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Associations between total protein, globulin, and nasal Methicillin-Resistant *Staphylococcus aureus* (MRSA) colonization in US adults: results from the national health and nutrition examination survey 2001–2004

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Objective: There is limited evidence on the association between total serum protein (TP), serum globulin (GLB), and Methicillin-Resistant *Staphylococcus aureus* (MRSA) nasal colonization. The purpose of this study was to investigate the association between TP, GLB, and MRSA nasal colonization in US adults with data derived from the National Health and Nutrition Examination Survey (NHANES).

Methods: Using NHANES 2001–2004 data, we employed propensity score matching (PSM) to control confounders, weighted logistic regression to evaluate associations of TP and GLB with MRSA colonization, restricted cubic splines (RCS) for non-linear analysis, and subgroup and sensitivity analyses for validation.

Results: Among 7,585 adults, 1.31% (n = 99) had MRSA nasal colonization. Adjusted multivariable regression identified TP and GLB as independent protective factors (TP: OR=0.92, 95%CI 0.88–0.96; GLB: OR=0.91, 95%CI 0.86–0.97; p< 0.05 for all). Categorizing TP and GLB into quartiles (Q4 vs. Q1) reinforced this association (TP: OR=0.21, 95%CI 0.07–0.59; GLB: OR=0.28, 95%CI 0.12–0.67; p< 0.05 for all) with consistent results post-PSM. Restricted cubic splines confirmed dose-dependent negative correlations. Subgroup analyses and sensitivity analyses supported the robustness of these findings.

Conclusion: There was a negative correlation between TP, GLB, and MRSA nasal colonization in participants aged 18 years or older. Our data support the protective role of TP and GLB in MRSA colonization, and the specific mechanisms of these biomarkers in MRSA colonization and their clinical implications require further investigation.

KEYWORDS

MRSA colonization, total protein, globulin, PSM, NHANES

Introduction

Staphylococcus aureus (SA) asymptomatically colonizes the skin, mucous membranes (e.g., nares), and intestines in 20%–30% of individuals, serving as a reservoir for invasive infections (1, 2). This colonization significantly increases the risk of infection by providing a reservoir for pathogens, which in turn leads to severe complication rates and mortality. Methicillin-Resistant *Staphylococcus aureus* (MRSA) infections lead to prolonged hospital stays and associated increased healthcare costs (3–7). Globally, MRSA-related attributable deaths surged by 127% between 1990 and 2021, with the most pronounced increases among adults aged ≥ 70 years (over 80% mortality rise), despite declining trends in children under 5 years (8). In the United States alone, MRSA remains a leading cause of bacteremia, responsible for approximately 100,000 serious infections and 20,000 deaths annually (9). Prevention of MRSA colonization and infection has become critical as effective treatment options are diminishing (10).

The risk of MRSA colonization and infection is strongly related to immune function and nutritional status (11). Immunosuppressed or immunocompromised patients, such as blood autologous graft recipients, long-term immunosuppressed patients, and long-term hospitalized elderly individuals, have a significantly higher risk of colonization by MRSA and other multidrug-resistant organisms (MDROs), including carbapenem-resistant Gram-negative bacteria (MDR-GNB) and vancomycin-resistant enterococci (VRE) (11–18). However, most studies have focused only on the relationship between total serum protein (TP) and serum albumin (ALB), which are associated with immune function and nutritional status, and MRSA colonization, and there is a lack of studies that have simultaneously assessed the relationship between TP, serum globulin (GLB), and MRSA colonization. The purpose of this study was to investigate TP and GLB in a general population-based sample of U.S. residents to examine their association with concurrent MRSA nasal colonization.

Method

Study design and data source

NHANES is a nationwide research administered by the Centers for Disease Control and Prevention (CDC) to evaluate the health and nutritional status of both children and adults in the United States (19). NHANES employed a complex multi-stage probability sampling design to select its participants. Nasal colonization data for SA and MRSA are only available for the period 2001–2004 and we only included records of nasal *Staphylococcus aureus* colonization in U.S. adults older than 18 years of age. We therefore merged the datasets from the 2001–2002 and 2003–2004 survey periods for the purpose of analysis. NHANES was approved by the National Center for Health Statistics Research Ethics Review Board, and all participants provided written informed consent (20).

Study population

During the NHANES data cycle of 2001–2004, a total of 21,161 participants were enrolled. Initially, participants lacking data on nasal colonization of SA ($n = 2535$) were excluded. Subsequently, those with missing data on TP ($n = 5405$) were also excluded. Ultimately, after excluding missing values for covariates, a total of 7585 participants took part in this analysis. The sample selection process is shown in Figure 1.

