



CaMKII δ Splice Variants in the Healthy and Diseased Heart

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RNA splicing has been recognized in recent years as a pivotal player in heart development and disease. The Ca²⁺/calmodulin dependent protein kinase II delta (CaMKII δ) is a multifunctional Ser/Thr kinase family and generates at least 11 different splice variants through alternative splicing. This enzyme, which belongs to the CaMKII family, is the predominant family member in the heart and functions as a messenger toward adaptive or detrimental signaling in cardiomyocytes. Classically, the nuclear CaMKII δ B and cytoplasmic CaMKII δ C splice variants are described as mediators of arrhythmias, contractile function, Ca²⁺ handling, and gene transcription. Recent findings also put CaMKII δ A and CaMKII δ 9 as cardinal players in the global CaMKII response in the heart. In this review, we discuss and summarize the new insights into CaMKII δ splice variants and their (proposed) functions, as well as CaMKII-engineered mouse phenotypes and cardiac dysfunction related to CaMKII δ missplicing. We also discuss RNA splicing factors affecting CaMKII splicing. Finally, we discuss the translational perspective derived from these insights and future directions on CaMKII δ splicing research in the healthy and diseased heart.

Keywords: RNA splicing, heart, CaMKII delta, splice variant, therapeutics

INTRODUCTION

Heart disease is a major cause of death around the world, but the mechanisms underlying its development are not completely understood (Maggioni, 2015). In recent years, (dys)regulation of RNA splicing has been implicated in heart disease, but its contribution to the development and progression of heart disease is not fully known. RNA splicing, a conserved posttranscriptional mechanism, can generally be divided into two processes: constitutive and alternative splicing. In constitutive splicing, which happens in all intron-containing genes and is necessary for the maturation of pre-mRNAs into mRNA, introns are removed from the pre-mRNA and exons are joined together. In alternative splicing, exons of a gene may be included or excluded in the final mature mRNA, producing several different mRNA transcripts from only one gene. More than 95% of mRNAs are subjected to alternative splicing, promoting an increase in the diversity of the transcriptome, which subsequently leads to an increased proteome (Wang et al., 2008). The transcriptome, however, not only includes protein-coding mRNAs, but also non-coding mRNAs that are involved in a multitude of processes, thereby even further increasing the range of functions that are exerted by alternative splicing. Aberrations of alternative splicing can be the cause of multiple diseases including myotonic dystrophy, spinal bulbar atrophy, Prader-Willi syndrome, tauopathies, among others (Tazi et al., 2009).

In the heart, alternative splicing participates in pre- and postnatal development, as well as in the development and progression of heart disease (van den Hoogenhof et al., 2016). The function(s) of multiple splicing factors have been studied by using genetically modified mice, for example by knocking out RNA Binding Motif Protein 20 and 24 (Rbm20 and Rbm24), RNA Binding Fox-1 Homolog 1 and 2 (Rbfox1 and Rbfox2), and the Serine/arginine-rich splicing factor 1 (Srsf1 or Asf/sf2; van den Hoogenhof et al., 2016). Additionally, mutations that impact RNA splicing and induce heart disease have been documented. For example, mutations in splice sites for the genes encoding the Cardiac type Troponin T2 or for Myosin Binding Protein C, which lead to exon skipping or activation of cryptic splice sites, lead to truncated mRNA variants and subsequently impaired sarcomere contractions or hypertrophic cardiomyopathy (Thierfelder et al., 1994; Bonne et al., 1995).

Mutations in splicing factors as a cause for heart disease are only described for RBM20, and these often lead to an arrhythmogenic form of dilated cardiomyopathy (Brauch et al., 2009; Refaat et al., 2012; Parikh et al., 2019). Titin, encoded by the *TTN* gene, is a sarcomeric protein that acts as a scaffolding filament, a signaling platform, and is a principal regulator of contraction in striated muscle. Mutations located in the *RBM20* gene are linked to Titin missplicing toward a larger isoform termed N2BA-Giant, both in animal models and human dilated cardiomyopathy (Guo et al., 2012). In addition to Titin, RBM20 also regulates splicing of other transcripts such as the Ca²⁺ channel ryanodine receptor type 2 (RYR2), the L-type Ca²⁺ channel (LTCC) alpha 1C subunit (CACNA1C/Cav1.2), and the Ca²⁺/calmodulin-dependent protein kinase II delta (CaMK2 δ). Missplicing of these genes may contribute to the severity of the cardiomyopathy (Beraldi et al., 2014; Maatz et al., 2014; van den Hoogenhof et al., 2018). In this regard, Rbm20 deficiency induces an intracellular Ca²⁺ overload, similar to what is seen in mice lacking the alternative splice factor Asf/sf2 (Xu et al., 2005; van den Hoogenhof et al., 2018). Interestingly, mice lacking either Rbm20 or Asf/sf2 display a similar splicing switch in Ca²⁺/calmodulin dependent protein kinase II delta (CaMKII δ) in the heart, from the CaMKII δ B and CaMKII δ C isoform to the CaMKII δ A and CaMKII δ 9 isoform (Xu et al., 2005; Guo et al., 2012; van den Hoogenhof et al., 2018). Traditionally, studies on CaMKII focus on overexpression or activation of CaMKII, but these new findings situate CaMKII δ splice isoform changes as a focus into the regulators of functional remodeling in the heart.

As an example, mice lacking Asf/sf2 or Rbm20 both missplice CaMKII δ to the same extent, and it is hypothesized that the switch in CaMKII δ splice isoforms is one of the causes of Ca²⁺ handling deregulation in these mice (Xu et al., 2005; van den Hoogenhof et al., 2018). Moreover, the functional redundancy of splice factors that alternatively splice CaMKII δ in the heart, as well as the identification of potential other splice factors deserves additional attention. The (partial) overlap in targets of many cardiac splicing factors, including Asf/sf2 and Rbm20, suggests a coordinated process that needs to be unraveled. Lastly, the functional differences of (increased expression or activation of) the different CaMKII δ splice variants remain to be investigated. In this review, we will discuss recent discoveries around CaMKII δ

splice variants, how these might control positive and negative changes in the heart, the therapeutic potential derived from these studies, and we will end with potential future directions of CaMKII δ research.

Ca²⁺/CALMODULIN DEPENDENT PROTEIN KINASES

Ca²⁺/calmodulin-dependent protein kinase (CaMK) belongs to the multifunctional CaMK family. In mammals, CaMKs are divided into 3 classes: CaMKI, CaMKII, and CaMKIV; which in total comprise more than 27 proteins (Swulius and Waxham, 2008; Takemoto-Kimura et al., 2017). The three CaMK classes are expressed in a broad range of cell types, including cardiomyocytes. Activated CaMKI and IV can induce cardiomyocyte hypertrophy, and can activate distinct transcriptional targets in the heart that participate in cardiac remodeling, such as myocyte enhancer factor 2 (MEF2), or synergize with other players involved in cardiac hypertrophy, such as Nuclear factor of activated T cells (NFAT; Passier et al., 2000). In the heart, CaMKII is involved in the control of Ca²⁺ handling and gene transcription, and is suggested as a mediator of mostly (but not only) maladaptive and detrimental effects on cardiac integrity (Bers and Grandi, 2009; Anderson et al., 2011; Beckendorf et al., 2018). Although less is known compared to its function in disease, CaMKII regulates multiple physiological processes such as excitation–contraction coupling (ECC) and excitation–transcription coupling (ETC), the fight or flight response, and contractile force generation (Beckendorf et al., 2018). For example, CaMKII is necessary to increase the heart rate after β -adrenergic stimulation (a.k.a. the fight or flight response). This was first observed in mice with genetic CaMKII inhibition, which surprisingly had a lower heart rate after stress. This could be explained by the effect of CaMKII on the Ca²⁺ uptake and release from the SR in the sinoatrial node (SAN; Wu et al., 2009). Similarly, the LTCC is another important component in the fight or flight response, and this is independent from β -adrenergic stimulation. CaMKII inhibition prevents the increase in heart rate after LTCC stimulation with its agonist BayK, even though *I_{Cal}* similarly increased in both control and CaMKII-inhibited SAN cells. This suggests that CaMKII activation is necessary for the heart rate increase in the fight or flight response, also without β -adrenergic stimulation (Gao et al., 2011). In addition to its role in the fight or flight response, CaMKII is also involved in the muscle response to exercise. Multiple studies using CaMKII inhibitors showed the involvement of CaMKII in contractile adaptation and in physiological hypertrophy in response to exercise (Kemi et al., 2007; Burgos et al., 2017). However, these experiments were all performed with complete CaMKII inhibition, and did not focus on specific CaMKII proteins or splice isoforms. Therefore, no conclusions can be made on what CaMKII proteins or splice isoforms are necessary in these processes. However, one could, for example, speculate that the effects on Ca²⁺ handling in the heart during the fight or flight response are likely mediated by CaMKII δ C (see **Table 1**). In general, even though CaMKII is necessary for some physiological

