

# Participation of the IL-10RB Related Cytokines, IL-22 and IFN- $\lambda$ in Defense of the Airway Mucosal Barrier

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The airway epithelial barrier is a major barrier protecting against clinically significant infections of the lung. Its integrity is often compromised due to mechanical, chemical, or infectious causes. Opportunistic bacterial pathogens are poised to cause parenchymal infection and become difficult to eradicate due to adaptive metabolic changes, biofilm formation, and the acquisition of antimicrobial resistance and fitness genes. Enhancing mucosal defenses by modulating the cytokines that regulate barrier functions, such as interleukin-22 (IL-22) and interferon- $\lambda$  (IFN- $\lambda$ ), members of the IL-10 family of cytokines, is an attractive approach to prevent these infections that are associated with high morbidity and mortality. These cytokines both signal through the cognate receptor IL-10RB, have related protein structures and common downstream signaling suggesting shared roles in host respiratory defense. They are typically co-expressed in multiple models of infections, but with differing kinetics. IL-22 has an important role in the producing antimicrobial peptides, upregulating expression of junctional proteins in the airway epithelium and working in concert with other inflammatory cytokines such as IL-17. Conversely, IFN-λ, a potent antiviral in influenza infection with pro-inflammatory properties, appears to decrease junctional integrity allowing for bacterial and immune cell translocation. The effects of these cytokines are pleotropic, with pathogen and tissue specific consequences. Understanding how these cytokines work in the mucosal defenses of the respiratory system may suggest potential targets to prevent invasive infections of the damaged lung.

Keywords: mucosal barriers, respiratory epithelial barrier, *Staphylococcus aureus*, *Pseudomonas aeruginosa*, *Klebsiella pneumoniae*, influenza, coronavirus, ESKAPE pathogens

#### INTRODUCTION

The airway mucosal barrier provides a critical defense against infection. These boundaries must be tightly regulated, enabling the recruitment of phagocytes when needed to fight infection due to pathogens, while simultaneously maintaining epithelial integrity through repair and regeneration. Such control is especially important in the airway of the critically ill patient, where normal clearance mechanisms are impaired by airway manipulation and sedation, aspirated opportunistic bacteria proliferate locally, penetrate across the damaged epithelial barrier and invade into the lung tissue. Insults such as ventilator induced injury, viral infection, and aspiration of acidic gastric contents allow the commensal organisms and newly acquired flora to incite clinically significant tracheitis

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and parenchymal lung disease. It is in this clinical setting that ventilator associated infections with organisms such as the ESKAPE pathogens (Enterococcus faecium, Staphylococcus aureus, Klebsiella pneumoniae, Acinetobacter baumannii, Pseudomonas aeruginosa, Enterobacter spp.) emerge to cause ongoing infection and lead to significant morbidity and mortality. Multiple factors contribute to the success of these pathogens; their genomic flexibility leading to the acquisition of novel antimicrobial resistance genes and fitness elements, ability to adapt to the metabolic constraints of the lung, and the selection of biofilm-forming isolates that express extracellular polysaccharides that elude efficient phagocytosis. Appreciating the multiple factors that underlie the pathogenesis of bacterial pneumonia, beyond the issues of antimicrobial susceptibility, will be important in developing alternative approaches toward the prevention and treatment of these common infections.

One potential approach toward preventing infection in vulnerable patient populations is through manipulation of the cytokines and interferons that normally function to protect or harm the integrity of the airway epithelial barrier. In this review we will focus upon the effects of IL-22 and interferon- $\lambda$  (IFN- $\lambda$ ), members of the IL-10 family of cytokines which play important roles in mucosal defenses (Figure 1). Their effector receptors are generally restricted to epithelial surfaces, with some important exceptions, and these cytokines have multiple pleotropic effects that are dependent upon the inciting pathogen and the site of infection. We will focus particularly upon the participation of these two cytokines in the respiratory mucosal barrier in the setting of influenza and opportunistic bacterial infections due to the increasingly prevalent ESKAPE pathogens. Understanding how this family of cytokines influence the airway epithelial barrier in the setting of serious infection may highlight potential therapeutic targets that will enable the host to maintain this critical barrier.

