



# Endothelin B Receptor Immunodynamics in Pulmonary Arterial Hypertension

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**Introduction:** Inflammation is a major pathological feature of pulmonary arterial hypertension (PAH), particularly in the context of inflammatory conditions such as systemic sclerosis (SSc). The endothelin system and anti-endothelin A receptor (ET<sub>A</sub>) autoantibodies have been implicated in the pathogenesis of PAH, and endothelin receptor antagonists are routinely used treatments for PAH. However, immunological functions of the endothelin B receptor (ET<sub>B</sub>) remain obscure.

**Methods:** Serum levels of anti-ET<sub>B</sub> receptor autoantibodies were quantified in healthy donors and SSc patients with or without PAH. Age-dependent effects of overexpression of prepro-endothelin-1 or ET<sub>B</sub> deficiency on pulmonary inflammation and the cardiovascular system were studied in mice. Rescued ET<sub>B</sub>-deficient mice (ET<sub>B</sub><sup>-/-</sup>) were used to prevent congenital Hirschsprung disease. The effects of pulmonary T-helper type 2 (Th2) inflammation on PAH-associated pathologies were analyzed in ET<sub>B</sub><sup>-/-</sup> mice. Pulmonary vascular hemodynamics were investigated in isolated perfused mouse lungs. Hearts were assessed for right ventricular hypertrophy. Pulmonary inflammation and collagen deposition were assessed *via* lung microscopy and bronchoalveolar lavage fluid analyses.

**Results:** Anti-ET<sub>B</sub> autoantibody levels were elevated in patients with PAH secondary to SSc. Both overexpression of prepro-endothelin-1 and rescued ET<sub>B</sub> deficiency led to pulmonary hypertension, pulmonary vascular hyperresponsiveness, and right ventricular hypertrophy with accompanying lymphocytic alveolitis. Marked perivascular lymphocytic infiltrates were exclusively found in ET<sub>B</sub><sup>-/-</sup> mice. Following induction of pulmonary Th2 inflammation, PAH-associated pathologies and perivascular collagen deposition were aggravated in ET<sub>B</sub><sup>-/-</sup> mice.

**Conclusion:** This study provides evidence for an anti-inflammatory role of ET<sub>B</sub>. ET<sub>B</sub> seems to have protective effects on Th2-evoked pathologies of the cardiovascular system. Anti-ET<sub>B</sub> autoantibodies may modulate ET<sub>B</sub>-mediated immune homeostasis.

**Keywords:** endothelin B receptor, autoantibody, Th2 inflammation, pulmonary vascular hyperresponsiveness, pulmonary arterial hypertension, systemic sclerosis

## INTRODUCTION

Despite modern therapy, pulmonary arterial hypertension (PAH) remains a fatal condition. PAH is characterized by construction and remodelling of pulmonary arteries leading to increased pulmonary vascular resistance and right heart failure (1).

An increasing body of evidence points to inflammation as a central pathogenic factor in idiopathic PAH (iPAH) as well as PAH secondary to other conditions (2–8). Perivascular inflammation and lymphoid tissue are found in lungs of PAH patients, and concordantly in murine models of pulmonary hypertension (2, 9–12). Elevated numbers of mast cells and T-helper type 2 (Th2) lymphocytes as well as increased expression of Th2 cytokines were repeatedly found in patients with pulmonary hypertension (2, 8, 13–16). Analogously, preclinical studies indicate an important underlying role of Th2-mediated immune signaling in the induction of morphological and functional changes found in PAH (2, 16–23).

The concept that the endothelium-derived peptide endothelin-1 (ET-1) serves as a major driver of PAH pathobiology is broadly accepted (1, 24–26). Prepro-endothelin-1 is the precursor of big-ET-1, which is converted to mature, bioactive ET-1 (24, 26, 27). Patients with pulmonary hypertension show elevated pulmonary vascular expression of ET-1 as well as increased levels of circulating ET-1 (25, 28).

ET-1 is a potent vasoconstrictor in the pulmonary circulation through activation of the G protein-coupled receptors endothelin

A receptor (ET<sub>A</sub>) and endothelin B receptor (ET<sub>B</sub>) expressed on pulmonary arterial smooth muscle cells (PASMCs) (26, 27). The vasoconstrictive response induced by ET-1 involves thromboxane A<sub>2</sub> (TXA<sub>2</sub>) release and consecutive TXA<sub>2</sub> receptor activation (29, 30). Downstream signalling of ET-1-evoked vasoconstriction critically depends on protein kinase C isozyme alpha (PKCα) (31). Contrariwise, activation of ET<sub>B</sub> located on endothelial cells induces vasodilation *via* release of nitric oxide (NO) and prostaglandins (26, 27), partially dampening the vasoconstrictive effects of ET-1.

Besides its vasomotor actions, ET-1 promotes immune cell trafficking (32), such as *via* release of tumor necrosis factor alpha (TNF-α), interleukin (IL)-1β, and IL-6 from monocytes and macrophages (33), or *via* ET<sub>A</sub>-dependent release of IL-6 from vascular smooth muscle cells (34).

Endothelin receptor antagonists (ERAs) are routinely used for the treatment of PAH. However, whether ET<sub>A</sub>-selective targeting or dual inhibition of ET<sub>A</sub>/ET<sub>B</sub> is superior to the other is controversially discussed.

In systemic sclerosis (SSc), PAH is a common vascular complication, and an important driver of mortality (24). The prognosis of PAH secondary to SSc (SSc-PAH) has been critically linked to the presence of anti-ET<sub>A</sub> autoantibodies (AAb) (35). Autoimmunity is believed to play a significant role in PAH pathobiology (2, 5, 6, 35–40), and blood plasmablast levels were shown to be elevated in PAH patients (36). However, the potential involvement of anti-ET<sub>B</sub> AAb in PAH is currently unknown and the immunomodulatory role of ET<sub>B</sub> in the context of pulmonary hypertension remains largely elusive.

In this study, anti-ET<sub>B</sub> AAb levels were assessed in PAH patients for the first time. To better characterize the immunomodulatory functions of ET<sub>B</sub>, we additionally studied the effects of rescued ET<sub>B</sub> deficiency in mice on pulmonary vascular disease, independent of and dependent on pulmonary Th2 inflammation.

Circulating ET-1 is cleared from the blood *via* ET-1/ET<sub>B</sub> complex internalization (27, 41–43) and ET<sub>B</sub> deficiency results in increased ET-1 plasma levels (44–46). Thus, effects on PAH-associated cardiovascular pathologies were studied in parallel in

**Abbreviations:** AT<sub>1</sub>R, angiotensin II type 1 receptor; AAb, autoantibody; BAL, bronchoalveolar lavage; BMPR2, bone morphogenetic protein receptor type 2; C<sub>dyn</sub>, dynamic lung compliance; ET-1, endothelin-1; ET<sub>A</sub>, endothelin A receptor; ET<sub>B</sub>, endothelin B receptor; ERA, endothelin receptor antagonist; H&E, hematoxylin and eosin; IgG, immunoglobulin G; IL, interleukin; IL-12p40, IL-12 subunit p40; NO, nitric oxide; OVA, ovalbumin; OVA/OVA, OVA-sensitized and OVA-challenged; PAH, pulmonary arterial hypertension; PBS, phosphate buffered saline; PBS/PBS, non-sensitized and non-challenged (PBS-treated); PASMCs, pulmonary arterial smooth muscle cells; Ppa, pulmonary arterial pressure; SSc, systemic sclerosis; Th2, T-helper type 2; TNF-α, tumor necrosis factor alpha; TXA<sub>2</sub>, thromboxane A<sub>2</sub>; TXB<sub>2</sub>, thromboxane B<sub>2</sub>; VIP, vasoactive intestinal peptide.

mice overexpressing prepro-ET-1 ( $_{pre}ET^{tg}$ ) to allow differentiation between ET-1- and ET<sub>B</sub>-mediated effects.

