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# Plasticity in malaria parasite development: mosquito resources influence vector-tohost transmission potential

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Parasites rely on exploiting resources from their hosts and vectors for survival and transmission. This includes nutritional resources, which vary in availability between different hosts and changes during infections. For malaria (Plasmodium) parasites, sexual reproduction (sporogony) and subsequent development of oocysts, which produce sporozoites infectious to the vertebrate host, occurs in the mosquito vector. Mosquitoes in the field exhibit diversity in the amount and type of food they acquire, directly impacting the nutrients available for the replication and development of parasites. While the rate of parasite transmission from vector to host is influenced by the nutritional state of mosquitoes, whether this is due to resource limitation mediating parasite development and productivity is poorly understood. We use the rodent model parasite P. chabaudi and the vector Anopheles stephensi to ask how variation in the amount of sugar and blood provided to malaria-infected mosquitoes affects the potential for parasites to transmit from vector to host. We show that parasites in well-resourced mosquitoes reach a larger oocyst size earlier in development, suggesting faster growth, and have a 1.7-fold higher sporozoite burden than parasites whose vectors only receive sugar. However, this increase in productivity is only partly explained by oocyst development, suggesting that resource availability also impacts the ability of sporozoites to reach the salivary glands. This challenges the assumption of a simple relationship between the number or size of oocysts and onward transmission potential. Furthermore, our findings suggest malaria parasites may actively adjust oocyst growth rate to best exploit nutritional resources; while parasites in low-resourced mosquitoes exhibited a reduction in oocyst burden during sporogony, the remaining oocysts developed more rapidly in the later stages of oocyst development, catching up to reach a similar size to those in well-resourced mosquitoes. Understanding the impacts of resource availability for malaria transmission is urgent given that parasites encounter increasingly variable vectors as consequences of climate change and vector control tools.

### KEYWORDS

plasmodium, anopheles, sporogony, parasite fitness, life history, nutrition

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## Introduction

Parasites by definition rely on hosts, exploiting them for food and shelter (Rózsa and Garay, 2023). Many parasite species, including vector-transmitted parasites, have multi-host lifecycles, where different life stages are found in phylogenetically diverse definitive and intermediate host species (Webster et al., 2017). These parasites are exposed to extensive variation in the within-host/vector environmental conditions they experience, and so, adapt to exploit environments which provide different types and amounts of resources. For example, malaria parasites (Plasmodium) exploit nutritional resources in the blood of their vertebrate host, but also must be able to successfully utilise resources present in the gut and haemolymph of their insect vector (Lefevre et al., 2017). In addition, parasites face variation in how well-resourced individual con-specific hosts/vectors are, and in how nutritional resources vary during the course of infections within hosts/vectors. For example, resource availability in mosquito vectors can vary across larval breeding habitats which subsequently affects adult fitness (Takken et al., 2013; Shapiro et al., 2016), and for malaria parasites, the density of red blood cells (RBC) available within the vertebrate host reduces as parasite density increases, and the resulting anaemia leads to an alteration in the RBC age structure as the host recovers (Birget et al., 2017). Other causes of variation between individual hosts/ vectors include immune status, infection with other parasites, age, sex and reproductive status, which can also alter the nutritional resources available for parasites to exploit. For example, vectors show agespecific changes in foraging (Alto et al., 2003; Cator et al., 2020), and co-infection of multiple parasite strains causes competition for limited resources within the vertebrate host (Pollitt et al., 2011).

The nutritional resources available within vectors impacts parasite transmission by influencing multiple parameters of vectorial capacity (i.e. the efficiency of vector-borne disease transmission under natural conditions) (Takken et al., 2013; Shapiro et al., 2016; Almire et al., 2021). Adult female mosquitoes rely on both blood and sugar sources for nutrition during their lifespan; blood provides a nutritional boost of proteins and lipids which are necessary for egg production, and sugar sources provide the majority of energy for meeting the mosquito's metabolic needs, including powering processes such as flight (Foster, 1995). Climatic variation (Gu et al., 2011; Stone et al., 2012), season, and access to vertebrate hosts (which is reduced by bed net use (Killeen et al., 2007)) generate variation in blood and sugar availability, impacting vector behaviour, lifespan and fecundity (Fernandes and Briegel, 2005; Gary and Foster, 2006; Ma and Roitberg, 2008; Lyimo et al., 2012; Dieng et al., 2015; Hagan et al., 2018; Barredo and Degennaro, 2020; Yan et al., 2021; Vantaux et al., 2023). Furthermore, the type of plant sugar and blood meal sources used by mosquitoes determines their longevity, biting behaviour and susceptibility to malaria infection (Hien et al., 2016; Emami et al., 2017; Ebrahimi et al., 2018; Vantaux et al., 2023). Thus, the availability and quality of nutritional resources available to mosquitoes affects vectorial capacity via vector population dynamics, susceptibility to infection, and biting rates. However, whether and how nutritional resources mediate transmission via additional direct effects on

parasite development and productivity within vectors is poorly understood.

Malaria parasites rely on nutrients from the vector's blood and sugar meals throughout sporogony. Sporogony involves gametogenesis and fertilisation within the mosquito midgut, traversal of the mosquito midgut wall to form oocysts, and extensive growth and replication within oocysts to produce tens of thousands of vertebrate-hostinfectious sporozoites, which must egress from oocysts and migrate to the salivary glands (Beier, 1998). Glucose is required to power microgamete motility during mating (Talman et al., 2014), and mosquito derived-lipids and amino acids are required for sporozoite production (Atella et al., 2009; Costa et al., 2018; Shaw et al., 2020; Kwon et al., 2021). Thus, reducing the amount of lipids available to oocysts lowers the quantity of sporozoites as well as their ability to infect a vertebrate host (Costa et al., 2018), and feeding already-infected mosquitoes an additional blood meal can speed up oocyst development (Shaw et al., 2020; Kwon et al., 2021). However, the overall impacts of nutritional resources on transmission, and to what extent parasites can optimise their amount and schedule of resource exploitation, are unknown.

