



Prognosis and Dissection of Immunosuppressive Microenvironment in Breast Cancer Based on Fatty Acid Metabolism-Related Signature

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Fatty acid metabolism has been deciphered to augment tumorigenesis and disease progression in addition to therapy resistance via strengthened lipid synthesis, storage, and catabolism. Breast cancer is strongly associated with the biological function of fatty acid metabolism owing to the abundant presence of adipocytes in breast tissue. It has been unraveled that tumor cells exhibit considerable plasticity based on fatty acid metabolism, responding to extra-tumoral and a range of metabolic signals, in which tumor microenvironment plays a pivotal role. However, the prognostic significance of fatty acid metabolism in breast cancer remains to be further investigated. Alongside these insights, we retrieved 269 reliable fatty acid metabolism-related genes (FMGs) and identified the landscape of copy number variations and expression level among those genes. Additionally, 11 overall survival-related FMGs were clarified by univariate Cox hazards regression analysis in The Cancer Genome Atlas (TCGA) and the Molecular Taxonomy of Breast Cancer International Consortium (METABRIC) databases. Subsequently, a prognostic signature based on 6 overall survival (OS)-related FMGs was generated using Lasso Cox hazards regression analysis in TCGA dataset and was validated in two external cohorts. The correlation between the signature and several essential clinical parameters, including T, N, and PAM50 subtypes, was unveiled by comparing the accumulating signature value in various degrees. Furthermore, an optimal nomogram incorporating the signature, age, and American Joint Committee on Cancer (AJCC) stage was constructed, and the discrimination was verified by C-index, the calibration curve, and the decision curve analysis. The underlying implications for immune checkpoints inhibitors, the landscape of tumor immune microenvironment, and the predictive significance in therapy resistance to diverse strategies were depicted ultimately. In conclusion, our findings indicate the potential prognostic connotation of

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fatty acid metabolism in breast cancer, supporting novel insights into breast cancer patients' prognosis and administrating effective immunotherapy.

Keywords: fatty acid metabolism, breast cancer, prognostic signature, tumor immune microenvironment, immunotherapy, therapy resistance

INTRODUCTION

Breast cancer (BC) has now surpassed lung cancer as the leading cause of global cancer incidence in 2020 while as the fifth predominant cause of cancer mortality worldwide (1). Although a host of patients with BC could have an improved prognosis as compared to other solid tumors with multiple treatments, including radical surgery, chemotherapy, radiation therapy, and target therapy, there remain some BC patients attaining unfavorable outcomes due to different heterogeneity (2). Thus, a need for a novel biomarker to identify such BC patients remains.

Fatty acid (FA) metabolism, which is essential for energy production and storage, cell membrane proliferation, and the generation of signaling molecules, has received increasing attention for its pivotal role in cancers (3). In detail, dysregulated *de novo* lipid biosynthesis and exogenous FA uptake could assist cancer cells to not only sustain their rapid proliferative rate but also offer a vital energy source during conditions of metabolic stress (4). Previous studies have delineated that the FA composition of FAs, including the ratios of saturated, monounsaturated, and polyunsaturated FAs, confers significant effects on promoting cell survival for eliminating lipotoxicity and ferroptosis (5). In this context, lots of efforts have been made to develop effective drugs to target FA synthesis for patients with cancer, including BC (6).

Recently, increasing studies have confirmed that the tumor microenvironment (TME) plays a critical role in the development and progression of cancer (7, 8). And metabolic disorders, especially changes in FA metabolism in the microenvironment, have a crucial impact on cancer (9). Moreover, a plethora of studies have demonstrated that tumorinfiltrating immune cells, as an essential component of TME, exert cardinal effects in promoting tumor progression (10, 11). Among these tumor-infiltrating immune cells, regulatory T cells (Tregs) contribute to tumor proliferation and development by suppressing antitumor responses, which induced angiogenesis and metastasis (12). Notably, BC cells have been detected to release free FAs to block the antitumor activity of cytotoxic T cells (13). Stromal cells in the TME, such as tumor-associated adipocytes and cancer-associated fibroblasts (CAFs), could exacerbate cancer-stroma interactions during cancer progression, in which FAs were secreted into the TME that subsequently affected infiltrating immune cell function (14, 15). In the past decade, clinical immunotherapy of BC has achieved great advances with the advent of immune checkpoint inhibitors, including inhibitors targeting programmed cell death-1 (PD-1), programmed cell death ligand-1 (PD-L1), and cytotoxic Tlymphocyte antigen-4 (CTLA-4) (16). Despite this, comprehensive studies of the relationship between FA

metabolism and tumor immune microenvironment (TME) were still limited.

Vitally, changes in FA metabolism of tumor cells have been detected to be linked with therapy resistance as well (5). Chemotherapeutic resistance of BC cells has been identified to be correlated to the altered lipid composition of cellular membranes, and chemoresistant cancer cells obtain reduced fluidity of lipid bilayers in the cell membranes, which has disrupted the uptake of chemotherapeutic agents via passive diffusion or endocytosis (17, 18). As overexpression of FA synthase (FASN) in BC conferred chemoresistance in vitro, pharmacological targeting of FASN could make a range of cancer cell types sensitive to chemotherapy (19-21). Regarding radiotherapy, radioresistant nasopharyngeal cancer (NPG) was reported to acquire an augmented FA oxidation (FAO) rate, which was similar in lung carcinoma cells (22, 23). In addition, on the basis that sex hormones have been confirmed to influence lipid metabolism in hormonedependent BC, studies on combining lipidaltering agents and endocrine drugs have shown promising efficacy in vitro of BC (24). Thus, it remains necessary to further investigate the association of FA metabolism-related genes (FMGs) and therapy resistance in BC, which can impart novel implications into the research in therapy resistance.

