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Occupation-modulated language networks and its lateralization: A resting-state fMRI study of seafarers

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Introduction: Studies have revealed that the language network of Broca's area and Wernicke's area is modulated by factors such as disease, gender, aging, and handedness. However, how occupational factors modulate the language network remains unclear.

Methods: In this study, taking professional seafarers as an example, we explored the resting-state functional connectivity (RSFC) of the language network with seeds (the original and flipped Broca's area and Wernicke's area).

Results: The results showed seafarers had weakened RSFC of Broca's area with the left superior/middle frontal gyrus and left precentral gyrus, and enhanced RSFC of Wernicke's area with the cingulate and precuneus. Further, seafarers had a less right-lateralized RSFC with Broca's area in the left inferior frontal gyrus, while the controls showed a left-lateralized RSFC pattern in Broca's area and a right-lateralized one in Wernicke's area. Moreover, seafarers displayed stronger RSFC with the left seeds of Broca's area and Wernicke's area.

Discussion: These findings suggest that years of working experience significantly modulates the RSFC of language networks and their lateralization, providing rich insights into language networks and occupational neuroplasticity.

KEYWORDS

functional magnetic resonance imaging, lateralization, occupational neuroplasticity, occupation, language network, seafarers

1. Introduction

The human brain controls language (Catani et al., 2005), movement (Weiller et al., 1996), learning (Hein et al., 2016), emotion (Kringelbach and Berridge, 2017), memory (Lane et al., 2015), consciousness (Penfield, 2015), the subconscious (Martin et al., 2016), and other high-level cognitive activities. Language-related functions were among the first to be ascribed to a specific location in the human brain (Broca, 1861) and have been the subject

of intense research for well over a century. A “classical model” of language organization, based on data from aphasic patients with brain lesions, was popularized during the late 19th century and remains in common use (Wernicke, 1874; Mayeux and Kandel, 1985). Furthermore, studies with neuroimaging techniques (Biswal et al., 1995; Achard et al., 2006; Damoiseaux et al., 2006) have found that the human brain has stable, low-frequency fluctuations in resting states, forming reliable intrinsic brain networks (Wang et al., 2012, 2013, 2015a,b, 2016, 2017a; Yao et al., 2013; Shi et al., 2017) with specific functions, such as the language network (Gohel et al., 2019; Broday-Dvir and Malach, 2021), auditory network (Chen et al., 2017), default network (Schilbach et al., 2016), and visual network (Shen et al., 2019).

Resting-state functional magnetic resonance imaging (rsfMRI) is widely used to map the physiology and behavior of the healthy/diseased brain (Lottman et al., 2019). Furthermore, rsfMRI-based resting-state functional connectivity (RSFC) provides a useful technique for assessing lateralization, which is increasingly being used in clinical practice and research (Fox and Greicius, 2010; Friederici, 2011). Previous studies on the neurophysiological basis of human language ability have generally found that, for most individuals, the left hemisphere is the dominant hemisphere of language ability (Bradshaw et al., 2017). For example, clinical language lateralization assessment is necessary in the examination of epilepsy patients prior to resection surgery of the temporal lobe (Baxendale, 2009). At the same time, in the healthy population, language lateralization has historically been found to depend on gender (Nenert et al., 2017), age (Sepeta et al., 2016), handedness (Agcaoglu et al., 2021), genetics (Schmitz et al., 2017), and language-learning experience (Gurunandan et al., 2020). However, language lateralization may also be affected by other factors, e.g., occupation, which is the main focus in this study. At present, only a few research studies have reported on the association of the language network and occupational neuroplasticity (Villar-Rodríguez et al., 2020; Wu et al., 2020). Villar-Rodríguez et al. (2020) found musicianship is related to atypical (symmetric or right-hemispheric) language dominance in healthy left-handed subjects. Further, the lateralization of language functions can be used to explain subtle differences in behavior and cognitive levels (Szaflarski et al., 2006; Olulade et al., 2020). Thus, given the mechanism of language lateralization and the relative noise (auditory stimulation, e.g., the sound of waves or machines) and isolation (lacking social interaction) of seafarers’ long-term training and stable work environments, we hypothesized that there is a higher incidence of atypical language dominance among seafarers.

In this paper, taking seafarers as an example, two important sub-functions of language, namely, the language network (study 1) and the lateralization of the language network (study 2), were investigated to explore the association between the occupational factor and language by using the method of resting state functional connectivity (RSFC) (Tomasi and Volkow, 2012; Zhu et al., 2014). The analysis is presented together with interpretations, discussion, and conclusions related to the

language network and occupational neuroplasticity in professional seafarers.

