



ERR α as a Bridge Between Transcription and Function: Role in Liver Metabolism and Disease

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As transcriptional factors, nuclear receptors (NRs) function as major regulators of gene expression. In particular, dysregulation of NR activity has been shown to significantly alter metabolic homeostasis in various contexts leading to metabolic disorders and cancers. The orphan estrogen-related receptor (ERR) subfamily of NRs, comprised of ERR α , ERR β , and ERR γ , for which a natural ligand has yet to be identified, are known as central regulators of energy metabolism. If AMP-activated protein kinase (AMPK) and mechanistic target of rapamycin (mTOR) can be viewed as sensors of the metabolic needs of a cell and responding acutely via post-translational control of proteins, then the ERRs can be regarded as downstream effectors of metabolism via transcriptional regulation of genes for a long-term and sustained adaptive response. In this review, we will focus on recent findings centered on the transcriptional roles played by ERR α in hepatocytes. Modulation of ERR α activity in both *in vitro* and *in vivo* models via genetic or pharmacological manipulation coupled with chromatin-immunoprecipitation (ChIP)-on-chip and ChIP-sequencing (ChIP-seq) studies have been fundamental in delineating the direct roles of ERR α in the control of hepatic gene expression. These studies have identified crucial roles for ERR α in lipid and carbohydrate metabolism as well as in mitochondrial function under both physiological and pathological conditions. The regulation of ERR α expression and activity via ligand-independent modes of action including coregulator binding, post-translational modifications (PTMs) and control of protein stability will be discussed in the context that may serve as valuable tools to modulate ERR α function as new therapeutic avenues for the treatment of hepatic metabolic dysfunction and related diseases.

Keywords: nuclear receptor, metabolism, high-fat diet, diabetes, non-alcoholic fatty liver disease, inflammation, liver cancer

INTRODUCTION

The concept of direct transduction of simple chemical changes into distinct physiological effects was definitively established by the elucidation of the mechanisms of action of nuclear receptors (NRs), which interact with the genome and directly regulate gene transcription in response to chemical ligands like lipophilic hormones, vitamins, various metabolites, and synthetic drugs (1, 2). The discovery of this ligand-dependent response system ignited a new era in molecular endocrinology. Of the 48 human NRs, there are a few for which appropriate endogenous ligands

have yet to be identified and thus are termed orphan receptors (3, 4). Estrogen-related receptors (ERRs) were the first orphan NRs identified and this sub-family of NRs now consist of ERR α , ERR β , and ERR γ (5, 6). Although ERRs do share sequence similarities with estrogen receptors (ERs), they are not activated by estrogens, making the name “estrogen-related receptors” inappropriate or unfortunately even misleading. As the ERRs have been established as major regulators of energy metabolism (7), a more suitable acronym for ERR would be “energy-related receptors.” While many orphan NRs were eventually “de-orphanized,” the ERRs remain to this date orphans (4). In this review, our focus will be mainly on the most-studied member of the ERR subfamily, ERR α , specifically in the transcriptional control of hepatocellular functions as significant efforts in the last decade have been made toward unraveling the role of this receptor in liver health and disease.

Given the lack of ligands to directly regulate ERR α activity, initial study of the transcriptome and cellular pathways regulated by ERR α was hampered as compared with other NRs. However, integration of gene expression profiles and genome-wide chromatin immunoprecipitation (ChIP)-based studies together with in-depth phenotypic analyses of ERR α -null mice then facilitated the studies of ERR α cellular functions and rapidly advanced our understanding and appreciation of ERR α as a major transcriptional regulator of mitochondrial function and metabolism. While reviews discussed the primary functions of ERR α in diverse contexts (8–11), its pivotal role in liver homeostasis deserves an independent review. The liver is an essential metabolic organ that governs whole-body energy metabolism and dysregulation of hepatic homeostasis is a major contributor to the metabolic syndrome including insulin resistance, non-alcoholic fatty liver disease (NAFLD) and type 2 diabetes. It has been shown that liver energy metabolism is under strict regulation by numerous NRs as well as their coregulators, whose activities are regulated by upstream signals like insulin, glucagon as well as other metabolic hormones (12, 13). Herein, we will provide a brief overview of ERR α , its role as a sensor of intrinsic and environmental cues, highlight ERR α -driven hepatic transcriptional gene networks that underscore its key role in energy homeostasis and discuss the potential benefits of modulating ERR α activity to prevent and/or treat liver metabolic dysfunction and diseases.

THE ORPHAN NUCLEAR RECEPTOR ERR α Structure and Function

The three ERRs comprise the NR3B subgroup, which belongs to the larger NR3 subfamily of classic steroid receptors, including the ERs, androgen, progesterone, mineralocorticoid, and glucocorticoid receptors (14, 15). ERR α (NR3B1, *Esrra*) was initially discovered in 1988 in a screen designed to identify novel steroid hormone receptors closely related to human ER α and consequently named ERR α (5). However, it turned out that this new receptor did not bind natural estrogens, or other known steroid hormones as well as their derivatives, and as such it was recognized as the first orphan nuclear receptor. ERR β (NR3B2, *Esrrb*) was identified by using ERR α cDNA as a probe

(5) while ERR γ (NR3B3, *Esrrg*) was discovered a decade later (16). The expression of ERR α is ubiquitous and is elevated in metabolically active tissues such as the heart, kidneys, intestine, skeletal muscle, brown adipose tissue (BAT) and liver. Generally, the expression of ERR α is more abundant than the other two ERR members (7, 10).

ERR α possesses the characteristic structural features typical to NRs, including a non-conserved amino-terminal domain (NTD), a central zinc finger DNA-binding domain (DBD), and a functional C-terminal ligand-binding domain (LBD) (15). Notably, the three ERRs share considerable structural relatedness in their NTDs, which is typically poorly conserved among NRs. For example, ERR α and ERR γ both contain a functional phospho-sumoyl switch motif in this domain (17, 18), indicating an important role of the NTD in the regulation of ERR transcriptional activities. The ERRs regulate gene expression via binding to a specific DNA sequence in regulatory regions located in the promoter or at a distal site from the transcriptional start site of a target gene, referred to as the ERR element (ERRE). By using an unbiased binding site selection approach, the binding motif for the ERRs was defined as TCAAGGTCA (19). This motif was validated to serve as the main ERR binding site *in vivo* by bioinformatics analysis of a large set of ERR target promoters identified in different cell types through ChIP coupled with genomic DNA array technology (ChIP-on-chip) (20–22) and later confirmed by ChIP-seq studies (23–26). The DBD sequence of ERR α is highly conserved with that of ERR β and γ , therefore most if not all ERR target genes can be targeted by all three ERR isoforms (20, 26). Indeed, the ERRs have the ability to bind to the ERRE not only as a monomer or homodimer but also as heterodimer composed of two distinct ERR isoforms (20, 27–29). The LBD of the ERRs contain a well-conserved activation function-2 (AF-2 helix) motif that is positioned in the active configuration even in the absence of a ligand (30, 31). Thus, the ERRs display significant constitutive transcriptional activity that is dependent on the interaction with coregulators, which are often considered as protein ligands for the ERRs (32).

