



Early Intranasal Vasopressin Administration Impairs Partner Preference in Adult Male Prairie Voles (*Microtus ochrogaster*)

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Research supports a modulatory role for arginine vasopressin (AVP) in the expression of socially motivated behaviors in mammals. The acute effects of AVP administration are demonstrably pro-social across species, providing the justification for an ever-increasing measure of clinical interest over the last decade. Combining these results with non-invasive intranasal delivery results in an attractive system for offering intranasal AVP (IN-AVP) as a therapeutic for the social impairments of children with autism spectrum disorder. But, very little is known about the long-term effects of IN-AVP during early development. In this experiment, we explored whether a single week of early juvenile administration of IN-AVP (low = 0.05 IU/kg, medium = 0.5 IU/kg, high = 5.0 IU/kg) could impact behavior across life in prairie voles. We found increases in fecal boli production during open field and novel object recognition testing for the medium dose in both males and females. Medium-dose females also had significantly more play bouts than control when exposed to novel conspecifics during the juvenile period. Following sexual maturity, the medium and high doses of IN-AVP blocked partner preference formation in males, while no such impairment was found for any of the experimental groups in females. Finally, the high-dose selectively increased adult male aggression with novel conspecifics, but only after extended cohabitation with a mate. Our findings confirm that a single week of early IN-AVP treatment can have organizational effects on behavior across life in prairie voles. Specifically, the impairments in pair-bonding behavior experienced by male prairie voles should raise caution when the prosocial effects of acute IN-AVP demonstrated in other studies are extrapolated to long-term treatment.

Keywords: pair-bond, fecal boli, play, anxiety, social, aggression

INTRODUCTION

Arginine vasopressin (AVP) is a neuropeptide, which exerts its effects in both the brain and periphery. Within the brain, the AVP system acts to influence socially motivated behaviors (1) utilizing several different neurocircuits (2), including social recognition, communication, and aggression. The AVP system is widespread throughout the central nervous system well before birth (3), suggesting an organizational role in development (4).

Early manipulations of the AVP system have been shown to alter behavior across life. In rats, prenatal AVP injections impact fetal suckling behavior (5) while juvenile injections of AVP receptor 1a antagonists disrupt play behavior (6). The effects of early postnatal injections of AVP can stretch into adulthood, increasing male aggression in prairie voles (7) and affiliative attachment in zebra finches (8). Pharmacological manipulations of the AVP system help elucidate its various functions while confirming the presence of critical periods for the organizational impact of AVP signaling.

More recently, studies have found associations between disruption of the AVP system and the expression of certain neurodevelopmental disorders in humans, like autism spectrum disorder (ASD). For example, plasma AVP levels [Ref. (9–11); but see Ref. (12)] and certain single-nucleotide polymorphisms of the genes for AVP and its receptor (13) have been correlated with social functioning in individuals with ASD. Given the frequently pro-social effects of acute intranasal AVP (IN-AVP) administration in humans (14–16) and animal models (17, 18), IN-AVP has been suggested as a treatment for the social deficits in children with ASD (19, 20).

However, acute studies have left several important questions unanswered. Specifically, do the potentially beneficial aspects of acute administration extend to chronic administration? Or, could prolonged exposure cause unforeseen long-term effects? Thus, the purpose of our study was to explore the long-term effects of early IN-AVP administration on behavior across life in prairie voles (*Microtus ochrogaster*). We administered three doses of AVP (low = 0.05 IU/kg, medium = 0.5 IU/kg, high = 5.0 IU/kg) or saline twice daily to male and female prairie voles from age 15 to 21 days. This age range falls within the early juvenile period in prairie voles, approximating the developmental stage at which children are being treated with IN-AVP in at least one clinical trial (<https://ClinicalTrials.gov> Identifier: NCT01962870). The medium dose reflects the dose used in these trials but controlled for weight. As voles are typically weaned around day 20, we explored whether parental behavior changed because of pup treatment, and then, each animal postweaning was tested in several experimental paradigms. From tests of anxiety, exploration, and sociality in the juvenile period to tests of partner preference formation and aggression in adulthood, we explored whether a single week of IN-AVP exposure could perpetuate behavioral changes across life.

We hypothesized that the effects of IN-AVP would vary by dose, possibly representing differential activation of multiple AVP sub-circuits within the brain, or activation of oxytocin receptors at high doses. Male prairie voles have higher AVP immunoreactivity in several brain regions, including the lateral septum, lateral habenular nucleus, and bed nucleus of the stria terminalis [Ref. (21, 22); but see Ref. (23)]. As such, we expected IN-AVP to have the most profound effects in males. Finally, we predicted that the effects of IN-AVP would be context-specific, increasing sociality during non-threatening encounters (e.g., juvenile affiliation) and increasing aggression during competitive encounters (e.g., adult affiliation following pair-bond formation).

MATERIALS AND METHODS

Subjects

We recruited 103 prairie vole subjects (52 males, 51 females) from our breeding colony located in the Department of Psychology at the University of California, Davis. We maintained the animals on a 14:10 h light cycle at approximately 21°C and provided food (Purina High Fiber Rabbit Chow, PMI Nutrition International, Brentwood, MO, USA) and water *ad libitum*. Animals were housed in large polycarbonate cages (44 cm × 22 cm × 16 cm) with their parents and marked with non-toxic Nyanzol D dye (American Color and Chemical Corporation, Charlotte, NC, USA) for identification purposes until weaning at postnatal day (P) 20. We then separated all subjects from their parents, gave them ear clip markings, and placed them with a same-sex sibling in smaller cages (27 cm × 16 cm × 13 cm) until sacrifice. Subjects that were treated with IN-AVP were housed with untreated siblings. To help control for potential litter effects, each litter had at least one AVP-treated animal and one saline-treated animal within sex.

