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Caterpillar diet breadth in Área de Conservación Guanacaste, a large and diverse Neotropical wildland in northwestern Costa Rica: toxins, silica, aluminum, and sclerophylly

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Caterpillar-food plant records collected over approximately 38 years in the Area de Conservación Guanacaste (ACG) in northwestern Costa Rica are described and summarized. The data comprise 431,212 individual rearing records, 197,366 of which represent unique plant-herbivore associations, i.e., same species pair found on separate dates and at different plants of the same species. These represent 29,187 different caterpillar-food plant associations between 2,489 plant and 7,160 Lepidoptera species. We evaluate changes in the taxonomic composition of the food plant flora and Lepidoptera fauna between 1990 and 2020 and across habitat/community types. Food plant and caterpillar community species richness in the rain forest changed considerably over the first 10 years but remained more stable since. Dry forest communities were more consistent than in rain forest. The cloud forest biota was the most consistent between 1995 and 2010, but as in dry forest, the caterpillar fauna changed considerably during 2015-2020. Plant species composition was more constant than caterpillar composition. The taxonomic distributions of diet specialists and generalists are explored. Most of the species-rich Lepidoptera families contain many specialists, variously concentrated throughout each family, though highly polyphagous

collectively. The exceptions include Sphingidae, which show preference for Rubiaceae, Hesperiinae for monocotyledons, and non-Hesperiinae skippers for Fabaceae. Among plant families for which there are over 1,000 independent rearings, Acanthaceae, Apocynaceae, Arecaceae, Costaceae, Melastomataceae, Moraceae, Piperaceae, Poaceae, Rubiaceae, Rutaceae, and Solanaceae hosted the greatest proportion of specialists. However, the level at which dietary specialization corresponds to taxonomic rank varies with both caterpillar and plant taxon. Most fern-feeders are polyphagous with respect to fern families but still specialists on Polypodiopsida. A selection of plant families with conspicuous allelochemical and/or structural defenses and a selection of caterpillars and caterpillar families with equally conspicuous counter-defenses were examined. We determined that (1) unpalatable, aposematic herbivores tend to be specialists and (2) families of plants predominantly consumed by highly defended caterpillars host fewer polyphagous herbivores than families with less conspicuously defended plants. Highly toxic plant families with the fewest rearings, such as Aristolochiaceae and Zamiaceae, hosted many monophagous caterpillars. Biochemical and structural plant defenses appear to mediate herbivore diet breadth for many plant families.

KEYWORDS

trophic interactions, latex, toxins, diet breadth, Lepidoptera, food plants, specialism

1 Introduction

As primary consumers of vascular plants, prey to countless vertebrate and invertebrate predators and parasitoids, and important links in pollination networks, lepidoptera play crucial and unparalleled roles in nearly all terrestrial ecosystems worldwide. The complexity of their contributions to food webs and ecosystem diversity and stability is vast, and various aspects of these contributions have been described in numerous reviews (e.g., Hammond and Miller, 1998; Singer, 2016; Goldstein, 2017; Narango et al., 2020). Most lepidopteran caterpillars are phytophagous and assert strong selective pressure on their food plants which, in turn, drives the evolution of plant defenses.

Virtually all land plants have evolved some form of chemical and/or physical defense against herbivory (e.g., Mithöfer and Boland, 2012; Erb et al., 2012). Some of these defenses probably evolved specifically to protect them from large, vertebrate herbivores such as mammals, whereas others serve as protection against a variety of invertebrates (War et al., 2012). For exophytic caterpillars (those that feed on the outer surface of plants), the most common physical defenses include high cellulose and lignin content (which impede herbivory) and mechanical properties of leaves, such as pubescence, trichomes, toughness, gum, resin and/or sticky latex, and silica content. These physical features and low nutritional content function as deterrents, obstructing or inhibiting herbivory.

Many plants also produce secondary metabolites that help to protect them from insect herbivory by being directly entomotoxic or by acting as feeding deterrents. These secondary metabolites or allelochemicals are diverse and highly dynamic (War et al., 2012), providing plants with varying degrees of unpalatability (Janzen, 1979). The best-studied plant allelochemicals are terpenes (unsaturated hydrocarbons), phenolics (e.g., tannins), alkaloids, sesquiterpene lactones, cardenolides (e.g., cardiac glycosides), and sulphur-containing compounds (e.g., mustard oil glucosinolates) (e.g., Hopkins et al., 2009; Yoneyama and Natsume, 2010; Kong et al., 2019; Bachheti et al., 2019). However, there are many other such chemicals/chemical complexes, the detailed functions of which have hardly been investigated. Some trichomes bridge the chemical–physical spectrum, releasing glandular (Mustafa et al., 2018a) or mineralized toxins (Mustafa et al., 2018b; Weigend et al., 2018).

The interface between caterpillars and their food plants represents a boundless landscape for investigations into the complex interactions between caterpillars and plants. However, identification of overarching trends and/or patterns requires large amounts of data acquired over significant periods of time and space. Here we analyzed such a data set assembled over more than 35 years in a large, conserved area in northwestern Costa Rica, the Area de Conservación Guanacaste (ACG) (Janzen, 2004; Janzen et al., 2016; Janzen and Hallwachs, 2017, 2020).

The questions we sought to address in this study are many and include the following: (1) What is the degree of overlap among the caterpillar faunas of different ecosystems? (2) Which Lepidoptera families dominate the landscape in terms of number of individuals and species? (3) Has the caterpillar fauna of ACG changed over the last 30 years or so? (4) What is the degree of host specialization

among ACG caterpillars, and which families exhibit the greatest host fidelity? (5) Is feeding on plants armed with conspicuously toxic host plant chemistry confined to specific caterpillar families? (6) Do caterpillar species feeding on *a priori* well-defended plant families have overall different dietary breadths than those feeding on palatable plants?

1.1 Nature of the data

The data explored here represents, to our knowledge, the largest wild-caught caterpillar rearing program ever conducted. To date, the project has accumulated more than 883,000 caterpillar–food plant records (Janzen, 1988; Janzen et al., 2009; Quicke et al., 2024). Records of larval food plants for the butterfly species (i.e., *Papilionoidea*) collected before 2007 were included in the catalogue by Beccaloni et al. (2008), which also categorized some of these recorded trophic associations as plausible versus dubious.

The scientific objective of the ACG caterpillar-rearing program has always been purely documentary in that it was to obtain a detailed snapshot of which plants are consumed by caterpillars in a diverse and successional tropical wildland. Thus, since there has been no standardization of sampling effort, the number of caterpillar rearings corresponds to the frequency with which their food plant was encountered. In addition, the intensity of survey effort varied throughout the course of the project, and sampling efficiency increased commensurate with the increased experience of the parataxonomists involved.

These features mean that it is not possible to compare directly all features of the present study with those of a number of other large field studies that have been conducted in recent years (e.g., Novotny et al., 2002a, 2004, 2010; Dyer et al., 2007), which usually restricted sampling to a particular group of plant species and/or standardized searching effort in relation to leaf area. Furthermore, most other studies have been restricted to relatively short time windows. In contrast, the data we make available may allow the extraction of subsets from which valid comparisons with other studies can be made.

1.2 Topics explored

Using a data set of 29,215 different caterpillar-food plant associations, we have compiled species accumulation curves, compared species richness among three different ecosystems in ACG, explored trophic interactions, quantified faunal turnover over time (largely due to successional changes in food plants), examined diet breadth and plant chemical defenses, and briefly reviewed a variety of other parameters among exophytic caterpillars revealed by the immense ACG database. Our overarching purpose is to investigate the factors mediating the diet breadth of the reared Lepidoptera species and families, and in this respect, we take two approaches. First, we examine the utilization of food plant families with well-known protection either physical or chemical against folivores. These families were selected based on scientific literature and investigated separately. Second, we investigate the food plant diversity of individual

caterpillar species on each plant family as well as their diets across all other plant families. The latter approach revealed a number of rather unexpected trends which we discuss further.

2 Methods

2.1 Study system

Study site: The Área de Conservación (ACG) in northwestern Costa Rica is a 169,000-ha tract of land within the national system of protected areas. The site has been described in detail by Janzen (2004); Janzen et al. (2016), and Janzen and Hallwachs (2017). In general, ACG supports three primary ecosystems: dry forest (ca. 70% of the land area), rain forest (ca. 25%), and cloud forest (5%-10%). The last of these has diminished during the course of the study, most likely as a result of warming due to climate change (Smith, 2023). In ACG, dry forests occur predominantly at lower elevations and along the Pacific coast and are dominated by deciduous trees that often lose their leaves during the dry season. It is represented by a range of successional ages from very recent to centuries old rain forest is moister and characterized by dense canopies of evergreen trees, high humidity, and abundant rainfall, with many fewer and less abundant deciduous trees. Cloud forest occurs at the highest elevation in ACG (above 1,000 m elevation) and is characterized by a persistent cloud cover but exhibits considerable botanical overlap with the rain forest.

Field collecting and most caterpillar and plant identification were carried out by resident parataxonomists ("gusaneros" in the local language) (Janzen and Hallwachs, 2011). For those unfamiliar with this occupation, here is a brief description of their roles. A parataxonomist is broadly analogous to a paramedic or paralegal person but in the arena of field taxonomy/biology. They are resident men or women selected from the rural workforce, without a university degree. They are trained on the job to conduct an inventory by finding insects, knowing their names, knowing the plant species they are feeding on, rearing the caterpillars and their parasites, collecting and preserving the individual insects that emerge, and entering all the relevant data into a database. Most such parataxonomists began their career in the 1980-1990s by taking an intensive 6-month introductory course and then being continually coached and updated over the next 20-35 years while on the job. New parataxonomists are trained through an apprenticeship with the more experienced ones. Each is based at a particular field station where they have spent decades learning the taxonomy of their focal insects and plants.

During each collecting foray, parataxonomists would collectxmostly in only one of the aforementioned three ecosystems. However, sometimes they ventured into two (e.g., parataxonomists working at Estación Cacao might, for example, sample plants and caterpillars from dry forest/rain forest intergrade, rain forest, and cloud forest). Hence, the three ecosystems do intergrade, and some of the trails in each ecosystem have similar plants that are generally associated with recently disturbed habitats (ruderal species).

Caterpillar collecting: Methods of collecting, rearing, and vouchering external foliage-feeding caterpillars in the ACG have been described previously in detail elsewhere (e.g., Janzen et al., 2016; Janzen and Hallwachs, 2017; Quicke et al., 2024). Members of the experienced team of 10-30 resident parataxonomists physically searched for external feeding caterpillars, including those in rolled leaves or silk-leaf nests up to approximately 2 m above the ground level, primarily along trails (Janzen, 2004; Janzen and Hallwachs, 2011). Surveys were conducted both by day and night and all year around. Although this method is fairly effective for nearly all Macroheterocera (macro-Lepidoptera) as well as for those hidden in leaf rolls or nests, which reveal their presence, it proved less effective for discovering caterpillars that are concealed feeders. Despite the considerable experience accrued by the parataxonomists, sampling was inevitably biased toward more apparent or distinctive species and against least apparent, more cryptic ones or those that hide elsewhere during daylight hours. The parataxonomists did not collect leaf-miners, stem or gall borers, or any species feeding on rhizomes.

When a parataxonomists encountered multiple individuals of a caterpillar species on a given plant on the same occasion, they sometimes collected and reared up to around 20 of them to increase the chance of a successful rearing as well as the probability of rearing parasitoids. For the analyses presented here, we consider this as a single rearing event and refer to this as a unique or independent rearing.

Caterpillars discovered in the field were taken to "rearing barns" and singly placed in plastic bags with cuttings of the food plant and hung from clothes lines in the shade (photographs showing these are provided in Quicke et al. (2024)). New foliage was provided at 2-4-day intervals. Each caterpillar was labeled with a unique voucher number in the form of YY-SRNP-X..... (e.g., 09-SRNP-15328), where the prefix is the last two digits of the year (e.g., 2009), "SRNP" refers to the project "call letters" assigned in 1977 (when the initial project site was referred to as Santa Rosa National Park), and the suffix is a unique number assigned within the year. As adults emerged, they were frozen, pinned, and labeled. These voucher codes are provided in Supplementary Table S1 (also available at https://doi.org/10.5683/SP3/NX043G), which includes several additional fields to the ones used in these analyses, i.e., barcode BIN, parasitoids when reared, including latitude, longitude voucher fate, and taxonomic identifier information. Most specimens have been transferred to the United States National Entomological Collection (USNM), Smithsonian Institution, Washington DC, where they now reside, but due to capacity restrictions, specieslevel duplicates and some paratypes are also deposited in the Museo Nacional de Costa Rica in Santo Domingo de Heredia in the suburbs of San Jose, Costa Rica.

Species identification: The identification of ACG Lepidoptera has been dynamic, involving the recruitment of taxonomic experts worldwide. Many of the early "species concepts" based mainly or solely on morphology have been refined through more integrative methods relying on a combination of morphological and molecular data. Although some of the undescribed and cryptic species have been formally named (e.g., Burns and Janzen, 2005; Burns et al., 2008; Metz et al., 2017, 2020; Solis and Styer, 2003; Solis et al., 2005,

2020; Metz, 2024), most are now recognized based on morphology and/or food plant associations following revisiting them in the light of barcoding results (e.g., Hebert et al., 2004). Even so, members of many putative species complexes are still discriminated only by their barcode index number (BIN) in the Barcode of Life Data System (BOLD) (https://boldsystems.org) (Ratnasingham and Hebert, 2013). In the present dataset, the undescribed putative species are indicated by interim alphanumeric place-holder names usually with a researcher's or project's initials and a number. Sometimes, further evidence reveals that even certain of these comprise one or more distinct species, or that despite barcode differences, some putative species should be recombined with members of another BIN. In general, the result of barcoding and associated integrative taxonomy has revealed far higher levels of dietary specialization than earlier work suggested for Lepidoptera (Hebert et al., 2004; Janzen et al., 2011), their dipterous and hymenopterous parasitoids (Smith et al., 2006, 2007, 2008), and other insects (e.g. Dolson et al., 2020, 2021; Underwood et al., 2024). Hence, for many Neotropical Lepidoptera families, it should be noted that the current state of their taxonomy and generic classification is far from established, and in the future, many of the generic assignments of species will probably change.

For the purposes of this study, we describe diet breadth as a count of taxa (i.e., species as delimited by morphology and/or additional evidence as noted above classified in families) and do not infer phylogenetics other than assumed monophyly at the family level. Summarization at the family level is a matter of convenience and not an implication that families are comparable among the included taxa.

For DNA barcoding, DNA was extracted from tissue from the leg of an oven-dried individual adult lepidopteran (Hajibabaei et al., 2006; Janzen et al., 2009; Janzen and Hallwachs, 2011, 2016). Sequencing of the barcoding region of the mitochondrial cytochrome oxidase *c* subunit 1 (COI) gene was performed following standard methods at the Centre for Biodiversity Genomics, University of Guelph (Craft et al., 2010; Wilson, 2012).