Regulation of ERR α Activity by Transcriptional Co-regulators

ERR α activates or represses gene expression in response to different cellular signals, being highly dependent on the presence of its co-regulators in specific tissues or cultured cell lines. The peroxisome proliferator-activated receptor γ (PPAR γ)-coactivator 1 α (PGC-1 α) is the most notable and potent coactivator of ERR α (33–37). PGC-1 α has been shown to play an essential role in mitochondrial biogenesis, oxidative phosphorylation (OXPHOS), fatty acid β -oxidation (FAO), adaptive thermogenesis, glucose uptake, glycolysis, hepatic gluconeogenesis, ketogenesis, and circadian activity via selectively interacting with and co-activating diverse transcription factors (38, 39). PGC-1 α and ERR α display similar expression patterns, being expressed in tissues reliant on oxidative metabolism for elevated energy requirements, such as the heart, skeletal muscle, BAT and liver (19, 40, 41). Indeed, PGC-1 α , PGC-1 β , and ERR α have shown a functional

co-dependency in the control of vast metabolic gene networks in numerous tissues (24, 42–46). The ERR α /PGC-1 α functional complexes were first identified in a yeast two-hybrid screen of a cardiac cDNA library (33). Prior to this discovery, *Acadm* was identified as the first *bona fide* ERR α target gene, encoding medium-chain acyl coenzyme A (MCAD), which catalyzes the initial step in mitochondrial FAO (19, 40). Moreover, ERR α binds to a distal enhancer of *Ppargc1a* to drive its expression (47). In turn, expression of PGC-1 α coactivates ERR α , forming a feed-forward loop to promote the expression of metabolic genes (34, 36, 47, 48). Interestingly, *in vitro* binding experiments demonstrated that ERR α binds PGC-1 α via a leucine-rich motif which is specifically recognized by the ERRs (33, 49). The utilization by the ERRs of a distinct PGC-1 α interaction interface offers the opportunity to regulate ERR/PGC-1 α signaling via post-translational modifications (PTMs) of either partner.

The NR corepressor 1 (NCoR1) is a well-characterized and ubiquitously expressed corepressor. It regulates gene transcription by forming a large protein complex in which the chromatin modifying enzyme histone deacetylase 3 (HDAC3) is a core component (50). Current studies propose a yin-yang relationship between PGC-1 α and NCoR1 that confers opposing effects on the transcriptional activity of ERR α (51, 52). Indeed, global gene expression analysis revealed a high overlap between the effects of PGC-1 α overexpression and NCoR1 deletion on metabolic genes in muscle, and consistent with this, the stimulatory effect of PGC-1 α on OXPHOS gene expression specifically counteracts NCoR1-mediated repression of ERR α . The use of a common binding pocket by different coactivators and corepressors suggests a critical regulation of this cofactor exchange (53). NCoR1 is a basal corepressor, thus it seems to repress ERR α under basal conditions and is exchanged with coactivators upon physiological stimuli such as cold exposure and exercise (51). The homeodomain-containing protein PROX1 can also form an inhibitory complex with ERR α and PGC-1 α (22). PROX1 was shown to occupy the promoters of metabolic genes on a genome-wide scale and bind to ~40% of ERR α target genes (22). Furthermore, ERR α transcriptional activity can atypically be repressed or activated by the NR interacting protein 140 (RIP140) (54–56). RIP140 has been shown to repress several genes involved in glucose and lipid metabolism. Also, RIP140 expression is up-regulated by ERR α during adipogenesis suggesting a role for the RIP140/ERR α complex in maintaining energy homeostasis in adipocytes (57–59). In summary, the shift between different ERR α -regulated pathways in response to physiological and metabolic cues is likely facilitated through interactions with distinct coregulators.

Regulation of ERR α Activity by Post-transcriptional and Post-translational Control Mechanisms

The activity of ERR α is dynamically modulated post-transcriptionally by microRNAs (miRNAs). miRNAs are endogenous small non-coding RNAs of ~22 nucleotides in length, which have recently emerged as important regulators of gene expression in many diseases by targeting messenger

