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Cryptococcal infection: host immunity, immune evasion and emerging immunotherapeutic strategies

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Cryptococcal infection is a typical opportunistic infection that significantly endangers human health, particularly to immunocompromised populations. As the top priority fungal pathogen listed by the World Health Organization, conventional antifungal drugs for cryptococcal infection are often ineffective and fail to completely eradicate the pathogen. One of the key factors underlying the treatment failure is the sophisticated immune escape strategies employed by Cryptococcus, which constitutes a major clinical challenge. Overcoming immune escape is key to improving therapeutic efficacy. Therefore, exploring new therapeutic methods, especially immunotherapy, is of paramount importance in combating the escape mechanisms and boosting the host's defense capabilities. In this review, we focus on the host's pattern recognition receptors, the innate and adaptive immune responses to the Cryptococcus infection, the immune escape tricks of Cryptococcus, and the prospects for immunotherapy, providing new insights for developing the anti-Cryptococcus immunotherapeutic strategies for the immunocompromised populations.

Cryptococcus, cryptococcal infection, pattern recognition receptors, pathogenassociated molecular patterns, innate immune response, adaptive immune response, immune escape, immunotherapy

1 Introduction

Cryptococcus spp. is a kind of pathogenic fungus causing opportunistic infection, in which Cryptococcus neoformans and Cryptococcus gattii are the main pathogenic species. The Cryptococcus neoformans species complex includes C. neoformans and C. deneoformans, while the Cryptococcus gattii species complex comprises C. gattii, C. bacillisporus, C. deuterogattii, C. teragattii, and C. decagattii (Hagen et al., 2015). The distribution of Cryptococcus neoformans is widely and mainly within soil and bird guano,

with 95% of the infected cases occurring in individuals with immunodeficiency, such as AIDS patients and organ transplant receptors. In outbreak areas (e.g. Vancouver Island), more than 90% of the cases with *C. gattii* infection occur in the immunocompetent people (Iyer et al., 2021; May et al., 2016). According to the most recent report, annual global deaths from cryptococcal meningitis reached approximately 147,000, with HIV-associated deaths accounting for 112,000 cases (Denning, 2024). *Cryptococcus neoformans* is the major etiology of fungal meningitis, posing a significant threat to the global public health, particularly to the immunocompromised populations (Casalini et al., 2024; Rajasingham et al., 2022). It is the first time that the World Health Organization has issued a checklist of the key pathogenic fungi in 2022, ranking *Cryptococcus* at the first position among the groups with the emergency priority (Casalini et al., 2024).

The polysaccharide capsule is the most distinctive structure feature of the pathogenic Cryptococcus, mainly composed of two kinds of polysaccharides, namely glucuronoxylomannan (GXM) and glucuronoxylomannogalactan (GXMGal) (Reese and Doering, 2003). Melanin is embedded in the matrix of the cell wall and forms an antioxidant barrier. Glucans, chitins, chitosans, mannoproteins (MPs), and Glycosylphosphatidylinositol (GPI)-anchored proteins, which are the important constitutes of the cell walls, are also pathogen-associated molecular patterns (PAMPs) (Garcia-Rubio et al., 2019; Gow and Lenardon, 2023). The PAMPs within cell walls are physically masked by the capsule. The damage of capsules and the exposure of PAMPs are required for the PAMPs to be recognized by host pattern recognition receptors (PRRs), which potentially lead to a harmful immune response, such as a Th2 bias. The interaction between the immune system of the host and Cryptococcus is highly intricate. On one hand, the innate and adaptive immunity of the host collaborate to recognize and eliminate Cryptococcus. Meanwhile, Cryptococcus employs various pathways to escape from the immune system of the host to survive intracellularly and to disseminate systemically, which ultimately leads to three clinical outcomes, including clearance or latency of Cryptococcus, chronic cryptococcal infection, and death of the infected subjects (Francis et al., 2024; Garcia-Rubio et al., 2019; Li et al., 2019).

Pharmacological therapy remains the sole method for clinical treatment of cryptococcal infection (Chang et al., 2024). Although this approach significantly reduced the acute-stage mortality, the drug toxicity in the kidneys and bone marrow was severe and the drug resistance was emerging constantly (Robbins et al., 2017). In addition, individuals with compromised immune function often fail to generate an effective immune response against *Cryptococcus*, although appropriate antimicrobial treatments were administered (Chang et al., 2024; Davis et al., 2019). Therefore, exploring new therapeutic strategies, especially those with protective effects on immunocompromised individuals, is of critical importance. This review focuses on the PRRs of host, the innate and adaptive immune responses against *Cryptococcus* invasion, and the prospects for immunotherapy, providing new insights for developing the immunotherapeutic approaches against *Cryptococcus* for immunocompromised individuals.

2 Pattern recognition receptors

The initiation for a host to establish an effective immune response against *Cryptococcus* is the binding of the PRRs on the innate immune cells to the PAMPs of *Crypto*coccus, serving as the first line of defense against infection (Campuzano and Wormley, 2018).

2.1 CLRs

The C-type lectin receptors (CLRs) primarily recognize the polysaccharides of Cryptococcus (Saijo and Iwakura, 2011; Speakman et al., 2020; Zhao et al., 2014). There are multiple studies directly implicating the crucial roles of CLRs in cryptococcal infection. Among them, Dectin-1 is able to recognize β-1,3-glucan. However, Dectin-1 is not indispensable for the host defense against C. neoformans infection due to the shielding effect of the polysaccharide capsule which covers the inner cell wall layer containing β-glucans(K. Nakamura et al., 2007). Studies have shown that the exposed β -1,3-glucan in *C. neoformans* can be recognized by Dectin-1. The phagocytic efficiency of Dectin-1^{-/-} macrophages is significantly lower than that of Dectin-1^{+/+} macrophages (Giles et al., 2009; Walsh et al., 2017). Upon binding with β-1,3-glucan, Dectin-1 recruits Syk kinase through the immunoreceptor tyrosine-based activation motifs (ITAMs). Syk phosphorylates the Syk-caspase recruitment domain-containing protein 9 (CARD9), promoting the formation of a CBM complex, consisting of CARD9, Bcl10 and MALT1. The CBM complex drives the nuclear entry of NF-κB and activates the MAPK pathway, thereby driving T cell differentiation and regulating the function of myeloid cells (Campuzano et al., 2020; Gross et al., 2006; Zhao et al., 2014). Additionally, Dectin-2 recognizes α-mannan and functions by activating the CARD9 signaling pathway through FcRy-ITAM (McGreal et al., 2006). Studies on mice indicate that Dectin-2 may suppress the Th2 response and IL-4-dependent mucin production in the lungs after infection with C. neoformans (Y. Nakamura et al., 2015). Dectin-2^{-/-} dendritic cells are less effective in the phagocytosis of C. neoformans than Dectin-2+/+ dendritic cells (Kitai et al., 2021). The recognition domain of the Mincle receptor contains two hydrophobic pockets capable of binding long-chain fatty acids in addition to two sugarbinding pockets. This structural feature enables its efficient recognition of glycolipid pathogen ligands that interact with multiple binding sites. During C. neoformans infection, Mincle primarily recognizes acylated ergosterol β-glucoside (AEGs) through these hydrophobic pockets. Subsequently, Mincle initiates the CARD9 adaptor-mediated NF-κB pathway via ITAM signaling, inducing the secretion of proinflammatory cytokines and Th22-associated factor IL-22, thereby enhancing the host's early immune response. However, its efficacy is limited as C. neoformans shields AEGs exposure through capsular polysaccharides, while other pattern recognition receptors (e.g., TLRs) can compensate for Mincle deficiency, attenuating its immunological effects (Sato et al., 2020; Watanabe et al., 2025). Dectin-3 can recognize directly the GXM of C. neoformans and C. gattii, and activate the NF-KB and