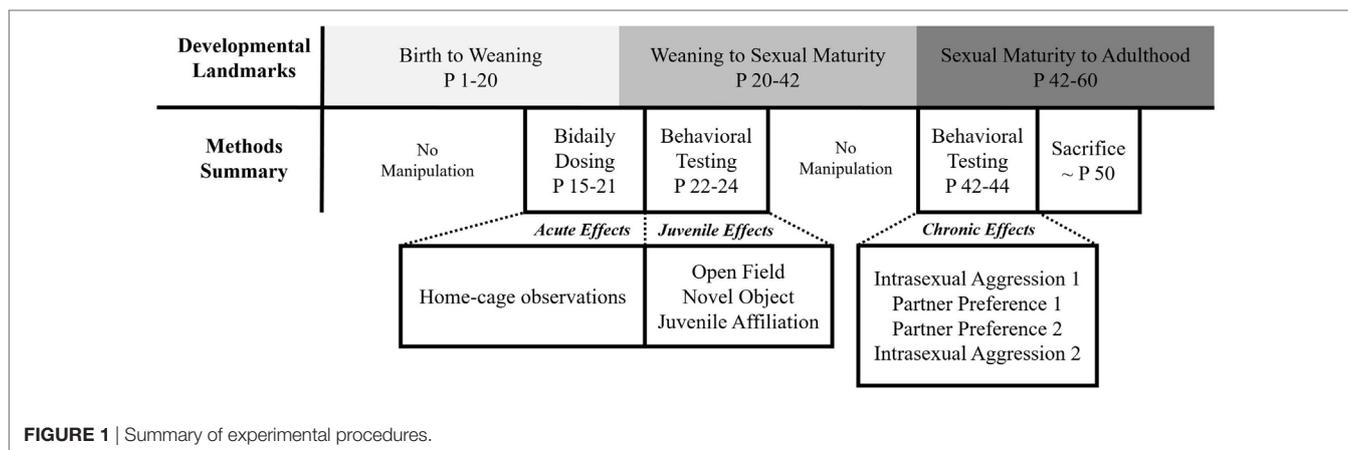
Intranasal Treatments

Each test subject was randomly assigned to one out of four treatment groups, including saline control, low-dose AVP (0.05 IU/kg), medium-dose AVP (0.5 IU/kg), and high-dose AVP (5.0 IU/kg). The medium dose was specifically calculated to represent the same dose given in some clinical trials (<https://ClinicalTrials.gov> Identifier: NCT01962870), only controlled for weight. AVP solutions were purchased from Sigma-Aldrich (V0377 SIGMA), already mixed in NaCl. The solution was then diluted to provide the necessary concentrations for the treatment groups and aliquoted into 200 µL test tubes. The tubes were stored in a refrigerator at 4°C until use.

From P15 to 21 (early juvenile period), voles were given intranasal treatments twice daily. Each day, the first treatment was given between 0900 and 1100 hours, while the second treatment was given between 1500 and 1800 hours. Treatments were administered through cannula tubing, which was attached to a blunt cannula needle (33 gauge, 2.8 mm length; Plastics One, Roanoke, VA, USA) secured to an airtight Hamilton syringe (Fisher Scientific, Pittsburgh, PA, USA). The animal was held still while 25 µL of solution was expelled slowly through the cannula system and allowed to absorb into the nasal mucosa (divided evenly between the two nostrils). Following administration, the animal was returned to its home cage while the Hamilton syringes and cannula system were cleaned with 70% isopropyl alcohol solution and de-ionized water. Treatment order was randomized each day and administration was rapid (less than 30 s) making handling consistent across treatment groups.

Observations and Behavioral Testing

All animals were subjected to a series of testing paradigms from weaning to adulthood. These tests were digitally recorded and manually scored using Behavior Tracker 1.5 (www.behavior-tracker.com). Each scorer was blind to subject group assignment. See **Figure 1** for a summary of all experimental procedures.



Acute Observations

Following the first treatment on the first (P15) and sixth day (P20) of dosing, each animal was observed in their home-cage approximately 15 min posttreatment for a total of 5 min. We measured the duration of contact, nursing, and licking/grooming behaviors directed toward the subjects.

Open Field Test

All subjects received an open field test on P22. The open field consisted of a 40 cm × 40 cm × 40 cm Plexiglas box with a 5 × 5 grid marked on the floor. At the beginning of the test, the vole was placed in the center of the arena while their behavior was digitally recorded for the following 10 min using a camera. Observers recorded the frequency of line crosses, fecal droppings, and rearing and the duration of autogrooming, thigmotaxis, and freezing behavior.

Novel Object Recognition Test

We split the test into two phases, which included a familiarization phase (NOF) and a testing phase (NOT) occurring on separate, consecutive days following open field testing (P23 and 24, respectively). Both phases were conducted in the open field test arena to help habituate the animals to the environment. Thus, subtle differences in object interactions would not be overshadowed by the environment’s novelty.

During the familiarization phase, two identical objects were placed in opposite corners of the open field arena. Like open field testing, the subject was placed in the center of the arena and their behavior was recorded for 10 min. The following day, the animal was reintroduced to the arena for the testing phase for 10 more minutes. During this phase, a familiar object from the day before was placed into the arena with a novel object; object placement was consistent between the tests. We measured the same behaviors in this paradigm as open field while including a measure for the duration of time spent interacting with the objects.

Juvenile Affiliation Test

At P25, each test subject and novel conspecific was placed into a neutral cage (27 cm × 16 cm × 13 cm) where interactions were

digitally recorded for 10 min. Observers recorded affiliative behaviors (sniffing, contact, allogrooming, play), anxiety-related behaviors (digging, rearing, autogrooming, defensive rearing), and aggressive behaviors (i.e., lunging, chasing, wrestling). Play behavior was recorded as a sum of the different behaviors described by Chau et al. (24). In addition to play and rearing, all aggressive behaviors were recorded as frequencies. All other behaviors were recorded as durations.

Intrasexual Aggression Tests

The intrasexual aggression test was similar to the juvenile affiliation test, with two significant differences: (1) the stimulus animal was collared for identification purposes, (2) the test was done twice during adulthood. The first test occurred the day before partner preference testing (P42) and the second took place the day after (P45). The first test provided a baseline for adult sociality and aggressiveness while the second was meant to test for post-pair-bonding behaviors like mate-guarding. Each test was digitally recorded for 10 min and observers scored all the same behaviors as in juvenile affiliation.

Partner Preference Tests

Following the first intrasexual aggression test, all subjects underwent two partner preference tests over two consecutive days (P43 and 44, respectively). For partner preference testing, each test subject was given a cohabitation period with a sexually naïve partner of the opposite sex (25). For the first partner preference test, male subjects underwent a cohabitation of 2 h, while females were given 30 min. The discrepancy in cohabitation times between the sexes reflect differences in the time it takes for males and females to form a pair-bond naturally. While females can form a pair-bond after only 6 h of cohabitation, males generally require at least 24 h (26). Thus, the deficient cohabitation periods employed on the first day were meant to test for IN-AVP-stimulated facilitations of pair bonding.

Following the cohabitation period, the partner and an additional mate choice (“stranger”) were loosely tethered within distinct testing chambers. Tethers consisted of a cable tie around the neck of the vole (employed carefully while animals are monitored) attached to fishing line, which is then secured firmly to the

side of the cage. The testing apparatus consisted of three identical polycarbonate cages (27 cm × 16 cm × 13 cm) attached by Plexiglas tubes (8.5 cm × 16 cm). The test animal was free to move throughout the apparatus while the two stimulus animals were confined to their separate chambers. The three-chambered paradigm provided the subjects with a choice of a familiar partner, novel stranger, or an empty cage for 3 h. Food and water was readily available in all chambers throughout the testing period.

Following the first partner preference test, the test animal and familiar partner were housed together overnight. A second partner preference test was then done the following day (approximately 24 h of cohabitation between tests) after a sufficient cohabitation period was provided to normally establish a pair-bond in both males and females. Thus, the second partner preference test was used to detect potential IN-AVP-stimulated deficits in pair bonding. A different stranger vole was used for this second test. For both tests, we measured the duration of cage location and side-to-side contact while recording the frequency of aggression.

Weight

To determine whether the potential effects of IN-AVP administration could be explained by weight changes, we measured all subjects on the first day of treatment, last day of treatment, and once after all testing had been completed.

