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Wnt signaling pathway inhibitors, sclerostin and DKK-1, correlate with pain and bone pathology in patients with Gaucher disease

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Patients with Gaucher disease (GD) have progressive bone involvement that clinically presents with debilitating bone pain, structural bone changes, bone marrow infiltration (BMI), Erlenmeyer (EM) flask deformity, and osteoporosis. Pain is referred by the majority of GD patients and continues to persist despite the type of therapy. The pain in GD is described as chronic deep penetrating pain; however, sometimes, patients experience severe acute pain. The source of bone pain is mainly debated as nociceptive pain secondary to bone pathology or neuropathic or inflammatory origins. Osteocytes constitute a significant source of secreted molecules that coordinate bone remodeling. Osteocyte markers, sclerostin (SOST) and Dickkopf-1 (DKK-1), inactivate the canonical Wnt signaling pathway and lead to the inhibition of bone formation. Thus, circulated sclerostin and DKK-1 are potential biomarkers of skeletal abnormalities. This study aimed to assess the circulating levels of sclerostin and DKK-1 in patients with GD and their correlation with clinical bone pathology parameters: pain, bone mineral density (BMD), and EM deformity. Thirty-nine patients with GD were classified into cohorts based on the presence and severity of bone manifestations. The serum levels of sclerostin and DKK-1 were quantified by enzyme-linked immunosorbent assays. The highest level of sclerostin was measured in GD patients with pain, BMI, and EM deformity. The multiparameter analysis demonstrated that 95% of GD patients with pain, BMI, and EM deformity had increased levels of sclerostin. The majority of patients with elevated sclerostin also have osteopenia or osteoporosis. Moreover, circulating sclerostin level increase with age, and GD patients have elevated sclerostin levels when compared with healthy control from the same age group. Pearson's linear correlation analysis showed a positive correlation between serum DKK-1 and sclerostin in healthy controls and GD patients with normal bone mineral density. However, the balance between sclerostin and DKK-1 waned in GD patients with osteopenia or osteoporosis. In conclusion, the osteocyte marker, sclerostin, when elevated, is associated with bone pain, BMI, and EM flask deformity in GD patients. The altered sclerostin/DKK-1 ratio correlates with the reduction of bone mineral density. These data confirm that the Wnt signaling pathway plays a role in GD-associated bone disease. Sclerostin and bone pain could be used as biomarkers to assess patients with a high risk of BMI and EM flask deformities.

KEYWORDS

Gaucher disease, osteoporosis, pain, bone, SOST, DKK-1, Wnt

Introduction

Deficiency of the enzyme glucocerebrosidase (GCase) and accumulation of glucosylceramide (GC) substrate and its product glucosylsphingosine (lyso-Gb1) lead to Gaucher disease (GD) (1). GD primarily affects monocyte lineage cells (macrophages), which play essential roles in the immune system and are involved in osteoclast differentiation and osteoclastosteoblast activities in bone remodeling. Of GD patients, 80% to 95%, including asymptomatic patients, present with different forms of bone involvement, including structural bone changes, debilitating bone pain, and osteoporosis (2-4). Due to abnormal bone remodeling, structural bone pathology includes Erlenmeyer flask deformity, bone modeling abnormality, osteonecrosis, and lytic lesions in GD (2, 5, 6). Bone pain occurs in GD patients even if there have been no fractures or bone disease. Pain remains to be a major complaint in patients with GD and continues to persist despite enzyme replacement therapy (ERT) or substrate reduction therapy (SRT) (7, 8). The pain in GD is described as a chronic deep penetrating pain and tenderness sensation; however, sometimes, patients experience severe acute pain (bone crisis) usually related to ischemic insult. Today, the source of bone pain is mainly debated as nociceptive pain secondary to bone involvement pathology or neuropathic or inflammatory origins (9).