ERK pathways to initiate the host defense response. Dectin—/— mice are highly sensitive to *C. neoforma*ns (serotype AD) and *C. gattii* (serotype B) infections, displaying increased fungal load in the lungs and weakened inflammatory response, which is not observed in other serotypes (Huang et al., 2018). Studies have demonstrated that CARD9 is a key molecule for inducing protective immunity against *Cryptococcus*. CARD9 deficiency leads to an abnormal differentiation of Th17 cells, a biased immune response towards Th2 type, impaired macrophage function, and the loss of the ability to clear *C. neoformans* infection (Campuzano et al., 2020). The signaling pathways activated by the recognition of CLRs to the cryptococcal PAMPs are shown in Figure 1. These findings provide new insights into the immune mechanism of cryptococcosis and offer potential targets for immunotherapy strategies against fungal infections.

2.2 TLRs

Toll-like receptors (TLRs) are type I transmembrane PRRs (Nakamura et al., 2008). TLR2 recognizes sterylglucosides and MP88 of both C. neoformans and C. gattii and promotes the secretion of TNF-α and IL-6 via the MyD88/NF-κB/MAPK pathway, enhancing the phagocytic activity of macrophages and the activation of $\gamma\delta$ T cells (Normile et al., 2022; Rella et al., 2015). Notably, TLR2-deficient γδ T cells do not produce IL-17A, giving rise to a total loss of protective effectiveness of the sterylglucosidase 1 (sgl1) deletion (sgl1Δ) vaccine (Normile et al., 2022). Recent studies have shown that the absence of TLR4 signaling in C. neoformans enhances non-specific phagocytosis by upregulating macrophage scavenger receptor 1 on macrophages, a process involving the FcyRII/III and Syk signaling pathways (Onyishi et al., 2023). Additionally, both C. neoformans and C. gattii are able to activate bone marrow-derived dendritic cells through the TLR9-MyD88 signaling pathway and promote Th1 type immune response. The deficiency of TLR9 weakens the host's ability to clear the two kinds of Cryptococcus, leading to higher fungal loads and poorer survival rates (da Silva-Junior et al., 2021; K. Nakamura et al., 2008; Y. Zhang et al., 2010). In C. neoformans infection, the absence of TLR9 mainly affects the recruitment of Th1 cells and IFN-γ production (Y. Zhang et al., 2010), while in C. gattii infection, the lack of TLR9 diminishes the Th1/Th17 immune response, leading to a significant increase in titan cells and the spread of the pathogen (da Silva-Junior et al., 2021; Yang et al., 2022). Therefore, TLR9 is one of the core receptors of the host and plays a crucial role in the elimination of the cryptococcal infection. Overall, the effect of TLR ligands as adjuvants may be more effective than those as direct vaccine targets.

2.3 NLRs

NOD-like receptors (NLRs) are positioned in cytoplasm. C. neoformans capsular mutant (such as $cap59\Delta$) can activate the NOD-like receptor family pyrin domain containing 3 (NLRP3) pathway(C. Guo et al., 2014). The NLRP3 deletion weakens the IL-1 β secretion and the neutrophil recruitment, indicating that regulating the NLRP3 inflammasome pathway may help defend the infection of *C. neoformans* in patients (Franchi et al., 2012; Lei et al., 2013). The alteration of the intracellular ion concentration (such as potassium ion efflux) and the production of reactive oxygen species (ROS) caused by cryptococcal infection can activate the NLRP3 inflammasome and enhance the immune response (Dostert et al., 2008; Pétrilli et al., 2007).

2.4 SRs

Scavenger Receptors (SRs) are featured by the capability of recognizing polysaccharides with negative charges (such as phosphorylated mannan) on the surface of Cryptococcus, mediating the non-macrophage-dependent (non-specific) phagocytosis and the clearance of Cryptococcus (Onyishi et al., 2023; Pathakumari et al., 2020). Members of the scavenger receptor family, Scavenger Receptor Class F Member 1, recognizes β-1,3-glucan and initiate endocytosis of C. neoformans, resulting in the formation of the phagosomes. CD36, a Class B Scavenger Receptor, binds to membrane phospholipids (such as phosphatidylinositol) and inhibits the intracellular replication of C. neoformans (Means et al., 2009). Mice with double knockout of Scavenger Receptor Class F Member 1 and CD36 exhibited 100% mortality after 7 days of C. neoformans infection (Pathakumari et al., 2020). Macrophage scavenger receptor 1 recognizes the glucuronic acid group of GXM and co-localizes with TLR4, synergistically activating the Vav/Rac1 pathway to mediate phagocytosis (Onyishi et al., 2023). Macrophages recognize the exposed β-1,3-glucan of C. neoformans through their collagen structure receptor, macrophage receptor with collagenous structure (MARCO). In hepatic macrophages, MARCO maintains the stability of actin by inhibiting ROCKII kinase, thereby blocking the "vomocytosis" that allows C. neoformans to escape from macrophages. The absence of MARCO leads to systemic dissemination of C. neoformans and a 10-fold increase in the level of C. neoformans within the brain (Onyishi et al., 2024; J. Xu et al., 2017). CD5 is expressed by lymphocytes and recognizes β-1,3-glucan, which can provide co-stimulatory signals and enhance the activation of T and B cells as well as the production of cytokines (such as IFN-7, TNF-02, IL-6, and IL-12), promoting the differentiation of Th1/Th17 cells and the production of anti-C. neoformans antibodies IgG2c. CD5-deficient mice exhibit defects in Th1/Th17 differentiation, resulting in delayed C. neoformans clearance. Soluble human CD5 recognizes βglucan through its SRCR domain, enhancing TNF-α/IFN-γ production by macrophages and thereby driving M1 polarization. Simultaneously, Soluble human CD5 inhibits the function of regulatory T cells, reversing the immunosuppressive microenvironment (Velasco-de-Andrés et al., 2021; Velasco-de Andrés et al., 2020). Additionally, it has been reported that Dectin-2 plays a pivotal role in the phagocytosis of C. neoformans by bone marrow-derived dendritic cells, potentially facilitating actin polymerization and phagocytic activity through the CARD9 and Syk-PI3K signaling pathways (Kitai et al., 2021).