Statistical Analyses

As direct treatment comparisons across the sexes were confounded by the difference in behavioral baselines, we decided to analyze males and females separately. Thus, we examined the effects of developmental AVP exposure in both sexes but not between sexes. We also controlled for the potentially confounding effect of litter on our results by assigning a unique identifier to all pups from the same litter and including this variable in our analyses.

All analyses were conducted using R version 3.3.3 (27). We began by fitting two models for each dependent variable, one including the litter variable as a random effect and one without it; both models included treatment group as a fixed effect. These two models were compared using an exact likelihood ratio test from the RLRsim package (28) to determine whether the presence of the variance component provided a better fit for the model. The test statistic from this likelihood ratio test is based on simulated values from the exact sample distribution as derived by Crainiceanu and Ruppert (29). When the statistic of the observed likelihood ratio was significant ($\alpha = 0.05$), we chose the mixed model over the linear model, having found evidence for a significant effect of litter on the dependent variable. Each model that included the random effect was fit using the lme4 package (30), while all other models were fit using base R functionality.

After selecting the best model, we conducted a series of follow-up tests to confirm that our model met the assumptions for ANOVA testing. For the normality assumption, we prioritized visual inspection of Q–Q plots (31), but confirmed our observations using a combination of the Shapiro–Wilk test and measures of skewness and kurtosis. Despite the Shapiro–Wilk test having the best power for a given significance when compared to other

normality tests (32), it is biased by sample size (33). Therefore, normality was assumed when the Shapiro–Wilk test was statistically insignificant ($\alpha = 0.05$), the Shapiro–Wilk test statistic was high ($W > 0.95$), or when values for skewness and kurtosis fell between -2 and $+2$ (34, 35). We also utilized Levene's test to determine whether group variances were homogenous. When models contained outliers or heteroscedastic data, we refit the model using robust techniques (36, 37). Robust linear models were fit using the MASS package (38), while robust mixed linear models were fit using the robustlmm package (39).

After selecting the best model for each dependent variable and satisfying the assumptions for one-way ANOVA testing, we passed the models to the car package (40) to produce the ANOVA tables. For mixed ANOVA models, *F*-test statistics were calculated using Kenward–Roger's approximation for degrees of freedom. Using the lsmeans package (41), we conducted *post hoc* analyses on all models that contained a statistically significant effect of treatment ($\alpha = 0.05$). We only considered direct comparisons between each treatment group and control, warranting the use of Dunnett's test to control for Type I errors (42).

To determine whether overall parental handling differed between the groups, we combined the data from the dam with the sire and then compared total parental handling on individual observation days. Preliminary analyses confirmed no treatment differences within each observation day, so we then summed all parental handling behaviors across both days and reanalyzed the data. For partner preference data, we standardized the contact scores by subtracting the time spent with the stranger from the time spent with the partner, depicting the magnitude of the preference for the partner over the stranger. We tested whether our difference scores were significantly greater than 0, indicating a preference for the partner over the stranger. Then, we compared these scores across treatment groups to see if the magnitude of partner preference was affected by AVP treatment.

RESULTS

Early Effects

Intranasal AVP administration had no effect on acute parental handling; **Table 1**. For the open field test, IN-AVP altered fecal

TABLE 1 | Parental handling and weight change statistics.

Sex	Group	Acute observations	Weight
		Parental handling	Weight change
Males	Control	446.0 ± 47.7	25.3 ± 1.0
	Low	408.8 ± 82.8	29.1 ± 1.5
	Medium	528.4 ± 98.7	27.0 ± 1.7
	High	434.4 ± 84.3	24.9 ± 1.1
Females	Control	423.5 ± 37.6	19.5 ± 0.8
	Low	425.2 ± 48.7	21.0 ± 1.2
	Medium	373.5 ± 52.0	19.9 ± 1.7
	High	290.5 ± 56.0	20.6 ± 1.8

Values represent empirical means ± SEM. Parental handling represents the total amount of parental contact received (e.g., licking, nursing) across two individual observations periods (seconds). Weight change represents the weight gain from day 1 of treatment to sacrifice (grams).

TABLE 2 | Arena test statistics.

	Sex	Group	Line crosses	Autogrooming	Rearing	Exploration	Fecal boli	Freezing
Open field	Males	Control	475.3 ± 58.8	26.0 ± 5.7	41.7 ± 6.0	64.7 ± 9.3	1.7 ± 0.6	31.1 ± 4.2
		Low	370.7 ± 67.4	34.7 ± 8.8	40.7 ± 7.0	96.8 ± 28.2	2.4 ± 1.0	40.7 ± 13.4
		Medium	374.5 ± 51.2	21.8 ± 4.7	41.3 ± 9.5	60.7 ± 14.6	4.5 ± 1.4	88.6 ± 36.1
		High	392.9 ± 87.2	26.9 ± 10.4	46.5 ± 8.7	61.8 ± 15.8	1.7 ± 0.8	24.5 ± 9.3
	Females	Control	362.6 ± 54.9	37.9 ± 7.5	34.5 ± 5.4	59.1 ± 12.1	1.1 ± 0.3	71.9 ± 25.1
		Low	291.6 ± 37.9	25.5 ± 6.3	31.1 ± 6.2	63.5 ± 11.5	3.3 ± 1.4	57.8 ± 16.6
		Medium	326.8 ± 46.9	44.6 ± 10.9	28.4 ± 5.5	59.7 ± 10.8	3.7 ± 1.3	76.0 ± 74.1
		High	351.9 ± 116.4	26.4 ± 10.3	35.1 ± 13.3	46.9 ± 13.2	4.2 ± 1.1	58.3 ± 38.0
Novel object 1	Males	Control	497.3 ± 62.7	26.7 ± 5.1	42.4 ± 5.6	250.8 ± 17.4	1.5 ± 0.4	27.3 ± 5.1
		Low	381.6 ± 96.9	37.1 ± 9.9	41.4 ± 9.4	191.6 ± 34.8	2.2 ± 1.1	33.4 ± 13.8
		Medium	548.7 ± 102.3	16.7 ± 7.0	39.9 ± 6.3	237.0 ± 21.6	3.1 ± 1.3	18.1 ± 4.9
		High	456.0 ± 97.7	16.1 ± 5.8	45.1 ± 13.0	223.6 ± 37.9	3.3 ± 0.7	16.9 ± 7.5
	Females	Control	391.0 ± 55.6	36.4 ± 8.5	37.6 ± 5.8	225.5 ± 16.1	1.0 ± 0.5	31.5 ± 5.9
		Low	277.6 ± 47.4	45.1 ± 7.8	29.3 ± 7.9	205.5 ± 40.0	1.6 ± 0.9	56.7 ± 11.3
		Medium	280.9 ± 43.5	30.9 ± 9.4	33.2 ± 7.8	196.2 ± 32.7	3.1 ± 1.6	84.5 ± 37.8
		High	369.2 ± 126.8	32.3 ± 9.9	48.7 ± 26.1	179.8 ± 23.2	2.6 ± 1.4	33.0 ± 10.8
Novel object 2	Males	Control	381.3 ± 51.9	33.3 ± 7.6	37.7 ± 5.2	-14.8 ± 35.3	1.8 ± 0.6	51.9 ± 15.7
		Low	349.6 ± 108.7	46.8 ± 16.7	34.7 ± 10.4	-8.2 ± 41.7	0.8 ± 0.3	31.6 ± 13.7
		Medium	525.3 ± 96.7	23.3 ± 5.7	44.8 ± 6.5	23.0 ± 36.1	4.1 ± 1.3	38.0 ± 18.2
		High	433.2 ± 106.2	22.6 ± 5.1	47.0 ± 13.4	58.7 ± 22.3	2.8 ± 0.7	27.1 ± 13.2
	Females	Control	295.7 ± 65.4	33.0 ± 7.4	47.4 ± 8.7	-6.5 ± 20.9	1.4 ± 0.5	28.5 ± 7.1
		Low	417.9 ± 48.0	23.1 ± 4.5	38.6 ± 9.4	53.6 ± 43.8	1.3 ± 0.6	23.9 ± 4.6
		Medium	290.7 ± 70.4	47.3 ± 11.8	30.0 ± 8.1	-49.9 ± 50.8	2.7 ± 1.0	50.0 ± 18.6
		High	371.3 ± 132.1	13.9 ± 2.3	50.2 ± 23.4	64.2 ± 45.8	2.7 ± 1.2	22.0 ± 4.0