Theory for the evolution of life history traits predicts that while natural selection acts to maximise fitness, expression of traits is limited by trade-offs and constraints commonly caused by limited resources available for growth, maintenance and reproduction (Stearns, 1989). Applying life history theory to parasites has revealed sophisticated strategies deployed within the host (Reece et al., 2009; Schneider and Reece, 2021), and could help to understand parasite strategies within the vector (Carrillo-Bustamante et al., 2023). A key concept is that each highly genetically related genotype of single-celled malaria parasites within an infection can be viewed as an organism from the perspective of natural selection (Gardner and Grafen, 2009; Schneider and Reece, 2021), adopting strategies that are collectively beneficial for the genotype. For example, in the vertebrate host, the rodent malaria P. chabaudi plastically alters the sex ratio of sexual transmission stage parasites (gametocytes) (Reece et al., 2008) and the proportion of asexual parasites committing to form gametocytes (Schneider et al., 2018a). Specifically, parasite genotypes adjust these traits during infections, and between different hosts, in manners that maintain fitness across different environmental conditions (Pigliucci, 2005), such as variable degrees of competition with co-infecting genotypes and the availability of red blood cell resources (De Roode et al., 2005; Bell et al., 2006; Birget et al., 2017).

Here, we apply life history theory to explain parasite strategies in the vector, and how they may maximise fitness (i.e. between-host transmission). For example, a common trade-off is offspring quality vs quantity, and parasites may also face this trade-off during sporozoite production, the strength of which will vary dependent on resource availability. For example, under nutrient-limiting conditions, a small number of oocysts could continue growing, to ensure completion of sporogony for a small number of sporozoites rather than producing more lower quality sporozoites or risk not completing sporogony at all (Habtewold et al., 2021). Additionally, the length of time it takes for parasites to complete sporogony (the extrinsic incubation period, EIP) is dependent on mosquito resources (Shaw et al., 2020). If resources are limiting, faster development may occur at the expense of quality and/or quantity of sporozoites, or alternatively may be extended to wait for additional incoming resources (Carrillo-Bustamante et al., 2023). Conversely, excess resources may allow parasites to develop unhindered, producing more high quality sporozoites at a fast rate. Following these scenarios, parasites in medium-resourced mosquitoes should adopt intermediate strategies, constrained to developing slower than in well-resourced mosquitoes, but producing more/better sporozoites than low-resourced mosquitoes. How parasites respond to resource availability will also depend on whether, and how, parasites sense resource supply, and whether vector death is imminent or if the vector will survive long enough to forage for more resources.

While previous studies suggest parasites capitalise on an increase in resource availability by speeding up sporogony (Shaw et al., 2020), it is unknown whether parasite development and productivity are limited in poorly-resourced mosquitoes. By perturbing mosquito nutritional status after infection with P. chabaudi, we investigate how parasites respond to both an increase and decrease in the availability of within-vector resources. We provide mosquitoes with (i) low fructose, representing vectors with limited access to all resources, (ii) high fructose, representing vectors with limited access to blood meals but plentiful resources for their survival, or (iii) high fructose plus an additional blood meal, representing well-fed vectors with access to both types of resources. We hypothesise that if parasites can detect changes in resource availability and/or vector condition, they will adopt different optimal development strategies to maximise transmission, including changes to sporozoite quantity, quality and/or developmental speed (i.e. the EIP). Overall, we demonstrate that parasite development during sporogony is plastic and propose hypotheses for future studies to differentiate whether this is due to constraints or whether parasites are adopting adaptive (fitness-maximising) strategies. We also explore implications for transmission potential because well-resourced mosquitoes are likely to have higher vectorial capacity.

# Materials and methods

We performed two experiments to test how nutritional resources garnered by mosquitoes affect malaria parasite development and onward transmission potential. First, we confirmed the extent to which different food treatments perturbed mosquito physiological condition by comparing survival rates and nutritional status in uninfected mosquitoes. Second, we infected mosquitoes with *P. chabaudi* and subsequently perturbed food treatments to quantify the impact on oocyst development and sporozoite burden.

### Vectors, hosts, and parasites

We used the highly tractable *Anopheles stephensi-P. chabaudi*lab mouse model system, which closely reflects the within-host behaviours and within-vector dynamics of the most virulent human malaria parasite, *P. falciparum*, in its most common (*An. gambiae* complex) vectors (Spence et al., 2012; Schneider and Reece, 2021; Shaw et al., 2022). We housed adult *An. stephensi* SD500 mosquitoes at 26°C, 70% relative humidity on a 12L: 12D cycle and provided them with *ad libitum* access to 8% fructose solution following emergence. Three days post-pupation, we transferred adult female mosquitoes to experimental cages. In both experiments, we provided mosquitoes with an initial blood meal at 5-7 days post-pupation. Prior to the initial blood meal, we starved mosquitoes overnight by providing water only. On day 1 post-blood meal (pBM), we removed unfed females from cages, and on day 3 pBM we provided an oviposition site (a small petri dish lined with filter paper, filled with water) in each cage to give mosquitoes the opportunity to lay eggs.

For all uninfected blood meals in the first experiment, and additional blood meals in the second experiment, we used 8-10 week old male and female Per1/2-null (on a C57Bl/6 J background) clock disrupted mice (O'Donnell et al., 2020) housed under standard 12L:12D conditions with ad libitum access to food and drinking water. When housed in 12L:12D conditions, Per1/2-null mice exhibit a wildtype rhythmic phenotype (Bae et al., 2001), and were excess from a breeding colony to ethically reduce the number of mice specifically bred for the present study (Prescott and Lidster, 2017). To infect mosquitoes with malaria in the second experiment during their initial blood meal, we allowed female mosquitoes to blood feed on mice infected with P. chabaudi (genotype ER, passage number A17). Mice were 10 week old C57Bl/6 J male mice given ad libitum access to food and drinking water (supplemented with 0.05% paraaminobenzoic acid to aid parasite development (Jacobs, 1964)). We pre-treated mice with 125mg/kg phenylhydrazine (PHZ) prior to infection to enhance gametocyte production. Three days after PHZ treatment, we infected mice with 1x10<sup>7</sup> P. chabaudi ring stage parasitised red blood cells by intraperitoneal (IP) injection. Transmissions occurred on day 5 post-infection. On day 4 postinfection, we took blood samples from all mice for quantification of gametocytes by microscopy, selecting those with the highest gametocytemia for transmission feeds. Prior to donating a blood meal, we anaesthetised mice (65mg/kg ketamine hydrochloride and 0.85mg/kg medetomidine in PBS) and placed each mouse on a cage of mosquitoes for 20 minutes.

