



# Changes of DNA Methylation Pattern in Metabolic Pathways Induced by High-Carbohydrate Diet Contribute to Hyperglycemia and Fat Deposition in Grass Carp (*Ctenopharyngodon idellus*)

## OPEN ACCESS

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Although studies have determined that epigenetics plays an essential role in regulating metabolism in mammals, research on nutrition-related DNA methylation remains to be lacking in teleosts. In the present study, we provided a hepatic whole-genome DNA methylation analysis in grass carp fed with moderate- or excessive-carbohydrate-level diet. Although a high-carbohydrate (HC) diet significantly changed the mRNA expression levels of metabolic genes, it did not affect the global genomic DNA methylation levels in grass carp liver. However, compared with the control group, 3,972 genes were hyper-methylated and 2,904 genes were hypo-methylated in the promoter region. Meanwhile, 10,711 genes were hyper-methylated and 6,764 genes were hypo-methylated in the gene body region in the HC group. These differentially methylated genes (DMGs) were enriched in multiple pathways, including carbohydrate metabolism, insulin pathway, lipid metabolism, and adipocytokine signaling pathway. In addition, the variations in DNA methylation significantly regulated the transcription levels of key genes of metabolism, which could affect the glucose concentrations and the lipid deposition of grass carp. Furthermore, we compared the DNA methylation alterations of genes in glucose metabolism and obesity pathways of grass carp with those of mammalian models in different nutritional states. The results showed that most of the DMGs in grass carp were also regulated by DNA methylation in mammals when the nutritional state changed. The findings revealed more differentially methylated regions and candidate genes for glucose metabolism and broken species boundaries.

**Keywords:** whole-genome DNA methylation analysis, metabolism, high carbohydrate intake, grass carp, hyperglycemia

## INTRODUCTION

Carbohydrate acts as the primary substance of metabolism in vertebrates, especially in mammals. However, many fish are considered as glucose intolerant, especially carnivorous fish. After having been fed with excessive carbohydrate, they exhibit a persistent postprandial hyperglycemia, appetite decrease, and subsequently a decrease in growth rate and even a “fatty liver.” Carnivorous fish, such as rainbow trout (*Oncorhynchus mykiss*), cannot tolerate more than 20% of digestible carbohydrate in their diet (1). However, intolerance to glucose is not apparent in herbivorous and omnivorous fish. They possess greater ability to digest and utilize dietary carbohydrate compared to carnivorous fish. Despite all that, carbohydrate is usually regarded as an economical food source because of its protein-sparing effect on reducing dietary protein contents in aquafeed (2).

In recent years, remarkable progress has been made in building fish species as diabetes research models (3). A diet-induced obese zebrafish model exhibited symptoms of type 2 diabetes (T2D) such as hyperinsulinemia and impaired glucose tolerance (4). Other non-traditional fish species have also been used as models for diabetes studies. Tilapia (*Oreochromis niloticus*) and goby (*Gillichthys mirabilis*) have been established as type 1 diabetes models (5, 6). Blind cavefish (*Astyanax mexicanus*) is born with insulin-resistant and diabetes-like phenotypes without the usual complications. A study on blind cavefish provided potential insights into better controlling high blood glucose in diabetes patients (7). Glucose/carbohydrate metabolism and utilization continues to be a contentious issue in fish as an economical food source and diabetes research models.

Recently, attention has been paid to exploring the function of epigenetics in the glucose metabolism and obesity, especially DNA methylation. Obese rats fed with high-fat diet revealed a hypermethylation of hepatic glucokinase (*gck*) and pyruvate kinase (*pk*) genes in the promoter region, suggesting the relevance between metabolic syndrome and epigenetic regulation (8). High fructose intake induced a hypermethylation of peroxisome proliferation-activated receptor alpha (*ppar $\alpha$* ) and carnitine palmitoyltransferase 1a (*cpt1a*) genes in the promoter region in rat liver (9). DNA methylation influenced phenotype transmission and development of diseases, including T2D. In the pancreas of T2D patients, hypermethylation of peroxisome proliferator-activated receptor gamma coactivator 1 alpha (*pgc1a*), pancreatic pdx 1 (*pdx1*), and insulin (*ins*) genes decreased the mRNA expression levels of these genes (10–12). Volkov described the comprehensive features of DNA methylome in the pancreatic islet of humans with or without diabetes (13). The studies discovered novel diabetes-related changes of DNA methylation and suggested the importance of epigenetics in T2D. Ma and Kang demonstrated the relationship between environmental factors and DNA methylation regulation, concluding that differential methylated regions and genes are associated with obesity and T2D (14). Although studies have determined metabolism-associated epigenetic variations in mammals, research on nutrition-related DNA methylation remains to be lacking in teleosts.

The production of grass carp (*Ctenopharyngodon idella*) composes the largest aquaculture industry in China. As a typical herbivorous fish, it possesses greater capability to utilize carbohydrate compared with omnivorous and carnivorous fish (15). Gao et al. (16) revealed that the growth rates of grass carp were maximal when the dietary carbohydrate level was 274.7 g kg<sup>-1</sup>. According to our previous studies, the concentrations of serum glucose and insulin were significantly increased in grass carp when the dietary carbohydrate level was 42% (17). A high-carbohydrate diet (more than 40%) also increased serum cholesterol and total lipid contents; however, it suppressed appetite in grass carp (18). To address the knowledge gap of glucose metabolism and obesity-related epigenetics in fish, our study provided an in-depth analysis of whole-genome DNA methylation of grass carp liver. Furthermore, we compared the DNA methylation alterations of key genes related to glucose metabolism with those of other animal models to reveal novel differentially methylated regions and candidate genes for more information on disorders of glucose metabolism.

## MATERIALS AND METHODS

### Experimental Diets

The formulation of diet was designed based on our previous research. Different diets which satisfied the nutritional requirement of grass carp but with varied carbohydrate levels (25.00 and 42.00 g 100g<sup>-1</sup>, named as control group and HC group) were produced (17). **Table 1** displays the composition and the chemical component analysis of the two diets. All the ingredients used in the diet were purchased from Fulong Dietary Company (Wuhan, China). The ingredients were finely ground, fully mixed, and dry-pelleted into 1.5-mm pellets using a pellet mill.

### Experimental Conditions and Sample Collection

Experimental grass carp were purchased from the Fish Center in Xiantao, Hubei Province, China, and kept in 1,000-L tanks with constant flow of filtered water. The fish were fed twice a day at 9:00 a.m. and 6:00 p.m. for 2 weeks to be acclimated to the feeding conditions. After acclimation, the fish (196.82 ± 2.64 g) were randomly distributed into six 1,000-L tanks (three tanks per group) with 15 fish per cage. During the experiment, the fish were fed with equal quantities of the experimental diets at 9:00 a.m. and 6:00 p.m. for 6 weeks. At 2 h after feeding, the residual diets were collected and dried at 60°C and then weighed for calculation of food intake. At the end of the feeding trial, all the fish were anesthetized with MS-222 and weighed ~24 h after the last feeding. In each group, six fish were randomly captured and dried at 60°C or frozen at -20°C until the analysis of body composition. Another six fish were randomly captured; the small pieces of liver were immediately collected and frozen in liquid nitrogen and stored at -80°C for isolation of DNA and RNA. Blood was collected from the caudal vein and centrifuged at 3,500 g for 30 min, and then the serum was separated and stored at -80°C until use.

**TABLE 1** | Composition of the experimental diets.

Item	Control	High carbohydrate
<b>Ingredient (%)</b>		
Casein	32	32
Gelatin	8	8
Fish oil	3	3
Soybean oil	3	3
Corn starch	25	42
Cellulose	22.8	5.8
Vitamin mixture <sup>a</sup>	1	1
Mineral mixture <sup>b</sup>	1	1
Ca(H <sub>2</sub> PO <sub>4</sub> ) <sub>2</sub>	1.65	1.65
Carboxymethyl cellulose	2	2
Choline chloride (50%)	0.5	0.5
Ethoxyquin (30%)	0.05	0.05
<b>Compositions (%)</b>		
Crude protein	36.96	37.14
Crude lipid	6.35	6.24
Carbohydrate	25.21	45.30
Ash	2.50	2.84
Cross energy (kJ g <sup>-1</sup> )	11.87	15.12

<sup>a</sup>Vitamin premix (per kilogram of diet): vitamin A, 2,000 IU; vitamin B1 (thiamin), 5 mg; vitamin B2 (riboflavin), 5 mg; vitamin B6, 5 mg; vitamin B12, 0.025 mg; vitamin D3, 1,200 IU; vitamin E, 21 mg; vitamin K3, 2.5 mg; folic acid, 1.3 mg; biotin, 0.05 mg; pantothenic acid calcium, 20 mg; inositol, 60 mg; ascorbic acid (35%), 110 mg; and niacinamide, 25 mg.

<sup>b</sup>Mineral premixes (per kilogram of diet): MnSO<sub>4</sub>, 10 mg; MgSO<sub>4</sub>, 10 mg; KCl, 95 mg; NaCl, 165 mg; ZnSO<sub>4</sub>, 20 mg; KI, 1 mg; CuSO<sub>4</sub>, 12.5 mg; FeSO<sub>4</sub>, 105 mg; Na<sub>2</sub>SeO<sub>3</sub>, 0.1 mg; and Co, 1.5 mg.

The crude lipid was determined based on ether extraction method by Soxtec System HT (Soxtec System HT6, Tecator, Sweden). The glucose contents were determined using an automatic biochemical analyzer (Abbott Aeroset Analyzer, USA) in Zhongnan Hospital of Wuhan University (Wuhan, Hubei, China). The insulin levels were detected by enzyme linked immunosorbent assay (ELISA) based on the manual of the Fish Insulin ELISA kit (Xinle, Shanghai, China).

### Extraction of DNA and Bisulfite Conversion

The hepatic genomic DNA of three grass carp in each group was extracted using TIANamp Genomic DNA Kit (Tiangen, Beijing, China) in accordance with the standard procedures. An Eppendorf BioPhotometer (Hamburg, Germany) and 1.5% agarose gel electrophoresis were used to detect the integrity and the quantity of genomic DNA.