Values represent empirical means ± SEM. Line crosses, rearing, and fecal boli represent count data while autogrooming, exploration, and freezing are measured in seconds.

The exploration variable is measured differently across the three paradigms. In the open field test, exploration represents the time spent in the center of the arena. During novel object 1, exploration is the total time spent in object zones. For novel object 2, exploration is the difference in time spent with the novel relative to the familiar object.

boli production in males, $F(3, 51) = 2.839$, $p < 0.05$. Specifically, males treated with the medium dose produced more fecal boli than control, $z = 2.801$, $p < 0.05$. IN-AVP also altered fecal boli production in females, $F(3, 50) = 4.497$, $p < 0.01$; high-dose exposure increased fecal boli production relative to control, $z = 3.650$, $p < 0.001$. We did not find effects of IN-AVP on any other recorded behavior in either sex; **Table 2**.

During both phases of the novel object recognition test, the time spent in each object's interaction zone was similar across treatment groups regardless of sex. In addition, none of the treatment groups, including control, preferentially maintained proximity with the novel object over the familiar object. Like with open field testing, we found no treatment group differences in anxiety or exploratory measures across both phases of recognition testing; **Table 2**. We decided to combine fecal boli production across the three paradigms to confirm an overall effect of treatment. For males, IN-AVP altered the total fecal boli production across testing days [$F(3, 51) = 3.656$, $p < 0.05$], confirming an increase for medium-dose males ($M = 11.70$, $SEM = 3.13$) compared to control ($M = 5.00$, $SEM = 0.99$), $z = 3.036$, $p < 0.01$; **Figure 2**. AVP also impacted the total fecal boli produced across testing days in females, $F(3, 50) = 3.069$, $p < 0.05$; **Figure 2**. While the high dose ($M = 9.44$, $SEM = 2.71$) tended to increase [$t = 2.39$, $p = 0.056$], the medium dose ($M = 9.50$, $SEM = 2.49$) significantly increased fecal boli production relative to control ($M = 3.54$, $SEM = 0.95$), $t = 2.502$, $p < 0.05$.

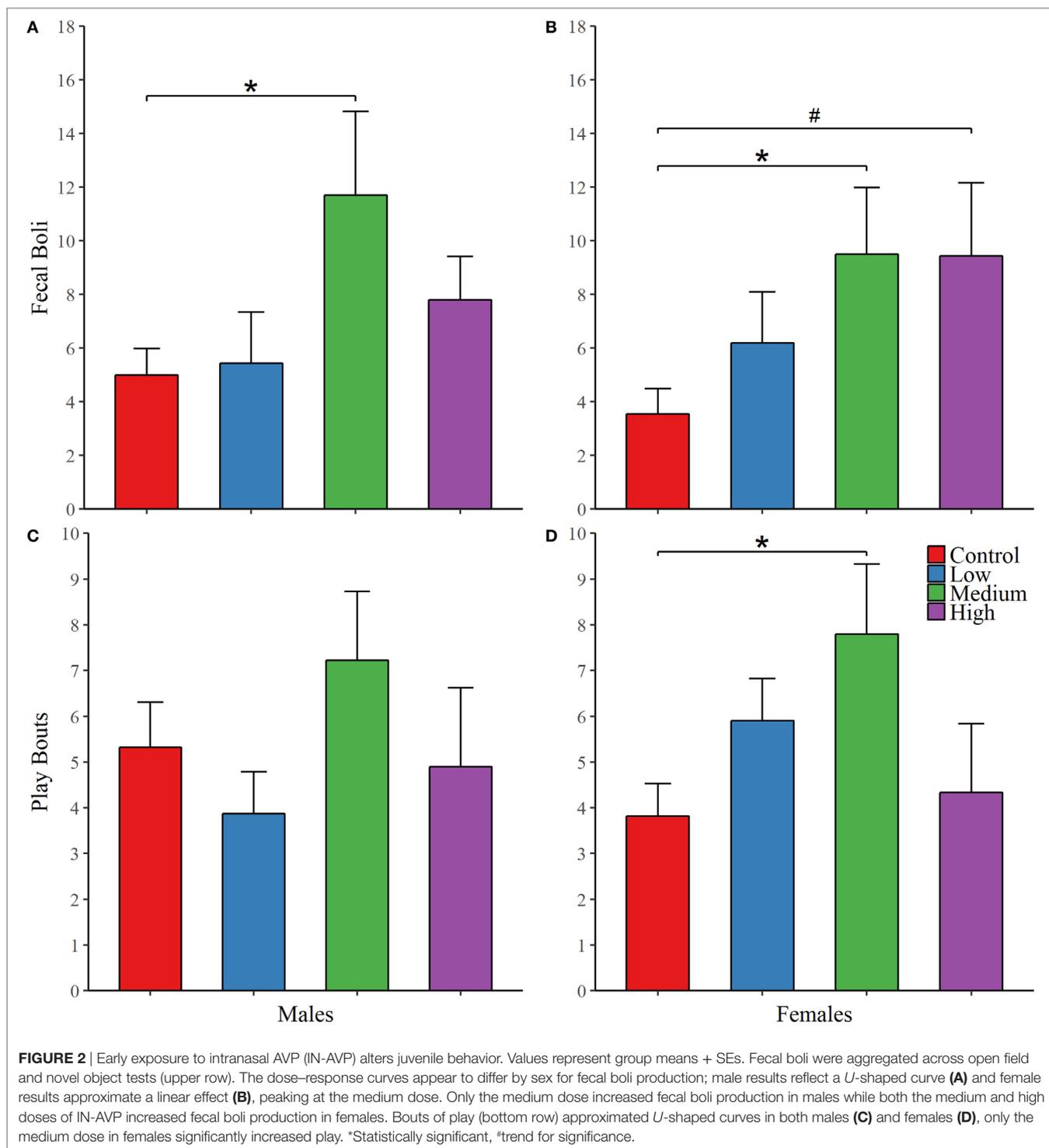
For juvenile affiliation, we found no effect of IN-AVP on social- or anxiety-related behaviors in males. But, IN-AVP did impact play behavior in females [$F(3, 50) = 2.750$; $p = 0.05$];

the medium dose increased bouts of play compared to control, $t = 2.729$, $p < 0.05$; **Figure 2**. No other behaviors were altered by juvenile IN-AVP treatment; **Table 3**.