Assessment of TP, ALB, GLB and albumin-to-globulin ratio

The original biochemical parameters, including TP, ALB, and GLB, were obtained from the NHANES database. The measurements were performed in a standardized laboratory setting as follows: TP was quantified using a timed endpoint biuret method (LX20 analyzer,

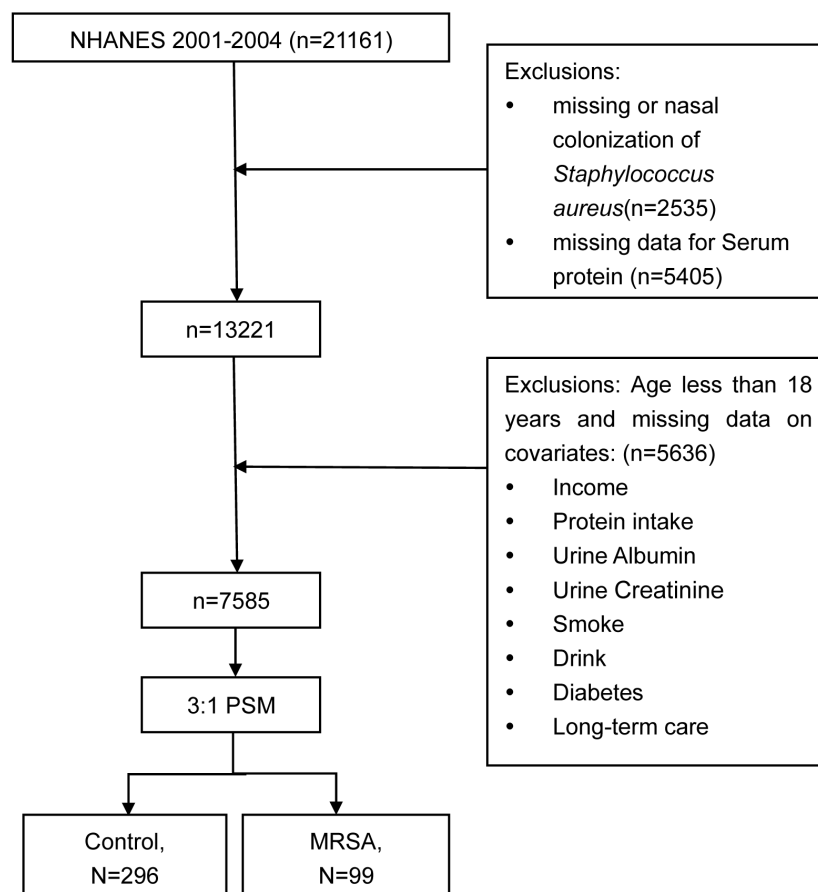


FIGURE 1
Flowchart of the study participants.

Beckman Coulter). In this reaction, alkaline copper ions form a colored chelate complex with peptide bonds in proteins, and the absorbance rate change at 545 nm is directly proportional to TP concentration. ALB was measured via a bichromatic digital endpoint assay (Bromcresol Purple, BCP method). At pH 5.2–6.8, BCP selectively binds to ALB, forming a complex with absorbance measured at 600 nm. This method minimizes nonspecific interactions with other serum proteins compared to traditional Bromcresol Green (BCG) assays. GLB levels were derived by subtracting ALB from TP. The AGR was calculated as ALB/GLB.

Assessment of nasal colonization of MRSA

Nasal swab specimens were processed according to standardized protocols. Briefly, swabs were inoculated onto mannitol salt agar (MSA) and incubated at 35°C for 48 hours to isolate SA. Yellow colonies (mannitol fermenters) were subcultured onto blood agar plates (BAP) for purity confirmation. SA identification was performed using the Staphaurex latex agglutination kit (Thermo Fisher Scientific), with discrepancies resolved by tube coagulase testing (EDTA-rabbit plasma). Methicillin resistance was determined via oxacillin disk diffusion

(1 µg, NCCLS criteria: ≤10 mm zone = resistant). Isolates resistant to oxacillin were classified as MRSA, while susceptible/intermediate isolates underwent additional broth microdilution MIC testing and molecular characterization (e.g., SCCmec typing) to confirm phenotypic resistance. MSSA classification required full susceptibility across both screening methods. Detailed laboratory procedures can be found on the NHANES website (21, 22).

Covariates

Potential confounders initially included age, sex, race (Mexican American, non-Hispanic white, non-Hispanic black, and other races), income status, diabetes mellitus, daily protein intake, urinary protein level, smoking status, alcohol use, and whether the respondent had been admitted to a long-term care facility in the past 12 months. These factors were considered to be potentially associated with nasal MRSA colonization and serum proteins levels. A one-way logistic regression analysis was performed to screen for variables significantly associated with nasal MRSA colonization ($P < 0.05$) and the results are shown in [Supplementary Table 1](#). The final confounders included age, gender, race (Mexican American, non-Hispanic white, non-Hispanic black, and other

ances), income status, diabetes mellitus, and whether or not the respondent had been admitted to a long-term care facility in the past 12 months. Income was dichotomized into annual income $\leq$ \$45,000 and $>$ \$45,000. Diabetes was defined as a self-reported physician diagnosis based on the DIQ010 questionnaire. Use of long-term care services was defined as whether the respondent had been in a long-term care or rehabilitation facility in the past 12 months based on the HUQ082 questionnaire.