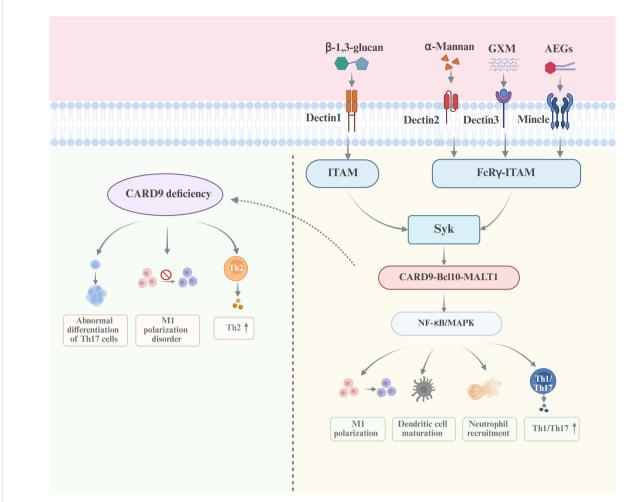


FIGURE 1

The recognition of CLRs to the PAMPs of *Cryptococcus* and the signaling pathways The CLRs, including Dectin1, Dectin2, Dectin3, MCL and Mincle, mainly recognize the polysaccharides of *Cryptococcus*, namely β -1,3-glucan, α -mannan and GXM. The Syk/CARD9/NF- κ B/MAPK axis is the essential signaling pathway activated by CLRs-PAMPs interaction, in which CARD9 is the core molecule. The deficiency of CARD9 results in the incapability in the clearance of *Cryptococcus* infection.

2.5 NKG2D

The latest research has found that natural killer cell group 2D receptor (NKG2D) is a PRR that directly recognizes the polysaccharide ligands on the surface of *C. neoformans*, which activates the degranulation of natural killer (NK) cells and T cells to degranulate and the killing of fungi (Charpak-Amikam et al., 2024). Flow cytometry (FCM) detection confirmed that the NKG2D-IgG-Fc fusion protein can bind to the surfaces of various fungi, including *C. neoformans*, although the chemical structure of its fungal ligands has not yet been deciphered. In NKG2D-deficient mice infected by *C. neoformans*, the levels of *C. neoformans* in the lungs and brain increased threefold, and the survival rate decreased by 50%, confirming the protective role of NKG2D. The immunological intervention strategies targeting NKG2D, such as agonists or adoptive cell therapy, may become a novel direction for antifungal treatment (Charpak-Amikam et al., 2024).

3 Innate immune response

The innate immune response is the first line of defense against *Cryptococcus*, and its efficacy directly affects the progression and outcome of the infection (Heung, 2017). However, *Cryptococcus* has also evolved immune evasion strategies (Yang et al., 2022; Zaragoza, 2019). A detailed analysis of the interactions between the innate immune response and the cryptococcal infection not only reveals the complex mechanisms of host-*Cryptococcus* interaction, but also provides a theoretical foundation for the development of targeted immunotherapies.

3.1 Macrophages

Macrophages are crucial innate immune cells during the course of cryptococcal infection. Through multiple PRRs, such as Dectin-1,

TLR2/4 and CD36, macrophages recognize β -1,3-glucan or GXM, initiating the engulfment of *Cryptococcus* (Campuzano and Wormley, 2018; Tucker and Casadevall, 2002). There are two polarization forms of macrophages, type M1 and M2 (Conn and Wozniak, 2023).

M1 macrophages are induced by IFN-γ and TNF-α, functioning as the major fighters against cryptococcal infection by the following mechanisms. Firstly, M1 macrophages induce inducible nitric oxide synthase (iNOS) to generate nitric oxide (NO) and ROS, which damage the ergosterol and chitin synthase within the cellular membrane of C. neoformans. Secondly, M1 polarization (iNOS+/ arginase 1 (Arg1) is stimulated through NO-activated signal transducer and activator of transcription 1 (STAT1) signaling. Thirdly, the blockage of the expression of C. neoformans effector protein, Cryptococcal Protein Linked to Virulence 1 (Cpl1), inhibits M2 polarization mediated by TLR4/STAT3 (Dang et al., 2022; Y. Wang et al., 2022). Lastly, TNF-α and IL-12 are released to induce the Th1 immune response and IFN-γ production. IFN-γ maintains the M1 phenotype (iNOS+/Arg1-) of macrophages through activating the STAT1 pathway (Y. Wang et al., 2022). STAT1 knockout mice show a significant increase in fungal load and Arg1 expression, and a loss of bactericidal capacity (Bryan et al., 2021; Leopold Wager et al., 2018; Marina et al., 2025). IFN-γ prestimulation can confer a "memory-like" phenotype to macrophages, enhancing the rapid killing response during secondary infection (Leopold Wager et al., 2018). Additionally, C. gattii exhibits strainspecific strategies to evade clearance: high-phagocytic strains induce M1 depletion and mitochondrial tubulation, enabling intracellular dormancy and persistence, while low-phagocytic strains trigger robust M1 responses (Voelz et al., 2014; Yang et al., 2024b). This distinct strategy enables the pathogenic C. gattii to establish a persistent infection within macrophages, which is not observed in C. neoformans.

M2 macrophages, induced by IL-4 and IL-13, are the "accomplices" of cryptococcal immune escape of *C. neoformans*. The mechanisms include (1) high level of the Arg1 expression, consuming arginine which is needed for the production of NO and inhibiting NO production (Bryan et al., 2021; Hansakon et al., 2023; Marina et al., 2025), (2) secretion of IL-10 and TGF-β, inhibiting the inflammatory response and providing an intracellular survival environment for *C. neoformans* (Bryan et al., 2021; Hansakon et al., 2023; Leopold Wager and Wormley, 2014; Marina et al., 2025), and (3) proliferation of *C. neoformans* intracellularly, spreading to the central nervous system by the "Trojan horse" pathway (Bryan et al., 2021; Hansakon et al., 2023; Leopold Wager and Wormley, 2014; Marina et al., 2025).