Osteocytes, differentiated from osteoblast, are considered a significant source of secreted molecules that coordinate osteoclast and osteoblast activities in response to physiological changes in the body, including physical, hormonal, age-related, or disease-related status. The canonical Wnt signaling pathway plays an essential role in osteoblast differentiation and bone formation, bone resorption, and bone homeostasis (10–12). Osteocytes secrete sclerostin, which inhibits bone formation by inhibiting the Wnt signaling pathway (13). DKK-1, mainly expressed by pre-osteoblasts and osteoblasts, is also a secreted protein that binds to the LRP6 co-receptor on the cellular membrane and inhibits β -catenin-dependent Wnt signaling (14). Sclerostin and DKK-1 are antagonists of the Wnt/ β -catenin signaling pathway due to inhibition of the Wnt pathway. Both molecules initiate the inhibition of bone formation and promote bone resorption. Therefore, sclerostin and DKK-1 neutralizing

antibodies (romosozumab and BHQ880) are appealing new strategies for the treatment of inhibition of decreasing bone mineral density and osteoporosis. Both neutralizing antibodies block the inhibition of the Wnt/ β -catenin pathway, which plays an essential role in bone formation.

The goal of this study was to assess the plasma level of sclerostin and DKK-1 in patients with GD and correlate it with the degree of bone involvement, including bone pain, bone marrow infiltration, Erlenmeyer (EM) flask deformity, and osteoporosis.

Materials and methods

Subjects

Patients with GD ages 18 to 68 years (range 42 ± 15) and 20 healthy controls (range 48 \pm 11) participated in the study at a single center Lysosomal and Rare Disorders Research and Treatment center (LDRTC) between 2019 and 2022. GD diagnosis was based on GCase residual activity and GBA sequencing analysis. Thirty-eight patients had a known genotype, including 17 patients who were homozygous with N370S. The most common second allele was L444P (n = 12); one patient has L444P/L444P (Table 1). Participants were categorized further into three groups based on T- or Z-score of bone mineral density (BMD): the normal cohort, no bone complication (N; an average of T-score 0.03 ± 0.2 ; Z-scores -0.2, n = 11), the osteopenia cohort (OSN; an average of Z-score -1.07 \pm 0.2, T-score -1.6, n = 14), and osteoporosis cohort (OSR; an average of Z-score -2.96 ± 0.8 ; T-score -2.73 ± 0.4 , n = 14). All patients gave a written informed consent form for the collection and analysis of their data. The clinical protocol was approved by ethics committees and data protection agencies at all participating sites (Western Institutional Review Board, WIRB #20131424) and NCT04055831. In addition, healthy controls were recruited under NCT02000310, or plasma was purchased (StemExpress, Folsom, CA, USA).

At enrollment, a detailed medical history that included bone disease characteristics such as bone surgery, bone fracture, bone