## IL-22 AND IFN- $\lambda$ – AIRWAY CYTOKINES WITH SHARED PROPERTIES AND DIVERGENT FUNCTIONS

IL-22 and IFN- $\lambda$  are both important cytokines that function at mucosal barriers in response to apparent infection (Sonnenberg et al., 2011; Kotenko et al., 2019). The type III interferons (IFN- $\lambda$ s) are increasingly appreciated as the major interferon expressed in the context of viral infection of mucosal sites and have many structural and functional similarities with IL-22, another member of the IL-10 family of cytokines (Kotenko et al., 2019). Both IL-22 and IFN- $\lambda$  signal through the class II cytokine receptors, a group of heterodimeric receptors that, when in combination, mediate responses to the IL-10 family of cytokines (Renauld, 2003). Although the specific sequence homologies within this cytokine group are limited, their protein structures are highly related and likely evolutionarily associated. The binding and activation of shared and unique receptor combinations by both IFN- $\lambda$  and IL-22 lead to JAK/STAT activation and multiple responses resulting in antiviral activity, production of antimicrobial peptides, cellular proliferation and repair, and generation of acute phase reactants necessary for inflammation (Trivella et al., 2010). Both cytokines signal through the shared cognate receptor IL-10RB (Donnelly and Kotenko, 2010). IL-22 for example, binds to two copies of the IL-22R and two copies of IL-10RB with IFN- $\lambda$  similarly binding to two copies of IL-28R and IL-10RB. The two cytokines appear to work synergistically as in the case of enteric viral infections such as rotavirus (Hernandez et al., 2015). Alternatively, treatment with IL-22 promotes expression of IFN- $\lambda$  to inhibit replication of enteric coronavirus (Xue et al., 2017). Similarly, in *P. aeruginosa* pneumonia, production of the two proteins was additive and parallel, dampening overall pulmonary inflammation (Broquet et al., 2017, 2019). These observations suggest that in several models of infection, the related proteins IL-22 and IFN- $\lambda$  work in concert.

However, there are differential kinetics of expression of these proteins dependent on the model system being studied. Dynamic expression of IFN- $\lambda$  through the course of infection is observed in influenza, in which IFN- $\lambda$  is produced earlier, in higher and more sustained levels in the course of infection than type 1 IFNs (Galani et al., 2017). In pneumonia caused by carbapenemresistant ST258 K. pneumoniae (ST258), the kinetics of the two cytokines are distinct, with expression of IFN- $\lambda$  increasing steadily with infection, coincident with the arrival of recruited monocytes, while IL-22 increases briefly at the start of infection and then again in the resolution phase (Ahn et al., 2019). In certain instances, when one signaling pathway is lost, the other is upregulated. For example, when IFN- $\lambda$  signaling is absent, there is increased expression of IL-22 and antimicrobial peptides RegIIIy and NGAL in the upper airways of mice, as well as less abundant flora (Planet et al., 2016).

The effects of these cytokines are also dependent upon the relative distribution of their receptors for these cytokines. The receptor for IL-22 (IL-22Ra1) is basally expressed in the large and small airways. In influenza and other models of infection expression is upregulated and includes the alveoli in influenza (Pociask et al., 2013; Elsegeiny et al., 2018). This dynamic regulation is an important component of the mechanism of IL-22 action and effect on the healing of the respiratory epithelium after initial lung injury. IFNLR1, the receptor for IFN- $\lambda$ , is predominantly expressed in epithelial cells of the respiratory, enteric, hepatic, and integumentary systems (Galani et al., 2015; Broggi et al., 2020). Though receptors for both cytokines are generally restricted to epithelial compartments, the IFN- $\lambda$ receptor is expressed in myeloid cells such as dendritic cells (Galani et al., 2015) and neutrophils (Blazek et al., 2015; Broggi et al., 2017; Galani et al., 2017). IFN-λ receptor signaling plays an important role on the function of these immune cells, discussed later in this review. Importantly, the activity of IL-22 has an additional layer of regulation with co-expression of IL-22 binding protein (IL-22BP), the soluble form of the IL-22 receptor that has neutralizing effects (Wu et al., 2008; de Moura et al., 2009; Lim et al., 2016). A similar soluble receptor for IFNRL1 has also been described but less well-studied (Witte et al., 2009). IL-22 and IFN- $\lambda$  therefore have many shared characteristics and there is a growing body of evidence that signaling of these two cytokines are intimately related in regulating not only the local



inflammatory environment in response to infection but also the strength of the airway epithelial barrier.

#### **INTERLEUKIN-22 (IL-22)**

The three major roles of IL-22 in host defense are in (1) antimicrobial peptide production, (2) maintenance of epithelial barrier integrity, and (3) coordinated recruitment of immune cells in collaboration with other cytokines (Wolk et al., 2006). Production of IL-22 is regulated by pathogen recognition receptor (PRR) pathways that induce IL-23 production through toll-like receptor stimulation (TLR1/2/4/7/9) and subsequent

signal transduction via MyD88, though IL-1 $\beta$ , TGF- $\beta$ , and aryl hydrocarbon receptor also play a major role in regulation (Sonnenberg et al., 2011; Valeri and Raffatellu, 2016). IL-22 is also expressed in response to epithelial stretch in the setting of mechanical ventilation (De Winter et al., 2019). The major producers of IL-22 are T cells and innate lymphoid cells (ILCs) (Ouyang et al., 2011; Rutz et al., 2013), consistent with the cytokine's major role in immune signaling. Amongst the T cell subpopulation, T<sub>H</sub>17 cells appear to be the greatest producers of IL-22, with parallel production of IL-17 (Chung et al., 2006; Liang et al., 2006; Zheng et al., 2007). Other immune cell populations have been shown to produce IL-22 such as natural killer (NK), NKT, CD8<sup>+</sup> T,  $\gamma\delta$  T, and dendritic cells as well as recruited monocytes (Zheng et al., 2007; Witte et al., 2010; Xu et al., 2014; Ahn et al., 2019). The targets of IL-22 are largely restricted to epithelial compartments, suggesting a critical role of this cytokine in immune cell and epithelial cell crosstalk.