Recent studies have reported that immune metabolic reprogramming regulates the polarization of macrophages from M1 to M2. Macrophages mainly rely on glycolysis to maintain the M1 phenotype, while depend on fatty acid oxidation to maintain the M2 phenotype (Marina et al., 2025). Upregulation of macrophage Arg1 expression and fatty acid oxidation through GXM and Cryptococcal Protein Linked to Virulence 1 is an important pathway for *C. neoformans* escape from the phagocytosis and clearance by M1 macrophages. Notably, targeting mitochondrial vulnerabilities in

C. gattii presents a promising approach to prevent persistent dormancy. These findings may establish novel research directions for developing anti-cryptococcal immunotherapy strategies.

3.2 Dendritic cells

In the cryptococcal infection, dendritic cells (DCs) are the most pivotal antigen presenting cells and exhibit the greatest potential for T cell activation (Ramirez-Ortiz and Means, 2012). The interaction between Cryptococcus and DCs is a dynamic competition between the host's protective immunity and the cryptococcal immune escape. DCs recognize Cryptococcus through PRRs and initiate T cell immunity, while Cryptococcus inhibits the activities of DCs by capsules and other virulence factors to survive. DCs recognize the MPs of Cryptococcus through the MRs, mediating the endocytosis and lysosomal degradation of the pathogen. Furthermore, cooperating with the TLR9-MyD88 pathway activated by cryptococcal DNA, the interaction between MRs and MPs promotes the migration of DCs to the lymph nodes and the antigen presentation to T cells, ultimately activating Th1/Th17 cells and secreting protective factors such as TNF-α/IFN-γ. Meanwhile, the capsule GXM/GXMGal blocks the maturation of DCs, downregulates the expression of MHC-II and CD80/CD86 on DCs, which inhibits the proliferation of T cells (Conn and Wozniak, 2023; Goughenour et al., 2023; Wozniak, 2018). Additionally, after the endocytosis into DCs, the Cryptococcus enters lysosomes and is killed by enzymes such as ROS and cathepsin B, which have the ability to destroy the cell wall of Cryptococcus by the way of osmotic lysis (Conn and Wozniak, 2023; Wozniak, 2018). In particular, C. gattii can suppress DC maturation and the T cell pathways, overcome the physical barrier of a cage-like structure formed by the phagosomal filamentous actin as well as break the inhibition of the TNF- α signaling pathway. The unique evasion strategy of C. gattii may explain the high pathogenicity of C. gattii in immunocompetent hosts (Huston et al., 2013; Jamil et al., 2020).

TNF-α stabilizes the polarization of DC1 through epigenetic mechanisms and promotes protective Th1 and Th17 immune responses. Reduced TNF-α secretion enhances murine susceptibility to C. neoformans infection by triggering alternative activation of DCs (Eastman et al., 2019). The recent studies have found that basic leucine zipper transcription factor ATF-like 3 (Batf3)-dependent conventional dendritic cells 1 (cDC1) play a key role in anti-C. neoformans infection by promoting Th1 polarization. cDC1 deficiency significantly decrease the activation of CD4⁺ T cells in lung and brain and the secretion of Th1 cytokines (such as IFN-γ and TNF-α), resulting in the increase in fungal load (Coelho, 2024; J. Xu et al., 2024). The latest research reports that Batf3-dependent cDC1 significantly upregulates genes related to T cell recruitment and Th1 polarization during infection, such as IL-12b, Stat4, and Ccl22, and produces high levels of IL-12, thereby enhancing the immune response and promoting C. neoformans clearance (Coelho, 2024; J. Xu et al., 2024). In C. gattii infection, there are differences in the responses of different DC subpopulations. Although monocytederived DCs can effectively phagocytose and kill C. gattii, only the

cDC1 subpopulation can produce sufficient IL-12 to drive Th1 polarization (Jamil et al., 2020). The strategy of promoting Th1 and Th17 cell immune responses through DCs provides new ideas for designing vaccines and immunotherapies against cryptococcal infection (Hole et al., 2019).

3.3 Neutrophils

Neutrophils play a key role in defending cryptococcal infection at the early stage. The neutrophils recruited to the lungs exhibit greater antimicrobial capacity than those of the macrophages (Diamond et al., 1972). Migration and aggregation to the site of infection are essential for neutrophils to eliminate Cryptococcus at the early phase of infection, and the following mechanisms are involved. First, the paracrine pathway of complements is activated, producing strong chemokines, such as C3 and C5a, which chemotactically orientate neutrophils to migrate to the infection sites (Sun et al., 2016). The strain of C. gattii R265 can be recognized by neutrophils through the complement C3-mediated opsonization. However, the intensity of the C5a-C5aR signal induced by C. gattii is significantly weaker than that of the strain of C. neoformans H99, resulting in insufficient upregulation of CD11b. This is one of the reasons that C. gattii can be pathogenic in immunocompetent hosts in clinical settings (Ueno et al., 2019). Second, the C5a/C5aR signalling upregulates the CD11b expression of neutrophils and promotes Mac-1 (CD11b/CD18) binding to Intercellular Adhesion Molecule-1 (ICAM-1) of vascular endothelial cells, which mediates trans-endothelial migration of neutrophils to the infection loci. Blockade of CD11b nearly completely inhibits the intravascular migration and cryptococcal killing ability of neutrophils (Filippi, 2019). Third, the production of neutrophil extracellular traps and ROS directly captures and kills C. neoformans and C. gattii. However, the efficiency of NETs in wrapping and clearing C. gattii is lower as compared to that of C. neoformans. Moreover, the strain of C. gattii R265 displays stronger ability in resisting oxidative stress than that of the strain of C. neoformans H99 (Musubire et al., 2018; Osterholzer et al., 2009; Ueno et al., 2019). Importantly, neutrophils display multifaceted activities in the infection of Cryptococcus. It has been reported that during neutrophil depletion, γδ T cells exhibit a compensatory increase in IL-17A production, thereby reshaping the Th1/Th17 immune balance. This phenomenon not only suggests that neutrophils are not indispensable during C. neoformans infection, but also reveals the complexity of their immunoregulatory functions, warranting further in-depth investigation in this field (Wozniak et al., 2012). Furthermore, during the advanced stages of cryptococcal infection, neutrophils cause pathological damage by the following mechanisms. The cryptococcal GXM inhibits neutrophil extracellular traps formation and TNF-α and IFN-γ production, enhancing cryptococcal immune escape (Brinkmann et al., 2004). Although both C. neoformans and C. gattii can cross the bloodbrain barrier, they exhibit significant differences in their primary target organs and pathogenic mechanisms within the host. Neutrophils facilitate the traversal of C. neoformans across

the blood-brain barrier, thereby promoting cerebral infection, whereas *C. gattii* primarily induces pulmonary infection (Ngamskulrungroj et al., 2012; Osterholzer et al., 2009). Recent studies have found that LincR-PPP2R5C deficiency attenuates *C. neoformans* infection and increases the bactericidal activity of neutrophils (Yang et al., 2024a). This first discovery greatly enhances our understanding of the regulation of immunity to cryptococcal infection by lncRNA and provides a new pathway in developing cryptococcal immunotherapy.

