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Study on resistance mechanisms and molecular epidemiology of carbapenem-resistant Pseudomonas aeruginosa to ceftazidime/avibactam in a certain region of China

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Carbapenem-resistant Pseudomonas aeruginosa (CRPA) poses a serious threat in healthcare settings due to its multidrug resistance and high mortality. Although ceftazidime/avibactam (CZA) demonstrates potent activity against CRPA, resistance has emerged.

Objective: This study investigates the epidemiology and molecular mechanisms of CZA resistance in CRPA isolates from Ningbo, China.

Methods: A total of 279 non-duplicate clinical CRPA isolates (2022-2024) were classified as CZA-resistant (CZA-R, n = 68) or CZA-susceptible (CZA-S, n = 211). Carbapenemase genes were detected by PCR, clonality via MLST, biofilm formation by crystal violet assay, and efflux pump expression (mexA, mexC, mexE, mexY) via gRT-PCR. WGS was performed on selected isolates.

Results: The CZA resistance rate was 24.37%. Risk factors included recent trauma, prior antibiotic exposure, central venous catheterization, and drainage tube placement (all p < 0.05). The CZA-R group showed higher recurrence (13.2% vs. 4.3%, p = 0.029) and lower clinical improvement (67.6% vs. 77.3%, p = 0.029). bla_{NDM} prevalence was higher in CZA-R (7.4% vs. 0.5%, p = 0.003), and ST1076 was the predominant clone (29.3%), with higher representation in CZA-R (40.0%). Horizontal gene transfer mediated bla_{NDM} spread. CZA-R isolates exhibited enhanced biofilm formation (p < 0.001) and mexA upregulation (2.04-fold, p = 0.007).

Conclusion: Our findings indicate a high prevalence of CZA resistance among CRPA isolates in Ningbo, driven by multiple mechanisms including bla_{NDM} carriage, enhanced biofilm formation, and overexpression of efflux pumps. The dissemination of the high-risk clone ST1076 underscores the need for strengthened infection control measures to curb its spread. These findings provide important insights for optimizing infection control and treatment strategies against CRPA infections in this region.

KEYWORDS

carbapenem-resistant *Pseudomonas aeruginosa*(CRPA), ceftazidime-avibactam (CZA), resistance mechanism, bla_{NDM} gene, biofilm, efflux pumps, multilocus sequence typing (MLST)

1 Introduction

Pseudomonas aeruginosa, a Gram-negative opportunistic pathogen prevalent in healthcare settings, is a leading cause of hospital-acquired infections (Wu et al., 2024) and exhibits broad opportunistic infectivity across human, animal, and plant hosts. Infections caused by P. aeruginosa present substantial clinical challenges due to its intrinsic and acquired resistance mechanisms, including efflux pump overexpression (e.g., MexAB–OprM) (Laborda et al., 2021), chromosomal mutations (Leilei et al., 2024), and robust biofilm formation (Sharma et al., 2023). Furthermore, P. aeruginosa thrives under hospital-relevant stress conditions such as nutrient limitation and oxidative stress (Sharma et al., 2019), complicating infection control efforts. Its capacity to form persistent biofilms on medical devices (Muhammad et al., 2020) further elevates the risk of device-related infections and treatment failures.

Over the past decade, the global spread of carbapenem resistance has contributed significantly to the increasing prevalence of P. aeruginosa. In response, the World Health Organization (WHO) has classified carbapenem-resistant P. aeruginosa (CRPA) as a critical-priority pathogen (Sati et al., 2025). Key CRPA resistance mechanisms encompass carbapenemase acquisition, loss of the outer membrane porin OprD, efflux pump overexpression, and hyperproduction of chromosomal AmpC β -lactamases (Yuexing et al., 2022).

Ceftazidime/avibactam (CZA) has emerged as a valuable therapeutic option for CRPA infections, demonstrating potent activity against strains producing extended-spectrum β -lactamases (ESBLs), AmpC enzymes, and class A carbapenemases such as KPC (Matesanz and Mensa, 2021; Chuanfu et al., 2024). Approved internationally since 2016 for complicated intra-abdominal infections, urinary tract infections, hospital-acquired pneumonia, and ventilator-associated pneumonia—particularly when treatment options are limited—CZA was specifically endorsed in China in 2019 for the treatment of adult patients with *P. aeruginosa*

infections lacking alternatives (Hu et al., 2023). Accumulating clinical evidence supports the efficacy of CZA against multidrugresistant *P. aeruginosa* (Laura et al., 2022).

However, emerging studies indicate that rising clinical use of CZA has been accompanied by increasing resistance rates among *P. aeruginosa* strains (A et al., 2023). The emergence of CZA-resistant CRPA constitutes a serious threat to effective patient management (Dilip et al., 2023), yet the molecular mechanisms and regional epidemiological characteristics of such resistance remain inadequately elucidated.

Therefore, this study was conducted to characterize the epidemiology and resistance mechanisms of CZA-resistant CRPA isolates collected from the First Affiliated Hospital of Ningbo University between January 2022 and October 2024. Our findings aim to support the development of strategies to counter the emergence of CZA resistance and provide an evidence base for targeted antimicrobial therapy.

2 Materials and methods

2.1 Bacterial isolate collection

A total of 279 clinical isolates of CRPA were selected from the −80 °C strain repository of The First Affiliated Hospital of Ningbo University between January 2022 and October 2024. The inclusion criteria were as follows: (1) patients aged ≥ 18 years; (2) infection confirmed to be caused by CRPA; (3) isolates obtained from normally sterile sites, urine, lower respiratory tract, or wounds. Exclusion criteria included: (1) hospital stay less than 3 days; (2) incomplete CRPA-related clinical or microbiological data; (3) repeated isolates from the same patient within 30 days (Chen et al., 2024). This study was approved by the Ethics Committee of The First Affiliated Hospital of Ningbo University.

2.2 Experimental methods

2.2.1 Strain identification

All selected strains were inoculated onto Columbia blood agar and incubated at 37°C for 24 hours according to the guidelines of the Clinical and Laboratory Standards Institute (CLSI) M100, 35th edition (CLSI, 2025). Species identification of *P. aeruginosa*was confirmed using the VITEK 2 Compact automated system (bioMérieux, France).

