

# Biological roles and therapeutic potential of hydroxy-carboxylic acid receptors

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Kashan Ahmed, Institute of Molecular Systems Biology, Swiss Federal Institute of Technology Zurich, Wolfgang-Pauli-Strasse 16, CH-8093 Zurich, Switzerland. e-mail: ahmed@imsb.biol.ethz.ch In the recent past, deorphanization studies have described intermediates of energy metabolism to activate G protein-coupled receptors and to thereby regulate metabolic functions. GPR81, GPR109A, and GPR109B, formerly known as the nicotinic acid receptor family, are encoded by clustered genes and share a high degree of sequence homology. Recently, hydroxy-carboxylic acids were identified as endogenous ligands of GPR81, GPR109A, and GPR109B, and therefore these receptors have been placed into a novel receptor family of hydroxy-carboxylic acid (HCA) receptors. The HCA1 receptor (GPR81) is activated by the glycolytic metabolite 2-hydroxy-propionic acid (lactate), the HCA<sub>2</sub> receptor is activated by the ketone body 3-hydroxy-butyric acid, and the  $HCA_3$  receptor (GPR109B) is a receptor for the β-oxidation intermediate 3-hydroxy-octanoic acid. While HCA1 and HCA2 receptors are present in most mammalian species, the HCA<sub>3</sub> receptor is exclusively found in humans and higher primates. HCA receptors are expressed in adipose tissue and mediate antilipolytic effects in adipocytes through Gi-type G protein-dependent inhibition of adenylyl cyclase. HCA<sub>2</sub> and HCA<sub>3</sub> inhibit lipolysis during conditions of increased  $\beta$ -oxidation such as prolonged fasting, whereas HCA1 mediates the anti-lipolytic effects of insulin in the fed state. As HCA<sub>2</sub> is a receptor for the established anti-dyslipidemic drug nicotinic acid, HCA1 and HCA3 also represent promising drug targets and several synthetic ligands for HCA receptors have been developed. In this article, we will summarize the deorphanization and pharmacological characterization of HCA receptors. Moreover, we will discuss recent progress in elucidating the physiological and pathophysiological role to further evaluate the therapeutic potential of the HCA receptor family for the treatment of metabolic disease.

Keywords: hydroxy-carboxylic acid receptors, GPR81, GPR109A, GPR109B, deorphanization, G protein-coupled receptors, nicotinic acid, lactate, 3-hydroxy-octanoic acid

## **INTRODUCTION**

G protein-coupled receptors (GPCRs) form one of the largest protein families and are encoded by about 800 genes in mammalian organisms (Lander et al., 2001; Venter et al., 2001; Pierce et al., 2002). More than half of these genes are thought to encode odorant GPCRs like olfactory receptors. While among the non-odorant receptors endogenous ligands of approximately 210 receptors have been identified, there are still more than 100 orphan GPCRs whose natural ligands and biological functions remain unknown (Wise et al., 2004). The typical endogenous ligands of GPCRs are hormones, mediators, and neurotransmitters with broad chemical diversity including glycoproteins, peptides, nucleotides, prostanoids, biogenic amines, amino acids, ions, and even photons of light (Foord et al., 2005). Activation of GPCRs and downstream signaling pathways not only regulate numerous physiological functions, but also mediate the pharmacological effects of many of the approved drugs (Drews, 2000). Thus, the deorphanization and pharmacological characterization of orphan GPCRs is of continued scientific and pharmaceutical interest. Studies on receptor deorphanization often employ "reverse pharmacology"-approaches in high

throughput scales, in which compound libraries or tissue extracts are tested for their ability to activate orphan GPCRs (Wise et al., 2004).

During the last decade, deorphanization studies revealed that nutrients and their metabolites, that were previously regarded as basic substrates for energy metabolism, can activate GPCRs and thereby regulate metabolic functions (He et al., 2004; Covington et al., 2006; Ahmed et al., 2009c; Ichimura et al., 2009). While FFA1 (GPR40), FFA2 (GPR43), FFA3 (GPR41), GPR84, and GPR120 were described as receptors for various free fatty acids (Briscoe et al., 2003; Brown et al., 2003; Itoh et al., 2003; Hirasawa et al., 2005; Wang et al., 2006), SUCNR1 (GPR99) and SUCNR2 (GPR91) were identified as receptors for citric acid cycle intermediates (He et al., 2004). In 2003, GPR109A was identified as the receptor of the anti-dyslipidemic drug nicotinic acid or niacin (Tunaru et al., 2003), and shortly thereafter the ketone body 3-hydroxybutyrate was described as the endogenous agonist of GPR109A (Taggart et al., 2005). Most recently, GPR109B and GPR81, which are structurally and phylogenetically closely related to GPR109A, were described as receptors for hydroxy-carboxylic acids. Specifically, GPR81 and GPR109B have been identified as receptors for the glycolytic product 2-hydroxypropionate (lactate; Cai et al., 2008) and the β-oxidation intermediate 3-hydroxy-octanoate (Ahmed et al., 2009a), respectively. Because all three receptors are activated by endogenous hydroxycarboxylic acid ligands, GPR109A, GPR109B, and GPR81 have quite recently been classified as Hydroxy-Carboxylic Acid receptors (HCA) with the individual members being HCA<sub>1</sub> (GPR81), HCA2 (GPR109A), and HCA3 (GPR109B; Offermanns et al., 2011) (Table 1). In addition, several studies have shed light on the biological functions of HCA receptors (Table 2). While HCA2 and HCA3 inhibit lipolysis during physiological and pathophysiological conditions of increased β-oxidation and ketogenesis (Taggart et al., 2005; Ahmed et al., 2009a), HCA1 was shown to mediate the anti-lipolytic effects of insulin during the postprandial phase (Ahmed et al., 2010). All three HCA receptors have in common that they regulate lipolysis in a negative feedback manner and thus function as metabolic sensors (Figures 1 and 2).

This review will summarize the deorphanization and pharmacological characterization of HCA receptors. Moreover, it will discuss the recent progress in elucidating the physiological and pathophysiological functions of HCA receptors and evaluate their therapeutic potential in the treatment of metabolic and immune disease.

