



# The Paradoxical Role of Cellular Senescence in Cancer

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Cellular senescence occurs in proliferating cells as a consequence of various triggers including telomere shortening, DNA damage, and inappropriate expression of oncogenes. The senescent state is accompanied by failure to reenter the cell cycle under mitotic stimulation, resistance to cell death and enhanced secretory phenotype. A growing number of studies have convincingly demonstrated a paradoxical role for spontaneous senescence and therapy-induced senescence (TIS), that senescence may involve both cancer prevention and cancer aggressiveness. Cellular senescence was initially described as a physiological suppressor mechanism of tumor cells, because cancer development requires cell proliferation. However, there is growing evidence that senescent cells may contribute to oncogenesis, partly in a senescence-associated secretory phenotype (SASP)-dependent manner. On the one hand, SASP prevents cell division and promotes immune clearance of damaged cells, thereby avoiding tumor development. On the other hand, SASP contributes to tumor progression and relapse through creating an immunosuppressive environment. In this review, we performed a review to summarize both bright and dark sides of senescence in cancer, and the strategies to handle senescence in cancer therapy were also discussed.

**Keywords:** cancer, senescence, aging, senescence-associated secretory phenotype, senescent cell

## INTRODUCTION

The cellular senescence was first described by Hayflick and colleagues in which they observed that after serial cultivation *in vitro*, normal human fibroblasts exhausted their capacity to divide and entered a state of irreversible growth arrest, whereas cancer cells did not enter this growth arrest state (Hayflick and Moorhead, 1961; Hayflick, 1965). After years of debate as to whether it is an artifact *in vitro* culture or an important biological process, senescence is now considered to be an important biological mechanism involved in tumorigenesis (Loaiza and Demaria, 2016). Cellular senescence, a stable state of cell cycle arrest, occurs in proliferating cells as a consequence of various triggers including telomere shortening,

DNA damage, and inappropriate expression of oncogenes (Robles and Adami, 1998; von Zglinicki and Martin-Ruiz, 2005; Courtois-Cox et al., 2008; d'Adda di Fagagna, 2008; Romagosa et al., 2011). The unrelenting shortening of telomeres during cellular proliferation and the accumulation of DNA damage are the basis of senescence, which cause a permanent arrest of cell cycle as a strategy to prevent genomic instability.

There is mounting evidence that the accumulation of senescent cells can contribute to organismal aging, and might involve cancer prevention (Braig et al., 2005; Chen et al., 2005). In addition to decreasing replicative capacity, activation of senescence in different contexts and tissues leads to increased expression of inflammatory cytokines that elicit immune-mediated tumor clearance (Xue et al., 2007; Kang et al., 2011). However, studies over the past decades have convincingly demonstrated a paradoxical role for senescence emanating from its special secretory profile. Recent studies challenge the conventional view, showing that senescence can counterintuitively promote cancer stemness and aggressiveness (Dou and Berger, 2018; Milanovic et al., 2018).

Cancer treatment has traditionally relied on cytotoxic strategies, assuming that complete destruction of cancer cells can optimize the survival of patients. It is increasingly recognized that achieving complete cell death within a solid tumor based on this theory, may cause severe side effects to patients (Ewald et al., 2010). Inducing cytostasis which permanently decreases the replicative capacity of cells without inducing cancer cell death has been considered as a new weapon for cancer therapy (Ewald et al., 2010). Recent studies utilizing cytostatic treatments have reported promising preliminary results, suggesting that therapy-induced senescence (TIS), a promising approach to induce cytostasis, may be effective in preventing tumor growth (Dorr et al., 2013; Baell et al., 2018). On the contrary, some literatures have reported that TIS plays a negative role in the treatment of cancer. Here, we summarized the causes and the controversial roles of senescence in cancer, and the strategies to handle senescence in cancer therapy were also discussed.

## TRIGGERS OF CELLULAR SENESCENCE

Cellular senescence is considered to be a stress response triggered by multiple mechanisms, such as DNA damage, telomere shortening, oncogene activation, tumor suppressor loss, centrosome dysfunction, and epigenomic damage (Ben-Porath and Weinberg, 2005; Rodier et al., 2011; Schleich et al., 2020; Wu et al., 2020a). These mechanisms are increasingly well-understood at the molecular level. The main effect pathways and triggers of senescence are shown in the **Figures 1, 2**.

### DNA Damage

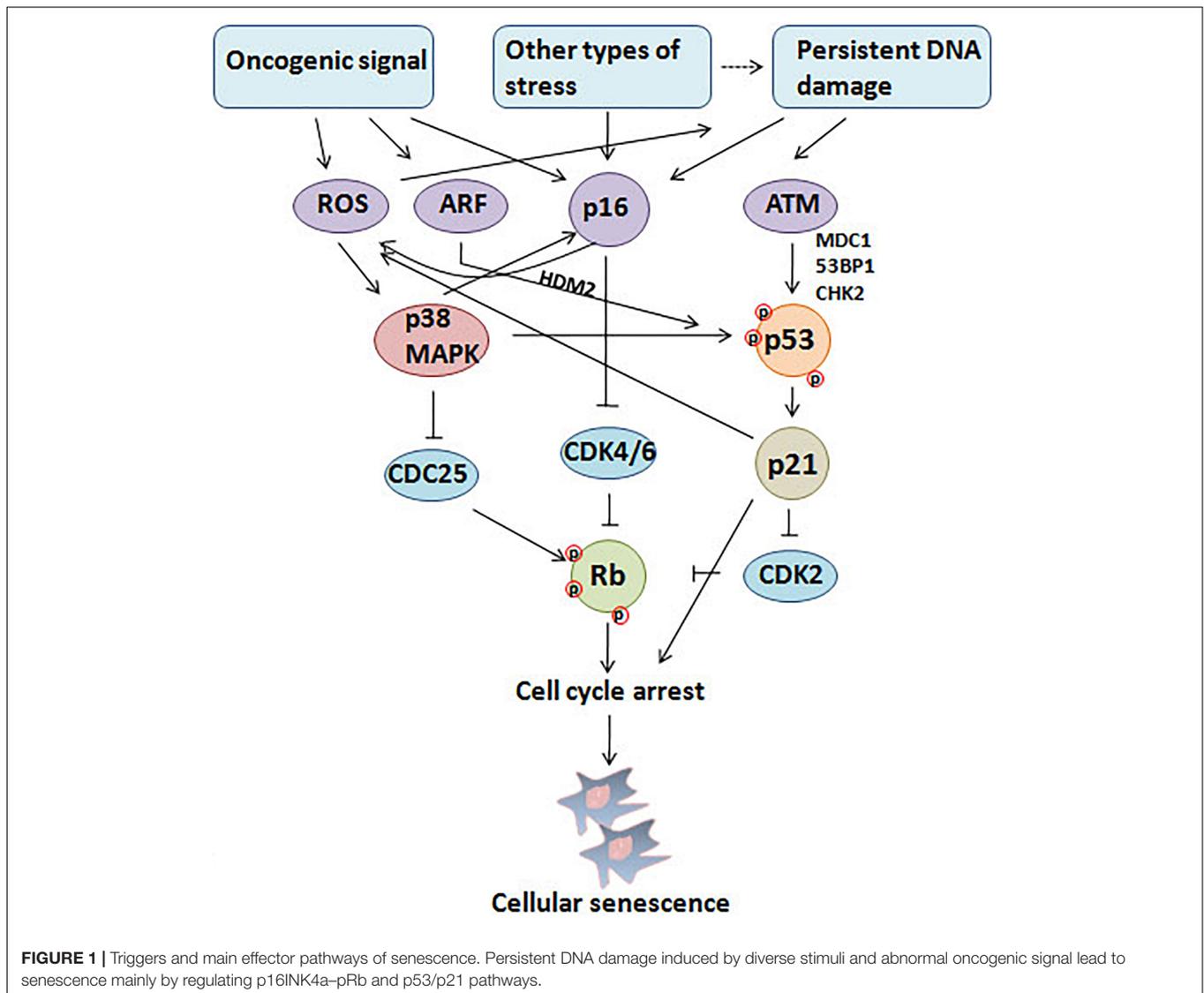
Persistent DNA Damage Response (DDR) is considered to be a common mechanism that is crucial to the establishment and maintenance of senescence phenotypes (d'Adda di Fagagna, 2008). Breakages of sugar-phosphate DNA backbone are potent activators of DDR, which can cause the double-stranded DNA breaks (DSBs) and the exposure of single-stranded

