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SPECIALTY SECTION This article was submitted to Marine Ecosystem Ecology, a section of the journal Frontiers in Marine Science

RECEIVED 25 November 2021 ACCEPTED 08 August 2022 PUBLISHED 29 August 2022

#### CITATION

Matras U, Salter I, Larsen KMH, Gaard E and Steingrund P (2022) Relationship between plankton dynamics and growth of the long-lived clam Arctica islandica on the Faroe shelf. Front. Mar. Sci. 9:822343. doi: 10.3389/fmars.2022.822343

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## Relationship between plankton dynamics and growth of the long-lived clam *Arctica islandica* on the Faroe shelf

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Marine ecosystem dynamics can vary on timescales ranging from months to centuries, but many observational data are limited to just a few decades. The bivalve Arctica islandica may live up to five centuries depositing annual growth increments in its shells which can serve as an indicator for ecosystem productivity. In the present study, 154 specimens of A. islandica were collected on the Faroe Shelf and standardised annual growth increments for 143 of them - 44 from coastal stations and 99 from shelf stations - were compared with climatic, oceanographic and biological variables. A. islandica growth from coastal and shelf stations was not correlated with basin-scale climate indices (the AMO index, the NAO index, the AO index or the subpolar gyre index) or, more locally, with windspeed or sea surface temperature on the Faroe Shelf. For the shelf stations there was a significant negative correlation between A. islandica growth and the volume transport of the Faroe Current flowing just north of Faroe Islands (r = -0.62). There was a weak nonsignificant positive correlation with an index of primary production on the Faroe Shelf (r = 0.31) and a strong negative correlation with a zooplankton biomass index in mid-summer (r = -0.76). There was also a strong positive correlation between A. islandica growth and the biomass of the bottom-feeding fish species Melanogrammus aeglefinus two years later (r = 0.62). These results seem to suggest that A. islandica growth may represent the amount of fresh phytoplankton that reaches the near-bottom water layers and could probably be regarded as a proxy for the strength of pelagic-benthic coupling that is modulated through phytoplankton-zooplankton interactions in the overlying water. Our results highlight the potential for A. islandica to serve as a long-term proxy for linking variability in pelagic ecosystem dynamics to demersal fish stocks.

#### KEYWORDS

*Calanus finmarchicus*, faroe shelf, bottom feeding fish, phytoplankton, zooplankton, *Arctica islandica* growth, ocean currents

## Introduction

Indications from fish stock dynamics demonstrate centennial-scale variations in marine ecosystem dynamics and highlight that statistical correlations based on short time-series may be an artefact of the observational period e.g. Myers (1998). The Norwegian spring spawning herring (Clupea harengus) (Nakken, 2008; Sætersdal, 2008), along with the Bohuslän herring, have been observed for several centuries and demonstrate transitions between warm periods with good herring catches and cool periods with virtually no catches (Alheit and Hagen, 1997; Toresen and Østvedt, 2000; Nakken, 2008), although stock collapse in the 1960's has been partially attributed to intense fishing pressure (Dragesund et al., 2008). Atlantic cod (Gadus morhua) (Kurlansky, 1998; see also Nakken, 2008) is another example. One of the largest cod stocks was the Northern cod off Newfoundland, Canada (Robichaud and Rose, 2004) and was fished for over 500 years until it collapsed in the beginning of the 1990s, following intensive fishing since the 1950s (Drinkwater, 2002; Rose, 2005). Although regarded as a classical example of overfishing long-term variability in environmental factors (e.g. low temperatures) were also responsible (Drinkwater, 2002). There are also indications of ecosystem variability of the Faroe shelf with evidence of longterm variations in cod stock size since 1860s (ICES, 2016), haddock (Melanogrammus aeglefinus) stock size since 1920s (ICES, 2016) and catches of pilot whales (Globicephala melas) since 1709 (Hátún et al., 2009). Cod and haddock biomasses were exceptionally low since 2006 (ICES, 2021) and seabirds declined much in abundance in the 1970-1980s (Gaard et al., 2002). Although fish catch statistics are available from 1903 (www.ices.dk), and stock assessments of a select fish species extend back to the first half of the 20th century, most stock assessments and survey data only extend back to the 1980's. Therefore methods that can serve as indicators over longer timescales are warranted. Investigating the growth dynamics of the long-lived clam, Arctica islandica, represents one such possibility. A. islandica feeds on phytoplankton and deposits annual growth rings that can serve as an indicator for marine producitivity (Witbaard et al., 2003). Phytoplankton are at the base of the marine foodweb and temporal and spatial variability in plankton characteristics is a useful framework to address larger-scale ecosystem dynamics.

