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Oncolytic viruses: a promising therapy for malignant pleural effusion and solid tumors

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Oncolytic viruses (OVs) are natural or recombinant viruses that can directly lyse tumor cells without damaging normal cells. They enhance anti-tumor immunity by releasing antigens and activating inflammatory responses within the tumor microenvironment (TME). This offers a new therapeutic approach for MPE and solid tumors. This review discusses the progress of OVs administered via intrapleural and intratumoral routes, emphasizing their potential in MPE treatment and the challenges posed by the complex intrapleural environment, which affects the direct interaction between OVs, tumor cells, and immune cells. This review also discusses the regulatory barriers, safety concerns and accessibility of oncolytic virus therapy.

KEYWORDS

oncolytic virus, malignant pleural effusion, tumor microenvironment, solid tumor, intracavitary administration

1 Introduction

Oncolytic viruses (OVs), either naturally occurring or genetically engineered, are emerging cancer immunotherapies that selectively replicate in tumor cells, leading to tumor cell lysis (1). OVs exert their antitumor effects through several mechanisms, including selective replication in tumor cells (2), induction of immunogenic cell death (3, 4), targeting tumor vasculature (5), and genetic modification to enhance specificity and efficacy (6, 7).

The most common route of administration for oncolytic viruses (OVs) is intratumoral injection (8). The approved OVs, T-VEC and G47Δ, have demonstrated good safety and efficacy following intratumoral administration (9, 10). Additionally, multiple clinical trials have shown that intratumoral injection not only reduces the size of injected tumors but also decreases the size of distant, non-injected tumors, leading to prolonged patient survival (11, 12). These findings indicate that OVs, in addition to directly lysing tumor cells, can also modulate local antitumor immunity within the tumor microenvironment.

Intracavitary administration serves as an intermediate route between intratumoral and intravenous administration. Compared to intratumoral injection, intracavitary administration allows OV to interact more broadly with tumor and immune cells while being relatively easier to perform. Compared to systemic intravenous administration, intracavitary delivery achieves higher local viral concentrations in the tumor microenvironment while minimizing potential systemic adverse effects (13). Therefore, intracavitary administration is an important delivery method for OVs and has demonstrated promising efficacy in several clinical trials (14–16).

Malignant pleural effusion (MPE), affecting 8–15% of cancer patients, is mainly caused by lung and breast cancers (17–19). It leads to poor quality of life and a median survival of 3–12 months. Current treatments are primarily palliative (20, 21).

Effective treatment of malignant pleural effusion (MPE) requires meeting three critical conditions: killing tumor cells in the effusion (22), activating the antitumor immunity of lymphocytes in the effusion (23), and repairing damaged blood vessels and lymphatic vessels (24, 25). OVs have shown potential in addressing these aspects, making them a promising therapeutic option for MPE.

This review discusses the progress of OVs in monotherapy and combination therapies, focusing on intratumoral and intrapleural administration as well as their application in MPE treatment. Additionally, it explores the regulatory challenges, cost considerations, safety concerns, and accessibility of OV therapies.

2 Mechanisms, combination strategies, and delivery methods of oncolytic viruses

Oncolytic viruses (OVs), a novel class of cancer immunotherapy agents, have garnered increasing attention. OVs include both naturally occurring and genetically engineered viruses capable of selectively replicating in tumor cells, leading to tumor cell lysis and immunogenic tumor cell death (1). OVs exert their antitumor effects through several mechanisms: Selective replication in tumor cells: OVs

specifically target and replicate within tumor cells (2). Induction of immunogenic cell death: OVs kill tumor cells, releasing tumor antigens that activate dendritic cells, enhance T-cell infiltration, recruit immune-related molecules, and transform “cold” tumors into “hot” tumors, ultimately leading to the eradication of distant, uninfected tumor cells (3, 4). Targeting tumor vasculature: OVs can infect and disrupt the tumor vascular system, causing neutrophil infiltration, vascular collapse, and tumor cell death (5). Genetic modification: OVs can be genetically engineered to delete genes that recognize normal cells and to insert genes that enhance the antitumor response, thereby improving their specificity and efficacy against certain tumor cells (6, 7).

Oncolytic viruses play an important role in directly killing tumor cells and activating the anti-tumor immunity of immune cells (26, 27). Therefore, the combination of oncolytic viruses with immune checkpoint inhibitors, chemotherapy, and radiotherapy can enhance their anti-tumor efficacy (28).

Oncolytic viruses combined with immune checkpoint inhibitors (ICIs): Oncolytic viruses can upregulate the expression of immune checkpoint molecules, such as PD-1/PD-L1, NKG2A/HLA-E, and others, on the surface of immune and tumor cells. This upregulation provides potential therapeutic targets for subsequent combination with immune checkpoint inhibitors (29). However, OVs with ICIs requires careful consideration of the anti-viral immune response induced by T-cell activation. The activation of T cells by ICIs may enhance anti-viral immunity, potentially leading to the premature clearance of OVs, thereby compromising their therapeutic efficacy. The sequence and timing of administration of OVs and ICIs are critical factors for the success of this combination. Proper scheduling can maximize anti-tumor effects while minimizing the risk of OV clearance by activated T cells (30).

Oncolytic viruses combined with Radiotherapy: Both OVs and radiotherapy can induce immunogenic cell death (ICD) in tumor cells, leading to increased release of tumor-associated antigens (TAAs), enhanced antigen presentation by antigen-presenting cells (APCs), and activation of T cells (31). However, it is important to consider the potential immunosuppressive effects induced by radiotherapy. Radiation can alter the tumor microenvironment (TME) and suppress the function of immune cells, which may attenuate the efficacy of OVs.

Oncolytic viruses combined with chemotherapy: chemotherapy induces direct tumor cell death through DNA damage, thereby enhancing the oncolytic effects of OVs. Furthermore, chemotherapy can selectively deplete immunosuppressive cells such as regulatory T cells (Tregs) and myeloid-derived suppressor cells (MDSCs) (32, 33), thereby reversing immune tolerance in the TME and facilitating OV replication and spread. OVs can further induce apoptosis and autophagy in tumor cells, targeting specific signaling pathways (such as NF- κ B and PI3K/AKT) involved in chemotherapy resistance, ultimately enhancing chemosensitivity and overcoming tumor resistance (34).

