

OPEN ACCESS

EDITED BY Pengfei Wang, Fudan University, China

REVIEWED BY
Liqiong Song,
Chinese Center For Disease Control and
Prevention, China
Shan Cao,
Tianjin University of Traditional Chinese
Medicine, China

*CORRESPONDENCE
Fangguo Lu
M 001196@hnucm.edu.cn

RECEIVED 24 May 2025 ACCEPTED 14 August 2025 PUBLISHED 01 September 2025

CITATION

Hu J, Ma X, Xiao Y, Chen C, Liu C, Lu J, Wang X and Lu F (2025) Mechanisms underlying the mitigating action of Maxing Shigan Decoction in acute lung injury caused by influenza virus based on UPLC-HRMS analysis and network pharmacology. *Front. Immunol.* 16:1634442. doi: 10.3389/fimmu.2025.1634442

COPYRIGHT

© 2025 Hu, Ma, Xiao, Chen, Liu, Lu, Wang and Lu. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.

Mechanisms underlying the mitigating action of Maxing Shigan Decoction in acute lung injury caused by influenza virus based on UPLC-HRMS analysis and network pharmacology

Jue Hu¹, Xiangming Ma¹, Yufeng Xiao¹, Chunjing Chen¹, Chang Liu¹, Jun Lu¹, Xiaoqi Wang² and Fangguo Lu^{1*}

¹Medical School, Hunan University of Chinese Medicine, Changsha, China, ²School of Integrated Chinese and Western Medicine, Hunan University of Chinese Medicine, Changsha, China

Introduction: Influenza A virus (IAV) infection is associated with high morbidity and mortality and can ultimately lead to acute lung injury (ALI). In traditional Chinese medicine, Maxing Shigan Decoction (MXSGD) can treat exogenous wind-cold, toxic heat invading the lungs, and heat-toxicity obstructing the lungs. However, the active components and underlying mechanisms of MXSGD in IAV-induced diseases remain largely unexplored. Therefore, we aimed to investigate the active constituents of MXSGD and its underlying mechanism of action in ALI.

Methods: Bioactive components of MXSGD in rat serum were identified using ultra-high-performance liquid chromatography and high-resolution mass spectrometry (UPLC-HRMS). Blood-absorbed MXSGD components (i.e., the constituents of MXSGD detectable in serum) in ALI were predicted through network pharmacology and molecular docking analyses. A mouse lung injury model was established using the influenza virus. The degree of lung injury, viral load in lung tissues, serum levels of inflammatory factors, gene expression levels of inflammation-related factors in lung tissue, and macrophage polarization in the lungs were then assessed.

Results and discussion: In the rat serum, 242 bioactive components were identified using UPLC-HRMS. Moreover, 56 ingredients, including glycyrrhizin, amygdalin, and ephedrine, were analyzed using network pharmacology, revealing 338 ALI-related targets and 99 core proteins in the protein–protein interaction network. Gene Ontology and Kyoto Encyclopedia of Genes and Genomes pathway analyses were conducted for core targets, and molecular docking confirmed the binding affinity of the main identified targets with their respective blood-absorbed components. Validation results demonstrated that

MXSGD significantly ameliorated lung injury, mitigated lung congestion and inflammation, lowered viral load in mouse lung tissue, promoted macrophage polarization, and downregulated the expression of the PI3K/AKT pathway in IAV-infected mice. Overall, this study revealed the mechanisms and active ingredients underlying the therapeutic effects, highlighting of MXSGD its potential in treating IAV-induced ALI and regulating the polarization of macrophages.

KEYWORDS

Maxing Shigan Decoction, acute lung injury, UPLC-HRMS, blood-absorbed components, macrophage polarization

1 Introduction

Influenza is a major cause of respiratory infections worldwide and is associated with high morbidity and mortality rates, often leading to complications such as pneumonia. Without timely treatment, these infections can progress to acute lung injury (ALI) and acute respiratory distress syndrome (ARDS), a leading cause of death in severe cases. According to the World Health Organization, seasonal influenza results in 3–5 million cases of severe illness and between 290,000 and 650,000 deaths annually (1).

Traditional Chinese medicine (TCM) has demonstrated notable efficacy in the treatment of infectious diseases (2, 3). Certain TCMs and their active components can effectively prevent and treat acute lung damage, and the preventive benefits of TCM in mitigating lung injury are garnering increasing recognition. For example, puerarin can significantly mitigate ALI by activating liver X receptor alpha and attenuating lipopolysaccharide (LPS)-induced inflammatory responses (4). Moreover, treatment with the Huayu Lifei formula showed decreased expression of tumor growth factor-beta (TGF-β), connective tissue growth factor, and Smad3 proteins in rats (5). Maxing Shigan Decoction (MXSGD), derived from Shang Han Lun, is a classic TCM treatise compiled by Zhang Zhongjing. It is commonly used to promote lung ventilation, liminate evil heat, clear inflammation, and relieve respiratory conditions such as cough, bronchitis, pneumonia, and asthma. MXSGD is also widely used to treat syndromes characterized by toxic heat invading the lungs and heat-toxicity obstructing lung function (6, 7). During the COVID-19 pandemic, MXSGD and its derivatives were frequently included in Chinese health guidelines as treatments for viral pneumonia (8, 9). Notably, MXSGD exerts inhibitory effects against multiple subtypes of the influenza virus, including H1N1, H9N2, H6N2, and type B influenza. MXSGD is commonly used to treat patients with pathogenic wind invasion at the body surface and heat-toxicity obstructing the lungs. The 2018-2020 Guidelines for the Diagnosis and Treatment of Influenza, issued by the National Health Commission of China, included this formula as a core treatment for the syndrome characterized by heat-toxicity blocking the lungs (10-13). The antiviral action of MXSGD may involve suppressing pathogen proliferation, reducing virus-induced inflammation, preventing inflammatory cytokine storms, and ameliorating gut microbial dysbiosis (14–16). However, the complex composition of the active compounds in MXSGD complicates efforts to fully unravel the precise mechanisms underlying its therapeutic effects, particularly in influenza-induced ALI.

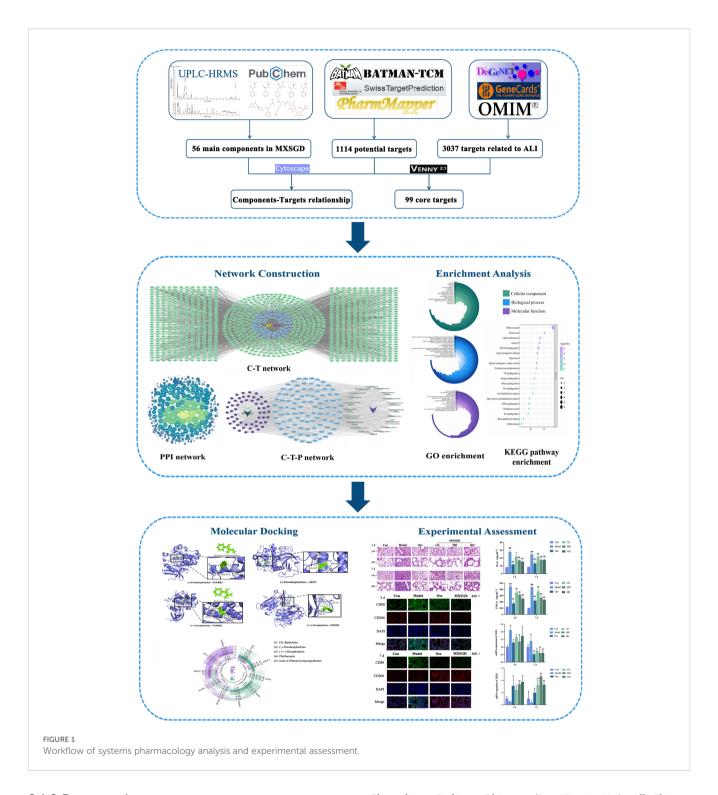
Network pharmacology offers a systematic approach to predict the potential mechanisms underlying the therapeutic effects of herbal formulations by analyzing compound-target-disease interaction networks through bioinformatics. This approach effectively explores the relationships between TCM and diseases, aligning with the holistic perspective of TCM. In the present study, using network pharmacology, we aimed to examine the mechanisms underlying MXSGD activity in ALI, predict the active compounds using ultrahigh-performance liquid chromatography-high-resolution mass spectrometry (UPLC-HRMS), and validate the associated pathways through *in vivo* tests (Figure 1).

2 Materials and methods

2.1 Instruments, drugs, and reagents

2.1.1 Instruments

The following instruments were used: a low-temperature high-speed centrifuge (Eppendorf Centrifuge 5430 R; Eppendorf, Hamburg, Germany), Vanquish UHPLC system (Thermo Fisher Scientific, Waltham, MA, USA), ACQUITY UPLC HSS T3 chromatographic column (2.1 mm $\times 100$ mm, 1.8 μm), Q-Exactive HFX mass spectrometer (Thermo Fisher Scientific), ELX-800 multifunctional microplate reader (Bio Tek, Winooski, VT, USA), LightCycler 96 fluorescent quantitative PCR instrument (Roche, Basel, Switzerland), tissue optical scanning microscope camera (ZEISS, Oberkochen, Germany), Mini-PROTEAN vertical electrophoresis apparatus, Mini Trans-Blot transfer apparatus, and SCG-W2000 chemiluminescence imaging system (all from Servicebio, Hubei, China).



2.1.2 Drugs and reagents

The reagents utilized in liquid chromatography-tandem mass spectrometry (LC-MS) included water (MS grade, MilliporeSigma, Burlington, MA, USA), methanol and acetonitrile (MS grade, Thermo Fisher Scientific), and formic acid (MS grade, Honeywell International Inc., Charlotte, NC, USA).

MXSGD consists of four TCM components: Ephedrae Herba (Lot No. 2109170042), Armeniacae Semen Amarum (Lot No. 2022011201), Gypsum fibrosum (Lot No. 2110151), and

Glycyrrhizae Radix et Rhizoma (Lot No. 220201). All Chinese medicinal materials were purchased from the First Affiliated Hospital of Hunan University of Traditional Chinese Medicine, and their quality met the standards established by the *Chinese Pharmacopoeia* (2020 edition). Oseltamivir phosphate capsules (75 mg, Lot No. M1073; Roche) were purchased from the People's Hospital of Hunan Province. The virus strain A/PR/8/34 (H1N1, mouse lung-adapted) was provided by the Molecular Virology Laboratory at Hunan Normal University and amplified

in chicken embryos in a BSL-2 laboratory at Hunan University of Chinese Medicine.

The reagents used in the validation experiments included influenza A virus (IAV) nucleoprotein antibody (Cat No. GTX125989; GeneTex, Irvine, CA, USA), anti-CD80 antibody (Cat No. ab254579; Abcam, Cambridge, UK), anti-mannose receptor antibody (Abcam, Cat No. ab64693), HRP peroxidase-conjugated goat anti-rabbit IgG (H+L, Cat No. GB21303; Servicebio), Cy3 conjugated goat anti-rabbit IgG (H+L, Cat No. GB23303; Servicebio), PI3K p85 alpha antibody (Cat No. AF6241; Affinity Biosciences, Cincinnati, OH, USA), phospho-pan-AKT1/2/3 antibody (Cat No. AF3262; Affinity Biosciences), pan-AKT1/2/3 antibody (Cat No. AF6261; Affinity Biosciences), RIPA lysis buffer (Cat No. G2002-100ML; Servicebio), phosphatase inhibitor (Cat No. G2007-1ML; Servicebio), BCA protein quantification assay kit (Cat No. G2026-200T; Servicebio), prestained protein marker VII (8-195 kDa; Cat No. G2087-250UL; Servicebio), enhanced chemiluminescent reagent kit (Cat No. G2161-200ML; Servicebio), RNA simple total RNA extraction kit (Cat No. DP419; TIANGEN, Beijing, China), NovoScript Plus All-in-One 1st Strand cDNA Synthesis SuperMix (gDNA Purge; Cat No. E047-01B; Novoprotein, Shanghai, China), NovoScript SYBR qPCR Super Mixture (Cat No. E096-01A; Novoprotein), mouse IL-1β enzymelinked immunosorbent assay (ELISA) kit (Cat No. ml301814; MLBIO, Shanghai, China), mouse IL-6 ELISA kit (Cat No. ml063159; MLBIO), and mouse TNF-α ELISA Kit (Cat No. ml002095; MLBIO).

2.2 Drug and sample preparation

2.2.1 Preparation of experimental drugs

The MXSGD formulation comprised 9 g of ephedra, 9 g of apricot kernel, 18 g of gypsum, and 6 g of licorice. The medicinal substances were measured according to their compositional ratios during production. The aqueous extract of MXSGD was obtained by first boiling ephedra, following the traditional preparation described in "Shang Han Lun" and based on our previous findings (17). Ephedra was mixed with distilled water at a 1:10 weight-to-volume ratio. The mixture was first boiled at 100°C and then simmered for 25 min. Following the removal of froth, gypsum, apricot kernel, and licorice were added to the mixture, which was then boiled for an additional 30 min and subsequently filtered. For the second extraction, distilled water at seven times the original volume was added, brought to a boil at 100°C, simmered for 20 min, and filtered again. The two extracts were then combined and concentrated to yield final crude drug concentrations of 0.605 g/mL and 4.265 g/mL for animal validation and serum preparation, respectively. The extracts were shielded from light and stored at 4°C until use. Oseltamivir phosphate capsules were completely dissolved in distilled water to create a suspension with a concentration of 2.15 mg/mL.