TABLE 1 | Phosphorylation targets of CaMKII.

| Phosphorylation target | Splice variant | References |
|------------------------|---|---|
| PDE4 | n.s. | Mika et al., 2015 |
| NOX | n.s. | Pandey et al., 2011 |
| eNOS | n.s. | Murthy et al., 2017 |
| DrP1 | n.s. | Bo et al., 2018 |
| McU | n.s. | Joiner et al., 2012 |
| Titin | n.s. | Hidalgo et al., 2013 |
| MyBP-C | n.s. | Hartzell and Glass, 1984 |
| NHE | n.s. | Vila-Petroff et al., 2010 |
| LTCC | n.s. | Anderson et al., 1994; Koval et al., 2010 |
| RyR | CaMKII δ C, but not CaMKII δ B | Zhang et al., 2007; Di Carlo et al., 2014 |
| PLN | CaMKII δ C, but not CaMKII δ B | Zhang et al., 2003 |
| Calcineurin | n.s. | Kreusser et al., 2014 |
| HDAC | CaMKII δ A, CaMKII δ B, CaMKII δ C | Backs et al., 2006; Zhang et al., 2007 |
| UBE2T | CaMKII δ 9, but not CaMKII δ A or CaMKII δ B | Zhang et al., 2019 |
| HSF1 | CaMKII δ B | Holmberg et al., 2001; Peng et al., 2010 |
| CREB | n.s. | Sun et al., 1994 |
| NF- κ B | CaMKII δ C, but not CaMKII δ B | Gray et al., 2017 |
| IKK | n.s. | Martin et al., 2018 |
| Histone 3 | CaMKII δ B | Awad et al., 2013 |
| Different ion channels | | See review Hegyi et al., 2019 |

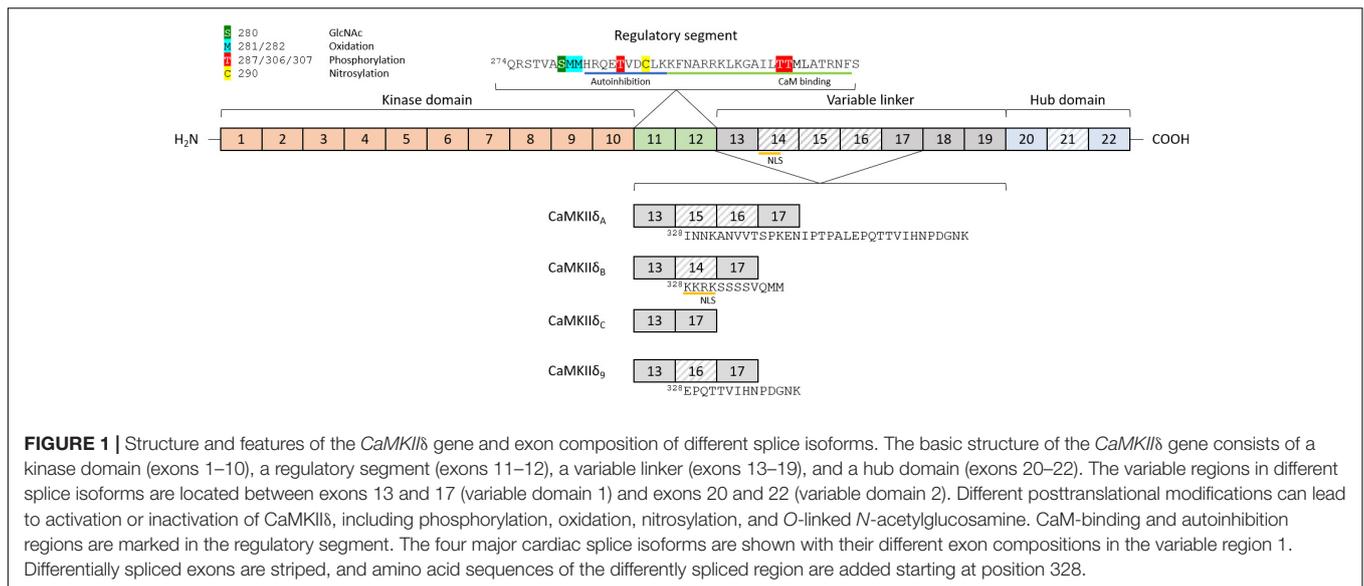
List of known CaMKII phosphorylation targets, and which CaMKII splice isoforms are able to phosphorylate these targets. n.s., not specified.

processes, the loss of CaMKII is thought to be protective against heart disease, and sustained activation of CaMKII is therefore proposed to induce maladaptive remodeling.

Ca²⁺/CALMODULIN DEPENDENT PROTEIN KINASE II

Ca²⁺/calmodulin dependent protein kinase II proteins are encoded by four separate genes, *CaMKII α / β / γ / δ* , each one with a different expression pattern. CaMKII α and CaMKII β are mainly expressed in the brain and mediate synaptic functions underlying learning, memory, and cognition (Cook et al., 2018). Their expression in the heart is still under debate, since some authors suggest that the α and β genes are not detectable in the heart (Kreusser et al., 2014), while others report the presence of CaMKII α and β in ventricular cardiomyocytes (Cipolletta et al., 2015). CaMKII γ and CaMKII δ are expressed and found in the healthy and diseased heart, with CaMKII δ being the highest expressed, and only these CaMKII genes have been knocked out specifically in the heart (Edman and Schulman, 1994; Colomer et al., 2003; Kreusser et al., 2014). The basic

structure of CaMKII δ consists of a specific Ser/Thr kinase domain at the *N*-terminus (exons 1–10), a regulatory segment (exons 11–12), a variable linker (exons 13–19), and a hub domain (exons 20–22; **Figure 1**). Under basal conditions, the kinase is in an autoinhibited state, with the regulatory domain acting like a substrate for the catalytic domain (Kelly et al., 1988; Hoffman et al., 2011). Binding of calmodulin induces a conformational change, which releases the association of the regulatory and catalytic domain, rendering the enzyme active (Kolodziej et al., 2000; Gaertner et al., 2004; Myers et al., 2017). Under physiological conditions, CaMKII δ activity is typically driven by the presence of Ca²⁺/CaM. However, posttranslational modifications can result in the prevention of reassociation between the regulatory and catalytic domains, thereby converting the enzyme to a persistently active state. These posttranslational modifications include autophosphorylation at Thr-287 (Lai et al., 1987) and Thr-306/307 (Patton et al., 1990; Lu et al., 2003), oxidation at Met-281/282 (Erickson et al., 2008), and Met-308 (Konstantinidis et al., 2020), O-GlcNAc modification at Ser-280 (Erickson et al., 2013), and nitrosylation at Cys-290 (Erickson et al., 2015; **Figure 1**). While posttranslational modifications in between the catalytic domain and the CaM binding site lead to autonomous activity, modifications within the CaM binding site, in contrast, appear to have an inhibitory effect. For example, phosphorylation of Thr-306/307 has an inhibitory effect on CaMKII activity, as this modification prevents binding of CaM (Lu et al., 2003). CaMKII proteins can form large oligomeric structures of 12 subunits from one or a combination of different isoforms, with the carboxy-terminal hub domains centrally located and the kinase domains arranged in a circle around the hub center, connected by the linker region. Oligomerization is necessary for rapid inter-subunit autophosphorylation at Thr-287 (Thr-286 in CaMKII α) by catalytic domains of other subunits localized in the same oligomer during longer periods of Ca²⁺/CaM binding (Lai et al., 1987). In the phosphorylated state, the affinity of Ca²⁺/CaM binding is increased while the release is slowed down, a process known as Calmodulin trapping (Meyer et al., 1992). This enables the activity of CaMKII even with decreasing Ca²⁺ concentrations, until the phosphate group is removed by a phosphatase (Strack et al., 1997). Oxidation of CaMKII δ at Met-281/282 works as a sensor system for reactive oxygen species (ROS) and therefore oxidative stress in the heart. Altered oxidation has been shown in a variety of cardiac disease models and can lead to arrhythmias, suggesting that CaMKII δ -specific antioxidants could serve as a potential future therapeutic agent (Luczak and Anderson, 2014). Nitrosylation also appears to be an important modification of key elements of cardiac function, including CaMKII δ . *S*-nitrosylation of Cys-290 site leads to sustained autonomous CaMKII δ activation, whereas *S*-nitrosylation at Cys-273 inhibits CaMKII δ activation when NO donors are present before Ca²⁺/CaM is available (Erickson et al., 2015). The existing dual mechanisms of activating and deactivating modifications of the same nature (phosphorylation and nitrosylation) suggest that the regulation of CaMKII δ activity by posttranslational modifications is much more complex than previously assumed. Especially the dynamics of the presence or absence of different modifications in relation