Common delivery methods for OVs include: 1) Intratumoral Injection: This involves directly injecting OVs into the tumor, producing a localized therapeutic effect. This method allows precise control of OV concentration at the target site, reducing off-target effects and related adverse events. Intratumoral injection

Abbreviations: AEs, Adverse events; APC, Antigen-presenting cell; CBR, Clinical benefit rate; CIS, Carcinoma in situ; CMC, Chemistry, Manufacturing, and Controls; CR, Complete response; DCR, Disease control rate; DLTs, Dose-limiting toxicities; ICD, Immunogenic cell death; ICIs, Immune checkpoint inhibitors; IDO, Indoleamine 2,3-dioxygenase; IV, Intravenous; MIBC, Muscle-invasive bladder cancer; MPE, Malignant pleural effusion; MTD, Maximum tolerated dose; NAC, Neoadjuvant chemotherapy; NETs, Neutrophil extracellular traps; NMIBC, Non-muscle-invasive bladder cancer; NSCLC, Non-small cell lung cancer; ORR, Objective response rate; OS, Overall survival; OVs, Oncolytic viruses; PFS, Progression-free survival; PR, Partial response; PROC, Platinum-resistant or refractory ovarian cancer; PTX, Paclitaxel; QOL, Quality of life; RCB, Residual cancer burden; ROS, Reactive oxygen species; SCLC, Small cell lung cancer; TAA, Tumor-associated antigen; TCID₅₀, 50% tissue culture infective dose; TME, Tumor microenvironment; TNBC, Triple-negative breast cancer; VEGFR-2, Vascular endothelial growth factor receptor 2.

offers significant advantages in maintaining optimal OV concentrations at the tumor site, often resulting in clearer therapeutic outcomes. Researchers can better correlate *in vitro* and *in vivo* results using this method. However, the technical challenges associated with administration make it more suitable for superficial tumors like melanoma rather than deeper tumors such as glioblastoma. This limitation also hinders repeated administration of OVs. 2) Intravenous Injection: After injection into peripheral veins, OVs travel through the circulatory system to reach tumor lesions in nonspecific organs or systems. Compared to intratumoral injection, intravenous delivery is simpler and can overcome the challenge of treating distal metastases. 3) Intracavitary Perfusion: OVs are administered into cavities such as the peritoneal, pleural, or bladder cavities. They can either diffuse directly to tumors within the cavity or be absorbed into the bloodstream to target tumor lesions. Intracavitary perfusion offers faster absorption compared to subcutaneous injection but slower absorption than intravenous administration. It is relatively simple to perform and requires less technical expertise, making it an ideal choice for targeting cavity-based organs (35). Current data indicate that intratumoral injection remains the most used delivery method for OVs (8). Intracavitary administration of oncolytic viruses is an intermediate form between intratumoral local administration and intravenous systemic administration. It can exert both direct tumor cell killing and modulation of immune cells to enhance anti-tumor immunity (36). Oncolytic virus intravenous systemic administration is one of the important methods of delivery and a potential direction for future development.

3 Challenges and advances in the management of malignant pleural effusion

3.1 The pathogenesis and composition of MPE

Malignant pleural effusion (MPE) refers to the accumulation of fluid between the lungs and the chest wall due to the presence and activity of cancer cells within the pleura. MPE is the second leading cause of exudative effusions (17) and represents a common complication of cancer, occurring in approximately 8–15% of cancer patients (18). MPE can be associated with almost any type of cancer. In men, most cases of MPE are caused by metastatic lung cancer, whereas in women, breast cancer metastases are the predominant cause. Together, lung and breast cancers account for 50–65% of all MPE cases. Lymphomas contribute to approximately 10% of MPE cases, while ovarian and gastric cancers account for around 5%. Malignant pleural mesothelioma is the most common primary pleural tumor, with over 90% of patients with malignant pleural mesothelioma presenting with MPE (19).

The presence of MPE is strongly associated with a poor quality of life due to symptoms such as dyspnea, pain, cachexia, fatigue, and reduced daily activity. Additionally, MPE is linked to a poor prognosis, with a median survival time of only 3–12 months. Current treatment

strategies for MPE are primarily palliative and aim to alleviate symptoms (20, 21). MPE is typically composed of tumor cells, proteins, extracellular fluid, lymphocytes, and other metabolic products. Interactions between tumor cells and host immune cells create a specific immune microenvironment within the pleural cavity, favoring MPE formation. MPE microenvironment includes lymphocytes, particularly T cells (CD4⁺, CD8⁺), B cells, natural killer (NK) cells, and regulatory T cells (Tregs).

3.2 Current therapeutic approaches for MPE

3.2.1 Thoracentesis

Thoracentesis is the initial treatment approach for MPE and is commonly performed to alleviate symptoms such as dyspnea and chest compression caused by unilateral or bilateral pleural effusion, pneumothorax, or pleural decompression. While thoracentesis provides symptom relief in most patients, its effects are generally transient, with recurrence typically occurring within one month. As a result, patients may require repeated procedures, with a maximum of 1.5 liters of fluid removed per session (37).

3.2.2 Pleurodesis

Pleurodesis is a procedure aimed at obliterating the pleural space by inducing adhesion between the visceral and parietal pleura, thereby preventing the reaccumulation of fluid. It improves dyspnea, enhances survival rates (38), and reduces hospital stays and the need for future interventions (39–41). Although the optimal agent for pleurodesis remains undefined, talc is the most widely used due to its availability and cost-effectiveness. Talc can be administered via two methods: aerosolized talc insufflation through a thorascopic tube (talc poudrage) or as a suspension via an intercostal tube (talc slurry) (17). Other agents, such as antibiotics (tetracycline, doxycycline, and bleomycin), bacterial products (*Bacillus Calmette–Guérin*, OK432), silver nitrate, and povidone-iodine, have also been employed. A meta-analysis of 80 studies involving 5,507 patients demonstrated that talc is an effective pleurodesis agent with lower failure rates compared to bleomycin and doxycycline (42).

3.2.3 Indwelling pleural catheters

IPCs are silicone tubes placed in the pleural cavity with a distal one-way valve and a subcutaneous tunnel. They enable outpatient fluid drainage, providing symptomatic relief by removing pleural effusion. Major guidelines recommend IPCs for symptomatic management of MPE, particularly in cases of trapped lung or failed prior pleurodesis. IPCs are now considered a first-line treatment option (43, 44). A TIME2 trial compared IPCs with chest tube drainage and talc pleurodesis for improving dyspnea and quality of life. The primary endpoint was the difference in dyspnea scores between the two groups at 42 days. The study found both methods equally effective in relieving dyspnea, with neither approach showing significant advantages in improving quality of life or dyspnea scores (45). The main drawback of IPCs is the risk of

infection, including cellulitis, blockage, catheter dysfunction, pleural infection, and septated pleural effusion. The overall infection rate associated with IPCs is approximately 4.9%, with infection-related mortality at only 0.29% (46–48).

