



Extinction Dynamics Under Extreme Conservation Threat: The Flora of St Helena

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The flora of the island of St Helena provides an amplified system for the study of extinction by reason of the island's high endemism, small size, vulnerable biota, length of time of severe disturbance (since 1502), and severity of threats. Endemic plants have been eliminated from 96.5% of St Helena by habitat loss. There are eight recorded extinctions in the vascular flora since 1771 giving an extinction rate of 581 extinctions per million species per year (E/MSY). This is considerably higher than background extinction rates, variously estimated at 1 or 0.1 E/MSY. We have no information for plant extinctions prior to 1771 but applying the same extinction rate to the period 1502-1771 suggests that there may be around 10 unrecorded historical extinctions. We use census data and population decline estimates to project likely extinction forward in time. The projected overall extinction rate for the next 200 years is somewhat higher at 625 E/MSY. However, our data predict an extinction crunch in the next 50 years with four species out of the remaining 48 likely to become extinct during this period. It is interesting that during a period when the native plant areas dropped to 3.5% of the original, the extinction rate appears to have remained shallowly linear with under 30% of the endemic flora becoming extinct.

Keywords: plant extinction, extinction rate, oceanic island, island extinction, St Helena, dark extinction, extinction debt, species-area curve

INTRODUCTION

Extinction Dynamics Under Population Decline

Habitat loss leading to species extinction has been called the signature problem of our times (He and Hubbell, 2011), and recent studies have indicated the extent of the problem (Gray, 2019; Humphreys et al., 2019; Tollefson, 2019). The study of extinction dynamics (environmental, temporal, and organism-specific variation in extinction risk) has been applied to a variety of extinction contexts, such as extinction due to environmental and demographic stochasticity (Lande and Orzack, 1988; Lande, 1993), local extinction risks in metapopulations (Franken and Hik, 2004; Snäll et al., 2005), and extinction rates of species and clades in geological time (Liow et al., 2008; Purvis, 2008).

Species extinction is of particular importance as there is widely perceived to be a species extinction crisis (Ceballos et al., 2015; Díaz et al., 2019), with anthropogenic extinction running much higher that the natural (background) extinction rate. Pimm et al. (1995) used extinction

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per million species per year (E/MSY) as a metric for the extinction rate, and suggested that background extinction was roughly 1 E/MSY. In a later paper (De Vos et al., 2015), the general background extinction rate was revised down to 0.1 E/MSY (with an estimate specifically for plants of 0.002–0.324 E/MSY).

Anthropogenic loss of natural habitat is a widespread phenomenon of the anthropocene. A large proportion of terrestrial land area has been converted to what Janzen (2001) called "agroscape" (i.e., the agricultural landscape of ranches, plantations, and crop fields, along with associated infrastructure of roads, buildings, and drainage or irrigation ditches). In this agroscape, relict wildland trees often exist as non-viable populations or single non-reproducing individuals that Janzen has called the "living dead" (Janzen, 2001). In addition to the agroscape, there has been an increase in degraded land (wildland with decreased biodiversity due to resource extraction, introduced biota, erosion, or desertification). The decrease of habitat due to these factors is expected to cause extinction, as there are generally more species on large areas of land than on small ones. This led to early attempts to predict extinction using the species-area relationships (SARs) that had been successfully established in the ecological literature to predict the numbers of species in plots or landscape features (such as islands) of differing areas (McGuinness, 1984). It was subsequently realized that ecological SARs greatly overestimate the observed extinction and the naive use of SARs to predict extinction was abandoned (He and Hubbell, 2013).

An explanation for deviations from the SAR had been provided by Diamond (1972), who, borrowing from physics, introduced the idea of "relaxation time," i.e., the time taken by a system to reach to equilibrium after perturbation. Diamond took the example of Fergusson Island off the coast of New Guinea, which has been contracted from a much larger area by postglacial sea-level rise c. 10,000 years ago. Applying the appropriate SAR, Diamond estimated that the original area would have had 108 bird species, but now (much reduced in area) should have only 59 species. The actual number of birds was found to be 86, which he attributed to an incomplete decay of the avifauna to the new equilibrium, and he calculated a relaxation time of 16,700 years. The theoretical excess of species over the expected equilibrium number (27 in the Fergusson Island example) was later called "extinction debt," a term coined by Tilman et al. (1994). Extinction debt was originally derived by Tilman et al. from metapopulation dynamics but subsequently has been more widely applied (Malanson, 2008).

