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Power generation overcapacity in selected sub-Saharan African countries: political-economic drivers and grid infrastructure challenges

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Sub-Saharan Africa (SSA) faces a persistent energy crisis, with 600 million people lacking access to electricity. Since the 1990s, government-led reforms have facilitated Independent Power Producers (IPPs) in adding 29.3 GW from 371 projects between 2000 and 2024. However, by 2018, inadequate grid investment had led to overcapacity in some countries while millions remained without electricity, creating a paradox. This study examined the role of political economy, the IPP model, the funding gap in transmission and grid extension, and the impact of renewable energy project development on overcapacity in the power generation sector of SSA. The analysis was based on data from international organizations involved in energy and economic development, national energy plans and reports, and both primary and secondary research. Case studies from Ghana, South Africa, and Ethiopia were selected due to documented overcapacity challenges. The findings revealed that political influence, misaligned investments, and weak grid infrastructure are key contributing factors to overcapacity. Between 2001 and 2023, 97% of private investment was directed towards generation, while only 0.2% supported transmission expansion, leaving grids underfunded. Additionally, 43% of generation projects were awarded through direct negotiations and confidential agreements, resulting in inefficiencies and inflated costs. Take-orpay Power Purchase Agreements have further exacerbated excess capacity, while transmission delays and weak regional interconnections continue to keep much of the capacity underutilized. Given these points, overcapacity in SSA's power generation sector is a result of politically driven investments that overlook demand and grid capacity requirements leading to inefficiencies and financial strain. To address this challenge, governments should increase grid expansion investments, enhance regulatory transparency, reform procurement and strengthen regional electricity trade.

KEYWORDS

sub-Sahara Africa, power generation, gird infrastructure, energy policy, power purchase agreement

1 Introduction

Over 600 million people in Africa lack access to electricity (IEA, 2024a), while some regions experience overcapacity in power generation. In 2018, 48 Sub-Saharan African (SSA) countries, home to nearly one billion people, produced approximately the same amount of electricity as Spain, which has a population of only 45 million (European Investment Bank, 2018). Although SSA struggles with low electricity access rates and insufficient generation capacity to meet demand, the paradox lies in the fact that investments in power generation have also led to overcapacity (Andersen and Pedersen, 2023). According to the Power Africa report (USAID and Power Africa, 2018), several Sub-Saharan African countries had surplus power generation in 2018, while others were expected to face similar challenges by 2025 due to new generation projects coming online. In the East African Power Pool, Ethiopia, Uganda, and Kenya had already exceeded demand. In West Africa, Ghana had the highest surplus, followed by Côte d'Ivoire, Cameroon, and Mali. Meanwhile, Guinea, Liberia, Senegal, and Togo had relatively lower excess capacity. A similar trend was observed in Southern Africa, where South Africa and Angola were already experiencing overcapacity. Looking ahead, the report projected that Benin, Mauritania, Sierra Leone, Rwanda, and Tanzania would also encounter an oversupply of electricity. As a result, a significant portion of the excess power remains underutilized (Mitchell et al., 2019). This paradox, where millions remain without electricity despite claims of overcapacity, represents a complex and misunderstood problem in Africa's power sector. Policymakers, researchers, and investors hold differing perspectives on the issue, which complicates the path to a unified solution.

The power sector in SSA is burdened with persistent challenges, including insufficient investments (IEA, 2024b), inadequate planning, operational inefficiencies, low utility revenues, limited generation and network capacity, slow progress in expanding electricity access, unreliable supply, and high costs that jeopardize financial sustainability (Eberhard and Shkaratan, 2012). These issues are further exacerbated by insufficient government funding, monopoly control by public utilities that restrict market competition, and political interference, which forces utilities to prioritize political agendas over commercial objectives (African Development Bank, 2013; Dye, 2023) Moreover, many SSA governments lack the financial capacity to meet their power sector demands and are unable to secure affordable loans due to low credit ratings (Eberhard, 2016).

Since 1990, several African countries have adopted marketdriven power sector reforms focused on four areas: establishing independent regulatory bodies to enforce standards and ensure accountability, unbundling utilities both vertically and horizontally, introducing private sector participation, and promoting competition within the industry. The author in Imam et al. (2020) investigated the performance of the reforms in the context of government political ideology in SSA. However, those reforms are designed based on European frameworks, which overlook the unique contexts of African countries and assume uniform patterns across regions (Rasmus Hundsbæk et al., 2021). Consequently, the gap between policy formulation and implementation persists, often accompanied by instances of policy reform reversals (Lee and Usman, 2018). Instead of a complete withdrawal by the state, hybrid electricity systems have developed, with state-owned utilities maintaining a dominant role. These reforms frequently conflicted with governments' political ideologies, as they were often perceived as externally imposed economic restructuring initiatives.