2.2.2 Preparation of drug-containing serum

Forty-eight specific-pathogen-free (SPF) male Sprague Dawley rats (180–220 g) were purchased from Hunan SJA Laboratory Animal Co., Ltd. [Animal Quality Certificate No. SYXK (Xiang) 2019-0009; Animal Experiment Ethical Approval No.: LL2021081101]. They were housed in the Animal Experiment Center of the Hunan University of Chinese

Medicine and allowed to acclimate for two days. The experimental conditions included a 12-h light/dark cycle, unlimited access to water and food, and controlled temperature and humidity. Animals were randomly assigned to two groups: the MXSGD and control groups, each including seven rats. Following serum pharmacochemistry protocols, the MXSGD group received a dosage adjusted based on body surface area to increase the concentration of active drug components in the blood. The gavage dosage was equivalent to 10 times the standard clinical dosage. Each rat in the MXSGD group received a gavage dose of 8.53 g/day. The control group received an equivalent volume of physiological saline, delivered daily at 2 mL for 7 consecutive days. On day 7, after an 8-h fasting period with unlimited access to water, the rats were anesthetized with sodium pentobarbital, and blood was drawn from the abdominal aorta. Blood samples were incubated at 4°C for 2 h and then centrifuged at 3,000 rpm for 10 min. The obtained MXSGDcontaining serum and blank serum were stored at -20°C until use.

2.2.3 Preparation of the test solution

A total of 600 μ L of MXSGD aqueous extract was mixed with 400 μ L of methanol and vortexed. To dilute the mixture, 200 μ L of it was added to 1.4 mL of a 40% aqueous methanol solution. The mixture was vortexed once more and centrifuged at 16,000 ×*g* for 15 min at 4°C. The supernatant was collected as the test solution sample (MXSGD-PRE).

2.2.4 Preparation of serum samples

Approximately 200 μ L of blank rat serum and 200 μ L of MXSGD-containing serum were each combined with 800 μ L of methanol. The two solutions were vortexed for 60 s, incubated at -20°C for 30 min, and subsequently centrifuged at 16,000 $\times g$ for 20 min at 4°C. The supernatant was collected and vacuum-dried. The residue was dissolved in 100 μ L of a 40% aqueous methanol solution, vortexed, and centrifuged again at 16,000 $\times g$ for 15 min at 4°C. The supernatant was obtained, yielding a blank serum sample (CONTROL) and a serum sample containing MXSGD (MXSGD).

2.2.5 Preparation of blank serum and test solution samples

Next, 200 μ L of blank rat serum was mixed with 33.4 μ L of MXSGD aqueous extract. Subsequently, 800 μ L of methanol was added to the mixture, which was then vortexed for 60 s. The solution was incubated at -20° C for 30 min, followed by centrifugation at $16,000 \times g$ for 20 min at 4° C. The supernatant was then harvested and vacuum-dried. The residue was subsequently dissolved in 100μ L of a 40% aqueous methanol solution, vortexed, and centrifuged again at $16,000 \times g$ for 15 min at 4° C. The supernatant was obtained, yielding a sample consisting of the blank serum combined with the test solution (CONTROL + MXSGD-PRE).

2.3 Application of UPLC-HRMS in pharmaceutical analysis

UPLC-HRMS was used to determine the chemical constituents of MXSGD that reached the bloodstream, with each constituent

accurately characterized. Chromatographic separation was performed using a Vanquish UHPLC system equipped with an ACQUITY UPLC HSS T3 chromatographic column (2.1 \times 100 mm, 1.8 μm). An aqueous solution of 0.1% formic acid served as mobile phase A, and an acetonitrile solution with 0.1% formic acid functioned as mobile phase B. Gradient elution was conducted as follows: 0–17 min, 5–98% B; 17–17.2 min, 98–5% B; and 17.2–20 min, 5% B. The flow rate was set at 0.3 mL/min, with the column temperature set to 35°C and an injection volume of 2 μL .

The Q-Exactive HFX mass spectrometer was integrated with the UHPLC system, and MS was conducted in both positive and negative modes using electrospray ionization. The data-dependent acquisition mode was utilized to select the top 10 MS1 ions to acquire the MS/MS spectra. Collision energies were established at normalized values of 20, 40, and 60, with a data acquisition range of m/z 90–1300. The spray voltages were set to +3800 V and –3000 V. The sheath gas flow rate was maintained at 45, with the capillary temperature set to 320°C and the probe heater temperature to 370°C. XCMS software was used for peak alignment, retention time correction, and peak extraction. The resulting data obtained were compared with a standard spectrum database for structural identification.

The correlation of the secondary mass spectrum (MS2) was predominantly evaluated using the MS2 fragment score, which has a maximum value of 1 (18, 19). A higher score (i.e., > 0.7) indicates greater reliability of the identification results (20, 21). Consequently, the parameters were set to maintain an MS1 difference of less than 15 ppm and a high degree of MS2 fragment similarity.

2.4 Network pharmacology analysis of MXSGD in the treatment of ALI

2.4.1 Screening of the blood-absorbed components and action targets of MXSGD

Representative components of MXSGD that entered the bloodstream, as detected via UPLC-HRMS, were selected as research subjects based on the average ion abundance values. Component IDs were obtained from the PubChem database (https://pubchem.ncbi.nlm.nih.gov/). Probable matching and docking in vivo drug targets were predicted using the PharmMapper database (http://www.lilab-ecust.cn/pharmmapper/), with targets filtered based on a Norm Fit threshold of \geq 0.8. In the SwissTargetPrediction database (http://www.swisstargetprediction. ch), targets were selected based on a "probability" threshold of ≥ 0.2. Targets underwent additional screening using the BATMAN-TCM database (http://bionet.ncpsb.org.cn/batman-tcm/) with a score cutoff" ≥ 20 and a P-value ≥ 0.05. The target protein names were standardized using the UniProt database (https:// www.uniprot.org/), and duplicate targets were consolidated and eliminated, yielding the action targets of the components of MXSGD that entered the bloodstream.

2.4.2 Screening of potential targets for ALI

The search term "Acute Lung Injury" was employed to extract pertinent targets from the GeneCards (http://www.genecards.org/),

DisGeNET (https://www.disgenet.org/), TTD (https://db.idrblab.net/ttd/), and OMIM databases (http://www.omim.org/). Duplicate targets were consolidated and eliminated, and the target nomenclature was accurately corrected using the UniProt database to identify disease-associated targets. Venny 2.1 (https://bioinfogp.cnb.csic.es/tools/venny/index.html) was subsequently used to input the action targets of the components and diseases, producing a Venn diagram. The intersecting targets indicated the probable action sites of the MXSGD components in the treatment of ALI.

2.4.3 Construction of component-target and protein-protein interaction network diagrams

Based on the identified MXSGD components that entered the bloodstream, target prediction outcomes, and associated illness targets, the C–T network diagram of MXSGD was generated employing Cytoscape 3.7.1 software. The PPI network was constructed using the STRING database (https://cn.string-db.org), with a high confidence threshold (≥ 0.7) as the screening criterion. The resulting network was visualized and analyzed using Cytoscape software (version 3.7.1). The network was further evaluated using the "Network Analyzer" tool, and network topology analysis was performed using CytoNCA (version 2.1.6). Key targets were identified based on degree, betweenness, and closeness centrality metrics, with values exceeding the respective medians.

2.4.4 Gene ontology and Kyoto encyclopedia of genes and genomes pathway enrichment analyses

The potential targets were imported into the Database for Annotation, Visualization and Integrated Discovery (DAVID) database (https://davidbioinformatics.nih.gov/summary.jsp) to conduct GO enrichment analysis for biological function and KEGG pathway enrichment analysis. These analyses highlighted the molecular functions, biological processes, cellular components, and metabolic pathways of these genes. A significance criterion of P < 0.05 was set, and part of the results were visualized using the Internet Bioinformatics tool (https://www.bioinformatics.com.cn/).

2.4.5 Construction of the blood-absorbed components-key targets-signaling pathways network

The blood-absorbed components of MXSGD, target prediction outcomes, pathway analysis, and associated diseases were utilized to delineate the relationships among drugs-ingredients, ingredients-targets, targets-pathways, and pathways-diseases. A network diagram titled "Blood-Absorbed Components –Key Targets-Signaling Pathways" (CTP) was generated utilizing Cytoscape software (version 3.7.1).

2.4.6 Molecular docking

The top five potentially active components with a high degree from the CTP network were selected for molecular docking with the top 10 core targets. The structures of prospective active constituents were acquired from the PubChem database. PDB format files for the

principal targets were retrieved from the PDB database (https://www.rcsb.org). Hydrogenation, dehydration, and ligand separation were performed using the AutoDock Tools software (version 1.5.7). Molecular docking was performed using AutoDock Vina software (version 1.1.2), and the minimal binding energies were computed. The docking findings were imported into PyMol for visualization and graphing.

2.5 Animal experiments

2.5.1 Establishment of animal models, grouping, and medication

Overall, 48 SPF-grade BALB/c mice (16-20 g), equally divided between males and females, were purchased from Hunan SJA Laboratory Animal Co., Ltd. [Animal Quality Certificate No. SYXK (Xiang) 2020-0010; Animal Experiment Ethical Approval No.: ZYFY20230703-04). The rearing conditions comprised a 12-h light/dark cycle, unlimited access to water and food, and controlled temperature and humidity levels. All animals were randomly allocated to six groups: control, model, positive control medicine (oseltamivir, Ose), and low-dose, medium-dose, and high-dose MXSGD groups, with eight mice in each group. All groups, excluding the control group, received 0.05 mL of a 1:640 hemagglutination titer dilution of IAV (1:100) by nasal drops to establish the IAV infection model. Twenty-four hours postinfection, each group received the corresponding treatment via oral gavage at clinically equivalent doses, using a body surface area-based dose variation algorithm. The medication was administered once daily at a volume of 0.2 mL. In the positive control treatment group, each mouse received 0.433 mg of oseltamivir daily by gavage. The low, medium, and high MXSGD groups received daily doses of 0.0605, 0.121, and 0.242 g of MXSGD, respectively. An equivalent volume of physiological saline was administered to the control and model groups. After 3 or 7 consecutive days of treatment, the animals were weighed, and blood was collected from the eyeball after anesthesia. Lung tissues of the mice were excised and weighed, with a portion preserved in 4% paraformaldehyde and another portion maintained in a -80°C ultra-low-temperature freezer.

2.5.2 General observation of mice

At the end of the experiment, the body weights of the mice were recorded. The lungs were harvested, and the remaining blood was absorbed using filter paper prior to weighing and documenting the lungs to compute the organ index. The lung index (%) was calculated using the following formula:

Lung Index (%) = (Lung Weight (g)/Body Weight (g)) \times 100

5.3 Pathological observation of lung tissue

Lung tissues preserved in 4% paraformaldehyde were subjected to gradient alcohol dehydration, xylene clearing, paraffin embedding, sectioning, baking, deparaffinization, hematoxylineosin staining, and neutral resin mounting. Tissue samples were examined under a microscope, and pathological changes were documented using photography.

2.5.4 Immunofluorescence detection of IAV nuclear protein levels in lung tissue

Three mice per group were randomly selected for immunofluorescence detection. After embedding, lung tissue samples were sectioned and deparaffinized for antigen retrieval. The tissue sections were blocked with 3% bovine serum albumin (BSA) for 30 min and then incubated with IAV nucleoprotein antibody (1:400) overnight at 4°C. Subsequently, they were incubated with a CY3-conjugated secondary antibody (1:300, red) at room temperature for 50 min. Nuclear staining was then performed using 4',6-diamidino-2-phenylindole (DAPI) (blue) in the dark at room temperature for 10 min. Following the suppression of tissue autofluorescence using an autofluorescence quencher, an anti-fluorescence quenching mounting solution was used, and the samples were examined under a fluorescence microscope. Image-Pro Plus 6.0 was then used to analyze the acquired images and determine the mean optical density value (IOD/area) for each field of view.

2.5.5 ELISA detection of cytokine levels in mouse serum

Frozen mouse serum was retrieved, and the levels of cytokines (IL-1 β , IL-6, and TNF- α) were measured according to the instructions of the ELISA kit. After obtaining absorbance values, sample concentrations were calculated using a standard curve.

2.5.6 Reverse transcription quantitative polymerase chain reaction of the gene expression of macrophage polarization markers in pulmonary tissue

Total RNA was extracted from pulmonary tissue using the TIANGEN RNAsimple Total RNA Kit. The extracted total RNA was then reverse-transcribed into cDNA using the NovoScript Plus All-in-one 1st Strand cDNA Synthesis SuperMix (gDNA Purge). Subsequently, PCR amplification was performed using the NovoStart SYBR qPCR SuperMix Plus kit. Following the PCR reaction, melting curve analysis was conducted, and the relative expression levels of target genes were calculated using the $2^{-\Delta\Delta CT}$ method, followed by statistical analysis. The specific primers utilized are presented in Table 1.

2.5.7 Immunofluorescence detection of protein expression of macrophage polarization markers in lung tissue

After embedding, lung tissue samples were sectioned and deparaffinized to facilitate antigen retrieval. The tissue sections were blocked with 3% BSA for 30 min and incubated with an anti-CD80 antibody (1:2000) overnight at 4°C. Subsequently, the sections were incubated with the appropriate horseradish peroxidase-conjugated secondary antibody (1:500, green) at ambient temperature for 50 min, followed by incubation with tryptic soy agar in the dark at room temperature for 10 min.

TABLE 1 Primer sequences.

Genes	Primer sequences(5'—3')
II6	F: GACTTCCATCCAGTTGCCTT
1L-0	R: ATGTGTAATTAAGCCTCCGACT
11.10	F: GGACAACATACTGCTAACCGACTC
IL-10	R: TGGATCATTTCCGATAAGGCTTGG
2100	F: TCACTCAGCCAAGCCCTCAC
iNOS	R: TCCAATCTCTGCCTATCCGTCTC
D1/2/21	F: ATCGTGGAGAATAAGGTCAAGGAAC
FIZZ1	R: CAAGCACACCCAGTAGCAGTC
0	F: ACATCCGTAAAGACCTCTATGCC
β-actin	R: TACTCCTGCTTGCTGATCCAC

Following incubation, tissue sections were subjected to microwave heating for antigen retrieval. An anti-mannose receptor antibody (1:200) was then added, and the sections were incubated overnight at 4°C. Sections were then incubated with the appropriate CY3-conjugated secondary antibody (1:300, red) in the dark at ambient temperature for 50 min. Following incubation, DAPI (blue) was used for nuclear staining. Tissue autofluorescence was suppressed using an autofluorescence quencher, followed by the application of an anti-fluorescence quenching mounting medium. The specimens were examined under a fluorescence microscope. Image-Pro Plus 6.0 was employed to analyze the acquired images and determine the mean optical density value (IOD/area) for each field of view.