2. Materials and methods

2.1. Data acquisition

Since seafarers have been engaged in repetitive technical work for a long time we recruited twenty male professional seafarers (age: 42–57 years, mean age = 49 years old, right handedness) from a shipping company in Shanghai, China. All of them had more than 10 years of experience in navigation. For non-seafarers, 20 Chinese male participants (age: 48–55 years, mean age = 51 years old, right handedness), were recruited from land-based jobs (i.e., campus landscaping and office support) at university or secondary school campuses. All the subjects in the non-seafarer group had no maritime professional training, maritime navigational skills, or long-term experience on the sea. All subjects signed the informed consent form and were considered to have normal functions of language and communication. Also, no history of mental health conditions or neurological diseases were reported. The blood-oxygen-level-dependent imaging (BOLD) rsfMRI data for each participant was scanned at the Shanghai Key Laboratory of Magnetic Resonance. All participants were informed about the purpose of the study and signed a written consent form according to the procedures approved by the IRB of East China Normal University (ECNU). The specific parameters were listed as follows: GE 3.0 Tesla using a gradient echo EPI, a total of 36 slices covering the whole brain area, 160 time points, TR (time of repetition) = 2 s, matrix size = 64 × 64, in-plane resolution = 3.75 mm × 3.75 mm, and slice thickness = 4 mm. The detailed information related to the dataset can also be found in Wang et al. (2017b), Wang et al. (2018), Shi et al. (2021), and Yan et al. (2022).

2.2. Data preprocessing

All data preprocessing was performed using the Data Processing Assistant for RS-fMRI software package (DPARSF) (Yan and Zang, 2010) which is based on Statistical Parametric Mapping (SPM)¹ and the Resting-State fMRI Data Analysis Toolkit (REST).² The preprocessing steps for the Resting-State fMRI data of each subject were as follows: (1) slice timing; (2) realignment; (3) normalization by EPI template (resampling voxel size = 3 mm*3 mm*3 mm); (4) spatial smoothing using a Gaussian kernel with FWHM = 6 mm; (5) nuisance regression including covariates such as six head motion parameters, whole brain mean signal, white matter signal, and cerebrospinal fluid signal; (6) band-pass temporal filtering (0.01–0.1 Hz); and (7) scrubbing volumes with sudden head motion, i.e., a threshold of frame-wise displacement (FD) was set to 0.05, and we removed one volume before and two volumes after the motion spike.

¹ <http://www.fil.ion.ucl.ac.uk/spm>

² <http://www.restfmri.net>

2.3. Functional connectivity and lateralization of language network

The RSFC method generates a high-precision functional connection diagram of a complex brain system by interpreting the relevant patterns of low-frequency fluctuations in the blood oxygen level signals, which can be used to identify language-related functional tissues. In this paper, the Broca and Wernicke in the left side of brain were selected as the region of interest (ROI) (lBro and lWer), with MNI coordinates (−51, 27, 18) and (−51, −51, 30) as the center of the seed points (Zuo et al., 2013; Zhu et al., 2014) with a radius of 3 mm, respectively. In order to explore the functional asymmetry of the main language regions in the brain, the right Broca's area (rBro) and right Wernicke's area (rWer) were reversed from the left side of the brain to the right side, respectively; the central coordinates of the seed points, i.e., rBro and rWer, were (51, 27, 18) and (51, −51, 30), with the same volume size. Based on DPARSF software, the time series of the four aforementioned ROIs were extracted, and then the Pearson correlation coefficients were computed between the average time series of four ROIs and the time series of each voxel across the brain. Furthermore, the correlation coefficient (cc) value was subjected to Fisher Z-transformation (Fisher, 1921) according to formula (1). According to the transformed correlation coefficient, the functional connection diagram of the seed points and whole brain voxels can be obtained according to the following formula:

$$z = \frac{1}{2} \ln \left(\frac{1+cc}{1-cc} \right) \quad (1)$$

Based on the RSFC map of each subject, the one-sample *t*-test results (Figure 1) for each group and two-sample *t*-test results (Table 1; Figures 2, 3) between two groups were performed using REST software.

When discussing the functional asymmetry, we calculated each seed-based whole brain RSFC maps, namely the lBro and lWer RSFC maps, and the flipped rBro and rWer RSFC maps. The hemispheric asymmetry was evaluated through comparison of the RSFC maps of the lBro and lWer and the left-right flipped RSFC maps of the rBro and rWer (Yan et al., 2009). In this study, the non-normalized asymmetry index (AI) is defined by following formula (2) (Zhu et al., 2014):

$$AI = zFC_L - zFC_{flipped R}, \quad (2)$$

where zFC_L is a whole brain functional connection diagram based on the left seed points (i.e., lBro and lWer), respectively, and $zFC_{flipped R}$ is a left-right flipped functional connection diagram based on the right seed points (rBro and rWer), respectively. Similarly, as in previous studies (Yan et al., 2009; Zhu et al., 2014), ipsilateral asymmetry was shown on the left side of the AI map, representing the difference between the lBro or lWer and the left hemisphere (LH) and the rBro and rWer and the right hemisphere (RH). Also, contralateral asymmetry was established on the right side of the AI map, indicating the differences between the lBro or lWer and the RH and the rBro and rWer and the LH. Further, a one-sample *t*-test was conducted to reveal regions which show significant hemispheric asymmetry based on individual AI maps. Moreover, the two-sample *t*-test was applied to analyze the differences of language lateralization between seafarers and the

control participants. All RSFC maps and AI maps were established with the test criteria of $p < 0.005$ and cluster size > 200 voxels (corresponding to corrected $p_{FWE} < 0.05$).