# Experiment 1: resource perturbation in uninfected mosquitoes

To confirm that varying the availability of nutritional resources successfully perturbed mosquito condition, we assessed the impact of four feeding treatments on mosquito nutritional status (lipid, glycogen and total sugars content) and lifespan without the confounding effects of malaria infection (Figure 1A). We first allowed a cage of female mosquitoes (n=1000) to take an initial blood meal 5-7 days post-pupation from four mice, then placed them on *ad libitum* 8% fructose solution. Three days later (day 3 pBM, to follow a gonotrophic cycle), we randomly transferred n=40 mosquitoes to each of 24 paper pots with mesh lids and oviposition



Experimental design and sampling for investigating the effect of resource availability on nutritional status (lipids, glycogen, total sugars) and survival in uninfected mosquitoes (A) and parasite development within infected mosquitoes (B). Sample sizes (n) refer to the total number of individual mosquitoes collected for each sampling point across replicate pots (denoted by number in italics).

sites. The following day (day 4 pBM), we randomly allocated six pots to each of four treatments, which involved *ad libitum* access to either: (i) 0.08% fructose (0.08% fruc), (ii) 0.8% fructose (0.8% fruc), (iii) 8% fructose (8% fruc) and (iv) 8% fructose and an additional blood meal on day 4 pBM (8% fruc + bm).

From day 4 pBM we tracked mosquito survival by recording daily deaths until day 35 pBM (n=5 pots per treatment group). On day 9 pBM, we collected n=16 mosquitoes from the sixth pot (n=1 pot per treatment group), and froze them at -20°C before undertaking lipid, glycogen and total sugar analyses following modified Van Handel protocols (Van Handel, 1985a, b; Van Handel and Day, 1988). In brief, we removed a wing from each mosquito to quantify body size, and lysed individual mosquitoes in 100µl 2% sodium sulphate and added 750µl of 1:2 chloroform: methanol. We centrifuged samples at 17949xg for 3 minutes; the supernatant was collected for lipid and total sugars analysis, and the precipitate was used for glycogen analysis. We were unable to collect data on lipids and total sugars from two mosquitoes. We conducted lipid analysis following (Meuti et al., 2015) with minor modifications: 250µl supernatant was used, and 80µl of sample was added to 96-well plates and we measured absorbance at 525nm and 490nm on a microplate reader (Varioskan Flash, ThermoFisher Scientific). We carried out glycogen analysis by adding 200µl anthrone reagent to the precipitate, and heating to 90°C for 15 minutes. After cooling at 4°C for 5 minutes, we added 40 $\mu$ l to a 96well plate containing 40 $\mu$ l anthrone reagent and absorbance was measured at 625nm and 555nm on a microplate reader. Total sugars analysis followed the same protocol to glycogen with minor differences: we heated 125 $\mu$ l of supernatant at 90°C until the solvent evaporated, and then added 200 $\mu$ l anthrone reagent. After heating and cooling as above, we added 80 $\mu$ l to 96-well plates before measuring absorbance at the same wavelengths.

# Experiment 2: resource perturbation in infected mosquitoes

To investigate how perturbations of nutritional status of mosquito vectors affect sporogony, we fed all mosquitoes an infected blood meal, and then assessed the impact of three feeding treatments on: (i) oocyst prevalence (the proportion of mosquitoes infected with oocysts), (ii) oocyst burden (the number of oocysts per gut in infected mosquitoes), (iii) oocyst size (a proxy for growth rate), (iv) sporozoite prevalence (the proportion of mosquitoes with detectable sporozoites), and (v) sporozoite burden (the number of sporozoites in individual mosquitoes) (Figure 1B). To infect mosquitoes, we anaesthetised infected mice (n=30) and exposed each mouse to a pot of mosquitoes (n=12 pots

per treatment group, n=80 mosquitoes per pot) for 20 min, with the exception of the six mice with the highest gametocyte loads, which were simultaneously exposed to pairs of pots. We took blood samples from mice at the point of transmissions to confirm gametocyte numbers by quantitative reverse-transcriptase PCR (RT-qPCR) (Schneider et al., 2018a).

Pots of mosquitoes were randomly allocated to treatment groups on day 1 post-infectious blood meal (pIBM): (i) low fructose (low fruc; 0.08% fructose for 6 days, increased to 0.8% fructose thereafter), (ii) 8% fructose (8% fruc) or (iii) 8% fructose plus an additional blood meal on day 4 pIBM (8% fruc + bm). Despite pilot data revealing 0.08% fructose is sufficient for naïve mosquitoes to survive the experimental period, this proved not be the case for infected mosquitoes. Because deaths within the first few days of infection were unexpectedly high in the low fructose group, we ensured enough mosquitoes survived for the duration of data collection by increasing fructose concentration to 0.8% from day 6 pIBM. By perturbing the diets of mosquitoes once infected, we avoided any impacts of altering mosquitoes prior to infection in manners that could confound impacts on parasite development by affecting mosquito uptake of infectious blood and susceptibility.

On days 7 and 10 pIBM, we sampled mosquitoes (n=6 per pot per time point) to determine oocyst prevalence, burden, and size. On day 10, we collected mosquitoes from only 6 pots in the low fructose group due to the low survival described above. To visualise oocysts, we anaesthetised mosquitoes on ice, and dissected midguts in a drop of phosphate buffered saline (PBS). Dissected midguts were stained in 0.25% mercurochrome and photographed at 40x magnification using a light microscope on a single focal plane. Using ImageJ (Schneider et al., 2012), we placed a grid over each midgut photograph and used this to count total oocysts, and measure the area of up to 30 oocysts per gut, starting at the central grid square in the midgut. Measurements were calibrated using a photograph of a micrometer taken at the same magnification. We also used these measurements to calculate a metric we termed oocyst coverage, that accounts for changes in both the number and size of oocysts as a proxy for the total biomass of each infection (oocyst coverage = mean oocyst volume multiplied by burden per mosquito gut). On days 11 and 14 pIBM, we sampled mosquitoes (n=8 per pot) to determine sporozoite prevalence and burden over time. Mosquitoes were anaesthetised on ice, and bisected following Foley et al. (2012). We stored head/thorax samples at -20°C until DNA extraction and quantification by qPCR (Schneider et al., 2018b).