2.5.8 Immunohistochemical detection of related protein expression in lung tissues

Following sectioning and dewaxing of paraffin-embedded lung tissues, antigen retrieval was performed using $1\times$ citrate buffer (pH 6.0) as the repair solution, followed by endogenous enzyme blocking with 3% H_2O_2 solution. Tissue sections were incubated with 10% goat serum for blocking, then subjected to antibody incubation, DAB staining, and hematoxylin counterstaining. After dehydration and mounting, protein expression was detected using the PV-9000 universal two-step detection kit, with positive signals observed under an optical microscope. Five random microscopic fields were selected per sample section, and the acquired images were analyzed using Image-Pro Plus 6.0 software to calculate the mean optical density value (IOD/area) for each field.

2.6 Statistical analysis

Experimental data were processed and analyzed using SPSS 25.0 (SPSS Inc., Chicago, IL, USA). Data are expressed as mean ± standard deviation. For normally distributed data, comparisons among different groups were performed using one-way analysis of variance, with pairwise comparisons performed using the least significant difference test (for equal variances) or the Games–Howell test (for unequal variances). Non-parametric rank-sum tests

were used for data that did not follow a normal distribution. The Kruskal–Wallis H test was initially used to assess overall differences, followed by the Mann–Whitney U test for pairwise group comparisons. A *P*-value < 0.05 was considered statistically significant.

3 Results

3.1 Identification of MXSGD components using UPLC-HRMS

Using UHPLC-HRMS, we collected data from the CONTROL, MXSGD, CONTROL + MXSGD-PRE, and MXSGD-PRE serum samples, and compared their positive and negative ion base peak chromatograms (BPCs) (Figure 2). In the positive and negative ion BPCs of MXSGD-PRE, high-abundance chromatographic peaks were validated based on peak shape and confirmed using the corresponding MS² spectra. Each identified peak was then sequentially labeled and marked in the positive and negative ion chromatograms (Figure 3).

We then transferred the resulting data to a local database of standard chromatograms relevant to TCM for MS² retrieval and comparison, identifying 1,297 chemical constituents in the blood following the administration of MXSGD. We identified 111 classes based on the ClassyFire classification method (22). Of them, the top 6 compounds included benzenes and their substituted derivatives (15.80%), carboxylic acids and their derivatives (22.12%), lipids (15.17%), flavonoids (15.42%), organic oxides (15.55%), and isoprenoids (15.93%).

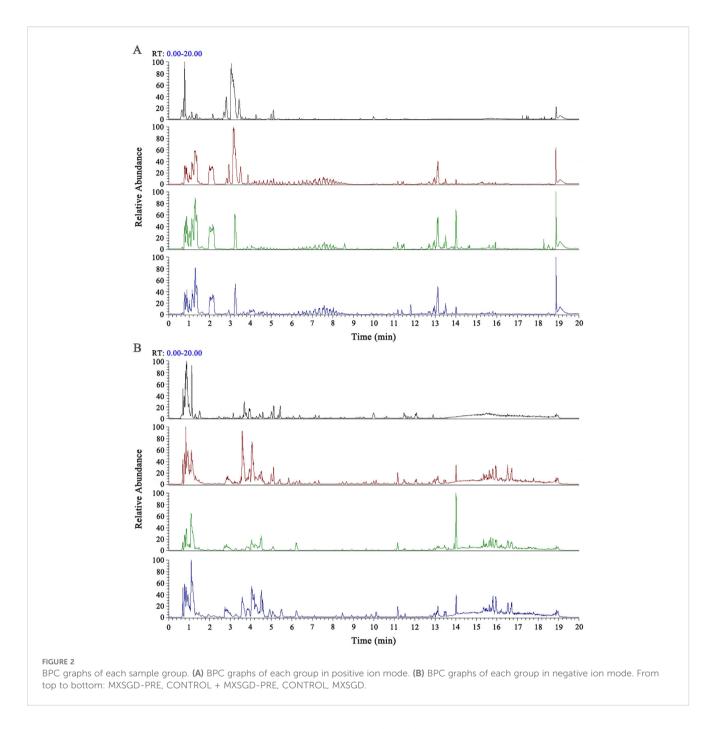
Based on the BPCs of MXSGD-PRE (Figure 3), we conducted a preliminary identification of the typical base peaks, revealing 26 main active components of MXSGD, each with basic chemical formulas and clear definitions. Of them, 17 components were detected in the blood, 9 were not detected, and 5 remained unidentified (Table 2).

3.2 Network pharmacology analysis of MXSGD

3.2.1 Prediction of potential targets for the treatment of ALI based on the blood-absorbed components of MXSGD

Among the 1,297 components identified using UPLC-HRMS, we selected the blood-absorbed components of MXSGD with high average ion abundance values using the criteria of "into blood" and "mean \geq e⁸." We then intersected these components with the 17 main blood-absorbed components obtained from the BPCs, resulting in 56 core blood-absorbed components (Table 3). We used these 56 blood-absorbed components to retrieve component targets from the BATMAN-TCM, SwissTargetPrediction, and PharmMapper databases, removing duplicates and integrating 1,114 target points for the blood-absorbed components of MXSGD.

Following the consolidation and elimination of duplicates from all ALI targets received from the GeneCards, DisGeNET, and



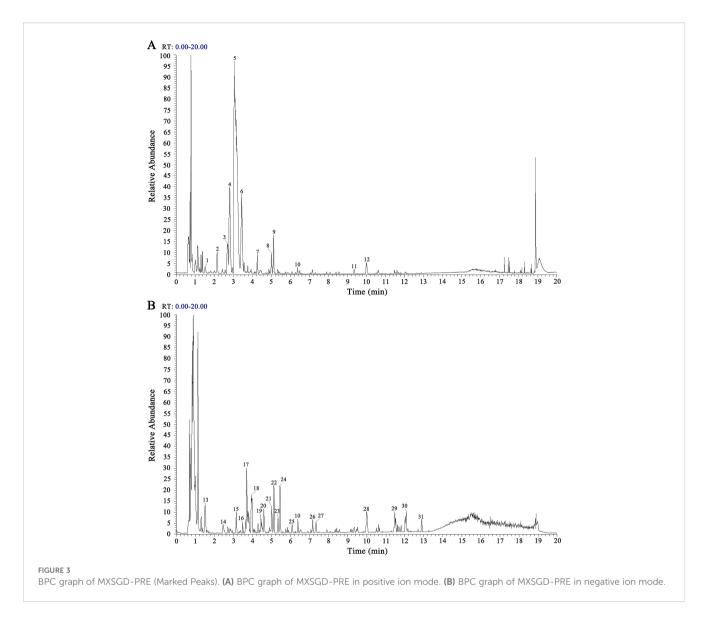
OMIM databases, we identified 3,037 genes associated with ALI. These genes were then intersected with 1,114 target points of the blood-absorbed components of MXSGD, revealing 338 overlapping targets.

3.2.2 Construction of the C-T network

We generated the C-T network using Cytoscape software (Figure 4) and analyzed it using the Network Analyzer plugin. A higher degree indicates that a node is connected to more nodes, reflecting a more significant regulatory role in the overall network. The network contained 1,172 nodes, including one Chinese herbal formula, 56 blood-absorbed components, 1,114 action targets, and 1 disease, as well as 4,619 edges.

3.2.3 Construction and analysis of the PPI network

We imported the 338 selected intersection targets into the STRING database to determine the interaction relationships between proteins. Each circle represents a protein node participating in the interactions, and each line represents the interactions between targets. Larger circles indicate higher degree values, and thicker lines indicate higher binding scores. The resulting PPI network contained 304 nodes, with 34 targets not participating in the interactions, and 916 interaction lines. The network yielded a median degree of 4, a median betweenness of 182.669, and an average closeness of 0.051 resulting in 99 core targets (Figure 5A).



Among these key targets, the primary ones included tumor necrosis factor (TNF) and interleukin (IL)-1 β , which are associated with inflammation; HSP90AA1 and SRC, which are associated with cell proliferation and carcinogenesis; epidermal growth factor receptor (EGFR), which is linked to vascular endothelium; and AKT, Phosphoinositide-3-kinase regulatory subunit 1 (PIK3R1), and phosphatidylinositol 4,5-bisphosphate 3-kinase catalytic subunit alpha (PIK3CA), which are critical components of the PI3K/AKT pathway. This result indicates that MXSGD influences the regulation of inflammatory responses, oxidative stress, autophagy, apoptosis, and vascular function.

Further analysis of these key targets revealed that many of them were closely associated with macrophage polarization. For example, inflammation-related targets such as TNF, interferon gamma (IFNG), and prostaglandin-endoperoxide synthase 2 (PTGS2) are involved in the macrophage polarization process. Several signaling pathways associated with key targets were also identified as critical pathways regulating macrophage polarization, including AKT1, PIK3R1, PIK3CA, Phosphatase and tensin homolog (PTEN),

mitogen-activated protein kinase 1 (MAPK1), MAPK14, inhibitor of nuclear factor kappa-b kinase subunit beta (IKBKB), and conserved helix-loop-helix ubiquitous kinase (CHUK). These key targets included transcription factors related to macrophage polarization, such as peroxisome proliferator-activated receptor gamma (PPARG) and JUN/FOS (AP-1 complex), and markers associated with macrophage polarization, including nitric oxide synthase 2 (NOS2).

3.2.4 GO enrichment analysis

We performed GO analysis of the principal targets of the bloodabsorbed components of MXSGD for the treatment of ALI using DAVID 2021, with P < 0.05 set as the criterion, revealing a total of 915 GO items. The GO enrichment analysis is primarily categorized into three domains: biological processes (BP), cellular components (CC), and molecular functions (MF). The BP-related entries were the most abundant, totaling 696, and predominantly related to the positive regulation of gene expression, signal transduction, protein phosphorylation, negative regulation of apoptotic process, positive

TABLE 2 Identification results of Characteristic Base Peaks of MXSGD from the BPC.

Peak number	No.	m/z	RT min	ppm	Compound name	Score	Class	Into Blood or None
1	M166T89 2	166.1228	1.49	1	Hordenine	0.9983	Benzene and substituted derivatives	None
2	M166T129 1	166.0861	2.15	17.6	Phenylalanine	0.9997	Carboxylic acids and derivatives	None
3	M134T175 3	134.0965	2.76	0.6	Phenylalanine,.alphamethyl-	0.9953	Phenylpropanoic acids	Into Blood
4	M152T175 2	152.1069	2.91	0.5	(+/-)-Norephedrine	0.9974	Benzene and substituted derivatives	Into Blood
5	M166T194 2	166.1227	3.24	0.1	DL-Ephedrine	0.9983	Benzene and substituted derivatives	Into Blood
6	M180T211	180.1382	3.51	0	N-Methylephedrine	0.9832	Benzene and substituted derivatives	Into Blood
7	M192T257	192.0655	4.28	0.4	4-Keto-8-methoxy-1H- quinoline-2-carboxylic acid	0.9981	Quinolines and derivatives	None
8	M551T300	551.1761	5.01	NA	NA	NA	NA	Into Blood
9	M257T307 5	257.0804	5.12	0.3	Liquiritigenin	0.9996	Flavonoids	Into Blood
10	M419T383 3	419.1335	6.38	1	Liquiritin	0.9947	Flavonoids	None
11	M839T561	839.4059	9.36	0.3	Licoricesaponin g2	0.9237	Prenol lipids	Into Blood
12	M453T600 5	453.3363	10.00	0	18.betaGlycyrrhetinic acid	0.9873	Prenol lipids	Into Blood
13	M173T93	173.0084	1.54	3.1	Isocitric acid	0.9985	Carboxylic acids and derivatives	None
14	M520T147 1	520.1679	2.45	1.4	2-((6-ObetaD- GlucopyranosylbetaD- glucopyranosyl)oxy)- 2-phenylacetamide	0.9033	Fatty Acyls	Into Blood
15	M951T187	951.3007	3.11	2.2	Physanguloside A	0.8615	Organooxygen compounds	None
16	M293T208 4	293.1240	3.46	NA	NA	NA	NA	Into Blood
17	M165T220 4	165.0555	3.67	3.2	Benzenepropanoic acid, 4-hydroxy-	0.994	Phenylpropanoic acids	Into Blood
18	M502T237 2	502.1575	3.94	0.9	((6-O- Hexopyranosylhexopyranosyl) oxy)(phenyl)acetonitrile	0.9311	Organooxygen compounds	Into Blood
19	M379T267 2	379.1979	4.44	17.1	Clausarin	0.8776	Coumarins and derivatives	Into Blood
20	M340T275 5	340.1040	4.58	0.5	(R)-Prunasin	0.9854	Organooxygen compounds	Into Blood
21	M549T301	549.1624	5.01	1.1	Liguiritigenin-7-O-beta-D- apiosyl-4'-O-beta-D-glucoside	0.9792	Flavonoids	None
22	M417T306 6	417.1196	5.10	1.9	Isoliquiritin	0.9862	Flavonoids	Into Blood
23	M245T319 5	245.0932	5.32	0.3	N-Acetyl-D-tryptophan	0.963	Carboxylic acids and derivatives	Into Blood
24	M463T327	463.0890	5.44	1.4	Spireoside	0.9979	Flavonoids	Into Blood
25	M187T364 3	187.0972	6.07	1.7	Azelaic acid	0.991	Fatty Acyls	None
10	M417T383 4	417.1197	6.38	1.5	Liquiritin	0.8948	Flavonoids	None
26	M255T429 5	255.0665	7.15	1.7	Isoliquiritigen	0.987	Linear 1 3 - diarylpropanoids	Into Blood

(Continued)

TABLE 2 Continued

Peak number	No.	m/z	RT min	ppm	Compound name	Score	Class	Into Blood or None
27	M361T439 2	361.1874	7.32	NA	NA	NA	NA	Into Blood
28	M821T600 5	821.3982	10.00	2.9	Glycyrrhizinate dipotassium	0.9847	Prenol lipids	Into Blood
29	M367T688 3	367.1191	11.47	1.1	Glycycoumarin	0.992	Isoflavonoids	None
30	M353T724 3	353.1035	12.06	NA	NA	NA	NA	Into Blood
31	M351T773 4	351.0879	12.89	NA	NA	NA	NA	Into Blood

regulation of transcription and DNA-templated, and immunological responses. The CC-related entries totaled 81, mainly involving the cytosol, cytoplasm, nucleus, and nucleoplasm. The MF-related entries included 138 entries, primarily focusing on protein binding, ATP binding, identical protein binding, enzyme binding, and protein kinase activity and binding. These GO entries were sorted by count values, and the top 15 entries for BP, CC, and MF were selected and visualized using a bubble chart (Figure 5B).