Adult Effects

As with juvenile affiliation, we found no effect of IN-AVP across all recorded behaviors during the first intrasexual aggression test in males; **Table 3**. However, IN-AVP did have an effect on male aggression during the second intrasexual aggression test, $F(3, 45) = 4.735$, $p < 0.01$. Males treated with the high dose engaged in more bouts of aggressive behavior than control males, $z = 3.031$, $p < 0.01$; **Figure 3**. For intrasexual aggression testing in females, we found no effect for IN-AVP in females across all recorded behaviors regardless of testing day.

For the first partner preference test, we found no evidence of mate preference for any of the treatment groups; **Table 4**. However, IN-AVP did have an effect on partner preference in males during the second partner preference test, $F(3, 50) = 5.847$, $p < 0.01$ (**Figure 4**; Figure S1 in Supplementary Material). Further analyses revealed that while the control and low dose groups significantly preferred their partners over strangers ($t = 6.096$, $p < 0.00001$ and $t = 4.329$, $p < 0.0001$, respectively), such preference was not seen in both the medium- and high-dose groups. In addition, male medium- and high-dose groups spent significantly less time in preferential contact with their partner than control, $t = 2.856$, $p < 0.05$ and $t = 3.055$, $p < 0.05$, respectively. For these two groups, the reduction in time spent in contact with the partner could not be explained by increases in time spent in the neutral compartment, $F(3, 47) = 0.378$, $p = 0.769$.



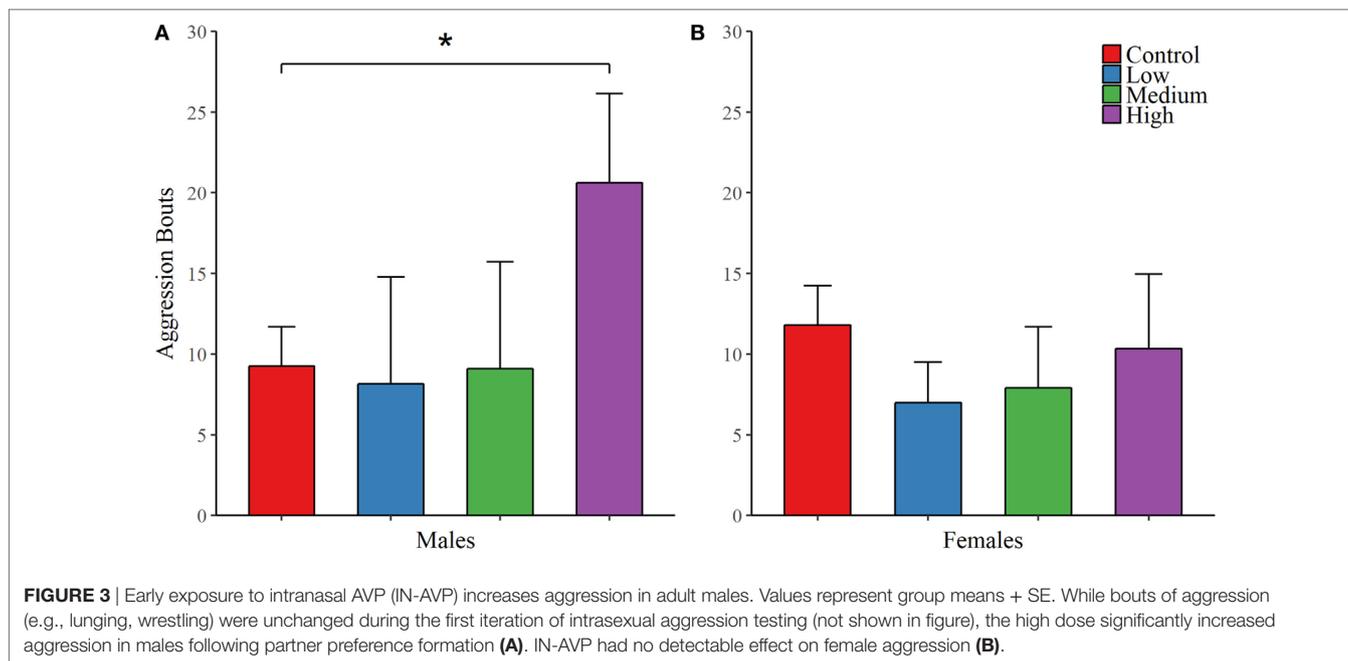
Intranasal AVP did not affect partner contact in females during the first partner preference test and no group preferred the partner over the stranger. As for the second test, we did not find a significant effect of treatment on preferential mate choice. But while no differences existed between treatment groups, we did conduct *post hoc* analyses to confirm partner preference within

each group. Unlike males in the second test, all female treatment groups did demonstrate a significant partner preference (control: $t = 7.347, p < 0.00001$; low: $t = 4.755, p < 0.0001$; med: $t = 5.914, p < 0.00001$, high: $t = 4.127, p < 0.01$) (Figure 4; Figure S1 in Supplementary Material). See Table 4 for all partner preference testing descriptive statistics.

TABLE 3 | Juvenile affiliation and adult intrasexual aggression test statistics.

	Sex	Group	Sniffing	Autogrooming	Rearing	Play	Aggression
Juvenile affiliation	Males	Control	59.6 ± 6.7	44.7 ± 7.7	41.8 ± 5.2	5.3 ± 1.0	–
		Low	59.4 ± 9.7	57.9 ± 13.4	42.6 ± 7.7	3.9 ± 0.9	–
		Medium	64.1 ± 9.3	43.6 ± 14.5	40.6 ± 5.0	7.2 ± 1.5	–
		High	66.4 ± 7.0	44.0 ± 14.3	36.8 ± 5.6	4.9 ± 1.7	–
	Females	Control	49.6 ± 7.4	37.5 ± 8.0	42.8 ± 7.1	3.8 ± 0.7	–
		Low	101.8 ± 22.7	40.6 ± 11.2	41.7 ± 5.5	5.9 ± 0.9	–
		Medium	92.8 ± 20.9	32.8 ± 11.3	42.5 ± 6.6	7.8 ± 1.5	–
		High	72.7 ± 10.4	45.9 ± 11.4	50.8 ± 9.9	4.3 ± 1.5	–
Intrasexual Aggression 1	Males	Control	84.4 ± 9.9	43.1 ± 7.9	43.8 ± 8.5	–	2.8 ± 1.2
		Low	54.9 ± 11.8	61.2 ± 14.3	33.9 ± 5.2	–	7.0 ± 2.9
		Medium	80.4 ± 14.3	38.2 ± 12.3	42.9 ± 12.0	–	0.7 ± 0.4
		High	93.3 ± 17.0	28.9 ± 6.4	48.3 ± 13.5	–	1.1 ± 0.7
	Females	Control	67.0 ± 9.3	59.5 ± 11.1	47.2 ± 10.1	–	2.0 ± 1.2
		Low	85.1 ± 10.4	60.6 ± 14.9	38.6 ± 4.6	–	0.9 ± 0.5
		Medium	76.7 ± 15.6	52.9 ± 10.4	54.0 ± 10.2	–	3.4 ± 2.6
		High	48.1 ± 10.5	86.0 ± 17.7	45.8 ± 12.8	–	0.9 ± 0.6
Intrasexual Aggression 2	Males	Control	59.6 ± 8.1	76.3 ± 12.0	42.9 ± 7.1	–	9.2 ± 2.4
		Low	37.2 ± 12.5	105.0 ± 27.2	27.3 ± 8.4	–	8.2 ± 6.6
		Medium	56.3 ± 12.0	45.5 ± 23.2	43.3 ± 11.6	–	9.1 ± 6.6
		High	58.6 ± 16.8	65.1 ± 17.9	26.9 ± 5.6	–	20.6 ± 5.5
	Females	Control	49.1 ± 10.1	63.1 ± 14.4	45.9 ± 7.1	–	11.8 ± 2.4
		Low	43.3 ± 15.9	83.7 ± 17.4	44.9 ± 9.8	–	7.0 ± 2.5
		Medium	56.3 ± 19.2	69.9 ± 13.0	49.5 ± 11.3	–	7.9 ± 3.8
		High	61.9 ± 16.2	81.8 ± 26.3	64.1 ± 14.7	–	10.3 ± 4.6