3. Results

3.1. Functional connectivity using language areas as seed points

First, we identified the brain areas that were significantly functionally correlated with the two seed points, i.e., Broca's and Wernicke's regions, with regard to the seafarer group and the non-seafarer group; the results are shown in Figure 1, and the color bar reflects the correlation. Figure 1 shows that the linguistic functional connectivity patterns of the non-seafarer group were highly similar to those previously reported (Zhu et al., 2014), while the ones of seafarers showed some differences in the involved locations and connectivity values. Further, two-sample *t*-test analysis of the linguistic functional connectivity patterns from the seafarer and non-seafarer groups revealed that: the negative functional connectivity of Broca's region appeared weaker in the seafarer group than the non-seafarer group, especially in the left superior/middle frontal gyrus and left precentral gyrus (Figure 2; Table 1); functional connectivity of the Wernicke's region as the seed region was higher in the seafarer group compared to the non-seafarer group (Figure 3; Table 1), where this phenomenon was especially reflected in the posterior cingulate cortex and precuneus.

3.2. Functional asymmetry of language areas

A profile of the lateralization for each subject was obtained based on the RSFC map in terms of Broca's area and Wernicke's area. REST software was used to conduct a one-sample *t*-test (results in Table 2 and Figure 4) for each group and a two-sample *t*-test (results in Table 3 and Figures 5, 6) between the two groups, respectively, where the test criterion was $p < 0.005$ and cluster size > 200 voxels (corresponding to corrected $p_{FWE} < 0.05$).

According to Figure 4, three distinct cortical language-related areas were observed in the left hemisphere. These were: (1) for the Broca's region of the non-seafarer group, significant ipsilateral asymmetry showed in the left inferior frontal gyrus (IFG) and precuneus, while contralateral asymmetry was displayed in the right superior occipital gyrus (SOG), IFG, and precuneus; (2) for the Wernicke's region of the non-seafarer group, significant ipsilateral asymmetry areas were in the left superior frontal gyrus (SFG), middle frontal gyrus (MFG), precentral, precuneus, and cuneus, while the right IFG and supramarginal gyrus (SMG) showed contralateral hemispheric asymmetry; (3) for the Broca's region of seafarer group, the IFG showed significant ipsilateral hemispheric asymmetry and greater connection with rBro; (4) there was no significant language networks' lateralized brain areas for the Wernicke's area of the seafarer group. The detailed brain regions involved in significant functional lateralization with regard to Broca's and Wernicke's areas for the seafarer and control groups were coordinated and recorded in Table 2.