to varying $\text{Ca}^{2+}/\text{CaM}$ concentrations should be the aim of future experiments. Ser-280 can be *O*-GlcNAcylated in the presence of elevated glucose concentrations, leading to activation of *CaMKII δ* (Erickson et al., 2013). The enzyme *O*-GlcNAc transferase catalyzes this modification in the presence of UDP-*N*-acetylglucosamine, which is formed as a product of the hexosamine biosynthetic pathway (Hart and Akimoto, 2009). This modification is particularly important in the diabetic heart, where the ratio of *O*-GlcNAc-modified *CaMKII* to total *CaMKII* is increased due to changes in glucose signaling (Erickson et al., 2013; Lu et al., 2020). Whether alternative splicing increases the susceptibility of specific splice isoforms to these PTMs, or whether alternative splicing induces new potential PTM sites is currently unknown.

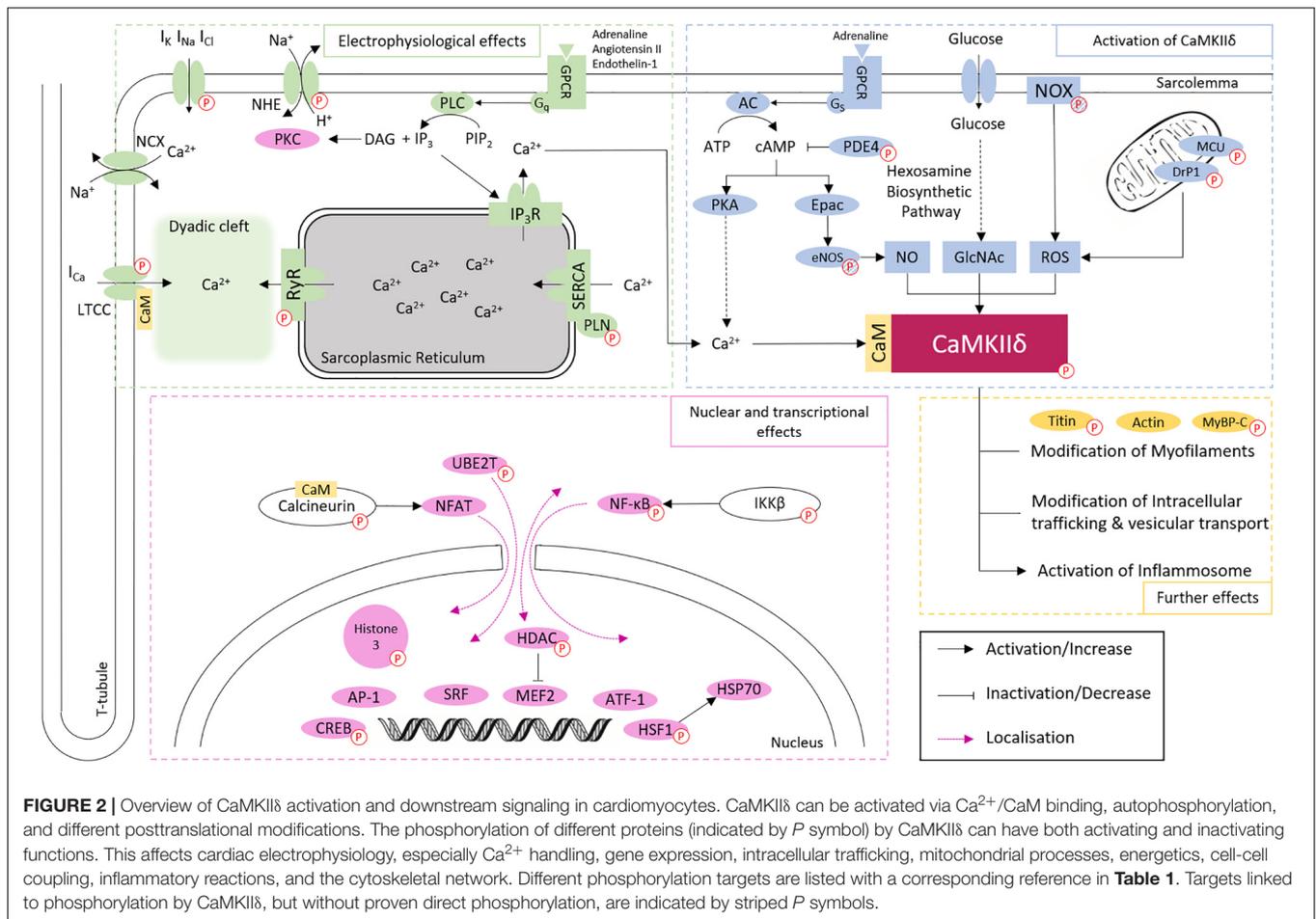
Ca^{2+} /calmodulin dependent protein kinase II gamma, the second most expressed *CaMKII* protein in the heart, has 4 described splice variants (Singer et al., 1997). However, the relationship between *CaMKII γ* and cardiovascular disease is poorly explored. In this regard, *CaMKII γ* is involved in atherosclerotic plaque development, which could drive myocardial infarction (Doran et al., 2017), and its mRNA levels are increased in pressure overload-induced cardiac hypertrophy in mice and in *Rbm20*-deficient rats (Guo et al., 2012; Kreusser et al., 2014). Cardiomyocyte specific deletion of *CaMKII γ* shows a decrease in cardiomyocyte apoptosis and a reduction of cardiac hypertrophy induced by transverse aortic constriction and isoproterenol treatment in mice (Kreusser et al., 2014).

Ca^{2+} /calmodulin dependent protein kinase II delta is best known to participate in the regulation of Ca^{2+} handling (Zhang et al., 2007), through the phosphorylation of the LTCC, which facilitates intracellular Ca^{2+} entry (Koval et al., 2010), the sarcoplasmic reticulum (SR) membrane protein Phospholamban (PLN), with the consequent increase in Ca^{2+} uptake from cytoplasm into SR lumen by the Sarco/endoplasmic reticulum Ca^{2+} -ATPase (SERCA2a; Mattiazzi and Kranias, 2014), and RyR2 which increases SR Ca^{2+} leak into the

cytoplasm (Witcher et al., 1991; van Oort et al., 2010). Additionally, *CaMKII δ* regulates gene transcription, e.g., through phosphorylation of histone deacetylase 4 (HDAC4; Backs et al., 2006, 2009) and Histone 3 (Awad et al., 2013; Saadatmand et al., 2019), mitochondrial reprogramming (Westenbrink et al., 2015), and inflammasome activation (Suetomi et al., 2018; Willeford et al., 2018). These effects are closely related to each other and are involved in the development of physiological and pathophysiological effects of *CaMKII δ* in the heart (Figure 2 and Table 1). However, it cannot be ruled out that other *CaMKII δ* functions, independent of calcium handling and transcriptional regulation, contribute significantly to heart disease since many other phosphorylation targets of *CaMKII* have been described.