3.2.4 Other therapeutic approaches

Current standard treatments for malignant pleural effusion (MPE) are predominantly palliative and include interventions such as thoracentesis, pleurodesis, and indwelling pleural catheters. However, the therapeutic efficacy of these approaches is limited, and patients often experience adverse effects such as chest pain and dyspnea. Thus, palliative interventions alone are insufficient to halt the progression of MPE, underscoring the importance of focusing on controlling the underlying malignancy. In recent years, advances in chemotherapy, targeted therapy, and immunotherapy have shown promise in managing cancers such as lung cancer, breast cancer, and lymphoma, which frequently lead to MPE. A phase II clinical trial evaluating the efficacy and safety of osimertinib combined with bevacizumab in patients with EGFR-mutant non-small cell lung cancer (NSCLC) with MPE demonstrated good safety but failed to significantly prolong progression-free survival (PFS) (49). Several phase III trials have shown that immune checkpoint inhibitors (ICIs) combined with chemotherapy significantly improve survival in advanced NSCLC patients with MPE compared to platinum-based doublet chemotherapy (50–53). Additionally, a retrospective study found that the combination of ICIs and chemotherapy significantly extended PFS compared to pembrolizumab monotherapy (54). For metastatic triple-negative breast cancer (mTNBC), a phase II study demonstrated that atezolizumab combined with paclitaxel and bevacizumab had tolerable safety (55). Another study showed that atezolizumab combined with nab-paclitaxel delayed disease progression without compromising patients' quality of life (56). A randomized phase II trial indicated that lapatinib combined with trastuzumab was well-tolerated in HER2-positive breast cancer patients without chemotherapy (57). Intrathoracic drug delivery has also been reported for the treatment of MPE caused by solid tumors. A meta-analysis demonstrated that intrapleural cisplatin combined with low-dose interleukin-2 (IL-2) improved objective response rate (ORR), disease control rate (DCR), and quality of life (QOL) compared to cisplatin alone, without increasing the incidence of adverse events (AEs), apart from fever (58). A systematic review by Rong et al. revealed that Endostar combined with chemotherapy significantly improved ORR, DCR, and QOL compared to chemotherapy alone, without increasing the incidence of AEs (59). Nie et al. showed that intrapleural bevacizumab was more effective and safer than intravenous bevacizumab for NSCLC-related MPE (60). Wu et al. conducted a study where patients received intrapleural bevacizumab at three dose levels (2.5 mg/kg on days 1 and 8, 5 mg/kg on days 1 and 8, and 7.5 mg/kg on days 1 and 8). The ORR was 50%, and the PFS was 7.0 months, with the second dose group showing superior outcomes (61). Furthermore, a meta-analysis of intrapleural hyperthermic chemotherapy revealed a higher ORR for MPE patients without an increase in AEs (62). Anwarul et al. reported complete resolution of pleural effusion after

four months of intrapleural rituximab in a patient with advanced low-grade B-cell lymphoma and MPE, with no recurrence for one year (63). Given the critical role of angiogenesis in MPE development, anti-angiogenic therapies have become a focus of treatment. Agents such as bevacizumab, apatinib, anlotinib, and recombinant human endostatin have shown promising results. Multiple studies have demonstrated that bevacizumab combined with chemotherapy is effective and well-tolerated in patients with lung cancer and MPE (64–66). Apatinib, a small-molecule tyrosine kinase inhibitor, selectively binds to vascular endothelial growth factor receptor 2 (VEGFR-2), strongly inhibiting its activity and reducing VEGF-mediated endothelial cell migration, proliferation, and tumor microvessel density (67). One study reported that apatinib combined with gemcitabine and cisplatin chemotherapy significantly improved DCR, ORR, tumor marker levels, and immune function in patients with advanced lung cancer and MPE. Anlotinib, a novel multi-target tyrosine kinase inhibitor, inhibits tumor angiogenesis and proliferation signaling (68). A phase II trial reported a DCR of 63.0% in small cell lung cancer (SCLC) patients treated with anlotinib, compared to 0% in the placebo group, with a median overall survival (OS) of 6.5 months versus 2.8 months in the placebo group (69).

4 Progress in oncolytic virus-based intrapleural therapy for MPE

Since systemic therapies are often ineffective for MPE due to limited access via the circulatory system, localized therapies such as intrapleural administration should be considered for MPE patients (70, 71). Intracavitary chemotherapy is a common treatment for MPE but often has low specificity for cancer cells, poor tumor localization, limited response rates, and significant side effects.

Common delivery methods for oncolytic viruses (OVs) include intratumoral and intravenous injections. However, intratumoral injection faces significant challenges for deep-seated tumors (72), while intravenous administration must overcome physiological barriers and neutralizing antibodies (73, 74). Intracavitary administration offers a localized delivery approach targeting body cavities, minimizing systemic toxicity. This method allows OVs to interact more directly with tumor cells and immune cells, facilitating direct tumor cell lysis and breaking immune tolerance. Intracavitary administration is primarily suitable for malignant pleural and peritoneal effusions, as well as primary and metastatic malignant tumors in the thoracic and abdominal cavities (75).

The treatment of MPE should meet the following conditions: killing tumor cells within the effusion, activating the antitumor immunity of lymphocytes in the effusion, and repairing damaged blood vessels and lymphatic vessels. Oncolytic viruses (OVs) have been reported to directly kill tumor cells, including inducing apoptosis, which is their fundamental antitumor mechanism (76). Oncolytic viruses can induce immunogenic cell death (ICD) in tumor cells, leading to increased release of tumor-associated antigens (TAAs), enhanced antigen presentation by antigen-presenting cells (APCs) (77, 78). Additionally, OVs can

upregulate the expression of immune checkpoint molecules on both immune and tumor cells, including PD-1/PD-L1 and NKG2A/HLA-E (79, 80). This upregulation provides potential targets for subsequent combination therapy with immune checkpoint inhibitors (81, 82). Moreover, OV can activate the antigen-presenting capacity of immune cells such as dendritic cells (DCs) and recruit T cells through the STING pathway (83–85), thereby enhancing T-cell-mediated antitumor responses (86, 87). Oncolytic virus can reduce the number of FoxP3⁺CD4⁺ T cells in the tumor microenvironment and facilitate the polarization of M2 macrophages into M1 macrophages (10, 88). Furthermore, OVs can recruit neutrophils and stimulate their antitumor activity (24) (Figure 1). Neutrophils have been shown to release reactive oxygen species (ROS) and neutrophil extracellular traps (NETs), which contribute to tumor cell killing. NETs are formed when neutrophils undergo cell death, releasing nuclear DNA and histones to create a highly adhesive web-like structure. Due to the high viscosity of DNA, these NETs serve as effective biological materials that adhere to the surface of damaged blood vessels, preventing fluid leakage and sealing off injured endothelial cells (25). Therefore, OVs exhibit multiple functions, including killing tumor cells, enhancing antitumor immune responses, and promoting vascular repair, all of which provide a strong foundation for the effective treatment of malignant pleural effusion (MPE).

Current clinical reports on the use of OVs for the treatment of MPE include:

H101 (Recombinant Adenovirus Type 5): A study involving 643 Chinese patients with MPE or malignant ascites showed an objective response rate (ORR) of 60.3%. In the monotherapy group, 60.4% achieved partial response (PR), with no significant differences between monotherapy and combination therapy groups. The main AEs were fever, nausea, and vomiting, with no severe events reported (89).

