



Reconstruction of Late Pleistocene Paleoenvironments Using Bulk Geochemistry of Paleosols from the Lake Victoria Region

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OPEN ACCESS

Edited by:

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Reviewed by:

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Specialty section:

This article was submitted to Quaternary Science, Geomorphology and Paleoenvironment, a section of the journal Frontiers in Earth Science

> Received: 31 July 2017 Accepted: 31 October 2017 Published: 21 November 2017

Citation:

Beverly EJ, Peppe DJ, Driese SG, Blegen N, Faith JT, Tryon CA and Stinchcomb GE (2017) Reconstruction of Late Pleistocene Paleoenvironments Using Bulk Geochemistry of Paleosols from the Lake Victoria Region. Front. Earth Sci. 5:93. doi: 10.3389/feart.2017.00093

The impact of changing environments on the evolution and dispersal of Homo sapiens is highly debated, but few data are available from equatorial Africa. Lake Victoria is the largest freshwater lake in the tropics and is currently a biogeographic barrier between the eastern and western branches of the East African Rift. The lake has previously desiccated at \sim 17 ka and again at \sim 15 ka, but little is known from this region prior to the Last Glacial Maximum. The Pleistocene terrestrial deposits on the northeast coast of Lake Victoria (94–36 ka) are ideal for paleoenvironmental reconstructions where volcaniclastic deposits (tuffs), fluvial deposits, tufa, and paleosols are exposed, which can be used to reconstruct Critical Zones (CZ) of the past (paleo-CZs). The paleo-CZ is a holistic concept that reconstructs the entire landscape using geologic records of the atmosphere, hydrosphere, lithosphere, biosphere, and pedosphere (the focus of this study). New paleosol-based mean annual precipitation (MAP) proxies from Karungu, Rusinga Island, and Mfangano Island indicate an average MAP of 750 \pm 108 mm year⁻¹ (CALMAG), 800 \pm 182 mm year⁻¹ (CIA-K), and 1,010 \pm 228 mm year⁻¹ (PPM_{1.0}) with no statistical difference throughout the 11 m thick sequence. This corresponds to between 54 and 72% of modern precipitation. Tephras bracketing these paleosols have been correlated across seven sites, and sample a regional paleo-CZ across a ~55 km transect along the eastern shoreline of the modern lake. Given the sensitivity of Lake Victoria to precipitation, it is likely that the lake was significantly smaller than modern between 94 and 36 ka. This would have removed a major barrier for the movement of fauna (including early modern humans) and provided a dispersal corridor across the equator and between the rifts. It is also consistent with the associated fossil faunal assemblage indicative of semi-arid grasslands. During the Late Pleistocene, the combined geologic and paleontological evidence suggests a seasonally dry, open grassland environment for the Lake Victoria region that is significantly drier than today, which may have facilitated human and faunal dispersals across equatorial East Africa.

Keywords: human evolution, East Africa, paleoclimate, semi-arid, grassland, paleo-Critical Zone

INTRODUCTION

The interdisciplinary Critical Zone (CZ) research initiative opened up a new way of thinking about near surface environments where complex interactions between rock, soil, water, air, and living organisms shape the Earth's surface (National Research Council, 2001). Soils are central to the understanding of the CZ and the CZ Observatories have made great leaps forward in understanding of soil's role in the CZ (e.g., White et al., 2015). The purpose of the CZ Observatories is to better understand the current biogeochemical products of interactions between the atmosphere, hydrosphere, and lithosphere that form the pedosphere and biosphere. A better understanding of current CZ will allow for better predictions of future impacts resulting from climate, tectonics, or human activities (Brantley et al., 2007). Proxies for the atmosphere (e.g., mean annual precipitation, mean annual temperature), biosphere (photosynthetic pathway), hydrosphere (flood frequency and magnitude), and pedosphere (redox, pH, soil fertility) have all been developed to reconstruct past land surfaces (Nordt and Driese, 2013). The combination of these interdisciplinary methods allow for the reconstruction of biogeochemical interactions within a past landscape comparable to modern CZ studies (Amundson et al., 2007; Brantley et al., 2007; Dere et al., 2015) and termed the paleo-Critical Zone (paleo-CZ) by Nordt and Driese (2013). These paleo-CZs preserve a snapshot in time of the conditions that existed on a previous land surface and can be correlated regionally or locally. Any preserved land surface could be reconstructed using the paleo-CZ concept, but it is most often applied with paleosols (fossil soils), which are important records of the paleo-CZs. The paleo-CZ concept has continued to gain traction in the sedimentary geology community and especially those interested in paleosols.

Paleosols provide valuable records of both paleoenvironmental and paleoclimate information (Sheldon and Tabor, 2009; Levin, 2015; Tabor and Myers, 2015), and using paleosols to reconstruct the landscape as a paleo-CZ is particularly useful for understanding hominin evolution because these paleosols represent the past surfaces upon which hominins lived. The earliest fossil remains attributed to Homo sapiens are identified in northwestern Africa at \sim 315 ka (Richter et al., 2017) and in East Africa at ~195 ka (McDougall et al., 2005). The mechanism for the emergence and dispersal of early modern humans is still poorly understood due to limited number of sites with coexisting fossils, artifacts, and paleoenvironmental records (McDougall et al., 2005; Brown et al., 2012; Soares et al., 2012; Rito et al., 2013). Environmental change driven by climate is a commonly suggested mechanism (Ambrose and Lorenz, 1990; Potts, 1998; Scholz et al., 2007; Blome et al., 2012; Soares et al., 2012; Rito et al., 2013; Potts and Faith, 2015; Tierney et al., 2017), but few data on African climate or environment are associated with archaeological sites prior the Last Glacial Maximum (LGM) in East Africa. This makes additional data from the Lake Victoria Basin of equatorial East Africa important especially because it directly ties pre-LGM climatic reconstructions to fossil fauna and Middle Stone Age (MSA) tools.