Survey weights

Given the complexity of the NHANES survey design and to ensure unbiased national estimates (23), we followed the guidelines provided by the National Center for Health Statistics (NCHS) and used the sample weights WTMEC2YR, which represent the full sample 2-year MEC exam weights, to weight our analyses.

Statistical analysis

Participants were divided into two groups based on nasal colonization of MRSA. Participants were divided into two groups based on nasal colonization of MRSA. As our study aimed to identify factors specific to MRSA (vs. non-MRSA colonization), MSSA cases were included in the reference group for statistical comparisons.

Continuous variables are reported as mean $\pm$ standard deviation (Mean $\pm$ SD), while categorical variables are expressed as N (%). Differences in baseline characteristics were assessed using Student's t-tests and chi-square tests.

To balance the covariate differences between the MRSA-set and non-MRSA-set groups and ensure that they had similar covariate distributions, 1:3 propensity score matching (PSM) was performed. The association between TP, ALB, GLB, and AGR and nasal MRSA colonization was examined using logistic regression analysis, with results presented as odds ratios (OR) and 95% confidence intervals (95% CI). Initially, a crude model was analyzed with no covariate adjustment. Model 1 was adjusted for age, gender, race, and income. Model 2 included additional adjustments for long-term care use and diabetes. After converting TP and GLB from a continuous to a categorical variable, a trend test assessed the linear correlation between TP, GLB, and nasal MRSA colonization.

In addition, restricted cubic splines (RCS) were used to investigate potential non-linear associations between TP, GLB, and nasal MRSA colonization.

Subgroup analyses explored associations between different age groups, gender, race, income level, long-term care facility, and diabetes.

Additionally, we performed a number of sensitivity studies to evaluate the precision of our findings. We excluded outliers for TP and GLB and performed logistic regression analyses between TP, GLB, and MRSA colonization using data within the normal range.

A p-value of less than 0.05 was considered statistically significant. All analyses were performed using R version 4.4.2.

Results

Participant characteristic

Table 1 summarizes the general characteristics of the study population. We ended up including 7585 participants in the analysis. The mean age of the participants was 46 ± 17 years, of which 3893 (51%) were female. Of the total number of participants, 99 (1.31%) had MRSA colonization. The mean TP level was 72.4 ± 4.7 g/L, the mean ALB level was 42.7 ± 3.3 g/L, the mean GLB level was 29.8 ± 4.3 g/L, and the mean AGR was 1.47 ± 0.26 .

The relationship between nasal MRSA colonization and demographic characteristics was further analyzed by dividing the study population into 2 groups: the MRSA colonization group and the no MRSA colonization group. MRSA-colonized participants were older, had a higher proportion of females, lower incomes, and higher proportions of diabetics and long-term medical care recipients compared with those without MRSA implantation.

Baseline characteristics of the PSM-corrected population are shown in Table 1. After PSM correction, the distributions of the covariates were not statistically significant between the two groups, except for TP, GLB, and AGR, which were statistically different ($p > 0.05$) in the MRSA group (TP: $p = 0.003$; GLB: $p = 0.009$; AGR: $p = 0.038$; respectively, after matching).

Associations of Serum proteins and nasal colonization of MRSA

Table 2 demonstrates the results of the analyses of the relationship between nasal MRSA colonization and serum proteins in different univariate and multivariate regression models (crude model; model 1: adjusted for age, sex, race, income; model 2: adjusted for age, sex, race, income, diabetic patients, and long-term medical care recipients). After full adjustment of the models by the inclusion of covariates, nasal MRSA colonization was significantly and negatively associated with TP (OR = 0.92(95%CI 0.88, 0.96), indicating that for each unit increase in TP, the probability of nasal MRSA colonization decreased by 8%. Similarly, nasal MRSA colonization was significantly negatively correlated with GLB (OR = 0.91(95%CI 0.86, 0.97) and this relationship persisted after full adjustment of the model. However, the statistically significant difference between ALB and MRSA colonization disappeared after full adjustment of the model ($P > 0.05$), which may suggest that the negative correlation between TP and MRSA colonization may be mainly attributed to the role of GLB rather than ALB.

Notably, only the negative correlation between TP, GLB and nasal MRSA colonization remained before and after matching (Matching: TP OR = 0.90(95%CI 0.85, 0.96); GLB OR = 0.89(95%CI 0.82, 0.96).

Table 3 describes the decreased likelihood of nasal MRSA colonization with increasing quartiles of TP and GLB (TP Q4 vs. Q1: OR = 0.27(95%CI 0.14, 0.51); GLB Q4 vs. Q1: OR = 0.45(95%CI 0.27, 0.76)). In addition, the correlation between MRSA bacterial colonization along with TP and GLB persisted in model 1 (TP Q4 vs. Q1: OR = 0.31(95% CI 0.15, 0.63); GLB Q4 vs. Q1: OR = 0.37

TABLE 1 Weight descriptive characteristics of participants with and without MRSA nasal colonization in the enrolled population of NHANES.