Patient no.	Age (years)	Gender	ERT/SRT duration(years)	Genotype(allele 1/allele 2)	Bone pain	Bone marrow infiltration	EM deformity	Cystic changes	Pathologic fractures/ bone surgery	AVN
				No bo	ne compli	cation				
1	18	F	ERT 5-10	N370S/F213I	Yes	Yes	Yes	No	No/no	No
2	56	F	ERT > 10	N370S/N370S	Yes	Yes	Yes	No	No/no	Yes
3	41	F	SRT	N370S/R463C	No	Yes	Yes	No	No/no	Yes
4	50	F	ERT 5-10	N370S/N370S	No	Yes	Yes	No	No/no	No
5	29	F	SRT	N370S/N370S	No	No	No	No	No/no	No
6	25	F	ERT > 10	L444P/L444P	No	No	No	No	No/no	No
7	37	F	ERT > 10	N370S/W381X	Yes	Yes	No	No	No/no	Yes
8	49	F	ERT > 10	N370S/L444P	Yes	Yes	No	No	No/yes	Yes
9	29	F	ERT 5-10	/L444P	No	No	No	No	No/no	No
10	21	М	SRT	N370S/L444P	No	Yes	No	No	No/no	No
11	33	М	ERT 1-5	R48Q/L444P	Yes	Yes	Yes	No	No/no	No
					eopenia (O					
1	29	F	ERT 1-5	N370S/N370S	No	Yes	Yes	No	No/yes	No
2	61	F	ERT > 10	N370S/N370S	Yes	Yes	Yes	No	Yes/no	Yes
3	32	F	ERT 5-10	N370S/L444P	No	No	No	No	No/no	No
4	52	F	SRT	N370S/N370S	No	Yes	No	No	No/no	No
5	40	F	SRT	N370S/R463C	Yes	Yes	No	No	No/no	No
6	41	F	Naive	N370S/N370S	No	No	No	No	Yes/no	No
7	51	F	SRT 5-10	N370S/L444P	No	No	No	No	No/no	No
8	74	F	SRT 1-5	N370S/N370S	Yes	Yes	Yes	No	No/no	No
9	38	F	ERT > 10	N370S/N370S	Yes	No	No	No	No/no	No
10	61	F	1 year	N/A	Yes	No	No	No	No/no	No
11	65	М	SRT 5-10	N370/N370	Yes	Yes	No	No	No/no	No
12	18	M	Naive	N370S/N370S	No	Yes	No	No	No/no	No
13	37	М	ERT 1-5	N370S/V394L	Yes	No	No	No	Yes	No
14	20	M	ERT > 10	L44P/P266A	No	No	No	No	No/no	No
14	20	101	LICI > 10		oporosis ((110	110	100/110	140
1	57	F	SRT 5-10	L444P/R502C	Yes	Yes	Yes	No	No/no	No
2	54	F	ERT > 10	N370S/L444P	Yes	Yes	Yes	No	No/no	Yes
3	20	F	ERT 1-5	N370S/L444P	Yes	No	No	No	No/no	No
4	62	F	SRT	N370S/N370S	Yes	Yes	Yes	Yes	No/no	No
5	30	F	ERT > 10	N370S/N370S	No	Yes	No	No	No/no	No
6	63	F	Naive	N370S/R496H	Yes	Yes	Yes	No	No/no	No
7	44	F	ERT/SRT > 10	L444P/R493C	Yes	Yes	No	No	Yes/yes	No
8	68	F	ERT 5-10	N370S/R463C	Yes	No	Yes	No	No/yes	Yes
9	45	F	ERT 5-10	N370S/N370S	Yes	No	Yes	No	No/yes	No
10	45	F	SRT	N370S/N370S	Yes	No	Yes	No	No	Yes
10	40 55	г М	SRT 0-1	N370S/L444P	Yes	No	No	No	Yes/yes	No
11		M	ERT > 10	N370S/Y412X	Yes	Yes	Yes	No		Yes
	36 30	M							Yes/yes No/no	
13	39		ERT 5-10	N370S/N370S	No	No	No	No		No
14	42	М	SRT 5-10	N370S/N370S	No	Yes	No	No	No/yes	No

TABLE 1 Demographic, genotypes, and clinical characteristics of bone disease in patients with GD.

GD, Gaucher disease; ERT, enzyme replacement therapy; SRT, substrate reduction therapy; EM, Erlenmeyer; AVN, avascular necrosis.

pain, bone marrow infiltration, EM flask deformity, avascular necrosis (AVN), and osteonecrosis was obtained (Table 1). BMD, bone marrow infiltration (BMI), and a summary of skeletal abnormalities from skeletal surveys using X-rays were

retrieved by chart review. Bone densitometry and bone marrow involvement were assessed using dual-energy X-ray absorptiometry (DXA) and MRI of the lumbar spine, femora, and bilateral hips as routine clinical care. BMD abnormalities, i.e., osteopenia and osteoporosis, were defined with Z- or T-score using the WHO criteria. Information about bone pain was extracted from the patient medical history and by using the Brief Pain Inventory.

Sample collection

Venous blood samples were collected into EDTA tubes at three different patient visits 6–8 months apart (15). After centrifugation, plasma was collected, aliquoted into small volumes, and stored at –80°C prior to analysis.

Enzyme-linked immunosorbent assay

The plasma levels of bone markers were measured using commercially available ELISA kits. The sclerostin concentration was measured in 50 μ l of plasma using a human sclerostin ELISA kit (Abcam, Cambridge, UK). The concentration of DKK-1 was measured in 100 μ l of plasma using a human DKK-1 (Dickkopf-1) ELISA kit (Abcam, Cambridge, UK). The level of Wnt-5a was measured in 50 μ l of plasma using a human Wnt-5a ELISA kit, and the level of beta-catenin was measured in 25 μ l using a human beta-catenin ELISA (MyBioSource, San Diego, CA, USA). The RANKL was measured in 100 μ l of plasma using RANKL ELISA kits (OriGene Technologies Inc., Rockville, MD, USA).