2.2.2 Antimicrobial susceptibility testing

Antimicrobial susceptibility testing was performed using both the disk diffusion and broth microdilution methods in strict accordance with CLSI guidelines (CLSI, 2024a; CLSI, 2024b). Interpretation of results was based on CLSI M100, 35th edition (CLSI, 2025), with the exception of colistin, for which results were interpreted following international consensus guidelines (Tsuji et al., 2019).

CRPA Screening: Isolates were defined as CRPA based on resistance to at least one of the following carbapenems: imipenem, meropenem, doripenem, or ertapenem (Wu et al., 2024). Screening was performed using imipenem (IPM) disk diffusion, with zone diameters of \leq 15 mm indicating resistance (Muhammad et al., 2020).

CZA Susceptibility Testing: Susceptibility to CZA was determined via disk diffusion. Zone diameters ≥21 mm were classified as susceptible, and ≤20 mm as resistant (Muhammad et al., 2020). Based on these results, isolates were categorized into CZA-susceptible (CZA-S) and CZA-resistant (CZA-R) groups.

Comprehensive AST: Additional susceptibility profiling was conducted using the VITEK 2 Compact system (bioMérieux, France) with the appropriate AST cards. *P. aeruginosa* ATCC[®] 27853 was used as the quality control strain for all susceptibility testing procedures. The reference ranges for antimicrobial

susceptibility testing results by VITEK 2 are provided in Supplementary Table S1.

2.2.3 Clinical data collection

Relevant clinical data were extracted from the hospital's Electronic Medical Record (EMR) system for all included isolates.

2.2.4 Carbapenemase gene detection

Genomic DNA was extracted from isolates using a rapid boiling method (Dallenne et al., 2010). The presence of eight major carbapenemase genes (bla_{KPC} , bla_{GES} , bla_{NDM} , bla_{VIM} , bla_{IMP} , bla_{SPM} , bla_{PDC} , bla_{OXA-50}) was assessed by PCR with specific primers (Table 1). Amplified products were visualized via gel electrophoresis.

2.2.5 Multilocus sequence typing

Multilocus sequence typing was performed according to the established *P. aeruginosa* MLST scheme (Curran et al., 2004). Seven housekeeping genes (*acsA*, *aroE*, *guaA*, *mutL*, *nuoD*, *ppsA*, *and trpE*; primer sequences listed in Table 2) were amplified by PCR. The amplified fragments were sequenced, and the resulting sequences were compared against the PubMLST database (https://pubmlst.org/) to determine the corresponding allele numbers. The unique Sequence Type (ST) for each isolate was assigned by submitting the sequence of the seven allele numbers to the PubMLST database.

2.2.6 Biofilm formation assay

Biofilm formation was evaluated using the crystal violet (CV) staining method as previously described (Zhang et al., 2024). Sixty-eight CZA-R and 68 CZA-S isolates were randomly selected. Overnight cultures grown in Lysogeny Broth (LB) at 37 °C with shaking at 200 rpm were diluted 1:100 in fresh LB to an optical density at 570 nm (OD $_{570}$) of 1.0–1.5. Then, 200 μ L of each diluted

| TABLE 1 | Primer | sequences | of | genotyping | of | the | carbapenemase. |
|---------|--------|-----------|----|------------|----|-----|----------------|
|---------|--------|-----------|----|------------|----|-----|----------------|

| Gene name | Direction | Primers (5'-3') | Product size |
|-----------------------|--------------------|--|--------------|
| bla _{PDC} | Forward Reverse | CTGCCTGTGCGGCATCGCCG TCCTGGGCCAGGGCATAG | 300 bp |
| bla_{GES} | Forward Reverse | ATGCGCTTCATTCACGCAC CTATTTGTCCGTGCTCAGG | 846 bp |
| bla _{OXA-50} | Forward Reverse | ATGCGCCCTCTCCTCTCAG GTAACCCAGGCGCGAGACAT | 420 bp |
| bla_{KPC} | Forward Reverse | TAGTTCTGCTGTCTTGTCTC GTGCTTGTCATCCTTGTTAG | 920 bp |
| bla_{IMP} | Forward Reverse | GGCTTATCTAATTGACACTCC TAACCGCCTGCTCTAATG | 277 bp |
| bla_{NDM} | Forward Reverse | CGCTTCCAACGGTTTGAT GCTCATCACGATCATGCT | 984 bp |
| bla_{VIM} | Forward Reverse | GCGGAGATTGAGAAGCAA GCAGCACCAGGATAGAAG | 380 bp |
| bla _{SPM} | Forward Reverse | TGTTTGTTGCTCGTTGCG CATGCCTTCACATTGGCATCTC | 786 bp |

TABLE 2 MLST housekeeping genes amplification and sequencing primers.

| Gene name | Direction | Primers (5'-3') | Product size |
|-----------|--------------------|---|--------------|
| acsA | Forward Reverse | ACCTGGTGTACGCCTCGCTGAC GACATAGATGCCCTGCCC | 779 bp |
| aroE | Forward Reverse | TGGGGCTATGACTGGAAACC TAACCCGGTTTTGTGATTCCTACA | 755 bp |
| guaA | Forward Reverse | CGGCCTCGACGTGTGGATGA GAACGCCTGGCTGGTCTTGTGGTA | 844 bp |
| mutL | Forward Reverse | CCAGATCGCCGCCCGGTGAGGGTG CAGGGTGCCATAGAGGAAGTC | 822 bp |
| nuoD | Forward Reverse | ACCGCCACCCCGTACTG TCTCGCCCATCTTGACCA | 839 bp |
| ppsA | Forward Reverse | GGTCGCTCGGTCAAGGTAGTGG GGGTTCTCTTCTTCCGGGCTCGTAG | 901 bp |
| trpE | Forward Reverse | GCGGCCCAGGGT CGTGAG CCCGGCGCTTGTTGATGGTT | 760 bp |

culture was transferred into a 96-well polystyrene plate and incubated statically at 37°C for 24–48 hours. After incubation, the medium was discarded, and the wells were gently washed twice with phosphate-buffered saline (PBS), fixed with 9% methanol for 15 minutes, air-dried, stained with 1% crystal violet for 5 minutes, and thoroughly rinsed. The bound dye was dissolved in 33% glacial acetic acid and incubated at 37°C for 30 minutes. The optical density at 570 nm (OD $_{570}$) was measured using a SpectraMax ID3 microplate reader (Molecular Devices, USA), with three replicates per isolate.