With regard to the dataset (available in Supplementary Table S1), this comprised not only caterpillar-host associations for adults successfully reared from larvae discovered in the field but also for associations in which caterpillars succumbed to parasitoids. In the latter case, the identity of caterpillars was reliably determined either through morphological or behavioral distinctiveness or because other individuals of the same species collected from the same plant and on the same occasion yielded an adult butterfly or moth and/or was identified through comparative DNA barcoding (154,833 Lepidoptera DNA barcodes were generated in the course of the study). The data are more thoroughly vetted than those of our previous paper (Quicke et al., 2024) with only caterpillars that could be identified to species or assigned a confident interim name (or BIN) included.

2.2 Data analysis

Data analyses were performed using the R environment for statistical computing (version 4.4.1) (R Development Core Team,

2024). In addition to functions provided in base R, we also employed functions from the following packages: circlize (Gu et al., 2014), e1071 (Meyer et al., 2019), bipartite (Dormann et al., 2008), RColorBrewer (Neuwirth, 2014), pals (Wright, 2025), and VennDiagram (Chen and Boutros (2011).

Species accumulation curves were calculated by the standard method, plotting cumulative number of species (y-axis) against sequential number of independent rearings (x-axis). Four curves were compiled, one for the entire data set and one for each of the three ecosystems.

Shannon's diversity index H (Shannon, 1948) was used to quantify species diversity within a sample (Stireman et al., 2017) as it is less strongly influenced by a small number of dominant species than is Simpson's index. To estimate the overall degree of specialization in a network, we used the standardized two-dimensional Shannon entropy, H_2 ' (Blüthgen et al., 2006), which has values near zero in cases of extreme specialization and 1 when there is extreme generalism. Similarity among foodplant, caterpillars, and trophic interactions for the three ecosystems was calculated using Jaccard's coefficient with the following formula: J (A, B) = $|A \cap B|/|A \cup B|$, which can be summarized as "the intersection of two sets/the union of two sets."

Comparisons of species richness among lepidopteran families were illustrated using simple histograms with families on the x-axis and number of species on the y-axis. Histograms were compiled for the total data set and for each of the three individual ecosystems. The sequence of families along the x-axis was determined by species richness based on the total data set and retained for each of the ecosystems. In an attempt to quantify changes in similarity among caterpillars and foodplants over time, the data set was divided into six 5-year periods of comparable sampling effort (i.e., 1990-2020). Similarity among caterpillars and foodplants was calculated for each of the three ecosystems using Jaccard's coefficient. Similarities were then divided into seven increments of 0.1, ranging from 0-0.1 to 0.6-0.7. For several analyses concerning unpalatable food plants, we treated the Arctiinae (tiger moths and allies) separately from other members of the Erebidae because their ability to feed on a wide range of toxic plants is well documented (Weller et al., 1999; Mason et al., 2014; Zaspel et al., 2014).

To examine the spectrum of plant defense against caterpillar herbivory, we created two lists of plant families, taxa that are conspicuously equipped with chemical and/or structural defenses, and one for families whose species generally lack such obvious protection. The well-protected list comprised those plant families that have latex, abundant silica, or notable toxins (e.g., aristolochic acid, alkaloids, cycasin, glucosinolates, and glycosides). The families considered well defended (with T = toxic, L = latex, S = silica) are Alismataceae (T), Amaryllidaceae (T, L), Annonaceae (S), Apocynaceae (T, L), Araceae (T, L), Arecaceae (S), Aristolochiaceae (S, T), Boraginaceae (S), Bromeliaceae (S), Burseraceae (S), Cactaceae (L, S), Cannabaceae (L, S), Cannaceae (S), Caricaceae (T, L), Chloranthaceae (S), Chrysobalanaceae (S), Costaceae (T, S), Celastraceae (T, L), Convolvulaceae (T, L), Cyperaceae (S), Dilleniaceae (S), Euphorbiaceae (T, L), Gesneriaceae (T), Heliconiaceae (S), Hernandiaceae (S), Icacinaceae (T, L), Loranthaceae (S), Magnoliaceae (S), Marantaceae (S), Menispermaceae (S), Moraceae (T, L), Nymphaeaceae (T), Musaceae (T, L, S), Olacaceae (T, L), Papaveraceae (T, L), Passifloraceae (T), Piperaceae (T, S), Poaceae (S), Sapotaceae (T, L, S), Solanaceae (T), Thymelaeaceae (S), Ulmaceae (S), Urticaceae (S), Zamiaceae (T), and Zingiberaceae (S). All remaining angiosperm families were classified as having largely palatable foliage.

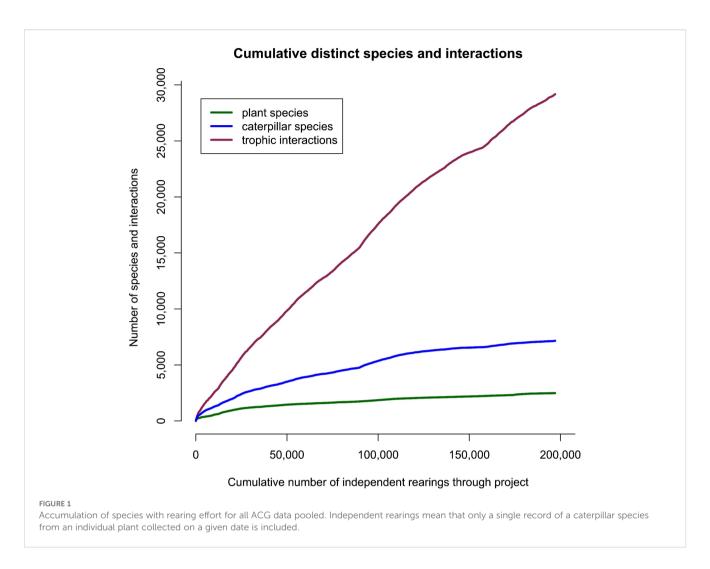
The classification of angiosperm food plants follows APG IV (The Angiosperm Phylogeny Group et al., 2016). The classification of grasses follows GPWF II and GPWG III (GPWG II, 2012; GPWG III, 2025). The classification of ferns follows PPG I (Pteridphyte Phylogeny Group; Schuettpelz et al., 2016). Definitions of Lepidoptera families follow those of van Nieukerken et al. (2011).

3 Results and discussion

3.1 Species accumulation curves

We compiled 435,897 individual rearing records of which 197,366 represent unique, in other words independent, observations (i.e., caterpillar-plant associations that were collected on separate dates and from different plants). Within that data set, 2,489 plant species served as hosts for one or more caterpillars, and 7,160 species of Lepidoptera were reared. Caterpillar and food plant accumulation curves are shown for the whole data set (Figure 1) and for each of the three ecosystems (Figures 2A-C). For the total data set, trophic interactions showed the steepest curve, with accumulation curves for caterpillar species and plant species significantly more gradual. The accumulation curves for the three different ecosystems showed similar patterns, with caterpillar species far outnumbering plant species beyond the first few sampling bouts. In all cases, there was an initial steep accumulation of species with rearing effort, with a continuing nearly linear curve that never showed signs of reaching an asymptote, although rain forest Lepidoptera species accumulation did show a potential transition towards an asymptote. The rather relatively sharp increase in food plant species in the cloud forest data (Figure 2C) reflects, at least in part, changes that occurred during the period of COVID-19 restrictions (March 2020 to December 2021) as well as the transfer of a parataxonomist to and from another station.

The steep and continuous nature of the curves suggests that considering all measured parameters (caterpillars, host plants, and interactions), significant numbers remain undersampled. However, we included associations that were detected only once which some authors have argued against, suggesting that such rearings may be abnormal or atypical (Marohasy, 1998; Novotny et al., 2002b). While it is true that a female herbivorous insect might make occasional "mistakes", that does not mean these events are unimportant. A shortage of the normal plant species, various types of stress or old age, might cause females to perform some egg dumping on possibly unsuitable plants on which their caterpillars have lower but nevertheless non-zero chance of developing successfully. If the resulting caterpillar does complete



its development successfully on that plant, this is presumably how host ranges evolve. Furthermore, because of the non-targeted and opportunist nature of the caterpillar collection, the dataset includes a substantial number of Lepidoptera species that were encountered and reared only on a few occasions—for example, 1,751 caterpillar species were only reared on one occasion, 772 twice, and 494 three times.

In this light, we suspect that the steep increase in trophic interactions results from the fact that that species were only encountered rarely, and since very few species collected on numerous occasions were monophagous, increased rearing of uncommon taxa with more trophic links kept being revealed. Thus, both host specificity of caterpillars and the herbivore ranges of food plants based on these data are likely to be marked underestimates.

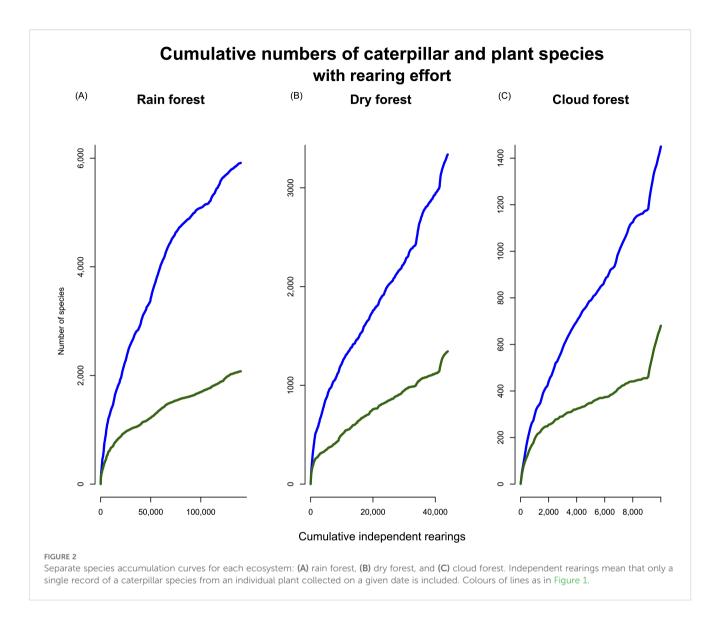
3.2 Distribution across "ecosystems"

The overlap in caterpillar, plant species, and trophic interactions among the three ecosystems is illustrated in Figures 3A–C. Jaccard coefficients of similarity are presented in Table 1. The overlap of food plant species among ecosystems was 13% (i.e., 324 shared species), and the overlap of lepidopteran

species was 8.6% (i.e., 612 shared species). Only 1.5% of species-species interactions (i.e., 441) occurred in all three ecosystems.

Of the 439 most widely recovered trophic interactions, those linking only four combinations of caterpillar–food plant families were represented 10 or more times, and 39% of the family-level trophic links were found only once. The widespread caterpillar species were dominated by Hesperiidae, 29 of which fed on Fabaceae and 11 on Poaceae. Next were Sphingidae–Rubiaceae associations (n=24) and the third were Notodontidae–Fabaceae links (n=10), although the last is almost entirely due to the subfamily Hemiceratinae, specifically *Hemiceras* and its association with *Inga* species. Although *Inga* species are not ruderals, they are typically competitive and stress tolerant. While a total of 62 nymphalid species were reared from all three ecosystems, these were collectively reared from 22 different plant families.

Based on the total data set for ACG (Figure 4A), Erebidae (n = 1,212 species) was the most species-rich family, followed by Geometridae (n = 812), Hesperiidae (n = 666), Depressariidae (n = 659), and Crambidae (n = 497). The pattern of species richness in rain forest (Figure 4B) was similar to that of the total data set, with the same top 10 families (i.e., Erebidae, Geometridae, Depressariidae, Crambidae, Hesperiidae, Notodontidae, Nymphalidae, Noctuidae, Gelechiidae, and Tortricidae); however,



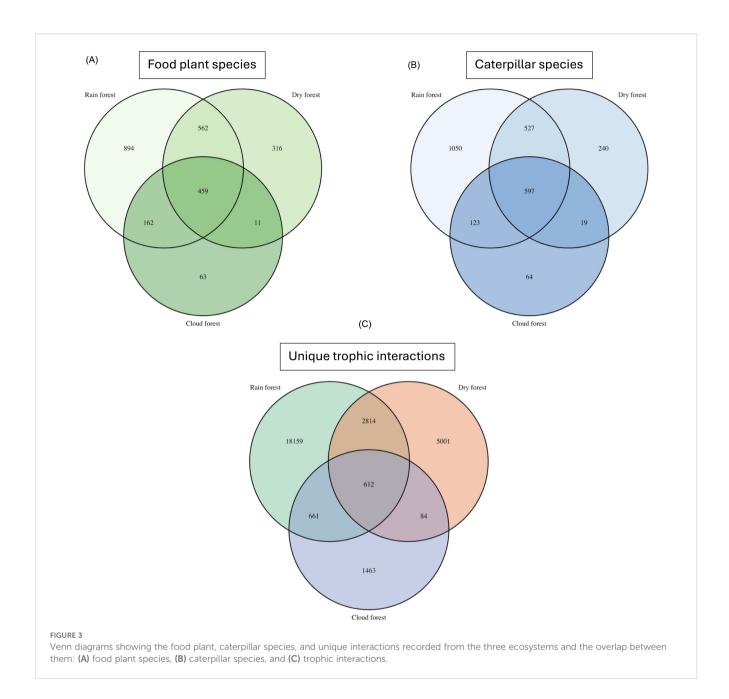
there were a few slight differences in their relative positions—for example, Hesperiidae dropped from third to fourth most species-rich, Notodontidae dropped from sixth to seventh, and Noctuidae dropped from eighth to ninth.

In dry forest (Figure 4C), Erebidae again were the most speciesrich family (n = 497 species), but in this ecosystem, Hesperiidae was the second (n = 354) and Crambidae the third (n = 254). Cloud forest deviated the most from the overall ACG pattern (Figure 4D), with Geometridae (n = 194 species) representing the most species-rich family, followed by Erebidae (n = 126) and Hesperiidae (n = 120). Overall, Depressariidae were less species-rich in both dry and cloud forest compared to the overall ACG and rain forest ecosystem. Crambidae and Hesperiidae were comparatively more species-rich in dry forests, whereas Hesperiidae, Notodontidae, Nymphalidae, and Sphingidae were more species-rich in cloud forest in comparison to other ecosystems. As would be expected, many microlepidoptera families that typically feed on detritus, fungus, roots, or other cryptic microhabitats (e.g., Tineidae, Hepialidae, Blastobasidaae, Oecophoridae) are poorly represented in the reared samples. In

this light, it was surprising that Tortricidae and Gelechiidae, microlepidopteran families that include many concealed feeders, are among the top 10 families sampled. It is noteworthy that nearly all of the gelechiids reared belonged to Dichomeridinae and Anacampsinae, with only a few belonging to Gelechiinae.