# Nucleic acid extraction and quantification of parasites

To quantity gametocyte densities in mice used to infect mosquitoes, we extracted RNA from  $10\mu$ l blood samples following Schneider et al. (2018a), and used an RT-qPCR assay targeting the sexual stage-specific expressed gene *PSOP1* (PCHAS\_0620900) (Wargo et al., 2006).

To quantify sporozoite burden and prevalence, we extracted DNA from mosquito head/thorax samples following the CTAB-

based phenol-chloroform extraction method from Chen et al. (2010) with minor modifications as described in Schneider et al (2018b). We eluted extracted DNA in 30µl of water, and froze at -20°C until use. A qPCR targeting a region of the 18S rRNA gene (Bell et al., 2009) was used to quantify salivary gland sporozoites. Quantification of parasite genomes was determined by comparing threshold cycle (Ct) against a standard curve, generated from DNA extracted from microscopy-quantified blood stage parasites of *P. chabaudi* genotype ER.

### Statistical analysis

We used R v. 4.1.3 for data analysis. We analysed nutritional content (lipid, glycogen, total sugars) of mosquitoes using linear models with feeding treatment as a main effect. We corrected for body size by dividing nutritional content by wing length, and then multiplying by the mean wing length across all mosquitoes. To estimate how feeding treatment affected survival in uninfected mosquitoes, we used Kaplan-Meier curves (*survminer* (Kassambara et al., 2021)) and a cox proportional hazards model with mosquito pot as a cluster to account for non-independent measures within mosquito pots (*coxme* (Therneau, 2022)). We confirmed that pots of mosquitoes across feeding treatments were provided with similar gametocytemias using a linear model (feeding treatment:  $F_{2, 33} = 0.56$ , p = 0.58).

For all subsequent models investigating parasite metrics, we included mouse as a random effect to account for pots fed simultaneously on the same mouse, and we added a random effect of mosquito pot or a nested random effect of mosquito identity within mosquito pot to account for non-independent measures within mosquito pots and mosquito guts respectively. We tested the impact of feeding treatment, day pIBM and their interaction on oocyst and sporozoite prevalences, using binomial generalised linear mixed models (glmm). We used linear mixed models (lmm) to investigate how feeding treatment, day pIBM and their interaction affected (i) oocyst burden of infected mosquitoes, (ii) oocyst coverage, (iii) oocyst diameter, (iv) oocyst size variation within a gut (coefficient of variation: standard deviation of oocyst diameter per gut divided by mean oocyst diameter per gut), and (v) sporozoite burden. We also used a lmm to investigate how feeding treatment affected the correlation between oocyst diameter and oocyst burden on day 7 pIBM. Similar lmms were used to test for correlations between sporozoite burden on day 14 pIBM and pooled means per pot for (i) oocyst diameter, (ii) square root oocyst coverage, and (iii) square root oocyst burden on day 10 pIBM, and whether these varied by feeding treatment.

We minimised all models using likelihood ratio tests, and corrected Akaike information criterion (AICc) for non-nested models, and tested for conformation to model assumptions using *DHARMa* (Hartig, 2022), or *easystats* (Makowski et al., 2020) for models with nested random effects. Nutrition, sporozoite burden, oocyst burden and oocyst coverage data were all square-root transformed to meet assumptions of normality and homogeneity of variance. We present predicted means from the best fitting minimised models (predict() function, *lme4* (Bates et al., 2015)),

and estimated SEMs from parametric bootstrapping (bootMer function). We used model predictions to fit linear regression curves. We conducted *post hoc* pairwise comparisons using the Tukey method with the *emmeans* package (Lenth, 2023) for minimised models containing a significant effect.

## Results

### Resources affect mosquito nutrition and survival

We used uninfected mosquitoes to verify that varying the concentration of fructose in sugar meals and an additional blood meal affected lipid (F<sub>3, 58</sub> = 43.9, p < 0.001), glycogen (F<sub>3, 60</sub> = 10.7, p < 0.001) and total sugars ( $F_{3, 58} = 91.8$ , p < 0.001) content (Figure 2). Mosquitoes fed 8% fructose contained 357 ± 61.8µg lipids each, which was approx. 10-fold higher than mosquitoes fed 0.08% fructose (38.6  $\pm$  7.80µg), but 1.7-fold lower than when an additional blood was given  $(594 \pm 65.6\mu g)$  (Figure 2A, Table 1). Similarly, for total sugars, mosquitoes on the lowest fructose diets contained 44.1  $\pm$  15.7µg each, 20-fold lower than those fed on 8% fructose (896 ± 56.5µg). However, an additional blood meal only slightly increased total sugar content to  $1065 \pm 132$ µg compared to 8% fructose (Figure 2B, Table 1). In contrast, glycogen stores were similar across mosquitoes fed 0.8% or more fructose (204-262µg), but were approximately 2.7-fold lower in mosquitoes fed 0.08% fructose  $(85.5 \pm 9.81 \mu g)$  (Figure 2C, Table 1).

Mosquito survival was also affected by feeding treatment. Compared to mosquitoes fed 8% fructose, an additional blood meal increased lifespan (HR: 0.41, 95% CI 20.6-44.8, z = -6.17, p < 0.001), whereas those given 0.08% fructose had the fastest mortality rate (HR: 30.4, 95% CI 0.70-1.36, z = 17.2, p < 0.001), with a median survival of 11 days (95% CI 11-12). However, there was no difference between groups given intermediate levels (0.8% and 8%) of fructose (HR: 0.98, 95% CI 0.32-0.55, z = -0.135, p = 0.892), which had median survivals of 32 (95% CI 30-34) and 33 (95% CI 31-34) days respectively (Figure 3). Note, too few mosquitoes died within the 35 day monitoring window to

accurately predict median survival for mosquitoes given an additional blood meal.

