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# Cancer-associated fibroblasts in hepatocellular carcinoma: origins, heterogeneity, and therapeutic implications

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Hepatocellular carcinoma (HCC) is a globally prevalent malignancy. This disease often progresses rapidly, resulting in many patients being diagnosed at a late stage, making early detection and intervention a major clinical challenge. Postoperative recurrence and metastasis rates remain significantly high, and no effective prevention strategies are currently available. Cancer-associated fibroblasts (CAFs) are essential components in the reorganization of the tumor microenvironment (TME), as they can modulate cancer cell proliferation, migration, invasion, and chemoresistance through diverse mechanisms or signaling pathways, including the release of cytokines, remodeling of the extracellular matrix, and the evasion of the immune response. This review offers a detailed overview of the cellular origins, subtype diversity, and functional differences among CAFs. In addition, it depicts the expression profiles of key markers in various CAF subtypes and clarifies essential signaling pathways and mechanisms of CAFs. Additionally, we discuss current and future therapeutic strategies targeting CAFs in the context of HCC. This review provides critical insights into future studies on novel therapeutic approaches for CAFs.

#### KEYWORDS

hepatocellular carcinoma (HCC), cancer-associated fibroblasts (CAFs), tumor microenvironment (TME), therapeutic resistance, immune evasion

### **1** Introduction

Liver cancer is the third leading cause of cancer-related mortality worldwide. Hepatocellular carcinoma (HCC) is the most common subtype of liver cancer, accounting for over half of all cases (1–3). Emerging evidence indicates that sustained hepatic inflammation and fibrotic remodeling foster a chronic pathophysiological environment conducive to malignant transformation. Chronic hepatitis, hepatic fibrosis, and HCC represent sequentially developed processes that are mediated by intricate multicellular

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crosstalk. The dynamic activation and stromal infiltration of cancerassociated fibroblasts (CAFs) are pivotal drivers of fibrotic progression and significantly contribute to hepatocarcinogenesis. Therefore, a more comprehensive understanding of the CAFs involved in the tumor microenvironment (TME) of HCC is necessary to decode their functional plasticity, identify targetable crosstalk mechanisms, and ultimately develop CAF-targeted therapies. In HCC, quiescent hepatic stellate cells (HSCs) are activated and transformed into myofibroblast-like CAFs, becoming one of the primary sources of CAFs; CAFs contribute significantly to the structural alterations of the microenvironment of the liver and are an essential component of TME (4-6). In the past, most researchers mainly focused on the malignant cells and neglected the stromal components. Recent advances in molecular and biological technologies have revealed dynamic bidirectional interactions between cancer cells and CAFs. Emerging evidence demonstrates that CAFs not only respond to oncogenic signals but also actively drive tumor progression through paracrine factor secretion (e.g., TGF-B, IL-6) and extracellular matrix remodeling, and act as critical collaborators in hepatocarcinogenesis (4, 7, 8). Cooperation between the tumor cells and CAFs facilitates supportive niches that enhance tumor aggressiveness. Furthermore, CAFs can influence the behavior of malignant cells and regulate the immune pattern within the context of the TME (9). Specifically, diverse CAF subtypes may differentially affect the effectiveness of immunotherapy outcomes through their capacity to modulate various types of immune cells and cancer cells. As indicated in many studies, the high expression of fibroblast activation protein (FAP) in CAFs is associated with an increasing infiltration of Tregs and M2 macrophages and a decreasing infiltration of CD8<sup>+</sup> T cells and NK cells in the TME (10-12). It is expected to promote the proliferation and migration of HCC cells, and indicates a poor prognosis of HCC patients (10–12). In addition, CAFs can secrete many soluble factors and extracellular vesicles that modulate the immune response and are significantly correlated with the effectiveness of immunotherapy (4). Therefore, it is also increasingly important to understand the multifaceted effects of CAFs in HCC. Despite the promising role of CAFs as therapeutic targets, the evidence specifically targeting CAFs in HCC remains limited. However, insights from other solid cancers suggest that targeting CAFs may provide potential benefits in treating HCC.

This review aims to thoroughly summarize the cellular origins of CAFs within the context of HCC, the classification of CAF subtypes, and their diverse biological functions. CAFs are increasingly acknowledged as potential therapeutic targets as ongoing research continues to evolve and accumulate. By revealing the intricate interactions between CAFs and TME, we intend to summarize these insights to provide a basis for designing novel therapeutic strategies targeting CAFs to improve the therapeutic benefits and clinical outcomes of HCC patients.