The cutoff value (ODc) was defined as the mean optical density of the negative controls plus three standard deviations. Biofilm formation was categorized as follows: OD \leq ODc = non-biofilm former (–); ODc < OD \leq 2×ODc = weak biofilm former (+); 2×ODc < OD \leq 4×ODc = moderate biofilm former (++); OD > 4×ODc = strong biofilm former (+++) (T et al., 2025).

2.2.7 Efflux pump gene expression analysis

Twenty-four CZA-R and 24 CZA-S isolates were randomly selected for quantification of efflux pump gene expression (mexA, mexC, mexE, mexY) as previously described (Li et al., 2023). Total RNA was extracted using the Magen Bacterial RNA Extraction Kit (Magen, China). Complementary DNA (cDNA) was synthesized using the ABMGood One-Step RT MasterMix (Applied Biological Materials Inc., Canada). Quantitative reverse transcription PCR (qRT-PCR) was performed using SYBR Green Master Mix (CWBIO, China) with rpoD as the reference gene. Primer sequences were derived from previously published studies (Horna et al., 2018; Li et al., 2024), with detailed information provided in Supplementary Table S2. Each 20 μ L reaction mixture contained 2 μ L cDNA, 0.6 μ L each of forward and reverse primers, 10 μ L Master Mix, and 6.8 μ L ddH₂O. The thermal cycling conditions

were as follows: 95°C for 2 minutes; 40 cycles of 95°C for 10 seconds and 60°C for 30 seconds; followed by a melt curve analysis. All reactions were performed in triplicate, and relative gene expression was calculated using the $2^{-\Delta\Delta Ct}$ method.

2.2.8 Whole-genome sequencing

Genomic DNA was extracted from eight representative ST1076 isolates (four CZA-R and four CZA-S) using the TIANGEN Bacterial Genomic DNA Kit (TIANGEN, China). Sequencing was performed on an Illumina NovaSeq 6000 platform (2×150 bp) by Weishu Biotechnology Co., Ltd. (Hangzhou, China). *De novo* assembly was conducted using SPAdes, and genome annotation was performed with Prokka.

2.3 Statistical analysis

All statistical analyses in this study were performed using SPSS software (version 27.0; IBM, Chicago, IL, USA). A significance threshold of $\alpha=0.05$ was applied for all tests. Categorical variables—including clinical parameters (risk factors, disease associations, patient outcomes), antimicrobial resistance profiles, and carbapenemase gene distributions—were compared between groups using the chi-square test (when expected frequencies were ≥ 5) or Fisher's exact test (when expected frequencies were ≤ 5). Continuous variables were analyzed using the Mann–Whitney U test for non-normally distributed data (e.g., biomarker levels, biofilm formation quantified by OD values) and the independent samples t-test for normally distributed data (e.g., expression of efflux pump genes such as mexE). GraphPad Prism (version 8; La Jolla, CA, USA) was used to generate figures, while statistical results were analyzed using SPSS 27. All p-values were two-tailed, and results were considered statistically significant at p < 0.05.

3 Results

3.1 Sample collection of CRPA strains

A total of 279 CRPA clinical isolates meeting the inclusion criteria were ultimately included in this study (Figure 1). The isolates were predominantly obtained from the intensive care unit (ICU) (113 isolates, 40.50%), followed by the Department of Respiratory Medicine (40 isolates, 14.34%), and the Department of Neurosurgery (21 isolates, 7.53%), among other clinical units (Figure 2). Respiratory specimens constituted the majority of sample types (207 isolates, 74.19%), including sputum (189 samples) and bronchoalveolar lavage fluid (BALF, 18 samples). The remaining isolates were derived from pus (28 isolates, 10.04%), blood (19 isolates, 6.81%), and other sources (Figure 2).

3.2 Clinical parameter analysis

3.2.1 Cohort selection and grouping

Among the 279 CRPA isolates subjected to ceftazidime-avibactam (CZA) susceptibility testing, 24.37% (68/279) were identified as resistant (CZA-R group), while 75.63% (211/279) were susceptible (CZA-S group).

3.2.2 Risk factors for infection

Multivariate analysis identified the following independent risk factors significantly associated with CZA resistance (p < 0.01): recent trauma history (within ≤ 3 months; 23.5% in CZA-R vs.

10.0% in CZA-S), prior antibiotic exposure (88.2% vs. 37.9%), presence of a central venous catheter (80.9% vs. 36.5%), and indwelling drainage tubes (66.2% vs. 37.4%) (Table 3). In contrast, factors such as diabetes, malignancy, and mechanical ventilation showed no significant association with CZA resistance (p > 0.05) (Table 3).

3.2.3 Disease association analysis

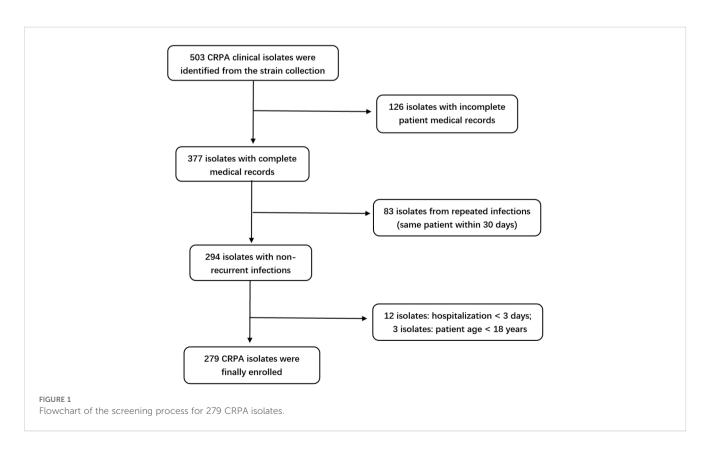
The incidence of respiratory failure (60.3% vs. 39.8%, p = 0.003), skin and soft tissue infections (7.4% vs. 1.4%, p = 0.033), and fractures (17.6% vs. 5.7%, p = 0.002) was significantly higher in the CZA-R group than in the CZA-S group. No significant differences were observed in the incidence of pneumonia, sepsis, urinary tract infections, or other diseases between the two groups (p > 0.05) (Table 4).

