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# Per- and polyfluoroalkyl substances (PFAS) in the cryosphere – occurrence, organismic accumulation, ecotoxicological impacts, transformation, and management strategies

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The cryosphere faces increasing threats from anthropogenic pollutants, including per- and polyfluoroalkyl substances (PFAS), a class of synthetic chemicals produced in significant quantities and released into the environment for over seven decades. PFAS are widely utilized for their water- and grease-resistant properties in numerous industrial, household, personal care, and medical products. Despite their widespread applications, all PFAS or their degradation and transformation products are environmentally persistent and pose health risks to humans. PFAS are detected ubiquitously, even in remote regions like the Arctic and Antarctica, and they bioaccumulate within polar trophic food chains. The primary transport and transmission mechanisms for PFAS involve atmospheric transport through volatile precursors, atmospheric oxidation, ocean currents, and the formation of sea spray aerosols. Additionally, contamination of surface snow, post-deposition processes in snow, and sediment interactions significantly contribute to PFAS transport. The physical and chemical properties, including density, melting points ( $T_m$ ), boiling points ( $T_b$ ), solubility, vapor pressure, electronegativity, low polarizability, chemical stability, and thermal stability, play key roles in determining their environmental fate and transformation. The toxicity of certain PFAS has raised concerns, prompting bans and efforts to develop safer alternatives. Despite increasing public awareness and regulations to limit the production of legacy PFAS, their long-term environmental impacts remain unclear. As global warming accelerates cryosphere shrinkage, which releases PFAS with meltwater, cold-adapted ecosystems and associated biota face unprecedented challenges and uncertainties, particularly regarding the accumulation of non-degradable materials. This situation underscores the urgent need to comprehensively understand the fate of PFAS and adopt

effective management strategies for polar systems. This review summarizes current literature on the transport, distribution, and legacy of PFAS, along with their known ecological impacts, bioremediation potential, and other management options in the cryosphere.

KEYWORDS

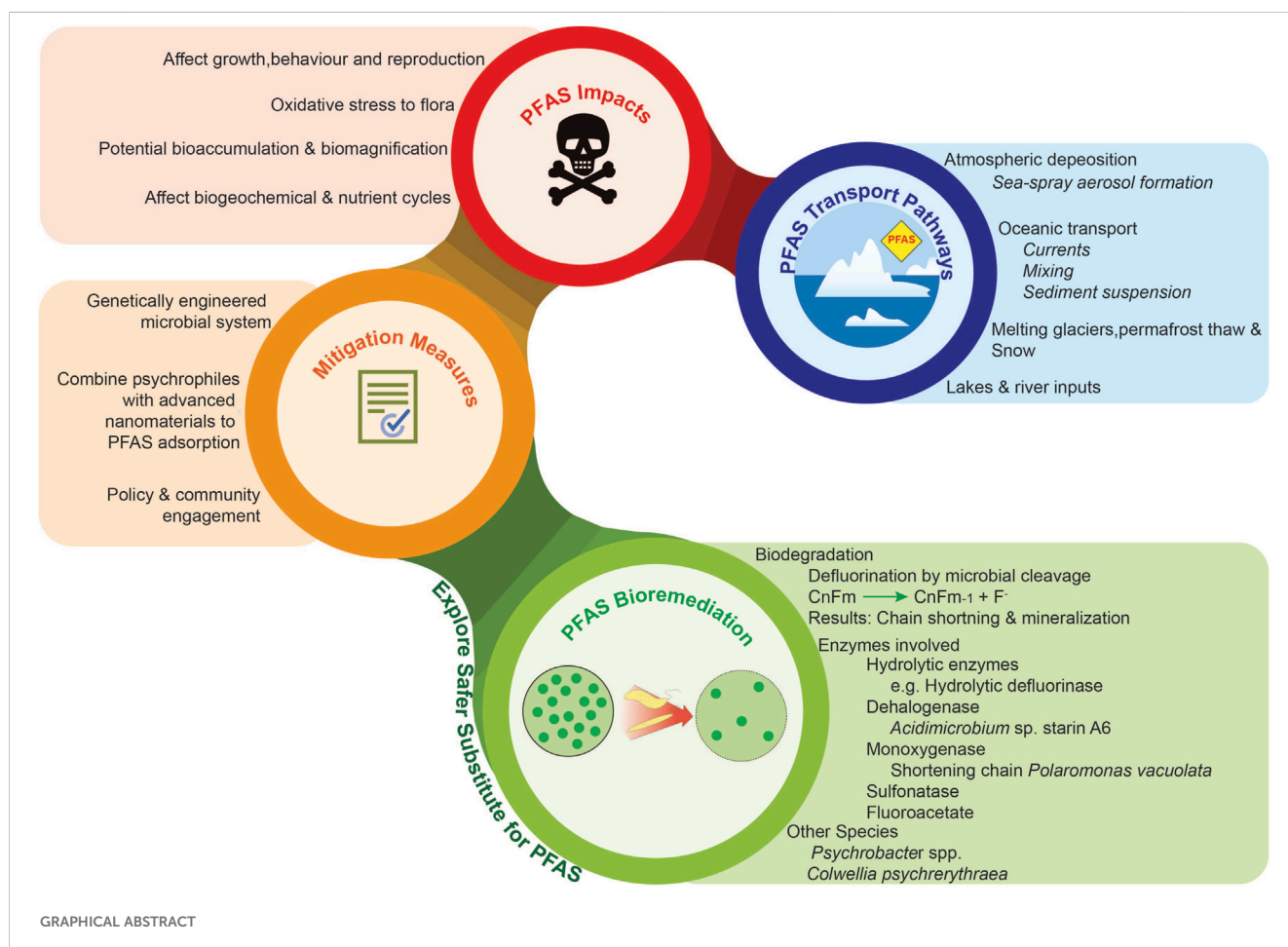
PFAS, cryosphere, bioaccumulation, biomagnification, bioremediation, PFAS-phaseout, transformation

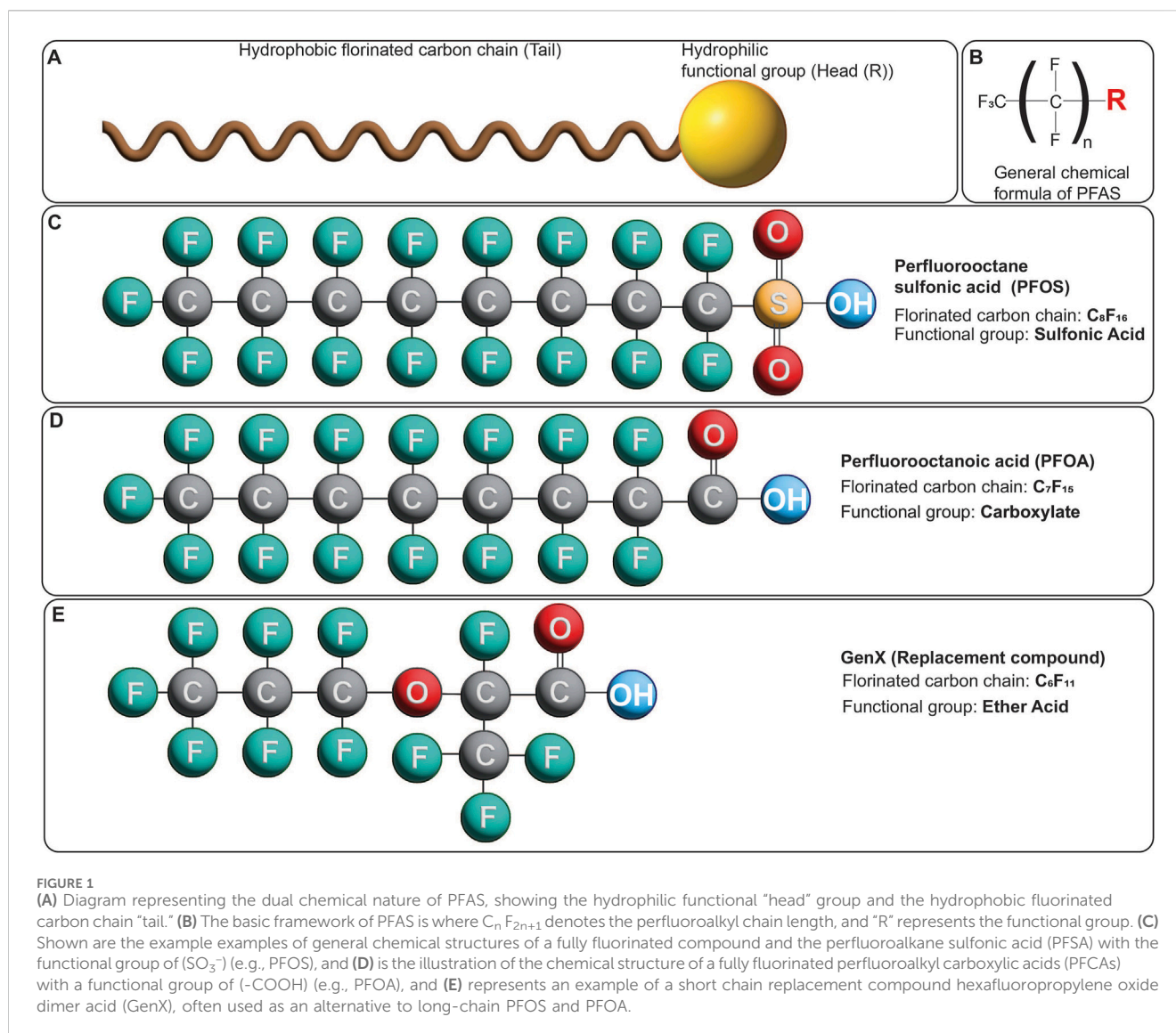
## 1 The cryosphere

The cryosphere, derived from the Greek word “κρῦος” meaning icy cold, encompasses the planet’s frozen (solid) water systems found across marine and terrestrial environments. This includes snow, glaciers, lake and river ice, frozen ground and permafrost, the Antarctic and Greenland Ice Sheets, mountain ice caps, ice shelves and icebergs, and sea ice. These environments form a vital part of our planet’s ecosystems and influence Earth’s albedo, surface energy, and moisture fluxes, that in turn impact atmospheric and oceanic circulation patterns (Ásmundsdóttir and Scholz, 2021; NOAA, 2024). These intricate dynamics are increasingly offset by environmental pollutants, alongside the pervasive effects of climate change (Borgå et al., 2022; Bargagli and Rota, 2024; Zhou et al., 2024b).

In the Anthropocene epoch, the Earth’s systems have been significantly impacted by rapid industrialization, population growth, deforestation, pollution, and climate change (Zalasiewicz

et al., 2019). Global warming, ocean acidification, melting glaciers, and thawing permafrost disrupt cryosphere ecosystems (Sonne et al., 2023; Bargagli and Rota, 2024). Compounding this challenge is environmental pollution that disrupts these fragile systems by altering the long-range transport, remobilization, bioavailability, and fate of persistent contaminants, as this frozen region acts as a storage of various pollutants. When the different forms of the cryosphere melt due to warming, the trapped contaminants are released into the environment and become bioavailable for organisms (Codling et al., 2014; Chen et al., 2019; McGovern et al., 2022; Zhou et al., 2024a). These chemical changes could threaten the survival of cold-adapted organisms and compromise their vital biogeochemical functions in polar ecosystems (Bargagli and Rota, 2024). Per- and polyfluoroalkyl substances (PFAS) are a group of emerging contaminants that raise significant concerns among scientists due to their widespread presence. Their





detection in remote regions, from Mount Everest to the Arctic and Antarctic ice cores, demonstrates their long-range transport (Miner et al., 2021; Shan et al., 2021; Ahrens et al., 2023). As such, the integrity of these cold ecosystems is at considerable risk, emphasizing the urgent need for comprehensive measures to mitigate their impacts and protect the integrity of these vulnerable environments.

