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# Research progress of DNA methylation on the regulation of substance use disorders and the mechanisms

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Drug abuse can damage the central nervous system and lead to substance use disorder (SUD). SUD is influenced by both genetic and environmental factors. Genes determine an individual's susceptibility to drug, while the dysregulation of epigenome drives the abnormal transcription processes, promoting the development of SUD. One of the most widely studied epigenetic mechanisms is DNA methylation, which can be inherited stably. In ontogeny, DNA methylation pattern is dynamic. DNA dysmethylation is prevalent in drug-related psychiatric disorders, resulting in local hypermethylation and transcriptional silencing of related genes. In this review, we summarize the role and regulatory mechanisms of DNA methylation in cocaine, opioids, and methamphetamine in terms of drug exposure, addiction memory, withdrawal relapse, intergenerational inheritance, and focus on cell-specific aspects of the studies with a view to suggesting possible therapeutic regimens for targeting methylation in both human and animal research.

## KEYWORDS

substance use disorder, DNA methylation, cell-specific, cocaine, opioids, methamphetamine

## 1 Introduction

Substance use disorder (SUD) is a chronic relapsing neuroadaptive disorder characterized by compulsive and uncontrollable pursuit of substances, which is often accompanied negative emotions (e.g., irritability, anxiety) during the withdrawal period (First, 2013). SUD is a global concern that carry significant public health and societal implications (Santos-Toscano et al., 2023). According to the World Drug Report 2024, opioids, methamphetamines and cocaine are most widely used abused drugs. Due to their association with significant morbidity and mortality, we focused on SUDs caused by cocaine, opioid, and methamphetamine abuse.

SUD is accompanied by numerous molecular and biochemical changes (Melo et al., 2020) and is associated with both genetic and environmental factors (Heath et al., 1997; Morozova et al., 2014). Genetic factors influence susceptibility to substances, while epigenetic mechanisms regulate chromatin structure by integrating various environmental stimuli, leading to enduring changes in gene expression and ultimately influencing the

development of SUDs (Reilly et al., 2017; Farris and Mayfield, 2021). In addition, a central feature of drug addiction is the high rate of relapse among addicts even after extended periods of abstinence (Berke and Hyman, 2000). This phenomenon is primarily due to the persistence of addiction-related memories. Drug associated cues (conditioned stimulus, CS) are repeatedly matched with the euphoria induced by addictive drugs (unconditioned stimulus, US) to form addiction-related memories. When addicts are exposed to these cues, it triggers the retrieval of addiction-related memories, leading to cravings and potential relapse (Fuchs et al., 2005). The persistence of addiction memories relies on stable alterations in synaptic plasticity in the reward-memory circuits (Kauer and Malenka, 2007; Robbins et al., 2008), which necessitates long-term regulation of gene expression. Emerging research indicates that epigenetic modifications can affect gene transcription and expression in cell cycle, signal transduction and neural plasticity, thereby altering the physiological and pathological functions of brain (Boschen et al., 2018; Mahna et al., 2018).

Epigenetics is the causal mechanisms between genes and gene products resulting in phenotypic outcomes (Waddington, 1942), and epigenetic modifications are defined as certain heritable changes occurring in gene function without affecting the nucleotide sequence (Goldberg et al., 2007; Berger et al., 2009). Epigenetic modifications are broadly classified into four major categories: DNA methylation, chromatin remodeling, non-coding RNA, and histone modifications (Weinhold, 2006). One of the most well-studied forms of epigenetic modification is the methylation of cytosine at CpG sites. This process plays a crucial role in mediating specific changes in gene promoters over time and space, and these changes are potentially reversible (Stevenson and Prendergast, 2013; Kim and Costello, 2017). DNA methylation can be influenced by various factors, including environmental stress, chemical exposure, diseases, and cancer (Vidaki et al., 2013). Abnormal DNA methylation patterns have been observed in the promoter regions of several genes in drug addicts and animal models. Exposure to drugs can lead to either hypermethylation or hypomethylation in these gene promoter regions, which in turn affects gene expression. Studying DNA methylation offers a comprehensive understanding of epigenetic gene regulation (Moore et al., 2013).

DNA methylation has long been thought to permanently silence genes in the brains (Day and Sweatt, 2011). However, some studies have revealed the existence of active demethylation catalyzed by the TET (ten-eleven translocation) family of enzymes in mammals. This has prompted researchers to rethink how DNA methylation influences neuronal long-term plasticity, both methylation and demethylation, may collaborate to regulate the expression of key genes (Tahiliani et al., 2009; Ito et al., 2011). It should also be noted that these findings are not in contradiction with the heritability of DNA methylation. After several decades of studies, our understanding of DNA methylation has been expanded. DNA methylation formations are relatively conserved in mammals, but the DNA methylation states vary in the various tissues and according to the growth stages and can be directly modulated by environmental stimuli. It is clear that DNA methylation act as an inherited epigenetic marker (Wang et al., 2017). The constitutive DNA methylation can be stably inherited, while the DNA methylation induced by stimuli (including drug) is dynamic. Interestingly, some of these induced DNA methylations

may transfer to inherited, via change the DNA methylation in gamete (Nestler, 2014). In particular, although studies found that DNA methylation in male and female germlines is largely eliminated from the genome during gametogenesis and after fertilization, it is ascertained that the erasure of DNA methylation during two waves of genome-wide reprogramming is not complete (Guibert et al., 2012; Seisenberger et al., 2012; Hackett et al., 2013). The methylation status of cytosine can escape erasure following fertilization with the help of Dnmt1, leading to largely maintained at differentially methylated regions of imprinted genes (Wang et al., 2017).

Particularly, in SUD, like in other psychiatric disorders, DNA methylation patterns seem to display duality: reversibility and heritability, which offers valuable insights into how substance abuse affects individuals and their offspring. Dynamic methylation modification in somatic cells, like the responses in neurons to drug exposure, contrasts with stable modifications found in germ cells, such as imprinted genes. This dual mechanism allows organisms to quickly adjust gene expression in response to abused drugs or related motivation while preserving the integrity of genetic information. Short-term drug exposures may lead to temporary DNA methylation, which can often be reversed by demethylation, restoring the original methylation patterns. However, prolonged drug use may exceed the limits of this homeostasis, resulting in irreversible methylation reprogramming in germ cells. This reprogramming can impact the individual health and may also be passed on to future generations. Interestingly, certain methylation patterns remain highly conserved throughout evolution. For example, the methylation patterns involved in transposon silencing are crucial for maintaining genomic stability. These inherited methylation patterns contribute to genomic stability, while dynamic modifications of DNA methylation enable adaptation to short-term environmental changes. This interplay between stability and dynamism reflects an organism's delicate balance between genetic and environmental influences, highlighting the ongoing relationship between DNA methylation and demethylation.

This review highlights DNA methylation alterations observed in gene promoter regions and other active loci from five perspectives including drug exposure, addiction related memory, withdrawal and relapse, intergenerational inheritance, and cellular specificity, and the discussion focuses on a concise description of DNA methylation and DNA demethylation alterations, particularly in response to cocaine, methamphetamine (METH), and opioids, as observed in human and animal studies (Table 1).

## 2 Epigenetic modification of DNA

DNA methylation is a significant epigenetic marker involved in the life processes of eukaryotes (Zhang et al., 2018). In vertebrates, DNA methylation underlies regulatory mechanisms such as embryonic development and cell reprogramming (Planques et al., 2021). Epigenetic modification of DNA refers to changes in DNA sequences caused by external environmental stimuli without altering the organism's underlying DNA sequence. This includes DNA methylation and DNA demethylation processes. Such modification serves as a signaling system that encodes past experiences and integrates present experiences, and is able to

TABLE 1 Multidimensional profiling of the DNA methylation alterations of target genes induced by major psychoactive drugs.

Different perspectives		Cocaine	References	Opiates	References	Methamphetamine	References
Drug exposure	Acute	PP1C↑	Anier et al., 2010	OPRM1↑	Sandoval-Sierra et al., 2020		
	Chronic	PP1C↑	Anier et al., 2010	OPRM1 ↓	Agulló et al., 2024	CHN2↑	Hao et al., 2017; Nestler, 2013
		Cdkl5↑	Carouge et al., 2010	Netrin-1↑	Shu et al., 2021	SHATI/NAT8L↑	Yuka et al., 2020
		CREM↑	Ajonijebu et al., 2018	HTR1B ↑	Li et al., 2022	BDNF↑	Salehzadeh et al., 2020; Iamjan et al., 2021
		FosB↓	Ajonijebu et al., 2018	Bdnf IV↓	Chao et al., 2016	Crh↓, Avp↓	Jayanthi et al., 2018
		Homer2↓	Ploense et al., 2018			GluA1 ↓, GluA2↓	Jayanthi et al., 2014
Addiction memory	SA	CREB↑	Massart et al., 2015	CaMKK1↓	Chen et al., 2021; Jiang et al., 2021		
	CPP	Cdkl5↑	Bodetto et al., 2013	Arc↓, Dlg1 ↓, Dlg4↓, Syn1 ↓,	Fan et al., 2019; Fan et al., 2019		
		Bdnf IV↓	Tian et al., 2016				
Withdrawal and relapse		Golgb1↑	Alaghband et al., 2016	OPRM1↓	Camerota et al., 2022	Kcna1 ↓, Kcna3 ↓, Kcnn1↓	Jayanthi et al., 2020
		OXTR↑	Souza et al., 2023			SNCA↓	Biagioni et al., 2019
Intergenerational inheritance	Father	Cdkn1a↓	Swinford-Jackson et al., 2022	OPRM1↑	Chorbov et al., 2011		
	Newborn			OPRM1↑	Wachman et al., 2014	HSD11B2↑	Oni-Orisan et al., 2021
Cell specificity	Oligodendrocyte	Sox10↓	Nielsen et al., 2012a				
	Microglia	pri-miR-124a-1↑, pri-miR-124-2↑	Guo et al., 2016				
	Astrocyte	mtDNA↓	Doke et al., 2021				
	GABAergic neurons					PVALB↑	Veerasakul et al., 2017
	Leukocyte			OPRM1↑	Ebrahimi et al., 2018; Doehring et al., 2013		

PP1C, protein phosphatase 1 catalytic subunit gamma; Cdkl5, cyclin-dependent kinase-like 5; CREM, cAMP-responsive element modulator; FosB, FBJ murine osteosarcoma viral oncogene homolog B; Homer2, homer protein homolog 2; CREB, cAMP-response element binding protein; Cdkl5, cyclin-dependent kinase-like 5; Bdnf IV, brain-derived neurotrophic factor (BDNF) transcripts containing exon IV (Bdnf IV); pri-miR-124a-1, primary microRNA 124a-1; Golgb1, golgin B1; OXTR, oxytocin receptor; Cdkn1a, cyclin-dependent kinase inhibitor 1A; Sox10, SRY-box transcription factor 10; mtDNA, mitochondrial DNA; pri-miR-124-2, primary microRNA 124-2; OPRM1,  $\mu$ -opioid receptor gene; Netrin-1, netrin-1; HTR1B, 5-hydroxytryptamine receptor 1B; CaMKK1, calcium/calmodulin-dependent protein kinase kinase 1; Arc, activity-regulated cytoskeleton-associated protein; Dlg1, disks large homolog 1; Dlg4, postsynaptic density protein 95(PSD-95); Syn1, synapsin I; CHN2, chimerin 2; NAT8L, N-acetyltransferase 8-Like; Crh, corticotrophin releasing hormone; Avp, vasopressin; GluA1, glutamate ionotropic receptor AMPA type subunit 1; GluA2, glutamate ionotropic receptor AMPA type subunit 2; Kcna1, potassium voltage-gated channel subfamily A member 1; Kcna3, potassium voltage-gated channel subfamily A member 3; Kcnn1, potassium calcium-activated channel subfamily N member 1; SNCA, alpha-synuclein; HSD11B2, 11 $\beta$ -hydroxysteroid dehydrogenase type 2; PVALB, parvalbumin. ↑ indicates DNA methylation; ↓ indicates DNA demethylation.

regulate gene transcription and thus neuronal function, which in turn affects behaviors.