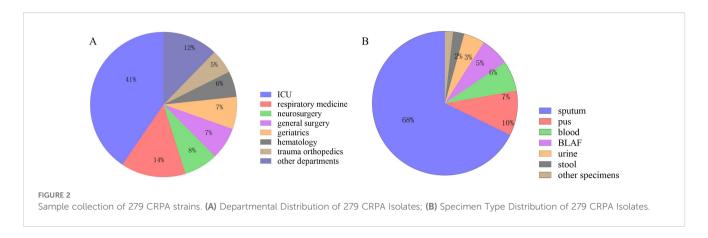
3.2.4 Biomarker analysis

No significant differences were observed between the two groups regarding age, levels of inflammatory biomarkers (white blood cell count, procalcitonin, C-reactive protein, serum amyloid A, interleukin-6), or length of hospital stay (p> 0.05) (Table 5).

3.2.5 Patient outcome analysis

A. Infection-related outcomes: Significant differences were observed in the distribution of clinical outcomes (clinical improvement, recurrence, death) between the two groups ($\chi^2 = 7.058$, p = 0.029). The clinical improvement rate was significantly lower in the CZA-R group (67.6%) compared to the CZA-S group (77.3%), while the recurrence rate was significantly higher in the





CZA-R group (13.2% vs. 4.3%). No significant difference was found in mortality rates between the two groups (19.1% vs. 18.5%, p > 0.05) (Table 6).

B. Hospitalization outcomes: No significant differences were observed in hospitalization outcomes (discharge, death, continued treatment) between the groups ($\chi^2 = 0.014$, p = 0.993) (Table 6).

3.3 Antimicrobial susceptibility testing

3.3.1 Overall resistance profile

Antimicrobial susceptibility testing against 13 antimicrobial agents from 7 classes was performed on all 279 CRPA clinical isolates. The highest resistance rate was observed against imipenem

TABLE 3 Comparison of risk factors for infection between CZA-resistant and CZA-susceptible CRPA isolates [n(%)].

| Risk factor | CZA-R group (n=68) | CZA-S group (n=211) | χ² | P -value |
|--|--------------------|---------------------|--------|----------|
| History of trauma (≤3 months) | 16 (23.5) | 21 (10.0) | 8.241 | 0.004 |
| Prior antibiotic use | 60 (88.2) | 80 (37.9) | 52.089 | <0.001 |
| Central venous catheterization | 55 (80.9) | 77 (36.5) | 40.650 | <0.001 |
| Indwelling drainage tube† | 45 (66.2) | 79 (37.4) | 17.198 | <0.001 |
| Diabetes | 15 (22.1) | 62 (29.4) | 1.381 | 0.240 |
| Long-term glucocorticoid use | 1 (1.5) | 6 (2.8) | 0.034 | 0.854 |
| Granulocytopenia | 3 (4.4) | 6 (2.8) | 0.058 | 0.809 |
| Chronic liver disease | 4 (5.9) | 9 (4.3) | 0.048 | 0.826 |
| Chronic kidney disease | 1 (1.5) | 12 (5.7) | 1.219 | 0.270 |
| Hemodialysis | 3 (4.4) | 14 (6.6) | 0.141 | 0.708 |
| Malignancy | 16 (23.5) | 53 (25.1) | 0.070 | 0.792 |
| Invasive procedure (≤3 months) | 22 (32.4) | 78 (37.0) | 0.476 | 0.490 |
| History of surgery (≤3 months) | 22 (32.4) | 87 (41.2) | 1.703 | 0.192 |
| History of hospitalization (≤3 months) | 16 (23.5) | 55 (26.1) | 0.174 | 0.676 |
| ICU admission (≤3 months) | 6 (8.8) | 12 (5.7) | 0.838 | 0.360 |
| Smoking | 5 (7.4) | 14 (6.6) | 0.042 | 0.838 |
| Immunocompromised status | 60 (88.2) | 179 (84.8) | 0.484 | 0.486 |
| Mechanical ventilation | 35 (51.5) | 105 (49.8) | 0.060 | 0.807 |
| Previous CRPA infection history | 22 (32.4) | 57 (27.0) | 0.722 | 0.395 |
| Cytochrome-producing phenotype | 58 (85.3) | 181 (85.8) | 0.010 | 0.920 |

 \dagger Including urinary catheter, nasogastric tube, and abdominal drainage tube; We employed the Chi-square test (χ^2 test) to perform a statistical analysis comparing the infection risk factors between patients infected 68 CZA-R and 211 CZA-S CRPA isolates.

TABLE 4 Comparison of disease characteristics between CZA-resistant and CZA-susceptible CRPA groups [n(%)].

| Disease | CZA-R group (n=68) | CZA-S group (n=211) | χ² | P -value |
|-----------------------------|--------------------|---------------------|--------|----------|
| Respiratory failure | 41 (60.3) | 84 (39.8) | 8.725 | 0.003 |
| Skin/soft tissue infection‡ | 5 (7.4) | 3 (1.4) | 4.540 | 0.033 |
| Fracture | 12 (17.6) | 12 (5.7) | 9.356 | 0.002 |
| Pneumonia | 32 (47.1) | 72 (34.1) | 3.680 | 0.055 |
| Severe pneumonia | 17 (25.0) | 43 (20.4) | 0.650 | 0.420 |
| Sepsis | 10 (14.7) | 30 (14.2) | 0.010 | 0.920 |
| Urinary tract infection | 4 (5.9) | 13 (6.2) | <0.001 | >0.999 |

‡Includes abscess and wound infection; We employed the Chi-square test to perform a statistical analysis comparing the infection disease characteristics between patients infected with 68 CZA-R and 211 CZA-S CRPA isolates.

(95.70%), followed by meropenem (85.66%) and ticarcillin/clavulanic acid (81.72%). The lowest resistance rates were identified for amikacin (3.23%, 9/279) and colistin (3.23%, 9/279) (details shown in Figure 3). The overall prevalence of multidrug resistance (MDR) was 86.02%, with a significantly higher MDR rate in the CZA-R group compared to the CZA-S group (94.12% vs. 83.41%; $\chi^2 = 4.901$, p = 0.027). For detailed antimicrobial resistance data, see Supplementary Table S3; for multidrug resistance (MDR) results, refer to Supplementary Table S4.

3.3.2 Intergroup resistance differences

CZA-R isolates exhibited significantly higher resistance rates to most tested antimicrobial agents (p < 0.05 for all comparisons), including ceftazidime, aztreonam, meropenem, tobramycin, amikacin, ciprofloxacin, piperacillin/tazobactam, and cefoperazone/sulbactam (Figure 4).