### Library Preparation and Quantification

For whole-genome bisulfite sequencing (WGBS) library construction, the genomic DNA of grass carp liver was fragmented by sonication with a Bioruptor (Diagenode, Belgium) to an average size of around 250 bp, followed by having it end-repaired, 3-end-adenylated, and ligated with adapters, essentially based on the instructions of the manufacturer. Using EZ DNA Methylation-Gold kit (ZYMO), the ligated DNA was

bisulfite-converted. Fragments were extracted from the same lane of 2% agarose gel. Lastly, the products were purified with QIAquick Gel Extraction kit (Qiagen) and amplified by PCR.

### The Whole-Genome Bisulfite Sequencing and Identification of DMRs

The libraries were sequenced on Illumina HiSeq Xten platform. The peak signal was transformed into base sequence by base calling as raw reads. The data of raw reads were filtered to guarantee the quality, including the removal of reads with more than 10% N content or more than 10% low-quality bases. The final filtered data were called clean reads.

### Mapping Reads to the Grass Carp Genome Database

After filtering, the clean reads were mapped to the reference genome (<http://www.ncgr.ac.cn/grasscarp/>) by the Bisulfite Sequence Mapping Program. Then, the duplication reads were removed, and the mapping rate and the bisulfite conversion rate of each sample were calculated.

### Identification of Methylation Levels and Differentially Methylated Regions

DNA methylation level was calculated by dividing the read number of each methyl-cytosine (mC) by the total read number of cytosines, equal to the mC/C ratio at each reference cytosine. The methylation levels of the C site were counted as Nm/(Nm + Nnm). Nm represented the reads of mC, while Nnm meant the non-methylation reads.

The differentially methylated regions (DMRs) between two groups of grass carp were identified by comparison of the sample methylomes through windows which are composed of five CpG sites, at least with a twofold change in the methylation level and with  $p \leq 0.05$  (Fisher test). In addition, two neighboring DMRs were joined into one continuous DMR if the genomic methylation level of the region from the start of upstream DMR to the end of downstream DMR also showed twofold differences between the two groups. Otherwise, the two DMRs were considered as independent.

### GO and KEGG Enrichment Analysis of Genes Related to DMRs

Genes that overlapped with DMRs were termed as differentially methylated genes (DMGs). DNA methylation in different gene sub-elements plays different roles in gene expressions. Thus, in our research, Gene Ontology (GO) and Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway analyses were separated in DMGs whose DMR was located in the promoter region or in the gene body. The GO analysis of DMGs was as follows: Firstly, we mapped all DMRs to GO terms in the database (<http://www.geneontology.org/>), calculating the gene numbers for every term. Then, we searched for significantly enriched GO terms in the input list of DMRs based on GO TermFinder (<http://www.yeastgenome.org/help/analyze/go->

term-finder). The method used can be described as follows:

$$p = 1 - \sum_{i=0}^{m-1} \frac{\binom{M}{N} \binom{N-M}{n-i}}{\binom{N}{n}}$$

where  $N$  is the number of all genes with GO annotation,  $n$  is the number of DMRs in  $N$ ,  $M$  is the number of all genes that are annotated to certain GO terms, and  $m$  is the number of DMRs in  $M$ . The calculated  $p$ -value goes through Bonferroni correction. GO terms with corrected  $p \leq 0.05$  were considered as significantly enriched.

The statistical enrichment of DMGs in KEGG pathways was conducted with KOBAS software (19). The pathways with corrected  $p \leq 0.05$  were determined as significantly enriched.

## RNA Isolation and Reverse Transcription

The hepatic total RNA of six fish in each group was extracted using Trizol Reagent (TaKaRa, Japan). The quantity and the integrity of RNA were determined by an Eppendorf BioPhotometer and agarose gel electrophoresis method (Hamburg, Germany). The hepatic cDNAs of grass carp were achieved from 1  $\mu$ g total RNA according to the instructions of HiScript<sup>®</sup> II Reverse Transcriptase (Vazyme Biotech, China).

## Quantification of the Hepatic Transcript of Differentially Methylated Genes

The genes of key enzymes that participated in glucose and fatty acid metabolism, the transcription factors of the above-mentioned genes, and the critical genes in insulin/leptin/AMPK pathways were selected as the candidate genes for an analysis of mRNA levels. If the gene was differently methylated in the promoter region or in the gene body region, the mRNA expression levels would be detected on a quantitative thermal cycler (CFX96 Real-Time PCR Detection System, Bio-Rad, USA). Information on the primers used in this experiment is shown in **Table 2**. The PCR cycling parameters were 95°C for 3 min, followed by 40 cycles at 95°C for 10 and 30 s at annealing temperature. After amplification, melting curve assays were performed. The temperature gradually increased from 65 to 95°C, with 0.5°C every 6 s. According to the instructions of GoTaq<sup>®</sup> qPCR Master Mix (Bio-Rad, USA), the reaction was composed of 0.2  $\mu$ M of primers, 1  $\mu$ l cDNA, 10 and  $\mu$ l GoTaq<sup>®</sup> qPCR Master Mix and supplied with double-distilled water at 20  $\mu$ l. The mRNA expression levels were quantified relative to the expression of elongation factor 1  $\alpha$  (*ef1- $\alpha$* ) as endogenous reference (20) and analyzed by the optimized comparative Ct ( $2^{-\Delta\Delta Ct}$ ) value method (21).

## In vitro Analysis of the Effects of 5-Aza-2'-deoxycytidine on Glucose Consumption

Grass carp liver cell line (L8824) was obtained from Wuhan Cell Instruction Repository (Wuhan, Hubei, China). The cells were seeded in 24-well culture plates, at a density of  $10^5$  cells/well, and cultured in Medium 199 (Cat. No. C11150500BT, gibco)

**TABLE 2 |** Primer sequences for the quantitative real-time PCR.

Gene	Primers	Sequence 5'-3'	Accession number
pepck	pepck-F	ATCGTCACGGAGAACCAA	JQ898294
	pepck-R	CCTGAACACCAAACCTTAGCA	
gs	gs-F	CCTCCAGTAACAACCTCACAACA	JQ792167
	gs-R	CAGATAGATTGGTGGTTACGC	
pk	pk-F	GCCGAGAAAGTCTTCATCGCACAG	KP262353.1
	pk-R	CGTCCAGAACCAGCATTAGCCAC	
g6pca.1	g6pca.1-F	CTACAACGCAAGTCTGAGAAAGT	MN176655
	g6pca.1-R	CAGTCTGGATTGACGCACC	
acc1	acc1-F	TGGCTGCACTGCACTCTCACT	GU908475
	acc1-R	GGTCCAGCTTCCCTGCGGTC	
fasn	fasn-F	GATGGGTCTACAGCCTGATGG	HM802556
	fasn-R	GACACCTGTGGACATTGAGC	
cpt1	cpt1-F	GCCACTGTAAGGAGAACC	JF728839
	cpt1-R	GGATGCCTCATAAGTCAAG	
atgl	atgl-F	TCGTGCAAGCGTGTATATG	HQ845211
	atgl-R	GCTCGTACTGAGGCAAATTA	
ppara	ppara-F	AGCAGAGAAGGACGTCAG	FJ595500
	ppara-R	TTCTTCTCGGCATGCTG	
sreb1	sreb1-F	CTTCTCTTGTTCGCCTGCT	KJ162572.1
	sreb1-R	CCTTTTGCCATACCTCTGCC	
pgc $\alpha$	pgc1 $\alpha$ -F	CAGGAAACTACTAAGGGACCAG	HM015283
	pgc1 $\alpha$ -R	TGAGATGAGGAACGGGAGC	
insrb	insrb-F	GTCCACCACCAACCCTGAA	KR866114
	insrb-R	TCCCGCCCTTGCATAAT	
foxo1	foxo1-F	GCTTGAACGGTGTGCGGTCTC	KP325483.1
	foxo1-R	GCCGCTCGTCTCTGCTC	
socs3	socs3-F	GCTGCCGTCTCACCGTTAC	MN176655
	socs3-R	ATGCTCTTGGAGTCCGTTTGT	
ampk $\alpha$	ampk $\alpha$ -F	GTCCAAGCATCTCGGTGTTT	MK294331.1
	ampk $\alpha$ -R	GGGTTCTTCTCCGCACT	
leptin a	leptin a-F	TGAGCATTCTTGGTATGATTGA	FJ373293
	leptin a-R	ATTCTGTGGATGATGGTGTCTG	
ef1 $\alpha$	ef1 $\alpha$ -F	GCTGACTGTGCCGTGCTGAT	GQ266394
	ef1 $\alpha$ -R	GCTGACTTCTTGGTATTCC	

supplemented with 10% fetal bovine serum (Sigma-Aldrich, Saint Louis, MO) at 28°C in 5% CO<sub>2</sub>. After 24 h, the cells were treated with different concentrations of glucose (5, 15, and 30 mM) and a DNA methyltransferase inhibitor (0 and 10  $\mu$ M), 5-Aza-2'-deoxycytidine (Product Number A3656, Sigma-Aldrich), for 48 h. For each treatment, three biological replicates were set. The glucose concentration of the cell culture medium was detected at 0 and 48 h after treatment by a glucose assay kit (glucose oxidase method; ROBIO, Shanghai). The glucose concentration difference between 0 and 48 h was considered as the glucose consumption level of L8824 cells.

## Statistical Analysis

Data on growth performance, food intake, serum components, target DMG expression levels, and *in vitro* analysis of the effects of 5-Aza-2'-deoxycytidine on glucose consumption were

analyzed with SPSS 19.0 software (SPSS, USA). The differences were assessed using independent-samples *t*-test. Statistical significance was considered at  $p < 0.05$ . All data were presented as mean  $\pm$  S.E.M (standard error of the mean). GraphPad Prism 8 software was employed to generate the figures. The whole-genome bisulfite sequencing library, identification of DMRs, GO annotation, and KEGG pathway enrichment of DMGs were operated by BGI Genomics Co., Ltd. (Shenzhen, China). The figures of DMG enriched pathways involved in metabolism were generated with ScienceSlides and Powerpoint 2010.