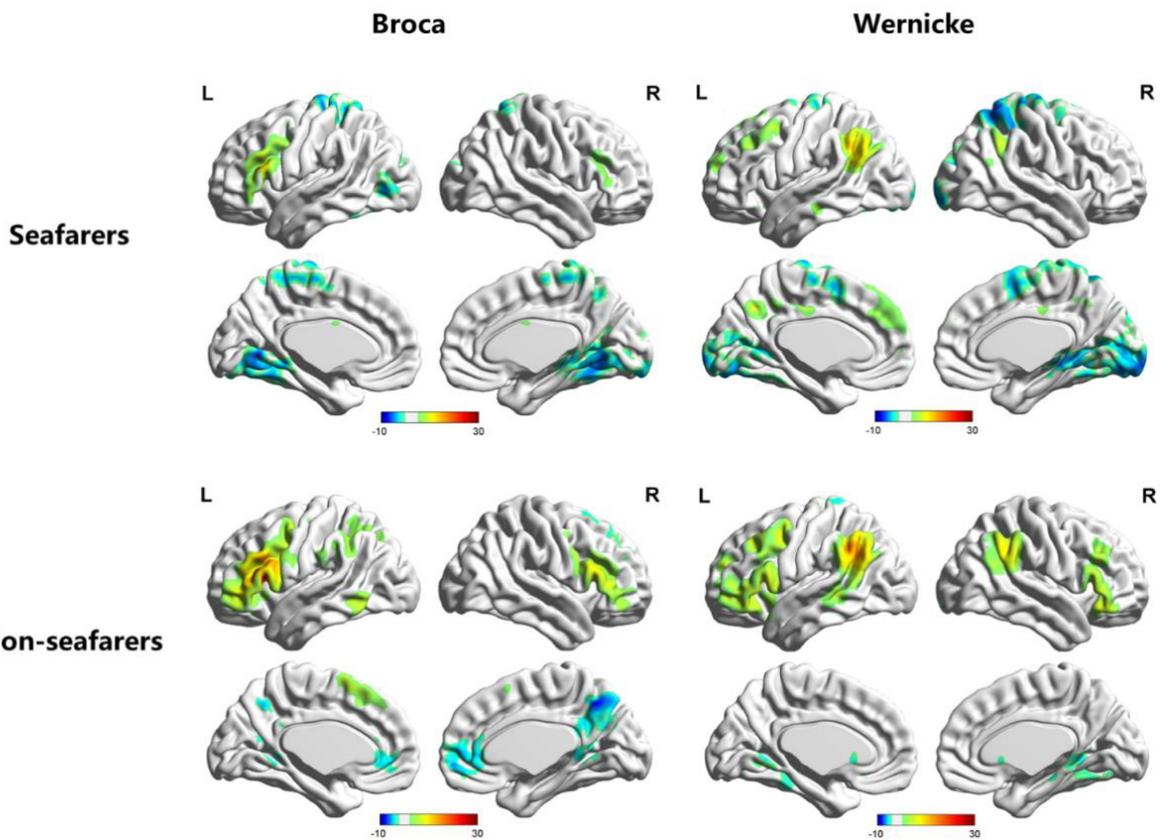


FIGURE 1 Visualization of functional connectivity using Broca's region and Wernicke's region as the independent seeds in the seafarer and non-seafarer group ($p < 0.005$, cluster size > 200 voxels, corresponding to corrected $p_{FWE} < 0.05$). R: right hemisphere, L: left hemisphere.

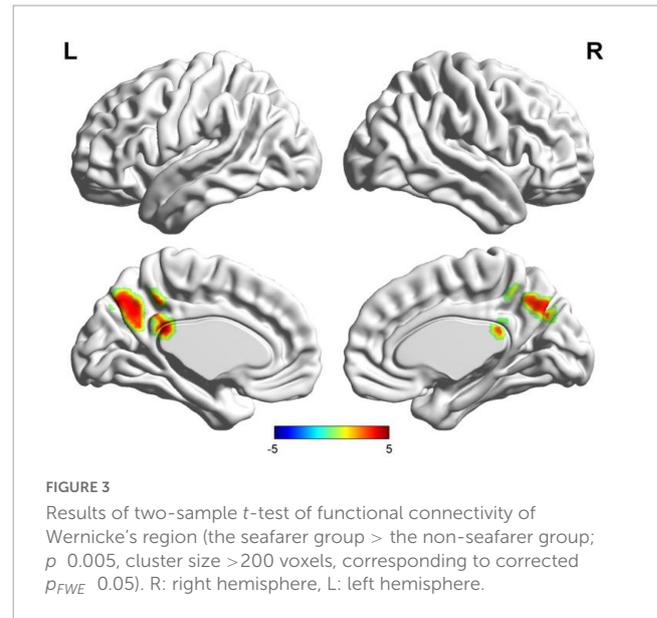
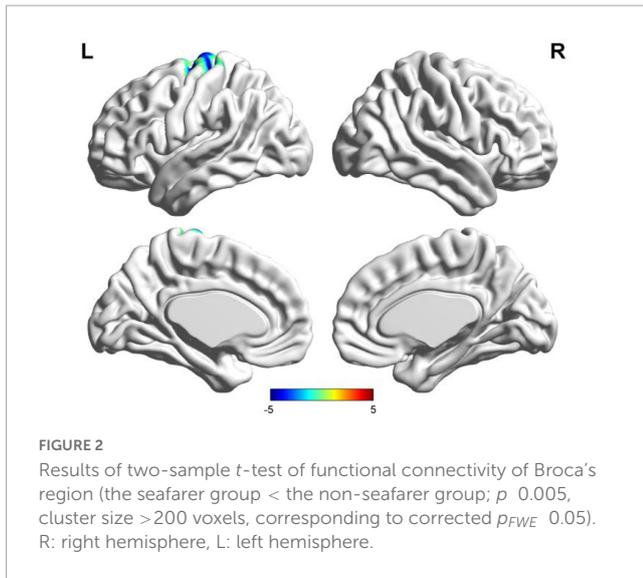
TABLE 1 The cerebral cortex involved significant functional connectivity with Broca's and Wernicke's areas in the seafarer group and the non-seafarer group ($p < 0.005$, cluster size > 200 voxels, corresponding to corrected $p_{FWE} < 0.05$).

No.	Anatomical region	BA	MNI coordinates			Peak value
			X	Y	Z	
Broca's area (seafarer < non-seafarer)						
1	L SFG	6	-28	-8	68	-3.78
2	Precentral gyrus	6	-32	-22	67	-4.803
3	Precentral gyrus	4	-33	-28	68	-3.74
4	L MFG	6	-35	-7	58	-2.559
Wernicke's area (seafarer > non-seafarer)						
1	Parietal	7	-2	-65	41	3.465
2	Limbic	31	-5	-43	41	3.701
3	Precuneus	7	11	-69	35	4.016
4	Cingulate gyrus	23	-5	-37	25	4.528

BA, Brodmann area; L, left; SFG, superior frontal gyrus; MFG, middle frontal gyrus.

