



the importance of these cell populations to human health, extensive efforts have been undertaken to better understand how CD4<sup>+</sup> T helper cell subset differentiation is regulated.

Generally, it is recognized that the differentiation of effector CD4<sup>+</sup> T cell populations requires three signals. Two of these signals are derived from direct cell-to-cell contact with an antigen-presenting cell (APC), in the form of T cell receptor and co-stimulatory receptor activation (8, 9). Importantly, the third signal, derived from the cytokine environment, drives CD4<sup>+</sup> T helper cell subset specification through the activation of cytokine-specific transcription factor networks. Association of cytokines with their specific receptors results in the activation of Janus kinase/Signal Transducer Activator of Transcription (JAK/STAT) pathways, in which JAKs phosphorylate members of the STAT factor family (10). This ultimately leads to dimerization and translocation of STAT factors into the nucleus, where they activate the expression of subset-specific genes including those encoding “lineage-defining” transcription factors, which are required for the differentiation of each T helper cell subset (11, 12).

As with STAT transcription factors, members of the Ikaros Zinc Finger (IkZF) transcription factor family have well-documented roles in the development of immune cell populations (13–15). Ikaros, the founding member of the family, was initially shown to be required for lymphoid cell development, as mice expressing a dominant negative form of Ikaros failed to produce early T and B lymphocyte progenitors, as well as Natural Killer cells (16, 17). In the following decades, four proteins with a high degree of homology to Ikaros were identified and now comprise the IkZF family of transcription factors: Ikaros (encoded by the gene *Ikzf1*), Helios (*Ikzf2*), Aiolos (*Ikzf3*), Eos (*Ikzf4*), and Pegasus (*Ikzf5*) (18–22).

Structurally, IkZF family members contain both an N-terminal zinc finger (ZF) DNA-binding domain and a C-terminal ZF protein-protein interaction domain (Figure 1) (23). This distinct structure confers diverse functional capabilities, as IkZF family members can both positively and negatively regulate gene expression through direct interactions with DNA, as well as by forming transcriptional complexes with other proteins. Mechanistically, IkZF factors have been shown to regulate gene expression by (i) remodeling chromatin structure through association with chromatin remodeling complexes such as the nucleosome remodeling deacetylase (NuRD), (ii) interacting with and promoting the activity of the RNA Pol II transcription initiation complex, and (iii) inducing chromosome conformational changes by mediating interactions between distal *cis*-regulatory regions (14, 15, 24–26).

Recent research efforts have examined potential roles for IkZF family members in regulating the development of effector CD4<sup>+</sup> T cell populations (Figure 2). Intriguingly, many of these studies point to mechanisms whereby IkZF factors propagate T helper cell subset differentiation via the modulation of cytokine signaling pathways. Here, we review the literature describing roles for IkZF members in the regulation of CD4<sup>+</sup> T cell differentiation, with an emphasis on the interplay that exists between IkZF transcription factors and cell-specific cytokine signaling pathways.

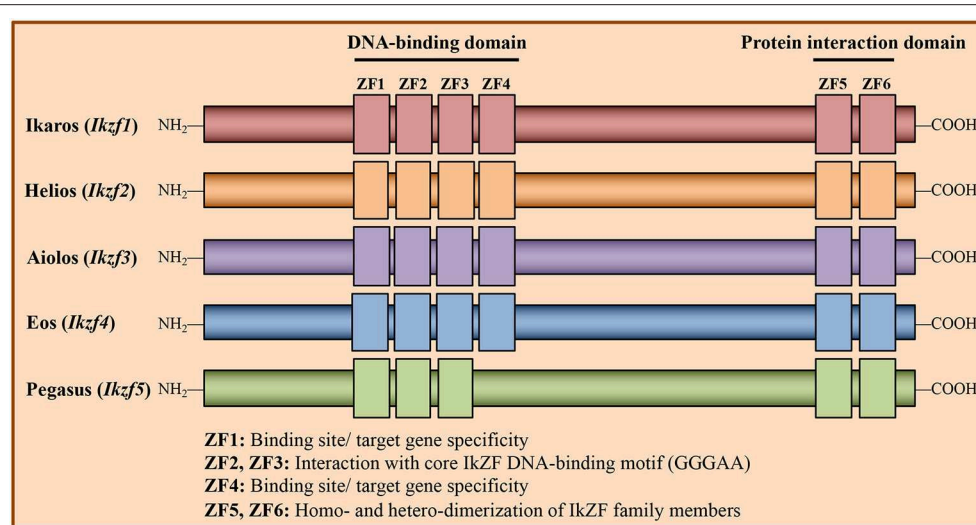
## T HELPER 1 (T<sub>H</sub>1) CELLS

The differentiation and function of T<sub>H</sub>1 cells is critical for effective adaptive immune responses against intracellular pathogens, including viruses, bacteria, and parasites. T<sub>H</sub>1 differentiation is dependent upon extracellular signals from the cytokine IL-12, which lead to activation of the transcription factor STAT4 (27–29). Upon activation, STAT4 dimerizes and translocates to the nucleus where it directly activates expression of *Tbx21*, the gene encoding the T<sub>H</sub>1 lineage-defining transcription factor T-bet. T-bet directly induces the expression of the key T<sub>H</sub>1 effector cytokine Interferon-gamma (IFN-γ), which functions in a feed-forward fashion, as autocrine IFN-γ signals lead to STAT1 activation and further T-bet expression (30). The production of IFN-γ allows effector T<sub>H</sub>1 cells to initiate anti-intracellular pathogen responses including increased activation and proliferation of macrophages, as well as the activation of CD8<sup>+</sup> T cell populations, which are responsible for the elimination of infected cells. In addition to IL-12 signaling, T<sub>H</sub>1 cell differentiation is dependent upon autocrine signals from IL-2, the expression of which is induced upon T cell receptor/co-receptor activation. IL-2 signaling results in the activation of STAT5, which, like STAT4, induces expression of genes encoding both transcription factors (including Blimp-1) and cytokine receptors (including components of the IL-12 and IL-2 receptor complexes) that are required for continued commitment to the T<sub>H</sub>1 lineage (31, 32).