3.4 Monocytes

At the early stage of cryptococcal infection, the CCL2/CCR2 axis recruits classical monocytes (CD14++CD16-) to lung tissues, where they differentiate into monocyte-derived DCs (MoDCs) and M1 macrophages, thereby promoting an IFN-γ-dominated Th1 immune response (Heung, 2020; Palframan et al., 2001). Studies have demonstrated that PAMPs, such as β-glucan, facilitate the epigenetic reprogramming of monocytes (e.g., H3K4me3 modification), enabling the development of the long-term memory and enhancing the phagocytic and bacteriostatic capabilities of the monocytes during the secondary immune response (Netea et al., 2016). Following the phagocytosis of C. neoformans, non-classical CD14⁺CD16⁺ monocytes (Ly6Clow) adhere to the vascular endothelium via VCAM1/VLA4, subsequently penetrating the blood-brain barrier via a Trojan horse's mechanism (Heung and Hohl, 2019; Sun et al., 2020; J. Xu et al., 2021). The over-recruitment of monocytes to the central nervous system via CCR2 exacerbates neurological damage through TNF- α and IL-1 (Heung and Hohl, 2019; J. Xu et al., 2021; Ziegler-Heitbrock et al., 2010). Notably, a recent study has shown that the reduction of neuronal damage markers and total CD14⁺ monocytes in cerebrospinal fluid improves the outcomes in cryptococcal meningoencephalitis complicated by a postinfectious inflammatory response syndrome (Hargarten et al., 2025). The application of βglucan and trained immunity agonists as vaccine adjuvants to induce long-lasting anti-cryptococcal memory presents a novel approach for the immunotherapy of cryptococcal infection.

3.5 NK cells

NK cells are important effector cells for anti-cryptococcal immunity, controlling *Cryptococcus* by a dual mechanism of IFN- γ immunomodulation and direct killing by perforin (Schmidt et al., 2017). Under the combined stimulation of cytokines such as IL-2, IL-12, IL-15 and IL-18, NK cells are capable of producing IFN- γ and TNF- α , which promote Th1 polarization of CD4⁺ T cells and M1 polarization of macrophages, enhancing systemic immunity against cryptococcal infection (Abel et al., 2018). Human NK cells express the NKp30 receptor, which activates the Src kinase (Fyn/Lyn)/PI3K pathway upon recognizing β -1,3-glucan from *C. neoformans*, promoting perforin polarization toward the fungal contact site and subsequent membrane disruption (Li et al., 2018; Schmidt et al., 2017; Wiseman et al., 2007). Erg5 kinesin regulates the transportation of

perforin within NK cells and suppresses the proliferation of *C. neoformans* (Kyei et al., 2016; Ogbomo et al., 2018; Schmidt et al., 2017). Notably, there are differences in the receptor libraries and functions of NK cells between mice and humans (Campuzano and Wormley, 2018). Recent studies have reported that NKG2D is a PRR molecule expressed in lymphocytes but not myeloid cells. NKG2D-deficient mice are significantly more susceptible to *C. neoformans* infection. NKG2D exerts the antifungal effects through the activation of degranulation and killing of NK cells and T cells, which provides a new target for immune intervention against cryptococcal infection (Charpak-Amikam et al., 2024).

3.6 $\gamma\delta$ T cells

γδ T cells directly disrupt the cell membranes of Cryptococcus via perforin and granulysin at the early stage of infection (Nanno et al., 2007; Uezu et al., 2004). The combined use of IL-12 and IL-18 can protect mice from fatal C. neoformans infection by inducing NK and γδ T cells to produce IFN-γ and suppressing the production of IL-4 (Qureshi et al., 1999; T. Zhang et al., 1997). Additionally, γδ T cells recruit neutrophils for the early defense via the upregulation of CXCL1/CXCL5 by IL-17A (Wozniak et al., 2012). At the later stage of infection, γδ T cells inhibit the IL-12 production by DCs and the Th1 differentiation through the sustained IL-17A secretion, which attenuates the Th1 response and avoids immune pathological damage (Sato et al., 2020; Uezu et al., 2004). Notably, γδ T celldependent TLR2 recognition of sterylglucosides derived from C. neoformans is activated without the need for the classical antigenpresentation pathway. γδ T cell deletion completely abolishes the protective effect of the sgl1\Delta vaccine and this protective effect depends on the Mincle receptor (Normile et al., 2022; Watanabe et al., 2025). Therefore, sgl1 is a central target gene for cryptococcal vaccine development.

3.7 Other innate immune cells

NKT cells activate the immune response by recognizing glycolipid antigens (α -galactosylceramide) presented by CD1d through their unique V α 14-J α 281 TCR. V α 14⁺ NKT cells migrate rapidly to the lungs through the monocyte chemoattractant protein-1-dependent pathway, promoting significantly NK cell-dependent IFN- γ production at the early stage and the differentiation of *C. neofor*mans-specific Th1 cells at the late stage (Kawakami et al., 2001a, 2001b). NKT cell-deficient mice exhibit reduced IFN- γ production, weakened delayed-type hypersensitivity, and delayed clearance of *C. neoformans* in the lungs (Kawakami et al., 2001a). Moreover, the ability of NKT cells against *C. neoformans* depends on the age-related maturity of NKT cells (Blackstock and Murphy, 2004).

Innate lymphoid cells (ILCs) participate in immune regulation during cryptococcal infection. ILC2s activated by IL-33 promote the type 2 immune response by producing IL-4, IL-5, and IL-13, creating a microenvironment conducive to the growth of *C. neoformans* (Elemam et al., 2021; Flaczyk et al., 2013). ILC3s combat the

extracellular pathogens by secreting IL-22 and IL-17 (Elemam et al., 2021). Additionally, depletion of inflammatory monocytes, which recruit ILC2s, reduces ILC2 numbers and consequently improves the host's prognosis (Heung and Hohl, 2019). ILC2s-deficient mice show enhanced Th1 immune responses, increased classically activated macrophages, and improved control of *C. neoformans* infection (Kindermann et al., 2020). Therefore, the reduction in the function and number of ILC2s may enhance the host's defense against *C. neoformans*.