DNA (d'Adda di Fagagna, 2008). DSBs can be induced by ionizing radiation, topoisomerase inhibitors and many other agents. Oxidative stress and several DNA-damaging agents often induce DNA base damage and single-strand breaks (Robles and Adami, 1998; Chang et al., 2002; Parrinello et al., 2003; Sedelnikova et al., 2004; Barascu et al., 2012). DSBs can result in increased secretion of inflammatory cytokines, such as interleukin-6 (IL-6); however, this occurs only after the establishment of persistent DNA damage signaling rather than after transient DDRs (Rodier et al., 2009). In order to initiate and maintain this cytokine response, protein Ataxia-Telangiectasia Mutated (ATM), Nijmegen breakage syndrome protein 1 (NBS1) and Checkpoint kinase 2 (CHK2) are required, but the cell-cycle arrest enforcers p53 and pRb are not necessary (Rodier et al., 2009).

Ataxia telangiectasia-mutated (ATM), a member of the phosphoinositide-3 kinase-like kinase (PIKK) family, is the chief transducer of the DSBs signal. Single-stranded DNA is sensed by ataxia telangiectasia and Rad3-related (ATR) which is the primary mediator of ultraviolet (UV) light damage and stalled replication forks (Shiloh, 2006; Zou, 2007). The activation of the DNA damage checkpoint depends on the concerted activities of the upstream DNA damage kinases ATM and ATR, the downstream protein kinases CHK1 and CHK2, and DDR proteins 53BP1, mediator of DNA damage checkpoint protein 1 (MDC1), and NBS1 (d'Adda di Fagagna et al., 2003; Lou et al., 2003; Shiloh, 2003). Senescence initiated by DNA damage always relies on p53, usually accompanied by the expression of p21 (Di Leonardo et al., 1994; Campisi and d'Adda di Fagagna, 2007). In many cells, DNA damage can also induce the expression of p16, which provides a second barrier to prevent the growth of cells with severe DNA damage (Stein et al., 1999; Beausejour et al., 2003).

The DDR can also induce inflammation and senescence by inhibiting the autophagy of GATA4 (Kang et al., 2015). Normally, GATA4 is degraded by p62-dependent selective autophagy (Kang et al., 2015). During cellular senescence, ATM and ATR block the degradation of GATA4 (Kang et al., 2015). In turn, GATA4 induces the activation of transcription factor NF- $\kappa$ B and the initiation of senescence-associated secretory phenotype (SASP), therefore facilitating senescence (Kang et al., 2015). Notably, this process is completely independent from p53 and p16INK4a.

Most evidence of aging-related DNA damage comes from experiments with high doses of environmental gene toxins. To construct a model of spontaneous DNA damage *in vivo*, ERCC1- $\Delta$  mice (with reduced expression of ERCC1-XPF endonuclease) with impaired capacity to repair the nuclear genome were bred (Robinson et al., 2018). This study demonstrated that spontaneous endogenous nuclear DNA damage is sufficient to drive an increase in ROS levels and lead to an accelerated accumulation of senescent cells *in vivo* (Robinson et al., 2018). Furthermore, when spontaneous endogenous DNA damage is the primary injury to a mammalian system, cellular senescence and ROS abundance are increased, leading to further damage and senescence (Robinson et al., 2018). On the other hand, DNA damage can induce a transient proliferation arrest, allowing cells to repair their damage (Kuilman et al., 2010). The DDR allows



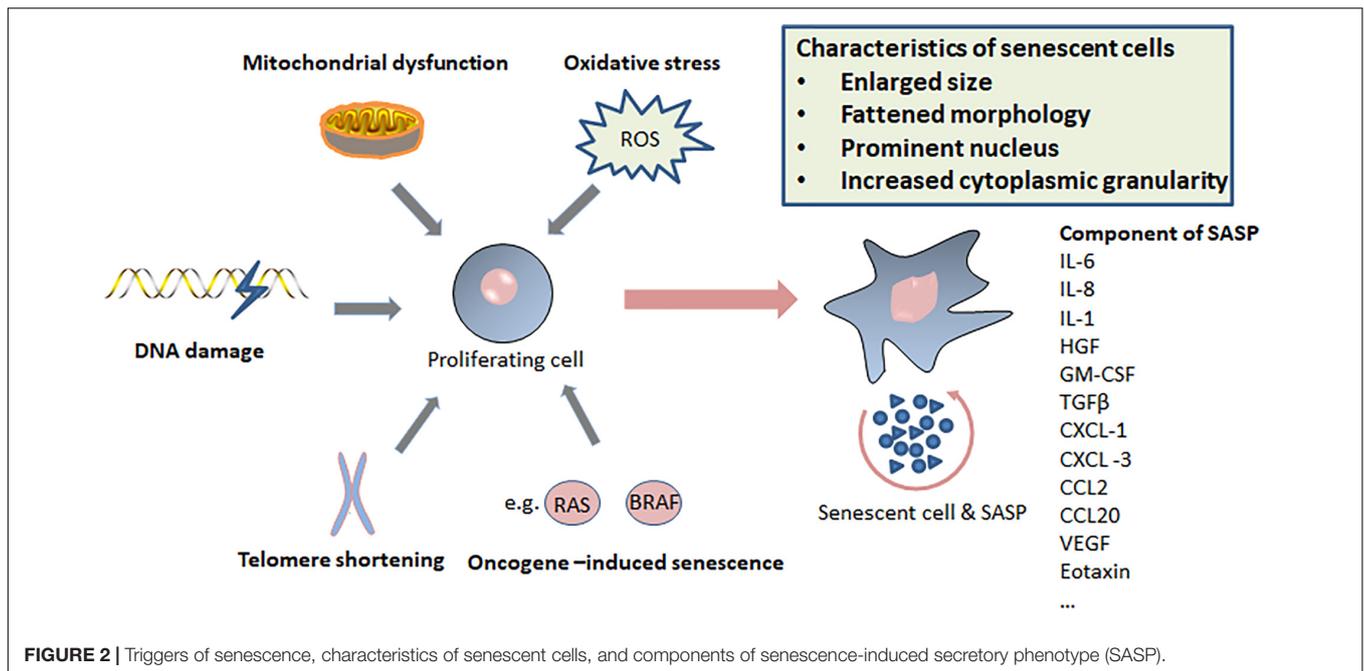
cells to sense damaged DNA and respond by arresting cell-cycle and repairing the DNA damage, if possible (Campisi and d'Adda di Fagagna, 2007). However, when DNA damage exceeds a certain threshold and cannot be repaired, such as with an uncapped telomere, cells are destined to undergo apoptosis or senescence (Campisi and d'Adda di Fagagna, 2007).

## Telomere Shortening

Telomeres are complexes of proteins and nucleotides of TTAGGG repeats, which cap the ends of linear chromosomes (Meyne et al., 1989; Wright et al., 1997). It has been shown that some telomere-associated factors can inhibit DDR activity, for example, telomeric repeat-binding factor 2 (TRF2; a double-stranded telomeric DNA-binding protein), and protection of telomeres 1 (Pot1; a single-stranded telomeric-binding protein) can inhibit the activity of ATM and ATR, respectively (Karlsson et al., 2004; Denchi and de Lange, 2007). The key role of telomere-related factors has been confirmed by observations that stripping

TRF2 or POT1 from telomere DNA can trigger an obvious DDR (d'Adda di Fagagna, 2008).