In order to further quantify the differences in language lateralization between the seafarer group and the non-seafarer group, we performed a two-sample *t*-test analysis on the AI maps of the two core language regions for the two groups. The statistical results are shown in **Figures 5, 6** and **Table 3**. For the AI maps corresponding to the Broca's region, the

seafarer group elicited greater functional asymmetry in the paracentral and precuneus (BA7 and BA31). For the AI maps corresponding to the Wernicke's area, the lateralization difference between the seafarer group and the non-seafarer group was mainly reflected in the left frontal gyrus and bilateral precuneus.



4. Discussion

Previous studies have investigated whole-brain language networks using the RSFC method (Gao et al., 2019; Sulpizio et al., 2020). Sulpizio et al. (2020) found that each experience-related factor seems to play a role in brain plasticity changing; bilingual experience especially impacts both within and between language and control networks. Interestingly, the functional connectivity of language networks is also affected by disease, and children with autism spectrum disorders (ASDs) show increased connectivity between regions of an extended language network. Further, these brain regions are associated with self-reflection and visual processing (Gao et al., 2019). In its most general form, this model proposes a frontal “expressive” area for planning and executing speech and writing movements, named after Broca (1861), and a posterior “receptive” area for analysis and identification of linguistic sensory stimuli, named after Wernicke (1874). One study (Binder et al., 1997) suggested that Wernicke's area, although important for auditory processing, is not the primary location where language comprehension occurs, and that the frontal areas involved in language extend well beyond the traditional Broca's area to include much of the lateral and medial prefrontal cortex. Based on seed regions in Broca and Wernicke, seed-based RSFC were applied to the characterization and reproducibility of functional connectivity of language networks (Tomasi and Volkow, 2012; Zhu et al., 2014; Wang et al., 2019). Meanwhile, language lateralization has been widely approached to detect different patterns in children (Phillips et al., 2021; Stipdonk et al., 2021), tumors (Połczyńska et al., 2021), psychiatric disorders (Jouravlev et al., 2020), and neurological disorders (Rolinski et al., 2020).

4.1. Language network's functional connectivity and its relation to occupation

In this study, we selected the special occupation group of seafarers as the research object, and compared the functional

language network seafarers with non-seafarers. Regarding the seafarers, the functional connectivity related to functional language networks showed a negative connection with Broca's area, though strongly left-lateralized, including in the left SFG/MFG (BA 6) and the precentral gyrus (BA 6 and 4), which may be involved due to the extended length of time spent in a relatively closed environment and the lack of spoken interaction. Cerri et al. (2015) suggested the mirror neuron system (MNS), including BA 6, is similar to monkey premotor area F5 (Gallese et al., 1996) and closely involved in articulatory rather than semantic speech. Hence, seafarers likely weakened motor control of speech production may be caused by a lack of opportunity to talk with each other randomly and frequently, under strict management with strong self-discipline consciousness. In contrast, the significant positive functional connections in the seafarers' Wernicke's area and the precuneus (including the posterior cingulate gyrus and the parietal) are the areas that are preferentially involved during the recall of real episodic memories rather than fictitious memories (Hassabis and Maguire, 2007). These findings probably indicate that seafarers have powerful cognitive functions which are able to recollect past professional experiences and predict future occurrences to make decisions for the future, including spatial navigation and use of the imagination that can contribute to seafarers' career performance.

4.2. Language network's lateralization and its relation to occupation

We examined the functional language networks' lateralization of RSFC using Broca's and Wernicke's areas as independent seeds. According to the results of the language networks' lateralization, functional language lateralization is related to some measures of *AI* asymmetry in seafarers and non-seafarers. We found slightly rightward lateralization in the Broca's seed of seafarers with left IFG, and almost leftward asymmetric distribution in the non-seafarers (see Figure 4 and Table 2). Recently, studies have examined the lateralization of language networks with various

TABLE 2 The cerebral regions involving significant functional lateralization with Broca’s and Wernicke’s areas in the seafarer group and non-seafarer group ($p < 0.005$, cluster size >200 voxels, corresponding to corrected $p_{FWE} < 0.05$).

No.	Anatomical regions	BA	MNI coordinates			Peak value
			X	Y	Z	
Non-seafarer						
Broca’s area						
1	R IFG	45	57	27	27	10.839
2	L IFG	45	-57	27	21	-16.882
3	R SOG	18	15	-90	18	5.1994
4	B precuneus	7	3	-57	51	-5.0739
Wernicke’s area						
1	L STG	6	-57	-15	54	9.0572
2	L cuneus/precuneus	23	-21	-54	24	-10.3471
3	L SFG	10	-18	63	9	-5.9298
4	R IFG	47	45	30	-3	6.042
5	R SMG	40	63	-54	36	8.331
6	L MFG / SFG	8/9	-27	18	63	-14.023
Seafarer						
Broca’s area						
1	L IFG	45	-57	27	18	-14.4288
Wernicke’s area						
There is no cluster!						