DNA methylation is facilitated by DNA methyltransferases (DNMTs), which transfer a methyl group of S-adenosylmethionine (SAM) to the fifth carbon atom of cytosine to form 5-methylcytosine (5mC), participating in long-term silencing of genes (Kulis and Esteller, 2010). More than 80% of CpG sites in the human genome are scattered and highly methylated (Morris and Monteggia, 2014). The 0.5–5 kb DNA fragments with CpG dinucleotide clusters in the 60%–70% GC-rich DNA region are designated as CpG islands, which are located in the first exon and promoter of the gene (Takai and Jones, 2003). CpG islands are usually unmethylated and highly conserved, and about 70% of promoters contain CpG islands. CpG island methylation in promoter region regulates gene transcription through multiple mechanisms (Saxonov et al., 2006). For example, the genes transcription is suppressed by blocking the binding of transcription factors (TFs) to the promoter region, or inhibition of transcription by Methylated CpG site-binding proteins to recruit co-inhibitory complexes (Héberlé and Bardet, 2019).

## 2.1 DNA methylation

DNA methylation is catalyzed and maintained by DNMTs. The three main isoforms are DNMT1, DNMT3a and DNMT3b. DNMT3A and DNMT3B are enzymes that establish initial methylation patterns on unmethylated DNA and play an important role in early embryonic development and normal cellular differentiation (Greenberg and Bourc'his, 2019), while DNMT1 is mainly responsible for maintenance of methylation, which means that after one of the DNA strands is methylated, DNMT1 catalyzes the methylation of the other strand. This allows DNMT1 to recognize the methyl group of one of the DNA strands even if it is removed, and to keep the methylation level stable by methylating this site.

DNMT1 replicates methylation patterns from parent DNA strands to progeny strands during DNA replication (Turek-Plewa and Jagodziński, 2005). DNMT1 knockout in mice leads to DNA methylation loss, cell apoptosis, and embryonic death (Moore et al., 2013). Another DNMT, DNMT3L, is expressed only in adult germ cells and early developing thymus. DNMT3L is a non-catalytic protein that combines DNMT3A and DNMT3B with methyltransferase activity. In mice, DNMT3L participates in establishing genomic imprinting, reverse methylation transfer, and X chromosome agglutination between offspring and parents (Aapola et al., 2000; Hata et al., 2002).

Methylation of CpG sites in the promoter can be specifically recognized by methylated CpG binding domains (MBDs), including MBD1-4 and methylated CpG binding protein 2 (MeCP2) (Sadri-Vakili, 2015). MBD contains transcriptional inhibition domains that bind to various repressor complexes to inhibit transcription (Sarraf and Stancheva, 2004). MeCP2 can recruit DNMT1 to semi-methylated DNA to maintain methylation (Sarraf and Stancheva, 2004). MeCP2 also binds to CpG sites and recruits transcription inhibitor complexes, such as DNMTs and histone deacetylases (HDACs), thus inhibiting gene transcription (Sadri-Vakili, 2015).

## 2.2 DNA demethylation

DNA methylation was once thought to be a stable genetic marker that was heritable and could not undergo demethylation. However, a study has shown that both passive and active demethylation can occur. During cell division, passive demethylation is achieved by inhibiting DNMT1 expression or catalytic activity and diluting/reducing the density of methylated cytosine in the genome (Tahiliani et al., 2009). The majority of DNA is passively demethylated during cleavage. Active DNA demethylation is mainly dependent on the TET family (ten-eleven translocation enzymes, TET1/2/3) and thymine-DNA glycosylase (TDG). The TET enzyme oxidizes 5mC and 5-hydroxymethylcytosine (5hmC) to 5-formylcytosine (5fC) and 5-carboxylcytosine (5caC), while TDG is responsible for the selective identification and removal of 5fC and 5caC, restoring them to cytosine by base excision repair.

Studies have suggested that 5-hmC is not only a mediator of DNA demethylation but also functions as a stabilizing marker in epigenetics, playing a crucial role in regulating gene expression (Szulwach et al., 2011; Song et al., 2013; Li et al., 2015). There are three TET enzymes identified in mammals, TET1, TET2, and TET3. TET and its catalytic product 5-hmC are abundant in the brain, and the levels of 5-hmC are rapidly and reversibly altered in genes related to synaptic plasticity and memory, suggesting that TET play a critical role in neural activity, especially memory processing (Sultan et al., 2012; Kaas et al., 2013; Rudenko et al., 2013). Compared to TET1 and TET2, TET3 has higher expression level in the cortex and hippocampus - key brain regions for memory processing, suggesting dissociation among different subtypes of TET (Alagband et al., 2016).

DNA demethylation influences specific memory circuits related to addiction by regulating gene expression which contribute to neuroplasticity. Active DNA demethylation is a result of neuronal activity and TET can decrease methylation levels at memory and synaptic plasticity associated genes (Miller and Sweatt, 2007; Miller et al., 2008; Guo et al., 2011; Li et al., 2013). Specifically, TET1 in the dentate gyrus (DG) enhances the expression of brain-derived neurotrophic factor (BDNF) by inducing DNA demethylation at the BDNF promoters, which in turn supports reward memory retrieval (Sagarkar et al., 2022). Cocaine exposure negatively affects the expression of TET1 in the NAc, resulting in a specific accumulation of 5-hmC in enhancer and gene coding regions. These dynamic modifications are linked to alternative splicing and the reprogramming of gene expression, potentially strengthening and prolonging drug reward memory by influencing the activity of genes associated with synaptic plasticity, such as addiction-related transcription factors and signaling molecules. Furthermore, TET3 was dramatically upregulated after retrieval of cocaine-related memory, and knocking down TET3 in the dorsal hippocampus inhibits the activation of pyramidal neurons and disrupts the reconsolidation of cocaine-related memories (Liu et al., 2018). TET3 knockdown also decreases DNA hydroxymethylation, impairs the dendritic spine density, PSD length, and thickness of neurons, reduces the expression of synaptic plasticity-related genes including Homer1, Cdkn1a, Cdh8, Vamp8, Reln, Bdnf, while surprisingly increases immune-related genes Stat1, B2m, H2-Q7, H2-M2, C3, Cd68. Notably, knockdown of TET3 in NAc activates

microglia and CD39-P2Y12R signaling pathway (Fan et al., 2022). All these findings suggest that DNA demethylation may modulate addiction related brain regions via regulating synaptic plasticity and immune-related signaling pathway.

### 3 Cocaine and epigenetic modification of DNA

Cocaine, a psychostimulant, blocks the monoamine transporters of the plasma membrane because of which dopamine clearance from the synaptic cleft in the brain gets inhibited (Joffe et al., 2014). Hippocampal pyramidal neurons, prefrontal cortex (PFC), striatum, and NAc have exhibited altered DNA methylation patterns in response to cocaine intake (Novikova et al., 2008; LaPlant et al., 2010).

#### 3.1 Drug exposure

Acute cocaine exposure leads to transient changes in the activity or expression levels of DNMTs in PFC and nucleus accumbens (NAc), which may affect the methylation status of specific genes. Acute cocaine administration increases DNA methylation as well as the expression of DNMT3A and DNMT3B in the NAc (Anier et al., 2010). LaPlant et al. (2010) reported that DNMT3A mRNA was up-regulated at 4 h but down-regulated at 24 h after a single cocaine injection. An isoform of DNMT3A, DNMT3A2, was overexpressed in NAc shell but not NAc core in rats, has been reported following acute cocaine administration (Cannella et al., 2018). Cocaine also increased DNA hypermethylation and increased binding of methyl CpG binding protein 2 (MeCP2) at the protein phosphatase-1 catalytic subunit (PP1c) promoter associated with decreased PP1C mRNA levels (Anier et al., 2010). So, increased DNA methylation following acute cocaine is associated with enhanced binding of MeCP2 to specific gene promoters and corresponding decreases in gene transcription (Anier et al., 2010). In addition, although there is relatively little evidence for direct demethylation under acute exposure, it is hypothesized that cocaine may work by affecting the activity or expression of demethylating enzymes. For example, acute cocaine treatment decreases transcript levels of TET1 and TET2 in the NAc in mouse (Anier et al., 2018).

These changes may pave the way for chronic exposure and the development of addiction. With prolonged cocaine exposure, the brain begins to undergo a series of adaptive changes that involve multiple levels of neurotransmitter systems, neural circuits, and epigenetic mechanisms. Chronic cocaine exposure leads to significant alterations in DNA methylation levels, which are often highly correlated with addiction-related behavioral manifestations. A study suggests that chronic exposure to cocaine in rats and mice causes hypermethylation in the striatum and hypomethylation in the PFC (Tian et al., 2012).

Repeated cocaine administration has been shown to alter the transcription of DNMT3a (but not DNMT3b) in the mouse NAc (LaPlant et al., 2010). In contrast, another study found that repeated cocaine injections increased mRNA levels of DNMT1, DNMT3A, and DNMT3B in the NAc (Anier et al., 2018). Additionally, repeated cocaine resulted in DNA hypermethylation

and increased MeCP2 binding to the PP1c promoter, resulting in downregulation of the PP1c gene (Anier et al., 2010), as was seen with Cdk5 (Carouge et al., 2010). Furthermore, in the NAc, which is highly implicated in the motivational aspects of drug-seeking, repeated cocaine injections leads to increases in dendritic branching and dendritic spine formation (Robinson and Kolb, 1999; Dumitriu et al., 2012).

The increase in DNA methylation levels in the NAc and the decrease in DNA methylation levels in the PFC may be related to an attenuation of the reward effect and an enhancement of compulsive medication behavior. Studies conducted outside the NAc have demonstrated that the expression of Dnmt transcription is affected by cocaine exposure in the extended mesocortico-striatal dopamine pathway. In the hippocampus, Dnmt3a expression increases after a brief withdrawal from chronic cocaine injections, while Dnmt3b levels remain elevated for up to 24 h following a single dose (Anier et al., 2010).