AdV-tk: A Phase I dose-escalation trial of gene-mediated cytotoxic immunotherapy (GMCI) with intrapleural AdV-tk combined with chemotherapy in MPE patients demonstrated safety and tolerability. Among 19 patients, 3 had prolonged stable disease. Notably, one patient survived 29 months after GMCI, showing significant efficacy (90).

ONCOS-102: In a randomized Phase I/II study for malignant pleural mesothelioma (MPM), ONCOS-102 combined with chemotherapy enhanced T-cell infiltration and upregulated immune response-related genes. Median OS was 20.3 months in first-line treatment patients compared to 13.5 months in the control group. Results support combining ONCOS-102 with immune checkpoint inhibitors (91).

HSV1716: A Phase I/IIa trial evaluated intrapleural HSV1716 in MPM patients. Thirteen patients received weekly injections, demonstrating good tolerability and minimal virus-related AEs. Viral replication was observed in 7 of 12 evaluable patients, and half the patients had stable disease at 8 weeks. Additionally, some patients developed novel tumor-specific IgG and Th1 cytokine responses (92).

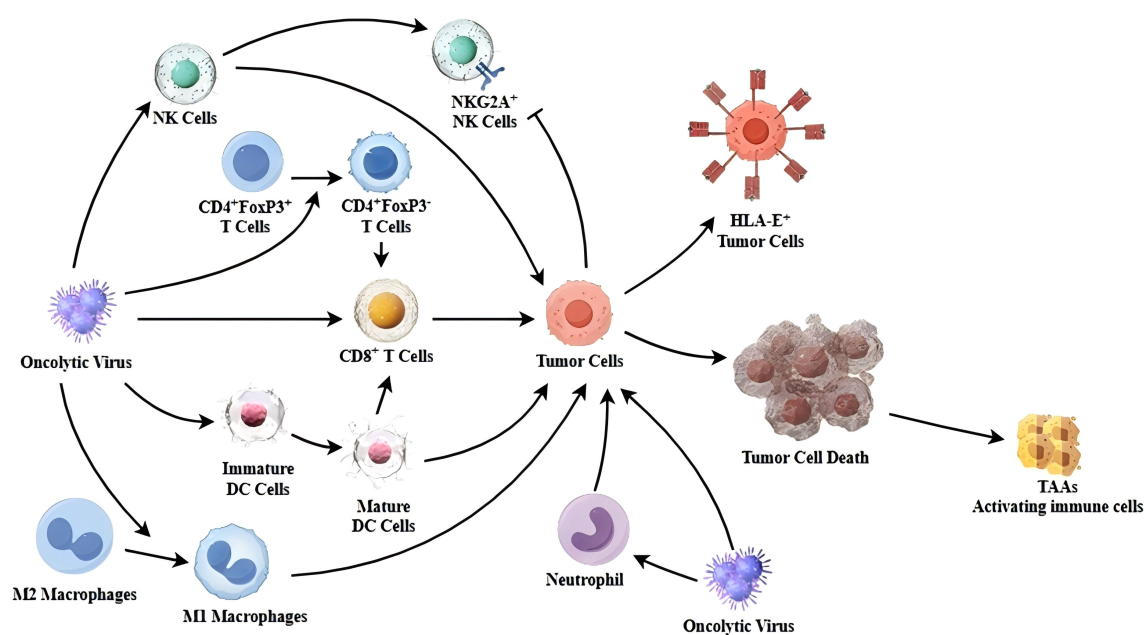


FIGURE 1

Mechanism of oncolytic viruses activating immune cells to exert antitumor immunity. OVs infect tumor cells, upregulating immune checkpoint molecules on tumor cells and releasing tumor-associated antigens (TAAs) upon tumor cell lysis. OVs reduce the number of FoxP3⁺CD4⁺ T cells in the tumor microenvironment and enhance the antitumor activity of CD8⁺ T cells. OVs promote the expression of immune checkpoint molecules on NK cells, enhance their antigen-presenting ability, and increase NK cell-mediated tumor cell killing. OVs stimulate the maturation of dendritic cells (DCs), leading to increased infiltration of CD8⁺ T cells at the tumor site. OVs induce the polarization of M2 macrophages into M1 macrophages, enhancing the antitumor immune response.

5 Oncolytic virus therapy for intracavitary administration

In addition to intrapleural administration for the treatment of malignant pleural effusion, extensive research has been conducted on the intracavitary administration of oncolytic viruses (OVs) for other solid tumors. The underlying mechanism primarily involves using OVs to break local immune tolerance and activate antitumor immunity within the tumor microenvironment (75, 93). The immunosuppressive tumor microenvironment (TME) and poor immune infiltration are key reasons for the suboptimal efficacy of immunotherapy in solid tumors. The TME comprises tumor cells, vascular endothelial cells (ECs), cancer-associated fibroblasts (CAFs), and various resident or migratory immune cell subsets, such as T cells, dendritic cells (DCs), and natural killer (NK) cells (94). The immune suppression in TME arises from several mechanisms: 1) Tumor and stromal cells produce factors like transforming growth factor- β (TGF- β), prostaglandin E2 (PGE2), and interleukin-10 (IL-10), which impair the maturation of antigen-presenting cells (APCs) in the TME (95, 96). Consequently, DCs isolated from the TME often exhibit a partially mature, immunosuppressive phenotype. 2) Tumors suppress the production of T-cell-attracting chemokines CXCL9 and CXCL10, thereby reducing effector T-cell infiltration (95, 97). The effector T cells that infiltrate tumors are further weakened by prolonged antigen exposure and the expression of multiple immune checkpoint molecules. Thus, helper T cells and cytotoxic T lymphocytes (CTLs) isolated from the TME often display an exhausted phenotype. 3) Regulatory immune cells, such as CD4⁺ regulatory T cells (Tregs) and myeloid-derived suppressor cells (MDSCs), are recruited to tumor sites. Tregs secrete IL-10, indoleamine 2,3-dioxygenase (IDO), and TGF- β , which further suppress T-cell responses (95, 98). Additionally, Tregs consume IL-2, an essential cytokine for T-cell activation (95). MDSCs suppress effector T cells by producing arginase and nitric oxide, depriving T cells of amino acids required for proliferation (99, 100). Oncolytic viruses (OVs) promote tumor-specific T-cell recruitment and activation in the TME by mediating tumor cell lysis and inducing various forms of immunogenic cell death (ICD), including necrosis, necroptosis, pyroptosis, autophagic cell death, and immunogenic apoptosis (101, 102). OV infection of tumor cells triggers inflammation and local cytokine production, promoting the infiltration of innate immune cells and CTLs. This process helps reprogram the TME into a less immunosuppressive phenotype (100).

