others (n = 227)	
		Escherichia coli (n = 77)	Staphylococcus aureus (n = 73)	Coagulase (-)Staphylococcus (n = 23)		
Post mortem	41	20 (26%)	12 (16.4%)	0	41 (18.1%)	
Wounds/abscess	78	26 (33.8%)	26 (35.6%)	1 (1.3%)	78 (34.4%)	
Milk	87	8 (10.4%)	28 (38.4%)	22 (25.3%)	79 (34.8%)	
Feces	20	20 (26%)	4 (5.5%)	0	20 (8.8%)	
Others	9	3 (3.9%)	3 (4.1%)	0	9 (4%)	
Total	235	77 (100%)	73 (100%)	23 (100%)	227 (100%)	

TABLE 1 | Species of bacteria isolated from samples of diseased ruminants received by the Bacteriology Laboratory between 2015 and 2017.

N = Total number of clinical samples; n = Total number of bacterial isolates.



The MDR level for the selected bacteria for 2015–2017 is Sta

#### Escherichia coli

illustrated in Figure 5.

**Figure 2** shows that the highest level of resistance was to penicillin (93%; 95% CI = 83.7–97.4) followed by streptomycin (82.5%; 95% CI = 69.7–90.9), and neomycin (77.4%; 95% CI = 58.4–89.7. A statistically significant (p = 0.004) decline of the resistance level to tetracycline was observed, with 90% (95% CI = 68.3–98.8) in 2015 to 46.4% (95% CI = 27.5–66.1) in 2017.

Similarly, a significant (p = 0.001) decrease of resistance level (93.8%; 95% CI = 69.8–99.8) to (25%; 95% CI = 3.2–65.1) to amoxicillin/clavulanic acid was also recorded between 2015 and 2017. Multi-drug resistance (MDR) in **Figure 5** shows that more than 67% (52/77) of *E. coli* isolated were resistant to multiple classes of antibiotics; 29.9% (23/77) were resistant to one or two antibiotic classes and only 2.6% (2/77) were susceptible to all antibiotics tested. In addition, more than 90% of the isolates were not susceptible (intermediate or resistant) to four of nine tested antibiotics.

#### Staphylococcus aureus

*Staphylococcus aureus* was the second most common pathogen isolated from ruminants. The proportion of AMR (**Figure 3**) among the 73 *S. aureus* isolates resistant to neomycin was 82.1% (95% CI = 62.4–93.2), 70.2% to streptomycin (95% = 56.5–81.2), and 68.2% to ampicillin (95% CI = 45.1–85.3). However, the resistance levels to penicillin (32.9%; 95% CI = 22.4–45.3), and amoxicillin/clavulanic acid (38.1%; 95% CI = 19.0–61.3) in *S. aureus* were relatively lower.

A statistically significant increase in resistance proportion among *S. aureus* to neomycin (p = 0.021) from 94.7% (95% CI = 74–99.9) in 2015 to 100% (95% CI = 19.4–99.4) in 2017 was observed, to ampicillin (p = 0.001) from 14.3% (95% CI = 0.8– 58.0) in 2015 to 93.3% (95% CI = 66.0–99.6) in 2017, and to gentamicin (p = 0.002), from 40% (95% CI = 0.3–44.5) in 2015 to 100% (95% CI = 56.1–100) in 2017 were observed. Generally, 65.6% (48/73) of *S. aureus* isolated were MDR; 28.9% (21/73) were resistant to one or two antimicrobial agents tested and 5.5% (4/73) were not susceptible to all antibiotics tested (**Figure 5**). More than 90% of the isolates were not susceptible to one of ten tested antibiotics.







Numbers inside brackets "()" indicate total number of tested isolates for each antibiotic.

## Coagulase-Negative Staphylococcus spp.

None of the tested isolates of coagulase (negative) *Staphylococcus* were susceptible to the action of neomycin (100%; 95% CI = 82.2–100), ampicillin (100%; 95% CI = 80.8–100), and trimethoprim-sulfamethoxazole (100%; 95% CI = 81.5–100). The resistance rates were also high for penicillin (95.7%; 95% CI = 76.1–99.8) and amoxicillin (95.5%; 95% CI = 75.2–99.8). Interestingly, more than 80% of isolates remained sensitive to tetracycline (**Figure 4**).