### 2 Origins and heterogeneity of CAFs

CAFs in HCC derive from multiple cells, such as activated HSCs, resident fibroblasts, and mesenchymal stem cells (MSCs)

sourced from bone marrow, as well as other stromal cells within the TME (e.g., endothelium, adipocytes) (4, 13, 14). This heterogeneity in origins contributes significantly to the intricacy and functional diversity of CAFs within the pathology of the disease (13) (refer to Figure 1). Throughout the hepatocarcinogenesis, chronic liver injury and advanced hepatic fibrosis function as critical driving forces. Over 90% of HCC instances emerge within the context of liver cirrhosis, and roughly one-third of patients suffering from cirrhosis ultimately advance to HCC (4). CAFs are recognized as the principal producers of collagen in the liver, demonstrating a strong correlation with the progression of HCC. HSC is a mesenchymal cell uniquely present in the liver and is the primary source of CAFs (13, 15, 16). HCC cells can secrete exosomal miRNA-21 into the environment, facilitating the transformation of HSCs into CAFs (17). Additionally, HCC cells can release sulfatase 2, enhance the transformation of HSCs into specific CAF types, and facilitate epithelial-mesenchymal transition (EMT) of cancer cells (18). Portal fibroblasts (PFs) are another essential origin of the CAFs in HCC. They are localized around the portal vein and keep the integrity of the biliary tree and portal vein intact (19). It was distinguished from HSCs by several expressed markers such as Thy1 and Fbln2. It drives myofibroblast generation throughout the initial phases of cholestatic liver fibrosis, whereas HSCs are the primary source of CAFs in later disease stages (19). Fibrocytes, originating from hematopoietic stem cells, demonstrate the presence of markers characteristic of both fibroblasts and hematopoietic cells, thus fulfilling an essential function in tissue regeneration and antigen presentation (14, 20). Following liver injury, these cells migrate from the bone marrow to the liver and spleen and differentiate into myofibroblasts under the regulation of CCR2, CCR1, TGF- $\beta$ 1, and LPS (4). EMT can result in aggressive CAFs with an altered cellular and molecular phenotype in HCC cells; expression of mesenchymal markers and fibroblast-specific proteins is increased with concomitant activation of specific pathways, such as TGF- $\beta$ , and results in enhanced metastasis (21).

Other cell types with a potential CAF phenotype have also been recognized; these include hepatic sinusoidal endothelial cells (HSECs), MSCs, adipocytes, pericytes, and mesothelial cells (14, 21-26). The researchers concluded that HSEC can undergo endothelial-mesenchymal transition (EndMT), thus acquiring a fibroblast-like phenotype. MSCs can migrate to liver fibrosis and HCC microenvironments. A previous study found that co-culturing MSCs with HCC cells led to the acquisition of CAF properties and increased levels of tenascin-C and CXCL12 (4). A previous study showed that human adipose-derived mesenchymal stem cells acquired CAF-like characteristics after interaction with cancer cells when co-cultured with cancer cells (22), and the expression levels of a series of markers, such as α-SMA, porin, c-MYC, fibroblast growth factor receptor 1 (FGFR1), IL-6, IL-8, matrix metalloproteinase 2 (MMP2), vascular endothelial growth factor (VEGF), and tenascin-C, were significantly increased (22, 27-29).

In summary, the diverse origins of CAFs in HCC contribute to their complexity and functional roles in the TME, with activated HSCs and portal fibroblasts being primary sources. The interaction among these cells and diverse signaling pathways promotes HCC



FIGURE 1

Origins and subtypes of CAFs in HCC. Cancer-associated fibroblasts in hepatocellular carcinoma microenvironment originate from multiple sources (left panel), including hepatic stellate cells (HSCs), mesenchymal stem cells (MSCs), portal fibroblasts (PFs), adipocytes, fibrocytes, pericytes, and cells derived from epithelial-to-mesenchymal transition (EMT) or endothelial-to-mesenchymal transition (EndMT). The right panel categorizes CAFs into eight subtypes: myofibroblast-like CAFs (myCAFs), inflammatory CAFs (iCAFs), cytokine-secreting CAFs (cyCAFs), antigen-presenting CAFs (apCAFs), vascular CAFs (vCAFs), lipid metabolism CAFs (lpCAF), lipid processing myofibroblast CAFs (lpmCAF), and proliferative CAFs (pCAFs).

progression and increases tumor aggressiveness through multiple mechanisms.