Several models were introduced to enhance private sector involvement in the power sector, such as long-term concessions, BOOT (build, own, operate, and transfer) projects, merchant plants, auction-based long-term power purchase agreements, and dedicated transmission lines for independent power projects (Karekezi and Kimani, 2002; Eberhard and Gratwick, 2011; Eberhard et al., 2017b; 2017a; Eberhard et al., 2018; Lee and Usman, 2018; Rasmus Hundsbæk et al., 2021) Those large-scale projects often attract global companies and international funding, but they come with significant risks for many Sub-Saharan countries. While they are promoted as win-win projects, their complex contracts and financing models are difficult to navigate. This challenge is further intensified by weak financial systems and limited institutional capacity in many of these countries, making it hard to fully understand and manage the risks involved (Pedersen, Winckler Andersen and Nøhr, 2020). The focus on developing individual power supply projects in sub-Saharan Africa, without considering their role within national power systems or regional power pools, risks creating a "tragedy of the commons," where uncoordinated actions driven by individual interests undermine the shared benefits of a collective resource. Also, those projects are often implemented under the influence of political or bureaucratic elites with corrupted procurement and poor planning often leading to oversupply (Rasmus Hundsbæk et al., 2021). This need arises from unsuitable generation sizes, inappropriate generation technologies, poorly located power plants, and inadequate investment in transmission, distribution, and efforts to promote productive electricity use.

Fewer academic studies have examined the issue of overcapacity, particularly focusing on countries with advanced and well-established grid infrastructures, but all together, they provide valuable insights into the challenges and implications of excess capacity. Moret et al. (2020) discussed overcapacity in the European power system, while Ming et al. (2017) reviewed the overcapacity situation in China's thermal power industry, including its status quo, policy analysis, and recommendations. The issue of overcapacity in China's coal power sector has been widely analyzed in previous studies (Yuan et al., 2016; Feng et al., 2018; Wang et al., 2021) whereas Yu et al. (2021) studied overcapacity in China's renewable energy sector. Wilson (2020) examined overcapacity in the PJM system, highlighting its market dynamics. Additionally, Río and Janeiro (2016) provided a general review of overcapacity in the power sector, detailing its causes, effects, and mitigation strategies. About Africa, Andersen and Pedersen (2023) further explored the paradox of overcapacity in Africa's energy sectors, illustrating how surplus generation capacity coexists with energy access challenges.

Most studies on overcapacity focus on countries with advanced grid infrastructures and little or no energy poverty. This study addresses a critical gap by examining overcapacity in power systems in Sub-Saharan Africa. It explores how political agendas, governance structures, private sector participation, and weak grid development create a mismatch between generation capacity and actual demand. Unlike previous research, this study uses publicly available data from global energy agencies and national energy plans. It provides a detailed analysis of how political motivations, investment strategies, and transmission constraints shape overcapacity in selected countries. These insights reveal the structural and institutional factors driving the issue. The findings help improve energy planning and support better policy decisions for the region.

This paper begins by outlining the methodologies employed, followed by an analysis of the role of political economy in driving overcapacity within African power systems. It then explores private sector investments in power generation and the existing funding gap in the transmission sector. Global factors contributing to overcapacity are examined alongside case studies from Sub-Saharan Africa. The discussion continues with an assessment of the effects of overcapacity, leading to a review of mitigation and prevention strategies, and concludes with key findings and recommendations.

2 Methods

2.1 Defining overcapacity

The excess capacity theory suggests that firms in monopolistic or imperfectly competitive markets tend to operate their production facilities at a level below what would minimize average costs (Zhang et al., 2014). Overcapacity in power systems refers to a situation where the installed generation capacity exceeds the actual demand for electricity (Moret et al., 2020). However, in the African context, this situation often arises when generation capacity expands more rapidly than the grid's ability to transmit and distribute electricity to consumers due to a significant imbalance between the investments made in generation and the infrastructure required to distribute that energy efficiently (Andersen and Pedersen, 2023). Overcapacity in this context refers to power generation projects that are built and commissioned but remain underutilized or idled due to inadequate grid infrastructure (Cramton and Ockenfels, 2012; Wang, 2017).