Variables	Unmatching				Matching*			
	Total (n=7585)	Control (n=7486)	MRSA [‡] (n=99)	P [‡]	Total (n=396)	Control (n=297)	MRSA [‡] (n=99)	P [‡]
Age, Mean±(SE)	46 (17)	46 (17)	53 (19)	0.010	53 (19)	54 (19)	53 (19)	0.653
TP (g/L), Mean±(SE)	72.4 (4.7)	72.5 (4.7)	70.3 (4.8)	<0.001	71.8 (5.0)	72.3 (4.9)	70.3 (4.8)	0.003
GLB (g/L), Mean±(SE)	29.8 (4.3)	29.8 (4.3)	28.7 (4.8)	0.012	30.0 (4.7)	30.4 (4.6)	28.7 (4.8)	0.009
ALB (g/L), Mean±(SE)	42.7 (3.3)	42.7 (3.3)	41.6 (3.7)	0.009	41.8 (3.3)	41.9 (3.2)	41.6 (3.7)	0.494
AGR, Mean±(SE)	1.47 (0.26)	1.46 (0.26)	1.49 (0.30)	0.295	1.43 (0.27)	1.41 (0.25)	1.49 (0.30)	0.038
Sex, n (%)				0.004				0.846
Male	3692 (49%)	3658 (49%)	34 (32%)		141 (35%)	107 (36%)	34 (34%)	
Female	3893 (51%)	3828 (51%)	65 (68%)		255 (65%)	190 (64%)	65 (66%)	
Race, n (%)				0.106				0.578
White	4166 (74%)	4104 (74%)	62 (79%)		261 (66%)	199 (67%)	62 (63%)	
Black	1343 (9.9%)	1324 (9.8%)	19 (13%)		75 (19%)	56 (18.9%)	19 (19%)	
Mexican American	1545 (7.2%)	1531 (7.2%)	14 (3.4%)		48 (11%)	34 (11.4%)	14 (14%)	
Other Race ⁵	531 (8.9%)	527 (9.0%)	4 (5.0%)		12 (3.3%)	8 (2.7%)	4 (4.0%)	
Income, n (%)				0.003				0.966
<45000	4312 (53%)	4234 (54%)	78 (69%)		309 (79%)	231 (79%)	78 (79%)	
≥45000	3273 (47%)	3252 (46%)	21 (31%)		87 (21%)	66 (21%)	21 (21%)	
Diabetes, n (%)				0.010				0.414
No	6837 (90.1%)	6759 (90.3%)	78 (78.8%)		323 (82%)	245 (83%)	78 (79%)	
Yes	748 (9.9%)	727 (9.7%)	21 (21.2%)		73 (18%)	52 (17%)	21 (21%)	
Health facility in last 12month, n (%)				0.003				0.972
No	7511 (99%)	7419 (99%)	92 (97%)		366 (93%)	274 (93%)	92 (93%)	
Yes	74 (0.7%)	67 (0.7%)	7 (2.5%)		30 (7.1%)	23 (7.2%)	7 (7.1%)	

Mean ± SE for continuous variables; P value was calculated by weighted linear regression model. % for categorical variables; P value was calculated by weighted chi-square test. TP, Total protein; ALB, Albumin; GLB, Globulin; AGR, Albumin-to-Globulin Ratio; Total protein, albumin and globulin are all derived from standard biochemical tests. Other Race, Including Other Hispanic and Multi-Racial.
*: Propensity Matching Analysis.
‡: Kruskal-Wallis rank sum test; Pearson's Chi-squared test.
‡: MRSA, Methicillin-resistant *Staphylococcus aureus*.
Values in boldface are significantly different (p < 0.05) from the reference group.

(95% CI 0.22, 0.63)) and model 2 (TP Q4 vs. Q1: OR = 0.32(95% CI 0.15, 0.66), P for trend = 0.011; GLB Q4 vs. Q1: OR = 0.34(95% CI, 0.19, 0.62), P for trend = 0.002). A significant correlation between GLB and nasal MRSA nasal colonization was still observed after propensity matching. (model 2: TP Q4 vs. Q1: OR = 0.21(95%CI 0.07, 0.59), P for trend = 0.018; GLB Q4 vs. Q1: OR = 0.28(95%CI 0.12, 0.67), P for trend = 0.005).
As shown in Figure 2, the smoothed curve-fitting analysis corrected for confounders further confirmed that MRSA fixation was significantly negatively correlated with TP and GLB levels (P<0.05). Notably, the negative correlation between MRSA colonization and TP and GLB remained statistically significant (P<0.05) even after PSM.

Subgroup analysis

In this study, we used subgroup analyses to verify whether the relationship between TP, GLB, and MRSA nasal colonization was affected by age, gender, race, income, diabetes mellitus, and structure of long-term medical care received. Figure 3 shows the results of the subgroup analyses for serum proteins and MRSA colonization. After adjusting for confounders, we found that the negative correlation between TP, GLB, and MRSA nasal colonization before and after PSM was generally significant in all subgroups. We found no interaction between the results of the subgroup analyses between all populations (P > 0.05 for interaction).