Here we present data from stratigraphy, micromorphology (petrography), and bulk geochemistry from six Late Pleistocene sites from northeastern Lake Victoria in Kenya that were deposited between 94 and 36 ka (Tryon et al., 2014, 2016; Beverly et al., 2015b; Blegen et al., 2015). These sites sample an approximately 55 km-long north to south transect along the eastern margin of the modern lake: Rusinga Island (n = 2), Mfangano Island (n = 1), and Karungu (n = 4) (**Figure 1**; Tryon et al., 2014, 2016; Beverly et al., 2015a,b; Blegen et al., 2015; Faith et al., 2015; Garrett et al., 2015). These deposits are all part a sequence of late Pleistocene deposits around the northeastern margin of Lake Victoria and the stratigraphy is dominated by paleosols, freshwater tufa, fluvial deposits, and volcaniclastic deposits (tuffs) that can be geochemically correlated between outcrops (Tryon et al., 2010, 2012, 2014, 2016; Van Plantinga, 2011; Beverly et al., 2015a,b; Blegen et al., 2015, 2016; Faith et al., 2015). The objectives of this study are to: (1) use field and micromorphological observations of paleosols and bulk geochemical proxies for paleoenvironment and paleoclimate to reconstruct a series of paleo-CZs across the northeastern margin of Lake Victoria, (2) provide additional context for fossil fauna and MSA sites, and (3) integrate observations and MAP estimates into other Late Pleistocene reconstructions of regional paleoclimate and paleoenvironment to better understand their impact on human evolution and dispersal.

GEOLOGIC SETTING

Modern Lake Victoria Basin

Today there is very little annual variability in temperature at Lake Victoria (Nicholson, 1996). Precipitation, however, varies considerably and is controlled by the location of the Intertropical Convergence Zone (ITCZ), which crosses Lake Victoria twice a year, creating rainy seasons in March and in October (Nicholson, 1996). Precipitation is also controlled by the movement of the Congo Air Boundary (CAB), the strength of the Indian and Atlantic monsoons, and topography (Berke et al., 2012). MAP across the catchment varies from 1,400 to 1,800 mm year⁻¹ (Yin and Nicholson, 1998; Sutcliffe and Parks, 1999). Because MAP is almost equal to average evaporation (1,460 mm year $^{-1}$), with local precipitation derived primarily from the lake itself, lake level responds directly to changes in rainfall (Broecker et al., 1998; Yin and Nicholson, 1998; Milly, 1999; Bootsma and Hecky, 2003). The historic vegetation from the Lake Victoria region is evergreen bushland, thicket, and forest habitats (Andrews, 1973; White, 1983). In the Lambwe Valley, between Rusinga Island and Karungu, the large mammalian herbivores historically included bushbuck (Tragelaphus scriptus), African buffalo (Syncerus caffer), Bohor reedbuck (Redunca redunca), waterbuck (Kobus ellipsiprymnus), duiker (Sylvicapra grimmia), topi (Damaliscus lunatus), impala (Aepyceros melampus), hartebeest (Alcelaphus buselaphus), roan antelope (Hippotragus equinus), oribi (Ourebia ourebi), giraffe (Giraffa camelopardalis), black rhinoceros (Diceros bicornis), bushpig (Potamochoerus larvatus), and elephant (Loxodonta africana) (Allsopp and Baldry, 1972; Kimanzi, 2011).



Karungu and Rusinga and Mfangano Islands

The Late Pleistocene geology, fossils, and MSA artifacts from Rusinga and Mfangano Islands have been the focus of research since 2009 (Tryon et al., 2010, 2012, 2014; Faith et al., 2011, 2012, 2014; Van Plantinga, 2011; Jenkins et al., 2017; Blegen et al., in press). More recently, this research has expanded to include the deposits around the region known as Karungu \sim 40 km to the south near the town of Sori (Figure 1; Beverly et al., 2015a,b; Blegen et al., 2015; Faith et al., 2015). Abundant fossils and MSA artifacts have long been reported from Karungu and Rusinga and Mfangano Islands (Pickford, 1984; Owen, unpublished manuscript), but until recently only limited geological mapping and reconstructions of the paleoclimate or paleoenvironment have been conducted. Karungu and Rusinga and Mfangano Islands were originally mapped by Oswald (1914), Kent (1942), Van Couvering (1972), Whitworth (1961), and Pickford (1984) and have been more intensively mapped by Beverly et al. (2015a,b), Blegen et al. (2015, 2016), and Tryon et al. (2010, 2012, 2014).

Artifacts and fossils were surface collected from all units and excavations have been conducted at Wakondo, Nyamita, and Aringo (**Figures 1**, **2**). Locations of *in situ* fossils and MSA artifacts are indicated in the stratigraphy (**Figure 2**). Artifacts from excavations at Nyamita and Wakondo on Rusinga Island in particular appear associated with formerly stable land surfaces, including weakly developed paleosols (Jenkins et al., 2017; Blegen et al., in press). Artifact density and the presence of non-local raw material types from excavated areas and surface collections are generally consistent with production by highly mobile populations of foragers (Tryon et al., 2010; Faith et al., 2015; Garrett et al., 2015; Blegen et al., in press).