2.2 Data sources

This review adopts a structured, data-driven approach to examining overcapacity in Sub-Saharan Africa's power generation sector. It synthesizes data from global energy agencies, including the International Renewable Energy Agency (IRENA), the International Energy Agency (IEA), and Power Africa. Additional insights on investment trends, policies, and electricity markets are drawn from institutions such as the World Bank and the African Development Bank (AfDB). To assess electricity generation capacity, demand forecasts, and regulations, national reports and power sector plans from Ethiopia, Ghana, and South Africa are analyzed. This is further supported by secondary research, including peer-reviewed journal articles, industry reports, and conference proceedings. Investmentrelated data on power generation, transmission, and distribution infrastructure is sourced from the World Bank Group's Private Infrastructure Projects Database, which tracks over 10,000 projects from 1984 to 2024 (The World Bank, 2024). This study focuses on the period 2000-2024, examining financing structures, technology deployment, and contract mechanisms. The analysis compares key factors such as project award methods, private-sector participation, and contract values in electricity infrastructure. By integrating data from multiple sources, this review identifies the causes of overcapacity, assesses its economic and policy impacts, and explores strategies for optimizing future investments.

2.3 Analytical framework

This review employs a mixed-methods framework, combining quantitative analysis of capacity trends with qualitative evaluation of political and economic drivers. Quantitative analysis focuses on evaluating the gap between installed capacity and electricity demand, using data from 2000 to 2024. Key indicators such as capacity utilization rates, reserve margins, and capacity additions are analyzed to identify patterns of overcapacity. Investment trends and project financing structures are assessed using data on private sector participation and investment per megawatt added.

Qualitative analysis employs thematic coding to evaluate political and economic drivers. Categories include regulatory frameworks, procurement models (e.g., competitive tenders vs unsolicited bids), institutional governance, and macroeconomic factors. The analysis explores how these factors influence capacity expansion decisions and whether they contribute to overcapacity, especially in the context of political or economic imperatives.

The review also integrates case studies from Ethiopia, Ghana, South Africa, Kenya, and Nigeria to compare how different regulatory and market structures impact capacity planning outcomes. By combining these quantitative and qualitative methods, the review offers a comprehensive assessment of the drivers of overcapacity and proposes recommendations for aligning future investments with sustainable power sector development.

2.4 Selection criteria for study countries

The selection of Ethiopia, Ghana, and South Africa is based on their strategic roles within their respective regional power pools and their influence on Sub-Saharan Africa's electricity sector. These countries are pivotal in shaping generation capacity, crossborder trade, and energy policy, making them ideal case studies for analyzing overcapacity dynamics.

Ethiopia, a key participant in the East African Power Pool (EAPP), had the region's highest surplus installed capacity as of 2018, according to Power Africa (USAID and Power Africa, 2018). It is also the leading electricity exporter within the pool, actively engaging in cross-border power transactions (Mondal et al., 2017). In the West African Power Pool (WAPP), Ghana has one of the most developed power sectors but has faced chronic overcapacity since 2010, prompting critical discussions on capacity optimization and market restructuring (Dye, 2023). South Africa, home to Eskom, historically one of the world's most influential utilities, has grappled with overcapacity since the early 2008s, highlighting the complexities of aligning generation expansion with demand growth and system reliability (UNECA, 2018).

These countries were selected not only due to their overcapacity challenges but also for their leadership in regional electricity markets and their broader impact on sectoral development. Their experiences provide insights into how regulatory frameworks, economic conditions, and market structures drive overcapacity and affect grid stability and investment efficiency across the region.

3 The role of political economy in overcapacity in African power generation sector

Political economy factors play a significant role in contributing to overcapacity in African power sector by shaping energy policies, grid infrastructure development, and investment decisions. The power sector in sub-Saharan Africa remains predominantly under government ownership, despite ongoing reform efforts over the years (Ackah and Gatete, 2024). According to Ogunleye (2017), these reform policies are uncoordinated, conflicting, and lack clear objectives. The African Development Bank, argue that in most countries, the implementation those reforms has been inadequate due to inappropriate design, limited capacity for implementation, and constrained financial resources in addition to the monopolistic practices that prevents the competition (African Development Bank, 2013). On the other hand, governments in sub-Saharan African, generally consider electricity utilities as instruments for political favoritism and corruption, hindering the development of a reliable electricity (Tagliapietra and Tagliapietra, 2017). Investment decisions aimed at increasing generation capacity are often driven by political agendas, leading to focusing on short-term projects with minimal impact (Lakmeeharan et al., 2020)., and bypassing essential technical planning (Dye, 2023), but the reality is that having more installed capacity does not ensure increased electricity access (Ortega-Arriaga et al., 2021). Using government influence on utility operation, ambitious generation targets are often set based on unrealistic GDP growth projections and without adequate infrastructure or funding (Ackah and Gatete, 2024). These political interference plays a critical role in exacerbating overcapacity in Africa's power sector.