The role of IL-22 however is dependent on the specific pathogen and affected host compartment, with pro-inflammatory properties in one context and reparative anti-inflammatory activities in others (Aujla and Kolls, 2009; Shabgah et al., 2017). Early studies found IL-22 upregulation in many inflammatory conditions such as rheumatoid arthritis (Roeleveld and Koenders, 2015), psoriasis (Wolk et al., 2006; Gordon et al., 2019), inflammatory bowel disease (Mizoguchi et al., 2018), asthma (Besnard et al., 2011), and hyperIgE/STAT3 mutation (Schroder, 2010), suggesting promotion of pro-inflammatory pathways. However, subsequent work has highlighted the protective function of this cytokine (Pan et al., 2004; Radaeva et al., 2004; Zenewicz et al., 2007, 2008; Sugimoto et al., 2008; Pickert et al., 2009; Barthelemy et al., 2018). At least in enteric models of viral infection, IL-22 appears to have indirect antiviral activity against rotovirus (Hernandez et al., 2015) and coronavirus (Xue et al., 2017) in concert with IFN- $\lambda$  and downstream STAT1/3 signaling, though less evidence supports similar observations in the lung. IL-22 functions to upregulate the expression of junctional proteins in polarized airway epithelial cells and increase the integrity of the barrier as measured by transepithelial resistance (TEER) and permeability by dextran, bacteria, and immune cells (Ahn et al., 2019).

#### IL-22 AND IL-22BP REGULATING THE AIRWAY EPITHELIAL BARRIER IN INFLUENZA INFECTION

There is substantial expression of IL-22 in the setting of viral infection, especially influenza (Ivanov et al., 2013; Kumar et al., 2013; Pociask et al., 2013; Abood et al., 2019). This has led to a number of studies establishing a role for IL-22 in maintaining epithelial barrier integrity in the context of influenza infection (Paget et al., 2012; Kumar et al., 2013; Pociask et al., 2013). Mice lacking the ability to produce IL-22 and infected with influenza virus have significant disruption of their epithelial barrier function, with significantly elevated protein in BALF (Ivanov et al., 2013). Consistent with these findings, treatment of influenza infected mice with IL-22-Fc enhanced the cell-cell junctional interactions, mediated by claudins and cadherins, and upregulated epithelial growth and proliferation demonstrating a major role of IL-22 in tissue repair and regeneration (Barthelemy et al., 2018). These mice were also found to have restoration of their barrier function as evidenced by decreased total protein and FITC-Dextran measured in the BALF and most importantly, reduced dissemination of bacteria upon pulmonary superinfection. Thus, in the context of influenza infection, IL-22 appears to be protective.

The regulation of IL-22 signaling by IL-22BP, a soluble decoy form of IL-22R that competitively inhibits IL-22 prevents downstream IL-22 signaling, is an additional layer of regulation not present in many other cytokines (Dumoutier et al., 2001;

Kotenko et al., 2001; Xu et al., 2001). While IL-22 expression is increased over the course of influenza infection in mice, the amounts of IL-22BP concurrently decrease, augmenting cytokine activity in the resolution phase of infection (Ivanov et al., 2013; Abood et al., 2019; Hebert et al., 2020). In mice lacking IL-22BP and its subsequent IL-22 neutralizing activity, there was increased expression of tight junctional proteins (tjp1/2), claudin 4, occludin, and ZO-1 in airway epithelial cells isolated from these mice (Hebert et al., 2020). The associated functional impact of removing IL-22BP and therefore increased IL-22 activity, was reflected in decreased protein content in the BALF, reduced translocation of systemically administered Evans Blue dye and attenuated TEER in vitro (Hebert et al., 2020). The consequences of reduced IL-22BP expression in the context of influenza infection is seen with improved outcome in  $Il122bp^{-/-}$  mice with bacterial superinfection (Abood et al., 2019). Therefore, therapeutic strategies to titrate IL-22 expression by blocking IL-22BP may be useful clinically.