## RESULTS

### Growth Performance and Serum Components

After a 6-week feeding trial, the weight gain, specific growth ratio (SGR), and food intake were significantly decreased in grass carp fed with high-carbohydrate diets ( $p < 0.05$ ) compared with the control group. The body crude lipid contents, serum glucose, and insulin concentrations of grass carp fed with high-carbohydrate diets were significantly increased compared with the control group ( $p < 0.05$ ; **Figure 1**).

### Bisulfite Sequencing and DNA Methylation Profile

In the present study, hepatic DNA methylation of grass carp fed with control and high-carbohydrate (HC) diets were sequenced using WGBS technology. An average of 36.470 Gb clean bases was generated. The sequencing data for each sample is presented in **Table S1**. The mapping reads and the bisulfite conversion rate of each sample are shown in **Table S2**. High-quality DNA methylation pictures of the two groups were achieved, and the unique mapping rates ranged from 76.42 to 83.37%. The bisulfite conversion rate of genomic DNA ranged from 99.35 to 99.61%. Strict quality control (QC) was performed for each sample on several QC terms, as illustrated in **Table S3**. The sequencing data of all the samples were qualified (**Table S3**). The clean data have been submitted to the SRA database (SRA accession: PRJNA558443).

### Genome-Wide Methylation Patterns in Grass Carp Liver

Methylation in grass carp existed in different sequence contexts, including CG, CHG, and CHH (H is A, C, or T). There were about 9.45 and 9.38% of all genomic cytosines methylated in the control and the HC groups, respectively. Meanwhile, the average level of methylated cytosines in each context was also calculated. In the control group, 81.02% of CG, 0.66% of CHG, and 0.69% of CHH were methylated. Correspondingly, 80.78, 0.77, and 0.80% of cytosines were methylated in CG, CHG, and CHH contexts in the HC group (**Figure S1A**). The proportion of different types of methyl-cytosine varies between species and even between different tissues of the same species, and there are specific methylation profiles under physiological changes. The proportion of methylated cytosines, including mCG, mCHG, and mCHH, is presented in **Figure S1B**. Whole genomic DNA

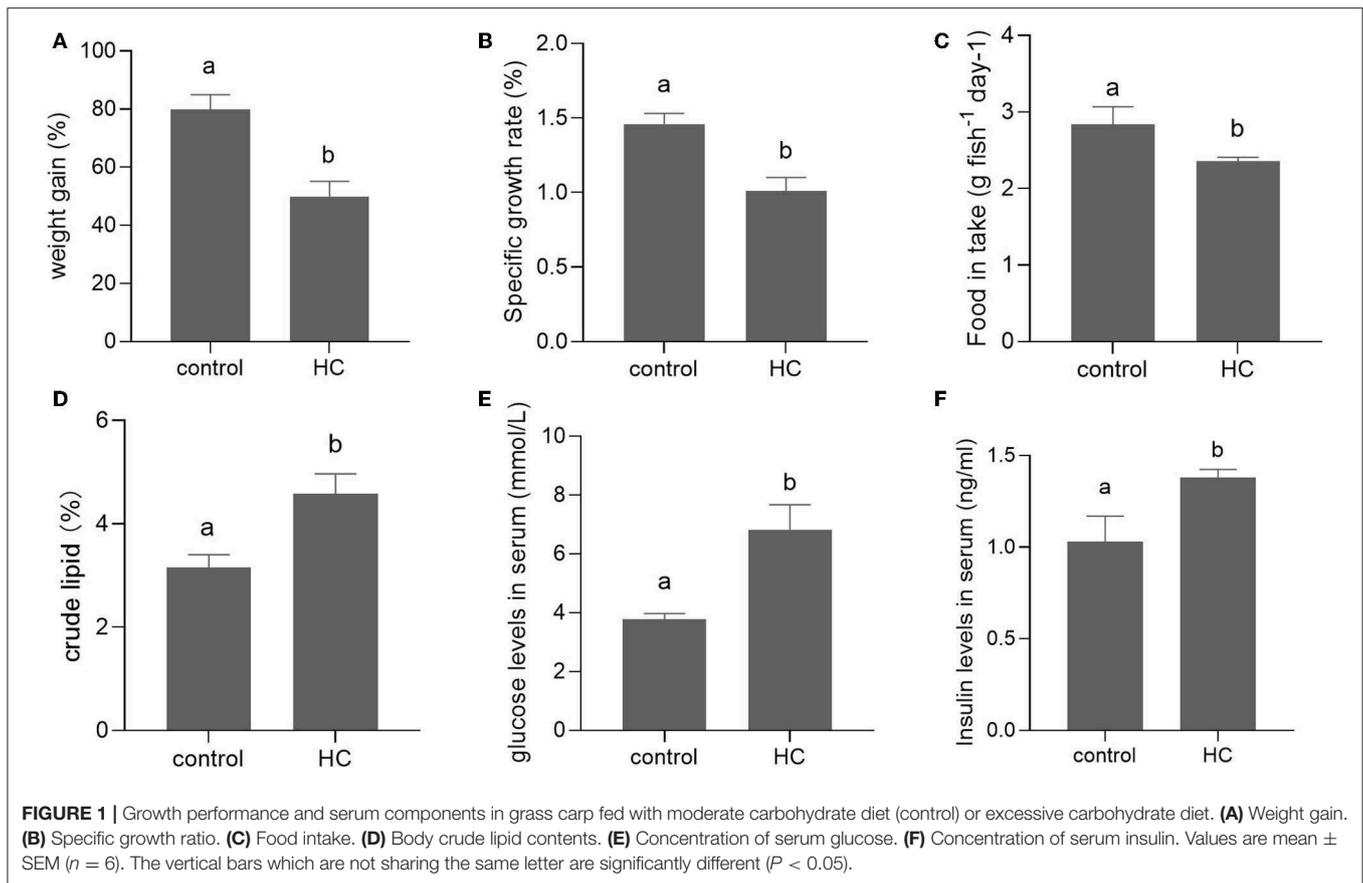
was defined by seven different regions, including upstream, first exon, first intron, internal exon, internal intron, last exon, and downstream. About 80% of CG was methylated in all regions, with a slight drop near the transcription start sites (TSS). The CHG and CHH methylation patterns were with higher methylation levels at the 5' and the 3' flanking regions compared with the other regions (**Figure S1C**). In general, there were no significant differences in the CG, CHG, or CHH methylation patterns between the two groups.

### Identification of Hepatic Differentially Methylated Genes in Grass Carp Fed With Diets With Different Compositions of Carbohydrate

By a genome-wide comparison of the DNA methylation sequences in grass carp, the accepted different levels of carbohydrate (102,837 DMRs in CG context, 221 DMRs in CHG context, and 7,434 DMRs in CHH context) were identified. The distribution of differentially methylated genes is shown in **Figure S2**. A total of 6,403, 13, and 460 DMGs in CG, CHG, and CHH contexts in the promoter region were obtained. Meanwhile, 15,007, 66, and 2,403 DMGs in CG, CHG, and CHH contexts in the gene body region were observed (**Figure S2A**). Compared to the control group, 3,972 genes were hyper-methylated, while 2,904 genes were hypo-methylated in the promoter region in the HC group. Meanwhile, 10,711 genes were hyper-methylated and 6,764 genes were hypo-methylated in the gene body region in grass carp fed with high-carbohydrate diet (**Figure S2B**).

### GO Annotation and KEGG Pathway Enrichment Analyses of DMGs

The GO enrichment analysis of DMGs in CG context revealed that DMGs were significantly enriched in cellular process, biological regulation, single-organism process, metabolic process, cell part, and molecular binding (**Figure S3**). KEGG enrichment of DMGs was also conducted both in the promoter region and in the gene body region for CG context. In the promoter region, 302 pathways were significantly enriched (**Figure S4A**). The top 20 pathways in ascending order of corrected *Q*-value are displayed in **Figure 2A**. The results suggested that TGF-beta signaling pathway was the most enriched pathway. In addition, DMGs were significantly enriched in metabolism-related pathways, including fatty acid metabolism (ko00061), PPAR signal pathway (ko03320), protein digestion and absorption (ko04974), fatty acid biosynthesis (ko01212), and adipocytokine signaling pathway (ko04920). In the gene body region, 305 pathways were significantly enriched (**Figure S4B**). However, no metabolism-related pathway was enriched in the top 20 KEGG pathways (**Figure 2B**). Furthermore, as a continuation of a previous study (17, 18), the present study focused on the DNA methylation changes of pathways involved in the regulation of metabolism, including carbohydrate metabolism (**Figure 3**), lipid metabolism (**Figure 4**), insulin signaling pathway (**Figure 5**), adipocytokine signaling pathway (**Figure 6**), and AMPK pathway (**Figure 7**).