BA, Brodmann area; L, left; R, right; B, bilateral; SFG, superior frontal gyrus; MFG, middle frontal gyrus; IFG, inferior frontal gyrus; STG, superior temporal gyrus; SMG, supramarginal gyrus; SOG, superior occipital gyrus.

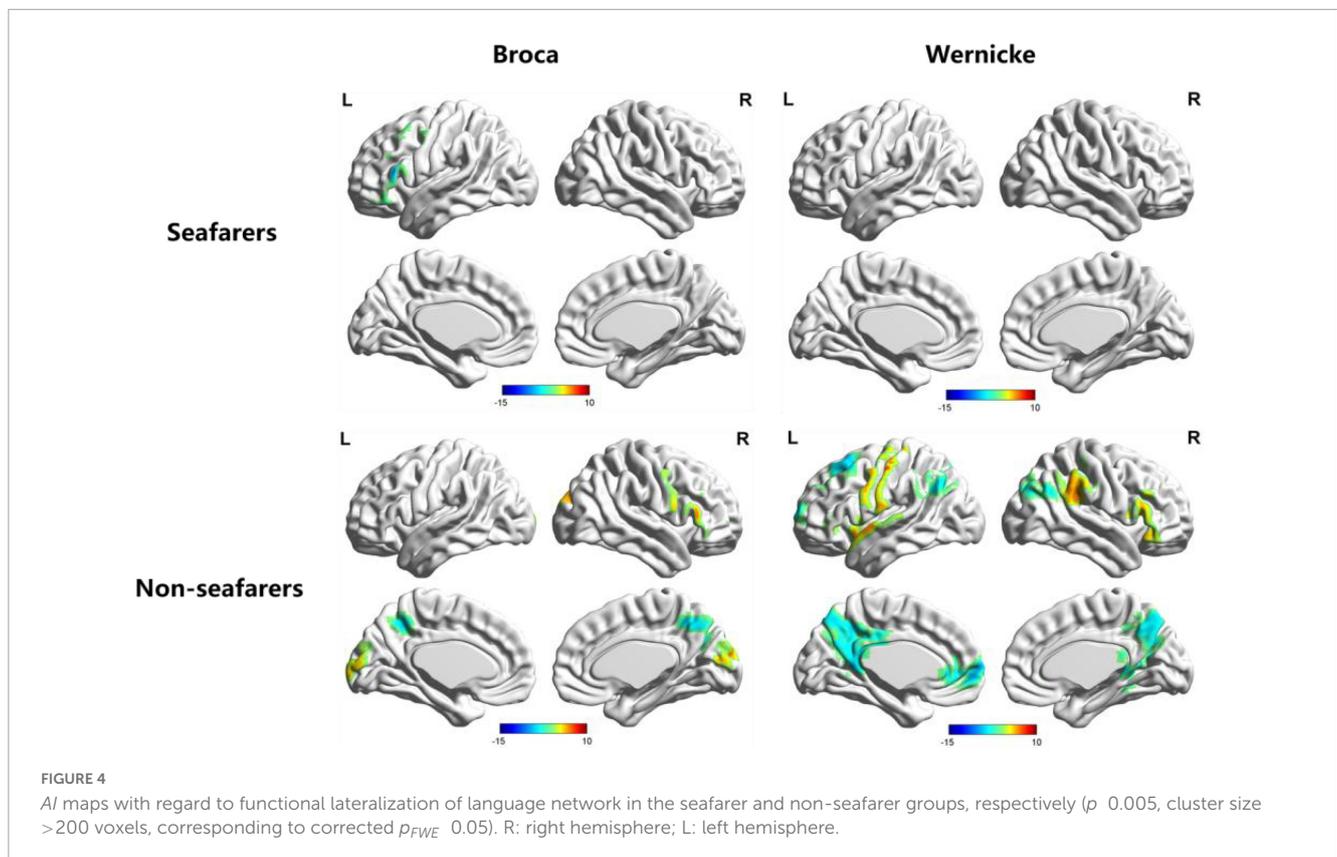


TABLE 3 The cerebral regions involved significant functional lateralization with regard to Broca's and Wernicke's areas (the seafarer group > the non-seafarer group; $p < 0.005$, cluster size >200 voxels, corresponding to corrected $p_{FWE} < 0.05$).

No.	Anatomical regions	BA	MNI coordinates			Peak value
			X	Y	Z	
Broca's area						
1	B precuneus	7	-13	-54	46	3.937
2	B paracentral lobule	31	6	-34	45	4.016
3	B middle cingulum	24	6	-18	40	3.189
Wernicke's area						
1	B precuneus	7	-9	-72	42	3.858
2	L SFG	8	-23	22	56	4.764
3	L MFG	6	-23	20	59	5.551

BA, Brodmann area; L, left; B, bilateral; SFG, superior frontal gyrus; MFG, middle frontal gyrus.