Values represent empirical means ± SEM. Sniffing and autogrooming are measured in seconds while rearing, play, and aggression are counts.



Finally, each animal was weighed on the first day of treatment and on the day of sacrifice. We found an effect of IN-AVP on weight change across life in males [$F(3, 32.481) = 5.234, p < 0.01$], but not in females; **Figure 5**. Further analysis revealed an increase in weight for low-dose males compared to control, $t = 3.672, p < 0.01$.

DISCUSSION

Effects of IN-AVP Vary by Sex, Dose, and Context

We hypothesized that the effects of IN-AVP would (1) vary by dose, (2) be more prominent in males, and (3) exhibit contrasting

TABLE 4 | Partner preference test statistics.

	Sex	Group	Partner contact	Stranger contact	Contact difference	Neutral zone
Partner preference 1	Males	Control	864.4 ± 187.6	409.1 ± 114.4	455.3 ± 265.0	2,756.5 ± 243.1
		Low	357.7 ± 235.2	545.3 ± 276.1	-187.7 ± 421.2	3,546.0 ± 428.8
		Medium	531.5 ± 264.9	887.0 ± 357.6	-355.5 ± 546.2	2,567.0 ± 290.4
		High	687.0 ± 262.3	472.2 ± 210.4	214.8 ± 422.5	2,978.6 ± 393.5
	Females	Control	704.7 ± 190.9	151.8 ± 91.5	552.9 ± 229.7	4,242.7 ± 431.7
		Low	767.5 ± 409.4	189.5 ± 118.2	578.0 ± 460.6	3,220.8 ± 526.8
		Medium	418.2 ± 179.5	472.6 ± 242.1	-54.4 ± 360.4	3,304.1 ± 392.7
		High	453.8 ± 233.8	724.7 ± 248.0	-270.9 ± 409.6	3,492.2 ± 527.7
Partner preference 2	Males	Control	1,931.8 ± 240.2	185.4 ± 79.8	1,746.3 ± 286.8	2,296.7 ± 197.1
		Low	2,107.1 ± 329.9	4.1 ± 2.7	2,103.0 ± 330.8	2,186.3 ± 383.9
		Medium	877.8 ± 339.9	617.8 ± 211.9	260.0 ± 491.5	2,445.7 ± 257.1
		High	712.0 ± 302.5	555.3 ± 233.1	156.7 ± 462.1	2,750.5 ± 692.5
	Females	Control	1,921.0 ± 267.8	68.7 ± 53.4	1,855.4 ± 283.6	2,511.8 ± 266.4
		Low	2,084.6 ± 413.4	198.9 ± 198.9	1,905.6 ± 490.8	2,147.1 ± 311.2
		Medium	2,527.2 ± 270.2	0.0 ± 0.0	2,527.2 ± 270.2	1,706.9 ± 338.8
		High	1,856.8 ± 337.0	97.4 ± 97.4	1,770.2 ± 397.6	2,756.4 ± 307.9

Values represent empirical means ± SEM. All variables are measured in seconds. Contact behaviors represent total time spent in social immobility (seconds), while neutral zone is the time spent in the neutral cage.

effects depending on context. Our results confirm that IN-AVP modulates behavior in dose-specific ways. For example, the low dose increased weight gain, the medium dose increased fecal boli production, and the high dose increased aggression. We also found the most profound effects of IN-AVP administration in males, who exhibited both behavioral and physiological changes across life. Specifically, we found no effects of IN-AVP on adult female behavior, but males experienced impairments in partner preference formation and increases to aggression depending on the dose. We also detected context-specific contrasts in behavior. While IN-AVP did increase aggression during competitive encounters, we did not find increases in social behavior during non-threatening encounters. IN-AVP impaired sociability in males during partner preference testing without impacting sociability in juvenile affiliation or the first intrasexual aggression test (prior to partner preference). The changes to aggression experienced after partner preference testing also confirm that the effects of IN-AVP depend on context. This is further supported by the IN-AVP-stimulated increases in anxiety experienced by females in non-social contexts and increases to play behavior during social contexts (e.g., juvenile affiliation).