## 2 PFAS in the cryosphere: chemical nature, transformation, transport, distribution and occurrence

### 2.1 PFAS chemical nature and significance

Production of perfluorocarbons can be traced back to the late 19th century, with the synthesis of carbon tetrafluoride, recognized as the simplest perfluorocarbon, being produced in 1886 (Banks and Tatlow, 1986; Okazoe, 2009; Gaines, 2023). Synthesis of PFAS with

various functional groups started in the mid-20th century, wherein the application of PFAS was applied as fluoropolymer coatings and materials designed to withstand heat, repel oil, resist stains, and provide protection against grease and water (Meegoda et al., 2020; Hamid et al., 2024). DuPont introduced the first commercial fluoropolymer, polytetrafluoroethylene (PTFE), branded as ‘Teflon,’ in 1948 (Okazoe, 2009). Shortly after World War II, the Minnesota Mining and Manufacturing Company (3M) began using electrochemical fluorination, leading to the commercial production of fluorocarbons in 1951. This expansion included fluorocarbon derivatives with functional groups like perfluoroethers, perfluoroacyl fluorides, perfluoroalkanesulfonyl fluorides, and perfluorinated amines. These derivatives have played a vital role for corporations, including DuPont, 3M, and W. L. Gore and Associates, which still use them to produce well-known products such as Teflon and Gore-Tex. Subsequently, during the 1960s, DuPont advanced partially-fluorinated polymers, including poly(vinylidene fluoride) (PVDF) and its modified form, polyvinyl fluoride (PVF) (Okazoe, 2009).

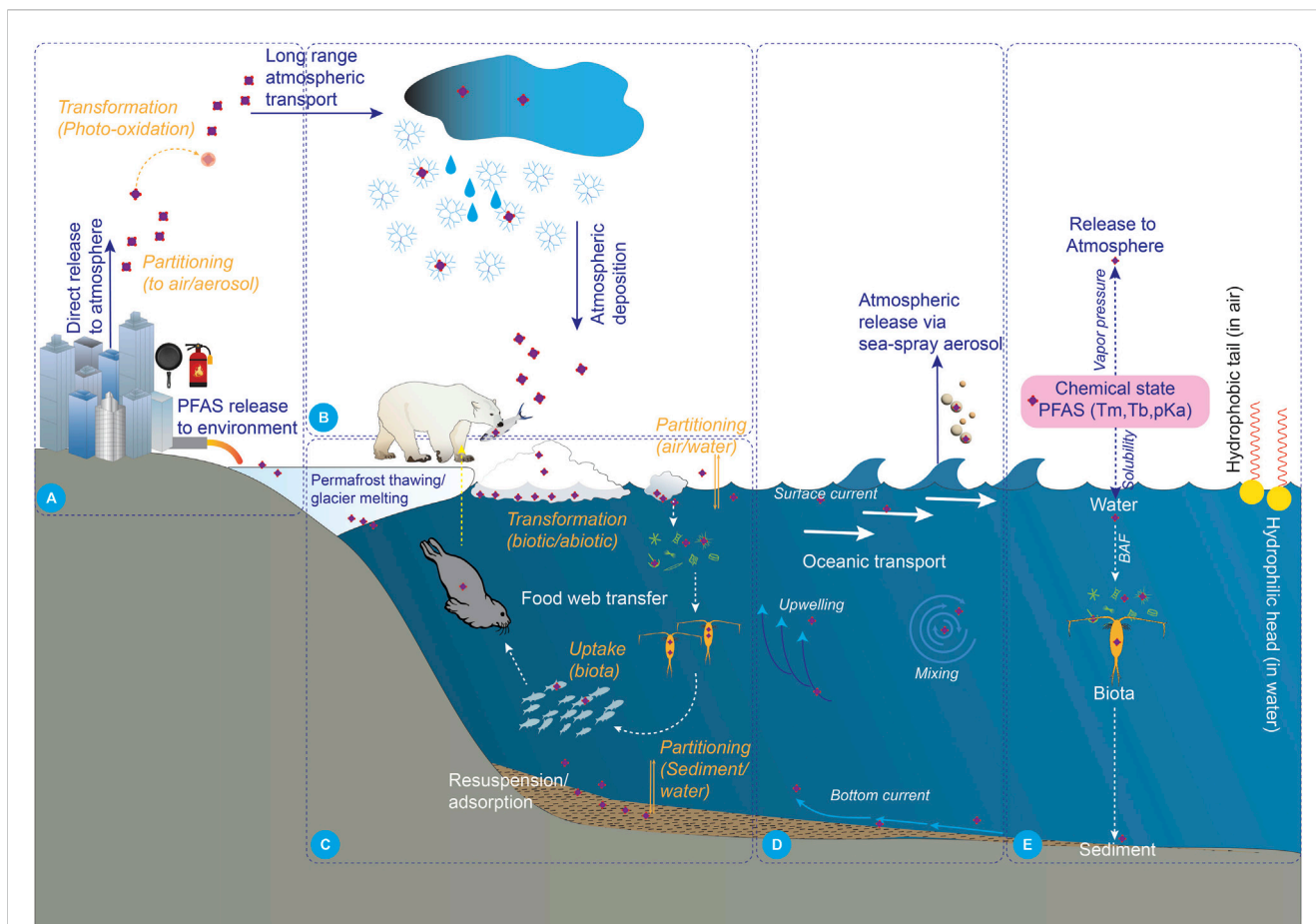


FIGURE 2

Schematic illustration of compound environmental processes influencing the PFAS transformation, fate, transport, and distribution in the cryosphere. In the cryosphere, organisms are exposed to PFAS through contaminated water (sea, ice, snow, or glacier meltwater), sediment, and prey, leading to their transfer and magnification through the polar food web. BAF- bioaccumulation factor, the accumulation of PFAS in organisms from both seawater and their diet. (A) various sources of PFAS entering the environment, (B) Atmospheric transport of PFAS through snow, air, and rain, (C) potential entry points of PFAS to the food chain and biomagnification, (D) Oceanic transport routes of PFAS, and (E) PFAS chemical states influenced by factors, i.e.,  $T_m$ - melting point,  $T_b$ - boiling point,  $pK_a$ - acid dissociation constant.

The commercial production of PFAS began in the 1970s with the advent of telomerization, marking the inception of these widely used anthropogenic chemicals (Okazoe, 2009). Due to their persistence, PFAS are often described as “forever chemicals” (Miner et al., 2021; Renfrew and Pearson, 2021; Manojkumar et al., 2023). They are a group of synthetic organofluorine compounds with a fluorocarbon backbone attached to a functional group (Figure 1). PFAS are defined by the presence of at least one fully fluorinated methyl ( $-CF_3$ ) or methylene ( $-CF_2$ ) group, with no hydrogen, chlorine, bromine, or iodine atoms attached to these carbon atoms (Wang Z. et al., 2021).

Polyfluoroalkyl substances are composed of a fluorinated aliphatic backbone, and compared to their hydrocarbon analogs, several hydrogen atoms are replaced by fluorine atoms (Buck et al., 2011). The corresponding perfluoroalkyl substances maintain the same structural configuration, with the distinction being that the chain is completely saturated with fluorine atoms, resulting in a more compact and electronegative demeanor (Buck et al., 2011).

PFAS are amphipathic and, as such, have emulsifying properties, making them excellent surface-active compounds as they interact with water and nonpolar substances (Figure 1). Owing to these

attributes, PFAS are extensively utilized in various household products and industrial applications (Gaines, 2023), including waterproof clothing, carpets, furniture, paper, food packaging, heat-resistant non-stick cooking surfaces, and electrical wire insulation. Due to their broad applications, PFAS-based products enter the environment through multiple pathways, such as waste and rainwater, atmospheric deposition, water currents, etc., (Jansson, 2019; Ahrens et al., 2023). They spread globally, even reaching the most remote regions like the Arctic and Antarctica. PFAS have received significant attention due to their ability to travel long distances and documented bioaccumulation from the base of the food chain to apex predators, including polar bears (Khan et al., 2023; Figures 2A–D).

## 2.2 PFAS phase behavior and transformation

The unique physicochemical properties influence the PFAS' environmental fate and transformation. Key factors such as density, melting points ( $T_m$ ), boiling points ( $T_b$ ), solubility, vapor pressure, electronegativity, low polarizability, chemical stability, and

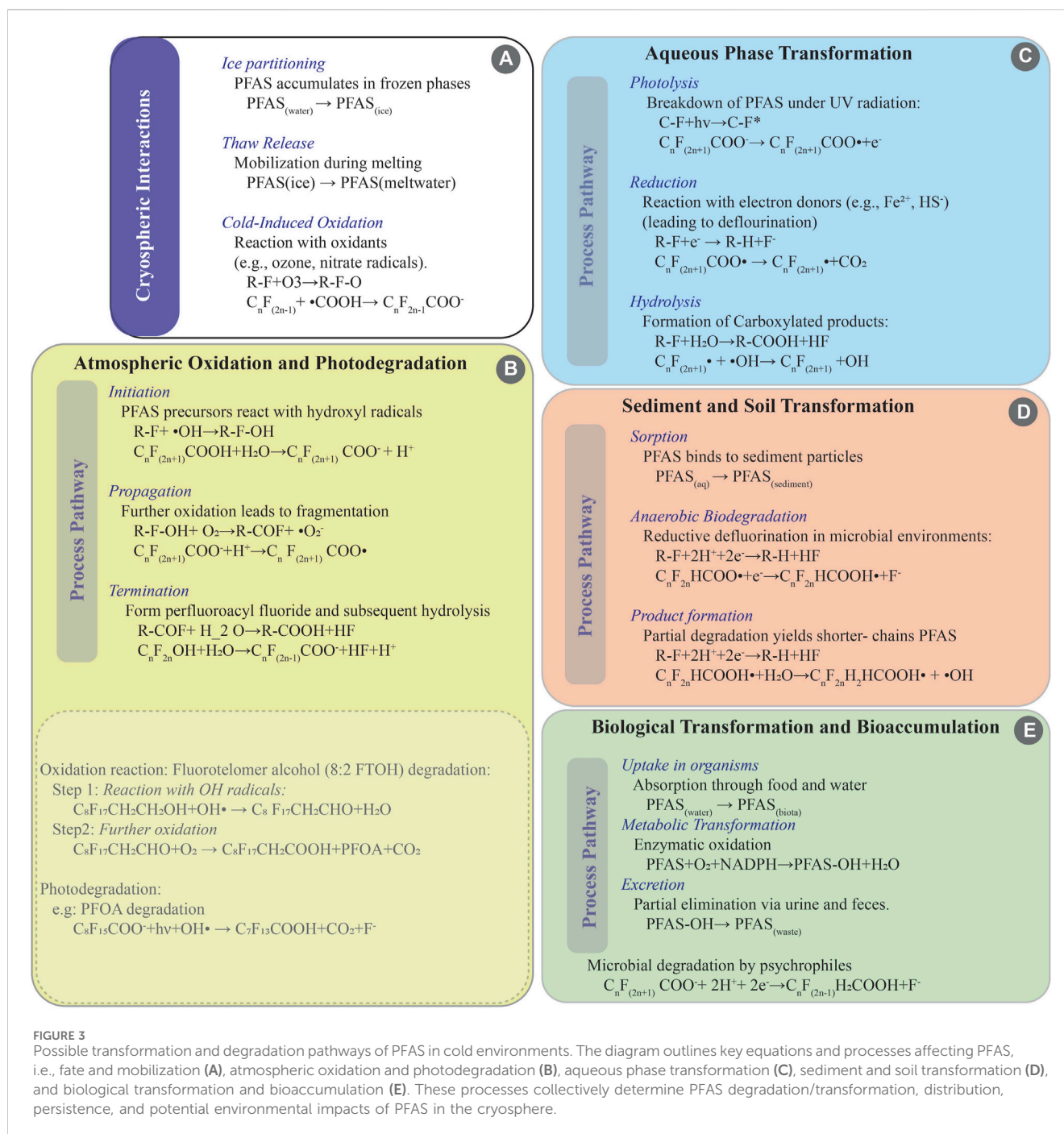


FIGURE 3

Possible transformation and degradation pathways of PFAS in cold environments. The diagram outlines key equations and processes affecting PFAS, i.e., fate and mobilization (A), atmospheric oxidation and photodegradation (B), aqueous phase transformation (C), sediment and soil transformation (D), and biological transformation and bioaccumulation (E). These processes collectively determine PFAS degradation/transformation, distribution, persistence, and potential environmental impacts of PFAS in the cryosphere.

thermal stability dictate their mobility and persistence (Figure 2E; Interstate Technology and Regulatory Council, 2023). Additionally, PFAS can partition into mobile colloids, facilitating their transport across different environmental matrices, a phenomenon relevant in cryosphere environments undergoing freeze-thaw cycles (Garnett et al., 2019; Garnett et al. 2021b; Sherman-Bertinetti et al., 2024).