3.2.5 KEGG pathway analysis

We conducted KEGG analysis of the potential treatment targets of ALI by MXSGD using DAVID (2021; with P < 0.05 as the criterion), revealing 169 enriched KEGG pathways. The top 20 pathways are displayed in a bubble chart in Figure 5C.

Most of the targets were enriched in signaling pathways associated with cancer, the PI3K/AKT signaling pathway, lipid metabolism, atherosclerosis, human cytomegalovirus infection, the MAPK signaling pathway, and Alzheimer's disease.

3.2.6 Construction of the CTP network

We constructed the CTP network using Cytoscape software (Figure 6A) and analyzed it using the Network Analyzer plugin. Higher node degree values indicate a greater number of connected nodes, reflecting enhanced regulatory function within the entire network. The network contained 176 nodes, including 1 Chinese herbal formula, 56 blood-absorbed components, 99 key targets, 20 signaling pathways, and 1 disease, as well as 1,124 edges. These findings highlight the characteristic therapeutic approach of TCM formulas, which act through a multi-component, multi-target, multi-pathway mechanism.

3.2.7 Molecular docking

We selected degree-ranking compounds in the CTP network, including DL-ephedrine, (-)-pseudoephedrine, (+/-)-norephedrine, phellamurin, and trans-2-phenylcyclopropylamine, for molecular docking validation with EGFR, CDK2, MAPK1, GSTP1, MAPK8, TGFBR2, PIK3R2, AKT1, PIK3R1, and PIK3CA. The minimum binding energies for each protein-ligand complex were calculated. A binding energy below zero indicates spontaneous binding between ligand molecules and receptor proteins, and a binding energy below – 1.2 kcal/mol suggests strong binding activity between the molecules. The smaller the binding energy, the stronger the binding ability, indicating better docking.

The four docking results with the best binding activity are visualized in Figure 6C. The four pharmacologically relevant bloodabsorbed components exhibited good binding to target proteins. Specifically, the binding energies of (-)-pseudoephedrine and TGFBR2, (-)-pseudoephedrine and AKT1, (+/-)-norephedrine and TGFBR2, (+/-)-norephedrine and PIK3R2, and DL-ephedrine and TGFBR2 in the blood-absorbed components were all less than – 1.2 kcal/mol. Among these, (+/-)-norephedrine exhibited the lowest binding energy with TGFBR2, followed by (+/-)-norephedrine with PIK3R2, indicating that (+/-)-norephedrine exhibited the strongest binding activity with TGFBR2 and PIK3R2. The docking results depicting the best visual binding activity are presented in Figure 6B.

3.3 Effects of MXSGD on IAV-induced lung injury mouse models

3.3.1 Protective effects of MXSGD on IAV-induced ALI

We then investigated the effects of MXSGD *in vivo* using IAV-induced lung injury mouse models. Histological analysis revealed intact alveolar morphology and septal structure in control mice. However, the model control group exhibited significant histopathological changes in lung tissue (Figure 7A), characterized by pulmonary congestion and edema, extensive infiltration of lymphocytes and macrophages, and large necrotic solid lesions. Compared to that in the model group, lung tissue histopathological damage in the MXSGD treatment groups significantly improved on days 3 and 7 post-treatment, as evidenced by reduced congestion and edema, decreased inflammatory cell infiltration, and a smaller area of necrotic solid lesions. These improvements were the most pronounced in the oseltamivir (positive treatment group) and medium-dose MXSGD groups, which exhibited clear alveolar outlines and reduced inflammatory cell infiltration.

The lung index data (Figure 7B) indicated that the model group exhibited a significant increase in the lung index on both days 3 and 7 post-IAV infection. In contrast, subsequent treatment with MXSGD led to a reduction in the lung index across all treatment groups to varying extents. Specifically, the lung index in the model group significantly increased compared to that in the control group (P < 0.01). Moreover, both the oseltamivir and medium-dose MXSGD groups exhibited a significant reduction in the lung index compared to the model group (P < 0.01) or P < 0.05).

TABLE 3 Screening results of Core compounds that enter the blood of MXSGD.

1 C ₁₀ H ₁₅ NO 166.1227 3.2			Score	Class	Mean
1 C ₁₀ H ₁₅ NO 166.1227 3.2	4 0.1	DL-Ephedrine	0.9983	Benzene and substituted derivatives	3.89E +10
2 C ₁₀ H ₁₅ NO 148.1120 3.2	3 0	(-)-Pseudoephedrine	0.9967	Benzene and substituted derivatives	3.50E +10
3 C ₁₀ H ₁₃ NO ₂ 134.0965 2.7	6 0.6	Phenylalanine,.alphamethyl-	0.9953	Phenylpropanoic acids	9.93E +09
4 C ₁₁ H ₁₇ NO 180.1382 3.5	1 0	N-Methylephedrine	0.9832	Benzene and substituted derivatives	8.68E +09
5 C ₉ H ₁₃ NO 152.1069 2.9	1 0.5	(+/-)-Norephedrine	0.9974	Benzene and substituted derivatives	3.32E +09
6 C ₁₅ H ₁₂ O ₄ 257.0804 5.1	2 0.3	Liquiritigenin	0.9996	Flavonoids	2.08E +09
7 C ₉ H ₉ NO ₃ 178.0505 4.1	6 2.8	3-Pyridinebutanoic acid,,gammaoxo-	0.9975	Keto acids and derivatives	1.71E +09
8 C ₇ H ₁₆ N ₂ O ₂ 144.1020 1.0	4 0.5	LbetaHomolysine	0.9968	Carboxylic acids and derivatives	1.21E +09
9 C ₂₀ H ₂₇ NO ₁₁ 502.1575 3.9	4 0.9	((6-O-Hexopyranosylhexopyranosyl)oxy)(phenyl)acetonitrile	0.9311	Organooxygen compounds	1.20E +09
10 C ₁₄ H ₁₇ NO ₆ 340.1040 4.5	8 0.5	(R)-Prunasin	0.9854	Organooxygen compounds	9.23E +08
11 C ₂₁ H ₂₂ O ₉ 417.1196 5.1	0 1.9	Isoliquiritin	0.9862	Flavonoids	8.99E +08
12 C ₃₀ H ₄₆ O ₄ 453.3363 10.	0 0	18.betaGlycyrrhetinic acid	0.9873	Prenol lipids	8.78E +08
13 C ₉ H ₁₀ O ₃ 165.0555 3.6	7 3.2	Benzenepropanoic acid, 4-hydroxy-	0.994	Phenylpropanoic acids	8.59E +08
14 C ₇ H ₁₆ O ₃ 149.1171 4.0	8 0.1	1-(2-Methoxyethoxy)-2-methyl-2-propanol	0.772	Organooxygen compounds	8.49E +08
15 C ₄₂ H ₆₂ O ₁₆ 823.4111 10.	0 1	Glycyrrhizin	0.9988	Prenol lipids	6.63E +08
16 C ₁₁ H ₁₅ N ₅ O ₄ 136.0625 0.8	4 0.6	2'-O-Methyladenosine	0.9999	Purine nucleosides	6.25E +08
17 C ₁₀ H ₁₀ O ₅ 209.0454 3.6	6 2.8	3-(3,4-dihydroxy-5-methoxyphenyl)prop-2-enoic acid	0.9923	Cinnamic acids and derivatives	5.64E +08
18 C ₁₂ H ₂₂ O ₁₁ 377.0861 0.3	9 0.8	.alpha.,.betaTrehalose	0.9818	Organooxygen compounds	4.86E +08
19 C ₄₂ H ₆₀ K ₂ O ₁₆ 821.3982 10.	0 2.9	Glycyrrhizinate dipotassium	0.9847	Prenol lipids	4.58E +08
20 C ₁₇ H ₂₆ O ₁₀ 211.0942 5.5	0 11.2	Methyl (1S)-1-(.betaD-glucopyranosyloxy)-6-hydroxy-7- methyl-1,4a,5,6,7,7a-hexahydrocyclopenta[c]pyran- 4-carboxylate	0.9992	Prenol lipids	4.48E +08
21 C ₁₅ H ₁₄ O ₆ 291.0862 3.8	0 1	Epicatechin	0.9987	Flavonoids	4.36E +08
22 C ₉ H ₁₁ N 117.0702 2.9	1 1.8	trans-2-Phenylcyclopropylamine	0.9991	Organonitrogen compounds	4.30E +08

(Continued)

TABLE 3 Continued

Number	Molecular Formula	m/z	RT min	ppm	Compound name	Score	Class	Mean
23	C ₂₀ H ₂₃ NO	134.0602	2.44	0.5	N-Cyclohexyl-2,2-diphenylacetamide	0.9982	Benzene and substituted derivatives	4.15E +08
24	C ₁₀ H ₁₇ NO ₃	100.0761	2.11	4	N-Boc-2-piperidone	0.9996	Piperidines	3.71E +08
25	C ₇ H ₁₂ O ₅	175.0607	3.73	2.6	alpha-Isopropylmalate	0.9983	Fatty Acyls	3.11E +08
26	$C_{42}H_{62}O_{17}$	839.4059	9.36	0.3	Licoricesaponin g2	0.9237	Prenol lipids	2.99E +08
27	C ₁₁ H ₁₅ NO ₂	194.1172	5.85	0.2	2-Amino-2-methyl-4-phenylbutyric acid	0.9604	Carboxylic acids and derivatives	2.91E +08
28	C ₂₇ H ₃₀ O ₁₄	579.1711	4.88	0.4	(1S)-1,5-Anhydro-2-O-(6-deoxyalphaL-mannopyranosyl)- 1-(5,7-dihydroxy-2-(4-hydroxyphenyl)-4-oxo-4H-chromen- 6-yl)-D-glucitol	0.9521	Flavonoids	2.90E +08
29	$C_{10}H_{12}O_3$	137.0237	6.49	5.5	Isopropyl m-hydroxybenzoate	0.9989	Benzene and substituted derivatives	2.64E +08
30	C ₁₀ H ₁₁ NO ₂ S	106.0655	2.48	3.4	2-Phenylthiazolidine-4-carboxylic acid	0.9989	Carboxylic acids and derivatives	2.51E +08
31	C ₁₄ H ₁₄ N ₂ O ₅	291.0975	5.33	0.3	N-Malonyltryptophan	0.8316	Carboxylic acids and derivatives	2.44E +08
32	$C_{26}H_{28}O_{14}$	565.1555	4.47	0.4	4H-1-Benzopyran-4-one, 6-arabinopyranosyl-8betaD-glucopyranosyl-5,7-dihydroxy-2-(4-hydroxyphenyl)-	0.9452	Flavonoids	2.39E +08
33	$C_{12}H_{20}O_2$	137.1325	5.40	0.1	Neryl acetate	0.9984	Fatty Acyls	2.37E +08
34	$C_{26}H_{30}O_{11}$	355.1176	12.05	0.3	Phellamurin	0.9872	Flavonoids	2.26E +08
35	$C_{15}H_{12}O_4$	255.0665	7.15	1.7	Isoliquiritigen	0.987	Linear 1 3 - diarylpropanoids	2.26E +08
36	C ₆ H ₁₁ NO ₃	128.0707	0.81	2.1	2-Amino-5-oxohexanoic acid	0.9693	Carboxylic acids and derivatives	2.18E +08
37	C ₂₂ H ₂₂ O ₉	431.1337	6.49	0.2	Ononin	0.9997	Isoflavonoids	2.16E +08
38	C ₁₀ H ₁₈ O	137.1325	4.45	0.7	(+)-Isomenthone	0.996	Prenol lipids	1.97E +08
39	C ₂₀ H ₂₉ NO ₁₂	520.1679	2.45	1.4	2-((6-ObetaD-GlucopyranosylbetaD-glucopyranosyl) oxy)-2-phenylacetamide	0.9033	Fatty Acyls	1.87E +08
40	C ₁₃ H ₁₄ N ₂ O ₃	245.0932	5.32	0.3	N-Acetyl-D-tryptophan	0.963	Carboxylic acids and derivatives	1.82E +08
41	$C_{11}H_{14}O_4$	193.0861	3.71	1.1	Sinapyl alcohol	0.9881	Phenols	1.75E +08
42	C ₉ H ₁₀ O ₃	165.0552	5.20	3.3	DL-3-Phenyllactic acid	0.9342	Phenylpropanoic acids	1.69E +08
43	C ₁₁ H ₁₁ NO ₃	131.0490	4.16	0.8	Cinnamoylglycine	0.9993	Carboxylic acids and derivatives	1.60E +08
44	C ₁₅ H ₂₁ NO ₇	328.1390	1.99	0.9	N-Fructosyl phenylalanine	0.8725	Carboxylic acids and derivatives	1.60E +08