# Resources affect parasite development within mosquitoes

First, we verified the assumption of our experimental design, that infection prevalence did not differ according to treatment group, ensuring that subsequent comparisons of parasite performance across treatment groups was not confounded by contributions of unequal proportions of infected mosquitoes. Overall oocyst prevalence was high, at 92 ± 2%, and did not vary between treatments ( $\chi^2_2 = 1.03$ , p = 0.60). While oocyst prevalence increased slightly between day 7 and 10 pIBM, from 89 ± 3% to 96 ± 1% ( $\chi^2_1 = 5.79$ , p = 0.016), this did not differ across treatments ( $\chi^2_2 = 0.36$ , p = 0.84) (Figure 4A) and is most likely due to oocysts becoming easier to identify as they grow.

Second, we examined parasite development in terms of oocyst burdens, growth rate, and coverage. We find that oocyst burden varied between feeding treatments in manners that depended on day pIBM ( $\chi^2_2$  = 8.11, p = 0.017). Specifically, burden dropped between day 7 and 10 pIBM by 1.8-fold in mosquitoes on the low fructose diet (sqrt burden: 11.4 ± 1.3 to 8.4 ± 1.6), but only marginally (by 1.2-fold) in mosquitoes given an additional blood meal (sqrt burden: 12.9 ± 1.3 to 11.6 ± 1.3). In contrast, oocyst burden increased marginally (by 1.2-fold) in mosquitoes fed on 8% fructose (sqrt burden: 11.8 ± 1.3 to 12.8 ± 1.3) (Figure 4B, Table 2).

Oocyst diameter, which reflects growth rate, also differed across feeding treatments in manners that depended on day pIBM ( $\chi^2_2 = 58.2$ , p < 0.001). Oocysts were larger on day 7 in mosquitoes provided with an additional blood meal (34.4 ± 0.63µm) compared to those on fructose only diets (8% fruc: 31.2 ± 0.62µm, low fruc: 30.4 ± 0.65µm). From day 7 to day 10, oocysts in mosquitoes provided with an additional blood meal increased in size the least (by 6%). Oocysts in mosquitoes fed on 8% fructose grew at a similar rate to those provided an additional blood meal, increasing by 10% to reach a marginally smaller size on day 10 (8% fruc: 34.6 ± 0.62µm, 8% fruc: + bm 36.5 ± 0.62µm). In contrast,



|              |                           | Test<br>statistic | p-value |
|--------------|---------------------------|-------------------|---------|
| Lipids       | 0.08% fruc – 0.8% fruc    | <i>t</i> = -3.25  | 0.01    |
|              | 0.08% fruc – 8% fruc      | <i>t</i> = -7.12  | <0.001  |
|              | 0.08% fruc - 8% fruc + bm | <i>t</i> = -10.8  | <0.001  |
|              | 0.8% fruc – 8% fruc       | <i>t</i> = -3.82  | 0.002   |
|              | 0.8% fruc - 8% fruc + bm  | <i>t</i> = -7.41  | <0.001  |
|              | 8% fruc – 8% fruc + bm    | <i>t</i> = -3.53  | 0.005   |
| Total sugars | 0.08% fruc – 0.8% fruc    | <i>t</i> = -4.92  | <0.001  |
|              | 0.08% fruc – 8% fruc      | <i>t</i> = -13.0  | <0.001  |
|              | 0.08% fruc - 8% fruc + bm | <i>t</i> = -14.3  | <0.001  |
|              | 0.8% fruc – 8% fruc       | <i>t</i> = -7.98  | <0.001  |
|              | 0.8% fruc - 8% fruc + bm  | <i>t</i> = -9.14  | <0.001  |
|              | 8% fruc – 8% fruc + bm    | <i>t</i> = -1.04  | 0.73    |
| Glycogen     | 0.08% fruc – 0.8% fruc    | <i>t</i> = -4.42  | <0.001  |
|              | 0.08% fruc – 8% fruc      | <i>t</i> = -4.04  | <0.001  |
|              | 0.08% fruc - 8% fruc + bm | <i>t</i> = -5.14  | <0.001  |
|              | 0.8% fruc – 8% fruc       | <i>t</i> = 0.38   | 0.98    |
|              | 0.8% fruc – 8% fruc + bm  | <i>t</i> = -0.72  | 0.89    |
|              | 8% fruc – 8% fruc + bm    | <i>t</i> = -1.10  | 0.69    |

TABLE 1 Post hoc pairwise comparisons for nutritional content of mosquitoes provided with different feeding treatments.

despite being small on day 7, oocysts grew at the fastest rate in the low fructose group, increasing by 16%, and reached a similar size to those in the additional blood meal group by day 10 (low fruc:  $36.0 \pm 0.75\mu$ m) (Figure 4C, Table 2). Oocysts within a midgut had similar size variation regardless of feeding treatment (interaction:  $\chi^2_2 = 1.44$ , p = 0.49, feeding treatment:  $\chi^2_2 = 0.75$ , p = 0.69) and day pIBM ( $\chi^2_1 = 1.13$ , p = 0.29) (Figure 4D).

Finally, we find that oocyst burden negatively correlated with oocyst size on day 7, where diameter was reduced by 0.006  $\pm$ 0.003µm per additional oocyst (burden:  $\chi^2_1 = 5.85$ , p = 0.016) equally across all treatments ( $\chi^2_2 = 0.26$ , p = 0.88) (Figure 4E); a small difference in oocyst diameter is likely to be biologically significant because oocysts are spheres, causing small changes in diameter to result in large changes in volume. To account for this trade-off, we explored how patterns in total infection biomass, termed oocyst coverage (oocyst burden multiplied by mean oocyst volume per mosquito gut) differed over time. We find that oocyst coverage differed across feeding treatment in manners dependent on day pIBM ( $\chi^2_2 = 7.57$ , p = 0.022). Coverage was approximately 1.8-fold higher in mosquitoes given an additional blood meal compared to those on a low fructose diet and stayed constant in these groups from day 7 to day 10. In contrast, oocyst



coverage increased 1.4-fold in mosquitoes on 8% fructose diets, reaching a similar level to the coverage in mosquitoes provided with an additional blood meal by day 10 (sqrt oocyst coverage for 8% fruc:  $2043 \pm 202 \mu m^3$ , 8% fruc + bm:  $2000 \pm 196 \mu m^3$ ) (Figure 4F, Table 2).