Both global and cardiomyocyte specific deletion of *CaMKII δ* protects against adverse cardiac remodeling (Backs et al., 2009; Ling et al., 2009, 2013), while transgenic overexpression of *CaMKII δ* promotes cardiac hypertrophy or dilated cardiomyopathy (Zhang et al., 2002, 2003, 2019; Xu et al., 2005). Similar to *CaMKII γ* deletion in the heart, *CaMKII δ* cardiomyocyte knockout (KO) mice show an only partial decrease in known target phosphorylation, and reduction of cardiac hypertrophy in mice subjected to transverse aortic constriction surgery. While this is less evident in some *CaMKII δ* KO mouse models (Ling et al., 2009) than in others (Kreusser et al., 2014), the data suggests redundancy of these two genes.

Cardiomyocyte specific deletion of *CaMKII δ* attenuates the increase in the inflammatory mediators CCL2/CCL3, NF κ B and its downstream targets IL-1 β , IL-6, CXCL1, TNF- α , and NLRP3 in non-ischemic and ischemic cardiac disease (Weinreuter et al., 2014; Suetomi et al., 2018; Willeford et al., 2018). In line with this, hearts from cardiomyocyte specific *CaMKII δ* KO mice demonstrate that cardiac infarct formation in ischemia/reperfusion injury, as well as the upregulation of the NF κ B and gene expression of pro-inflammatory TNF- α and IL-6 are dependent on *CaMKII δ* specifically in cardiomyocytes (Ling et al., 2013; Gray et al., 2017). Due to the redundant contribution



of CaMKII γ and CaMKII δ in cardiomyocyte apoptosis and cardiac hypertrophy, the generation of a double KO (DKO) for CaMKII γ and CaMKII δ was necessary to clarify the role of CaMKII in the heart. DKO mice show that both genes contribute redundantly to phosphorylation of PLN (Thr-17), RyR2 (Ser-2814), HDAC4 (Ser-632), and calcineurin (Ser-411). Moreover, DKO mice show protection against cardiac dysfunction and interstitial fibrosis induced by pressure overload and chronic β -adrenergic stimulation (Kreusser et al., 2014). These mice, similar to CaMKII δ KO generated by another group (Ling et al., 2013), are protected against post-infarct remodeling and inflammatory processes in the heart (Weinreuter et al., 2014). Unexpectedly, the deletion of both genes does not inhibit cardiac hypertrophy, due the hypo-phosphorylation of calcineurin, which in turn increases calcineurin activity (Kreusser et al., 2014). This uncovered CaMKII δ to be not only a maladaptive effector in the heart, but also a regulator of physiological calcineurin-induced cardiac hypertrophy.

In short, CaMKII δ is a central transducer of intra- and extra-cellular signaling in physiological processes, but is also involved in a multitude of maladaptive processes (Figure 2 and Table 1). The question arises how a protein can have this degree of diversity in its function. We hypothesize that this is, at least in part, due to the different splice isoforms of CaMKII δ .

CaMKII δ SPLICE VARIANTS

The first description of different splice isoforms of CaMKII δ was made by Schworer et al. (1993), after which additional splice isoforms were discovered and described in different tissues (Edman and Schulman, 1994; Srinivasan et al., 1994) [for an overview see Beckendorf et al. (2018)]. Until now, 11 different splice isoforms have been described, but not all of them are expressed in the heart (Zhang et al., 2019). The isoforms differ in inclusion of exons between exons 13–17, or exons 20–22 (Figure 1). Initially, research focus lay on the CaMKII δ C (a.k.a. CaMKII δ 2) and CaMKII δ B (a.k.a. CaMKII δ 3) splice isoforms in the heart. Only later CaMKII δ A, and very recently CaMKII δ 9 were described as mediators in the pathogenesis of cardiac disease (Xu et al., 2005; Zhang et al., 2019).

Ca²⁺/calmodulin dependent protein kinase heteromultimerization can include different CaMKII proteins and splice isoforms from those proteins. The ratio of CaMKII proteins and splice isoforms can regulate the localization of the holoenzyme (Mishra et al., 2011). Thus, it is hypothesized that the switch in CaMKII δ isoform ratio might determine the effect on phosphorylation sites in proteins present in different subcellular locations, e.g., high relative expression of nuclear CaMKII δ B might phosphorylate proteins involved in gene transcription,

CaMKII δ B is also involved in the regulation of the inflammatory response after non-ischemic stress remains to be seen, but this is clinically interesting as cardiac inflammation commonly occurs in heart failure patients (Elster et al., 1956; Suetomi et al., 2019; Adamo et al., 2020). CaMKII δ B overexpression is not only protective in ischemic stress, but also in cultured cardiomyocytes exposed to Angiotensin II. CaMKII δ B phosphorylates the transcription factor HSF1, and this increases the expression of its downstream target gene inducible (i)HSP70, which in turn suppresses stress-induced apoptotic signals of multiple Bcl-2 members and therefore acts as an anti-apoptotic chaperone (Peng et al., 2010).

Cardiomyocyte specific transgenic overexpression of CaMKII δ B *in vivo* promotes the development of cardiac hypertrophy at 4 months of age, even without an experimental intervention (Zhang et al., 2002). However, even though CaMKII activity is increased in these hearts, CaMKII-dependent phosphorylation of PLN (Thr-17) and RyR2 (Ser-2814) was not, and cardiac Ca²⁺ handling was equally not affected (Zhang et al., 2002, 2007). However, transgenic CaMKII δ B overexpression does increase HDAC4 phosphorylation, which shuttles HDAC4 out of the nucleus. Subsequently, MEF2 is derepressed, and transcription of pro-hypertrophic genes, such as Anf, Bnp, β -mhc and skeletal actin is increased (Backs et al., 2006; Little et al., 2007; Zhang et al., 2007). Summarizing, CaMKII δ B can be both detrimental and protective, depending on what downstream processes are activated. On the one hand, CaMKII δ B can activate pro-hypertrophic and detrimental HDAC4-MEF2 signaling, and CaMKII δ B transgenic mice have a, albeit relatively mild, cardiac phenotype (Zhang et al., 2002; See **Table 2**). On the other hand, CaMKII δ B expression protects against *in vivo* ischemic injury (Gray et al., 2017). Further research is needed to clarify when CaMKII δ B expression is protective, and when it is not. Additionally, the simultaneous activation of detrimental transcription factors such as MEF2 and protective transcription factors such as HSF1 suggests that transcription factors downstream CaMKII δ B do not function in only one direction, and that their interaction should be further explored.

CaMKII δ C

Classically known as the cytoplasmic CaMKII δ isoform, CaMKII δ C lacks exons 14–16, and is therefore the smallest CaMKII δ splice variant (**Figure 2**; Schworer et al., 1993). Although initial studies described this isoform exclusively in the cytoplasm (Edman and Schulman, 1994), in cardiomyocytes it is also associated with the SR membrane, the plasma membrane, and the nuclear membrane (Mishra et al., 2011; Ljubojevic-Holzer et al., 2020), where it possible translocates together with CaMKII δ B (Mishra et al., 2011). Therefore, even though this splice isoform lacks the NLS, it is nevertheless found in the nuclear compartment, which most likely relates to the composition of the holoenzyme, which includes (different ratios) of all CaMKII proteins and isoforms (Mishra et al., 2011). Together with CaMKII δ B, CaMKII δ C was initially thought to be the most expressed isoform in the heart, but recent results

challenge this view and situate CaMKII δ C as only the third most highly expressed isoform in the human, rhesus monkey and rat heart (Zhang et al., 2019). CaMKII δ C expression increases in the postnatal heart after day 2 (Quijada et al., 2015), in mice exposed to TAC surgery (Zhang et al., 2003), and in patients with heart failure (Ljubojevic-Holzer et al., 2020).