3.4 Molecular characteristics

3.4.1 Carbapenemase genes

The detection rate of bla_{NDM} was significantly higher in the CZA-R group than in the CZA-S group (7.35% vs. 0.47%; χ^2 =

8.527, p = 0.003), indicating its role as a key molecular marker of CZA resistance (Figure 5). No significant differences were observed in the distribution of other carbapenemase genes between the two groups (p > 0.05).

3.4.2 Multilocus sequence typing

Multilocus sequence typing was performed on 41 CRPA isolates, revealing high genetic diversity with a total of 25 distinct sequence types (STs) identified. ST1076 was the predominant epidemic lineage, accounting for 29.3% (12/41) of the isolates. It was also the dominant ST in both the CZA-R (8/20, 40.0%) and CZA-S (4/21, 19.0%) groups. Other STs (including ST274, ST1129, ST1965, ST4399, etc.) were detected at lower frequencies (Table 7). A minimum spanning tree is shown in Figure 6.

3.4.3 Dissemination mechanism of blandm

Multilocus sequence typing of the six $bla_{\rm NDM}$ -positive isolates identified six distinct sequence types (ST463, ST4400, ST646, ST357, ST532, and ST970, Refer to Supplementary Table S5 for details.). The lack of clonal relatedness suggests that horizontal gene transfer (HGT) is the primary mechanism driving the dissemination of $bla_{\rm NDM}$ among CRPA isolates in this study.

TABLE 5 Comparison of clinical parameters between patients with CZA-resistant and CZA-susceptible CRPA infections [Median (IQR)].

| Clinical parameter | CZA-R group (n=68) | CZA-S group (n=211) | Z statistic | P -value |
|--|-----------------------|-----------------------|-------------|----------|
| Age (years) | 73.0 (65.25–81.75) | 72.0 (58.00–81.00) | -0.985 | 0.324 |
| White blood cell count (×10 ⁹ /L) | 12.0 (6.93–17.82) | 9.9 (6.50–15.70) | -1.071 | 0.284 |
| Neutrophil percentage (%) | 80.55 (74.15-87.53) | 80.00 (71.40-87.30) | -0.688 | 0.492 |
| Procalcitonin (ng/mL) | 0.46 (0.17-2.62) | 0.82 (0.16–3.63) | -0.470 | 0.638 |
| Serum amyloid A (IU/L) | 235.90 (60.80–356.98) | 203.70 (36.90–562.10) | -0.076 | 0.940 |
| C-reactive protein (mg/L) | 34.13 (13.35–108.28) | 28.56 (11.37–90.40) | -1.176 | 0.240 |
| Interleukin-6 (pg/mL) | 65.61 (20.25–231.39) | 67.87 (20.99–259.17) | -0.242 | 0.809 |
| Length of hospital stay (days) | 20.5 (12-43.5) | 27 (15–55) | -1.504 | 0.133 |

We employed the Mann-Whitney U test to compare clinical parameters between patients infected with 68 CZA-R and 211 CZA-S CRPA isolates.

TABLE 6 Comparison of clinical and hospitalization outcomes between patients with CZA-resistant and CZA-susceptible CRPA infections [n(%)].

| Outcome category | Outcome | CZA-R group (n=68) | CZA-S group (n=211) | χ² | P -value |
|----------------------------|----------------------|--------------------|---------------------|-------|----------|
| Infection-related outcomes | Clinical improvement | 46 (67.6) | 163 (77.3) | 7.058 | 0.029 |
| | Recurrence | 9 (13.2) | 9 (4.3) | | |
| | Death | 13 (19.1) | 39 (18.5) | | |
| Hospitalization outcomes | Discharge | 38 (55.9) | 119 (56.4) | 0.014 | 0.993 |
| | Death | 13 (19.1) | 39 (18.5) | | |
| | Continued treatment | 17 (25.0) | 53 (25.1) | | |

We employed the Chi-square test to compare clinical outcomes and hospitalization outcomes between patients infected with 68 CZA-R and 211 CZA-S CRPA isolates.

3.5 Biofilm formation assay results

3.5.1 Overall characteristics

Biofilm formation capacity was assessed in 136 CRPA isolates (68 CZA-R and 68 CZA-S). The overall positivity rate was 97.79% (133/136). A significant difference in the distribution of biofilm formation strength was observed between the CZA-R and CZA-S groups (Z = -6.011, p < 0.001) (Table 8). Specifically, the proportion of strong positive (+++) isolates was significantly higher in the CZA-R group (66.18%, 45/68) compared to the CZA-S group (14.71%, 10/68). In contrast, the CZA-S group was predominantly composed of weak positive (+) isolates (45.59%, 31/68) and included three (4.41%) biofilm-negative isolates, which were not found in the CZA-R group. Quantitative analysis further confirmed that the median biofilm formation amount (OD₅₇₀) was significantly higher in the CZA-R group (0.820 [IQR: 0.450–1.352]) than in the CZA-S group (0.287 [IQR: 0.226–0.521]; Z = -5.201, p < 0.001) (Figure 7).

3.5.2 Characteristics of the ST1076 clone

All 12 ST1076 isolates (8 CZA-R and 4 CZA-S) were capable of forming biofilms. The biofilm formation strength was significantly higher in the CZA-R subgroup than in the CZA-S subgroup (U = 2.000, p = 0.012), with a higher proportion of strong positive (+++) isolates (75.0% vs. 0%).Detailed data are provided in Supplementary Table S6.

3.6 Efflux pump gene expression

The expression levels of four efflux pump genes (mexA, mexC, mexE, $and\ mexY$) were quantified using qRT-PCR in 12 CZA-R and 12 CZA-S isolates. As shown in Figure 8, the expression of mexA was significantly upregulated in the CZA-R group compared to the CZA-S group (Z = -2.656, p = 0.007). In contrast, no significant differences were observed in the expression of mexC, mexE, $or\ mexY$ between the two groups (Figure 8).