RNAs (mRNAs) for degradation or translational repression (60, 61). *ESRRA* is a direct target of miRNA-137 and miR-125a (62–65). miRNA-137-mediated *ESRRA* mRNA degradation contributes to the impaired proliferative and migratory capacity of breast cancer (BCa) cells as well as that of placenta trophoblast cells through reduced expression of the ERR α -regulated gene *WNT11*. miR-125a, by targeting *ESRRA* mRNA, reduces the proliferation and invasion of oral squamous cell carcinoma cells. miR-125a also negatively regulates porcine pre-adipocyte differentiation, partly via suppressing ERR α action. The activity of ERR α is also regulated by PTMs including ubiquitination, phosphorylation, sumoylation and acetylation. The protein level of ERR α is under the control of the ubiquitin-proteasome system (UPS). Parkin, an E3-ubiquitin (Ub) ligase whose mutations cause Parkinson's disease, reduces dopamine toxicity and oxidative stress by promoting ERR α ubiquitination and degradation, and thus abolishing ERR α -mediated activation of monoamine oxidase (MAO) promoters (66). Furthermore, mTOR was shown to positively regulate ERR α protein stability and activity via transcriptional control of the UPS involving repression of the genes *Stub1* and *Ubb* (23). ERR α is also a phosphoprotein that is phosphorylated on multiple sites. Barry et al. first reported that epidermal growth factor (EGF) treatment of MCF-7 cells enhanced ERR α phosphorylation, DNA binding, homodimerization, interaction with PGC-1 α and transcriptional activity by activating protein kinase C δ (PKC δ) (67). Ariazi et al. subsequently found that ERR α was phosphorylated *in vitro* by MAPK and AKT proteins, downstream kinases of the EGFR/ErbB2 (HER-2) signaling pathway, and that ErbB2 signaling elevated ERR α phosphorylation levels and transcriptional activity in BCa (68). Furthermore, cAMP has been shown to increase ERR α phosphorylation and nuclear localization either via the cAMP-PKA signaling cascade in lung type II cells (69) or by the cAMP-PI3K-ERK signaling pathway in prostate stromal cells (70). Serine residues 19 and 22 of ERR α serve as the major sites of phosphorylation in BCa cells and phosphorylation at serine 19 represses ERR α transcriptional activity via its effects on sumoylation of ERR α on lysine 14 (17, 18). Moreover, the affinity of ERR α for binding to ERREs is affected by a dynamic acetylation/deacetylation switch of four highly-conserved lysine residues within the DBD mediated by the acetyltransferase p300 coactivator associated factor (PCAF) and deacetylases, HDAC8 and sirtuin 1 homolog (SIRT1) (71). It must also be noted that ERR α activity can also be influenced by PTMs of its coregulators. For example, insulin induces the phosphorylation of NCoR1 on serine 1460 via AKT activation and this PTM selectively favors the interaction between NCoR1 and ERR α , thus repressing ERR α target genes involved in oxidative metabolism and liver fatty acid catabolism (72). Another example is HDAC3, which usually acts as a transcriptional corepressor together with NCoR1. However, HDAC3 activates ERR α in BAT by de-acetylating PGC1 α , promoting the transcription of *Ucp1* and OXPHOS genes to ensure survival upon exposure to prolonged cold exposure (47). Together, microRNA targeting of *ESRRA* mRNA and PTMs of ERR α and its coregulators (summarized in **Table 1**) demonstrate

that the ligand-independent transcriptional activity of ERR α can be dynamically and tightly regulated in response to changing metabolic signals.

ROLE OF ERR α IN ADAPTATION TO ENERGY DEMANDS AND ENVIRONMENTAL CUES

Dynamic regulation of gene networks by ERR α is required for the bioenergetic and functional adaptation to environmental stresses. External stimuli such as cold exposure upregulates the expression of ERR α as well as its coactivator PGC-1 α in BAT and skeletal muscle of mice (35, 47), promoting thermogenesis through mitochondrial OXPHOS to adapt to cold environments. ERR α -null mice are unable to maintain body temperature in response to cold exposure because of a failure of mitochondrial biogenesis and oxidative capacity (77, 78). ERR α expression is also stimulated by exercise in a pattern parallel to that of PGC-1 α in animal models and in humans (79–81). Accordingly, ERR α -null mice are hypoactive and exercise intolerant because of a reduced basal metabolic oxidative capacity (82–84). Moreover, the molecular clock serves as another input signal modulating ERR α levels in a circadian manner in tissues including liver and WAT (84–87). Furthermore, ERR α adapts to nutritional challenges such as increased intake of a lipid-rich diet or cycles of nutrient deprivation and availability by modulating metabolic gene and metabolite levels (88, 89). Rapamycin treatment, which is known to mimic amino-acid-like starvation, as well as glucose and amino acids deprivation also affect ERR α protein stability and transcriptional networks (23).

ERR α -DEPENDENT TRANSCRIPTIONAL NETWORKS

Given the lack of a natural ligand or high affinity pharmacological agent that can activate ERR α , identification of biological pathways modulated by ERR α is usually achieved by overexpression of PGC-1 α or ERR α expression itself followed by gene expression studies and bioinformatics analyses. Genetic deletion or ERR α knock-down experiments have also been applied to elucidate ERR α -mediated changes in transcriptomes. One common problem of these perturbation assays is that the identification of gene expression profiles cannot easily differentiate between primary and secondary targets of ERR α . The initial characterization of direct ERR α target genes was based on identifying ERR α binding sites through manual inspection and functional analyses of promoter regions of ERR α -responsive genes. Although inefficient, integration of the above approaches helped to uncover multiple ERR α target genes and implicated ERR α in the regulation of FAO (19, 40), gluconeogenesis (90), lipid transport and uptake (91), as well as mitochondrial biogenesis and function (34, 92, 93). These ERR α targets were later validated by a series of genome-wide ChIP-based studies generated from the work of our laboratory (20–23, 25, 42, 83). ChIP-qPCR, ChIP-on-chip and ChIP-seq