Tephra deposits can be correlated between sites on the basis of geochemical compositional similarity and have been dated by multiple radiometric methods (Tryon et al., 2010; Beverly et al., 2015b; Blegen et al., 2015, 2016, in press). Four named tuffs are used to correlate the sections between Rusinga Island and Karungu: Wakondo, Nyamita, Nyamsingula, and Menengai. The Wakondo Tuff is $>68 \pm 5$ ka based on overlying optically stimulated luminescence (OSL) dates and <94.0 \pm 3.3 based on the U-series age of the underlying tufa deposits (Beverly et al., 2015b; Blegen et al., 2015). Additional data on the tufas are presented in Beverly et al. (2015b). The Nyamita Tuff is constrained by OSL dates above and below the tuff that indicate deposition at \sim 49 ka (Blegen et al., 2015). The Nyamita Tuff is thick, distinct, and found at almost all Pleistocene sites in this region, making it an ideal stratigraphic datum (Figure 2). The Menengai Tuff has been ${}^{40}\text{Ar}/{}^{39}\text{Ar}$ dated to 35.62 ± 0.26 ka at its eruptive source, Menengai Caldera in the Central Kenya Rift (Blegen et al., 2016), and the Nyamsingula Tuff is dated to between 36 and 49 ka based on the stratigraphic relationships with the underlying Nyamita Tuff and overlying Menengai Tuff (see Blegen et al., 2015, 2016, in press for an extensive discussion of tephra correlations and dates).

MATERIALS AND METHODS

All outcrops were recorded and mapped using a hand-held global positioning system (GPS) (**Table 1**), trenches were dug to expose bedding unaltered by modern surface processes, and the stratigraphy measured and described at the cm scale. All lithologic and pedogenic features were recorded and photographed, and oriented samples were also collected for micromorphological analysis from each soil horizon at Kisaaka and Aringo, and in the B horizon at Wakondo (n = 19). These thin sections were stabilized in the field and lab using epoxy, and then vacuum impregnated and commercially prepared by Spectrum Petrographics, Inc. The micromorphological analysis was conducted at Baylor University following Fitzpatrick (1993) and Stoops (2003) using an Olympus BX-51 polarized-light microscope equipped with a 6.5 MPx Leica digital camera.

Samples were collected at 10 cm vertical intervals through the paleosols for bulk geochemistry, and where applicable, samples were collected from the micro-lows of gilgai topography in the paleo-Vertisols because erosion is less likely and pedogenesis is highest (Driese et al., 2000). Bulk geochemical samples were pulverized at Baylor University prior to being sent for commercial analysis to ALS Geochemistry (Reno, NV) for major, rare, and trace element analyses using a combination of inductively coupled plasma atomic emission spectroscopy (ICP-AES) and inductively coupled plasma mass spectrometry (ICP-MS). The complete geochemical analyses of all samples are available in Supplementary Table 1. Bulk geochemical data



FIGURE 2 | Stratigraphy of paleosols used in this study. The dates (and associated lab samples numbers) identified on this figure are discussed further in Blegen et al. (2015, 2016), Beverly et al. (2015b), and Tryon et al. (2010, 2012). The Nyamita and Wakondo Tuffs at the Nyamita AV1002, Nyamita 1, and Wakondo localities are discontinuous due to their proximity to fluvial channels and are shown in their correlated positions within the paleosols. The localities were sampled to access the most complete paleosol record. Refer to Table 2 for detailed descriptions of each paleosol unit (e.g., P1 to P3).

TABLE 1 | GPS coordinates of paleosols used in this study.

Locality	Site	Latitude (°S)	Longitude (°E)
Aringo	3	0.838	34.18
Aringo	5	0.838	34.18
Aoch Nyasaya	5	0.865	34.24
Kakrigu	DP1011	0.460	34.06
Kisaaka	4F	0.810	34.13
Kisaaka	10	0.807	34.13
Kisaaka	13	0.806	34.14
Kisaaka	12	0.802	34.14
Nyamita	1	0.423	34.16
Nyamita	AV1002	0.419	34.16
Obware	2	0.868	34.24
Wakondo	Bovid Hill	0.426	34.17

Datum WGS 1984.

were used to estimate MAP using the chemical index of alteration minus potassium (CIA-K) (Sheldon et al., 2002) and the paleosol-paleoclimate model ($PPM_{1.0}$) (Stinchcomb et al., 2016) both of which are applicable for most paleosol types. The

CALMAG proxy is only applicable for paleo-Vertisols (Nordt and Driese, 2010).

All oxides were normalized to their molar ratios and were calculated by averaging the oxides over the critical depth, defined as 20–100 cm (Nordt and Driese, 2010). If the BC or C horizon fell within the critical depth, only B horizons were used. CIA-K is defined as:

$$Al_2O_3/(Al_2O_3 + CaO + Na_2O) \times 100$$
 (1)

and was designed to be more widely applicable paleosol types in which there has been sufficient time of soil formation to equilibrate with climate conditions and is a weathering index that measures base loss and clay formation associated with feldspar weathering (Sheldon et al., 2002). It is not useful for paleosols with evaporative minerals at the surface (i.e., Aridisols), waterlogged soils, highly weathered soils (i.e., Oxisols), or soils forming on significant topographic relief (Sheldon et al., 2002).

CALMAG is a weathering index specifically for paleo-Vertisols (Nordt and Driese, 2010) that is defined as:

$$Al_2O_3/(Al_2O_3 + CaO + MgO) \times 100$$
 (2)

TABLE 2 | Summary of field and micromorphological descriptions of type section paleosols from each site.