(Continued)

TABLE 3 Continued

Number	Molecular Formula	m/z	RT min	ppm	Compound name	Score	Class	Mean
45	C ₂₆ H ₃₀ O ₁₃	551.1762	6.09	0.4	4-(7-Hydroxy-4-oxo-3,4-dihydro-2H-chromen-2-yl)phenyl 2-O-(3,4-dihydroxy-4-(hydroxymethyl)tetrahydrofuran-2- yl)hexopyranoside	0.9819	Flavonoids	1.48E +08
46	C ₃₀ H ₄₄ O ₄	469.3312	8.56	0.3	Glabrolide	0.9808	Prenol lipids	1.41E +08
47	C ₈ H ₁₇ NO ₂	160.1332	0.84	0.3	5-aminovaleric acid betaine	0.9892	Fatty Acyls	1.40E +08
48	$C_{18}H_{24}O_{12}$	433.1340	3.93	0.6	Licoagroside B	0.9994	Saccharolipids	1.33E +08
49	C ₁₈ H ₃₃ C ₁ N ₂ O ₅ S	425.1780	8.09	21.9	Clindamycin	0.8949	Carboxylic acids and derivatives	1.31E +08
50	$C_{27}H_{30}O_{15}$	595.1660	4.14	1.7	Vicenin-2	0.9789	Flavonoids	1.14E +08
51	$C_{21}H_{20}O_6$	369.1334	10.50	0.3	Icaritin	0.9458	Flavonoids	1.14E +08
52	C ₁₃ H ₁₃ NO ₄	218.0457	4.26	0.8	Ethyl 4-hydroxy-7-methoxy-3-quinolinecarboxylate	0.9906	Quinolines and derivatives	1.04E +08
53	C ₁₃ H ₁₆ O ₉	315.0726	2.79	8.5	Benzoic acid + 2O, O-Hex	0.8777	Organooxygen compounds	1.04E +08
54	C ₂₄ H ₂₈ O ₄	379.1979	4.44	17.1	Clausarin	0.8776	Coumarins and derivatives	1.03E +08
55	$C_7H_{10}O_4$	113.0601	5.71	2.2	Succinylacetone	0.9809	Keto acids and derivatives	1.02E +08
56	C ₁₅ H ₁₂ O ₅	273.0749	5.84	0.5	Naringenin chalcone	0.9978	Linear 1 3 - diarylpropanoids	1.01E +08

3.3.2 MXSGD decreases IAV levels in lung tissue

Our immunofluorescence analysis (Figures 7C, D) revealed significantly increased nuclear protein (NP) levels in lung tissues in the model groups on days 3 and 7 post-IAV infection relative to those in the control group (P < 0.01). However, following therapeutic intervention with MXSGD, the NP levels in all treatment groups decreased to varying degrees. On days 3 and 7 post-infection, the oseltamivir group demonstrated the significant decrease compared to the model group (P < 0.01).

3.4 Validation of the potential mechanisms underlying the therapeutic effects of MXSGD in lung injury models induced by IAV

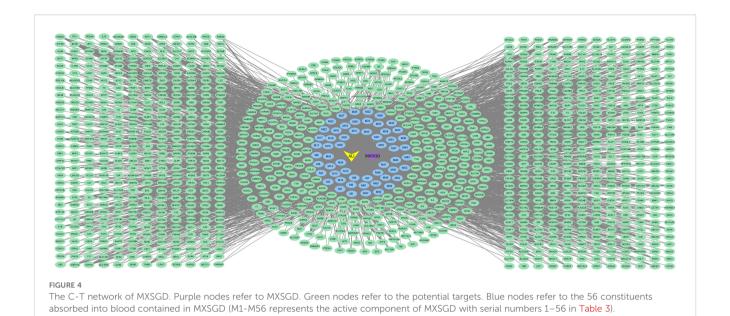
The pathophysiological mechanism of ALI involves numerous cells and effector cells, among which macrophages are the most important cells in the innate immune system. A growing body of evidence indicates that, beyond their role in immune defense, pulmonary macrophages also play an important role as effector cells in regulating the local inflammatory microenvironment and inflammatory response in lung tissue (23). Macrophages exhibit high plasticity and heterogeneity, polarizing into classical activated

M1 macrophages and alternatively activated M2 macrophages depending on the microenvironment. These two subtypes have opposing functions: M1 macrophages promote inflammation, whereas M2 macrophages suppress it (24).

Our network pharmacology analysis revealed that the blood-absorbed components of MXSGD ameliorate ALI through key target proteins and signaling pathways significantly associated with macrophage polarization. Notably, among the 99 identified key targets, core mediators such as TNF, IL6, IL1B, and IFNG play dual roles as central inflammatory cytokines and key regulators of macrophage polarization. Furthermore, several identified genes encode signature and effector molecules critical for macrophage polarization. For example, *Ptgs2* encodes cyclooxygenase-2 (COX-2), while *Nos2* produces inducible nitric oxide synthase (iNOS). Additionally, these key targets encompass essential transcription regulators such as PPARG, JUN, and FOS.

3.4.1 MXSGD induces changes in proinflammatory cytokine levels in serum

Based on the above findings, we subsequently investigated whether MXSGD confers protection against IAV-induced ALI by modulating macrophage polarization. To this end, we measured the levels of inflammatory cytokines in mouse sera. The results are presented in Figure 8A.



Following IAV infection, the model group exhibited a significant increase in IL-1 β , IL-6, and TNF- α levels on days 3 and 7 (P < 0.01). However, following treatment with oseltamivir and MXSGD, the serum levels of IL-1 β , IL-6, and TNF- α significantly decreased in all drug-treated mouse groups compared to the model group at both time points (P < 0.01 or P < 0.05). These results demonstrate that treatment with MXSGD reduces the serum levels of pro-inflammatory cytokines induced by IAV in mice.

3.4.2 MXSGD alters the mRNA expression of *Il*-6, *iNos*, *Il-10*, and *Fizz* in lung tissue

We then analyzed the gene expression of various molecules in the lung tissue of mice from different groups (Figure 8B). They included IL-6, a classic pro-inflammatory cytokine; iNOS, an enzyme induced by inflammatory signaling, which synergizes with pro-inflammatory cytokines to amplify inflammatory responses and serves as a marker of M1 macrophages; IL-10, a classic anti-inflammatory cytokine; and FIZZ1, a secretory protein involved in inflammatory regulation and a marker of M2 macrophages.

Compared to that in the control group, Il-6 expression was significantly increased in the model group on both days 3 and 7 post-IAV intervention (P < 0.01). Compared to that in the model group, the mRNA expression of Il-6 was decreased in the oseltamivir group and all MXSGD dose groups. On day 3, the most pronounced reduction occurred in the oseltamivir group (P < 0.05). On day 7, we observed significant decreases in the oseltamivir group and the medium-dose MXSGD group (P < 0.05; Figure 8B).

Compared to that in the control group, *iNos* expression was significantly increased in the model group on both days 3 and 7 post-IAV infection (P < 0.05). All MXSGD -treated groups exhibited marked reductions in *iNos* expression compared to the model group. On day 3 post-infection, the most significant decrease occurred in the oseltamivir group (P < 0.05). On day 7, both the oseltamivir group and all MXSGD treatment groups demonstrated

statistically significant reductions in *iNos* expression (P < 0.05 or P < 0.01; Figure 8B).

The expression of *Il-10* was downregulated in the model group on days 3 and 7 post-IAV infection compared to those in the control group; however, this decrease was not statistically significant. Compared to that in the model group, *Il-10* expression was upregulated in all drug-treated groups. Specifically, on day 3 post-infection, the most significant increase occurred in the oseltamivir group (P < 0.05). On day 7, *Il-10* expression was significantly upregulated in the oseltamivir group and all MXSGD treatment groups (P < 0.05 or P < 0.01; Figure 8C).

On days 3 and 7 post-IAV infection, Fizz1 expression decreased in the model group compared to that in the control group, though without statistical significance. All drug-treated groups exhibited increased Fizz1 expression compared to that in the model group. On day 3 post-infection, the low-dose and medium-dose MXSGD groups exhibited the most significant elevation (P < 0.05 or P < 0.01). On day 7, all MXSGD dose groups exhibited significant upregulation in Fizz1 expression compared to the model group (P < 0.01; Figure 8C). These findings suggest that MXSGD can regulate the gene expression of macrophage polarization markers (iNos and Fizz1) in the lung tissue of IAV-infected mice.

3.4.3 MXSGD affects macrophage polarization in lung tissue

Based on our preliminary experimental findings, and to further investigate the mechanistic relationship between MXSGD and macrophage polarization, we selected the following groups for subsequent analysis: control, model, oseltamivir, and MXSGD medium-dose groups. We subsequently characterized macrophage phenotypes in lung tissue using immunofluorescence double staining.

In terms of M1 macrophages, immunofluorescence revealed that the model group exhibited a significant increase in the expression of the M1 macrophage marker CD80 on both days 3 and 7 post-IAV infection, compared to the control group (P < 0.01;

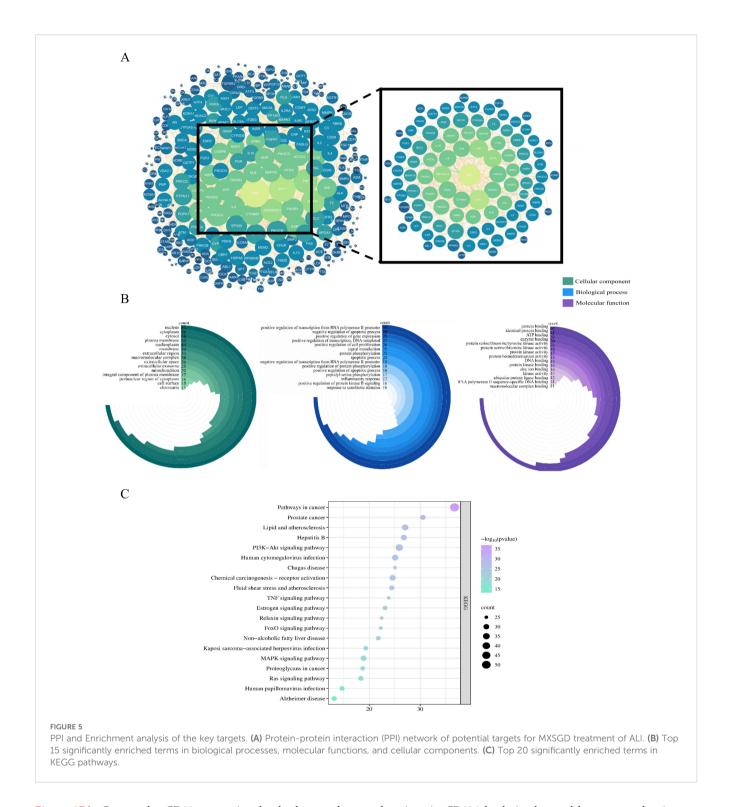


Figure 8D). Conversely, CD80 expression levels decreased to different extents in all MXSGD groups compared to those in the model group. On day 3 post-infection, the oseltamivir group exhibited a significant decrease in CD80 expression (P < 0.05). By day 7 post-infection, both the oseltamivir and MXSGD groups exhibited a significant decrease in CD80 expression (P < 0.01).

In terms of M2 macrophages, immunofluorescence revealed notable alterations in the M2 macrophage marker CD206. Compared to that in the control group, there were no notable

alterations in CD206 levels in the model group on day 3 post-infection; however, on day 7, CD206 expression significantly increased (P < 0.01; Figure 8D). The oseltamivir and MXSGD groups exhibited a significant increase in CD206 levels on both days 3 and 7 compared to the model group (P < 0.01). This finding indicates that the macrophages were successfully repolarized from M1 to M2.

Overall, these findings suggest that MXSGD can mitigate the inflammatory response and pulmonary damage following influenza infection by modulating macrophage polarization.

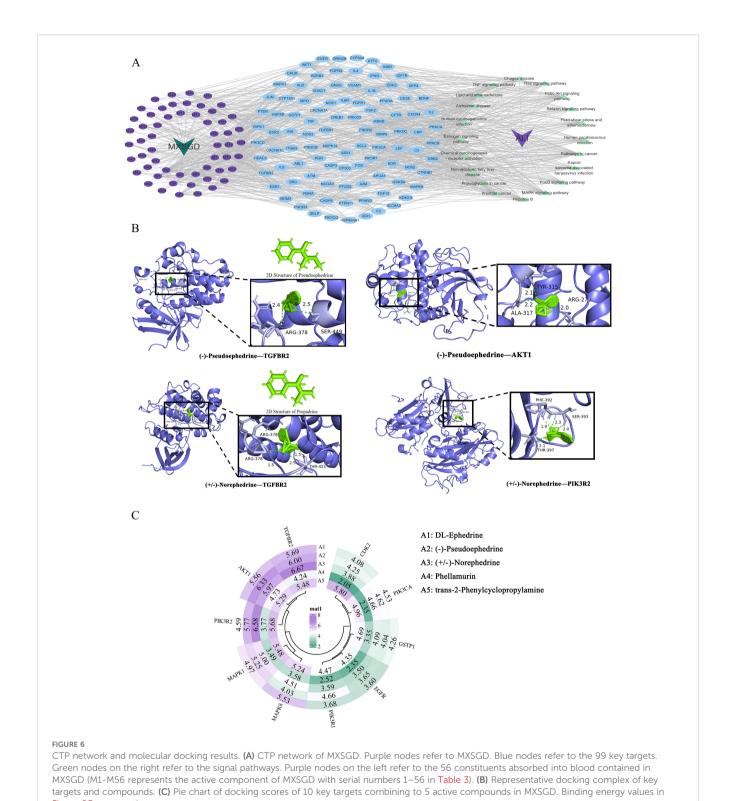
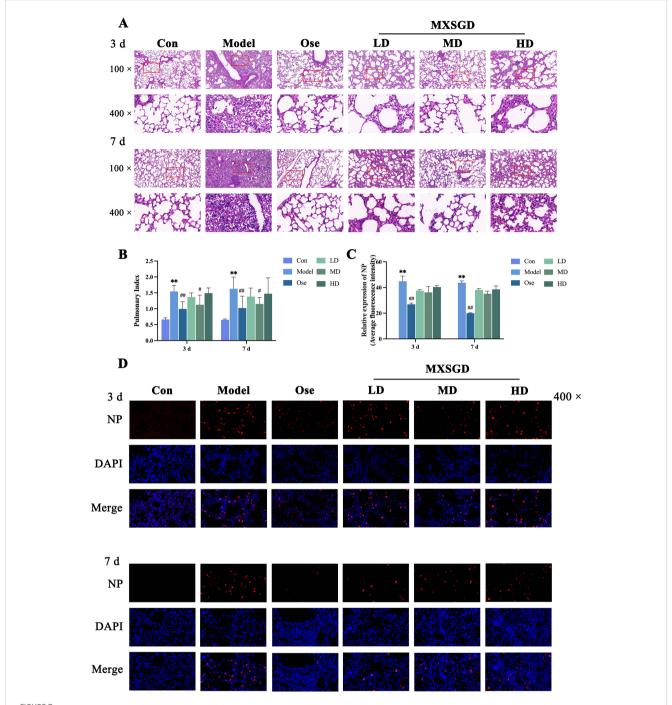


Figure 6C are negative.