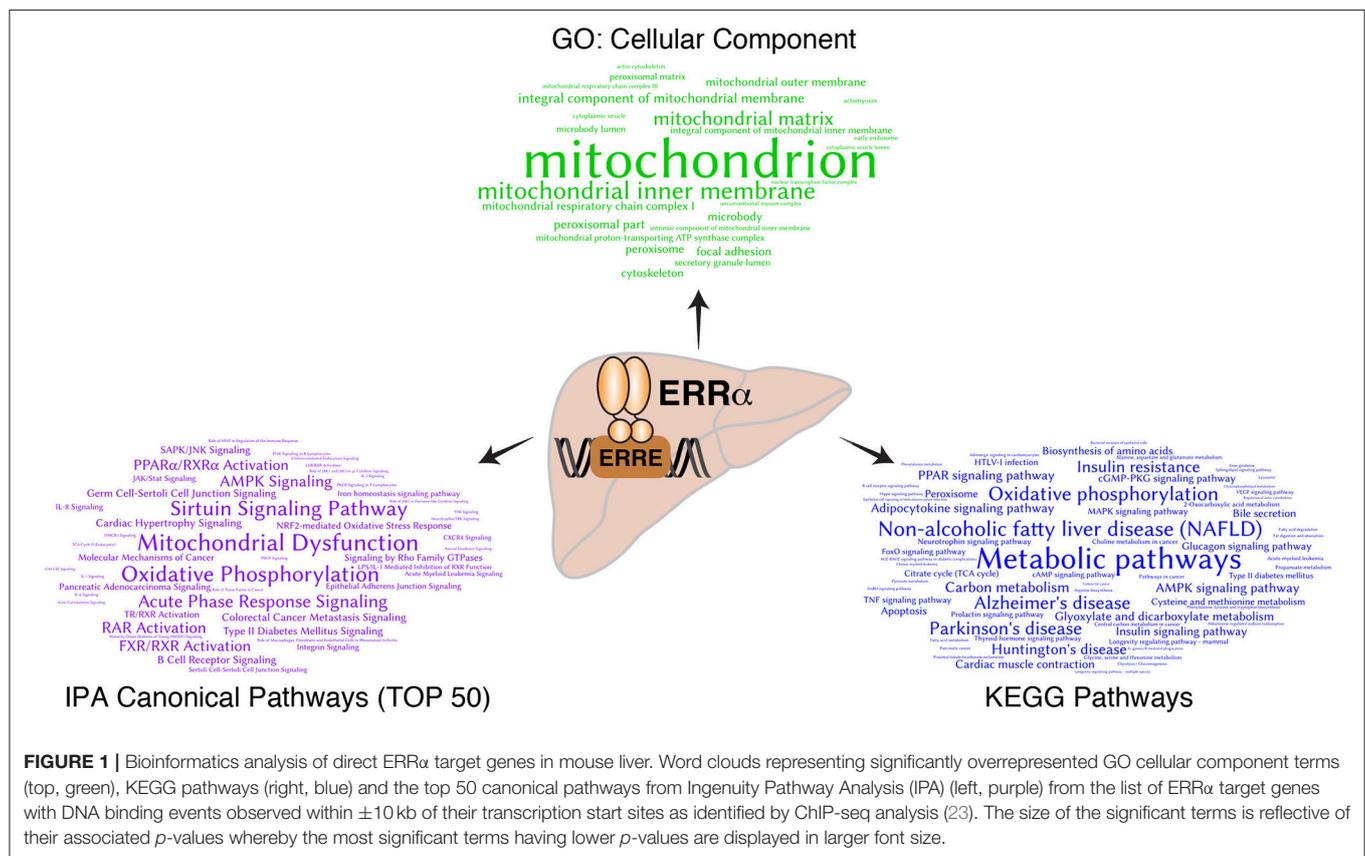
techniques have been improved and developed during the last decade, enabling high-confidence large-scale and genome-wide location analyses of NRs for target gene discovery (94). The characterization of comprehensive ERR α transcriptional gene networks stemmed from the work published by Dufour et al. with the first report of a genome-wide study of ERR α performed using ChIP-on-chip analyses on mouse heart (20). In the study by Charest-Marcotte et al., the use of ChIP-on-chip experiments on mouse liver led to the discovery of a genomic and functional relationship between ERR α and Prox1 (22). An important finding of this study was the discovery of the ERR α bioenergetic regulon, a cluster of functionally linked genes involved in the generation of energy from glucose. ERR α was found recruited to genes encoding virtually all enzymes involved in glycolysis, pyruvate metabolism, and the tricarboxylic acid (TCA) cycle aside the previously confirmed OXPHOS genes. Furthermore, by performing a comparative analysis of genome-wide binding of nuclear mTOR and ERR α by ChIP-seq, Chaveroux et al. revealed that mTOR is recruited to pol-III-transcribed genes to control mRNA translation and also to a large subset of pol-II-driven gene programs involved in UPS, insulin signaling, OXPHOS and fatty acid metabolism (23). Although this study showed that nuclear mTOR and ERR α co-binding to genomic loci were rare events, the two factors were found to co-regulate numerous genes implicated in the transcriptional regulation of common metabolic processes such as the TCA cycle and lipogenesis.

ERR α GENE NETWORKS IN THE LIVER

Bioinformatics analysis of ERR α target genes identified from the mouse liver ChIP-seq analysis (23) corroborated the early finding that ERR α is a regulator of mitochondrial function and metabolism (**Figure 1**). Word clouds illustrating the functional analysis of ERR α target genes using Gene Ontology (GO) cellular component, Kyoto Encyclopedia of Genes and Genomes (KEGG), and Ingenuity Pathway Analysis (IPA) are shown with lower *p*-value associated terms displayed in larger font size. Genes targeted by ERR α are more significantly enriched for terms related to mitochondria and energy metabolism (e.g., mitochondrial dysfunction, OXPHOS) as well as diseases relating to metabolic dysfunction including NAFLD, insulin resistance, Alzheimer's and Parkinson's disease. Genetic or pharmacological manipulation of ERR α in rodent and cell-based studies have further characterized the genes and biological programs regulated by ERR α , establishing a major role of ERR α in liver homeostasis. A list of currently known genes found either activated or repressed by ERR α in hepatocytes in a context-specific manner with evidence for direct binding of ERR α within \pm 20kb of the TSS from ChIP-based studies is summarized in **Table S1** (22, 23, 82, 84, 88, 90, 95–103). A schematic of these direct ERR α -regulated genes associated to general biological processes are shown in **Figure 2**. Notably, genes related to lipid metabolism are found mostly repressed by ERR α in stark contrast to genes associated

TABLE 1 | Known regulators of ERR α transcriptional activity.

Factor	Mechanism	Effect on ERR α activity	References
PGC-1 α	Coactivator	Increases	(33–35, 37)
PGC-1 β	Coactivator	Increases	(32, 42, 46, 73)
SRC	Coactivator	Increases	(74, 75)
PNRC2	Coactivator	Increases	(76)
NCoR1	Corepressor	Represses	(51, 52, 72)
PROX1	Corepressor	Represses	(22)
RIP140	Corepressor/coactivator	Represses/increases	(54–56)
miR-137	Targets 3'UTR of <i>ESRRB</i>	Represses	(62, 63)
miR-125a	Targets 3'UTR of <i>ESRRB</i>	Represses	(64, 65)
Parkin	Ubiquitination	Represses	(66)
mTOR	UPS repression	Increases	(23)
PCAF	Acetylation	Represses	(71)
HDAC8	Deacetylation	Enhances ERR α DNA binding affinity	(71)
SIRT1	Deacetylation	Enhances ERR α DNA binding affinity	(71)
PIASy	Sumoylation (Lys ¹⁴ and Lys ⁴⁰³)	Represses	(17, 18)
Kinase	Phosphorylation (Ser ¹⁹)	Represses	(17, 18)
PKC δ	Phosphorylation	Enhances ERR α DNA binding affinity	(67)
MAPK	Phosphorylation	Increases	(68)
AKT	Phosphorylation	Increases	(68)
PKA	Phosphorylation and nuclear translocation	Increases	(69)
PI3K-ERK	Phosphorylation and nuclear translocation	Increases	(70)
HDAC3	Deacetylation of PGC1 α	Increases	(47)