Oceanic islands have many advantages for studying extinction: they are discrete systems, often well studied and with severe disturbance extending back in time to the early voyages of discovery, which frequently introduced predators or herbivores. There has therefore been time for biotic relaxation and for extinctions to accumulate. Furthermore, an advantage of specifically studying biota that is endemic is that immigration can be discounted as a factor. Plants are advantageous in that they tend to be taxonomically well-known. Invertebrate extinctions on islands (including St Helena) have been addressed (Gray et al., 2019) but there are often taxonomic impediments (Cardoso et al., 2011). Endemic vertebrates (excepting birds) tend to be rare on islands due to dispersal limitations. A recent application of SAR approaches to island plants and invertebrates has found strong evidence of extinction debt (Otto et al., 2017). However, while wishing to place plant extinction in St Helena in the context of SAR approaches, we also wish to predict extinction more directly by finding evidence for population decline of species and projecting these declines forward in time, to generate decline-based, rather than SAR-based, future extinction curves. A recent study (Ceballos et al., 2017) examined vertebrate extinction through the lens of population decline and found widespread population decay, which they interpret as a prelude to a high level of species extinction. There is now more that ever a need to examine actual examples of species extinction rates and population declines in nature.

St Helena

The south Atlantic island of St Helena (15°56'S, 5°43'W) is suitable for this purpose. It is a discrete system and its small area allows high quality estimates of population size. The flora is also well known taxonomically (Cronk, 2000; Lambdon, 2012) and contains many endemic species, so that island extinction is also tragedy of species extinction. The endemics are under severe threat to their conservation.

The original vegetation has been largely destroyed, or at least much modified, and the indigenous plants survive mainly in relict patches and on cliffs (Cronk, 1989). The first agent of large-scale destruction was the introduction of the goat (*Capra hircus*) shortly after discovery by Portuguese navigators in 1502. The goat was soon (in 1588) recorded in flocks "near a mile long" (Cronk, 1986a). It appears that under this onslaught the vegetation was thinned or in places extirpated, exposing the soil on the steep slopes to massive sheet and gulley erosion. This destruction mainly took place over the outer, dryer parts of the island, an area now called "crown waste" although it would once have been fully vegetated (although in the driest areas vegetation cover was unlikely to have been complete).

The next major phase of destruction came with the first permanent settlement of the island by the English East India Company in 1659. The remaining native trees provided the only source of timber, tanbark (Cronk, 1983), and fuel for heating, cooking, and distilling liquor (Cronk, 1986b). The settlers unsustainably felled vast quantities of native trees. Woody native vegetation was also cleared to create pastureland using grass seed brought at first from England, and later from subtropical regions. This phase was particularly destructive to the intermediate elevations most suitable for agriculture.

More recently, in the 19th and 20th centuries, a third phase of ecological catastrophe occurred: a great acceleration in the rate of deliberate alien plant introduction. Many of these plants have now become invasive, destroying remnant patches of native vegetation. Along with the plants came insect and microbial pests that have caused additional havoc (Fowler, 2004). Of especial note was the replacement of native woodland and thicket by introduced New Zealand flax (*Phormium tenax*) on the high parts of the central ridge. This plant was cultivated for industrial fiber. Although the industry was abandoned in the 1950s as no longer commercially viable, the establishment of large plantations from the late 19th century onward eliminated much of the montane woodland in St Helena.

Unsurprisingly, all the native plants have declined, some precipitously, and some are extinct. Our intention here is to characterize the past extinction and future extinction risks of all endemic species in a flora that is under severe threat, in order to determine historical extinction rates and to make predictions about extinction rates in the near and medium-term future. For this, we use accurate recent survey data on the distribution and numbers of these endemics and natives to predict the tempo of future extinction.

MATERIALS AND METHODS

The Flora List

Floristic information follows the recent literature (Cronk, 2000; Lambdon, 2012). Of the known modern endemic flora eight plants are already extinct (**Table 1**). Most of these (six) are completely extinct while two are extinct in the wild but still remain in cultivation, and are the subject of conservation planting into semi-natural habitat. A further 46 endemic plants still exist in the wild, but many are extremely rare (Cronk, 2000; Lambdon, 2012). All the extant endemics are summarized in **Table 2**. We have also included in **Table 2** two indigenous species that, while not recognized taxonomically as endemic taxa, may represent evolutionarily distinct populations, and are thus of conservation concern. **Table 2** thus includes 48 extant species which are used in all analyses (48 extant, eight extinct: 56 in total).

Habitat Survey and Population Census

The current population numbers of all the St Helena extant endemic plant species were determined by an extensive survey procedure conducted in 2013–14 (Lambdon and Ellick, 2014). During this survey, 570 parcels of land containing endemic plants (typically of around one hectare and delimited to coincide with areas of remaining habitat and as manageable survey units) and an additional 300 point locations where scattered endemic

TABLE 1 Extinct plants of St Helena (8), with extinctions post-1771 (the date of the Banks and Solander visit, taken as the start of scientific recording).

