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Airway management considerations in patients with vocal fold implants

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Vocal fold implants (VFI) are used to manage glottis insufficiency, restore proper vocal cord functioning, and prevent aspiration. Implants with different physical properties are made from various materials. Patients with VFI present challenging airways. Perioperative physicians should recognize several considerations when confronting airway management in the setting of VFI. A preoperative assessment of patients with a VFI by a multidisciplinary team specialized in airway management is crucial. The best-fitting endotracheal tube and intubation technique can minimize the risk of implant displacement. The present investigation provides different options for airway management in the setting of VFI and describes solutions for special situations such as lung isolation and difficult intubation. An algorithm is presented as a visual tool to help anesthesiologists who encounter such patients for safe airway management while preserving the VFI.

KEYWORDS

vocal fold implants, airway management, anesthesia, endotracheal intubation, ultrasound

Introduction

Vocal fold implants (VFI) are used to manage glottis insufficiency (GI), restore proper vocal cord functioning, and prevent aspiration. Patients with VFI present uncommon challenges for anesthesiologists who deal with their airways. The major risk during endotracheal intubation is displacing the VFI, which can instantly obstruct the airway and threaten the life of the patient. Another risk is the loss of phonation. Moreover, the VFI causes changes in the vocal folds making them more prone to injury during airway instrumentation.

Therefore, recognizing and planning for this unique situation are key issues in safe airway management. Perioperative physicians should recognize several considerations when confronting such a situation. To date, no review articles have discussed the proper airway management for such patients with VFI. This review aims to evaluate the airway of patients with VFI and tailor the optimal plan for airway management while preserving the implant in place.

Abbreviations

ETT, endotracheal tube; FOB, fiber-optic bronchoscope; FBI, fiber-optic intubation; GI, glottis insufficiency; IL, injection laryngoplasty; ITD, internal transverse diameter; VFI, vocal fold implants.

VFI

History of VFI

The therapeutics of vocal cord insufficiencies remained unknown over the past centuries. In 1911, Brunings (1) first described paraffin injection of a patient's vocal folds under general anesthesia through a direct laryngoscopy to substantially ameliorate and restore the voice of the patient. Many new types and techniques have been implemented since then. In 1962, Godfrey Edward Arnold used Teflon in injection laryngoplasty (IL). However, Teflon was discontinued due to its postoperative granuloma formation as a disastrous complication (2). Over time, various materials have been used for IL, such as gel foam, carboxymethylcellulose, collagen, hyaluronic acid, calcium hydroxyapatite, and autologous fat (3). Correspondingly, in 1915, Erwin Payr proposed the idea of realigning the vocal fold with a surgical intervention called medialization laryngoplasty or thyroplasty. Payr created a cartilaginous flap from the thyroid ala to medialize the laryngeal fold, thus introducing alteration to a laryngeal framework to medialize the vocal cords. This method gained notability in 1974 when Isshiki et al. proposed the technique of thyroplasty to alter the laryngeal framework and restore normal laryngeal function. The method of Isshiki et al. (5) involved inserting of a solid implant, i.e., a silicon wedge, through a window in the thyroid cartilage. Montgomery, titanium, silicone, and layered Gore-Tex are common materials for thyroplasty implants (4). Recently, medialization thyroplasty has been established for medializing the vocal fold and reducing the glottis gap.

Indications for VFI

Laryngeal framework surgeries and IL are interventions used to manage GI and restore proper vocal cord functioning. GI is described as partial closure of vocal cords when phonating, resulting in inappropriate air leakage and vibration loss (6). Rationally, there are two types of GI causes, namely, paralytic and non-paralytic. The paralytic causes include vocal cord paralysis and paresis (6).

TABLE 1 Injectable materials in IL.

The primary indication for vocal cord implants in adults is unilateral vocal fold paralysis (7)[.] Nouraei et al. (8) surveyed unilateral vocal fold immobility showing an incidence of 5.13 per 100,000 annually. Medialization thyroplasty is regarded as the gold standard method for gap reduction between the vocal folds in such cases (9).

The non-paralytic causes of GI may include traumatic injury to the neck, nerve injury, tumors, inflammation, and neurological conditions such as Parkinson's disease in adults (6). Bilateral vocal cord paralysis is a congenital idiopathic condition that ranks second among laryngeal malformations in pediatric patients (10). Perpetuity in the conditions often requires surgical interventions such as cordotomy, arytenoidectomy, and thyroplasty (11).