In the present study, a reliable signature was established rooted in FMGs, and its prognostic utility was systematically evaluated in BC patients. Additionally, the underlying connotations between the signature and the landscape of TME, namely, the expression level of immune checkpoints, predictive enrichment of tumor-infiltrating immune cells, and expression level of immunosuppressive makers, were unraveled, which offered novel insights for personalized immunotherapy. Ultimately, the prognostic availability of the signature in BC patients subjected to various therapy strategies was validated.

MATERIALS AND METHODS

Data Acquisition and Collection of Fatty Acid Metabolism-Associated Genes

The transcriptome expression data together with detailed clinicopathologic information were acquired from The Cancer Genome Atlas (TCGA) database¹ (113 normal breast samples and 1,109 BC samples), the Molecular Taxonomy of Breast Cancer International Consortium (METABRIC) database² (1,904 BC samples), and GSE96058 in the Gene Expression Omnibus

¹https://portal.gdc.cancer.gov/repository.

²http://www.cbioportal.org/.

(GEO) database³ (3,409 BC samples). After excluding patients without overall survival (OS) information, we obtained 1,082 patients with breast cancer of TCGA as a training set and 1,903 patients of METABRIC with 3,409 patients of GSE96058 as validation sets for further investigation. Three gene sets concerning FA metabolism, including *KEGG fatty acid metabolism pathways*, *Hallmark fatty acid metabolism genes*, and *Reactome fatty acid metabolism genes*, were obtained from the Molecular Signature Database v7.4 (MSigDB)⁴, and 309 FMGs were collected after the overlapping genes in the above three gene sets were removed (25). Subsequently, 269 reliable FMGs were retrieved for further analysis after employing the above 309 FMGs to intersect with total genes included in TCGA-BRCA, METABRIC, and GSE96058 datasets (**Supplementary Figure 1**).

Identification of Copy Number Variation Frequency and Differentially Expressed Genes Among Fatty Acid Metabolism-Related Genes

The information on the copy number variation (CNV) of BC was attained from TCGA-BRCA in the UCSC Xena database⁵. Then, the CNV frequency of 269 FMGs was calculated, and the most notable results were visualized with a bidirectional column chart. To identify the differentially expressed genes (DEGs) within FMGs between normal breast samples and BC samples, the "edgR" R package (26) was utilized in the TCGA-BRCA cohort with the significance criteria set to |log2FC| > 1 and false discovery rate (FDR) < 0.05. A volcano plot and a heatmap of these remarkable DEGs were displayed.

Generation of Overall Survival-Related Fatty Acid Metabolism-Related Genes

TCGA-BRCA (n = 1,082) and METABRIC (n = 1,903) databases were applied to illustrate the potential prognostic significance of 269 FMGs in the BC patients. OS-related FMGs with p < 0.05were generated using univariate Cox hazards regression analysis in two datasets. The overlapping OS-related FMGs were extracted to the next prognostic model construction. Afterward, the "RCircos" R package (27) was used to visualize the expression levels and the location of those genes on chromosomes, and the correlation matrix plot was performed to unravel the correlation features among those genes.

Construction and Validation of Fatty Acid Metabolism-Relevant Prognostic Signature for Breast Cancer Patients

For the eligible OS-related FMGs, the least absolute shrinkage and selection operator (Lasso) Cox regression analysis was carried out in the training set to construct the statistical prognostic signature. By the means of "glmnet" R package (28), 6 optimal FMGs, expression levels between normal breast tissues and BC tissues along with Kaplan-Meier (K-M) analyses in TCGA-BRCA of which were exhibited respectively, were screened out to establish the best prognostic model. According to the predictive model, the FA metabolism index (FMI) could be exported for each BC patient using the following formula:

 $FMI = \Sigma Ei \cdot \beta i$

(Ei represents the expression level of each FMG, and β i represents the corresponding regression coefficient).

To make data and plots more intuitionistic, a linear transformation was performed to adjust the FMI, using the minimum in the total FMI in every single dataset subtracted from the calculated FMI of each patient initially and then dividing the above result by the maximum, which enabled these FMI values to map to the range of 0 to 1. In addition, compared with the median cutoff of FMI, the patients could be divided into high- and low-FMI groups. To evaluate the feasibility of the model, K-M analysis of OS was implemented between the high- and low-FMI groups in three datasets separately. Moreover, disease-free survival (DFS), disease-specific survival (DSS), and progression-free survival (PFS) using K-M analyses were manifested between the high- and low-FMI groups in the training set.

Comprehensive Assessment of Fatty Acid Metabolism Index and Clinical Parameters in Patients With Breast Cancer

To formulate the availability of FMI applied in clinical situations further, boxplots with Kruskal's test were depicted to compare the distribution of adjusted FMI value in various degrees of diverse clinicopathologic parameters available in the three datasets. Besides, heatmaps were shown to demonstrate the relevance between every model-contained FMG's expression level and several clinical indicators, comprising FMI, T, N, American Joint Committee on Cancer (AJCC) stage, and survival status in the training set in addition with FMI, tumor size, positive nodes, PAM50 subtypes, AJCC stage, and survival status in METABRIC dataset.