### IkZF Factors in T<sub>H</sub>1 Cell Differentiation and Function

Of the IkZF family members, Ikaros has been most extensively linked to aspects of T<sub>H</sub>1 cell development. It has been shown in a number of experimental settings that loss of Ikaros expression and/or function results in increased T-bet expression, suggesting that Ikaros plays a role in negatively regulating T<sub>H</sub>1 differentiation (33–35). Specifically, overexpression of a dominant negative form of Ikaros in T<sub>H</sub>2 cells resulted in increased T-bet expression, while Ikaros<sup>null</sup> *in vitro*-differentiated T<sub>H</sub>2 cells expressed increased T-bet as compared to wildtype controls. Supporting a role for Ikaros in the direct regulation of T-bet expression, Ikaros has been shown to directly bind to the *Tbx21* promoter in *in vitro*-polarized T<sub>H</sub>2 cells (33, 34). However, Ikaros was noticeably absent from the *Tbx21* promoter in *in vitro* differentiated T<sub>H</sub>1 cells, for which T-bet expression is required (34). Mechanistically, the association of Ikaros with the *Tbx21* promoter may be related to alterations in chromatin structure, as another study found increased enrichment of the repressive chromatin mark H3K27<sup>me3</sup> at this locus upon Ikaros binding in thymocyte populations (36). However, whether this mechanism is conserved in CD4<sup>+</sup> T cell populations is unclear. Regardless, the collective data support a role for Ikaros in the negative regulation of T<sub>H</sub>1 cell differentiation through direct repression of T-bet expression.

In addition to regulating T<sub>H</sub>1 differentiation pathways, Ikaros has been shown to negatively regulate expression of the T<sub>H</sub>1 effector cytokine, IFN-γ. Ikaros enrichment was observed at predicted *Ifng* regulatory regions in T<sub>H</sub>2 cells, and the *Ifng*



**FIGURE 1 |** Structure of Ikaros Zinc Finger transcription factor family members. Members of the Ikaros Zinc Finger (IkZF) family of transcription factors are known regulators of hematopoietic cell development, including that of CD4<sup>+</sup> T cells. The IkZF family consists of five members: Ikaros (encoded by the gene *Ikzf1*), Helios (*Ikzf2*), Aiolos (*Ikzf3*), Eos (*Ikzf4*), and Pegasus (*Ikzf5*). These factors contain N-terminal zinc finger (ZF) domains, which are responsible for mediating direct interactions with DNA, and C-terminal ZFs, which facilitate homo- and heterodimerization between IkZF family members. Of the N-terminal zinc fingers, ZF2 and ZF3 mediate direct interaction with the core IkZF DNA binding motif (GGGAA), while ZF1 and ZF4 regulate factor binding site/target gene specificity.

promoter displayed reduced methylation in T<sub>H</sub>2 cells expressing a dominant negative form of Ikaros (33, 34). Furthermore, Ikaros<sup>null</sup> T<sub>H</sub>2 cells were shown to exhibit increased IFN- $\gamma$  production, as well as an increase in both T-bet and STAT1 transcript expression as compared to WT controls (33, 34). In further support of a T-bet-independent role for Ikaros in regulating *Ifng* expression, it has been shown that overexpression of wildtype Ikaros in Ikaros<sup>null</sup> T<sub>H</sub>2 cells results in reduced IFN- $\gamma$  production in the absence of a significant impact on T-bet expression (37). Collectively, these data further support a repressive role for Ikaros in both T<sub>H</sub>1 cell differentiation and function.

It is important to note, however, that all of the above studies utilized germline mutant models to assess the role of Ikaros in regulating T helper cell differentiation programs. Providing further clarity regarding the role of Ikaros in T helper cell differentiation decisions, a recent study assessed the effects of conditional Ikaros knockout exclusively in mature T cell populations on CD4<sup>+</sup> T cell differentiation and function (38). Curiously, Ikaros-deficient mature T helper cells exposed to T<sub>H</sub>1-polarizing conditions did not exhibit increased T-bet or IFN- $\gamma$  expression as compared to WT. However, Ikaros-deficient T<sub>H</sub>2 cells displayed increased IFN- $\gamma$  expression, possibly supporting a role for Ikaros in negatively regulating T<sub>H</sub>1 gene expression in alternative T helper cell subsets, consistent with previous findings (38).

Illustrating an expanded role for Ikaros in regulating T<sub>H</sub>1 cytokine signaling pathways, Ikaros has also been shown to directly associate with the *Il2* promoter and repress its expression (Figure 3) (39). Loss of Ikaros function was found to result in increased acetylation at the *Il2* promoter, which correlated with increased IL-2 production in anergic T helper cells undergoing

TCR stimulation. Similarly, Aiolos has also been shown to directly repress IL-2 expression (40). Given the importance of the IL-2/STAT5 pathway to T<sub>H</sub>1 cell differentiation, these data suggest that Ikaros and Aiolos may also negatively regulate T<sub>H</sub>1 differentiation by repressing autocrine IL-2 signaling.