Political agendas influence the approval of large-scale generation projects, frequently motivated by the objective of attracting foreign investment or achieving political commitments (Eberhard, 2016). However, easy approval for the construction of new power plants can contribute to electricity oversupply in several ways (Ming et al., 2017). A simplified authorization process can lead to a surge in projects and excess generating capacity (del Río and Janeiro, 2016). Without thorough analysis, there's a risk of approving projects that do not align with actual electricity demand, resulting in capacity imbalances. Moreover, expedited approvals often overlook the need for a balanced energy mix, favoring specific types of power plants that exacerbate these imbalances. Hence, Easily granted administrative authorizations, lacking accurate demand and grid capacity assessments, can expose investments in the power generation sector to financial risks and contribute to overcapacity (del Río and Janeiro, 2016; Ren et al., 2021).

4 Private sector investments in African power generation

In the past, public utilities in sub-Saharan Africa have traditionally relied on government funding to support the expansion of generation capacity (Alhassan et al., 2024). However, this trend is shifting as many countries failed to finance their energy needs, and most utilities lack investment-grade ratings, making it difficult for them to secure sufficient debt financing at affordable rate (Eberhard and Shkaratan, 2012; Eberhard, 2016). Also, rising debt repayments is a very big challenge to secure funding for capitalintensive clean energy projects (IEA, 2024b). The most rapidly growing sources of new funding comes from Independent Power Producers (IPPs), concession finance, and Development Finance Institutions (DFIs) (Eberhard et al., 2016; Simone and Bazilian, 2019; Zhou et al., 2024). Concessional public finance providers are crucial for mobilizing private investment as well as offering vital grants and concessional funding (IEA, 2023). However, donors often prioritize technologies and projects that align with their own interests, rather than addressing the actual needs of recipient countries (Pedersen, Winckler Andersen and Nøhr, 2020). This creates a misalignment between the goals of project developers and the expectations of finance providers (IEA, 2023).

Referring to the World Bank Group's Private Participation in Infrastructure (PPI) database (The World Bank, 2024), Sub-Saharan Africa experienced substantial private investment in the power sector between 2001 and 2023, primarily through IPPs (see Figure 1). During this period, 371 projects were undertaken, with 342 focused on power generation. Of these projects, 43% were awarded through competitive bidding, 17% through direct negotiations, 15% via license schemes, and 26% through confidential award methods. Over this time, IPPs installed 8,985 MW of natural gas capacity, followed by solar (7,653 MW), wind (5,182 MW), and hydro (4,182 MW). Smaller contributions came from diesel (2,405 MW), coal (900 MW), and other sources such as geothermal, biogas, and biomass (see Figure 2).

Generation projects, particularly those in renewable energy, often attracted significant public and private investment due to factors such as reliable revenue models, protective measures like take-or-pay agreements and sovereign guarantees, minimal legal challenges related to land use, and promising financial returns (World Bank, 2017). Governments do not take on debt directly but instead rely almost entirely on unsolicited proposals to source new energy projects. In these cases, private companies raise the funds, construct, and own the plants (Imam et al., 2020). Most of these contracts are Power Purchase Agreements (PPAs) that include a "take-or-pay" clause (Dye, 2020). This clause protects private companies by guaranteeing revenue, even if the utility does not consume the electricity (Dyk, Tanya Calitz and James Todd, 2020). It requires the electricity utility to pay investors for typically 90% of the power made available, regardless of whether it is used or not (Dye, 2020).Without such guarantees, investors and financial institutions would be reluctant to finance energy infrastructure developments. Unfortunately, information regarding these unsolicited proposals is not publicly available. The only publicly disclosed aspects of these PPAs are the project name, contract type, technology or fuel source, location, and total project cost (Imam et al., 2020). The accumulation of multiple contracts with undisclosed details also hampers public understanding of the broader power system's sustainability (Imam et al., 2020).

5 Funding gap in transmission sector

The recent surge in energy investments, particularly in renewable power generation, is hampered by inefficient and



Distribution of Project Award Methods for Private Power Sector Investments in Sub-Saharan Africa (2001–2023). Data sourced from the World Bank Group's PPI database (The World Bank, 2024).