3.3 Persistence over time

Substantial parts of ACG are undergoing natural (i.e., benign neglect) succession from former agricultural land to forest (see Janzen, 1990), but climate change also contributes to changes in the vegetation through differences in rainfall patterns and increasing average temperatures (Herrera, 2016). Changes in floral and faunal composition over time are shown in Figure 5. It has now become apparent that for many years overall insect abundance, including Lepidoptera and the species that parasitize them, has shown a considerable decline since the 1980s (Janzen and Hallwachs, 2021). This follows an apparently global trend—for example, Hallmann



et al. (2017) report greater than 75% decline in total flying insect biomass in just over 27 years in 63 protected areas in Germany. Furthermore, a recent metanalysis (Rumohr et al., 2023) indicates that the major contributing factors to this are anthropogenic in origin.

Overall, food plant and caterpillar communities in rain forest (Figure 5A) showed the most change over the first 10 years but have remained more stable and consistently higher since the year 2000. However, it is possible that some of the consistency is a result of collecting bias, as parataxonomists grew increasingly familiar with the fauna and where to search for caterpillars and the intensity of collecting effort could not be standardized (in effect, a biased sampling effect). The floral and faunal composition of dry forest was more consistent than in rain forest throughout the sampling period. The cloud forest biota was the most consistent between 1995

and 2010 but, as in dry forest, the caterpillar fauna changed considerably during 2015–2020. In all cases, plant species composition was more constant than caterpillar composition.

In general, the number of caterpillars and food plant species, respectively, were comparatively low in the first 5-year period but subsequently increased, allowing us to more meaningfully calculate several standard food web statistics (connectivity, rescaled connectivity, link density, and generality) (see Bersier et al., 2002; Lewis et al., 2002; Blüthgen et al., 2006; Dormann et al., 2009; Gilbert, 2009; Kerkig et al., 2025), and these are presented in Supplementary Table S2 separately for each ecosystem and 5-year sampling windows. Overall, both generality and linkage density were highest in the rain forest and lowest in cloud forest, However, it should be noted that the reliability of the values might be reduced because of the incompleteness of the samples with many species

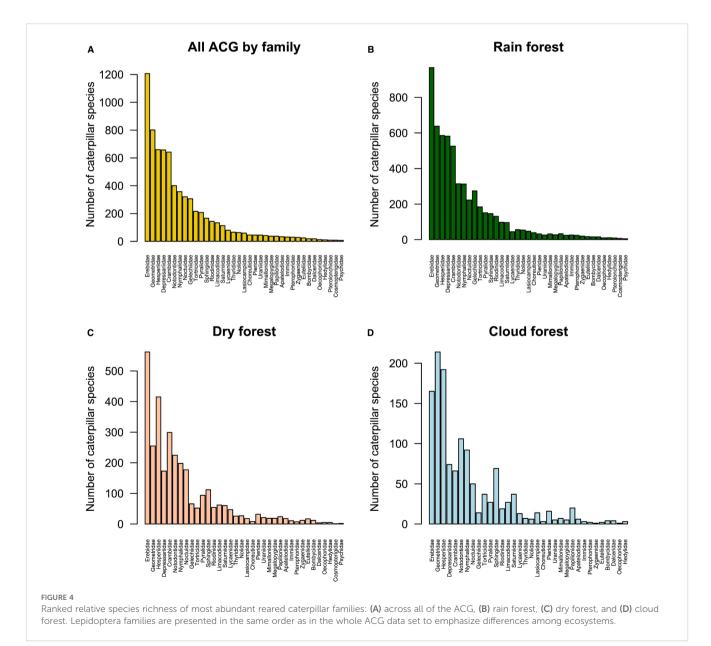
TABLE 1 Proportional overlap of plant and caterpillar species between the data from the regions designated as each of the three ecosystems.

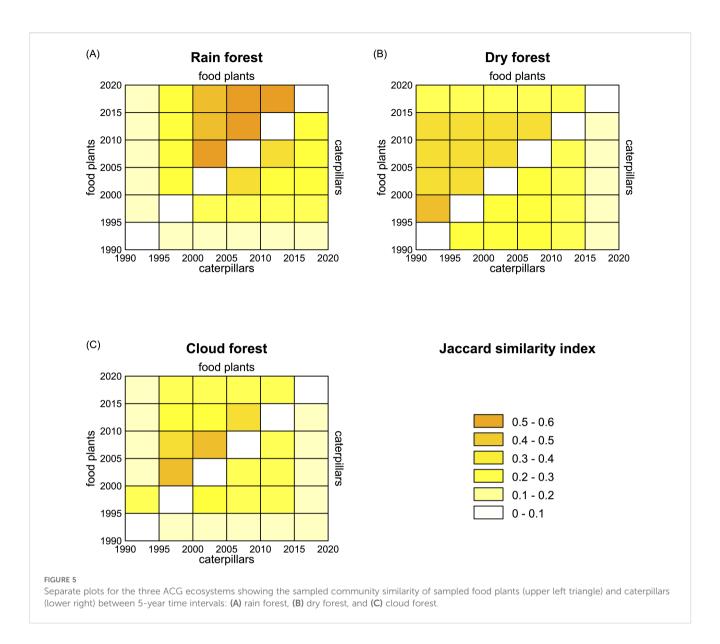
	Dry forest: rain forest	Dry forest: cloud forest	Rain forest: cloud forest
Food plants	0.43	0.24	0.29
Caterpillars	0.36	0.20	0.19

represented by only a few individuals (singletons and doubletons) (Stireman et al., 2017).

3.4 Herbivory by caterpillar and angiosperm families

When examining family-family interactions, we included only those lepidopteran families with at least 40 distinct trophic interactions (Figure 6) and for food plant families with more than 100 distinct interactions. While the most species-rich lepidopteran families generally attack a similar range of food plant families, some distinct preferences are clear-for example, Pieridae were reared almost exclusively from Fabaceae due to the number of Dismorphinae rearings, with far smaller numbers from Capparaceae, Santalaceae (former Viscaceae clade thereof), and Bignoniaceae. Uraniids (all belonging to the Epipleminae) were predominantly reared from Bignoniaceae and as were many Sphingidae. Both of these plant families have species that produce iridoid glycosides (Nayar and Fraenkel, 1963; Quicke et al., 2024), suggesting that epiplemine uraniids and sphingids have evolved mechanisms to cope with these plants which usually involve suppressing enzymes in the gut that cleave them to release the unstable and toxic aglycone residue (Dobler et al., 2011). In this context, sphingids have been rather well-studied but not the uraniids.



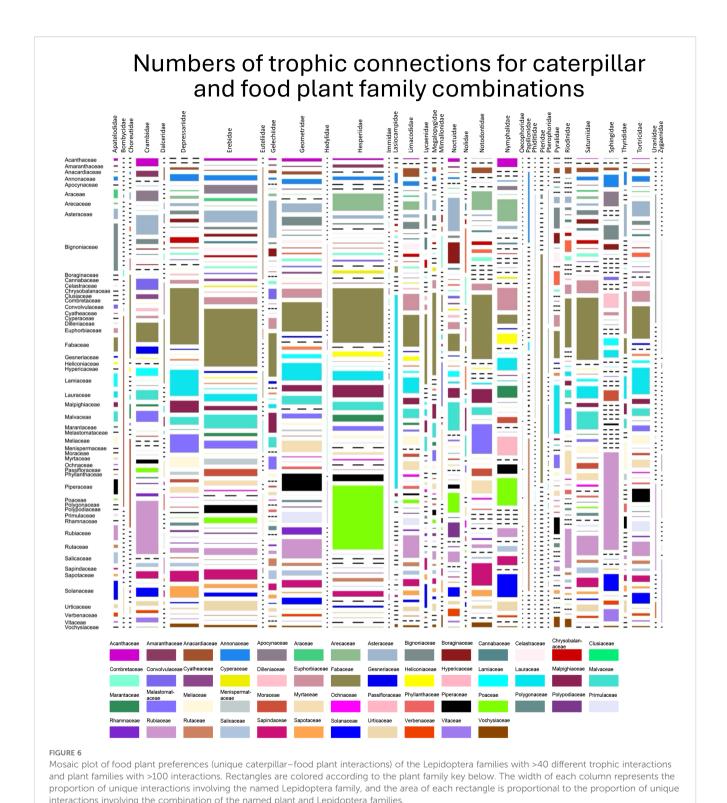


Moths of the family Lasiocampidae (lappet moths) were predominantly reared from Lauraceae (870 unique rearings), Phiditiidae almost entirely from Bignoniaceae (n=184) with a few from Lamiaceae, while more than 99.9% of Attevidae rearings were from Simaroubaceae (n=265). The database confirmed that out of 13,627 unique Hesperiinae (grass skipper) rearings, not one was from a dicotyledonous plant family and predominantly from Poaceae and Arecaceae (Figure 6). Another conspicuous preference is the large number of trophic links between Sphingidae and Rubiaceae.

We explored the degree of specialization of those caterpillar species that were associated with the 40 plant families for which the data includes more than 1,000 independent rearings. For these taxa, we recorded the diet breadth of their herbivore species across all plant families to identify which plant families had the most specialist herbivores (Table 2). Here and throughout, we use the simple heuristic of the number of plant families (plant family "penetrance"), recognizing that the taxonomic range of any given group of herbivores does not track taxonomic rank.

Next we examined the overall recorded diet breadths, again as measured by overall taxonomic penetrance, exhibited by caterpillar species feeding on these families displayed across all of their range of food plant families (Figure 7). Plant families having the most specialist caterpillar species (lower left) are indicated in red, and ones with the most generalists are in green (towards right and top). The twelve families hosting the most specialist caterpillars were, in descending order, Apocynaceae, Poaceae, Acanthaceae, Arecaceae, Solanaceae, Piperaceae, Rubiaceae, Melastomataceae, Rutaceae, Costaceae, Moraceae and Marantaceae, in order of decreasing herbivore specialization.

From the standpoint of botanical understanding, Figure 7 suggests that several plant traits are associated with having trophic associations involving highly specialist caterpillars. Arecaceae, Costaceae, Piperaceae, and Poaceae have particularly tough leaves (sclerophyly) with particularly high silica content, Apocynaceae and Moraceae possess latex which contains various entomotoxic compounds, and Solanaceae and Piperaceae contain



many toxic secondary metabolites, notably alkaloids. The picture is less clear as to why Melastomataceae and Rubiaceae are associated with particularly specialist caterpillar species, although both families have diverse secondary metabolites (some used in

ethnopharmacology) (Ocampo Serna and Isaza Martínez, 2015;

Martins and Nunez, 2015). Some Melastomataceae are aluminum

accumulators (Timpone et al., 2025), including *Miconia* species which are represented in our data set by 42 species (Sittenfeld et al., 2002). Whether the presence of high concentrations of aluminum in their leaves affords them protection against caterpillar herbivory does not seem to have been investigated. However, in the cases of some other plant species, it appears to be a deterrent (Behmer et al.,

TABLE 2 Summary of the number of caterpillar taxa for the 40 plant families with more than 1,000 trophic associations in increasing order of the number of caterpillar species per food plant species.

Rank	Food plant family	Caterpillar species	Caterpillar families	Caterpillar species: food plant species	Caterpillar fam- ilies: food plant species	Caterpillar species Shannon diversity	Caterpillar family Shannon diversity
1	Apocynaceae	130	13	2.55	0.26	4.60	2.03
2	Poaceae	337	15	2.90	0.13	5.30	0.91
3	Acanthaceae	114	14	2.92	0.36	4.29	1.97
4	Arecaceae	151	15	3.02	0.30	5.06	1.52
5	Solanaceae	214	18	3.15	0.27	4.47	2.90
6	Piperaceae	210	21	3.28	0.33	4.59	2.71
7	Rubiaceae	583	28	3.41	0.64	5.55	2.71
8	Melastomataceae	269	23	3.45	0.30	5.12	3.18
9	Rutaceae	102	17	3.52	0.59	4.51	1.61
10	Costaceae	29	11	3.63	1.38	3.00	0.43
11	Moraceae	163	20	3.71	0.455	4.616	3.10
12	Marantaceae	92	14	4.60	0.70	3.82	1.65
13	Asteraceae	419	23	4.66	0.26	5.08	3.29
14	Boraginaceae	130	13	4.82	0.48	4.25	2.61
15	Bignoniaceae	256	26	5.12	0.52	4.59	3.56
16	Heliconiaceae	63	13	5.25	1.08	3.59	1.48
17	Clusiaceae	82	17	5.47	1.13	3.64	2.83
18	Fabaceae	1,449	35	5.47	0.13	6.12	2.85
19	Lauraceae	419	28	5.74	0.38	4.97	3.34
20	Meliaceae	166	22	6.15	0.82	4.18	2.85
21	Chrysobalanaceae	120	21	6.32	1.11	3.72	2.86
22	Euphorbiaceae	477	25	6.91	0.36	4.65	3.48
23	Salicaceae	176	22	7.04	0.88	4.10	2.99
24	Sapindaceae	353	25	7.06	0.50	4.73	2.84
25	Primulaceae	129	18	7.17	1.00	4.17	2.00
26	Annonaceae	201	20	7.18	0.71	4.50	2.98
27	Malvaceae	530	30	7.91	0.45	5.54	2.87
28	Myrtaceae	334	23	7.95	0.55	4.29	3.21
29	Sapotaceae	183	21	7.96	0.91	4.00	2.75
30	Malpighiaceae	331	27	8.49	0.69	4.49	2.76
31	Urticaceae	216	21	9.00	0.88	4.05	2.85
32	Anacardiaceae	163	18	10.87	1.20	3.32	2.88
33	Cyatheaceae	66	9	11.00	1.50	2.59	1.17
34	Ochnaceae	81	17	11.57	2.43	2.81	1.91
35	Menispermaceae	115	14	12.78	1.56	2.95	1.58
36	Dilleniaceae	103	15	12.88	1.88	3.00	1.48

(Continued)

TABLE 2 Continued

Rank	Food plant family	Caterpillar species	Caterpillar families	Caterpillar species: food plant species	Caterpillar fam- ilies: food plant species	Caterpillar species Shannon diversity	Caterpillar family Shannon diversity
37	Rhamnaceae	121	15	13.44	1.67	3.17	1.53
38	Hypericaceae	81	16	27.00	5.33	1.59	2.73
39	Cannabaceae	127	19	42.33	6.33	1.59	3.06
40	Vochysiaceae	143	18	71.50	9.00	1.00	2.53

2005; Ribeiro et al., 2017) although there is no overall consensus about the evolutionary selective value of metal hyperaccumulation in plants (Raskin et al., 1994; Jansen et al., 2002).