Species	Endemic genus	Approximate extinction date in wild	Cultivated	
Acalypha rubra	no	1871	No (EX)	
Nesiota elliptica	yes (monotypic)	2002	No (EX)	
Lachanodes arborea	yes (monotypic)	2012	Yes (EW)	
Trochetiopsis erythroxylon	yes	1960	Yes (EW)	
Trochetiopsis melanoxylon	yes	1790	No (EX)	
Wahlenbergia burchellii	no	1880	No (EX)	
Wahlenbergia roxburghii	no	1840	No (EX)	
Heliotropium pannifolium	no	1820	No (EX)	

Species extinct in the wild (EW) but still cultivated are distinguished from those species completely extinct (EX).

individuals were recorded. A list of endemics was compiled for each parcel, and the number of mature individuals (NMI) was estimated for each, either directly or by sub-sampling variablesize (1-25 m²) plots (quadrats) and multiplying the average densities by the total area. The parcels surveyed in detail cover approximately 3.5% of the total land area of St Helena but contain approximately 99% of the remaining endemic plant populations, with the remaining 1% in the 300 point survey locations. Populations of endemic plants are very sparse and scattered, and often restricted to a few plants on inaccessible cliffs, particularly in the dryland areas. For sites centered on cliffs or otherwise inaccessible, counts were made from highresolution photographs. As a result of the survey, accurate counts for the total NMI comprising each species were estimated. For species with small total world populations (e.g., NMI < 100) these are exact total counts. When larger, quantitative methods for population estimation were used (see above) and upper and lower bounds for these estimates are given. Basic details of the survey are available online (Lambdon and Ellick, 2014). The data from the survey were then incorporated into IUCN Red List accounts available at https://www.iucnredlist.org/searchable under species name. The primary data are also available at the Dryad repository (see section "Data Availability Statement").

Calculation of Extinction and "Dark Extinction" Rates

A number of endemic plants collected since botanical recording began are now extinct. Examination of historical literature and herbarium specimens (Cronk, 2000; Lambdon, 2012) allows an approximate date of extinction to be determined for all of these (summarized in Table 1). An extinction curve may then be plotted. The 1771-2017 extinction rate is calculated based on eight species extinctions since 1771 out of a total species pool of 56 species known (i.e., 48 extant and eight extinct species). It is highly likely, given the extent of habitat destruction in the first two centuries after discovery, that some extinction occurred before the start of scientific recording with the visit of Banks and Solander to the island in 1771. These hypothetical extinct plants ("dark extinction") are unknown to science but the likelihood of their existence must be acknowledged. A reasonable first approximation is to extrapolate the curve of known extinctions back to 1502.

Assessment of Population Trends

With the possible exception of *Bulbostylis lichtensteiniana* all the endemic plants surveyed had declined when compared to historical records. A protocol was developed for quantifying the rate of this decline. The current numbers were compared to historical sources paying particular attention to estimates of abundance, either general or from named localities mentioned in (1) all significant published and unpublished historical records, including those of Burchell (Cronk, 1988), Melliss (1875); Cronk (2000), and Lambdon (2012); (2) unpublished written sources including recent reports; and (3) botanical field observations (dating back to the 1980s, contributed by researchers and local residents). Next, discrepancies between **TABLE 2** | Endemic flora of St Helena extant in wild, with major phylogenetic groups indicated [M-M = Magnoliophyta (monocot); M-ED = Magnoliophyta (eudicot);

 L = Lycopodiophyta; F = Polypodiophyta (fern)].