# Resources shape onwards transmission potential

To test whether the developmental impacts of feeding treatments on parasites affects their onwards transmission potential, we compared the prevalence and the burden of sporozoites within mosquito salivary glands over time. Sporozoite prevalence was very high (98 ± 5%) across all feeding treatments (interaction:  $\chi^2_2 = 2.07$ , p = 0.36, feeding treatment:  $\chi^2_2 = 3.18$ , p = 0.20), and stayed consistent over time ( $\chi^2_1 = 0.16$ , p = 0.69) (Figure 5A). In contrast, sporozoite burden differed across feeding treatments in day pIBM-dependent manners ( $\chi^2_2 = 9.61$ , p = 0.0082). Sporozoite burden was consistently higher in mosquitoes provided with an additional blood meal, despite a 1.6-fold reduction from day 11 to 14 pIBM (sqrt burden:  $427 \pm 25$  to  $334 \pm 24$ ) in this group. In contrast, for groups provided with only fructose, sporozoite burden stayed consistent from day 11 to 14 pIBM. By day 14 pIBM, compared to mosquitoes fed an additional blood meal, those provided with 8% fructose had approximately 1.7-fold fewer sporozoites (day 14 sqrt burden:  $255 \pm 25$ ), and sporozoite burden was 5.6-fold lower in mosquitoes fed on a low fructose diet (day 14 sqrt burden:  $140 \pm 27$ ) (Figure 5B, Table 2).

# Linking parasite development and transmission potential

Finally, we explored whether the patterns we observe in the burdens and growth of oocysts can explain treatment group

Significant p-values (<0.05) are highlighted in bold, and borderline p-values (0.05< p<0.09) are italicised and underlined.



Oocyst development metrics from day 7 to day 10 post-infectious blood meal (pIBM) for mosquitoes subjected to different feeding treatments. Data presented are oocyst prevalence, defined as the proportion of infected mosquitoes (A), oocyst burden (B), oocyst diameter (C), and oocyst size variation as measured by the coefficient of variation (D), the correlation between oocyst burden and oocyst size on day 7 pIBM only (E) and oocyst coverage over time (F). To account for multiple measures per mosquito pot and per mosquito, data presented are predicted means  $\pm$  SEM from the minimised models for (A–D) and (F), and data points are minimised linear model predictions for individual mosquitoes, with lines and shading denoting best fit linear model estimates  $\pm$  95% confidence intervals for (E).

differences in sporozoite burden. We tested for correlations between oocyst metrics on day 10 and sporozoite burden on day 14, asking to what extent higher sporozoite burdens could be due to more productive oocysts in well-resourced mosquitoes. We find a positive correlation between oocyst and sporozoite burdens ( $\chi^2_1 = 13.1$ , p < 0.001), with the same slope across all feeding treatments ( $\chi^2_2 = 3.40$ , p = 0.18), and that oocyst productivity increased as access to

resources increased ( $\chi^2_2 = 16.8$ , p < 0.001). Specifically, oocysts in mosquitoes provided an additional blood meal produced the most sporozoites, approximately 2.9-fold and 2-fold more than mosquitoes on the low fructose and 8% fructose diets, respectively (Figure 6A, Table 2). The relationships observed between oocyst and sporozoite burdens across feeding treatments are mirrored by oocyst coverage and sporozoite burden (oocyst coverage:  $\chi^2_1 = 13.3$ ,

|  |  |  | Test statistic   | p-value |
|--|--|--|------------------|---------|
| Oocyst development                                       | Oocyst burden                            | <i>Low fruc</i><br>day 7 – day 10        | <i>t</i> = 2.18  | 0.03    |
|  |  | 8% fruc<br>day 7 – day 10                | <i>t</i> = -1.44 | 0.15    |
|  |  | 8% fruc + bm<br>day 7 – day 10           | <i>t</i> = 1.48  | 0.14    |
|  | Oocyst size                              | <i>day 7</i><br>Low fruc – 8% fruc       | <i>z</i> = 2.18  | 0.50    |
|  |  | <i>day 7</i><br>Low fruc – 8% fruc + bm  | <i>z</i> = -4.51 | <0.001  |
|  |  | <i>day 7</i><br>8% fruc – 8% fruc + bm   | <i>z</i> = -3.44 | 0.002   |
|  |  | <i>day 10</i><br>Low fruc – 8% fruc      | <i>z</i> = -1.24 | 0.43    |
|  |  | <i>day 10</i><br>Low fruc – 8% fruc + bm | <i>z</i> = 0.04  | 0.99    |
|  |  | <i>day 10</i><br>8% fruc – 8% fruc + bm  | <i>z</i> = -1.31 | 0.39    |
|  | Oocyst coverage                          | <i>Low fruc</i><br>day 7 – day 10        | <i>t</i> = 0.06  | 0.95    |
|  |  | 8% fruc<br>day 7 – day 10                | <i>t</i> = -3.52 | <0.001  |
|  |  | 8% fruc + bm<br>day 7 – day 10           | <i>t</i> = 0.005 | 0.99    |
| Onward transmission potential                            | Sporozoite burden (over time)            | <i>Low fruc</i><br>day 11 – day 14       | <i>t</i> = -0.41 | 0.68    |
|  |  | 8% fruc<br>day 11 – day 14               | <i>t</i> = 1.01  | 0.31    |
|  |  | 8% fruc + bm<br>day 11 – day 14          | <i>t</i> = 4.03  | <0.001  |
|  | Sporozoite burden (day 14)               | <i>day 14</i><br>Low fruc – 8% fruc      | <i>t</i> = 3.36  | 0.005   |
|  |  | <i>day 14</i><br>Low fruc – 8% fruc + bm | <i>t</i> = -3.52 | <0.001  |
|  |  | <i>day 14</i><br>8% fruc – 8% fruc + bm  | <i>t</i> = -2.14 | 0.09    |
| Linking parasite development<br>with onward transmission | Oocyst burden vs.<br>sporozoite burden   | Low fruc – 8% fruc                       | <i>t</i> = 1.06  | 0.55    |
|  |  | Low fruc – 8% fruc + bm                  | <i>t</i> = -3.66 | 0.008   |
|  |  | 8% fruc – 8% fruc + bm                   | <i>t</i> = -3.22 | 0.01    |
|  | Oocyst coverage vs.<br>sporozoite burden | Low fruc – 8% fruc                       | <i>t</i> = 1.27  | 0.43    |
|  |  | Low fruc – 8% fruc + bm                  | <i>t</i> = -3.61 | 0.008   |
|  |  | 8% fruc – 8% fruc + bm                   | t = -2.97        | 0.02    |

TABLE 2 Post hoc pairwise comparisons for oocyst development and onward transmission potential across mosquito feeding treatments over time.