#### IDENTIFICATION AND CHARACTERIZATION OF HCA RECEPTORS

#### **CLONING OF HYDROXY-CARBOXYLIC ACID RECEPTORS**

In 1993, the HCA<sub>3</sub> receptor (GPR109B) was cloned from a human monocyte cDNA library and originally identified as a new orphan

GPCR termed HM74 (Nomura et al., 1993). The HCA<sub>1</sub> receptor was first found and identified as orphan receptor GPR81 by BLAST analysis using genomic sequence databases and known GPCR-encoding sequences. It was then cloned from a bacterial artificial chromosome (BAC) clone carrying the human genomic region 12q (Lee et al., 2001). It was noticed that HCA<sub>1</sub> shares high sequence homology with the HCA<sub>3</sub> receptor (GPR109B/HM74) and both genes were located in proximity on the same BAC clone. In 2001, the HCA<sub>2</sub> receptor (GPR109A) was identified as a transcript induced in interferon- $\gamma$ -treated murine macrophages and subsequently termed PUMA-G (protein up-regulated in macrophages by IFN- $\gamma$ ; Schaub et al., 2001). The sequence of the murine PUMA-G receptor showed high similarity when compared to human HM74/GPR109B.

#### SEQUENCE ALIGNMENT AND PHYLOGENETIC TREE

HCA<sub>2</sub> and HCA<sub>3</sub> receptors are highly homologous with 96% sequence identity on the protein level. The HCA<sub>1</sub> receptor shares approximately 55% amino acid sequence identity to both HCA<sub>2</sub> and HCA<sub>3</sub>. The protein sequence of HCA<sub>2</sub> and HCA<sub>3</sub> differs in only 16 amino acids that are located within the first and second extracellular loops as well as the transmembrane regions 2 and 3. In addition, the C terminal tail of the HCA<sub>3</sub> receptor has an extension of 24 amino acids. Importantly, all three receptors share an arginine residue within transmembrane helix 3 that is essential for binding of carboxylic acid ligands (Tunaru et al., 2005). Based on phylogenesis, the orphan receptor GPR31 and OXER1, the receptor for 5-*oxo*-6,8,11,14-eicosatetraenoic acid (5-*oxo*-ETE), are the most closely related receptors to the HCA receptor family sharing approximately 30% sequence identity with HCA receptors

Table 1 | Structures and EC<sub>50</sub> values of endogenous ligands of HCA receptors. EC<sub>50</sub> values were determined by ligand-induced GTP $\gamma$ S-binding assay.

Receptor	Endogenous ligand	Structure	EC <sub>50</sub> (μΜ)
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HCA <sub>1</sub> (GPR81)	(S)-2-OH-propanoate		1,300 (Liu et al., 2009), 1,500 (Ahmed et al., 2010), 4,870 (Cai et al., 2008)
HCA <sub>2</sub> (GPR109A)	(R)-3-OH-butyrate		770 (Taggart et al., 2005)
HCA <sub>3</sub> (GPR109B)	3-OH-octanoate	П Г С С О ОН	8 (Ahmed et al., 2009a)

#### Table 2 | Pharmacological and biological properties of HCA receptors.

Receptor	G protein coupling	Expression in humans	Cellular function	Phenotype of receptor-deficient mice
HCA <sub>1</sub>	G <sub>i</sub> /G <sub>o</sub>	Adipocytes	Inhibition of lipolysis	Impaired insulin-induced inhibition of lipolysis, reduced weight gain under hypercaloric diet
HCA <sub>2</sub>	G <sub>i</sub> /G <sub>o</sub>	Adipocytes, macrophages, neutrophils, epidermal Langerhans cells,	Inhibition of lipolysis, activation of immune cells	Lack of nicotinic acid-induced anti-lipolysis and modulation of plasma lipids, abolished nico-
HCA3	G <sub>i</sub> /G <sub>o</sub>	keratinocytes, colonic epithelial cells Adipocytes, macrophages, neutrophils, colonic epithelium	Inhibition of lipolysis, activation of immune cells	tinic acid-induced flushing

(Ahmed et al., 2009b; Offermanns et al., 2011). Interestingly, the aforementioned arginine residue of the third transmembrane helix is conserved within GPR31 and OXER1 (Ahmed et al., 2009b). While genes encoding for HCA<sub>1</sub> and HCA<sub>2</sub> can be found in most mammalian species including humans and rodents, HCA<sub>3</sub> is only present in humans and higher primates like chimpanzee. It is likely that the HCA<sub>3</sub> gene has evolved by a rather recent gene duplication of HCA<sub>2</sub>.

Several single nucleotide polymorphisms have been identified for HCA<sub>2</sub> and HCA<sub>3</sub> in humans (Zellner et al., 2005). To date, it is unclear whether these genetic variations affect the physiological or pharmacological properties of HCA<sub>2</sub> and HCA<sub>3</sub> receptors.

# DEORPHANIZATION OF HYDROXY-CARBOXYLIC ACID RECEPTORS HCA<sub>1</sub>

In 2008, lactate was described as an agonist of the HCA1 receptor (Cai et al., 2008). Lactate stimulated binding of GTPyS to membranes of HCA1-expressing CHO-K1 cells with a half-maximal effective concentration (EC<sub>50</sub>) of 1.3 mM. In addition, lactate inhibited forskolin-induced stimulation of cyclic AMP (cAMP) production in HCA1-transfected cells with an EC50 of 2.2 mM. Moreover, lactate-induced an increase in intracellular calcium concentrations in cells coexpressing promiscious G protein Gqi5 and HCA1 with an EC50 of 4.7 mM. Lactate had no effect on HCA2- or HCA3-expressing cells. Potency and efficacy of the physiologically relevant stereoisomer (S)-lactate were more than twofold higher when compared to its enantiomer (R)-lactate. Among other carboxylic acids tested for activity toward HCA<sub>1</sub>, only propionate was able to activate the HCA1 receptor with an EC<sub>50</sub> of 2.9 mM. However, given the low systemic plasma levels of propionate, it is quite unlikely that propionate is a physiologically relevant ligand of HCA1. Shortly thereafter, another study also described lactate as a specific agonist of the HCA1 receptor with EC50 values for lactate-induced binding of GTPyS and