Previous studies on the Faroese shelf have observed positive correlations between phytoplankton production and higher trophic levels, including cod production (Steingrund and Gaard, 2005). It is likely such connections are mediated through the abundance of key prey items, such as sandeels, an important food for cod (Rae, 1967; Sørensen, 2021), which are also positively correlated with phytoplankton production (Eliasen et al., 2011). However, after 2005 cod production on the Faroe Shelf decreased in relation to phytoplankton

production (ICES, 2021), corresponding to higher summer zooplankton abundances (ICES, 2021). It has been hypothesised previously (Witbaard et al., 2003) that zooplankton dynamics can mediate demersal fish production through enhanced grazing activity, which reduces the downward flux of phytoplankton to the sediments. The surface export of certain phytoplankton functional types, *e.g.* diatom resting spores, can transport significant amounts of labile carbon to the sediments (Salter et al., 2007; Salter et al., 2012; Rembauville et al., 2016) and influence the growth of benthic organisms through the provision of energy rich compounds (Wolff et al., 2011; Rembauville et al., 2018). Hence, bottom feeding fish like cod and haddock (Sørensen, 2021) may be expected to be negatively affected by high zooplankton concentrations, but this needs to be substantiated further.

The ocean quahog (Arctica islandica L.) is a long-lived (up to 500 years, Butler et al., 2013) bivalve mollusc, which inhabits the continental shelves in the North Atlantic Ocean including the Faroe Shelf (Bonitz et al., 2018). It feeds on phytoplankton (Ballesta-Artero et al., 2017) in the vicinity of the seafloor (Witbaard et al., 2003) and grows continuously throughout its life depositing annual growth increments (see e.g. Scourse et al., 2006). The width of these annual growth rings represents an archive of the feeding conditions of the animal during its life. Similar features can be seen in other bivalves as well (Witbaard et al., 2005; Reynolds et al., 2017). The rings are normally very distinct because the animal only feeds during the spring/summer (April to August) and presumably rests buried in the sediment during the rest of the year. There tends to be a high degree of synchronization in growth between individuals on specific sites (Schöne et al., 2003a), but there might be large differences in growth between adjacent sites (Witbaard, 1996) although a common signal may be discernible for distances up to at least 80 km (Butler et al., 2009). Large differences between individual shells may be observed in changing environments and complex hydrography (Epplé et al., 2006).

Several studies show such growth chronologies for various locations in the North Atlantic, e.g., Witbaard et al. (2003) and Bonitz et al. (2018). The A. islandica growth chronologies from different sites in the NE Atlantic are apparently weakly correlated and do not necessarily correlate with the same local or regional drivers. The A. islandica growth near the Isle of Man correlated positively with seawater temperature, but was also influenced by stratification (Butler et al., 2010). The A. islandica growth in northern Norway also correlated positively with sea surface temperature (Mette et al., 2016). A positive correlation between A. islandica growth and the winter NAO index (high temperature, high NAO index), was observed at sites in the North Sea and on the Norwegian coast (Schöne et al., 2003a). A positive relationship between phytoplankton production and A. islandica growth was reported for the Faroe Shelf (Bonitz et al., 2018). At a site on the north coast of Iceland, no single environmental driver was discernible (Butler et al., 2013). On the other hand, negative correlations between *A. islandica* growth and temperature was observed in the North Sea, since cold winters reflected nutrient enrichment (Schöne et al., 2003b). A negative relationship between *A. islandica* growth and sediment suspension was observed in the North Sea (Witbaard et al., 2005). Also, a negative correlation was found between *A. islandica* growth and the abundance of zooplankton, although no relationship was found for phytoplankton (Witbaard et al., 2003).

