



# NIR-II Upconversion Photoluminescence of Er<sup>3+</sup> Doped LiYF<sub>4</sub> and NaY(Gd)F<sub>4</sub> Core-Shell Nanoparticles

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The availability of colloidal nano-materials with high efficiency, stability, and non-toxicity in the near infrared-II range is beneficial for biological diagnosis and therapy. Rare earth doped nanoparticles are ideal luminescent agents for bio-applications in the near infrared-II range due to the abundant energy level distribution. Among them, both excitation and emission range of  $Er^{3+}$  ions can be tuned into second biological window range. Herein, we report the synthesis of ~15 nm LiYF<sub>4</sub>, NaYF<sub>4</sub>, and NaGdF<sub>4</sub> nanoparticles doped with  $Er^{3+}$  ions and their core-shell structures. The luminescent properties are compared, showing that  $Er^{3+}$  ions with single-doped LiYF<sub>4</sub> and NaYF<sub>4</sub> nanoparticles generate stronger luminescence than  $Er^{3+}$  ions with doped NaGdF<sub>4</sub>, despite the difference in relative intensity at different regions. By epitaxial growth an inert homogeneous protective layer, the surface luminescence of the core-shell structure is further enhanced by about 5.1 times, 6.5 times, and 167.7 times for LiYF<sub>4</sub>, NaYF<sub>4</sub>, and NaGdF<sub>4</sub>, respectively. The excellent luminescence in both visible and NIR range of these coreshell nanoparticles makes them potential candidate for bio-applications.

Keywords: upconversion, NIR-II, core-shell, Er<sup>3+</sup>, luminescence

# INTRODUCTION

The 4f-4f transition of rare earth elements endows them with outstanding optical properties. Specifically, the energy of photons can be converted through rational designed transition among their abundant energy levels (Auzel, 2004; Wen et al., 2018). Furthermore, the photo-luminescence of rare earth is extremely stable, and it could not be affected by blinking or photobleaching (Shao et al., 2018; Song et al., 2019). These advantages make rare earth elements perfect candidates for light-triggered diagnostics and therapy (Chen et al., 2014; Shao et al., 2016; Qiang and Wang, 2019; Wang et al., 2020). As an unusual anti-stokes process, photon upconversion (UC) refers to converting several low-energy photons to one high-energy photon (Zhou et al., 2015; Wei et al., 2016). Due to the non-linear instincts, UC materials are well-developed for bio-imaging (Gonzalez-Bejar et al., 2016; Chen et al., 2021), photo-dynamics therapy(Lucky et al., 2017; Zhou et al., 2020b; Dong et al., 2021).

The penetration depth of photons with different energies is significantly varied due to the scattering and absorption of biological tissue (Hemmer et al., 2016; Li and Wang, 2018). Compared to the visible range, where the auto-fluorescence of most tissue components is located, the near-infrared (NIR) range generally exhibits better spatial resolution and sharper contrast (Kenry et al.,

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1

2018). Recent studies have demonstrated that probes utilized in biological window II (1000-1700 nm, NIR-II) work more effectively than that in biological window I (700-900 nm, NIR-I) (He et al., 2015; Zhong et al., 2017; Fan et al., 2018; Huang et al., 2020; Lin et al., 2021; Lv et al., 2021; Yu et al., 2021). However, most reports on NIR probes are realized in the first biological window (Zhou et al., 2020a). Meanwhile, upconversion and down-shifting of rare earth with emission in biological window II have gained considerable interest recently. Zhong et al. have designed an Er-based nanoparticle (NPs) doped with Ce3+, which enhanced the down-shifting emission at 1550 nm under excitation at 980 nm (Zhong et al., 2017). They acquired high spatiotemporal resolution cerebral vasculatures in the NIR-II window with short exposure time. Liu et al. synthesized Er and Ho co-doped NPs with both excitation and emission in the NIR-II window as a sensor for inflammation dynamic detection (Liu et al., 2018). The time-gate imaging technique in the NIR-II window was realized in a NaYF4: Yb, Nd@CaF<sub>2</sub> core shell structure with outstanding brightness (Tan et al., 2020).  $Er^{3+}$  ion is known as an outstanding imaging agent for NIR-II range, since it can be excited around 1550 nm due to the  ${}^{4}I_{15/2} \rightarrow {}^{4}I_{13/2}$  transition (Chen et al., 2011; Shao et al., 2014; Cheng et al., 2018). Moreover, the emission peaks are at 550 nm ( ${}^{4}S_{3/2} \rightarrow {}^{4}I_{15/2}$ ) and 660 nm ( ${}^{4}F_{9/2} \rightarrow {}^{4}I_{15/2}$ ) in the visible range, 800 nm ( ${}^{4}I_{9/2} \rightarrow {}^{4}I_{15/2}$ ) in the NIR-I range, and 1000 nm  $({}^{4}I_{11/2} \rightarrow {}^{4}I_{15/2})$  in the NIR-II range, respectively. The two-photon NIR-II to NIR-II UC process is rather unique, which have been investigated widely. However, how the matrix determines the luminescence remains unknown and deserves our efforts.