inadequate grids (IEA, 2024a). Historically, private investment in Africa's power sector has focused on generation and, to a lesser extent, distribution, leaving transmission severely underfunded (Power Africa, 2014). As illustrated by Figure 3, the World Bank's Private Participation in Infrastructure database shows that between 2001 and 2023, private sector investment in Sub-Saharan Africa totaled USD 51 billion. Of this, 97% went to generation, 0.2% to transmission, 1% to distribution, and 1% to combined projects (World Bank 2017). In 2020, only 3% of global electricity sector investment reached Sub-Saharan Africa, with just 0.5% allocated to grid extension and reinforcement (Deloitte, 2023). Investors prefer projects with guaranteed revenue, low risks, and legal protections



like take-or-pay agreements and sovereign guarantees, along with minimal land use challenges and bankable returns. In such cases, utilities are responsible for building transmission lines, but they often face funding shortages, leading to delays. According to a 2011 World Bank report (World Bank Group, 2011), Africa has the lowest per capita transmission line coverage globally, despite its vast land and dispersed population. The total transmission line length of 38 African countries is shorter than that of Brazil or the U.S. Moreover, Africa lacks regional interconnections, despite efforts to strengthen the existing power pools and move towards a unified electricity market (Ayele et al., 2024). Africa's transmission networks face unclear cost allocation, poor project design, inadequate planning, and restrictive regulatory barriers that limit network growth and deter private investment. Lengthy negotiations, complex financing, and a lack of enabling policies for private sector participation transmission lines further hinder infrastructure expansion, especially in Sub-Saharan Africa (Alegre, 2018). As a consequence, newly generation projects remain idle for years waiting for grid access or be canceled due to network limitations, creating challenges for governments in approving new-generation projects when existing assets are underutilized (Alegre, 2018). A reliable, modern transmission and distribution network is crucial to connect generation sites with load centers and strengthen local, regional, and international interconnections. However, cross-border projects are costly and demand careful coordination between governments and utilities (IEA, 2019).

6 Impact of renewable energy policies on overcapacity in sub-Saharan Africa

Renewable energy (RE) deployment in Sub-Saharan Africa (SSA) has grown steadily since 2000, supported by national and regional policy initiatives. According to (IRENA, 2025), hydropower capacity increased from 20.8 GW in 2000 to 39.3 GW by 2024, solar from negligible levels to 15.4 GW, and wind from less than 1 GW-9.2 GW as shown in Figure 4. Bioenergy and geothermal power have also expanded. Investment trends mirror this growth, with electricity sector investment projected to rise from USD 30 billion in 2022 to USD 120 billion in 2030, over half directed toward renewables, notably solar PV(IEA, 2024a). However, the expansion of RE capacity has not been matched by equivalent investments in grid infrastructure, system flexibility, or energy storage. Grid limitations, weak regional interconnections, and inadequate digitalization constrain the ability to integrate variable renewable energy (VRE), heightening the risk of underutilization (IEA, 2024a). Policy frameworks have largely prioritized generationside incentives over comprehensive system development, which contributes to emerging overcapacity risks. Using the capacity utilization rate as an indicator, underutilized RE assets can inflate reserve margins and operational inefficiencies. South Africa illustrates this challenge, where 19.9 GWh of renewable energy was curtailed between January and June 2024 due to transmission bottlenecks (National Energy Regulator of South Africa, 2022).



Although data on curtailment across SSA remains limited, the risk is substantiated by similar experiences elsewhere, such as China's solar and wind sectors in the early 2010s, where rapid capacity additions outpaced grid readiness (Hu et al., 2020; Yu et al., 2021). Without stronger alignment between renewable energy development and system planning, SSA countries risk replicating patterns of structural overcapacity. Thus, while renewable energy policies have accelerated generation expansion, their role in mitigating overcapacity will remain constrained unless integrated approaches to grid modernization, storage, and system operations are prioritized.

7 Global factors contributing to overcapacity in power systems

Globally, inaccurate projection of electricity demand is a common cause of overinvestment in generation capacity in many countries (Río and Janeiro, 2016; Mehedi and Ali, 2021). This can be associated with uncertainty in electricity demand, fuel prices, renewable energy output, and economic growth (Aien et al., 2016; Hong et al., 2020). Overestimating demand leads to overcapacity, while underestimating it risks supply shortages (Kandil et al., 2008; Hyndman and Fan, 2010). On the other hand, investments in power generation sector are based on overestimated electricity demand, influenced by overly optimistic economic prosperity leading to a mismatch between the expansion of power generation capacity and actual electricity demand (Centre for Research on Energy and Clean Air, 2022). This is the case of England and whales in