Unlike Ikaros and Aiolos, the available literature suggests that Eos may function as a positive regulator of the T<sub>H</sub>1 gene program. Specifically, mixed bone marrow chimera studies utilizing a murine experimental autoimmune encephalomyelitis (EAE) model demonstrated that there was a reduction in IFN- $\gamma$  production by Eos-deficient vs. WT CD4<sup>+</sup> T cells. Curiously, CD4<sup>+</sup> T cells in Eos<sup>-/-</sup> animals displayed no difference in IFN- $\gamma$  production as compared to those in WT animals during EAE, suggesting that there may be a compensatory mechanism at play in Eos-deficient animals (41). An additional study found that Eos expression correlated with that of T<sub>H</sub>1 genes at both the transcript and protein level (42). Furthermore, Eos was shown to regulate the expression of both IL-2 and CD25 expression in conventional CD4<sup>+</sup> T (T<sub>CONV</sub>) cell populations (41). Thus, Eos may positively influence T<sub>H</sub>1 gene expression patterns, at least in part, by promoting the IL-2/STAT5 signaling axis. Additional work will be required to determine the precise role of Eos in promoting T<sub>H</sub>1 cell differentiation. Collectively, these studies support opposing roles for Ikaros and Aiolos vs. Eos in regulating T<sub>H</sub>1 cell differentiation and function.

## T HELPER 2 (T<sub>H</sub>2) CELLS

T<sub>H</sub>2 responses both provide protection against parasitic infection, such as with helminthic worms, and also assist with tissue repair mechanisms following parasite- and inflammation-induced damage (43). T<sub>H</sub>2 differentiation is dependent upon

CD4 <sup>+</sup> Subset	IkZF Factor	Effect on Subset	Specific Regulatory Role
T <sub>H1</sub>	Ikaros	Negative	Represses IL-2 and IL-12/IFN- $\gamma$ signaling pathways (33, 34, 36, 39, 40) Directly represses <i>Tbx21</i> expression in <i>in vitro</i> -differentiated T <sub>H2</sub> cells (33, 34)
	Aiolos	Negative	Represses IL-2 expression (40)
	Eos	Positive	Supports IL-2/STAT5 signaling axis and IFN- $\gamma$ production (41, 42)
T <sub>H2</sub>	Ikaros	Positive	Induces production of T <sub>H2</sub> -associated cytokines and transcription factors (33) Represses the T <sub>H1</sub> differentiation program to support T <sub>H2</sub> development (34), but is not required for T <sub>H2</sub> differentiation <i>in vitro</i> (38)
	Helios	Unknown	Upregulated in T <sub>H2</sub> cells, but is unessential for T <sub>H2</sub> gene expression (46, 47)
T <sub>H17</sub>	Ikaros	Positive	Promotes expression of T <sub>H17</sub> -associated genes, including <i>Il17a</i> , but does not appear to be required for T <sub>H17</sub> differentiation (35, 38)
	Aiolos	Positive	Necessary for the expression of T <sub>H17</sub> -associated genes (40) Represses <i>Il2</i> , which negatively regulates T <sub>H17</sub> differentiation (40, 53-55)
	Eos	Negative	May repress T <sub>H17</sub> development, as its loss results in increased IL-17 production (41, 56, 57)
T <sub>FH</sub>	Ikaros	Positive	Represses <i>Il2</i> , which negatively regulates T <sub>FH</sub> differentiation (39) Associates with <i>Bcl6</i> promoter, correlating with increased <i>Bcl6</i> expression (42)
	Aiolos	Positive	Upregulated in T <sub>FH</sub> cells <i>in vivo</i> (42) Represses expression of IL-2, which negatively regulates T <sub>FH</sub> differentiation (40) Cooperates with STAT3 to directly activate <i>Bcl6</i> expression (42)
	Eos	Unknown	Expression inversely correlates with that of the T <sub>FH</sub> gene program (42, 69)
T <sub>REG</sub>	Ikaros	Positive	Required for Foxp3 expression by CD4 <sup>+</sup> T cells cultured under iTreg-polarizing conditions <i>in vitro</i> ; required for normal peripheral and natural T <sub>REG</sub> development <i>in vivo</i> (35, 38, 51, 81)
	Helios	Positive	Stabilizes a suppressive phenotype in FOXP3 <sup>+</sup> T <sub>REG</sub> populations (77-79)
	Eos	Positive	High expression correlates with T <sub>REG</sub> suppressive capabilities (39-40, 57, 76) Aids in FOXP3-mediated gene regulation, including <i>Il2</i> repression (76)

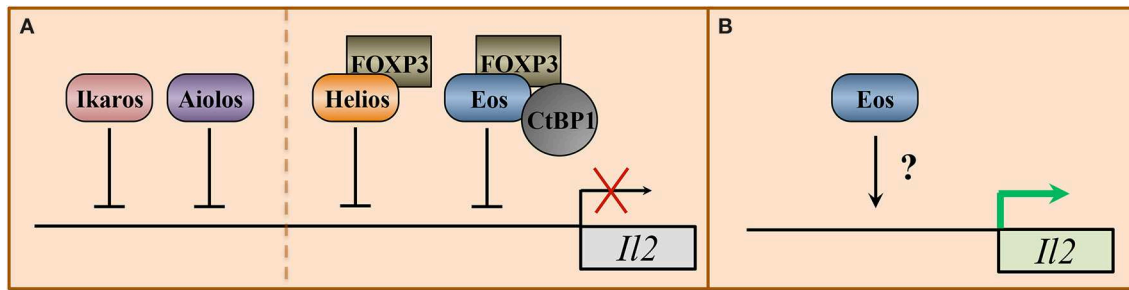
**FIGURE 2 |** Regulation of CD4<sup>+</sup> T cell differentiation programs by IkZF family members. Tabulated summary of the known effects of IkZF family members on expression of the T<sub>H1</sub>, T<sub>H2</sub>, T<sub>H17</sub>, T<sub>FH</sub>, and T<sub>REG</sub> gene programs, including associated cytokines and transcription factors. The broad impact of each IkZF factor on the differentiation program of individual T helper cell subsets is also provided, if known.