Paleosol unit	Horizons	Illuviated clay (%)	B-fabric	c/f	Pedogenic features	Soil order
KISAAKA (M		SION FROM B	everly et al., 2015	b)		
P1	ABk-Btk1-Btk2-BCt	3–5	none	2:8	Angular blocky peds; Abundant FeMn coatings on peds and redoximorphic redistribution; poorly developed carbonate nodules and rhizoliths; tephra filled burrows; abundant earthworm fecal pellets; tuffaceous	Inceptisol
P2	Bk1-Btk1-Btk2-Bk2	0–3	none	2:8	Subangular blocky peds; Abundant FeMn coatings on peds; poorly developed carbonate nodules and rhizoliths; tephra filled burrows; abundant earthworm fecal pellets, weak pedogenic slickensides, tuffaceous	Inceptisol
P3	ABk-Bk-Bkss1- Bkss2-Bkss3	0	parallel to granostriated	1:9	Subangular blocky and wedge peds; Abundant FeMn coatings on peds, glaebules, and redoximorphic redistributions; well-developed pedogenic slickensides; well-developed carbonate nodules with sectarian and circumgranular cracks; carbonate rhizoliths and rhizocretions; tephra filled burrows; abundant earthworm fecal pellets; burrows with meniscate backfill	Vertisol
ARINGO						
P2	ABk-Bk1-Bk2	0	none	2:8	Subangular blocky peds; Abundant FeMn coatings on peds, weakly developed slickensides, carbonate nodules and rhizoliths; tuffaceous	Inceptisol
P3	Bkss1-Bkss2-Bkss3- Bkss4-Bkss5	0-1	granostriated	1:9	Subangular blocky peds and wedge peds; Abundant FeMn coatings on peds and redoximorphic redistributions; well-developed pedogenic slickensides; well-developed carbonate nodules with septarian and circumgranular cracks; carbonate rhizoliths and rhizocretions; tephra filled burrows; abundant earthworm fecal pellets; burrows with meniscate backfill	Vertisol
OBWARE						
P1	Bk1-Bk2	0	none	4:6	Angular blocky peds; few FeMn coatings on peds and rhizoliths; moderately developed carbonate nodules and rhizoliths; increasing sand content with depth (fine quartz sand to gravel at base)	Inceptisol
AOCH NYAS	AYA					
P3	Bk1-Bkss1-Bkss2- BCk	0	-	1:9	Angular blocky peds and wedge peds; well-developed pedogenic slickensides; FeMn coatings on peds; Redoximorphic mottling; well-developed carbonate nodules and rhizoliths	Vertisol
WAKONDO						
P3	Bk-Bkss1-Bkss2- Bkss3	0	Cross- and granostriated	4:6	Angular blocky peds, well developed pedogenic slickensides; redoximorphic green mottling; large carbonate rhizoliths; Abundant volcaniclastic material; abundant fecal pellets, burrows infilled with silt	Vertisol
NYAMITA						
P2	Bk1-Bk2-BC	0	_	4:6	Angular blocky peds; FeMn coatings on peds; abundant carbonate rhizoliths; abundant volcaniclastic material; grain size increases with depth to from silt to gravel	Inceptisol
P3	Bk-Bkss1-Bsskg	0	-	2:8	Subangular blocky peds; well-developed pedogenic slickensides; redoximorphic green and yellow mottling; weak gleying; well-developed carbonate nodules and rhizoliths	Vertisol
KAKRIGU						
P1	ABk1-Bk2	0	-	-	Angular blocky peds, FeMn coatings on peds, poorly developed carbonate nodules and rhizoliths	Inceptisol

-No thin sections were made for these locations.

Vertisols are formed from pre-weathered parent material, and therefore limited hydrolysis occurs in this soil type, and for this reason, CIA-K often over-predicts precipitation in Vertisols. The CALMAG proxy improves the paleoprecipitation estimates of paleo-Vertisols by focusing on tracking the flux of Ca and Mg, which better describe the weathering occurring in Vertisols (Nordt and Driese, 2010). Both the CIA-K and CALMAG weathering indices in modern soils have a strong correlations to MAP and these indices can be used to estimate paleo-rainfall with a standard error (SE) of ± 182 mm year⁻¹ and ± 108 mm year⁻¹, respectively (Sheldon et al., 2002; Nordt and Driese, 2010).

PPM_{1.0} was developed using data from 648 soil B horizons, and it uses 11 oxides: Al₂O₃, ZrO₂, TiO₂, Fe₂O₃, P₂O₅, MnO, CaO, MgO, Na₂O, K₂O, and SiO₂ which are reduced to four regressors (like oxide ratios) using partial least squares regression. The regressors are modeled using a semi-parametric spline that yields MAP. This new model greatly expanded the range of precipitations to between 130 and 6,900 mm year⁻¹ with a RMSPE of \pm 512 mm year⁻¹. Similar to CIA-K and CALMAG, all of the modern soils used to model MAP are from the United States and its territories.

RESULTS

Stratigraphy

Karungu

Riverine tufa deposits were a recurring feature in the Pleistocene on the eastern margin of Lake Victoria, until \sim 94 ka when the system became dominated by fluvial deposition and tufa precipitation ceased (Beverly et al., 2015b). The thickest section of the late Pleistocene deposits exposed in the Karungu region is at Kisaaka (**Figures 1, 2**). Kisaaka has been previously described in greater detail in Beverly et al. (2015a), but the soil features are summarized here for consistency along with all other paleosols sampled for bulk geochemical analysis. Additional details for each paleosol are provided in **Table 2** and in Supplementary Table 1, including soil horizons identified, soil b-fabric, percent illuviated clay, ratio of coarse to fine fraction, pedogenic features, depths of each sample collected, and USDA soil order.

