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# Regulation of vascular remodeling by immune microenvironment after the establishment of autologous arteriovenous fistula in ESRD patients

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Autogenous arteriovenous fistula (AVF) is the preferred dialysis access for receiving hemodialysis treatment in end-stage renal disease patients. After AVF is established, vascular remodeling occurs in order to adapt to hemodynamic changes. Uremia toxins, surgical injury, blood flow changes and other factors can induce inflammatory response, immune microenvironment changes, and play an important role in the maintenance of AVF vascular remodeling. This process involves the infiltration of pro-inflammatory and anti-inflammatory immune cells and the secretion of cytokines. Pro-inflammatory and anti-inflammatory immune cells include neutrophil (NEUT), dendritic cell (DC), T lymphocyte, macrophage (M $\phi$ ), etc. This article reviews the latest research progress and focuses on the role of immune microenvironment changes in vascular remodeling of AVF, in order to provide a new theoretical basis for the prevention and treatment of AVF failure.

#### KEYWORDS

arteriovenous fistula, immune microenvironment, inflammation, vascular remodeling, chronic kidney disease

## Introduction

Chronic kidney disease (CKD) is a global public health problem. The prevalence of CKD in Chinese adults was 8.2% in the analysis of the results of the Sixth Chronic Disease and Risk Factor Surveillance in China (1), while the prevalence of dialysis in China was 419 cases per million population (2). The three main types of vascular access for hemodialysis (HD) include autogenous arteriovenous fistula (AVF), graft arteriovenous fistula (AVG),

and central venous catheter (CVC). AVF refers to artificial formation of a straight line between the proximal artery and the superficial vein at the subcutaneous distance during surgery. AVF has the advantages of lower medical cost, fewer complications, lower infection rate, lower mortality rate and higher patency rate compared with AVG or CVC (3). However, immaturity of newly formed AVF and dysfunction of established AVF are two common clinical challenges (4). The National Institutes of Health reported that 60% of AVF failed to mature after surgery and could not be successfully used for dialysis treatment (5). The hemodialysis arteriovenous fistula maturity (HFM) study showed that the rate of AVF dysfunction at 1 year was 24% (4). The results of our center showed that the 1-year AVF dysfunction rate was 14.4% (6).

The maturation of AVF is the process that makes AVF suitable for providing prescription dialysis. After the construction of AVF, the veins are affected by injury factors such as inflammation and oxidative stress, and exposed to high flow, high shear stress (WSS), high pressure and oxygen-rich arterial blood environment, which requires adaptive remodeling of AVF to mature, that is, the venous cavity dilation and wall thickening are the main characteristics, resulting in venous arterialization changes. Finally, adaptive vascular remodeling related to the acquisition of arteriovenous dual features was formed (7). The immaturity of AVF means that it cannot be used successfully for HD within 6 months after its creation despite surgical intervention. AVF dysfunction is a multifactorial process in which upstream and downstream events work together to lead to lumen stenosis and even secondary thrombosis due to neointimal hyperplasia (NIH). The upstream event refers to the injury of vascular endothelial cell (EC) and vascular smooth muscle cell (VSMC) caused by surgical trauma, hemodynamic shear stress, and uremic toxins. Downstream events refer to responses to vascular damage, including oxidative stress, inflammation, migration and proliferation of fibroblast, SMC, and myofibroblast (8). Activation of EC can increase the expression of growth factors, promote the migration and proliferation of VSMC from the medium to the intima and make it quickly form a new endometrium layer (9, 10). And EC injury, in turn, promotes the release of inflammatory mediators and the recruitment of inflammatory cells, thereby activating smooth muscle cells and fibroblasts and promoting the fibrosis process (11). Fibrosis is an outcome of the dysregulated tissue repair process in response to various types of tissue injury (12). And the degree of fibrosis after AVF surgery is related to the immaturity of AVF. AVF fibrosis can be attributed to excessive extracellular matrix (ECM) synthesis by activated VSMAs and myofibroblasts and/or insufficient ECM degradation by matrix metalloproteinases (MMP). Excessive fibrosis may reduce vessel wall compliance, and AVF patients with intermediate fibrosis have less increase in venous diameter during reconstruction (13). When the vessel wall loses compliance due to excessive ECM deposition, the NIH becomes obstructive (possibly less compressible under high blood flow) and stenotic.

Therefore, fibrotic remodeling and NIH, which in combination significantly increase the risk of AVF failure (14). Our previous study have shown that in the inferior vena cava of adenine-induced chronic kidney disease rats with aortocaval fistulas, in addition to the disordered EC and SMC, inflammatory cells such as macrophage  $(M\phi)$  are also present in the major cellular components of NIH (15). In conclusion, inflammation plays an important role in the vascular remodeling process of AVF.