The first study with CaMKII δ C overexpression showed that adenoviral CaMKII δ C overexpression in adult cardiomyocytes increases activation of β 1-adrenergic-induced apoptosis (Zhu et al., 2003, 2007). Moreover, inhibition of CaMKII activity through the use of KN-93 or AIP, or the use of a dominant negative mutant of CaMKII δ C, blocks the increase in apoptosis induced by both the overexpression of CaMKII δ C or cell death stimuli (Zhu et al., 2007). CaMKII δ C also upregulates the proapoptotic transcription factor p53 *in vivo*, which in part could explain the effects of CaMKII δ C in cardiomyocyte apoptosis (Toko et al., 2010). Interestingly, these data suggest that CaMKII δ C and CaMKII δ B have opposite roles when it comes to apoptosis, as CaMKII δ C induces apoptosis while CaMKII δ B protects against apoptosis.

Cardiomyocyte specific overexpression of CaMKII δ C in mice leads to rapidly progressing cardiac hypertrophy that transitions to heart failure at 3 months of age (see **Table 2**), as well as a dysregulation of Ca²⁺ handling. This is accompanied by an increase in PLN (Thr-17) and RyR2 (Ser-2814) phosphorylation (Zhang et al., 2003), and a reduction in total protein of PLN, RyR2, SERCA2, and upregulation of the Na⁺-Ca²⁺ exchanger (Maier et al., 2003). Even though increased PLN phosphorylation should increase SERCA function, this is offset by the decrease in SERCA and PLN protein levels. Therefore, decreased SERCA function and increased NCX function leads to a lower SR Ca²⁺ content and Ca²⁺ transient amplitude, demonstrating the involvement of CaMKII δ C in ECC regulation (Maier et al., 2003). Interestingly, cardiomyocyte specific overexpression of CaMKII δ C in a CaMKII δ -KO background induces a more severe phenotype than overexpression of CaMKII δ C in a wildtype background (Ljubojevic-Holzer et al., 2020). This suggests that (the ratio of) different CaMKII δ splice isoforms may modulate long-term dysfunction induced by CaMKII δ C overexpression in cardiomyocytes.

The detrimental effects of CaMKII δ C activation seems to depend on timing as well. Early activation of CaMKII δ C after TAC (i.e., 5 days after TAC) increases both SR Ca²⁺ content and release, possibly to compensate the afterload imposed by TAC (Ljubojevic-Holzer et al., 2020). Notably, in mice subjected to acute pressure overload, pharmacological inhibition of CaMKII shows an impairment of ECC and decreased survival, suggesting that inhibiting the early CaMKII response can be detrimental (Baier et al., 2020). These early adaptive effects are also seen in CaMKII δ C transgenic mice. For example, young mice overexpressing CaMKII δ C (6–8 weeks) show similar compensatory Ca²⁺ transient effects and do not present with cardiac dysfunction (Zhang et al., 2003; Ljubojevic-Holzer et al., 2020). However, over time these compensatory effects are reversed, both after TAC and in CaMKII δ C TG mice, and these mice progress to HF (at 45 days and 11–13 weeks, respectively; Ljubojevic-Holzer et al., 2020). This suggests that CaMKII δ C

TABLE 2 | Overview of *in vivo* studies of CaMKII δ splice variant overexpression in cardiomyocytes.

| Splicevariant | Mouse model | Intervention/Cardiac Phenotype | Ca ²⁺ handling/Major signaling | References |
|-----------------------------------|--|--|--|--|
| CaMKIIδA | Cardiomyocyte specific transgenic overexpression (α MHC-driven) | <ul style="list-style-type: none"> • Cardiac hypertrophy at 4 weeks of age • Contraction defects • Death at 8 weeks of age | <ul style="list-style-type: none"> • Ca²⁺ handling defects | Xu et al., 2005 |
| | Cardiomyocyte specific transgenic overexpression (α MHC-driven) | <ul style="list-style-type: none"> • Activation of hypertrophic gene program at 4 weeks of age • Cardiac hypertrophy and moderate cardiac dysfunction at 4 months of age | <ul style="list-style-type: none"> • Downregulation of PLN phosphorylation (Ser16/Thr17) • Decrease in SR Ca²⁺ uptake (<i>in vitro</i>) • Repression of HDAC4 and upregulation of MEF2 activity • Increase in PP2A activity | Zhang et al., 2002, 2007 |
| CaMKIIδB | AAV9-mediated overexpression in cardiomyocytes in CaMKII δ ^{γ} (α MHC-driven) KO background | <ul style="list-style-type: none"> • Protection against myocardial damage and dysfunction following 1 hour <i>ex vivo</i> I/R | - | Weinreuter et al., 2014 |
| | Cardiomyocyte specific transgenic overexpression (α MHC-driven) in cardiomyocytes (α MHC-driven) CaMKII δ KO background | <ul style="list-style-type: none"> • Cardiac damage not affected after I/R injury for 1 day | <ul style="list-style-type: none"> • Upregulation of IL-6 mRNA | Gray et al., 2017 |
| | Cardiomyocyte specific transgenic (α MHC-driven) | <ul style="list-style-type: none"> • Cardiac hypertrophy at 6 weeks of age • Heart failure at 12 weeks of age | <ul style="list-style-type: none"> • Ca²⁺ handling defects • Repression of HDAC4 and upregulation of MEF2 activity | Maier et al., 2003; Zhang et al., 2003, 2007; Ljubojevic-Holzer et al., 2020 |
| | AAV9-mediated overexpression in cardiomyocytes in CaMKII δ ^{γ} (α MHC-driven) KO background | <ul style="list-style-type: none"> • Cardiac damage not affected after I/R injury for 1 day | - | Weinreuter et al., 2014 |
| CaMKIIδC | Cardiomyocyte specific transgenic overexpression (α MHC-driven) in cardiomyocyte (α MHC-driven) CaMKII δ KO background | <ul style="list-style-type: none"> • Exacerbated myocardial damage and dysfunction following 1 hour <i>ex vivo</i> I/R | <ul style="list-style-type: none"> • Upregulation of IKK-α/β phosphorylation and NF-κB protein content • Upregulation of TNF-α and IL-6 mRNA | Gray et al., 2017 |
| | Cardiomyocyte specific transgenic (α MHC-driven) plus mitochondrial localization signal | <ul style="list-style-type: none"> • Modest cardiac hypertrophy (Without cardiomyocyte cross-sectional area changes) • Dilated cardiomyopathy | <ul style="list-style-type: none"> • MCU phosphorylation • Decrease in ATP content • Decreased mitochondrial complex I and increased complex II activity | Luczak et al., 2020 |
| CaMKIIδ9 | Cardiomyocyte specific transgenic (α MHC-driven) | <ul style="list-style-type: none"> • Cardiac hypertrophy at 6 weeks of age • Heart failure at 10 weeks of age | <ul style="list-style-type: none"> • Disruption of UBE2T-dependent DNA repair pathway • DNA damage | Zhang et al., 2019 |

is necessary for an early adaptive response, but detrimental at later stages. It raises the questions whether CaMKII δ splicing itself is affected differently in different disease stages, and if it could be beneficial to redirect splicing toward isoforms that are specifically needed during different phases of disease (e.g., increased expression of CaMKII δ C in the early stage of disease).

Crossing CaMKII δ C transgenic mice with PLN KO mice (CaMKII δ C-TG/PLN-KO) attenuates the Ca²⁺ handling defects seen in transgenic mice overexpressing CaMKII δ C, which is in line with the hypothesis that the decreased SR Ca²⁺ uptake through SERCA underlies the Ca²⁺ handling defects. However, while the SR Ca²⁺ content and Ca²⁺ transient amplitude were normalized, left ventricular dilation, ventricular function, apoptosis, and mortality were exacerbated (Zhang et al., 2010). This can be explained in part by the increased phosphorylation of RyR2, which together with the restored SR Ca²⁺ content, increased the SR Ca²⁺ spark frequency and SR Ca²⁺ leak. Interestingly, inhibiting SR Ca²⁺ leak through the use of Ryanodine in CaMKII δ C-TG/PLN-KO cardiomyocytes improved the viability and prevented the increase in apoptosis

(Zhang et al., 2010). On the other hand, CaMKII δ C transgenic mice crossed with mice expressing a SR-targeted autocalmodin-2-related inhibitory peptide (SR-AIP) show a reduction in PLN and RyR2 phosphorylation, but no improvement in cardiac function, suggesting that the cardiac dysfunction in CaMKII δ C transgenic mice is not only dependent on phosphorylation of its SR-associated targets (Huke et al., 2011).