both paracrine and autocrine IL-4 signaling, which results in the activation of STAT6. Once activated, STAT6 directly induces the expression of the T<sub>H2</sub> lineage-defining transcription factor GATA3 (44). GATA3 then directly activates expression of the T<sub>H2</sub> effector cytokines IL-4, IL-5, and IL-13, which recruit and activate additional immune cell types, such as macrophages and eosinophils, and promote IgE production to facilitate parasite clearance. As with T<sub>H1</sub> cells, T<sub>H2</sub> cell differentiation is also positively regulated by autocrine IL-2/STAT5 signaling, which, in the T<sub>H2</sub> context, functions to induce GATA3-independent expression of IL-4, as well as the feed-forward induction of IL-4R $\alpha$  (45).

## IkZF Factors in T<sub>H2</sub> Cell Differentiation and Function

Ikaros has been implicated in positively regulating IL-4 production in T<sub>H2</sub> cells. Specifically, naïve CD4<sup>+</sup> T helper cells isolated from Ikaros<sup>null</sup> mice exposed to T<sub>H2</sub>-polarizing conditions were found to exhibit reduced production of IL-4, and direct association of Ikaros with the *Il4* locus was accompanied

by increased H3 acetylation (33). Unsurprisingly, this correlated with decreased expression of the T<sub>H2</sub> transcription factors GATA3 and cMaf (33). As mentioned previously, Ikaros has also been shown to promote T<sub>H2</sub> lineage specification through direct repression of the T<sub>H1</sub> lineage-defining transcription factor, T-bet (34). In support of this, in an *in vivo* experimental setting, mice heterozygous for a dominant negative form of Ikaros displayed an inappropriate T<sub>H1</sub> response to *Shistosoma mansoni* parasitic infection (34). It is important to note that given heterodimeric interactions between IkZF family members, the dominant negative Ikaros protein, which lacks a functional N-terminal DNA binding domain, may disrupt the function of other IkZF factors in this experimental setting. Thus, the precise role of Ikaros in regulating the phenotypes observed in this study is unclear. Additionally, contrary to the above findings, a recent study utilizing a CD4<sup>+</sup> specific conditional knockout of Ikaros exclusively in mature T cell populations found that Ikaros-deficient T<sub>H2</sub> cells do not display a defect in either Gata3 or IL-4 expression, although they do produce more IFN- $\gamma$ , as described above (38). Thus, it is possible that Ikaros deficiency during T cell development,



**FIGURE 3 |** Transcriptional regulation of the interleukin-2 locus by IkZF transcription factors. Signals from the pro-inflammatory cytokine interleukin-2 (IL-2) differentially regulate the expression of T helper cell programs. IL-2 signaling supports the differentiation of T<sub>H</sub>1, T<sub>H</sub>2, and T<sub>REG</sub> cell subsets, but represses the differentiation of T<sub>H</sub>17 and T<sub>FH</sub> populations. The Ikaros zinc finger family members Ikaros, Helios, Aiolos, and Eos have all been implicated in regulating IL-2 expression. **(A)** In anergic CD4<sup>+</sup> and T<sub>H</sub>17 cells, respectively, Ikaros and Aiolos have been shown to directly associate with the *IL2* promoter to repress IL-2 expression. For Ikaros, this association correlates with reduced H3 and H4 acetylation. Aiolos association has been linked to a decrease in both acetylation and the positive histone mark H3K4<sup>me3</sup> at the *IL2* promoter and a concurrent increase in H3K9<sup>me3</sup>, which is indicative of a transcriptionally inactive locus. In regulatory T (T<sub>REG</sub>) cells, Eos and Helios have both been implicated in IL-2 repression. Mechanistically, Eos forms a protein complex with the T<sub>REG</sub> lineage-defining transcription factor FOXP3 and C-terminal binding protein (CtBP) to repress *IL2*. As with Aiolos, this repression is associated with reduced H3 and H4 acetylation, reduced H3K4<sup>me3</sup>, and increased H3K9<sup>me3</sup> enrichment at the *IL2* promoter. Similarly, Helios and FOXP3 are co-enriched at the *IL2* locus in T<sub>REG</sub> cells and correlate with reduced H3 acetylation, consistent with gene repression. **(B)** In conventional T helper cell populations, in the absence of FOXP3, Eos has been positively linked to the expression of IL-2. However, the mechanism by which Eos influences IL-2 expression is currently unclear.

vs. the naïve to effector transition, results in an altered phenotype that makes analysis of individual effector T cell populations difficult. Ultimately, these data suggest that Ikaros may support non-T<sub>H</sub>1 subsets by repressing the Th1 gene program during differentiation.

Similar to Ikaros, Helios expression is upregulated in T<sub>H</sub>2 cells generated in response to ovalbumin immunization *in vivo*, coinciding with the expression of GATA3, cMaf, and IL-4 (46). However, unlike Ikaros, Helios does not seem to be required for induction of the T<sub>H</sub>2 phenotype, as the same study showed that loss of Helios expression had no effect on the expression of T<sub>H</sub>2-associated cytokines and transcription factors at the transcript level (46). Additionally, no difference in IL-4 production was observed between T<sub>H</sub>2-polarized WT and Helios-deficient T cells, further establishing Helios as non-essential for T<sub>H</sub>2 development (47). Thus, although Helios is highly expressed in T<sub>H</sub>2 cells, there is a lack of evidence to support Helios as a regulator of T<sub>H</sub>2 development.