PFAS mobility can be affected by salinity, pH, organic carbon content, and the presence of polyvalent cations (Nguyen et al., 2020). Cold environments often have unique geochemical conditions, such as acidic soils, permafrost, and glacial sediments, further impacting PFAS behavior. PFAS tend to associate the air-water interface with organic matter hydrophobically and form an electrostatic

connection with charged surfaces (Interstate Technology and Regulatory Council, 2023). This is relevant in cold environments where organic matter is preserved in permafrost, thereby PFAS potentially affecting its mobility (Figure 2E).

PFAS density influences their behavior as dense, non-aqueous phase liquids or remain dissolved in water (Figures 2E, 3A). High-density PFAS, like 4:2 Fluorotelomer alcohol (FTOH) ( $1.59 \text{ g/cm}^3$ ), can sink downward through the water column, potentially accumulating in deep-sea sediments. Volatile precursors undergo oxidation, converting into persistent perfluorooctanoic acid (PFOA) and perfluorooctanesulfonic acid (PFOS), leading to secondary contamination (Figures 3B–D; Ellis et al., 2004; Interstate

Technology and Regulatory Council, 2023). Their higher vapor pressure allows them to exist in the gases, increasing their potential for long-range atmospheric transport (Hartz et al., 2023). The breakdown of 8:2 FTOH in the atmosphere has been linked to PFOA in Arctic summers due to increased photochemical activity (Van de Vijver et al., 2003). This illustrates the role of atmospheric degradation of FTOH into persistent PFCAs, including PFOA and PFNA (Figure 3B).

Sea ice formation concentrates long-chain (C8-C12) PFAS in surface layers, enriching them up to threefold compared to short-chain (C4-C7) and sodium chloride (NaCl). As seawater freezes, expelled salts create brine channels that concentrate with PFAS. This partitioning process plays a key role in PFAS accumulation (Garnett et al., 2021a). While some PFAS can form floating separate-phase layers, this behavior is primarily due to their surface activity rather than density alone (Figure 3A). This can enhance PFAS deposition in polar snowpacks and ice layers (Hartz et al., 2024). Factors like melting ice and snow, temperature changes, and sunlight durations also significantly affect the PFAS incorporation into air, water, and sediment (MacInnis et al., 2019b). For hexafluoropropylene oxide dimer acid (HFPO-DA: GenX), deposition in surface snow was notably higher during periods of continuous daylight, suggesting that sunlight-driven atmospheric degradation processes play a significant role in their formation and deposition (Hartz et al., 2024).

Cold condensation effects allow PFAS with low boiling points to volatilize and undergo long-range atmospheric transport before condensing in colder regions, known as global distillation. This is evidenced with the presence of short-chain PFAS and volatile precursors like FTOH in Arctic and Antarctic environments (Garnett et al., 2022). Moreover, PFAS with high melting points for long-chain PFAS, such as perfluorotetradecanoic acid (PFTeDA), melting at 130°C–135°C, and chlorinated polyfluorinated ether sulfonic acid (Cl-PFESA), tend to sorb onto ice and snow, delaying the release until thawing occurs. This results in seasonal (summer) pulses of PFAS contamination into Arctic waters (Garnett et al., 2021b).

Acid dissociation constants ( $pK_a$ ) influence PFAS's solubility and bioavailability (Interstate Technology and Regulatory Council, 2023). Low  $pK_a$  PFAS, such as perfluorobutanoic acid (PFBA), perfluorohexanoic acid (PFHxA), and PFTeDA, exist almost entirely in their ionic form, increasing their mobility in Arctic waters and, leading to uptake by marine organisms (Joeris et al., 2020). PFBA ( $T_m$  is  $-17^\circ\text{C}$ ) has been detected at high concentrations (53% of total PFAS measured) in Svalbard meltwater, indicating a potential risk for polar biota (Ahrens et al., 2023). Neutral or weakly acidic PFAS such as polyfluorinated alkyl phosphoric acid esters (PAP) and FTOH cross the cell membranes before undergoing transformation and bioaccumulation (Wang et al., 2015b; Xie et al., 2015). They also partition into organic matter and lipid-rich marine organisms, thereby increasing long-term exposure (Gebink et al., 2016; Xie and Kallenborn, 2023; Feng et al., 2024).

## 2.3 PFAS transport and distribution

PFAS concentrations vary geographically and are influenced by human population density and proximity to urbanized regions and

landfills (Wee and Aris, 2023). These spatial differences suggest that PFAS distribution results from biological and geographical factors, as the latter alone do not fully account for concentration variations.

Their environmental fate, such as bioavailability, potential entry into the marine food web (Figure 2), and broader dispersal, is shaped by Arctic ocean surface conditions, air and water circulation patterns, and temperature-dependent physical-chemical characteristics like vapor pressure and partitioning coefficients (Lamon et al., 2009). While horizontal transport via surface currents is the primary mechanism for most PFAS, certain compounds—such as perfluorodecanoic acid (PFDA) and PFOS precursors, exhibit notable vertical fluxes through sediment resuspension, upwelling, and mixing, underscoring the need to consider multiple transport processes when assessing the distribution of PFAS (Figure 2D; Zhang et al., 2017).

### 2.3.1 Currents of contamination: PFAS in oceanic pathways

Ocean currents serve as a slow but significant pathway for the long-range transport of PFAS, gradually moving these pollutants from industrial areas to remote Arctic regions over decades (Joeris et al., 2020). This process contributes to the steady accumulation of PFAS, particularly long-chain compounds in the cryosphere regions (Ahrens et al., 2023; Hartz et al., 2023). Oceanic transport of PFAS to the Arctic cryosphere is substantial, with significant mass flows reported through key gateways like the Fram Strait (Joeris et al., 2020).

Global ocean models, such as the Berkeley-Trent Global Model (BETR), have shown that ocean currents are the primary transport route for PFOA-like long-chain PFCAs to enter polar waters (Armitage, 2009; Stemmler and Lammel, 2010). For example, the Norwegian Sea is a major PFAS pathway, particularly for PFOA, which moves northward into the Arctic (Stemmler and Lammel, 2010). Similarly, in the Mid-Atlantic, PFAS concentrations remain highest in surface waters, as isolation from deeper layers creates a long residence time in warmer surface currents like the Gulf Stream and North Atlantic drift. In contrast, PFAS levels in the South Pacific Ocean are low from surface to depth, reflecting limited inputs and influence from older, deep currents (Stemmler and Lammel, 2010).

### 2.3.2 Oceanic transport and impact on PFAS storage in the cryosphere

The cryosphere serves as both a PFAS reservoir and a secondary contamination source. Less volatile PFAS are deposited via aerosols, accumulating in water bodies, sediments, marine ice, and vegetation through cold trapping (Bengtson Nash et al., 2010; Wild et al., 2015; Sha et al., 2022; Egas et al., 2023; Xie and Kallenborn, 2023). Increased melting glaciers due to climate change may release previously trapped PFAS into the Arctic waters. This contamination effect is compounded by the weakening of the Atlantic Meridional Overturning Circulation (AMOC), which alters the distributional dynamics of PFAS in the oceans (Zhang et al., 2017).

The Arctic Ocean is predicted to become a significant PFOS reservoir, potentially storing between 63 and 180 t in the future (Yeung et al., 2017). Moreover, long-chain and emerging short-chain PFAS show significant temporal changes and are transported by ocean currents, resulting in consistent exposure over time within

environmental matrices (Ahrens et al., 2023). The shift from long-chain to short-chain PFAS production in recent years has altered the types of PFAS reaching the Arctic. With rapid atmospheric responses to industrial changes, the Arctic is experiencing higher concentrations of short-chain PFAS alongside legacy compounds like PFOA and PFOS, despite their phase-out in 2020 and 2009 (ECHA, 2024). Although certain PFAS precursors have decreased due to reduced production, recent studies indicate that PFAS levels have stabilized since around 2009–2010, suggesting ongoing exposure through ocean currents (Routti et al., 2017).

### 2.3.3 Atmospheric transport

Due to their persistent nature and capacity for long-range atmospheric travel, PFAS depositions occur in remote Arctic regions. This process may occur over days to weeks, making it a relatively rapid mechanism for distributing PFAS, particularly for short-chain PFAS and their volatile precursors (Wania, 2007; Blévin et al., 2017). Volatile precursors of PFAS, such as FTOH, are known to travel considerable distances before degrading into stable compounds like PFCAs (Van de Vijver et al., 2003).

In Antarctica, the atmospheric delivery of FTOH-derived ionic PFAS is influenced by wind patterns and the rate of FTOH oxidation, which has a modest yield of stable PFAS (3%–10%) (Wania, 2007). Estimates suggest that about 40% of North American FTOH production has been linked to ionic PFAS contamination in Canadian Arctic ice caps, emphasizing atmospheric pathways as primary sources of PFAS in these regions (Young et al., 2007). Casas et al. (2023) reported a higher concentration of per- and polyfluoroalkyl acids (PFAA) in snow, emphasizing the role of atmospheric deposition in introducing PFAA to Antarctica, as demonstrated by their presence in aerosols, rain, snow, and small lakes.

Laboratory and modeling studies highlight that sea spray aerosols (SSA) are a significant source of PFAS in the atmosphere and are capable of long-range transport (Reth et al., 2011; Johansson et al., 2019; Casas et al., 2020). While SSA formation and organic matter enrichment are understood, field data on PFAS concentrations in marine sea surface microlayers, crucial for aerosol formation, is limited. More field measurements are needed to enhance our understanding of PFAS emission and transport dynamics through SSA-mediated processes (Ju et al., 2008; Figure 2).

Seasonal variations in PFAS concentrations of PFAS indicate that atmospheric oxidation is a critical contributor to Arctic contamination (Young et al., 2007). High levels in winter are likely linked to increased deposition events that gather PFAS on glaciers, frozen lakes, and streams (Muir et al., 2019). Snow pit samples from the high Arctic ice caps further confirm these atmospheric deposition patterns (Hartz et al., 2023).

### 2.3.4 Snow, glacial meltwater, and permafrost thaw as PFAS transport vectors

Snow and glacial melt water are crucial pathways for contaminant transport in cryosphere regions. As an effective scavenger, snow captures PFAS from atmospheric deposition, leading to contamination even in remote polar, the Tibetan Plateau, and the Alps regions (Benskin et al., 2011; Wang et al., 2014; Pickard et al., 2018; Casal et al., 2019; Chen et al., 2019; Skaar

et al., 2019; Wang et al., 2019). The interplay of atmospheric deposition, meltwater mixing, and permafrost thaw accelerates the spread of PFAS (Vonk et al., 2015; Gruber et al., 2017; Jones et al., 2022). The Antarctic “snow amplification effect” demonstrates how snow scavenges persistent organic pollutants (POP), including PFAS, from the atmosphere, which are later released into seawater during snowmelt (Casal et al., 2019; Casas et al., 2020; Casas et al., 2023).