3.4.4 MXSGD modulates protein expression in the PI3K/AKT pathway

Macrophage polarization is regulated by multiple signaling pathways. In the present study, analysis of key targets revealed that several target-associated pathways critically govern this process, notably the PI3K/AKT, MAPK, and NF- κ B pathways.

Among them, the PI3K/AKT signaling cascade plays a central regulatory role in pulmonary injury pathologies. Thus, to validate these network pharmacology predictions, we performed IHC analysis of key proteins in the PI3K/AKT pathway on lung tissues from four experimental groups: control, model, oseltamivir, and MXSGD medium-dose groups.



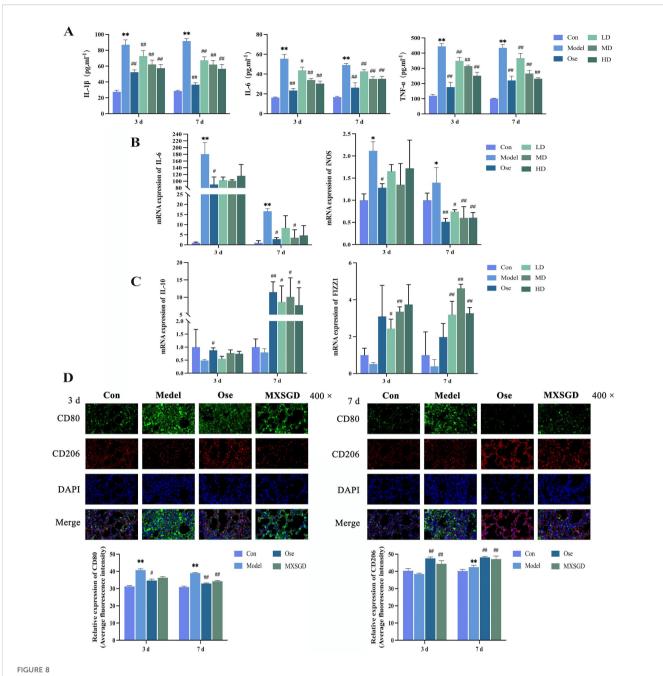
Effects of MXSGD on lung tissue induced by IAV. **(A)** Pathological changes in lung tissue of mice in each group (HE). **(B)** Comparison of lung index of mice in each group ($\bar{x} \pm s$, n = 8). **(C)** Average fluorescence intensity of NP in each group ($\bar{x} \pm s$, n = 3, × 400). **(D)** Immunofluorescence staining of NP in lung tissue. Compared to the control group, *P < 0.05, **P < 0.01; compared to the model group, *P < 0.05, *P < 0.01; compared to the model group, *P < 0.05, *P < 0.01.

Compared to that in the control group, PI3K protein expression in the model group was significantly upregulated in lung tissues on both days 3 and 7 following IAV infection (P < 0.01; Figure 9). However, both the oseltamivir and MXSGD groups exhibited a significant reduction in PI3K expression levels, compared to the model group (P < 0.01).

Similarly, AKT protein expression in the model group was significantly elevated on days 3 and 7 post-IAV infection compared to that in the control group (P < 0.01; Figure 9). However, the drug-

treated groups exhibited reduced AKT expression compared to the model group. On day 3, AKT expression levels in both the oseltamivir and MXSGD groups were significantly lower than those in the model group (P < 0.01). By day 7, AKT expression significantly decreased in the oseltamivir group than that in the model group (P < 0.05).

We observed a consistent trend for phosphorylated AKT (p-AKT) expression (Figure 9). Specifically, the model group displayed a



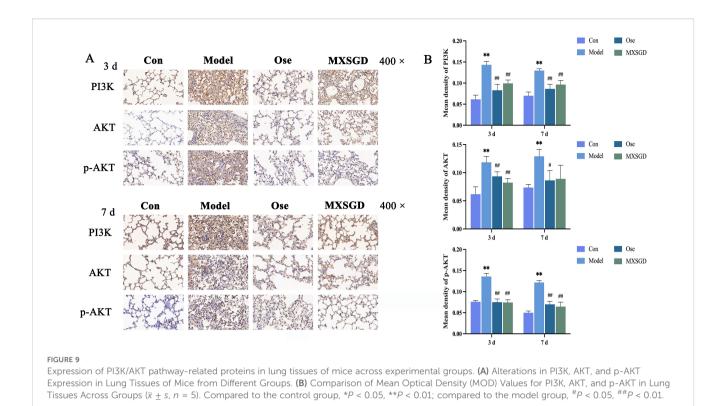
Verification of the potential mechanism of MXSGD in a lung injury model induced by influenza. **(A)** Effects of MXSGD on the levels of proinflammatory cytokines in serum ($\bar{x} \pm s$, n = 5). **(B)** The mRNA Expression of IL-10 and FIZZ in lung tissue ($\bar{x} \pm s$, n = 4). **(D)** Immunofluorescence staining of macrophage polarization markers CD80 and CD206 in lung tissue ($\bar{x} \pm s$, n = 4). Compared to the control group, *P < 0.05, **P < 0.

significant increase in p-AKT levels at both time points compared to the control group (P< 0.01), whereas therapeutic intervention with oseltamivir or MXSGD resulted in a significant decrease in p-AKT expression, compared to the model group (P< 0.01).

4 Discussion

IAV is a prevalent cause of respiratory infections in humans, and severe IAV-induced lung infection can lead to ALI by inducing

macrophages to secrete inflammatory mediators. Notably, ALI is a significant contributor to mortality associated with IAV infection (25). Although lung-protective ventilation and neuromuscular blockers are effective in treating ALI, the mortality rate remains approximately 40%, primarily owing to multiple organ failure induced by inflammatory mediators (26–28). Consequently, mitigating the intense acute inflammatory response in individuals with ALI or ARDS is crucial for improving outcomes. MXSGD is a TCM formula used to treat influenza infections; however, the specific components mediating the therapeutic actions of MXSGD and its



underlying mechanisms remain unknown. Therefore, in the present study, we used UPLC-HRMS to determine the blood-absorbed components of MXSGD and investigate the potential mechanisms underlying the therapeutic effects of MXSGD in ALI using network pharmacology and molecular docking techniques. Our findings demonstrated that MXSGD alleviates ALI through mechanisms involving viral inhibition, regulation of the inflammatory response, immune modulation, apoptosis, and oxidative stress.

In the present study, we analyzed blood-absorbed components, key targets, and signaling pathways and identified DL-ephedrine, pseudoephedrine, norephedrine, phellamurin, and 18β-glycyrrhetinic acid (18β-GA) as the components with the highest degree values in the network, indicating their central roles in the therapeutic effect. Ephedra is widely used in TCM to treat diseases such as bronchial asthma, fever, cough, and colds (29). DL-ephedrine is an isomer of the alkaloid ephedrine derived from ephedra. Ephedrine can effectively facilitate bronchial dilatation, mitigate inflammatory reactions, and inhibit cough reflexes. It can also suppress airway hyperreactivity in asthmatic mice by modulating the TGF-β1/Smads and TGF-β1/NFκB signaling pathways, thereby enhancing airway remodeling and diminishing lung inflammation (30, 31). In rats with knee osteoarthritis, ephedrine can suppress the NF-KB signaling pathway by activating the AMPK pathway, thus inhibiting inflammatory responses and ameliorating cartilage damage (32). Pseudoephedrine is a significant constituent of ephedra, and compared to ephedrine, it exhibits a diminished vasoconstrictive action and a reduced influence on the central nervous system (33). The combination of pseudoephedrine and emodin can inhibit inflammatory pathways, alleviate pulmonary edema, decrease M1 macrophage polarization, and increase M2 macrophage polarization, significantly mitigating LPS-induced ALI in rats (34). Norephedrine possesses extensive applications in the treatment of various diseases. Clinically, oral norepinephrine exerts a modest decongestant effect in individuals with a cold; therefore, it is extensively utilized for the common cold (35). Phellamurin, a flavonoid glycoside found in plants, decreases the viability of osteosarcoma cells and promotes apoptosis by inhibiting the PI3K/AKT/mTOR pathway (36). 18β-GA is the main metabolite of glycyrrhetinic acid, which is the primary active component of licorice. 18β-GA exhibits a range of biological effects, including hepatic protective, anti-cancer, kidney protective, antiviral, antibacterial, and anti-inflammatory activities (37). Moreover, 18β-GA can downregulate the gene expression of Icam-1, Tnf-A, Cox-2, and iNos in LPS-induced RAW 264.7 cells by decreasing NF-KB expression and inhibiting its nuclear translocation. It also downregulates the gene and protein expression levels of TNF-α, IL-6, and MCP-1 in the culture supernatant of human pulmonary artery smooth muscle cells stimulated by platelet-derived growth factor BB, demonstrating substantial anti-inflammatory efficacy (38, 39). Notably, DLephedrine, pseudoephedrine, and norepinephrine are all derived from ephedra, highlighting the pivotal role of ephedra in mediating the therapeutic effects of MXSGD against IAV infections.

The PPI network diagram illustrates several interactions among the identified targets. Our PPI network revealed 99 key targets. A higher degree of connectivity suggests a greater probability that MXSGD exerts its therapeutic effects against ALI through those specific targets. Among the 99 key targets, a substantial number were closely associated with macrophage polarization. For example, TNF- α , encoded by Tnf, is a classical pro-inflammatory factor that drives M1 macrophage polarization by activating multiple signaling pathways (40). IFN- γ , encoded by Ifng, promotes M1 polarization

while suppressing M2 polarization via STAT pathway activation (41). COX-2, produced by Ptgs2, is implicated in inflammatory M1 polarization (42). The signaling pathways linked to these targets include the PI3K/AKT pathway, involving AKT1, PIK3R1, PIK3CA, and PTEN (43, 44); the MAPK pathway, involving MAPK1 and MAPK14 (45, 46); and the NF-κB pathway, mediated by IKBKB and CHUK (47). Notably, all these pathways are critical in the regulation of macrophage polarization. Furthermore, these key targets also encompassed transcription factors associated with macrophage polarization, including PPARG (48, 49), JUN, and FOS (50), as well as macrophage polarization-related targets such as NOS2. We then integrated the 99 key targets identified in the PPI network with the results from the CTP network and identified significant targets: EGFR, CDK2, MAPK1, GSTP1, MAPK8, TGFBR2, PIK3R2, AKT1, PIK3R1, and PIK3CA. Notably, all these targets exhibited strong binding affinities for blood components in the molecular docking analysis. GO and KEGG analyses indicated that the prospective targets of MXSGD in the treatment of ALI are predominantly enriched in the PI3K/AKT, MAPK, and nuclear receptor signaling pathways. For example, the PI3K/AKT signaling pathway is essential for cell survival, initiation of inflammatory responses, and oxidative stress in pulmonary diseases (51-53). This pathway affects the progression of various respiratory disorders, including ALI, ARDS, chronic obstructive pulmonary disease, asthma, and novel coronavirus pneumonia (51, 54-58). The primary targets linked to the regulation of the PI3K/AKT signaling pathway, PIK3R1 and PIK3R2, encode the regulatory subunits p85α and p85β of PI3K, respectively, while PIK3CA encodes the catalytic subunit P110α of PI3K (59, 60). Moreover, the PI3K/AKT signaling pathway is closely associated with macrophage polarization. The activation of this pathway induces macrophage repolarization from the proinflammatory M1 phenotype to the anti-inflammatory M2 phenotype, thereby exerting anti-inflammatory effects (61). For example, grape seed proanthocyanidin alleviates LPS-induced ALI by inducing M1-to-M2a macrophage repolarization through the PI3K/AKT pathway (62). These results, along with network pharmacology and molecular docking findings, indirectly corroborate the accuracy of the network pharmacologypredicted targets.

Patients with ALI exhibit considerable accumulation of inflammatory cells in the lungs, which release inflammatory cytokines. These cytokines, in turn, activate various signaling pathways, forming a complex signaling network. Continuous stimulation by external antigens triggers an escalating pulmonary inflammatory response, which eventually becomes uncontrolled, leading to lung tissue damage (63-65). To further validate the network pharmacology and molecular docking results, we established an ALI mouse model induced by IAV and administered MXSGD to evaluate its effects on lung tissue pathology and inflammatory cytokines. Our findings demonstrated that MXSGD mitigated lung tissue damage, decreased viral load in the lungs, and downregulated the expression of IAV-induced inflammatory markers, thereby attenuating the pulmonary inflammatory response. Therefore, MXSGD exhibits favorable therapeutic efficacy.