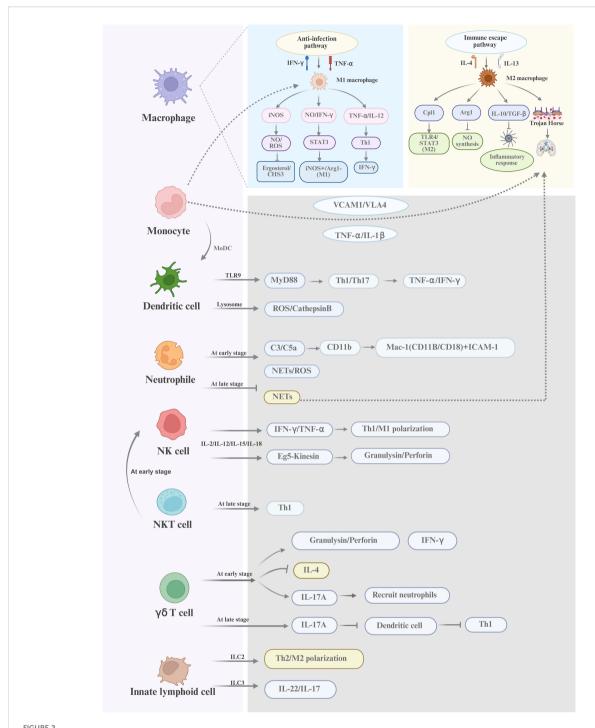
In summary, macrophages, monocytes, dendritic cells, neutrophils, and NK cells are the five innate immune cells that work together through comprehensive mechanisms to fight the infection of *Cryptococcus* (shown in Figure 2). Meanwhile, the roles of $\gamma\delta$ T cells, NKT cells, and ILCs in cryptococcal infection should be considered. Notably, the bidirectional action mechanisms of the innate immune response to cryptococcal invasion should be taken into consideration in developing the targeted immunotherapy.

4 Adaptive immune response

Adaptive immunity plays a critical role in combating cryptococcal infection through providing protection against reinfection. Through the recognition of cryptococcal antigens, adaptive immunity activates immune effector cells, secretes cytokines to eliminate the pathogen, and forms immune memory after the infection, thereby providing protection against future infection (Mukaremera and Nielsen, 2017). Among the various mechanisms, T cell-mediated cellular immunity is fundamental to the adaptive immunity against the infection of Cryptococcus. Different types of T lymphocytes are involved in the host's cellular immune response to Cryptococcus. These T cells not only take part in the immune response but also exhibit direct antimicrobial activity against the pathogens. Cellular immunity mediated by T cells is more prominent than humoral immunity mediated by B cells in the defense against Cryptococcus. T cells secrete proteins such as granulysin and perforin, which destroy the plasma membrane of Cryptococcus, increasing the permeability and ultimately leading to the lysis of the pathogen (Y. Wang et al., 2022).

4.1 CD4⁺ T cells

CD4⁺ T cells are commonly classified into four subpopulations, namely Th1, Th2, Th17 and regulatory T cells, which play distinct roles in cryptococcal infection. The subtype of Th1 cells secretes IFN- γ , TNF- α , and IL-2, which exert anti-Cryptococcus activity (McDermott and Klein, 2018; Oliveira et al., 2025). Among them, IFN- γ not only induces and sustains macrophage polarization towards the M1 type, which is highly effective against pathogens, but also inhibits the differentiation of Th2 cells, thereby blocking the pathological effects induced by IL-4 and IL-13 (Firacative et al., 2018; Leopold Wager et al., 2018). TNF- α promotes the maturation of DCs by enhancing the antigen presentation capabilities, recruits neutrophils to the infection site for direct killing of *C. neoformans*,



A schematic diagram of the innate immune response against cryptococcal infection Macrophages, dendritic cells, and neutrophils are the innate immune cells with phagocytic functions and play a diversified roles in fighting against Cryptococcus. NK cells and NKT cells are non-phagocytic cells and can directly kill Cryptococcus through perforin/granulysin-mediated cytolysis or enhance antifungal immunity via IFN- γ production. $\gamma\delta$ T cells and innate lymphoid cells exert regulatory functions by modulating Th1/Th17 polarization and the type 2 immune responses. Host defense against Cryptococcus involves dynamic interactions among these cellular components, PRRs, soluble mediators, and the pathogen's immune escape strategies. This multifaceted network underscores the complexity of innate immunity in Cryptococcal infections.

as well as synergizes with IFN- γ to maintain the M1 polarization of macrophages (Fa et al., 2019). IL-2 activates CD8⁺ T cells and NK cells, facilitating direct killing of *C. neoformans* while ensuring long-lasting T cell immune memory (Levitz and Dupont, 1993). Notably, recent studies have confirmed that Batf3-dependent cDC1 cells are

critical for initiating the Th1 response (J. Xu et al., 2024). IL-17 secreted by Th17 cells exhibits a double-edged characteristic in controlling *C. neoformans* infection. At the acute phase, IL-17A directly kills *C. neoformans* by recruiting neutrophils via CXCL1/5, activates the bactericidal functions of macrophages in conjunction

with Granulocyte-Macrophage Colony-Stimulating Factor (GM-CSF), and inhibits Th2-mediated mucus secretion and pulmonary fibrosis, thereby providing a protective role. Conversely, during the disseminated phase, Th17 cells compromise the lung barrier, promoting pathogen dissemination, aggravating cerebral edema caused by central nervous system infection, and inhibiting the Th1 immune response, ultimately leading to pathological damage (X. Guo et al., 2022). However, Galectin-3 (Gal-3) inhibits the growth and destabilizes the extracellular vesicle of C. neoformans by promoting the Th17 immune response (Almeida et al., 2017). Distinct from Th1 and Th17 cells, Th2 cells produce IL-4, IL-13, IL-5, and IL-10, which facilitate cryptococcal proliferation and tissue damage rather than resisting infection (Elsegeiny et al., 2018; Scriven et al., 2016). However, it is noteworthy that despite the general association of IL-4Rα with Th2-mediated disease progression, during the early stage of infection, the IL-4Rα signaling pathway enhances the host defense through a dual mechanism. On one hand, it upregulates the activity of the IL-12/IFN-γ/NO axis, thereby promoting the Th1 immune response mediated by dendritic cells. On the other hand, it induces the mucus secretion in the airway epithelial cells and enhances the recruitment of CCL2/CCL20-dependent macrophages and dendritic cells (Grahnert et al., 2014). In the later stage, IL-4 and IL-13 induce the polarization of M2 macrophages, while IL-13 induces Th2 cells, mast cells, and basophils to secrete more IL-4, IL-5 and IL-13 through autocrine/paracrine action, which forms a positive feedback loop. Moreover, IL-13 down-regulates the expression of co-stimulatory molecules (such as CD40 and CD80) on DCs, thereby inhibiting their ability to present antigens to CD4⁺ T cells. Simultaneously, it induces the secretion of IL-10, which inhibits the production of IFN-7 by Th1 cells. Furthermore, Th2 cells also activate fibroblasts through IL-13 to upregulate TGF-β and collagen, causing the excessive mucus secretion and airway obstruction, which contributes to the pulmonary fibrosis. Finally, the IL-5-induced infiltration of eosinophils can promote the clearance of pathogens, but excessive activation of eosinophils can lead to tissue damage, such as inflammatory necrosis caused by crystal deposition (Huffnagle et al., 1998; Müller et al., 2007; Ueno et al., 2025). Recent studies have indicated that the IL-33/ST2 axis may amplify lung-resident memory Th2 cells, resulting in persistent type II granulomas (Ueno and Miyazaki, 2023). The shift of Th1 to Th2 is an important vicious element for the reactivation of cryptococcal meningitis in patients with HIV infection (Li et al., 2021; Xu et al., 2019). Additionally, IL-10 secreted by regulatory T cells can indirectly weaken the Th1 immune response by inhibiting the function of antigen-presenting cells, and can also inhibit the excessive inflammatory response mediated by Th2 cells, thereby preventing fatal immune pathological damage (Rubtsov et al., 2008; Schulze et al., 2014). Notably, symptom remission has been correlated with the decrease in the frequencies of activated CD4+ and CD8+ T cells of patients with cryptococcal meningoencephalitis (Hargarten et al., 2025).