Types of vocal cord implants *Injection laryngoplasty*

VFI has two main processes, namely, IL (liquid implants) and thyroplasty (solid implants). Transcutaneous IL is a minimally invasive technique characterized by injecting a biodegradable material into the paralyzed vocal cord with the help of endoscopic visualization (12). The injectable substances involved are either permanent materials, such as calcium hydroxyapatite autologous fat and Teflon, or temporary substances, such as gel foam, collagen, and hyaluronic acid. Each material possesses contrasting characteristics based on the duration of action and stability (**Table 1**) (13–19).

Medialization thyroplasty

In 1974, Isshiki et al. proposed the idea of thyroplasty, which involves cutting and reshaping the thyroid cartilage to cure laryngeal insufficiencies. Thyroplasty is widely accepted and frequently observed to medialize the vocal cords and improve all kinds of glottis insufficiencies (20, 21). Techniques to perform medialization thyroplasty have improved over the recent years, and better materials for implants have been discovered. Various implants are used to fix the vocal folds medially during

Injectable material	Duration of action	Location of injection	Advantages	Disadvantages
Calcium	Permanent	Lateral to vocal ligaments	Long-term improvement of voice quality	Excess administration causes stiffness
hydroxyapatite			Less likely to migrate, thus showing a higher stability	High density of material
			No postoperative inflammation	-
Autologous fat	Permanent	Submucosally for scar/sculcus	Safe and effective	Unintended migration of fat, leading to
			Easily available	less stability
		Deeper for medialization	Similar density as that of the vocal cords	Site swelling and infection
Teflon	Permanent	Thyroarytenoid muscle	Effective for large posterior glottis gap	Post-inflammatory reaction
				Granuloma formation
Gel foam	4-10 weeks	Submucosally	Durable	Active reabsorption
			Less likely to cause an allergic reaction	
Collagen	8–11 months	Deeper layers of the lamina propria	Help in revascularization	Complete resorption within 21 months
			Graft is stable	Intralaryngeal abscess
			Tissue integration	
Hyaluronic acid	4 months	Superficial or deeper layers of the lamina propria	Migration to a small extent	Active reabsorption
			No tissue necrosis	Risk of an allergic reaction
			Similar density as vocal cord	

Implanted material	Stability	Advantages	Disadvantages/complications
Titanium	+++	Improved vocal cord functioning	Local wound infection
		Locking U-shaped structure makes it less susceptible to migration	Granulation tissue formation
		Less duration of surgery	
		Titanium is easy to adapt to any shape	
Silicone	+	Safe and cost-effective	Granulation polyp formation
			More susceptible to migration in an endolaryngeal direction
			More duration of surgery
Gore-Tex	+	Minimally invasive	Risk of implant extrusion
		Cost-effective	Risk of postoperative infection
Montgomery	++	No suturing required	Difficulty in insertion of the implant
		Less duration of surgery	Difficulty in postoperative stabilization

TABLE 2 Vocal fold implants (VFI) in thyroplasty

+++, highly stable; ++, mid-to-moderate stable; +, less stable.

thyroplasty. These implants come in different sizes and materials, and the most commonly used implants are Montgomery, titanium, hand-carved silicone, or layered Gore-Tex (Table 2) (22).

Although silicon vocal cord implants are commonly used with desirable outcomes, new research has found that silicone implants do not adhere to the thyroid cartilage and have a higher risk of migration into an endolaryngeal direction, reducing the stability and being undesirable for future surgeries and intubations (23).

A novel titanium vocal cord implant is a safe and much better option to achieve desirable outcomes. Titanium vocal cord implants are extremely durable due to their U-shaped structure, which firmly adheres to the thyroid cartilage and resists migration (24).

A minimally invasive vocal cord medialization technique is the use of Gore-Tex implants (Figure 1), which are commonly preferred for unilateral vocal cord paralysis. A study by Giovanni et al. (25) evaluated the results of vocal cord medialization using Gore-Tex implants and found that only one out of the 13 cases undergoing the procedure showed migration, while all had improved vocal functionally. Another literature review attributed the causes of Gore-Tex extrusion to large size used and coincident hematoma, especially in women (26). Therefore, the anesthesiologist should pay attention to the type of implant used.

Montgomery vocal cord implants (Figure 2) have been designed over recent years for an effective and practical treatment of unilateral laryngeal nerve palsy. A study by Laccourreye et al. (27) found that no adverse reaction was observed in 79.8% of cases and displacement was observed in only 2% of cases, thus showing a satisfactory response regarding stability.