# 3 Molecular subtypes and biomarkers of CAFs in HCC

Previous studies on HCC demonstrated that CAFs present in the tumor microenvironment show high heterogeneity, and different subtypes of CAFs display different biomarkers that exhibit distinct expression patterns. Although several biomarkers of CAFs have been reported, not all are CAF-specific because many are also present in other types of cells. It is interesting to explore the heterogeneity of CAFs and identify curated subcluster-specific markers to clarify how CAFs function in HCC. CAFs isolated from freshly resected HCC tumor tissues have shown MSC-like characteristics, as assessed by enhanced clonogenic potential and upregulation of CD73, CD90, CD105, CD44, CD13, CD29, and CD166 expression and downregulation of CD31, CD34, CD45, CD117, and HLA-DR expression. These cells retain multilineage differentiation capacity toward osteogenic, adipogenic, and pancreatic cell lineages (14). According to current research categorization conventions, CAFs can be classified into several common subtypes, including myofibroblastic CAF (myCAF), inflammatory CAF (iCAF), vascular CAF (vCAF), cytokines and growth factor-expressing CAF (cyCAF), antigen-presenting CAF (apCAF), proliferative CAF (pCAF), lipid processing myCAF (lpmCAF), and lipid metabolism and processing CAF (lpCAF) (16, 30, 31) (refer to Figure 1). Numerous analyses demonstrate that CAFs in HCC chiefly express an activated myofibroblastic phenotype. It was characterized by increased expression of specific markers, including  $\alpha$ -smooth muscle actin ( $\alpha$ -SMA), fibroblast activation protein (FAP), actin alpha cardiac muscle 1 (ACTA1), collagen type I alpha 1/2 chains (COL1A1, COL1A2), COL6A3, vimentin, fibroblast-specific protein-1 (FSP-1), platelet-derived growth factor receptors (PDGFRs), desmin, fibronectin, and collagen type I alpha chains (7, 14, 32-35). Other evidences show that the myCAF promote HCC progression via the COL-IDDR1 pathway, involving molecules such as COL1A1, COL1A2, COL5A1, COL6A3, POSTN, DCN, FAP, SPP1, MMP14, MMP11 and TIMP1 (16, 36, 37). The cyCAF displays an inhibitory role in the progression of HCC by modulating cytokines and growth factors, with significant molecular components comprising RGS5, COLEC11, ECM1, and HGF (16). The iCAFs are distinguished from other types by expressing classical signature genes including CXCL9, CXCL10, and CXCL11 (37). The vCAF is functionally linked to vascular smooth muscle contractile activity and calcium signaling pathways, involving VEGFA, DSTN, MYH11, MUSTN1, and MCAM (36-38). The apCAF assumes a function in antigen processing and presentation, possibly aiding in macrophage M2like polarization and the recruitment of T lymphocytes, with pivotal mediators such as CD74, CXCL12, HLA-DRA, CCL5, and HLA-DRB1 (36-38). Proliferative CAFs exhibit high expression of STMN1, TOP2A, MKI67, and other markers involved in proliferation and the cell cycle (37). lpCAFs are involved in the remodeling of protein-lipid complexes, the metabolism of fatty

acids (specific expression of CD36, APOA1, APOC1, APOC3, SEPT7, and FABP1), and the recruitment of CD33<sup>+</sup> myeloidderived suppressor cells (MDSCs). LpmCAFs are involved in processes such as extracellular matrix dynamics, cholesterol metabolism, and lipid metabolism that promote the growth of HCC, with purposely highly expressed markers including COL6A3, COL1A1, CD36, and STEAP4 (16, 36, 37).

A series of recent single-cell RNA-sequencing (scRNA-seq) studies have defined multiple subpopulations, molecular features, and functions of fibroblasts in HCC that differ from classical common subtypes. The investigation by Meng et al. demonstrated significant and distinct variations in fibroblast properties, attributed to the gene expressions of COL4A1, COL1A1, and COL6A2, all of which are pivotal in the elaborate biological framework of extracellular matrix-receptor crosstalk (39). Their investigation further disclosed that COL1A1 and ITGA2 exhibit the strongest interactions through communication between CAFs and malignant cells (35). CD36<sup>+</sup> CAFs in hepatocellular carcinoma (HCC) exhibit upregulated lipid metabolism-driven immunosuppression by impairing cytotoxic T lymphocyte activity and elevating PD-1 expression, as demonstrated in murine models (36). Wang and colleagues categorized CAFs into a total of six distinct subtypes in HCC utilizing scRNA gene expression profiles: STMN1<sup>+</sup> CAFs, CXCL12<sup>+</sup> CAFs, MYH11<sup>+</sup> CAFs, SEPT7<sup>+</sup> CAFs, POSTN<sup>+</sup> CAFs, and CD36<sup>+</sup> CAFs, and they specifically focused on the newly discovered POSTN<sup>+</sup> CAF subpopulation, which plays a crucial role in promoting the progression of HCC through the activation of the ECM, hypoxia and TGF- $\beta$  signaling pathways (37). The study by Yan et al. reveals that YAP1-positive fibroblasts linked to oncogenesis stimulate the swift proliferation of HCC cells by enhancing the expression of genes associated with matrix rigidity (40). Liu and colleagues identified three CAF subtypes (HLA-DRB1, MMP11, and VEGFA), with VEGFA+ CAFs activated by the hypoxic microenvironment, linked to poorer prognosis, and promoting tumor angiogenesis through interactions with capillary endothelial cells (38).