These effects on Ca²⁺ handling are distinct from the effects of CaMKII δ B overexpression, but overexpression of both splice variants similarly leads to HDAC4 phosphorylation (Ser-632), which inhibits nuclear import, and subsequently induces MEF2 transcriptional activity (Bucks et al., 2006; Zhang et al., 2007). Additionally, Ljubojevic-Holzer et al. demonstrated recently that in mice subjected to TAC surgery and in failing human hearts the perinuclear and nuclear CaMKII population correspond majorly to CaMKII δ C, which suggests that CaMKII δ C also regulates gene expression in cardiac remodeling (Ljubojevic-Holzer et al., 2020). CaMKII phosphorylates class IIa HDACs, but overexpression of CaMKII δ C also affects class I HDAC activity (Zhang et al., 2020). CaMKII δ C increases HDAC1 activity, and mice overexpressing

CaMKII δ C show an increase in HDAC1 and HDAC3 expression. Interestingly, class I HDAC inhibition attenuates hypertrophy and maladaptive remodeling in CaMKII δ C transgenic mice, suggesting that, at least in part, the pro-hypertrophic effect of increased CaMKII δ C expression is dependent on class I HDAC activity (Zhang et al., 2020). Opposite to the protective effect of CaMKII δ B in I/R in mice, CaMKII δ C overexpression in a CaMKII δ -KO background exacerbates cardiac dysfunction and increases infarct size. This effect is mediated by increased phosphorylation of IKK and nuclear localization of NF- κ B, which is accompanied by an upregulation of TNF α and IL-6 in *ex vivo* hearts exposed to I/R (Gray et al., 2017). This suggests that CaMKII δ mediates inflammasome activation and macrophage recruitment in non-ischemic injury through a transcriptional mechanism involving NF- κ B, which is supported by multiple other studies (Weinreuter et al., 2014; Suetomi et al., 2018; Willeford et al., 2018). Thus, NF- κ B activation represents another transcriptional pathway through which CaMKII δ exerts its pathophysiological effects on the heart. However, while it is shown that CaMKII δ B and CaMKII δ C have opposite effects in this regard, the specific action of different CaMKII δ splice isoforms is not entirely understood.

Ca²⁺/calmodulin dependent protein kinase II is also implicated in the regulation of mitochondrial processes (Odagiri et al., 2009). After the observation that mitochondrial Ca²⁺ and apoptosis are elevated in mice overexpressing CaMKII δ C (Zhu et al., 2007; Zhang et al., 2010), the Anderson group demonstrated that mice with specific mitochondrial CaMKII inhibition are resistant to I/R injury and myocardial infarction (Joiner et al., 2012). Mitochondrial CaMKII inhibition decreased phosphorylation of the inner membrane mitochondrial Ca²⁺ uniporter (MCU), which is the transmembrane protein that allows the passage of Ca²⁺ from cytoplasm into the inner mitochondria (Joiner et al., 2012). The phosphorylation of MCU by CaMKII increases I_{MCU} , which in turn promotes mitochondrial permeability transition pore (mPTP) opening, triggering programmed cell death (Joiner et al., 2012; Halestrap and Richardson, 2015). However, this result is in discrepancy with a study from the Kirichok group, which using similar conditions, reported that I_{MCU} in cardiomyocytes is very small and is not directly regulated by CaMKII (Fieni et al., 2012, 2014). These studies were performed in mitoplasts with perfusion of constitutively active CaMKII, and the contribution of CaMKII in mitochondria *in vivo* will clarify whether the specific action of this enzyme on I_{MCU} underlies the protective effect of mitochondrial CaMKII inhibition in the prevention of cardiac dysfunction. Another recent study reports that CaMKII γ/δ deletion does not affect mitochondrial I_{MCU} upon β -adrenergic or electrical stimulation in isolated cardiomyocytes, nor in cardiomyocyte-isolated mitochondria subjected to oxidative stress (Nickel et al., 2020). Mitochondria-targeted CaMKII δ C overexpression causes dilated cardiomyopathy, but with modest cardiac hypertrophy and no changes in cardiomyocyte cross-sectional area or cell death. It also reduces expression of assembled complex I, the mitochondrial isoform of creatine kinase and increases the production of NADH (Luczak et al., 2020). However, the finding that CaMKII γ/δ deletion does

not change redox state of mitochondria, measured by NADH accumulation, argues that while CaMKII δ C seems sufficient to increase NADH production, CaMKII γ/δ as a whole is not necessary (Nickel et al., 2020). Another question that remains is related with the equal or differential action of cytoplasmic and mitochondrial CaMKII pools. Independent groups demonstrated the upregulation of CaMKII δ C in the mitochondrial fraction derived from hearts exposed to ischemia/reperfusion and the involvement of CaMKII δ C in mitochondrial Ca²⁺ content (Zhang et al., 2010; Weinreuter et al., 2014). In addition, in transgenic mice with cardiomyocyte sustained activation of G α q signaling, which present with mitochondrial dysfunction and upregulation of mitochondrial ROS, the additional cardiomyocyte-specific deletion of CaMKII δ attenuates these changes in mitochondrial function (Westenbrink et al., 2015). This suggests the involvement of CaMKII δ in mitochondrial (dys)function upon sustained G α q signaling. Overall, it is clear that both cytoplasmic and mitochondrial CaMKII pools can affect mitochondrial function, but the underlying mechanisms, and the specific actions of different CaMKII δ isoforms, remain to be investigated. In conclusion, CaMKII δ C is involved in a multitude of processes in the development of heart failure and arrhythmias (Gray and Heller Brown, 2014). However, even though there are no studies on the physiological functions of CaMKII δ C specifically, it likely is the splice isoform that precisely modulates intracellular Ca²⁺ handling in ECC and ETC (Maier and Bers, 2007; Bers, 2011) and the heart rate in fight or flight response (Wu et al., 2009), suggesting that CaMKII δ C is also needed for normal heart function. In addition, the response of cardiomyocytes to the adaptive stimuli Insulin-like growth factor 1, exercise, or the vasoactive peptide alamandine show the dependence of positive effects on Ca²⁺ cycling and contractility on CaMKII activity (Beckendorf et al., 2018; Jesus et al., 2020). Therefore, also with this splice isoform, the question remains when it is detrimental and when it is not. It is hypothesized that spatio-temporal status plays a cardinal role here, and the answer is likely complex. Further research to understand the different functions of CaMKII δ C in different stages of remodeling are needed to fully understand this splice isoform.

CaMKII δ A

Ca²⁺/calmodulin dependent protein kinase II delta A comprises exon 13 and 15–17 (Figure 2), was first identified as a neuronal CaMKII δ splice isoform (Schworer et al., 1993), and was only later found in the heart (Xu et al., 2005). The expression of CaMKII δ A is developmentally regulated, with high expression in the neonatal heart (Xu et al., 2005). In the early postnatal period, CaMKII δ A is downregulated, and the adult CaMKII δ B and CaMKII δ C are upregulated. Additionally, CaMKII δ A also is upregulated in hearts from rats with chronic heart failure, in hypoxic cardiomyocytes, and in isoproterenol-treated mice (Li et al., 2011; Gui et al., 2018). CaMKII δ A is preferentially expressed at the T-tubules, in the perinuclear region, and at the intercalated disks (Xu et al., 2005). Unlike CaMKII δ B and CaMKII δ C, the localization of

CaMKII δ A only gave limited hints toward its possible functions. However, due to its expression at the *T*-tubules, it has been hypothesized that CaMKII δ A is involved in Ca²⁺ handling by regulating the LTCC. Developmentally, this makes sense, since the developing heart mostly relies on *L*-type calcium current for contraction, and the increased expression of CaMKII δ A in cardiac development supports this line of reasoning (Haddock et al., 1999). However, it must be noted that this hypothesis has not been proven. CaMKII δ A is also implicated in regulating Ca²⁺ handling through regulating RyR2 phosphorylation. In cultured cardiomyocytes, hypoxia increases the expression of CaMKII δ A, which increases RyR2 phosphorylation and SR Ca²⁺ leak, and decreases SERCA2a protein levels (Gui et al., 2018). Also in the case of gene transcription regulation, there is overlap between the different splice isoforms. CaMKII δ A overexpression can, similar to CaMKII δ B and CaMKII δ C, activate the HDAC4-MEF2 axis *in vitro* (Li et al., 2011), and thus induce MEF2-dependent hypertrophy. Whether this effect is reached in a similar way as by the other splice isoforms, or whether this works through a different mechanism, would be interesting to investigate. It is possible that CaMKII δ A, since it can be localized primarily at the *T*-tubules and the perinuclear space, increases transcription through regulating nuclear Ca²⁺. Nuclear and perinuclear Ca²⁺ domains have been described to mediate transcriptional effects (Ibarra et al., 2013), and the involvement of the *T*-tubule associated CaMKII δ A might be an interesting target to study the relation between *T*-tubule signaling and transcription upon Ca²⁺ mobilization.