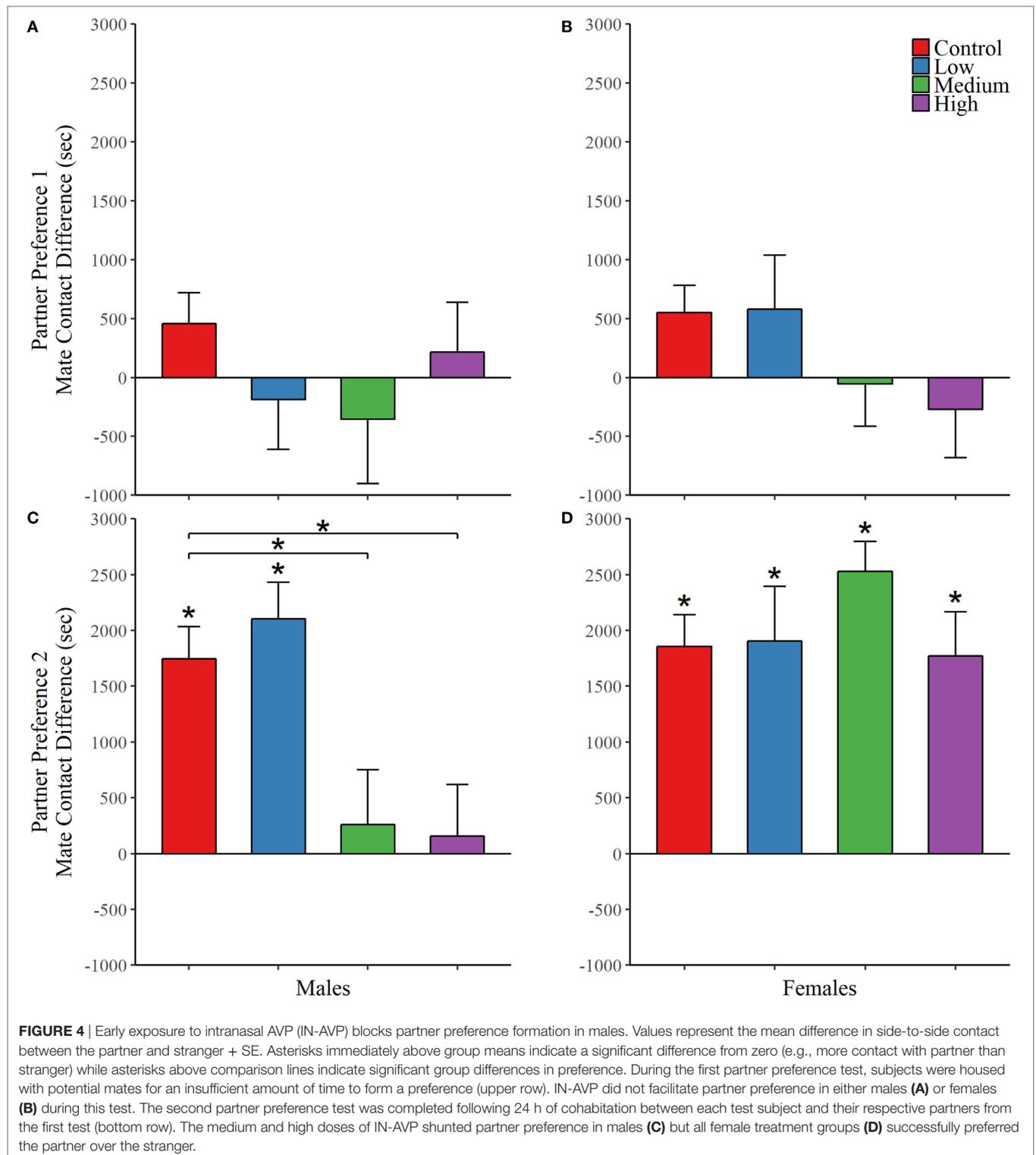
Early IN-AVP Modulates Juvenile Anxiety and Sociality

In the present study, we found increases in fecal boli production across open field and novel object recognition testing for both males and females treated with the medium dose. Context-specific increases in fecal boli production have been associated with increased anxiety (43, 44); habituated animals produce successively fewer fecal boli with repeated testing (45). But, previous studies have also demonstrated a role for AVP in the regulation of gastric motility; systemic AVP injections increase gastric motility (46, 47) while AVP microinjections within the rat vagal nerve inhibit gastric motility (48). Given the fact that we did not find increases

in other anxiety-related behaviors (e.g., freezing, autogrooming) alongside, the increases to fecal boli production, we suspect that peripheral AVP receptor effects on gastric motility may provide a stronger explanation for our findings. It would have been interesting to see if a more anxiogenic paradigm would have elicited a stronger response or if our results could be blocked by antidepressants.

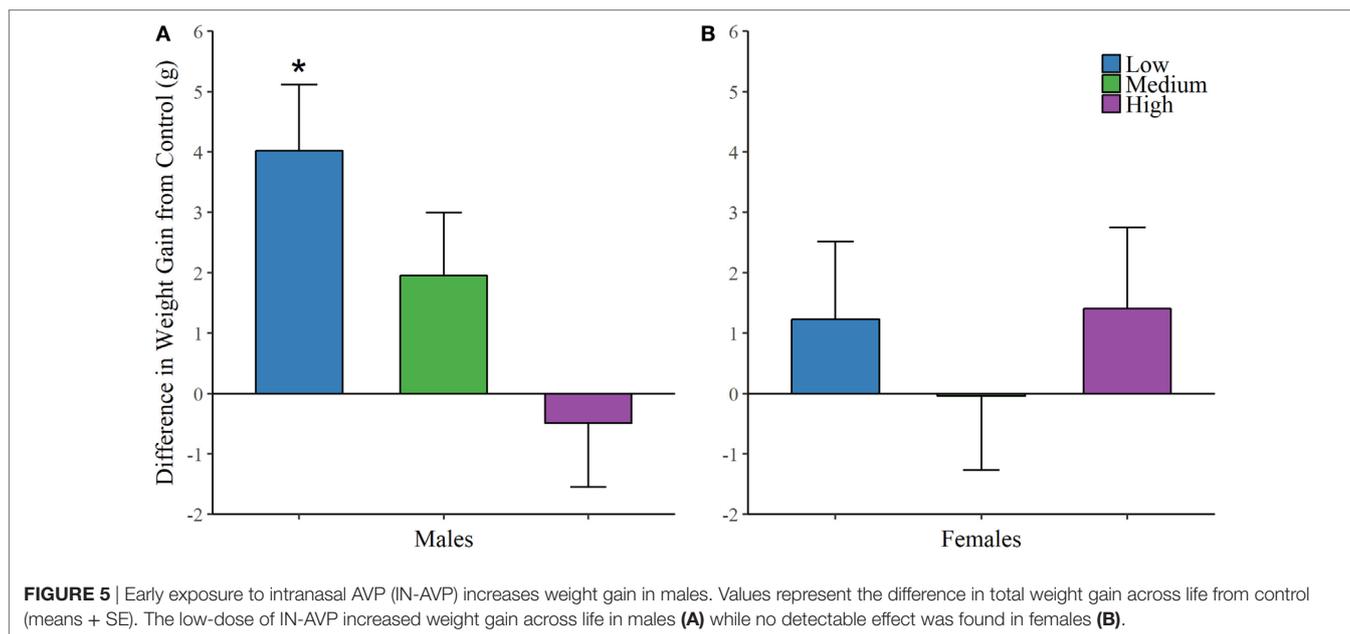
The effects of IN-AVP during the juvenile period also appear to differ by context. While the treatment may potentially increase anxiety in both males and females during non-social novelty, we found evidence for increases in sociality with a novel social partner. Specifically, the medium dose selectively increased play bouts in females (with no increase in males). This may reflect slight differences in the quantity of play exhibited by male and female prairie voles; male control voles engaged in marginally higher bouts of play than female control voles. Alternatively, it is also possible that females may be more susceptible to the effects of AVP in play behavior since male prairie voles have more AVP-containing neurons than females in several neural regions, such as the medial amygdala and bed nucleus of the stria terminalis (22).