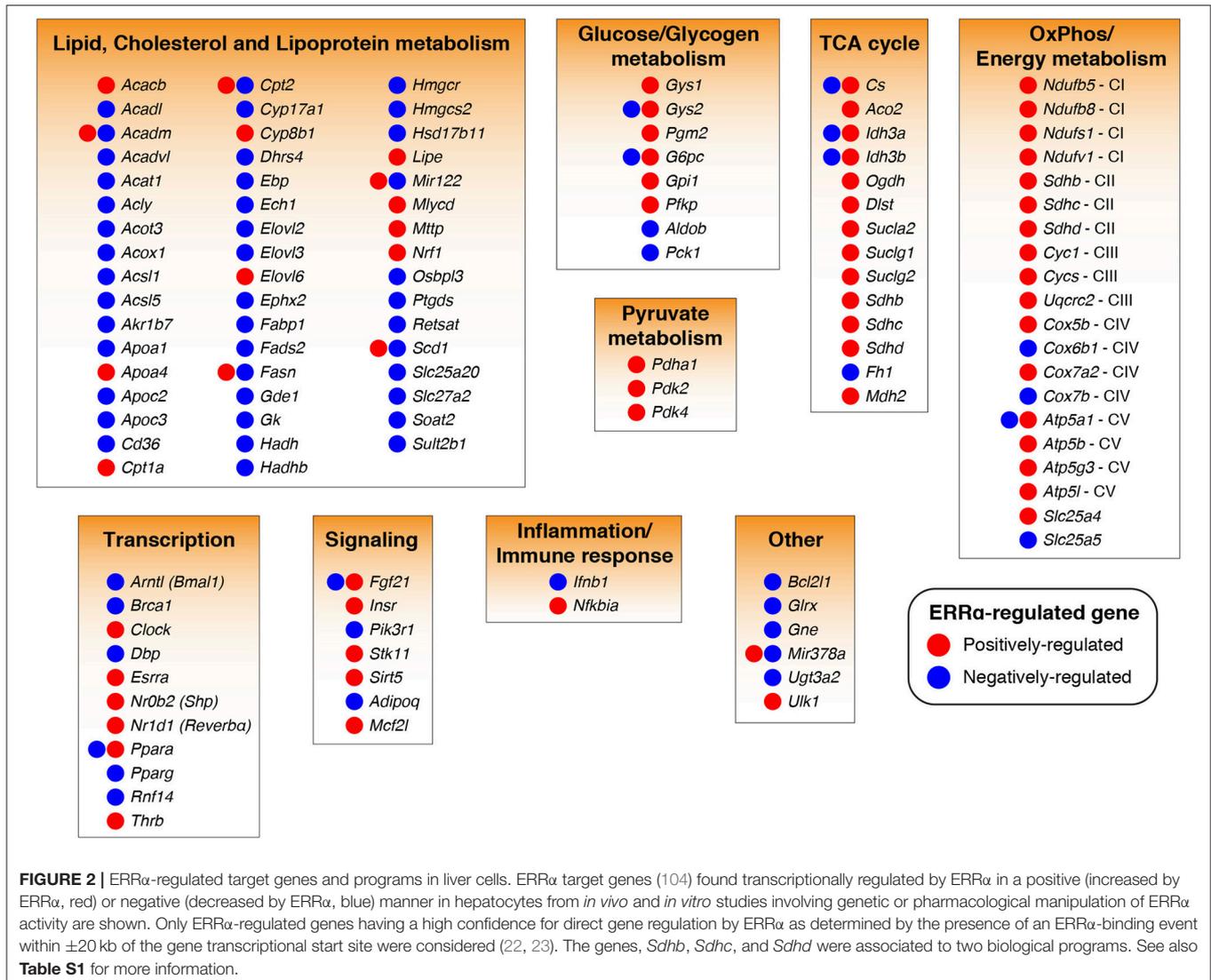


FIGURE 2 | ERR α -regulated target genes and programs in liver cells. ERR α target genes (104) found transcriptionally regulated by ERR α in a positive (increased by ERR α , red) or negative (decreased by ERR α , blue) manner in hepatocytes from *in vivo* and *in vitro* studies involving genetic or pharmacological manipulation of ERR α activity are shown. Only ERR α -regulated genes having a high confidence for direct gene regulation by ERR α as determined by the presence of an ERR α -binding event within ± 20 kb of the gene transcriptional start site were considered (22, 23). The genes, *Sdhb*, *Sdhc*, and *Sdhd* were associated to two biological programs. See also **Table S1** for more information.

with mitochondrial energy production found largely positively-regulated by ERR α .

ERR α Transcriptional Regulation of Glucose Metabolism

The liver is a key organ in regulating glucose homeostasis especially during periods of fasting and refeeding. Several genes with established roles in glucose handling have been shown to be influenced by ERR α . For example, transcription of *PCK1* which encodes the rate-determining enzyme phosphoenolpyruvate carboxykinase (PEPCK) in gluconeogenesis is repressed by ERR α in hepatocytes (90, 105). Interestingly, ERR α represses gluconeogenesis by antagonizing the stimulatory effect of PGC-1 α , possibly via inhibiting the recruitment of PGC-1 α to the proximal regulatory region of *PCK1* (90). Indeed, expression of *Pck1* is significantly up-regulated in ERR α -null liver during the light phase of the circadian cycle at which time gluconeogenesis is active (84). However, no difference in the levels of *Pck1*

mRNA between fasted wild-type and ERR α -null mice were observed (90). The expression of *PCK1* is under intense hormonal regulation and is induced during periods of fasting to maintain circulating glucose levels, which is inconsistent with the observation that hepatic expression of ERR α is also upregulated by fasting in normal mice (105, 106). The physiological role of ERR α in liver is to repress gluconeogenesis under fed conditions. Additionally, ERR α activation by PGC-1 α induces the transcription of *Gck* encoding glucokinase (*Gck*) which phosphorylates glucose and participates in glucose utilization by stimulating glycolysis and glycogen synthesis in liver. *Gck* is also induced by insulin, which is partly mediated by ERR α (107, 108). Absence of ERR α in HepG2 cells impaired the reliance on glycolysis in the presence of inhibitors of mitochondrial function (22). These studies suggest that enhancing the transcriptional activity of ERR α in the fed state might have beneficial effects on glucose metabolism through suppression of hepatic gluconeogenesis as well as