We hypothesized that ET<sub>B</sub> plays an anti-inflammatory role, alleviating Th2-evoked pathologies of the cardiovascular system.

## MATERIALS AND METHODS

### Patients and Clinical Manifestations

Serum samples from 177 SSc patients referred to the Department of Rheumatology and Clinical Immunology at Charité - Universitätsmedizin Berlin were collected. Patients with SSc met the American College of Rheumatology/European League Against Rheumatism 2013 classification (47). SSc patients were classified as having either limited cutaneous SSc or diffuse cutaneous SSc or SSc sine scleroderma, according to the LeRoy criteria, depending on the distribution and history of skin sclerosis at the study visit. The first non-Raynaud symptom was considered as disease onset.

Under clinical routine conditions, patients were screened for PAH at least in 1-year intervals by assessment of World Health Organization functional class, echocardiography, lung function including single-breath diffusion capacity for carbon monoxide (DLCO<sub>SB</sub>), and, during the last few years, also by the detection of N-terminal pro-brain natriuretic peptide (NT-proBNP) levels. In all SSc patients in which PAH was suspected, diagnosis was confirmed by right heart catheterization. Interstitial lung disease was identified on the basis of a high-resolution computed tomographic scan, as confirmed by an expert radiologist. Additional serum samples were obtained from 10 iPAH patients, confirmed by right heart catheterization. Control serum samples were obtained from 26 healthy subjects.

The epidemiologic data of patients and healthy donors are shown in **Supplementary Table 1**. The study protocol was approved by the ethics committee (Charité - Universitätsmedizin Berlin; EA1/179/17). A written informed consent was obtained from each patient. The study was conducted in accordance with the principles of the Declaration of Helsinki.

### Detection of Anti-ET<sub>B</sub> AAb

Prior to analysis, serum samples were stored at  $-80^{\circ}\text{C}$ . Serum ET<sub>B</sub> antibody levels were measured in duplicate by ELISA (CellTrend GmbH, Luckenwalde, Germany) in a blinded manner as described (35, 48). In brief, microtiter plates were coated with extracts from Chinese hamster ovary cells overexpressing human ET<sub>B</sub>. Calcium chloride (1 mmol/L) was administered to each buffer for maintenance of conformational epitopes. Diluted serum samples were incubated (1:100,  $4^{\circ}\text{C}$ , 2 h). For detection, plates were washed and incubated for 1 h with horseradish peroxidase-labeled goat anti-human immunoglobulin G (IgG; 1:20,000; Jackson, West Grove, Pennsylvania, USA), followed by enzymatic substrate reaction. Optical densities were converted into concentrations (U/ml) by comparison to a standard curve. Concentrations below the limit of detection (LOD) were depicted as  $\text{LOD}/\sqrt{2}$ .

### Mice

All animal procedures were approved by institutional authorities of the Charité - Universitätsmedizin Berlin and the Local State Office of Health and Social Affairs Berlin (LAGeSo; Berlin, Germany). Transgenic mice overexpressing human prepro-ET-1 ( $_{pre}ET^{tg}$ ) on a mixed NMRI/C57BL/6 background rescued endothelin B receptor-deficient mice (ET<sub>B</sub><sup>-/-</sup>) on a mixed C57BL/6/129 background and the respective corresponding wild-type mice were housed under specific pathogen-free conditions. The generation of  $_{pre}ET^{tg}$  mice (49) and rescued ET<sub>B</sub>-deficient mice (50) has been described elsewhere. Rescued ET<sub>B</sub>-deficient mice hold a dopamine- $\beta$ -hydroxylase ET<sub>B</sub> transgene to prevent fatal congenital Hirschsprung disease (50).

### Isolated Perfused Mouse Lung

Here, we used the isolated perfused mouse lung preparation to evaluate pulmonary hemodynamics *ex vivo*. While this approach does not allow determining whether a specific model fulfills the clinical criteria of pulmonary hypertension *in vivo* (which is, however, obscured anyway by the fact that invasive hemodynamic measurements in mice are commonly restricted to recordings of right ventricular systolic pressure rather than mean Ppa), constant perfusion rates and defined left atrial pressures allow for a sensitive assessment of differences in pulmonary vascular resistance independent of right and left ventricular function.

Anesthetized mice were prepared, lungs were isolated, and pulmonary artery and left atrium were cannulated as described (51–53). Lungs were perfused constantly (1 mL/min, nonrecirculating, left atrial pressure 2.2 cmH<sub>2</sub>O) with  $37^{\circ}\text{C}$  sterile Krebs-Henseleit hydroxyethyl amylopectin buffer (Serag-Wiessner, Naila, Germany). Negative pressure ventilation was performed ( $P_{exp} -4.5$ ,  $P_{ins} -9.0$  cmH<sub>2</sub>O, 90 breaths/min). Pulmonary arterial pressure (Ppa) and dynamic lung compliance ( $C_{dyn}$ ) were measured and recorded *via* Pulmodyn software (17). ET-1, thromboxane analog U46619, or serotonin (all Merck KGaA, Darmstadt, Germany) was administered to the perfusion buffer for 10, 3, or 0.5 min, respectively (31). Doses were increased following intervals of 24 (ET-1), 12 (U46619), or 8 min (serotonin). Vasopressor responses were calculated (maximal difference in Ppa,  $\Delta$  Ppa). To determine the role of ET<sub>A</sub>, ET<sub>A</sub> inhibitor BQ-123 (8  $\mu\text{mol/L}$ ; Merck KGaA) or solvent (aqua dest.) was added to the perfusion buffer 10 min prior to ET-1 application. Lungs with signs of edema, atelectasis, or hemostasis were excluded from further analyses.

### Fulton Index

Hearts were excised. Right ventricle and left ventricle plus adjacent septum were microscopically dissected and weighed. Fulton index [quotient of right ventricle (RV) and left ventricle (LV) including septum (S)] was calculated.

### Pulmonary Th2 Inflammation

After systemic sensitization *via* i.p. injections of 20  $\mu\text{g}$  of ovalbumin (OVA; grade V; Merck KGaA) dissolved in 100  $\mu\text{L}$  of aluminum hydroxide suspension (1.3%; SERVA

Electrophoresis GmbH, Heidelberg, Germany) and 10  $\mu$ L of phosphate-buffered saline (PBS) on days 0 and 14, mice were repeatedly exposed to aerosolized ovalbumin (1%) in PBS on days 28–30 for 20 min/day (53, 54). On the respective days, sham-treated mice received i.p. injections of 100  $\mu$ L of aluminum hydroxide suspension and 10  $\mu$ L of PBS, followed by exposure to aerosolized PBS. Effects of pulmonary Th2 inflammation were analyzed on day 32.