Cocaine-associated methylation changes in specific gene promoters can exhibit variations across distinct models and brain regions. In a chronic cocaine exposure mouse model, DNA methylation at the promoter regions of Fosb and Crem (cAMP response element modulator) was significantly reduced in the prefrontal cortex (PFC) compared to controls, whereas methylation levels at the same promoters in the hippocampus (HPC) were significantly elevated, indicating that cocaine induces brain region-specific methylation reprogramming to regulate gene expression (Ajonijeju et al., 2018). Furthermore, in a transgenerational epigenetic model, parental cocaine exposure led to decreased Crem and Fosb promoter methylation in the PFC of progenitor mice, and similar methylation patterns were replicated in the brains of drug-naive offspring (Ajonijeju et al., 2019). These studies collectively suggest that cocaine-associated alterations of DNA methylation are highly precise and controllable, and further studies need to explore the upstream signal pathway that induces DNA methylation in the brain. These mechanisms are largely unknown.

DNA demethylation may also play an important role during the chronic cocaine exposure. By removing methyl groups, demethylation can restore the expression of originally silenced genes, thus participating in the cocaine addiction. TET1, but not TET2 or TET3, has been demonstrated to be downregulated in the NAc following repeated cocaine administration. Further, differential levels of 5-hydroxymethylcytosine were reported at 11,511 regions across autosomes following repeated cocaine exposure (Feng et al., 2015). Studies have investigated DNA hydroxymethylation changes cocaine administration. Increased global levels of 5-hmC were noted after repeated cocaine exposure (Anier et al., 2018). Ploense et al. (2018) found that limited access to cocaine decreased DNA hydroxymethylation within the Homer2 promoter in rats. Cocaine-induced behavioral sensitization is associated with increased expression and activity of DNMTs and decreased expression and activity of TET1 and TET3 in mouse NAc (Anier et al., 2018). These changes are correlated with altered 5-mC and 5-hmC levels at the candidate gene promoter regions. These genes might regulate relapse behavior by affecting the consolidation and extraction of addiction-related memories.

Specific intervention treatments may directly affect DNA methylation processes in cocaine exposure. Systemic administration of the methyl donor SAM modulate the level of cocaine-induced DNA methylation in the NAc (Anier et al., 2013).

After chronically injecting mice with cocaine, [Anier et al. \(2013\)](#) performed an expression microarray study in the NAc, generating lists of significantly up-regulated and down-regulated genes. Interestingly, the authors found that that repeated SAM treatment reversed the hypomethylation of the gene *Gal* but also unexpectedly reduced the hypermethylation of the gene *Slc17a7*. In addition, they observed decreased promoter methylation of the *Dnmt3a* and *Dnmt3b* genes, which coincided with increased expression of these genes. Pharmacologically blocking DNMT activity decreased cocaine-induced PP1c hypermethylation and gene expression changes while delaying the development of cocaine-induced behavioral sensitization while the opposite effect was seen at the immediate early gene ([Anier et al., 2010](#)). Therefore, cocaine does not appear to cause global changes in DNA methylation non-specifically. Instead, specific genes or networks of genes appear to be co-regulated at the level of chromatin following drug exposure.

### 3.2 Addiction-related memory

It is well documented that environmental cues associated with drug use can enter an association with the rewarding effects of drugs, becoming addiction-related memory. DNA methylation may influence the formation and maintenance of addictive memories by modulating the expression of specific genes within the NAc and PFC. In self-administration (SA) models, animals actively acquire cocaine through SA behavior, resulting in the formation of addiction related memories. Cocaine alter DNA methylation patterns in the brain by affecting DNA methyltransferase activity. These alterations involve the regulation of the expression of addiction-related genes, thereby affecting the formation and maintenance of addiction memories. A study found that mice self-administered cocaine showed significant decreases in DNMT1 and DNMT3a mRNAs measure 24h after the last session ([LaPlant et al., 2010](#)). Using rats that self-administered cocaine, [Wright et al. \(2015\)](#) found significant increases of DNMT3A in the NAc but not in the PFC. Of related interest, rats that underwent cocaine SA also exhibited increased MeCP2 expression in the dorsal striatum ([Im et al., 2010](#)). Changes in gene expression following cocaine SA also correlate with increased expression of MeCP2 ([Host et al., 2011](#)). Using genome-wide sequencing, [Baker-Andresen et al. \(2015\)](#) found that rats that self-administered cocaine exhibited 29 differentially methylated regions in a persistent manner in comparison to saline- or passive cocaine-treated animals, with five regions being demethylated and the rest hypermethylated.

A study measured methylation of more than 40 genes of interest by microarray design and detected differential patterns of DNA methylation after cocaine SA using a candidate gene approach. In this study, the authors detected a correlation between increased DNA methylation at specific loci (e.g., CREB) and reduced expression of those genes in response to drug exposures ([Massart et al., 2015](#)). Furthermore, the process of demethylation may be involved in the reversal or abrogation of addiction memories. By removing methyl groups, demethylation can restore or alter the expression patterns of specific genes, thereby attenuating or eliminating addiction memories. In a PFC study, [Fonteneau et al. \(2017\)](#) trained rats to self-administer cocaine, either alone or after intra-ventricular injections of DNMT inhibitors. As was seen

in mice, SA resulted in numerous DMRs, most of which fell within gene bodies and intergenic regions. Interestingly, the DNMT inhibited group also showed more hyper- than hypomethylation in response to cocaine SA, which suggests that, at least in the PFC, cocaine-related hypermethylation is more related to a decreased removal of methylation rather than an addition of methyl groups to new locations.

In the conditioned position preference (CPP) model, passive and involuntary intake of cocaine tends to induce the same effect on the brain reward and memory system. For example, *Cdk5* DNA methylation represses the  $\beta$ - subunit of protein phosphatase-1 (PP1C $\beta$ ) in response to cocaine exposure in the rat brain by induction of MECP2 expression influencing the learning and memory, whereas the  $\alpha$ -subunit of protein phosphatase-1 (PP1C $\alpha$ ) levels remain unchanged ([Bodetto et al., 2013](#)). It has also been suggested that altered levels of DNA methylation in the hippocampus affects the acquisition and recovery of cocaine induced CPP in mice. [Han et al. \(2010\)](#) used 5-aza-2-deoxycytidine (5-aza), to prevent DNMT and examine the effects on the acquisition and retrieval of cocaine induced CPP. They found that inhibiting *Dnmt* in the hippocampus of C57BL/6 mice prior to training impaired their ability to acquire CPP, whereas the same manipulations in the prelimbic cortex prevented the retrieval of the conditioned memory after a 24-h delay. Conversely, systemic injections of the methyl donor L-methionine before and throughout training, reversed the establishment of cocaine CPP ([Tian et al., 2012](#)).

A study of gene-specific methylation changes in the striatum investigated changes at the *Bdnf* locus ([Tian et al., 2016](#)). The authors found an increased expression of a specific isoform of this gene, *Bdnf* transcripts containing exon IV (*Bdnf* IV), in the NAc of mice after CPP training. Notably, this change appears to be specific to CPP itself, as there was no difference in its expression in non-conditioned, cocaine treated animals. After bisulfite sequencing, the authors identified hypomethylation at a single CpG site within the promoter region of *Bdnf* IV that overlapped with the binding site for the C-myb transcription factor. Despite the methylation difference occurring at a single nucleotide, the authors demonstrated increased C-myb binding at the *Bdnf* IV promoter in cocaine-conditioned animals ([Tian et al., 2016](#)). This, along with data suggesting that *Bdnf* overexpression increases cocaine consumption ([Im et al., 2010](#)), provides convincing evidence for a pathway between DNA methylation, neurotrophic signaling, and cocaine-related behaviors in this brain region. In summary, these transcription factors and proteins may affect gene expression activity by binding to DNA methylation or demethylation sites.

### 3.3 Withdrawal and relapse

Repeated drugs use forms drug-related memories and causes long-lasting neural changes in the brain, which contribute to a high risk of relapse even after long-term withdrawal. Altered DNA methylation patterns may persist during withdrawal, leading to cocaine craving and relapse behavior in addicts.

Interestingly, when DNMT3a is knocked down prior to abstinence, the authors observed an increase in cocaine preference during CPP, this suggests that the increase in DNMT3a during

abstinence could serve as a neuroprotective mechanism that counters addiction-related changes in the brain. Roles for DNMT3a during drug abstinence and relapse were investigated utilizing an operant cocaine SA paradigm. In this study, the authors did not identify immediate changes in DNMT3a expression following cocaine SA, but when animals were put through forced abstinence, significant increases in DNMT3a expression were observed beginning 2 days after the last cocaine infusion. These findings raise the possibility that increased DNMT3a activity during withdrawal may serve as an epigenetic mechanism important for potentiating relapse vulnerability. Knockdown of DNMT3a in the NAc was found to significantly reduce rates of cue-induced reinstatement (Cannella et al., 2018), suggesting that DNMT3a overexpression may indeed be a key driver of drug-seeking behaviors. Preference for cocaine was attenuated by pharmacological inhibition using a DNMT inhibitor, RG108 (LaPlant et al., 2010). The persistent induction of DNMT3a after a month of cocaine abstinence could be crucial for understanding molecular susceptibility to relapse and merits further investigation for potential therapeutic interventions. Additionally, it is important to note that different subtypes of DNMTs have distinct roles. Specifically, Dnmt3a2, but not Dnmt3a1 in the NAc is required for relapse in cocaine SA rats (Cannella et al., 2018).

Massart et al. (2015) reported that NAc micro-injections of RG108 or SAM, decrease and increase, respectively, cocaine seeking on abstinence day 30, and that these effects last for up to abstinence day 60. Cannella et al. (2018) extended these findings and examined the role of a specific DNMT isoform in NAc, DNMT3A2, in incubation of cocaine craving. First, they reported that viral knockdown of DNMT3A2 by shRNA in NAc shell during abstinence or prior to cocaine SA decreases cue-induced reinstatement on abstinence day 45. In the latter condition, DNMT3A2 knockdown also decreases cue-induced reinstatement on abstinence day 1 but has no effect on cocaine SA. These data indicate that DNMT3A2 in NAc plays a role in cocaine relapse.

A study utilized methyl-binding protein immunoprecipitation and high-throughput sequencing (MBD-seq) to analyze the methylation patterns in the mouse prefrontal cortex (PFC) after either cocaine SA or injection, followed by periods of acute or prolonged abstinence and a relapse test (Baker-Andresen et al., 2015). They found distinct methylation enrichment patterns for each condition, and differentially methylated regions (DMRs) that were associated with cocaine-seeking after prolonged abstinence. In general, DMRs were enriched in gene bodies and were more methylated in the cocaine group, although there were distinct loci that appeared less methylated. Importantly, only one of their validated DMRs, *Golgb1*, a Golgi-related transport protein, corresponded with changes in the overall gene expression, and both measures were decreased in cocaine animals (Alaghband et al., 2016).