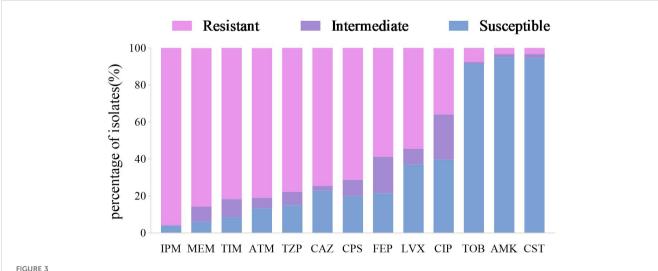
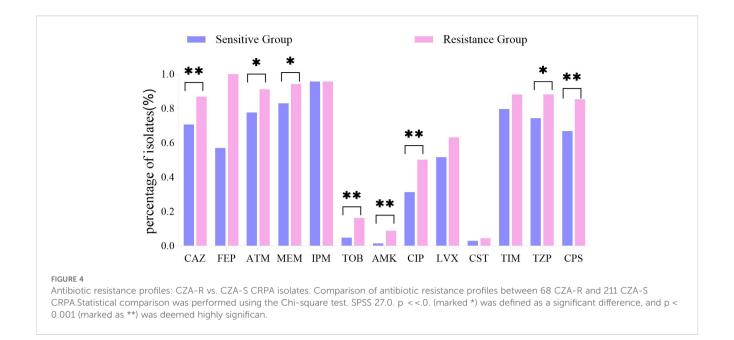


FIGURE 3

Antimicrobial susceptibility profile of 279 CRPA clinical isolates. Abbreviations: IPM, imipenem; MEM, meropenem; TIM, ticarcillin-clavulanate; ATM, aztreonam; TZP, piperacillin-tazobactam; CAZ, ceftazidime; CPS, cefoperazone-sulbactam; FEP, cefepime; LVX, levofloxacin; CIP, ciprofloxacin; TOB, tobramycin; AMK, Amikacin; CST, Colistin.



3.7 Whole-genome sequencing analysis

Comparative genomic analysis was performed on eight ST1076 isolates (four CZA-R and four CZA-S). The results revealed that the profiles of 38 core virulence genes were highly conserved among the ST1076 strains, with no significant differences observed between the CZA-R and CZA-S groups (Figure 9).

4 Discussion

This study provides a systematic analysis of the prevalence, clinical risk factors, and molecular mechanisms underlying CZA resistance among carbapenem-resistant CRPA isolates in Ningbo, China. Our findings reveal a serious and multifaceted resistance

problem, driven by the convergence of high-risk clones (especially ST1076), carbapenemase gene acquisition (e.g., bla_{NDM}), enhanced biofilm formation, and efflux pump overexpression.

We report for the first time a CZA resistance rate of 24.37% among CRPA isolates in Ningbo. Although this is lower than the 28% reported by the Global *P.aeruginosa* Surveillance (GPAS) program (CM et al., 2021), it is significantly higher than the national average (18.1%) documented in the 2024 CHINET (https://www.chinets.com/Content/File/CHINET2024年全年细 菌耐药监测结 果.pptx) China Surveillance Report and also exceeds rates from other regions in Zhejiang Province (Yanyan et al., 2023). This suggests unique local selective pressures and/or clonal transmission. ST1076 was identified as the predominant clone, accounting for 29.3% of all isolates and 40.0% of the CZA-R group, indicating its

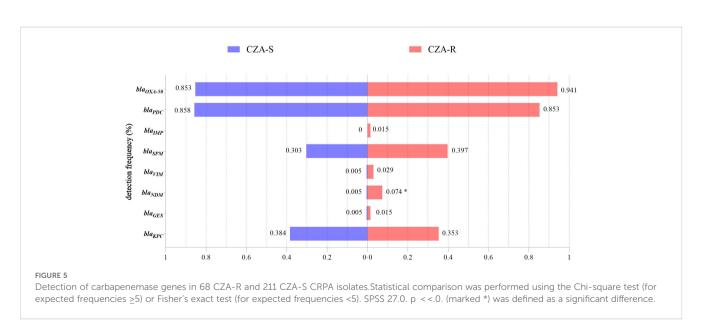


TABLE 7 Multilocus sequence typing (MLST) results of 41 CRPA clinical isolates.

| STs | Acsa | Aroe | Guaa | Mutl | Nuod | Ppsa | Trpe | Frequency, % (n/N) |
|--------|------|------|------|------|------|------|------|--------------------|
| ST1076 | 5 | 4 | 57 | 62 | 1 | 1 | 26 | 29.3(12/41) |
| ST274 | 23 | 5 | 11 | 7 | 1 | 12 | 7 | 7.3(3/41) |
| ST1129 | 22 | 5 | 91 | 54 | 4 | 4 | 7 | 4.9(2/41) |
| ST1965 | 158 | 4 | 1 | 10 | 3 | 6 | 3 | 4.9(2/41) |
| ST4399 | 38 | 11 | 3 | 318 | 1 | 2 | 4 | 4.9(2/41) |
| ST4400 | 28 | 3 | 94 | 318 | 1 | 4 | 10 | 2.4(1/41) |
| ST1025 | 6 | 5 | 5 | 3 | 3 | 13 | 26 | 2.4(1/41) |
| ST532 | 5 | 4 | 5 | 5 | 5 | 20 | 4 | 2.4(1/41) |
| ST1706 | 11 | 6 | 19 | 3 | 4 | 4 | 9 | 2.4(1/41) |
| ST766 | 17 | 5 | 12 | 43 | 14 | 4 | 7 | 2.4(1/41) |
| ST646 | 11 | 5 | 6 | 11 | 2 | 4 | 19 | 2.4(1/41) |
| ST357 | 2 | 4 | 5 | 3 | 1 | 6 | 11 | 2.4(1/41) |
| ST938 | 15 | 20 | 26 | 13 | 3 | 64 | 2 | 2.4(1/41) |
| ST2069 | 35 | 5 | 36 | 72 | 4 | 42 | 1 | 2.4(1/41) |
| ST2424 | 11 | 5 | 1 | 3 | 4 | 6 | 17 | 2.4(1/41) |
| ST3630 | 17 | 182 | 37 | 261 | 1 | 7 | 25 | 2.4(1/41) |
| ST1417 | 16 | 10 | 11 | 85 | 4 | 4 | 10 | 2.4(1/41) |
| ST281 | 11 | 57 | 1 | 5 | 4 | 4 | 2 | 2.4(1/41) |
| ST348 | 22 | 20 | 11 | 3 | 3 | 3 | 7 | 2.4(1/41) |
| ST1182 | 5 | 1 | 109 | 54 | 1 | 1 | 47 | 2.4(1/41) |
| ST3714 | 11 | 143 | 5 | 3 | 1 | 15 | 112 | 2.4(1/41) |
| ST360 | 15 | 5 | 36 | 11 | 27 | 4 | 2 | 2.4(1/41) |
| ST2633 | 11 | 177 | 11 | 18 | 3 | 4 | 11 | 2.4(1/41) |
| ST463 | 6 | 5 | 5 | 3 | 1 | 6 | 3 | 2.4(1/41) |
| ST970 | 6 | 5 | 11 | 3 | 4 | 3 | 3 | 2.4(1/41) |

major role in driving CZA resistance through high adaptability and nosocomial transmission. This pattern differs from clonal distributions reported in other parts of Zhejiang (Yuexing et al., 2022), highlighting the region-specific nature of resistance epidemiology.