Herein, we reported the successful synthesis of three types of fluoride matrix,  $LiYF_4$ ,  $NaYF_4$ , and  $NaGdF_4$ , each one doped with  $Er^{3+}$  ions. Their luminescence properties were compared, showing different relative intensity within each matrix. With epitaxial growth an inert homogeneous protect layer, the luminescence of each kind of UCNPs achieve much improvement due to the surface passivation. A proper mechanism was proposed based on the emission intensity dependence on excitation power density.

### MATERIALS AND METHODS

#### **Materials**

Yttrium (III) chloride hexahydrate (99.99%), erbium (III) chloride hexahydrate (99.9%), gadolinium (III) chloride hexahydrate (99.9%), yttrium (III) oxide (99.999%), gadolinium (III) oxide (99.9%), sodium trifluoroacetate (98%), lithium trifluoroacetate (95%), trifluoroacetic acid (98%), 1-octadecene (90%), and oleic acid (90%) were purchased from Sigma-Aldrich. Sodium hydroxide (98%), lithium hydroxide (98%), and ammonium fluoride (98%) were purchased from Aladdin Co. All chemicals were used as received.

#### Instruments

The size and morphology of the resulting nanoparticles were characterized by Hitachi 7700 electron microscope. Upconversion emission spectra in visible and NIR range were recorded using Horiba Fluoromax–4. Laser excitation at 1532 nm,

which was purchased from Changchun New Industries Optoelectronics Technology Co., Ltd. The emission signal from the sample in the cuvette was collected at 90° relative to the exciting laser beam. The powder X-ray diffraction (XRD) patterns were recorded by a Bruker D8 Advance diffractometer using Cu Ka radiation. The 2 $\theta$  angle of the XRD spectra was recorded at a scanning rate of 5°/min.

# Synthesis of LiYF<sub>4</sub>:10%Er<sup>3+</sup> (NaYF<sub>4</sub>:10%Er<sup>3+</sup> and NaGdF<sub>4</sub>:10%Er<sup>3+</sup>)

In a typical procedure, a total of 0.1°mmol  $\text{ErCl}_3 \bullet \text{H}_2\text{O}$  and 0.9°mmol  $\text{YCl}_3 \bullet \text{H}_2\text{O}$  were added into a 100°ml flask containing 6°ml oleic acid and 15°ml octadecene. The mixture was heated to 160°C for 60°min then cooled down to room temperature. Subsequently, a solution of 4°mmol NH<sub>4</sub>F and 2.5°mmol LiOH (2.5°mmol NaOH for NaYF<sub>4</sub>:10%Er<sup>3+</sup> and NaGdF<sub>4</sub>:10%Er<sup>3+</sup>) in 10°ml methanol was added and stirred for 30°min. The reaction mixture was then heated at 100°C for 30°min to remove the methanol, followed by heating up to 290°C (300°C for NaYF<sub>4</sub>: 10%Er<sup>3+</sup> and NaGdF<sub>4</sub>:10%Er<sup>3+</sup>) and keeping for 60°min before cooling down. A syringe needle was used to let the argon gas out during the synthesis. The mixture was cooled to room temperature and precipitated by excess ethanol and collected by centrifugation. The precipitate was washed with ethanol several times, and the nanocrystals were finally dispersed in hexane.