The above studies indicate that local conditions may affect the *A. islandica* growth, but such shortcomings may be overcome by increasing the sampling area. A study compiled growth time series of *A. islandica* and *G. glycymeris* from eight locations west of Scotland/England to construct a composite index of bivalve growth that reflected a common environmental driver, in this case anomalies in sea surface temperature (Reynolds et al., 2017). Results can also be improved by taking other variables into account. Another study in northern Norway combined *A. islandica* growth with an oxygen isotope record and in this way obtained a closer relationship with large-scale North Atlantic sea surface temperatures (Mette et al., 2016).

The Faroe Plateau is located approximately mid-way between Iceland and Scotland (Figure 1). Deep Norwegian Sea Water dominates below 500 m, whereas the shallower water masses are dominated by Atlantic water from the North Atlantic Current, which basically flows in a north-easterly direction past the Faroes (Hansen and Østerhus, 2000). The Faroe Shelf is a much smaller area inside the 100-130 m contour that is characterised by strong tidal currents, which make the water column nearly homogeneous with regards to temperature and salinity (Hansen and Meincke, 1984; Gaard et al., 1998; Hansen et al., 1998; Larsen et al., 2008). The tidal currents also induce a clockwise residual circulation around the islands (Gaard and Hansen, 2000; Larsen et al., 2008) that contributes in maintaining a persistent tidal front (Gaard et al., 1998; Larsen et al., 2009) separating the Faroe Shelf from the outer offshore surroundings. The annual variability in the magnitude of the primary production on the Faroe Shelf is not fully understood, but the primary production tends to be higher in cold years (Gaard, 2003) and the onset of the spring bloom depends on hydrographic conditions (Eliasen et al., 2016; Eliasen et al., 2019), see also Eliasen et al. (2017a); Eliasen et al. (2017b). The shelf ecosystem has its own planktonic community that in terms of species composition and production is different from the surrounding oceanic environment (Gaard, 1996; Gaard et al., 1998; Gaard, 1999; Gaard, 2000). A rich benthic fauna and forage fish, such as sandeels, Norway pout and blue whiting support the local cod, haddock and saithe stocks (Steingrund and Gaard, 2005; Steingrund et al., 2009; ICES, 2021), which are vital to the local economy.

There has already been conducted a study of *A. islandica* growth on the Faroe Shelf (Bonitz et al., 2018) that was based on

results from two locations. In the present study a large number of *A. islandica* specimens (154) have been sampled from seven sites on the Faroe Shelf and in coastal waters. The objective of the present study is to explore the potential to use *A. islandica* growth as a long-term ecosystem indicator by comparing with various atmospheric and oceanographic features and, more locally, with the plankton characteristics on the Faroe Shelf as well as biomass metrics of selected fish species. We hypothesize that the *A. islandica* growth will be negatively correlated with zooplankton biomass and positively correlated with bottomfeeding fish like flatfish and haddock (*Melanogrammus aeglefinus*) (Sørensen, 2021).

## Materials and methods

#### Sampling of Arctica islandica

The specimens of Arctica islandica from the sites V, O, H (Figure 1) were collected by divers during spring 2010 (Table 1). The shells from site K were caught as bycatch on longlines in June 2011 by Faroese fishermen, just north of the island of Kalsoy. The shells from sites N and S were caught on longlines during the summer 2014 and 2015, respectively. The shells from site E (east) were collected as bycatch in a dredge fishery for Aequipecten opercularis in December 2012 and they were dead specimens unlike the specimens from the other sites that were alive when sampled. Since they were not overgrown with organisms and both shells were attached it was assumed that they had died during late summer or autumn 2012 due to the dredging activity. This growth ring was disregarded because it might not have been complete and the last valid growth ring was therefore for 2011. A. islandica siphons are sometimes observed in the dredged catch (U. Matras, personal observation) and the shells might have died because they could no longer feed without siphons and/or avoid predation by starfish. It is unlikely that the shells had been buried in the sediments for years (and therefore had avoided biofouling) because the dredge was designed to capture Aequipecten opercularis that are epibenthic. Also the shells showed no signs of black coloration due to iron sulfides that would be expected if they had been buried deeply in the sediments. Since most A. islandica shells in the dredged catch were either overgrown or detached we believe that setting the terminal year for site E to 2011 is the best we can do.