Species_name	Major group	IUCN cat.	EOO	Habitat area (m ²)	NMI	NMI (range)	Half-life (years)	Half-life (range)
Bulbostylis lichtensteiniana	M-M	LC	76868547	573560	622700	394117–975809	10000	5000- 100000
Hydrodea cryptantha	M-ED	LC	76499905	10653200	364900	333706–387703	1000	500-10000
Diplazium filamentosum	F	LC	6738662	406890	238200	202288-284551	5000	80–50000
Eragrostis saxatilis	M-M	EN	32337452	669280	106600	101589-112255	242	78–750
Pseudophegopteris dianae	F	LC	6144945	346830	94800	37752-166715	5000	500-50000
Dicksonia arborescens	F	VU	6521355	307900	87400	55575-121880	5000	500-50000
Osteospermum sanctae-helenae	M-ED	LC	110761186	1023700	73800	46957-112470	1000	500-10000
Chenopodium helenense	M-ED	VU	72403607	27620	40300	10882-154558	800	700–1500
Commidendrum rugosum	M-ED	VU	94842814	573800	34600	30310-43174	1000	500-10000
Carex dianae	M-M	LC	6982415	280090	32100	4998-58220	5000	500-50000
Bulbostylis neglecta	M-M	CR	18868673	101660	20300	7626-45562	450	100-900
Pteris paleacea	F	LC	6057110	292170	17600	7812-27599	670	320-1400
Elaphoglossum furcatum	F	NT	25525121	50393	10000	_	542	210-1400
Berula bracteata	M-ED	VU	3608042	57117	9960	8874-11945	380	145–1000
Wahlenbergia angustifolia	M-ED	VU	45020389	45790	8800	5466-16729	140	63–310
Asplenium compressum	F	VU	4002671	251960	8370	426-22733	600	270-10000
Hymenophyllum capillaceum	F	EN	1634140	252820	6520	_	800	650-1400
Berula burchellii	M-ED	EN	1380805	22797	6420	3237-10860	212	100-450
Trimeris scaevolifolia	M-ED	VU	2826975	52697	6280	1247–14446	700	200-1000
Frankenia portulacifolia	M-ED	CR	64576748	216660	3530	3346-3722	1450	200-1800
Hypertelis acida	M-ED	CR	33122734	133340	3190	2237-4648	43	23-105
Eragrostis episcopulus	M-M	CR	41495278	41601	3190	3128-3249	40	18-104
Plantago robusta	M-ED	CR	56996416	153370	2740	2627-2852	104	52-260
Panicum joshuae	M-LD M-M	VU	70777920	211900	2340	2228-2465	90	52-200
Grammitis ebenina	F	EN	2770740	90830	2340	1943–2928	90 38	27-54
Melanodendron integrifolium	M-ED	VU	7746392	249350	2350	2187-2358	1000	500-5000
Dryopteris napoleonis	F	EN	14634627	21584	2200	831-3839	300	105-857
	M-ED	CR	68861788		1640			
Pelargonium cotyledonis	M-ED F	NT		228590		1558–1719	1350	330-5522
Cheilanthes multifida*	F		58327287	43576	1530	783-3634	222	88-460
Dryopteris cognata		CR	1576886	167080	813	162-1671	1550	225-5000
Commidendrum robustum	M-ED	CR	20443833	16284	678	678-678	700	140-5000
Elaphoglossum conforme	F	CR	1464155	6398	622	602-643	1350	105-5000
Asplenium platybasis	F	EN	1633018	188140	579	77–1357	600	70–2000
Euphorbia heleniana	M-ED	CR	56511434	24776	210	205-215	1350	205-2000
Ceterach haughtonii	F	CR	73907477	11175	180	172–190	205	105-2000
Commicarpus helenae	M-ED	CR	39177616	7544	177	159–194	70	30–200
Petrobium arboreum	M-ED	EN	2134266	98318	131	130–132	31	19–62
Elaphoglossum nervosum	F	CR	156184	3465	69	69–69	210	53–800
Elaphoglossum dimorphum	F	CR	1017906	129	66	65–67	65	10–150
Pladaroxylon leucadendron	M-ED	CR	2258167	99145	55	55–55	60	40–200
Nesohedyotis arborea	M-ED	CR	2176919	65804	47	47–47	30	18–60
Wahlenbergia linifolia	M-ED	CR	66435	2134	40	40–40	20	10–40
Phylica polifolia	M-ED	CR	6681670	13545	35	35–35	60	40–200
Commidendrum spurium	M-ED	CR	402	315	6	6–6	20	10–40
Trochetiopsis ebenus	M-ED	CR	1753	1576	5	5–5	95	10–200
Huperzia saururus*	L	CR	104	73	3	3–3	15	5–40
Mellissia begoniifolia	M-ED	CR	-	113	2	1–3	30	10–70
Commidendrum rotundifolium	M-ED	CR	-	13	1	1–1	40	10–80

Also given is the latest (2016) IUCN category [LC = locally common; EN = endangered; VU = vulnerable; CR = critical; NT = not threatened; these IUCN categories incorporate recent information (Lambdon and Ellick, 2014)]. EOO = extent of occupancy; NMI = number of mature individuals (see section "Materials and Methods"); 48 species in total. Species marked with an asterisk are indigenous but not currently considered endemic at species rank. They are included with the endemics here as they are species of potential phylogeographic interest and may contain endemic variation. Persicaria senegalensis (Meisn.) Soják (P. glabrum auct.) is excluded from this group due to uncertain status; it became extinct around the year 2000 (Lambdon, 2012).

modern and historical records were converted to percentage decline per unit time [time to percent decline (TPD); Stanton et al., 2016]. This is straightforward where quantitative historical population estimates exist (as for *Nesohedyotis arborea*; Percy and Cronk, 1997), but where only general or verbal estimates of abundance are available, a decline estimate was made with wide lower and upper bounds to indicate appropriate uncertainty.