### Bronchoalveolar Lavage

Bronchoalveolar lavage (BAL) of the right lung was performed twice with 650  $\mu$ L of ice-cold PBS containing protease inhibitor (cOmplete™ mini; Merck KGaA) (55, 56). Total cell numbers and leukocyte differentiation were determined by microscopic analysis blinded to the study groups. Cytokines from the BAL fluid supernatant of the first lavage were quantified according to the manufacturer's instructions using a cytokine multiplex assay (Bioplex®; Bio-Rad Laboratories GmbH, Feldkirchen, Germany).

### Lung Histopathology

Lungs were removed and immersion fixed for 24 h with 4% buffered formaldehyde solution pH 7.0 (Merck KGaA). After embedding in paraffin, tissue sections were cut with a microtome, mounted onto glass slides, and stained.

For histopathological analyses of naïve mice, 3- $\mu$ m sections were either stained with hematoxylin and eosin (H&E) or immunostained for CD45R/B220 (B cells, monoclonal, 1:1,000, clone RA3-6B2, 553086; BD Biosciences, Heidelberg, Germany) or CD3 (T cells, polyclonal, 1:800; reference A0452; Dako, Santa Clara, CA, USA). Positive immunostaining was visualized using diaminobenzidine, and slides were counterstained with hematoxylin. For analyses of the effects of pulmonary Th2 inflammation, 5- $\mu$ m tissue sections were either stained with H&E or Masson–Goldner trichrome.

Microscopic analyses were performed (Axiophot; Carl Zeiss Microscopy GmbH, Jena, Germany) in a blinded fashion by a board-certified veterinary pathologist or an anatomist and images were digitized (Color View II camera, CellSens software; Olympus Europa SE Co. KG, Hamburg, Germany).

### Real-Time Quantitative RT-PCR

Gene expression was analyzed as described (31, 57). Lung tissue was homogenized in Trizol (Thermo Fisher Scientific, Dreieich, Germany), and RNA was extracted. Reverse transcription (RT) of total RNA was performed (high-capacity reverse transcription kit; Thermo Fisher Scientific). For quantitative RT-PCR (ABI 7300 instrument; Thermo Fisher Scientific), TaqMan assays (Life Technologies) were applied for the target genes ET<sub>A</sub>, TXA<sub>2</sub> receptor, and ET-1. TaqMan assay IDs were Mm01243722\_m1 (ET<sub>A</sub>), Mm00436917\_m1 (TXA<sub>2</sub> receptor), and Mm00438656\_m1 (ET-1). Glyceraldehyde 3-phosphate dehydrogenase (GAPDH) served as internal reference. GAPDH primer sequences were TGTGTCGGTCGTGGATCTGA (forward, 5' to 3'), CCTGCTTACCACCTTCTTGA (reverse, 5' to 3'), and CCGCCTGGAGAAACCTGCCAAGTATG (probe, 5'-FAM to 3'-TAMRA) (57). The relative expression (relative quantity, RQ) of

each target gene was quantified using the comparative C<sub>t</sub> method, with relative expression set to 1 in PBS-treated WT mice (31, 57).

### TXB<sub>2</sub> and VIP Quantification

Thromboxane B<sub>2</sub> (TXB<sub>2</sub>) perfusate levels and vasoactive intestinal peptide (VIP) plasma levels were quantified *via* enzyme immunoassay (EIA) according to the respective manufacturer's guide (TXB<sub>2</sub> EIA; Cayman Chemical, MI, USA; detection limit 7.8 pg/mL; VIP EIA; Phoenix Europe GmbH, Karlsruhe, Germany; detection limit 0.05 ng/mL).

### Statistical Analysis

For comparison of autoantibody levels, data were analyzed by one-way ANOVA followed by Dunnett's multiple comparisons test. Dose-response curves were compared using two-way repeated measures ANOVA. Mann–Whitney *U* test was performed for comparison between two groups. \**p* < 0.05, \*\**p* < 0.01, \*\*\**p* < 0.001.

## RESULTS

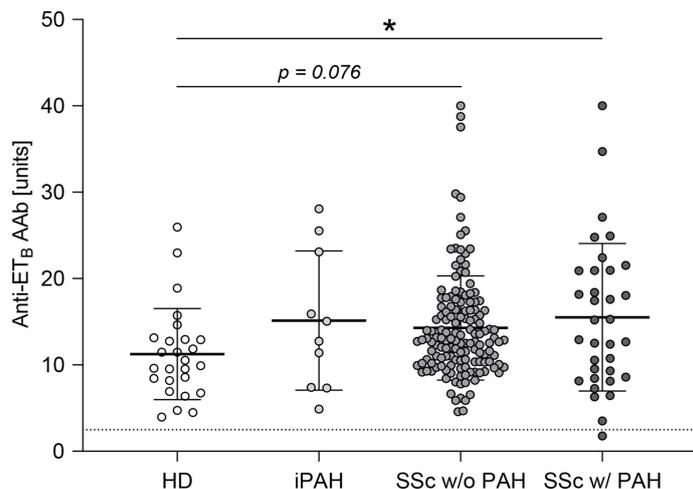
### Elevated Anti-ET<sub>B</sub> Autoantibody Serum Levels in Patients With PAH Secondary to Systemic Sclerosis

Autoantibodies against ET<sub>A</sub> were shown to be elevated in SSc-PAH patients (35). Analogously, in this study, anti-ET<sub>B</sub> autoantibody serum levels were quantified in SSc patients with or without PAH as well as in iPAH patients and healthy donors. Compared to healthy donors, SSc-PAH patients showed increased levels of anti-ET<sub>B</sub> AAb (Figure 1). In SSc patients without PAH as well as in iPAH patients, anti-ET<sub>B</sub> AAb serum levels were increased by trend when compared to healthy donors (Figure 1). However, the relatively small number of iPAH serum samples needs to be considered. Detailed patient characteristics are found in Supplementary Table 1.

### Pulmonary Hypertension, Right Ventricular Hypertrophy, and Lymphocytic Alveolitis in preET<sup>tg</sup> and ET<sub>B</sub><sup>-/-</sup> Mice

To confirm the dual vasomotor role of ET-1 *via* ET<sub>A</sub> and ET<sub>B</sub> receptors in the pulmonary vasculature, functional analyses in isolated perfused mouse lungs were performed. In isolated WT lungs, application of the ET<sub>A</sub> inhibitor BQ-123 resulted in an almost complete reduction of the pulmonary vascular pressure response to ET-1 compared with the solvent control (Supplementary Figure 1A), while rescued ET<sub>B</sub> deficiency resulted in an elevated pulmonary vascular pressure response to ET-1 or the thromboxane receptor agonist U46619 compared to WT controls (Supplementary Figures 1B, C).