The establishment of AVF can trigger the body's immune response, including chronic infiltration of immune cells and secretion of inflammatory cytokines (16). The balance between pro-inflammatory and anti-inflammatory responses is necessary for vascular remodeling of AVF, and excessive or insufficient inflammation can lead to AVF failure (16). Since the infiltration of immune cells plays a key role in the vascular remodeling of AVF, it is of great significance to study the changes and roles of immune cells in the vascular remodeling of AVF. In the past, T lymphocyte and Mo were considered to be key molecules in chronic inflammation of vascular diseases such as atherosclerosis and AVF failure (17). However, recent evidence strongly suggests that neutrophil (NEUT) and dendritic cell (DC) are also involved in the development of vascular disease, such as AVF failure (16, 18). T lymphocyte, Mø, NEUT, DC and other immune cells participate in the vascular remodeling process of AVF, and the inflammatory response mediated by the above inflammatory cells is the core of the vascular remodeling process (19). This article reviews the role of immune microenvironment in vascular remodeling of AVF.

# Immune cells are involved in vascular remodeling of AVF

Immaturity of AVF refers to the lack of outward remodeling that, despite radiologic or surgical intervention (i.e., endovascular or open procedure management), cannot be successfully used for dialysis after its creation (20). AVF dysfunction is a very general term, and because it does not specifically address the cause of dysfunction, it has been replaced by three terms: thrombotic flow-related dysfunction, nonthrombotic flow-related dysfunction, and infectious dysfunction. Thrombotic flow-related dysfunction is associated with the risk of thrombosis or specific complications that can reduce blood flow to AVF, threaten prescribed dialysis lumen flow and/or cause clinical signs and symptoms such as stenosis or thrombosis. In contrast, nonthrombotic flow-related dysfunction may or may not threaten blood flow or patency, but is associated with clinical signs and symptoms, such as aneurysms and steal syndrome. The above three terms distinguish AVF dysfunction due to stenosis or thrombosis from dysfunction due to other causes (21). Therefore, the dysfunction discussed in this paper refers to thrombotic flow-related dysfunction associated with vascular remodeling.

In the early stages after AVF establishment, the vein is exposed to a high flow, high shear stress, high pressure, and oxygen-rich arterial environment, leading to "maturation" of both the arterial inflow limb and venous outflow limb. Adaptation of the vein to the increased flow and shear stress of the arterial environment requires dilation by outward remodeling of the venous wall (Poiseuille's law), whereas increases in pressure and tensile stress result in wall thickening (Laplace's law) (22). WSS is significantly elevated, causing the initial venous cavity to dilate through mechanical stretching, and activating EC to produce large amounts of nitric oxide (NO), stimulating MMP-2, 9 (23), triggering ECM degradation, resulting in continuous dilation of the lumen (24). However, wall thickening is an adaptation of blood vessel walls to pressure, involving the thickening of all vascular layers through ECM deposition and cell proliferation and migration (25). Thus, AVF maturation is an adaptive vascular remodeling associated with the acquisition of dual arteriovenous characteristics. In the later period after AVF establishment, during maintenance HD therapy, repeated treatment placed the region in a state of turbulence, low flow, low wall shear stress, and increased transwall pressure. The normal physiological mechanism of AVF is not clear, but the intima thickening of AVF can maintain sufficient pressure (26).

AVF failure occurs through two different mechanisms: early failure is secondary to lack of outward remodeling and inability to support HD, i.e. AVF immaturity; Late failure is due to uncontrolled pathological process of intimal thickening, uncontrolled NIH, negative or introversion remodeling leading to previously normal intimal thickening, lumen narrowing, and reduced patency rate (17). The formation of NIH can lead to secondary thrombosis and aggravate AVF stenosis (27). The histological features of NIH is characterized by a large number of constricted SMC, myofibroblast, fibroblast, and Mq, ultimately narrowing the venous outflow tract, and resulting in reduced blood flow (28). However, both NIH and atherosclerosis share partially similar histopathological features: the observed intimal hyperplasia is almost the same, and both are characterized by smooth muscle cell migration and proliferation and ECM deposition (29, 30). Therefore, it can be speculated that there may be chronic inflammation in the NIH of AVF.