Rate of Habitat Decline

In order to estimate the relationship between the historical loss of habitat area (HA) and the loss of species through extinction (the extinction species-area curve), an estimate of the rate of habitat destruction is needed. As noted in Section "Introduction," habitat destruction came in three main phases, starting with the rapid increase of introduced goats in the early 16th century (Cronk, 2000). The initial destruction was catastrophic. As early as 1588 a visitor to the island noted the huge size of the goat flocks (Cronk, 1986a). It is not unreasonable to suppose that up to 50% of native habitat may have been destroyed in the first century alone. Colonization occurred in the next century (17th), which entailed the cutting of native forest for timber and for the establishment of upland pastures. Approximately half of the remaining vegetation was destroyed in this century. In the next century (18th) expanding population gave rise to a high demand for timber and gumwood woodland, especially the "Great Wood" in the east of the island was cut incessantly until only fragments remained. These depredations, and continued depredations by grazing and browsing animals, led to an estimated decline of 50% of the remaining area. This pattern of decline continued in the 19th and 20th centuries with the massive introduction of non-native plants driven by British colonial expansion and the network of botanical gardens centered on the Royal Botanic Gardens, Kew. New Zealand flax (P. tenax) was introduced as a fiber industry (that lasted until the 1950s) and much land was cleared of native trees on the central ridge although this became progressively more difficult as flax planting extended into more inaccessible and steeper terrain. An exponential decay model therefore very effectively summarizes the known facts of natural habitat decline, with approximately half of the remaining habitat destroyed in every century, i.e., negative exponential decline with a half-life $(t_{1/2})$ of approximately 100 years (more precisely $t_{1/2} = 109.5$ years to give the observed decline from 100 to 3.5% since 1502). A half-life model is consistent with the observation that absolute amounts of habitat lost per century have declined as remaining native vegetation became restricted to remote areas, steep slopes, and sheer cliffs that were less easy to impact by man and goats and until recently, invasive biota. Although the early records are not sufficiently detailed to deduce the precise course of reduction of the native plant area, we believe that the half-life model is a reasonable working hypothesis consistent with available historical knowledge. Habitat continues to decline in a similar fashion even though cutting, clearing, and grazing in the remaining native HAs has ceased and protected areas have been established. This is due to continuing and massive expansion of introduced invasive plant species, for instance, wild mango (Schinus terebinthifolius) and whiteweed (Austroeupatorium inulifolium). Although conservation measures to control invasive

plants have been implemented, such is the scale of the invasion that these are only effective in limited areas.

Estimating Plant Decline and Future Extinction

The TPD figures (see above) were standardized by conversion to half-lives (time to 50% decline: TPD50) using a simple exponential function, i.e., $t_{1/2} = t/log_{1/2}(N_t/N_0)$, where $t_{1/2}$ is the half-life (TPD50), t is the time period over which population decline has been measured, and N_t/N_0 is the proportion of the population remaining after t. We use the exponential for the decline curves as this is a very common general form of decline curve (Di Fonzo et al., 2013). The TPD50 for a species is therefore assumed to be constant, following an exponential decay process. The TPD50 was then used in combination with the total NMI to project changes in NMI forward in time. Under this simple model, plants are taken as extinct when NMI < 1.

RESULTS

Quantification of Historical Extinction

Early records and collections of endemic plants are sparse and scientific recording can be said to commence with the visit of Banks and Solander in 1771, traveling on Cook's first voyage, and followed by the arrival of W. J. Burchell in 1805 (Cronk, 1988). Banks and Solander collected Trochetiopsis melanoxylon [sensu typi; Cronk, 1995], a plant that must have been very rare as it was not recorded 4 years later by J.R. and G. Forster traveling on Cook's second voyage. In fact, it has never been again: the first recorded historical extinction of a St Helena plant. Between 1771 and the present, a search of historical records and herbarium specimens reveals that there are eight endemic species historically recorded that no longer exist in the wild (Table 1). The extinction of eight out of 56 species in 246 years gives an extinction rate of rate of 581 E/MSY. This can be compared to the estimated natural background extinction rate between 0.002 and 1 E/MSY (Pimm et al., 1995; De Vos et al., 2015). Assuming a background extinction rate of 0.35 E/MSY and a species pool of 66, we would expect a natural extinction every c. 43,000 years. Instead, in the nearly 250 years since 1771, there have been eight recorded extinctions.