inhibition of cAMP formation of 4.87 and 4.16 mM, respectively. (Liu et al., 2009). While the ketone body and HCA<sub>2</sub> agonist 3hydroxybutyrate did not activate HCA1, other hydroxy-carboxylic acids like 2-hydroxy and 4-hydroxybutyrate showed some activity toward HCA1 but with reduced potencies (EC50 values of 8 and 15 mM, respectively). Interestingly, dichloroacetate and trifluoroacetate were identified as partial agonists of HCA1. These basic pharmacological properties of HCA1 were later confirmed in an independent study (Ahmed et al., 2010). The reported potencies of lactate to activate HCA1 are rather low when compared to classic GPCR ligands like hormones or neurotransmitters. However, while basal plasma concentrations of lactate are between 0.5 and 2 mM (and would be therefore too low to fully activate the HCA1 receptor), systemic lactate levels can increase up to 20 mM during intensive exercise. In addition, lactate concentrations within the adipose tissue are elevated upon glucose infusion (Ahmed et al., 2010). Thus, it is conceivable that HCA1 would function as a sensor for lactate during certain metabolic conditions.

#### HCA₂

In 2003, HCA<sub>2</sub> was identified as the receptor for the antidyslipidemic drug nicotinic acid (Tunaru et al., 2003). Nicotinic acid was shown to bind with high affinity to human HCA2 with dissociation constants  $(K_d)$  between 55 and 96 nM (Soga et al., 2003; Tunaru et al., 2003; Wise et al., 2003), and it activated mouse and human HCA<sub>2</sub> in a Ca<sup>2+</sup> reporter assay with EC<sub>50</sub> values of about 3 and 1 µM, respectively (Tunaru et al., 2003). Because endogenous plasma levels of nicotinic acid are too low to activate HCA<sub>2</sub>, it is unlikely that nicotinic functions as a physiological ligand of the HCA2 receptor (Gille et al., 2008). In 2005, the ketone body 3-hydroxybutyrate was described as the first endogenous agonist of HCA<sub>2</sub> (Taggart et al., 2005). While other ketone bodies, such as acetoacetate and acetone, were inactive at HCA<sub>2</sub>, racemic 3-hydroxybutyrate induced GTPyS-binding to human and mouse HCA2 with an EC50 value of approximately 0.7 mM. Notably, the physiologically relevant stereoisomer (R)-3-hydroxybutyrate was twice as potent as its respective (S)-enantiomer at both mouse and human HCA<sub>2</sub> receptors. By contrast, HCA<sub>1</sub> and HCA<sub>3</sub> receptors were not activated by 3-hydroxybutyrate. In addition, several other carboxylic acids with carbon chain lengths ranging from C4 to C8 activated human and mouse  $HCA_2$  with  $EC_{50}$  values ranging from 0.13 to 1.6 mM. However, systemic plasma levels of these short chain fatty acids would be too low to activate HCA2. In contrast, plasma concentrations of the ketone body 3-hydroxybutyrate are strongly elevated during fasting and can reach up to 6-8 mM during prolonged starvation (Owen et al., 1969; Cahill, 2006). These plasma levels are sufficient to fully activate the HCA<sub>2</sub> receptor.

## HCA₃

Despite its pronounced homology to  $HCA_2$ , the  $HCA_3$  receptor is not activated by the  $HCA_2$ -agonists nicotinic acid and 3-hydroxybutyrate and has remained as an orphan receptor until recently, when 2- and 3-hydroxy medium chain fatty acids were described as the first endogenously occurring  $HCA_3$ -specific agonists (Ahmed et al., 2009a). 2-hydroxy-octanoic acid and 3-hydroxy-octanoic acid-induced  $GTP\gamma$ S-binding in membranes of  $HCA_3$ -transfected HEK-293T cells with an  $EC_{50}$  of 4 and

8  $\mu$ M, respectively. Notably, both 2- and 3-hydroxy-octanoic acid did not activate HCA<sub>1</sub>, HCA<sub>2</sub>, or the free fatty acid receptors FFA<sub>1</sub>, FFA<sub>2</sub>, and FFA<sub>3</sub>. While the physiological relevance of 2hydroxyoctanoate is unknown, 3-hydroxy medium chain carboxylic acids are intermediates of mitochondrial  $\beta$ -oxidation of fatty acids. Under conditions of increased  $\beta$ -oxidation, such as starvation, ketogenic diet, or diabetic ketoacidosis, plasma levels of 3-hydroxy-octanoate can reach up to 5–20  $\mu$ M, levels that are sufficient to activate HCA<sub>3</sub> receptors (Costa et al., 1998; Ahmed et al., 2009a).

In another study aromatic D-amino acids were reported as specific agonists of the HCA<sub>3</sub> receptor (Irukayama-Tomobe et al., 2009). D-phenylalanine and D-tryptophan inhibited forskolininduced activation of cAMP responsive element (CRE)-driven luciferase activity with EC<sub>50</sub> values of 9 and 3.7  $\mu$ M, respectively (Irukayama-Tomobe et al., 2009). Aromatic D-amino acids have been found in some peptides from amphibian skin (Jilek et al., 2005). Whether aromatic D-amino acids are produced in mammalian species and can reach plasma levels sufficient to activate HCA<sub>3</sub> is currently unknown. Thus, the physiological relevance of aromatic D-amino acids as potential endogenous HCA<sub>3</sub> agonists remains elusive.

# GENOMIC LOCATION AND EXPRESSION OF HCA RECEPTORS GENOMIC LOCATION

The genes encoding for HCA<sub>1</sub>, HCA<sub>2</sub>, and HCA<sub>3</sub> are tandemly located on human chromosome 12q24.31. In *Mus musculus* the genes of HCA<sub>1</sub> and HCA<sub>3</sub> are found next to each other on chromosome 5F. It is noteworthy that in all species the genes encoding for HCA receptors consist of a single exon (**Figure 1**).