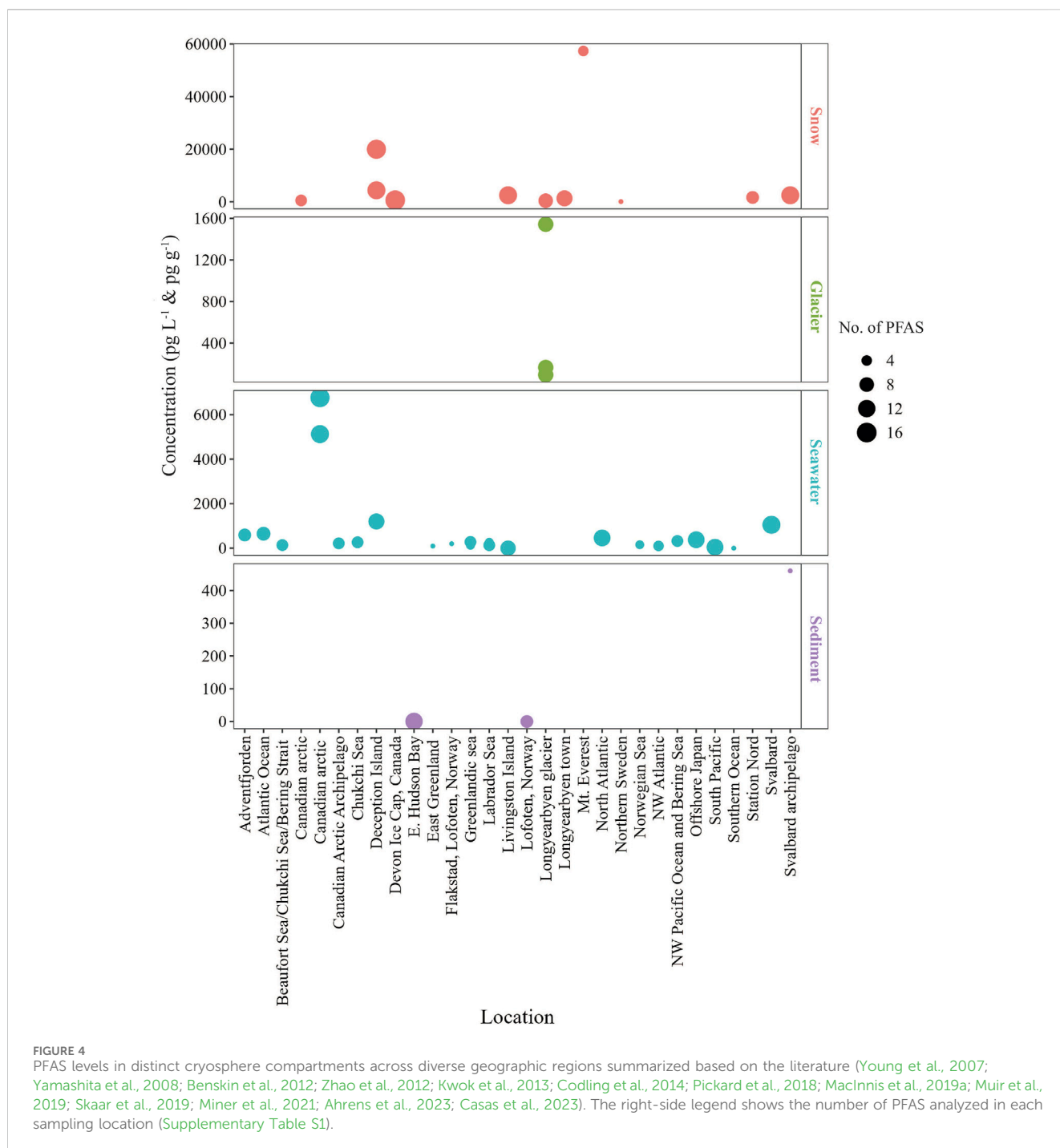
Warming-induced snow and glacier melt contribute to remobilizing both recently deposited and legacy PFAS, leading to increased contamination of freshwater and marine environments. Elevated PFAS concentrations have been documented in soils, permafrost layers, and lake sediments downstream from glaciers (Chen et al., 2019; MacInnis et al., 2019b; Zhou et al., 2024a). Recent studies indicate that freshly deposited snow in Antarctica contained higher concentrations of PFCA compared to coastal seawater, with a concentration ratio ranging from one to over 30 ratios, increasing with the alkylated chain length of PFAS (Casal et al., 2017a; Casas et al., 2023; Bargagli and Rota, 2024). Similarly, in the Lake Hazen watershed, Canada, higher PFAS concentrations were detected upstream, indicating snowmelt as the primary transport mechanism integrating inputs from atmospheric sources and permafrost thaw (MacInnis et al., 2022; Figures 2B, D).

Recent studies have also detected novel PFAS compounds in the Arctic and Antarctica, such as HFPO-DA and fluorotelomer sulfonates (6:2 and 8:2 FTS). These compounds were substitutes for traditional PFAS like PFOS and PFOA (Zhou et al., 2024a). In Antarctica, 16 PFAS were measured in snow samples collected at the Dome C ice core drilling station (French/Italian Station Dome Concordia, Wilkes Land, East Antarctica) in the summer of 2016, with PFOA identified as the dominant compound, followed by perfluoroheptanoic acid (PFHpA), perfluorohexanoic acid (PFHxA), and perfluoropentanoic acid (PFPeA). Long-chain PFCA (C9–C14) represented 10% of the total PFCA content, while PFOS, perfluorobutane sulfonate (PFBS), and PFHxS were the predominant PFSA. Notably, HFPO-DA (4.7–13.0 pg/L) was detected in Antarctic snow for the first time (Xie et al., 2015). In high-Arctic ice cores, PFOA (66 pg/L) detected in ice cores during 1977–2015 have been regarded as the background levels, likely resulting from atmospheric deposition (Pickard et al., 2018; Joerss et al., 2020).

### 2.3.5 PFAS trapped in sea ice and released when it melts

Sea ice is a critical reservoir and transport vector for PFAS and POP. During winter, sea ice acts as a seasonal “sink,” accumulating PFAS and other contaminants. Early models predicted that the decline of sea ice and subsequent increases in open water would enhance the exchange of chemicals between the atmosphere and ocean surface waters, raising exposure levels in marine environments (Stemmler and Lammel, 2010; Dunn et al., 2024). However, recent research revealed that PFAS behavior in sea ice involves complex interactions between contaminant retention, seasonal ice dynamics, and environmental release processes (Yeung et al., 2017; Hartz et al., 2023).

Various types of PFAS have been detected in ice and water samples at different concentrations from the cryosphere (Figure 4). For instance, PFBA was the dominant PFAS in the ice of Canadian



Lake Hazen in 2013 and 2014, followed by PFNA, PFOA, and PFDA (MacInnis et al., 2019a). Recently, a large number of PFAS were detected in an ice core from the Lomonosovfonna ice cap on Svalbard in the Arctic, where short-chain PFAS, such as trifluoroacetic acid (TFA), perfluoropropionic acid (PFPrA) and PFBA dominated atmospheric deposition fluxes. These findings align with similar results from Canada's High Arctic (Pickard et al., 2018; Hartz et al., 2023). Interestingly, the occurrence of long-chain PFAS, like perfluorododecanoic acid (PFDoDA) and perfluorotridecanoic acid (PFTrDA), was substantially higher in the Lomonosovfonna ice core (82%) compared to the Devon Ice Cap

core, Canada (13%) (von Appen, 2018). Additionally, in both polar regions, glacier melting and sea ice retreat serve as secondary sources of PFAS, releasing previously deposited contaminants back into the environment as ice and snow thaw (Xie and Kallenborn, 2023).

### 2.3.6 Regional dynamics and barriers in PFAS oceanic distribution

PFAS concentrations reported from various studies show notable variations influenced by oceanic circulation. For instance, PFAS levels decreased from high-emission zones in Northern



TABLE 1 Compiled studies of documented PFAS contamination profiles in cryosphere environments.

No.	Habitat/location	PFAS type	PFAS concentrations	Sample matrices	Detection method	Reference
1	Ny-Ålesund, Svalbard	12 neutral PFAS	Arctic atmosphere: $\Sigma$ PFAS 6.7–39 $\mu\text{g m}^{-3}$ (mean: 17 $\mu\text{g m}^{-3}$ ) Snow: $\Sigma$ PFAS 334–692 $\mu\text{g/L}$ with an average value of 523 $\mu\text{g/L}$	air and fresh snow	GC-MS/MS	Xie et al. (2015)
2	Coastal Livingston Island (Maritime Antarctica)	8 types of PFASs and 14 types of PFCAs	Freshly deposited snow: 760–3,600 $\mu\text{g/L}$ ( $\Sigma$ PFAS) Background surface snow: 82–430 $\mu\text{g/L}$ ( $\Sigma$ PFAS) Seawater: 94–420 $\mu\text{g/L}$ ( $\Sigma$ PFAS) Plankton: 3.1–16 $\mu\text{g/g dw}$ ( $\Sigma$ PFAS)	fresh snow deposition, surface snow, streams from melted snow, coastal seawater, and plankton samples	LC-MS/MS	Casal et al. (2017b)
3	Antarctica Deception Island and Livingston Island	several PFAAs	PFAA: 240–2,100 $\mu\text{g/L}$ , PFOS: 1,1–30 $\mu\text{g/L}$	Snow and coastal water surfaces	LC-MS/MS	Casas et al. (2023)
4	Larsemann Hills, East Antarctica	15 types of PFAS	$\Sigma$ PFAS was 193 $\mu\text{g/L}$ , dominant was PFOA (mean 55.7 $\mu\text{g/L}$ )	Surface waters (ice-melting lakes)	LC-MS/MS	Shan et al. (2021)
5	Livingston Island, South Shetland Islands, Antarctica	12 types of PFAS	$\Sigma$ PFAS in SW averaged 313 $\mu\text{g/L}$ , ranging from 185 $\mu\text{g/L}$ to 509 $\mu\text{g/L}$ . SML- 447 $\mu\text{g/L}$ , SSA-0.67 $\mu\text{g/L}$	Surface seawater (SW), sea-surface microlayer (SML), sea-spray aerosol (SSA)	LC-MS/MS	Casas et al. (2020)
6	North Sea to Southern Arctic Ocean	PFOS, PFOA, PFNA, PFDA, PFHxA, PFHpA, PFUnDA, PFTrDA, PFDoA	$\Sigma$ PFAS on average and up to 4.4 $\mu\text{g/kg}$ dry weight	Sediment top layer	LC-MS/MS	Boitsov et al. (2024)
7	Greenland Sea, the East Atlantic Ocean, and the Southern Ocean	15 types of PFAS including C4–C10 PFASs, and C5, C6, and C8–C16	$\Sigma$ PFAS in the North Atlantic Ocean 130–650 $\mu\text{g/L}$ . Greenland Sea, the $\Sigma$ PFAS from 45 to 280 $\mu\text{g/L}$	Marine surface water samples	LC-MS/MS	Zhao et al. (2012)
8	Qiangyong Lake and Pumoyong Lake, on the Tibetan Plateau	PFOA, PFOS, PFBS, PFBA and other PFAS	$\Sigma$ PFAS 421–665 $\mu\text{g/g}$ dry weight	Proglacial river sediment	LC-MS/MS	Zhou et al. (2024a)
9	Nyainqentanghla Mountain Range, a central part of the Tibetan Plateau	PFBA, PFBS, PFPeA, PFOA, PFHpA, PFNA, PFDA	Concentration of PFAAs in snow PFBA > PFBS > PFPeA $\approx$ PFOA PFAA: 1.413 $\mu\text{g/L}$ in glacial ice 1,277 $\mu\text{g/L}$ in meltwater runoff 980 $\mu\text{g/L}$ for lake water, and 616 $\mu\text{g/L}$ for rain	glacial snow/ice, glacial runoff, nonglacial runoff, precipitation, and lake water	LC-MS/MS	Chen et al. (2019)
10	High and Low Arctic Lakes, Canada	PFOA, PFDA, PFBS, PFOS, PFNA, PFHpA, PFUnDA, PFECHS	$\Sigma$ PFAS 0.006–0.161 $\mu\text{g/g}$	Lake sediment points receive glacial meltwater inputs, surface runoff, and thaw (i.e., permafrost)	LC-MS/MS	MacInnis et al. (2019b)
11	Mt.Everest	PFOS, PFOA, PFHxA	Snow samples PFAS, 26.14 $\mu\text{g/L}$ , Meltwater ranged from 0.64 $\mu\text{g/L}$ to 4 $\mu\text{g/L}$	Mt.Everest snow and glacier meltwater	LC-MS/MS	Miner et al. (2021)
12	Arctic Svalbard Ice core	26 types of PFAS	PFOA: 2.5–8,200 $\mu\text{g m}^{-2} \text{ years}^{-1}$ (9.51–16,500 $\mu\text{g L}^{-1}$ )	Svalbard ice cores	SFC - MS/MS and LC-MS/MS	Hartz et al. (2023)
13	Arctic Fjords, Svalbard	PFOA at six different locations	Ranged between 0.14 $\mu\text{g/g}$ to 6.54 $\mu\text{g/g}$	Sediment samples	LC-MS/MS	Saritha et al. (2023)
14	Arctic Svalbard, Norway	PFBA, PFHxA, PFHpA, PFOA, PFNA, PFDA, PFDoDA, PFUnDA, PFBS	5–6 $\mu\text{g/L}$ in seawater, 4 $\mu\text{g/L}$ in meltwater, PFOS was dominant	Seawater, meltwater runoff, surface snow, and coastal sediment samples	LC-MS/MS	Skaar et al. (2019)
15	Arctic regions Greenland Sea North Sea Norwegian Sea	11 PFAS types HFPO-DA, C6 to C12 PFCAs, PFBS, PFBHxS, L-PFOS/Br-PFOS	PFAS ranged from Greenland Sea-140 $\mu\text{g/L}$ to North Sea-340 $\mu\text{g/L}$	Surface seawater	LC-MS/MS	Joerss et al. (2020)
16	West China	16 types of PFAS	$\Sigma$ PFAS ranged from 879 to 3,974 $\mu\text{g/L}$	Surface snow	LC-MS/MS	Wang et al. (2019)

(Continued on following page)

TABLE 1 (Continued) Compiled studies of documented PFAS contamination profiles in cryosphere environments.