5.1 Bladder cancer

CG0070 is a replication-competent oncolytic adenovirus engineered to target RB-deficient tumor cells and express GM-CSF (103). A Phase II single-arm multicenter trial evaluated the 6-month efficacy of CG0070 in 45 patients, including 24 with carcinoma *in situ* (CIS), 8 with CIS and Ta tumors, 4 with CIS and T1 tumors, 6 with Ta tumors, and 3 with T1 tumors. The

overall 6-month complete response (CR) rate was 47%, with 58% for CIS alone, 50% for CIS with Ta/T1 tumors, and 33% for Ta/T1 tumors alone. The only patient who progressed to muscle-invasive disease within 6 months had baseline Ta and T1 tumors. No patients with T1 tumors alone achieved CR at 6 months (14). Another study reported the safety and efficacy of CG0070 combined with nivolumab as neoadjuvant therapy in cisplatin-ineligible patients with muscle-invasive bladder cancer (MIBC). Among 21 enrolled patients, 15 were evaluable, and 8 (53%) achieved CR (104).

Cretostimogene grenadenorepvec is an oncolytic adenovirus type 5 that selectively replicates in cancer cells with abnormal RB pathways. Previously, it was used as monotherapy in non-muscle-invasive bladder cancer (NMIBC) patients who had failed bacillus Calmette-Guérin (BCG) therapy. A Phase II trial evaluated intravesical Cretostimogene combined with systemic pembrolizumab in BCG-unresponsive NMIBC patients with CIS. Among 35 treated patients, 82.9% achieved CR at 3 months. With a median follow-up of 26.5 months, the CR rate was 57.1% at 12 months and 51.4% at 24 months. No patients progressed to muscle-invasive disease. Adverse events (AEs) related to Cretostimogene were low-grade, self-limiting, and primarily bladder-related. Among 35 patients, 5 (14.3%) experienced grade 3 treatment-related AEs (15).

Nadofaragene firadenovec (nadofaragene firadenovec-vncg; Adstiladrin[®]) is a non-replicating adenoviral vector-based gene therapy developed by Ferring Pharmaceuticals. Adstiladrin[®] contains vector DNA encoding interferon-alpha2b (IFN- α 2b) and is the first gene therapy approved for bladder cancer treatment (105). A study by Stephen et al. reported the efficacy of intravesical nadofaragene firadenovec in BCG-unresponsive NMIBC patients. Among 157 enrolled patients, 151 were analyzable. Of the 103 patients with CIS (with or without high-grade Ta/T1 tumors), 55 (53.4%) achieved CR within 3 months of the first dose, and 25 (45.5%) of these 55 maintained CR at 12 months. The most common grade 3–4 AE related to the therapy was urinary urgency (2 patients, both grade 3). No treatment-related deaths occurred (106).

5.2 Ovarian cancer

Olvimulogene nanivacirepvec (Olvi-Vec; also known as GL-ONC1; laboratory name: GLV-1h68) is a modified oncolytic vaccinia virus engineered by inserting three expression cassettes encoding a Renilla luciferase-GFP fusion protein, β -galactosidase, and β -glucuronidase into the F14.5L, J2R, and A56R loci, respectively (107, 108). A study by Robert et al. evaluated the clinical activity of Olvi-Vec oncolytic immunotherapy combined with or without bevacizumab, followed by platinum-based doublet chemotherapy, in women with platinum-resistant or refractory ovarian cancer (PROC). Among 27 enrolled patients with platinum-resistant ovarian cancer (median of four prior treatment lines), 24 evaluable patients achieved an objective response rate of 54%, with a progression-free survival (PFS) of 11.0 months and manageable safety (16).

5.3 Peritoneal cancer (peritoneal mesothelioma)

A Phase I study evaluated the safety, maximum tolerated dose (MTD), and antitumor activity of intraperitoneal injection of GL-ONC1 in patients with advanced peritoneal cancer. Nine patients (seven with advanced peritoneal cancer and two with advanced peritoneal mesothelioma) received 24 doses of GL-ONC1. Adverse events (AEs) were limited to grades 1–3, including transient flu-like symptoms and treatment-induced peritonitis causing increased abdominal pain. No dose-limiting toxicities (DLTs) were reported, and the MTD was not reached. Eight out of nine patients demonstrated effective intraperitoneal infection, replication of GL-ONC1, and oncolytic activity during the first cycle. All patients developed neutralizing activity against GL-ONC1 (109).

6 Intratumoral administration of oncolytic viruses in solid tumors

Both the approved and commercially available oncolytic viruses, T-VEC and G47Δ (9, 10), adopt the method of intratumoral administration. Intratumoral administration is a common and effective treatment approach in oncolytic virus therapy and has demonstrated favorable therapeutic effects in the treatment of a variety of solid tumors (110, 111). After intratumoral administration for the treatment of multiple solid tumors, there have been observations such as the reduction in the size of tumors at the injection site, the decrease in the size of tumors at distant non-injection sites, and the extension of patients’ survival periods (11, 12). These results indicate that in addition to directly killing tumor

cells, OV’s can stimulate antitumor immune responses by activating immune cells within the tumor microenvironment (Table 1).

6.1 Melanoma

6.1.1 Talimogene laherparepvec

T-VEC, derived from herpes simplex virus type 1 (HSV-1), has been genetically modified to express granulocyte-macrophage colony-stimulating factor (GM-CSF), enhancing local immune responses against tumors. It is the first FDA-approved OV for treating advanced melanoma (112, 113). T-VEC demonstrates good tolerability and outperforms GM-CSF monotherapy, particularly in untreated patients or those with stage IIIB, IIIC, or IVM1a disease, achieving an overall response rate (ORR) of 31.5% and overall survival (OS) of 23.3 months versus 18.9 months (9, 11, 112, 114). Further studies explored combining T-VEC with immune checkpoint inhibitors (ICIs) like ipilimumab and pembrolizumab to enhance efficacy. Chesney et al. conducted a randomized trial showing that T-VEC combined with ipilimumab achieved a significantly higher ORR than ipilimumab monotherapy, with enhanced antitumor activity and no additional safety concerns (115). Antoni et al. reported that T-VEC therapy could improve PD-1 antibody (pembrolizumab) efficacy by altering the TME (76).

6.1.2 CAVATAK

CAVATAK, derived from coxsackievirus A21, targets tumor cells with high expression of intercellular adhesion molecule-1 (ICAM-1), commonly found on melanoma cells. By infecting these tumor cells, CAVATAK induces oncolysis and an inflammatory response, attracting immune cell infiltration and stimulating antitumor immunity (116). In a phase II study of 57

TABLE 1 Different types of OV and clinical applications.