1973 (Papadopoulos, 1981), Pennsylvania New Jersey Maryland (PJM) (Wilson, 2020) and China between 2010-2015 (Lin et al., 2018). On the other hand, the surplus capacity within the power system can be attributed to the growing deployment of intermittent renewable energy sources such as wind and solar power. Countries such as China, the United States, and European Union members have implemented aggressive policies and economic incentives to boost renewable energy capacities (IEA, 2023), setting up several initiatives in place to promote the utilization of renewable energy sources and increase their proportion in the overall energy mix (Kozlova et al., 2023). The rapid drop in capital costs for solar and wind energy (Elegbede and Tippett, 2022), along with government subsidies like grants, loans, tax incentives, and other support programs, have driven increased investments in renewables (Deloitte, 2020). Investors are drawn to renewable energy due to its cost competitiveness government subsidies, and potential returns leading to overbuilding of renewable power plants which are not aligned with the grid requirements (Zhang et al., 2016). Inadequate investment in grid infrastructure hinders the utilization of growing renewable energy capacities, especially in developing countries with outdated transmission lines (Ortega-Arriaga et al., 2021). Transmission projects take longer to complete than renewable energy plants, leading to a lack of capacity to deliver generated electricity (Yang et al., 2012). This results in underutilization of newly installed power facilities (Dong et al., 2018; Ye et al., 2018; Liu et al., 2021). Finally, government policies, regulations, and incentives, such as subsidies, loans and grants, heavily influence investment decisions in the power sector (Xiong and Yang, 2016). These subsidies can drive continuous investment in new projects,

even when existing capacity is sufficient, increasing the risk of overcapacity. This increases the risk of overcapacity in the system (Yu et al., 2021). This is the case of overcapacity in Chinese PV industry (Zhang et al., 2016; Hu et al., 2020), and Combined-Cycle Gas Turbines in Europe between years 2000–2010 (Hach and Spinler, 2016; Moret et al., 2020).

8 Overcapacity case studies in sub-Saharan Africa

In 2018, USAID and Power Africa, (2018) analyzed the power capacity of various African countries, reporting on the overcapacity at that time and projecting the situation for 2025 based on projects that were in the pipeline. In East Africa power pool, Ethiopia, Kenya, Tanzania, Uganda, and Rwanda had a combined overcapacity of 878 MW, with Ethiopia leading at 1,212 MW, while Rwanda and Tanzania faced deficits. By 2025, the region was expected to have a total overcapacity of 3,430 MW. In West Africa, Ghana had the highest overcapacity at 1,286 MW, but the region overall had a deficit of 1,826 MW, largely due to Nigeria's significant shortfall. In Southern Africa, South Africa had an overcapacity of 2,492 MW in 2018, with a projection of 2,850 MW by 2025. This section details the overcapacity issues in selected countries, focusing on Ghana, South Africa, and Ethiopia.

The issue of overcapacity in Ghana's power sector is clearly demonstrated by data from the 2024 National Energy Statistics report (Energy Commission, 2024). Between 2014 and 2016, Ghana's investments in power generation projects were managed through government-led procurement processes that bypassed standard procedures and excluded key regulatory stakeholders, including the national utility company, GRIDCo. During this time, around 43 new Power Purchase Agreements (PPAs), primarily for thermal power plants, were signed without adequate consideration of demand forecasts. In 2000, the system peak demand was 1,162 MW with an installed capacity of 1,652 MW. By 2018, installed capacity had risen to 4,472 MW, while system peak demand was 2,525 MW, resulting in an overcapacity of approximately 1,493 MW, calculated with 18% reserve margin (Energy Commission, 2019). In 2023, installed capacity increased further to 5,639 MW, with peak demand at 3,618 MW, leading to an overcapacity of about 1,372 MW (Energy Commission Ghana, 2023). In an attempt to address the excess capacity, the government proposed exporting the surplus electricity to neighboring countries. However, this plan was hindered by inadequate transmission infrastructure and the neighboring countries' focus on achieving energy independence by prioritizing their own power sector development. This made Ghana's strategy to mitigate overcapacity through exports impractical and ultimately unsuccessful (Dye, 2023).

South Africa power sector has been characterized by the swing between power shortage and power surplus like China (Zhang et al., 2014). Since 1980, South Africa experienced overcapacity in their electricity sector until 2000s with capacity reserve margin of around 40%. Having overcapacity for 20 years justifies inefficiency in planning, investment and government failure. The government intended to support economic transformation goals but due to the lack of coherent policy and planning, coupled with political interests and corruption scandals, it ended up having overcapacity. In an attempt to limit the extent of surplus capacity that was looming as a result of over-planning, construction of generation sets was delayed and plans for new stations were cancelled since the early 1980s until 1995. Older plant was decommissioned or mothballed (Kessides, 2020). Since 1998, South Africa's government was warned to run out of electricity by 2007 increasing energy demand but no new investment was made despite Eskom's numerous requests to build new power stations leading to the crisis of capacity shortage of 2008. In late 2004, SA government gave Eskom the mandate to build but it was too late to bring big new baseload power stations on to the grid fast enough to prevent a shortfall in generating capacity until 2018 where the excess capacity was report again by Power Africa. Currently, according to SAPP, South Africa has installed capacity of available capacity of 48,463 MW, peak demand of 41,374 MW including reserve margin and the excess capacity of 7,089 MW. Thus, investment in energy infrastructure must be continuous and consistent as the current the apparent surplus generation can be wiped out overnight, and then the capacity shortage returns.