#### **IL-22 AND INFLAMMATION**

Depending on the context, the influence of IL-22 in the response to inflammation is often due to the co-expression and regulation of other cytokines such as IL-17 and IFN- $\lambda$ . Lacking receptors on immune cells, IL-22 indirectly influences the recruitment of inflammatory cells by regulating other cytokines that are coexpressed (Wolk et al., 2006, 2009; Besnard et al., 2011). In a model of bleomycin induced lung injury (Sonnenberg et al., 2010) and K. pneumoniae pneumonia (Aujla et al., 2008), IL-22, and IL-17A are synergistic and promote inflammation via chemokine expression and neutrophil recruitment. In the absence of IL-17A, IL-22 expression is increased and plays a protective role, preventing airway epithelial death (Sonnenberg et al., 2010). In an asthma model of inflammation, the neutralization of IL-22 in the antigen challenge phase augmented expression of IL-17 and led to increased recruitment of neutrophils and eosinophils (Besnard et al., 2011). Thus, as we will discuss below in the context of S. aureus infection, IL-22 plays a major role in the promotion of chemokine signaling in inflammatory processes. These studies demonstrate the variability in the role of IL-22 in inflammation that is dependent on co-expression with other inflammatory cytokines.

#### S. AUREUS AND IL-22

The role of IL-22 in pro-inflammatory signaling in concert with other cytokines is illustrated in the setting of *S. aureus* infection. Several virulence factors of *S. aureus* such as  $\alpha$ -hemolysin, SEA/SEB, and proteases induce the production of IL-22 in the skin directly (Niebuhr et al., 2010; Nakatsuji et al., 2016; Orfali et al., 2018). In clinical studies, it was observed that IL-22 is elevated in the serum of patients that have skin and soft tissue infections (SSTIs) caused by *S. aureus*, along with other pro-inflammatory cytokines TNF, IFN- $\beta$ , IL-17F (Alegre et al., 2016). Patients with chronic inflammation induced by atopic dermatitis, commonly associated with *S. aureus* colonization, tended to have

elevated levels of IL-22, suggesting a role in this inflammatory condition (Orfali et al., 2018). Circulating peripheral blood mononuclear cells (PBMCs) in these patients also produced higher levels of IL-22 in response to staphylococcal enterotoxin A and B (SEA and SEB) *ex vivo*. Other studies indicate that IL-22 and IL-17, two highly related cytokines as noted above, are both increased and necessary for *S. aureus* control in SSTI infection (Yeaman et al., 2014; Chan et al., 2015; Marchitto et al., 2019). However, the importance of IL-22 over IL-17 is unclear as the two cytokines likely work in concert and are often produced by the same immune cell populations (Cho et al., 2010).

The induction of IL-22 expression by immune cells also plays a protective role against S. aureus. Several reports demonstrate a critical role of IL-22 in the defense of lung infection with S. aureus (Gauguet et al., 2015; Barthelemy et al., 2018; Abood et al., 2019); as shown in models using either neutralization with anti-IL-22 antibody, treatment with recombinant protein, or with transgenic mice lacking IL-22 or IL-22BP. IL-22 enhances airway barrier function, improving the outcome of S. aureus superinfection of the lung after influenza, as noted above. However, the beneficial effects of IL-22 expression can also be remote. Segmented filamentous bacteria (SFB) in the gut promote production of IL-22 in the BALF that was ultimately protective in S. aureus infection of the lung (Gauguet et al., 2015). The exact influence of IL-22 on barrier function and the colonization of SFB is difficult to delineate, as administration of IL-22-Fc lowers SFB burden (Shih et al., 2014) and SFB overgrowth is reported in the  $Il22^{-/-}$  mouse (McAleer et al., 2016). The beneficial effect of IL-22 has been observed in the context of nasal colonization with S. aureus, which increased IL-22 and subsequent expression of the AMPs,  $\beta$ -defensin3/4/14, S100A8/9, and Reg3y (Mulcahy et al., 2016). In the context of damaged respiratory epithelium due to viral infection, direct mechanical ventilator injury, or aspiration of gastric contents, any disruption in the microbiome can lead to the emergence of opportunistic pathogens and bacterial superinfection or chronic colonization of the lung. The enhancement of AMP production by IL-22 plays therefore plays an important role in preventing the selection of pathogenic organisms in the compromised lung.

#### K. PNEUMONIAE AND IL-22

IL-22 is produced in response to *Klebsiella pneumoniae*, a major cause of ventilator-associated pneumonia that results in morbidity and mortality in hospitalized patients. The major sources of IL-22 in response to *K. pneumoniae* infection are  $T_H 17$  cells, NK cells, ILCs, and monocytes (Aujla et al., 2008; Xu et al., 2014; Ahn et al., 2019; Coorens et al., 2019). Several models have confirmed that IL-22 is critical to the clearance of *K. pneumoniae* (Aujla et al., 2008; Xu et al., 2014). In the absence of IL-22, there is significantly greater susceptibility to *K. pneumoniae*, attributable to IL-22 dependent production of lipocalin-2 (Lcn2), a potent anti-*K. pneumoniae* antimicrobial protein (Coorens et al., 2019). Several studies have confirmed the role of IL-17 in the clearance of *K. pneumoniae*, which is often co-expressed with IL-22 (Aujla et al., 2008; Chan et al., 2015;

Ahn et al., 2019). As antimicrobial resistance in *K. pneumoniae* is a major problem, there is substantial interest in the role IL-22 in preventing respiratory infection with opportunistic pathogens such as *K. pneumoniae*.