The inflammatory response of AVF can be divided into two parts: one is surgical trauma stoma and local hypoxia, which causes local inflammatory response by activating molecular signal transduction such as hypoxia-inducible factor (HIF). Secondly, the presence of uremia in CKD patients promotes oxidative stress, leading to phagocyte activation, oxygen free radical release, lipid peroxidation, and ultimately an increase in systemic inflammatory response (28). Early and late inflammation after AVF establishment plays an important role in the regulation of vascular remodeling. Damage to vascular EC or SMC can induce local immune cell migration (28), as well as damage associated with molecular patterns (DAMP) secretion, which further activates the immune system, recruitment of immune cells, and causes inflammation (31). Thus, inflammation during vascular remodeling in AVF involves a coordinated interaction between blood vessel walls and circulating immune cells (32). In the AVF mouse model, the experimental group lacked radio-protective 105 protein (RP105), also known as CD180- a cell surface protein of various inflammatory cells that has been shown to impair Toll-like receptor (TLR)-4 signaling, thereby reducing outward venous remodeling (33). In a balloon induced rat model of carotid artery injury, NIH was increased in nude mice lacking T lymphocyte, while adoptive transfer of CD4<sup>+</sup>and CD8<sup>+</sup> lymphocytes in mice after carotid artery injury was associated with decreased NIH (34). Studies in rodent models lacking macrophage colony-stimulating factors found that the Mo of experimental mice were reduced, and therefore their outward remodeling was attenuated compared to wild-type mice (32). Conversely, adoptive transfer of regulatory T lymphocyte (Treg) has been shown to reduce the incidence of myocardial hypertrophy and fibrosis, as well as the infiltration and remodeling of immune cells (35). In the MISRA's laboratory, systematic Mp depletion of a mouse model of AVF with sodium clodronate resulted in a decrease in the number of circulating Mq and an improvement in AVF stenosis (28, 36). This contradiction may be related to the different roles of T lymphocyte and Mq in vascular remodeling of AVF (17, 37). Welt and Edelman discovered in 2000 that NEUT played a role in the NIH in balloon-injured arteries of the rabbit model (38). While, Takahashi and Lee discovered in 2003 that DC play a role in the NIH after rat carotid balloon injury (16, 39). Studies have shown that elevated levels of C-reactive protein (CRP), a marked of the systemic inflammatory response produced by the liver in response to proinflammatory cytokines, increase the risk of AVF failure, and inhibiting the inflammatory response with prednisolone can promote venous outward remodeling and increase AVF patency in a murine AVF model (40). These findings suggest that appropriate local wall inflammation is positively correlated with AVF vascular remodeling, while systemic inflammation is negatively correlated with AVF vascular remodeling (41). These results suggest that local inflammation driven by immune cells is a necessary condition for vascular remodeling in AVF, and the balance of inflammatory and anti-inflammatory responses is related to the type and number of immune cells infiltrating the AVF site (16). Therefore, immune cells such as T lymphocyte,  $M\phi$ , NEUT, and DC play different roles in AVF vascular remodeling (17).

## Different types of immune cells are involved in vascular remodeling of AVF

# Macrophages: play a dual role through polarization

Mo, DC and monocyte constitute the mononuclear phagocytic system, which is the regulator of tissue homeostasis, growth, development and regeneration (42). The monocyte-to-lymphocyte ratio (MLR) is defined as the absolute number of monocytes divided by the absolute number of lymphocytes. Several studies have found a positive correlation between MLR and AVF immaturity (43). The release of macrophage migration inhibitor factor (MIF) upregulates tumor necrosis factor (TNF) -a, interleukin (IL) -6, IL-8 and MCP-1 and other inflammatory cytokines, causing the migration and proliferation of inflammatory cells and promoting NIH (19). MCP-1 is involved in the infiltration and activation of monocyte/Mq, and the intermediate early response gene X-1 (IEX-1) regulates MCP-1, IEX-1 knockout mice reduce MCP-1 and NIH (44), directly blocking MCP-1 inhibition of NIH in different animal models (45). Mø produce MMP and reactive oxygen species (ROS). MMP can damage elastin fibers such as the inner elastic lamina and promote the dilation of blood vessel walls in a pig model of AVF

stenosis (46). However, MMP also promotes the deposition of ECM in NIH and leads to subsequent thrombosis in NIH by breaking down proteins in the ECM (47). However, ROS can alter vascular reactivity, recruit more pro-inflammatory M $\phi$ , and promote vascular remodeling in conjunction with MMP (48). In a mouse model of AVF, injection of sodium clodronate promote M $\phi$  depletion and decreased the proliferation of VSMC activity during venous remodeling (39).

Mφ is a highly plastic type of cell. In a specific tissue with a specific phenotype and function, the process by which Mφ responds to the stimuli from the immune microenvironment is called polarization (49). Mφ is typically found in two distinct subsets: classically activated or M1Mφ, which is pro-inflammatory and polarized by the secretion of IFN- $\gamma$  by Th1 cells; M2Mφ has anti-inflammatory and immunomodulatory effects and is polarized by IL-4 secreted by Th2 cells and IL-10 and TGF- $\beta$  secreted by Treg cell (50). Studies have shown that inflammation caused by M1-like Mφ is associated with vein graft failure, participating in the formation of new blood vessels and disrupting the integrity of blood vessels. M2-like Mφ aggregation is associated with SMC proliferation and vascular wall thickening, promoting vascular stability and maturation (42, 51).

#### Classically activated macrophages

M1M $\phi$  produces pro-inflammatory cytokines such as IL-6, IL-12, IL-23, interferon (IFN)- $\gamma$  and TNF- $\alpha$  and inducible nitric oxide synthase (iNOS). Unlike circulating inflammatory cells, which contribute to systemic inflammation, M1-like M $\phi$  acts within tissues, promoting local inflammation (42). M1-like M $\phi$  produces iNOS, which can reduce vascular remodeling and NIH. Therefore, M1-like M $\phi$  can inhibit AVF maturation and promote AVF function maintenance (17).