No statistically significant resistance trends to all tested antibiotics were observed over the study period (P > 0.05). The MDR of coagulase (negative) *Staphylococcus* (**Figure 5**) over the three-year period was 95.7% (22/23), with 4.3% (1/23) being

resistant to one or two antimicrobial agents tested. More than 90% of the isolates were no longer susceptible to five of six tested antibiotics.

# Antimicrobial Resistance of Clinical Isolates From Non-ruminants

Over the 3-year study period, 63 cases from non-ruminants (pigs n = 34 and chicken n = 29,) were received for identification and AST. A total of 160 clinical specimens were from post-mortem (42.5%, 68/160), followed by wounds/abscess and feces which accounted for (21.25%, 34/160) and (21.9%, 35/160), and other samples such as nasal and eye swabs (14.4%, 23/160).



From these specimens, a total of 301 isolates were recovered. *E. coli* was the most frequent isolate (35.9%, 108/301), followed by *Staphylococcus* spp. (9%, 27/301) and *E. faecalis* (9%, 27/301) (**Table 2**). More than 82.1% (247/301) of bacteria isolated were MDR, i.e., resistant to at least three or more antibiotic classes; 17.6% (53/301) were resistant to one or two antibiotic classes and 0.3% (1/301) of the isolates were susceptible to all tested antibiotics.

## Antibiogram Based on Species of Bacteria Isolated From Non-ruminants

An antibiogram of the bacteria species isolated is presented in **Figures 6–8**. The MDR levels for the selected bacteria during the study period are illustrated in **Figure 9**.

#### Escherichia coli

In the antibiogram of *E. coli* presented in **Figure 6**, complete or almost complete resistance was observed against amoxicillin (100%; 95% CI = 93.8-100), erythromycin (100%; 95% CI = 82.8-100), tetracycline (95.1%; 95% CI = 82.2-99.1) and neomycin (91.5%; 95% CI = 80.6-96.8). Chi-square analysis determined that no significant differences were observed in the proportions of resistant isolates between time periods for all antibiotics tested. Generally, 72.2% (78/108) of *E. coli* isolates were MDR while 27.8% (30/108) were resistant to one or two antimicrobial agents *tested* (*Figure 9*). More than 90% of isolates were not-susceptible to seven of nine tested antibiotics.

#### Staphylococcus spp.

All *Staphylococcus* spp. isolates were resistant to streptomycin (100%; 95% CI = 65.5–100). The resistance (**Figure 7**) was also high for trimethoprim/sulfamethoxazole (92.9%; 95% CI = 64.2–99.6), tetracycline (88.2%; 95% CI = 62.2–97.9), and gentamicin (81.8%; 95% CI = 47.7–96.8). A significant increase in resistance level was seen for amoxicillin (P = 0.003), from 50% (95% CI = 2.7–97.3) in 2015 to 100% (95% CI = 75.3–100) in 2017. The

MDR of *Staphylococcus* spp. over the 3-year period was 74.1% (20/27), while 22.2% (6/27) were resistant to one or two classes, and 3.7% (1/27) of the tested *Staphylococcus* spp. isolates were susceptible to all classes of antimicrobial agents (**Figure 9**). More than 90% of the isolates were not susceptible to three of six tested antibiotics.

#### Enterococcus faecalis

The E. faecalis antibiotic resistance level between 2015 and 2017 is presented in Figure 8. Resistance was 100% to streptomycin (95% CI = 80.8-100), 100% to neomycin (95% CI = 81.5-100)100), 95.7% to gentamicin (95% CI = 76.1-99.8), and 72.7% to amoxicillin (95% CI = 49.5-88.4). The resistance levels to enrofloxacin (23.5%; 95% CI =7.8-50.2) and tetracycline (29.4%; 95% CI 11.4-55.9) were lower. For tetracycline and erythromycin, no statistically significant resistance trends were observed over the years. On the other hand, a significant decrease (P = 0.00) in resistance levels against enrofloxacin from 100% (95% CI = 39.6-100) in 2015 to 0% (95% CI = 0.0-30.1) in 2017 was recorded. The MDR was more than 81.5% (22/27) and only 18.5% (5/27) were resistant to one or two antimicrobial agents tested (Figure 9). More than 90% of E. faecalis isolates were not susceptible to six of nine antibiotics.