In the PFC, one study found increased *Dnmt3a* mRNA expression and decreased *Dnmt3b* mRNA and protein, shortly after SA training in mice (Tian et al., 2012). In contrast, a study on rats found that following cocaine self-administration, extinction, and cue reinstatement, there were no changes in *Dnmt* expression levels or overall DNA methylation in the PFC (Wright et al., 2015). These data point to a more transient role of DNMT in the PFC, where methylation changes are important during the acquisition phase of drug-seeking behavior, but not during the relapse.

Systemic or whole brain pretreatment with Met methionine is also widely used. Wright et al. (2015) subjected a cohort of animals to systemic methionine injections, followed by 10 days of cocaine SA training, and then 10 days of extinction. Although supplemental methionine had no effect on the establishment or extinction of cocaine-seeking behavior, animals who had received methionine injections exhibited less drug seeking behavior during the cocaine-induced reinstatement trial. Interestingly, this reduction in the reinstatement response was not observed in methionine-treated animals that underwent training for sucrose pellet SA. This finding supports the hypothesis that DNA methylation plays a more significant role in motivation-driven behaviors related to stronger, more rewarding stimuli. Wright et al. (2015) found that daily injections of exogenous L-methionine (MET) 1–2 h prior to all operant sessions decrease cocaine priming-induced reinstatement but not SA, extinction, or cue-induced reinstatement. In addition, a study compared plasma oxytocin and blood DNA methylation in the *OXTR* gene between people with and without cocaine use disorder (CUD). This study found that CUD is associated with higher peripheral oxytocin levels in men during acute abstinence. This finding may be considered in future studies that aim at using exogenous oxytocin as a potential treatment for cocaine addiction (Souza et al., 2023). It is also noted that the cocaine-reinforcing effects are not mediated by DNMT3a2; rather, this enzyme regulates cocaine-cue memories that drive reinstatement to seek cocaine following early abstinence and the incubation of cocaine craving (Cannella et al., 2018).

### 3.4 Intergenerational inheritance

When a father and/or a mother becomes addicted to cocaine, the genetic characteristics of their offspring may also be influenced via DNA methylation, leading to susceptibility to addiction and impaired cognition. The hippocampus of rats exposed to cocaine *in utero* are characterized by altered global patterns of DNA methylation and corresponding changes in gene transcription (Novikova et al., 2008). Specifically, an addicted mother's DNA methylation patterns may be altered, and these alterations may be passed on to her offspring through reproductive cells (such as egg cells), resulting in differences in gene expression in the offspring. Offspring of mothers exposed to cocaine exhibited higher DNA methylation and overexpression of DNMTs (Nielsen et al., 2012b). Novikova et al. (2008) found that maternal cocaine exposure in pregnancy alter the methylation patterns in young pups. The study shows an increase in global methylation in the hippocampal pyramid neurons of the young pups at 30 days postnatal. This is accompanied with an attenuated expression of DNMT1 and DNMT3a, while DNMT3b expression remains the same. They also found a decrease in the global DNA methylation in the same region at 3 days postnatum with no change in the expression of DNMTs.

In addition to presenting a significant health burden to adolescent and adult users, prenatal exposure to cocaine is associated with impairments in brain development and cognitive functioning that may last through the school-age years (Lambert and Bauer, 2012). Prenatal cocaine exposure results in increased anxiety-like behavior and impaired spatial learning in male and female offspring into adulthood (Zhao et al., 2015). However, how

these changes will affect future drug-using behaviors and related neurobiology remains to be further investigated.

Fathers who are addicted to cocaine can influence the genetic characteristics of their offspring through DNA methylation, much like mothers do. Specifically, the DNA in the sperm of addicted fathers may undergo particular methylation changes that are transmitted to their children during fertilization, leading to variations in gene expression. These changes may affect genes related to addiction, withdrawal responses, and cravings. Rodents self-administering cocaine show decreased DNMT1 in the seminiferous tubules (He et al., 2006), indicating that cocaine may also have DNA methylation effects on the male germ line which could be transmitted to subsequent generations. Cocaine SA produces hypomethylation of *Cdkn1a* in sperm and a selective increase in the expression of this gene in the NAc of male offspring, which is associated with blunted cocaine reinforcement (Swinford-Jackson et al., 2022). However, various studies involving paternal cocaine administration have demonstrated enhancement in drug susceptibility and related reward-based behaviors in their offspring through epigenetic processes (Vassoler et al., 2013; White et al., 2016; Wimmer et al., 2017). This transgenerational genetic effect may be related to DNA methylation modifications in sperm. DNA methylation patterns in the sperm of addicted fathers may affect the function and connectivity of addiction-related neural pathways in the brains of their offspring, thereby increasing the risk of addiction in their offspring. Additionally, Paternal voluntary administration of cocaine has demonstrated to cause epigenetic germ line reprogramming with increased mRNA and protein level of Brain-derived neurotrophic factor (BDNF), which was also associated with H3 acetylation at BDNF promoters, in medial PFC of only male offsprings (Vassoler et al., 2013). Similar study with paternal cocaine exposure also indicated hippocampal epigenetic remodeling resulting in NMDA receptor-dependent memory formation and impairments in synaptic plasticity of male offsprings (Wimmer et al., 2017).

The intergenerational effects of cocaine use show that methylation patterns may be transmitted through the preservation mechanisms of gametes, including sperm and eggs. Epigenetic alterations could be transmitted to subsequent generations, in parallel with transgenerational inheritance of high responding to drug reward. Active cocaine-seeking behavior in paternal rats, rather than cocaine intake alone, induces specific changes in the DNA methylation patterns of their sperm. These changes are preserved in the sperm of their offspring (F1) and are linked to alterations in gene expression within addiction-related signaling pathways in the NAc. Specifically, highly motivated cocaine-seeking experiences may create "addiction-like behavioral signatures" through DNA methylation (Le et al., 2017). These modifications may evade the usual genomic reprogramming that occurs during spermatogenesis, allowing them to be selectively retained throughout the process of gametogenesis. Although the contribution of sperm DNA methylation to transcriptomic changes of addiction-related signaling pathways in offspring NAc is not clear, the authors speculate that so-called epigenetic engrams of addiction like behavioral experience in previous generations may induce adaptation of brain functions in offspring to facilitate prompt and favorable adaptive responses on their exposure to cocaine. However, although the available evidence supports the

crucial role of DNA methylation in transgenerational transmission, the specific mechanisms remain to be explored (Riyahi et al., 2024).

### 3.5 Cell specificity

The above-mentioned cocaine related alteration in DNA methylation is cell-specific, meaning that different cell types differ in their DNA methylation patterns. In a landmark study, Heiman et al. (2008) used translating ribosome affinity purification to isolate and transcriptionally profile dopamine receptor class 1 (D1) and class 2 (D2) expressing MSNs from the striatum of cocaine-exposed BAC transgenic mice. After chronic cocaine injections, *Dnmt3a* transcription was specifically induced in D1-MSNs and was accompanied by increased GABAergic activity of these cells in response to cocaine in culture (Heiman et al., 2008). These results emphasize the importance of cell-type specificity, and suggest that the increased methyltransferase expression seen in previous studies of striatal tissue may be occurring in specific subtypes of cells.

Although most methylation studies have been on changes occurring in bulk striatal tissue, there has been a small focus on glial cell specific alterations. Nielsen et al. (2012a) trained rats to self-administer cocaine for 14 days and then examined methylation changes at promoters of white matter-related genes in the corpus callosum. Although they investigated three oligodendrocyte specific genes, including the myelin-integrity-related proteins *Mbp* and *Plp1*, they only found differential methylation at the promoter of the *Sox10* gene, which was significantly less methylated in the cocaine-trained animals after one and 30 days of forced abstinence (Nielsen et al., 2012a). This cell-specific alteration in DNA methylation may be closely related to the pathogenesis of cocaine addiction in humans. Glial cells are an understudied population of cells to investigate cocaine epigenetics, despite their implication in human cocaine-related transcriptional dysregulation (Albertson et al., 2004; Kristiansen et al., 2009). In immortalized microglia from mice, even brief (3 h) exposure to cocaine *in vitro* is followed by a lasting increase in *Dnmt1* and *Dnmt3a* protein expression (Guo et al., 2016). Similarly, moderate doses of cocaine induce *Dnmt1* protein expression in rat primary microglia, and the levels of all three classical *Dnmts* are increased in the microglia of mice after chronic cocaine injections. Guo et al. (2016) used microglial cell lines and FACS sorted microglia from mice to investigate methylation changes at a microRNA gene. Specifically, *mMiR-124* may be involved in suppressing microglial activation in response to neuro inflammation (Veremeyko et al., 2013) and is up-regulated in microglia in response to cocaine exposure (Guo et al., 2016). This expression change is accompanied by large increases in methylation of the *pri-miR-124a-1* and *pri-miR-124-2* gene promoters and supports the theory that DNA methylation plays a regulatory role over other, post-transcriptional regulators, in response to chronic cocaine.

Similar to DNA methylation, the process of demethylation may also be cell-specific. Different cell types differ in the expression and activity of TET, which may result in different sensitivities to the cocaine withdrawal response. A study that employed targeted next-generation bisulfite sequencing (TNGBS) on human astrocytes exposed to cocaine revealed changes in the levels of DNMT1, DNMT3a, DNMT3b, TET1, TET2, and TET3, as well as a reduction

in mitochondrial DNA (mtDNA) methylation levels (Doke et al., 2021).

The expression of *Mecp2* also suggest cell-specific DNA methylation and demethylation. In animals given extended access (6 h per day) to a cocaine-associated lever, the number of *Mecp2* positive cells in the dorsal striatum was significantly increased. But *Mecp2* positive cells tended to co-localize with the neuronal marker NeuN, and were not increased in animals given limited (1 h per day) access to drug SA. These results suggest that cocaine SA, particularly over an extended time period or with a higher cumulative dosage, induces the expression of *Mecp2* and the activation of related neurotrophic and transcriptional pathways in the neurons in the dorsal striatum (Im et al., 2010).

## 4 Opiates and epigenetic modification of DNA

Opioid addiction is a large category of drug use disorders, such as heroin, morphine, and oxycodone, which are usually administered intravenously as painkillers and can cause physical dependence and tolerance, and the addiction mechanism is closely related to DNA methylation.

### 4.1 Drug exposure

There has been little study has revealed the associations between acute opioid exposure and DNA methylation. In a genome-wide DNA methylation study of saliva samples from opioid-naive dental surgery patients, nine out of ten selected CpG sites in the opioid receptor  $\mu$ -1 (*OPRM1*) promoter show elevated methylation in patients approximately 40 days after the surgery following higher doses of morphine treatment (Sandoval-Sierra et al., 2020), suggesting that human *OPRM1* promoter is hypermethylated following acute exposure to opiates.