The paper (Lavers et al., 2021) examines the political economy of electricity generation planning in Ethiopia during the EPRDF era (1991-2019). Overcapacity stems from political ambitions for rapid expansion and the desire to be a regional electricity exporter that led to unrealistic demand estimates and megaprojects, questionable designs of large-scale projects not aligned with actual demand. the plans for large-scale electricity exports to countries like Egypt other region countries faced political and technical obstacles, meaning the excess capacity could not be utilized as envisioned. A report published by Power Africa (Power Africa et al., 2018), a U.S. government initiative supporting the development of power projects and grid infrastructure in Africa, shows that in 2018 Ethiopia had an overcapacity of 1,212 MW. It is expected that by 2025, this overcapacity will increase to 1,898 MW based on ongoing and committed power generation projects. According to the African Development Bank, (2023) in 2022, Ethiopia's installed generation capacity was 5,320 MW, with an effective capacity of 5,044 MW, primarily from hydropower, which makes up 96.1% of the total. By January 2023, the national peak demand, including exports, was 3,297 MW, indicating that the country has a notable surplus in power generation capacity.

9 Effects of overcapacity

While overcapacity in power systems can enhance supply stability, it has several adverse effects. One significant consequence is the underutilization of new power plants (Simon Nicholas, 2020; Mehedi and Ali, 2021). In some instances, power plants may experience drastically reduced operating hours, leaving them idle for extended periods (Deloitte, 2020; Simon Nicholas, 2020), or plants become stranded assets where they are no longer viable or economical to operate (Caldecott and McDaniels, 2014). In severe cases, overcapacity can lead to the premature shutdown of a facility when generating costs consistently exceed electricity prices, rendering the plant economically unviable (Cui et al., 2021). Power plants may then be temporarily taken offline, closed, or permanently decommissioned, resulting in irreversible investments (Caldecott and McDaniels, 2014; Javadi et al., 2019; Komorowska et al., 2020). Consequently, If multiple plants are retired early, power system reliability and resource adequacy may suffer, prompting the need for emergency transmission network upgrades, generation capacity replacement, and a revised operational approach (North American Electric Reliability Corporation, 2018).

Overcapacity in the power generation sector has immediate financial and economic consequences, affecting investments, electricity prices, and system efficiency (Wilson, 2020). It can lead to higher capacity charges for both producers and consumers (Hawker et al., 2017). Governments often provide financial incentives to investors and independent power producers to cover the costs of underutilized capacity, straining national economic progress and distorting the wholesale electricity market (Genoese et al., 2015; Javadi et al., 2019). Overcapacity also reduces returns on investment, discouraging future investments in generation, especially as the sector shifts toward new energy models. Additionally, maintaining excess capacity can lock in outdated technologies, slowing down innovation and the adoption of more efficient, sustainable energy solutions (Seel et al., 2021).

10 Mitigation and prevention of overcapacity

Overcapacity in developing countries often arises from delays in transmission infrastructure, which lag behind the rapid construction of renewable energy plants (Mitchell et al., 2019). Wind, solar, and hydropower facilities are typically located in resource-abundant but distant areas and have shorter construction times compared to the five to 10 years often required for transmission line development, leading to imbalances between generation and delivery (Lee, 2018; Spyrou et al., 2017). To address these problems, NREL proposed a Renewable Energy Zone (REZ) transmission design tool to efficiently plan, approve, and build transmission lines connecting areas with abundant renewable resources, favorable topography, and developer interest to the grid (Jennifer and Leisch, 2018). Another solution to mitigate overcapacity in power systems is grid interconnection, which connects regions with excess installed capacity to those with a capacity deficit. This reduces the need for additional capacity and enables countries with power shortages to import cheaper electricity from surplus regions, avoiding the cost of building new power plants (Power Africa et al., 2018). For example, in the 1990s, the "Power Bridge" project was established to link Russia's thermal power plants to Japan's grid, allowing the export of surplus electricity (UN.ESCAP, 2020). A similar proposal was made to connect China with Europe to sell its excess capacity to sell surplus capacity from China to Europe (Wu and Zhang, 2018). Africa has developed regional electricity interconnection projects, known as power pools, to enhance electricity exchanges between countries and create a regional market (Odetayo and Walsh, 2021; McCluskey et al., 2022). However, these efforts face challenges due to underdeveloped transmission networks, limited interconnection infrastructure, and a lack of clear regulations for grid access, including wheeling charges (Elabbas et al., 2023). Grid interconnection helps reduce the need for new power plants and delays capacity expansion. By sharing resources across systems, utilities can replace domestic generation with imported power, thus avoiding the costs of developing additional conventional or renewable plants and the associated fuel and operational expenses (United Nations, 2006; Wu and Zhang, 2018; Wu et al., 2021).