## Expression Levels of Target DMGs by Real-Time PCR

To validate the correlation between DNA methylation and gene mRNA expression levels, qRT-PCR was conducted with 16 DMGs. As displayed in **Figure 8A**, compared with the control group, the mRNA expression levels of glycogen synthase (*gs*) and *pk* genes were significantly decreased ( $p < 0.05$ ). However, the mRNA expression levels of phosphoenolpyruvate carboxykinase (*pepck*) and glucose-6-phosphatase a.1 (*g6pca.1*) were significantly increased ( $p < 0.05$ ) in the HC group. The hepatic transcript levels of lipid metabolism-related genes are presented in **Figure 8B**. In the HC group, the hepatic transcript levels of acetyl-coA carboxylase 1 (*acc1*), *cpt1*, and adipose triglyceride lipase (*atgl*) were obviously increased when compared with the control group. However, the expression levels of fatty acid synthase (*fasn*) showed an inverse variation ( $p < 0.05$ ). The hepatic transcript levels of the transcription factors are displayed in **Figure 8C**. High-carbohydrate diets significantly stimulated the mRNA expression levels of *ppar $\alpha$*  and *pgc1 $\alpha$*  genes ( $p < 0.05$ ) but did not affect the gene expression of sterol-regulatory element binding protein 1 (*srebp1*). Furthermore, the high-carbohydrate diet impacted the mRNA expression levels of signal factors in insulin signaling and adipocytokine signaling pathways (**Figure 8D**). The mRNA expression levels of insulin receptor b (*insrb*), forkhead box O 1 (*foxo1*), and *leptin a*

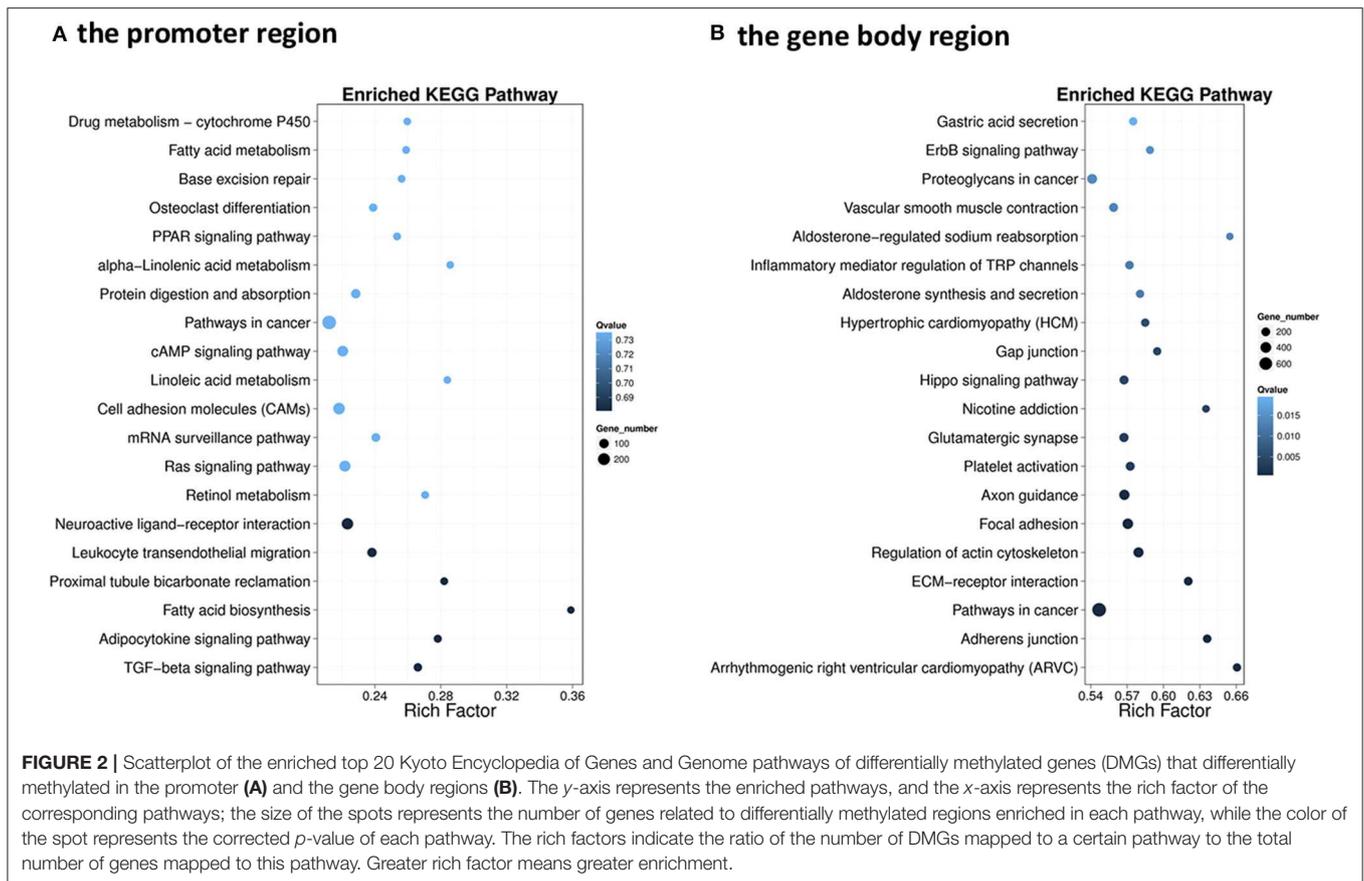
were significantly increased ( $p < 0.05$ ). The correlation between changes of the gene expression levels and the methylation levels is presented in **Figure 8E**.

## Effects of 5-Aza-2'-deoxycytidine on Glucose Consumption

The effects of 5-Aza-2'-deoxycytidine on glucose consumption were determined by detecting the glucose concentration of the cell culture medium. The addition of 5-Aza-2'-deoxycytidine into the L8824 cell line significantly reduced the glucose consumption when the initial glucose concentration of the cell culture medium was 15 mM ( $p < 0.05$ ). However, the glucose concentration was not affected by the DNA methylase inhibitor when the initial glucose concentration was 5 and 30 mM (**Figure 9**).

## DISCUSSION

To date, most studies on epigenetics have been undertaken in mammalian species. DNA methylation is the best-known epigenetic modification. It has been proven to be sensitive to external contributors, including food nutrition in mammals (22). Different food components and dietary nutrients are associated with DNA methylation that might contribute to obesity and other metabolic disorders in mammals (23). Palmitic acid increased the global DNA methylation levels of human pancreatic islets,



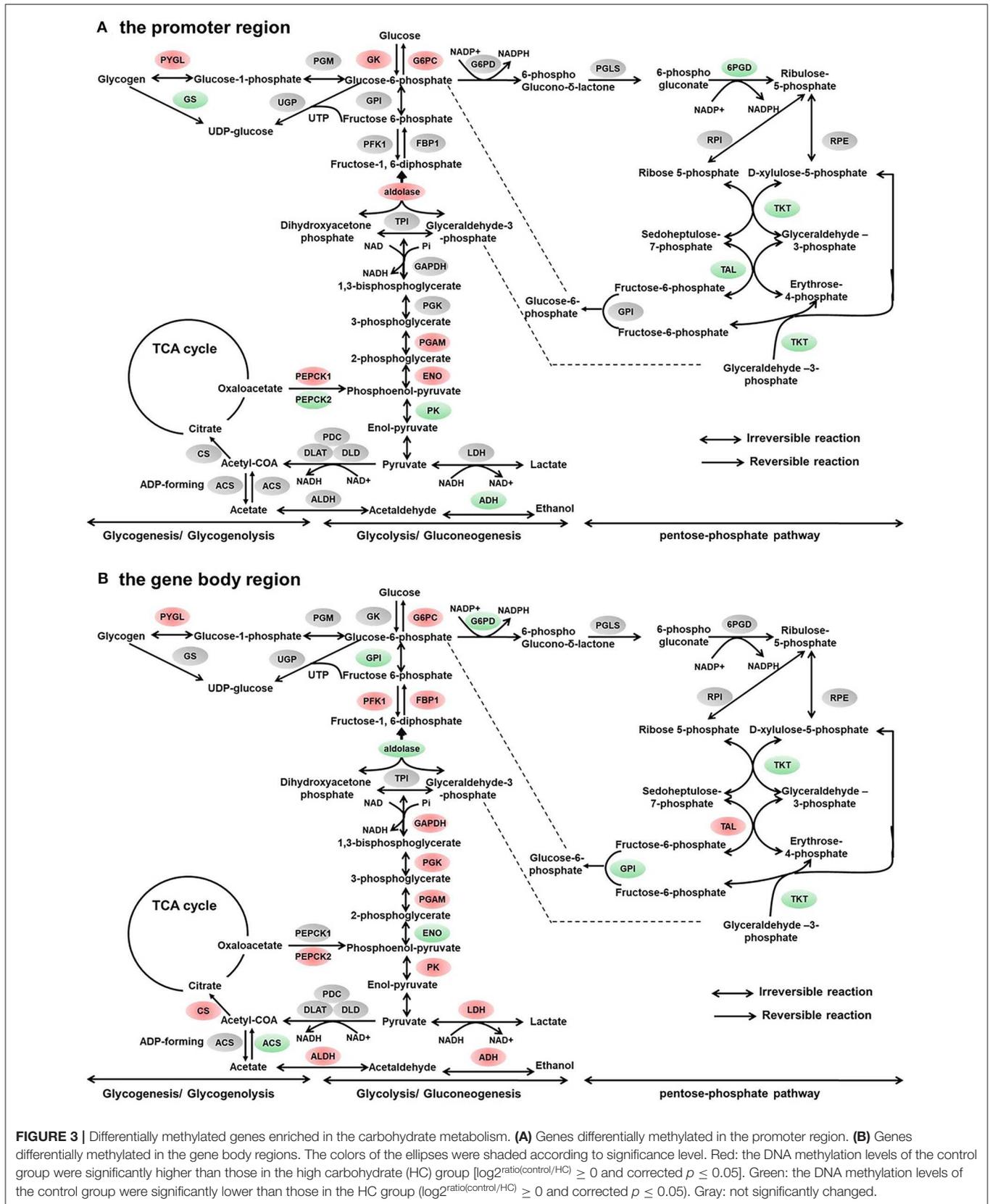
reducing the secretion of insulin and raising the risk of T2D as a result (24). Addition of saturated fatty acids and elaidic acid to a diet induced the hypomethylation of tumor necrosis factor and the hypermethylation of *ppary*, regulating the gene mRNA expression levels and inducing inflammation in adipose tissue (25). In teleosts, although studies examining the role of epigenetics in regulating the phenotypic responses to dietary nutrition have been performed in rainbow trout and European sea bass (26, 27), the knowledge of epigenetics in fish is still in its infancy.