Statistical analysis

Statistical analysis was performed using Graph Prizm (GraphPad, San Diego, CA, USA). The differences between the two groups were tested by Student's t-test (unpaired) or F-test. The groups were compared using one-way analysis of variance (ANOVA) followed by Brown–Forsythe, Bartlett's multiple comparisons, and Kruskal–Wallis tests. The relationships between sclerostin, DKK-1, and RANKL were determined using Pearson's or Spearman's correlation technique.

Results

Elevated level of sclerostin is associated with pain, bone marrow infiltration, and Erlenmeyer flask deformities in Gaucher disease

Sclerostin is a relevant marker of the mature osteocyte pool. Sclerostin inhibits the Wnt/ β -catenin signaling pathway by binding the LRP5/6 and Frizzled co-receptors on osteoblasts,

reducing bone formation by inhibiting osteoblast differentiation and activity (16). There are no data on the circulated level of sclerostin levels in GD patients. First, we evaluated sclerostin in patients with GD, compared it with the sclerostin of the healthy control cohort, and analyzed its relationship with GD bone disease characteristics. Sclerostin was significantly higher in the GD cohort than in the healthy controls (Figure 1A). The majority of GD patients with OSN and OSR showed an elevated level of sclerostin (Figure 1B). An increased circulating level of sclerostin has been described as a part of age-related bone formation and bone physiology (17, 18). Therefore, we divided GD female patients into two cohorts according to age: <45 and >45 years old. The analysis demonstrated that sclerostin was significantly increased in healthy control and GD patients with age (Figure 1C). Moreover, GD patients have elevated sclerostin levels when compared with healthy control from the same age group. Pearson's correlation analysis showed a significant positive correlation between sclerostin and age in controls and GD female but not male patients (Figures 1D, E).

Next, we evaluated the correlation between sclerostin and bone pathology parameters. An elevated sclerostin level was associated with bone pain, bone marrow infiltration, and EM flask deformity in GD (Figures 1F–H). The multiparameter analysis demonstrated that 10 out of 21 GD patients with elevated sclerostin levels had bone pain, bone marrow infiltration, and EM flask deformity (Venn diagrams, Figure 2A). Four patients with bone pain, bone marrow infiltration, and high sclerostin represent the OSN (n = 2) and OSR (n = 2) cohorts. No GD patient with bone pain, bone marrow infiltration, and EM flask deformity had a normal sclerostin level. Our data suggest that high sclerostin together with bone pain could be useful markers to predict the high risk of bone marrow infiltration and EM flask deformity.

Circulating levels of sclerostin were dynamic in GD patients within 18–24 months of monitoring. Patients with a constant normal range of sclerostin remained without pain, two had OSN, and two had "no" bone pathology. One NB patient and one OSN patient showed an elevated sclerostin (SOST) level episode once. The majority of GD patients with pain presented with consistently high levels of sclerostin over 18 months (Figure 2B). The patient who mentioned pain as uncertain showed an average sclerostin level and one borderline episode.

Circulating DKK-1 correlates with sclerostin

DKK-1, similar to sclerostin, is an extracellular inhibitor of the canonical Wnt/ β -catenin signaling pathway. Since the relationship between DKK-1 and OSN-OSR progression in



Plasma sclerostin concentrations. (A) Sclerostin level (pg/ml), control vs. GD. *p < 0.05 unpaired t-test and F-test. (B) Sclerostin concentrations in control subjects and GD with no bone complication (N), osteopenia (OSN), and osteoporosis (OSR). p < 0.05; ANOVA, Brown–Forsythe, and Bartlett's multiple comparison tests. Data are means \pm SEM. (C) Sclerostin level in female controls and GD patients age-related; cohort divided into two groups before and after 45 years old. *Unpaired t-test p < 0.05. (D, E) Scatterplot analysis of the correlation of sclerostin and age in healthy controls and GD female (D) and male patients (E). Pearson's two-tailed correlation. (F–H) Sclerostin level in GD patients related to bone pain (F), bone marrow infiltration (G), and EM flask deformity (H). Biomarkers' normal range is highlighted in green. GD, Gaucher disease; EM, Erlenmeyer.

GD patients is unknown, we analyzed the DKK-1 in the GD cohorts. The distribution of plasma DKK-1 in healthy controls showed a wide range from 581 to a maximum of 5,539 pg/ml (2,225 \pm 243, mean \pm SEM).

Compared with healthy controls, seven patients with GD (20%) had high levels of DKK-1 (Figure 3A). The analysis of DKK-1 in the GD cohorts showed an increased level in the OSN cohort compared with the N and OSR cohorts (Figure 3B).