To dissect ET-1-specific as well as ET<sub>B</sub>-specific effects on pulmonary inflammation and PAH-associated cardiovascular pathologies independent of additional inflammatory stimuli, we first investigated age-dependent effects in two transgenic mouse models of (i) prepro-ET-1 overexpression (preET<sup>tg</sup>) and (ii) rescued ET<sub>B</sub> deficiency (ET<sub>B</sub><sup>-/-</sup>). In line with the literature (58), young to mature-adult (2–6 months old) preET<sup>tg</sup> mice did not



**FIGURE 1** | Anti-ET<sub>B</sub> autoantibody serum levels were elevated in patients with PAH secondary to SSc. Serum levels of anti-endothelin B receptor (ET<sub>B</sub>) autoantibodies (AAb) were quantified in healthy donors (HD), patients with idiopathic pulmonary arterial hypertension (iPAH), and systemic sclerosis (SSc) patients (+/- interstitial lung disease) with or without PAH. Data are expressed as single values with mean ± SD; N = 26 (HD) or N = 10 (iPAH) or N = 143 (SSc w/o PAH) or N = 34 (SSc w/PAH). The dotted line indicates the lower detection limit of the ELISA. \*p < 0.05 (one-way ANOVA and Dunnett's multiple comparisons test).

show pulmonary hypertension. However, in highly aged (16–18 months old) mice, prepro-ET-1 overexpression resulted in a significant increase in pulmonary arterial pressure compared to corresponding WT controls (**Figure 2A**). Furthermore, 2- to 6-month-old *preET<sup>tg</sup>* mice demonstrated a moderate increase in pulmonary vascular responsiveness to thromboxane receptor agonist U46619 compared to corresponding WT mice, whereas pulmonary vascular responsiveness of 16- to 18-month old mice was comparable within both groups (*preET<sup>tg</sup>* vs. WT) (**Figure 2B**). Cardiac analysis using the Fulton index (right ventricular weight/weight of left ventricle including septum) revealed right ventricular hypertrophy associated with chronic prepro-ET-1 overexpression in 16- to 18-month-old but not in 2- to 6-month-old mice (**Figure 2C**). Long-term overexpression of prepro-ET-1 was also associated with an increase in lymphocyte numbers in the BAL (**Figure 2D**). Independent of prepro-ET-1 overexpression, less BAL macrophages were found in 16- to 18-month-old vs. 2- to 6-month-old mice (**Figure 2D**).

In mature-adult (6 months old) ET<sub>B</sub><sup>-/-</sup> mice, basal pulmonary arterial pressure was significantly increased compared to WT mice of the same age (**Figure 3A**). Weight analysis of cardiac compartments revealed that ET<sub>B</sub><sup>-/-</sup> mice of both age groups exhibited right ventricular hypertrophy compared with their respective WT counterparts (**Figure 3B**). Furthermore, splenomegaly was present in ET<sub>B</sub><sup>-/-</sup> compared to WT mice and was progressive with age (**Figure 3C**) whereas relative liver weight was comparable in all groups (**Supplementary Figure 2A**). Cellular analysis of BAL fluid showed increased numbers of lymphocytes and macrophages in young ET<sub>B</sub><sup>-/-</sup> compared to WT mice (**Figure 3D**).

Basal dynamic lung compliance was found to be reduced in ET<sub>B</sub><sup>-/-</sup> compared to corresponding WT mice in both age groups (**Supplementary Figure 2B**), in contrast to *preET<sup>tg</sup>* mice, which showed unaltered dynamic lung compliance (**Supplementary Figure 3**).

### Perivascular Lymphoid Infiltrates in ET<sub>B</sub><sup>-/-</sup> Lungs

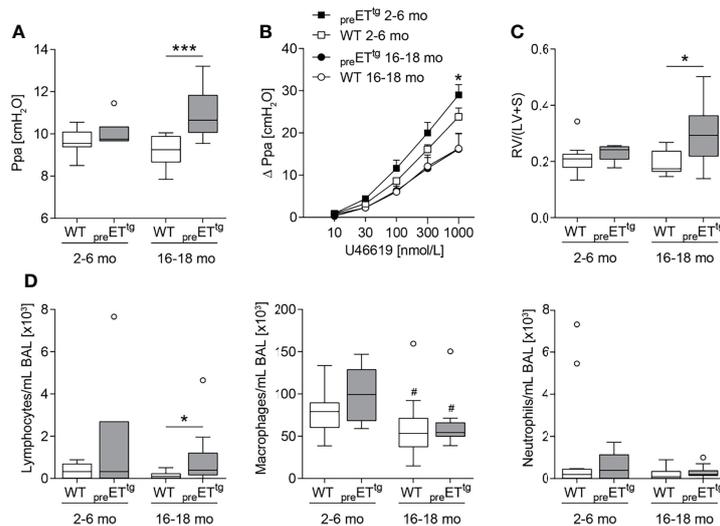
Compared to WT controls, ET<sub>B</sub><sup>-/-</sup> mice developed marked perivascular lymphocytic infiltrates (**Supplementary Figure 4**). In ET<sub>B</sub><sup>-/-</sup> mice, perivascular lymphocytic infiltrates were particularly observed in the peripheral lung tissue, which were absent from WT lungs (**Figure 4A**). These infiltrates mostly consisted of B cells (**Figure 4B**) and T cells (**Figure 4C**). Both the prevalence and number of these cell clusters increased with age, and infiltrates were present in almost all (14/15) >16 months old ET<sub>B</sub><sup>-/-</sup> mice (**Figure 4D**). Such perivascular cell clusters adjacent to small pulmonary arteries were absent in *preET<sup>tg</sup>* mice (**Supplementary Figure 5**) pointing to an immunomodulatory role of ET<sub>B</sub> in the lungs in the context of pulmonary hypertension.

### Th2 Inflammation Aggravates PAH-Associated Pathologies in ET<sub>B</sub><sup>-/-</sup> Lungs

Next, we studied the effects of pulmonary Th2 inflammation as a second inflammatory hit in ET<sub>B</sub><sup>-/-</sup> mice. Pulmonary Th2 inflammation was induced *via* systemic ovalbumin sensitization and ovalbumin airway exposure (OVA/OVA).

Pulmonary arterial pressure was elevated in ET<sub>B</sub><sup>-/-</sup> compared to WT mice as described before, independent of pulmonary Th2 inflammation (**Figure 5A**). Following OVA/OVA treatment, pulmonary vascular hyperresponsiveness to ET-1 and U46619 was highly increased in ET<sub>B</sub><sup>-/-</sup> mice compared to WT mice (**Figure 5A**). Pulmonary vascular hyperresponsiveness to serotonin, however, was not increased in ET<sub>B</sub><sup>-/-</sup> as compared to WT mice (**Supplementary Figure 6A**).

Importantly, pulmonary Th2 inflammation aggravated right ventricular hypertrophy as well as splenomegaly in ET<sub>B</sub><sup>-/-</sup> mice compared to WT controls (**Figure 5B**). Liver weight in relation to body weight was comparable in all groups (**Supplementary Figure 6B**).