The paleosols are designated as Paleosol 3 (oldest; P3) to 1 (youngest; P1) and can be correlated across the landscape using tephrostratigraphy (Figure 2). A well-developed paleo-Vertisol (P3) with pedogenic slickensides, wedge peds, parallel to granostriated b-fabric, and smectitic mineralogy overlies the tufa deposits that formed the base of the stratigraphic sequence (Tryon et al., 2014; Beverly et al., 2015a,b). This paleo-Vertisol, identified as Paleosol 3, was long-lived and formed between \sim 94 and 49 ka, with the upper age constraint corresponding to deposition of the Nyamita Tuff (Blegen et al., 2015). Overlying the Nyamita Tuff, Paleosol 2 is identified as a paleo-Inceptisol due to the lack of vertic features, angular blocky ped structure, FeMn coatings, and 0-3% illuviated clay coatings (Table 2). Paleosol 1, which is stratigraphically between the Nyamsingula and Menengai Tuffs, has identical pedogenic features to Paleosol 2, but a higher percentage of illuviated clay coatings (3-5%). Both Paleosols 1 and 2 have smectitic mineralogy, but higher amounts of tephra than Paleosol 3, likely limiting their shrinkswell capacity.

The Aringo Site (**Figure 1**) contains two paleosols: one below (P3) and one above the Nyamita Tuff (P2; **Figure 2**). Paleosol 3 is identified by the abundant vertic features in both outcrop (pedogenic slickensides) and in thin section (granostriated b-fabric), and smectitic mineralogy. Paleosol 2 at Aringo is a

tuffaceous paleo-Inceptisol with angular blocky peds, FeMn coatings on peds, carbonate nodules, but is slightly less developed than at Kisaaka because no illuviated clay coatings were identified.

One paleosol was identified at Aoch Nyasaya below the Nyamita Tuff. This paleo-Vertisol is dominated by a smectitic clay mineralogy, pedogenic slickensides, and well developed pedogenic carbonates, and is identified as Paleosol 3 (**Figure 2**, **Table 2**). One paleosol was also identified at the nearby Obware site, which overlies the Nyamsingula Tuff and is capped by the Menengai Tuff and can therefore be correlated to Paleosol 1 at the Kisaaka type section (**Figure 2**). The mineralogy of this paleosol is dominated by quartz with a fining-upward succession of gravel to fine sand. This paleosol is also classified as a paleo-Inceptisol due to the angular blocky peds, FeMn coatings, and moderately developed pedogenic carbonates.

Rusinga and Mfangano Islands

The stratigraphy was measured and paleosols were previously identified at Rusinga and Mfangano Islands (Tryon et al., 2010, 2012; Van Plantinga, 2011; Garrett et al., 2015), but this is the first detailed description of the paleosols from three sites: Nyamita, Wakondo, and Kakrigu. In general, these paleosols are weakly developed in comparison to Karungu and have a much larger grain size and increased volcaniclastic input (**Table 2**). Paleosols from two sites on Rusinga Island are examined here: Nyamita and Wakondo (**Figure 1**).

Two paleosols were described at Nyamita from two different localities: Nyamita 1 and Nyamita AV1006 (**Figure 2**). Nyamita 1 can be correlated to Paleosol 3 because it underlies the Nyamita Tuff. This paleo-Vertisol has well developed pedogenic slickensides and pedogenic carbonates as well as redoximorphic green and yellow mottling of the matrix. A paleosol overlying the Nyamita Tuff at the Nyamita AV1002 locality can be correlated to Paleosol 2 and is a weakly developed paleo-Inceptisol with high volcaniclastic input, angular blocky peds, FeMn coatings, and carbonate rhizoliths. One paleosol was identified at Wakondo that can be correlated to Paleosol 3 based on the position of the Wakondo Tuff. It is very similar to the paleo-Vertisol identified at Kisaaka, Aringo, Aoch Nyasaya, and Nyamita with welldeveloped vertic features (pedogenic slickensides and cross- and granostriated b-fabrics) and pedogenic carbonates.

The Kakrigu Site on Mfangano Island contains one weaklydeveloped paleo-Inceptisol with angular blocky peds, FeMn coatings, and poorly developed carbonate nodules and, based on the radiocarbon dating of gastropod shells, most likely correlates to the uppermost Paleosol 1.

Bulk Geochemistry

Bulk geochemistry from 7 paleosols previously published in Beverly et al. (2015a) and new data from 6 additional paleosols were used to estimate MAP using the following proxies: CALMAG (Nordt and Driese, 2010) for Vertisols only, and CIA-K (Sheldon et al., 2002) and PPM_{1.0} (Stinchcomb et al., 2016) for all other paleosol types. CALMAG was only applied to those paleosols identified as paleo-Vertisols based on these vertic features: pedogenic slickensides, wedge peds, rhizocretions, and micromorphological features indicative of shrink-swell processes (i.e., b-fabrics and septarian and circumgranular cracks). The CALMAG estimates for MAP range from 557 to 911 mm year⁻¹ with an average of 750 mm year⁻¹ (**Table 3**). The CIA-K estimates for MAP range from 552 to 1,000 mm year⁻¹ with an average of 800 mm year⁻¹. The PPM_{1.0} estimates for MAP range from 747 to 1,283 mm year⁻¹ with an average of 1,010 mm year⁻¹. The CIA-K and PPM_{1.0} proxies were applicable for all identified paleosols because none are identified as paleo-Aridisols or Oxisols, they have no significant topographic relief, and they have no evidence indicative of a highly waterlogged soil. The Nyamita Tuff is used as a division between the upper and lower paleosols because it is dated to ~49 ka (OSL), and because it is lithologically distinct and a visible stratigraphic marker on the landscape that is present at most sites.