Literature emphasizes the role of policies and regulations in managing power system overcapacity through controlling the scale of building new power plants, sustainable integration of renewables, reducing feed-in tariffs, and reducing or eliminating financial incentives to prevent excessive growth and maintain system balance (del Río and Janeiro, 2016; Lin et al., 2018). In 2015, China implemented these measures to control overcapacity by halting unapproved thermal power projects, denying grid access to illegally built plants, delaying approvals for new plants, and reducing feed-in tariffs to curb investor interest in thermal power (Ming et al., 2017).

Flexibility is widely seen as a cost-effective way to address overcapacity in power systems. Research shows that it can boost electricity consumption and improve the use of both conventional and renewable energy plants (Dahiru, Vuokila, and Huuhtanen 2022; IRENA, 2018). In this regard surplus electricity can be applied in areas like heating with Combined Heat and Power (CHP) systems, cooling with Combined Cooling, Heating, and Power (CCHP) systems, and hydrogen production through power-to-gas (P2G) technology (Wang et al., 2019; Son et al., 2021). After conversion, surplus power can be stored as natural gas using natural gas storage (NGS), or stored as heat or ice using thermal storage systems (TSS), or being stored as hydrogen using P2G technology (Sanaye and Shirazi, 2013; Lawder et al., 2014; Farhadi and Mohammed, 2016; Carmo and Stolten, 2018; AL Shaqsi et al., 2020; Koohi-Fayegh and Rosen, 2020; US Department of Energy, 2020). Additionally, excess electricity can be used in road and railway transport applications by investing in electric vehicles and buses powered entirely by batteries or hydrogen fuel cells, electrified railways, and metros (Renewable and Agency, no date; International Renewable Energy Agency, 2021). The analysis by Lund and Münster (2003) suggests that investing in flexibility is the best and cost effective solution to mitigate overcapacity than building high-voltage transmission lines.

11 Conclusion and policy recommendations

This review has examined the political-economic drivers and grid infrastructure challenges behind power generation overcapacity in selected Sub-Saharan African (SSA) countries. Despite significant investments, millions remain without electricity, highlighting structural inefficiencies where politically driven policies, weak grid infrastructure, and uncoordinated investments have led to underutilized capacity and financial strain on utilities.

This analysis highlights the significant role of political economy in driving overcapacity. Investment decisions have often been shaped by short-term political agendas rather than energy planning driven by demand and grid capacity. Governments have prioritized large-scale generation projects to attract foreign investment or meet political commitments, frequently overlooking transmission constraints and realistic demand forecasts. Consequently, poorly integrated power systems have developed, limiting the efficient distribution and trade of electricity. Non-transparent power purchase agreements, particularly those with take-or-pay clauses, have placed heavy financial burdens on utilities by requiring payment for unused electricity. Another major finding is the impact of private sector investment. While IPPs have expanded installed capacity, many projects face delays in grid connection due to slow transmission development. Insufficient investment in transmission infrastructure and weak regional interconnection have resulted in stranded capacity, compounding inefficiencies in the sector.

These findings highlight the need for policy reform to align generation expansion with transmission and distribution capacity. Governments should prioritize grid upgrades, improve regulatory transparency, and reform procurement to reduce overcapacity risks. Enhancing cross-border electricity trade would help utilize surplus capacity, while flexible, demand-driven contracts are key to avoiding future imbalances.

Despite the importance of these findings, this study is limited by restricted access to detailed and reliable overcapacity data. Many utilities are unwilling to disclose such information due to reputational risks, regulatory scrutiny, and potential impacts on investor confidence. This limitation highlights the need for further research to quantify the economic impact of stranded generation assets, assess the financial sustainability of power purchase agreements, and identify best practices for integrated power system planning in SSA. Additionally, a critical review of renewable energy policies in the region is essential, particularly regarding their role in overcapacity. Although many countries have adopted ambitious renewable targets, often influenced by external funding and incentives, weak grid infrastructure and inaccurate demand forecasting present serious risks that may exacerbate capacity imbalances.

Author contributions

VN: Conceptualization, Methodology, Resources, Software, Writing – original draft, Writing – review and editing. GB: Conceptualization, Supervision, Writing – review and editing. EM: Supervision, Writing – review and editing. DN: Validation, Writing – review and editing.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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