# EXPRESSION OF HCA RECEPTORS HCA1

Lee et al. (2001) detected mRNA of HCA<sub>1</sub> in human pituitary by Northern blot analysis. While others have never confirmed this, several studies have independently shown by quantitative PCR that the HCA1 receptor is predominantly expressed in adipose tissue (Wise et al., 2003; Ge et al., 2008; Jeninga et al., 2009; Liu et al., 2009; Ahmed et al., 2010). By using transgenic reporter mice that express monomeric red fluorescent protein under the transcriptional control of endogenous HCA<sub>1</sub> regulatory elements, it was demonstrated on a cellular level that HCA1 expression is indeed localized to adipocytes (Ahmed et al., 2010). Interestingly, HCA1 expression was induced during differentiation of 3T3-L1 adipocyte precursors and highest in terminally differentiated adipocytes (Ge et al., 2008; Jeninga et al., 2009). In addition, it was shown that the peroxisome proliferator-activated receptor- $\gamma$  (PPAR $\gamma$ ) agonist rosiglitazone induced transcription of the HCA1 gene by binding of PPARy/retinoid X receptor to PPAR-response elements in the HCA<sub>1</sub> promoter (Jeninga et al., 2009). Recently, it was shown that mRNA levels of HCA1 were reduced in mouse adipose tissue in response to lipopolysaccharide administration (Feingold et al., 2011).

# HCA₂

Similar to HCA<sub>1</sub>, HCA<sub>2</sub> expression was detected at high levels in white and brown adipose tissue (Soga et al., 2003; Tunaru et al.,

2003; Wise et al., 2003; Benyo et al., 2005), as well as in differentiated 3T3-L1 adipocytes upon treatment with rosiglitazone (Jeninga et al., 2009). In contrast to the HCA1 receptor, HCA2 is expressed in various immune cells including macrophages, neutrophils, dendritic cells, and epidermal Langerhans cells (Schaub et al., 2001; Benyo et al., 2005, 2006; Maciejewski-Lenoir et al., 2006; Kostylina et al., 2008; Tang et al., 2008; Ahmed et al., 2009a). HCA2 expression in macrophages was induced by treatment with IFN- $\gamma$  or TNF- $\alpha$  (Schaub et al., 2001). Recent studies reported expression of HCA<sub>2</sub> in epithelial cells. For instance, expression of HCA<sub>2</sub> has been described in mouse retinal pigment epithelium (Martin et al., 2009), as well as in luminal colonic epithelium (Thangaraju et al., 2009). While some reports detected mRNA levels of HCA<sub>2</sub> in primary human keratinocytes and immortalized keratinocytes (Maciejewski-Lenoir et al., 2006; Tang et al., 2008; Bermudez et al., 2011), Hanson et al. (2010) recently demonstrated by immunohistochemical analysis of transgenic HCA2reporter mice that HCA2 expression was localized to keratinocytes. Recently, another study suggested expression of HCA2 and HCA3 in the epidermis of human skin sections as well as in a skin cancer cell line by using an antibody against HCA<sub>2</sub>/HCA<sub>3</sub> (Bermudez et al., 2011).

#### HCA₃

The expression pattern of the HCA<sub>3</sub> receptor is comparable to that of HCA<sub>2</sub>. HCA<sub>3</sub> is highly expressed in human white adipose tissue (Soga et al., 2003; Tunaru et al., 2003; Wise et al., 2003), and HCA<sub>3</sub> expression was induced at least *in vitro* by treatment with PPAR $\gamma$  agonists in human multipotent adiposederived stem cells (Jeninga et al., 2009). Similar to HCA<sub>2</sub>, HCA<sub>3</sub> is also found in various immune cells, such as macrophages, monocytes, and neutrophils (Nomura et al., 1993; Yousefi et al., 2000; Ahmed et al., 2009a; Irukayama-Tomobe et al., 2009). Moreover, HCA<sub>3</sub> expression was induced upon stimulation of neutrophils with cytokines (Yousefi et al., 2000). Some data suggest expression of HCA<sub>3</sub> receptor at the apical membrane of human colonic epithelium by using antibodies directed at HCA<sub>3</sub> (Thangaraju et al., 2009).

# **G PROTEIN COUPLING AND SIGNALING**

#### G PROTEIN COUPLING

Aktories et al. (1983) showed that the nicotinic acid-induced effects on adenylyl cyclase activity in rat adipocyte membranes were sensitive to treatment with pertussis toxin, a protein that specifically inactivates  $\alpha$ -subunits of G<sub>i</sub>/G<sub>o</sub>-type G proteins. With the deorphanization of HCA receptors several studies have independently demonstrated that the effects mediated by HCA<sub>1</sub>, HCA<sub>2</sub>, and HCA<sub>3</sub> were sensitive to pertussis toxin treatment (Soga et al., 2003; Tunaru et al., 2003; Wise et al., 2003; Cai et al., 2008; Ahmed et al., 2009a, 2010; Irukayama-Tomobe et al., 2009; Liu et al., 2009) and, thus, HCA<sub>1</sub>, HCA<sub>2</sub>, and HCA<sub>3</sub> receptors couple to G<sub>i</sub>/G<sub>o</sub>-type G proteins.

#### DOWNSTREAM SIGNALING

Activation of  $G_i/G_o$  coupled GPCRs results in decreased adenylyl cyclase activity and decreased production of cAMP. For all three HCA receptors it was shown that receptor activation leads