Due to the mechanisms of replication and the inability to completely replicate the ends of linear DNA molecules, telomeres shorten as each cell division (Hayflick, 1965; Levy et al., 1992; Allsopp et al., 1995). Therefore, telomeres act as “molecular clocks,” reflecting the replicative history of a primary cell. The enzyme telomerase is able to re-elongate the ends of chromosomes, thus preventing telomere shortening (Maicher et al., 2012). In the majority of human somatic cells, telomeres are shortened due to insufficient telomerase expression (Maicher et al., 2012). In normal cells, telomere shortening results in an “uncapped” telomere, which triggers DDR and ultimately leads to irreversible cellular senescence (Bodnar et al., 1998; d'Adda di Fagagna et al., 2003). Loss of the G-rich strand and the association of nuclear foci of  $\gamma$ -H2AX (a phosphorylated form of the histone variant H2AX) with telomeres have been found in the senescence of normal



human fibroblasts (d'Adda di Fagagna et al., 2003; Stewart et al., 2003). Recently, inappropriate DNA:cytoplasm ratio resulted from excessive enlargement of cells has also been reported to contribute to senescence (Xu et al., 2015). Furthermore, the activation of p53 and p21 is up-regulated during senescence, most of which contain one or more  $\gamma$ -H2AX foci; p53, p21 and RB act in a linear genetic pathway in the regulation of cell entry into senescence (Wei et al., 2003; Herbig et al., 2004).

Since it is triggered by telomere shortening caused by repeated cell divisions, this process is termed replicative senescence. Replicative senescence can be bypassed by the ectopic expression of the catalytic subunit of the telomerase holoenzyme (hTERT), confirming its dependence on telomere shortening (Bodnar et al., 1998; Vaziri and Benchimol, 1998). Telomere attrition limits the proliferative lifespan of many human cells and induces cells to undergo replicative senescence (Harley et al., 1990).

## Oncogene-Induced Senescence

Oncogene-induced senescence (OIS) is a powerful and persistent anti-proliferative response caused by down-regulation of tumor suppressor genes or over-expression or mutation of oncogenes (Courtois-Cox et al., 2008). Cellular senescence-related genes were summarized in the **Table 1**. Unlike replicative senescence, OIS cannot be bypassed by expression of hTERT, which confirms that OIS is independent from telomere dysfunction (Wei et al., 1999). The oncogene used in the original description of OIS is RAS; early studies have reported that expression of oncogenic RAS (HRAS<sup>V12</sup>) in primary human or rodent cells causes a permanent G1 arrest and promotes premature senescence by activating p53 and p16 (Serrano et al., 1997; Lin et al., 1998). This process involves the activation of the MAPK cascade, which is identical to RAS-induced mitogenesis in immortal cells (Franza et al., 1986; Khosravi-Far et al., 1995; White et al., 1995; Urano

et al., 1996; Lin et al., 1998). The biological outcomes (cycle arrest or forced mitogenesis) of MAPK activation largely depend on the context and the integrity of the senescence machinery (Lin et al., 1998). Previous findings strongly support the view that normal cells possess fail-safe mechanisms to limit the effects of RAS mitogenic signaling, and the safeguards involve p53 and p16 (Serrano et al., 1997; Lin et al., 1998). Furthermore, NORE1A (a member of the RASSF family) can activate OIS as a barrier against RAS-mediated transformation (Barnoud et al., 2017).

Subsequently, over-expression or ectopic expression of other oncogenes, including RAS, RAF, BRAF, MEK, ARF, MOS, E2F1, CDC6, and cyclin E has been shown to cause senescence (Lin et al., 1998; Zhu et al., 1998; Dimri et al., 2000; Michaloglou et al., 2005; Bartkova et al., 2006; Coppe et al., 2008). Tumor suppressors PTEN, NF1, VHL, and RB constitutively reduce pro-oncogenic signaling from PI3K, HIF1 $\alpha$ , RAS, and E2F, respectively. Therefore, the inactivation of these tumor suppressors leads to the accumulation of cells expressing markers of senescence (Chen et al., 2005; Courtois-Cox et al., 2006; Young et al., 2008). Although a lot of studies have focused on the genes affecting senescence, the non-genetic regulation of senescence is attracting increasing attention. Senescence has been shown to be associated with profound changes in chromatin organization (Adams, 2009). One possible mechanism is that the disruption of heterochromatin by global chromatin relaxation may induce senescence (Roediger et al., 2010).

Concerning the molecular mechanisms responsible for induction of senescence following oncogene activation, several mechanisms have been proposed. It has been suggested that OIS is caused by accumulation of DNA damage and activation of the DDR. For example, one of the studies showed that the RAS protein may indirectly up-regulate the levels of mitochondrial ROS, which is a well-known DNA-damaging effect, while other

**TABLE 1** | Cellular senescence-related gene.

Senescence-related genes	Up- or down-regulation	Cancer type	References
Ras	Up	Colon cancer, breast cancer, bladder cancer, skin papilloma, pancreatic carcinoma, lung cancer	Mo et al., 2007; Sun et al., 2007; Coppé et al., 2008; Vredevelde et al., 2012; Basu et al., 2018; Nacarelli et al., 2020; Wang et al., 2020
Raf	Up	Melanoma, thyroid cancer, colon carcinoma	Zhu et al., 1998; Chan et al., 2013
EGFR	Up	Glioblastoma, melanoma, esophageal squamous cell carcinoma, lung cancer, EBV-positive nasopharyngeal carcinoma	Hotta et al., 2007; Ohashi et al., 2010; Bian et al., 2012; Sun et al., 2014; Liu et al., 2017
PTEN	Down	Prostate cancer, glioblastoma, lung cancer, head and neck squamous carcinoma	Chen et al., 2005; Banito et al., 2009; Lee et al., 2011; Ren et al., 2014; Revandkar et al., 2016
Rheb	Up	Prostate cancer	Nardella et al., 2008
E2f3	Up	Lung cancer, melanoma, ovarian cancer	Nowicki et al., 2011; Noguchi et al., 2012; Weiner-Gorzel et al., 2015
Akt1	Up	Esophageal epithelial carcinoma, Breast cancer, Papillary thyroid carcinoma	Oyama et al., 2007; Wu et al., 2007; Hayes et al., 2016
Myc	Down	Lymphoma, osteosarcoma, liver carcinoma, lung carcinoma, pancreatic cancer	Soucek et al., 2008; Zinke et al., 2015; Takasugi et al., 2017; Zhang et al., 2019
β-catenin	Up	Medulloblastoma, glioma, lung cancer	Bikkavilli et al., 2015; Giménez-Bastida et al., 2019; Zhang et al., 2019
Rb	Down	Breast cancer, pancreas cancer, ovarian cancer, head and neck squamous cell carcinoma, gastric cancer	Ventura et al., 2007; Xing et al., 2012; Bikkavilli et al., 2015; Macha et al., 2015; Marino Gammazza et al., 2017; Martins et al., 2018
P53	Up/Down	Sarcoma, liver carcinoma, non-small cell lung cancer, breast cancer, ovarian cancer, colorectal cancer, cervical carcinoma	Chen et al., 2005; Xue et al., 2007; Nekulova et al., 2011; Macha et al., 2015; Marino Gammazza et al., 2017
P63	Up	Skin cancer, head and neck cancer, lung cancer, Barrett's adenocarcinoma	Wu et al., 2020b
Vhl	Down	Renal cell carcinoma	Young et al., 2008
SKP2	Down	Glioma, head and neck squamous cell carcinoma, prostate cancer, mammary gland cancer, gastric cancer, pancreatic ductal adenocarcinoma	Pernicova et al., 2011; Grasso et al., 2014; Kim et al., 2014; Seo et al., 2019
RAC1	Up	Breast cancer, colorectal tumor	Henriques et al., 2015; Liu et al., 2015
MOS	Up	Osteosarcoma	Bartkova et al., 2006
MEK	Up	Colon cancer, pancreas cancer, gastric cancer	Ventura et al., 2007; Zinke et al., 2015; Wang et al., 2018
CDC6	Up	Pancreatic cancer	Lim and Townsend, 2020
Cyclin E	Up	Osteosarcoma	Bartkova et al., 2006
Hsp72	Down	Breast cancer, colon cancer, prostate cancer	Yaglom et al., 2007
TGF-β	Up	Non-small cell lung carcinoma	Katakura et al., 1999
Cdt1	Up	Non-small cell lung carcinoma, head and neck carcinoma, colon cancer	Liontos et al., 2007
DEC1	Up	Breast cancer, colon cancer	Qian et al., 2008