In addition to the production of IL-4, T<sub>H</sub>2 cells mediate their effector functions via secretion of the pro-inflammatory cytokines IL-5 and IL-13 (43). As with the IL-4 studies described above, Ikaros appears to positively mediate T<sub>H</sub>2-associated functions as exposure of naïve CD4<sup>+</sup> T helper cells isolated from Ikaros<sup>null</sup> mice to T<sub>H</sub>2 polarizing conditions resulted in reduced production of IL-5 and IL-13 compared to cells from wild-type mice (33). This is perhaps unsurprising, given the requirement for Ikaros for expression of GATA3, which directly regulates the expression of IL-5 and IL-13. Collectively, the above studies suggest that Ikaros positively regulates T<sub>H</sub>2 differentiation and function, both via the activation of IL-4 expression and through repression of the opposing T<sub>H</sub>1 differentiation program.

Finally, as mentioned above, Ikaros has also been implicated in the direct repression of *IL2*, which is critical for T<sub>H</sub>2 differentiation, in activated CD4<sup>+</sup> T cell populations (39). This is

somewhat at odds with the positive role for Ikaros in regulating T<sub>H</sub>2 development, and suggests that Ikaros may serve differential roles across T helper cell subsets.

## T HELPER 17 (T<sub>H</sub>17) CELLS

T<sub>H</sub>17 cells are essential mediators of immunity at mucosal surfaces, and function to eliminate pathogenic extracellular bacteria and fungi (7, 48). A number of different cytokines have been implicated in T<sub>H</sub>17 cell differentiation, including TGF-β, and IL-6, among others. Signals from these cytokines result in the upregulation of T<sub>H</sub>17 transcriptional network that includes activation of STAT3, which directly regulates a number of genes required for T<sub>H</sub>17 differentiation including the T<sub>H</sub>17 lineage defining transcription factor RORγt (49, 50). Both STAT3 and RORγt are required for the production of the pro-inflammatory T<sub>H</sub>17 effector cytokines IL-17 and IL-22, which recruit and activate immune cells including neutrophils during the course of infection (2).

## IkZF Factors in T<sub>H</sub>17 Cell Differentiation and Function

Recent work suggests that Ikaros is an important regulator of the T<sub>H</sub>17 gene program (35). Specifically, loss of Ikaros expression in *in vitro*-generated T<sub>H</sub>17 cells has been found to result in decreased expression of T<sub>H</sub>17 genes including those encoding RORγt and IL-17. Consistent with the known role for Ikaros in modulating the epigenetic landscape, expression of Ikaros in T<sub>H</sub>17 cells has been shown to correlate with increased enrichment of permissive covalent histone modifications at these loci (35). More recent reports have described a somewhat conflicting role for Ikaros in T<sub>H</sub>17 function (38, 51). In one study, inhibiting the DNA-binding capability of Ikaros had negligible effects on IL-17 production, while the production

of IL-22 was increased (51). One possible explanation for the discrepancy presented by this study is the use of mice expressing a mutant Ikaros protein lacking a functional N-terminal ZF4 domain (Ikzf1<sup>Δf4/Δf4</sup>), as opposed to cells from *Ikzf1*<sup>Null</sup> mice. Zinc fingers 1 and 4 of the N-terminal zinc finger domain of Ikaros are important for binding to specific target genes, while zinc fingers 2 and 3 bind the core consensus sequence GGGAA (14, 15, 52) (**Figure 1**). Thus, the mutant utilized in the study may have retained some functionality regarding its DNA binding capability, which could explain the lack of an effect on IL-17 production in this setting. Furthermore, when Ikaros was conditionally knocked out in mature T cell populations, the expression of neither *Iil7* nor *Rorc* was impacted when Ikaros-deficient CD4<sup>+</sup> T cells were exposed to T<sub>H</sub>17 polarizing conditions. Curiously, these cells exhibited increased expression of a pathogenic T<sub>H</sub>17 phenotype, including higher levels of T-bet expression and increased IFN-γ production. These data once again support a role for Ikaros in repressing T<sub>H</sub>1 gene expression during T helper cell differentiation (38).

Similar to Ikaros, recent work has established that Aiolos is necessary for the expression of T<sub>H</sub>17-associated genes including those that encode both IL-17a and IL-17f (40). Mechanistically, this study also determined that Aiolos aided T<sub>H</sub>17 lineage commitment, at least in part, through the direct silencing of the *Il2* locus, as IL-2/STAT5 signaling negatively regulates T<sub>H</sub>17 development (40, 53–55). Thus, both Ikaros and Aiolos appear to regulate T<sub>H</sub>17 differentiation through modulation of T<sub>H</sub>17 gene expression and via repression of alternative gene programs.

In contrast to Ikaros and Aiolos, there is evidence to suggest that Eos may negatively regulate T<sub>H</sub>17 differentiation. Specifically, inhibition of Eos expression by the miRNA miR-17 was shown to enhance T<sub>H</sub>17 cell development (56). Furthermore, Eos-deficient T<sub>REG</sub> populations were found to gain the ability to produce IL-17 (57). Consistent with this finding, Eos-deficient mice were also found to develop more severe EAE, which correlated with an increased presence of IL-17-producing cells in the central nervous system (CNS) (41).

Taken together, the above findings suggest that Ikaros and Aiolos are positive regulators of T<sub>H</sub>17 differentiation and function, while Eos appears to functionally antagonize the development of T<sub>H</sub>17 cell populations.