decreased cAMP levels in heterologous expression systems as well as in primary human and mouse adipocytes (Soga et al., 2003; Tunaru et al., 2003; Wise et al., 2003; Cai et al., 2008; Ge et al., 2008; Ahmed et al., 2009a, 2010; Irukayama-Tomobe et al., 2009). In adipocytes, cAMP is an important second messenger to induce lipolysis by activation protein kinase A, which in turn phosphorylates and activates lipolytic enzymes including hormone-sensitive lipase (Duncan et al., 2007). Thus, activation of HCA receptors has been demonstrated to result in an anti-lipolytic effect in primary adipocytes and in mice (Tunaru et al., 2003; Taggart et al., 2005; Ahmed et al., 2009a, 2010). In immune cells, activation of Gi/Go coupled receptors leads to increased intracellular calcium release through activation of phospholipase C β-isoforms which is most likely dependent on  $\beta\gamma$ -subunits (Exton, 1996). Accordingly, HCA2 and HCA3 activation in immune cells has been shown to evoke an increase in intracellular calcium concentrations (Benyo et al., 2006; Ahmed et al., 2009a; Irukayama-Tomobe et al., 2009). It has been hypothesized that the niacin-induced HCA2-dependent increase in intracellular calcium levels may activate Ca<sup>2+</sup>-sensitive phospholipase A<sub>2</sub> (PLA<sub>2</sub>) which would result in the release of arachidonic acid and the subsequent formation of prostanoids. Indeed, this mechanism could explain the rapid formation of prostaglandin E2 and prostaglandin D2 observed in response to nicotinic acid. An alternative mechanism of nicotinic acid-induced PLA2-activation and formation of prostanoids could involve HCA2-dependent activation and phosphorylation of extracellular signal regulated kinase (ERK), which has been described for all HCA receptors (Tunaru et al., 2003; Richman et al., 2007; Ahmed et al., 2009a; Liu et al., 2009; Walters et al., 2009). Walters et al. (2009) provide evidence that this effect requires the recruitment of  $\beta$ -arrestin to the plasma membrane upon receptor activation. Moreover, it was shown that  $\beta$ -arrestin could bind and activate cytosolic PLA2, which resulted in increased liberation of arachidonic acid (Walters et al., 2009).

#### **RECEPTOR DESENSITIZATION**

Observations in patients described the development of tolerance to flushing in response to treatment with niacin which was accompanied by reduced plasma levels of prostanoids (Stern et al., 1991). A study by Benyo et al. (2005) showed that nicotinic acidinduced HCA<sub>2</sub> receptor-dependent flushing in mice desensitizes within minutes as well as nicotinic acid-induced increases in intracellular calcium concentrations in neutrophils (Kostylina et al., 2008). To date, the precise molecular mechanisms underlying these desensitization phenomena are unknown. However, when HCA1 and HCA<sub>2</sub> were heterologously expressed, receptor internalization upon agonist exposure has been observed (Richman et al., 2007; Liu et al., 2009; Li et al., 2010). Interestingly, partial agonists of HCA2, which did not activate ERK and showed reduced flushing, were unable to induce receptor internalization (Richman et al., 2007). Moreover, internalization of the HCA<sub>2</sub> receptor in response to nicotinic acid seems to involve G protein-coupled receptor kinase 2 (GRK2) and arrestin 3 (Li et al., 2010).

#### **RECEPTOR DIMERIZATION**

Some GPCRs can assemble into homo-/heterodimeric or oligomeric complexes. By using bioluminescence resonance

energy transfer it was recently shown that HCA<sub>2</sub> and HCA<sub>3</sub> receptor constructs can interact when heterologously expressed in human embryonic kidney cells, suggesting the formation of homodimers and heterodimers, respectively (Mandrika et al., 2010). HCA<sub>2</sub> and HCA<sub>3</sub> are highly homologous and have a largely overlapping expression pattern in humans. However, whether dimeric complexes of HCA<sub>2</sub> and HCA<sub>3</sub> receptors occur in native tissues and whether they affect HCA receptor function or signaling remains unknown.

#### **BIOLOGICAL ROLES OF HCA RECEPTORS**

#### HCA<sub>1</sub>

Given the fact that the HCA<sub>1</sub> receptor is expressed in adipocytes and that it mediates lactate-induced  $G_i$ -dependent inhibition of adenylyl cyclase, it is plausible that HCA<sub>1</sub> would mediate an inhibition of lipolysis in adipocytes. Indeed, several studies have shown that HCA<sub>1</sub> mediates lactate-induced inhibition of lipolysis in primary adipocytes as well as in mice (Cai et al., 2008; Liu et al., 2009; Ahmed et al., 2010).

During intensive exercise, the skeletal muscle is the major source of lactate production in the body (Brooks and Mercier, 1994). With increasing exercise intensity, carbohydrate utilization becomes the major energy source and lactate accumulates in the plasma since lactate removal by oxidative metabolism is reduced (Brooks and Mercier, 1994). Since the accumulation of lactate in the blood during intensive exercise coincides with a decrease in fatty acid oxidation, a direct effect of lactate on fatty acid release from adipocytes has been suggested (Issekutz and Miller, 1962; Fredholm, 1971; Boyd et al., 1974). Although a causal link between elevated lactate levels and decreased fatty acid release and oxidation is plausible, no evidence for this concept has been provided; it has rather remained controversial (Trudeau et al., 1999). Exercise studies on wild type and HCA1-deficient mice that were trained to exercise at an intensity to reach plasma levels of lactate sufficient to activate HCA1, showed no differences in free fatty acid or glycerol plasma concentrations between wild type and HCA1deficient mice (Ahmed et al., 2010). These findings suggest that it is quite unlikely that HCA<sub>1</sub> is critically involved in the regulation of lipolysis during intensive exercise.

Another source of lactate is the adipose tissue. In the presence of insulin, it can convert more that 50% of the metabolized glucose into lactate (DiGirolamo et al., 1992). Lactate is released by adipocytes and serves mainly as a substrate for hepatic gluconeogenesis. Microdialysis studies in adipose tissue of humans and mice have demonstrated that insulin-induced glucose uptake results in a several-fold increase in interstitial lactate concentration within the adipose tissue (Jansson et al., 1990, 1994; Qvisth et al., 2007; Ahmed et al., 2010) raising the intriguing possibility that lactate produced by adipocytes in the postabsorptive state would inhibit lipolysis through HCA1 and thereby contribute to the anti-lipolytic effects of insulin. By using mice lacking the HCA1 receptor, Ahmed et al. (2010) demonstrated that insulin-induced decrease in cAMP and insulin-induced inhibition of lipolysis were strongly reduced in HCA1-deficient mice. Similarly, the antilipolytic effects of insulin on isolated adipocytes incubated in the presence of high glucose, were greatly reduced in HCA1-deficient adipocytes (Ahmed et al., 2010). Thus, lactate and HCA1 function

in an autocrine and paracrine loop to mediate insulin-induced inhibition of lipolysis in the fed state (**Figure 2**).