TABLE 2 Associations between TP, GLB, ALB, and AGR levels and MRSA nasal colonization.

Variable	Unmatched						Matching*					
	Crude model		Model 1		Model 2		Crude model		Model 1		Model 2	
	OR [†] (95% CI [†])	p	OR (95% CI)	p	OR (95% CI)	p	OR (95% CI)	p	OR (95% CI)	p	OR (95% CI)	p
TP (g/L)	0.9 (0.86, 0.94)	<0.001	0.92 (0.88, 0.96)	<0.001	0.92 (0.88, 0.96)	<0.001	0.92 (0.87, 0.97)	0.003	0.9 (0.85, 0.96)	0.002	0.9 (0.85, 0.96)	0.002
ALB (g/L)	0.91 (0.86, 0.97)	0.004	0.96 (0.89, 1.03)	0.245	1.01 (0.89, 1.04)	0.299	0.97 (0.88, 1.06)	0.492	-	-	-	-
GLB (g/L)	0.93 (0.88, 0.99)	0.023	0.91 (0.86, 0.97)	0.007	0.91 (0.86, 0.97)	0.006	0.92 (0.85, 0.98)	0.016	0.89 (0.82, 0.96)	0.006	0.89 (0.82, 0.96)	0.006
AGR	0.99 (0.68, 3.61)	0.287	-	-	-	-	3.21 (1.07, 9.63)	0.038	4.64 (1.42, 15.20)	0.013	4.62 (1.42, 15.08)	0.014

*: Propensity Matching Analysis.
†: OR, Odds Ratio; CI, Confidence Interval.
TP, Total protein; ALB, Albumin; GLB, Globulin; AGR, Albumin-to-Globulin Ratio. Crude model was analyzed with no covariate adjustment. Model 1 was adjusted for age, gender, race, and income. Model 2 included additional adjustments for long-term care use and diabetes. Values in boldface are significantly different ($p < 0.05$) from the reference group.

Sensitivity analysis

In order to verify the real reliability of the results, we took the following approaches for sensitivity analysis: We excluded the outliers of TP and GLB and used data within the normal range for TP and GLB and MRSA colonization logistic regression analyses. The results of the sensitivity analyses were consistent with our results above (see [Supplementary Table 2](#)).

Discussion

In this study, we collected data related to TP, GLB, and ALB from the NHANES 2001–2004 dataset and performed observational correlation analyses of their association with MRSA nasal colonization. We found a significant negative correlation between MRSA nasal colonization and TP and GLB. After adjusting for potential confounders, higher levels of TP and GLB were still associated with lower rates of MRSA nasal colonization. This correlation was evident even when TP and GLB levels were analyzed in quartiles. We further confirmed the negative correlation between TP and GLB and MRSA nasal colonization rates using RCS. Sensitivity analyses and subgroup analyses further demonstrated the robustness of the results. To the best of our knowledge, this study represents the first to utilize data from the NHANES to demonstrate an association between MRSA nasal colonization and TP and GLB. These findings provide new insights into the relationship between TP, GLB, and MRSA nasal colonization, suggesting that TP and GLB may be potentially informative in the study and clinical evaluation of MRSA colonization.

Several studies have found reduced TP and ALB levels in patients with MRSA colonization versus patients with MRSA infection, which may reflect the fact that malnourished patients are more likely to acquire MRSA colonization (12–17). However,

these reported cases were limited to the elderly population as well as to the dialysis population, and only changes in ALB, not GLB, were seen. In addition, it has been found that there are differences in adaptive humoral immune responses between SA carriers and non-carriers. Carriers frequently report higher serum immunoglobulin G (IgG) titers compared with noncarriers (24–27). Also, higher median IgA levels of several staphylococcal proteins have been noted in persistent carriers (28). However, one study also found no association between SA antigens and the humoral immune response (29). It is worth noting that the above studies mainly tested specific IgG/IgA antibodies against SA, so even if the IgG levels of specific antigens were elevated, this would not necessarily lead to significant changes in the overall levels of GLB. Serum GLB, also known as the gamma gap or protein gap, is usually calculated as the difference between TP and ALB, and therefore includes all non-albumin proteins including globulins, fibrinogen, C-reactive proteins, interleukins, leukotrienes, and other regulatory and pro-thrombotic proteins (30). Serum GLB values may be elevated in conditions such as infections, inflammation, and liver and connective tissue diseases, whereas lower serum GLB values may be caused by malnutrition and nephrotic syndrome, due to reduced renal synthesis and protein loss, respectively (31, 32). Furthermore, low levels of immunoglobulin may be indicative of low immune function, and malnutrition and low immune function lead to increased susceptibility to infections (33–35). This may help to explain why MRSA colonization is more likely in people with low GLB. MRSA colonization is more common in older people, which may be due to the gradual decline in immune function with age, which leads to a higher likelihood of colonization (36). In addition, patients such as hemopoietic stem cell transplant (HSCT) recipients or those on long-term immunosuppressive therapy are at a 2- to 3-fold increased risk of MRSA and other MDRO colonization. Among colonized patients, 30% develop active infections, including carbapenem-resistant gram-negative bacteria (CR-GNB) (14%)

TABLE 3 Associations between TP, GLB, and MRSA colonization.