Airway management

Safe airway management is one of the crucial steps in the anesthetic management of any surgery. In the setting of VFI, airway management is more complicated because it poses higher risks and requires a careful approach to secure the airway without displacing the implants. Therefore, regional anesthesia should be a





TABLE 3 Airway devices in the setting of the VFI.

Airway devices	Potential risks of VFI displacement	
Single-lumen endotracheal tube (ETT)	+	
Double-lumen ETT	++	
Supraglottic device	Away from the implants	
Tracheostomy	Away from the implants	

+, has risk; ++, more risky.

safer alternative if applicable for patients without contraindications. In case general anesthesia is inevitable, the new generations of supraglottic devices might be a wise choice to avoid encountering the implants (28) (Table 3). However, a definite plan for tracheal intubation should be always ready (Algorithm 1).

Multidisciplinary team

The multidisciplinary team involving airway-expert anesthesiologists, laryngologists, and radiologists enables a comprehensive airway assessment of such patients. The team should inform the patient about the potential risks of tracheal intubation, which may displace the VFI (29). Therefore, informed consent should be obtained, and the plan in case of implant



displacement should be discussed with the patient, especially if immediate revision medialization laryngoplasty is involved.

Preoperative airway assessment

After the conventional anesthetic preoperative assessment of the patients, airway examination should be twofold. First, the anesthesiologist should obtain a meticulous history of the implant (type, duration, revision of implantation). As mentioned, the stability of the VFI and, consequently, the risk of displacement differ based on its type. Second, in addition to identifying the signs of difficult ventilation, the airway examination should involve visualization of the implant and an objective measurement of the internal transverse diameter (ITD) of the trachea for choosing the best-fitting endotracheal tube (ETT).

Visualization of the VFI

It is imperative to perform a preoperative flexible bronchoscope to evaluate VFI status (30). The laryngologist should document the status of the implants and report any related complications. Preoperative bronchoscopy also helps prepare the plan of endotracheal intubation and prevents encountering any unanticipated difficult airway.

Radiological assessment of the airway

Neck imaging by x-ray may help detect any metalwork in the airway. However, a neck computed tomography is more sensitive to show the characteristic imaging appearances of various implants (e.g., in case no reports of the VFI are available) and any related complications (31). The radiologist would be of great benefit here.

Best-fitting ETT

Proper selection of an ETT is vital to avoid a narrower size with more resistance and a larger one with more potential damage. The risk factors of the potential damage involve the type of ETT [double-lumen tube (DLT) and reinforced tubes may be more traumatic] and the type of surgery that necessitates positional change (and subsequently alteration of the tube position) (32). In addition, magnetic resonance imaging study of the vocal folds after medialization laryngoplasty demonstrated a threedimensional structural change in the vocal folds. A recent study revealed a reduced medial-lateral dimension of the vocal fold and a 70% more stretch of the coronal plane (33). Moreover, after medialization thyroplasty, the glottic aperture becomes narrower in a non-compliant way because of the implant. These structural changes may make the vocal fold prone to injury during tracheal intubation much more than in the normal population.

Therefore, it is imperative to measure the ITD of the trachea to choose the best-fitting tube by relating ITD with the outer diameter of the tube and not the internal diameter of the tube, which is usually used for size measurement and smaller than the outer



diameter of the tube. A study utilized the magnetic resonance image to measure the internal diameter of the trachea at the cricoid cartilage and found that it was more than the outer diameter of the best-fitting ETT by 0.1–1.7 mm (34). Neck ultrasound and computed tomography of the neck have comparable efficacy in measuring the internal diameter of the trachea (35, 36) (Figure 3).

Intraoperative considerations

Attendance of the laryngologist throughout the operation, especially during tracheal intubation and extubation, is highly recommended.

Minimizing the number of intubation attempts and inserting the ETT away from the implant site may help decrease its potential contact with the implant. This necessitates that the anesthesiologist responsible for endotracheal intubation should be an airway expert. Attenuating the airway response to intubation and extubation should be considered to avoid bucking and coughing, which may lead to the displacement of unstable implants or injectable materials (37). Therefore, using neuromuscular blocking drugs and the confirmation of adequate paralysis with a nerve stimulator or quantitative neuromuscular monitoring prior to intubation is of utmost importance.

It is recommended to use a video laryngoscope, which can provide a better glottic view than the conventional laryngoscope (38). In addition, cautious inflation of the endotracheal cuff and continuous monitoring of the cuff pressure throughout the operation is paramount. Inadvertent syringe inflation may increase the cuff pressure and, subsequently, the volume to two times the internal diameter of the trachea, which could threaten the implant (39).