Samples were frozen and later thawed to determine the biometric characteristics of the individuals. Shell length (longest anterior-posterior dimension), height (deepest dorsoventral dimension) and width (widest lateral dimension) were measured with vernier callipers to the nearest 0.1 mm, and the wet meat weight was determined to the nearest 0.1 g. Dry shell weights were measured to the nearest 0.1 g.



FIGURE 1

Locations of the sites where the *A. islandica* specimens were collected. The position of the tidal front (+/- 1 SD) is indicated by thick lines (based on Larsen et al., 2009). The location of the Faroe Current and the East Icelandic Current (EIC) or Modified East Icelandic Water (MEIW) is also shown. Thin lines show 75, 100, 200 and 500 m depth contours.

### Age determination

The procedure used for age determination was the "Acetate Peel Method" as developed by Ropes (1987). The left valve of a pair was selected for sectioning since it has a single prominent tooth in the hinge. The tooth contains annuli useful in

confirming counts made in the valve portion. Each valve was marked on the ventral margin at a point from the posterior end equal to one-third of the valve length. This oriented sectioning through the umbo and parallel to the broadest tooth surface (Figure 2). The valve was oriented with the tooth toward the front of the saw machine and was positioned to cut from the

Site	Name	Lat	Lon	Depth (m)	Date	Met.	Ν	N2	Start	End
К	Kallur	62°25' N	6°48' W	80-110	15. July 2011	LL	46	42	1727	2010
Е	East	62°04' N	6°20' W	100	1. Dec. 2012	DR	30	28	1613	2011
S	Saksun	62°15' N	7°17' W	70	10. July 2015	LL	45	40	1860	2014
Ν	Nólsoy	62°00' N	6°35' W	42-62	8. May 2014	LL	24	24	1849	2014
V	Vestmanna	62°09' N	7°10' W	Ca. 25	5. Feb. 2010	DI	11	8	1862	2009
0	Oyndarfjørður	62°16' N	6°51' W	15-22	19. May 2010	DI	7	7	1947	2009
Н	Hvítanes	62°03' N	6°47' W	20-28	21. May 2010	DI	5	5	1841	2009

TABLE 1 Description of the Arctica islandica sample locations (sites) as well as number of shells sampled (N) and used in the study (N2) and time span in years of the oldest individual for each site. The true age is 15 years older than the depicted age.

The method used for collecting the shells included longlining (LL), dredging (DR) and diving (DI).

mark on the ventral margin through the middle of the tooth, or immediately beside the posterior edge of the tooth.

The cut valves that included the hinge tooth were embedded in an epoxy resin. The mixed epoxy was poured into folio moulds to a depth of about half to one cm. When lowering the valve into the epoxy, the cut surface was pressed down onto the mould bottom to force out bubbles. After an overnight hardening period, the embedded valves were removed from the moulds.

A grinding machine was used to obtain a flat, smooth surface on the embedded cut surfaces of the valves. Five successively finer grits (180, 500, 600, 800 and 1200) of carbide paper were used for grinding and polishing the surface. Most of the grinding was done with the coarse grit paper to remove epoxy and to expose the broadest area of the tooth; the finer grits were used to minimize scratches from the coarser grit papers. After polishing the code numbers for each valve were engraved into the epoxy. These numbers were automatically transcribed onto the acetate peel during the next step. The polished block face was then placed in or flooded with a solution of citric acid and hydrochloric acid (in the proportion 0.625% and 0.75%) for one to two minutes, depending on the size of the shell, to etch the valve surfaces and subsequently rinsed in distilled water, taking care not to damage the etched surfaces. The block was left to dry for at least an hour or until the next day.

Acetate peels of type TACPHAN N 882 GL 50 MICRON were made by supporting the etched block with the surfaces uppermost and level. Acetone was pipetted onto the specimen and had to flood completely without bubbles for a successful peel. An acetate sheet was laid over the surface. After at least a one-hour drying period, the acetate sheet was peeled off and put



between two object glasses for examination. Examination of the acetate peel was carried out under a light stereomicroscope Leica M80 and the image was digitized with the Camera Q Imaging, Retiga 2000R, FAST 1394. Annual growth increment widths were measured with the software Image-Pro Plus, Version 7.0 for Windows<sup>TM</sup>.