When placed on a hypercaloric diet, mice lacking  $HCA_1$  show a reduced weight gain by about 10% as compared to wild type littermates (Ahmed et al., 2010). The reduced body weight was not accompanied by an increase in glucose tolerance, most likely due to transient elevations of free fatty acids, which may impair insulin sensitivity.

#### HCA<sub>2</sub>

The ketone body 3-hydroxybutyrate has been identified as the endogenous agonist of the HCA2 receptor and activates the receptor with an EC<sub>50</sub> of 0.7 mM (Taggart et al., 2005). In the fed state, plasma concentrations of 3-hydroxybutyrate are below 0.5 mM but they increase up to 2 mM after an overnight fast and can reach even up to 6-8 mM during prolonged starvation (Owen et al., 1969; Cahill, 2006). Ketone bodies are produced by the liver by enzymatic condensation of acetyl-CoA molecules that arise from β-oxidation of fatty acids. Because the lipolytic rate determines the amount of fatty acids available for β-oxidation and subsequent ketone body formation, activation of HCA<sub>2</sub> by 3-hydroxybutyrate and the subsequent anti-lipolytic effect represent a negative feedback regulation of lipolysis during starvation. Taggart et al. (2005) have shown that the anti-lipolytic effect of 3-hydroxybutyrate observed in adipocytes from wild type mice is abolished in adipocytes isolated from HCA2-deficient mice. It is therefore suggested that HCA<sub>2</sub>, being activated by 3-hydroxybutyrate, senses increased  $\beta$ -oxidation and ketone body formation, and, through inhibition of lipolysis, restricts further supply of fatty acids for ketogenesis in order to economize triglyceride utilization and to maintain energy homeostasis (Figure 3).

The HCA<sub>2</sub> receptor not only mediates the anti-lipolytic effects of the drug nicotinic acid, it is also involved in its lipid-modifying and anti-atherosclerotic effects (Gille et al., 2008; Lukasova et al., 2011). At pharmacological doses, nicotinic acid reduces plasma concentrations of VLDL and LDL cholesterol, triglycerides, and lipoprotein(a) while it increases levels of HDL cholesterol (Gille et al., 2008). Specifically, activation of HCA<sub>2</sub> by nicotinic acid rapidly decreases plasma levels of free fatty acids which lead to lower fatty acid supply to the liver and in turn to reduced synthesis of VLDL cholesterol and triglycerides, and subsequently to lower plasma levels of LDL cholesterol. To date, the underlying mechanism of nicotinic acid-induced increases in HDL cholesterol and a role of HCA2 in this respect are unclear. One hypothesis is that a reduced triglyceride content in apolipoprotein B containing particles, such as VLDL and LDL, lead to decreased exchange of triglycerides for cholesteryl esters from HDL particles, a process mediated by cholesterol ester transfer protein (CETP) (Gille et al., 2008). In mice that were engineered to express human CETP it was shown that HDL elevation depends on the presence of CETP (Hernandez et al., 2007). Because mice naturally lack CETP and have a quite different lipoprotein metabolism as compared to humans, the evaluation of genetic mouse models with regard to HDL metabolism becomes challenging. The development of HCA<sub>2</sub> receptor-selective antagonists would provide essential tools to dissect the role of HCA2 in vivo.



Apart from adipocytes, the HCA2 receptor is expressed in various immune cells including macrophages. A recent study has shown that the anti-atherosclerotic effects of nicotinic acid are not only based on changes in lipid profile but also involve direct effects of nicotinic acid on immune cells expressing HCA<sub>2</sub> (Lukasova et al., 2011). Nicotinic acid-induced reduction in atherosclerotic lesion size was observed in wild type mice, whereas this effect was reduced in HCA2-deficient mice or mice that were transplanted with HCA2-deficient bone marrow. Moreover, it was shown that HCA2 was expressed in macrophages localized to atherosclerotic plaques, and HCA2 mediated the nicotinic acid-induced inhibition of macrophage recruitment to atherosclerotic lesions (Lukasova et al., 2011). In addition, nicotinic acid stimulated cholesterol efflux from macrophages through HCA2. However, the physiological role of HCA2 receptors in immune cells remains unclear. Whether the natural agonist of HCA2, 3-hydroxybutyrate, which is elevated during prolonged starvation, would exert antiinflammatory effects during starvation and whether these effects are of physiological relevance is currently unknown.

HCA<sub>2</sub> is also expressed in epidermal Langerhans cells, a population of dendritic cells residing in the skin, as well as in keratinocytes and both cell types have been shown to mediate flushing, a cutaneous vasodilation, and the major side effect of nicotinic acid (Benyo et al., 2005, 2006; Hanson et al., 2010). In fact, flushing albeit harmless is the main reason for patients to abrogate nicotinic acid therapy. Nicotinic acid and the anti-psoriatic drug monomethylfumarate, which also activates HCA<sub>2</sub>, induce flushing through HCA<sub>2</sub>, a reaction that is characterized by a biphasic increase in dermal blood flow (Hanson et al., 2010). The first peak

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is mediated by  $HCA_2$  on Langerhans cells and cyclooxygenase-1dependent formation of  $PDE_2$  and  $PGD_2$ , whereas the second peak involves  $HCA_2$  on keratinocytes and cyclooxygenase-2-dependent production of  $PGE_2$  (Hanson et al., 2010).

Besides its pharmacological role, the physiological function of  $HCA_2$  in the skin is rather unknown. One may speculate that  $HCA_2$  would be involved in modulation of various inflammatory conditions in the skin, including tissue damage through UV radiation or even cancer, for instance. A recent study reported expression of  $HCA_2$  in the squamous cell carcinoma cell line SCC-25, however a functional role of  $HCA_2$  has not been established (Bermudez et al., 2011). Another type of cells expressing  $HCA_2$  are cells of the intestinal and colonic epithelium where  $HCA_2$  may respond to butyrate, a short chain fatty acid present at millimolar concentrations in the gut lumen, and to thereby act as an anti-inflammatory receptor or tumor suppressor (Thangaraju et al., 2009).