studies reported that DNA damage is caused by oncogene-induced DNA replication stress (Lee et al., 1999; Bartkova et al., 2006; Di Micco et al., 2006). Previous studies have also shown that ROS may trigger senescence through phosphorylation of p53 by PRAK (p38-regulated/activated protein kinase) following activation of p38MAPK (Figure 2; Sun et al., 2007). Furthermore, senescence-associated heterochromatic foci (SAHF) are formed in the process of OIS through a multi-step process and are thought to prevent transcription of E2F target genes involved in cell-cycle entry and proliferation (Narita et al., 2003). In addition, oncogenic events also promote senescence by inducing a global negative feedback response that potently

suppresses the RAS/PI3K pathway (Courtois-Cox et al., 2006). Remarkably, these mechanisms are not necessarily mutually exclusive. Conversely, it is possible that multiple mechanisms cooperate to promote or maintain the senescence response (Courtois-Cox et al., 2008).

## CHARACTERISTICS OF SENESCENT CELLS

Cellular senescence is an irreversible cell cycle arrest of previously replication-competent cells induced by stress, but the cells

remain metabolically active. In addition to growth arrest, senescent cells are characterized by a set of features including morphological characteristics, expression of anti-proliferative molecules (e.g., p16INK4a), DNA-damage foci (e.g., TIF, DNA-SCARS), and SASP (e.g., IL-1, IL-6, and IL-8). Since there is no single characteristic that can robustly identify senescent cells, identification of senescent cells requires the combination of markers and features. Senescent cells have been observed in tumor masses. Senescent tumor cells usually exist in the marginal regions of the tumor, metastatic lymph nodes and lymphatic vessels, but not present in the center of tumor lesions (Kim et al., 2017).

Senescent cells are metabolically active and have an enlarged size, reflecting the continuation of macromolecule synthesis without cell division (Loaiza and Demaria, 2016). Furthermore, senescent cells exhibit flattened morphology with a prominent nucleus and increased cytoplasmic granularity (Cadenas et al., 2012; Campisi, 2013). Senescence-associated  $\beta$ -galactosidase is a manifestation of residual lysosomal activity under suboptimal pH, and it can be detected due to increased lysosomal content in senescent cells (Kurz et al., 2000). Senescence-associated  $\beta$ -galactosidase-positive cells accumulate with age in the skin of healthy individuals (Dimri et al., 1995). The discovery of high senescence-associated  $\beta$ -galactosidase activity in senescent cells provides a common marker for their detection in culture and in tissues (Dimri et al., 1995). It is notable that increased senescence-associated  $\beta$ -galactosidase activity is an outcome rather than a cause of senescence (Lee et al., 2006).

Gene expression profiles are profoundly affected during cellular senescence. p16INK4a, a selective inhibitor of cyclin D-dependent CDK4 and CDK6, is a commonly used marker for identifying senescent cells (Serrano et al., 1993). p16INK4a is encoded by CDKN2A gene, whose exons 2 and 3 also encode p14<sup>ARF</sup> in human and p19<sup>ARF</sup> in mouse (Quelle et al., 1995). The products of the CDKN2A locus can regulate the two central growth control pathways, RB and p53, playing a role in inducing cell cycle arrest (Pomerantz et al., 1998; Zhang et al., 1998; Chandler and Peters, 2013). p16INK4a is usually absent in healthy tissues of young animals, but is highly expressed in the senescent cells and tissues (Ohtani et al., 2004; Sharpless and Sherr, 2015). Therefore, p16INK4a could serve as a marker of cellular senescence. Moreover, another well-known change in gene expression in senescent cell is the activation of p53-p21 axis (Rufini et al., 2013).

As noted before, growing evidence indicates that senescence triggered by different stimuli is the result of protracted DNA damage. Dysfunctional telomeres-derived DNA damage foci is termed telomere dysfunction-induced foci (TIF), including  $\gamma$ H2AX and 53BP1 foci localized in telomeres, which can be used to identify senescent cells in culture and tissues (Takai et al., 2003; Herbig et al., 2004, 2006). However, TIF can also be identified in pre-senescent cells and the damage foci in cells with premature senescence (Verdun et al., 2005; Beliveau et al., 2007; Nakamura et al., 2008; Wang et al., 2009; Passos et al., 2010). Senescent cells of multiple human cell types and mouse tissues also always harbor nuclear DNA segments with chromatin alterations reinforcing senescence (DNA-SCARS), which sustains DDR signaling and regulates multiple aspects of the senescent phenotype, including

growth arrest and inflammatory cytokine secretion (Rodier et al., 2009, 2011; Gonzalez et al., 2016).

SAHFs are another heteromatin signature of senescent cells, which are associated with S-phase-promoting gene loci, such as E2F target genes (Narita et al., 2003; Sharpless and Sherr, 2015). DNA staining of normal cells shows completely uniform color outlines, while senescent cells usually display punctate patterns due to the formation of SAHF which may provide a chromatin buffer to prevent activation of proliferation-associated genes (Narita et al., 2003, 2006). The formation of SAHFs is due to the remodeling of chromatin and decreased sensitivity to nuclease digestion, and this process coincides with the recruitment of heterochromatin proteins and Rb to E2F-responsive promoters (Narita et al., 2003). It should be noted that SAHFs are dispensable for cellular senescence, and its existence depends on cell type and stimulation (Kosar et al., 2011).