Development and Evaluation of Fatty Acid Metabolism-Correlated Clinicopathologic Nomogram

Furthermore, univariate and multivariate Cox regression analyses were conducted to clarify whether the FMI was an independent prognostic predictor of BC. Based on the results above, a FA metabolism-related clinicopathologic nomogram that incorporated FMI to another two clinical characteristics containing age and AJCC stage in the training set was developed using the "rms" and "regplot" R package (29). To confirm the satisfactory predictive discrimination of the nomogram, the calibration curve (30) and the decision curve analysis (DCA) were portrayed for BC patients.

Conducting Function Enrichment Analysis Within Two Fatty Acid Metabolism Index Groups

Gene Set Enrichment Analysis (GSEA) (31) was conducted to decipher the primarily enriched signaling pathways and biological functions between the high- and low-FMI groups in

³https://www.ncbi.nlm.nih.gov/geo/.

⁴ http://www.gsea-msigdb.org/gsea/msigdb/index.jsp.

⁵ https://xenabrowser.net/datapages/.

the training set. "h.hallmark.v7.4.symbols.gmt" [Hallmarks] and "c2.cp.kegg.v7.4.symbols.gmt" [KEGG] were selected as the reference molecular signature databases, and |NES| > 1.5 and FDR *q*-value < 0.1 were considered statistically significant.

Potential Implications for Immunotherapy Based on the Signature and Tumor-Immune Microenvironment Landscape Estimation

Recent years have witnessed an increasing improvement in immunotherapy and innovative targeted therapy for BC patients. Therefore, we predict the potential influence of immunotherapy according to FMI here by comparing the expression level of several immunologic checkpoints (32) between high- and low-FMI subgroups using the Wilcoxon test. These candidate checkpoints encompassed PDCD1 (PD-1), CD274 (PD-L1), CTLA4, IDO1, CD96, TIGIT, LAG3, and PVR.

The CIBERSORT deconvolution algorithm (33) was utilized to calculate the abundance of 22 tumor immune-infiltrating cell types within the gene expression matrix of TGCA-BRCA cohort in the TME of the high- and low-FMI BC samples. A violin plot was depicted to unveil the results of CIBERSORT analysis while p < 0.05 from the Wilcoxon test was considered statistically significant.

To clarify the correlation between FMI signature and TME immunosuppressive factors in BC, several pivotal TME immunosuppressive genes were selected to contrast the expression level in the high-FMI group with that in the low-FMI group, which consisted of IL10, TGF- β , FOXP3, IL6, and FAP with boxplots.

Prognostic Investigation of Fatty Acid Metabolism Index in Breast Cancer Patients Undergoing Different Treatments

To assess the reliability of prognostic effect of FMI signature for BC patients undergoing different treatment regimens further, K-M analyses of OS were executed between high- and low-FMI subgroups of BC patients receiving chemotherapy, endocrinotherapy, and radiotherapy in the METABRIC and TCGA-BRCA datasets, respectively.

Cell Lines and Cell Culture

Human BC cell lines were purchased from the American Type Culture Collection. All cell lines were cultured following standard guidelines. All cell lines were maintained without antibiotics in an atmosphere of 5% CO_2 and 99% relative humidity at 37°C. Cell lines were passaged for fewer than 6 months and were authenticated by short tandem repeat analysis. No mycoplasma infection was found for all cell lines.

RNA Isolation and Quantitative Real-Time PCR Analysis

Total RNA of cells was extracted with RNA-Quick Purification Kit (ES-RN001, Shanghai Yishan Biotechnology Co., Shanghai, China). The primer sequences are shown in **Supplementary Table S1**. RNA levels were determined by quantitative real-time PCR (qRT-PCR) in triplicate on a Bio-Rad CFX96 using the SYBR Green method (RR420A, Takara, Mountain View, CA, USA).

The qRT-PCR plate was employed from NEST (402301, Wuxi NEST Biotechnology Co., Jiangsu, China). The RNA levels were normalized against β -actin RNA using the comparative Ct method.

Statistical Analysis

All statistical analyses were accomplished *via* R software (Version 4.0.2, http://www.R-project.org). The comparison of each K-M curve contained in this study was completed by the log-rank test. The differences of the expression level of signature-included FMGs in normal and BC tissues, checkpoints, and TME immunosuppressive factors in the low- and high-FMI groups were detected by the Wilcoxon test. And the discrepancies of adjusted FMI value in various clinicopathologic parameters were observed by the Kruskal test. Univariate and multivariate Cox regression analyses were exploited to screen out the OS-related FMGs and the independent prognostic indicators of OS. The correlation matrix plots were displayed by virtue of Spearman's correlation test. Statistical significance was determined as *p*-value <0.05, and all *p*-values were bilateral.