No.	Habitat/location	PFAS type	PFAS concentrations	Sample matrices	Detection method	Reference
17	Antarctic ice core	12 types of PFAS (C5-C14 PFCA, C6/C8 PFSA)	0.5–100 ng/L	Waters samples	LC-MS/MS	Shi et al. (2015)
18	Svalbard west coast of Spitsbergen in the Svalbard archipelago, Arctic	22 Types of PFAS. Dominant types: PFBA in freshwater; PFCAs in snow and surface water; PFSA and 6:2 FTSA in water and soil	ΣPFAS in meltwater $6.5 \pm 1.4$ ng/L, surface snow $2.5 \pm 1.7$ ng/L, freshwater $2.3 \pm 1.1$ ng/L, seawater $1.05 \pm 0.64$ ng/L, lake sediments $0.084 \pm 0.038$ ng/g	Water, snow, sediment, and soil samples	LC-MS/MS	Ahrens et al. (2023)
19	Adventfjorden, Svalbard, Arctic	15 types of PFAS, most common were PFOA, PFNA, PFDA, PFUnDA, L-PFOS, PFHxA, PFUnDA	ΣPFAS in snow: 18.70 ng/L	Ice core, glacier, melted glacier, surface snow	LC-MS/MS	Ali et al. (2021)
20	Svalbard, Arctic	PFOA, PFNA, PFBA, PFUnDA, PFOS, PFPeA, FHxSA	Σ20PFAS in Arctic soil: 0.12–4.84 ng/g, sediment: 0.15–0.93 ng/g, biota: 0.0049–2.62 ng/g	Arctic soil, sediment, biota	LC-MS/MS	Dai et al. (2025)
21	Lomonosovfonna, Svalbard, Arctic	26 types of PFAS	ΣPFCA 9.51–16500 pg/L, PFOS: 195 pg/L, PFHxS: 28.3 pg/L, PFBS: 28.4 pg/L, 6:2 FTSA: 14.1 pg/L	Ice cores	LC-MS/MS	Hartz et al. (2023)
22	Mt.Oreles, Alps, Italy	12 types of PFAS	ΣPFAS ranged from 1 ng/L to 5.8 ng/L, abundant PFAS, PFOA: 0.1–0.9 ng/L, PFBA: 0.3–1.7 ng/L, PFNA: 2.1 ng/L	Glacier firn core	GC-MS	Kirchgeorg et al. (2016)
23	Klippitztorl, Austria	16 types of PFAS	ΣPFAS ranged <1.7 bg/L to 143 ng/L in snow melt, <0.62–5.35 ng/g in soil, <1.89 and $874 \pm 240$ ng/g in ski wax	Ski wax, snowmelts, and snow from skiing sites	LC-MS/MS	Müller et al. (2023)
24	Mt.Oxford, Ellesmere Island, Canada	15 types of PFAS and GenX	PFCA: up to 316 ng/m <sup>2</sup> /area, PFOA From the detected high < 2.33 ng/L, similar amount of PFNA, PFDA > PFPeA, PFHpA > PFHxA > PFUnDA > PFDoA, GenX below the detection limit. PFSA: average 13 ng/m <sup>2</sup> /area, but elevated levels of PFOS and PFBS up to 471 ng/m <sup>2</sup> /area in pre-1990s samples	Ice core	LC-MS/MS	Persaud et al. (2024)

GC-MS/MS: gas chromatography-tandem mass spectrometry, LC-MS/MS: liquid chromatography-tandem mass spectrometry, SFC-MS/MS- supercritical fluid chromatography-tandem mass spectrometry.

Europe toward the South Atlantic due to dilution and circulation effects (Joerss et al., 2020; Ahrens et al., 2010).

Regional studies underscore the impact of ocean currents on PFAS distribution in polar regions, where the Arctic experiences higher PFAS accumulation than Antarctica. Concentrations declined from the North Sea continental shelf toward the Norwegian Sea, and only PFOS was detected in the Antarctic circumpolar current zone (Bengtson Nash et al., 2010). However, several studies reported the presence of PFAS in remote regions of Antarctica (Figure 4; Table 1) (Bengtson Nash et al., 2010; Wild et al., 2015; Shan et al., 2021; Casas et al., 2023). Though oceanic currents mainly facilitate the transport of PFAS on a global scale, the Antarctic circumpolar currents act as a barrier, limiting the influx of PFAS from northern marine regions to the Southern Ocean (Bengtson Nash et al., 2010; Stemmler and Lammel, 2010; Benskin et al., 2012). Quantitative estimates suggested that approximately 123 t of PFAS flow annually into the Arctic Ocean from the North Atlantic, with 110 t returning to the Atlantic (Dunn

et al., 2024). This pattern highlights an extensive and ongoing circulation of PFAS within northern waters, impacting surface and deeper ocean layers (Sha et al., 2022).

## 2.4 PFAS transformation and degradation pathways in the cryosphere

### 2.4.1 Atmospheric oxidation and photodegradation

PFAS, particularly volatile PFAS precursors, such as FTOH and perfluoroalkyl sulfonamides (FASA), undergo oxidative transformation in the atmosphere. These reactions are primarily driven by hydroxyl radicals ( $\cdot\text{OH}$ ) and photochemical processes, particularly during the polar summer when sunlight exposure is prolonged (Garnett et al., 2019; Hartz et al., 2024; Figure 3B). Oxidation leads to the formation of PFCAs, such as PFOA and PFNA, which are more persistent and water-soluble, facilitating their deposition in cold environments. The yield of long-chain

PFCA is higher in remote areas due to low NO<sub>x</sub> conditions, which are typical for cold areas (Sulbaek Andersen et al., 2005; Young et al., 2007).

PFOA undergoes degradation via photochemical oxidation initiated by UV radiation. This process is enhanced by high snow reflectivity (albedo) of snow, increasing UV penetration during the Arctic summer, and the presence of ice-induced reactive species (OH, HO<sub>2</sub>). The secondary products of FTOH oxidation, such as PFOA, PFNA, and PFDA, can enter seawater via wet and dry deposition and subsequently undergo sea spray aerosol (SSA), acting) which act as a re-emission pathway for these PFAS into the atmosphere. However, FTOH atmospheric oxidation is a chemical transformation process, while SSA is a physical process of PFAS from seawater to the atmosphere via bubble bursting and wave action (Figure 2).

### 2.4.2 Aqueous phase transformation

In cold environments, PFAS transformation exhibits slow reaction kinetics as it can be influenced by unique low temperatures and more prolonged UV exposure in summer. These factors affect the rates and pathways of PFAS degradation (Figure 3C). PFAS can undergo direct photolysis when exposed to UV radiation, leading to cleavage of carbon-fluorine bonds (C-F) (Xin et al., 2023). Therefore, the photolysis rate and its extent are influenced by the molar absorptivity of particular PFAS compounds.

The reduction process involves reactions where PFAS molecules gain electrons, leading to fluorination. In cold environments, the presence of electron donors such as ferrous ions (Fe<sup>2+</sup>) or bisulfide (HS<sup>-</sup>) can facilitate such chemical reactions. Exposure to artificial UV-C can induce PFAS degradation of PFAS, by generating hydrated electrons that can attack PFAS molecules, resulting in the cleavage of C-F bonds with subsequent defluorination (Yin and Villagrán, 2022).

Hydrolysis involves the reaction of PFAS with water, leading to the formation of carboxylated products. While PFAS are generally resistant to hydrolysis due to the strength of the C-F bonds, certain precursor compounds can undergo hydrolytic transformation under specific environmental conditions. For example, perfluorooctane sulfonyl fluoride (POSF) can hydrolyze to produce PFOS. The hydrolysis reactions can be influenced by temperature, pH, and the presence of catalysts (Interstate Technology and Regulatory Council, 2023).

### 2.4.3 Sediment and soil transformation

Permafrost thaw significantly influences the transport of PFAS in Arctic freshwater systems and soils (Schuur et al., 2015). Mostly, permafrost acts as a reservoir for airborne PFAS, and climate-induced thawing now transforms these frozen aquatic systems into a source of PFAS pollution (Gruber et al., 2017; MacInnis et al., 2022).

The release of PFAS from thawing permafrost induced by local pollution sources, such as sewage and landfills, creates a complex interaction of multiple contamination pathways (Garcia-Barríos et al., 2021; Alfaro Garcia et al., 2022). Warming accelerates freeze-thaw cycles, which alter PFAS mobilization, particularly affecting the distribution and chemical behavior of short-chain PFAS, which persist in deeper soil layers (Brendel et al., 2018). The efficiency of

PFAS transport depends on the composition of thawed organic matter, the morphology of lakes and streams, and landscape characteristics, such as topography, soil type, and ground ice content (Vonk et al., 2015). Thawing permafrost further deepens the active soil and releases dissolved organic carbon and other nutrients that tend to change the water chemistry of nearby lakes and rivers, consequently impacting hydrological pathways (Roberts et al., 2017). Furthermore, releasing carbon-rich organic matter may increase the bioavailability of POP, amplifying their ecological risks (MacInnis et al., 2019a; MacInnis et al., 2022). This complex interplay shows how PFAS may be redistributed across the cryosphere.

PFAS binds to organic matter and mineral surfaces like clay, and iron oxide and manganese oxide act as sorbents, affecting PFAS mobility and degradation. Iron. Iron oxides in sediments enhance PFAS adsorption and influence degradation kinetics under reducing conditions (Figure 3D; Interstate Technology and Regulatory Council, 2023). Anoxic conditions in sediments favor reductive fluorination. This is usually effective when coupled with microbial degradation by sulfite-reducing bacteria (e.g., *Desulfovibrio* spp.), which enhances PFAS breakdown in aquatic sediments (Douna and Yousefi, 2023; Jin et al., 2023).

### 2.4.4 Biological transformation

The biological transformation of PFAS can be facilitated by microbes and their metabolic activities mediated by cold-adapted enzymes at low temperatures (Figure 3E). Enzymes like peroxidases or cytochrome P450 enhance defluorination (Beškoski et al., 2018; Huang and Jaffé, 2019). *Pseudomonas* and *Dehalococcoides* species have been detected in Arctic environments, where they use PFAS as terminal electron acceptors under anoxic conditions (Huang and Jaffé, 2019; Zhang Z. et al., 2022). *Acidomicrobium* species have been identified in diverse habitats, including cold environments such as soils and sediments, and they defluorinated PFOA and PFOS under Feammox conditions (where ammonium is oxidized while iron is reduced) (Huang and Jaffé, 2019).

## 3 Bioaccumulation and biomagnification impacts

### 3.1 PFAS far-reaching overall impacts on cryosphere

The environmental transport of PFAS inevitably leads to their accumulation in the cryosphere. PFAS concentrations are notably high in the cryosphere, with unique bioaccumulation patterns compared to other regions (Khan et al., 2023) with several studies documenting a range of compounds including long-chain PFAA, such as PFDA and PFOS, and newer replacement PFAS across multiple marine taxa (Table 2; Casal et al., 2017b; Alfaro Garcia et al., 2022; Khan et al., 2023; Zhang et al., 2023). These compounds accumulate in individual species and are also biomagnifying along the food chain, heightening exposure risks for top predators (Figures 2C, E). Recent toxicological research showed that PFAS exposure

TABLE 2 PFAS documented in various tissues and organisms around the cryosphere regions (If there are more than eight types of PFAS studied in a particular location, the most abundant type, and their concentration are given; otherwise, the sum of all identified PFAS is provided).