The effects of chronic opioids on DNA methylation are more complex. Most studies focus on *OPRM1* gene, because bioactive products of opioid, such as morphine,  $\beta$ -endorphin and opioid analgesic medications, mainly target the *OPRM1* (Kreek et al., 2012). Post-mortem brain samples from long-term opioid abusers have been reported to exhibit reduced *OPRM1* expression that was related to altered methylation at a CpG site in the functional SNP variant of the *OPRM1* (118A > G) gene (Oertel et al., 2012). Furthermore, *OPRM1* protein level in the frontal cortex of patients who died of a heroin or methadone overdose was not different to the level observed in control subjects (García-Sevilla et al., 1997). However, another study found decreased level of this receptor in the PFC (Ferrer-Alcón et al., 2004). Recent study found that the patients with opioid use disorder (OUD) showed a significant decrease in *OPRM1* DNA methylation (CpG sites 1-5 selected in the promoter region) in long opioid-treated chronic non-cancer pain, which showed significant gender difference. Significant differences were found at the five CpG sites studied for men, and exclusively in women for CpG site 3, in relation to OUD diagnosis (Agulló et al., 2024). The data collectively indicate that opioids can stimulate DNA methylation of the *OPRM1* gene. These different findings, which were probably due to the different drug types, drug

treatment patterns, and testing tissues or cells, suggest that cell specific modification target DNA methylation is necessary to future clinical use.

In addition to opioid receptor genes, OUD has been associated with DNA methylation of other genes. Although opioid dependence is more prevalent in men, opioid relapse and fatal opioid overdoses have recently increased at a higher rate among women. The first epigenome-wide association study (EWAS) of opioid dependence in European-American (EA) women identified three genome-wide significant differentially methylated CpG sites mapping to the *PARG*, *RERE*, and *CFAP77* genes. These genes are involved in chromatin remodeling, DNA binding, cell survival, and cell projection (Montalvo-Ortiz et al., 2019).

Genome-wide DNA methylation appears to be elevated by long-term heroin use based on higher levels of methylation at LINE-1 retrotransposon sites in blood leukocytes from heroin addicts compared with control subjects (Doehring et al., 2013). An epigenome-wide analysis of DNA methylation in brain samples of individuals who died from acute opioid intoxication and group-matched controls showed that axonal growth-inducing factor *Netrin-1* in the dorsolateral PFC (dlPFC) may be associated with opioid overdose (Shu et al., 2021).

Serotonin (5-HT) is implicated in the reward processes underlying SUD. A study (Li et al., 2022) determined the associations between several single-nucleotide polymorphism (SNPs) in three representative 5-HT receptor genes (*HTR1B*, *HTR2A*, and *HTR3B*) and susceptibility to heroin use disorder. rs6296 in the 5-Hydroxytryptamine Receptor 1B (*HTR1B*) gene was correlated with susceptibility to heroin use disorder. The CpG sites *HTR1B\_07* and *HTR1B\_26* and the promoter region of the *HTR1B* gene were hypermethylated in patients with heroin use disorder. Notably, rs6296 correlated in an allele-specific manner with methylation in the *HTR1B* gene promoter in the blood and gene expression of the *HTR1B* gene in the frontal cortex and hypothalamus. Collectively, SNP rs6296 is associated with OUD by involving mechanisms of DNA methylation and expression of the *HTR1B* gene.

Because of its importance in opiate-induced plasticity and reward activity, the expression level and DNA methylation of *BDNF* have been widely studied. A study showed a higher methylation and therefore a 35% reduction of *BDNF* serum levels in patients taking methadone as maintenance treatment when compared with healthy volunteers or patients with medicalized heroin (Schuster et al., 2017). Another study found that repeated morphine administration induces selective demethylation of *Bdnf* exon IV promoter and increase of *BDNF* expression in dorsal root ganglion neurons (Chao et al., 2016).

Although chronic morphine or heroin administration with stable or escalating doses did not alter whole-brain DNA methylation (Fragou et al., 2013; Chao et al., 2014). One study identified several changes to global or promoter-specific 5mC and 5hmC levels across multiple brain regions following chronic morphine exposure in rats (Kenny, 2014). Whether these changes have functional consequences at the level of gene expression or behavior remains to be determined. In conclusion, opioid exposure can affect DNA methylation levels, and this effect can be realized through both opioid receptor pathways and non-opioid receptor pathways.

## 4.2 Addiction related memory

DNA methylation and demethylation in brain regions such as hippocampal CA1 and amygdala plays an important role in opioid addiction related memory. In the SA model, animals obtain opioids through SA behavior and gradually develop drug dependence and addiction memory. A previous study from our lab has demonstrated a key role for DNMT3a in the acquisition of morphine SA in rats. The expression of DNMT3a in the CA1 but not in the NAc shell was significantly up-regulated after 1- and 7-day morphine SA but not after the yoked morphine injection. Meantime, saccharin SA did not affect the expression of DNMT3a or DNMT3b. DNMT inhibitor 5-aza or RG108 microinjected into the hippocampal CA1 or knockdown of DNMT3a significantly attenuated the acquisition of morphine SA (Liu et al., 2016). We also showed that 1 day of morphine SA training upregulated TET3 but not TET1 expression in the hippocampal CA1. With 7 days of morphine SA training, the expression of TET3 in the CA1 returned to the baseline level, while the TET1 expression was downregulated. No change of TET1 and TET3 in the NAc shell was observed in morphine SA trained rats, or in the yoked morphine rats, or in rats trained for saccharin SA. Furthermore, we found that knocking down TET3 expression in the CA1 accelerated the acquisition of morphine SA, while overexpression of the catalytic domain of TET1 in the CA1 attenuated the acquisition (Zhang et al., 2020). So DNMT may inhibit the expression of certain genes by promoting DNA methylation, while TET enzymes may activate the expression of these genes by demethylation. This mutually antagonistic mechanism of action may play an important role in opioid use disorder. Together, these findings suggest that the balance between DNA methylation and demethylation, rather than DNA methylation itself, in the CA1 are important epigenetic modulators involved in the morphine-seeking behavior and provide a new strategy in the treatment of opioid addiction (Figure 1).

Another study in our lab found that DNA hypermethylation of Gnas in the BLA but not in the NAc is necessary for the reconsolidation of morphine reward memories (Liu et al., 2022). Furthermore, Neither morphine treatment nor heroin SA altered DNA methylation in the mesocorticolimbic dopamine system of rodents (Bourtchouladze et al., 2006; MacDonald et al., 2007), which contrasts with evidence that cocaine alters global DNA methylation in the PFC and NAc (Auber et al., 2013).

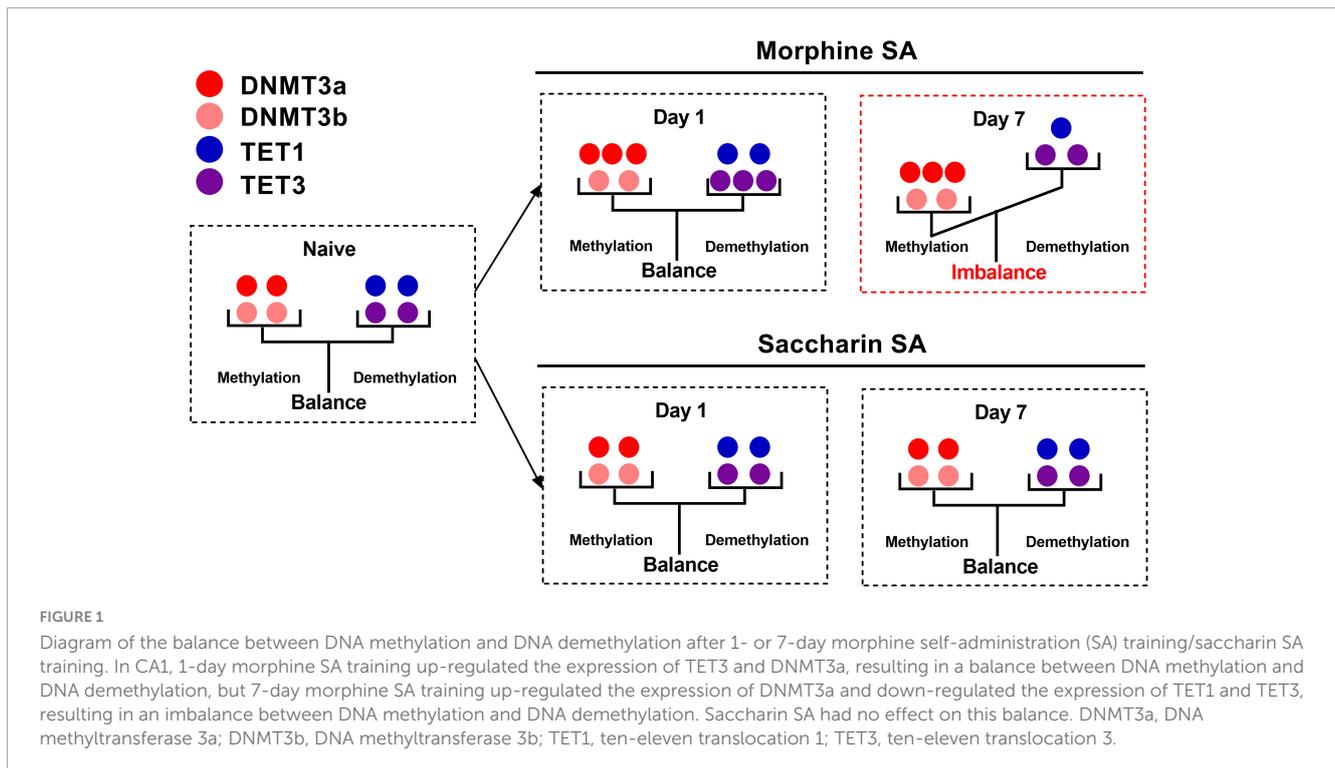
Interestingly, DNMT3a is degraded by the E2 ubiquitin-conjugating enzyme Ube2b-mediated ubiquitination in dorsal hippocampus of rats that repeatedly self-administrated heroin. DNMT3a degradation leads to demethylation in calcium/calmodulin-dependent kinase kinase 1 (CAMKK1) gene promoter, thereby facilitating CaMKK1 expression and consequent activation of its downstream target CaMKI $\alpha$ . CaMKK1/CaMKI $\alpha$  signaling regulates actin cytoskeleton remodeling in the dorsal hippocampus and behavioral plasticity by activation of Rac1 via acting Rac guanine-nucleotide-exchange factor  $\beta$ PIX. These data suggest that Ube2b-dependent degradation of DNMT3a relieves a transcriptional brake on CaMKK1 gene and thus activates CaMKK1/CaMKI $\alpha$ / $\beta$ PIX/Rac1 cascade, leading to drug use-induced actin polymerization and behavior plasticity (Chen et al., 2021; Jiang et al., 2021).