Several Lepidoptera are notorious for the broad range of plant families that serve as larval hosts. For example, Gelechiidae (twirler moths), a family with more than 4,000 described species, are documented from more than 80 plant families, with a proclivity for Asteraceae and Fabaceae (Powell, 1980). The 424 species of gelechiids reared in the ACG are recorded from 78 plant families but are represented in the data set only by species with exophytic caterpillars, whereas most gelechiids are leaf miners and stem borers. Although this family is under-sampled in our data set because the majority are leaf miners and stem borers, our data nevertheless reveals a remarkably broad range of host plant families.

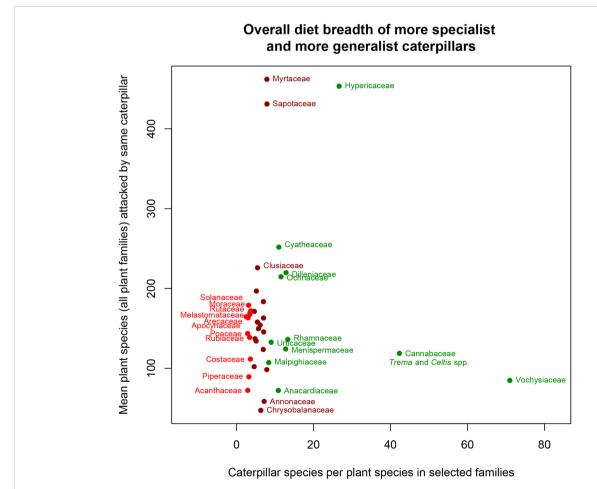


FIGURE 7
Relationship between mean herbivore load (the total number of caterpillar species recorded for each plant family divided by the number of recorded food plant species in that family; x-axis) and the measure of specialization (the mean number of all plant families recorded as hosts for those same species; y-axis). Only families with more than 2,000 independent rearings are shown. Red indicates families with most specialized caterpillar species, green the least specialized, and maroon intermediately specialized ones. The unlabeled maroon points represent the plant families Marantaceae, Asteraceae, Boraginaceae, Bignoniaceae, Heliconiaceae, Fabaceae, Lauraceae, Meliaceae, Euphorbiaceae, Salicaceae, Sapindaceae, Primulaceae, and Malvaceae.

3.5 Herbivory on non-angiosperm plant lineages

We analyzed rearing records from three taxonomic cohorts outside Angiospermae: Lycopodiopsida (clubmosses, spikemosses, and quillworts), Polypodiopsida (ferns), and Gymnospermae, the immediate sister group of the angiosperms. Ferns originated at least 423 million years ago (Ma) (Nitta et al., 2022), and gymnosperms diverged from their common ancestor with angiosperms between 337 and 208 Mya (Morris et al., 2018). We treat the cycad family Zamiaceae separately because of its well-known extreme toxicity. Utilization of these plant groups in terms of unique rearings and distinct trophic links are summarized by family in Figure 8. Caterpillars of only two families, Erebidae and Nymphalidae, utilized lycopods at ACG. Ferns, by contrast, are more widely used, with moth larvae of the Erebidae, Noctuidae, Crambidae, and Geometridae as the top four Lepidoptera families feeding on these primitive plants. There were too few rearings from non-cycad gymnosperms to discuss (Cupressaceae (n = 6), Pinaceae (n = 2), Podocarpaceae (n = 2)).

3.5.1 Lycopods (lycophytes)

The ACG data set includes rearings from includes 123 independent rearings from *Selaginella arthritica* (Selaginellaceae), collectively representing five species of Erebidae (*Hypena*, one species; *Nicetas*, three species; *Salia*, one species) and two species of the nymphalid genus *Euptychia*. Both *Nicetas* and *Salia* belong to the litter moth subfamily Herminiinae, most members of which feed on dead leaves, bryophytes, and fungi and also includes several genera with fern-feeding species (Goldstein et al., 2021, 2022; Sisson et al., 2025) and a few that feed on palms (Arecaceae).

3.5.2 Ferns

It has often been reported that ferns support a smaller insect herbivore fauna, and the composition of their insect herbivores differs from that of flowering plants (Cooper-Driver, 1978; Hendrix, 1980; Marquis, 2024). The ACG dataset includes rearings from 99 species, collectively representing 16 families of ferns of which 12 fall within the order Polypodiales (i.e., the families Aspleniaceae, Blechnaceae, Dennstaedtiaceae, Dryopteridaceae, Lomariopsidaceae, Nephrolepidaceae, Parkeriaceae, Polypodiaceae, Pteridaceae, Tectariaceae, Thelypteridaceae, and Woodsiaceae); the others each represent separate orders of ferns: Cyatheaceae (Cyatheales), Gleicheniaceae (Gleicheniales), Hymenophylaceae (Hymenophyllales), and Schizeaceae (Schizeales).

The total of 600 trophic links between ferns and caterpillars collectively represent 17 families of Lepidoptera. However, there is only one rearing record for six of these families, and only between three and eight for specific groups of Pyralidae, Megalopygidae, and Apatelodidae. Those associations detected more than 10 times involved only eight caterpillar families, and the number of trophic links and unique rearing events are given in Table 3, the family represented by most species and interactions being Erebidae. This differs somewhat from the global summary presented by Fuentes-Jacques et al. (2022) who found Lepidoptera families with the largest

number of reported interactions including Noctuidae, Pyralidae, Geometridae, Tortricidae, Crambidae, and Stathmopodidae in descending order.

Regarding Limacodidae, which include many species polyphagous on angiosperms, only three were reared from ferns: *Epiperola vaferella* (57 rearings from two species of Cyatheaceae, two from one species of Lomariopsidaceae, and one from Thelypteridaceae), *Euclea bidiscalis* (11 rearings across six fern families), and *Natada miniscula* (a single rearing). Thus, *Epiperola vaferella* appears largely to be a fern specialist. However, *E. vaferella* has also been reared from 24 angiosperm families, including nine families of monocots as well as Fabaceae, Malvaceae, Primulaceae, Rubiaceae, and Solanaceae. Interestingly, leaves of ferns, as well as of many monocots (see Section 3.8.2), are defended by having a high silica content (Trembath-Reichert et al., 2015), perhaps indicating that caterpillars of this moth have evolved specific mechanisms for overcoming this.

Although pteridivory has been documented in all herbivorous insect orders, it appears to be conserved within specific groups (Hendrix, 1980; Fuentes-Jacques et al., 2022). Moreover, most fernfeeders tend to specialize on leptosporangiate ferns, which include most of the fern families, and rarely specific fern families. As noted by Goldstein et al. (2021), ferns arose long before herbivorous insects; hence, their defensive chemistry was more likely driven by vertebrate herbivores, and thus ferns have been colonized by insects able to overcome those defenses through sequestration or detoxification. Powell (1980) concluded that while a few primitive Lepidoptera are associated with primitive plants (bryophytes, gymnosperms), the more species-rich, advanced superfamilies of both non-ditrysian and ditrysian Lepidoptera feed primarily on angiosperms, i.e., the largest radiations of herbivorous insects tracked that of angiosperms. No superfamily or higher taxon of Glossata is primarily or even primitively associated with nonflowering plants, though there are many secondary transfers to such hosts by unrelated species and genera (e.g., Goldstein et al., 2018, 2021; Brown, 2018).

3.5.3 Zamiaceae—Cycads

Zamiaceae was represented by a single species in our data set, Zamia neurophyllidia, which was only attacked by two species of Lepidoptera, the specialist cycad-feeding aposematic lycaenid butterfly Eumaeus godartii (white-tipped cycadian) (60 independent rearings) (Robbins et al., 2021) and a single rearing of the polyphagous limacodid moth, Parasa sandrae, which was also reared from 87 other food plant species in 37 other families. Cycads produce the carcinogenic and highly neurotoxic glucoside cycasin (methylazoxymethanol- β -D-glucoside) as well as a range of other toxins such as flavonoids, biflavonoids, phenolic acids, methylazoxymethanol (MAM) glycosides, and $\beta\text{-methylamino-L-}$ alanine (BMAA) (Dossaji et al., 1973, 1975; El-Seadawy et al., 2023; Whitaker et al., 2023). Eumaeus species sequester cycasin and other secondary plant compounds from their cycad food plants, and the evolution of their toxin tolerance has been investigated using genomics (Robbins et al., 2021).

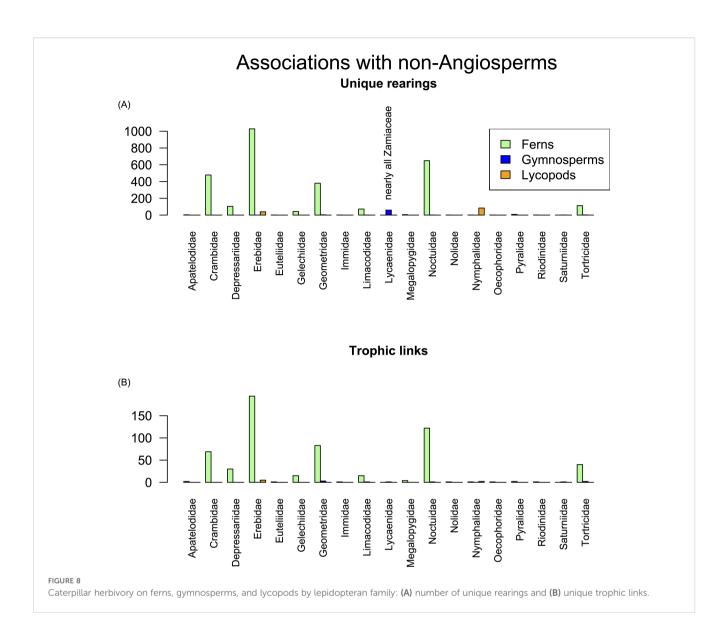


TABLE 3 Details on the number of associations and unique rearings from ferns for those caterpillar families having more than 10 trophic links with ferns.

Caterpillar family	Number of fern- feeding species	Trophic links	Independent rearings
Erebidae	57	194	1028
Geometridae	38	83	380
Crambidae	31	69	478
Noctuidae	31	122	648
Depressariidae	15	30	104
Tortricidae	11	40	112
Gelechiidae	8	15	43
Limacodidae	3	15	72

3.5.4 Non-cycad gymnosperms

While there are 225 New World species of non-cycad gymnosperms (Brown, 2018), they are extremely poorly represented in the ACG flora. Two of the four species present, Hesperocyparis lusitanica and Pinus caribaea, although New World in origin, are introduced to ACG. In total, only seven species of Lepidoptera were reared from non-cycad gymnosperms, each on only a single occasion. Pinaceae, Cupressaceae, and Podocarpaceae all serve as larval hosts to many specialist and generalist lepidopterans. In the New World alone, nearly 800 species of Lepidoptera are reported to feed on conifers, with about 500 specialists (i.e., restricted or nearly so to a single conifer family) and about 300 generalists (i.e., feeding on both conifers and angiosperms). Moths of the family Tortricidae include the greatest number of conifer feeders, followed by Geometridae and Noctuoidea. Whereas the majority of species of macrolepidoptera (e.g., Lasiocampoidea, Bombycoidea, Geometroidea, Noctuoidea)

feeding on conifers are generalist herbivores that also utilize a variety of plant families (angiosperms and conifers), most microlepidopterans (e.g., species in Gracillarioidea, Yponomeutoidea, Gelechioidea, Pyraloidea) that feed on conifers are restricted to these plants (Brown, 2018). Although gymnosperms are food plants of some basal "microlepidoptera" (New, 2023), all the non-ditrysian and ditrysian Lepidoptera are principally herbivores of angiosperms, and none of them is primarily associated with gymnosperms (Powell, 1980; Powell et al., 1998).

3.6 Diets of selected groups of aposematic Lepidoptera

The data included a substantial number of species belonging to well-known, chemically defended Lepidoptera, such as the nymphalid tribe Heliconiini (including the *Heliconius* butterflies), Ithomiini (the glass wings), and Danaiini (including the milkweed butterflies) and the subfamilies Melitaeinae (Nymphalidae), Pierinae (Pieridae), Arctiinae (Erebidae), and the family Zygaenidae. We summarize these below.

3.6.1 Heliconiini (Nymphalidae)

The Heliconiini are represented by 29 species in seven genera (Agraulis, Dione, Dryadula, Dryas, Eueides, Heliconius, and Philaethria). All rearings are from Passiflora species, and the majority were oligophagous, with the maximum of 10 for Dryas moderata. Conversely, more than 97% (n=503) independent caterpillar rearings from Passifloraceae were heliconiines. The only non-Heliconiini nymphalid genus reared from Passifloraceae was Euptoieta (i.e., E. meridiana). In addition, the data set includes only 16 rearings of caterpillars in other families (i.e., Crambidae, Depressariidae, Geometridae, Limacodidae, Noctuidae, Notodontidae, Pyralidae, Riodinidae, and Tortricidae), and some of these may represent incorrect larval identifications. We estimate the error rate at less than 1%.

3.6.2 Ithomiini (Nymphalidae)

A total of 15 genera of Ithomiini was reared: Callithomia, Ceratinia, Dircenna, Godyris, Greta, Hypoleria, Hyposcada, Hypothyris, Ithomia, Melinaea, Napeogenes, Oleria, Pseudoscada, Pteronymia, and Tithorea. Almost all rearings of this tribe were from Solanaceae, but Hyposcada was reared only from Gesneriaceae, and Tithorea from Apocynaceae.

3.6.3 Danaiini (Nymphalidae)

Danaini was represented by two genera: Danaus and Lycorea. All rearings of Danaus were from Apocynaceae (Asclepiadoideae), whereas Lycorea was additionally reared frequently from other Apocynaceae (i.e., Gonolobus, Macroscepis, Mandevilla, Prestonia), as well as Moraceae, Caricaceae (both the introduced papaya, Carica papaya, and endemic Jacartia spp.) and once also from Euphorbiaceae (Sebastiania pavoniana). All of these food plants possess potentially toxic latex and drip it copiously when ruptured.

Some danaiines famously sequester protective cardiac glycosides (cardenolides) from their larval food plants, but females often creatures often select the individual food plants on the basis of them having low or no cardenolide content (Smith, 2014). Interestingly, males of some *Danaus* species actively forage for sources of pyrrolizidine alkaloids (PAs) which are sex pheromone precursors and, during copulation, pass the PAs to the female individual who thereby becomes toxic and subsequently passes the PAs to their eggs (and emerged larvae) (Smith, 2014).