simultaneous activation of glycolysis and glycogen synthesis. Unexpectedly, despite the increased expression of gluconeogenic genes in the liver of fed ERR α null mice, blood glucose levels were normal in the fed state (84, 90), which might result from increased glucose oxidation in the absence of ERR α . Indeed, ERR α has been shown to inhibit glucose oxidation by transcriptionally activating *PDK4*, which encodes pyruvate dehydrogenase kinase 4 (PDK4), in muscle and hepatocytes (37, 103, 109). PDK4 inhibits cellular glucose utilization by phosphorylating and inactivating the pyruvate dehydrogenase complex (PDC), which allows pyruvate entry into the TCA cycle (12). Therefore, ERR α , via up-regulating the level of PDK4, supports a switch from glucose oxidation to FAO and ultimately leads to reduced glucose metabolism (37, 103, 109). Overall, ERR α seems to play multiple and contradictory roles in glucose metabolism.

ERR α Transcriptional Regulation of Lipid Metabolism

ERR α has been shown to play a fundamental role in lipid homeostasis. It is highly expressed in tissues that derive energy from fatty acid metabolism, likely contributing to the high basal levels of fatty acid utilization genes in these oxidative tissues (110, 111). Indeed, ERR α and MCAD are co-expressed in tissues with high energy needs. MCAD, whose expression levels are tightly regulated by tissue energy demands and dictate the rate of tissue FAO, catalyzes the first step in the mitochondrial oxidation of fatty acids (19, 40, 77, 112). Therefore, the initial finding that ERR α promotes the transcription of the MCAD gene (*Acadm*) (19, 40) and the further confirmation of the direct recruitment of ERR α at the *Acadm* promoter *in vivo* (20, 77) strongly suggests that ERR α activity increases fatty acid oxidation rates. However, gene expression profiling of adipose tissue from ERR α -null mice revealed an up-regulation of *Acadm* expression (113), whereas, analysis of adipose and muscle tissues from ERR α KO mice fed a high-fat diet (HFD) revealed no changes in the expression of this gene (100), suggesting that ERR α regulation of *Acadm* is nutrient-dependent. Genetic or pharmacological inhibition of ERR α leads to decreased lipid accumulation, reduced fat mass and resistance to HFD-induced obesity, partly because ERR α -null mice have a lower capacity for lipid absorption by the intestine (84, 91, 100, 113, 114). The intestine markedly contributes to total body FAO since it is essential for the uptake and transport of dietary fat, the first step in the energy chain (91). Microarray studies demonstrated that in addition to several down-regulated OXPHOS genes, the expression levels of a set of genes encoding proteins involved in lipid digestion and absorption were also altered in the ERR α -deficient intestine, including apolipoprotein (apo)A-IV (91). Furthermore, ERR α can stimulate adipogenesis via enhancing triglyceride (TG) accumulation and elevating expression of genes involved in lipid and energy metabolism in white adipose tissue (WAT), such as *Fasn*, the gene encoding fatty acid synthase (115, 116). Accordingly, ERR α -null mice display significantly decreased lipogenesis in WAT consistent with their leanness and decreased body weight gain in comparison to littermate

controls chronically fed a HFD. The beneficial effects for loss of ERR α function in protection from HFD-induced body weight gain resulted also from a nearly 2-fold reduction in *de novo* hepatic lipogenesis (88). Although systemic ablation of ERR α protects mice from HFD-induced NAFLD, the presence of ERR α promotes the reversal of fasting-induced NAFLD by stimulating hepatic mitochondrial oxidative activity and halting WAT lipolysis during refeeding (88). Loss of ERR α prevented the transcriptional repression of the mouse *Fgf21* gene during the transition from a fasted to fed state, which is consistent with the impaired clearance of fasting-induced NAFLD in the absence of ERR α (88). Conversely, ablation of ERR α exacerbated rapamycin-induced NAFLD (23). Rapamycin treatment of ERR α -null mice reduces the expression of TCA enzymes in liver and enhances mRNA levels of genes involved in lipogenesis including *Acly*, *Fasn*, and *Scd1*. Consequently, citrate accumulates and is shuttled into the lipogenic pathway, promoting hepatic TG accumulation.

ERR α Transcriptional Regulation of the Mitochondrial TCA Cycle and Electron Transport Chain

If the liver is central to energy homeostasis at the body level, mitochondria are the metabolic hubs at the cellular level. Consistent with **Figure 1**, the GO cellular component analysis of hepatic ERR α target genes identified “mitochondria” as the top term, demonstrating that a primary function of ERR α is to regulate hepatic mitochondrial activity. It has been shown that overexpression of ERR α or PGC-1 α enhances respiration capacity via promoting mitochondrial biogenesis and activity. On the other hand, loss of ERR α function leads to mitochondrial dysfunction and impaired ATP production partly by compromising the ability of PGC-1 α to increase mitochondrial DNA content and to induce the expression of genes encoding mitochondrial proteins (20, 34, 39, 102, 113, 117–119). Functional genomic studies have identified ERR α as a comprehensive and genuine master regulator of the nuclear-encoded mitochondrial transcriptome. ERR α exerts its regulatory function via occupying the promoter regions of more than 700 genes encoding mitochondrial proteins, which are involved in all aspects of mitochondrial biogenesis and function (11, 120). No other transcription factor has been shown to control mitochondrial physiology and function as extensively. ChIP-seq analysis of ERR α binding in mouse liver showed that it binds to the regulatory regions of most genes encoding the enzymes involved in the TCA cycle, including: *Aco2*, *Idh3a*, *Idh3b*, *Sdha*, *Sdhb*, *Sdhc*, *Sdhd*, *Ogdh*, *Cs*, and *Fh1* (23). ERR α also occupies regulatory regions in the proximity of more than one hundred genes involved in the mitochondrial electron transport chain (ETC), including members of the NADH dehydrogenase complex, ubiquinol-cytochrome c reductases, several cytochrome c oxidase subunits, and the ATPase superfamily (23). Overall, as a master regulator of mitochondrial activity, ERR α positively regulates oxidative gene expression, aerobic respiration and ATP synthesis.