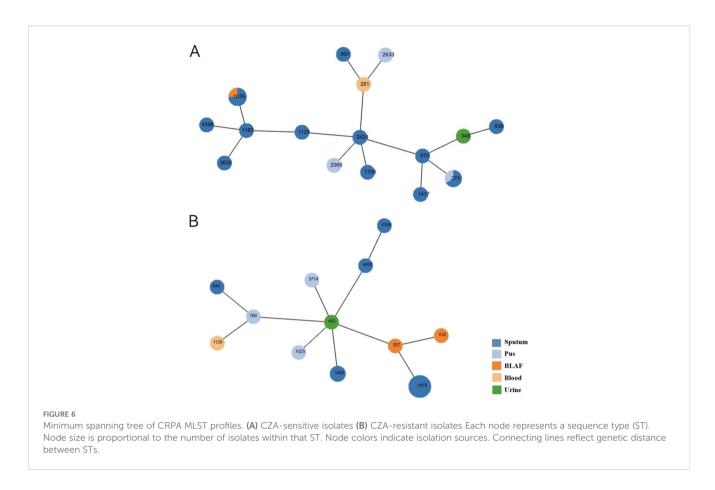
MLST analysis confirmed the dominance of ST1076. In contrast to globally prevalent high-risk clones such as ST235 and ST111— which are often associated with virulence factors like *exoU* and high transmissibility (Felice et al., 2024)—the local ST1076 clone is characterized by enhanced biofilm formation and efflux pump overexpression, reflecting its successful regional adaptation. Whole-genome sequencing revealed that its core virulence genes were highly conserved, indicating that resistance acquisition did not compromise pathogenicity, defining it as a dangerous "resistant-adaptive" clone that demands urgent attention from clinicians and infection control teams.

CZA resistance in *P. aeruginosa* is often multifactorial (Li et al., 2024). Our results highlight the following key mechanisms:

1.Prevalence of *bla*_{NDM} and Cross-Resistance:

The bla_{NDM} metallo-β-lactamase gene was detected at a significantly higher rate in the CZA-R group (7.4% vs. 0.5%; p < 0.01). Since avibactam does not inhibit metallo-β-lactamases (such as NDM) (George et al., 2021), its presence confers intrinsic resistance to CZA. This aligns with reports that metallo-βlactamases (including bla_{IMP} and bla_{VIM}) mediate CZA resistance (Li et al., 2023; Yanyan et al., 2023), though bla_{NDM} remains less commonly reported in P. aeruginosa (J et al., 2025). Its distribution across multiple sequence types suggests horizontal gene transfer via plasmids or integrons (M et al., 2024), underscoring the need for rigorous infection control. Moreover, 50% of bla_{NDM} -positive isolates were resistant to aztreonam, suggesting possible cooccurrence of AmpC overexpression, efflux pump activity, or other undefined mechanisms (C et al., 2024). It should be noted that bla_{NDM} explains only a subset (~7.4%) of resistant cases, indicating that other mechanisms play more dominant roles.

2. Contribution of Other Key Resistance Mechanisms:



Non-carbapenemase mechanisms also contributed significantly. Biofilm formation was significantly stronger in CZA-R isolates, acting as a physical barrier to antibiotic penetration and promoting tolerance (AJ et al., 2023; MD et al., 2024). The presence of indwelling devices (e.g., central venous catheters, drains) was an independent risk factor, corroborating the role of biofilms in treatment failure and relapse. Additionally, overexpression of *mexA* (a component of the MexAB-OprM efflux system) was observed (2.04-fold increase, p=0.007). Although avibactam is not a substrate, this pump efficiently reduces intracellular concentrations of ceftazidime (Li et al., 2024), thereby diminishing CZA efficacy. Together, these mechanisms explain most non- $bla_{\rm NDM}$ -mediated resistance.

Other reported mechanisms may also be involved, such as OprD porin loss or mutation, AmpC β -lactamase hyperproduction, and

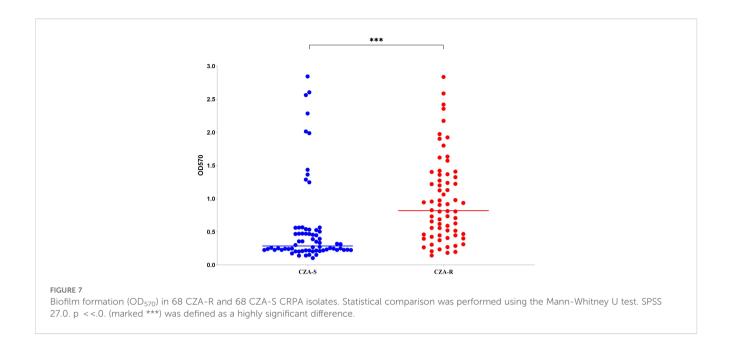
activity of other efflux systems (e.g., MexXY-OprM) (Yuexing et al., 2022; B et al., 2023). These mechanisms often act synergistically—for example, efflux pump upregulation combined with porin deficiency can markedly increase resistance levels (Yuexing et al., 2022). Although not directly investigated here, their potential role warrants further study.

We observed that approximately 13% of CZA-R CRPA isolates remained susceptible to ceftazidime (CAZ) alone. This phenomenon highlights the complexity of bacterial resistance mechanisms, particularly concerning the types of enzymes inhibited by avibactam and their functional states. Multiple studies have indicated that the coexistence of CZA resistance and susceptibility to CAZ alone can often be attributed to several mechanisms: β -lactamase mutations (e.g., specific mutations in genes like $bla_{KPC-135}$, which may alter the enzyme's affinity for the

TABLE 8 Comparison of biofilm formation capacity between CZA-resistant and CZA-susceptible CRPA isolates [n(%)].

| Biofilm formation strength | CZA-R group (n=68) | CZA-S group (n=68) | Statistical value | P -value |
|----------------------------|--------------------|--------------------|-------------------|----------|
| Negative (-) | 0 (0) | 3 (4.41) | Z = -6.011 | <0.001 |
| Weak (+) | 7 (10.29) | 31 (45.59) | | |
| Moderate (++) | 16 (23.53) | 24 (35.29) | | |
| Strong (+++) | 45 (66.18) | 10 (14.71) | | |

The biofilm-forming capacity (categorized as: non-biofilm former (–), weak [+], moderate [++], or strong [+++]) of 68 CZA-R and 68 CZA-S CRPA was compared using the Mann-Whitney U test, a non-parametric statistical method appropriate for ordinal data.