K. pneumoniae frequently cause bacteremia and sepsis, as a complication of pneumonia. The expression of IL-22 at the airway mucosa in response, has major effects on the integrity of the epithelial barrier. In polarized airway epithelial cells infected with carbapenem resistant ST258 K. pneumoniae (ST258), treatment with recombinant IL-22 enhanced the barrier function in vitro, blocking dextran permeability as well as inhibiting neutrophil transmigration and microbial invasion (Ahn et al., 2019). However,  $Il22^{-/-}$  mice in this study, were not more susceptible to pneumonia with ST258, suggesting that other innate immune factors are also important. The behavior of ST258 in  $Il22^{-/-}$  mice was contrary to that seen with infection with a more virulent laboratory strain where IL-22 was critical to the host defense in a mouse model of pneumonia (Xu et al., 2014). Therefore, IL-22 has differential effects in K. pneumoniae infection of the lung, likely due to genetic and phenotypic differences of newer clinical isolates.

#### P. AERUGINOSA AND IL-22

P. aeruginosa is different from other opportunistic pathogens in its ability to activate an IL-22 response, though also playing a protective role of at the level of the epithelium. P. aeruginosa is another ESKAPE pathogen, often a cause of hospital-associated infections and an organism that readily acquires resistance to all classes of antibiotics. In cystic fibrosis (CF), where P. aeruginosa is a common colonizing pathogen of the lung, IL-22 is produced and is localized to the airways (Bayes et al., 2016). However, transcription levels of IL-22 in the CF lung are lower than in healthy controls which is in contrast to increased mRNA of related cytokines IL-17A and IL-23 (Aujla et al., 2008; Decraene et al., 2010). P. aeruginosa itself might contribute to the decreased levels of IL-22 in CF. Protease IV, part of the type 2 secretion system of P. aeruginosa is capable of degrading the protein directly (Guillon et al., 2017). This is a possible mechanism for a reduction in IL-22 mRNA and protein levels observed in ventilated rats that had elevated levels prior to infection with P. aeruginosa (De Winter et al., 2019). In addition to decreased production of IL-22, the inflamed airway of a CF patient is thought to decrease IL-22 levels through direct degradation by serine proteases produced by immune cells, namely neutrophils, in the airway (Guillon et al., 2019). This is similarly observed in chronic obstructive pulmonary disease (COPD), another model of chronic inflammation (Guillon et al., 2015). Less clear is the significance of IL-22 in the clearance of P. aeruginosa (Bayes et al., 2016). In the absence of IL-22, there was no difference in bacterial clearance but weight loss was attenuated suggesting a systemic inflammatory role of IL-22 in the context of P. aeruginosa pulmonary infection. In two reports, Broquet et al. showed that increased IL-22 led to an increase in IFN- $\lambda$  in P. aeruginosa pneumonia, suggesting parallel expression of the two cytokines (Broquet et al., 2017, 2019). Thus, in the setting of more chronic infection such as CF and COPD, the net effect on IL-22 and IFN- $\lambda$  signaling pathways may not have as clear cut effects as can be illustrated in other models of acute pneumonia.

#### **THERAPEUTIC STRATEGIES USING IL-22**

The therapeutic potential of IL-22 has been studied in a variety of disease processes including GVHD of the gut, colitis, inflammatory skin disorders, and inflammatory conditions of the lung such as asthma and fibrosis (Sabat et al., 2014). Utilization of IL-22 to treat epithelial injury in the lung requires higher doses to increase transcription of its downstream effectors (SAA3, Reg3y, S100A8/9) (Barthelemy et al., 2018) than that in the liver (SAA1/2) (Trevejo-Nunez et al., 2016; Zheng et al., 2016; Stefanich et al., 2018). However, in animal models of post-viral bacterial infection, even lower doses of IL-22 appeared to decrease bacterial burden suggesting a strong influence of off target signaling in the liver than enhance bacterial clearance elsewhere. The pharmacodynamics of systemic IL-22 administration can be established, as studies suggest that saturation of the hepatic receptors is required before agonism of receptors in the lung occurs (Barthelemy et al., 2018). At the time of this publication, a phase 2 open-label study is ongoing for the use of IL-22-Fc for IBD (ClinicalTrials.gov Identifier, NCT03650413) along with an ongoing study of the role of IL-22 in COPD (ClinicalTrials.gov Identifier, NCT02655302).