Significant p-values (<0.05) are highlighted in bold, and borderline p-values (0.05<p<0.09) are italicised.

p < 0.001; treatment:  $\chi^2_2 = 15.6$ , p < 0.001; oocyst coverage by treatment:  $\chi^2_2 = 3.84$ , p = 0.15) (Figure 6B, Table 2). In contrast, we find that oocyst size did not correlate with sporozoite burden ( $\chi^2_1 = 0.009$ , p = 0.93) within any feeding treatments ( $\chi^2_2 = 3.80$ , p = 0.15) (Figure 6C).

## Discussion

Here we examine how variation in resource availability within the mosquito affects components of vectorial capacity and the development of malaria parasites. Our feeding treatments



perturbed mosquito nutritional status and survival. We show that resource availability influences mosquito survival in line with previous studies (Ebrahimi et al., 2018; Chisulumi et al., 2022; Yan et al., 2023); mosquitoes receiving the lowest fructose concentration contained less lipids and total sugars, and over 50% did not live long enough for sporogony to complete (10-14 days). While mosquitoes on intermediate fructose diets did live long enough for sporogony completion, mosquitoes receiving an additional blood meal had higher lipid stores than mosquitoes on fructose-only diets, and the longest lifespan (Figures 2, 3). We also find that oocyst development follows different trajectories dependent on resource availability. Despite a trade-off between oocyst number and size in all treatments (Figure 4), parasites developing in mosquitoes with an additional blood meal had more productive oocysts; they reached a larger size earlier in development, and more sporozoites reached the salivary glands despite having a similar oocyst burden and final size to those in mosquitoes fed 8% fructose (Figures 4, 5). When mosquitoes receive only sugar resources, oocyst development is affected in complex ways but the overall impact on sporozoite density correlates with the amount of sugar provided. In very poorly resourced mosquitoes, oocyst burden dropped during development, but oocysts grew more quickly between days 7-10 pIBM than those in mosquitoes on 8% fructose and in mosquitoes provided with an additional blood meal (Figure 4). The different responses of parasites in the best (i.e. consistent oocyst burden and large size by day 7) and the least (i.e. loss of oocysts coupled with catch-up growth) resourced mosquitoes resulted in total parasite biomass in the gut (oocyst coverage) remaining consistent over time for these groups, while coverage increased when mosquitoes had plentiful sugar without an additional blood meal (Figure 4). Oocyst productivity increased with resources; more sporozoites consistently reached the salivary glands in mosquitoes provided an additional blood meal (Figure 6). However, this was not explained by differences in oocyst size because both the best and least resourced mosquitoes had oocysts of the same size by the end of development (Figure 4).

In addition to the vector living long enough, transmission requires successful development of the parasite within the vector. Like previous studies using *P. falciparum*, we show that an additional blood meal increases *P. chabaudi* oocyst size earlier in sporogony (Shaw et al., 2020; Habtewold et al., 2021; Kwon et al., 2021). This suggests parasites can utilise additional resources provided by a blood meal to develop more rapidly. Specifically, malaria parasites require lipids for generating membranes for subdivision into sporozoites (Shaw et al., 2020), so additional lipids from the blood meal may alleviate a resource constraint that prevents parasites from replicating



Correlations between sporozoite burden on day 14 pIBM and oocyst burden (A), overall oocyst coverage (B) and oocyst size (C) on day 10 pIBM for the differing mosquito feeding treatments. Data points are minimised linear model predictions per pot, taking into account multiple measures per pot of mosquitoes. Lines and shading denote best fit linear model estimates  $\pm$  95% confidence intervals.

within oocysts. Surprisingly, we also find that later in development, oocyst size increases most rapidly in mosquitoes on the lowest fructose diet. These parasites are likely to be resource limited and we suggest that the corresponding reduction in oocyst burden in this group alleviates resource constraints and allows surviving oocysts to rapidly reach maturity. The mechanism underpinning the reduction in oocyst numbers is unknown; some oocysts could starve and subsequently be degraded, and/or late-stage immune responses of mosquitoes could target developing oocysts (Gupta et al., 2009; Smith et al., 2015), both of which coincidently benefit surviving parasites. However, poorly-resourced mosquitoes are unlikely to be able to invest more in immune function than those given an additional blood meal because mosquitoes in a poor nutritional state have downregulated immune pathways (Yan et al., 2023), a reduced melanisation response (Koella and Sørensen, 2002), and increased susceptibility to pathogens likely via a reduction in immune investment (Muturi et al., 2011). Alternatively, malaria parasites have evolved sophisticated strategies during other life stages to optimise survival and transmission in the face of variable resource supply (Schneider and Reece, 2021), and previous studies suggest that parasites undergo programmed cell death at the ookinete stage to regulate infection intensity (Pollitt et al., 2010; Reece et al., 2011). While 'suicidal' apoptosis has not yet been observed in oocysts (Kakani et al., 2016), it may be beneficial to reduce oocyst number, trading off quantity for quality, to reduce competition for limited resources and ensure that the remaining oocysts are successful. Testing whether parasites in poorly-resourced mosquitoes display markers of cell death or are labelled by mosquito immune markers could disentangle whether the reduction in oocysts is due to a parasite adaptive suicide response to resource limitation, killing by mosquito immune responses and/or oocysts simply starving and degrading due to lack of resources available (i.e. resource constraints). Further work should also consider the impact of resource availability across a range of starting oocyst densities, and how these interact to modulate development (Pollitt et al., 2013).