In contrast to sclerostin and bone pain, BMI, or EFD-EM relationship, there was no difference in serum DKK-1 among the bone pain/no pain cohorts, BMI, or EFD-EM cohorts (Supplementary Figure 1). DKK-1 levels were not changed in GD patients within 18–24 months of monitoring. Patients with a normal range of DKK-1 maintained normal levels, and GD patients with high levels of DKK-1 consistently presented higher levels over 18–24 months (Figure 3C).

Because both biomarkers are Wnt/β-catenin inhibitors, we assessed the correlation between sclerostin and DKK-1. After adjusting to normal bone mineral density (N), OSN, and OSR cohorts, Pearson's and Spearman's correlation analyses showed a monotonic relationship between sclerostin and DKK-1 in healthy controls only (Spearman's correlation, r = 0.35, p = 0.04), healthy controls, and GD patients with no bone complications and with/without pain (Pearson's correlation r = 0.47, p = 0.003116) (Figure 3D). However, serum sclerostin and DKK-1 levels did not correlate in the OSN-GD and OSR-GD cohorts together (Figure 3E), indicating that increasing the circulation level of sclerostin changes the DKK-1/sclerostin balance in GD patients with OSN and OSR. In addition, significant differences were found in the sclerostin/DKK-1 ratio between no pain and pain GD patients in patients with normal bone mineral density and OSN patients (Figure 3F).



patients with pain (Pain +) (n = 7, patient P29 described the pain as uncertain) and absent pain (n = 6) who had completed three or four visits, plasma sclerostin levels were measured to assess longitudinal dynamics. Three time points are represented for each participant: initial visit, 6-8 months of follow-up visit (V2), and 12–14 months of follow-up visit (V3). EM, Erlenmeyer; GD, Gaucher disease.

DKK-1, not sclerostin, correlates with RANKL

Because DKK-1 could enhance RANKL through inhibition of the Wnt/β-catenin pathway, and plasma RANKL was elevated in GD patients with OSN (15), we further investigated the correlation between RANKL and DKK-1. Previously, we demonstrated that high RANKL and RANKL/OPG in our cohort correlated with osteopenia (15). Therefore, we used RANKL data from our previous study and correlated them with DKK-1 and sclerostin. Pearson's and Spearman's correlation analyses demonstrated a statistically significant positive correlation between serum DKK-1 and RANKL in the healthy control group (Pearson's two-tailed correlation analysis r = 0.63, p = 0.005, and Spearman's r correlation analysis r =0.47, p = 0.013) (Figure 4A). Additionally, Pearson's and Spearman's linear correlation analyses confirmed a positive correlation between DKK-1 and RANKL in all GD patients (Pearson's p = 0.0121, r = 0.14) (Figure 4B). However, DKK-1 and RANKL levels did not correlate in the NB, OSN, and OSR GD cohorts, possibly due to insufficient sample size (Figures 4C–E). In contrast to DKK-1, RANKL and sclerostin did not correlate in the control or GD cohorts (Figures 4F, G).

Elevation of SOST and DKK-1 does not impact the circulating beta-catenin and Wnt5a

Next, we measured β -catenin and Wnt5a levels because Wnt/ β -catenin canonical and Wnt5a non-canonical Wnt signaling pathways enhance osteoclastogenesis, while circulating sclerostin and DKK-1 inhibit the Wnt signaling pathway (19). Because β -catenin is a central component of the Wnt pathway, and plasma β -catenin has been proposed as a diagnostic biomarker for postmenopausal women (20, 21), we hypothesized that secreted β -catenin could correlate with osteoporosis in GD. Moreover, several publications mention a negative association between plasma β -catenin and sclerostin or DKK-1 (20, 21). However, there was no significant difference