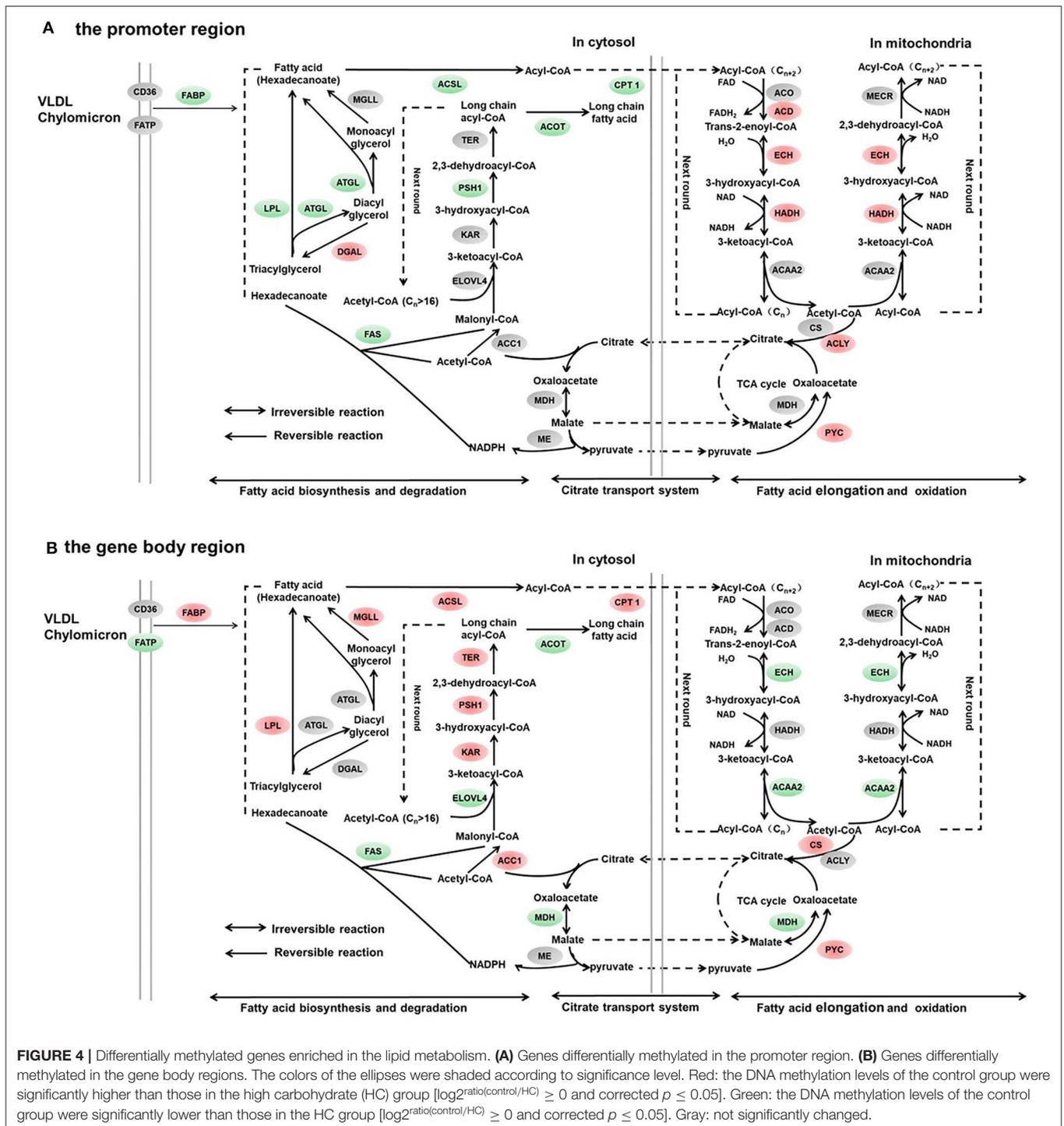
Grass carp is considered as a promising research model for improving the capacity of carbohydrate utilization in fish species. In the present study, by the inhibition of DNA methyltransferase in a grass carp liver cell line L8824, we confirmed that DNA methylation could mediate the glucose consumption of liver cells. To address the knowledge gap of nutrition-related epigenetics in fish, especially glucose metabolism and obesity-related epigenetics, hepatic genome-wide methylation analysis was performed in grass carp fed with suitable and excessive carbohydrates. According to our previous studies, a high-carbohydrate diet (more than 40%) intake increased the insulin concentrations and induced high serum glucose, cholesterol, and total lipid contents (17, 18). Thus, we hypothesized that a high-carbohydrate diet (more than 40%) which induced hyperglycemia and fat deposition could

be compared to metabolic syndrome in humans. Integrative comparative genome-wide methylation would not only provide a comprehensive view on the epigenetic mechanisms in fish but also expand the knowledge about human T2D and related metabolic diseases.

In grass carp, the genome-wide methylation patterns were similar between two groups. Approximately 9% of all total cytosines and 80% of CG were methylated. In zebrafish, about 12% of total cytosines were methylated; 86–87% of cytosines were methylated in CG context (28). The methylation patterns of hybrid tilapias (*O. niloticus* × *Oreochromis mossambicus*) were different from those of grass carp. In skeletal muscles of hybrid tilapias, ~69.60% of cytosines in CG context were methylated. The CG methylation levels decreased gradually to 25% nearby TSS before sharply increasing to 75% in the gene body region (29). In grass carp, whole genomic DNA was defined as seven different regions, and about 80% of CG was methylated in all regions, with a slight drop near to TSS. The high level of DNA methylation in CG content was a specific characteristic of animals. DNA methylation in CHH and CHG patterns is a major characteristic of plant methylomes and largely absent in animal methylomes (30).

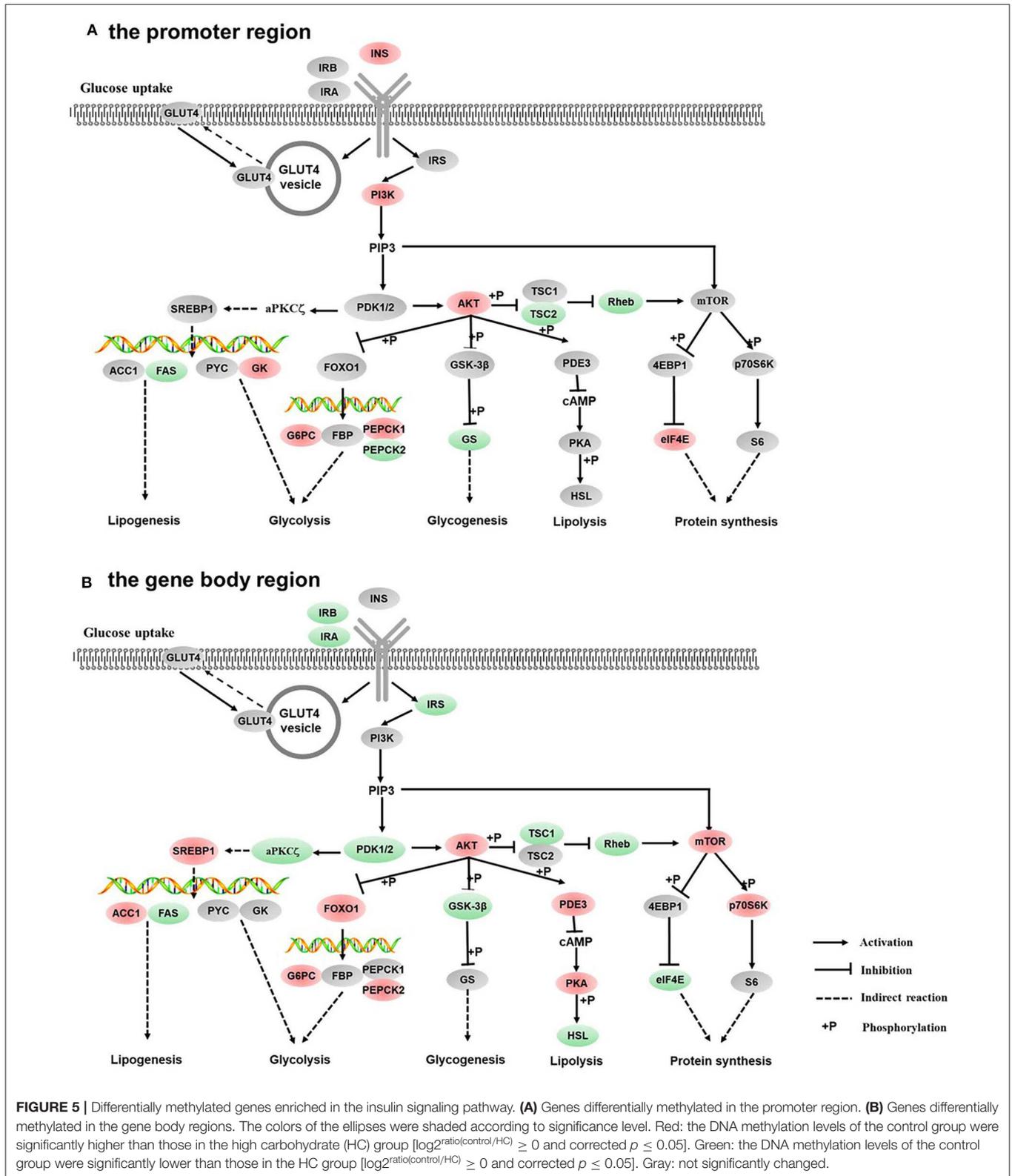
In juvenile rainbow trout, hypoxia exposure in the embryonic period and a high-carbohydrate diet intake at first feeding caused a long-term programming effect on the transcript of