Variable	Unmatching			Matching ¹		
	Categories	OR [¶] (95% CI [¶])	P -value	Categories	OR (95% CI)	P -value
TP Crude model	Q1	Ref	Ref	Q1	Ref	Ref
	Q2	0.39 (0.21, 0.73)	0.004	Q2	0.36 (0.19, 0.71)	0.005
	Q3	0.51 (0.26, 1.00)	0.051	Q3	0.60 (0.26, 1.43)	0.239
	Q4	0.27 (0.14, 0.51)	<0.001	Q4	0.26 (0.11, 0.60)	0.003
	P for trend	–	0.001	P for trend	–	0.012
TP Model 1	Q1	Ref	Ref	Q1	Ref	Ref
	Q2	0.45 (0.25, 0.81)	0.010	Q2	0.35 (0.18, 0.69)	0.004
	Q3	0.60 (0.30, 1.19)	0.135	Q3	0.58 (0.25, 1.35)	0.196
	Q4	0.31 (0.15, 0.63)	0.002	Q4	0.24 (0.09, 0.64)	0.006
	P for trend	–	0.010	P for trend	–	0.018
TP Model 2	Q1	Ref	Ref	Q1	Ref	Ref
	Q2	0.45 (0.25, 0.83)	0.013	Q2	0.33 (0.17, 0.64)	0.003
	Q3	0.62 (0.31, 1.24)	0.162	Q3	0.55 (0.23, 1.31)	0.166
	Q4	0.32 (0.15, 0.66)	0.004	Q4	0.21 (0.07, 0.59)	0.005
	P for trend	–	0.011	P for trend	–	0.018
Variable	Unmatching			Matching		
	Categories	OR (95% CI)	P -value	Categories	OR (95% CI)	P -value
GLB Crude model	Q1	Ref	Ref	Q1	Ref	Ref
	Q2	0.67 (0.39, 1.16)	0.144	Q2	0.79 (0.37, 1.71)	0.537
	Q3	0.52 (0.32, 0.84)	0.010	Q3	0.49 (0.25, 0.95)	0.037
	Q4	0.45 (0.27, 0.76)	0.005	Q4	0.37 (0.19, 0.75)	0.007
	P for trend	–	0.004	P for trend	–	0.003
GLB Model 1	Q1	Ref	Ref	Q1	Ref	Ref
	Q2	0.67 (0.39, 1.12)	0.120	Q2	0.78 (0.38, 1.62)	0.494
	Q3	0.46 (0.28, 0.77)	0.004	Q3	0.45 (0.22, 0.91)	0.028
	Q4	0.37 (0.22, 0.63)	0.001	Q4	0.33 (0.15, 0.72)	0.008
	P for trend	–	0.002	P for trend	–	0.005
GLB Model 2	Q1	Ref	Ref	Q1	Ref	Ref
	Q2	0.68 (0.40, 1.16)	0.145	Q2	0.79 (0.38, 1.64)	0.504
	Q3	0.46 (0.26, 0.80)	0.008	Q3	0.42 (0.20, 0.86)	0.020
	Q4	0.34 (0.19, 0.62)	0.001	Q4	0.28 (0.12, 0.67)	0.007
	P for trend	–	0.002	P for trend	–	0.005

*: Propensity Matching Analysis.
¶: OR, Odds Ratio; CI, Confidence Interval.
TP, Total protein; GLB, Globulin. Crude model was analyzed with no covariate adjustment. Model 1 was adjusted for age, gender, race, and income. Model 2 included additional adjustments for long-term care use and diabetes. Values in boldface are significantly different ($p < 0.05$) from the reference group.

and VRE (8%) (11, 37, 38), a consequence of impaired immune function. Notably, while the overall burden of MDRO infections in immunocompromised patients in the intensive care unit (ICU) remains low, MRSA colonization rates persist at high levels,

underscoring its unique adaptability and resilience in healthcare settings (18).
Since 2005, simultaneous decreases in MRSA infections have been demonstrated in multiple populations in the United States and