Given the distinct roles of the different CD4⁺ T cell subsets in cryptococcal invasion, a multifaceted approach that promotes the Th1 response, precisely modulates the Th17 response, and inhibits the Th2 response may represent a promising avenue for cryptococcal immunotherapy.

4.2 CD8⁺ T cells

CD8+ T cells are able to directly damage cryptococcal cell membranes by releasing granulysin and perforin (Okafor and Nielsen, 2024). The killing function of CD8⁺ T cells depends on the activation of CD4⁺ T cells or IL-15, which is defective in patients with HIV infection (Ma et al., 2002; Okafor and Nielsen, 2024; S. Wang et al., 2020). In the absence of CD4⁺ T lymphocytes, CD8⁺ T lymphocytes can still be activated independently and can control the infection by secreting IFN-γ (Lindell et al., 2005). In mouse model, CD8+ T cells are able to prevent the spread of pathogens to the brain during cryptococcal latency. However, in the case of lung infection of Cryptococcus, the functions of CD8+ T cells may be regulated by CD4+ T cells, which affects the IFN-y production (Okafor and Nielsen, 2024). Immunotherapy needs to be combined with enhancement of CD8+ T cell function (vaccines/Chimeric Antigen Receptor T cells(CAR-T cells)/IL-15) and modulation of the balance between Th1 and Th2 responses, with a particular attention to the immune repair and pathological control in HIV patients.

Notably, the most recent report showed that patients with cryptococcal infection but without definitive immunodeficiency retained the ability to produce $CD4^+$ and $CD8^+$ T cell responses against cryptococcal antigens, which mainly biased towards the Th1 type (high IFN- γ , low IL-4). Moreover, the mouse model further supported that the use of vaccination as a strategy to upgrade the immune responses to prevent clinical *cryptococcus* infection, which provides a basis for the design of cryptococcal vaccines. However, the immune response of peripheral blood mononuclear cells might underestimate the intensity of immune responses at the infection site. Therefore, the vaccine efficacy should be evaluated in combination with tissue samples, such as spleen and lungs (Oliveira et al., 2025).

4.3 B cells

The crucial role of B lymphocytes is to mediate humoral immunity against Cryptococcus by the production of antibodies (Aslanyan et al., 2017; Boniche et al., 2020). In the deficiency of T lymphocytes, B lymphocytes inhibit the transfer of C. neoformans into the brain (Davis and Lionakis, 2018). Immunoglobulin M (IgM) limits the dissemination of C. neoformans by restricting the formation of titan cells (Dufaud et al., 2018; Subramaniam et al., 2009; Szymczak et al., 2013; Trevijano-Contador et al., 2020). Immunoglobulin G (IgG) mediates the antibody-dependent cellular cytotoxicity (ADCC) effect of NK cells through FcγR, thereby inhibiting the growth of C. neoformans (Nabavi and Murphy, 1986). Immunoglobulin E (IgE) disrupts the immune homeostasis against C. neoformans by activating mast cells to release IL-4, thereby inducing a Th2 bias (Casadevall, 2022; Qiu et al., 2013). Research conducted in 2025 demonstrated that immunoglobulin A (IgA) inhibits titan cell formation, which alters the production of C. neoformans extracellular vesicles and the expression profiles of metabolic genes (Trevijano-Contador et al., 2025).

In summary, the adaptive immunity plays a critical role in eliminating the pathogen during cryptococcal infection (shown in Figure 3). However, *Cryptococcus* achieves immune evasion and dissemination through mechanisms including capsule shielding, chitin masking of PAMPs, and inducing the differentiation of immunosuppressive cells. The immunotherapy strategies against *Cryptococcus* primarily include: (1) utilizing TLR/Dectin agonists to enhance the phagocytic function of macrophages, (2) inducing Th1/Th17 immune responses through vaccines (such as the Δ sgl1 strain), (3) targeting the capsule using CAR-T or monoclonal antibody technology, (4) blocking the IL-4/IL-10 signaling pathway to reverse the immunosuppressive state (Mukaremera and Nielsen, 2017).

5 The prospects for immunotherapy

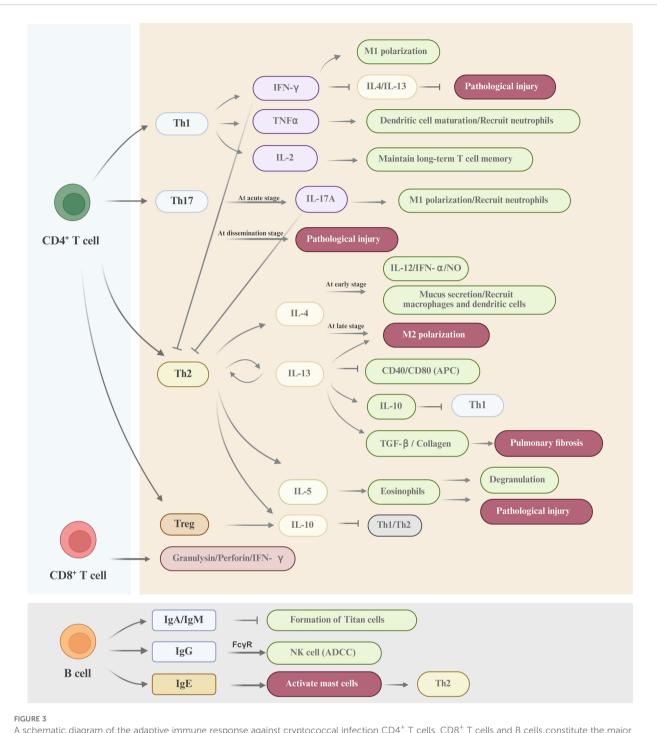
A weakened immune system is a prerequisite for cryptococcal infections, and it is also one of the reasons why traditional antifungal drugs have poor efficacy and are difficult to completely eliminate *Cryptococcus* from the body (Iyer et al., 2021; Liu et al., 2024). Developing new immunotherapies that enhance the host's anti-*Cryptococcus* immune response has become the key to breaking through the existing treatment barriers (Zhou et al., 2025). The immunotherapeutic methods include monoclonal antibodies (mAbs), cytokines, CAR-T cells, and vaccines, which are focusing on two major directions, targeting pathogen-host interactions and overcoming immune deficiencies (Iyer et al., 2021; Lionakis et al., 2023; Zhou et al., 2025).