**FIGURE 2** | Prepro-endothelin-1 overexpression was age-dependently associated with increased pulmonary arterial pressure, vascular hyperresponsiveness, right ventricular hypertrophy, and increased number of lymphocytes in bronchoalveolar lavage. Lungs and hearts of 2- to 6-month (mo)-old or 16- to 18-month-old prepro-endothelin-1 overexpressing (*preET<sup>tg</sup>*) mice and corresponding wild-type (WT) mice were prepared, or bronchoalveolar lavage (BAL) was performed. **(A)** In isolated perfused and ventilated lungs, under basal conditions, 16- to 18-month-old *preET<sup>tg</sup>* showed a higher pulmonary arterial pressure (Ppa) compared to WT mice of the same age. **(B)** Pulmonary vascular responsiveness to intravascular application of the thromboxane receptor agonist U46619 was increased in 2- to 6-month-old *preET<sup>tg</sup>* mice compared to WT controls of the same age. Data ( $\Delta$  Ppa) represent the difference between the highest pressure response to U46619 and the basal Ppa. **(C)** Fulton index [quotient of right ventricle (RV) and left ventricle (LV) including septum (S)] determined after weighing the cardiac compartments was higher in 16- to 18-month-old *preET<sup>tg</sup>* compared to WT mice of the same age. **(D)** Analysis of differentially quantified leukocytes in BAL showed increased number of lymphocytes in 16- to 18-month-old *preET<sup>tg</sup>* compared to WT mice of the same age, whereas macrophages decreased with age, independent of prepro-ET-1 overexpression. In **(A, C, D)**, data are represented as *box plots* depicting median, quartiles, and ranges excluding outliers (*open circles*), and analyzed using Mann–Whitney *U* test. # indicates significant difference between 16- to 18-month-old vs. 2- to 6-month-old groups, \* indicates significant difference between *preET<sup>tg</sup>* vs. corresponding WT group (as indicated). In **(B)**, values are given as mean and SEM, and analyzed using two-way repeated measures ANOVA, followed by a single Mann–Whitney *U* test between values of *preET<sup>tg</sup>* and WT mice of the same age at the highest dose of U46619 (\*). In **(A–C)**, *N* = 5–12; in **(D)**, *N* = 7–17. *\*/#p* < 0.05, *\*\*\*p* < 0.001.

The Th2-mediated inflammatory cell influx into the lung was increased in ET<sub>B</sub><sup>-/-</sup> mice as reflected by elevated BAL cell numbers including lymphocytes, neutrophils, and eosinophils (Figure 5C) and as revealed by more pronounced perivascular leukocyte infiltrates in ET<sub>B</sub><sup>-/-</sup> lungs (Supplementary Figure 7). While BAL Th2 cytokines IL-4, IL-5, and IL-13 in OVA/OVA-treated ET<sub>B</sub><sup>-/-</sup> mice were comparable with the respective WT mice (Supplementary Table 2), IL-12 subunit p40 (IL-12p40) levels were greatly increased in BAL of ET<sub>B</sub><sup>-/-</sup> mice (Figure 5D).

### ET<sub>B</sub> Deficiency Aggravates Th2-Mediated Collagen Deposition in the Lung

Th2 immune responses have been associated with pulmonary collagen deposition (59) and IL-12p40 is believed to possess profibrotic properties in the lung (60). Dynamic lung compliance was lowest in ET<sub>B</sub><sup>-/-</sup> mice after induction of pulmonary Th2 inflammation (Figure 5E). Accordingly, histological analyses of Masson–Goldner trichrome-stained lung slices revealed more pronounced collagen deposition in ET<sub>B</sub><sup>-/-</sup> lungs than in WT lungs following OVA/OVA treatment (Figure 5F).

### ET<sub>B</sub> Mediates Thromboxane Release Evoked by ET-1

To mechanistically dissect the pronounced increase in pulmonary vascular responsiveness to ET-1 in ET<sub>B</sub><sup>-/-</sup> mice

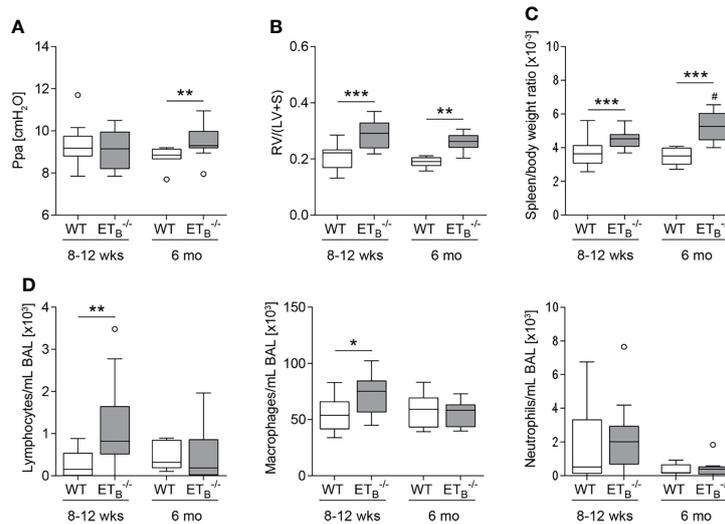
(Figure 5A), we indirectly assessed pulmonary vascular TXA<sub>2</sub> release in isolated mouse lungs *via* quantification of stable TXB<sub>2</sub> in the perfusate before and after intravascular application of ET-1. Indeed, vascular thromboxane release following ET-1 application was highly elevated in ET<sub>B</sub><sup>-/-</sup> lungs (Figure 6A).

Increased vascular hyperresponsiveness secondary to ET<sub>A</sub> and/or TXA<sub>2</sub> receptor upregulation, however, was ruled out *via* mRNA expression analyses. In ET<sub>B</sub><sup>-/-</sup> lungs, ET<sub>A</sub> mRNA expression was downregulated while TXA<sub>2</sub> receptor mRNA expression was comparable (Figure 6B). Of note, rescued ET<sub>B</sub> deficiency led to increased pulmonary ET-1 expression following induction of pulmonary Th2 inflammation (Figure 6B).

To investigate a potential pathomechanistic link between the endothelin system in pulmonary Th2 inflammation and the VIP, VIP plasma levels were quantified. Neither rescued ET<sub>B</sub> deficiency nor OVA/OVA treatment had an effect on VIP plasma levels (Supplementary Figure 8).

## DISCUSSION

In our study, we evaluated anti-ET<sub>B</sub> AAb in PAH patients for the first time and found increased levels in SSC-PAH patients. Furthermore, we characterized the immunomodulatory role of



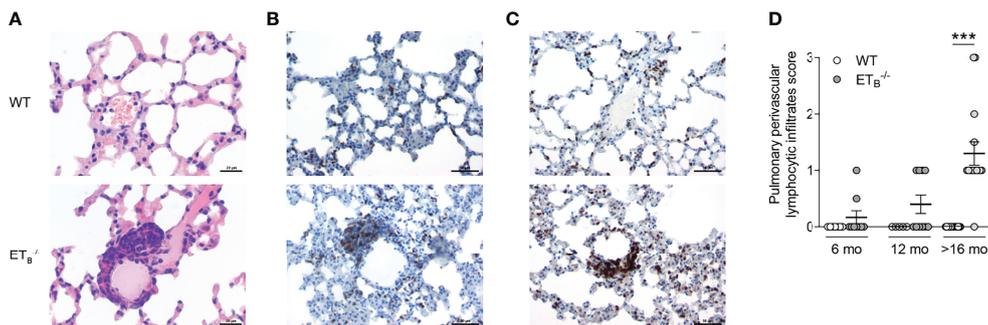
**FIGURE 3** | ET<sub>B</sub> deficiency was age-dependently associated with increased pulmonary arterial pressure, right ventricular hypertrophy, splenomegaly, and increased number of lymphocytes in bronchoalveolar lavage. Lungs, hearts, and spleens of 8- to 12-week (wk)-old and 6-mo-old rescued endothelin B receptor-deficient (ET<sub>B</sub><sup>-/-</sup>) and corresponding wild-type (WT) mice were removed, or bronchoalveolar lavage (BAL) was performed. **(A)** In isolated perfused and ventilated lungs, under basal conditions, pulmonary arterial pressure (Ppa) was increased in 6-mo-old ET<sub>B</sub><sup>-/-</sup> compared to WT mice of the same age. **(B)** Fulton index [ratio of right ventricle (RV) and left ventricle (LV) including septum (S)] determined after weighing the cardiac compartments was higher in ET<sub>B</sub><sup>-/-</sup> compared to WT mice. **(C)** Determination of spleen weight related to body weight revealed splenomegaly in ET<sub>B</sub><sup>-/-</sup> mice. **(D)** Analysis of differentially quantified leukocytes in BAL revealed increased number of lymphocytes and macrophages in BAL from 8- to 12-wk-old ET<sub>B</sub><sup>-/-</sup> vs. WT mice of the same age. Data are represented as *box plots* depicting median, quartiles, and ranges excluding outliers (*open circles*). In **(A–C)**, *N* = 7–28; in **(D)**, *N* = 7–17. # indicates significant difference in the 6-mo-old vs. the corresponding 8- to 12-wk-old group, \* indicates significant difference between ET<sub>B</sub><sup>-/-</sup> vs. the corresponding WT group. #*p* < 0.05, \*\**p* < 0.01, \*\*\**p* < 0.001 (Mann–Whitney *U* test).