3.6.4 Melitaeinae (Nymphalidae)

Melitaeines (checkerspots) include several well-studied toxic species. This subfamily was represented by 20 species, mostly of *Chlosyne* with a few records from *Anthanassa* (two spp.), *Castilia* (one sp.), *Eresia* (two spp.), *Microtia* (one sp.), and *Tegosa* (one sp.). *Chlosyne* species were mostly reared from Acanthaceae, but *Chlosyne lacinia* (discovered to comprise two cryptic species) is a well-known specialist on Asteraceae (Martucci and Gobbo-Neto, 2016; Gallon et al., 2019). In Europe and North America, several species have been studied extensively because of their ability to sequester iridoid glycosides from their larval food plants, notably Plantaginaceae (Wahlberg, 2001; Quicke et al., 2023). However, not all members of the subfamily are toxic, and in Costa Rica, Young (1973) suggested that our two species of *Eresia* are Batesian mimics of an ithomiine.

3.6.5 Arctiinae (Erebidae)

The data set includes 81 genera of Arctiinae which includes the former Arctiidae (tiger moths) and Ctenuchidae, representing 272 species (Table 4). Many species are highly polyphagous and most studies have focused on these. Here we limit our discussion to those genera that were reared on more than 40 independent occasions and those species that feed on more than 10 food plant species. The six most polyphagous genera represent three different subtribes, implying that generalists are phylogenetically widely distributed within the subfamily. Even so, species of most of the genera have a restricted diet, with more than one-half of the genera feeding on fewer than five plant families and more than two-thirds feeding on fewer than two food plant families per species. Of the 28 genera whose species were represented by more than 50 independent rearings, 12 were only ever associated with a single food plant order (Figure 9). However, 10 genera were reared from members of more than 10 orders, viz., Melese (26), Bertholdia (16), Pelochyta (19), Carales (18), Halysidota (11), Lophocampa (13), Hypercompe (24), Dysschema (14), Cosmosoma (11), and Gymnelia (13) (the number of food plant orders is given inside the parentheses).

The arctiine moth genus *Carales*, represented by the single species, *C. astur*, is particularly noteworthy as it was reared from 130 different plant species distributed across 41 families and 18 APG plant orders (Figure 9). These plants are broadly distributed across the major angiosperm branches including Magnoliidae, superasterids, and superrosids and with one record from the monocot family Marantaceae, although since this particular caterpillar was in its final instar when found, we cannot be absolutely certain that it fed on this plant.

TABLE 4 Trophic interaction summary for Arctiinae (Erebidae) genera represented by 40 or more independent rearings.

Genus	Subtribe	Unique rearings	Species	Food plant families	Food plant species	Plant families/arctiine species in genus	Plant species/ arctiine species in genus
Aclytia	Ctenuchina	56	4	3	5	0.75	1.25
Heliura	Ctenuchina	50	1	1	3	1	3
Cosmosoma	Euchromiina	327	19	15	37	0.789	1.95
Eucereon	Euchromiina	258	35	7	31	0.28	1.12
Gymnelia	Euchromiina	90	3	21	53	7	17.7
Myrmecopsis	Euchromiina	71	7	3	9	0.429	1.29
Phoenicoprocta	Euchromiina	59	5	6	22	1.2	4.4
Uranophora	Euchromiina	4	1	1	3	1	3
Calodesma	Pericopina	75	1	2	6	2	6
Dysschema	Pericopina	418	10	22	71	2.2	7.1
Agaraea	Phaegopterina	111	5	6	13	1.2	2.6
Amaxia	Phaegopterina	105	5	4	12	0.8	2.4
Baritius	Phaegopterina	95	2	1	4	0.5	2
Bertholdia	Phaegopterina	83	2	28	61	14	30
Carales	Phaegopterina	230	1	40	130	41	130
Carathis	Phaegopterina	78	2	2	4	1	2
Elysius	Phaegopterina	132	4	3	4	0.75	1
Glaucostola	Phaegopterina	84	2	1	2	0.4	1
Halysidota	Phaegopterina	69	11	14	26	1.27	2.36
Idalus	Phaegopterina	62	9	3	10	0.333	1.11
Lophocampa	Phaegopterina	142	13	20	40	1.54	3.08
Melese	Phaegopterina	409	12	53	172	4.42	14.3
Opharus	Phaegopterina	141	6	4	11	0.67	1.83
Ormetica	Phaegopterina	84	2	1	8	0.5	4
Pachydota	Phaegopterina	493	4	3	32	0.75	8
Pelochyta	Phaegopterina	193	4	29	71	7.25	17.75
Symphlebia	Phaegopterina	82	5	4	9	0.8	1.8
Нурегсотре	Spilosomina	242	5	49	128	9.8	25.6

The genera whose species, on average feed, on more than 10 food plant species are indicated in bold.

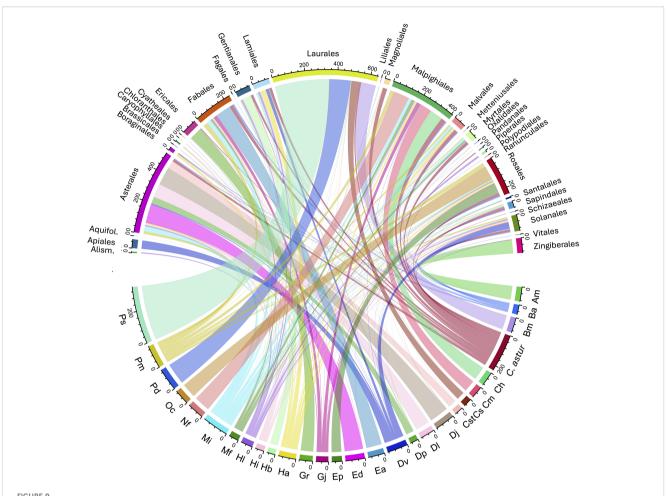
The bipartite network of Erebidae species and host plants had a high network-wide estimate of specialisation, $(H_2' = 0.894)$ where values close to zero indicate extreme generalization and those closer to 1 indicate specialisation (Blüthgen et al., 2006). However, when Arctiinae alone were considered, $H_2' = 0.656$, indicating that overall their diets are markedly more generalised.

Furthermore, despite some arctiines having long lists of food plant species, some appear to be highly specialized, for example, *Pachydota drucei* and *P. saduca* were reared only from Lauraceae (n = 137 and 347 respectively), and *Opharus consimilis* only from Urticaceae (n = 97). In some cases, ecological constraints are also

apparent. For example, *Hypercompe albescens* and *Hypercompe* "icasiaDHJ01", both have very long lists of food plant species (48 and 41, respectively), but those of the former feed on herbaceous plants or seedlings, whereas those of the latter feed on woody species.

3.6.6 Pieridae

Pieridae in our dataset are dominated by Dismorphinae, which were all reared from Fabaceae, nearly all from *Inga* spp. with and a few from *Cojoba* (Table 5). Braby and Trueman (2006) concluded that Fabaceae is likely the ancestral food plant group of the family,



Bipartite network diagram for the species of Arctiinae represented by 50 or more independent rearings and the APG IV order of the food plants they consume where the thickness of the links represents the abundance of that taxon in the reduced matrix and the line width represents the frequency of each interaction. Am, Agaraea minuta; Bi, Bertholdi albipuncta, Bm, Baritius maribellealvarezae; Ch, Cosmosoma hercyna; Cm, Calodesma maculifrons; Cs, Carathis septentrionalisDHJ0; Cst, Cosmosoma stibosticta; Dj, Dysschema jansonis; Dl, Dysschema leucophaea; Dp, Dysschema panamensis; Dv, Dysschema viuda; Ea, Eucereon, aeolum; Ed, Elysius discoplagaDHJ01; Ep, Eucereon pseudarchias; Gj, Gymnelia jansonis; Gr, Glaucostola romula"; Ha, Hypercompe, albescens; Hb, Heliura banoca; Hi, Hypercompe icasiaDHJ0; Hl, Hypercompe laeta; Mf, Melese flavimaculataDHJ02; Mi, Melese incertus; Nf, Napata flaviceps; Oc, Opharus consimilis; Pd, Pachydota drucei; Pm, Pelochyta misera; Ps, Pachydota saduca.

with members of the Pierinae mostly feeding on Brassicales, here represented by Brassicaceae, Capparaceae, Caricaceae, Dichapetalaceae and Resediaceae (including Stixaceae), but with the pierine genus *Glutophrissa* also reared from Putranjivaceae, and *Melete* from the 'mistletoes' (Loranthaceae and former Viscaceae clade of Santalaceae; see Haston et al., 2009; The Angiosperm Phylogeny Group et al., 2016). Members of the Coliadinae are also associated primarily with Fabaceae, but with some species feeding on a few other plant families. Notably, *Zerene cesonia*, which ranges from southern Canada to Costa Rica, feeds on the same Fabaceae genus (i.e., *Dalea*) throughout its range.

3.6.7 Zygaenidae

The data set includes 161 independent rearings of this family, and only six of the 29 species were reared on more than five separate occasions, limiting inferences concerning their host range. Only one species fed on more than one plant family: "Pampa Janzen04" was recorded from (Dilleniaceae) on 63 occasions, and from Sarcopera

sessiliflora (Marcgraviaceae) on three occasions. However, this was by far the most commonly reared species of zyganeid with a caterpillar so distinctive that there is no ambiguity regarding its correct identification.

3.7 Herbivory on chemically defended angiosperms

Plant chemical defenses against insect herbivory include a broad range of toxic secondary metabolites such as alkaloids (Willaman and Schubert, 1961), glycosides (including cyanogenic glycosides which are then converted to cyanide) (Vetter, 2000; Park and Coats, 2002), terpenoids (Mumm et al., 2008; Kortbeek et al., 2019), glucosinolates and many others (Bennett and Wallsgrove, 1994). In addition to these smaller molecules, there are several entomotoxic proteins, e.g., sugar-binding lectins in both seeds and foliage production of that can be induced by herbivory (Van

TABLE 5 Food plant ranges for members of the Pieridae and food plant families eaten.

Genus	No. of independent rearings	No. of species	Food plant species	Food plant families		
Coliadinae						
Abaies	83	3	7	Fabaceae		
Anteos	12	2	2	Fabaceae		
Aphrissa	1	1	1	Bignoniaceae		
Eurema	63	65	7	Fabaceae		
Phoebis	613	11	36	Bignoniaceae, Cannabaceae, Fabaceae, Onagraceae		
Pyrisitia	40	5	8	Fabaceae, Picramniaceae		
Zerene	16	1	1	Fabaceae		
Dismorphinae	Dismorphinae					
Dismorphia	591	5	21	Fabaceae		
Patia	1	1	1	Fabaceae		
Pierinae						
Ascia	18	1	7	Brassicaceae, Capparaceae, Caricaceae, Resediaceae		
Ganyra	77	3	5	Capparaceae, Resediaceae		
Glutophrissa	18	2	3	Capparaceae, Dichapetalaceae, Putranjivaceae		
Itaballia	20	1	3	Capparaceae		
Melete	28	1	1	Loranthaceae, Viscaceae		
Perrhybris	2	2	2	Capparaceae, Resediaceae		
Pieriballia	4	1	2	Capparaceae, Resediaceae		

Damme et al., 2008). These molecules are attracting greater attention by virtue of our growing capacity to incorporate them into crops via genetic engineering (Carlini and Grossi-de-Sá, 2002; Grossi-de-Sá et al., 2015). Other secondary metabolites can still act as feeding deterrents even though they are less toxic (Simmonds, 2006) and some may have both insecticidal and antifeedant properties (e.g. Prota et al., 2014; War et al., 2020). The Apocynaceae, Rutaceae, Piperaceae, Solanaceae and many Rubiaceae are widely noted for their possession of toxic secondary plant compounds including various alkaloids, and in the case of the first of these, toxin-containing latex.

3.7.1 Cyanogenic food plants

The toxicity of cyanide is well known, and plants, in many families are capable of synthesizing precursors (e.g., the cyanogenic glycosides linemarin and lotustralin) that release hydrocyanic acid when the plant tissue is damaged or consumed. That this ability is an effective defense against herbivory is well established (Boter and Diaz, 2023).

Cyanogenesis is extremely widespread among plants having been documented in members of more than 100 plant families (Francisco and Pinotti, 2000; Vetter, 2000). Thomsen and Brimer (1997) surveyed 488 species in 79 families of woody plants in lowland rain forest in Costa Rica for cyanogenesis and found it present in 25 species collectively belonging to 16 families. Cyanogenesis positive species were identified in the families

Achariaceae (as Flacourtiaceae), Annonaceae, Bignoniaceae, Elaeocarpaceae, Euphorbiaceae, Fabaceae, Lamiaceae, Malpighiaceae, Olacaceae, Passifloraceae, Proteaceae, Rubiaceae, Sapindaceae, Sapotaceae, and Violaceae.

The Passifloraceae were represented by 21 species of *Passiflora*, two species of *Turnera*, one of *Erblichia* plus two unidentified species. Their association with *Heliconius* butterflies has been studied extensively as a model system for the study of mimicry (Gilbert, 1971; Turner, 1971; Brown and Benson, 1974) and was one of the first examples put forth in support of the theory of coevolution (Ehrlich and Raven, 1964; Futuyma, 1983; de Castro et al., 2018). Passifloraceae are protected by cyanogenic glycosides, pyrrolizidine alkaloids, flavonoids, and saponins (de Castro et al., 2018) as well as by dense trichomes which appear to be particularly effective against caterpillars, though *Heliconius* have succeeded in overcoming these (Gilbert, 1971).

Zygaenidae (burnet and forester moths) are probably the best known for their own cyanogenic repertoire and are frequently associated with cyanogenic food plants (Nahrstedt, 1998; Zagrobelny et al., 2008). All zygaenids reared in the ACG belong to the Procridinae, which comprises a group of moths with cyanogenic caterpillars that are restricted to eight food plant families. The independent rearing data were as follows: Dilleniaceae (101 species), Marcgraviaceae (20), Vitaceae (24), Rubiaceae (17), Polygonaceae (8), Rosaceae (2), Fabaceae (1), and

Urticaceae (1). Insofar as we know, cyanogenesis has never been detected in any member of the Dilleniaceae, Marcgraviaceae or Urticaceae. The single unique rearing from Fabaceae was based on many caterpillars of *Neoilliberis thyesta* (Zygaenidae) feeding on *Mimosa tricephala*. We do not know whether this food plant displays cyanogenesis, although its congener *M. pudica* contains cyanogenic glycosides (Ahuchaogu et al., 2017), but they do not appear to have been reported from numerous other members of the genus (Rizwan et al., 2022).

In addition to Zygaenidae, cyanogenesis and/or cyanogenic glycosides and/or the cyanide detoxification product (β -cyano-L-alanine, BCA) have also been detected in a wide range of other families that were reared in this study, viz. Limacodidae, Megalopygidae, Notodontidae, Geometridae, Hesperidae, Papilionidae, Erebidae (Arctiinae and Lymantriinae), Nymphalidae (at least some species of all tested tribes but abundant in most Heliconiina, many Nymphalina and Satyrinae) (Witthohn and Naumann, 1987; Zagrobelny et al., 2008), strongly suggesting that at least some of these are able to feed on cyanogenic plants.