Biota and tissue types	PFAS type and concentration	Location	Reference
Amphipods, barnacles, Atlantic cod, seaweed	Σ20 types of PFAS: 0.049–2.62 ng/g (mean 8.84 ng/g). Amphipods: 22.6–26.2 ng/g, barnacles: 3.16–7.02 ng/g, Atlantic cod 2.31–4.44 ng/g, seaweed 0.049–3.29 ng/g	Svalbard, Norway	Dai et al. (2025)
Polar bear ( <i>Ursus maritimus</i> ) liver samples	ΣPFAS, ≈ 60% was PFOS	Hudson Bay Canada	Letcher et al. (2018)
Polar bear ( <i>Ursus maritimus</i> ) plasma samples	PFOS > PFNA > PFHxS > PFUnDA > PFDA > PFTTrDA > PFOA > PFDoDA)	Svalbard, Norway	Tartu et al. (2017)
Greenland polar bears ( <i>Ursus maritimus</i> ) - liver, blood, muscle, adipose, and brain tissue samples	C6 -C11 PFCAs C13- C15 PFCAs and PFOS were in higher concentration in liver > blood > muscle ≈ adipose	Scoresby Sound, Central East Greenland	Greaves et al. (2012)
Ringed seals ( <i>Phoca hispida</i> ) liver sample	PFOS>>> PFUnDA > PFNA > PFDA	Greenland	Rigét et al. (2013)
Polar bear ( <i>Ursus maritimus</i> ) liver sample	PFOS>>> PFNA > PFDA > PFUnDA	Greenland	Rigét et al. (2013)
Killer whales' liver sample	14 types of PFAS ΣPFAS- 269 ± 90 ng/g	Greenland	Gebbink et al. (2016)
Ringed seals liver sample	14 types of PFAS ΣPFAS- 138 ± 7 ng/g	Greenland	Gebbink et al. (2016)
Polar bear ( <i>Ursus maritimus</i> ) liver sample	14 types of PFAS ΣPFAS- 2,336 ± 263 ng/g	Greenland	Gebbink et al. (2016)
North Atlantic pilot whale <i>Globicephala melas</i>	15 types of PFAS ΣPFAS in 1998: 31 ng/g, in 2013: 21 ng/g	Faroe Islands	Dassuncao et al. (2017)
Arctic seabird, black-legged kittiwakes ( <i>Rissa tridactyla</i> ), blood samples	Short chain (C9-C12) PFCAs and long chain (C13-C14) PFCAs	Svalbard, Norway	Léandri-Breton et al. (2024)
Arctic foxes ( <i>Vulpes lagopus</i> ): liver, blood, kidney, adipose, muscle samples	ΣPFCA and PFSA were higher in lean foxes than fat ones ΣPFSA > PFCA in all tissues PFOS > PFNA > PFUnDA > PFTTrDA	Svalbard, Norway	Aas et al. (2014)
North American river otters ( <i>Lontra canadensis</i> )	Liver: 931 ng/g wet wt (highest tissue specific concentration), (Σall PFAS): 1580 µg across the entire body, PFSA:58%–75%, PFCA: 21%–35%	West Virginia, United States	Li et al. (2024)
Zooplankton, polychaetes, spider crab, sculpin and wolffish, glaucous gull	ΣPFAS, in zooplankton: 1.1 ± 0.32 µg/kg, polychaetes 2.8 ± 0.80 µg/kg, Spider crab: 2.9 ± 0.70 µg, fish liver: 5.4 ± 0.87 µg/kg, gull liver samples 62.2 ± 11.2 µg/kg	Arctic Fjord, Svalbard, Norway	Ali et al. (2021)
Zooplankton, clams, glaucous gulls	Calms: 0.28 ± 0.09 ng/g (we weight, whole body), gulls: 20.2 ± 3.9 (liver), zooplankton: ± 2.6 ± 0.3 ng/g (wet weigh)	Various Arctic regions	Tomy et al. (2004)
Polar bear	Livre: PFOS 1735.67 ng/g, adipose tissue: PFHxS 2.2 ng/g	Arctic region	Khan et al. (2023)
Seabird,black-legged kittiwakes ( <i>Rissa tridactyla</i> )	PFOS 0.00704 ng/mL, PFNA 0.000409 ng/mL, PFDCa 0.000619 ng/mL, PFUnA 0.00083 ng/mL, PFDoA 0.00109 ng/mL, PFTTrA 0.00360 ng/mL	Kongsfjorden, Svalbard	Blévin et al. (2017)
White whales <i>Delphinapterus leucas</i> , plasma samples of whales	PFOS 22.8 ng/mL, sum of PFCAs 13.7 ng/mL: PFOA, PFNA, PFDA, PFUnDA, PFDoDA, PFTTrDA, PFTeDA, sum of PFSA 24.6 ng/mL:PFHxS, PFHpS., FOSA 2.61 ng/mL	Svalbard, Norway	Villanger et al. (2020)
Marine mammals (Polar bear, grey seal, trout fish)	PFECHS, PFHxA, HFPO-DA, PFSA, PFPA, PFPiA, PFCA precursors. polar bear liver samples ( <i>Ursus maritimus</i> ) from Greenland PFAS sum of 1,426–1890 ng/g, 35.1 ng/g in grey seal, 140 ng/g in white-beaked dolphin	Nordic environment	Kärman et al. (2019)
Cod livers (200 Codfish) ( <i>Boreogadus saida</i> )	PFOS, PFUnDA, PFTTrDA, PFDA, PFOSA, PFDoDA, PFOA, PFNA, and PFOS were the predominant, 1.5 µg kg/wet weight in 72% of the samples	Cod livers (200 Codfish)	Valdersnes et al. (2017)

Note: 9Cl-PF<sub>3</sub>ONS: 9-Chloroperfluoro-3-oxanesulfonic acid, PFOES: perfluorooctane ethyl sulfonate, 6:2 FTSA: 6:2 fluorotelomer sulfonic acid, 6:2 FTCA: 6:2 fluorotelomer carboxylic acid, 11Cl-PF<sub>3</sub>OUds: 11-chloroperfluoro-3-oxaundecane sulfonic acid.

affects growth, behavior, reproduction, physiology, and genetic characteristics across various species (Zhao et al., 2012; Jouanneau et al., 2023; Manojkumar et al., 2023). PFAS contamination has been documented not only in wildlife but also in drinking water, groundwater, and even rain, underscoring their widespread environmental health risks

(Boiteux et al., 2012; Table 1; Kim and Kannan, 2007; Schwanz et al., 2016; Kim et al., 2023; Olney et al., 2023; Sonne et al., 2023). Consequently, PFAS poses a complex threat to cryosphere ecosystems by affecting organisms across different trophic levels (Figure 2C; Tomy et al., 2004; Muir et al., 2019; Ali et al., 2021).

## 3.2 Bioaccumulation in apex predators and marine mammals

Apex predators in cryosphere ecosystems, including seals, whales, and polar bears, are exposed to significant challenges from PFAS contamination (Table 2; Alfaro Garcia et al., 2022; Chen et al., 2023; Lu et al., 2024). Despite regulatory phase-outs of C8-based PFAS, recent studies have shown that PFOS and C<sub>9</sub>-C<sub>11</sub> PFCA generally persist in tissue samples from polar bears (*Ursus maritimus*) (liver) and ringed seals (*Phoca hispida*) in regions like Greenland (Figure 2; Rigét et al., 2013; Gebbink et al., 2016; Dietz et al., 2019) and Hudson Bay (Routti et al., 2017; Letcher et al., 2018). Furthermore, elevated PFSA (C<sub>4</sub>, C<sub>6</sub>, C<sub>8</sub>, and C<sub>10</sub>) levels in the liver samples of higher trophic level species, such as East Greenland polar bears, with concentrations reaching  $2,611 \pm 202$  ng/g wet weight, predominantly consisting of PFOS were also reported (Boutet et al., 2023). The mean  $\sum_4$  PFSA in seal liver was  $111 \pm 5$  ng/g wet weight with 98% PFOS. This concentration was three orders of magnitude higher than in seal blubber, which had a concentration of  $0.05 \pm 0.01$  ng/g ww, consisting entirely of PFHxS. Biomagnification factors (BMFs) were significantly higher for PFHxS and C<sub>9</sub> to C<sub>13</sub> PFCA when comparing polar bear liver to seal liver. BMFs decreased as chain length increased, like PFCA (C<sub>9</sub> to C<sub>13</sub>) (Kärrman et al., 2019; Boutet et al., 2023). Therefore, BMF comparison between seal blubber and bear liver more accurately reflects the dietary exposure of PFAS from seals to bears (Boutet et al., 2023). Specifically, the exposure of polar bears to PFAS has been associated with a range of health issues, such as hormonal imbalances and immune system impairment (Miner et al., 2017; Dietz et al., 2019). A risk assessment study over three decades (1983–2013) indicated that the reproductive, immunotoxic, and carcinogenic effects of PFOS in East Greenland polar bears were significant during this period, with only a slight decline over the years (Dietz et al., 2019; Xie and Kallenborn, 2023).

In addition, PFAS biomagnification is particularly pronounced in air-breathing animals, likely due to their protein-affinity (proteinophilic nature) and respiratory differences compared to aquatic species (Chen et al., 2023; Kelly et al., 2009; Khan et al., 2023). For instance, studies on beluga calves in Hudson Bay indicate that PFOS and PFCA (C<sub>7</sub>-C<sub>14</sub>) levels exceed recommended exposure limits, with trophic magnification factors (TMFs) ranging from 2 to 11, suggesting potential health risks for Arctic marine life (Kelly et al., 2009). In addition, the research emphasizes that cetaceans, unlike other mammals, cannot convert precursor perfluorooctane sulfonamide (FOSA) into PFOS, which leads to different tissue burdens of both compounds (Dassuncao et al., 2017). FOSA accounted for many PFAS in North Atlantic pilot whales in 2000 but has significantly declined in recent years, while PFOS and other long-chain PFAS (C<sub>9</sub>-C<sub>13</sub>) have increased. This change is linked to shifts in atmospheric inputs of FOSA, especially after 2000, which have reduced PFOS exposure in species that metabolize FOSA, such as whales and seafood-consuming humans (Dassuncao et al., 2017). These findings stress the importance of considering PFAS precursors when studying bioaccumulation and environmental impacts.

## 3.3 Bioaccumulation in birds

Arctic seabirds, so far studied, always exhibited high PFAS concentrations in their tissues, leading to reduced reproductive success and impaired chick development (Ask et al., 2021; Jouanneau et al., 2023). Long-chain PFAS such as PFUnDA (C<sub>11</sub>) and PFTrDA (C<sub>13</sub>) are highly bioaccumulative, often exceeding PFOS levels in Arctic seabirds (Khan et al., 2023). These long-chain PFCA often exceed or are comparable to PFOS levels, as seen in species like northern fulmar (*Fulmarus glacialis*) and thick-billed murre (*Uria lomvia*). Although long-chain PFCA is increasingly dominant, PFOS remains a major fluorinated contaminant in Arctic bird species. For instance, extreme cases of PFOS concentrations have been reported in white-tailed eagle eggs (*Haliaeetus albicilla*) (1,514 ng/g wet weight) (Khan et al., 2023). Perfluoroundecanoic acid (PFUnA) concentrations in the blood of Arctic birds, such as glaucous gulls (*Larus hyperboreus*), have reached 74.4 ng/g wet weight. In contrast, egg concentrations of PFOA in Audouin gulls (*Larus audouinii*) were recorded at 23.53 ng/g, indicating significant PFAS burdens in these species.

In Antarctica, PFAS have been identified in the south polar skua (*Catharacta maccormicki*), highlighting biomagnification levels that vary between different colonies (Garcia-Barrios et al., 2021; Alfaro Garcia et al., 2022). Seven of the 22 PFAS analyzed were commonly found, with increasing concentrations from prey to skuas. Notably, PFOS levels were higher in skuas at Dumont d'Urville (French research station, Antarctica) compared to other colonies, indicating complex source pathways and bioaccumulation trends (Alfaro Garcia et al., 2022). The findings emphasize the importance of diet and location in determining PFAS levels in cryosphere species.

## 3.4 Bioaccumulation in lower trophic levels

Sea ice facilitates the uptake of atmospherically deposited contaminants into marine ecosystems and is then released into the aquatic food web as the ice melts (Khan et al., 2023). This process supports phytoplankton blooms and subsequently increases zooplankton biomass, marking the start of a bioaccumulation chain that can extend up to higher trophic levels (Miner et al., 2018). Food web analysis revealed that bioaccumulation patterns in marine plankton are complex. Certain PFCA and PFOS exhibited higher-than-expected bioaccumulation factors (BAFs) in Arctic waters (Zhang et al., 2019). PFAS have been identified in both phytoplankton (Zhang Y. et al., 2022; Davis et al., 2024; Ma et al., 2022) and zooplankton (Miner et al., 2017), indicating their bioavailability at the base of the marine food chain (Rigét et al., 2013).