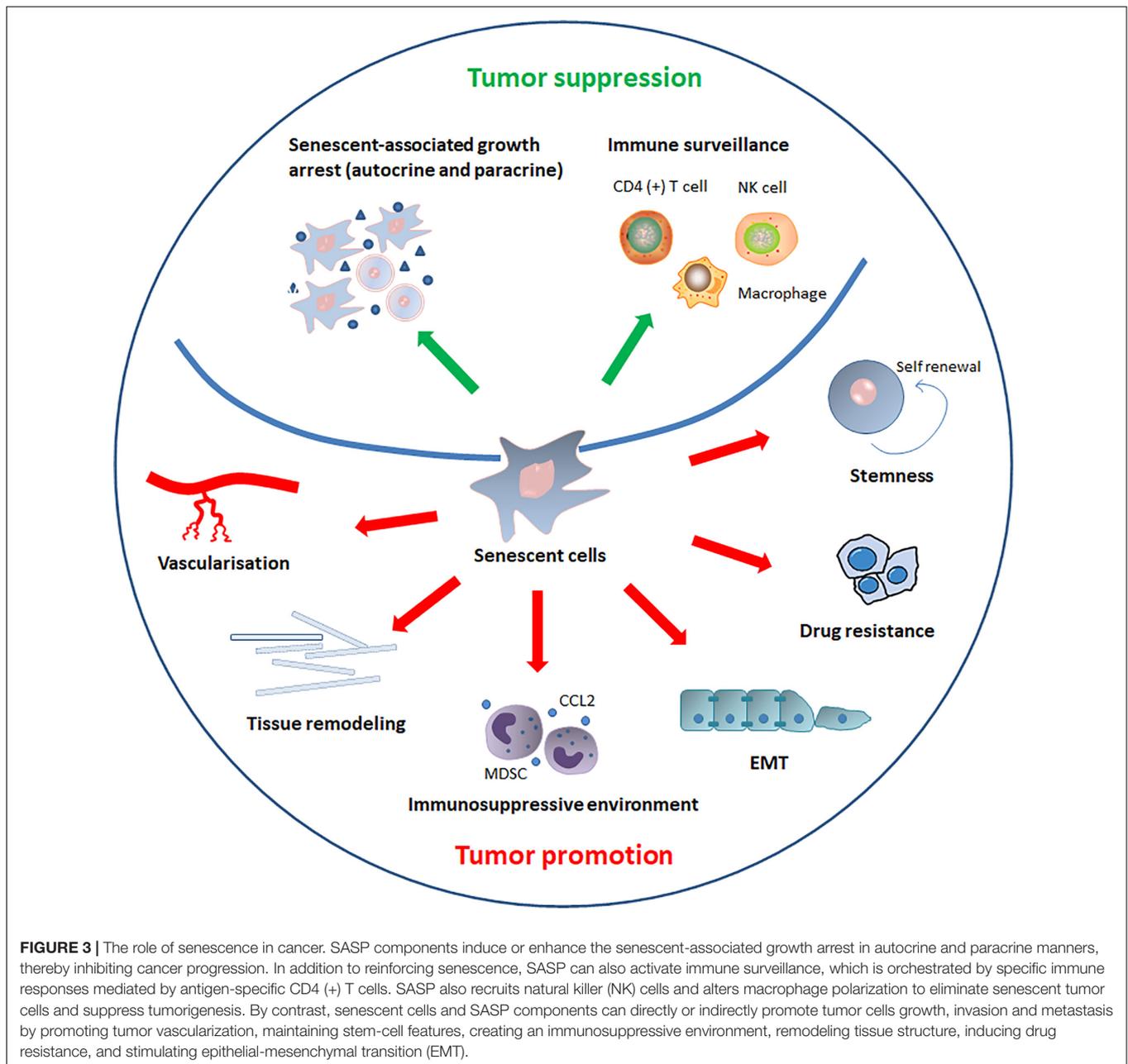
Senescent cells, including but not limited to senescent fibroblasts, have an altered secretion pattern and secrete growth factors (e.g., HGF, GM-CSF, and TGF $\beta$ ), chemokines (e.g., CXCL-1, CXCL-3, and CXCL-10), cytokines (e.g., IL-1, IL-6, and IL-8), and proteases, collectively known as SASP (Althubiti et al., 2014; Malaquin et al., 2016). The initiation of SASP is largely dependent on persistent DDR signal, phosphorylation of p38MAPK, and activation of transcription factors nuclear factor  $\kappa$ B (NF- $\kappa$ B) (Rodier et al., 2009; Chien et al., 2011; Freund et al., 2011; Kang et al., 2015). In contrast, the inactivation of p53 in senescent cells causes an excessive increase in the secretion of several SASP factors (Coppe et al., 2008). Notably, cellular senescence induced by ectopic p16INK4a expression may not always harbor SASP (Coppe et al., 2011). SASP has effects on cell proliferation and angiogenesis, and may play a role in promoting aging, tumorigenesis and tumor metastasis (Krtolica et al., 2001; Zlotnik, 2004; Acosta et al., 2008).

## SENESCENCE AND CANCER

Cellular senescence is a well-defined process that plays a critical role in cancer (Perez-Mancera et al., 2014). Interferon-dependent induction of senescence-inducing cell cycle regulators are required to control cancer cells that escape from killing by immune checkpoint blocking or natural cancer immune response (Brenner and Schörg, 2020). Conventionally, senescence has been regarded as an irreversible mechanism of cell-cycle arrest that can protect against cancer (van Deursen, 2014). However, recent discoveries have led to different views regarding the role of senescence in the development of cancer. The role of senescence in cancer progression is summarized in the **Figure 3**.

### Cellular Senescence as a Tumor Suppressor

Genome instability is a major driving force of age-related diseases and cancer, posing a threat to human health and longevity. However, some stringent and complex cellular procedures maintain genomic integrity and reduce the risk for neoplastic transformation. Senescence is one of the obstacles to oncogenesis because senescent cells cannot respond to mitotic signals and cannot re-enter the cell cycle (Faggioli et al., 2018). In mice



whose cells do not respond to senescence signals or whose genes encoding p53 or INK4a proteins are inactivated, cells fail to senesce in response to multiple stimuli; meanwhile, all the mice develop cancer at an early age (Ghebranious and Donehower, 1998). Furthermore, a positive correlation between the procreative life-span of mammary epithelial cells and cancer risk has been observed (Boulanger and Smith, 2001). Abrogation of OIS leads to aggressive cancer development (Kang et al., 2011; Mudbhary et al., 2014). When in a state of permanent cell cycle arrest, damaged or stressed cells cannot divide to form a tumor; thus, senescence represents a potent tumor suppressor mechanism (Campisi, 2001; Lowe et al., 2004).

The questions about the triggers of senescence during the early stages of malignant transformation are raised. The most

common view is that OIS is an early protective barrier to prevent excessive proliferation of transformed cells, before telomeric abnormalities take effect (Collado and Serrano, 2010; Peeper, 2011). Other studies have shown that telomere dysfunction of cancer cell blocks apoptosis but limits cancer progression by inducing senescence (Cosme-Blanco et al., 2007; Feldser and Greider, 2007). However, it is unclear whether stress-induced senescence, replicative senescence, or both play a major role in inhibiting the proliferation of precancerous cells (Falandry et al., 2014). Previous studies have suggested that OIS is the first barrier to prevent excessive proliferation (Falandry et al., 2014). If this mechanism of senescence fails, the proliferation of precancerous cells will resume, leading to telomere dysfunction and growth crisis marked by failure to proliferate again

(Zhu et al., 1999; Falandry et al., 2014). Nevertheless, active telomerase can avert this crisis and allow cell proliferation without requiring lengthening of telomeres, which increase the chance of malignant progression (Kolquist et al., 1998; Zhu et al., 1999).

Human melanoma that progressed rapidly during the blockade of immune checkpoint has the loss of senescence-inducing genes and amplification of senescence inhibitors (Brenner and Schörg, 2020). Suppression of cell senescence induces cisplatin resistance in ovarian cancer (Sun et al., 2020). The anti-tumor effect of senescence is mostly attributed to the lack of proliferative capacity of senescent cells (Perez-Mancera et al., 2014). Meanwhile, more and more evidences suggest that several SASP components induce or enhance senescent-associated growth arrest in autocrine and paracrine manners, produce a pro-inflammatory environment, and play a key role in propagating senescence and recruiting immune cells, thereby inhibiting cancer progression (Capece et al., 2018) (Lasry and Ben-Neriah, 2015). Of importance, several types of cytokines, such as IL-1, IL-6, and IL-8, play an important role in maintaining the SASP response of senescent cells themselves and the affected tissues (Acosta et al., 2008; Coppe et al., 2008). For example, inflammasome-mediated IL-1 is a key regulator of senescence that controls activation of the SASP program (Orjalo et al., 2009; Gross et al., 2012; Acosta et al., 2013). Blocking IL-1 or other inflammasome component caspase-1 prevents the induction of SASP during cell senescence (Gross et al., 2012). Therefore, IL-1 may maintain senescence and induce the inflammatory components of the SASP in an autocrine manner, resulting in tumor suppression.

Senescent cells actively communicate with neighboring cells and extracellular matrix through SASP, which has been reported to have anti-tumorigenic effects (Krtolica et al., 2001). When co-culture with senescent cells, normal cells displayed high DNA and oxidative damage, and activation of p16INK4a, p21cip1, and IL-8; paracrine senescence can be transmitted between different cell types (Acosta et al., 2013). Furthermore, in culture, mouse models and human of OIS, SASP can induce paracrine senescence in normal cells; multiple SASP components including transforming growth factor- $\beta$  (TGF- $\beta$ ) family ligands, chemokine (C-C motif) ligand 2 (CCL2), chemokine (C-C motif) ligand 20 (CCL20) and vascular endothelial growth factor (VEGF), are identified to mediate paracrine senescence (Acosta et al., 2013). Thus, it is conceivable that, SASP could cause paracrine senescence and has an impact on tumor suppression and senescence during the early stage of tumorigenesis (Acosta et al., 2013; Perez-Mancera et al., 2014).