Conditioned positional favoritism is another commonly used model for studying addictive reward memory. Injection of a 5-aza into CA1 significantly attenuated morphine-induced CPP consolidation, acquisition, and recovery in rats, and inhibition of DNA methylation in the PL region enhanced mCPP retrieval. All these behavioral effects were absent when OA was infused before 5-aza injection. These findings suggest that 5-aza interfere opiate-related memory, and protein phosphatase plays an important role in this process (Zhang et al., 2014). In another study, using the morphine-naloxone induced conditioned place aversion (CPA) model in rats, we injected 5-aza into agranular insular (AI), granular insular (GI), basolateral amygdala (BLA) and central amygdala (CeA) immediately after the memory retrieval. We found that 5-aza injection into AI and BLA but not into GI or CeA attenuated or disrupted the reconsolidation of morphine-associated withdrawal memory.

In addition, a study explored the mechanism of Oxycodone (Oxy) addiction and the role of Oxytocin (OT) in Oxy-induced epigenetic alterations. Oxy chronic exposure induced DNA hypomethylation at the exons of the Arc, Dlg1, Dlg4, and Syn1 genes. It also down-regulated DNMT1 and up-regulated TET1-3, leading to a decrease in global 5-mC levels and differential demethylation at exon 1 of Synaptophysin (Syn) and exon 2 of post-synaptic density protein 95 (Psd95). These changes elevated the expression of synaptic proteins (SYN, PSD95) and synaptic density in the VTA. Moreover, pretreatment with OT (i.c.v.) blocked Oxy CPP, normalized synaptic density, and regulated DNMT1 and TET2-3 causing reverse of DNA demethylation of Syn and Psd95 (Fan et al., 2019). Intracerebroventricular (ICV) administration of oxytocin specifically blocked oxycodone relapse, possibly by inhibition of Arc, Dlg1, Dlg4, and Syn1 hypomethylation in oxycodone-treated rats. Together, these data indicate the occurrence of epigenetic changes in the hippocampus following oxycodone relapse and the potential role of oxytocin in oxycodone addiction (Fan et al., 2021). In summary, there is a close relationship between opioid use disorders in terms of addiction memories and DNA methylation, which may modulate the formation, consolidation and reconsolidation of addiction memories.

## 4.3 Withdrawal and relapse

Opioid withdrawal induced neuroadaptive changes may lead to alterations in DNA methylation status, which further affect gene expression, thereby exacerbating the onset of withdrawal symptoms and increasing the risk of relapse. For instance, morphine treatment of neonatal abstinence syndrome (NAS) is associated with decreased DNA methylation at 1 of 4 CpG sites within the OPRM1 gene (Camerota et al., 2022). Chronic morphine exposure induces alterations in the redox state of neuron and decreases in DNA methylation levels, and the combined use of D-cysteine ethyl ester (D-CYSee) and betaine is effective in attenuating the morphine withdrawal response in rats (McDonough et al., 2024). Oxycodone relapse was also related to markedly decreased 5-mC levels and decreased transcription of Dnmt1, Dnmt3a, and Dnmt3b; in contrast, 5-hmC levels and the transcription of Tet1 and Tet3 were increased (Fan et al., 2021). Therefore,



understanding the altered DNA methylation status during opioid withdrawal and its relationship with gene expression is critical to unraveling the neurobiological mechanisms of drug addiction, predicting the severity of withdrawal symptoms, and developing effective intervention strategies.

#### 4.4 Intergenerational inheritance

Opioid abuse during pregnancy may result in Neonatal Opioid Withdrawal Syndrome (NOWS). Children with NOWS have abnormal DNA methylation patterns. A genome-wide methylation analyses of 96 placental tissue samples provides strong association between DNA methylation dysregulation of placental tissue and NOWS development (Radhakrishna et al., 2021). Another study assessed relationships between placental DNA methylation with *in utero* opioid exposure and NOWS severity. They found that lower placental ABCB1 methylation was associated with severe NOWS. Higher placental CYP19A1 methylation correlated with higher umbilical cord norbuprenorphine levels (Townsel et al., 2024). Disruption of DNA methylation patterns in CYP genes play a role in NOWS and serve as a biomarker for future avenues of personalized therapy. Cytochrome P450 (CYP) enzymes play a pivotal role in metabolizing a wide range of substances in the human body, including opioids, other drugs, toxins, and endogenous compounds. The study identified 20 significantly differentially methylated CpG sites associated with 17 distinct CYP genes, with 14 CpGs showing reduced methylation across 14 CYP genes, while 8 exhibited hypermethylation, and 5 genes exhibited both increased and decreased methylation. These genes are crucial for metabolizing eicosanoids, fatty acids, drugs, and diverse substances. This suggests that disruption of DNA methylation patterns in CYP transcripts might play a role in NOWS and may

serve as valuable biomarkers, suggesting a future pathway for personalized treatment. Further research is needed to confirm these findings and explore their potential for diagnosis and treatment (Radhakrishna et al., 2024).

A pilot study comparing cord blood samples from full-term infants of methadone maintenance treatment opioid-dependent (MMOD) mothers with those of untreated opioid naïve mothers analyzed genome-wide DNA methylation differences. A total of 152 differentially methylated sites were identified, of which 90 were hypermethylated (involving 59 annotated genes) and 62 were hypomethylated (involving 38 annotated genes). These DNA methylation changes involved multiple genes, pathways, and networks, including in the areas of cell growth, neural development, vision, and xenobiotic metabolic functions. Furthermore, following opioid exposure, hypermethylation within the OPRM1 promoter is repeatedly observed in infant's cord blood or saliva with neonatal abstinence syndrome, suggesting the likelihood of OPRM1 gene suppression in the offspring (Wachman et al., 2014). Interestingly, elevated DNA methylation at the OPRM1 promoter is also reported in the spermatozoa of humans with a history of opioid use, suggesting an intergenerational epigenetic inheritance of chronic opioid-induced DNA hypermethylation (Chorbov et al., 2011). Hence, both parental and *in- utero* opioid exposures affects the methylation patterns in offspring, which may influence their overall drug sensitivity and behavior and can lead to predisposition to addiction (Trivedi et al., 2014).

#### 4.5 Cell specificity

Cell-specific DNA methylation plays a crucial role in modulating cell functions and is often disrupted in SUD. In sensory neurons, cell and exon-specific DNA hypomethylation permits

CTCF binding is the master regulator of mammalian chromatin structure, this regulation subsequently influences cell-specific alternative splicing of the presynaptic calcium channel gene, *Cacna1b*, impacting opioid sensitivity (Cunha-Oliveira et al., 2013). Another study generated genome-wide transcriptomic and DNA methylation profiles of OUD subjects and non-psychiatric controls and found that the DNA methylation in astrocyte and glial cell may involve in OUD. They found 6 OUD-associated co-expression gene modules and 6 co-methylation modules. Genes in these modules are involved in astrocyte and glial cell differentiation, gliogenesis, response to organic substance, and response to cytokine (Liu et al., 2021).

The alteration in DNA methylation is observed in both intracerebral (brain) and peripheral tissues. In the peripheral tissue, patients with a prior history of heroin use and that were on methadone maintenance treatment show increased methylation at two CpG-rich islands in peripheral lymphocytes. The methylated sites are located at the predicted Sp1 transcription factor-binding sites and may prevent Sp1 and other transcriptional activators from accessing the locus, resulting in a low expression of *OPRM1* as noted in the lymphocytes of these patients (Nielsen et al., 2009). Genomic DNA was used for analysis of DNA methylation in the region 1 (R1) and region 2 (R2) of the *OPRM1* promoter. The leukocytes of the group comprising males with opium use disorder demonstrated hypermethylation in the R2 of the *OPRM1* promoter, which showed that altered DNA methylation status increase the risk of opioid abuse in patients (Ebrahimi et al., 2018). Similarly, increased DNA methylation is also reported at an additional CpG-rich island of the *OPRM1* promoter in leukocytes of prior opiate users; but DNA methylation at this site does not induce a change in the transcriptional level of *OPRM1* (Doehring et al., 2013).

## 5 Methamphetamine and epigenetic modification of DNA

Methamphetamine (METH) is an addictive psychostimulant drug that acts on the central nervous system (CNS). It is commonly used as a recreational drug and sometimes to treat obesity and attention-deficit hyperactivity disorder. METH is one of the most widely distributed psychostimulants worldwide. Despite active counter measures taken by different countries, neither overall usage of METH nor the frequency of repeat users has reduced over the past decade. METH induces abuse and dependence as it acts on the central nervous system and temporarily stimulates the brain. The recidivism rate for abuse of stimulants is very high and therefore prevention of repeated usage is paramount (Yuka et al., 2020).

### 5.1 Drug exposure

Long-term METH drug use produces adaptive changes in the central nervous system, including imbalances in neurotransmitter systems and abnormalities in reward circuits. These alterations are often closely associated with persistent changes in DNA methylation levels. Fisher 344 rats exhibited increased striatal DNMT1 expression after both acute and repeated injections of

METH, whereas Lewis rats showed reduced DNMT1 expression. Interestingly, they also reported increased DNMT1 expression in the NAC of Fisher rats but not in the Lewis rats (Numachi et al., 2007). Moreover, METH increased the expression of the DNMT1 (Numachi et al., 2007; Jayanthi et al., 2014).

A study showed that following the binge METH treatment in rats, methylation of CpG-2 significantly decreased, whereas chronic METH treatment resulted in hypermethylation of the same site (Moszczynska et al., 2017). Chronic METH exposure may also lead to stable changes in DNA methylation patterns, so-called “epigenetic imprints”, which may persist after withdrawal and affect an individual’s behavioral and cognitive functioning. Enzyme-linked immunosorbent assay (ELISA)—based DNA methylation determination found increased 5-mC levels in the pCTX after chronic METH exposure (González et al., 2018). In addition, detection of DNA methylation levels by methylight qPCR in male METH addicts revealed significant correlation between the methylation levels of chimerin 2 (*CHN2*) and METH dependence (Hao et al., 2017). *CHN2* is a protein involved in remodeling of the actin cytoskeleton and hippocampal axonal pruning (Riccomagno et al., 2012). This suggests that prolonged abuse of METH induces abnormal methylation of *CHN2* gene that interferes in actin skeleton remodeling leading to irregular formation of neurites and growth cones that is considered crucial to maintaining long-lasting addictive behaviors (Nestler, 2013). Interestingly, a research group (Yuka et al., 2020) has recently identified the gene *Shati/Nat8L* as a medical marker for MUD diagnosis according to pre-clinical studies (Niwa et al., 2007; Uno et al., 2017; Haddar et al., 2020). This research reported that the ratio of DNA methylation in *SHATI/NAT8L* was significantly higher at six CpG sites in METH users when compared to healthy subjects (Yuka et al., 2020).