Zooplankton, vital for energy transfer in marine ecosystems, also showed significant PFAS accumulation. PFAS can disrupt reproductive and developmental processes, leading to population declines and altered food web dynamics (Ali et al., 2021). Changes in zooplankton populations can affect fish species that depend on them as food sources, causing ripple effects across the food web and affecting the entire ecosystem (Ren et al., 2022; Munoz et al., 2019). As larger organisms consume contaminated prey, PFAS

concentrations increase with each trophic level, known as biomagnification, which raises significant ecological concerns since primary producers and consumers form the foundation of every ecosystem.

## 4 PFAS regulation and phase-out: progress and challenges

### 4.1 Forever chemicals in focus

The chemical structure of PFAS contributes to their high stability and low degradability, posing a significant environmental challenge (Kannan et al., 2001). PFOS, PFOA, and other long-chain PFAS are often referred to as “legacy contaminants,” i.e., they are recognized to continue impacting ecosystems and human health long after their use has been reduced or even banned because of their persistence in the environment, tendency to bioaccumulate, and potential toxic effects (Chen et al., 2023). Among legacy compounds like polychlorinated biphenyls (PCB), dichlorodiphenyltrichloroethane (DDT), chlorofluorocarbons (CFC), and heavy metals, some long-chain PFAS are currently under regulation.

In contrast, replacement chemicals that are not yet regulated or included in routine monitoring programs are termed “contaminants of emerging concern” or “emerging contaminants” (Gaden et al., 2012). They can consist of either newly introduced compounds and their metabolites or molecules with previously unrecognized adverse effects on wildlife. PFAS has emerged as a growing concern in the past two decades as more than 5,000 varieties of synthetic highly fluorinated organofluoride substances were developed in this relatively short time frame (OECD, 2021; Gaines, 2023). This is mainly driven by the rising demand for products and their intriguing characteristics mentioned above (EU, 2019, 2021; OECD, 2021), as well as the result of the phase-out of some of the long-chain PFAS, leading to the use of replacement compounds like short-chain and ether-based PFAS (e.g., hexafluoropropylene oxide dimer acid: HFPO-DA, on the market as its ammonium salt GenX) (ECHA, 2024).

### 4.2 Historical efforts and global regulation

Several regulatory bodies and international agreements are currently addressing the management and regulation of PFAS in the Arctic and globally. The Stockholm Convention on Persistent Organic Pollutants is a global treaty that aims to eliminate or restrict the production of POPs, including certain PFAS. Only a comparatively small number of PFAS have been listed under the Stockholm Convention, i.e., PFOA and perfluorohexanoic sulfonic acid (PFHxS), their salts and related substances are included in Annex A, and PFOS and its salts are included in Annex B to regulate and control their production and application (UNEP, 2023; Davis et al., 2024; Hamid et al., 2024).

ECHA, operating under the European Union, has been instrumental in proposing restrictions and evaluating risks associated with various PFAS compounds to protect human health and the environment. The European Registration,

Evaluation, Authorization and Restriction of Chemicals (REACH) Regulation aims to identify and restrict the use of substances of very high concern, including many PFAS with long-chain fluorinated carbon (C9-C14) atoms (Teymourian et al., 2021; ECHA, 2024). Temporal trends, like those observed in Sweden, show declining concentrations of certain PFAS, indicating the effectiveness of such regulatory measures (Haque et al., 2023). Recently, it has been proposed to restrict the entire group of PFAS unless a specific use is proven essential for society under REACH (ECHA, 2024).

Individual European countries have implemented bans on specific PFAS, citing their toxicological effects according to the European Food Safety Authority (EFSA), European Human Biomonitoring Initiative (HBM4EU) and the inadequacy of replacement PFAS (Schrenk et al., 2020). Advocacy groups and responsible companies call for immediate eradication of PFAS through enhanced regulatory frameworks, such as United Kingdom REACH and global conventions (Fernández, 2024; REACH, 2024). Many of these efforts are being carried out in European and North American regions where environmental concerns and consumer pressures often drive businesses to adopt more sustainable practices ahead of regulatory requirements (Magazine, 2024).

Arctic Council working groups, like the Arctic monitoring and assessment programme (AMAP) and the Arctic contaminants action program (ACAP), are addressing PFAS contamination in the Arctic regions (ACAP, 2021). AMAP conducts scientific pollution assessments of pollution, including PFAS, and provides policy-relevant advice to protect Arctic ecosystems and communities from these harmful contaminants (Arctic Council, 2024). ACAP focuses on preventing and reducing pollutants and provides policy recommendations to nations to implement actions that mitigate environmental health risks associated with contaminants (AFFF, 2021).

The US EPA addresses PFAS contamination through comprehensive strategies and regulatory actions. Step vice series of action plans from October 2021, the agency announced a Strategic Roadmap outlining plans to confront PFAS pollution, including developing national drinking water standards for PFOA, PFOS, and PFBS (US EPA, 2024). Recently, they have been expanding the list of PFAS that are subject to reporting under the Toxics Release Inventory (TRI) as mandated by the National Defense Authorization Act (NDAA). This act provides a framework for the annual addition of PFAS to the TRI list (US EPAO, 2019; US EPAO, 2025).

Environmental and Climate Change Canada (ECCC) is considering a class-based approach to address PFAS under the Canadian Environmental Protection Act, 1999 (CEPA), moving beyond individual substance assessments (ECCC, 2024). The latest ECCC draft report includes fluoropolymers, acknowledging their distinct exposure and hazard profiles. This class-based approach addresses the potential cumulative effects of exposure to PFAS mixtures and prevents the substitution of regulated PFAS with unregulated ones that may have similar hazardous properties. This strategy aligns with international efforts, as other jurisdictions, such as the European Union and certain U.S. states, are also exploring class-based approaches to PFAS regulation (ECCC, 2024).

**TABLE 3** Most common PFAS alternatives identified in cold environments and their environmental fate and potential transformation (Wang et al., 2015a; US EPA, 2021; Hamid et al., 2024).

Replacement compounds	Water solubility	Volatility	Bioaccumulation potential	Persistence	Reference
PFECA (e.g., GenX, ADONA)	High	Moderate (volatilization from water possible)	Low to moderate	High	Sun et al. (2016), Joerss et al. (2020), Feng et al. (2024)
PFESA (e.g., 9Cl-PF <sub>3</sub> ONS, PFOES)	Moderate to low	low	High	Very high	Guo et al. (2024)
C6 fluorotelomer-based compounds (e.g., 6:2 FTSA, 6:2 FTCA)	Moderate	Low	Moderate (degrades into PFHxA)	Moderate to high	Ali et al. (2021), Xie and Kallenborn (2023), Lohmann et al. (2024)
PFPrOPrA	High	Moderate	Low	High	Sun et al. (2016)
PAP (e.g., diPAP, monoPAP)	Moderate	Low	Low (but degrades into PFOA)	Low to moderate	Gebbink et al. (2016)
6:2 Cl-PFESA (e.g., 9Cl-PF <sub>3</sub> ONS, 11Cl-PF <sub>3</sub> OUdS)	Low	Low	Very high	Extremely high	Gebbink et al. (2016), Wang et al. (2021a)

### 4.3 Transition to alternatives and challenges

Despite being introduced as “safer” PFAS alternatives, many of these molecules share similar negative characteristics with legacy PFAS in terms of their persistence, broader mobility, and toxicity with varying degrees of environmental harm (Wang et al., 2015a). PFAS alternatives from PFCAs were perfluoroethercarboxylic acids (PFECAs), perfluoroalkylethersulfonic acids (PFESAs), C6 fluorotelomer-based compounds, polyfluorinated alkyl phosphoric acid esters (PAPs) and chlorinated polyfluorinated ether sulfonic acids (Cl-PFESAs) are the currently common PFAS replacement compounds marketed, and they have been identified with potential accumulation and health effects (OECD, 2022; Feng et al., 2024; Table 3).

Cl-PFESAs, such as 6:2 Cl-PFESAs, are highly persistent in the environment due to their higher thermal and chemical stability, high toxicity, and more bioaccumulative than PFOS, raising serious health risks. They have been identified as bioaccumulated substances in various marine organisms, including gastropods, bivalves, crabs, shrimps, cephalopods, and fish. These compounds tend to magnify along the food chain, raising severe concerns about their health impacts (Feng et al., 2024).

C6 fluorotelomer-based compounds like FTOHs can transform into PFCA in the environment, and due to their moderate solubility and low volatility, they exhibit a higher persistence and bioaccumulation potential in cold environments (MacInnis et al., 2019b; Munoz et al., 2019). Studies have detected Cl-PFPECAs in vegetation and subsoils, indicating their environmental persistence and tendency to accumulate in vegetation, indicating potential for atmospheric transport and deposition (Davis et al., 2023). PAP, used in food packaging and paper coating, can degrade into PFOA and other PFCAs (OECD, 2022; Feng et al., 2024).

Of the PFECAs, GenX as an alternative for PFOA was recorded in Arctic waters, especially in the Fram Strait between Greenland and Svalbard, highlighting their persistence and ability to travel long distances from their source (Joerss et al., 2020). In addition to GenX, ADONA (4,8-dioxo-3-H-perfluorononanoic acid) also shares similar properties of GenX as it is resistant to hydrolysis, photolysis, and biodegradation (Haque et al., 2023).

The EPA' toxicity assessment mentioned that GenX exhibits significant persistence and is more mobile than longer-chain PFAS,

increasing their contamination risks through water and air. GenX is highly water soluble and exhibits mobility in aquatic environments, as well as transformation pathways like volatilization, allowing atmospheric transport and potential redistribution (U.S. EPA, 2022). Because of these characteristics, they are highly bioaccumulate and have an increasing trend of presence in different environmental matrices and organisms; the transition from legacy PFAS to GenX raises concerns as a “regrettable substitution,” albeit being increased application and environmentally benign, and poses a severe risk than even PFOA (EEA, 2023).

Since GenX and other replacement compounds, intended as a safer alternative, are identified with similar environmental and health risks to the compound they are replacing, their toxicity and regulatory scrutiny highlight the need for continued research and precautionary policies to assess the long-term exposure effects, mainly when they are present as a mixture with other contaminant scenarios. Thus, future restrictions or phase-outs are urgently needed for safer alternative fluoropolymer production without any persistent nature, hopefully becoming the next major industrial focus.

### 4.4 Voluntary measures

The voluntary commitments by manufacturers to cease the production and sale of PFAS-containing food contact substances reflect industry recognition of the need to address safety concerns. However, challenges remain in ensuring the complete elimination of PFAS exposure and mitigating the environmental legacy of their past use. Voluntary measures by industry players play a significant role in reducing PFAS emissions. Although some companies, such as Páramo and Finisterre, have phased out PFAS or pledged to do so by 2025, nearly half of the assessed brands lack plans to stop their use (REACH, 2024).

Several companies and retailers, such as IKEA, Lindex, H&M, COOP in Denmark, L'Oréal in Europe, Jack Wolfskin, Fjallraven, and Houdini Sportswear, have come forward to phase out PFAS from their supply chains (Magazine, 2024). However, it is not as successful as they had proposed; in particular, many outdoor clothes (various brands) still contain PFAS. Further, by January 2025, under

the California Safer Clothes and Textiles Act (AB 1817), US-based outdoor apparel and equipment brands, along with major industry suppliers, are expected to eliminate PFAS from some product lines and supply chains following 10 years of advocacy by Green Science Policy Institute (ECHA, 2024). These initiatives reduce PFAS usage and put pressure on chemical manufacturers to develop safer alternatives. Moreover, these voluntary measures can serve as case studies for regulators, demonstrating that functional alternatives are visible and encouraging broader regulatory action.

## 4.5 PFAS management- future directions

Phaseout of PFAS and adopting safer alternatives are imperative for protecting the environment and public health. Through structured assessments of alternatives, robust regulatory measures using a class-based approach, and proactive industry initiatives, the transition away from PFAS could be effectively managed, paving the way for a safer and more sustainable future. Moreover, PFAS management by harmonizing measurement methods, enhancing supply chain transparency, industrial discharge control, introducing extended producer responsibility to shift remediation costs, and balancing regulations with essential PFAS uses (Feng et al., 2024). Besides, more funding is needed for research on PFAS alternatives and removal technologies, along with establishing best practices for safe PFAS concentrate management to prevent environmental re-contamination.