Anthropogenic Dark Extinction

Prior to 1771, the lack of scientific recording makes it difficult to assess whether extinction happened. The scale of environmental destruction before 1771 suggests that there probably was extinction, but of unknown plants that were never recorded or described: "dark extinction." If we use the known post-1771 extinction rate for the period 1502–1771, we arrive at a figure of around 10 for these dark extinctions. This seems a reasonable inference. The issue of dark extinction is currently a continuing concern in tropical rain forest and other species-rich biomes, where it is probable that habitat destruction is outpacing the ability of modern taxonomists to name species before they go extinct (Costello et al., 2013). In the case of St Helena, extinction



simply predated the development of modern taxonomy. It should be noted that taking 1771 as the boundary between unknown and known flora might lead to underestimates of dark extinction as Banks and Solander's collecting was far from complete and there might be unknown extinctions between 1771 and 1805 when W. J. Burchell started much more extensive collecting, and this might be especially true for less obvious (non-flowering) plants.

Habitat Area and Number of Individuals

On the basis of the endemic plant survey conducted 2013–2014, accurate figures for abundance and distribution have been produced (**Table 2**). The extent of occurrence (EOO) of the remaining native species varies from 0.01 ha (*Huperzia saururus*) to over 11,000 ha (*Osteospermum sanctae-helenae*), while the adjusted HA ranges from < 15 m² (*Mellissia begonifolia* and *Commidendrum rotundifolium*) to over 1000 ha (*Hydrodea cryptantha*). The NMIs in the wild are recorded or estimated at between one (*C. rotundifolium*) and over 600,000 (*B. lichtensteiniana*). The frequency distribution for NMI is strongly logarithmic (**Figure 1**).

Species Half-Lives, Time to Extinction, and the Time Course of Extinction

There is evidence that all species in this analysis are declining. Habitat is progressively being lost and a comparison of fieldwork carried out in the 1980s and a recent survey (2013–4) indicates that there has been a general decline. In some species, this has been dramatic, in others minimal. In only one species (*B. lichtensteiniana*) is there no obvious evidence of a decline, although some decline is suspected due to plant invasion in native habitats [however, this is partially offset by this being the only endemic plant to have expanded into new anthropogenic habitats, viz., *Acacia longifolia* (Andrews) Willd. plantations).

Species declines were individually quantified in the form of a time (years) to 50% percent decline (TPD50), or halflife. *B. lichtensteiniana*, for which there is minimal evidence of decline, is accordingly given a very large TPD50 (10,000) with a high uncertainty (range of 5000–100,000). In contrast, *H. saururus* has a tiny population and is considered likely to be

TABLE 3 | Projection of extinctions in the wild, and other thresholds, forward in time based upon estimated rates of decline of natural populations.

Time in future (years)	Number of extinctions (n=≤1)	Number of species with < 10 individuals	Number of species with < 50 individuals
0	0	5	8
50	(1-)4(-5)	(1-)6(-8)	(9-)11(-12)
100	(4-)4(-8)	(4-)7(-11)	(11-)12(-13)
150	(4-)5(-9)	(4-)10(-14)	(11-)13(-16)
200	(4-)6(-10)	(4-)11(-15)	(11-)13(-17)
500	(8-)14(-16)	(8-)15(-20)	(14-)18(-24)
1000	(11-)16(-23)	(11-)19(-27)	(17-)19(-31)

The central estimate is given together with low and high figures to indicate uncertainty. The number of species with NMI < 10 (i.e., 1–9) is given as these species are considered imminently extinction prone. The < 50 (1–49) column is given as this population size is often used as a rough threshold of population genetic viability for out-breeding species.

affected by environmental fluctuations (drought, landslides). It is given a TPD50 of 15 with a range of 5–40 (**Table 2**).

The half-life can be used to calculate an estimate of the time to critical population thresholds, such as < 1 individual (in our model rounded down to 0, i.e., extinction; see section "Materials and Methods"), 10 individuals (arbitrarily chosen as a critically low population size) and 50 (commonly taken as a threshold of genetic viability, but see Frankham et al., 2014). The build-up of extinct species (or species reaching the other thresholds) can then be projected forward. These forward projections are given in Table 3 and Figure 2. On the basis of this, we can estimate the overall extinction rate for the next 200 years as 625 E/MSY (individual species have different lifespans and different population processes, and move toward extinction at different rates, but this is the overall figure). This is remarkably similar to the directly measured historical extinction rate of 581 E/MSY despite being independently estimated using different data. However, the data do suggest that numerous extinctions are coming up imminently, and over the next 50 years some one to five plant extinctions in St Helena are plausible (central estimate four). In addition, a further seven to nine species are estimated to drop below a population size of 50 (often used as a crude threshold for genetic viability). Figure 3 shows the full extinction time course by joining together the three segments: 1502-1771 (estimated), 1771-2017 (empirical), and 2017-2517 (projected).