In rodents, the AVP system seems to regulate social play differently between males and females. For example, intracerebroventricular (ICV) administration of AVPR1a antagonists in rats increased social play in females and decreased it in males (49). However, site-specific injections of AVPR1a into the lateral septum produced the opposite results, increasing play in males while reducing it in females (6). Without measuring the effect of chronic IN-AVP on regulation of AVP receptors and peptide throughout the brain, it is difficult to determine the neural mechanism for our findings that medium-dose IN-AVP increased play bouts in females. Repeated activation of AVPR1a has been shown to cause internalization, decreasing the membrane density of AVPR1a (50). It is possible that the administration period and frequency implemented in this study was sufficient to decrease AVPR1a densities across the



brain, approximating the effect of ICV AVPR1a antagonist administration as shown by Veenema et al. (49). But, if down-regulation of AVPR1a is the cause of our observed effects, it is curious that we did not see a simultaneous decrease in play activity for males treated with IN-AVP. Regardless, we

might expect the effects of intranasally administered AVP in prairie voles to differ from other more direct delivery routes (e.g., microinjections) and from other rodent species, especially, since the mechanism for behavioral effects of intranasal delivery has not yet been confirmed (51).



Early IN-AVP Modulates Pair-Bonding Behavior Later in Life

Early studies suggested that OT activity on the OTR was more important for pair-bond formation in females, while AVP activity on the AVPR1a was more important in males (52–55). More recent studies have produced more subtlety than this strict dichotomy, suggesting instead that OT and AVP are involved in partner preference formation in both sexes (56–59). Cho et al. (57) found that ICV administration of OT or AVP could facilitate pair-bond formation in both males and females while concurrent administration of either OT receptor or AVPR1a antagonists blocked this effect. In our study, we demonstrated that a single week of twice daily exposure to IN-AVP during the early juvenile stage can disrupt pair-bond formation later in life. These effects were sex-dependent, occurring only in the male medium- and high-dose groups, and did not reflect changes in the amount of time spent in the neutral cage. On the contrary, all experimental groups in females successfully demonstrated a partner preference by the time of the second test.

Previous studies have demonstrated that pair-bond behavior in prairie voles is highly susceptible to manipulation of the AVP system. In adult prairie voles, site-specific AVPR1a antagonists within the ventral pallidum prevented pair-bond formation (60), while selectively increasing AVPR1a densities in the ventral forebrain facilitated pair-bond formation (61). Overexpression of AVPR1a within the ventral pallidum (60) and ventral forebrain (62) of the promiscuous meadow vole substantially increased partner preference behavior. As mentioned before, repeated activation of AVPR1a can lead to physiological tolerance (50). Since the observed chronic effects of IN-AVP administration in our study approximate the effects of acute AVPR1a antagonist administration in other studies, we suspect that a single week of twice daily exposure to AVP should be sufficient to decrease AVPR1a densities in specific neural regions, which are critical

for pair-bond formation in males. Complementary work from our lab has shown that chronic OT exposure also impairs partner preference formation in prairie voles (63) with subsequent changes to OTR receptor and AVP peptide concentrations (unpublished data).

Given our results, we suspect that the physiological mechanisms behind the disrupted partner preference in males may differ between the medium- and high-dose groups. Specifically, the high dose also resulted in a substantial increase in aggressive behavior during the second intrasexual aggression test, which was conducted approximately 24 h following partner preference testing. These findings are similar to those found by Stribley and Carter (7); early postnatal exposure to the high dose of AVP increased aggression in sexually naïve prairie voles compared to control. In prairie voles, aggressive tendencies naturally increase following induction of the pair-bond. Gobrogge et al. (64) showed that 2 weeks of cohabitation with a female intensely increased male aggression toward both novel male and female conspecifics; these males maintained elevated levels of social affiliation with their female partners during this time. But, the increase in aggression experienced by high-dose males in our study occurred in the absence of a preference for a female partner.

Outside of the pair-bond, AVP modulates aggressive behavior in sex-specific ways. AVP injections within the anterior hypothalamus stimulate aggression in male Syrian hamsters but inhibits it in females (65, 66). Also, male prairie voles who received low amounts of parental handling early in life engaged in more aggression in adulthood (67). Given the stimulatory effects of AVP in males on aggression and the lack of pair-bond formation in high-dose males, the increases in aggression is likely unaffiliated with mate-guarding. On the contrary, there is also the potential for delayed pair-bond formation in the high-dose males. While this group may not have formed a

partner preference at 24 h, they may have formed it at some point between the end of the second partner preference and the second intrasexual aggression test (which was an additional 24 h). Thus, it is possible that high-dose males experienced a delay in partner preference formation, but had an exacerbated mate-guarding response once the pair-bond occurred. Regardless, the medium and high doses may have different effects on AVPR1a in brain regions involved in pair bonding versus aggression.

We also found that the low-dose males gained significantly more weight than control. Inappropriate AVP secretion to the periphery (68) and the use of synthetic AVP (desmopressin) has been linked to weight gain in humans (69). Though we reported only the results of weight gain across life, we also measured the difference in weight gain across the dosing period. No significant difference in weight gain was found for any of the treatment groups during this time, but there was a suggestive increase in weight gain for the low-dose group in males (Cohen's $d = 0.66$). As supported by this experiment, early life manipulations can change adult behavior (and likely physiology). Therefore, it is possible that the slight (statistically insignificant) changes in weight gain for males treated with the low dose of IN-AVP across the dosing period were subsequently exacerbated across life.

Limitations

Caveats in interpretation of these results are the lack of any animal model for autism with clear constructive validity (70, 71), and the variability of OT and AVP receptors across different taxa and species. This variability may lead to differences in responses to these neuropeptides across species. In a previous study, we found that chronic OT impaired pair bonding in male prairie voles at certain doses (63). However, the same dose did not change mouse social behavior, either in BTBR mice (a rodent model of reduced sociability) or in their strain control (72). In our quest to translate neuropeptide results from animal models, we should consider the neurobiology and natural history of the animal model, as well as the dosage, sex, context of administration, and other testing conditions. Future studies in animal models and in humans will reveal which model is most predictive.

Another limitation is the potential for the confounding effects of repeated behavioral testing on the results. Our study employs several behavioral paradigms in the early juvenile period as well as adulthood. It is possible that this combination of testing could have obscured or attenuated treatment and sex effects of IN-AVP, particularly given the density of testing and the frequency of experimental handling early in life. But as mentioned previously, the increases in aggression experienced by the high-dose group in adulthood do replicate the results of

Stribley and Carter (7) who did not employ the same intensity of behavioral testing.

CONCLUSION

The results of this study confirm that the contextually pro-social effects of IN-AVP administration may differ from the long-term effects of a developmental exposure. Specifically, the impairment of partner preference displayed by male prairie voles in our study is notably opposite of the acute, facilitatory effects of AVP administration on partner preference formation (55) and social contact (73, 74) demonstrated in other studies. Further studies exploring differences in developmental timing and varied dosing schedules will contribute to our understanding of the AVP system while potentially informing clinical pursuits.

ETHICS STATEMENT

This study and protocol were reviewed and approved by the Institutional Animal Care and Use Committee (IACUC) at the University of California, Davis, and complied with National Institutes of Health ethical guidelines as set forth in the Guide for Lab Animal Care.

AUTHOR CONTRIBUTIONS

TS planned and executed all aspects of this work under the direction of KB. JB, JD, SY, and JV helped provide intranasal treatments, behavioral testing, and video scoring. JT scored video. All authors participated in writing and editing this article.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at <http://journal.frontiersin.org/article/10.3389/fendo.2017.00145/full#supplementary-material>.

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Conflict of Interest Statement: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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