### Detrending

A detrending procedure was applied to the raw growth data. The width of the growth rings of A. islandica increases over the first five-ten years of life and decreases thereafter with increasing age (Stott et al., 2010). In order to extract year-to-year variations in growth rate it is necessary to remove the ontogenetic growth trend. This can either be done by fitting growth curves to each individual or estimating a common growth curve for all shells in a particular area, i.e., a regional curve (RCS: regional curve standardization). This latter approach has the advantage to better reflect long-term changes in growth and is used in this study. The large number of shells makes such an approach feasible. It may be difficult to fit growth curves to the whole life of the shells and the first 15 rings were therefore excluded, *i.e.*, all shells were 15 years older than the number of rings presented in the results. We used the program ARSTAN (Cook and Krusic, 2007), version 44h2 for Windows XP<sup>TM</sup> to estimate the regional growth curves and the residuals (measurements divided by the regional curve), see also Cook (1985). This program was originally developed for tree-ring analyses and commonly used for A. islandica, e.g. Bonitz et al. (2018). In the individual detrending procedure we used option 1, i.e., a negative exponential function: growth index =  $a^*exp(-b(t))+k$ , where a, b, and k (positive) were fitted constants and t denoted growth ring number. For shells where this function did not work, the Hugershoff growth function was used, see below. In the regional detrending we used the Hugershoff growth equation, *i.e.*, growth index =  $a(t+p)^{b*}exp(-c(t+p))+k$ , where a, b, c, p and k were fitted constants and t denoted growth ring number with a potential offset with the integer p.

#### Cross-dating

In cases when a few tens of shells are evaluated a cross-dating procedure is normally performed where false or missing rings are identified by comparing with other shells. Also, starting with live-caught shells (with known end year) and matching dead shells (with unknown end year) to the growth pattern of live-caught shells, long term growth chronologies are constructed (see Bonitz et al., 2018). In this study the end year was known for all shells because they were either collected alive or assumed to be dead the previous year. Although other published studies have reported high correlations between the growth of

individual shells (Schöne et al., 2003a) this appeared to be much more diffuse in our material leaving it difficult to identify years with unusually wide or narrow bands (marker years) (Butler et al., 2009). Preliminary results from the COFECHA program (Cook and Holmes, 1986) suggested that there was no simple way to match the growth of individual shells to each other without excluding many shells from the material and/or deleting or adding a number of growth rings for individual shells. This selection process may be difficult to perform based on growth rings alone in the absence of absolutely dated growth years. However, the high number of shells was considered to represent an alternative way to detect a common signal even though the correlation between individual shells was low and this procedure was followed in this study. The technique of increasing the number of observations in order to get higher representativeness and higher precision is a fundamental principle in statistics (e.g. Motulsky, 2018).

## Construction and validation of growth indices

In order to take potential effects of seawater depth into account the material was split up into coastal sites (NVOH) and shelf sites (KES). The pooled data for the shelf sites and coastal sites were treated by the ARSTAN program. The program estimated the regional curves for these two sites and the Hugershoff growth equation was used because initial analyses suggested that this growth function never became negative or showed erroneous results. We did not use data adaptive growth functions such as splines, since these functions may just follow the data and not detect important signals, in this case deviations from the general trend. The ratio of the individual growth increments in relation to the expected ontogenetic growth (from the RCS curve) was used as the growth index. The robust (bi-weight) procedure was used in order to avoid the unwanted effects of potential outliers and the program also provided bootstrapped confidence intervals for the growth indices. The standard (std) growth index was used with no variance stabilization. We also quantified the differences in growth between the individual A. islandica sites in an eastward (clockwise) direction. This could be done by averaging sites E and N and subtracting the average of sites S and K. However, this procedure would require the existence of all four data points in order to be calculated and the time series would end in 2010. Instead we assigned the S-K-E-N sites the x-values of 1, 2, 3 and 4, respectively, and the y-values of the A. islandica growth and calculated the slope of the regression line (y versus x). This was done for each year separately. For example, a positive slope showed that sites E and N grew faster than sites S and K. The benefit of this approach was that the time series could be extended to 2013 although the last three data points were associated with higher uncertainty.