In summary, the expression of CAF biomarkers is highly heterogeneous and largely depends on the specific CAF subtypes investigated in these studies. The heterogeneity of CAFs is not only manifested by the expression of these biomarkers but is also closely associated with their functional roles in the TME (4, 13, 14). Therefore, the specific biomarkers and potential functions need further investigation in CAF-targeted therapies. Only when the specificity and functional complexity of CAF biomarkers are fully revealed and linked can targeted therapies offer hope for treatment. Future research should integrate multi-omics analyses and functional validation to clarify subtype-specific mechanisms and therapeutic targets.

### 4 Biological roles of CAFs in HCC

CAFs can significantly impact cancer cells and neighboring cell populations, altering the TME and influencing the direction of disease evolution. Previous studies have elucidated that CAFs can promote cell proliferation, self-renewal capacity, migratory behavior, invasive potential, drug resistance, and metastatic spread through multiple signaling pathways (14) (refer to Figure 2).

# 4.1 CAFs facilitate cancer cell proliferation and vascular mimicry

Increasing evidence of research points out that CAFs are essential factors in liver cancer progression and boost the growth of malignant cells (7, 30, 41, 42). Liu et al. reported that the LINC00152/miR-205-5p/CXCL11 signaling mechanism in CAFs is pivotal in determining the traits of malignant cell proliferation, validating that LINC00152 increases CXCL11 production by binding miR-205-5p (43). Zhang et al. provided evidence that the reduction of exosomal miR-320a derived from CAFs stimulates the growth and metastasis of HCC through PBX3 targeting and MAPK signaling pathway inhibition (44). Hypoxic carcinoma-associated fibroblasts (H/CAFs) significantly enhance the replication of tumor cells, contributing to the increases in tumor size and development (45). The FOXQ1/ NDRG1 axis promotes the initiation of HCC by modulating the crosstalk between CAFs and tumor cells, which forms a circular reinforcement loop to attract HSCs and encourage tumor proliferation (46). Vasculogenic mimicry (VM) is the ability of aggressive tumor cells to generate vascular-like structures by selfdeformation and remodeling of the ECM. CAFs enhance VM formation in HCC by upregulating the expression of MMP2 and EphA2 through the secretion of factors; in addition, the increased vimentin and α-SMA expression in VM-positive tissues was significantly associated with the clinicopathological traits of HCC samples, including tumor diameter and Edmondson grade (42). Furthermore, CAFs activate the CD90/placental growth factor (PIGF) axis with high CD90 expression and PIGF secretion to promote neoangiogenesis (upregulation of CD34, CD31, and CD105) and are correlated with poor prognosis (41). Thus, targeting the CAFs-PlGF axis may inhibit pro-angiogenic TME. To regulate the arrangement of VM in the TME, CAFs release SDF-1, TGF-B, and HGF, which combine with their corresponding membrane receptors on tumor cells, including CXCR4, TGF-BR1, and c-Met, to modify the plasticity of HCC cells (47, 48). CAFs promote VM in HCC via TGF-B/SDF1-induced VE-cadherin/ MMP2/LAMC2 axis, while miR-101 can suppress VM by dual targeting TGF-BR1/Smad2 in HCC cells and SDF1 in CAFs for anti-metastasis therapy (48). Understanding the participation of CAFs in alternative vascularization, including angiogenesisdependent procedures, may improve the development of targeted therapies for HCC. Moreover, CAFs have been shown to induce metabolic reprogramming in HCC cells, which is crucial for tumor progression. CAFs can secrete various metabolites and growth factors, such as lactate and glutamine, to regulate the metabolic landscape of the TME. For example, CAFs-derived lactate can be taken up by cancer cells and used as a fuel source, promoting their proliferation and survival. CAFs also secrete HGF, which activates the c-Met receptor in HCC cells, which leads to the activation of downstream signaling pathways



that drive metabolic reprogramming. Targeting these metabolic interplays may offer novel therapeutic opportunities for HCC treatment.