In addition to reinforcing senescence, SASP can also activate immune surveillance, which has been demonstrated in a mosaic mouse model for hepatocellular carcinoma (Xue et al., 2007; Kang et al., 2011). Induction of senescence by p53 activation in malignant hepatocytes contributes to tumor clearance through SASP-mediated differentiation and up-regulation of inflammatory cytokines (Xue et al., 2007). Moreover, this program only produces cell cycle arrest *in vitro*, and triggers an innate immune response against tumor cells *in vivo* (Xue et al., 2007). Pre-malignant senescent hepatocytes secrete chemicals and cytokines, and are cleared by liver-infiltrating immune

cells, which is termed senescence surveillance and represents an important mechanism of the senescence anti-tumor barrier (Kang et al., 2011). This senescence surveillance is orchestrated by specific immune responses mediated by antigen-specific CD4 (+) T cells (Kang et al., 2011). On the other hand, SASP recruits natural killer (NK) cells and alters macrophage polarization to eliminate senescent tumor cells and suppress tumorigenesis (Iannello et al., 2013; Lujambio et al., 2013). Of note, p53 is of great significance in modifying the immune cells.

Overall, previous findings support the notion that senescence can be a barrier to tumor development. Firstly, as senescence is a state of permanent cell cycle arrest, damaged or stressed cells cannot divide to form a tumor. Secondly, several SASP components can induce or enhance the senescent-associated growth arrest in both autocrine and paracrine manners to help establish senescence-induced growth arrest. Thirdly, SASP can stimulate the immune system to target premalignant or malignant cells to suppress tumor progression. Recently, the bromo and extra terminal domain (BET) protein BRD4 has been reported to be required for the SASP, senescence-associated immune surveillance, and tumor-suppressive senescence program (Tasdemir et al., 2016).

## Cellular Senescence as a Tumor Promoting Factor

Age is an important independent risk factor for most human cancers, and the incidence of many types of cancer increases significantly with age. Although the link between aging and cancer is largely unknown, the cellular senescence may be one of the most important mechanisms, considering that senescent cells increase with age in mammalian tissues (Mo et al., 2007). There is growing evidence that the accumulation of senescent cells contributes to the progression of tumor (Wiley, 2020). Firstly, senescent fibroblasts promote premalignant and malignant epithelial cells to form tumors, partly in a SASP-dependent manner (Krtolica et al., 2001). Secondly, SASP components can directly or indirectly promote tumor cells growth, invasion and metastasis, and tumor vascularization (Davalos et al., 2010). Thirdly, senescence is associated with stem-cell-related properties and reprogramming of malignant cells (Milanovic et al., 2018). Recently, studies have found that senescent cells are tumor promoters, not tumor initiators, and that senescent cells stimulate skin cancer by up-regulating p38MAPK and MAPK/ERK signaling (Alimirah et al., 2020).

Senescent fibroblasts facilitate the growth of preneoplastic and neoplastic epithelial cells, but do not stimulate normal epithelial cells (Krtolica et al., 2001). The secretory phenotype of senescent fibroblasts accounts for at least 50% of growth stimulation (Krtolica et al., 2001). In mice, senescent fibroblasts strongly accelerate tumorigenesis (Krtolica et al., 2001). The ability of senescent fibroblasts to favor development has also been confirmed in a subsequent study showing that premalignant breast epithelial cells irreversibly lose differentiation characteristics, gain invasiveness and undergo malignant transformation when co-cultured with senescent human fibroblasts (Coppé et al., 2008). Senescent fibroblasts can impair epithelial morphological and functional differentiation

in part by stimulating proliferation, migration and invasion of epithelial cells *via* collagen matrix, and it can also disrupt branching morphogenesis by increasing the secretion of MMP-3 (Coppé et al., 2008). Senescent carcinoma-associated fibroblasts promote pancreatic cancer invasion and metastasis partly through over-expression of IL-8 (Wang et al., 2017). Senescent fibroblasts secrete biologically active VEGF, a potent angiogenic factor that is effective in tumor vascularization and cancer progression (Nardella et al., 2008). Senescent fibroblasts augment the number of blood vessels and increase the size as well (Nardella et al., 2008). Mechanistically, senescence may synergize with hypoxia to induce VEGF production, but the levels of hypoxic-inducible (transcription) factor 1  $\alpha$  (HIF-1 $\alpha$ ) are very little increased (Nardella et al., 2008).

Different SASP components may have different biological activities, depending in part on the cell type and initiating events (Rao and Jackson, 2016). Although SASP can suppress tumor formation by blocking the cell division and promoting immune clearance of damaged cells, it also promotes cancer development through creating an immunosuppressive environment that contributes to tumor progression and relapse (Rao and Jackson, 2016; Li et al., 2020). A mouse model that mimics the aged skin microenvironment was developed to determine whether senescent stromal cells affected tumorigenesis (Ruhland et al., 2016). It was found that senescent stromal cells contribute to tumor promotion through driving localized increases of suppressive myeloid cells and creating an immuno-suppressed and tumor-permissive environment (Ruhland et al., 2016). The stromal-derived SASP component IL-6 could increase the number of myeloid-derived suppressor cells (MDSCs) and enhance the ability of MDSCs to inhibit anti-tumor T-cell responses (Ruhland et al., 2016). Moreover, SASP remodel tissue structure, disrupt local tissue integrity, and support tumor cell invasion and metastasis (Rodier and Campisi, 2011; Lecot et al., 2016). Senescent cells secrete a large number of proteases to degrade extracellular matrix, which makes the tissue structure more relaxed, thereby promoting the invasion of cancer cells (Lecot et al., 2016).

CCL2, also known as MCP-1, is an important factor secreted by senescent cells, and acts as a chemokine to recruit immune cells expressing receptor CCR2 (Acosta et al., 2008; Kang et al., 2011). Senescence-recruited CCR2 positive myeloid cells enhance hepatocellular carcinoma growth and worsen the prognosis of patients with hepatocellular carcinoma through NK cell inhibition (Eggert et al., 2016). The SASP components, VEGF, IL-8, I-309, and eotaxin, directly facilitate the proliferation and assembly of endothelial cells for neo-angiogenesis (Davalos et al., 2010). In addition to directly promote tumor vascularization, senescent cells can recruit macrophages and stimulate them to adopt the proangiogenic M2 phenotype, thus promoting tumor vascularization indirectly (Oyama et al., 2007).

The cytokines IL-6 and IL-8 are well-studied components of SASP that can stimulate inflammation, epithelial-to-mesenchymal transition (EMT) and invasiveness. Senescent cells may play a tumorigenic role as a source of IL-6 (Coppé et al., 2008). IL-6 cooperates with the transcription factor C/EBP $\beta$  to enhance the activation of the inflammatory

network, including IL-8 (Kuilman et al., 2008). Senescent mesenchymal stem cells stimulate proliferation and migration of breast cancer cells *in vitro* and promote tumor progression in xenograft mice by activating IL-6/STAT-3 signaling pathway (Di et al., 2014; Zacarias-Fluck et al., 2015; Liu et al., 2017). Another study suggested that SASP induce EMT and invasiveness through a paracrine manner that relies mainly on IL-6 and IL-8 based on the observations that addition of IL-6 and IL-8 stimulates invasiveness while blocking them leads to a decrease in invasiveness (Coppe et al., 2008).