Name of viral vector	Clinical indications	Name of Oncolytic Virus	Route of Administration
Reovirus	Malignant gliomas, ovarian cancer, and pancreatic cancer, etc.	Reolysin	Intravenous injection
Coxsackie virus	Melanoma	Coxsackievirus A21	Intratumoral injection
Adenovirus	Glioblastoma	Delta-24-RGD	Intratumoral injection
	Bladder cancer	CG0070	intrapleural administration
Vaccinia virus (VV)	Hepatocellular carcinoma	JX-594	Intratumoral injection
	Soft tissue sarcoma		Intravenous injection
Herpes simplex virus (HSV)	Melanoma	T-VEC	Intratumoral injection
		RP1	Intratumoral injection
	Glioblastoma	G47Δ	Intratumoral injection
		CAN-3110	Intratumoral injection
	Melanoma, sarcoma, and tumors of the digestive system	OH2	Intratumoral injection

patients with unresectable stage IIIC or IV melanoma, the ORR was 28.1%, with a durable response rate of 19.3% lasting ≥ 6 months. Median response time was 2.8 months, and the 1-year survival rate was 75.4%. CAVATAK demonstrated good tolerability and sustained local and systemic antitumor responses (117).

6.1.3 RP1

RP1, a modified HSV-1, expresses GALV-GP R- fusion glycoprotein and GM-CSF to recruit and activate antitumor immune cells. Mohammed M. et al. reported that 36.1% of melanoma patients achieved partial (PR) or complete response (CR). Among patients who had not received prior anti-PD-1 therapy, 62.5% achieved the best response, compared to 37.5% among those who failed anti-PD-1/anti-PD-1+CTLA-4 therapy. RP1 was well-tolerated, with no new safety concerns (118).

6.1.4 OrienX010

OrienX010, developed by OrienGene Biotechnology (China), is an HSV-1-based OV expressing GM-CSF (119). Cui et al. reported its safety and efficacy in unresectable stage IIIC-IV melanoma patients. Only one patient experienced grade ≥ 3 adverse events, and no dose-limiting toxicity (DLT) was observed. ORR was 19.2%, disease control rate (DCR) was 53.8%, and median duration of response (mDOR) was 6.0 months. Antitumor effects were observed in 54.6% of injected lesions and 48.8% of non-injected metastases. Median progression-free survival (PFS) and OS were 2.9 and 19.2 months, respectively (120).

6.1.5 HF10

HF10 is a naturally occurring HSV-1 with unique genomic mutations (121). Robert et al. demonstrated that HF10 combined with ipilimumab showed both local and systemic antitumor activity, significantly improving response rates over ipilimumab monotherapy. At 24 weeks, the ORR was 37.8%, and DCR was 56.8% (122).

6.2 Lung cancer

A Phase II trial investigated the efficacy of intratumoral injection of oncolytic virus ADV/HSV-tk followed by stereotactic body radiotherapy (SBRT) at the same tumor site in patients with stage IV non-small cell lung cancer (NSCLC), including those who were treatment-naïve or resistant to prior PD-1 therapy. Among PD-1 therapy-naïve patients, the objective response rate (ORR) was 28.5%, and the clinical benefit rate (CBR) was 61.9%. For patients with prior immune checkpoint inhibitor (ICI) treatment, the ORR and CBR were 14.2% and 64.2%, respectively. This combination therapy was shown to restore sensitivity to ICIs in previously treated patients and benefit some tumors that lacked PD-L1 expression (123).

MEM-288 is a conditionally replicating oncolytic adenovirus with deletions in the E1A, E1B, and E3 regions of the viral genome. It expresses human interferon-beta (IFN β) and a recombinant membrane-stable tumor necrosis factor-associated activation protein (TRAP) CD40L (124, 125). In a Phase I trial involving patients with refractory solid tumors, including 11 NSCLC patients,

tumor shrinkage was observed at the injection site in 4 of 10 evaluable patients, with stabilization or shrinkage of distal non-injected lesions in several cases (126).

CAN-2409 is a non-replicating adenovirus serotype 5 expressing the herpes simplex virus thymidine kinase (HSV-TK) gene (127). A study evaluated its efficacy in patients with stage III/IV NSCLC who were non-responders to ICIs. Patients were treated with CAN-2409 in combination with valacyclovir while continuing ICI therapy. Among 73 treated patients, the median overall survival (mOS) was 22.0 months. Systemic clinical responses were observed in 64% of evaluable patients, with tumor shrinkage in both injected and non-injected lesions (128).

6.3 Gastrointestinal cancer

Oncorine (H101) is an oncolytic adenovirus derived from serotype 5, with deletions in the E1B-55k gene and four regions of the E3 gene. These modifications ensure selective replication in p53-deficient tumor cells while maintaining safety (129, 130). A retrospective analysis of 95 patients compared outcomes among three groups: H101 treatment alone, chemotherapy alone, and H101 combined with chemotherapy. The disease control rate (DCR) and ORR in the combined treatment group were 81.3% and 50.0%, respectively, significantly higher than those in the H101-only group (63.3% and 30.0%) and the chemotherapy-only group (66.7% and 33.3%). Additionally, the combined therapy group demonstrated superior 1-year and 2-year survival rates and progression-free survival (PFS) (131).

OH2 is a novel oncolytic herpes simplex virus (HSV) type II engineered to express human granulocyte-macrophage colony-stimulating factor (hGM-CSF) and to lack the ICP34.5 and ICP47 genes (132). Zhang et al. reported the results of a study evaluating OH2 as a monotherapy and in combination with the anti-PD-L1 antibody HX008 in patients with advanced solid tumors. Among 54 patients, including 18 with colorectal cancer, four patients achieved an immune partial response. Biopsy results after treatment revealed that OH2 modulates the tumor microenvironment (TME). Intratumoral injection of OH2 was well-tolerated and showed durable antitumor activity in colorectal cancer patients (133).

6.4 Hepatocellular carcinoma

VG161 is a type I oncolytic HSV that carries genes encoding interleukin (IL)-12, IL-15, the IL-15 receptor alpha subunit isoform 1 (IL-15RA), and a fusion protein (TF-Fc) that blocks PD-1/PD-L1 interactions. It also has deletions in the ICP34.5 gene to mitigate neurotoxicity (134). Shen et al. conducted a Phase I clinical trial in HCC patients who had failed two prior lines of therapy. The ORR was 17.14%, and the DCR was 60.00%, with a median PFS of 2.9 months and a median OS of 9.4 months. A significant OS benefit was observed in HCC subgroups, particularly in patients with prior treatment failure or specific genetic profiles. VG161 received breakthrough therapy designation from China's National Medical Products Administration

(NMPA) and became the first oncolytic virus product approved for HCC patients who had failed standard therapy (135).

6.5 Breast cancer

Pelareorep is an unencapsulated double-stranded RNA (dsRNA) virus with oncolytic activity capable of targeting multiple cancer cell types (136, 137). A randomized Phase II trial in HR+/HER2- metastatic breast cancer patients included 48 participants assigned to three treatment arms: paclitaxel (PTX) alone, PTX plus pelareorep, and PTX plus pelareorep with avelumab. At week 16, the ORRs were 20%, 31.3%, and 17.6%, respectively, while the DCRs were 46.7%, 62.5%, and 70.6%. Median PFS was 6.4 months, 9.6 months, and 7.5 months, respectively. The addition of pelareorep to PTX extended survival significantly; however, adding avelumab to the combination did not enhance efficacy (138).