RESULTS

Identification of Prognostic Fatty Acid Metabolism-Related Genes in Breast Cancer Patients

Initially, we encapsulated the incidence of CNV and identification of DEGs among 269 FMGs in TCGA-BRCA cohort. By investigating the frequency of CNV, we noticed that FMGs have existing prevalent CNV alterations, and the top 20 genes in amplified or deleted CNV status are displayed (Figure 1A). Additionally, we detected 72 DEGs by comparing 1,082 BC samples with 113 normal breast samples using the threshold of $|\log 2FC| > 1$ and FDR < 0.05. Among the DEGs, there are 40 significantly augmented FMGs in BC patients, while there are 32 FMGs essentially attenuated in BC samples (Figures 1B, C). To identify the potential prognostic value of each available FMG, a univariate Cox hazards regression analysis was employed to screen out OS-related FMGs in METABRIC and TCGA-BRCA datasets (Figures 1D, E), which retrieved 103 and 29 significant OS-related FMGs, respectively. Intersecting the results of two cohorts, 11 overlapping OS-related FMGs (HCCS, CPT1A, CYP4F11, HMGCS1, SCD, ELOVL1, GSTZ1, CEL, RDH16, LTA4H, and SDHA) were eligible for further analysis (Figure 1F). Moreover, the location on chromosomes and expression level in two datasets of above 11 FMGs were illustrated by a circos plot (Figure 1G). And the correlation features among those genes were unraveled via a correlation matrix plot (Figure 1H).

Construction of Fatty Acid Metabolism-Relevant Prognostic Signature for Breast Cancer Patients

Lasso Cox regression was performed in TCGA-BRCA cohort with 11 candidate OS-related FMGs aiming to unearth the optimal



genes from FMGs. (C) Volcano plot exhibiting 72 DEGs among FMGs. (D) One hundred three prognostic FMGs in METABRIC dataset. (E) Twenty-nine prognostic FMGs in TCGA-BRCA dataset. (F) Venn diagram to identify 11 overlapping prognostic FMGs. (G) The circos plot depicting the location on chromosomes and expression level of 11 prognostic FMGs. (H) The correlation matrix plot displaying the correlation features among 11 prognostic FMGs in TCGA-BRCA. FMGs, fatty acid metabolism-related genes; BC, breast cancer; CNV, copy number variation; DEGs, differentially expressed genes; TCGA, The Cancer Genome Atlas.

FMGs for establishing the prognostic signature. Ultimately, six pivotal FMGs were extracted to construct the signature, which embodied CPT1A, CYP4F11, HMGCS1, ELOVL1, GSTZ1, and LTA4H (**Figures 2A, B**). Besides, to further dig out the landscape of expression level and independent prognostic capability of each signature-contained FMG, boxplots (**Figure 2C**) of expression level and K-M curves of OS (**Figure 2D**) in the training set were

exhibited. From the results, we perceived that the expression levels of HMGCS1, ELOVL1, and GSTZ1 were considerably promoted, while that of LTA4H was relatively diminished in BC samples. However, CPT1A and CYP4F11 were neither increased nor declined substantially. In the separated K-M analyses of OS, the high-expression group of ELOVL1 and CPT1A along with the low-expression group of LTA4H, CYP4F11, and GSTZ1 signified more



FIGURE 2 | Construction of fatty acid metabolism-related signature in TCGA-BRCA cohort. (A) Lasso Cox regression analysis. (B) Partial likelihood deviance for the Lasso regression. (C) Expression level of 6 FMGs contained in signature. (D) Kaplan–Meier (K-M) analyses of OS based on expression level of 6 FMGs. TCGA, The Cancer Genome Atlas; FMGs, fatty acid metabolism-related genes; OS, overall survival. *Means p < 0.05; *** means p < 0.001; ns means no significance.

impaired OS than another comparative group, while the expression level of HMGCS1 exerted a negligible effect on the OS of BC patients. Moreover, the RNA expression levels of ELOVL1 and LTA4H were validated in human BC cell lines (**Supplementary Figure 2**), the result of which illustrated that ELOVL1 was significantly promoted in BC cell lines including BT549, MDA-MB-231, SK-BR-3, and T47D, while LTA4H dwindled in BC cell lines except for SK-BR-3 compared with breast epithelial cell line MCF10A.

According to the signature, the FMI of each patient was calculated as follows: FMI = Expression of CPT1A * 0.000952 –

Expression of CYP4F11 * 0.003123 + Expression of HMGCS1 * 0.000327 + Expression of ELOVL1 * 0.000245 – Expression of GSTZ1* 0.002498 – Expression of LTA4H * 0.000609. Furthermore, the BC patients could be separated into the high-and low-FMI groups based on the median value of FMI in the training set, and FMI was adjusted to make the data more straightforward (**Figure 3A**). The proportion of dead patients in the high-FMI group was larger than that in the low-FMI group in TCGA-BRCA dataset (**Figure 3B**). To evaluate the prognostic feasibility of FMI, K-M analyses were conducted to decipher that the high-FMI group had vitally worse OS than the low-FMI



low-FMI groups in training set. FMI, fatty acid metabolism index; K-M, Kaplan-Meier; OS, overall survival; DFS, disease-free survival; DSS, disease-specific survival; PFS, progression-free survival.

group (**Figure 3C**), as the same in the assessment of DSS, DFS, and PFS in the training set (**Figure 3D**).