ET<sub>B</sub> in the context of PAH using a mouse model of PAH due to rescued ET<sub>B</sub> deficiency. Our data point to an important role of ET<sub>B</sub> in immune homeostasis, with functional ET<sub>B</sub> deficiency unleashing PAH development under inflammatory conditions.

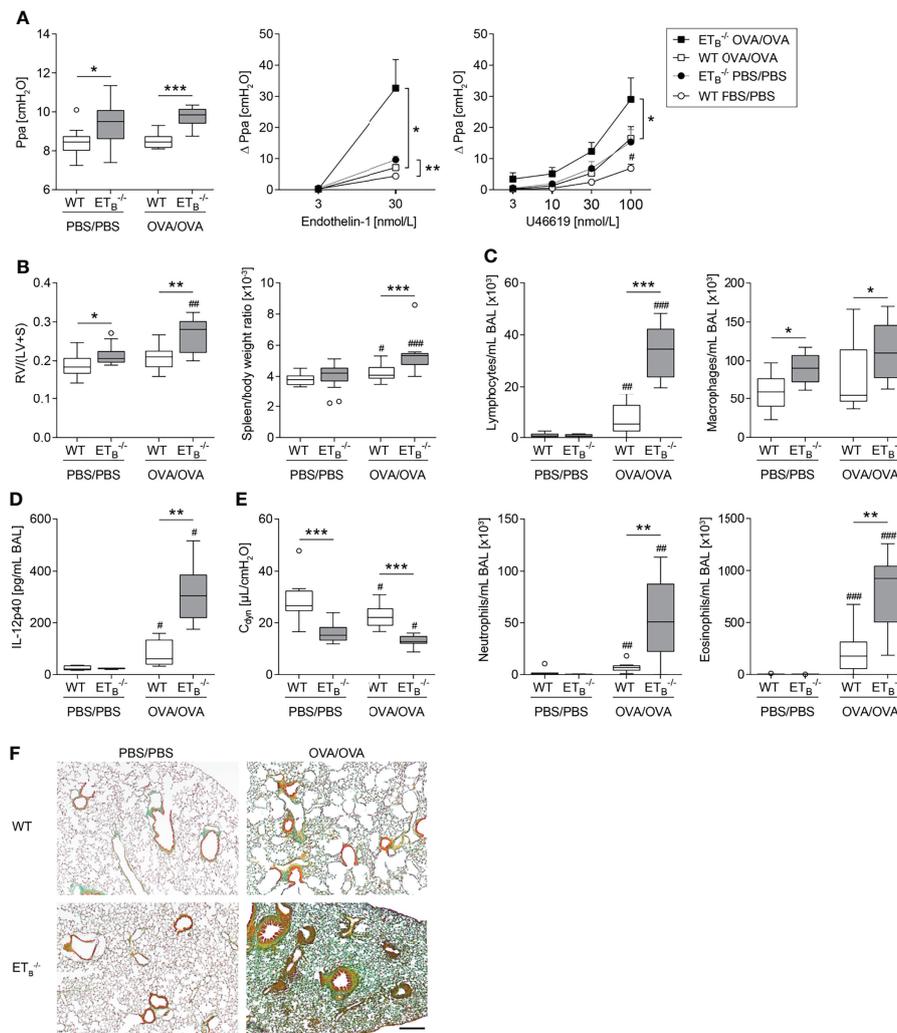
ET<sub>B</sub> deficiency is associated with defective ET-1 clearance (27, 41–43), and increased levels of plasma ET-1 (44–46). In order to distinguish ET-1- and ET<sub>B</sub>-dependent effects in

ET<sub>B</sub><sup>-/-</sup> mice, we studied a second transgenic mouse model in parallel, namely, prepro-endothelin-1 overexpressing (preET<sup>tg</sup>) mice.

Here, we show that pulmonary hypertension, pulmonary vascular hyperresponsiveness, and right ventricular hypertrophy were present in preET<sup>tg</sup> as well as in ET<sub>B</sub><sup>-/-</sup> mice, arguing for ET-1-specific effects. In preET<sup>tg</sup> mice, both



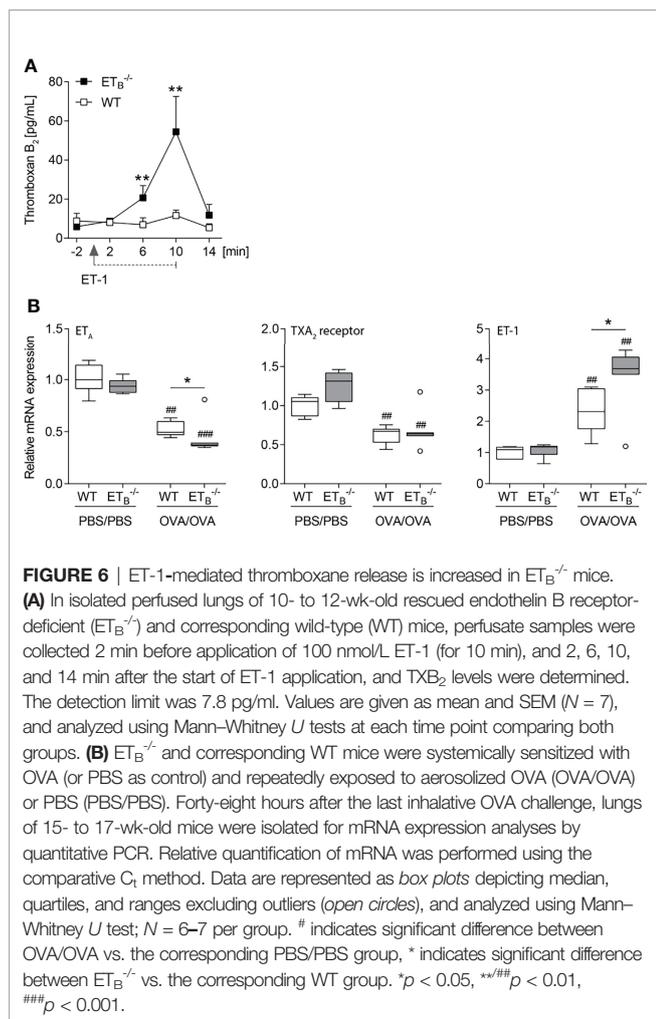
**FIGURE 4** | ET<sub>B</sub> deficiency was associated with peripheral perivascular lymphocytic infiltrates in the lung. Lungs of 6-, 12-, and >16-mo-old rescued endothelin B receptor-deficient (ET<sub>B</sub><sup>-/-</sup>) and the corresponding wild-type (WT) mice were assessed histologically following hematoxylin and eosin (H&E) stain **(A)** or immunohistochemical stains for CD45R/B220 (B cells; **B**) or CD3 (T cells; **C**). The scale bars represent 20 μm **(A)** or 50 μm **(B, C)**. Representative images of ≥12-mo-old mice are shown; *N* = 20–25 per group **(A)** or *N* = 3–5 per group **(B, C)**. **(D)** H&E-stained lung sections were analyzed and scored (0, no peripheral perivascular infiltrates; 1, mild; 2 moderate; 3, pronounced) by an independent board-certified pathologist, blinded to the study groups. Data are expressed as single values with mean ± SEM; *N* = 7–9 (6-mo-old group), *N* = 5–10 (12-mo-old group), or *N* = 15 (>16-mo-old group). \*\*\**p* < 0.001 (Mann–Whitney *U* test).