## T FOLLICULAR HELPER (T<sub>FH</sub>) CELLS

T<sub>FH</sub> cells play critical roles in the generation of humoral immunity through their specialized ability to provide help to antibody-producing B cells. T<sub>FH</sub> cells engage in cognate interactions with B cells and produce the cytokine IL-21 to support the formation of germinal centers in secondary lymphoid tissues and B cell production of high-affinity, pathogen-specific antibodies (5, 58). As with T<sub>H</sub>17 development, T<sub>FH</sub> cell differentiation can be driven by a number of cytokine signals, with two of the more prominent being IL-6 and IL-21 (59–61). Signals received from these cytokines result in subsequent

activation of STAT3, which activates the expression of T<sub>FH</sub> genes including *Bcl6*, which encodes the lineage-defining transcription factor for the T<sub>FH</sub> cell subset (62–65).

## IkZF Factors in T<sub>FH</sub> Cell Differentiation and Function

IL-2 signaling is a potent inhibitor of T<sub>FH</sub> cell differentiation (32, 66–68). Thus, it is not surprising that as antagonists of IL-2 signaling (39, 40), Ikaros and Aiolos have been implicated as positive regulators of T<sub>FH</sub> cell differentiation. Surprisingly, however, recent work suggests that Aiolos- and Ikaros-mediated regulation of T<sub>FH</sub> gene expression patterns may occur independently of this IL-2 dependent repressive mechanism. It was shown that the expression of Aiolos and Ikaros correlates with that of the T<sub>FH</sub> lineage-defining factor Bcl-6, and that both Aiolos and Ikaros directly associate with the *Bcl6* promoter. (42). Furthermore, their enrichment patterns overlapped with those of histone marks consistent with increased chromatin accessibility and gene activation. Intriguingly, it was also shown that Aiolos interacted with STAT3 to form a novel transcriptional complex capable of inducing Bcl-6 expression in CD4<sup>+</sup> T cell populations (42). Importantly, this study also found that Aiolos expression was increased in T<sub>FH</sub> cells generated *in vivo* in response to both *Listeria monocytogenes* and influenza infection, further supporting a role for Aiolos in regulating the T<sub>FH</sub> differentiation program (42).

As observed in other T helper cell populations, Eos appears to oppose the functions of Ikaros and Aiolos in T<sub>FH</sub> cells as well. Indeed, unlike Ikaros and Aiolos, Eos expression inversely correlates with that of the T<sub>FH</sub> gene program (42, 69). A recent study utilizing Nr4a-deficient T cells, which display reduced Eos expression, more readily upregulate both T<sub>FH</sub> gene expression patterns and obtain the ability to support germinal center reactions (69). It is important to note that these cells also exhibit reduced expression of a number of genes in addition to Eos upon Nr4a loss, and thus this phenotype cannot be directly attributed to loss of Eos expression. An additional study demonstrated that Eos-deficient CD4<sup>+</sup> T cells are less effective producers of IL-2 as compared to their wild-type counterparts. As IL-2 negatively regulates T<sub>FH</sub> cell differentiation, these findings suggest that Eos may inhibit T<sub>FH</sub> differentiation via an IL-2-mediated mechanism (**Figure 3**) (41). Thus, further work is necessary to determine whether Eos functions to directly repress the T<sub>FH</sub> gene program or, rather, promotes the expression of alternative effector cell phenotypes.

## REGULATORY T (T<sub>REG</sub>) CELLS

Unlike the pro-inflammatory effector functions of other T helper cell subsets, the primary role of regulatory T cells is to maintain immune tolerance through a number of suppressive mechanisms, including the secretion of anti-inflammatory cytokines such as IL-10 (70, 71). T<sub>REG</sub> development is driven by signals propagated through TGF-β engagement with its receptor and the resulting expression of T<sub>REG</sub> specific transcription factors, including the T<sub>REG</sub> lineage defining transcription factor Forkhead box

P3 (FOXP3), and the IL-2 receptor  $\alpha$  chain (CD25) (72–74). This stable expression of CD25, in conjunction with their inability to produce IL-2, allows T<sub>REGS</sub> to act as “IL-2 sinks,” to restrain pro-inflammatory immune responses. While a number of T<sub>REG</sub> cell subsets have been identified, much recent work has focused on two major subsets: those that arise from the thymus (tT<sub>REGS</sub>) and those that are generated in the periphery (pT<sub>REGS</sub>) (75).