Time Course of Habitat Destruction and the Species–Area Curve

St Helena is a small island with an area of 121.7 km². We estimate that the area occupied by endemic plants has dropped from c. 100% (in 1502) to c. 3.5% today. Superficially, it may seem that habitat destruction has stopped as all remaining areas with native plants are under protection. However, the actual area available to native plants within a protected area is a function of habitat quality. The continuous onslaught of invasive plants does mean that the habitat quality of many of the remaining native plant areas is declining, and so therefore is the effective HA. When the estimated rate of habitat destruction over time is combined with



FIGURE 2 | Projected extinctions over time (next 1000 years), based on current threat levels. Upper and lower estimates are given as well as the central estimate (middle).



species loss over the same time period, the relationship between HA remaining and species surviving can be determined, i.e., an extinction species–area curve (**Figure 4**). Our curve follows well the classic $S = cA^z$ model (where S is the number of species remaining, A is the HA remaining, and c and z are constants) but with a rather low value for the exponent z (0.1).

DISCUSSION

The Extinction Rate and Extinction-Area Curve for St Helena Is Shallow and Approximately Linear

The area of St Helena now occupied by endemic plants is reduced to around 3.5% of the land surface. As shown

in **Figure 4**, the destruction of natural vegetation over the remaining 96.5% has caused appreciable historical extinction. A simple SAR curve prediction (e.g., $S = cA^z$) with a commonly found value of the exponent (z) of 0.2, would suggest that a larger number of species should have become extinct than is actually the case (**Figure 4**). However, the observed data fits well with a value of z of 0.1, which is low but still biologically plausible.

We suggest that this low value of z is due to the relaxation time (i.e., a lag time for extinction which makes species survival seem more resistant to habitat destruction than is actually the case). Relaxation time (i.e., time taken to reach new equilibrium) may be particularly long for woody plants (Cronk, 2016). It should be noted that other models have been put forward for the relation between area and extinction (e.g., He and Hubbell, 2011, 2013) which may be appropriate in specific circumstances (Keil et al., 2015). However, the simple SAR is statistically well founded (Pereira et al., 2012; Axelsen et al., 2013) and in this St Helena case, the SAR remains a remarkably good approximation of actual extinction loss.

Extinction Debt

Extinction has a lag phase caused by individual plant longevity and the time needed for stochastic processes to play out as the system attains a new post-disturbance equilibrium. SARbased estimates of extinction with a relatively steep extinction curve (z = 0.15-0.3) may be seen as giving the equilibrium measure rather than the instantaneous measure: they do not take into account the delayed extinction (relaxation time) as a new equilibrium is reached. This delay of extinction can be characterized as "extinction debt" (Triantis et al., 2010; Halley et al., 2016) alternatively called "biodiversity surplus," and is the difference between functional extinction and census extinction. A large amount of unpaid extinction debt may thus explain the rather shallow extinction curve (z = c. 0.1) in the observed extinction SAR. If we accept this, then the difference in species at a given area between the number observed (z = 0.1) and that estimated from typical z values of between 0.15 and 0.3 (Price et al., 2018) will give some idea of the magnitude of extinction debt. Following this logic, the extinction debt in 1771 was between four and 14 species and the present extinction debt (2017) is between seven and 20 species. Given that the extinction debt of 1771 was partially resolved by eight extinctions during this time period, up to an additional 14 species must have moved into extinction debt between 1771 and 2017 to maintain the levels of inferred extinction debt. Given the extreme rarity of many endemics and the continuous habitat degradation in St Helena, these numbers are plausible.

An alternative way of exploring extinction debt is through the half-time of debt resolution. An important recent paper (Halley et al., 2016) has provided tools to quantify the decay of extinction debt over time (generations), i.e., the expected time for half the extinction debt to be paid off (t_{50}). Using the equation provided (Halley et al., 2016; Eq. 7, p. 4)



together with the constants they estimate for plants ($\alpha = 0.48$; k = 0.92), the total number of individuals remaining (1.8M; **Table 2**) and an average generation time of 3 years, we arrive at a t₅₀ of 384 years. This very long relaxation time means that potentially only a portion of the plants that became functionally extinct in the 16th century with the depredations of goats are likely to have already manifested as census extinctions.