3.7.2 Entomotoxic plant proteins

These proteins include lectins and hemilectins (carbohydrate-binding proteins) (Janzen, 1981; Carlini and Grossi-de-Sá, 2002; Van Damme et al., 2008; Grossi-de-Sá et al., 2015; Vandenborre et al., 2011), various enzymes which include ribosome-inactivating proteins, ureases and urease-derived encrypted peptides (Stanisçuaski and Carlini, 2012), chitinases (Bishop et al., 2000; Ramos et al., 2010), inhibitors of insect digestive enzymes (e.g., Wu and Haard, 2000), and other proteases/peptidases/proteinases whose entomotoxicity seems to result from their disruption of the insect herbivore's peritrophic membrane (Konno et al., 2004; Domsalla and Melzig, 2008; Harrison and Bonning, 2010).

Ureases are large molecular weight, nickel-containing proteins which occur in some Fabaceae. Their entomotoxicity is particularly interesting as it does not depend on their enzymic activity (urea \longrightarrow CO₂ + NH₃) but instead the intact protein is neurotoxic, as are the peptide(s) produced as a result of insect protease action on it (Stanisçuaski and Carlini, 2012; Carlini and Ligabue-Braun, 2016).

The best-studied lectins occur in members of the plant families Amaranthaceae, Amarylidaceae, Araceae, Asteraceae, Euphorbiaceae, Fabaceae, Poaceae, and Solanaceae (Grossi-de-Sá et al., 2015; Macedo et al., 2015). Although they are usually produced and stored in seeds and storage organs such as rhizomes, they are also frequently expressed in leaves and their synthesis can be induced by jasmonic acid, a crucial plant hormone that is released in response to caterpillar herbivory (Chen et al., 2002; Vandenborre et al., 2011). Unfortunately, too little is known about the taxonomic distribution and prevalence of inducible lectins in plants for us to make firm conclusions as to their relationship with and to various lepidopteran caterpillars in terms of defense.

3.7.3 Tannins

Tannins are a chemically diverse group of polyphenolic compounds which bind to and precipitate proteins. They are

ubiquitous secondary plant compounds often occurring at high concentrations, for example 5-10% dry weight, in the leaves of many woody dicotyledons, i.e., most trees, especially in the families Anacardiaceae, Combretaceae, Fabaceae, Fagaceae and Rhizophoraceae. Several studies have found evidence that high condensed tannin concentration may provide protection against caterpillar herbivory, and may differentially affect specialists more than generalists (Forkner et al., 2004), and some generalist caterpillar species have a high tannin tolerance (Barbehenn et al., 2009).

It has often been suggested that their entomotoxicity is due to complex negative effects on protein metabolism in insects feeding upon them, resulting in slower growth, lowering survival and probably also reducing the overall amount of food they consume (Yang et al., 2016; Adamczyk et al., 2017). However, this appears not to be the case (Fox and Macauley, 1977; Bernays, 1978) with damage reflecting the production of high levels of reactive oxygen species, such as semiquinone radicals (Barbehenn and Constabel, 2011). In addition to direct toxicity, tannins are also feeding deterrents to many herbivorous insects. However, because high tannin concentrations are generally less prevalent in herbaceous plant foliage and young tree leaves, we do not consider them to be a major driver in the caterpillar herbivory of the foliage sampled in this study.

Of particular interest with respect to tannins are the giant silk moths, Saturniidae. These moths are relatively omnivorous and many species feed on mature, tannin-rich leaves of woody plants. Janzen (2003) described the diet breadth of saturniid caterpillars in the ACG dry forest. At that time, 31 species of Saturniidae had been reared from the foliage of 77% of the 66 woody dicot families, 51% of the 240 woody dicot genera, and 47% of the 370 woody dicot species present. In the present data set, there are 64 species of saturniids reared from the dry forest, and these collectively have been reared from 269 food plant species in 58 families. This is an average of 13.9 food plants per moth species. However, there is a single species of dry forest saturniid caterpillar, *Schausiella santarosensis*, that massively (in irregular years) defoliates only a single species, *Hymenaea courbaril* (Fabaceae).

The life history of one hemileucine saturniid, Hylesia lineata, was described by Janzen (1984a). At that time, its caterpillars had been reared from 46 plant species in 17 families. The present data set expands this list to 86 plant species in 20 families, nearly all not typically regarded as chemically protected, the notable exception being 143 rearings from Euphorbiaceae. However, H. lineata caterpillars are gregarious, and these only represented 15 independent collection events, which involved one feeding on Acalypha diversifolia, and the rest feeding on various species of Croton (Fabaceae). Croton species contain di-, tri-, and tetraterpenoids, various alkaloids such as aporphine, morphinandienones, proaporphine, tetrahydroprotoberberines, flavonoids, and glycosides (Magwilu et al., 2022), though it is likely that their diverse diterpenoids are most important (Xu et al., 2018). Their essential oils may also have insecticidal properties (Lawal et al., 2017), and limonoids, musidunin, and musiduol act as insect antifeedants (Nihei et al., 2006). As noted by

Janzen (1984a), despite its potential for generalism, *H. lineata* females oviposit only on a few plant species in non-outbreak years. Furthermore, while a female may oviposit hundreds of eggs in a cluster on a single plant (of many plant species in outbreak years), in the fourth and fifth instars the caterpillars wander widely as individuals, being able to complete development on many species of food plant.

Bernays and Janzen (1988) compared the way that two saturniid species (Orhorene purpurascens and Rothschildia lebeau) and two sphingid species (Pachylia ficus and Manduca dilucida) processed their food plants. In general, as mentioned before, Saturniidae snip their leaf bites, leaving the tannin vacuoles undamaged, thus avoiding tannin's negative effects but thereby reducing the amount of nutrients that they obtain from the leaf. In contrast, Sphingidae grind the leaf much more finely with their mandibles and therefore have to cope with the secondary toxins in the food but grow more rapidly because of their increased nutrient extraction.

3.7.4 Plant families with other defensive compounds

Unlike some plant families that are famously chemically defended (Quicke et al., 2023), there are many that are seldom noted as being particularly entomotoxic. Nevertheless, plants in such families produce a diverse array of secondary compounds and many of them have been exploited in folk medicine (Kripasana and Xavier, 2020; Rattan, 2023; Braz et al., 2024). Their active compounds include phytosteroids 1,3,5(10)-estratrien-3,17 β -diol, phytol, and a few contain alkaloids (Agriculture Research Service, 1961). The diterpene long-chain unsaturated alcohol phytol, in its free form, is produced by many plants and may have some insecticidal and feeding deterrent effects (Vencl and Morton, 1998; Benelli et al., 2020) as well as a wide range of other physiological activities. Here we discuss three plant families noted for their defensive chemistry; Zamiaceae were already discussed in Section 3.5.3.

3.7.4.1 Aristolochiaceae (birthworts)

Birthworts, so named because of their historic use in inducing abortions, produce aristolochic acid, a carcinogenic and nephrotoxic tetracyclic compound. It is also very entomotoxic and in ACG only 12 caterpillar species were reared from this family, 11 of which are troidine Papilionidae (represented by the genera *Battus* and *Parides*). The tribe Troidini includes the Old Word birdwing butterflies, all of which are Aristolochiaceae specialists (Quicke et al., 2023). In addition, one species of Pyralidae, *Mapeta xanthomelas*, was also reared, and this too is an Aristolochiaceae specialist. Caterpillars of *M. xanthomelas* sequester aristolochic acid (Durán et al., 2012) and its adults are highly aposematic.

3.7.4.2 Piperaceae

The black pepper family, Piperaceae, is represented by three genera in ACG: *Manekia* (one species), *Peperomia* (five species), and *Piper* (57 species). They are well known for their large range of secondary plant compounds, particularly alkaloids (Kato and

Furlan, 2007; Scott et al., 2008; Gutierrez et al., 2013). These alkaloids include the particularly neurotoxic piperamide family of chemicals which display marked entomotoxicity (Ileke et al., 2020). More than 30 different piperamides have been extracted from one species (*Piper nigrum*) alone.

Bodner et al. (2012) found a wide variation in the number of species of caterpillars feeding on shrubs (Asteraceae and Piperaceae (*Piper*)) in the Ecuadorian Andes, ranging from 2 to 96. *Piper* species supported fewer caterpillars than Asteraceae, with one or two species of the genus *Eois* (Geometridae) being dominant. They also found that the one species of Asteraceae that possesses latex had a smaller caterpillar assemblage with higher dominance of a few species than the other two Asteraceae species.

3.7.4.3 Solanaceae

The nightshade family contains many species with a history of causing human and livestock deaths and psychoses. Many species are protected by pyrrolizidine alkaloids (PAs) which are also produced by various members of Apocynaceae, Fabaceae, Heliotropiaceae, and Boraginaceae, among others.

Most Ithomiini (Nymphalidae) are specialists on Solanaceae, although a few basal genera feed on other plant families including Apocynaceae. Most ithomiines are protected by PAs, but their caterpillars do not sequester them from their food plants. Instead, the adult males obtain them by foraging on various PA containing flowers, notably in the Asteraceae, Boraginaceae and Heliotropiaceae (Brown, 1984), and this ability is associated with a particular structure of the antennal lobe of the brain (Morris et al., 2021). However, the caterpillars of a few basal ithomiines, such as *Tithorea harmonia*, do sequester (Trigo and Brown, 1990), suggesting that after a shift to non-PA-containing food plants the need to have them was retained.

Several species of Sphingidae (*Manduca* species especially) specialize on Solanaceae and likely achieve this by enzymatically degrading the PAs and other small toxic molecules (Bernays and Janzen, 1988; Beck et al., 2006) as opposed to Saturniidae which bypass the tannins in their tannin-rich food plants by not breaking up the tannin-containing vacuoles with their mandibles, thereby growing more slowly by not extracting much nutrient from what they eat. In the field, saturniid fecal pellets are distinctive for breaking up into leaf chips, whereas sphingid fecal pellets are constituted of much more finely milled leaf matter, which takes place in the mandibular processing.

3.8 Herbivory on plants with structural defenses

3.8.1 Food plants with latex

Latex is present in many plant families and approximately 10% of plant species (Metcalf, 1967; Agrawal and Konno, 2009; Konno, 2011; Agrawal and Hastings, 2019) but is particularly prevalent in Alismataceae, Amaryllidaceae, Apocynaceae (including Asclepiadoideae), Araceae, Cactaceae, Campanulaceae, Cannabaceae, Caricaceae, Celastraceae, Convolvulaceae,

Euphorbiaceae, Icacinaceae, Moraceae, Musaceae, Olacaceae, Papaveraceae, Sapotaceae, and the tribe Cichorieae (=Lactuceae) of Asteraceae. Latex is also significantly more prevalent in tropical taxa than in either temperate or widespread ones (Lewinsohn, 1991). The primary role of latex appears to be defense against herbivory, both by insects and mammals, and it often contains significant quantities of entomotoxins (Warowicka et al., 2020; Gracz-Bernaciak et al., 2021).

Latex may protect plants in two separate but not mutually exclusive ways; one is physical and the other is through its chemical constituents. Physically, the latex of many families is very sticky and can clog mandibles, impeding mastication and immobilizing mouthparts, and it can even kill first instar caterpillars to the leaf surface (Zalucki and Brower, 1992).

Caterpillars have evolved a variety of techniques to avoid or reduce feeding on latex and toxic plant compounds (Dillon et al., 1983; Dussourd, 1990, 1993, 1997, 1999; Dussourd and Denno, 1991, 1994) and other plant entomotoxins. These behaviors include trenching the leaf surface to cut tiny latex vessels, petiole constriction, and vein cutting (Betz et al., 2024). Trenching has been highlighted as being particularly important for generalists (Dussourd and Denno, 1994), although it is also important for specialists that feed on latex-containing plants (Bernays et al., 2004).

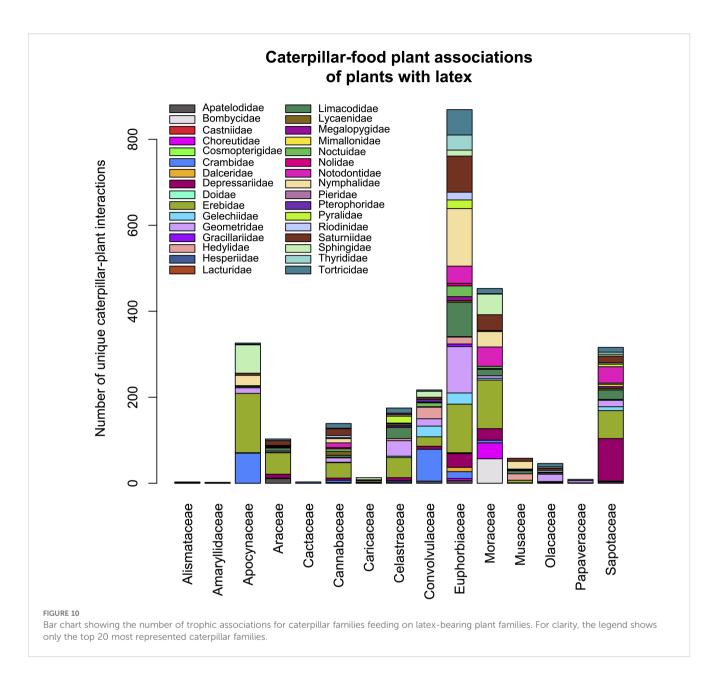
The caterpillar associations of these latex-bearing families are summarized in Table 6 and illustrated in Figure 10. Assuming this list represents the majority of latex-bearing plants in the data set, the number of species of latex bearing plants in each ecosystem does not differ significantly from those of non-latex bearing plants across ecosystems ($\chi^2 = 0.86$, df = 2, p = 0.65).

The only representative Cichoriae (Asteraceae) in the ACG data was the introduced milk thistle, Sonchus oleraceus, from which two extremely generalist, crop pest species of Spodoptera (Noctuidae) were reared. Papaveraceae was represented only by Bocconia frutescens with the majority of rearings on that plant being of Anacrusis nephrodes (Tortricidae). All five unique rearings of Alismataceae were of Echinodorus subalatus, fed on by two cryptic species of Argyrogramma verruca (Noctuidae) and one by Platynota subargentea (Tortricidae). Unfortunately, most records of A. verruca were not separated as "verrucaDHJ01" or "verrucaDHJ02" because they were pre-DNA barcoding. All five unique rearings from Hymenocallis littoralis (Amarylidaceae) were of Xanthopastis timais (Noctuidae), and the other rearing from this plant family was one extreme generalist, Spodoptera latifascia (Noctuidae), feeding on Crinum erubescens. The introduced banana species (Musaceae) were collectively fed on by 47 Lepidoptera species in nine families, but most rearings involved four genera: the nymphalids Caligo (six species, 140 rearings) and Opsiphanes (three species, 367 rearings) and the hesperiids, Talides (six species, 190 rearings) and Thracides (one species, 74 rearings).