# Differences Between Resistance Profile of Isolates of Ruminants and Non-ruminants

Antimicrobial resistance profiles among *E. coli* isolates are presented in **Table 3**. In both ruminants and non-ruminants, *E. coli* was frequently resistant to streptomycin and neomycin (77 to 92%) as well as trimethoprim/sulfamethoxazole (62 to 78%). Generally, *E. coli* isolates from non-ruminant showed higher levels of resistance toward all antimicrobial agents tested, with 100% resistance to amoxicillin and erythromycin; they were also highly resistant toward enrofloxacin. In contrast, *E. coli* isolates from ruminants showed high resistance toward penicillin (93%).

Analysis of the patterns of resistance was limited to antimicrobial agent groups with n > 10 isolates; others with < 10 isolates were excluded from the analysis. Statistically significant differences between the frequency of resistance of ruminants and non-ruminants were observed between *E. coli* resistance levels to tetracycline, enrofloxacin, and amoxicillin.

Multi-drug resistance level during the study period (2015–2017) showed that frequency of MDR *E. coli* isolates decreased from 88.6% in 2015 to 53.7% in 2017. However, the difference was not significant (67.4 vs. 72.2%;  $\chi^2$ = 0.473, *p* = 0.492) in both animal groups.

# DISCUSSION

According to the list of antibiotics under WHO and OIE (1, 30), several classes of antibiotics overlapped among those listed under the critically important antibiotics and veterinary critically important antibiotics (VCIA), including 3rd and 4th generation cephalosporin, macrolide, fluoroquinolone, aminoglycosides, and penicillin. In addition, those listed under VCIA include tetracycline, sulphonamide, and penicillin. Therefore, analysis on

Clinical samples	N	(%) Escherichia coli (n = 108)	(%)	(%)	(%)
			Staphylococcus sp. $(n = 27)$	Enterococcus faecalis (n = 27)	Others ( <i>n</i> = 139)
Post mortem	68	58 (53.7%)	13 (48%)	20 (74%)	60 (43.2%)
Wounds/abscess	34	21 (19.4%)	14 (52%)	2 (7.4%)	34 (24.5%)
Feces	35	28 (26%)	0	5 (18.5)	24 (17.3%)
Others	23	1 (0.9%)	0	0	21 (15%)
Total	160	108 (100%)	27 (100%)	27 (100%)	139 (100%)

TABLE 2 | Species of bacteria isolated from samples from diseased non-ruminants received by the Bacteriology Laboratory between 2015 and 2017.

N = Total number of clinical samples; n = Total number of bacterial isolates.



FIGURE 6 | Antibiotic susceptibility pattern of *Escherichia coli* isolates from diseased non-ruminants (January 2015-December 2017). R-resistance; I-intermediate; S-susceptible; AML-amoxicillin; CN-gentamicin; ENO-enrofloxacin; ERY-erythromycin; MAR-marbofloxacin; NEO-neomycin; STR-streptomycin; TE-tetracycline; TMS-trimethoprim/sulfamethoxazole; Numbers inside brackets '()' indicate total number of tested isolates for each antibiotic.



**FIGURE 7** | Antibiotic susceptibility pattern of *Staphylococcus* spp. isolates from diseased non-ruminants (January 2015-December 2017). R-resistance; I-intermediate; S-susceptible; AML-amoxicillin; CN-gentamicin; ENO-enrofloxacin; STR-streptomycin; TE-tetracycline; TMS-trimethoprim/sulfamethoxazole; Numbers inside brackets "()" indicate total number of tested isolates for each antibiotic.