**FIGURE 5** | ET<sub>B</sub> deficiency aggravated Th2-mediated vascular pathologies and inflammation in the lung. Rescued endothelin B receptor-deficient (ET<sub>B</sub><sup>-/-</sup>) and corresponding wild-type (WT) mice were systemically sensitized with ovalbumin (OVA) (or PBS as control) and repeatedly exposed to aerosolized OVA (OVA/OVA) or PBS (PBS/PBS). Forty-eight hours after the last challenge, lungs, hearts, and spleens of 12-wk-old mice were harvested, or bronchoalveolar lavage (BAL) was performed. **(A)** In isolated perfused and ventilated lungs, pulmonary arterial pressure (Ppa) was measured under basal conditions, and pulmonary vascular responsiveness to increasing concentrations of endothelin-1 or thromboxane receptor agonist U46619 was determined. Data (Δ Ppa) represent the difference between the highest pressure response to the respective stimulus and the basal Ppa. **(B)** Fulton index [quotient of right ventricle (RV) and left ventricle (LV) including septum (S)] was determined after weighing the cardiac compartments (left) and spleen weight was determined and related to body weight (right). **(C)** Leukocytes were differentially quantified in BAL. **(D)** IL-12p40 was determined in BAL (lower detection limit was 0.54 pg/mL). **(E)** In isolated perfused and ventilated mouse lungs, dynamic lung compliance (C<sub>dyn</sub>) was measured. **(F)** Lung tissue sections were stained with Masson–Goldner trichrome that revealed more pronounced pulmonary collagen deposition in ET<sub>B</sub><sup>-/-</sup> than WT mice after OVA/OVA treatment. The scale bar represents 100 μm and is valid for all photomicrographs. Representative images (N = 7 per group) are shown. In **(A left, B–E)**, data are represented as box plots depicting median, quartiles, and ranges excluding outliers (open circles), and analyzed using Mann–Whitney U test. # indicates significant difference between OVA/OVA vs. the corresponding PBS/PBS group, \* indicates significant difference between ET<sub>B</sub><sup>-/-</sup> vs. the corresponding WT group. In **(A middle-right)**, values are given as mean and SEM, and analyzed using two-way repeated measures ANOVA (\*). In **(A right)**, additional Mann–Whitney U test was performed comparing values of ET<sub>B</sub><sup>-/-</sup> and WT mice treated with PBS at the highest dose of U46619 (#). N = 5–14 **(A–C, E)** or N = 3–6 **(D)**. \*\*/## p < 0.05, \*\*\*/### p < 0.01, \*\*\*\*/#### p < 0.001.

pulmonary hypertension and right ventricular hypertrophy, however, were exclusively detected in highly aged (≥16 months old) mice, possibly as a result of decreasing NO-mediated compensatory effects with increasing age (61). In contrast, in ET<sub>B</sub><sup>-/-</sup> mice, PAH-associated alterations were generally observed at a younger age than in preET<sup>tg</sup> mice, which may be the result of

synergistic unfavorable effects of ET<sub>B</sub> deficiency and consecutive defective clearance of ET-1. Yet, as opposed to the characteristic findings in PAH patients, relevant pulmonary arterial remodeling was absent in both transgenic mouse lines, suggesting that the observed pulmonary hypertensive phenotypes are primarily driven by an increased vascular tone



due to an imbalance of vasoconstrictive and vasodilatory mechanisms, rather than by extensive vascular remodeling in the pulmonary circulation.

Increased numbers of lymphocytes were found in BAL of both transgenic mouse models, again pointing to ET-1 as causative trigger. This finding is in line with previously described chronic lymphocytic lung inflammation as a result of prepro-ET-1 overexpression (58).

Of note, pronounced peripheral perivascular cluster of lymphoid infiltrates were exclusively found in ET<sub>B</sub><sup>-/-</sup> lungs, arguing for a dysregulation of the immune system due to the loss of ET<sub>B</sub>. The perivascular space is a unique lung compartment, which might have been underestimated (62). Capillaries as well as lymphatic vessels from the periphery are found in the perivascular space, predominantly around the pulmonary arteries. This compartment is rather inactive in healthy lungs, but gains major significance in many types of lung inflammation. It is hypothesized that in certain conditions, inflammatory mediators induce extravasation of fluid and leukocytes from the periarterial capillaries, leading to thick cellular cuffs around the pulmonary arteries (63, 64).

This defense mechanism may contribute to secondary lesions or processes such as the development of tertiary lymphoid tissue.

The data presented here give a strong hint that ET<sub>B</sub> is involved in the regulation of perivascular infiltration of pulmonary arteries. This finding is of specific interest as perivascular infiltrates and lymphoid tissue are commonly found in lungs of PAH patients and in preclinical models of pulmonary hypertension (2, 9–12).

As previously shown by us and others, induction of pulmonary Th2 inflammation in mice induces relevant PAH-associated features such as perivascular inflammation, hyperresponsiveness of the pulmonary vasculature to vasoconstrictive stimuli, complex pulmonary arterial remodeling, and increase in right ventricular systolic pressure (2, 16–23). Importantly, a key role of Th2 inflammation in the pathogenesis of pulmonary hypertension has been demonstrated in lung-specific IL-13-overexpressing mice, which develop spontaneous pulmonary hypertension, pulmonary arterial remodeling, and right ventricular hypertrophy (22). Interestingly, also in Fra-2 transgenic mice, a well-described model of SSc-PAH and interstitial lung disease, a strong underlying Th2 phenotype is present (56, 65).

Here, we analyzed the effects of pulmonary Th2 inflammation as a second hit in ET<sub>B</sub><sup>-/-</sup> mice. Notably, both pulmonary vascular hyperresponsiveness and right ventricular hypertrophy were aggravated secondary to Th2 inflammation in ET<sub>B</sub><sup>-/-</sup> mice. Moreover, in ET<sub>B</sub><sup>-/-</sup> lungs, pulmonary perivascular inflammation and collagen deposition were increased.