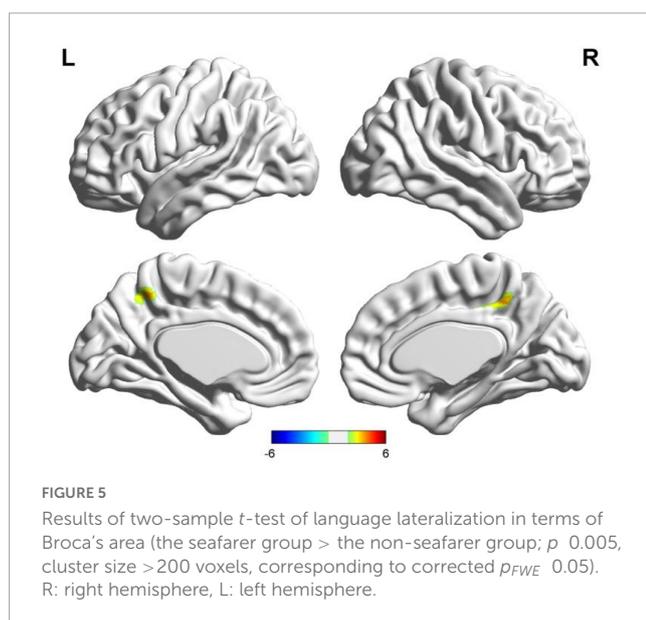
elements (Nielsen et al., 2013; Chou et al., 2017; Schmitz et al., 2017). Schmitz et al. (2017) raised a novel perspective that genes related to language networks' lateralization were specifically engaged in mental and neurological diseases. Moreover, while Bishop (2013) figured out that weak language lateralization may be the result of impaired language learning, other studies have suggested minimal involvement between the degree of language lateralization and performance (van Ettinger-Veenstra et al., 2010). The right-hemispheric activation might indicate additional resources are required for the process of integrating phonological input (van Ettinger-Veenstra et al., 2010). The precentral gyrus is related to exercise, and the cuneus and precuneus are involved in advanced cognitive functions. Here, seafarers have atypical language dominance, although a higher rate of atypical right hemispheric language lateralization was found in left-/mixed-handed people, and Packheiser et al. (2020) suggested that the assumptions related to language lateralization and dominant handedness need to be more deliberate. Furthermore, the atypia indicated that sentence processing was supported by the left and

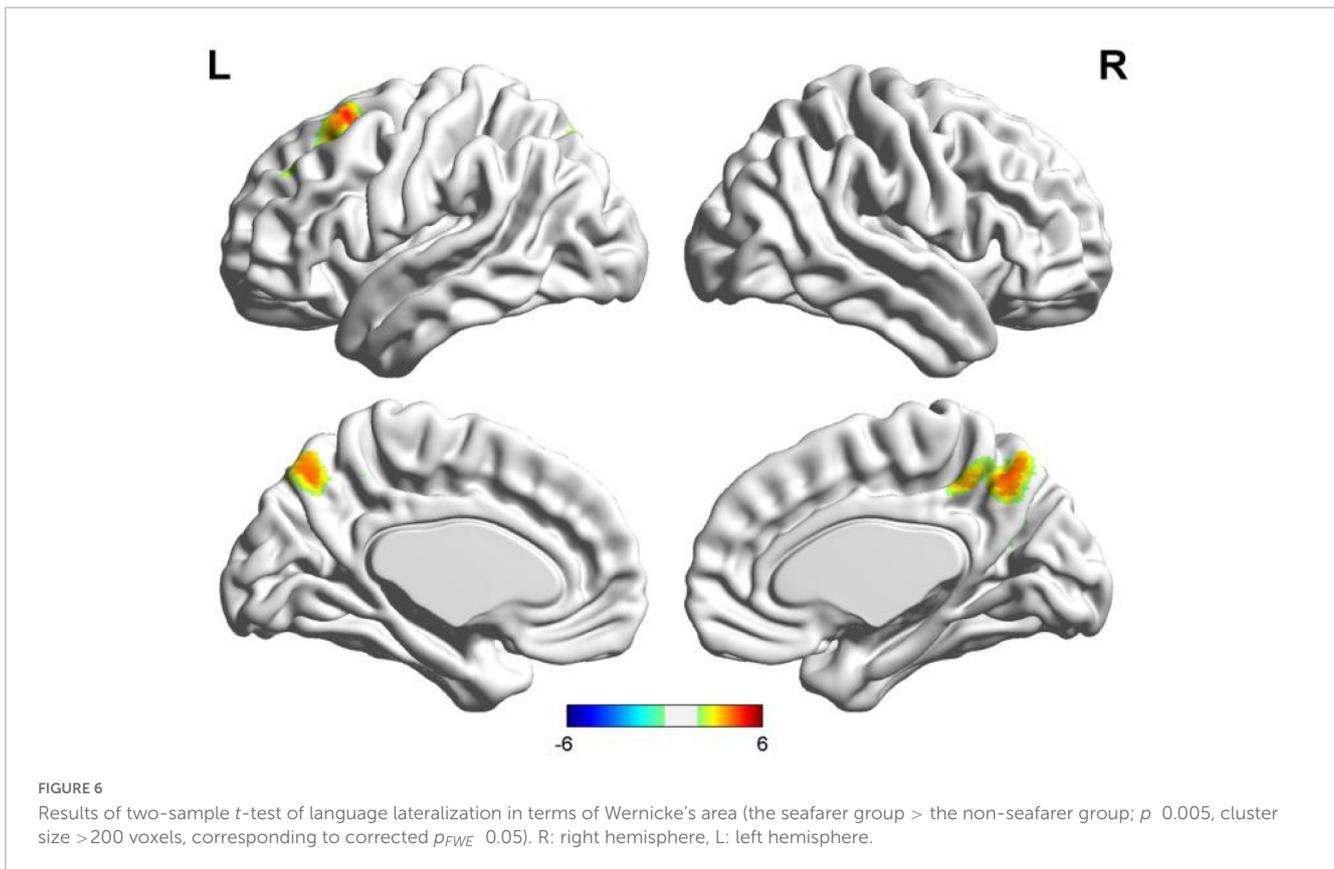
right networks (Labache et al., 2020), and semantic language performance was better (Bartha-Doering et al., 2018). Meanwhile, the lateralization of the left IFG was declared when processing iconic gestures with or without speech, overlapping with those brain regions that are also involved in advanced semantic information processing of speech (Özyürek, 2014). This may be a consequence of occupational skill-related requests: in the working environment of seafarers, it is necessary to communicate with foreigners and obey commands in various languages.