Hatem et al. reported results from a Phase II trial investigating T-VEC in combination with neoadjuvant chemotherapy (NAC) for non-metastatic triple-negative breast cancer (TNBC). Among 37 evaluated patients, the residual cancer burden (RCB) 0 rate was 45.9%, and the RCB 0–1 rate was 65%. Two-year disease-free survival was 89%, with no recurrences observed in RCB 0–1 patient (139).

6.6 Brain tumors

G47Δ is a third-generation oncolytic herpes simplex virus type 1 (HSV-1) engineered with triple mutations. It was constructed by deleting the $\alpha 47$ gene and the overlapping US11 promoter from its parent virus, G207. Compared to G207, G47Δ demonstrates enhanced tumor-specific replication and cytopathic effects while maintaining high safety levels (140–142). In a Phase II single-arm trial, G47Δ was evaluated in 19 adult patients with supratentorial glioblastoma who had residual or recurrent disease following radiotherapy and temozolomide treatment. The 1-year survival rate after G47Δ administration was 84.2%, with an overall survival (OS) of 20.2 months and an OS of 28.8 months from the initial surgery. Magnetic resonance imaging (MRI) revealed repeated enlargement of the target lesion followed by clearance of contrast enhancement after each G47Δ administration. These findings highlight the survival benefits and favorable safety profile of G47Δ, which led to its approval as the first oncolytic virus product in Japan (10).

DNX-2401 (Delta-24-RGD, tasadenoturev) is an oncolytic adenovirus designed for tumor selectivity, enhanced infectivity, and replication capability. Tumor selectivity is achieved by a 24-base pair deletion in the E1A gene, preventing replication in normal cells with functional Rb pathways but allowing full replication in tumor cells (72). In a study of 49 patients with recurrent glioblastoma, intratumoral administration of DNX-2401 combined with intravenous pembrolizumab (an anti-PD-1 antibody) was evaluated. The objective response rate (ORR) was 10.4%, with a 12-month OS of 52.7% and a median OS of 12.5 months. Patients who achieved an objective response

demonstrated longer survival, and 56.2% of patients experienced clinical benefit. Overall, intratumoral DNX-2401 combined with pembrolizumab was safe and provided significant survival benefits in select patients (143).

CAN-3110 retains the viral neurovirulence gene ICP34.5 under the control of the nestin promoter. Nestin is overexpressed in glioblastoma (GBM) and other aggressive tumors but is not expressed in adult brains or healthy differentiated tissues. These modifications enable CAN-3110 to preferentially replicate in tumor cells (144). Clinical data from the first-in-human trial of CAN-3110 in recurrent glioblastoma, reported by Alexander et al., demonstrated that intratumoral oncolytic virus therapy can enhance antitumor immune responses even within the immunosuppressive tumor microenvironment. This approach also provides a biological rationale for treating tumors resistant to other immunotherapies (145).

PVSRIP0 is a non-neurotoxic chimera of rhinovirus and poliovirus that enters cells via the poliovirus receptor CD155, expressed on tumor cells and antigen-presenting cells. It promotes antitumor immune responses (146–148). A study evaluating PVSRIP0 in recurrent glioblastoma reported that patients reached an OS plateau beginning at 24 months, with 24-month and 36-month OS rates of 21%. In contrast, historical controls showed continued declines, with OS rates of 14% at 24 months and 4% at 36 months (149).

7 Regulatory hurdles, cost impacts, and safety concerns for oncolytic virus treatment

7.1 Regulatory hurdles

7.1.1 Virus spread and potential infection risk

Although oncolytic viruses are typically genetically modified to reduce toxicity, the risks of *in vivo* spread and latent infections still require long-term monitoring (150). Clinical trials of oncolytic viruses require testing of samples, such as swabs from injection sites, blood, and urine, for viral nucleic acids and TCID50 (74). However, detecting viral nucleic acids does not necessarily indicate the presence of live viruses (151). Moreover, the sensitivity of TCID50 testing is lower than that of nucleic acid detection methods (typically qPCR) (152). Therefore, establishing detection methods with higher sensitivity for live viruses could help reduce the potential spread risk during clinical treatment (153). Additionally, regarding latent infections, preclinical safety evaluations should assess whether the administration of oncolytic viruses could enhance the toxicity of latent wild-type viruses in the body.

7.1.2 Tolerance and immune response

Due to differences in oncolytic virus vectors, their immunogenicity can lead to the generation of neutralizing antibodies after repeated administration, potentially affecting

subsequent treatments (154, 155). Therefore, long-term follow-up is necessary to monitor virus tolerance and immune memory effects.

7.1.3 Clinical trial design and endpoint determination

The unique mechanism of action of oncolytic viruses (OVs) presents significant regulatory challenges in endpoint determination. OVs not only exert direct antitumor effects by lysing tumor cells but also activate the immune system, leading to an abscopal effect that targets distant, non-injected tumor sites (156, 157). Tumor responses following OV treatment can be complex, as newly emerging lesions may signify either disease progression or delayed responses caused by treatment-induced inflammation or immune activation. This complexity makes it difficult to assess treatment outcomes using traditional criteria (158). The RECIST 1.1 guidelines, commonly used for evaluating solid tumor responses, are inadequate for capturing the full therapeutic potential of OVs, necessitating the adoption of immune-related response criteria (irRECIST) and other specialized evaluation frameworks that account for immune-mediated effects (159).

7.2 Cost implications

Compared to cell therapies, particularly chimeric antigen receptor T-cell (CAR-T) therapy, oncolytic viruses (OVs) can be produced on a large-scale using bioreactors, making their production costs relatively lower (160, 161). However, several challenges remain in the chemistry, manufacturing, and controls (CMC) process, including the stability of viral titers in each batch, the stability of expressed transgenes (especially when multiple genes are inserted), and issues related to host cell DNA and protein residues (162, 163). In terms of cost, compared to intratumoral administration, intrapleural administration of OV therapy does not significantly increase the required viral dose, thus avoiding a substantial rise in production costs (90, 123). However, differences in the dosing requirements of various OVs lead to variations in production costs (164). This is particularly evident in cases where the harvest fluid must be concentrated during the production process to obtain the final OV product, which increases the complexity and cost of impurity control (165, 166).

7.3 Accessibility of OV therapy

The accessibility of oncolytic virus (OV) therapy involves limitations in administration routes, challenges in virus manufacturing processes, and a limited range of approved indications.

Currently, OV therapy mainly relies on intratumoral injection, which is effective for tumors that are easily accessible or can be injected under image guidance (13). However, this method has limited efficacy for deep-seated tumors, restricting the widespread application of OVs in treating a broad range of solid tumors (167). Therefore, systemic intravenous (IV) administration or intracavitary administration has become a critical direction to

enhance the accessibility of OVs. Despite its potential to target distant metastases, IV administration still faces challenges such as rapid neutralization by the host immune system (168), potential liver toxicity associated with high viral loads (169), limited tumor specificity (170), reducing therapeutic efficacy. Intracavitary administration, while providing a transition between intratumoral and systemic administration, it encounters challenges due to the complex intracavitary environment, including the presence of cellular debris (171), plasma proteins, and fibrin (172), which hinder the uniform diffusion of OVs and reduce viral infection efficiency within the cavity.