FIGURE 3

DKK-1 level. (A) DKK-1 level, control vs. GD. (B) DKK-1 concentrations in control subjects and GD with no bone complication (N), osteopenia (OSN), and osteoporosis (OSR). Data are means \pm SEM. (C) For GD patients with high DKK-1 levels (n = 4) and normal DKK-1 levels (n = 5) who had completed three visits, DKK-1 was measured to assess longitudinal dynamics. Visits are represented for each participant, including an initial visit, 6–8 months of follow-up visit, and a second 12–14 months of follow-up visit, except for P20 visit 4 (18 months) and P18 visit 5 (24 months). (D) Scatterplot analysis of correlation of DKK-1 and sclerostin in healthy controls and GD patients with no bone complication, including patients without pain (blue circle) and with pain (red circle). *p < 0.05 Pearson's and Spearman's tests, 90%, one-tailed. (E) Scatterplot analysis of correlation of DKK-1 and sclerostin in all GD patients with OSN and OSR, including patients without pain (blue color) and with pain (red color). (G) Sclerostin/DKK-1 ratio according to the no bone pain or bone pain groups: healthy control group, all GD patients, GD group NB, GD group OSN, and GD-OSRR group. Data are means \pm SEM. *p < 0.05 unpaired t-test. DKK-1 and sclerostin measurement pg/ml. GD, Gaucher disease.

between patients and controls for serum β -catenin levels (control cohort 9.4 ± 4.2 and GD cohort 10.0 ± 5.8). Wnt5a is a Wnt non-canonical ligand that promotes osteoblast differentiation and RANKL-induced osteoclast formation (19). There was no difference between GD patients and healthy controls for circulated Wnt5a levels (control cohort 0.4 ± 0.34 and GD cohort 0.5 ± 0.38).

Discussion

In the current study, we demonstrated two important findings: 1) an elevated level of sclerostin is associated with pain, bone marrow infiltration, and EM flask deformity in GD; 2) increased circulating sclerostin changes the DKK-1/ SOST balance.

Skeletons disorders are often accompanied by bone pain.

Bone diseases associated with GD have a complex of accumulated events/etiologies including abnormal bone development presenting as vertebral remodeling defects, modeling abnormalities of the long bones, and the radiologic hallmark for GD called EM flask deformity (22, 23). Bone destruction can occur due to osteonecrosis, and cystic/lytic lesions are observed with or without AVN. Pathologic fractures occur due to a reduction of BMD, which can start even in teenage years leading, to early osteoporosis in female and male patients with GD (24). Pain is one of GD's prime and debilitating symptoms, often associated with other structural skeletal involvement (9, 22).

A Brief Pain Inventory analysis in our cohort revealed that 45% of GD patients with normal mineral bone density, 45% with osteopenia, and 78% of patients with osteoporosis report chronic pain. These results are commensurate with the literature that 27%–63% of GD patients have a history of pain (3, 8, 15, 25). Despite the fact that pain is one of the common GD symptoms, the source of pain is still debatable. It has been considered that pain is the result of skeletal involvement, but the pain is described even in the absence of bone disease without a clear explanation (9, 15). The source of pain could be chronic inflammation and/or structural damage to the peripheral nervous system (9). The deterioration of the nerve may present as a result of excessive osteoclast activity that generates a low pH during bone resorption and stimulates acid-sensing ion channels of nerve fibers that innervate bone (26). Because



measurement pg/ml. GD, Gaucher disease; OSN, osteopenia; OSR, osteoporosis.

increased osteoclast number and activity have been demonstrated in GD models and patients (15, 25, 27, 28), induced acid-sensing ion channels (acidosis) can play a role in driving bone pain.

Our study's main conclusion is that elevated sclerostin in plasma is correlated with pain in GD patients. This observation may unravel the association between the role of osteocytes in bone remodeling and bone pain.

If elevated sclerostin correlates with bone marrow infiltration in GD, could the pain be a signal of bone marrow infiltration or predictive of EM flask deformity? For example, bone pain occurs in leukemia patients with the infiltration of white cells into bone marrow (29, 30). The bone marrow is innervated by sensory and sympathetic nerve fibers and nerve fibers involved in the

transmission and modulation of bone pain (26). Infiltration of Gaucher cells in the bone marrow may lead to the thinning of the cortex with resultant pain, osteonecrosis, and lytic lesions (7, 31). In addition, BMI induces abnormal bone remodeling. Thus, the remodeling of the distal femora, Erlenmeyer flask deformity, is a common radiological finding in patients with Gaucher disease (31–33). Erlenmeyer flask deformity implies the onset of disease activity in childhood when the skeleton is developing. This deformity, resulting from defective bone modeling at the meta-diaphyseal region, leads to straight uncarved di-metaphyseal borders and cortical thinning (33). The cellular aspects of abnormal bone remodeling that lead to EM flask deformity are not fully understood; however, several studies discuss that osteoclast impairment could be implicated in EM deformity (34).