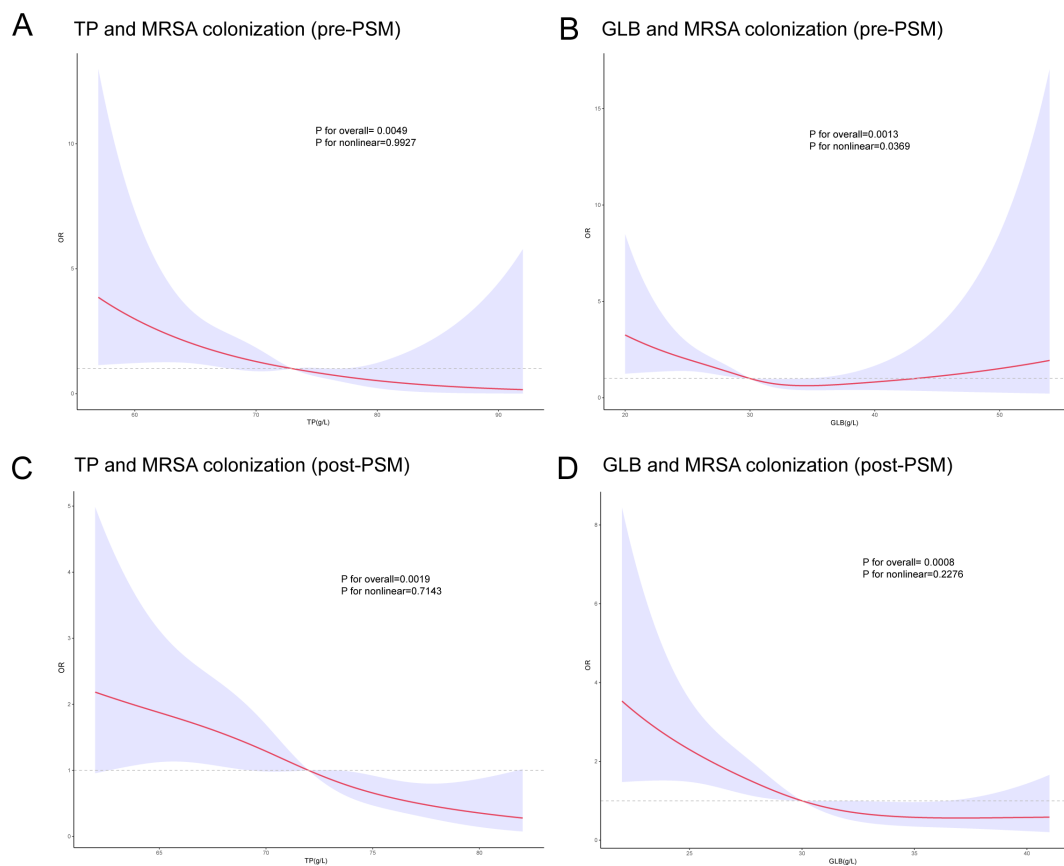


FIGURE 2

Restricted cubic spline (RCS) plots of total protein (TP), globulin (GLB), and methicillin-resistant *Staphylococcus aureus* (MRSA) nasal colonization before and after propensity score matching (PSM). Panels (A, B) illustrate the RCS plots of TP and GLB in relation to MRSA colonization before PSM; panels (C, D) show the corresponding analyses after PSM.

Europe (39–43), particularly in blood and soft tissue infections, which may be attributed to the awareness and implementation of local and worldwide infection prevention measures in many healthcare settings. However, even with advances in antibiotics, active surveillance efforts, and infection prevention, MRSA remains a major pathogen with consistently high mortality rates (8). MRSA colonization increases the risk of infection, and how to correctly and rapidly identify MRSA colonization remains a critical issue, yet current culture-based detection methods, while clinically practical, lack the sensitivity of molecular assays.