DISCUSSION

Paleoclimate Reconstruction

The stratigraphy at Karungu and Rusinga and Mfangano Islands (**Figure 2**) is dominated by paleosols that, based on various dating methods (Blegen et al., 2015, 2016) and paleosol features, likely represents most of the \sim 58 kyr interval between 94 and 36

Locality	Site	CALMAG	CIA-K	PPM _{1.0}	
		mm year ⁻¹	mm year ⁻¹	mm year ⁻¹	
		$\text{SE}\pm108$	SE ± 182	$SE \pm 228$	
Above Nyamita	Tuff (Age: 49-	-36 ka)			
Kakrigu	DP1011	-	552	1,182	
Kisaaka	10	-	1,000	1,118	
Kisaaka	10	-	716	1,075	
Kisaaka	13	-	894	1,065	
Kisaaka	13	-	946	1,038	
Aringo	5	-	864	1,024	
Obware	2	-	698	1,109	
Nyamita	AV1002	-	614	1,084	
	Mean	-	786	1,087	
	Range	-	552-1,000	1,038–1,182	
Below Nyamita	Tuff (Age: 94-	-49 ka)			
Kisaaka	4F	735	812	904	
Kisaaka	10	847	920	889	
Kisaaka	12	813	954	893	
Kisaaka	13	620	713	824	
Aringo	3	911	812	935	
Aoch Nyasaya	5	557	657	1283	
Wakondo	Bovid Hill	767	819	1051	
Nyamita	1	750	829	747	
	Mean	750	815	941	
	Range	557–911	657–954	747–1,283	
All Paleosols Range		557-911	552-1,000	747–1,283	
	All Paleosols Average		800	1 010	

-Not applicable to Paleosol order.

ka. Paleosol 3 is dated to between 94 and 49 ka and is identified across the region at Kisaaka, Aringo, Aoch Nyasaya, Wakondo, and Nyamita. The very well-developed pedogenic slickensides and pedogenic carbonates indicate that this paleo-Vertisol was subjected to prolonged pedogenesis and was a stable land surface regionally for a long period of time. The paleo-Inceptisols above the Nyamita Tuff are dated to between 49 and 36 ka and pedogenic features identified in these paleosols support the interpretation that they were deposited over a shorter duration of time. The paleo-Inceptisols from Kisaaka and Aringo contain up to 3-5% illuviated clay. Using the age-estimate model for clay coating accumulation by Ufnar (2007), 3-5% illuviated clay indicates that pedogenesis occurred for \sim 3–7 kyr per paleosol (Beverly et al., 2015a). This may be an overestimation for an East African monsoonal climate, which may weather more quickly than subtropical soils from southeastern Mississippi used to develop this chronofunction (Ufnar, 2007), but it does indicate a period of weathering long enough for the soil to come into equilibrium with climate. The three paleosols preserved in the late Pleistocene deposits along the northeastern margin of Lake Victoria are spread across an area of \sim 1,000 km² along the northeastern margins of Lake Victoria and thus can be inferred to represent regional climate. Based on their distribution and our age estimates for pedogenesis, these three paleosols likely represent a time-averaged, but relatively complete, record of ~58 kyr of climate in the Lake Victoria region between 94 and 36 ka.

MAP estimates range from 557 to 1,283 with an average of $750 \pm 108, 800 \pm 182$, and $1,010 \pm 228 \,\mathrm{mm \ year^{-1}}$ for the CALMAG, CIA-K, and PPM_{1.0} proxies, respectively (Table 3). Although there is variability between each proxy, they are within standard error margins, and all estimates are significantly less than modern MAP in the Lake Victoria basin. Calculating precipitation over the Lake Victoria Basin is difficult due to the lack of consistent station coverage and interruptions in recording periods (Yin and Nicholson, 1998), and thus reported precipitation varies wildly. The most commonly reported MAP ranges from 1,400 to 1,800 mm year⁻¹ (Yin and Nicholson, 1998; Sutcliffe and Parks, 1999). Assuming a MAP of 1,400 mm year⁻¹, this suggests that average precipitation during the Late Pleistocene was 54, 57, or 72% of modern precipitation (CALMAG, CIA-K, and PPM_{1.0} proxies, respectively). Thus, we suggest that the Lake Victoria region was likely significantly drier for this entire interval, but acknowledge that sub-millennial scale trends may not be resolvable. This agrees with isotopic data from fossil fauna, which document a >20% reduction in MAP relative to modern conditions (Garrett et al., 2015).

Given our evidence for drier conditions and previous water budget modeling for the lake, we hypothesize that Lake Victoria had a much smaller surface area than modern from 94 to 36 ka. Previous water budget models (Broecker et al., 1998; Milly, 1999) indicate that Lake Victoria would be reduced to <20% of current surface area with a MAP between 557 and 1,283 mm year⁻¹. A Late Pleistocene dessication surface of unknown duration is also identified in Lake Victoria at ~80 ka using sedimentation rates and seismic stratigraphy (Stager and Johnson, 2008), which supports our interpretation. Additionally, this dry interval between 94 and 36 ka in the Lake Victoria region also partially overlaps with the megadrought identified in Lakes Malawi, Tanganyika, and Bosumtwi between 135 and 70 ka (Scholz et al., 2007) with a revised age-model indicating Lake Malawi was significantly lower between 146 and 115 ka and again between 107 and 74 ka and has remained deep since \sim 70 ka (Lyons et al., 2015; Ivory et al., 2016).