#### Vicariously activated macrophages

M2Mφ produces IL-10, transforming growth factor (TGF) -β, arginase (Arg)-1, and other anti-inflammatory cytokines, which have anti-inflammatory and tissue remodeling functions. The appearance of M2-like  $M\phi$  is a characteristic of the inflammation resolution period and a necessary condition for vascular graft reendothelialization, which can promote vascular graft remodeling and facilitate wound healing and tissue reconstruction (52). Studies about the AVF in wild-type C57BL/6J and CD44 knockout mice have shown that CD44 regulates venous wall thickening during AVF maturation by promoting the accumulation of M2-like Mq in the adaptive venous wall (53). IL-10 and TGF- $\beta$  play an important role in maintaining vascular integrity: IL-10 and TGF-B produced by M2-like Mφ are more frequently present in stable plaques as major anti-inflammatory mediators (54). Studies have shown that blocking core fucosylation, downstream of TGF- $\beta$ , can reduce markers of renal fibrosis. Although the mechanisms of renal fibrosis and AVF dysfunction differ, there is significant overlap. In addition, changes in glycosylation have been shown to affect cell proliferation, transformation, migration, and apoptosis (28). Arg-1 promotes VSMC proliferation and inhibits inflammation: M2-like Mø infiltration plays a key role in regulating VSMCS proliferation and vascular wall thickening during AVF maturation, so Arg-1 may be involved in AVF maturation; However, in the rat model of common carotid artery injury, Arg-1 also promotes the formation of NIH, and therefore, Arg-1 may have an adverse effect on AVF function maintenance. However, arterial remodeling is different from AVF, Arg-1 may play a critical regulatory role in the balance between vascular wall thickening and NIH formation, and thus may be beneficial or harmful in AVF function maintenance (55).

When inflammation occurs, M $\phi$  polarizes into M1-like M $\phi$ , producing pro-inflammatory mediators that effectively control and clear infection and remove dead cells, but can lead to tissue damage if the M1 phase persists. Therefore, M2-like M $\phi$  secretes a large amount of anti-inflammatory mediators, inhibits inflammatory responses, promotes tissue repair, vascular remodeling, and maintains homeostasis (37). For example, in a mouse model of CKD with AVF, iNOS, a marker of pro-inflammatory M1-like M $\phi$ , was first increased, followed by Arg-1, a marker of antiinflammatory M2-like M $\phi$  (56). Thus, the balance of M1-like M $\phi$ and M2-like M $\phi$  polarization determines the fate of the organ in inflammation or injury. Revealing the polarization and recruitment process of M1-like M $\phi$  and M2-like M $\phi$  may provide a new therapeutic approach for regulating the balance of phenotype, quantity and distribution of vascular remodeling in AVF.

### T lymphocyte: function by regulating M $\phi$

T lymphocyte plays a role in acquired immunity and are also involved in the regulation of inflammation. APC processing antigens are presented to major histocompatibility complex (MHC) molecules, which then activate CD8 + T lymphocyte with MHC- I molecules, and CD4<sup>+</sup> T lymphocyte with MHC - II molecules (48, 57). After activation, CD8<sup>+</sup>T lymphocyte has antigen-specific cytotoxicity, also known as cytotoxic T lymphocyte (CTL) (58). Unlike CD8+T lymphocyte, CD4<sup>+</sup>T lymphocyte activates and differentiates into different subsets, distinguished by the production of specific cytokine and effector functions, including helper (Th) and regulatory T (Treg) lymphocytes (59). CD4<sup>+</sup> lymphocyte and CD8<sup>+</sup>T lymphocyte play a major role in the initiation and continuation of the inflammatory cascade, and can also regulate other immune cells through the inflammatory response, such as secreting cytokines to regulate the inflammatory state of M $\phi$  (34). In AVF of athymic rnu nude rats lacking mature T lymphocytes and euthymic control animals, the presence of CD4<sup>+</sup>T lymphocyte was consistent with the presence of  $M\phi$ , and the absence of mature T lymphocyte showed a tendency of decreasing M $\phi$  infiltration (60). Therefore, T lymphocyte regulate the accumulation of Mq in mature venous walls, thereby controlling adaptive remodeling (50).

#### Helper (Th)T lymphocyte

Th lymphocyte can be divided into different subgroups according to the type of cytokine they secrete: Th1 lymphocyte has a pro-inflammatory effects, and Th2 lymphocyte has an antiinflammatory effects. Analysis of clinical specimens of atherosclerosis and graft atherosclerosis vessels shows that in the pathogenesis of T lymphocyte mediated vascular injury and remodeling, the Th1-dominant response leads to intimal thickening and lumen stenosis, while the Th2-dominant response leads to arterial dilation and lumen ectasia (61).