In the cardiomyocyte specific K.O. of the splicing factor *Asf/sf2*, CaMKII δ is misspliced into CaMKII δ A, and this KO mouse presents with Ca²⁺ handling defects, a hypercontractile phenotype, and cardiomyopathy (Xu et al., 2005). To show that increased CaMKII δ A expression is sufficient to induce the Ca²⁺ handling defects seen in the *Asf/sf2* KO mice, the authors engineered a mouse model with transgenic overexpression of CaMKII δ A in the heart, and this mouse phenocopied the *Asf/sf2*-deficient mice (Xu et al., 2005). RBM20 is another splicing regulator that regulates the splicing of CaMKII δ . *Rbm20* KO mice show a shift of CaMKII δ toward the CaMKII δ A and CaMKII δ 9 splice variants, similar to the *Asf/sf2* KO mouse model, and also present Ca²⁺ handling defects, including an increased *L*-type calcium current density (van den Hoogenhof et al., 2018). Overall, these data point toward a causal role for CaMKII δ A in the disturbed Ca²⁺ handling in these mouse models. However, unlike the changes seen in hypoxic cardiomyocytes with increased CaMKII δ A expression, in both the *Asf/sf2* and *Rbm20* KO mouse model, *Ryr2* phosphorylation was not increased at the CaMKII-dependent phosphorylation site (Xu et al., 2005; van den Hoogenhof et al., 2018). Therefore, it remains to be investigated how increased CaMKII δ A leads to these Ca²⁺ handling changes. In conclusion, even though some of the downstream effects of CaMKII δ A seem similar to the effects of CaMKII δ C and CaMKII δ B, and there is a significant overlap in function, the phenotype of the transgenic mouse models is clearly different (see **Table 2**). Therefore, the how, when and where CaMKII δ A is upregulated in the heart, and what the functional consequences are, needs additional attention.

CaMKII δ 9

The CaMKII δ 9 splice isoform includes exon 16, but not exon 15, in the first variable domain (see **Figure 2**). It has long been overlooked, but some recent findings have put CaMKII δ 9 onto the radar of CaMKII δ research. First, a recent paper demonstrated that CaMKII δ 9 is in fact the highest expressed isoform in the human heart, and is also highly expressed in hearts of other mammals such as mice, rabbits, and rhesus monkeys (Zhang et al., 2019). Second, in human RBM20 cardiomyopathy it is CaMKII δ 9 that is upregulated, and not CaMKII δ A, since it seems that CaMKII δ A is not expressed in humans (at least not in adulthood; van den Hoogenhof et al., 2018). CaMKII δ missplicing is hypothesized to play a major role in the development of DCM caused by RBM20 mutations, and therefore it is important to delineate the functional relevance of CaMKII δ 9 (van den Hoogenhof et al., 2018). The expression of CaMKII δ 9 is upregulated in cultured cardiomyocytes exposed to doxorubicin, oxidative stress, in mice exposed to TAC surgery, and in human heart tissue from dilated cardiomyopathy patients (Zhang et al., 2019). CaMKII δ 9 is localized in the cytoplasm, like CaMKII δ C, and overexpression in cardiomyocytes induces cardiomyocyte cell death through DNA damage and genome instability. This process is mediated by phosphorylation of the ubiquitin E2 enzyme UBE2T, a ubiquitin ligase involved in DNA repair pathways (Machida et al., 2006), which induces its downregulation through proteasomal degradation (Zhang et al., 2019). In the physiological state of the cell, the cytosolic (but not nuclear) UBE2T is phosphorylated by CaMKII δ 9 and thus marked for degradation. Under stress conditions, CaMKII δ 9 expression increases in the heart, which in turn increases the degradation of UBE2T. This disrupts the UBE2T balance between cytosol and nucleus, which negatively affects the repair machinery of DNA and leads to increased DNA damage, genome instability and cell death (Zhang et al., 2019). Transgenic mice overexpressing CaMKII δ 9 present with cardiomyopathy and heart failure, which is attenuated by overexpression of UBE2T (see **Table 2**). Interestingly, other splice variants of CaMKII δ do not show regulation of UBE2T signaling, suggesting that although CaMKII δ 9 has almost the same primary structure and cellular localization, it is more pathologically relevant than CaMKII δ A, δ B or δ C in DNA-repair pathways. It would be interesting to further investigate the regulation of other known CaMKII δ -dependent processes by CaMKII δ 9, such as calcium handling and gene transcription. Overall, these new insights further highlight the importance of splice variant-specific signaling in heart disease.

CaMKII δ AND ITS SPLICE VARIANTS AS THERAPEUTIC TARGETS

Approximately 518 kinases are encoded in the human genome (Cohen, 2000; Ficarro et al., 2002; Manning et al., 2002), phosphorylating one third of the proteome, so it is not surprising that they are involved in the pathogenesis of various autoimmune, inflammatory, nervous and cardiovascular

diseases, and cancer. The treatment of various types of cancer with small kinase inhibitors has been shown to be successful in clinical therapy, but this success has not been achieved in the cardiac field or experimentally tested for CaMKII. In total, the U.S. FDA has approved 52 small molecule protein kinase inhibitors by January 1, 2020, of which 46 are used in the treatment of neoplastic diseases, which shows the rather one-sided success (Roskoski, 2020). Several reasons for this restricted success in cardiac medicine can be outlined, starting with the historically preferred development of ion channel blockers against arrhythmias up to extremely high costs for clinical studies in the cardiovascular field (Fordyce et al., 2015). For CaMKII, the development of specific inhibitors is further complicated by the difference in function but similarity in structure of the different splice isoforms. Nevertheless, CaMKII inhibition has been viewed as a promising therapeutic approach, and multiple studies have shown promising effects. The use of CaMKII inhibitors, such as KN-93, AIP and GS-680, leads to improvement in cardiac function in maladaptive cardiac remodeling animal models and in human heart failure samples (Lebek et al., 2018). However, complete CaMKII inhibition might induce unwanted side effects if it does not specifically target the heart but also many other tissues. In addition, complete CaMKII inhibition affects all downstream pathways, and not only detrimental ones. Therefore, targeting CaMKII more selectively, either by inhibiting specific interactions (e.g., the interaction between CaMKII and a specific phosphorylation target), targeting specific tissues, or by targeting specific CaMKII isoforms, could be of great value. While small molecules and proteins dominate the previous approvals of therapeutics including in the cardiovascular area, the question arises whether these are suitable for CaMKII-directed therapy. Small molecules require a high research effort to achieve the required target specificity and efficiency. Since CaMKII-therapeutics might require an isoform-specific mode of action, the hurdles are even greater because the kinase domains are largely homologous. Protein-based therapeutics, on the other hand, can achieve high specificity, but size, stability and form of administration are challenging (Fosgerau and Hoffmann, 2015). However, the stability *in vivo* is weak due to proteolytic degradation, and their membrane impermeability makes it difficult to find a suitable administration route, as the bioavailable concentration is quickly reduced. While both approaches have been further advanced in recent years, new therapeutic concepts offer potential.