FIGURE 8 | Antibiotic susceptibility pattern of *Enterococcus faecalis* isolates from diseased non-ruminants (January 2015-December 2017). R-resistance; I-intermediate; S-susceptible; AML-amoxicillin; CN-gentamicin; ENO-enrofloxacin; ERY-erythromycin; MAR-marbofloxacin; NEO-neomycin; STR-streptomycin; TE-tetracycline; TMS-trimethoprim/sulfamethoxazole; Numbers inside brackets "()" indicate total number of tested isolates for each antibiotic.



veterinary data from clinical isolates is an important component of a strategic action plan for AMR as it provides background AMR information and complements active surveillance data, thus reflecting the overall antimicrobial resistance situation in a country. Unfortunately, as there are few reports published on AMR trends among isolates from diseased animals, it is challenging to compare our findings as most publications are based on samples from healthy animals or animal food products.

*Escherichia coli, Staphylococcus aureus* and coagulase (negative) *Staphylococcus* spp. are the most frequently isolated agents from diseased ruminants. *Escherichia coli* isolates are frequently highly resistant or not susceptible to most antibiotics categorized as VCIA tested, such as penicillin, streptomycin, neomycin and gentamicin. This is contrary to the report from a veterinary regional laboratory in the northern part of Peninsular Malaysia that recorded lower levels of resistance for streptomycin (26%), neomycin (33%), and gentamycin (23%) from diseased

**TABLE 3** | Antimicrobial resistance profiles among *E. coli* isolates from diseased ruminants and non-ruminants between 2015 and 2017.

	Resistance % (95% CI)				
		Ruminants	Non-ruminants		
Antimicrobial agents	N	Escherichia coli	N	Escherichia coli	
Penicillin	71	93 (83.7–97.4)	NA	NA	
Tetracycline	69	52.2 (39.9–64.2)	41	95.1 (82.2–99.1)*	
Amoxicillin	61	54.1 (40.9–66.7)	73	100 (93.8–100)*	
Streptomycin	57	82.5 (69.7–90.9)	36	77.8 (60.4–89.3)	
Enrofloxacin	57	24.6 (14.6–38.1)	75	84 (73.3–91.1)*	
Neomycin	31	77.4 (58.4–89.7)	59	91.5 (80.6–96.8)	
Amoxicillin/clavulanic acid	26	69.2 (48.1–84.9)	NA	NA	
Trimethoprim/ sulfamethoxazole	21	61.9 (38.7–81.0)	58	77.6 (64.4–87.1)	
Gentamicin	22	68.2% (45.1–85.3)	77	66.2 (54.4–76.3)	
Erythromycin	NA	NA	24	100 (82.8–100)	
Marbofloxacin	NA	NA	11	63.6 (31.6–87.6)	

NA, Insufficient data (fewer than 10 isolates) available; N, Total number of tested isolates for each antibiotic. \*Significant difference between ruminants and non-ruminants, P < 0.05.

large and small ruminants (31). About 60% of *E. coli* isolates in this study were not susceptible to enrofloxacin, which is consistent to that reported in diseased small ruminants in India (32) (65.5%), but higher than that reported in clinical isolates from cows (16.4%) in China (33). The same report from India indicated *E. coli* was mainly sensitive to gentamicin, in contrast to the study in China, and to our study that showed clinical *E. coli* isolates to be more than 85% resistant to gentamicin. In fact, 90% of all *E. coli* isolates from diseased ruminants in this study were no longer susceptible to four of nine tested antibiotics. The level of MDR (67%) was higher than that reported for *E. coli*  in the same group of animals (31) and in isolates from cows in China (33).

Staphylococcus aureus demonstrated very high resistance to most antibiotics tested, such as neomycin, streptomycin, ampicillin and trimethoprim/sulfamethoxazole, and increasing non-susceptibility against enrofloxacin and amoxicillin. Coagulase (negative) Staphylococcus was completely resistant to most tested antibiotics except for tetracycline. Contrary to this finding, lower levels of resistance against the same aforementioned antibiotics were reported in Algeria (34) and in Turkey (35). These researchers reported resistance levels of S. aureus and coagulase (negative) Staphylococcus isolates from cows with mastitis to trimethoprim/sulfamethoxazole (ranging from 2 to 45%) and neomycin (ranging from 0 to 30%). Phophi et al. (36) reported about 90% resistance of coagulase negative Staphylococcus to ampicillin and penicillin and 51% MDR, both figures being similar to our observation in this study. The lowest resistance was demonstrated in S. aureus isolates against penicillin (32.9%), which was lower than that previously reported against the same antibiotic (44-54%) in raw milk in Egypt (37). Similarly, sensitivity level was reported in mastitic milk samples in Switzerland at 10.6, 8.2, and 7.7% against erythromycin, penicillin and tetracycline, respectively (38). S. aureus and coagulase (negative) Staphyloccoccus were both more than 90% resistant to neomycin. This could be attributed to the wide use of the aminoglycosides for the treatment of mastitis (39). A significant increasing resistance trend was also reported for S. aureus recovered from dairy cattle with suspected mastitis in the Animal Health Diagnostic Laboratory of Michigan in the United States (40) between 1994 and 2000. The researchers reported that S. aureus resistance trends to gentamicin increased from 95.4% in 1994 to 100% in 2000.