BDNF plays key roles in neuronal protection and synaptic plasticity. Changes in BDNF are associated with various pathological conditions, including METH addiction and is implicated in psychiatric conditions reminiscent of those suffered by METH-abusers. PFC is involved in METH addiction and in mental disorders similar to those triggered by METH. A study has shown that unbalanced BDNF level and methylation of its CpG island in the PFC may have crucial roles in the complications of METH abuse (Salehzadeh et al., 2020). BDNF methylation is abnormal in human METH dependence, especially METH-dependent psychosis, and in METH-administered rats. This may influence BDNF expression and contribute to the neurotoxic effects of METH exposure (Iamjan et al., 2021). Hippocampal CA1 BDNF protein was significantly increased in the escalating dose (ED)-binge rats, while other hippocampal regions and frontal cortex were not significantly affected. Meth-administered animals also demonstrated deficits in Novel object recognition (NOR) after 24 h delay. No significant effect of the additional binge dose on BDNF protein or NOR findings was apparent. The hippocampal BDNF increase may reflect an initial increase in a protective factor produced in response to elevated glutamate release resulting in neurodegenerative excitotoxicity (Iamjan et al., 2024).

Chronic METH exposure may also affect the DNA demethylation, leading to aberrant maintenance of the DNA methylation state. A study found that METH-induced increased TET1 and TET3 levels in the NAC. METH increased TET1 binding at the corticotrophin releasing hormone (*Crh*) promoter and increased TET3 binding at vasopressin (*Avp*) intragenic

regions, the TET inhibitor, 1,5-isoquinolinediol (IQD), blocked the change of Crh and Avp mRNA levels (Jayanthi et al., 2018), these suggested TET-induced DNA hydroxymethylation in the NAc is an important driver of the effects of METH. In contrast, increasing doses of METH over a period of 2 weeks led to decreased enrichment of 5-hmC at the promoter regions of striatal AMPA glutamate receptors in rats (Jayanthi et al., 2014). Methylated DNA immunoprecipitation and hydroxymethylated DNA immunoprecipitation-polymerase chain reaction also revealed that chronic METH was associated with decreased enrichment of 5-mC and 5-hmC at GluA1 and GluA2 promoter sequences. These results indicate that comparable changes in DNA methylation and hydroxymethylation can occur in METH use disorder. The relevance of these changes in behavioral responses to the drug will require specific genetic manipulations of the enzymes involved in catalyzing each reaction in the brain.

In response to the DNA methylation and demethylation mechanisms of METH addiction, researchers are also exploring a variety of interventional treatment strategies to enhance or inhibit the effects of these mechanisms. For example, some drugs may be able to inhibit the activity of DNMTs, thereby decreasing the level of DNA methylation and thus reversing the gene expression alterations associated with METH addiction. Other drugs may restore normal gene expression by facilitating the demethylation process. A research team tested the role of TET enzymes in METH-induced changes in gene expression by using the TET inhibitor, 1,5-isoquinolinediol (IQD), and found that IQD blocked METH-induced increases in Crh and Avp mRNA expression (Lukowiak et al., 2014).

## 5.2 Addiction related memory

Cadet et al. (2019) have found that METH pretreatment enhances METH SA, which is accompanied by increased DNA methylation at the DNA sequences of several potassium channels genes. METH pretreatment caused enhancement of escalated METH SA and down-regulated mRNA and protein expression of voltage-gated K<sup>+</sup> channels (Kcna1, Kcna3, and Kcnn1). The epigenetic mechanisms underlying the transcriptional alterations observed may be due to increased DNA methylation at the CpG-rich sites on their promoter sequences (Jayanthi et al., 2020).

Oxytocin(OT) plays a central role in learning and memory, but little is known of the impact of OT on METH-induced abnormal memory. However, it has been suggested that OT is involved in the formation and maintenance of addiction memories by influencing neuronal activity and synaptic plasticity. These processes may interact with DNA methylation and demethylation mechanisms to co-regulate addiction memory. Fan et al. (2020) found the role of OT in METH-induced epigenetic alterations that underlie spatial and cognitive memory changes. METH enhanced spatial memory, decreased synapse length, downregulated DNMT1, DNMT3A, DNMT3B, and MECP2, and induced DNA hypomethylation at the Syn promoter in Hip. In contrast, METH reduced cognitive memory, increased synapse thickness, upregulated DNMT1, DNMT3A, and MECP2, and induced DNA hypermethylation at the Syn promoter in PFC. OT pretreatment specifically ameliorated METH-induced learning and memory alterations, normalized

synapse structures, and regulated DNMTs and MECP2 to reverse the DNA methylation status changes at the Syn promoter in Hip and PFC. So, DNA methylation may be an important gene regulatory mechanism underlying METH-induced learning and memory alterations. OT can potentially be used to specifically manipulate METH-related memory changes (Fan et al., 2020).

## 5.3 Withdrawal and relapse

The DNA methylation and demethylation in METH withdrawal and relapse involves the NAc, striatum, and interpeduncular nucleus. Altered DNA methylation status in these brain regions may affect the expression of addiction-related genes and neuronal activity, thereby modulating addictive behaviors and the tendency to relapse after withdrawal. Studies have shown that METH addiction is associated with changes in DNA methylation and demethylation of potassium ion channels in the NAc. Because compulsive METH takers and METH-abstinent rats show differences in potassium (K<sup>+</sup>) channel mRNA levels in their NAc, A study explored that if K<sup>+</sup> channel expression might also help to distinguish between a single saline injection followed by METH SA (SM) and a single METH injection followed by METH SA (MM) groups. The authors found increases in mRNA and protein expression of shaker-related voltage-gated K<sup>+</sup> channels (Kv1: Kcna1, Kcna3, and Kcna6) and calcium-activated K<sup>+</sup> channels (Kcnn1) in the SM compared to MM rats, SM rats also showed decreased DNA methylation at the CpG-rich sites near the promoter region of Kcna1, Kcna3 and Kcnn1 genes than the other MM rats (Jayanthi et al., 2020).

In order to further test the role of DNA hydroxymethylation in METH use disorder, Cadet et al. (2017) distinguish rats into non-addicted from addicted rats in the presence of adverse consequences represented by contingent foot shocks. They reported that there were differentially hydroxy methylated regions in genes encoding voltage (Kv1.1, Kv1.2, Kvb1, and Kv2.2)- and calcium (Kcnma1, Kcnn1, and Kcnn2)-gated potassium channels observed in the NAc of non-addicted rats, with these changes being associated with increased mRNA levels of these potassium channels in comparison to compulsive and control rats (Cadet et al., 2017). Thus, changes in differentially hydroxymethylated regions and increased expression of specific potassium channels in the brain may suppress METH-taking behaviors in the presence of adverse consequences. These observations support the idea of using potassium channel activators to treat METH use disorder in humans (McCoy et al., 2021).

The striatum is an important region of the brain associated with motor control and reward systems. In METH addiction, the DNA methylation status of the striatum may also be altered. DNA methylation regulates the potential for astrocyte to neuronal differentiation in striatal brain regions, which may be related to changes in neuroplasticity following METH addiction. In addition, altered DNA methylation status in the striatum may also affect the functioning of the reward system, thereby modulating addictive behaviors and the tendency to relapse after withdrawal. A study analyzes the persistence of Meth-induced striatal synucleinopathy at a prolonged time interval of Meth

withdrawal found that exposure to high and/or prolonged doses of METH, apart from producing nigro-striatal toxicity, determines a long-lasting increase in striatal alpha-synuclein levels. Moreover, the persistently demethylation within alpha-synuclein gene (SNCA) promoter matches the increase in alpha-synuclein protein. The demethylation was remarkable (ten-fold of controls) and steady, even at prolonged time intervals being tested so far (up to 21 days of METH withdrawal). Similarly alpha-synuclein protein assayed stoichiometrically steadily increased roughly ten-fold of controls. Therefore, METH persistently increases alpha-synuclein and suppresses gene promoter methylation within striatal neurons (Biagioni et al., 2019).

## 5.4 Intergenerational inheritance

One of the significant METH-related public health consequences concerns the long-term effects of METH on brain development and associated behaviors in children born to addicted mothers. There are several findings that show multi-generational effects in the offspring of pregnant rodents exposed to METH during the gestational period. Prenatal METH exposure in a rat model demonstrated METH-induced behavioral sensitization and NAc DNA methylation changes in male offspring. Altered DNA methylation in the NAc was associated with 86 annotated genes functionally enriched in the pathways of neurodevelopment and addiction, including Kirrel3, Lappic and Peg3 (Dong et al., 2022). A longitudinal study in children with *in utero* exposure to METH found increased DNA methylation at the CpG2 site of HSD11B2, a stress-related gene (Oni-Orisan et al., 2021). METH-addicted mothers may pass the drug or its metabolites to the fetus or infant through the placenta or breast milk, thereby affecting their DNA methylation patterns. On the other hand, the genetic characteristics of the father and environmental factors may also influence the gene expression of the child through DNA methylation patterns in the sperm. However, the influence of fathers on the DNA methylation patterns of their children may be more complex and indirect than that of mothers. In a recent study, the METH exposure obviously altered F0 sperms DNA methylated profile and male F1 mPFC transcriptomic profile, many of which being related to neuronal system and brain development. In METH-sired male F1, subthreshold dose of METH administration effectively elicited CPP, along with more mPFC activation. After qPCR verification, Sort1 and Shank2 were at higher levels in F0 sperm and F1 mPFC. Their findings put new insights into paternal METH exposure-altered profiles of F0 sperm DNA methylation and male F1 mPFC transcriptomics. Sort1 and Shank2 might be used as potential molecules for further research on the transgenerational vulnerability to drug addiction in offspring by paternal drug exposure (Li et al., 2024).

Genetic traits of both parents and environmental factors combine to influence the DNA methylation patterns of their children. In rodent studies, several lines of evidence suggest differences in DNA methylation in the hippocampus of the offspring of male and female mice exposed to MA. Itzhak et al. (2015) exposed male and female mice to increasing doses of

METH right from adolescence to adulthood, and the female mice were continuously given METH through the gestation. They found that the offspring showed METH induced differentially methylated regions (DMRs) throughout the hippocampal region (Itzhak et al., 2015). Interestingly, hippocampal DNA methylation studies revealed that there were significant differentially methylated regions consequent to *in utero* METH exposure. These data are consistent with the idea that METH-taking during pregnancy may cause substantial alterations in epigenetic markers during brain development (Salinas et al., 2020; Vissers et al., 2020). The authors showed male offspring with prenatal parental METH exposure had increased cocaine-induced conditioned place preference testing and hyperactivity. Hippocampal DNA methylation analysis focused on differentially methylated promoter regions and identified 62 elevated and 35 reduced promoter regions with DNA methylation following prenatal METH exposure (Itzhak et al., 2015). So, the deleterious effects of METH exposure extend beyond abusers, and may potentially impact the vulnerability of their offspring in developing addictive behaviors.