We also examined the occupational differences of functional language networks' lateralization between two groups. The functional network of seafarers had ipsilateral and contralateral asymmetry located in the precuneus for both seeds. Furthermore, there was ipsilateral and contralateral asymmetry in the paracentral lobule and middle cingulum with Broca's area as the seed, and also Wernicke's ipsilateral asymmetry in the left SFG/MFG (see Figures 5, 6). Interestingly, a study on structural plasticity suggested that the left precuneus and paracentral lobule are closely related to spatial navigation training (Wenger et al., 2012), especially in young adults. Thus, the increased asymmetry of seafarers reflects the increased demand for professional competencies such as spatial navigation. Also, the right middle cingulate gyrus showed evidence that it is associated with general executive function in language conversion tests (Wang et al., 2007). Moreover, rsfMRI has shown the MFG is comparable with Broca's area in its ability to determine hemispheric dominance for language (Gohel et al., 2019). Also, seafarers showed a significant increase in the left SFG and left MFG, which might relate to both gestures and spoken language used during voyages, as a few studies have found left MFG sensitivity to hand movements with unambiguous meanings (Willems et al., 2009). In summary, occupational factors have an impact on the functional language network of the brain.

4.3. Limitations and future works

This study is limited by sample size; studies in this area have yet to be conducted with larger datasets, and the robustness of the results should be treated with more caution due to the alternative steps in fMRI data processing (Murphy et al., 2009; Chai et al., 2012). In future, we are planning to recruit more





subjects to explore and validate the findings regarding language networks and occupations. Due to the lack of behavioral data, such as detailed working years, we cannot clarify the relationship between language network and working years. More occupational research is needed, because occupation is a lifelong daily activity, and different occupations may have different effects on the brain language network; further research is needed in the future. Obviously, occupational effects on language networks occurs across the lifespan, and changes in the language network could be associated with various jobs. As a result, further work should be done on these points.

5. Conclusion

This study provides new findings that professional seafarers as a special occupation group elicited a weaker connection in the left SFG/MFG and left precentral gyrus with Broca seed-based RSFC, and a greater connection of Wernicke's area with the cingulate and precuneus. Moreover, the slightly right-lateralized feature of functional language networks was observed in the Broca's area of seafarers, but no significant voxels were observed in Wernicke's area as seed; on the contrary, non-seafarers showed an almost leftward lateralization with Broca's area as the seed, and rightward lateralization with Wernicke's area. Interestingly, regarding the differences in language lateralization, the seafarers revealed greater connection with left Broca's and left Wernicke's areas. Overall, according to our findings, the seafarer's occupation showed potential effects on brain language networks and their

lateralization, which provides new evidence regarding occupational neuroplasticity and language.

Data availability statement

The original contributions presented in this study are included in the article/supplementary material, further inquiries can be directed to the corresponding authors.

Ethics statement

The studies involving human participants were reviewed and approved by the IRB of East China Normal University (ECNU). The patients/participants provided their written informed consent to participate in this study.

Author contributions

HW and DP: conceptualization, methodology, validation, formal analysis, and writing—original draft. HY: conceptualization, methodology, validation, formal analysis, writing—original draft, and funding acquisition. YY: investigation and writing—review and editing. WZ: investigation, writing—review and editing, and data curation. CC and NW: conceptualization, resources, writing—review and editing, supervision, funding acquisition, and project

administration. All authors contributed to the article and approved the submitted version.

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Conflict of interest

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