Our network pharmacology analysis revealed that a significant proportion of key therapeutic targets of MXSGD against ALI are associated with macrophage polarization. Macrophages are key initiators of the inflammatory response, and alveolar macrophages play a central role in the pathogenesis of ALI, contributing to both inflammation and tissue repair (66). Alveolar macrophages function as antigen-presenting cells to trigger innate immunity and polarize into different phenotypes based on the local or systemic inflammatory microenvironment. After polarization, they can release large amounts of pro-inflammatory cytokines to drive the inflammatory response or anti-inflammatory cytokines to mediate the repair of damaged lung tissue. Therefore, we investigated macrophage polarization in mouse lung tissue treated with MXSGD. The gene expression of proinflammatory cytokines, including Il-6 and iNos, was significantly downregulated following treatment with MXSGD. In contrast, the expression of the anti-inflammatory cytokines Il-10 and Fizz1 was markedly upregulated following MXSGD treatment. Therefore, we performed immunofluorescence double staining of macrophage polarization markers in mouse lung tissue to further elucidate the effects of MXSGD on macrophage polarization in ALI. Our results revealed that MXSGD significantly downregulated the expression of the pro-inflammatory M1 phenotype marker CD80 in IAV-infected lung tissue while simultaneously promoting the expression of the antiinflammatory M2 phenotype marker CD206. These findings collectively suggest that MXSGD exerts protective effects against lung injury by modulating macrophage polarization, facilitating the transition from M1 to M2 phenotypes. Notably, this mechanistic insight is fully consistent with our network pharmacology predictions.

As mentioned previously, the PI3K/AKT signaling pathway plays a pivotal role in macrophage polarization, and substantial evidence highlights its regulatory functions. For example, aloe-emodin derivatives suppress macrophage inflammatory mediator release via PI3K-AKT/NF-κB signaling (67). Moreover, Xibining mitigate macrophage inflammation by regulating the PI3K/AKT pathway (68). Notably, our network pharmacology analysis revealed that the therapeutic targets of MXSGD for ALI were mainly enriched in PI3K/ AKT pathway targets. Immunohistochemical analysis of lung tissues further confirmed that MXSGD intervention significantly downregulated IAV-induced PI3K/AKT pathway activation, validating the network pharmacology predictions. Nevertheless, whether MXSGD modulates macrophage polarization through PI3K/AKT suppression, as well as the precise mechanistic interplay between PI3K/AKT signaling and macrophage polarization in MXSGD-mediated ALI treatment, remains to be fully elucidated.

This study has certain limitations. First, as we did not quantify pharmacokinetic parameters, such as bioavailability and half-life, for the identified components, the main active components driving macrophage polarization and their direct molecular targets remain unclear. Second, although we preliminarily validated the involvement of the PI3K/AKT pathway, the specific upstream and downstream signaling molecules, tandem nodes, and their mechanism interactions need to be systematically defined. Therefore, future studies should screen the active, blood-absorbed components of MXSGD that target macrophage polarization to assess the necessity and sufficiency of PI3K/AKT signaling in

cellular and animal models, as well as to elucidate the downstream regulatory mechanisms. Such studies will precisely identify the therapeutic mechanisms of MXSGD, provide strong scientific support for clinical optimization of the treatment of severe influenza-induced lung injury, and lay the foundation for rational drug combinations and TCM-based drug development.

In summary, we confirmed the significant efficacy of MXSGD in alleviating influenza-induced ALI and associated inflammation. Notably, through integrated network pharmacology and *in vivo* validation, we established macrophage polarization as a pivotal therapeutic mechanism. This discovery elucidates the scientific basis of MXSGD against influenza-associated ALI from an immunomodulatory perspective while providing mechanistic insights into the multi-component, multi-target, multi-pathway synergistic paradigm of TCM. We also identified the bioactive blood-absorbed components of MXSGD, offering a pharmacodynamic foundation for modern research and clinical applications.

5 Conclusion

In this study, we examined the blood-absorbed components of MXSGD, using network pharmacology and bioinformatics, to investigate the effective pharmacological components, key targets, and potential regulatory mechanisms underlying the therapeutic effects of MXSGD against ALI. Our findings provide new insights into the underlying mechanisms of MXSGD in treating ALI. However, further investigations are required to determine the mechanisms by which MXSGD regulates macrophage polarization to suppress inflammatory responses in the treatment of ALI.

Data availability statement

The original contributions presented in the study are included in the article/supplementary material. Further inquiries can be directed to the corresponding author.

Ethics statement

The animal studies were approved by Animal Quality Certificate No.: SYXK (Xiang) 2020-0010; Animal Experiment Ethical Approval No.: ZYFY20230703-04. The studies were conducted in accordance with the local legislation and institutional requirements. Written informed consent was obtained from the owners for the participation of their animals in this study.

Author contributions

JH: Formal analysis, Funding acquisition, Investigation, Methodology, Project administration, Supervision, Writing – original draft, Writing – review & editing. XM: Data curation, Formal analysis,

Methodology, Writing – original draft. YX: Investigation, Methodology, Validation, Writing – original draft. CC: Methodology, Supervision, Writing – original draft. CL: Methodology, Supervision, Writing – review & editing. JL: Formal analysis, Investigation, Writing – review & editing. XW: Supervision, Writing – review & editing. FL: Funding acquisition, Methodology, Project administration, Writing – review & editing.

Funding

The author(s) declare financial support was received for the research and/or publication of this article. This work was supported by the National Natural Science Foundation of China (grant no. 82374266, 82405375), Outstanding Youth Project of Hunan Provincial Natural Science Foundation (2023JJ10031), Outstanding Innovative Youth Project of Changsha (kq2209019), the Scientific Research Program of Hunan Education Department (grant no. 21B0360), the Research Fund Project of Hunan University of Chinese Medicine (grant no. 2021XJJJ019), Research and Innovation Program for postgraduates in Hunan Province (CX20240737).

Acknowledgments

We would like to thank Editage (www.editage.cn) for English language editing.

Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Generative AI statement

The author(s) declare that no Generative AI was used in the creation of this manuscript.

Any alternative text (alt text) provided alongside figures in this article has been generated by Frontiers with the support of artificial intelligence and reasonable efforts have been made to ensure accuracy, including review by the authors wherever possible. If you identify any issues, please contact us.

Publisher's note

All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article, or claim that may be made by its manufacturer, is not guaranteed or endorsed by the publisher.

References

- 1. Iuliano AD, Roguski KM, Chang HH, Muscatello DJ, Palekar R, Tempia S, et al. Estimates of global seasonal influenza-associated respiratory mortality: a modelling study. *Lancet*. (2018) 391:1285–300. doi: 10.1016/S0140-6736(17)33293-2
- 2. Huang K, Zhang P, Zhang Z, Youn JY, Wang C, Zhang H, et al. Traditional Chinese Medicine (TCM) in the treatment of COVID-19 and other viral infections: Efficacies and mechanisms. *Pharmacol Ther*. (2021) 225:107843. doi: 10.1016/j.pharmthera.2021.107843
- 3. Zhang H, Xu G, Wu X, Xu Y, Xu L, Zou Y, et al. Fei-Yan-Qing-Hua decoction decreases hyperinflammation by inhibiting HMGB1/RAGE signaling and promotes bacterial phagocytosis in the treatment of sepsis. *J Ethnopharmacol.* (2024) 321:117553. doi: 10.1016/j.jep.2023.117553
- 4. Wang X, Yan J, Xu X, Duan C, Xie Z, Su Z, et al. Puerarin prevents LPS-induced acute lung injury via inhibiting inflammatory response. $Microb\ Pathog.\ (2018)\ 118:170-6.\ doi: 10.1016/j.micpath.2018.03.033$
- 5. Jiao FF, Liu SQ, Wang Q, Li F. The effect of Huayu Lifei formula on the expression of TGF-β, Smad3 and CTGF in lung tissue of bleomycin-induced rat lung fibrosis model. *Chin J Chin Mater Med.* (2008) 33:1499–501.
- 6. Ren XT, Xu Y, Sun LP. Development and prospect of modern research on maxing shigan decoction. *Jilin J Tradit Chin Med.* (2020) 40:1106–9. doi: 10.13463/j.cnki.jlzyy.2020.08.037
- 7. Li L, Wu JM, OuYang JJ, Hu J, Liao C, Yuan P, et al. Study on screening and mechanism of effective Chinese medicine for influenza virus pneumonia. *Chin J Immunol.* (2018) 34:1168–73. doi: 10.3969/j.issn.1000-484X.2018.08.009
- 8. Guo X, Lin Y, He F, Jin Y, Chen S, Li T, et al. Identification of active compounds of traditional chinese medicine derived from maxing shigan decoction for COVID-19 treatment: a meta-analysis and in silico study. Expert Rev Anti Infect Ther. (2023) 21:871-89. doi: 10.1080/14787210.2023.2238899
- 9. Wu J, Tang F, Zhang XQ, Fu ZL, Fu S. Application of Jiawei Maxing Shigan Tang in the treatment of COVID-19: An observational study. *Front Med (Lausanne)*. (2022) 9:1028171. doi: 10.3389/fmed.2022.1028171
- 10. General Office of the National Health Commission, and Office of National Administration of Traditional Chinese Medicine. Guidelines for diagnosis and treatment of influenza (2025 version). *Chin J Viral Dis.* (2025) 15:101–6. doi: 10.16505/j.2095-0136.2025.0007
- 11. General Office of the National Health Commission, and Office of National Administration of Traditional Chinese Medicine. Guidelines for diagnosis and treatment of influenza (2020 version). *Chin J Viral Dis.* (2021) 11:1–5. doi: 10.16505/i.2095-0136.2020.0085
- 12. General Office of the National Health Commission, and Office of National Administration of Traditional Chinese Medicine. Guidelines for diagnosis and treatment of influenza(2019 version). *Chin J Viral Dis.* (2020) 10:164–8. doi: 10.16505/j.2095-0136.2020.0002
- 13. National Health and Family Planning Commission of The People's Republic of China. Guidelines for diagnosis and treatment of influenza(2018 version). *Chin J Viral Dis.* (2018) 8:81–5. doi: 10.16505/j.2095-0136.2018.0021
- 14. Huang H, Yang H, Zhang Z, Song Y, Li L, Li K, et al. Synergistic therapeutic effects and immunoregulatory mechanism of maxing shigan decoction combined with sijunzi decoction on viral pneumonia in mice. *Can J Infect Dis Med Microbiol.* (2024) 2024;2017992. doi: 10.1155/2024/2017992
- 15. Hsieh CF, Lo CW, Liu CH, Lin S, Yen HR, Lin TY, et al. Mechanism by which ma-xing-shi-gan-tang inhibits the entry of influenza virus. *J Ethnopharmacol*. (2012) 143:57–67. doi: 10.1016/j.jep.2012.05.061
- 16. Zhong Y, Zhou J, Liang N, Liu B, Lu R, He Y, et al. Effect of maxing shigan tang on H1N1 influenza A virus-associated acute lung injury in mice. *Intervirology.* (2016) 59:267–74. doi: 10.1159/000458726
- 17. Ge ZY, Tong J, Na JJ, Zou L, Lu FG. Effects of maxing shigan decoction decocted by different methods and its drug containing serum on neuraminidase activity of influenza A virus. *Chin J Integr Tradit. West. Med.* (2016) 36:1119–23. doi: 10.7661/CJIM.2016.09.1119
- 18. Dunn WB, Erban A, Weber RJM, Creek DJ, Brown M, Breitling R, et al. Mass appeal: Metabolite identification in mass spectrometry-focused untargeted metabolomics. *Metabolomics*. (2013) 9:S44–66. doi: 10.1007/s11306-012-0434-4
- 19. Liang L, Rasmussen MH, Piening B, Shen X, Chen S, Röst H, et al. Metabolic dynamics and prediction of gestational age and time to delivery in pregnant women. *Cell.* (2020) 181:1680–1692.e15. doi: 10.1016/j.cell.2020.05.002
- 20. Hakeem Said I, Truex JD, Heidorn C, Retta MB, Petrov DD, Haka S, et al. LC-MS/MS based molecular networking approach for the identification of cocoa phenolic metabolites in human urine. *Food Res Int.* (2020) 132:109119. doi: 10.1016/j.foodres.2020.109119
- 21. Fan S, Shahid M, Jin P, Asher A, Kim J. Identification of metabolic alterations in breast cancer using mass spectrometry-based metabolomic analysis. *Metabolites*. (2020) 10:170. doi: 10.3390/metabo10040170
- 22. Djoumbou Feunang Y, Eisner R, Knox C, Chepelev L, Hastings J, Owen G, et al. ClassyFire, automated chemical classification with a comprehensive, computable taxonomy. *J Cheminformatics*. (2016) 8:61. doi: 10.1186/s13321-016-0174-y