## HCA<sub>3</sub>

Similar to HCA<sub>2</sub>, HCA<sub>3</sub> mediates an inhibition of lipolysis in adipocytes (Ahmed et al., 2009a). During various conditions of increased  $\beta$ -oxidation rates, including fasting, ketogenic diet, diabetic ketoacidosis and inherited mitochondrial  $\beta$ -oxidation disorders, plasma concentrations of  $\beta$ -oxidation intermediates, like 3-hydroxy-octanoate, reach levels sufficient to activate HCA<sub>3</sub> (Costa et al., 1998; Jones et al., 2000; Ahmed et al., 2009a). Under these conditions, HCA<sub>3</sub> mediates – similarly to HCA<sub>2</sub> – a negative feedback mechanism by inducing an inhibition of lipolysis (**Figure 3**). Adipose tissue stores an enormous amount of energy

in the form of fat and its mobilization must be precisely controlled in order to optimize triglyceride utilization and to avoid waste of energy. Because HCA<sub>3</sub> is exclusively expressed in humans and higher primates, it is conceivable that during evolution HCA<sub>3</sub> may have been advantageous in these species acting as an additional mechanism to control lipolysis during periods of starvation.

Similar to HCA<sub>2</sub>, HCA<sub>3</sub> was reported to be expressed in various human immune cells and shown to be activated by endogenous agonists resulting in intracellular calcium release (Ahmed et al., 2009a; Irukayama-Tomobe et al., 2009). In addition, HCA<sub>3</sub> is suggested to be expressed in gut epithelial cells (Thangaraju et al., 2009). Therefore one may expect similar functions of HCA<sub>2</sub> and HCA<sub>3</sub> in immune cells, however, the physiological role of HCA<sub>3</sub> in human immune functions has yet to be determined.

#### **THERAPEUTIC POTENTIAL OF HCA RECEPTORS**

To date, the HCA<sub>2</sub> receptor is the only member of the HCA family that is used as a target in clinical therapy. Nicotinic acid has been used for more than 50 years in anti-dyslipidemic therapy (Carlson, 2005), and it was rather recently shown that nicotinic mediates its anti-lipolytic, anti-dyslipidemic, and anti-atherosclerotic effects through HCA<sub>2</sub> (Tunaru et al., 2003; Lukasova et al., 2011). Several clinical trials indicated that a combination of nicotinic acid and HMG-CoA reductase inhibitors (statins) is effective in lowering LDL cholesterol and raising HDL cholesterol plasma levels and reducing cardiovascular events as well as size of atherosclerotic lesions (Brown et al., 2001; Taylor et al., 2004, 2009). Currently, large clinical studies evaluate the efficacy of a nicotinic acid in combination with statins in reducing relevant clinical endpoints including progression of cardiovascular-disease, incidence of major cardiovascular events, and cardiovascular-disease associated mortality.

Flushing is the major side effect of nicotinic acid treatment and is mediated by HCA2-induced cyclooxygenase-dependent formation of prostanoids. Because flushing severely affects patients' compliance, several anti-flushing strategies have been developed. While extended-release formulations of nicotinic acid did not sufficiently reduce flushing (Capuzzi et al., 1998), blockade of prostaglandin synthesis, or signaling, would be a causal approach to decrease flushing in patients. Inhibition of cyclooxygenase-1 using acetylsalicylic acid can reduce flushing (Oberwittler and Baccara-Dinet, 2006), however, long-term treatment with effective doses of acetylsalicylic acid may in turn cause severe side effects. A more recent approach is to selectively inhibit prostaglandin D<sub>2</sub> (PGD<sub>2</sub>)-mediated effects in the development of flushing (Cheng et al., 2006). In clinical studies, the combination of nicotinic acid with the PGD<sub>2</sub> receptor antagonist laropiprant was able to effectively reduce flushing symptoms (McKenney et al., 2010). As a consequence, a fixed dosage formulation of nicotinic acid and laropiprant has been approved for therapy by the European Medical Agency.

Several groups have developed synthetic HCA<sub>2</sub>-specific ligands including full receptor agonists such as pyrazole-3-carboxylic acids and anthranilic acid derivatives, allosteric agonists like pyrazolopyrimidines as well as partial agonists such like bicyclic pyrazoles (van Herk et al., 2003; Shen et al., 2007, 2008; Boatman et al., 2008; Semple et al., 2008). A detailed discussion of synthetic HCA ligands is not a main theme of this article, however, a recent review on the nomenclature and classification of HCA receptors by Offermanns et al. (2011), comprehensively covers this topic, to which the interested reader is kindly referred to. Interestingly, a partial agonist of HCA<sub>2</sub>, MK-0354, shows full anti-lipolytic activity but reduced vasodilation in mice when compared to nicotinic acid (Richman et al., 2007). While the anti-lipolytic effect is mediated by G<sub>i</sub> proteins, molecular evidence has been provided that  $\beta$ -arrestin-dependent recruitment of ERK is involved in the mechanism of flushing and thus would be independent of G protein signaling (Walters et al., 2009). Thus, the efficacy of MK-0354 has been evaluated in clinical trials on dyslipidemic patients, however, while showing reduced flushing, no beneficial effects on plasma lipids have been observed (Lai et al., 2008).

Because the expression pattern of HCA<sub>3</sub> is guite similar to HCA<sub>2</sub>, it is rather unlikely that HCA<sub>3</sub>-specific agonists would cause reduced flushing as compared to HCA2-agonists. Several HCA<sub>3</sub>-specific agonists have been synthesized that are expected to inhibit lipolysis in human adipocytes (Semple et al., 2006; Skinner et al., 2007, 2009), however, because rodents and most other mammals lack HCA3 studies in humans or primates would be required to evaluate the pharmacological effects of HCA3 agonists. Alternatively, a transgenic mouse model expressing HCA3 may serve as a system to examine HCA3-specific ligands in vivo. In contrast to HCA<sub>2</sub> and HCA<sub>3</sub>, HCA<sub>1</sub> is not expressed in immune cells but is also present in adipocytes where it couples to Gi proteins (Table 2). Therefore, agonists of HCA1 may represent a rational approach to preserve the anti-lipolytic effects while eliminating the unwanted effects of flushing. However, a recent study using HCA1-deficient mice showed that HCA1 mediates the anti-lipolytic effects of insulin and that lack of HCA1-mediated anti-lipolysis causes reduced weight gain on a hypercaloric diet (Ahmed et al., 2010). Therefore, also antagonizing HCA<sub>1</sub> is of pharmacotherapeutic potential yet to be explored. To date, synthetic ligands of HCA1 have only been reported in the patent literature that is not being discussed here.