#### INTERFERON- $\lambda$ (IFN- $\lambda$ )

Type III interferons (IFNs), also referred to as IFN-λ, IFNL1, IL-28A/B, or IL-29, are increasingly recognized as important contributors to mucosal defenses, with many properties entirely distinct from those of the type I IFNS,  $\alpha$ , and  $\beta$ . IFN- $\lambda$  is functionally an interferon but structurally related to IL-10 family (Gad et al., 2009). The IFNs as a group are primarily associated with viral infection, although it is now very clear that they contribute substantially to innate immune defenses against a wide variety of pathogens. Their role in bacterial infection is clearly illustrated by the induction of the type III interferons in response to bacterial pathogen associated molecular patterns (PAMPs). While IFN- $\lambda$  signaling overlaps to some degree with the type I IFNs, there are important differences in the kinetics of expression, distribution of IFN- $\lambda$  receptors, and signaling that makes the role of IFN- $\lambda$  unique in the context of inflammation and infection, particularly in influenza infection.

The specifics of differential signaling between the two types of interferons are well-reviewed (Lazear et al., 2015; Kotenko et al., 2019). Induction of IFN- $\lambda$  production is distinct from type I interferons, which typically requires stimulation of endosomally expressed TLRs (3/7/8/9) (Noppert et al., 2007). Both type I and III interferons are produced in response to stimulation of the cell surface receptor TLR4 (Odendall et al., 2017). Interestingly, other cell surface receptors like TLR2 also lead to dual expression, although there is relatively higher expression of IFN- $\lambda$  compared to IFN- $\beta$  (Odendall et al., 2017). A major distinguishing characteristic of these two classes of cytokines is that the receptors for IFN $\alpha/\beta$  are ubiquitous while those for IFN- $\lambda$  are restricted to mucosal surfaces and neutrophils (Meager et al., 2005; Zhou et al., 2007; Ank et al., 2008; Maher et al., 2008; Sommereyns et al., 2008; Pulverer et al., 2010; Kroczynska et al., 2012). Unlike IL-22 and IFN- $\alpha/\beta$  that are produced by immune cells, IFN- $\lambda$  is primarily made by epithelial cells and therefore thought of as an "autonomous defense system" (Kotenko et al., 2019). The influence of IFN- $\lambda$  signaling is complicated, in that it is pleotropic, with competing influences on the epithelial compartment and neutrophils, a major component of the innate immune response to infection.

#### P. AERUGINOSA AND IFN- $\lambda$

IFN- $\lambda$  is produced in response to *P. aeruginosa* infection in the lung (Cohen and Prince, 2013b; Broquet et al., 2019), playing a major role in the inflammatory response of the host. However, its role in the clearance of the bacteria is less clear with some reports suggesting a protective response and others indicating impaired bacterial clearance. In a mouse model of pneumonia, administration of exogenous IFN- $\lambda$  administration led to improved lung pathology (Broquet et al., 2019). The proposed mechanism for its beneficial effects is through the reduction in neutrophils recruited to the lung and reduced IL-1ß production with subsequent containment of epithelial damage (Broquet et al., 2017, 2019). This is consistent with the finding that IFN- $\lambda$  receptors are expressed in neutrophils and when stimulated, chemotaxis of IL-1β-producing neutrophils, and subsequent ROS production are restricted (Blazek et al., 2015; Broggi et al., 2017; Galani et al., 2017). Moreover, the detrimental effects of IL-1ß signaling in P. aeruginosa are well-documented (Cohen and Prince, 2013a). This is in contrast to the findings that in an *Ifnrl*<sup>-/-</sup> mouse model of pneumonia, lacking the receptor for IFN- $\lambda$ , clearance of *P. aeruginosa* was improved compared to a WT control (Cohen and Prince, 2013b). In the absence of IFN-λ, inflammation was attenuated by miR21 dependent reduction of programmed cell death protein 4 (PDCD4), a gene that enhances transcription of inflammatory cytokines. These conflicting findings may be the result of the differential effects of cytokine neutralization vs. blocking receptor signaling as *Ifnrl*<sup>-/-</sup> tend to have higher endogenous levels of IL-22 (Planet et al., 2016). In at least the model of *P. aeruginosa*, there appears an intimate link between these two cytokines that influences the inflammatory state of the host and the function of the innate immune system.

#### K. PNEUMONIAE AND IFN- $\lambda$

Much less data are available to assess the importance of IFN- $\lambda$  on the host response to *K. pneumoniae*. IFN- $\lambda$  expression and production by cultured airway epithelial cells was increased in response to ST258 *K. pneumoniae* suggesting participation in host defense (Ahn et al., 2019). IFN- $\lambda$  targeted the airway epithelial barrier, increasing the permeability, and downregulating expression of junctional proteins. In a mouse model of pneumonia, IFN- $\lambda$  expression peaked just as the

number of recruited monocytes from the bone marrow were maximal. However, in the absence of the receptor for IFN- $\lambda$ , less bacteremia, and increased clearance of ST258 K. pneumoniae was observed, though no difference in immune cell numbers were noted. This difference in bacterial clearance was also seen in S. aureus and P. aeruginosa (Cohen and Prince, 2013b), suggesting a unifying mechanism of pathogenesis. In the absence of IFN- $\lambda$ signaling, IL-22 expression in ST258 K. pneumoniae pneumonia was increased with its expected effects in strengthening of the epithelial barrier and likely expression of antimicrobial peptides. Older studies show that interferons are produced in response to the capsular polysaccharide of K. pneumoniae (Kato et al., 1975, 1979). In fact, type II interferons and subsequent TRIF signaling is required for K. pneumoniae clearance (Hershman et al., 1988; van Lieshout et al., 2015). More studies need to be performed to fully understand the influence of IFN- $\lambda$  in K. pneumoniae, particularly given the wide variability in genotype and phenotype of clinically important isolates.