Validation of Signature Based on 6 Fatty Acid Metabolism-Related Genes

To further verify the prognostic significance of FMI, which was established based on 6 FMGs in the training set, the same investigations were implemented in the two external validation sets, METABRIC and GSE96058. With the same calculation formula of FMI, BC patients were segregated into the highand low-FMI groups in the two datasets (**Figure 3A**). As expected, the number of BC patients with dead status was gradually promoted with the increase of FMI in GSE96058, but not in METABRIC (**Figure 3B**). Consistent with the training set, the high-FMI group implicated more deteriorated OS than the low-FMI group in validation sets (**Figure 3C**).

Integrated Assessment of Fatty Acid Metabolism Index and Clinical Parameters in Patients With Breast Cancer

To formulate the availability of FMI in predicting other clinical parameters, we further ascertained the relationship between the FMI and the clinical characteristics. In the training set, there were prominent discrepancies of adjusting FMI in various degrees of diverse clinical parameters including survival status, clinicopathologic T, clinicopathologic N, and AJCC stage (all p < 0.05), and the

higher FMI was likely associated with the severer degree of the above clinical features in tendency (**Figure 4A**). Likewise, conspicuous differences were reconfirmed in distinctive levels of diversified clinical parameters, containing PAM50 subtypes, tumor size, positive nodes, and AJCC stage in the METABRIC validation set (**Figure 4B**) together with PAM50 subtypes, tumor size, and patients' status, except for positive nodes in the GSE96058 dataset (**Figure 4C**), which hinted that the more elevated FMI was connected to the clinical factors, implying the more impaired survival of BC patients. The integrated correlation analysis between the expression level of each FMI-involved FMG and the clinical parameters available in TCGA-BRCA and METABRIC datasets are delineated in **Figures 4D, E**.





Development and Evaluation of Fatty Acid Metabolism-Correlated Clinicopathologic Nomogram

To elucidate whether FMI was an independent prognostic indicator of BC, univariate and multivariate Cox regression analyses were carried out in the training set (**Figures 5A, B**), the results of which illuminated that age, T, N, AJCC stage, and FMI were remarkably linked to OS of BC patients in the univariate Cox analysis (all p < 0.001) while only age, AJCC stage, and FMI were independent prognostic predictors in the multivariate Cox analysis (all p < 0.01). Based on the results above, a clinicopathologic nomogram with an optimal concordance index (C-index, 0.76) that incorporated FMI to another two clinical characteristics containing age and AJCC stage was developed to predict individual OS of 2, 3, and 5 years (**Figure 5C**). To confirm the satisfactory predictive





discrimination of the nomogram, the calibration plot was portrayed and discovered to be closer to the ideal curve (**Figure 5D**), which presented the perfect stability of the nomogram. Subsequently, DCA elicited that the nomogram attained a greater net benefit than the single independent clinical feature (**Figure 5E**). In a nutshell, the efficiency of the prognostic nomogram was clarified from multiple aspects.

Gene Set Enrichment Analysis Between High and Low Fatty Acid Metabolism Index Groups

GSEA was conducted to decipher the primarily enriched signaling pathways and biological functions between the high- and low-FMI groups in the training set. As shown in **Figures 6A**, **B**, the results using the Hallmark database demonstrated that G2/M checkpoint,



GSEA in TCGA-BRCA cohort. (C) Expression level of immune checkpoints in training set. (D) Violin plots of the proportions of 22 immune-infiltrating cells in total BC patients. FMI, fatty acid metabolism index; TCGA, The Cancer Genome Atlas; BC, breast cancer. *Means p < 0.05; **means p < 0.01; ***means p < 0.001;

cholesterol homeostasis, PI3K–AKT–mTOR signaling, TGF beta signaling, and mTORC1 signaling were fundamentally enriched in the high-FMI group, while cell cycle, ERBB signaling pathway, FC Gamma R-mediated phagocytosis, glycosphingolipid biosynthesis lacto and neolacto series, and WNT signaling pathway were abundant in the high-FMI group through the GSEA results using KEGG database.

Potential Implications for Immunotherapy and Landscape of Tumor-Immune Microenvironment

Emerging novel molecules for immunotherapy and targeted therapy, such as immune checkpoints, were currently observed and assessed in preclinical or clinical trials for the treatment of BC patients. Therefore, the comparison of expression levels of 8 candidate immune checkpoints between the low-FMI and high-FMI groups in the training set unveiled that expression levels of those targets encompassing PDCD1 (PD-1), CD274 (PD-L1), CTLA4, IDO1, CD96, TIGIT, LAG3, and PVR were all significantly magnified in the high-FMI groups (**Figure 6C**). Similar results also existed in another two validation sets (**Supplementary Figure 3**). These results shed light on that BC patients with higher FMI might obtain a more enhanced response to therapies targeting the checkpoints above.

To further reveal the landscape of TME, an analysis of immuneinfiltrating cells in the TME of BC as defined by FMI in the training set was accomplished, the result of which uncovered that activated memory CD4+ T cells and macrophages M0 and M1 were notably strengthened in the TME of the high-FMI group, while activated natural killer (NK) cells, monocytes, resting dendritic cells (DCs), and resting mast cells were markedly activated in the low-FMI group (Figure 6D). Then, we also dissected the distribution of LM22 in BC of basal and non-basal subtypes separately (Supplementary Figure 4). In the basal subtype, CD8+ T cells were attenuated, while macrophage M0 was intensified significantly in the high-FMI group. In the non-basal subtype, naive B cells, activated NK cells, monocytes, resting DCs, and resting mast cells were enriched, while activated memory CD4+ T cells and macrophages M0 were dampened substantially in the low-FMI group. Interestingly, the predominant difference in the enrichment of infiltrating M1 macrophages was not detected in the basal subtype or non-basal subtype.