On the cytokine level, IL-12 subunit p40 (IL-12p40) levels were largely increased in BAL of ET<sub>B</sub><sup>-/-</sup> mice, whereas Th2 cytokines were similar in ET<sub>B</sub><sup>-/-</sup> and WT mice. Increased IL-12p40 levels are notable with respect to the exaggerated PAH phenotype in ET<sub>B</sub><sup>-/-</sup> mice as well as the increased pulmonary collagen deposition, since PAH patients show elevated levels of circulating IL-12p40 (12). Analogously, IL-12p40 serum levels are increased in mice deficient for chemokine receptor CCR7, which develop pulmonary hypertension, pulmonary arterial remodeling, and perivascular lymphoid infiltrates in the lung (12). Moreover, IL-12p40 has been identified as a central profibrotic mediator in murine lung fibrosis (60).

Pulmonary vascular hyperresponsiveness to the stimuli ET-1 and TXA<sub>2</sub> analog U46619 was shown to be aggravated in ET<sub>B</sub><sup>-/-</sup> lungs compared to the WT lungs. Interestingly, pulmonary vascular hyperresponsiveness to serotonin was unchanged in ET<sub>B</sub><sup>-/-</sup> lungs, arguing for stimulus-specific alterations of the here assessed vasomotor responses. Mechanistically, ET-1-evoked hyperresponsiveness was most likely based on increased TXA<sub>2</sub> release following vascular ET-1 application in ET<sub>B</sub><sup>-/-</sup> mice, as indicated here by the elevated TXB<sub>2</sub> perfusate levels.

Increased responsiveness as a result of ET<sub>A</sub> and/or TXA<sub>2</sub> receptor upregulation, however, was ruled out in this study. In fact, ET<sub>A</sub> was downregulated in ET<sub>B</sub><sup>-/-</sup> lungs following induction of Th2 inflammation, possibly as a counter-response to the increase in local ET-1 expression in ET<sub>B</sub><sup>-/-</sup> lungs. Taken together, both the upregulation of ET-1 expression and the increased release of IL-12p40 may have contributed to the here

observed exaggeration of the PAH phenotype in ET<sub>B</sub><sup>-/-</sup> mice following induction of pulmonary Th2 inflammation.

It can be assumed that the anti-inflammatory effects of ET<sub>B</sub> signaling described in this study are primarily mediated *via* ET<sub>B</sub> receptor activation on vascular and inflammatory cells. In contrast, secondary immunomodulatory effects in response to ET<sub>B</sub>-regulated sodium and water reabsorption in the kidney are unlikely to underlie the detected anti-inflammatory properties of ET<sub>B</sub> in the lung. Specifically, ET<sub>B</sub> exerts natriuretic functions (66), and collecting duct-specific deficiency of ET<sub>B</sub> accordingly causes systemic hypertension with decreased urinary aldosterone excretion and plasma renin activity (67). Reduced activation of the renin–angiotensin–aldosterone system is, however, characteristically associated with mitigated inflammation (68). The same holds true for natriuretic peptides, which are abundantly released upon volume expansion (69) and have protective immunomodulatory properties (70). These anti-inflammatory effects of renal ET<sub>B</sub> deficiency stand in contrast to the pro-inflammatory effects in the lung detected in our study. Therefore, the anti-inflammatory role of ET<sub>B</sub> in the lung seems unrelated to its natriuretic function.

Our finding that Th2 inflammation as a second hit augments hallmarks of PAH is in line with previous findings in mice expressing a hypomorphic bone morphogenetic protein receptor type 2 (BMPR2) transgene, which showed an increase in right ventricular systolic pressure following induction of a Th2 immune response (23). As Th2-mediated aggravation of PAH phenotypes has been repeatedly shown, it is tempting to speculate that mediators of Th2 signaling may serve as potential targets in PAH. This needs to be evaluated in further studies.

PAH may occur in SSc patients with or without accompanying interstitial lung disease and/or digital ulcers (71, 72). The endothelin system is believed to play a central role in SSc-PAH, and SSc-PAH patients benefit from ERA treatment (24, 71, 72). ERAs are further indicated to treat SSc-related digital ulcers (72). Additional SSc-associated complications seem to involve the endothelin system. Alveolitis is frequently observed in SSc patients (73, 74). Intriguingly, alveolitis was also experimentally induced in mice treated with anti-ET<sub>A</sub> AAb and anti-angiotensin II type 1 receptor (AT<sub>1</sub>R) AAb-positive IgG derived from SSc patients (75). Moreover, expression of type I collagen in fibroblasts following treatment with IgG from SSc patients correlated with anti-ET<sub>A</sub> AAb levels, suggesting an underlying role of the endothelin system in SSc-associated fibrosis (75), as also discussed elsewhere (76).

The immunomodulatory actions of ET<sub>B</sub> shown here may be of relevance for the early phase of PAH, in which inflammation, endothelial dysfunction, and hyperresponsiveness of the pulmonary vasculature are believed to play relevant mechanistic roles. In the chronic disease state, reflected by profound remodeling of the pulmonary arteries, ET<sub>B</sub>, however, may play a less prominent role, as indicated by the fact that ET<sub>A</sub>-selective blockers do not appear to be superior to dual ET<sub>A</sub>/ET<sub>B</sub> therapy in established PAH (77, 78). Prospective clinical trials comparing selective ERA (inhibition of ET<sub>A</sub>) head-to-head against dual ERA (combined inhibition of ET<sub>A</sub>/ET<sub>B</sub>) therapy at early disease time points may be required to identify a potential advantage of selective ERA therapy in PAH.

In conclusion, our data show an anti-inflammatory role of ET<sub>B</sub>. ET<sub>B</sub> deficiency as a single hit is associated with spontaneous formation of marked lymphoid infiltrates in the perivascular space of the lung, in addition to pulmonary hypertension, pulmonary vascular hyperresponsiveness, and right ventricular hypertrophy. Th2 inflammation as a second hit aggravates PAH-associated pathologies in ET<sub>B</sub><sup>-/-</sup> mice. The pathogenic role of anti-ET<sub>B</sub> AAb in SSc-PAH needs to be evaluated in further studies.

## DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

## ETHICS STATEMENT

The studies involving human participants were reviewed and approved by the ethics committee (Charité - Universitätsmedizin Berlin, Germany; EA1/179/17). The patients/participants provided their written informed consent to participate in this study. The animal study was reviewed and approved by institutional authorities of the Charité - Universitätsmedizin Berlin, Germany, and the Local State Office of Health and Social Affairs Berlin (LAGeSo; Berlin, Germany).

## AUTHOR CONTRIBUTIONS

CT and MW conceived and designed the research. CT, CG, TT, OK, BG, JN, and JHe performed experiments. CT, CG, JL, JHö, TT, OK, BG, JN, BO, AG, HH, ES, and MW analyzed data. All authors interpreted the results of the experiments. CT, CG, JL, JHö, TT, OK, and ES prepared figures. CT and JL drafted the manuscript. All authors edited and revised the manuscript and approved the final version of the manuscript.

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## SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fimmu.2022.895501/full#supplementary-material>

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