At the same time, a comprehensive assessment of PFAS alternatives is crucial due to significant data gaps in exposure ways, transport routes, environmental and biological fate, and long-term-health effects. Limited research on PFAS alternatives, both long and short-chain PFAS transformation or degradation mechanisms, lifecycle, production, and used impurities raise concerns about their long-term impact despite indications of a reduced hazard profile (Fernández, 2024). The OECD report highlights this regard, making it essential to address these uncertainties to ensure effective management and regulation of PFAS alternatives (OECD, 2024).

## 5 Coupling microbial degradation for PFAS management

### 5.1 Current methods and limitations

Due to the widespread presence of PFAS in remote regions of the Arctic and Antarctica, the challenges associated with these contaminants have sparked interest in whether microbial degradation could provide a viable remediation strategy that would complement existing physical and chemical techniques. These include photocatalytic reactions utilizing boron nitride and titanium dioxide, as well as non-photocatalytic methods using dimethylsulfoxide (DMSO) which lead to the mineralization of certain PFAS (Mahinroosta and Senevirathna, 2020; Senevirathna et al., 2022; Garg et al., 2023; Kang et al., 2023; Antonopoulou et al., 2024). Other physicochemical methods such as adsorption using colloidal activated carbon, pyrolysis, reduction methods using iodide, sulfite, and dithionite, thermal treatments like

incineration and microwave-hydrothermal processing, ion exchange, electrochemical oxidation, and some other treatment processes like ball milling have also been investigated for PFAS treatment (Merino et al., 2016; Mahinroosta and Senevirathna, 2020). While these methods have shown effectiveness in PFAS mineralization, they often require significant energy inputs or specialized equipment.

In contrast, microbial degradation offers a potential alternative, often cheaper approach by utilizing microorganisms' natural capacity to degrade pollutants, even though traditional microbial treatment or remediation techniques that effectively degrade other organic pollutants have mainly proven ineffective against PFAS (Ross et al., 2018). Some studies indicate that PFAS, particularly PFOA and PFOS, resist biodegradation under various environmental conditions (Liou et al., 2010).

Despite these challenges, recent research has identified specific microbial species capable of degrading particular PFAS compounds under controlled conditions, such as mixed cultures (Huang and Jaffé, 2019; Chiavola et al., 2020; Choi and Kan, 2024). This suggests that microbial degradation, although challenging, may be possible with further advancements. Success in microbial degradation depends on the 'biodegradation triangle'- the interplay between the structural complexity of the PFAS compounds, microbial community composition, and environmental conditions (Zhang Z. et al., 2022).

### 5.2 Potential of polar microorganisms for PFAS bioremediation

Polar microorganisms, particularly those adapted to extreme cold (psychrophiles), show a unique potential for PFAS bioremediation due to their resilience and metabolic versatility (Egas et al., 2023). Psychrophiles are adapted to thrive at temperatures between  $-20^{\circ}\text{C}$  and  $20^{\circ}\text{C}$  and have developed mechanisms to maintain cellular function in cold environments, such as enhanced membrane fluidity, cold-shock protein synthesis, and accumulation of cryoprotectants like mannitol (Feller and Gerday, 2003; Baraúna et al., 2017; Clarke et al., 2013).

Several studies identified the potential biodegrading capacity of polycyclic aromatic hydrocarbons (PAH) from polar microbes (Egas et al., 2023). Polar environments have been studied in this context, often focusing on bioprospecting for psychrophiles and polyextremophiles (Orellana et al., 2018; Pearce 2012; Thomas and Dickmann, 2002; Cavicchioli et al., 2002; Nizovoy et al., 2021).

Psychrophiles isolated from Antarctic regions, for instance, contain enzymes capable of degrading hydrocarbons at sub-zero temperatures, a function attributed to enzymes like alkane hydroxylases (Fuentes et al., 2014, Figure 3E; Bowman and Deming, 2014). Beyond hydrocarbon degradation, some Antarctic bacterial communities have demonstrated the capacity to reduce PFOS (Cerro-Gálvez et al., 2020). While not achieving complete degradation, this process promoted the growth of certain bacterial groups, such as Gammaproteobacteria, Roseobacter, and Flavobacteria. These observations signal microbial involvement in modifying PFAS compounds, albeit not entirely breaking them down Orellana et al., 2018; Pearce 2012; Thomas and Dickmann, 2002; Cavicchioli et al., 2002 (MacInnis et al., 2019b).



Besides, environmental toxicity of PFAS studies found that *Pseudomonas* lineages have the potential to break down PFOA (Yi et al., 2019), PFOS (Chetverikov et al., 2017), and other PFAA (Zhang Z. et al., 2022; Smorada et al., 2024). Specific bacterial genera like *Rhodanobacter* and *Chujaibacter* were dominant in PFAS-contaminated soils (Senevirathna et al., 2022). Their growth and degradation of PFAS-enriched materials showed potential bioremediation insights under varying physio-chemical conditions (Smorada et al., 2024). However, despite established links between biodegradation, bacterial communities, and gene expression in laboratory settings, there remains a significant knowledge gap in our understanding of PFAS biodegradation, particularly in natural environments.

### 5.3 Biotechnological insights and research directions

The metabolic pathways used by cold-adapted microorganisms for organic pollutant degradation, such as those for PCBs and PAHs, could serve as models for PFAS degradation (Bamforth and Singleton, 2005; Crisafi et al., 2016; Gran-Scheuch et al., 2017; Papale et al., 2017). Strains of *Salinibacter*, *Arthrobacter*, and *Pusillimonas* from Svalbard possess biphenyl dioxygenase (*bphA*) and have the potential to metabolize PCB mixtures at low temperatures (Papale et al., 2017; Papale et al., 2022). These findings suggest that similar microbial mechanisms, e.g., dehalogenation oxidation by members of the Actinobacteria and Gammaproteobacteria, may likely occur for PFAS degradation in Arctic habitats.

Enzymatic analyses of polar microbes have revealed potential for degrading SVOCs, particularly several PAHs like anthracene, naphthalene, phenanthrene, PCBs, and PFOS (Egas et al., 2023). Genes encoding enzymes for sulfur metabolism in polar microbes, such as sulfonate and alkanesulfonate monooxygenases, could facilitate the degradation of PFAS, especially PFOS (Cerro-Gálvez et al., 2020). Several studies have documented polar microbes, mainly from Antarctica and the Arctic marine environment, that can potentially degrade SVOCs (Egas et al., 2023).

Laboratory studies have also indicated that Arctic marine bacteria possess phosphoesterases capable of hydrolyzing phosphate ester bonds in organophosphates, pointing to another potential pathway for PFAS degradation (Martinez-Varela et al., 2021). Additional studies identified various species of bacteria as well as fungi from polar regions, such as bacterial *Sphingobium xenophagum*, *Burkholderia glathei*, *Paeniglutamibacter* sp., *Psychrobacter* spp., *Pseudomonas* sp., *Rhodococcus* sp., *Polaromonas* sp., and *Pseudoalteromonas* sp., as well as fungal *Penicillium* sp. and *Aspergillus* sp., exhibit diverse genetic and enzymatic machineries capable of degrading complex organic pollutants, suggesting a yet untapped potential for PFAS degradation (Gran-Scheuch et al., 2017; Singh et al., 2023).

In this context, the high stability of PFAS compounds suggests that complete microbial degradation is unlikely without significant advances in biotechnology and the discovery of new microbes or microbial pathways. Non-biological methods such as hydrolysis, pyrolysis, and chemical oxidation remain the most effective for breaking down these resilient chemicals (Garg et al., 2023).

Nonetheless, continued exploration of microbial degradation pathways could lead to breakthroughs in mitigating the environmental impacts of PFAS. Despite the harsh conditions of cryosphere environments, psychrophiles' metabolic versatility and resilience make them promising candidates for bioremediation efforts. They offer a cost-effective and environmentally friendly solution to mitigate PFAS pollution in polar and other cold environments. Further research is crucial to fully elucidate the underlying mechanisms and refine bioremediation strategies for effective PFAS degradation.

### 5.4 Synthetic solutions through genetically engineered microbes

Bioremediation of PFAS is a significant research area, focusing on developing efficient ways to improve the biodegradation capabilities of microorganisms and their enzymes, including using genetically engineered microbes (GEM) (Berhanu et al., 2023). The typical PFAS breakdown process involves three key steps: defluorination, carbon-fluorine chain shortening, and mineralization, resulting in harmless fragments or by-products. Studies identified certain microbial groups and their enzymes have greater potential, making them ideal candidates for GEM applications (Huang and Jaffé, 2019; Wackett and Robinson, 2020; Yu et al., 2020).

Relevant enzymes identified for their potential C-F bond cleavage can be further studied and incorporated into psychrophilic bacteria capable of rapid evolutionary adaptation to enhance their PFAS degradation. For example, hydrolytic defluorinase from *Streptomyces* spp has been shown to metabolize fluoroacetate to glycolate (Berhanu et al., 2023), showing the breaking mechanism of PFAS. In addition, oxygenases such as alkane monooxygenases can shorten the chain by adding hydroxyl groups into carbon atoms, completing the activity of hydrolytic enzymes in breaking C-F bonds (Huang and Jaffé, 2019).

Cold-adapted bacteria like *Polaromonas vacuolate*, host dehalogenases that can be used alongside hydrolytic enzymes to enhance defluorination capabilities (Martinez Alvarez et al., 2022). Similarly, dehalogenases from the *Acidimicrobium* sp. Strain A6 facilitates PFAS reduction through defluorination (Huang and Jaffé, 2019; Wackett and Robinson, 2020). Other psychrophiles, including *Polaromonas* spp., *Psychrobacter* spp., *Colwellia psychrelythraea*, are also promising candidates for defluorination due to their hydrolytic enzyme systems (Bakermans et al., 2006; Bowman and Deming, 2014; Papale et al., 2017; Martinez Alvarez et al., 2022).

Biotechnological tools can be employed to improve enzyme activity and substrate specificity for PFAS to explore the potential of using the above microbes. Genetic modifications can induce synthetic pathway networks that promote oxidation and reduction, generating reactive intermediates for further breakdown or adding harmless by-products. Additionally, specific regulatory pathways can be engineered to activate PFAS-degrading enzymes when fluorinated compounds are accessible for further breakdown. Developing a GEM that integrates these competencies can provide a robust platform for PFAS remediation, supporting

ongoing efforts to mitigate contaminants in the cryosphere and other diverse environments.

## 6 Conclusion: implications and urgent research needs

The dual abiotic pressures of rising temperatures and melting sea ice significantly foster the release of stored PFAS from ice and increase exposure through atmospheric deposition and ocean currents. However, the different physicochemical properties of PFAS, their accumulation in ice, their movements via marine and atmospheric pathways, and their transformation into persistent contaminants necessitate further studies to comprehend the specific underlying mechanisms in cold environments. Additionally, assessing long-term environmental risks in cryosphere regions and implementing regulatory measures for PFAS management is urgently needed. This requires comprehensive monitoring of PFAS levels, their physiological effects on critical species, and their cascading impact on ecosystem functioning.

On the other hand, addressing the existing PFAS in the vulnerable cryosphere environment necessitates reliable remediation techniques. Bioremediation presents a potential sustainable solution for PFAS removal. Psychrophiles play a unique and crucial role in cold-environment biogeochemical cycles, and some show promising PFAS degradation capabilities. Genetic engineering may enable the development of modified microbes by optimizing key enzymes to enhance defluorination efficiency. Therefore, future efforts should concentrate on bioremediation approaches utilizing genetically engineered microbial consortia adapted to cryosphere conditions. These strategies must be scalable, cost-effective, and environmentally friendly. At the same time, identifying and developing new, safer chemical alternatives, along with robust environmental management strategies and stringent regulatory frameworks, are essential for addressing the impact of PFAS.

## Author contributions

AA: Conceptualization, Writing—original draft, Investigation, Methodology, Visualization, Formal Analysis. OV: Conceptualization, Funding acquisition, Resources, Supervision, Writing—review and editing, Data curation. UK: Data curation, Supervision, Writing—review and editing, Methodology. H-PG: Conceptualization, Data curation, Visualization, Writing—review and editing, Supervision. AS: Supervision, Writing—review and editing. ÓR: Supervision, Writing—review and editing, Resources, Methodology. HJ: Data curation, Writing—review and editing, Investigation, Validation. BS: Conceptualization, Funding

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## Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

## Generative AI statement

The author(s) declare that Generative AI was used in the creation of this manuscript. ChatGPT, a language model developed by OpenAI for language improvement, was used for stylistic polishing, but the authors completed the final writing and revisions in their own voice.

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## Supplementary material

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