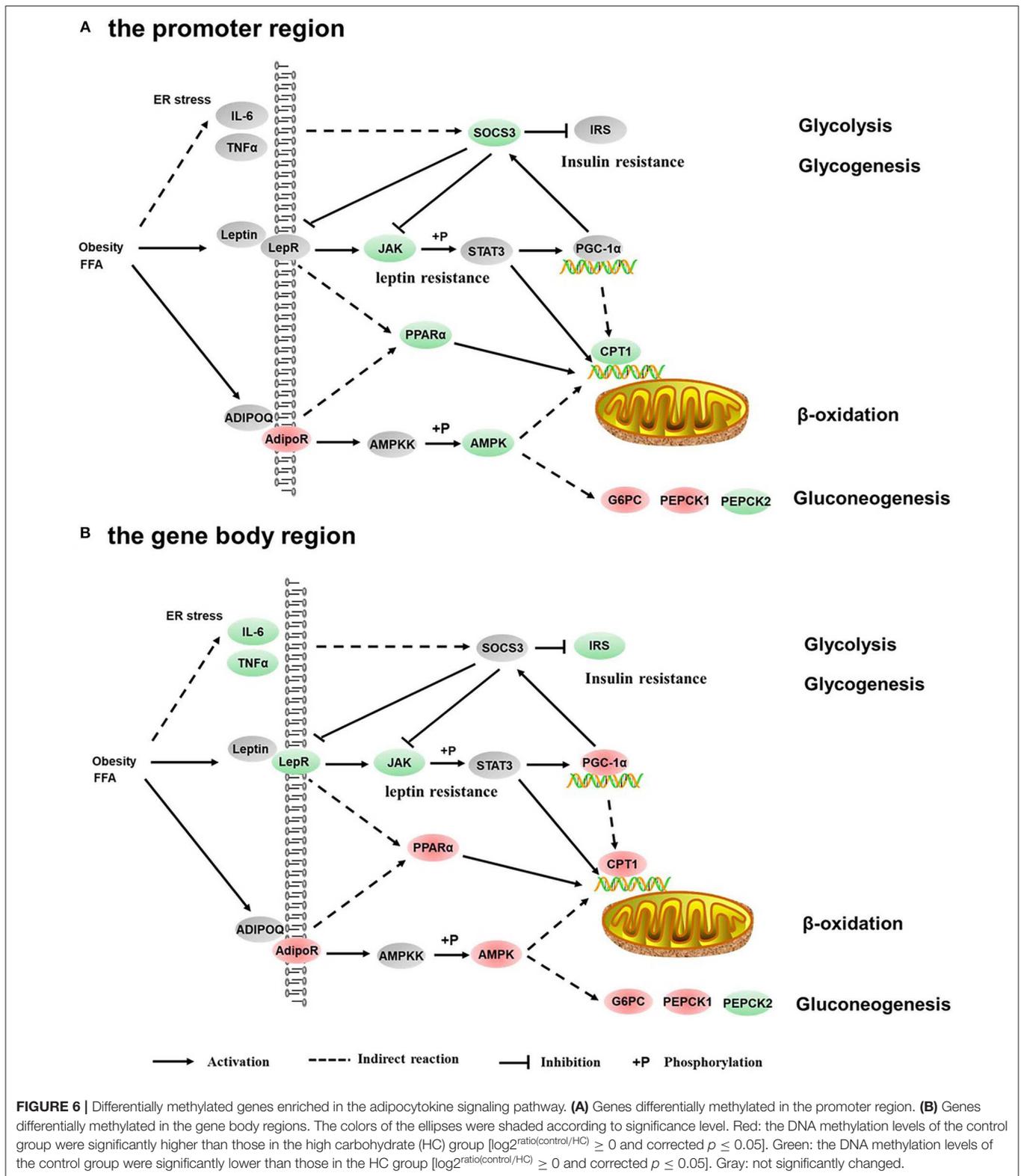
genes related to glucose metabolism, but it did not induce a significant difference in global DNA methylation in either liver or muscle tissue (31). Similar to rainbow trout, although the mRNA expression levels of glucose metabolism-related genes were significantly changed by dietary carbohydrate contents, there was no significant difference in the global genomic DNA methylation levels in grass carp liver between the two groups.

Despite that, the numbers of differentially methylated genes were identified. The number of hyper-methylated DMGs was almost 1.33–1.58 times the number of hypo-methylated DMGs in grass carp fed with a high-carbohydrate diet. To understand the effect of carbohydrate-induced DNA methylation variations on the metabolic characteristics and the phenotypes in grass carp, the DNA methylation profiles of critical metabolism-related



pathways, including carbohydrate metabolism, insulin pathway, lipid metabolism, adipocytokine signaling pathway and AMPK signaling pathway, were analyzed.

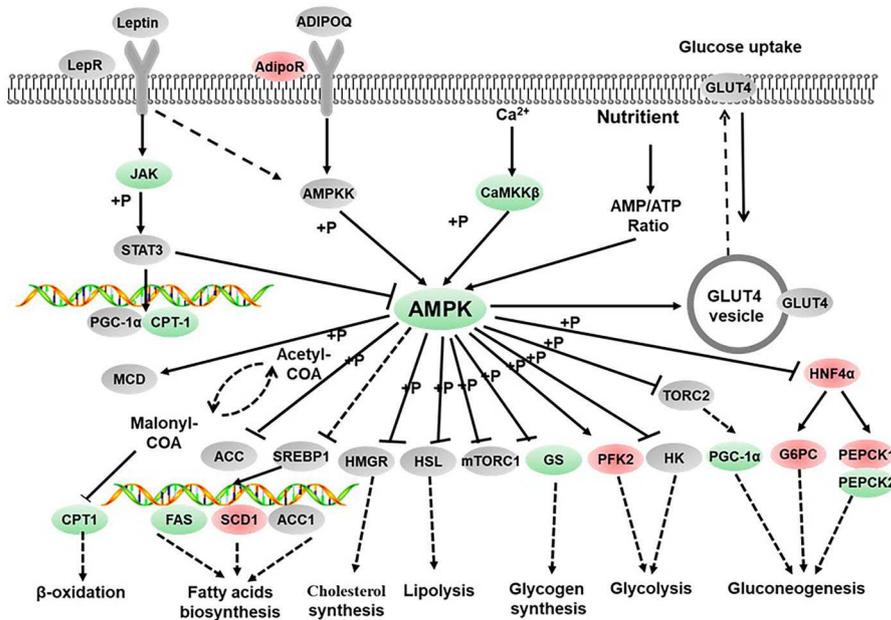
Insulin is regarded as the primary regulator of glucose concentration in blood. It stimulates the uptake of glucose in muscle and fat tissues and suppresses glucose production in the



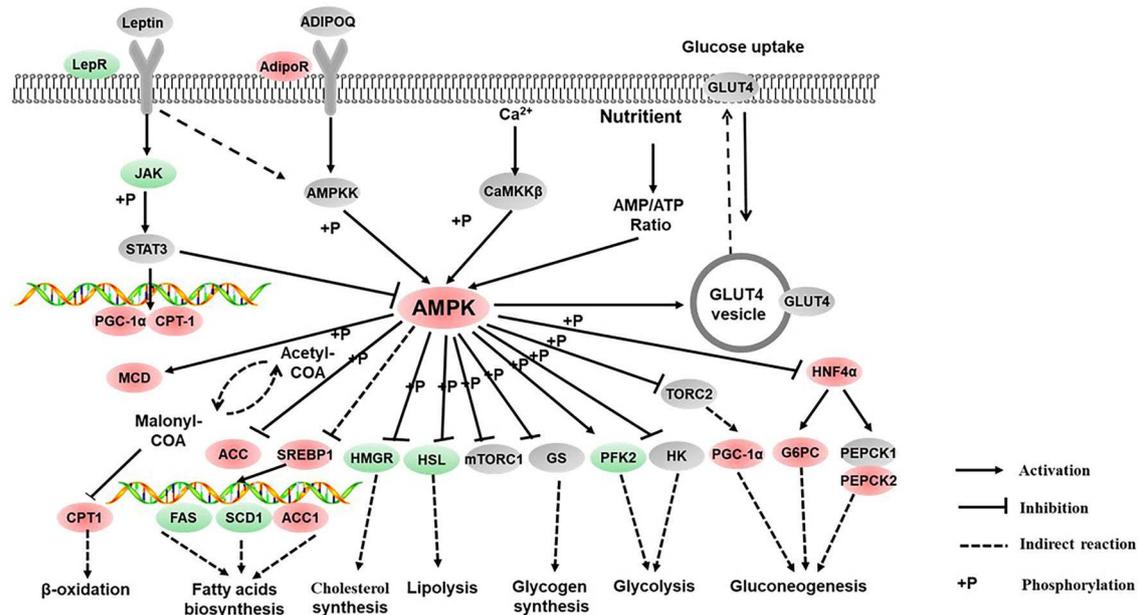
liver. The initial molecular signal of insulin action contains the activation of insulin receptor tyrosine kinase and then brings about phosphorylation of insulin receptor substrates on tyrosine

residues (32). In grass carp, dietary carbohydrate significantly changed the DNA methylation of genes involved in insulin signaling pathway, including insulin, insulin receptors, insulin