Senescent cells arise constantly in HER-2 positive breast cancer, accounting for about 5% of tumor cells (Korkaya et al., 2012). Blocking IL-6 impairs the growth of tumor, indicating the ability of IL-6 secreted by senescent cells in promoting cancer progression (Korkaya et al., 2012; Li et al., 2018). Furthermore, IL-6 may cooperate with HER2 in the process of tumor development (Korkaya et al., 2012; Tivari et al., 2018). *In vitro* dormancy model of MCF-7 breast cancer cells, bone marrow stroma secretory senescence (IL-6, IL-8, and TGF $\beta$ 1) could reactivate dormant MCF-7 cells by promoting their phenotype to mesenchymal appearance, resulting in cellular proliferation and migration (Sun et al., 2018). The EMT genetic program is activated *via* reducing the expression of E-cadherin and increasing the expression of N-cadherin and SLUG before reactivation of dormant cells (Sun et al., 2018).

Cisplatin induces melanoma cell senescence and SASP *in vitro* and in melanoma xenograft mice (Chen et al., 2009). The cisplatin-induced senescent melanoma cells activate the ERK1/2-RSK1 pathway through SASP components (such as IL-8 and IL-1 $\alpha$ ) to promote the growth of non-senescent melanoma cells (Chen et al., 2009). Transplantation of non-senescent and senescent melanoma cells accelerates tumor growth compared to transplantation of non-senescent cells only to mice, whereas transplantation of senescent cells alone does not produce tumors (Chen et al., 2009).

It has been reported that functions of senescence and stem-cell appear to be regulated by overlapping signaling networks (Milanovic et al., 2018; Wang et al., 2020). The key senescence-related signaling molecules, such as p53, p16INK4a, and p21 also play an important role in the maintenance of stem-cell functions, which may have profound impact on tumor invasiveness (Medema, 2018; Milanovic et al., 2018; Wang et al., 2020). Further investigations indicated that upon entering cellular senescence, cancer cells of various tissue types acquire novel stemness-related properties (Yamakoshi et al., 2009; Milanovic et al., 2018). In lymphomas treated with the same dose of chemotherapy, previous senescent cells display a higher tumor-initiating potential than never senescent cells. Furthermore, when re-expose to chemotherapy drugs, previously senescent cells typically retain the ability to re-enter TIS (Milanovic et al., 2018). Notably, those results can also be observed even when the levels of SASP reduce drastically, indicating a cell-intrinsic mechanism of senescence-associated reprogramming (Milanovic et al., 2018). Wnt signaling is activated in TIS; this signaling plays a central role in stem-cell renewal in many tissues and is an essential driver of the enhanced tumor initiation capacity (Basu et al., 2018; Milanovic et al., 2018; Nacarelli et al., 2020).

TIS contributes to chemo-resistance by inducing cancer stem-like cells (Ritschka et al., 2017).

In addition to maintaining stem-cell features of tumor cells with pre-existing self-renewal capabilities, cellular senescence can also promote the cell-autonomous reprogramming of non-stem cancer cells into cancer stem cells (Mosteiro et al., 2016; Milanovic et al., 2018). The transgenic expression of the four transcription factors Oct4, Sox2, Klf4, and c-Myc (OSKM) can induce two opposite cellular fates, cellular senescence and reprogramming (Banito et al., 2009; Mosteiro et al., 2018; Sai et al., 2020). IL-6 is a critical mediator of senescence-induced cellular reprogramming (Xu et al., 2018; Sai et al., 2020). Genetic locus INK4a is required for OSKM-induced senescence, IL-6 production, and reprogramming, whereas in the absence of p53, INK4a is not necessary (Xu et al., 2018).

Extracellular vesicles, heterogeneous populations of membrane vesicles, have emerged as new participants in intercellular communication; the exosome-like small extracellular vesicles have been demonstrated to be important mediators of the pro-tumorigenic function of senescent cells (Wu et al., 2007; Soucek et al., 2008; Takasugi et al., 2017; Han et al., 2020). In senescent cells, small extracellular vesicles sorting of EphA2 is increased due to increased phosphorylation caused by oxidative inactivation of PTP1B phosphatase (Han et al., 2020). EphA2 secreted from senescent cells binds to ephrin-A1, leading to cellular proliferation *via* EphA2/ephrin-A1 reverse signaling (Han et al., 2020). Furthermore, senescent stromal cells produce a large number of small extracellular vesicles, which change the expression profile of recipient cancer cells, thus enhancing the aggressiveness of cancer cells and promoting drug resistance in therapeutic settings (Ruscetti et al., 2020).

## THERAPY-INDUCED CELLULAR SENESENCE

Therapy-induced senescence (TIS) appears as a result of pharmacological intervention that may end either in an advantageous outcome or an unwanted side effect. Senescence-induced therapies may be particularly effective when combined with chemotherapy and/or radiotherapy in the treatment of cancer. Therefore, TIS is one of the alternative strategies to improve the prognosis of patients, and low dose of TIS-induced drugs can achieve the purpose of inducing senescence, which means less off-target toxicity for patients (Ewald et al., 2010; Gonzalez et al., 2016). TIS is beneficial in cancer therapy in a certain extent, but it may bring risks over time. Increasing evidence has indicated that senescence induced by chemotherapy and radiotherapy is associated with treatment outcomes in various cancer types (Martins et al., 2018; Mongiardi et al., 2019). In addition, the significance of senescence induction in molecular targeted therapy and immunotherapy has been reported (Meng et al., 2012; Dorr et al., 2013; Wang and Gao, 2019; Wagner and Gil, 2020). Here, we reviewed the main literatures describing premature senescence as the primary mechanism of chemotherapy, radiotherapy, targeted therapy, or

immunotherapy in preclinical and in clinical studies. Also, the related molecular mechanisms were summarized.

Many types of chemotherapeutic drugs can induce senescence of tumor cells *in vitro* and *in vivo*, which is considered to be a positive therapeutic outcome (Chang et al., 2002; Marino Gammazza et al., 2017). A previous study reported that lymphomas respond to cyclophosphamide through senescence induction; senescence-associated  $\beta$ -galactosidase was detected in lymphomas post-treatment and gradually accumulated, while it was not examined in untreated lymphomas (Marino Gammazza et al., 2017). Furthermore, the independent senescence marker PML was up-regulated in cyclophosphamide-treated lymphomas (Marino Gammazza et al., 2017). This cyclophosphamide-induced senescence was associated with outcomes of therapy and was highly dependent on the activity of p53- and p16INK4a, owing to the observations that deletion of the p53 or INK4a gene blocked premature senescence (Marino Gammazza et al., 2017). Doxorubicin, a drug commonly used in clinical chemotherapy, has been reported to induce replicative senescence in a human lung mucoepidermoid cell line (NCI-H292) (Song et al., 2019).

Cisplatin has been reported to induce cellular senescent-like growth arrest in nasopharyngeal carcinoma cell line, and senescence is the primary mechanism by which cisplatin induces wild-type TP53 head and neck squamous cell carcinoma cell responses (Gadhikar et al., 2013; Osman et al., 2015). Head and neck squamous cell carcinoma patients with TP53 mutations have a high risk of treatment failure after receiving cisplatin due to lack of senescence (Osman et al., 2015). Cisplatin induces G2 cell cycle arrest of cancer cell with TP53 mutations. Inhibition of wee-1 kinase (a tyrosine kinase involved in DNA damage-induced G2 cell cycle arrest) has been reported to enhance the efficacy of cisplatin in inhibiting p53 mutant tumor cells *in vivo* through eliminating G2 arrest and accumulating cells that carry unrepaired DNA damage during mitosis (Cerrito et al., 2018). These cells with unrepaired DNA damage cause abnormal cell division, leading to a senescence-like process without causing apoptosis (Cerrito et al., 2018). Furthermore, this senescence phenotype following MK-1775 addition depends on sustained ROS production rather than p21 expression (Cerrito et al., 2018).

Compared with traditional chemotherapy, metronomic chemotherapy cannot only reduce the side effects of drugs, but also improve the sensitivity and effectiveness of drugs. Metronomic combination of Vinorelbine and 5-Fluorouracil was able to inhibit triple-negative breast cancer cells, and significant increased cellular senescence was observed in the metronomic chemotherapy group compared with the standard therapy group (Taschner-Mandl et al., 2016). Metronomic chemotherapy can interfere with cell cycle regulation and DNA damage by inducing cancer cell senescence, mainly due to the activation of p53, the up-regulation of p21WAF/CIP1 and the inhibition of cyclin-dependent kinase, leading to permanent disruption of cell mitosis and cell cycle arrest (Demaria et al., 2017).