- 23. Rivera A, Siracusa MC, Yap GS, Gause WC. Innate cell communication kick-starts pathogen-specific immunity. *Nat Immunol.* (2016) 17:356–63. doi: 10.1038/ni 3375
- 24. Zhou Q, Sun HJ, Yu DH, Liu SM. Mechanisms of M1/M2 macrophage polarization in different diseases. *Chin Pharmacol Bull.* (2020) 36:1502–6. doi: 10.3969/j.issn.1001-1978.2020.11.005
- 25. Korteweg C, Gu J. Pathology, molecular biology, and pathogenesis of avian influenza A (H5N1) infection in humans. *Am J Pathol.* (2008) 172:1155–70. doi: 10.2353/ajpath.2008.070791
- 26. Mokra D, Mikolka P, Kosutova P, Mokry J. Corticosteroids in acute lung injury, the dilemma continues. *Int J Mol Sci.* (2019) 20:4765. doi: 10.3390/ijms20194765
- 27. Wang L, Zhang H, Sun L, Gao W, Xiong Y, Ma A, et al. Manipulation of macrophage polarization by peptide-coated gold nanoparticles and its protective effects on acute lung injury. *J Nanobiotechnology.* (2020) 18:38. doi: 10.1186/s12951-020-0503.7
- 28. Aranda-Valderrama P, Kaynar AM. The basic science and molecular mechanisms of lung injury and acute respiratory distress syndrome. *Int Anesthesiol Clin.* (2018) 56:1–25. doi: 10.1097/AIA.000000000000177
- 29. Lee MR. The history of ephedra (ma-huang). J R Coll Physicians Edinb. (2011) 41:78–84. doi: 10.4997/JRCPE.2011.116
- 30. Fan HH, Ren YM, Tian XL, Zhang K, Li XL. Effect of ephedrine on airway remodeling in bronchial asthma mice by regulating TGF- β 1/Smads pathway. *Acta Univ Med Anhui*. (2024) 59:1398–404. doi: 10.19405/j.cnki.issn1000-1492.2024.08.016
- 31. Xu L, Liao ZM, Su XY, Lv HL, Chen JB. Ephedrine inhibits airway inflammatory responses in mice through modulation of the TGF- β 1/NF- κ B signaling pathway. *Life Sci Res.* (2024) 28:26–32+55. doi: 10.16605/j.cnki.1007-7847.2023.02.0128
- 32. Wang JJ, Guo ZH, Shi DL, Ding LL. Experimental study on ephedrine ameliorates knee osteoarthritis in rats by regulating AMPK/NF- κ B signaling pathway. *Chin J Osteoporosis*. (2023) 29:1415–1419+1483. doi: 10.3969/j.issn.1006-7108.2023.10.003
- 33. Głowacka K, Wiela-Hojeńska A. Pseudoephedrine-benefits and risks. Int J Mol Sci. (2021) 22:5146. doi: 10.3390/ijms22105146
- 34. Wang WB, Li JT, Hui Y, Shi J, Wang XY, Yan SG. Combination of pseudoephedrine and emodin ameliorates LPS-induced acute lung injury by regulating macrophage M1/M2 polarization through the VIP/cAMP/PKA pathway. *Chin Med.* (2022) 17:19. doi: 10.1186/s13020-021-00562-8
- 35. Grønborg H, Winther B, Brofeldt S, Borum P, Mygind N. Effects of oral norephedrine on common cold symptoms. *Rhinology*. (1983) 21:3–12.
- 36. Zhang H, Jiang H, Zhang H, Liu J, Hu X, Chen L. Anti-tumor efficacy of phellamurin in osteosarcoma cells: Involvement of the PI3K/AKT/mTOR pathway. *Eur J Pharmacol.* (2019) 858:172477. doi: 10.1016/j.ejphar.2019.172477
- 37. Shinu P, Gupta GL, Sharma M, Khan S, Goyal M, Nair AB, et al. Pharmacological features of 18β -glycyrrhetinic acid: A pentacyclic triterpenoid of therapeutic potential. *Plants (Basel).* (2023) 12:1086. doi: 10.3390/plants12051086
- 38. Zhou JX, Wink M. Evidence for Anti-Inflammatory Activity of Isoliquiritigenin, 18ß Glycyrrhetinic Acid, Ursolic Acid, and the Traditional Chinese Medicine Plants Glycyrrhiza glabra and Eriobotrya japonica, at the Molecular Level. *Medicines (Basel)*. (2019) 6:55. doi: 10.3390/medicines6020055
- 39. Wang JL, Liu H, Jing ZC, Zhao F, Zhou R. 18 β -Glycyrrhetinic acid ameliorates endoplasmic reticulum stress-induced inflammation in pulmonary arterial hypertension through PERK/eIF2 α /NF- κ B signaling. *Chin J Physiol.* (2022) 65:187–98. doi: 10.4103/0304-4920.354801
- 40. Bi JX, Li S, Ren SW, Xiang JY, Gao QJ, Wu JX. Effects of rhizoma pinelliae extract on macrophage polarization and lung injury in bronchiolitis mice by regulating the TNF- α /NOX2 pathway. *Chin J Cell Biol*. (2025) 47:229–39. doi: 10.11844/cjcb.2025.02.0008
- 41. Huang ZH, Qian JY, Hong LQ, Guo DD, Ma CQ. Mechanism research of compound wufengcao liquid regulating macrophage polarization in tuberculous ulcer based on IFN-γ/STAT1 and IL-4/STAT6 signaling pathway. *Pharmacol Clin Chin Mater Med.* (2024) 40:53–62. doi: 10.13412/j.cnki.zyyl.20240510.001
- 42. Zhu YR, Huang S, Lin L, Zhang FY, Jiang XG, Chen SX. Knock-down of long intergenic noncoding RNA cyclooxygenase 2 (lincRNA-COX2) inhibits apoptosis and polarization into M1 in Listeria monocytogenes-infected macrophages. *Chin J Cell Mol Immunol.* (2023) 39:289–94. doi: 10.13423/j.cnki.cjcmi.009541
- 43. Li EW, Cui ZH, Gao G, Fu ZX, Zhang XW, Wang H, et al. Mechanism of Zexie Tang in regulating macrophage M1/M2 polarization balance based on PI3K/AKT pathway. *Chin J Immunol.* (2024) 40:1684–91. doi: 10.3969/j.issn.1000-484X. 2024.08.019
- 44. Sheng XH, Zhang W, Song SL, Zhang F, Zhang BX, Tian XY, et al. Molecular mechanism of magnesium alloy promoting macrophage M2 polarization through modulation of PI3K/AKT signaling pathway for tendon-bone healing inrotator cuff injury repair. *Chin J Repar. Reconstr. Surg.* (2025) 39:174–86. doi: 10.7507/1002-1892.202410010

- 45. Chen ZL, Wu JJ, Zhi W, Han Q. The activation of akt/p38MAPK signaling and M1/M2 polarization of lipopolysaccharide induced RAW264.7 cells regulated by tibetan eighteen flavor dangshen pills. *Chin Pharm J.* (2022) 57:38–43. doi: 10.11669/cpj.2022.01.006
- 46. Zhang MM, Yin T, Wang RJ, Zhang WC. Glycyrrhetinic acid promotes LPS-induced M2 polarization of microglia by inhibiting p38 mitogen-activated protein kinase signaling pathway. *Chin J Geriatr. Heart Brain Vessel Dis.* (2024) 26:450–4. doi: 10.3969/j.issn.1009-0126.2024.04.021
- 47. Chang X, Guo Y, Zhang Q, Zheng X, Cui X, Hu J, et al. GRP78 recognizes EV-F 3D protein and activates NF-κB to repress virus replication by interacting with CHUK/IKBKB. *J Virol*. (2024) 98:e0026824. doi: 10.1128/jvi.00268-24
- 48. Liu S, Zhang H, Li Y, Zhang Y, Bian Y, Zeng Y, et al. S100A4 enhances protumor macrophage polarization by control of PPAR-γ-dependent induction of fatty acid oxidation. *J Immunother Cancer*. (2021) 9:e002548. doi: 10.1136/jitc-2021-002548
- 49. Luo J, Wang J, Zhang J, Sang A, Ye X, Cheng Z, et al. Nrf2 deficiency exacerbated CLP-induced pulmonary injury and inflammation through autophagy- and NF-кВ/PPARy-mediated macrophage polarization. *Cells*. (2022) 11:3927. doi: 10.3390/cells11233927
- 50. Yadav J, Tripathi T, Chaudhary A, Janjua D, Joshi U, Aggarwal N, et al. Influence of head and neck cancer exosomes on macrophage polarization. *Cytokine*. (2025) 186:156831. doi: 10.1016/j.cyto.2024.156831
- 51. Meng L, Li L, Lu S, Li K, Su Z, Wang Y, et al. The protective effect of dexmedetomidine on LPS-induced acute lung injury through the HMGB1-mediated TLR4/NF-κB and PI3K/Akt/mTOR pathways. *Mol Immunol*. (2018) 94:7–17. doi: 10.1016/j.molimm.2017.12.008
- 52. Pan L, Cheng Y, Yang W, Wu X, Zhu H, Hu M, et al. Nintedanib ameliorates bleomycin-induced pulmonary fibrosis, inflammation, apoptosis, and oxidative stress by modulating PI3K/akt/mTOR pathway in mice. *Inflammation*. (2023) 46:1531–42. doi: 10.1007/s10753-023-01825-2
- 53. Zhang XL, Xing RG, Chen L, Liu CR, Miao ZG. PI3K/Akt signaling is involved in the pathogenesis of bleomycin–induced pulmonary fibrosis via regulation of epithelial –mesenchymal transition. *Mol Med Rep.* (2016) 14:5699–706. doi: 10.3892/mmr.2016.5960
- 54. Song Y, Wang Z, Jiang J, Piao Y, Li L, Xu C, et al. DEK-targeting aptamer DTA-64 attenuates bronchial EMT-mediated airway remodelling by suppressing TGF- β I/Smad, MAPK and PI3K signalling pathway in asthma. *J Cell Mol Med.* (2020) 24:13739–50. doi: 10.1111/jcmm.15942
- 55. Li Q, Wang G, Xiong SH, Cao Y, Liu B, Sun J, et al. Bu-Shen-Fang-Chuan formula attenuates cigarette smoke-induced inflammation by modulating the PI3K/ Akt-Nrf2 and NF-κB signalling pathways. *J Ethnopharmacol.* (2020) 261:113095. doi: 10.1016/j.jep.2020.113095
- 56. Huang CY, Deng JS, Huang WC, Jiang WP, Huang GJ. Attenuation of lipopolysaccharide-induced acute lung injury by hispolon in mice, through regulating the TLR4/PI3K/akt/mTOR and keap1/nrf2/HO-1 pathways, and

- suppressing oxidative stress-mediated ER stress-induced apoptosis and autophagy. Nutrients. (2020) 12:1742. doi: 10.3390/nu12061742
- 57. Zhou Y, Yang Y, Liang T, Hu Y, Tang H, Song H, et al. The regulatory effect of microRNA-21a-3p on the promotion of telocyte angiogenesis mediated by PI3K (p110 α)/AKT/mTOR in LPS induced mice ARDS. *J Transl Med.* (2019) 17:427. doi: 10.1186/s12967-019-02168-z
- 58. Li F, Li J, Wang PH, Yang N, Huang J, Ou J, et al. SARS-CoV-2 spike promotes inflammation and apoptosis through autophagy by ROS-suppressed PI3K/AKT/mTOR signaling. *Biochim Biophys Acta Mol Basis Dis.* (2021) 1867:166260. doi: 10.1016/j.bbadis.2021.166260
- 59. Geering B, Cutillas PR, Nock G, Gharbi SI, Vanhaesebroeck B. Class IA phosphoinositide 3-kinases are obligate p85-p110 heterodimers. *Proc Natl Acad Sci U S A*. (2007) 104:7809–14. doi: 10.1073/pnas.0700373104
- 60. Chagpar RB, Links PH, Pastor MC, Furber LA, Hawrysh AD, Chamberlain MD, et al. Direct positive regulation of PTEN by the p85 subunit of phosphatidylinositol 3-kinase. *Proc Natl Acad Sci U S A.* (2010) 107:5471–6. doi: 10.1073/pnas.0908899107
- 61. Zhao SJ, Kong FQ, Jie J, Li Q, Liu H, Xu AD, et al. Macrophage MSR1 promotes BMSC osteogenic differentiation and M2-like polarization by activating PI3K/AKT/GSK3 β / β -catenin pathway. *Theranostics*. (2020) 10:17–35. doi: 10.7150/thno.36930
- 62. Qiao X, Wang H, He Y, Song D, Altawil A, Wang Q, et al. Grape seed proanthocyanidin ameliorates LPS-induced acute lung injury by modulating M2a macrophage polarization via the TREM2/PI3K/akt pathway. *Inflammation*. (2023) 46:2147–64. doi: 10.1007/s10753-023-01868-5
- 63. Yang Y, Liu D, Xi Y, Li J, Liu B, Li J. Upregulation of miRNA-140-5p inhibits inflammatory cytokines in acute lung injury through the MyD88/NF-κB signaling pathway by targeting TLR4. *Exp Ther Med.* (2018) 16:3913–20. doi: 10.3892/etm 2018 6692
- 64. An L, Liu CT, Yu MJ, Chen ZH, Guo XG, Peng W, et al. Heme oxygenase-1 system, inflammation and ventilator-induced lung injury. *Eur J Pharmacol.* (2012) 677:1–4. doi: 10.1016/j.ejphar.2011.12.010
- 65. Li D, Ren W, Jiang Z, Zhu L. Regulation of the NLRP3 inflammasome and macrophage pyroptosis by the p38 MAPK signaling pathway in a mouse model of acute lung injury. *Mol Med Rep.* (2018) 18:4399–409. doi: 10.3892/mmr.2018.9427
- 66. Locati M, Curtale G, Mantovani A. Diversity, mechanisms, and significance of macrophage plasticity. *Annu Rev Pathol.* (2020) 15:123–47. doi: 10.1146/annurev-pathmechdis-012418-012718
- 67. Guo J, Shang H, Ma LY, Gao Y, Li LY, Zou ZM, et al. AE-YJ, a derivative of Aloemodin, inhibits LPS-induced release of inflammatory mediators in RAW264.7 cells via PI3K-Akt/NF-κB and MAPK/NF-κB pathways. *Chin Pharmacol Bull.* (2021) 37:1700–8. doi: 10.3969/j.issn.1001-1978.2021.12.013
- 68. Jie L, Zhang L, Fu H, Kang J, Huang Z, Zhu Z, et al. Xibining inhibition of the PI3K-AKT pathway reduces M1 macrophage polarization to ameliorate KOA synovial inflammation and nociceptive sensitization. *Phytomedicine*. (2025) 136:156281. doi: 10.1016/j.phymed.2024.156281