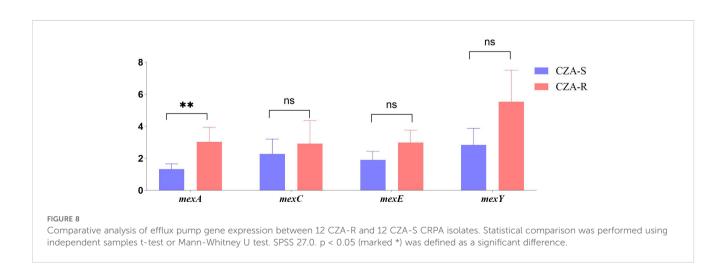
inhibitor avibactam), alterations in outer membrane permeability (mutations or loss of outer membrane proteins such as LamB may reduce the efficiency of avibactam entry into the bacterial cell, while having a lesser impact on the penetration of ceftazidime alone), and changes in enzyme expression levels (e.g., upregulation of genes like $bla_{\rm KPC}$ in some strains, which can mediate resistance to CZA).

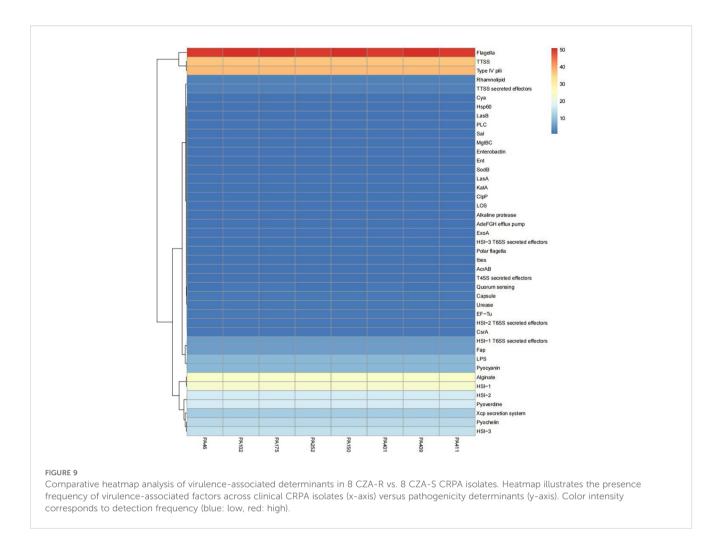
4.1 Clinical implications of cross-resistance for empirical therapy in critically ill patients

Given that 40.50% of isolates were from the ICU—where CRPA commonly causes life-threatening infections such as ventilator-associated pneumonia and bloodstream infections (C et al., 2025)—empirical treatment strategies are of utmost importance.

Our findings reveal a troubling cross-resistance profile: CZA-R isolates exhibited co-resistance to meropenem (94.12%), ceftazidime (86.76%), piperacillin/tazobactam (88.24%), cefoperazone/sulbactam (85.29%), and fluoroquinolones (e.g., 50.00% to ciprofloxacin). The additional resistance to aztreonam (50%) among $bla_{\rm NDM}$ -positive isolates further limits therapeutic options.

In this high-resistance setting, empirical use of CZA for suspected CRPA infections—especially in units with known ST1076 transmission or high $bla_{\rm NDM}$ rates—carries a high risk of failure. For critically ill patients with risk factors (e.g., recent antibiotic exposure, invasive procedures), alternative agents with activity against metallo- β -lactamase-producing strains should be considered, such as cefiderocol, imipenem-cilastatin-relebactam, or innovative combination regimens (e.g., high-dose aztreonam with





avibactam) (R et al., 2022). Rapid molecular diagnostics are essential for de-escalation and targeted therapy. The strong biofilm and efflux pump phenotypes also support the use of non-systemic strategies (e.g., antimicrobial-coated devices, local irrigation) and prompt removal of infected hardware.

4.2 Limitations

This study has several limitations. Its single-center design may affect generalizability; multi-center validation is needed. The WGS cohort was relatively small—expanding sample size in future studies would improve the resolution of genetic determinants of resistance and virulence.

5 Conclusion

This study illuminates the high prevalence and complex mechanistic landscape of CZA resistance among CRPA isolates in Ningbo. Key findings include: 1) a resistance rate significantly above the national average, linked to clonal expansion of ST1076; 2) multifactorial resistance mechanisms involving $bla_{\rm NDM}$, enhanced

biofilm formation, and MexAB-OprM overexpression; and 3) extensive cross-resistance narrowing therapeutic options.

These insights have immediate clinical implications: CZA should not be used empirically in high-risk settings without susceptibility confirmation; novel anti-pseudomonal agents and rapid diagnostics should be prioritized; and enhanced infection control measures are urgently needed to contain the spread of resistant clones and mobile genetic elements. Future studies should focus on larger-scale surveillance, mechanistic dissection of resistance synergy, and clinical evaluation of newer therapeutic regimens in this population.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Ethics statement

The studies involving humans were approved by Department of Laboratory Medicine, Affiliated Hospital No. 1 of Ningbo

University. The studies were conducted in accordance with the local legislation and institutional requirements. The specimens in this study are bacterial cultures derived from patient bodily fluids. Following laboratory testing, these materials are classified as medical waste, and the project has obtained an ethics waiver for informed consent.

Author contributions

XQ: Writing – review & editing, Data curation, Methodology, Writing – original draft, Formal analysis, Conceptualization, Software, Investigation. HZ: Writing – review & editing. YX: Writing – review & editing. RW: Writing – review & editing. RW: Writing – review & editing. XD: Writing – review & editing. WL: Project administration, Supervision, Writing – review & editing, Funding acquisition, Methodology, Resources. LZ: Supervision, Project administration, Writing – review & editing, Data curation.

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Supplementary material

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