Given that ruminants in Malaysia are mainly raised in extensive or semi-intensive systems where antibiotics are less widely administered (41), it is worrying to observe that more than 60% of the most common isolated pathogens from diseased animals are MDR. This could probably be due to the intermittent use of various types of antibiotics for therapy and the possible transfer of resistant-bacteria from the environment. Ruminants generally have a closer interaction with organisms in soil and water due to feeding and grazing activities, and as such, are frequently exposed to resistant bacteria in the environment that serves as a reservoir for antibiotic resistance (42, 43). In our previous study, we have reported that *Salmonella* from free-range chickens which were rarely given antibiotics acquired resistance to colistin and were MDR (44).

Generally, bacteria from diseased non-ruminants in this study demonstrated higher resistance levels against the majority of the tested antimicrobials, including fluoroquinolone, compared to ruminants. In the former, *E. coli* isolates displayed complete resistance levels against amoxicillin and erythromycin, as well as more than 90% resistance levels against tetracycline and neomycin. These findings are consistent with the trend for tetracycline as reported by Shahaza et al. (31) and corroborate with other similar studies, where *E. coli* has been reported as having high resistance levels against the aforementioned antimicrobials in Serbia (45) and also elsewhere around the

world (46, 47). In the study by Dosen et al. (45), the authors reported that high levels of E. coli isolates recovered from necropsied pigs were not susceptible to tetracycline (93.55%), amoxicillin (73.34%), and neomycin (61.3%). Furthermore, researchers from Ireland also reported high levels of resistance of E. coli isolates against tetracycline (100%) and streptomycin (97.3%) in samples recovered from routine diagnostic cases at the University Veterinary Hospital, Ireland (48). E. coli isolates from this study demonstrated high levels of nonsusceptibility against fluoroquinolones enrofloxacin (94.7%) and marbofloxacin (72.7%). Researchers have shown that resistance to fluoroquinolones was often associated with tetracycline and trimethoprim/sulfamethoxazole resistance (49), consistent with high levels of tetracycline (95.5%) and trimethoprim/sulfamethoxazole (77.6%) resistance observed in this study. High resistance levels by E. coli isolates against 3rd generation fluoroquinolones such as the aforementioned could be attributed to a few factors. Fluoroquinolone is a broad-spectrum antimicrobial and is frequently used in foodproducing animal settings (50, 51) as a blanket prevention or treatment of infections such as enteric and respiratory infections (52). For Gram-positive Staphylococcus spp. and E. faecalis, complete resistance was demonstrated against streptomycin (both 100%) as well as high resistance levels against gentamicin (81.8%; 95.7%). In the study of Liu et al. (53), the highest level of Staphylococcus spp. resistance manifested was against gentamicin (85%). Contrary to our findings, study of E. faecalis isolates recovered from fecal samples of broiler breeders in Korea (54) demonstrated low resistance levels against gentamicin (10.5%) and streptomycin (16.2%).