### THE ROLE OF IFN- $\lambda$ IN S. AUREUS SUPERINFECTION

The pro-inflammatory consequences of IFN- $\lambda$  production are apparent as this cytokine has a detrimental role in the setting of S. aureus pulmonary infection. Mice lacking the IFN- $\lambda$ receptor were found to have significantly improved clearance of S. aureus, along with a reduction in pro-inflammatory cytokines, particularly IL-1β, as was demonstrated in a similar model of P. aeruginosa pneumonia (Cohen and Prince, 2013b). Similar outcomes were observed by other investigators, who suggested that IFN- $\lambda$  promotes caspase-1 and neutrophil elastase activity, especially in neutrophils (Pires and Parker, 2018). Treatment of mice with excess IFN- $\lambda$  delivered via an adenovirus vector similarly led to impaired S. aureus clearance, with no difference in AMP production, IL-17, or IL-22 levels (Rich et al., 2019). In this study, there was a major difference in the numbers of neutrophils recruited to the site of infection with impaired uptake of bacteria by neutrophils in presence of IFN- $\lambda$ . Other groups have shown the influence of IFN- $\lambda$  on neutrophils with impaired chemotaxis (Blazek et al., 2015; Broggi et al., 2017), inflammatory signaling (Galani et al., 2017), and reduced reactive oxygen species production (Broggi et al., 2017). Thus, the available data demonstrate that IFN- $\lambda$ , in the setting of S. aureus infection, increases pro-inflammatory signaling, and impairs the function and/or numbers of neutrophils needed for bacterial clearance.

Understanding the influence of IFN- $\lambda$  on the airway in *S. aureus* infection is important as IFN- $\lambda$  is a predominating cytokine early in infection and critical to local viral containment in influenza infection (Jewell et al., 2010). *S. aureus* is a frequent bacterial superinfection post influenza in the lung, and the abundance of IFN- $\lambda$  post influenza may have clinical significance. In the case of the 2009 H1N1 pandemic, the increased relative risk of mortality in children was attributed to superinfection with methicillin-resistant isolates of *S. aureus* (Randolph et al., 2011). These clinical findings are consistent with the observed increase in susceptibility of mice capable of

IFN- $\lambda$  signaling to MRSA nasal colonization and pneumonia post influenza as compared to mice lacking the IFN- $\lambda$  receptor (Planet et al., 2016). This was attributed to relatively decreased production of the antimicrobial peptide NGAL as well as reduced expression of proteins involved in actin depolymerization. Thus, there is concern that therapeutic use of IFN- $\lambda$  for influenza infection might *increase* susceptibility to *S. aureus* superinfection.

#### IFN- $\lambda$ AND BARRIER FUNCTION

As a mucosal cytokine, there are many reasons to implicate IFN- $\lambda$  in the protection of the epithelial barrier. In a model of West Nile Virus encephalitis (Lazear et al., 2015), IFN-λ signaling promoted colocalization of the junctional proteins ZO-1, and Claudin-5 between endothelial cells. This mechanistically supports the conclusion that IFN- $\lambda$  promotes the integrity of the blood brain barrier. IFN- $\lambda$  appears to also enhance epithelial barrier function in several models of enteric infection and inflammation (Rauch et al., 2015; Odendall et al., 2017; Ferguson et al., 2019). In proteomic studies of influenza pulmonary infection in mice, IFN- $\lambda$  signaling was associated with increased expression of proteins related to cytoskeletal organization, actin-binding, and depolymerization (Planet et al., 2016), although no direct consequences on pathogenesis of infection were documented. The direct influence of IFN- $\lambda$  on airway epithelial cells was measured in 16HBEs treated with recombinant cytokine, with decreased expression of junctional proteins ezrin and occludin, increased dextran permeability, and increased neutrophil transmigration across a polarized monolayer of cells (Ahn et al., 2019). In contrast to the effect of IL-22, IFN- $\lambda$  appears to weaken the airway epithelial barrier, though the cumulative effect on this cytokine remains unclear.