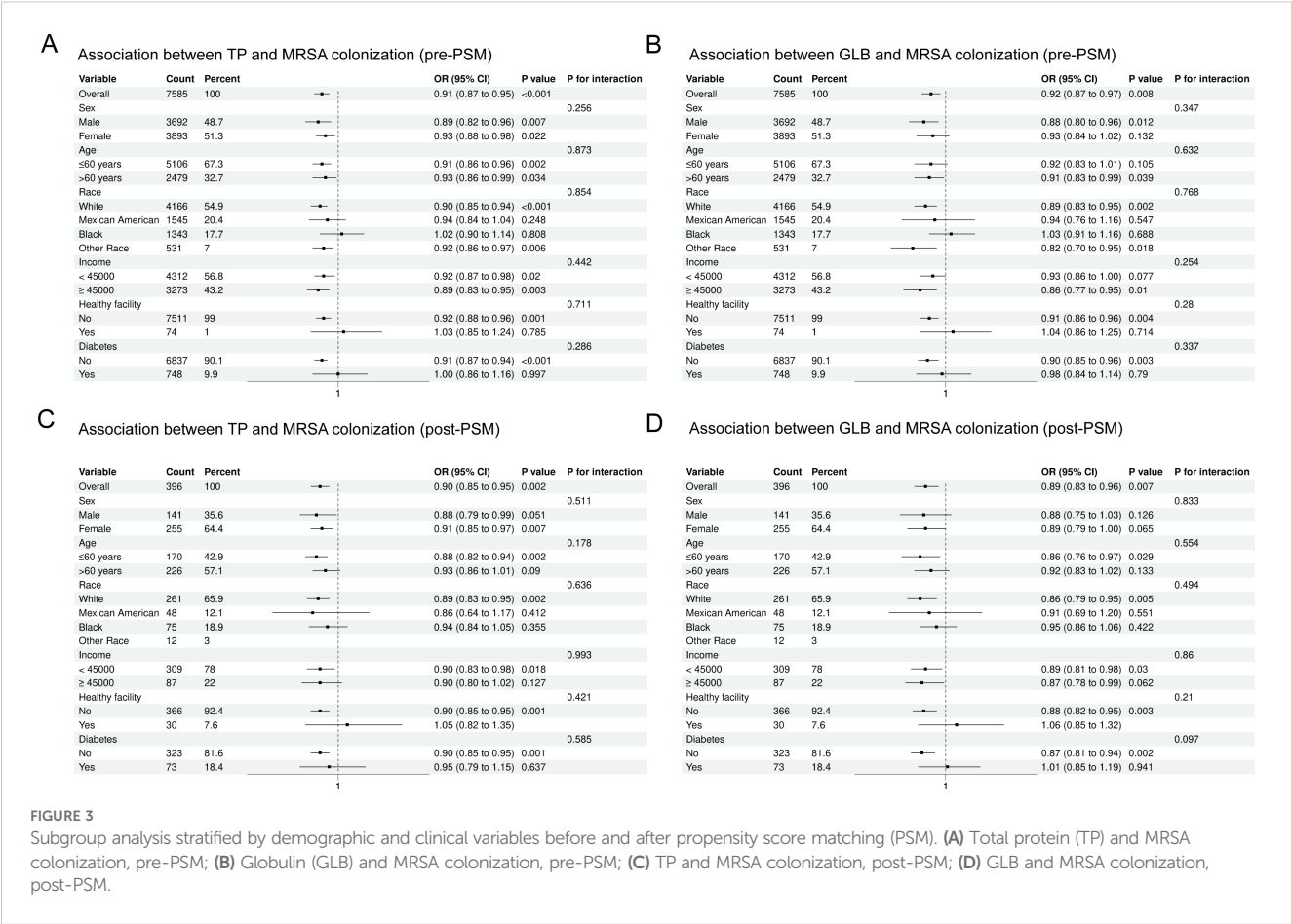
Our study offers several significant strengths and implications. Notably, it is based on NHANES and uses a weighted design, which guarantees an adequate sample size, enhances credibility, and ensures strong representation. Second, by using PSM, we effectively reduced selection bias and increased the confidence in our findings, thereby eliminating the confounding factors that often occur in observational studies. Third, by using RCS analyses, we again demonstrated the near-linear negative correlation association between TP, GLB, and MRSA nasal colonization. In addition, we performed subgroup analyses to further explore the

relationship between TP, GLB, and MRSA nasal colonization in different populations.

However, this study still has some limitations. Firstly, given our cross-sectional design, we were unable to make causal inferences. Secondly, the NHANES data on MRSA colonization only exists for the years 2001–2004, which is a long time ago and may have biased the results of the study. In addition, the presence of unidentified confounders may still have an impact, thus limiting the interpretation of the results of our study. Therefore, further prospective clinical studies are needed to elucidate the complex relationship between TP, GLB, and MRSA nasal colonization.

Conclusion

In this cross-sectional study, there was a significant negative correlation between TP, GLB and nasal MRSA colonization. However, due to the nature of the design of this study, causal inferences could not be made, and further prospective studies are needed to validate these findings and investigate the causal



relationship between TP, GLB, and nasal MRSA colonization, and the specific mechanisms underlying the role of these biomarkers in MRSA colonization and their clinical implications require further exploration.

Data availability statement

The original contributions presented in the study are included in the article/Supplementary Material. Further inquiries can be directed to the corresponding authors.

Ethics statement

The studies involving humans were approved by National Center for Health Statistics (NCHS) Ethics Review Board (ERB). The studies were conducted in accordance with the local legislation and institutional requirements. The human samples used in this study were obtained from the anonymous biological sample repository of the National Health and Nutrition Examination Survey (NHANES) 2001–2004. The collection and use of all samples were approved by the NCHS Ethics Review Board (CDC) (Protocol #98-12 and #2003-06) and authorized through written informed consent from participants. This study utilized only publicly available, de-identified data. Written

informed consent for participation was not required from the participants or the participants' legal guardians/next of kin in accordance with the national legislation and institutional requirements.

Author contributions

KC: Conceptualization, Data curation, Investigation, Methodology, Software, Writing – original draft, Writing – review & editing. XF: Methodology, Software, Supervision, Writing – original draft, Writing – review & editing. FL: Supervision, Visualization, Writing – review & editing, Writing – original draft. YF: Funding acquisition, Resources, Supervision, Writing – original draft, Writing – review & editing. TZ: Funding acquisition, Resources, Supervision, Writing – original draft, Writing – review & editing. HW: Funding acquisition, Project administration, Resources, Supervision, Writing – review & editing, Writing – original draft. SF: Funding acquisition, Project administration, Resources, Supervision, Writing – review & editing, Writing – original draft.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fimmu.2025.1585718/full#supplementary-material>.

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