Dark Extinction

There may be a much larger amount of unrecorded extinction (pre-1771) than we predict. We call this "dark extinction," anthropogenic species extinction that is cryptic in that it occurs before a species has been collected and named. This extinction can be inferred but is unlikely ever to be confirmed. However, if there is more dark extinction on St Helena than the 10 species we estimate, then we would expect to see the tail-end of this extinction wave in the records of the first botanists to examine St Helena (i.e., plants almost extinct at the time W. J. Burchell made the first extensive botanical collections from 1805). Actually, there are only two: T. melanoxylon that became extinct just before Burchell arrived and Heliotropium pannifolium, of which Burchell saw only the last individual of the species. The other plants found by Burchell survived much longer, in most cases into the 20th century. There is thus no evidence for an early extinction wave.

Implications for Conservation

The methods used here, using present day decline rates based on present day threats (mainly current levels of plant invasion), predict significant future plant extinction on St Helena (**Figure 2**).

However, it is quite possible that future threat levels may be much higher, so our predictions will turn out to be underestimates for the following reasons. Climate change may increase the frequency and severity of droughts and other extreme weather events. The threat from invasive plants and pests (mainly insects and microbial pathogens) has increased over time and may get worse. The lag phase and the attendant extinction debt may mean that the current number of realized extinctions is relatively low but likely to increase as the extinction debt is "paid off." All the remaining safe areas for endemics are small and now exist within a sea of invasive plants. It is therefore quite plausible that over time safe sites will be increasingly eroded by invasion. If the tide of invasion cannot be turned, all the endemic plants of St Helena may be lost and that extinction rate may accelerate as areas get smaller and smaller.

With very small remaining areas, it may not be enough to preserve them in order to conserve all the remaining species from extinction, as genetic and ecological allee effects (Willi et al., 2005; Berec et al., 2007; Luque et al., 2016) may still continue species decline.

General Implications

Because St Helena suffered devastating ecological change by the introduction of the goat shortly after the discovery of the island in 1502, there has been time for some initial extinction debt to have been resolved and a relatively large number of extinctions to occur. It is thus gives an early indication of extinction to come in more recently disturbed ecosystems. Taking the global terrestrial system as a whole, 40% of land area (Steffen et al., 2015) has been "domesticated" (i.e., converted to crop agriculture, grazing land, urban areas, etc.). Although common species, and weeds, may persist and even thrive in these newly converted "agroscapes," these areas are essentially lost to the majority of biodiversity. Yet this 40% habitat loss has been accompanied by a mere 0.17% loss of seed plant species (Humphreys et al., 2019): 571 seed plant extinctions worldwide out of 334,322

described species. This habitat loss has mainly occurred only over the last 100 years (Steffen et al., 2015) and it is likely that there is considerable extinction debt. Given that extinction debt on St Helena appears to have taken hundreds of years to resolve, it may be the small number of globally extinct plants represents the tip of a large advancing front of extinction.

CONCLUSION

We have calculated the extinction rate since 1771 as 581 E/MSY. We have also used census data and population decline estimates to project likely extinction forward in time. The projected overall extinction rate for the next 200 years is similar although somewhat higher at 625 E/MSY. However, our data predict an extinction crunch in the next 50 years with four species out of the remaining 48 likely to become extinct during this period. During a period when the native plant areas dropped to 3.5% of the original, the extinction rate appears to have remained approximately shallowly linear with under 30% of the endemic flora becoming extinct, consistent with a species–area curve (S = cA^z) with an exponent (z) of c. 0.1.

Taken all together the prognosis leaves no room for complacency. Significant conservation efforts by the St Helena Government and non-Governmental organizations date back at least to the 1970s (Cronk, 1981) but did not prevent the extinction in the wild of *Lachanodes arborea* (extinct 2012) and the total extinction (in the wild and in cultivation) of the monotypic endemic genus *Nesiota* (represented by the single endemic species *Nesiota elliptica*). An aggressive program considering both habitat restoration and the conservation of genetic diversity may be necessary to maintain some species. If that is impossible under current circumstances, then cultivation or seed-banking, until such time that ecosystems can be restored, may be the only option.

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DATA AVAILABILITY STATEMENT

The data analyzed for this study and associated metadata have been deposited in the Dryad repository (https://datadryad.org/ stash/) at https://doi.org/10.5061/dryad.sbcc2fr32.

AUTHOR CONTRIBUTIONS

PL conceived the study and conducted the fieldwork. QC and PL were responsible for conceptual development, analyzed the data, wrote the manuscript, and approved it for publication.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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