The latex of many Apocynaceae, Euphorbiaceae, and Moraceae contains lectins, including ricin in the case of Euphorbiaceae (Konozy et al., 2023), many of which have entomotoxic activity when ingested. Milkweed latex (Apocynaceae: Asclepiadoideae) famously contains cardiac glycosides (cardenolides), but the latex of some plants also includes abundant cysteine proteases that are highly insecticidal at very low doses (c. 0.1% w/w) (Ramos et al., 2010). Papaveraceae latex (Abarca et al., 2019) contains alkaloids (Gracz-Bernaciak et al., 2021). However, only one species of this

TABLE 6 Numbers of lepidopterans associated with food plant families that possess latex.

Food plant family	Independent rearings	Number of species	Number of caterpillar families	Number of caterpillar species	Caterpillar species/ plant species
Alismataceae	5	1	2	3	3
Amaryllidaceae	6	2	1	2	1
Apocynaceae	2,361	51	13	130	2.55
Araceae	292	33	12	53	1.61
Cactaceae	7	2	1	3	1.5
Cannabaceae	1,143	3	19	127	42.22
Caricaceae	115	3	6	8	2.67
Celastraceae	701	20	16	141	7.05
Convolvulaceae	941	18	14	114	6.33
Euphorbiaceae	6,025	69	25	477	6.91
Moraceae	1,845	48	20	146	3.73
Musaceae	867	5	9	47	9.40
Olacaceae	183	7	12	436	5.14
Papaveraceae	22	1	3	9	9
Sapotaceae	1,232	23	21	183	7.96



plant family is represented in the present data set, with wild Papaveraceae (*Bucconia*) being essentially absent in ACG and its foliage characterized by experiencing almost no damage.

The chemistry of latex varies greatly. In most cases, it contains polysaccharides (Marinho and Teixeira, 2019). That of latexbearing Cannabaceae is famously resinous in the case of *Cannabis sativa*. However, in ACG, the family is represented by two genera, *Celtis* and *Trema*, whose latex only includes proteins, lipids, polysaccharides, and terpenes (Leme et al., 2020), and of these, the latter can display relatively mild entomotoxicity in low doses.

3.8.1.1 Apocynaceae

The latex-bearing Apocynaceae includes many highly poisonous species such as oleander (*Nerine* spp.) in the tribe Nerieae (Janzen, 1978) and, in the same tribe, *Strophanthus* which is the source of the cardiac glycoside ouabain, an inhibitor

of the Na+/K+-ATPase peritrophic matrix (membrane) pump and used on poison arrow tips.

3.8.1.2 Celastraceae

Celastraceae includes several species well known for their insecticidal and/or antifeedant secondary compounds (Spivey et al., 2002), perhaps most notably *Azadirachta indica*, the source of the commercial insecticide neem (azadirachtin), one of the many entomotoxic triterpenoids (Nisbet, 2000). The alkaloid wilfordine isolated from *Tripterygium wilfordii* also contains insecticidal/antifeedant sequiterpenoids (Acree and Haller, 1950; Shin-Foon and Yu-Tong, 1993; Luo et al., 2004; Ma et al., 2014).

3.8.1.3 Euphorbiaceae

This is a very large family of latex-producing plants. The chemistry of Euphorbiaceae latex has been well studied

(Benjamaa et al., 2022). When it comes to specialized caterpillar species, this family was not as extreme as the ones indicated in red (Figure 7).

3.8.1.4 Fabaceae (Crotalaria)

Crotalaria species are generally protected by two kinds of pyrrolizidine alkaloids (PAs), monocrotaline and spectabiline (Flores et al., 2009), as well as by various flavonoids. While these compounds are highly concentrated in the seeds, all parts of the plant contain them. The aposematic ornate bella moth (*Utetheisa ornatrix*) (Erebidae: Arctiinae: Callimorphina) was the only species reared from *Crotalaria*, which appears to be its predominant (perhaps only) food plant (Wagner, 2005; Zhang et al., 2024), although numerous others have been cited in the literature. This is a PA specialist, and its larvae only feed on plants with PAs and oviposit on individual plants with higher PA concentrations (Hoina et al., 2013).

3.8.1.5 Moraceae

Just over one-third (667 out of 1,844) of the ACG Moraceae independent rearings were from figs, *Ficus* species, including three introduced species. Moraceae are well known producers of sticky latex that is used as a glue by many local communities (Shrestha et al., 1992). *Ficus* latex coagulation is relatively rapid and probably involves biochemical processes as well as evaporation (Bauer et al., 2014). Several entomotoxic proteins have been reported from Moraceae latex, e.g., the cysteine protease, ficin, is present in wild fig, *Ficus virgata* (Grossi-de-Sá et al., 2015), and two chitinases in mulberry (*Morus* spp.) (Kitajima et al., 2010). Moreover, in some species, the latex contains cardiac glycosides (cardenolides), and those of *Maquira* and *Naucleopsis* species are used as the active ingredient for poison darts (Shrestha et al., 1992). The ACG data set includes 1,413 rearings from *Naucleopsis capirensis* and 500 from *Maquira guianensis*.

3.8.2 Plants with high silica content

Silicon is present in all plants but varies widely in concentration from 0.1% to 10% dry mass (Kaufman et al., 1981; Epstein, 1999). It has a wide range of physiological functions in the soluble monosilicic acid form, but when deposited as non-crystalline (amorphous) silica, e.g., as silicaceous phytoliths as well as being deposited on leaf surfaces, cell walls, and in specific cells, such as papillae, hairs, and silica cells where it may be abundant (Massey et al., 2006; Hartley and DeGabriel, 2016; Zexer et al., 2023), it provides protection from herbivory due to its very hard nature. It abrades caterpillar mandibles and also damages intestinal protection while slowing the release of nutrients from the plant tissue. Silica accumulation evolved early in land plants, and it is abundant in the leaves of ferns and lycopods but appears to have been lost and then regained on a number of independent occasions among the angiosperms (Trembath-Reichert et al., 2015).

In decreasing order of number of trophic interactions, the angiosperm plant families in the ACG data set that have particularly abundant silicaceous phytoliths (Supplementary Material in Katz, 2015) are Cactaceae, Poaceae, Piperaceae, Arecaceae, Annonaceae,

Urticaceae, Sapotaceae, Marantaceae, Boraginaceae, Heliconiaceae, Dilleniaceae, Chrysobalanaceae, Menispermaceae, Cannabaceae, Cyperaceae, Bromeliaceae, Burseraceae, Zingiberaceae, Costaceae, Musaceae, Aristolochiaceae, Chloranthaceae, Cannaceae, Loranthaceae, Hernandiaceae, Thymelaeaceae, Magnoliaceae, and Ulmaceae. Ten of these 28 families fall within the monocotyledon orders Arecales, Poales, and Zingiberales. In addition, many ferns also have silica-rich leaves (Sharma et al., 2019).

3.8.2.1 Arecaceae (palms)

This family was among those with the most specialized caterpillars (Figure 7). Palm leaves have abundant silica, various flavonoids and their glycoside derivatives, phenolic acids and their derivatives, and sterols (Mohammed and Fouad, 2022). In addition to these, we also suspect that sclerophylly (tough foliage) plays a role.

Palms serve as the larval host of some of the most specialized (i.e., host specific) Lepidoptera species (Figure 11), but in some respects, these species do not appear to be morphologically or behaviorally specialized. The caterpillars reared from palms represented 17 families (Apatelodidae, Crambidae, Depressariidae, Erebidae, Eupterotidae, Gelechiidae, Hesperiidae, Lasiocampidae, Limacodidae, Megalopygidae, Noctuidae, Notodontidae, Nymphalidae, Pterolonchidae, Pterophoridae, Saturniidae, and Tortricidae). However, more than 93% of these rearings involved three families: Hesperiidae (the vast majority), Nymphalidae (two genera), and Notodontidae (two species), with the other 7% distributed among the remaining 14 Lepidoptera families.

3.8.2.2 Costaceae

Costaceae, the spiral ginger family, is represented by seven species of Costus and the introduced Hellenia speciosa. Members of this plant family serve as hosts for 33 species of Lepidoptera. The vast majority of rearings, however, were of the erebid, Agaraea minuta (n = 1,042), and the hesperiids, Calpodes esperi (n = 1,585) and Calpodes placens (n = 335). Thus, its apparently high use by herbivores is largely a reflection of the food plant preferences of these three caterpillars: Agaraea minuta was reared from five species of Costus and one species each of Fabaceae, Myristicaceae, and Sapindaceae. Calpodes placens was only reared from Costus (six species), Calathea lutea from six species of Costus, and one species each of Marantaceae and an introduced species of Canaceae, indicating that it likely is a specialist on monocots.

The spiral gingers are well known for their antioxidant, anticancer, antifungal, antidiabetic, and antimicrobial activities (Aruna et al., 2014; Bawakid et al., 2021; Sohrab et al., 2021). Little appears to have been published on their entomotoxicity, although Sohrab et al. (2021) do list insecticidal activity along with many health-related properties. Plant secondary compounds include flavonoids, saponins, tannins, phlobatannins, anthraquinone, phenol, alkaloids, resin, steroids, and terpenoids, including sesquiterpene lactones (Kim and Choi, 2019; Adesegun, 2021; Onanuga and Oloyede, 2021; Sohrab et al., 2021). Given the high degree of food plant specificity of their caterpillars, insecticidal activity in the family deserves further investigation.

3.8.2.3 Poaceae—grasses and bamboos ("woody grasses")

The grass family is not generally noted for its insect anti-feedant or entomotoxic properties, although a few are known to contain saponins (Simmonds, 2006) and lectins (Han et al., 2018). Probably the best known grass secondary compounds are phytoalexins (Arruda et al., 2016), notably flavonoid phytoalexins and diterpene phytoalexins, which have principally been investigated from their antimicrobial activity (Ishihara, 2021). At least some phytoalexins have insect antifeedant activity (Sutherland et al., 1980). Some grass species (Poodieae in the BOP clade and Panicoideae in the PACMAD clade) (GPWG II, 2012; GPWG III, 2025) also produce benzoxazinoids, and these compounds are toxic to a wide range of plant pests such as insects, fungi, bacteria, and nematodes (Mikić and Ahmad, 2018). However, these compounds have not been found in all grass clades. Two benzoxazinoids, DIMBOA (2,4-dihydroxy-7-methoxy-1,4-benzoxazin-3-one) and DIBOA (2,4-dihydroxy-1,4-benzoxazin-3-one), are present in many members of the tribes Triticeae and Poeae (Gianoli and Niemeyer, 1998), including maize, wheat, and rye, and they have been demonstrated to provide defense against a range of insect herbivores including generalists such as the beet armyworm, Spodoptera exigua (Klun et al., 1970; Tzin et al., 2017).

However, grasses are well known for the concentration of silica in their foliage, which we treat here as a physical—as opposed to chemical—anti-herbivore deterrent. In fact, it has been fairly well established that grass specialization among herbivorous lepidopteran caterpillars has resulted in the evolution of highly developed mandibular muscles and concurrently large heads, much as the spread of grasslands have been implicated in vertebrate evolution (Simpson, 1951). Thus, it is not surprising that grasses and bamboos (Poaceae) are associated with highly specialist lepidopteran caterpillars, even though most work on them emphasizes the importance of their non-crystalline silicaceous phytoliths (Massey et al., 2006; Hartley and DeGabriel, 2016). This probably explains why many grass-feeding caterpillars other than Hesperiinae and Satyrinae are stem and rhizome borers rather than leaf feeders (Goldstein and Fibiger, 2005). Figure 11 suggests that relatively few groups of Lepidoptera have been able to specialize on grasses.

Nearly half of the species reared from grasses (n = 396)(Figure 11) were grass skipper butterflies (Hesperiidae: Hesperiinae) (n = 190), followed by Nymphalidae (n = 57) (predominantly Satyrini, but also including three genera of Brassolini and one each of Haeterini and Melanitini), Erebidae (n = 49), Noctuidae (n = 47), and Crambidae (Crambini) (n = 27). All other families were represented by fewer than 10 species of caterpillars on Poaceae. A marked contrast is apparent between those lepidopteran families strongly associated with Poaceae and those that are broad generalists-for example, the eight species of Saturniidae that were reared from one or more members of the Poaceae (15 out of 16 rearings being species of Automeris (Hemileucinae), some of which are notoriously polyphagous) collectively have been reared from 63 other plant families. The most common associations with families other than Poaceae consumed by grass feeders were with other monocyledons, most

notably Cyperaceae (sedges), Arecaceae (palms), and the introduced banana species (Musaceae), each of which has a high silica content.

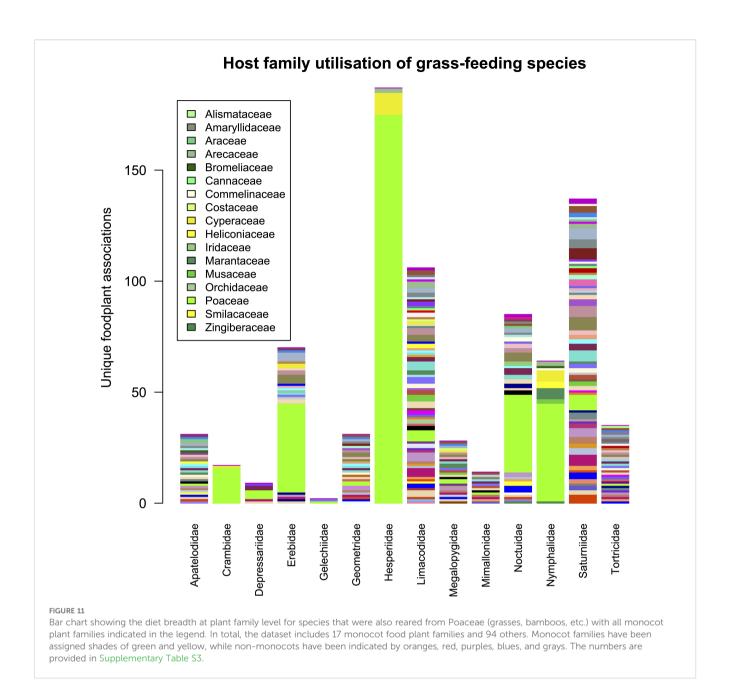
3.8.3 Trichomes

We have not been able to examine the importance of trichomes in detail because of the great interspecific—in some cases, intraspecific-variation in their development, including induction of their expression by herbivory itself. Stiff, biomineralized stinging trichomes, present in Urticaceae, some Euphorbiaceae, and a few other plant families, are primarily involved in defense against mammalian herbivores and have little, if any, deterrent effect against insects (Levin, 1973; Tuberville et al., 1996; Mustafa et al., 2018a). However, several experimental studies have shown that trichomes are effective at reducing caterpillar herbivory (e.g., Kariyat et al., 2017, 2018). In the case of non-glandular trichomes, protection against herbivory may result from the physical impedance of herbivore movement and access to edible foliage and/or by damaging the peritrophic membrane of the caterpillar after ingestion (Kariyat et al., 2017). The trichomes of Passiflora appear to be extremely effective against most caterpillars (Gilbert, 1971; Levin, 1973), although Heliconius and many other species have succeeded in overcoming these (Rathke and Poole, 1975; Cardoso, 2008).