Contrary to the above results, some literatures have reported that chemotherapy-induced senescence plays a negative role in the treatment of cancer. Generally, the effects of genotoxic chemotherapies on proliferating cells are non-specific, which may also induce senescence of normal cells while inducing tumor

cells senescence, leading to cancer recurrence and chemotherapy toxicities (Canino et al., 2012). Furthermore, the important role of senescence, especially SASP, in therapy resistance has also been reported (Yu et al., 2019; Chambers et al., 2021).

Acute ionizing radiation causes senescence and apoptosis of nasopharyngeal carcinoma cells (CNE2), but cancer cells exhibit premature senescence, EMT and radiation resistance after long-term ionizing radiation exposure (Yang et al., 2019). Cell division cycle 6 (CDC6), an essential regulator of DNA replication, is ectopically over-expressed in radioresistant CNE2 cells (Yang et al., 2019). In this study, CDC6 was demonstrated to cause radioresistance by regulating senescence and EMT (Yang et al., 2019). On the one hand, permanent cell growth arrest and senescence of cancer cell induced by ionizing radiation may be one of the mechanisms of tumor suppression. On the other hand, premature senescence of CNE2 after long-term ionizing radiation exposure may be associated with tumor cell invasion and migration.

An elective KDM5A (a histone demethylase) inhibitor has been reported to induce senescence and repress the proliferation of KDM5A-overexpressing breast cancer cell lines (Han, 2019). Mechanistically, this KDM5A inhibitor induces G1 cell cycle arrest of breast cancer cell and cellular senescence by up-regulation of p16 and p27 (Han, 2019). Another histone demethylase lysine specific demethylase 1 (LSD1) has also been demonstrated to induce senescence through down-regulation of hypoxia-inducible factor 1 (HIF-1) (Perez-Campo et al., 2014). Histone acetyltransferases lysine acetyltransferase 6A/B (KAT6A/B) are involved in cancer development. KAT6A plays an important role in maintaining the functions of normal hematopoietic stem cells and is a target for recurrent chromosomal translocations associated with acute myeloid leukemia (Baell et al., 2018; Ignacio et al., 2018). Also, the chromosomal translocations in KAT6B have been observed in several cancers (Sheikh et al., 2015). KAT6A inhibits cellular senescence by regulating inhibitors of the *cdkn2a* locus (Patten et al., 2019). KAT6B inhibits senescence by regulating *INK4a-ARF* locus encoding p16<sup>INK4a</sup> and p19<sup>ARF</sup> (Patten et al., 2019). WM-8014 and WM-1119, selective inhibitors of KAT6A and KAT6B, induce cell cycle arrest and senescence of lymphoma cells, which is not accompanied by DNA damage (Baell et al., 2018). Therefore, senescence induction is an important mechanism by which KAT6A/B inhibitors inhibit tumors. In addition, inhibiting the activity of many other proteins can also induce senescence, including receptor tyrosine kinase (RTK), casein kinase 2 (CK2), and Aurora A kinase (Huck et al., 2010; Francica et al., 2017; Yang et al., 2017).

Inhibitors of several classical cancer-related signaling pathways have also been reported to induce senescence, including inhibitors of VEGFRs, EGFR, MET, HER, AKT, and ERK (Alagkiozidis et al., 2017; Morelli et al., 2017). Axitinib, an inhibitor of VEGFRs, promotes senescence of glioblastoma cell line (U87MG) and human endothelial cells (Wang et al., 2011; Meng et al., 2012). Studies have reported that gefitinib (an inhibitor of EGFR tyrosine kinase) and cetuximab (monoclonal antibody anti EGFR) exert their antitumor effects through induction of cellular senescence *in vivo* and *in vitro* in non-small

cell lung cancer, and this senescence program is independent from p53 and/or p16 function (Hotta et al., 2007; Francica et al., 2016). In pancreas cancer, the combination of MEK and CDK4/6 inhibitors can induce senescence and SASP (include pro-angiogenic factors), thereby enhancing drug delivery and efficacy of cytotoxic chemotherapy (Martins et al., 2018). The MET targeting-induced senescence phenotype has been shown to be associated with the inhibition of MAPK signaling pathway and the subsequent down-regulation of forkhead box protein M1 (FOXM1) transcription factor (De Martino and Tkach, 2020). Blocking of Stat3 oncogene addiction can induce cellular senescence, trigger antitumor immune responses and improve the effectiveness of immune checkpoint inhibitors (Coutu et al., 2011). Another example is that fibroblast growth factor receptors (FGFRs) signaling *via* PI3K/AKT pathway could inhibit senescence program by promoting the activation of murine double minute 2 (MDM2, a negative regulator of p53), and inhibition of FGFRs induces senescence (Alimonti et al., 2010).

The most important mechanism of TIS is to increase the amount or activity of tumor suppressors, mainly including p53, p21, p16, p27, and PTEN (Chen et al., 2005; Lee et al., 2010; Storer et al., 2013; Kalathur et al., 2015; Harajly et al., 2016; Park and Jeong, 2019). In addition, other genes such as Skp2 can also serve as backups to trigger TIS in the absence of p53 activity (Childs et al., 2015). The modulation of the activity of histone lysine acetyltransferases, histone demethylase, and several protein kinases involved in senescence are able to induce cell senescence. Certainty, modulation of these proteins always links to the regulation of the activity of tumor suppressors. Although senescence of tumor cells is considered to be a positive therapeutic outcome, the senescence of normal cells and related SASP are associated with tumor recurrence, drug resistance and occurrence of side effects. Therefore, direct killing of senescent cells by means of apoptosis or non-apoptosis, and blocking the effects of SASP, can greatly minimize the off-target effects of senescence and reduce the side effects (Laberge et al., 2015).

## CONCLUSION

Cellular senescence provides a significant benefit to the host by inducing irreversible cell cycle arrest and eliciting potent immune-mediated incipient tumor cell clearance, which is characterized by reduced incidence of cancer and halted tumor development. Senescence provides an alternative strategy to overcome the limitations of traditional cancer treatment because low dose of drugs can achieve the purpose of inducing senescence. However, senescent cells and SASP components can directly or indirectly promote tumor cells growth, invasion and metastasis, and tumor vascularization. The senescence phenotype is complicated, and the production rate and clearance rate of senescent cell may be the influencing factors of the effects of senescence on tumor progression. One of the possibilities is that senescent cells are only beneficial when they are transient, and the accumulation of senescent cells and SASP cause increased susceptibility to tumorigenesis.

The in-deep understanding and utilization of senescence in cancer therapy has gained increasing attention and has become an important research field. Previous findings have indicated that TIS is a positive outcome of therapy, since senescence is a state of growth arrest reflecting the loss of reproductive potential. In order to overcome the negative effects of TIS in cancer treatment, the concept of combining senescence-inducing therapies and removal of senescent cells, both normal and tumor derived, or manipulating the paracrine effects of SASP is proposed (Collado et al., 2005; Pribluda et al., 2013; Widemann and Italiano, 2018). However, before clinical application, we must balance the validity and potential risks, and determine the overall advantages of this treatment concept.

There are still issues needed to be addressed, although a lot of studies have focused on senescence. It is very important to determine under what circumstances senescent cells are beneficial or harmful to cancer treatment. Manipulating SASP is also essential, which may be beneficial to anti-tumor.

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## AUTHOR CONTRIBUTIONS

JY and ML: data curation, formal analysis, and writing—original draft. DH: data curation and formal analysis. MZ: conceptualization and supervision. XZ: conceptualization, supervision, validation, and writing—review editing. All authors read and approved the final manuscript.

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