Th1 lymphocyte produces pro-inflammatory cytokines such as IFN-γ, IL-2 and TNF-β. However, the direction of Th lymphocyte differentiation is influenced by different cytokines and chemokines, especially IL-12. IFN-γ is the signature cytokine of Th1 lymphocyte and can be promoted by IL-12. Promote Th1 lymphocyte differentiation by increasing IL-12 production and inhibit Th2 lymphocyte differentiation by inhibiting IL-4 (62). Studies have shown that the percentage and absolute number of activated CD4<sup>+</sup>T lymphocyte in peripheral blood produce IFN-y are higher in patients with hypertension than in patients with normal blood pressure (32). There is a positive feedback relationship between IFN-y and IL-12 production and Th1 lymphocyte differentiation, making Th lymphocyte differentiation balance closer to Th1 lymphocyte differentiation. The cumulative effects of these cytokines promote the transformation of the immune microenvironment from antiinflammatory to pro-inflammatory, resulting in the accumulation of inflammatory cells and their secretions and inhibiting AVF maturation. Th2 lymphocyte produces anti-inflammatory cytokines such as IL-4, IL-5, IL-10 and IL-13. IL-4 is the signature cytokine of Th2 lymphocyte, which can promote Th2 lymphocyte differentiation and up-regulate the expression of IL-5, thus inhibiting Th1 lymphocyte differentiation and IFN-y production. This cascade promotes the resolution of inflammation, which promotes the maturation of AVF (16). In addition, Th lymphocyte can regulate the inflammatory state of Mq. Th1 lymphocyte promotes the polarization of Mq toward the proinflammatory phenotype and activate other inflammatory cells. Th2 lymphocyte promotes Mo polarization to the anti-inflammatory phenotype (63, 64). In atherosclerosis, IFN- $\gamma$  destabilizes plaque stability and recruits Mo to promote polarization of the M1-like phenotype (65). Studies have shown that M2-like M $\phi$  is required for AVF maturation, taken together, Th2 lymphocyte may promote AVF maturation by inhibiting Th1 lymphocyte differentiation and inducing M2-like M
polarization (53).

## Regulatory T (Treg) lymphocyte

Treg lymphocyte is anti-inflammatory T lymphocyte characterized by CD25 and Foxp3 labeling, secreting anti-inflammatory cytokines such as IL-10, IL-35 and TGF -B, inhibiting innate and acquired immune responses, regulating the duration and amplitude of inflammatory responses, and thus maintaining immune tolerance and immune homeostasia (66). Treg lymphocyte secretes anti-inflammatory cytokines to inhibite inflammatory cells including not only Th1 lymphocyte, CTL and M1-like Mø, but also inhibit antiinflammatory Th2 lymphocyte and induce M2-like Mo polarization of anti-inflammatory cells, promote inflammation lysis, tissue healing and vascular remodeling, thus promote AVF maturation (67). In CD4<sup>+</sup>T lymphocyte, IL-10 is thought to be produced primarily by Treg lymphocyte. Uncontrolled secretion of IFN- $\gamma$  by Th1 lymphocyte may lead to severe tissue damage, and inhibition of the spatio-temporal dependent balance between IFN-y secretion by Th1 lymphocyte and IL-10 secretion by Treg lymphocyte may enable an effective immune response with limited tissue damage (68, 69). However, due to reduced IFN-y production, recruitment of monocytes and effector T lymphocyte in the lesion was also reduced (70). These studies suggest that depletion of Th1 lymphocyte is induced by Treg lymphocyte and promotes AVF maturation (71). TGF- $\beta$  inhibited the production of MCP-1, and the secretion of proinflammatory cytokines was significantly reduced after monocytes were treated with Treg lymphocyte (16). Treg lymphocyte expressed surface marker such as co-stimulator, CD4 + CD25 + FoxP3 +, and these elevated markers maintened the mechanism of inhibiting inflammation, and promoted AVF maturation (72). IL-2 helps maintain Foxp3 expression through IL-2Ra/CD25 signaling, thereby promoting Treg lymphocyte function (73). Co-stimulator takes part in IL-10-mediated inhibition of effector T lymphocyte, lack of Costimulator can lead to decrease in the number and function of Foxp3 Treg lymphocyte, and accelerate the progression of atherosclerosis (65). The accumulation of inflammatory immune cells on the blood vessel wall leads to thickening of intima and inflammation, which leads to lumen narrowing and thrombosis (74). By regulating Treg lymphocyte, the balance between effector T lymphocyte and Treg lymphocyte is coordinated to promote anti-inflammatory changes in the blood vessel wall, thereby inhibiting the immune response and promoting AVF maturation (67).