Consequently, we carried on scrutinizing the correlation between FMI signature and the expression level of TME immunosuppressive factors further, which comprises the pivotal cytokines of immunosuppressive TME, IL-10 and TGF- β (34), Treg marker FOXP3 (35), cancer-associated adipocytes activated marker IL-6 (36), and CAF marker FAP (37). In the training set, the expression levels of the five above-mentioned cytokines and markers were intensified in the high-FMI (**Figure 7A**). A similar tendency occurred in the two external validation datasets except for FOXP3 in METABRIC and FAP in GSE96058, the expression levels of which differed slightly in two comparative FMI groups (**Figures 7B, C**). Collectively, the results above indicated that a strong immunosuppressive TME, which contributed to the immune escape of tumor cells and the impeded prognosis, might remain in the BC patients of the high-FMI group.

Prognostic Investigation of Fatty Acid Metabolism Index in Breast Cancer Patients Undergoing Different Treatments

Furthermore, we investigated the reliability of the prognostic effect of FMI signature for BC patients receiving different treatment regimens. In the METABRIC set, the BC patients undergoing traditional chemotherapy (n = 412) in the high-FMI group was detected to gain worse OS than those in the low-FMI group (**Figure 8A**), as is the same situation in the patients subjected to endocrinotherapy (n = 1,174) and radiotherapy (n = 1,137) (**Figures 8B, C**). Likewise, in TCGA-BRCA set, the BC patients accepting chemotherapy (n = 499) in the high-FMI group acquired shortened OS time (**Figure 8D**), while there was limited significance in the patients going through endocrinotherapy (n = 264) and radiotherapy (n = 72) between two FMI groups (**Figures 8E, F**) likely due to the lack of samples.

DISCUSSION

Accumulating evidence has delineated that dysregulated metabolism in cancer cells and tumor environment is of pivotal contribution to the cancer progression, treatment, recurrence, and metastasis, including FA metabolism (38). FA metabolism, encompassing a broad range of metabolic signaling pathways, influences cancer cell biology notably depending on the synthesis of lipid building blocks for membranes and the energy production and storage (3). Moreover, it has been appreciated that the FA composition of the cell membrane, such as the ratios of saturated, monounsaturated, and polyunsaturated FAs, exerts vital effects on enhancing cell survival while diminishing lipotoxicity and ferroptosis (5). Cancer cells can obtain FAs from exogenous sources or synthesize them endogenously through lipogenic pathways in a dysfunctional way, which subsequently disrupt homeostasis and strengthen cellular stress owing to the excessive accumulation of lipids or a shift in saturated and unsaturated FA levels (39). As a molecularly heterogeneous malignant tumor, BC is confirmed to be strongly associated with the biological functions of FA metabolism given the substantial presence of adipocytes in breast tissue (40). Nonetheless, the essential molecular markers related to FA metabolism in BC still remain dissected thoroughly.

More recently, it has been a prevalent issue to establish the prognostic signature based on genesets correlated to specific biological characteristics in cancer research (41–43). It is well known that the decision-making capability of a clinical doctor to administrate personalized treatment could be improved *via* an accurately predicted prognosis through stratifying the patients into the high- or low-risk group on the basis of a reliable predictive signature. Accordingly, in the current study, we comprehensively and systematically constructed a signature based on the FMGs, further anatomized its actual clinical value, and assessed the landscape of TME for BC patients as defined by an established signature to support essential preclinical implications in the field of FA metabolism in cancer research.

Initially, 269 reliable FMGs were retrieved, and the prevalent CNV alterations and DEGs among them were identified in BC





samples, which confirmed the significant effect of FA metabolism in malignant cancerous lesions. Eleven OS-related FMGs were further extracted by univariate Cox hazards regression analysis, and 6 decisive OS-related FMGs were screened out to constitute an optimal prognostic signature using Lasso Cox regression analysis, namely, FMI. And the excellent utility was validated in three cohorts of BC patients to predict not only their OS but also DSS, DFS, and PFS in the high- and low-FMI groups. There have been a host of credible studies on FMI-contained FMGs in multiple cancer types, which could verify the reliability of the signature to some extent. For instance, carnitine palmitoyl transferase 1A (CPT1A), as the ratelimiting enzyme of long-chain FA transport into the mitochondria for FAO, could be enhanced in BC cells when responding to adipocyte lipolysis (44, 45). Besides, HER2-expressing radioresistant BC cells and radioresistant BC stem cells could be characterized by high expression of CPT1A and increased FAO, and patients with high CPT1A have a poor prognosis (46). CYP4F11, one of omega FA metabolizing enzymes, can metabolize the compounds into irreversible inhibitors of stearoyl CoA desaturase (47), and its expression level is predominantly and independently associated with the OS in colorectal cancer (48). Additionally, 3hydroxy-3-methylglutaryl-coenzyme A synthase 1 (HMGCS1), as one of cholesterol biosynthesis genes, is impeded in expression level when utilizing the selective PI3Kbeta inhibitor AZD8186 in PTENnull triple-negative breast cell lines and tumor xenografts (49). Elongation of very-long-chain FAs 1 (ELOVL1) is a single elongase catalyzing the synthesis process of both saturated and monounsaturated very-long-chain FAs (VLCFAs) and is detected at high levels in the phospholipids of BC samples, the silencing of which could hamper the viability and lipidomic profiles of BC cells (50). Glutathione transferase zeta 1 (GSTZ1), the enzyme responsible for conversion of dichloroacetate to its inactive metabolite, is observed to decline in liver cancer but increase in BC, the underlying mechanism of which associated with FA metabolism in BC demands further investigations (51). Leukotriene B4-synthesizing enzyme (LTA4H) is involved in reducing breast tumor growth and improving chemotherapy in lipid sphingosine-1-phosphate receptor 4 (S1PR4) ablation manner and via CD8+ T-cell expansion (52). Consistent with the above studies, we examined the expression of HMGCS1, ELOVL1, and GSTZ1 and found that they were considerably promoted, while that of LTA4H was relatively curbed in BC samples, in addition with the