The dynamic signaling communication between osteoclast, osteoblast, and osteocytes controls bone remodeling. Osteocytes coordinate osteoclast and osteoblast activity, acting as endocrine elements by secreting hormone-like mediators that affect bone cell function and respond to mechanical stimulation on bones (35). One of these mediators is sclerostin. Sclerostin is a cysteine-knot glycoprotein that is predominantly expressed in the bone by osteocytes and less by chondrocytes. Sclerostin regulates bone formation by inhibiting osteoblast–osteocyte differentiation, decreasing bone matrix formation, promoting osteoblast apoptosis, and maintaining bone-lining cells in an inactive state (Figure 5) (36–39). Regarding sclerostin as a biomarker for bones, high levels of sclerostin have been detected in patients with thalassemia-associated osteoporosis (40) and abnormal bone remodeling in myeloma (41).

One of the crucial pathways in the skeletal system, the Wnt pathway, is involved in various processes, including the differentiation, proliferation, and synthesis of bone matrix by osteoblasts and differentiation of osteoclasts (12, 42). The Wnt pathway includes the canonical signaling pathway (β -catenin dependent) and the non-canonical or β -catenin independent pathway. β -Catenin is required to activate mesenchymal cells, pre-osteoblasts, to differentiate into osteoblasts and maintain osteocyte viability. Decreased β -catenin activity and inhibition of osteoblast differentiation in GD were previously reported (43, 44). Moreover, several studies on induced pluripotent stem cells

(iPSCs) derived from GD patients with null GCase enzyme activity demonstrated defects in the Wnt signaling pathway and increased sclerostin expression (44-46). Interestingly, the treatment of GD iPSC-derived osteoblasts with recombinant GCase enzyme did normalize sclerostin levels (46). One possible mechanism of sclerostin elevation in GD is that functional lysosome is essential for sclerostin degradation (46). However, in GD, accumulation of GC in lysosomes leads to impaired autophagy-lysosomal function, activating the endoplasmic reticulum (ER)-associated degradation pathway and the unfolded protein response (47-52). Thus, sclerostin degradation may be compromised in GD. An additional mechanism of sclerostin elevation may be directly affected by chronic inflammation in GD. For example, a pro-inflammatory cytokine, TNF-alpha, induced the sclerostin expression in osteoblast and osteocyte cells (53-55). Moreover, TNF-alpha contributes to osteoporosis, promoting RANKL-induced osteoclast formation (56, 57). In GD, the elevation of TNFalpha is associated with macrophage and T-cell activations (58–60).

Dual inhibition of the Wnt signaling pathway by two secreted molecules, sclerostin and DKK-1, demonstrates that multiple mediators likely regulate bone formation. Sclerostin and DKK-1 inhibit the Wnt pathway by blocking binding between Wnt and cell surface receptors—frizzled (FZD) and lipoprotein receptor-related protein 5/6 (LRP6)—and



FIGURE 5

A model of inhibition of the Wnt signaling pathway in GD. The balance between bone formation and bone resorption is controlled by Wnt signaling pathway (activation of bone formation), sclerostin and DKK-1 (inhibition of bone formation), and the RANKL/OPG pathway (osteoclast activation). Elevation of secreted sclerostin or DKK-1 leads to inhibition of Wnt signaling pathway in GD. Sclerostin prevents activation of binding of Wnt 3a and LRP on the cellular membrane and, as a result, inhibits the expression of genes that stimulate bone formation, for example, RANKL inhibitor–OPG. RANKL, expressed by pre-osteoblasts and osteoblasts, promotes osteoclast maturation. Activation of scenestin initiates bone resorption. Elevated TRAP5b in GD plasma is the biomarker of osteoclast activity and activation of bone resorption. Activation of bone resorption with inhibition of bone formation leads to decreasing bone mineral density in GD. GD, Gaucher disease.

preventing β -catenin translocation to the nucleus (10, 11, 61, 62) (Figure 5). If sclerostin is secreted by osteocytes, the source of secreted DKK-1 is mainly pre-osteoblast, osteoblast, and, to a lesser extent, osteocytes (Figure 5). Sclerostin inhibits Wnt signaling in the adult bones and keeps the bone lining cells in a quiescent state as part of routine bone maintenance. DKK-1 plays an essential role during skeletal development, and in adults' bones, DKK-1 is not highly expressed unless activated (14). The increased DKK-1 levels, especially in GD patients with osteopenia, are probably reflective of osteoblasts' altered differentiation and activity, similar to elevated RANKL in GD patients with osteopenia (15).