### A the promoter region



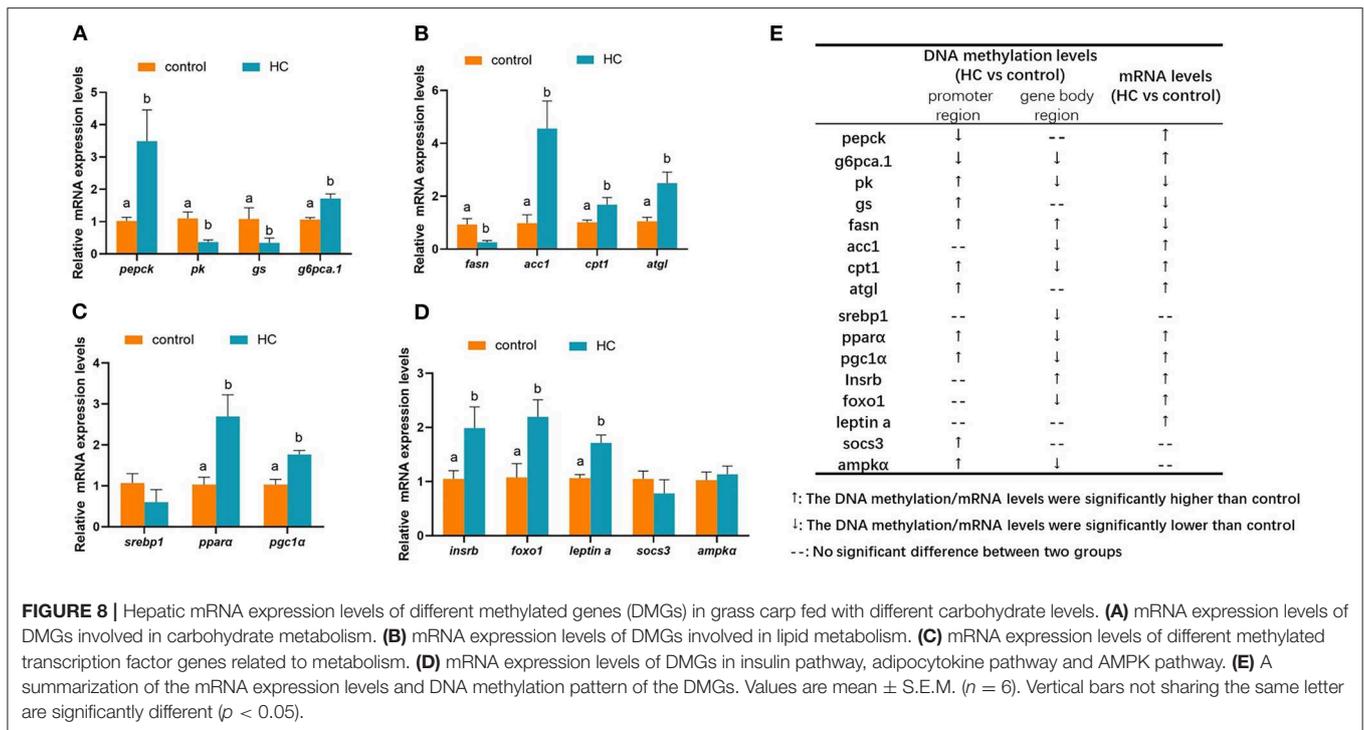
### B the gene body region



**FIGURE 7 |** Differentially methylated genes enriched in the AMPK signaling pathway. **(A)** Genes differentially methylated in the promoter region. **(B)** Genes differentially methylated in the gene body regions. The colors of the ellipses were shaded according to significance level. Red: the DNA methylation levels of the control group were significantly higher than those in the high carbohydrate (HC) group [ $\log_2^{\text{ratio}(\text{control}/\text{HC})} \geq 0$  and corrected  $p \leq 0.05$ ]. Green: the DNA methylation levels of the control group were significantly lower than those in the HC group [ $\log_2^{\text{ratio}(\text{control}/\text{HC})} \leq 0$  and corrected  $p \leq 0.05$ ]. Gray: not significantly changed.

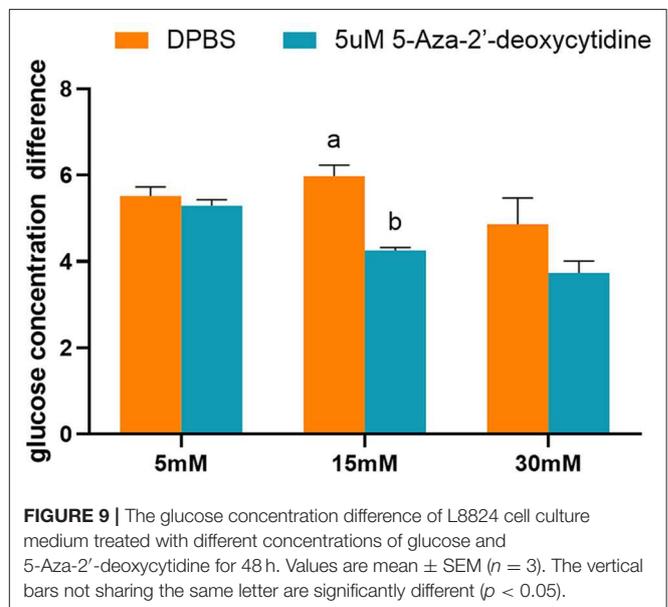
receptor substrate-1 (*irs1*), phosphoinositide 3 kinase (*pi3k*), and their downstream factors. Furthermore, a high-carbohydrate diet remarkably increased the serum insulin concentrations and the hepatic transcript levels of *insrb* gene in grass carp. However,

the increased secretion of insulin did not suppress blood glucose and lipid deposition, suggesting that the high-carbohydrate diet might cause symptoms of “insulin resistance” in grass carp. In carnivorous fish, glucose intolerance was usually considered



as a consequence of poor peripheral insulin action or possibly “insulin resistance” (33). In mammals, interleukin-6 (IL6) and tumor necrosis factor have been proven to induce hepatic insulin resistance through the suppression of the cytokine signaling (SOCS3) pathway (34, 35). The subsequent studies indicated that nutrition content in a diet could result in the DNA methylation changes of these genes (36, 37). In grass carp, KEGG enrichment analysis suggested that TGF-beta signaling pathway was the most significantly correlated pathway. In addition, DNA methylation of *il6*, *tnf*, and *socs3* genes were impacted by a high-carbohydrate diet intake; however, the gene expression levels of *socs3* were not affected. However, more evidence should be provided to confirm the speculation that a high-carbohydrate diet could generate “insulin resistance” by epigenetic changes in fish.

In addition, the hepatic transcript levels of key glucose metabolism genes were impacted by dietary carbohydrate levels via DNA methylation regulation. In the present study, the DNA methylation profiles of key glucose enzymes, including *gs*, *gck*, *g6pc a.1*, *pepck*, *pk*, *phosphofruktokinase (pfk)*, and fructose-1,6-bisphosphatase 1 (*fbp1*), were regulated by dietary carbohydrate levels. Compared with the control group, the mRNA expression levels of *gs* and *pk* genes were significantly decreased. Meanwhile, the mRNA expression levels of gluconeogenesis genes (*pepck* and *g6pca.1*) were significantly increased in the HC group. As a result, the serum glucose concentrations were significantly increased. These viewpoints have also been proposed in mammalian models. Increasing folic acid levels in maternal or post-weaning diets caused differential variations in promoter DNA methylation levels and mRNA expression levels of *pepck* in rats (38). In high-fat-diet-induced obese rats, hypermethylation was correlated with a decline in the hepatic transcript levels



of *gck* and *pk* genes (8). In the liver of piglets born from sows fed with betaine-supplemented diet, DNA methylation in *g6pc* promoter was decreased in accordance with the higher mRNA expression levels of *g6pc* (39). In contrast, *pepck1* was significantly hypermethylated in the promoter region, corresponding to the diminished mRNA expression levels (39).

It is noteworthy that KEGG enrichment analysis showed that, in the promoter region, DMGs were significantly enriched in fatty acid metabolism, PPAR signal pathway, fatty acid biosynthesis, and adipocytokine signaling pathway. The results

**TABLE 3** | Comparison of DNA methylation alterations of metabolism-related genes with mammal models of obesity and type 2 diabetes.

Target gene	Description	Region		Sample type	Major finding	References
		5' flanking	Gene body			
FABP	Liver type fatty acid binding protein	✓	✓	Human adipose	Polyunsaturated and saturated fat overfeeding induce distinct epigenetic changes, including fatty acid binding protein	(58)
LPL	Lipoprotein lipase	✓	/	Rat adipose	Maternal prenatal folic acid supplementation programs offspring lipid metabolism by aberrant DNA methylation in LPL gene	(59)
ATGL	Adipose triglyceride lipase	✓	/	Rat liver	Maternal prenatal folic acid supplementation programs offspring lipid metabolism by aberrant DNA methylation in ATGL gene	(59)
FASN	Fatty acid synthase	✓	✓	Rat liver	High-fat diet induced lipid-synthesizing genes via gene body methylation of FAS and ACC1	(42)
ACC1	Acetyl-CoA carboxylase 1	/	✓	Rat liver	High-fat diet induced lipid-synthesizing genes via gene body methylation of FAS and ACC1	(42)
CPT1	Carnitine palmitoyltransferase 1Ab	✓	✓	Rat liver	High fructose consumption induced DNA methylation in PPAR $\alpha$ and CPT1A promoter	(9)
FATB	Solute carrier family 27, member 1/4	/	✓	–	–	–
HSL	Hormone sensitive lipase	/	✓	Adipose tissue of metabolic syndrome patients	DNA methylation of LPL was associated with triglyceride concentrations in the metabolic syndrome	(60)
CS	Citrate synthase	✓	✓	–	–	–
GS	Glycogen synthase	✓	/	–	–	–
GK	Glucokinase	✓	/	Rat liver	Obese rats fed with high-fat diet revealed hypermethylation in promoter regions of hepatic gk and pk	(8)
PK	Pyruvate kinase	✓	✓	Rat liver	Obese rats fed with high-fat diet revealed hypermethylation in promoter regions of hepatic gk and pk	(8)
G6PC	Glucose 6-phosphatase alpha	✓	/	Piglet liver	Betaine supplementation in maternal diet reduced the DNA methylation in G6PC and improved the G6PC mRNA expression	(39)
PEPCK1	Phosphoenolpyruvate carboxykinase 1	✓	/	Piglet liver	Betaine supplementation in maternal diet improved the DNA methylation of PEPCK1 promoter and diminished the PEPCK1 mRNA expression	(39)
PEPCK2	Phosphoenolpyruvate carboxykinase 2	✓	✓	–	–	–
PFK1	6-Phosphofructokinase 1	/	✓	–	–	–
PFK2	6-Phosphofructokinase 2	✓	✓	–	–	–
FBP1	Fructose-1,6-bisphosphatase 1	/	✓	Human hepatocellular carcinoma and colon cancer	Hypermethylation of FBP1 promoter down-regulated FBP1 expression	(61)
INS	Insulin	✓	/	Mouse embryonic stem cell	Ins2 was fully methylated and became demethylated as the cells differentiate into insulin-expressing cells <i>in vitro</i>	(62)
IRA	Insulin receptor A	/	✓	Hypothalamus of rat	Insulin receptor promoter is vulnerable to hypermethylation due to overnutrition, probably especially glucose dependent in a dose–response manner	(63)
IRB	Insulin receptor B	/	✓	–	–	–
IRS	Insulin receptor substrate	/	✓	Human blood	There was no association between IRS-1 promoter methylation and type 2 diabetes between genders	(64)