# 4.2 CAFs promote extracellular matrix remodeling

CAFs have been reported to promote malignant progression in various cancers through modulation of the tumor microenvironment by altering the ECM, which is composed of a lot of proteins maintaining tissue architecture and cell growth; alterations in the ECM promote tumor initiation, invasion, metastasis, and drug resistance in solid tumors (4). Notably, Schrader et al. reported that a stiffer augmented matrix of ECM facilitates cellular proliferation and resistance to chemotherapeutic drugs in HCC cells. In contrast, a

more yielding ECM setting enables reversible dormancy and the acquisition of stem cell-like phenotypes, further demonstrating the pivotal role of the mechanical properties of ECM in tumor progression and patient outcomes (49). Matrix metalloproteinases (MMPs), such as MMP9, are essential components of the mechanism of extracellular matrix degradation, and many researchers have demonstrated that these enzymes play a key role in the initial stage of EMT during fibrosis (4). Recent reports have indicated that mechanical forces generated by premetastatic cancer cells and the contractility of CAFs are involved in the remodeling of the ECM and intercellular interactions, which influence the growth and progression of HCC and make these two components potential targets for tumor therapy (50, 51). The results from the study by Peng et al. demonstrated that, in HCC, CAFs of different types can release TGF-β1, which can activate AP1 signaling pathways and upregulate the expression of Sema3C (52). This leads to the contraction of the

ECM and the activation of HSCs (52). Mechanistically, Sema3C colludes with NRP1 and ITGB1 on HSCs, triggering the downstream NF-kB signaling cascade, ultimately leading to the output of IL-6 and the upregulation of HMGCR gene.

### 4.3 CAFs promote metastasis of HCC

CAFs promote pulmonary metastasis of HCC via paracrine CCL5, CXCL11, HGF, and FSTL1 (4, 52). In preclinical mouse models, CCL5 released from CAFs could inhibit the degradation of HIF1a and increase the expression of ZEB1. Biological activity shown above greatly promotes EMT, a basic cellular process that plays a vital role in the development and progression of many cancers and promotes lung metastasis from HCC (53). CAF-Factors, including CXCL16, IL-6, CCL2, CCL7, heparin-binding EGF-like growth factor, and POSTN, promote the invasion of HCC in co-culture models by stimulating the secretion of chemokines that activate the hedgehog and TGF-B pathways for their prometastatic effects, which remain to be verified in vivo (4, 52). Fang et al. found that exosomal miR-1247-3p, secreted by tumor cells, could promote the activation of CAFs by inducing its activation, leading to lung metastasis of HCC by targeting B4GALT3 and enhancing  $\beta$ 1-integrin-NF- $\kappa$ B signaling pathway (54). Liu et al. found that CAF-derived CXCL11 enhanced HCC cells migration and metastasis by the circUBAP2/miR-4756/IFIT1/3 signaling pathway; CAFs participate in cancer development by promoting the invasion and metastasis of HCC cells (55). Shang et al. have revealed that exosomal circHIF1A, derived from hypoxic cancerassociated fibroblasts (H/CAFs), can upregulate PD-L1 expression in HCC cells. This action promotes HCC progression and immune evasion, primarily by inhibiting the cytotoxic activity of CD8<sup>+</sup> T cells, and the process is conditionally dependent on Hu antigen R (HuR) (45).