#### Cytotoxic T Lymphocyts (CTL)

CTL lymphocytes is a type of T lymphocyte characterized by CD8<sup>+</sup> labeling and secrete perforin, granzyme B(GzmB), IFN-g, and TNF-a. Perforin forms pores in the target cell membrane, through which granzyme can enter and induce apoptosis (75). CTL lymphocyte is more cytotoxic than CD4<sup>+</sup>T lymphocyte, can induce vascular wall apoptosis, and inhibit immune cell function under certain conditions (60, 76). Unlike CD4<sup>+</sup> T lymphocyte, the function of CD8<sup>+</sup> T lymphocyte does not depend on Mp. Studies have shown that CD8<sup>+</sup> T lymphocyte is locally activated after vein graft surgery in CD4<sup>+</sup> or CD8<sup>+</sup> T lymphocytopenia mice, and play an important role in protecting the patency of vein graft. When CD8<sup>+</sup> T lymphocyte was present, the graft vein was unobstructed. However, CD8<sup>+</sup> T lymphocyte was lacking, graft occlusion was observed, and apoptosis was increased. Therefore, CD8<sup>+</sup>T lymphocyte can reduce NIH and improve graft vein patency (77). In atherosclerosis, CD8<sup>+</sup>T lymphocyte mediated VSMC death leads to plaque instability, but CD8<sup>+</sup>T lymphocyte induced apoptosis limits NIH after arterial injury (74). However, most of the CD8<sup>+</sup>T lymphocyte on the venous wall were inactivated, suggesting that CD8<sup>+</sup>T lymphocyte may not be the primary regulatory cells of venous remodeling (51).

### Dendritic cell (DC)

DC generally belongs to a class of innate lymphoid cell, defined as cell that express high levels of MHC II and the cell surface integrin CD11c (78, 79). DC is a professional antigen-presenting cell (APC) with antigen-presenting, pro-inflammatory, and antiinflammatory functions to initiate antigen-specific immune responses, induce immune tolerance, and regulate immune homeostasis. It plays a role in both innate and adaptive immunity (16). DC acts as an APC to control the activation and phenotype of T lymphocyte (80). In the AVF formation region, chronically

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activated DC continues to express CD83 and CD86, and these surface molecules act as co-stimulatory molecules to activate other DC, thereby activating naive T lymphocyte to become effector T lymphocyte, promoting effector T lymphocyte proliferation and harmful T lymphocytes apoptosis (16). The appearance of DC in atherosclerosis is similar, and the stability of plaque is negatively correlated with the accumulation of DC, suggesting that DC may regulate local inflammatory response and promote plaque vulnerability (16, 81). Blocking CD11c<sup>+</sup> activity during plaque formation may have therapeutic effects (80). Fasin<sup>+</sup> is a surface marker of mature DC, while human leukocyte antigen (HLA-DR) and trigger receptor expressed on myeloid cells-1 (TREM-1) are surface markers of associated autoimmune diseases and indicators of progressive inflammation, respectively (69). In AVF with chronic, unresolved inflammation, these markers are found to be upregulated (16). Reducing the expression of HLA-DR, and TREM-1, CD83 and CD86, is a multifactorial anti-inflammatory therapeutic mechanism of DC during AVF maturation (16). Central chemokine receptor 7 (CCR7) is a chemokine of CD11c<sup>+</sup>. Studies have shown that high expression of CCR7 can lead to increased DC migration, subsequent thrombolysis, and promote AVF maturation (16). DC controls excessive inflammation in acquired immunity by secreting anti-inflammatory cytokines IL-10 and TGF- $\beta$  (82). TGF- $\beta$  inhibited the proliferation, activation and differentiation of proinflammatory T lymphocyte, and promoted the apoptosis of proinflammatory T lymphocyte. However, studies have shown that interfering with TGF- $\beta$  type II receptor signaling in CD11c<sup>+</sup> promotes the formation of atherosclerotic lesions and the expansion of activating effect T lymphocyte (80). These results suggest that DC-T lymphocyte interaction and anti-inflammatory function of DC play a role in AVF maturation and functional maintenance, and that DC can target different stages of AVF vascular remodeling, and can be used to help regulate AVF vascular remodeling in the clinic.