## IkZF Factors in T<sub>REG</sub> Differentiation and Function

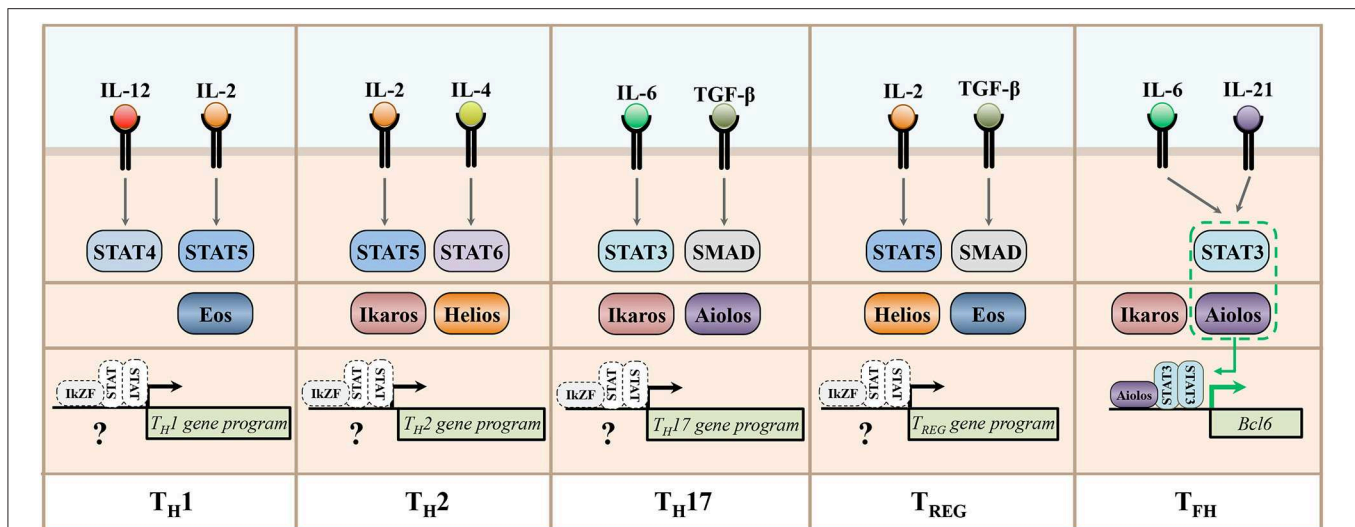
Gene expression analysis via microarray studies revealed that Eos is highly expressed in T<sub>REG</sub> populations and that it functions as a key component of the FOXP3-mediated gene repression complex (76). Mechanistically, it was shown that Eos forms a protein complex with FOXP3 and C-terminal binding protein (CtBP) to promote gene silencing in T<sub>REG</sub> cells (76). These findings are consistent with another study demonstrating that Eos functions as a co-repressor in cooperation with Foxp3 to maintain the T<sub>REG</sub> phenotype and suppressive capabilities. Specifically, it was established that Eos downregulation occurs in T<sub>REG</sub> cells in response to inflammation, permitting their transition to a Foxp3-expressing T helper-like cell phenotype (57). Furthermore, another study found that knockdown of Eos expression resulted in decreased T<sub>REG</sub> function and a subsequent accentuation of colitis in mice (76). Intriguingly, a conflicting study found that Eos-deficient mice did *not* exhibit defective T<sub>REG</sub> development or function, suggesting that another IkZF factor (or factors) may provide a certain level of redundancy (41).

Interestingly, one of the genes targeted by the Eos/FOXP3-repressive complex is the *Il2* locus, which appears to be directly regulated by a number of IkZF factors across T helper cell populations (Figure 3) (39, 40, 76). Furthermore, Eos-mediated repression of IL-2 seems to be dependent on the expression and activity of FOXP3, as Eos has also been shown to positively regulate IL-2 production in FOXP3<sup>-</sup> conventional T helper cell populations, as discussed previously (Figure 3) (41). Similar to Eos, Helios has also been implicated in repressing *Il2* expression in T<sub>REG</sub> populations, supporting the possibility of redundant functions between these factors (Figure 3) (77).

Beyond its role in regulating IL-2 production in T<sub>REG</sub> cells, several studies have revealed that Helios is also required for the stability of a suppressive phenotype in FOXP3<sup>+</sup> T<sub>REG</sub> populations (77). Consistent with these findings, the expression of pro-inflammatory cytokines, including IFN- $\gamma$ , TNF- $\alpha$ , and IL-17 by T<sub>REG</sub> populations is significantly increased in the absence of Helios, and Helios-deficient mice display increased numbers of activated T cells and germinal center B cells, as well as increased production of autoantibodies (78). Curiously, Helios-deficient T<sub>REG</sub> cells also exhibit reduced STAT5 activation and Foxp3 expression, the latter of which can be rescued upon overexpression of a constitutively active form of STAT5 (78). Furthermore, the production of IL-17 is significantly higher in human FOXP3<sup>+</sup>Helios<sup>-</sup> memory

T<sub>REGS</sub> as compared to FOXP3<sup>+</sup>Helios<sup>+</sup> populations, supporting a role for Helios in negatively regulating IL-17 production in memory T<sub>REG</sub> populations (79). However, it is important to note that some studies suggest that Helios expression does not always negatively correlate with inflammatory cytokine expression in T<sub>REG</sub> populations. Indeed, Helios expression is consistent between conventional FOXP3<sup>+</sup> T<sub>REG</sub> cells and IL-17-producing T<sub>REG</sub> cells that co-express FOXP3<sup>+</sup> and the T<sub>H</sub>17 lineage-defining transcription factor ROR $\gamma$ t (FOXP3<sup>+</sup>ROR $\gamma$ t<sup>+</sup> T<sub>REG</sub>), indicating that IL-17 production may be unrelated to Helios expression in this population (80). Collectively, while many findings support a role for Helios in promoting T<sub>REG</sub> suppressive function by repressing effector cytokine production, further work is necessary to establish how Helios functions across diverse T<sub>REG</sub> subtypes.