(Continued)

TABLE 3 | Continued

Target gene	Description	Region		Sample type	Major finding	References
		5' flanking	Gene body			
SREBP1	Sterol regulatory element binding transcription factor 1	/	✓	Human adipose	The promoter of SREBF1 was hypomethylated under vitamin B12-deficient conditions	(40)
IL-6	Interleukin 6	/	✓	Peripheral blood mononuclear cells	The methylation status of a single CpG site in the IL6 promoter is related to IL6 mRNA expression and rheumatoid arthritis	(65)
TNF $\alpha$	Tumor necrosis factor $\alpha$	/	✓	Human adipose	TNF $\alpha$ promoter methylation levels could be used as epigenetic biomarkers concerning response to low-calorie diet	(43)
LepR	Leptin receptor	/	✓	–	–	–
AdipoR	Adiponectin receptor	✓	/	–	–	–
SOCS3	Suppressor of cytokine signaling 3	✓	/	Peripheral blood mononuclear cells	DNA methylation of SOCS3 was inversely related with metabolic syndrome	(37)
PPAR $\alpha$	Peroxisome proliferator-activated receptors $\alpha$ a	✓	✓	Rat liver	High fructose consumption induces DNA methylation at PPAR $\alpha$ and CPT1A promoter	(9)
AMPK	5'-AMP-activated protein kinase	✓	✓	Human blood and mouse muscle	DNA methylation of AMPK gene increased after moderate-endurance exercise in humans and mice	(66)
PGC-1 $\alpha$	Peroxisome proliferator-activated receptor gamma coactivator 1 $\alpha$	✓	✓	Human THP-1 monocytes and rat adipose	Supplementation with saturated fatty acids and elaidic acid induced the hypermethylation of PPARG1	(25)

demonstrated that a high-carbohydrate diet could modify the epigenetic processes and contribute to an increase in lipid deposition in grass carp liver. The assumption was also supported by studies carried out in mammals. Dietary methionine regulated the lipogenic transcription factors. The promoter of *srebp1* was hypomethylated under vitamin B12-deficient conditions (40). Research in rodents indicated that betaine reduced the hepatic TG concentration by increasing the transcript levels of *ppara* and the hypomethylation of gene promoter (41). In grass carp, a high-carbohydrate diet caused the variation of DNA methylation profiles in lipogenic transcription factors such as *srebp1*, *ppara*, and *pcg1a* and significantly increased these gene expression levels. As a result, the mRNA expression levels of *acc1* were dramatically up-regulated and the hepatic transcripts of *fasn*, *cpt1*, and *atgl* genes were significantly reduced. In male Sprague–Dawley rats, metabolic syndrome pathogenesis caused by fructose was connected with DNA methylation status. Fructose feeding generated the hypermethylation of *ppara* and *cpt1a* genes in the promoter regions and decreased the mRNA expression levels in these genes (9). A high-fat diet caused hepatic lipid accumulation by programming lipid-synthesizing genes through DNA methylation in the gene body of *fasn* and *acc1* in rats (42). Supplementation of methyl donor in diets modified the DNA methylation profiles of *fasn* and reduced the fatty liver in rats fed with an obesogenic diet (43).

In mammals, adipokines—secreted primarily by adipocytes—modulate lipid and glucose metabolism and insulin sensitivity (44). In the present study, the DNA methylation patterns of adipocytokine signaling pathway in grass carp were also

analyzed. Leptin acts as one of the most crucial adipocytokines in metabolism. It regulates hepatic lipogenesis by inhibiting the transcript levels of key enzymes in the fatty acid synthesis pathway (45). Leptin also plays a major role in the regulation of metabolism in fish (46). In our previous study, the hepatic mRNA expression levels of *leptin a* were significantly improved by a high-fat diet and a high-carbohydrate diet in grass carp (15, 18). In mammals, DNA methylation of leptin was associated with maternal nutritional state and diet contents. In obese rats, DNA methylation of leptin promoter was related to decreased leptin levels in the circulation (47). The epigenetic alteration of leptin might be one of the mechanisms through which maternal phenotypes can program offspring health (48). Adiponectin, identified as one of the important adipokines, is able to reduce the triglyceride levels and strengthen the insulin signaling pathway in mammals (49, 50). Two different subtype receptors of adiponectin have been reported, named as AdipoR1 and AdipoR2. AdipoR2 is exclusively expressed in liver tissue (51). Binding to its receptors, adiponectin could activate the signaling pathway conduction and play a biological effect (52). Hypermethylation in adiponectin promoter suppressed its mRNA expression levels and exacerbated the metabolic diseases in obesity (53). In the present study, although the hepatic transcript levels of *leptin* were remarkably increased by a high-carbohydrate diet, there was no significant difference in DNA methylation in the promoter or the gene body regions of *leptin* or *adiponectin* between the two groups in grass carp. On the contrary, the DNA methylation levels of *leptin receptor* and *adiponectin receptor* were altered by a high-carbohydrate diet.

The results indicated differences in the epigenetic regulation mechanism between mammals and fish. However, more studies in fish species should be conducted to identify the epigenetic regulation mechanisms and the differences among species.

Up to now, most knowledge of epigenetic regulation in animals has come from investigations in mammals, and researchers should be cautious when generalizing results from mammals to fish. Comparative methylome analysis across taxa exposed wide discrepancies in methylation profiles and indicated that DNA methylation might perform different functions among species (30, 54, 55). Comparative DNA methylation profiles of mouse and zebrafish likewise uncovered a high divergence between species. The global DNA methylation levels in zebrafish were significantly higher than those in rats (56). A comparative genomics analysis of carbohydrate metabolic genes between fish and human revealed that most metabolic genes were conserved in vertebrates (57). Whether the DNA methylation regulation of a single gene in different species is conserved remains an important question. Therefore, we compared the DNA methylation alterations related to glucose metabolism and obesity pathways in grass carp with the mammalian models of obesity and T2D or in a different nutritional state (Table 3). The results showed that most of the DMGs in grass carp were also regulated by DNA methylation in mammals when the nutrient states changed. The findings would lead us to reveal novel differentially methylated regions and candidate genes for glucose metabolism by breaking species boundaries.

## CONCLUSIONS

In conclusion, to address the knowledge gap of nutrition-related, especially glucose metabolism- and obesity-related, epigenetics in fish, our study provided an in-depth analysis of genome-wide methylation in grass carp liver. It is the first research that systematically performs a comparative analysis on the genome-wide methylation profiles in fish with different nutritional states. Although the mRNA expression levels of genes involved in glucose metabolism were significantly changed in grass carp fed with diets of different carbohydrate contents, there was no significant difference in the global genomic DNA methylation levels. Despite that, differentially methylated genes related to the regulation of metabolism pathways were found between the two groups. Furthermore, a comparison of DNA methylation alterations with mammals demonstrated that most of the DMGs in grass carp were also regulated by DNA methylation in mammals when the nutrient states changed. Our study may resolve some complexities of glucose metabolic heterogeneity among vertebrates and provide a reference for the aquaculture industry and the treatment of diabetes.

## DATA AVAILABILITY STATEMENT

Publicly available datasets were analyzed in this study. The data sets used are available in the Sequence ReadArchive database (SRA accession: PRJNA558443).

## ETHICS STATEMENT

The animal study was reviewed and approved by Institutional Animal Care and Use Ethics Committee of Huazhong Agricultural University.

## AUTHOR CONTRIBUTIONS

W-JC conceived the study, participated in the design of the study, carried out the laboratory work, participated in data analysis, and wrote the first draft of the manuscript. X-FL designed the study and contributed to the final version. X-CY and A-XL collected the source animals and assisted with establishing the experimental treatments. SH participated in the design of the study. All authors contributed to the article and approved the submitted version.

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## SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fendo.2020.00398/full#supplementary-material>

**Figure S1** | Feature of hepatic genome-wide methylation in grass carp fed with moderate carbohydrate diet (control) or excessive carbohydrate diet (HC). **(A)** Genome-wide methylated cytosines levels. **(B)** Proportion of methylated cytosines in mCG, mCHG, and mCHH patterns. The red part represents mCG, blue represents mCHG and green represents mCHH. The sum of three parts is 100% which consists of the whole pie chart. **(C)** Canonical DNA methylation profiles of the entire transcriptional units. The canonical gene structure is defined by seven different features, denoted by the x-axis: a: upstream, b: first exon, c: first intron, d: internal exon, e: internal intron, f: last exon, and g: downstream. The length of each feature was normalized and divided into equal numbers of bins. Each dot denotes the mean methylation level per bin and the respective lines denote the five-bin moving average. Each feature was analyzed separately for the numbers listed in the table below the figure. The green vertical line indicates the mean location of the transcription start sites.

**Figure S2** | Distribution and proportion of differentially methylated genes (DMGs) that differently methylated in the promoter and the gene body regions. **(A)** Number of differentially methylated genes of mCG, mCHG, and mCHH. **(B)** Number of hyper-methylated and hypo-methylated genes.

**Figure S3** | Gene Ontology (GO) enrichment analysis of DMGs. **(A)** GO enrichment analysis of DMGs that differentially methylated in the promoter region. **(B)** GO enrichment analysis of DMGs that differentially methylated in the gene body region. Y-axis represents three domains of GO and x-axis represents the gene number in every pathway and processes.

**Figure S4** | KEGG enrichment analysis of DMGs. **(A)** Pathway analysis of DMGs differentially methylated in the promoter region. **(B)** Pathway analysis of DMGs differentially methylated in the gene body region. Y-axis represents pathways and x-axis represents the gene number in every pathway and processes.

**Table S1** | Data Summary and Quality Control (QC).

**Table S2** | Alignment statistics with reference genome.

**Table S3** | QC items for each sample.

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