# 4.4 CAFs induce cancer stemness and mediate drug resistance in HCC

CLCF1-CXCL6/TGF- $\beta$  axis mediates the interaction between tumor cells, CAFs, and tumor-associated neutrophils to promote HCC development and cancer stemness (7). CAFs also promote the stemness of CD24<sup>+</sup> liver cancer cells by secreting HGF and IL-6, which can activate STAT3 phosphorylation at the Tyr705 site, to drive self-renewal, chemotherapy resistance, and distant metastasis (56). CAFs promote stem cell-like properties in malignant cells by activating the IL-6/STAT3/Notch axis, driving tumor aggressiveness and poor prognosis (57). In a study conducted by Lai et al., they found that the IL-6/STAT3 signaling pathway regulates the DNMT3b enzyme, and it can facilitate the development of resistance to the chemotherapeutic agent sorafenib by promoting the expression of OCT4, which, at the same time, led to a poor prognosis and outcome in HCC (57). Hepatocyte growth factor (HGF) from CAFs drives HCC stemness and chemoresistance through FRA1-dependent signaling, enhancing spheroid formation, upregulating stem cell markers (CD44/EpCAM), and conferring cisplatin and sorafenib resistance, as evidenced by multiple preclinical studies (56, 58, 59). Additional research has indicated that CAFs in HCC enhance tumorinitiating cell characteristics and therapeutic resistance by releasing HGF and IL-6, which activate the FRA1 and Notch signaling pathways, respectively (56, 60, 61). Upon further investigation, it was found that CLCF1 acts as a cytokine that promotes cancer cell stemness in HCC. Its biological functions are associated with ciliary neurotrophic factor receptor (CNTFR) and downstream CXCL6/E2F and TGF-B/MAPK signaling pathways, which promote the expression of stemness-associated genes and tumorigenesis (7). As reported by Su et al., exosomal miR-92a-3p secreted by CAFs fosters the proliferation of tumors and stemness in HCC via the Wnt/βcatenin signaling cascade by downregulating AXIN1 expression (62). Loh et al. found that follistatin-like 1 (FSTL1) secreted by activated fibroblasts drives stem cell characteristics, metastasis, and sorafenib resistance in HCC through the TLR4/AKT/mTOR/4EBP1 signaling axis. High FSTL1 level in FAP positive fibroblasts is associated with poor patient prognosis, and targeting FSTL1 can inhibit tumor malignancy and extend survival in tumor-bearing mice (60). Using spatial multi-omics technology, a novel subpopulation of cancerassociated fibroblasts (F5-CAF, marked by COL1A2/COL4A1/ CTGF/FSTL1) was identified in HCC, which is spatially located around tumor nests and co-localizes with cancer cells exhibiting high stemness, driving liver cancer progression and poor prognosis by facilitating the existence of cancer stem cells (61).

### 4.5 CAFs facilitate immune evasion in TME

CAFs recruit immune cells, including monocytes, neutrophils, and dendritic cells, and aid these cells to adopt an immunosuppressive phenotype, thereby facilitating immune evasion in HCC (63-65). Research shows that HCC-derived CAFs facilitate the generation of regulatory DCs via IL-6-mediated STAT3 activation, leading to increased IDO production and T-cell regulation (63). CAFs attract monocytes and induce their transformation into MDSCs via the SDF-1a/CXCR4 pathway and IL-6-mediated STAT3 activation, impairing T-cell proliferation and promoting HCC progression (64). Cheng et al. further explained that CAFs linked with HCC induce programmed death-ligand 1-positive (PD-L1<sup>+</sup>) neutrophils via the interleukin-6signal transducer and activator of transcription 3 (IL-6/STAT3) signaling pathway, thereby augmenting immune evasion by hindering T-cell functionality (65). Research by Yang et al. provided in vivo insights that validate the role of CAFs in promoting HCC progression through the recruitment of MDSCs via the fibroblast activation protein (FAP)-orchestrated urokinase-type plasminogen activator/receptor (uPAR)/focal adhesion kinase (FAK)/Src/Janus kinase 2 (JAK2) axis, which then activates STAT3 and triggers the expression of C-C motif chemokine ligand 2 (CCL2), thereby highlighting the vital importance of CAFs in the development of an immunosuppressive TME (66, 67). Recent studies have identified some factors released by CAFs in liver cancer, like IL-6, CXCL12, IL-8, and CCL-2, which inhibit CD8<sup>+</sup> T cells and facilitate M2 macrophage differentiation (68, 69). H/CAFs induce immune suppression by

inhibiting the cytotoxicity and activity of CD8<sup>+</sup> T cells, allowing HCC cells to evade immune surveillance and persist in the TME (45). In the study by Song et al., they found that cytokines from CAFs, like CLCF1, can enhance the interaction between HCC cells, CAFs, and cancerassociated neutrophils and increase N2 neutrophil infiltration and tumor proliferation by combination with CNTFR receptors (7). At the same time, they found that ERK1/2 is the core regulator in the positive feedback loop, which strengthens the signaling pathways of CLCF1, CXCL6, and TGF- $\beta$ , and effectively promotes the malignant transformation of HCC (7). Furthermore, Yang et al. demonstrated that CAFs induce immunosuppression via promoting macrophage polarization switching to M2 type through endosialin/CD68-mediated release of GAS6 factor, and the anti-endosialin antibody IgG78 blocked this tandem via inducing lysosomal degradation of glycosylated endosialin, which could significantly inhibit CAF-induced M2 infiltration and tumorigenesis in preclinical models (70). In conclusion, CAFs induce immunosuppression through direct or indirect contact with immune cells, successfully modulating immune cells into a tolerant phenotype, and then promoting immune evasion.