ERR α Transcriptional Regulation of Liver Functions Beyond Metabolism

The liver has an architectural organization in which hepatocytes are in close proximity to immune cells and have immediate access to a vast network of blood vessels, enabling continuous and dynamic interactions between immune and metabolic responses (12, 121). In addition to its role in regulating energy metabolism, ERR α is also important in pathogen resistance and cancer development (25, 42, 44). Remarkably, ERR α plays a role in inflammation-related hepatocellular carcinoma (HCC) development. Global loss of ERR α activity promotes HCC following administration of the chemical carcinogen diethylnitrosamine (DEN) (101). Due to a deficiency in energy production, ERR α -null mice mediate DEN-induced cell death primarily by necrosis as opposed to apoptosis, an ATP-consuming process. In addition, the ERR α ChIP-seq study in mouse liver revealed that the gene *Nfkb1a*, encoding the NF- κ B suppressor I κ B α , is a direct transcriptional target of ERR α . Further experiments confirmed that ERR α positively regulates I κ B α expression in both hepatocytes and Kupffer cells. Thus, loss of ERR α resulted in enhanced NF- κ B activity and subsequent cytokine gene activation in Kupffer cells, driving compensatory hepatocyte proliferation and HCC in response to DEN (101).

ERR α IN LIVER HEALTH AND DISEASE

Due to the complex network of coregulators and overlapping pathways as well as compensatory signaling mechanisms, the extent to which ERR α exerts its regulatory control *in vivo* may be difficult to predict. Although some of the anticipated effects and the consequent metabolic diseases caused by ERR α dysregulation may not necessarily be phenotypically manifested in the whole animal, ERR α clearly plays a central role in liver under both physiologic and pathologic conditions (Figure 3).

The liver plays a crucial role in regulating whole-body energy metabolism via crosstalk with other tissues including skeletal muscle, adipose, gut, and the brain in response to different environmental cues such as the switch from fasting to feeding, acting as a hub to metabolically connect various tissues. Dysfunction of liver signal transduction and nutrient metabolism contributes to the progression of insulin resistance, type 2 diabetes and NAFLD (12). NAFLD can progress from hepatic steatosis to non-alcoholic steatohepatitis (NASH), and can further progress to a more severe state of liver cirrhosis and HCC (122).

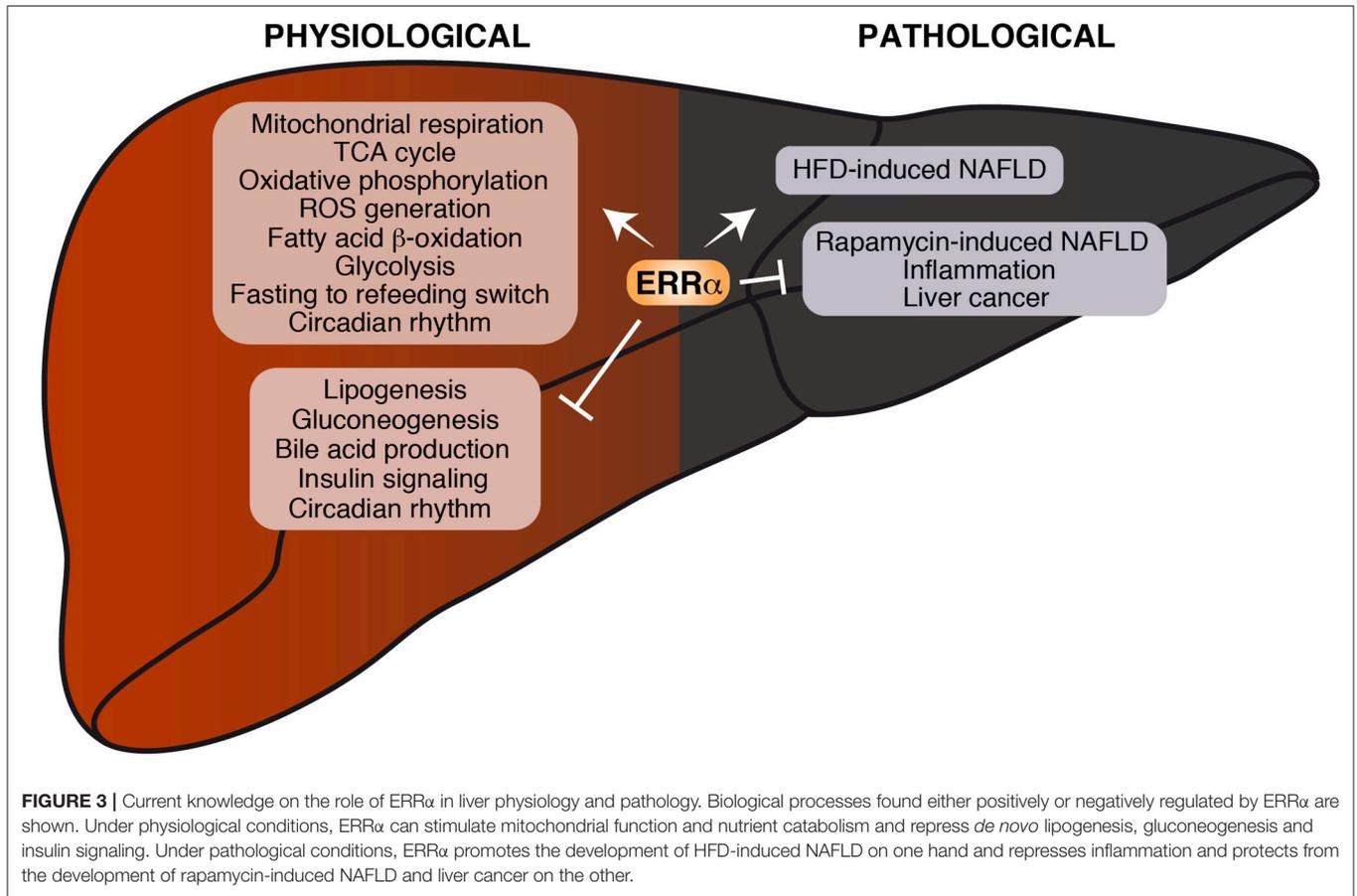
ERR α in Insulin-Resistance and Diabetes