Using ants as predators, Dyer and Floyd (1993) showed that, in general, specialists were significantly better protected from predation than generalists. This was corroborated by Dyer (1995) who prepared chemical extracts from numerous lyophilized caterpillars and offered these mixed with sugar solution to the ant colonies. It is now widely recognized that, in addition to primary defenses against herbivory (toxins, trichomes, protection by a resident ant colony; Janzen, 1966), many, if not most, plants have indirect defense mechanisms as well. These involve the release of volatile chemicals in response to herbivore damage that attract predators or parasitoids of the herbivore, sometimes even differentially in response to different herbivores (Aljbory and Chen, 2018). Farkas and Singer (2013), working on several generalist lepidopteran caterpillar species and their hymenopteran and dipteran parasitoids in the USA, found that the parasitism rate was probably largely determined by the production of plant-derived kairomones induced by herbivory that attract natural enemies rather than by plant chemistry directly.

3.9 Trophic links between caterpillar families and edible versus defended plants

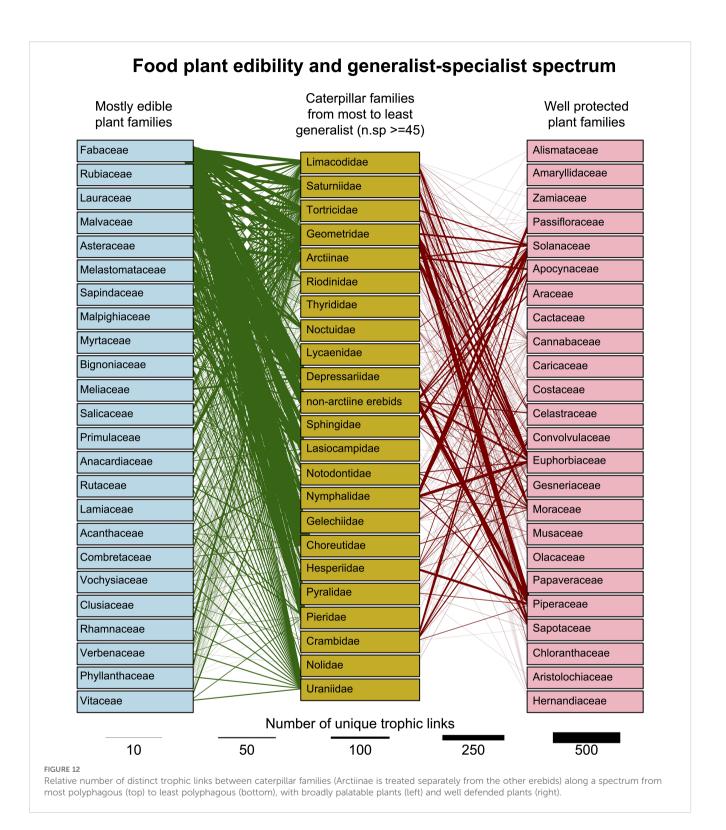
To examine the spectrum of plant defense against caterpillar herbivory, we created two lists of families, one comprising 43 well-defended species as suggested in the previously published literature (see the footnote to Table 6) and one with little obvious protection. The well-protected list includes plant families that have latex, those with abundant silica, and those with notable levels of toxins (e.g., aristolochic acid, alkaloids, cycasin, glucosinolates, and glycosides) as detailed in Section 2.2.



There are many ways of ranking herbivores on a generalist-specialist scale, although any linear scale is at best a simplification. Since we are most interested in the utilization of very diverse food plants rather than the simple number of plant species consumed (or the behavioral or morphological adaptations to the morphology or behavior of food plants), we chose to use the Shannon diversity index of the number of trophic links with different plant families. This rank order is depicted in the central column (Figure 12). We then depict quantitatively the trophic links these have with the most abundantly represented largely edible food plants (Figure 12; left-hand column) and with the most abundantly represented defended plant (Figure 12; right-hand column). The least generalized lepidopteran caterpillar families show many more trophic links with generally edible plants, particularly with Fabaceae, Rubiaceae, and Lauraceae, than they

do with any of the well-defended food plant families. The most polyphagous caterpillars have relatively few trophic links with defended plants, although geometrids and non-arctiine erebids show quite a strong association with Piperaceae and Nymphalidae with Passifloraceae (the Heliconiina), Solanaceae (the Ithomiini), and Euphorbiaceae.

To test whether the difference in herbivore utilization pattern of the two plant palatability categories apparent in Figure 12 was statistically significant, we first compiled the lists of the caterpillar species that were recorded from each plant family on more than 40 separate occasions. Then, for each species in the list, we determined the number of food plant species and food plant families they were reared from as well as the Shannon diversity of the raw numbers (Figure 13). The mean values for the two palatability categories are given in Table 7. For both food plant species and food plant families,



the mean values differed significantly between food plant groups (food plant species: t=2.91, d.f. = 1,000, p<0.005; food plant families: t=6.21, d.f. = 1,041, $p\ll0.001$). As regards Shannon diversity, the food plant species ranges did not differ significantly (t=1.3229, d.f. = 829, p=0.19), but the diversity of food plant families was significantly greater for caterpillars feeding on the palatable category (t=4.70, d.f. = 1029, $p\ll0.001$).

We interpret these results as showing that Lepidoptera species feeding on broadly palatable plant families are not particularly constrained in their food plant range by chemistry or sclerophyly and so, on average, utilize a wider range of food plant species and families than caterpillar species adapted to particular well-defended plant groups, which is not surprising. This is also indicated by the highly significant difference in Shannon food plant family diversity

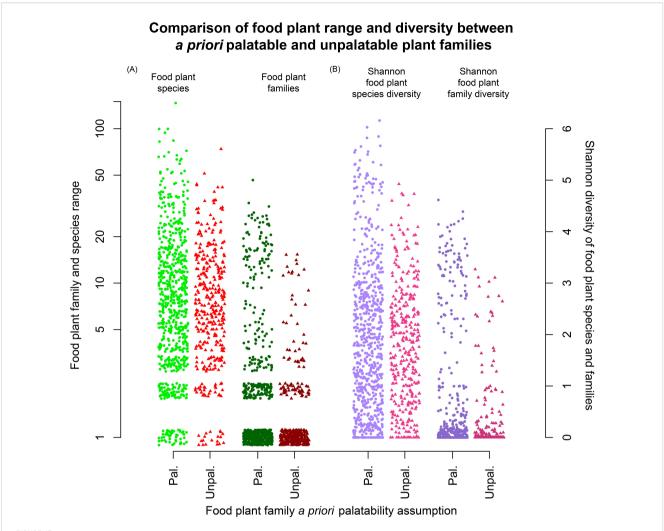


FIGURE 13
Food plant range and diversity of caterpillar species that were reared on more than 40 separate occasions from food plant families deemed a priori to be generally palatable (circles) versus those deemed to be well defended (triangles). (A) Number of food plant species (left) and families (right), on a logarithmic scale, for both plant palatability groups with x- and y-axis values jittered by a small amount to aid visualization. (B) Corresponding food plant Shannon diversities of each caterpillar species with only the x-axis values jittered. Pal., palatable; Unpal., unpalatable.

between the groups. However, the lack of statistical difference between groups in terms of Shannon food plant diversity may indicate that species adapted to cope with a particular class of chemical or physical defense mechanism can still utilize a similar range of food plant species within families with that defense mechanism.

4 Conclusions

Because of the 0–2 m (approx.) height range of the plant foliage that that parataxonomists sampled, the current data set represents only a portion of the species of Lepidoptera to be found in the ACG. Indeed light and Malaise trapping have revealed many more species

TABLE 7 Summary of food plant ranges and Shannon diversity index for Lepidoptera species reared from plant families categorized a priori as either well defended or broadly palatable (i.e., not well defended).

Plant family group	Caterpillar species	Caterpillar families	Mean food plant species	Mean food plant families	Mean Shannon diversity of plant species	Mean Shannon diversity of plant families
Palatable	720	49	11.97	3.37	1.88	0.45
Well defended	346	44	9.84	1.82	1.77	0.21

The 43 plant families classified *a priori* as well defended are Alismataceae, Amaryllidaceae, Annonaceae, Apocynaceae, Araceae, Araceae, Aristolochiaceae, Boraginaceae, Burseraceae, Cactaceae, Cannabaceae, Cannabaceae, Cannabaceae, Cannabaceae, Cannabaceae, Calastraceae, Chloranthaceae, Chrysobalanaceae, Convolvulaceae, Costaceae, Cyperaceae, Dilleniaceae, Euphorbiaceae, Gesneriaceae, Heliconiaceae, Papaveraceae, Passifloraceae, Piperaceae, Poaceae, Sapotaceae, Solanaceae, Thymelaeaceae, Ulmaceae, Urticaceae, Zamiaceae, and Zingiberaceae. Only caterpillar species with more than 40 independent rearings are included.

than have been reared. Some caterpillars were collected from low-hanging tree branches and also from the foliage of tree saplings, but this is likely quite different from what may feed on mature leaves of mature trees in the canopy. The latter type of foliage is generally tougher, with more fiber and tannins and different water and nitrogen concentrations than found in the foliage of young trees and in the leaves of herbaceous plants (Scriber and Feeny, 1979). However, all those "old tough" leaves were at one time "young and tender" and conspicuously fed on by herbivores (especially many species of Erebidae (e.g., *Eulepidotis*) and Crambidae (e.g., *Desmia*)) especially at the beginning of the rainy season when trees flush their new foliage.

From this large field-based empirical study, we conclude that the caterpillar–plant food web structure largely reflects plant defenses against caterpillar herbivory, with generalists largely confined to consuming plant families with general and limited defenses. Specialization by a herbivore on a few species of plants in one family may come with a cost, i.e., their specialization often limiting how many food plant species in less defended families they are able to incorporate into their host range. Only a few groups include a large proportion of species that can feed on a wide range of well-defended plants (e.g., some arctime Erebidae, Limacodidae, and Saturniidae). The protective effect of tannins is more general, and a specialist but low-reward chewing strategy by Saturniidae that allows them to consume leaves of a wide range of plants that are not otherwise well defended has evolved (Janzen, 1984b).

Most of the species-rich Lepidoptera families contain both specialists and generalists. Though moth families are highly polyphagous when evaluated collectively, the within-group variance is often as great—or greater—than that among groups. Every large family includes highly polyphagous taxa, highly specialized taxa, and everything in between. Exceptions include the Sphingidae, many of which show a preference for Rubiaceae; Hesperiinae, which feed primarily on monocotyledons; and non-hesperiine skippers (Hesperiidae), which exhibit a preference for Fabaceae. This study further highlights the importance of integrative taxonomy involving DNA barcoding in research involving poorly known but hyper-diverse faunas (Miller, 2007; Kaartinen et al., 2010). The conclusions reached now about levels of food plant specificity would probably differ greatly from what they would have been if the identifications had been based solely on pre-barcoding morphological concepts.

What about the future? Will there ever be a similar caterpillar food web study carried out on this scale and with basically the same methodology? It seems exceedingly unlikely. If there are any such projects, they will almost certainly be done in a very different and less labor-intensive way. DNA barcoding has been essential to our understanding of caterpillar–food plant associations in this study, but DNA technology has advanced enormously over recent years and will allow vastly more genetic signal to be collected than just the 658 base pairs of the standard insect barcode (Loxdale and Balog, 2025). Rearing is no longer necessary and perhaps not even killing the individuals, as it seems likely that a small-field-collected hemolymph sample would suffice not only to determine the identity of the caterpillar but also a small sample of the plant for its determination. The hemolymph would almost certainly also provide evidence of any parasitoids or pathogens.

However, the question remains as to whether it will ever be possible to determine a near complete tropical food web at all. The species and interaction accumulation curves presented here (Figures 2, 3) show that even after more than 800,000 caterpillar rearings, the data are still a long way from being complete. It has been estimated that in the ACG alone, there are probably between 1,200 and 1,500 species of trees. This is in stark contrast, for example, with the UK where there are only between 33 and 35 native tree species (depending on the definition).

Data availability statement

The original contributions presented in the study are included in the article/Supplementary Material and are publicly available from https://doi.org/10.5683/SP3/NX043G.

Ethics statement

The manuscript presents research on animals that do not require ethical approval for their study.

Author contributions

DQ: Conceptualization, Formal analysis, Investigation, Methodology, Software, Validation, Visualization, Writing original draft, Writing - review & editing. AB: Data curation, Resources, Writing - review & editing. MH: Validation, Visualization, Writing - review & editing. RM: Data curation, Software, Visualization, Writing - review & editing. SN: Data curation, Software, Visualization, Writing - review & editing. SR: Data curation, Resources, Software, Visualization, Writing - review & editing. JS: Data curation, Resources, Visualization, Writing – review & editing, Software. BJ: Validation, Visualization, Writing - review & editing, Data curation. MSm: Data curation, Investigation, Methodology, Resources, Software, Validation, Visualization, Writing - review & editing. NZ: Resources, Validation, Visualization, Writing review & editing. JWB: Data curation, Resources, Validation, Visualization, Writing - review & editing. TM: Data curation, Resources, Validation, Visualization, Writing - review & editing. SM: Data curation, Investigation, Resources, Validation, Visualization, Writing - review & editing. JMB: Data curation, Resources, Validation, Visualization, Writing - review & editing. PG: Data curation, Resources, Validation, Visualization, Writing - review & editing. MM: Data curation, Resources, Validation, Visualization, Writing - review & editing. RR: Data curation, Resources, Validation, Visualization, Writing - review & editing. MSo: Data curation, Resources, Validation, Visualization, Writing - review & editing. IC: Data curation, Validation, Visualization, Writing - review & editing. BE: Data curation, Resources, Validation, Visualization, Writing - review & editing. AP: Data curation, Investigation, Resources, Visualization, Writing - review & editing. EP-R: Data curation, Investigation, Resources, Writing - review & editing. PH:

Data curation, Funding acquisition, Investigation, Methodology, Resources, Validation, Visualization, Writing – review & editing. DJ: Data curation, Investigation, Resources, Validation, Visualization, Writing – review & editing. WH: Data curation, Investigation, Resources, Validation, Visualization, Writing – review & editing. BB: Data curation, Funding acquisition, Project administration, Resources, Supervision, Validation, Visualization, Writing – original draft, Writing – review & editing.

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Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fevo.2025.1647436/full#supplementary-material

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