### 5 Therapeutic strategies targeting CAFs in HCC

Currently, there are no FDA-approved drugs specifically targeting CAFs in HCC. Some FDA-approved systemic therapies for HCC, such as anti-angiogenic agents (e.g., sorafenib, lenvatinib, cabozantinib) and immune checkpoint inhibitors (e.g., nivolumab, pembrolizumab), may indirectly affect CAF activity, but they are not specifically designed to target CAFs (13). CAF-targeted therapies can inhibit tumor progression. These therapeutic strategies prevent CAF formation and infiltration by eliminating CAFs, normalizing their functions, and inducing a tumor-suppressive phenotype. Currently, most studies focus on inhibiting the paracrine effects of CAFs. However, few druggable CAF-related targets have been identified, and most of these studies are still in preclinical stages (13, 14). For example, Liu et al. reported that combining IL-6 blockade and anti-PD-L1 therapy could improve anti-tumor immunity and overcome resistance to immunotherapy in the mouse HCC model. This study proposes a novel therapeutic strategy to enhance PD-L1 inhibitor efficacy in HCC (71). A preclinical study demonstrates that the TGFβ receptor inhibitor LY2109761 can downregulate the connective tissue growth factor (CTGF), disrupt tumor-stroma interactions, and significantly inhibit malignant progression, which suggests potential clinical benefits for targeting CTGF (72). Furthermore, some early clinical studies are also ongoing. A randomized phase I study comparing the multi-targeted inhibitor dovitinib (VEGFR, PDGFR, FGFR) versus sorafenib (VEGFR, PDGFR) in advanced HCC demonstrated comparable median overall survival and time to progression, with subgroup analysis suggesting improved survival for dovitinib-treated patients with baseline sVEGFR1 or HGF below median levels; however, no superiority over sorafenib was observed, and no phase 3 trial is planned (73). A Phase I study of H3B-6527 (NCT02834780), a selective FGFR4 inhibitor, demonstrated a favorable safety profile and encouraged clinical activity in patients with advanced HCC who had previously undergone multiple therapies. With a recommended Phase II dose of 1000 mg daily, the study reported an overall response rate of 16.7% and a clinical benefit rate of 45.8% among heavily pretreated HCC patients (74). A Phase 2 trial assessed the efficacy of galunisertib (NCT01246986), a TGF-B1 antagonist, with sorafenib in individuals with late-stage HCC. The results indicated acceptable safety and efficacy, with responders exhibiting significantly longer overall survival than nonresponders (75). A recent trial (CTR20230372) demonstrated that combining the oral STING agonist MSA-2 with the anti-TGF- $\beta$ /PD-L1 bispecific antibody YM101 could enhance anti-tumor immunity in immune-silent tumor models (e.g., immune-excluded and immune-desert) (76). This combinational strategy improves dendritic cell maturation, T cell activation, and tumor-infiltrating lymphocyte activity, which could significantly inhibit malignant progression. A Phase Ib/II trial focused on the safety and therapeutic efficacy of BLU-554 (NCT04194801), an antagonist of FGFR4. This study was performed alongside CS1001, a monoclonal PD-L1 antibody, specifically for individuals with locally progressed or metastatic HCC (77). Although most CAF-targeted therapies are still in preclinical stages, some existing data have demonstrated their therapeutic potential in HCC. Further studies are required to validate efficacy and optimize combination strategies for comprehensive HCC treatment.

# 6 Different techniques to identify CAFs in HCC

ScRNA-sequencing technique reveals the heterogeneity of CAFs and their distinct gene expression patterns, and imitates the developmental trajectories of CAFs, and depicts their interactions with other cells. However, the limitations of scRNA-seq analysis are mainly attribute to high technical requirements and costs, complex experimental procedures and data analysis. In addition, the lineage tracing technique uses specific genetic tools or markers to track the origin and differentiation processes of CAFs. This method provides insights into the origins of CAFs in HCC and helps clarify the mechanisms of CAF activation and differentiation. However, the complex technical implementation and difficulty in selecting appropriate lineage-specific markers restrict its widespread utility. Immunohistochemistry (IHC) is also widely used to detect specific cell types in tumors. This technique can use specific antibodies to detect CAF-related proteins in HCC tissue sections and visualize their localization, distribution, and relative content. IHC allows direct observation of CAF distribution and quantity in HCC tissues, and it can be combined with histopathological analyses. However, IHC staining results depend on antibody specificity and quality, and can be affected by subjective interpretation. Overall, each method for identifying and characterizing CAFs in HCC has its strengths and limitations. In practice, these methods are often combined to complement one another, and these combinations enable a more accurate detection and comprehensive understanding of CAFs in HCC.