Apart from anti-dyslipidemic treatment strategies, HCA2 and HCA<sub>3</sub> receptors being expressed in immune represent potential drug targets for anti-inflammatory therapy. Recently, monomethyl ester of fumaric acid, an established drug in anti-psoriatic therapy, has been shown to specifically activate HCA2 but not HCA3 or HCA<sub>1</sub> (Tang et al., 2008). Fumaric esters have long been used as oral formulations and their efficacy and safety has been evaluated in clinical studies. Interestingly, some side effects of monomethylfumarate including diarrhea and especially flushing are similar to the unwanted effects of nicotinic acid (Nugteren-Huying et al., 1990; Hoefnagel et al., 2003; Reich et al., 2009). In mice it has been shown that both nicotinic acid and monomethylfumarateinduced flushing is mediated by HCA<sub>2</sub> (Hanson et al., 2010). Finally, studies in mice lacking HCA2 in a disease model of psoriasis are needed to determine whether the anti-psoriatic effects of monomethylfumarate are essentially mediated by HCA2. In addition, antagonists of HCA2 would help to further dissect the pharmacological effects of fumaric acid esters in vivo. Consistent with the anti-inflammatory effects of monomethylfumarate observed in psoriasis therapy, the dimethyl ester of fumaric acid exerted anti-inflammatory and neuroprotective effects in a phase II clinical trail with patients suffering from multiple sclerosis (Kappos et al., 2008). Currently, the same formulation named BG-12

consisting of dimethyl fumarate is being evaluated in a larger phase III clinical study (Gold, 2011). HCA<sub>2</sub> and HCA<sub>3</sub> receptors are also expressed in the apical membrane of human intestinal epithelial cells. It is intriguing to speculate about the pathophysiological function and therapeutic potential of HCA<sub>2</sub> and HCA<sub>3</sub> for the treatment of immune diseases like psoriasis, multiple sclerosis, or inflammatory bowel disease.

#### **CONCLUSION AND FUTURE PERSPECTIVES**

In 2003, the HCA<sub>2</sub> receptor was identified as the target of the anti-dyslipidemic drug nicotinic acid (niacin) and various synthetic agonists of HCA2 have been developed since then. However, the physiological ligands of HCA receptors remained elusive until recently, when hydroxy-carboxylic acids have been identified as endogenous agonists of HCA<sub>1</sub>, HCA<sub>2</sub>, and HCA<sub>3</sub> (Table 1). Traditionally, hormones, mediators, and neurotransmitters were regarded as the classic endogenous ligands of GPCRs, and therefore metabolites themselves, including hydroxy-carboxylic acids or fatty acids may have been overlooked in the search for potential ligands of orphan GPCRs. In addition, the relatively low potencies of HCA receptor ligands have probably hampered their identification, especially in the case of HCA1 and HCA2, with EC50 values being in the millimolar range (Table 1). However, under various physiological and pathophysiological conditions plasma concentrations of these hydroxy-carboxylic acids reach levels sufficient to activate their respective receptors and to inhibit lipolysis. Similar to the receptor families of free fatty acids and citric acid cycle metabolites, HCA receptors represent another subfamily of GPCRs that is activated by intermediates of energy metabolism and functions as a metabolic sensor.

Besides the established drug target  $HCA_2$ ,  $HCA_1$ , and  $HCA_3$ are also being evaluated as potential targets for anti-dyslipidemic therapies. Activation of  $HCA_1$ , which is not expressed in immune cells or keratinocytes, would be expected to exert anti-lipolytic effects that are possibly not accompanied by flushing. In contrast, studies on  $HCA_1$ -deficient mice suggest that antagonism at  $HCA_1$ could be used for treatment of obesity by reducing the postprandial anti-lipolytic effects of insulin mediated by  $HCA_1$ . However,

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to date, no antagonists of HCA receptors have been reported. The development of  $HCA_1$ -specific antagonists will help to fully explore the therapeutic potential of  $HCA_1$  in the treatment of obesity. Most importantly, it needs to be further investigated under which conditions patients would benefit from one or the other treatment strategy, i.e., the anti-lipolytic effects through activation of  $HCA_1$  or the weight-lowering effects of blocking  $HCA_1$  receptors.

Moreover, there is growing evidence that agonism at HCA<sub>2</sub> and HCA<sub>3</sub>, which are both present in various immune cells, could be exploited for the treatment of various inflammatory diseases. For instance, HCA<sub>2</sub> was recently shown to reduce atherosclerotic lesions by inhibiting macrophage recruitment and increasing cholesterol efflux from macrophages in atherosclerotic plaques, providing a causal mechanism of HCA<sub>2</sub> to reduce atherogenesis. In this respect, it is intriguing to speculate about the therapeutic potential of other (orphan) Gi-coupled GPCRs to reduce inflammation and atherosclerosis. In addition, HCA2, which is expressed in keratinocytes and dermal immune cells, is activated by the anti-psoriatic drug monomethyl fumarate. Studies using animal disease models of psoriasis and the development of HCA2specific antagonists are needed to explore a possible role of HCA2 in the etiology and progression of psoriasis and to evaluate the therapeutic potential of HCA<sub>2</sub> in anti-psoriatic therapy. Much more future work is needed to investigate the pathophysiological function of HCA2 and HCA3 in intestinal epithelial cells with respect to the development of intestinal autoimmune diseases or cancer.

In conclusion, the generation and analysis of genetic animal models in combination with the development of potent and subtype-specific agonists and antagonists of HCA receptors will be a powerful strategy to further advance the evaluation of HCA receptors as potential drug targets for new therapeutic strategies against metabolic and immune disease.

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