Escherichia coli is regarded as an excellent sentinel for AMR in a wide range of animal species (55, 56). Hence, it is a suitable candidate for comparing resistance profiles between animal groups. In addition, most antibiotic classes used to treat E. coli infection are shared between animal species. E. coli was the most commonly isolated pathogen in this study, consistent with other reports (31, 57). Statistically significant differences were observed for the antimicrobial resistance pattern between the two groups. E. coli isolates from non-ruminants demonstrated higher resistance levels compared to the isolates from ruminants for tetracycline, amoxicillin and enrofloxacin. Other researchers in Tunisia (58), UK (59), and China (60, 61) reported similar resistance trends in non- ruminants against tetracycline (74.7-96.7%), amoxicillin (57-86.7%), and enrofloxacin (64.5-78.9%). Studies by Abbassi et al. (56) and Lei et al. (60) also corroborate with our findings, where E. coli isolates from ruminants generally demonstrated lower resistance trends than those from poultry and swine. There are many possible reasons for the observed differences in the resistance pattern between the isolates from ruminants and non-ruminants. In the Malaysian setting, we believe that a major reason is the prolonged exposure and lengthy use of antimicrobials in the intensive production systems of chicken and pigs compared to extensive or semiintensive production settings (where antimicrobials are used less widely) for cattle and goats (62, 63). For example, heavy usage of antimicrobials in chicken and pig industries has been documented in various reports (64) and linked to the observed increasing resistance levels of bacterial isolates from these animal species. Significantly larger quantities of antibiotics are used to produce the same volume of meat from pigs than from ruminants. For instance, it has been reported that 45 mg of antibiotics are needed to produce 1 kg of beef, while 172 mg are needed to produce the same weight of pork (65–67).

High levels of MDR of clinically important bacterial pathogens isolated from food animals have serious implications. In this study, we found an alarming frequency of multidrug resistant and extensively drug resistant clinical isolates in both animal groups. MDR of clinically important bacterial pathogens reduces the therapeutic options for disease incidence. This not only impacts food security but also increases the chances of transmission and dissemination of resistant pathogens to other bacteria by horizontal transfer of resistance genes to the same or different species of bacteria (68, 69). Consequently, resistant organisms can directly or indirectly be transferred to humans via food or the environment. Recently, MDR has been widely reported especially in commensal E. coli which has the versatility to develop and choose several mechanisms to fight off the effect of antimicrobial agents (70) and donate resistance materials to other bacteria (71).

There are inherent limitations to our findings. Sampling bias represents an important limitation of this study. This is because samples were received from diseased animals which might or might not have been recently or previously treated with antibiotics. Besides, the history of antibiotic usage at the farm was not known to us. Thus, the data from this study do not necessarily represent livestock in Peninsular Malaysia and may not fully reflect the overall picture of AMR pattern and trends from diseased food animals. Another bias is that our findings could not differentiate whether the isolated bacteria were part of normal flora or were causative agents of the infection. Furthermore, the antimicrobial agents were not tested in a consistent manner over the study period because antimicrobial agents were applied depending on the type of bacterial pathogens, clinician's opinion, clients' request and the availability of the antimicrobial agents in the diagnostics laboratory.

## CONCLUSION

This study provides an overall picture of the resistance trends in clinically important *E. coli*, Staphylococci (coagulase-negative

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*Staphylococcus* spp., *S. aureus, and Staphylococcus* spp.) and *E. faecalis* isolated from livestock in a university veterinary diagnostic laboratory in Peninsular Malaysia. Significantly higher proportions of resistance among *E. coli* isolates were observed from non-ruminants compared to ruminants. However, the level of MDR did not significantly differ between the two groups. The findings indicate that the wide use of antibiotics, especially in non-ruminants for intensive production is linked to the higher resistance to various antibiotics. This is a worrying trend. More critical research is needed to investigate the patterns of resistance to antibiotics in food animals to ensure food safety.

# DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/supplementary material, further inquiries can be directed to the corresponding author/s.

# **AUTHOR CONTRIBUTIONS**

NAH executed the laboratory work, collected and analyzed the data, and wrote the manuscript. LH devised the project design and main conceptual ideas, facilitated data analyses and interpretation of data, and co-write the manuscript. SKB and NIA facilitated the laboratory technical work and manuscript conception. SMJ facilitated data analysis and interpretation of findings. All authors have read and agreed to the published version of the manuscript.

## FUNDING

This research project was part of a research study undertaken by the Faculty of Veterinary Medicine, Universiti Putra Malaysia, and was funded by the UPM Research Grant No. GP-IPB/2019/9676500.

## ACKNOWLEDGMENTS

We thank the Bacteriology Laboratory Faculty of Veterinary Medicine, UPM Serdang, Malaysia staff for technical assistance.

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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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