ANTISENSE OLIGONUCLEOTIDES TARGETING CaMKII δ

One promising method is the use of antisense oligonucleotides (ASOs). ASOs in their original form are short, single-stranded, synthetically produced oligodeoxynucleotides that bind to mRNA targets in a complementary manner and thus modulate mRNA and protein expression (Dias and Stein, 2002). The first “naked” ASOs induced toxicity, and had an insufficient specificity as well as low biological activity (Rinaldi and Wood, 2018). In the last years, the design of RNA therapeutics

has made significant advances leading to new generations of chemically modified ASOs. While early ASOs were only active via endonuclease (RNase H) mediated mRNA degradation (Eder et al., 1991), new ASOs can, for example, sterically block splicing factors or prevent ribosome recruitment to inhibit translation (Muntoni and Wood, 2011). This makes the use of ASOs a promising approach to not only decrease expression of targets, but also to redirect splicing. The first ASO therapy was approved by the FDA for the treatment of chorioretinitis, an inflammation of the retina caused by the cytomegalovirus (Roehr, 1998). The method has also successfully been tested in other diseases, such as Duchenne muscular dystrophy (Goemans et al., 2011), spinal muscular atrophy (Hua et al., 2011), and myotonic dystrophy (Wheeler et al., 2012). For the treatment of Duchenne muscular dystrophy, the therapeutic agent Eteplirsen was developed and approved by FDA in 2016, which promotes the production of a shortened, but active form of the dystrophin protein (Mendell et al., 2013). In theory, RNAi-based therapeutics are suitable for a CaMKII-directed treatment. Both systems, the knockdown of detrimental isoforms by mRNA degradation as well as targeting specific splice sites to redirect splicing could lead to success. Since loss of CaMKII δ improves cardiac function, an RNAi-mediated knockdown of the entire gene would be the straightforward attempt for a therapy. In RBM20 cardiomyopathy, the overall level of CaMKII δ is increased and at the same time CaMKII δ splicing shifts toward CaMKII δ A and CaMKII δ B. An RNAi-mediated knockdown of CaMKII δ A and CaMKII δ B, e.g., by targeting exon 16, would be an appropriate approach. CaMKII δ KO mice are protected from cardiac dysfunction in an ischemia/reperfusion injury model, with additional protective effects in case of parallel overexpression of CaMKII δ B. For patients suffering from acute myocardial infarction, RNAi therapeutics could be developed to redirect splicing in favor of CaMKII δ B, e.g., by blocking corresponding splice sites/factors. Alternatively, expressing exogenous CaMKII δ B through the use of gene therapy could have a protective effect and reduce the extent of dysfunction.

Probably the most important problem, however, is the delivery *in vivo*, since ASOs circulate in the bloodstream after intravenous or subcutaneous injection and can accumulate in the liver, kidney or spleen (Roberts et al., 2020) and may also be toxic. In addition, ASOs are large, hydrophilic polyanions that cannot easily cross the plasma membrane and must resist a variety of mechanisms, such as nuclease degradation in the extracellular space (Tsui et al., 2002) or removal by renal clearance (Iversen et al., 2013). Finally, it is currently not possible to direct ASOs to specific tissues such as the heart, but treatment is rather systemic. Due to these hurdles, it is not surprising that most approved RNAi therapeutics to date are limited to local administration (e.g., pegaptanib in the eye) or targeting the liver (due to the discontinuous sinusoidal endothelium, which allows for easy uptake of ASOs). Therefore, alternative and more advanced delivery systems have been developed in recent years and the pharmacokinetic properties of RNAi therapeutics have been improved by chemical modifications. Spherical nucleic acids

(Kapadia et al., 2018), exosome loading, and nanotechnological systems or “intelligent materials” are promising approaches (Roberts et al., 2020). Despite all innovations, it remains unclear whether the progress made in RNAi technology to date is sufficient to develop a successful CaMKII δ -directed therapy. Apart from cardiomyocytes, CaMKII δ is also the dominant isoform in smooth muscle cells (House et al., 2007) and endothelial cells (Wang et al., 2010; McCluskey et al., 2019; Dalal et al., 2021), so differences in cellular function need to be investigated to predict and avoid potential side effects. In general, it is important to further investigate the precise role of the different splice isoforms of CaMKII δ , because the complex and diverse involvement of CaMKII δ in various cellular and intracellular processes will require precise fine-tuning of therapeutics. In addition, CaMKII-directed therapeutics should consider the spatio-temporal distribution of the various splice isoforms. RNAi based therapeutics look more promising due to their high specificity, but the problem of cardiac-specific delivery needs further investigation and new solutions.

Overall, CaMKII δ -directed therapeutics show great promise for three main reasons: (1) its levels are upregulated in both experimental models of heart failure and human samples which suggests a causal role for increased CaMKII δ activation in disease, (2) the transgenic overexpression of CaMKII δ A, δ C and δ 9 leads to adverse cardiac remodeling accompanied by contractile dysfunction, and most importantly (3) CaMKII δ inhibition is generally associated with protection against cardiac dysfunction and a reduction in cardiac damage in animal models subjected to detrimental stimuli. Nevertheless, the importance of CaMKII δ in physiological processes, as well as the proposed protective effects of, e.g., CaMKII δ B suggest that CaMKII-directed therapeutics require high specificity [For further details see (Nassal et al., 2020)].

CONCLUSION AND FUTURE DIRECTIONS

The first report of the role of Ca²⁺ in the heart came from work of Ringer in the nineteenth century who accidentally used tap water instead of distilled water in his NaCl solution, and then found out that Ca²⁺ was necessary for contraction (Ringer, 1883; Eisner, 2014). Since then, Ca²⁺ has been demonstrated to be crucial in numerous processes in the heart, one of which being Ca²⁺-dependent signaling. CaMKII is one of the major transducers of specific spatio-temporal Ca²⁺ signaling, and has been the focus of many (cardiac) studies for decades (Clapham, 2007). These studies have led to tremendous insight into CaMKII-dependent signaling, but also to many new questions. One basic question that remains, is the function of the holoenzyme and how this is affected by the different splice variants. The dodecameric holoenzyme formation of CaMKII is distinct from structures of other protein kinases (Rosenberg et al., 2005). Based on the evolutionary conservation of this feature, it is thought that oligomerization plays a central role in the functioning of CaMKII. Phosphorylation spreading (autophosphorylation) within the holoenzyme and the exchange of activated and

inactivated subunits between holoenzyme formations (Stratton et al., 2014) are only two special features offered by this structural setup. Investigating the structural features of CaMKII, and specifically CaMKII δ , is essential for accurately addressing future therapeutics, and the comprehensive structure-function links have yet to be adequately discovered. However, modern technologies, such as molecular dynamics, offer novel tools and initial experiments have indicated, for example, that regulatory segments can spontaneously dock to the interfaces between hub subunits or that the length of the linker region controls the balance between activating or inhibitory autophosphorylation (Bhattacharyya et al., 2020; Karandur et al., 2020). It would be interesting to study how the dynamics of the enzyme structure changes during different periods in the cell, for example, during changing Ca²⁺/CaM concentrations between Ca²⁺ pulse events. In addition, different splice isoform ratios within the oligomer and their effect on the structure and dynamics are not fully understood and should be investigated. In addition, the functional difference of the different splice isoforms of CaMKII δ , and how to exploit these differences, is only partly understood. In line with this, the differential effects of the CaMKII δ isoforms could be related with its interactome. Hence, unraveling of their possible interaction partners (such as PKA) could clarify why these isoforms exert different and/or redundant functions. Moreover, the 4 isoforms described in this review are not the only CaMKII splice isoforms expressed in the heart. Even though less highly expressed, other splice isoforms such as CaMKII δ 4 are also found in the heart, and the function and relevance of these isoforms has not been explored. The fact that CaMKII δ 9, after being overlooked for a long time, turns out to be one of the highest expressed isoforms with a relevant function in the heart, illustrates that lesser known isoforms should not be neglected (Zhang et al., 2019). Another interesting question relates to the spatio-temporal control of activation of (splice variants of) CaMKII δ . For example, CaMKII δ 's early response to detrimental stimuli is compensatory, but turns maladaptive in later stages. A more specific approach to CaMKII δ inhibition, be it through targeting single splice isoforms, focusing on specific interactions, and on specific stages of CaMKII δ activation will therefore be extremely valuable. In conclusion, tremendous progress has been made in our understanding of CaMKII δ in the heart, but the picture is not yet complete. More specific studies will likely lead to new insights into this multifunctional and versatile protein, and could yield new therapeutic possibilities.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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