# Synthesis of LiYF<sub>4</sub>:10%Er<sup>3+</sup>@LiYF<sub>4</sub> (NaYF<sub>4</sub>: 10%Er<sup>3+</sup>@NaYF<sub>4</sub>, NaGdF<sub>4</sub>:10%Er<sup>3+</sup>@ NaGdF<sub>4</sub>)

The  $LiYF_4:10\%Er^{3+}$ @LiYF<sub>4</sub> core-shell nanoparticles are synthesized via a thermal decomposition method. A total of 0.5°mmol of Y2O3 was dissolved in 50% trifluoroacetic acid at 95°C in a three-neck flask. Then, the solutions were evaporated to dryness under an argon gas purge. Next, 10°ml of oleic acid, 10°ml of 1-octadecene, 1.5°mmol lithium trifluoroacetate, and 1°mmol LiYF<sub>4</sub>:10%Er<sup>3+</sup> core (2°mmol sodium trifluoroacetate and 1°mmol NaYF<sub>4</sub>:10%Er<sup>3+</sup> core for NaYF<sub>4</sub>:10%Er<sup>3+</sup>@NaYF<sub>4</sub>, 2°mmol sodium trifluoroacetate and 1°mmol NaGdF<sub>4</sub>:10%Er<sup>3+</sup> core for NaGdF<sub>4</sub>: 10%Er<sup>3+</sup>@NaGdF<sub>4</sub>) were added into the flask. The resulting solution was then heated at 120°C with magnetic stirring for 45°min to remove water and oxygen. The brown solution was then heated to 310°C at a rate of about 12°C per min under argon gas protection and kept at this temperature under vigorous stirring for 45°min. A syringe needle was used to let the argon gas out during the synthesis. The mixture was cooled to room temperature and precipitated by excess ethanol and collected by centrifugation. The precipitate was washed with ethanol several times, and the nanocrystals were dispersed in hexane.

# **RESULTS AND DISCUSSION**

In order to evaluate the emission intensity impacted by matrix, 10%  $\text{Er}^{3+}$  was doped into three matrix  $\text{LiYF}_4$ ,  $\text{NaYF}_4$  and  $\text{NaGdF}_4$  according to a previous synthesis procedure (Wang et al., 2010b).



These three matrix types have been investigated extensively due to their low phonon energy (~400°cm<sup>-1</sup>), which are beneficial for efficient UC luminescence. As shown in **Figure 1**, three types of UCNPs were all monodisperse in hexanes solvents. LiYF<sub>4</sub> was shaped with spindle morphology (**Figure 1A**), while NaYF<sub>4</sub> (**Figure 1B**) and NaGdF<sub>4</sub> (**Figure 1C**) were shaped with the spheric shape, respectively. The size of LiYF<sub>4</sub> is determined to be around 16 nm, NaYF<sub>4</sub> around 19 nm, and NaGdF<sub>4</sub> 14 nm (**Supplementary Figures S1A–C**), which makes them comparable since the luminescences of NPs are significantly effected by their sizes. The X-ray diffraction (XRD) pattern in **Supplementary Figure S2** showed the LiYF<sub>4</sub> possessed tetragonal phase, which was accordance with previous report. However, a hexagonal phase was identified for NaYF<sub>4</sub>, and a mixed hexagonal and cubic phase for NaGdF<sub>4</sub> as the peaks at ~27.5° and ~32.5° referred to the (111) and (200) plane of the cubic phase of NaGdF<sub>4</sub>. Previous reports have concluded doping ions with larger size will efficiently reduce the energy and time for transformation from cubic to hexagonal phase (Wang et al., 2010a). Considering the reverse, a smaller size dopant is supposed to increase the energy barrier of transformation and reduce the stability of the hexagonal phase. In our case, the dopant size of  $\text{Er}^{3+}$  ion is 1.144 Å, which is smaller than  $\text{Gd}^{3+}$  (1.193 Å) and  $\text{Y}^{3+}$  (1.159 Å). The differential between  $\text{Gd}^{3+}$  and  $\text{Er}^{3+}$  is more remarkable than that of  $\text{Y}^{3+}$  and  $\text{Er}^{3+}$ . As a result, the NaGdF<sub>4</sub> requires more energy to complete the phase transfer. Then we further grew a homogeneous shell on each type of core UCNP as protect layer since the inert epitaxial shell growth could enhance the UC luminescence by overcoming the concentration quenching effects. The Transmission electron microscopy