The Cancer Genome Allas.

significant correlation between the expression level of 5 FMGs except for HMGCS1 and OS of BC patients.

Subsequently, the vital association between the FMI signature and clinical parameters accessible in three datasets, including survival status, T or tumor size, N or positive nodes, AJCC stage, and PAM50 subtypes, were clarified, and the results displayed hinted that the more augmented FMI value was connected to the higher degree of clinical characteristics, implying the more impaired survival of BC patients. Furthermore, the FMI signature was ascertained to be an independent prognostic indicator, even when adjusted for other clinical variables through univariate and multivariate Cox regression analyses. Ultimately, a predictive nomogram that incorporated FMI, age, and AJCC stage was developed, and the practicability of the designed nomogram was assessed by C-index, calibration plot, and DCA, which exhibited its

satisfactory predictive discrimination in monitoring OS of BC patients.

Moreover, GSEA was conducted between the high- and low-FMI groups; G2/M checkpoint, cholesterol homeostasis, PI3K-AKT-mTOR signaling, TGF beta signaling, and mTORC1 signaling, cell cycle, ERBB signaling pathway, FC Gamma Rmediated phagocytosis, glycosphingolipid biosynthesis lacto and neolacto series, and Wnt signaling pathway were enriched in the high-FMI group. Notably, it has been reported that several metabolic processes are activated by PI3K-AKT-mTOR signaling, comprising oxidative phosphorylation by promoting mitochondrial biosynthesis, sustaining *de novo* nucleotide synthesis, and lipogenesis (3). In the processing of the lipogenesis, the conversion of transcriptional regulator SREBP1 to its mature active station is strongly affected by PI3K-AKT-mTORC1dependent mechanisms (53). Hence, the expression of vital lipogenic enzymes, like FASN, ACC1, and ACLY, is attenuated following mTORC1 inhibition by acute rapamycin inhibition or Raptor knockdown (54). Taken together, our results have reconfirmed the fundamental role of PI3K–AKT–mTOR signaling in lipid acid metabolism for BC patients.

Currently, a novel strategy of cancer therapy, immunotherapy, is increasingly gaining attention in multiple cancer types, including BC, yet distinguishing more precisely advisable patients for immunotherapy remains to be observed (14). Immune checkpoint inhibitors, as an indispensable strategy in immunotherapy, have been presently employed and assessed in preclinical or clinical trials for the treatment of patients with cancer. Therefore, we implemented the comparison of the expression level of 8 selective immune checkpoints between the high- and low-FMI groups of BC patients to attain the potential implications for immunotherapy. The results unveiled that the expression level of all targeted checkpoints was significantly magnified in high-FMI groups, which indicated that BC patients with higher FMI might obtain a more enhanced response to therapies targeting these checkpoints. Otherwise, immune checkpoint signaling can create an immunosuppressive environment allowing the tumor cell to escape from immune system-mediated destruction, for which the immune cell can be alleviated from eliciting a cytotoxic response upon the continuing activation of checkpoints (55). It is well established that the TME exerts essential effects in the lipid acid metabolic processing between cancer cells and the entire population of immune and stromal cells (38). Consequently, the landscape of TME between the high- and low-FMI groups signified that activated memory CD4+ T cells and macrophages M0 and M1 were notably strengthened for total BC patients in the high-FMI, while activated NK cells, monocytes, resting DCs, and resting mast cells were markedly activated in the low-FMI group. Furthermore, we dissected the abundance of tumor-infiltrating immune cells in basal and non-basal subtypes in a more detailed manner. In the previous study, accumulating concentration of FFAs from circulation or within the TME correlates with reduced CD8+ cytotoxic T lymphocyte activity (13), which is consistent with the result of the basal subtype. Besides, exogenous lipids can disrupt the metabolic programming in the activation of NK cells, showing protective antitumor and long-lasting immunity, and negatively affect NK cell effector functions and their ability to respond to stimuli (56), which is in line with our results. It has been reported that increased lipid accumulation within lipid droplets in tumorassociated DCs causes DC dysfunction by reducing antigen presentation and results in poor stimulation of T-cell responses (57, 58), contributing to the strengthened immunosuppressive TME. As for the effect of M0 macrophages on tumors, they actually were often believed to have an antitumor effect, while there exist some studies investigating their pro-tumor effect and relevance in the inferior survival of patients with cancer. For instance, in Carlos Caldas' study, it was delineated that M0 macrophages emerged as one of the immune-infiltrating cell subsets most strongly associated with poor outcome of the BC, regardless of estrogen receptor (ER) status (59). Meanwhile, it is reported that a higher fraction of M0 macrophages in ER-positive BC was correlated with worse DFS and, in ER-positive/HER2negative BC, with inferior OS (60). In a nutshell, the results of our study and the aforementioned studies might indicate that M0 macrophages could exert double-edged effects on breast cancer, which deserves further examination. M1 macrophages are considered to have antitumoral properties due to their proinflammatory response to cancer cells (61), which is in contradiction of the LM22 analysis result on total BC. However, the predominant difference of M1 macrophages was not detected in the basal subtype or non-basal subtype, which implicated that the usage of FMI in predicting the abundance of M1 macrophages remains for reconfirmation. Collectively, the result implicated further that the high-FMI group might acquire more immunosuppressive TME than the low-FMI group for BC patients.