Tracheal extubation

Deep extubation and then ETT replacement with a laryngeal mask airway before emergence may reduce the stress forces of the implant and decrease respiratory complications. In addition, the laryngeal mask airway allows the passing of the fiber-optic bronchoscope (FOB) to assess the implant after the extubation (40).

Therefore, it is possible to document the VFI status and then remove the laryngeal mask airway after full emergence from anesthesia.

Special consideration

Emergency intubation

In emergency intubation, there is no time for a comprehensive airway evaluation. Therefore, the anesthesiologist can utilize the ultrasound (more familiar and feasible) to measure the ITD of the trachea. Using a video laryngoscope and directing the ETT away from the implant side should be the proper technique. Examining the VFI with the FOB before extubation is crucial to show the implant status.

Single-lung ventilation

One-lung ventilation can be achieved using a DLT or bronchial blockers. However, the DLT poses higher risks of airway injury and the possibility of displacing the VFI (41). Therefore, isolating the lung with a bronchial blocker through a single-lumen tube would likely be a safer technique in this case (42, 43). Moreover, using the non-intubation technique (bronchial blocker via the laryngeal mask airway) may be a novel solution for lung isolation, which avoids the potential injury of the VFI with the ETT in selected patients (44).

Difficult intubation

Difficult intubation in the setting of the VFI poses a complicated challenge. Tracheal tube introducer (bougie), which is associated with a high incidence of airway injury, should be avoided (45). In the setting of awake intubation, using oral FOB is the gold standard (46). However, on railroading the ETT on the FOB, the FOB cannot visualize the area outside the ETT where it encounters the VFI. To avoid this blind spot, two options may be helpful. The first option is combining the oral FOB with a nasal FOB to visualize the tube while passing through the airway (47). The second option is replacing the FOB with video laryngoscopy for tracheal intubation, which has the same efficacy in awake intubation and provides better visualization of the glottic view (48).

Deep extubation may not be a proper technique in case of difficult intubation. Therefore, inserting a nasal FOB before emergence can visualize the ETT on removal and assess the implant position. Finally, in the case of the surgical airway, tracheostomy is more distant from the implant than the cricothyroidotomy. After securing the difficult airway, airway examination with FOB is important to detect any coincident implant displacement as we mentioned before extubation.

Future directions

One of the innovations in airway management is artificial intelligence. Implementing the artificial intelligence model can decrease the incidence of unexpectedly difficult airways by detecting accurately its morphological features (49).

The preoperative airway assessment may benefit from using nasal and virtual endoscopy, which improves the diagnostic accuracy of the various airway anatomical challenges (50). The former can be used by the anesthesiologist in awake patients, which may be very helpful in case of emergency intubation. The latter should improve the interpretation of the computed tomography images and guide a competent airway plan in such a situation.

The most interesting is the advances in the supraglottic airway devices with enhanced protection against aspiration which may be comparable to the ETT (51). In the management of patients with VFI, using these devices would avoid contact with the implant. In addition, the new generation facilitates using a flexible bronchoscopy, which can assist in the diagnosis of unexpected challenges, especially in difficult airways.

Conclusion

Airway management in the setting of VFI necessitates the cooperation of the multidisciplinary team to set a proper plan. The preoperative airway assessment should be shared between the laryngologist, radiologist, and anesthesiologist to visualize the implant and measure the internal transverse tracheal diameter to choose the best-fitting ETT. Attending an airway-expert anesthesiologist is crucial in managing and minimizing the risk of VFI displacement. Endotracheal intubation should be avoided whenever possible in patients with vocal cord implants. However, if it is necessary, ensuring deep muscle relaxation prior to intubation is very crucial. Video laryngoscope may be more helpful than both the conventional laryngoscope and the FOB for better visualization of the glottis. Deep extubation by replacing the ETT with a laryngeal mask airway and using FOB to check the implant status are medicolegally important. In addition to the challenges, awake intubation and emergency intubation mandate further management to save the airway and keep the implant in place., As regards single-lung ventilation isolating the lung with a bronchial blocker through a singlelumen ETT would likely be a safer technique than the sizable DLT.

Author contributions

IS, WM, AD, and IG wrote the manuscript. IU, OV, EC, and AK contributed to the revision and editing of the manuscript. All authors contributed to the article and approved the submitted version.

Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

The reviewer AE declared a past co-authorship with IS to the handling editor at the time of the review.

IS declared that he was an editorial board member of Frontiers, at the time of submission. This had no impact on the peer review process and the final decision.

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