### 7 Conclusion and future direction

CAFs are critical in modulating HCC development and progression by dynamically regulating TME through interactions with cancer cells, immune cells, and ECM (4, 13, 14). Due to their high functional heterogeneity caused by their diverse cellular origins, CAFs have been reported to exert pleiotropic effects in cancer development, including tumor promotion, metastasis, immune evasion, and therapy escape. Recently, more CAF subpopulations with various tumor-modulating functions were discovered by applying advanced scRNA-seq and spatial transcriptomics technologies, providing insight into the biomarker diversity and molecular crosstalk among CAFs (35, 38). The therapeutic targeting of CAF subpopulations or their secreted molecules, such as cytokines, exosomes, and downstream signaling pathways, especially in combination with immune checkpoint inhibitors, has been demonstrated in preclinical studies (71, 76). However, these approaches still face many challenges in clinical translation because of our limited knowledge of CAF biology in HCC, high heterogeneity, and specific functional contexts. We believe that future research should focus on the following questions to solve the remaining mysteries of CAF subsets for precise therapies, including the unresolved questions on epigenetic regulation of CAF transition, spatial distribution pattern of CAFs in TME, and specific biomarker validation for distinguishing tumor-promoting from tumor-restraining subtypes. Integrating multi-omics approaches with advanced preclinical models will bridge gaps between in vitro findings and clinical relevance. Single-cell and spatial transcriptomics are critical for uncovering the architectural context and clarifying rare CAF subsets. Solving the technical issues involved in CAF extraction, the specific activity of antibodies, and the validation of results in vivo will be necessary for translating preclinical findings into safe and efficacious clinical applications. Moreover, standardizing the nomenclature associated with CAF subtypes and instituting public transparency regarding defining markers will enhance the connectivity and comparability among research teams and studies, thereby expediting the identification of novel biomarkers and the investigation of prospective mechanisms. From a clinical practice perspective, therapeutic approaches targeting CAFs must rely on the specific elimination of certain subpopulations or the intelligent reprogramming of the TME to distinguish different "demon" CAF subtypes while simultaneously preserving normal

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fibroblast and other stromal function with limited functional impairment. Using multiple approaches, either inhibiting the dialogue between CAFs and immune cells, altering the ECM remodeling pathway, or promoting differentiation of precursor cells, would be expected to enhance the efficacy of agents and reduce the resistance. Assessing and classifying individuals based on CAF characteristics and the TME may increase the success rate of immunotherapy for HCC.

### Author contributions

XS: Investigation, Writing – review & editing, Writing – original draft, Data curation, Conceptualization. WZ: Visualization, Writing – original draft, Conceptualization, Writing – review & editing. JPZ: Writing – original draft, Conceptualization, Software. CF: Validation, Writing – original draft. JZ: Writing – review & editing, Supervision, Validation, Funding acquisition.

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The author(s) declare that no Generative AI was used in the creation of this manuscript.

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## Glossary

apCAF	antigen-presenting CAF	lpmCAF	lipid processing myCAF
CAF	cancer-associated fibroblasts	MDSCs	myeloid-derived suppressor cells
cyCAF	cytokines and growth factor-expressing CAF	MMP	matrix metalloproteinase
DCs	dendritic cells	MSCs	mesenchymal stem cells
ECM	extracellular matrix	myCAF	myofibroblastic CAF
EMT	epithelial-mesenchymal transition	pCAF	proliferative CAF
EndMT	endothelial-mesenchymal transition	PDGFRs	platelet-derived growth factor receptors
HCC	hepatocellular carcinoma	PFs	portal fibroblasts
H/CAFs	hypoxic carcinoma-associated fibroblasts	PlGF	placental growth factor
HSCs	hepatic stellate cells	TME	tumor microenvironment
iCAF	inflammatory CAF	vCAF	vascular CAF
lpCAF	lipid metabolism and processing CAF	VM	vasculogenic mimicry