Insulin resistance, the condition in which a cell, tissue, or organism fails to respond appropriately to insulin, is a hallmark for the development of type 2 diabetes and a major contributor to the pathogenesis of NAFLD (12, 104). Obesity which is associated with chronic inflammation can also lead to insulin resistance (121). Liver, muscle,

and adipose tissue are the organs most responsible for insulin-dependent glucose production and disposal. Insulin promotes glucose uptake into tissues such as muscle and adipose and simultaneously represses glucose production in the liver. Mitochondria, as the cellular powerhouse, is tightly associated with insulin sensitivity (123). A large body of data converges to support that transcriptional regulation plays a major role in the development of insulin resistance (13, 104). Previous findings have demonstrated reduced levels of ERR α -regulated genes in insulin-resistant humans (34), as well as the correlation between insulin sensitivity and ERR α mRNA expression in human adipose tissue (124). Furthermore, ERR α function has been shown to contribute to the development of insulin resistance in human diabetic muscle via down-regulating OXPHOS genes (48, 125), indicating the beneficial effects of enhancing ERR α activity in skeletal muscle on glucose uptake and handling. By contrast, in livers of patients with type 2 diabetes, OXPHOS genes are up-regulated and positively correlate with ERR α mRNA (126). Accordingly, hepatic insulin resistance is associated with increased mitochondrial respiration (127, 128). It has been proposed that in the context of hepatic insulin resistance, hyperinsulinemia increases hepatic lipogenesis and exacerbates fatty liver, in turn further increasing insulin resistance (13). Here we suggest that this vicious cycle can be reversed through antagonizing ERR α activity given that inhibition of ERR α decreases blood insulin levels, increases insulin sensitivity and protects animals from HFD-induced fatty liver (88, 100, 114). Together, there is compelling evidence to support a major role of ERR α as a transcriptional regulator of insulin action and changes in ERR α expression, DNA binding, PTMs, and cofactors recruitment could be linked to pathological changes in insulin resistance and diabetes through altering the expression of ERR α target genes.

ERR α in NAFLD

Exogenous lipids (diet), *de novo* lipogenesis and adipose tissue lipolysis are the three main sources of hepatic fatty acids (FAs). Excess accumulation of triglycerides in hepatocytes leads to NAFLD, the most common chronic liver disorder in Western countries. Many theories have been proposed for the pathogenesis of NAFLD, including the “two-hits,” “multi-hits,” and “distinct-hits” models. In common, these hypotheses suggest that insulin resistance and oxidative stress are associated with NAFLD (129). Remarkably, ERR α contributes to the development of NAFLD in a context-dependent manner. On one hand, absence of ERR α impairs the development of NAFLD in response to increased dietary fat intake (88). While the expression of ERR α - and PGC-1 α -encoding genes are upregulated in WT mice under HFD, this response is likely an adaptive response to mitochondrial dysfunction (130). In light that ERR α deficiency increases the susceptibility of mice to rapamycin-induced NAFLD (23) and impairs the reversal of fasting-induced NAFLD during refeeding (88), inducing



ERR α activity appears more beneficial to treat and reverse the instilled disease.

ERR α in Hepatocellular Carcinoma

Chronic inflammation associated with NAFLD, together with obesity and mitochondrial reactive oxygen species (ROS) accumulation promote HCC development, the terminal stage of liver disease (129). During tumorigenesis, cells undergo a metabolic switch from mitochondrial OXPHOS to glycolysis, a phenomenon referred to as the Warburg effect (131). ERR α has been shown to influence tumorigenesis via substrate utilization, modulation of metabolic pathways and transcriptional regulation of key oncogenes (9, 24, 25, 45, 132). ERR α also contributes to ROS production and detoxification (25, 42, 101). Although the precise role of ERR α in the progression from NAFLD to HCC is unclear, loss of ERR α promotes carcinogen-induced liver cancer in mice despite the lower ROS levels observed due to the de-repression of an NF- κ B-mediated inflammatory response (101).

CONCLUSIONS

Research findings presented in this review underscore a prominent role of ERR α in the regulation of hepatic homeostasis

via direct modulation of an extensive range of metabolically-relevant genes and programs. Alongside a continued search for the natural endogenous ligand of ERR α , a key goal for the future is to exploit pharmaceuticals to modulate the transcriptional activity of ERR α to prevent and treat human diseases related to metabolic dysfunction. Several synthetic molecules have been shown to inhibit the constitutive transcriptional activity of ERR α including compound A (133), XCT790, compound 29 (C29), and compound 50 (C50) that act as ERR α inverse agonists (100, 114, 134). Consistent with the results obtained using ERR α -null mice as a model, treatment with the inverse agonist C29 led to normalized insulin and circulating triglyceride levels, improved insulin sensitivity and glucose tolerance in diet-induced obesity (DIO) mouse models as well as an overt diabetic rat model (100). Chronic administration of C50 showed similar beneficial effects in two murine models of obesity and insulin resistance (114). Interestingly, C29 and C50 modulate ERR α 's activity in a tissue-specific manner. Given the beneficial effects of ERR α in skeletal muscle, inhibition of ERR α in the liver or adipose tissue, accompanied by its activation in skeletal muscle would be a therapeutic avenue for the treatment of the metabolic syndrome. As discussed above, ERR α is subject to the regulation by PTMs, which affect ERR α protein stability or physical interaction with coregulators. Future drug discovery relating to the specific regulation of ERR α transcriptional activity through

PTMs would require further exploration of the physiologic, nutrient and hormonal cues that lead to the specific PTMs of ERR α and their relevant effects on cellular metabolism. Known compounds such as kinase inhibitors may exert their beneficial effects in the treatment of the metabolic syndrome via alteration of ERR α transcriptional activity either directly or indirectly. It is reasonable to hypothesize that combination therapies might lead to the desired beneficial anti-diabetic outcome but with less unwanted adverse effects. While it is clear that targeting ERR α activity in the liver may have therapeutic potential, future research and drug development will have to take into account the roles played by the three ERRs in the complex interplay between all metabolic tissues in the development of the metabolic syndrome and associated ailments.

AUTHOR CONTRIBUTIONS

HX, CD and VG participated in the design and writing of the review and have approved it for publication. CD analyzed data and generated the figures.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fendo.2019.00206/full#supplementary-material>

Table S1 | List of ERR α -targeted genes with evidence for its regulation of these genes from ERR α activity perturbation studies in hepatocytes.

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