The manufacturing and purification processes for different OV platforms vary significantly, leading to differences in host cell selection (Vero (173), HEK293 (174), BHK-21 (175) cell lines are used depending on the virus platform), culturing methods (adherent culture and suspension culture) (176, 177), chromatography column selection (ion exchange chromatography, affinity chromatography) (178, 179), virus concentration techniques (tangential flow filtration (TFF), PEG precipitation, and density gradient centrifugation) (180, 181), host DNA and protein removal (ensuring residual DNA and protein levels meet regulatory requirements) (182, 183). These differences create challenges in achieving consistent, high-yield, and high-purity virus production, impacting the scalability and accessibility of OVs.

The range of approved OV therapies is limited (184), with most OVs only approved for a narrow spectrum of tumor types (185). Expanding the indications of OV therapy to a broader range of cancers requires extensive clinical data to support safety and efficacy. Further clinical validation across multiple tumor types is essential to increase the accessibility and applicability of OVs in clinical practice.

To improve the accessibility of OV therapy, overcoming limitations in administration routes, optimizing virus manufacturing processes, and expanding indications through clinical validation are critical steps. Successfully addressing these challenges will enhance the clinical application of OVs and broaden their therapeutic potential for a wider range of cancers.

7.4 Safety

In the preclinical safety evaluation, long-term toxicity studies conducted on cynomolgus monkeys using the HSV2-based oncolytic virus OH2 (HSV2 knockout of ICP34.5 and ICP47, insertion of hGM-CSF) and the oncolytic virus oHSV2-PDL1/CD3-BsAb (which shares the same viral backbone as OH2 but inserts PD-L1/CD3 bispecific antibody) demonstrated good safety following multiple subcutaneous administrations (186, 187). Other oncolytic viruses with different vectors, including adenovirus (188), vaccinia virus (189), and M1 virus (190), also exhibited good preclinical safety.

In the clinical trials that have been conducted, oncolytic virus intratumoral administration showed good safety profiles. The oncolytic virus OH2 did not cause any grade 3 or higher adverse events in various solid tumors (133). Other oncolytic viruses also

showed good safety, with most adverse events being grade 3 or lower. A few grade 4 adverse events were reported, including cellulitis, gastrointestinal issues, lymphocytopenia, leukopenia, brain edema, speech disorders, hemiplegia, and urinary urgency, but no deaths related to oncolytic virus therapy occurred (8).

Immunological toxicities reported with oncolytic viruses mainly included cytokine release syndrome (CRS) and viral infections in the body (191). In a study by Aggarwal et al., 3 patients briefly experienced CRS after administration, which resolved within 3 days. In subsequent trials, the team added celecoxib to reduce the incidence or severity of CRS (90).

8 Conclusion and perspectives

In conclusion, malignant pleural effusion (MPE) remains a severe complication of malignant tumors, affecting a significant number of patients worldwide, and is associated with high mortality. The most common cancers causing MPE are lung cancer, followed by breast cancer, lymphoma, gynecological malignancies, and mesothelioma (19). MPE is typically a late-stage manifestation of disease, leading to poor prognosis, with median survival ranging from 3 to 12 months depending on the underlying malignancy and risk stratification. Patients with small cell lung cancer (SCLC) accompanied by MPE have a worse prognosis compared to those without MPE. Lymphoma patients with MPE at diagnosis have a higher risk of disease recurrence after chemotherapy. Lung cancer patients generally have the shortest survival, while mesothelioma and hematologic malignancy patients tend to have the longest survival. Other factors influencing survival include the degree of tumor infiltration into the pleura, characteristics of pleural effusion, biomarkers, the malignancy's response to systemic treatment, and the patient's baseline functional status (20, 21).

Patients with MPE commonly present with dyspnea, as tumor cells spread to the pleura and grow on its surface, which impairs lymphatic drainage and causes atelectasis and fluid accumulation within the pleural cavity. Malignant cells also stimulate the release of cytokines and upregulate angiogenesis factors, such as vascular endothelial growth factor (VEGF), which alter the osmotic pressure and permeability of the pleura and vasculature, contributing to the formation of MPE. However, most current treatments for MPE are palliative, with limited effectiveness in halting the progression of MPE. Future treatment strategies should focus on controlling the underlying tumor itself.

Oncolytic viruses can directly lyse tumor cells and stimulate immune cells to mount an anti-tumor response. The most common route of OV administration is intratumoral injection, which has been shown to have good safety and efficacy in clinical trials conducted for various solid tumors. Additionally, combining OVs with chemotherapy, radiotherapy, and other immunotherapies has been proven to enhance anti-tumor activity (28). Intracavitary perfusion of OVs is an intermediate approach between intratumoral and systemic intravenous administration. Compared to intratumoral injection, intracavitary delivery allows for more uniform distribution of the virus, enabling contact with multiple tumor lesions, and the procedure is relatively simple. Compared to

intravenous administration, intracavitary administration achieves higher local concentrations of the virus, thereby reducing the potential systemic adverse effects associated with intravenous delivery (13). However, the intracavitary environment is relatively complex. Cellular debris, fibrin, and plasma protein can hinder the direct interaction between the virus and both tumor cells and immune cells (171, 172). One potential approach involves isolating lymphocytes from malignant pleural effusion *ex vivo* and co-incubating them with OVs *in vitro* to activate their anti-tumor activity. Clinical trials using this approach are already underway (NCT 05565014).

In addition, systemic intravenous administration of OVs is another important area of OV research. To achieve effective systemic delivery, future research can focus on the following aspects: modifying the viral capsid and envelope to better evade the host's antiviral immune response during multiple intravenous administrations, thus reducing the production of neutralizing antibodies and avoiding liver toxicity (192); genetic modifications to the virus genome to enhance tumor specificity, replication ability, and immune evasion (193); using delivery systems, such as nanoparticle carriers, to improve the stability of oncolytic viruses, ensuring that, at safe doses, the virus has sufficient titer to specifically target tumor cells (194).

Author contributions

XW: Data curation, Investigation, Methodology, Writing – original draft. QZ: Data curation, Investigation, Methodology, Writing – review & editing. XZ: Data curation, Investigation, Methodology, Writing – original draft. HH: Data curation, Investigation, Methodology, Writing – original draft. BL: Data curation, Investigation, Methodology, Writing – original draft. YW: Conceptualization, Writing – original draft, Writing – review & editing.

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Conflict of interest

Author BL was employed by Wuhan Binhui Biopharmaceutical Co., Ltd.

The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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