In addition to potentially modulating oocyst density, our finding that oocysts follow different size trajectories suggest that parasites may plastically alter oocyst growth rate in response to resource variation. For example, oocyst coverage changed (increased) over time only when mosquitoes received an intermediate resource supply (8% fructose), remaining static in the other groups. Perhaps a lack of resources from blood is a constraint that forces oocysts to develop slowly, or they reach a size where they adaptively stop and wait for richer resources, only committing to complete development as best as possible if a blood meal is not acquired. Even though oocyst size and coverage in mosquitoes fed 8% fructose eventually caught up with those in mosquitoes receiving an additional blood meal, they produced fewer sporozoites, as also observed for P. falciparum (Kanatani et al., 2024) and P. berghei (Shiau et al., 2024). Our findings that lipid levels varied more across feeding treatments than total sugars and glycogen suggests lipids are an important resource during oocyst development. Restricted lipid trafficking in mosquitoes results in smaller, less productive oocysts which produce less infectious and less virulent sporozoites (Costa et al., 2018), and is consistent with the hypothesis that parasites are constrained, even when sugar is plentiful. However, other studies show that parasites become dormant under sugar-only conditions but can rapidly exploit an additional blood meal even later in development than in our study (Habtewold et al., 2021). A rapid response to a change in resource availability may also explain why oocysts in very poorlyresourced mosquitoes increased in size the fastest following a reduction in their number. Investigating the quality and quantity of sporozoites from mosquitoes under different feeding regimes would help elucidate whether parasites adjust their development in beneficial ways in response to resources or are simply directly constrained by resource availability.

Mosquitoes harbouring higher numbers of sporozoites in their salivary glands are more likely to infect a vertebrate host (Aleshnick et al., 2020; Kanatani et al., 2024), and high density infections may lead to faster within-vector development (Andolina et al., 2024). Therefore, resource availability may underpin a significant amount of heterogeneity in malaria transmission, through additive impacts on parasite development and mosquito behaviour/survival. Accounting for this variability in epidemiological models of vector-borne diseases may improve predictions of transmission and the impacts of vector control tools (Cator et al., 2020). For example, vector control tools which disrupt mosquito metabolism (e.g. insecticides (Ingham et al., 2021)) or mosquito foraging (e.g. bed nets (Killeen et al., 2007)) may interrupt transmission by reducing resources available to parasites, and subsequently sporozoite burden.

Our resource perturbations also uncover that oocyst metrics can only partly explain patterns in sporozoite burden, highlighting that traditionally used parameters (such as oocyst burden) are not the best predictor of transmission potential. Instead, sporozoite burden may be more appropriate, especially given that it correlates with infectivity to a vertebrate host (Aleshnick et al., 2020; Kanatani et al., 2024). Studies that test for trade-offs between oocyst metrics, the quantity of sporozoites and their quality (i.e. ability to reach the salivary glands), oocyst rupture success and/or the number of sporozoites per oocyst, are needed to understand what underpins how different developmental trajectories determine transmission potential. For example, lipid deprivation reduces sporozoite metabolic activity and infectivity to a vertebrate host (Costa et al., 2018), suggesting that parasites deprived of resources from multiple blood meals may produce fewer and less infective sporozoites. We also found that lipid stores differed across our feeding treatments, providing further support that lipid levels can drive differences in sporozoite burden. Furthermore, future studies should consider whether the failure of some oocysts in the gut to rupture (Andolina et al., 2024) could be a parasite strategy. For example, entering reversible dormancy during nutrient-limiting conditions (Habtewold et al., 2021) could help spread out sporozoite egress to reduce the immune shock to the vector, manage the demands made by sporozoites during migration to the salivary glands, and prevent crowding in the salivary glands. Performing sporozoite motility assays (e.g (Beyer et al., 2021)), investigating patterns of oocyst rupture (Andolina et al., 2024) and the effects of mosquito immunity on sporozoites (Hillyer et al., 2007), and isolating oocysts (Siden-Kiamos et al., 2020) to investigate per oocyst productivity could begin to tease apart how resource availability influences transmission potential.

Overall, our study highlights that the best-resourced mosquitoes are likely to have a higher vectorial capacity than those with reduced access to resources, and that parasites can efficiently utilise additional resources available to them. Our

results also suggest that parasites may adjust their development to suit their resource supply when facing limited conditions. While not directly investigated here, the nutritional status of mosquitoes can impact other components of vectorial capacity; for example, starved mosquitoes are more likely to host seek compared to wellresourced mosquitoes (Gary and Foster, 2001; Stone et al., 2012). These effects are likely to synergise with the impacts of resources on parasite activities to generate complex consequences for transmission. Beyond malaria, many other vector-borne parasites (e.g. dengue virus, zika virus, Leishmania parasites) utilise resources from their vector (Serafim et al., 2018; Armstrong et al., 2020; Brackney et al., 2021), for replication/development (Herd et al., 2021). Vectorborne parasites/pathogens experience significant variation in resource availability within their vectors (due to a variety of factors, including age (Carrillo-Bustamante et al., 2023), climate (Barr et al., 2023) and insecticide resistance mechanisms (Rivero et al., 2011; Tchouakui et al., 2020; Ingham et al., 2021)). Thus, understanding the extent to which parasites are constrained and/or can adaptively adjust their development in response to vector condition is crucial for predicting disease transmission patterns, and parasites' evolutionary potential in the face of changes to their vectors (Oke et al., 2022).

# Data availability statement

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found below: Edinburgh DataShare repository [https://doi.org/10.7488/ds/7822].

## Ethics statement

The animal study was approved by the University of Edinburgh, and complied with UK Home Office regulations (Animals Scientific Procedures Act 1986; SI 2012/3039; PPL PP8390310). The study was conducted in accordance with the local legislation and institutional requirements.

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CO: Conceptualization, Formal analysis, Investigation, Methodology, Writing – original draft, Writing – review & editing. AO'D: Investigation, Methodology, Writing – review & editing. PS: Investigation, Methodology, Writing – review & editing. SR: Conceptualization, Methodology, Writing – review & editing.

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# Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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