Zonal shifts in the ITCZ are often used to explain precipitation changes in tropical Africa; however, it is unlikely that the ITCZ could be shifted so far south to prevent its bi-annual crossing of Lake Victoria. Widespread climatic variability likely peaked between 145 and 60 ka (Laskar et al., 2004; Scholz et al., 2007) due to eccentricity-enhanced precession, and climate modeling (Clement et al., 2004) indicates that when eccentricity is high, precessional forcing is greater at low latitudes compared to high latitudes. This orbital mechanism explains the aridity for Lakes Malawi, Tanganyika, Botsumtwi, and Victoria during the megadrought, but after 70 ka, all these lakes began to refill, with the exception of Lake Victoria (based on MAP estimates and previous water budget modeling). The refilling of these lakes is attributed to stable precipitation conditions as eccentricity decreased (Scholz et al., 2007). The paleosol-based paleoprecipitation reconstruction indicates that Lake Victoria region remained dry until 36 ka, which is similar to the cooler and drier conditions in the Horn of Africa between 50 and 75 ka (Tierney et al., 2017) and to the record of Lake Naivasha (Trauth et al., 2003), ~250 km to the east. Because eccentricity decreased from 70 to 36 ka, the cause for extended aridity from \sim 70 to 36 ka in the Lake Victoria region must be due to factors other than eccentricity-enhanced precession. Lake Naivasha level was low-to-intermediate between 105 and 60 ka and dry between 60 and \sim 35 ka (Trauth et al., 2003). Low levels in Lake Naivasha have been attributed to low sea surface temperatures (SSTs) in the Indian Ocean that weakened the monsoon (Bard et al., 1997; Trauth et al., 2003), and the desiccation of Lake Victoria between 15 and 18 ka has similarly been attributed to low SSTs (Stager et al., 2011). This suggests that Lake Victoria may have been antiphased with the southern tropics between 70 and 36 ka as has been demonstrated in other records (Partridge et al., 1997; Gasse, 2000; Trauth et al., 2003; Castañeda et al., 2007).

Paleo-Critical Zone Reconstruction and Implications for Early Modern Humans

The tephrostratigraphy and our detailed analyses of the paleosols between tephra allows for the reconstruction of the landscape in the northeastern Lake Victoria Basin as a series of paleo-CZs. Below the Nyamita Tuff, the oldest paleo-CZ (P3) is dominated by well-developed paleo-Vertisols. The parallel, cross, and granostriated b-fabrics in the micromorphology and welldeveloped slickensides all indicate rainfall seasonality. Bulk geochemical pedotransfer functions for reconstructing Vertisol properties such as salinity, sodicity, pH, and cation exchange capacity were applied on the Kisaaka Vertisols and all indicate fertile soil with saline-sodic conditions that would have affected plant size or been limited to salt tolerant species (Beverly et al., 2015a). In modern African savanna ecosystems, vegetation is greatly affected by both vegetation and soil texture (sand vs. clay), and a simple abiotic model created by Johnson and Tothill (1985) can be used to predict the type of vegetation in paleosols (Wynn, 2000; Beverly et al., 2015a). Based on MAP estimates and a dominantly clay grain size, this lower paleo-CZ was a seasonally dry but fertile soil affected by high salinity and sodicity. Vegetation would have ranged from savanna grassland to savanna parkland (**Figure 3A**).

In the paleo-CZ overlying the Nyamita Tuff (P1 and P2), the pedotransfer functions for reconstructing soil properties were not applied because these paleosols were identified as paleo-Inceptisols, and this proxy is only applicable to paleo-Vertisols. However, the abundance of illuviated clay (3–5%) indicates seasonal precipitation where moderate rainfall falls on a dry soil. Similar ranges of MAP, but higher amounts of volcaniclastic or tuffaceous material in the upper paleo-CZ suggest a seasonally dry, savanna parkland to savanna woodland similar to that currently found in the broader Serengeti Ecosystem (**Figure 3A**).

These reconstructions of the upper and lower paleo-CZ using paleosol features, grain size, and bulk geochemical proxies for MAP also agree with vegetation reconstructions using pedogenic carbonates, soil organic matter, and tooth enamel from Rusinga and Mfangano Islands, which indicate the local occurrence of a woodland to grassy woodland surrounded by an expansive C₄ grassland (Faith et al., 2015; Garrett et al., 2015; Tryon et al., 2016). The fossils from this region are dominated by a diverse population of grazing herbivores and arid-adapted ungulates such as oryx (*Oryx beisa*) and Grevy's zebra (*Equus grevyi*), which are found far outside their modern range of arid eastern and northeastern Africa (Faith et al., 2015).