## IFN- $\lambda$ , VIRAL INFECTION, AND THE MICROBIOME

The influence of IFN- $\lambda$  is perhaps best characterized in the setting of influenza, with higher and more prolonged production compared to type I IFNs (Jewell et al., 2010). The diversity and abundance of the local microbiome in a murine model of influenza infection is significantly affected by IFN- $\lambda$ , with enhanced selection of *S. aureus*, a major cause of bacterial superinfection, post influenza (Planet et al., 2016). Differences in the microbiome were IFN- $\lambda$  dependent, as the colonizing flora in WT mice could be recapitulated by administering rIFN- $\lambda$  alone to a WT mouse but not appreciated in a mouse lacking the receptor for IFN- $\lambda$ . Of note, in the absence of IFN- $\lambda$  signaling, production of IL-22 was increased and likely playing a major role in shaping the composition of the microbiota.

In the gut microbiome, the influence of IFN- $\lambda$  is less clear. The intersection of bacterial and viral kingdoms was studied in a mouse model of norovirus (Baldridge et al., 2015). In the presence of antimicrobials, where the commensal bacterial community is reduced, IFN- $\lambda$  dependent reduction of norovirus was observed. In this case, the microbial tone influenced the antiviral properties of IFN- $\lambda$ . The effect of IFN- $\lambda$  on the microbial community is likely important to the health of the gut epithelial barrier, but the exact mechanism by which it occurs is yet unknown.

## IFN- $\boldsymbol{\lambda}$ A POTENTIAL THERAPY IN THE COVID ERA

Repurposing of immunotherapies and antivirals for the treatment of severe acute respiratory syndrome coronavirus 2 infection (SARS-CoV-2) has been a prominent approach in the treatment of coronavirus disease 2019 (COVID-19). Exploiting the natural antiviral properties of proteins such as IFN- $\lambda$  has been proposed for the treatment and prevention of this disease (Prokunina-Olsson et al., 2020), particularly given the ability of IFN- $\lambda$  to control viral replication and dissemination of SARS-CoV-1 (Mordstein et al., 2010) and influenza (Davidson et al., 2016; Galani et al., 2017). Many questions remain with this approach to treatment, with the unknown effects of IFN- $\lambda$  on neutrophil recruitment (Blazek et al., 2015; Rich et al., 2019) and function (Broggi et al., 2017) and importantly, the propensity to develop bacterial superinfections. At the time of this submission, a proposal for a phase 2 randomized trial for subcutaneous injection of pegylated IFN- $\lambda$  (IFN- $\lambda$ ) for the treatment of mild COVID-19 infection is underway (ClinicalTrials.gov identifier: NTC04343976). A number of safety and efficacy trials for pIFN- $\lambda$ are published or in progress for the treatment of chronic hepatitis B, C, and D (Chan et al., 2015; Nelson et al., 2017; Deterding and Wedemeyer, 2019).

#### CONCLUSIONS

IL-22 and IFN- $\lambda$  play major roles in influencing the outcome of bacterial infections of the lung, particularly by ESKAPE pathogens and important viral pathogens such as influenza and coronavirus. Both cytokines clearly influence the integrity of the airway epithelial barrier, though likely in opposing manners, dependent upon the site of infection, the quality of the host, antecedent influenza infection, and the kinetics of infection. In the setting of the SARS-CoV-2 pandemic, in which so much pathology is attributed to the nature of the immune response (Ong et al., 2020) there is a tremendous

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interest in targeting pathological cytokine activity. The T<sub>H</sub>17 axis overall and downstream effectors Il-22 and IFN- $\lambda$  are attractive targets and JAK2 inhibitors have been proposed for therapy (Wu and Yang, 2020), along with the already FDA approved drugs that target specific pro-inflammatory cytokines such tocilizumab. In general, IL-22 appears to be protective by strengthening the epithelial barrier and upregulating antimicrobial peptides. As such, it is currently in clinical trials to protect immunocompromised patients with impaired mucosal barrier function (Gao and Xiang, 2019). Conversely, as has been observed in several models, excess inflammation, especially that mediated by IL-1ß (Cohen and Prince, 2013b) as might be generated by IFN- $\lambda$  is detrimental to bacterial clearance. Universally, inhibiting IFN- $\lambda$  signaling enhanced bacterial clearance (Cohen and Prince, 2013b; Ahn et al., 2019). However in other models of inflammation, this was balanced with the negative effects of IFN- $\lambda$  on neutrophil phagocytic capacity and IL-1β production (Blazek et al., 2015; Broquet et al., 2019). As has been recognized in the COVID-19 patients, the kinetics of cytokine release is an important variable in the distinction between an effective and a pathological immune response. The therapeutic potential of IFN- $\lambda$  to treat SARS-CoV2 places even greater importance on understanding the influence of this cytokine, particularly in promoting IL-22 production and its downstream beneficial effects in the lung. More studies, using pathogens isolated directly from infected patients, are required to better understand these cytokines that share the cognate receptor IL-10RB and develop therapeutic strategies to exploit their beneficial effects.

#### **AUTHOR CONTRIBUTIONS**

DA and AP wrote the entire manuscript and produced figures. All authors contributed to the article and approved the submitted version.

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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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