(TEM) imaging shows the sizes of three types of NPs grow larger, and the morphologies are much more uniform and monodisperse after coating the shell layer (**Figure 1D–F**). The size increase in the core-shell NPs is shown in **Supplementary Figures S1D–F**, and this proved the successful coating of shell on the core NPS. The phase of these core-shell UCNPs remain the same with core NPs, except NaGdF<sub>4</sub> change from the fixed cubic and hexagonal phase to pure hexagonal phase (**Supplementary Figures S1G–I**). We believe the shell coating process provides enough energy for the phase transfer of NaGdF<sub>4</sub> as well as epitaxial growth.

The UC properties of three core NPs under 1532 nm excitation were compared. As shown in Figure 2, three types of core NPs all emit four characteristic peaks assigned to the <sup>4</sup>S<sub>3/2</sub>  $\rightarrow {}^{4}I_{15/2}$  (550 nm),  ${}^{4}F_{9/2} \rightarrow {}^{4}I_{15/2}$  (660 nm),  ${}^{4}I_{9/2} \rightarrow {}^{4}I_{15/2}$  (800 nm), and  ${}^{4}I_{11/2} \rightarrow {}^{4}I_{15/2}$  (1000 nm), respectively. The optimized concentration of Er<sup>3+</sup> ions is determined to be 10% according to integration of the total emission intensity (Supplementary Figure S3). The emission intensity of  $NaYF_4$ core UCNPs is almost the same with LiYF<sub>4</sub>, which is about 50 times stronger than NaGdF<sub>4</sub> UCNPs (Supplementary Figure S4). We further integrated the emission intensities of each peak for all three core NPs, respectively, as illustrated in **Figure 2B**. Notably, the  ${}^{4}F_{9/2} \rightarrow {}^{4}I_{15/2}$  transition (660 nm) of NaYF<sub>4</sub> is about 1.7 times stronger than LiYF<sub>4</sub>, while on the contrary, the  ${}^{4}I_{11/2} \rightarrow {}^{4}I_{15/2}$  transition (1000 nm) of LiYF<sub>4</sub> is about twice of the NaYF<sub>4</sub>. As we all know, the luminescence of rare earth can be ascribed to the local field splitting, which is highly depended on the crystal symmetry. Then it is understandable the tetragonal and hexagonal phases with different symmetry structures will favor variable energy transition, corresponding to the diverse dominant luminescence character. This explains the intensities of different peaks are not identical for the NaYF4 and LiYF<sub>4</sub> matrix, and so the NIR-II emission bands of LiYF<sub>4</sub>:Er<sup>3+</sup> are more suitable than NaYF4:Er<sup>3+</sup> NPs. As for the NaGdF4, it contains both cubic and hexagonal phase. For the parity forbidden essence, the phase with lower symmetry exhibits stronger emission intensity than the phase with higher symmetry (Liu, 2015). The luminescence of hexagonal phase NaGdF<sub>4</sub> is always much stronger than the cubic phase, so the mixed phase NaGdF<sub>4</sub> emits less efficient than pure hexagonal phase NaYF<sub>4</sub> (Damasco et al., 2014).