## 5.5 Cell specificity

Of particular interest in exploring the mechanism of action of DNA methylation in METH addiction is its specific effects in different cell types. In one study, a positive impact intervention implemented for a targeted minority of men with AIDS, aimed at changing their METH-using behavior, observed significant changes in leukocyte DNA methylation, suggesting that DNA methylation may be an important biological mechanism by which interventions influence drug abuse behavior (Carrico et al., 2024). Of particular importance, METH has also been found to consistently increase the level of  $\alpha$ -synuclein in striatal neurons and inhibit the methylation of the promoters of related genes (Biagioni et al., 2019), which not only reveals the direct impairment of neuronal function by the drug, but also underscores the central role of DNA methylation in neuronal cell-specific responses. Thus, the mechanism of DNA methylation action in METH addiction exhibits complex and specific patterns in different cell types, providing an important perspective for understanding the biological basis of drug addiction and developing effective intervention strategies.

In METH addiction, the DNA methylation of the interpeduncular nucleus may also be altered. Long-term METH withdrawal induces anxiety-like behaviors accompanied by hyperactivation of gamma-aminobutyric acid (GABA)-ergic neurons in the interpeduncular nucleus, and that this activation may be related to DNA methylation or demethylation. The parvalbumin (PV)-containing subgroup of GABAergic neurons is particularly affected in schizophrenia and METH-induced psychosis. There is one study investigated whether METH dependence and psychosis may involve an effect on DNA methylation of the parvalbumin (PVALB) promoter. A significant increase in PVALB methylation was observed in METH dependence and METH-induced psychosis. These results demonstrate a specific association between elevated PVALB methylation and METH-induced psychosis. This finding may contribute to the GABAergic deficits associated with METH dependence (Veerasakul et al., 2017).

## 6 Discussion

Epigenetic modifications in response to drugs of abuse is emerging as a promising field in studying the alteration of DNA methylation patterns in specific gene promoter sites as well as the whole genome. There is a growing body of evidence suggesting the significance of DNA methylation in drug dependence. Our partial answer in this paper to the effect of drug abuse on methylation levels and regulation of gene expression of specific genes at different aspects contributes to a further understanding of epigenetic mechanisms, thus opening up new areas for therapeutic and investigative research.

The DNA methylation that occurs in specific brain regions and cell types can affect the function of these brain regions or cells by regulating the expression levels of crucial genes, ultimately leading to changes in addictive behavior. Cocaine-primed reinstatement induced upregulation of the immediate early gene *c-Fos* in the NAc and mPFC and reduced methylation at CpG dinucleotides in the *c-Fos* gene promoter (Wright et al., 2015), suggesting that drug-seeking behaviors are, in part, attributable to a DNA methylation-dependent neuronal activation process, likely occurring at specific gene loci (e.g., *c-Fos*) in the reward pathway. The DNA methylation can also mediate addictive behavior via an indirect way. Previous studies have demonstrated that cocaine exposure increased DNA methylation of miR-124 promoter, resulting into decreased microglial miR-124 levels as well as microglial activation, leading to the production and release of pro-inflammatory factors, including TNF $\alpha$ , IL-6, and CCL2 (Yao et al., 2010; Guo et al., 2015; Liao et al., 2016). On the other hand, pro-inflammatory cytokines have been demonstrated to be involved in drug addiction. For example, methamphetamine increased the mRNA levels of IL-6 and TNF $\alpha$  in the striatum and hippocampus (Gonçalves et al., 2008; Wisor et al., 2011), and TLR4 knockout mice showed decreased cocaine-induced CPP and SA (Northcutt et al., 2015). These findings suggest that the DNA methylation in microglia may mediate SUD via microglial activation, which add further validity to the SUD-mediated neuroinflammation theory.

Neuronal ensembles may exemplify an intersection between cell-specific DNA methylation dynamics and addiction susceptibility. Drugs of abuse have been shown to promote the formation of neuronal ensembles in rodent brain (e.g., NAc, amygdala, and cortex), and their synchronous activation facilitates stimuli-specific behavioral plasticity and memory retrieval (Cruz et al., 2013; de Guglielmo et al., 2016; Nawarawong and Olsen, 2020; Sun et al., 2020). A recent study also found that DNA methylation affected neuronal ensemble formation. Dnmt3a over-expression in mouse hippocampal ensembles enhanced the retrieval of memories in fear-conditioned mice, and its over-expression induced hypermethylation at synaptic plasticity genes in recently-activated cultured hippocampal neurons (Karaca et al., 2020). The contribution of DNA methylation to neural plasticity in neuronal ensembles will likely give rise to characterize addiction. This may represent a functional connection between cell type-specific DNA modifications and addiction susceptibility.

There may be significant differences in DNA methylation patterns in different brain regions and cell types in the SUDs. Previous studies have focused primarily on brain region-specific explorations. However, brain regions contain multiple cell

types, and it remains an open question as to which cell types DNA methylation occurs in and how it occurs. Additionally, DNA methylation assays are becoming more accurate and affordable and can be used on various tissue types and species. Due to the rapid development of technology in recent years, such as Single-Cell Sequencing (SCS), Mass Spectrometry Flow Cytometry (CyTOF), Near Infrared Spectroscopy (fNIRS), Gas Chromatography-Mass Spectrometry (GC-MS), High-Performance Liquid Chromatography (HPLC) and MethyLasso (Balaramane et al., 2024), it is expected that we can accurately identify which specific cell within the brain region has undergone DNA methylation changes, thus further revealing the mechanism of DNA methylation in the SUDs.

The central nervous system has a high metabolic rate because neurons need an enormous amount of energy for maintenance of ionic gradients across the cell membrane and for neurotransmission and synaptic plasticity (Kann and Kovács, 2007). Synaptic transmission requires mitochondrial ATP generation that greatly depends on mitochondrial function and oxygen supply. It is suggested that mtDNA changes and mitochondrial dysfunction may affect neurotransmission (Streck et al., 1999) and are actively involved in the process of drug addiction (Feng et al., 2013). Feng et al. (2013) has demonstrated that chronic morphine exposure decreased mtDNA copy number in the rat hippocampus. This study also found that heroin addicts had a lower level of mtDNA copy number in the peripheral blood. The rat pheochromocytoma cells, after morphine treatment, showed decreased mtDNA copy number and elevated levels of ROS as well as increased mitochondrial mass (which may reflect mitochondrial dysfunction). The authors speculate that ROS would trigger autophagy to eliminate dysfunctional mitochondria and lead to a reduction of mtDNA copy number (Feng et al., 2013). Another study has reported that even a high dose of morphine is well tolerated by brain mitochondria probably due to the antioxidant effect of this drug (Cunha-Oliveira et al., 2013). The discrepancy in these findings suggests that the effects of drugs on mitochondrial function may be modulated by multiple factors. Further, a short report from the Iranian Prenatal METH Exposure Effects Cohort revealed another level of impact: DNA methylation of genes related to mitochondrial function was also altered, suggesting the possibility that METH may have a long-range effect on gene expression early in embryonic development (Haghighatfard et al., 2022). DNA methylation is dynamic, which changes with environment, age, and intake of potent abused drugs; hence, a keen eye is needed to keep up with the upcoming scientific discoveries in the field. In recent years, a growing body of scientific evidence has emphasized the importance of research on the balance between DNA methylation and demethylation. This raises a thought-provoking question: is it possible that the combined application of methylation inhibitors and demethylation agonist may provide a more effective intervention for the SUDs? In addition, current research has focused on the function of DNMT and TET family enzymes, and we look forward to more in-depth studies of these and other related enzymes in the future to more fully understand the role of DNA methylation and demethylation in the SUDs.

Intergenerational genetic effects have also been a hot topic in SUD research in recent years. Parental or maternal alcohol and drug dependence can affect the overall health of offsprings

and predispose them to various diseases such as cancer or drug addiction, which can be utilized in public health awareness or preventive initiatives. The consistency in the pattern of association between change in DNA methylation and drug dependence calls for the need to understand these mechanisms with a deeper insight and extensively to develop it as a better biomarker for drug methylation effects in future epidemiology and forensic studies, as well. However, in terms of the interaction between DNA methylation mechanisms and genetic factors, the current level of research has not yet been able to fully resolve this complex issue due to the long research span and difficulty in tracking. For example, although evidence have demonstrated that drug addiction indeed changes the DNA methylation within germ cells in F0 and F1 animals (Youngson and Whitelaw, 2008; Vassoler et al., 2014; Le et al., 2017), the specific ways these changes impact brain function and behaviors related to addiction remain unclear. To uncover these mechanism, we need to further track the overall view of DNA methylation in entire developmental process from germ cells to adult animals, which is beyond the scope of this review. It remains a great challenge to effectively detect genes that continue to differentiate during the genetic process. Addiction calls for the need for multidisciplinary contribution. We expect that more effective detection methods and technologies will be developed in the future to probe more deeply into the role of DNA methylation mechanisms in the inheritance of the SUDs and to provide new breakthroughs for scientific research in this field.

Note that although studies in animal models have offered valuable insights into the biological basis of addiction, there is still a long way to go from animal research to clinical application. Firstly, it is essential to perform more human research, including a detailed examination of the brains of deceased individuals who struggled with addiction, to confirm the addiction-related changes at the molecular, cellular, and brain-region levels observed in animal models. Secondly, if the DNA methylation mechanisms were further confirmed in addicts, developing precise treatment strategies and reducing side effects of treatment base on DNA methylation are still a primary challenge. In particular, minimizing off-target effects. This necessitates thorough *in vitro* and *in vivo* screening during the drug development phase, the use of advanced bioinformatics tools to predict drug binding properties and ranges of action, as well as rigorous clinical trials to monitor and assess side effects. Thirdly, found the peripheral DNA methylation markers and confirm its relevance to addictive behavioral phenotypes. A study have found significant overlap of hypomethylated gene between the T cells in humans and NAc in rats (Massart et al., 2015), supporting that peripheral T cells are highly informative on DNA methylation that occur in the brain and are associated with SUD.

The potential off-target effects can complicate the results when trying to reverse hypermethylation caused by drugs. However, targeted DNA cleavage techniques, such as CRISPR-Cas9 system, transcription activator-like effector nucleases (TALENs) and zinc-finger nucleases (ZFNs), have fused with epigenetic writer or eraser proteins and may bring hope for solving this problem. Take CRISPR-Cas9 system for example, the advanced engineered Protospacer Adjacent Motif (PAMs) has greatly expanded the repertoire of prospective CRISPR/Cas target sequences (Doench et al., 2016). Furthermore, a recent study has found unique

nanocapsule-based CRISPR-Cas9 delivery system, which is non-invasive, facilitates BBB penetration and safe for glioblastoma gene therapy (Zou et al., 2022). This advancements in CRISPR-Cas9 delivery at brain cells, are hopefully expand to epigenetic therapy, including genes targeted by DNMTs. The development of agents with multiple high affinity epigenetic targets, including epigenetic enzyme (Lera and Ganesan, 2020), also reduces adverse drug reactions (Tomaselli et al., 2020). In the light of such developments, advancement in targeted epigenetic remodeling or DNA cleavage techniques with fused or engineered epigenetic enzymes, small-molecule epigenetic modulators, nanoparticle-based, viral-mediated, peptide-based, and receptor-based drug delivery systems with ability to cross blood-brain barrier is expected for addiction treatment.

## Author contributions

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## Conflict of interest

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