A number of studies have implicated Ikaros in the regulation of T<sub>REG</sub> cell differentiation. To this end, it has been shown that under iT<sub>REG</sub>-polarizing conditions, Ikaros-deficient CD4<sup>+</sup> T cells are unable to upregulate Foxp3 expression (35, 38, 81). Importantly, these studies include cells in which Ikaros had been deleted in the germline (35, 81) and also exclusively in mature T cell populations (38). Additionally, one group observed increased enrichment of the repressive chromatin mark H3K27<sup>me2</sup> at the *Foxp3* promoter in Ikaros<sup>-/-</sup> naïve CD4<sup>+</sup> T cells as compared to WT (35). In further support of a positive role for Ikaros in T<sub>REG</sub> differentiation, it has been shown that Ikaros-deficient animals exhibit reduced numbers of peripheral and natural T<sub>REG</sub> populations as compared to WT controls (81). Another study found that CD4<sup>+</sup> T cells expressing a mutant form of Ikaros lacking the N-terminal DNA-binding ZF4 (Ik $\Delta$ ZF4) are unable to normally differentiate into iT<sub>REG</sub> populations (51). Curiously, while mice expressing the Ik $\Delta$ ZF4 mutant were found to exhibit increased numbers of total Foxp3<sup>+</sup> T<sub>REGS</sub> *in vivo* under steady-state conditions, the number of pT<sub>REGS</sub> was reduced (51). Thus, the authors suggest that Ikaros may differentially regulate different T<sub>REG</sub> cell compartments. It is important to note that this study found that CD4<sup>+</sup> T cells expressing the Ik $\Delta$ ZF4 mutant produce significantly higher amounts of IL-21 than their WT counterparts, which negatively regulates iT<sub>REG</sub> differentiation (51). However, Ikaros-deficient cells were not found to upregulate IL-21 production, indicating that the mechanism underlying the iT<sub>REG</sub>-deficient phenotypes differs between these two studies (51, 81). Indeed, the authors of the first study found that CD4<sup>+</sup> T cells isolated from the spleens of Ikaros-deficient mice exhibit a reduction in the expression of Foxo1, a transcription factor required for the generation of regulatory T cells (81). The different mechanisms observed between these studies may be attributed to use of the Ik $\Delta$ ZF4 mutant, which is known to function as a dominant negative isoform. As discussed in previous sections, this may alter the function of other IkZF family members with which Ikaros interacts and may confound interpretation of the data in this system. Collectively, however, the available data support a role for Ikaros in positively regulating iT<sub>REG</sub> differentiation.



**FIGURE 4** | STAT and IkZF regulatory networks underlying the expression of T helper cell gene programs. This schematic depicts representative cytokines implicated in the development of murine T helper cell populations, their downstream STAT signaling pathways, and the Ikaros zinc finger transcription factors recently associated with the differentiation and functions of each subset. A recent study demonstrated that the IkZF factor Aiolos cooperates with STAT3 to induce the expression of *Bcl6*, the lineage-defining transcription factor for the  $T_{FH}$  cell type. The differential expression and/or activity of IkZF and STAT factors across T helper cell subsets is suggestive of the intriguing possibility that additional, cell type-specific STAT/IkZF regulatory modules may regulate T helper cell differentiation decisions across subsets.

## STAT/IkZF FACTOR REGULATORY MODULES AS CANDIDATE DRIVERS OF T HELPER CELL DIFFERENTIATION

An interesting aspect of IkZF factors as regulators of T helper cell differentiation is that individual family members appear to perform diverse functions across T helper cell subsets. While the entirety of the mechanisms that permit such broad functionality of IkZF family members is currently unclear, one manner by which this differential regulation may be accomplished is through IkZF factor interactions with other transcription factors responsible for regulating individual T helper cell gene programs. As discussed throughout this review, STAT factors have long been established as cytokine-dependent regulators of effector CD4<sup>+</sup> T cell differentiation and function (82, 83). Additionally, these factors are known to engage in cooperative mechanisms with other transcription factors to regulate gene expression patterns (84). Thus, STAT factors are prime candidates for potential regulation of IkZF factor function. Indeed, our laboratory recently found that the IkZF factor Aiolos interacts with STAT3 to form a transcriptional complex that induces the expression of *Bcl-6*, the lineage defining transcription factor for the  $T_{FH}$  cell type (42). An interesting feature of this mechanism is that the IL-2/STAT5 signaling axis both inhibits the expression of Aiolos and the activity of STAT3. However, in the absence of IL-2 signaling, increased Aiolos expression and STAT3 activation results in the formation of an Aiolos/STAT3 transcriptional complex capable of inducing a *Bcl-6*-dependent  $T_{FH}$  differentiation program. As detailed in the previous sections, the cytokine-dependent activation of cell-specific STAT factors is accompanied by alterations to expression

and activity of different IkZF family members. Given the fact that members of these transcription factor families are both highly conserved and widely expressed across T helper cell subsets, these findings are suggestive of the intriguing possibility that additional IkZF/STAT factor complexes may broadly regulate the differentiation programs of CD4<sup>+</sup> T cell populations (Figure 4). Furthermore, IkZF factor expression is not unique to CD4<sup>+</sup> T helper cells, as these transcription factors are expressed in cells throughout the immune system (13, 14, 85, 86). Thus, the possibility exists that IkZF/STAT transcriptional complexes may represent a conserved regulatory feature that regulates an array of immune responses. Given the prominent role of STAT factor signaling in human disease pathology, understanding the extent to which they cooperate with IkZF factors to regulate immune cell differentiation is an intriguing area for future research (87).

## CONCLUDING REMARKS

In the past decade, IkZF family members have emerged as key regulators of CD4<sup>+</sup> T helper subset development and function. Interestingly, many of these studies have identified IkZF factors as regulators of cytokines, cytokine receptors, and other components of cytokine signaling pathways. Likewise, it is becoming increasingly clear that cytokine signals reciprocally regulate the expression and activities of IkZF transcription factors. These points, coupled with the discovery that IkZF factors can engage in cooperative mechanisms with STAT transcription factors, suggest that IkZF factors may continue to emerge as central players in the regulation of T helper cell differentiation. Further work will be required to determine the extent to which IkZF factors may engage in similar mechanisms



to regulate the differentiation and function of cells across the immune system. Importantly, cytokine signaling pathways have been popular targets of immunotherapeutic strategies to treat human diseases ranging from cancer to autoimmunity. Therefore, continued study into the role of IkZF factors in the regulation of immune cell differentiation and function will inform the feasibility of targeting these factors in efforts to promote human health.

## AUTHOR CONTRIBUTIONS

The manuscript was jointly conceptualized and written by MP, KR, BS, and KO.

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**Conflict of Interest Statement:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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