Secretion of sclerostin and DKK-1 must be balanced to maintain the Wnt/ β -catenin pathway in a steady state and maintain healthy bone mineral density. We have demonstrated a positive correlation between sclerostin and DKK-1 in healthy controls and GD patients with normal bone mineral density. However, the shifting balance between sclerostin and DKK-1 in favor of sclerostin correlates with decreased BMD. A positive correlation between sclerostin and serum DKK-1 in a healthy population has been mentioned earlier (63).

Serum sclerostin levels increase with age and are associated with weakening bone formation and activation of bone resorption (64, 65). Moreover, the decreasing bone mineral density with increasing age correlates with sclerostin, especially in postmenopausal women (17, 18, 65-67). Our study also concurs that serum sclerostin level positively correlates with age in healthy controls and female patients with GD. However, sclerostin plasma level was significantly higher in GD patients when compared with age-matched controls. These observations correspond with the datum that in GD, the structural bone changes, including early onset accelerated bone mineral density loss, are less related to age (8). Given that approximately 6% of men and 21% of women aged 50-84 develop osteoporosis, in GD, abnormal BMD is observed in all ages and both genders and further progresses with age (8, 68). For example, in our cohort, the average age of GD patients with normal BMD was 34 ± 12 years, with osteopenia at 46 \pm 17 years and osteoporosis at 47 \pm 14 years. Our results showed the lack of age-dependent increase in sclerostin levels in male patients with GD, similar to controls. However, the small sample size for male subjects may have impacted the power of the statistical analysis.

The most common therapies used to treat bone pain are non-steroidal anti-inflammatory drugs (NSAIDs) and opiates. "Bone Pain Inventory" analysis of our GD cohort showed that some of our patients used various medications, including NSAIDs (such as ibuprofen) or acetaminophen, and more severe pain was managed with opiates. Moreover, these therapies do not treat the source of the actual cause but only inhibit pain. The treatment of bone pathology and chronic pain in patients is complicated and often insufficient. Inhibition of osteoclast activity may be a solution to inhibit bone resorption and reduce bone pain. Bisphosphonates and denosumab were developed to treat osteoporosis, and both therapies relieve pain in patients with bone cancer (69). Pharmacological inhibition of sclerostin and DKK-1 by monoclonal antibodies has been explored as a potential therapy for osteoporosis, fracture healing, and other bone disorders (69, 70). Also, anti-sclerostin antibodies improve bone mineral density or fracture healing and may relieve skeletal pain (69, 71, 72).

Conclusion

Elevated sclerostin is associated with reduced bone mineral density, bone pain, bone marrow infiltration, and EM flask deformity in patients with GD. In addition, the altered sclerostin/DKK-1 ratio correlates with the reduction of bone mineral density. In conclusion, our data confirm that the Wnt signaling pathway plays a role in GD-associated bone disease. However, the potential molecular mechanism requires further exploration to design effective therapies for GD-related bone disease.

Data availability statement

The original contributions presented in the study are included in the article/Supplementary Material. Further inquiries can be directed to the corresponding author.

Ethics statement

The clinical protocol was approved by ethics committees and data protection agencies at all participating sites (Western Institutional Review Board, WIRB # 20131424) and NCT04055831. The patients/participants provided their written informed consent to participate in this study.

Author contributions

Conceptualization: MI and OG-A. Methodology: JD, LN, NK, and AF. Validation: MI and JD. Formal analysis: MI and OG-A. Investigation: MI and OG-A. Resources: MI. Data curation: MI and OG-A. Writing: MI. Writing—review and editing: MI, OG-A, and JD. Visualization: MI. Supervision: MI. Project administration: MI. All authors contributed to the article and approved the submitted version.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/ fendo.2022.1029130/full#supplementary-material

SUPPLEMENTARY FIGURE 1

Serum DKK-1 was not different between the bone pain/no pain cohorts (A) and BM cohorts (B).

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