#### Neutrophil

Neutrophil (NEUT) is myeloid white blood cells that accounting for 50%-70% of all circulating white blood cells (83). It is a component of the innate immune system and can also regulate the immune microenvironment through direct intercellular contact or soluble media communication with Mq, DC, T lymphocyte, and B lymphocyte (83, 84). Traditionally, NEUT was thought to be present only in the acute phase of inflammation and only to play a role in eliminating pathogens. However, studies have shown that the function of NEUT is not limited to infection, it also plays a role in different types of inflammation (infection and sterility) (85, 86). NEUT synthesises and releases a variety of grain proteins, including MMP, neutrophil elastase (NE), lactoferrin, and pro-inflammatory and anti-inflammatory cytokines (86). Researches have shown that when EC and SMC are co-cultured and exposed to increased shear stress in AVF, gene expression of lactoferrin increases (87). Misra et al (88) investigated the change of protein expression in venous stenosis was studied by protein spectrometry, and lactoferrin expression was significantly increased. In a study of late AVF failure in chronic HD patients, NE and lactoferrin levels were positively correlated with AVF stenosis, and elevated NE levels were also found to be an independent predictor of late AVF failure (18). The neutrophil-lymphocyte ratio (NLR), defined as the absolute number of NEUT divided by the absolute number of lymphocytes, is a strong inflammatory indicator similar to MLR and is associated with coronary atherosclerosis and restenosis (89, 90). In another study of late AVF failure in chronic HD patients, AVF stenosis was found that patients with elevated NLR levels, and the severity of stenosis was positively correlated with NLR levels. It was also found that elevated NLR levels were an independent predictor of late AVF failure (91). In studies of AVF maturation, NLR measured in the blood before surgery was found to be a potential biomarker for predicting AVF maturation. This NLR-associated AVF maturation may be due to the necessary early local pro-inflammatory response in the vascular wall (92). In addition to being a pro-inflammatory cell in cardiovascular disease, there is evidence that NEUT also contributes to tissue repair (93). In an experimental model of restenosis, blocking NEUT in diseased arteries promoted the development of NIH and inhibited damaged intima repair (94). NEUT and its granuloprotein are believed to guide immune cells, especially monocytes, into atherosclerotic lesions and directly affect the occurrence of atherogenesis (95). In a rabbit model of arterial balloon injury, the infiltration of NEUT prior to NIH was found, but no M $\phi$  was found (38). In a mouse model of vascular inflammation, NEUT-secreted chemoattractant proteins can immobilize EC and induce firm monocyte adhesion (96). In addition, granuloprotein directly activates Mq in human and mice, inducing the secretion of pro-inflammatory cytokines that have been shown to promote atherosclerosis (93). Studies have shown that in patients with various cardiovascular diseases, NE levels in the blood are elevated, NE is abundant in human atherosclerotic plaques, and that NE/proteinase 3 double knockout mice reduced atherosclerotic lesions (97-99). These findings suggest that NEUT plays a role in vascular remodeling in AVF.

#### **B** lymphocyte

By reviewing the relevant literature, it has not been found that B lymphocyte plays a role in vascular remodeling of AVF (Figure 1).

## Drug treatment strategies targeting immune cells to regulate inflammation

Immunotherapy can promote the maturation and functional maintenance of AVF. Immunotherapy refers to the treatment of disease by activating or suppressing the immune system, which is characterized by altering the infiltration of immune cells and the expression of related cytokines (100). Most immunomodulators belong to biological drugs, which are characterized by their large volume, low stability, poor permeability to the lesion site, and limited ability to cross cell membranes. However, AVF anastomosis is a local vascular injury that must be treated effectively with a high enough concentration of the drug at the anastomosis (36). Local delivery systems can be used for high anastomotic concentrations with



minimal systemic toxicity. Administration strategies include direct administration to the endothelium, administration to the adventitia, administration to the entire vessel wall, or the use of mechanical support devices (22). The drug delivery methods of liposomes include hydrogels, living cells, particles, inorganic materials, polymeric micelles, drug crystal and carrier proteins (101).

## Targeting macrophage regulates inflammation

In addition to their LDL cholesterol lowering effects, statins have anti-inflammatory effects (102), and are composed of cyclodextrin particles (MP) with reliable and sustained drug release properties. Clinical studies have shown that the use of high-dose statins reduces the risk of AVF failure and can improve AVF patency (103). Studies have shown that in the mouse (C57Bl/6J) AVF model, simvastatin (SV)-loaded cyclodextrin polymer (CDP) intervention can inhibit the accumulation of M $\phi$  in the intima tissue of AVF outflow tract, reduce the gene expression of vascular endothelial growth factor (VEGF)-A and MMP-9, improve vascular remodeling, and reduce the formation of NIH. Thus, it can promote the maturation of AVF and maintain its patency (104, 105).

Prednisolone is a commonly used anti-inflammatory drug in clinic. Liposomes have been shown to facilitate the selective delivery of drugs to inflammatory tissues with highly permeable microvessels that are then engulfed by  $M\phi$  in the inflammatory tissue (106). Therefore, liposomes drugs can selectively target AVF after anastomosis, which is often the cause of AVF failure. The mouse AVF model showed that prednisolone was coated with lipids to form liposomal prednisolone (L-Pred), which was swallowed by M $\phi$  after intravenous injection, reduced the infiltration of M $\phi$ , inhibited the inflammatory response and MMP activity in M $\phi$ , alleviated the local inflammatory response of mouse AVF, stimulated outward remodeling, and promoted the maturation of AVF (40).

Human resistance CX3CR1 VHH molecule (CX3CR1 VHH, BI, 655088), CX3CR1 is a specific receptor fractalkine, belonging to the chemokine receptor superfamily. CX3CR1, expressed in monocytes,

mediates the infiltration of  $M\phi$  into blood vessels, and is increased in clinical AVF specimens with stenosis and in mouse models of CKD with AVF. In a humanized mouse AVF model carried human CX3CR1 gene, inhibition of CX3CR1 with anti-human CX3CR1 VHH molecule reduced M $\phi$  aggregation and procytokine production, promoted vascular remodeling and decreased NIH (107), and promoted AVF maturation and function maintenance.