For rare earth nanomaterials, the protection shell architecture can suppress the surface-related quenching effects. Especially for Er<sup>3+</sup> heavily doped nanoparticles, the core-shell architecture can significantly enhance both the UC and down-shifting luminescence. The concentration quenching of bare core is contributed mainly by surface quenching of defects and high phonon ligand instead of common misconceptions of crossrelaxation of rare earth (Johnson et al., 2017). Indeed, by coating a homogeneous shell, the luminescent intensity is unanimously enhanced for all the UCNPs, specifically, 5.1 times for LiYF<sub>4</sub>, 6.5 times for NaYF<sub>4</sub>, and 167.7 times for NaGdF<sub>4</sub>, as shown in Figure 3. The enhancement of LiYF<sub>4</sub> nanoparticles and NaYF<sub>4</sub> nanoparticles is similar, which illustrates surface passivation is the dominant factor rather than the crystal phase, since the sizes of core LiYF4 and NaYF4 UCNPs are almost the same. Compared to LiYF4 and NaYF4, the increase in the luminescence of NaGdF4 is more remarkable. As mentioned above, the shell growth on NaGdF<sub>4</sub> includes two processes: complete phase transfer from the mixed phase to pure hexagonal phase together with the epitaxial growth of protection shell. Two processes all result in considerable emission enhancement to the extent that the total luminescence of NaGdF<sub>4</sub>:Er<sup>3+</sup>@NaGdF<sub>4</sub> is as high as that of LiYF<sub>4</sub>:Er<sup>3+</sup>@LiYF<sub>4</sub> core-shell UCNPs. The luminescence of NaYF<sub>4</sub>:Er<sup>3+</sup>@NaYF<sub>4</sub> is slightly higher than the other two types of UCNPs by about 1.6 times. Moreover, the emission intensity around 1000 nm of LiYF4: Er<sup>3+</sup>@LiYF<sub>4</sub> core-shell UCNPs is slightly higher than NaYF<sub>4</sub>:Er<sup>3+</sup>@ NaYF<sub>4</sub> UCNPs. All three types of core-shell UCNPs exhibit excellent emission in visible and NIR range, showing great potential for NIR-II range bio-applications.

Then, we measured the pump power dependences of four bands for the colloidal LiYF<sub>4</sub>:Er<sup>3+</sup>@LiYF<sub>4</sub> core-shell UCNPs. As shown in **Figure 4A**, all the bands show a slope around 1, which is deviated from the reported UC mechanism. It is well established when the UC rate exceeds the decay rate for the intermediated states, the dependence on the excitation power P will decrease from P<sup>n</sup> to P<sup>1</sup>. In our case, the saturation of <sup>4</sup>I<sub>13/2</sub> energy levels will cause such phenomenons, which explains the smaller measured photon numbers. These data are well accordance with previous literature, revealing similar energy transfer UC mechanism (Chen et al., 2011; Shao et al., 2014). Briefly, directly excitation of Er<sup>3+</sup> ions by 1532 nm laser promotes the transition from <sup>4</sup>I<sub>15/2</sub> to <sup>4</sup>I<sub>13/2</sub>.





Then three-photon energy transfer process generates both green  $({}^{4}S_{3/2})$  and red  $({}^{4}F_{9/2})$  emission bands as well as the two-photon process of 800 nm  $({}^{4}I_{1/2})$  and 980 nm  $({}^{4}I_{11/2})$  emission peaks.

## CONCLUSION

In conclusion, we have observed four intensive emission bands for three colloidal and uniform LiYF<sub>4</sub>:Er<sup>3+</sup>@LiYF<sub>4</sub>, NaYF<sub>4</sub>:Er<sup>3+</sup>@ NaYF<sub>4</sub>, and NaGdF<sub>4</sub>:Er<sup>3+</sup>@NaGdF<sub>4</sub> core-shell UCNPs under excitation at 1532 nm. Homogeneous epitaxial growth of the shell layer promoted the luminescence intensity efficiently. Notably, NaGdF<sub>4</sub> completed the phase transfer during the shell coating, which enhanced the core luminescence intensity about 167.7 folds. Taking LiYF<sub>4</sub>:Er<sup>3+</sup>@LiYF<sub>4</sub> as example, the intensities of four UC peaks showed linear dependence on the excitation power, which can be explained by a saturation effect of  ${}^{4}I_{13/2}$  energy level. These core-shell UCNPs are pronounced as ideal NIR-II agent for biological related applications.

# DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/**Supplementary Material**, further inquiries can be directed to the corresponding author.

## **AUTHOR CONTRIBUTIONS**

QF, WZ, JP conducted the synthesis and optical measurement under supervision of WS and QC.

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# SUPPLEMENTARY MATERIAL

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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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