There are several mAbs targeting the components of C. neoformans. Among them, 18B7 is an mAb for GXM and has completed phase I clinical trials (Larsen et al., 2005). 2G8 is an mAb for β-1,3-glucan (Rachini et al., 2007). DD11 and CC5 are mAbs for chitin oligomers (Figueiredo et al., 2021). Anti-PD-1 mAbs promote the clearance of C. neoformans by restoring the activity of Th1/Th17 cells and reducing immunosuppressive cytokines (IL-10/ IL-5) (Roussey et al., 2017). Recent studies have shown that mAbs targeting aspartic protease 1 protein significantly increase the survival rate of mice infected with C. neoformans (Vernel-Pauillac et al., 2024). Cytokine therapy regulates the immune response to combat C. neoformans infection. However, extremely high doses of cytokine, such as IL-12 or IFN-7, may induce systemic inflammation and aggravate immune reconstitution inflammatory syndrome (Clemons et al., 1994; Jarvis et al., 2014, 2012; Pappas et al., 2004). GM-CSF can activate alveolar macrophages and promote Th1 polarization in the infection of C. neoformans (Chen et al., 2016). Notably, the GM-CSF antibody may be a potential risk factor for the infection of C. gattii, leading to the increased host's susceptibility (Yang et al., 2021). However, studies have demonstrated that the nasal administration of GM-CSF can effectively target the lungs and minimize the systemic toxicity in C. gattii infection (Hansakon et al., 2024). CAR-T cell therapy modifies T cells through genetic engineering, enabling them to express chimeric antigen receptors targeting capsular polysaccharide GXM, thereby enhancing the ability to clear both

C. neoformans and C. gattii in animal models (Dos Santos et al., 2021). Two types of GXM-specific CARs have been developed, which can recognize multiple types of Cryptococcus and significantly activate T cells to secrete IL-2 and upregulate CD69 expression (Dos Santos et al., 2022; MaChado et al., 2023). However, a high level of PD-1 expression is induced, which accelerates the T cell exhaustion. Therefore, the antigen heterogeneity of Cryptococcus, the sustained maintenance of T cell activation status, and immune-related adverse reactions are still challenges that need to be overcome (MaChado et al., 2023; Majumder, 2023). The vaccines for Cryptococcus include whole-cell vaccine (attenuated live vaccines, inactivated vaccines), subunit vaccine, and mRNA vaccine. The research on cryptococcal vaccines has entered a stage of rapid development with multiple technologies operating in parallel (Avina et al., 2024; Rivera et al., 2022). The design strategies centered on polysaccharide-protein antigens, mRNA-Lipid Nanoparticle (LNP) delivery, and novel adjuvants have demonstrated significant potential (Crawford et al., 2024; Li et al., 2025a, 2025b; Stempinski et al., 2025). Additionally, the novel vaccines based on dendritic cells are developed to enhance the protective immunity against C. gattii infection with high pathogenicity in lung (Ueno et al., 2025). In the future, key issues to be addressed include the protective efficacy for immunocompromised hosts, optimization of delivery systems, selection of adjuvants, coverage of multivalent vaccines, and large-scale production in clinical translation (Avina et al., 2024; Rivera et al., 2022).

6 Discussion

Cryptococcal immunotherapy is currently at a critical stage of translation from preclinical studies to clinical application. Innovative directions for vaccine development include the following strategies. First, more attention should be paid to the double-edged features of immune cells to avoid immune overactivation. For instance, employing liposome-encapsulated soluble human CD5 to target the alveolar macrophages through nasal administration can locally elevate TNF-α/IFN-γ secretion while avoiding systemic inflammatory storms (Velasco-de Andrés et al., 2020). Furthermore, using pH-sensitive nanoparticles to deliver IFN-γ at the infection site may further mitigate systemic inflammatory responses (Rajesh et al., 2022). Second, multi-omics techniques should be utilized to drive precise antigen design and overcome the limitations of traditional vaccines. Specific approaches involve the identification of conserved virulence factors through phospho-proteomics, the optimization of epitopes using artificial intelligence, and the knockdown of non-protective GXM epitopes (El Arab et al., 2025; Racle et al., 2023; L. Zhang et al., 2021; Zhu et al., 2024). Third, the application of the epigenetic reprogramming mechanism of trained immunity should be highlighted in reshaping innate immune memory. Specifically, the activation of the Dectin-1-Syk signaling axis via β-glucan induces H3K4me3 modification in monocytes and up-regulates the expression of inflammatory vesicle genes, thereby enhancing antifungal activity during secondary infection (Arts et al., 2016; Bekkering et al., 2021; Eastman et al., 2019; Geckin et al., 2022;



A schematic diagram of the adaptive immune response against cryptococcal infection CD4⁺ T cells, CD8⁺ T cells and B cells constitute the major adaptive immune cell types involved in the defense against *Cryptococcus*. The mechanisms underpinning the adaptive immune response to cryptococcal invasion are highly sophisticated. Collectively, these cells orchestrate a comprehensive defense through synergistic actions, including direct cellular cytotoxicity, cytokine-mediated activation of effector cells, and antibody-dependent mechanisms, to combat *Cryptococcus* infection.

Netea et al., 2016). Lastly, the mRNA-LNP platform is a promising avenue to accelerate the clinical translation of vaccines (Sandbrink and Shattock, 2020). The synergistic effect of innate immunity and adaptive immune response can be enhanced by incorporating trained immunity adjuvants (e.g., CAF01 or β -glucan), thereby maintaining a

high protection rate in immunosuppressed models (Mirza et al., 2017; R. Wang et al., 2024). The first *Cryptococcus* vaccine would be clinically translated as early as possible through the combination of intelligent antigen design, trained immunity memory programming and immune microenvironment remodeling.

Author contributions

FL: Investigation, Writing – review & editing, Writing – original draft, Data curation, Conceptualization. XY: Writing – original draft, Data curation, Investigation. ML: Writing – review & editing, Data curation, Visualization. XN: Writing – review & editing, Investigation, Visualization. KZ: Writing – original draft, Project administration, Supervision, Writing – review & editing.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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