Sirolimus can inhibit the proliferation of M $\varphi$  and the phosphorylation of Akt1-mTORC1 signaling pathway in M $\varphi$  at the mature stage of AVF, resulting in the continuous reduction of VSMC in late AVF (39). Sirolimus can also induce the expression of Foxp3, promote the differentiation and upregulation of Treg lymphocytes, which secrete IL-10 and TGF- $\beta$ , inhibit the inflammation associated with AVF failure, and help improve the AVF patency (108). Thus, sirolimus promotes AVF maturation and functional maintenance while reducing vessel wall thickening, but has no effect on vessel diameter expansion. Since sirolimus in clinically used in coronary stents to protect lumen diameter and reduce restenosis after stenting. Sirolimus should reduce the NIH potential in AVF (109).

# Targeting T lymphocyte regulates inflammation

The combination of tacrolimus and sirolimus may be more effective in reducing the incidence of vascular stenosis, which may be related to the fact that tacrolimus specifically acts on T lymphocyte while sirolimus inhibits  $M\phi$ .

Cyclosporine A (CsA) can inhibit the function of T lymphocyte and reduce the accumulation of M $\phi$ , thereby regulating venous adaptive remodeling and promoting AVF maturation. In mouse models of AVF, CsA selectively blocked the proliferation and differentiation of CD4<sup>+</sup>T lymphocyte, thereby inhibiting INF- $\gamma$  and IL-2 secretion, which are necessary for other inflammatory cells, including M $\phi$ , and ultimately leading to reduced vessel wall thickening and increased AVF outward remodeling in wild-type mice. However, these effects were eliminated in T lymphocyte deficient nude mice, indicating that the effect of CsA on M $\phi$  aggregation and adaptive remodeling is T lymphocyte (50). Programmed death ligand (PD-L)-1, a ligand that binds to programmed cell death (PD)-1, is specifically expressed on T lymphocyte, thereby increasing Treg lymphocyte and M2-like M $\phi$ and decreasing Th lymphocyte and M1-like M $\phi$ . In a mouse model of aortic - inferior vena cava AVF, administration of anti-PD-L1 antibodies inhibited PD-L1 activity, thickened AVF wall, increased thrombosis, and reduced AVF patency. The effect of anti-PD-L1 antibody on T lymphocyte deficient nude mice was weakened, but T lymphocyte transplantation could restore it, suggesting that the effect of anti-PD-L1 antibody on venous remodeling is also dependent on T lymphocyte. The above studies suggest that PD-L1 can specifically regulate T lymphocyte, and T lymphocyte can regulate M $\phi$  in venous remodeling, thereby increasing the thickness of blood vessel wall and the patency of AVF, thereby promoting AVF vascular remodeling (51) (Table 1).

TABLE 1 Drug treatment strategies targeting immune cells to regulate inflammation.

Drug	Clinical trials and results
Targeting macrophage regulates inflammation	
Statin	The use of high-dose statins reduces the risk of AVF failure and can improve AVF patency
Prednisolone	-
anti-human CX3CR1 VHH molecule	-
Sirolimus	Sirolimus in clinically used in coronary stents to protect lumen diameter and reduce restenosis after stenting.
Targeting T lymphocyte regulates inflammation	
Tacrolimus	The combination of tacrolimus and sirolimus may be more effective in reducing the incidence of vascular stenosis
Cyclosporine A	-
Programmed death ligand-1	-

# Conclusion

In summary, CD4<sup>+</sup>T lymphocyte and M $\phi$  are important regulators during AVF maturation and function maintenance. CD8<sup>+</sup>T lymphocyte, NUET and DC are also involved. However, due to the diversity of immune cell functions, many of their roles in AVF maturation and functional maintenance are unknown. Current evidence suggests that Th2 lymphocyte contributes to increase blood flow and outward remodeling during AVF

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maturation, and M2-like M $\phi$  contributes to venous wall thickening; In AVF function maintenance, Th1 lymphocyte and M1 $\phi$  involved in decreasing NIH and promoting long-term patency of AVF. Th2 lymphocyte, Treg lymphocyte, and M2-like M $\phi$  are required for AVF maturation and are associated with AVF, narrowing; Both Th1 lymphocyte and M1-like M $\phi$  are associated with immaturity of AVF and also promote the maintenance of AVF function. Therefore, maintaining the function of targeted immune cells, especially CD4<sup>+</sup> T lymphocyte and M $\phi$ , is of great significance for AVF reconstitution during AVF maturation.

## Author contributions

YZ: Writing – original draft. XK: Writing – original draft. LL: Writing – review & editing. DX: Writing – review & editing, Conceptualization.

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# **Conflict of interest**

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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