All of these data indicate that an expansion of arid-adapted fauna and Serengeti-like grasslands likely occurred during the Late Pleistocene with the Serengeti as a reasonable modern analog (Figure 3B). This contrasts with the historic evergreen bushland, thicket, and forest habitats in the Lake Victoria region (Figure 3C; White, 1983). Vegetation models (Cowling et al., 2008) and phylogeographic observations derived from savannah ungulates (Lorenzen et al., 2012) predict that more open vegetation would have facilitated dispersals of mammal species, including humans, across equatorial east Africa, and the reduction in size of Lake Victoria, which would have removed a significant geographic barrier, is likely to have further enhanced dispersal potential. Importantly, many of the mammalian taxa that co-occur in fossil assemblages from Rusinga, Mfangano, and Karungu are allopatric today and historically, forming what Faith et al. (2015, 2016) refer to as "non-analog supercommunities," comprised of taxa for which Lake Victoria currently serves as a major barrier. This includes, for example, the co-occurrence of white rhinoceros (Ceratotherium simum; historically northwest of the lake), Grevy's zebra (northeast of the lake), and southern reedbuck (Redunca arundinum: south of the lake). From this perspective, the absence of the lake and expansion of more open vegetation likely facilitated range expansions for these taxa. The fossil fauna co-occur with Middle Stone Age artifacts. The implication is that MSA-equipped humans also dispersed into the center of the basin with lake-level retreat. Reducing the effects of Lake Victoria as a biogeographic barrier for the movement



FIGURE 3 | Reproduced with permission from Beverly et al. (2015a) and Johnson and Tothill (1985). (**B**) Modern analog for the paleo-CZs. A C_4 dominated savanna grassland with arid-adapted fauna such as zebras and wildebeest. Photograph by J.T. Faith. (**C**) View of modern Mfangano Island from Lake Victoria. Photograph by C.A. Tryon. Historical vegetation in the Lake Victoria region was evergreen bushland, thicket, and forest habitats.

of fauna would have encouraged, although not dictated, the dispersal of humans along the Nilotic corridor as an avenue for the movement of modern humans out of and within Africa between 94 and 36 ka (Tryon et al., 2016).

CONCLUSIONS

The results presented in this study indicate that the paleosols of the late Pleistocene deposits in the northeastern Lake Victoria Basin record a much drier climate (54-72% of modern MAP) along the northeastern coast of Lake Victoria during the Late Pleistocene (94-36 ka). The degree of development of paleosol features indicate that these soils likely represent a timeaveraged, but relatively complete record of this interval. Paleosol features and bulk geochemistry indicate that the paleo-CZs were seasonally dry but fertile soils; however, high salinity and sodicity would likely have limited the vegetation to those tolerate of higher levels. Based on grain size and reconstructed MAP, these paleosols likely could support vegetation ranging from savanna woodland to grassland, which is very similar to modern Serengeti woodlands and savanna (Figure 3A) and starkly different from the historical evergreen bushland, thicket, and forest habitats (Figures 3B,C). This interpretation is consistent with evidence from stable isotopes from fossil teeth, pedogenic carbonates, and organic matter, all of which indicate a much drier environment dominated by C₄ grasses. In addition, arid-adapted fossil fauna such as Grevy's zebra collected from the late Pleistocene deposits in the northeastern Lake Victoria Basin are far outside their known historical range. The formation of the paleosols also overlaps with desiccation surface identified from seismic surveys in Lake Victoria at ~80 ka (Stager and Johnson, 2008) and partially overlaps with the megadrought (135-70 ka) identified by Scholz et al. (2007) in Lakes Malawi, Tanganyika, and Bosumtwi. However, the extended aridity between 70 and 36 ka suggests that Lake Victoria responded differently to the shift to high-latitude forcing that caused the refilling of Lakes Malawi, Tanganyika, and Bosumtwi at \sim 70 ka. Low SSTs that weakened the monsoon may be responsible for low levels in Lake Victoria and similar to the record identified at Lake Naivasha (Bard et al., 1997; Trauth et al., 2003). Previous models of Lake Victoria indicate that this decrease in rainfall would have greatly reduced the surface area of Lake Victoria to <20% of modern and would have lessened the effects of Lake Victoria as a biogeographic barrier to humans and other fauna. The simultaneous reduction in size of Lake Victoria and expansion of grasslands would have enhanced the Nilotic corridor as an avenue for human dispersal within and out of Africa between 94 and 36 ka.



Mfangano Island, Kenya

AUTHOR CONTRIBUTIONS

DP, JF, and CT developed the Lake Victoria Prehistory Project. EB described the paleosols from Karungu and Rusinga, conducted all paleosol analyses, and wrote the manuscript. DP described and collected paleosols from Mfangano. SD contributed to micromorphological and paleopedological interpretations of paleo-Vertisols, as well as to paleo-Critical Zone concepts. GS applied the PPM_{1.0} model to the bulk geochemical data. DP, JF, CT, EB, and NB conducted geological, paleontological, and archeological analyses at all sites. All authors edited and approved the manuscript.

FUNDING

This research was funded by the National Geographic Society Committee for Research and Exploration (9284-13 and 8762-10), the National Science Foundation (BCS-1013199 and BCS-1013108), the Leakey Foundation, the Geological Society of America, the Society for Sedimentary Geology (SEPM), the University of Queensland, Baylor University, the Baylor University Department of Geology Dixon Fund, New York

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University, Harvard University, and the American School for Prehistoric Research.

ACKNOWLEDGMENTS

This research was originally published as a chapter in a dissertation by EB (Beverly, 2015). Fieldwork at Rusinga Island and Karungu was conducted under research permits NCST/5/002/R/605 issued to EB, NCST/RCD/12B/012/31 issued to JF, NCST/5/002/R605 issued to SD, NCST/5/002/R/576 issued to CT, and NCST/RCD/12B/01/07 issued to DP. We also greatly appreciate the support of the National Museum of Kenya (NMK), especially Drs. E. Mbua and F. Manthi. We also greatly appreciate the assistance of S. Longoria of the NMK and Z. Ogutu in the field, and Baylor undergraduates L. N. Arellano and W. Horner.

SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/feart. 2017.00093/full#supplementary-material

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Conflict of Interest Statement: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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