Although there is a slight discrepancy in the enrichment of Tregs between two FMI groups, we need to notice the pivotal role of Tregs in immunosuppressive TME with dysregulated FA metabolism. Tregs are a subset of CD4+ T cells that highly express FOXP3, a vital regulator of Treg development and function that promotes FA uptake and FAO and enhances Treg resistance to lipotoxic environments to allow for expansion (62). In addition, the regulatory cytokines, including IL-10 and TGF-B, could be secreted by Tregs to sustain the immunosuppressive microenvironment to assist cancer cells during immune escape (63). Meanwhile, attention should also be paid to two types of stromal cells, tumor-associated adipocytes and CAFs. Once adipocytes are activated by cancer cells, they will ultimately secrete enhanced levels of pro-inflammatory cytokines, including interleukin-6 (IL-6), which are also secreted by cancer cells and contribute to inducing the release of FAs from adipocyte triglyceride stores (36, 64) so that the progression of cancer could be facilitated. Likewise, CAFs, the marker of which is FAP, generate the upregulation of FATP1 in human triple-negative BC cells, contributing to an increase in exogenous FA uptake from the TME (65) and can additionally transfer lipids to cancer cells through ectosomes, which have been illustrated to boost cancer cell proliferation (66). Accordingly, we contrasted the expression level of IL-10, TGF-β, FOXP3, IL-6, and FAP between the high- and low-FMI groups, the outcome of which reconfirmed that strong immunosuppressive TME exists in BC patients with high FMI.

In addition, FA metabolism is detected to be associated with the resistance to a range of cancer treatments, such as chemotherapy, endocrine-targeted therapy, and radiotherapy (5). The altered lipid composition of cellular membranes has long been connected to the response and resistance of tumor cells to chemotherapeutic agents. In detail, a reduced fluidity of lipid bi-layers in the membranes, namely, based on the predominance of saturated fatty acyl-chains in membrane lipids, particularly for lipogenic tumor cells, and increased sphingomyelin or cholesterol content and motivated the chemotherapy resistance in an essential way (17). A commonly reported feature of endocrine therapy-resistant BC cell line models compared to isogenic sensitive lines is sterol regulatory elementbinding protein 1 (SREBP)-driven upregulation of genes involved in lipid (notably cholesterol) biosynthesis, and targeting of SREBP was effective in reducing the growth of these resistant cell lines (67, 68). Also, cell lines of NPG and BC that are resistant to radiation therapy commonly feature enhanced rates of FAO along with intensified

expression of CPT1A (22). Consequently, the availability of signature in predicting OS of BC patients undergoing different therapy regimens was verified through K-M analyses, which depicted that the BC patients in the high-FMI group had more shortened OS time, regardless if under chemotherapy, endocrinotherapy, or radiotherapy, likely owing to the therapy resistance induced by dysfunctional FA metabolism.

This study carried out a systematic analysis of fatty acid metabolism-related transcriptomic profiling and constructed a prognostic signature FMI on the basis of OS-relevant FMGs in BC patients. Nevertheless, there remain several limitations that should be contemplated when interpreting the results. Although there is significance in predicting the response to immune checkpoint inhibitors, this requires validation in another cohort of BC patients undergoing immunotherapy. Besides, the profound mechanism of signature-contained FMGs in the form of immunosuppressive TME and therapy resistance demands assessments furthermore.

CONCLUSION

In conclusion, our study constructed a reliable predictive signature based on FA metabolism-related genes. The signature was clarified as an independent prognostic factor, and a nomogram with high practicability comprising our designed signature was established. The underlying correlation between our signature and the immunosuppressive TME was deciphered. The implications for therapy resistance defined by a signature were unraveled. Briefly, our study supported the pivotal preclinical significance of FA metabolism to cancer research.

DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/**Supplementary Material**. Further inquiries can be directed to the corresponding authors.

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ETHICS STATEMENT

Consent from all participants was obtained through The Cancer Genome Atlas (TCGA), the Molecular Taxonomy of Breast Cancer International Consortium (METABRIC), and the Gene Expression Omnibus (GEO) databases.

AUTHOR CONTRIBUTIONS

All authors participated in the present study, including conception and design LY and XX, data collection YT, WT, JX, YZo, ZW, NL, YZe, LW, YZh, and SW, data analysis YT and JX, drafting the article or critically revision YT, WT and LY, and study supervision LY and XX. All authors have read and approved the final version submitted.

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SUPPLEMENTARY MATERIAL

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