When evaluating the robustness of the *A. islandica* growth indices we used the method presented by Stott et al. (2010), which is based on references presented in the paper. Stott et al. (2010) used the Expressed Population Signal (EPS), which is a signal-to-total variance ratio: EPS = nr/(nr+(1-r)), where r is the average correlation coefficient of all combinations of growth series for individual shells and n is the number of shells covering a specified time interval. The ARSTAN program also provided the EPS values.

The regional curve standardization (RCS) procedure is normally regarded to preserve the long term, decadal or centennial, variability in the growth time series of *A. islandica* (*e.g.*, Butler et al., 2013). However, in cases where slowly growing individuals attain the oldest ages the growth time series may show an increasing growth trend over time as confirmed by preliminary investigations of the material. The problem was partly avoided by excluding the 11 oldest individuals (born prior to 1825).

#### Environmental data

#### Sea surface temperature and the tidal front

A data series of sea surface temperature, extending from 1914 to 1969 and 1991 to 2014 was obtained from two coastal stations as presented in Larsen et al., 2008 (their Figure 8A). For the analysis herein, only the April to August seasonal mean was selected since the growth of *A. islandica* in Faroese waters is restricted to this period (Bonitz et al., 2018).

To determine the hydrographic environment at the *A. islandica* sites, we estimated location and variance of the tidal front based on Larsen et al. (2009). They used seven years of underway SST data from R/V Magnus Heinason, 65 Towed Temperature Wire sections and available CTD data from several years on the Faroe Shelf (including standard hydrographic sections crossing the shelf) to determine the typical location and variation of the front. The findings of Larsen et al. (2009) compared well with a more recent analysis by Eliasen et al. (2017a) using near-surface satellite chlorophyll data.

#### NAO index

North Atlantic Oscillation (NAO) Index Data were obtained from the Climate Analysis Section, NCAR, Boulder, USA, Hurrel and Deser (2009) (updated regularly). Accessed 22 November 2021.

#### AO index

The Arctic Oscillation index was obtained as an ncep analysis product and obtained from the website:

https://www.cpc.ncep.noaa.gov/products/precip/CWlink/ daily\_ao\_index/monthly.ao.index.b50.current.ascii.table on 14. February 2022. The average of all twelve months was used.

#### AMO index

The Atlantic Multidecadal Oscillation index (Trenberth et al., 2021), unsmoothed from the Kaplan SST V2, calculated at NOAA PSL1, http://www.psl.noaa.gov/data/timeseries/AMO/, was downloaded 9. March 2022. The average of all twelve months was used.

#### Subpolar gyre index

The subpolar gyre index, based on satellite altimetry, was taken from Hátún and Chafik (2018) with updates and extended back to 1960 with a linear regression 1994-2003 against the data in Hátún et al. (2005).

#### Windspeed data

Windspeed data for the Faroe Shelf (lon = -7.5 dec. deg. lat = 61.9033 dec. deg) was obtained from 'http://www.esrl.noaa.gov/ psd/data/gridded/data.ncep.reanalysis.html'. Dataset\_title = 'NCEP-NCAR Reanalysis 1'. Title = 'mean daily NMC reanalysis (1948)'. Description = 'Data is from NMC initialized reanalysis (4x/day). It consists of T62 variables interpolated to pressure surfaces from model (sigma) surfaces.' The average of all twelve months was used.

#### Faroe current volume transport

As an indicator of the strength of the North Atlantic drift, we use data for the Faroe Current volume transport. The Faroe Current is the largest of three Atlantic inflow branches towards the Nordic seas and volume transport is monitored just north of the Faroe Shelf (Hansen et al., 2015; Østerhus et al., 2019). The volume transport estimate is based on a combination of *in situ* Acoustic Doppler Current Profiler measurements (initiated in 1997), hydrographic observations and satellite altimetry sea level anomaly (since 1993) as described in Hansen et al. (2015).

#### Phytoplankton

An annual index of accumulated new primary production was based on nitrate drawdown in Faroese shelf waters from winter level to late June 1990-2014 plus a calculated mean net influx of nutrients into the shelf water (Gaard and Hansen, 2000; Gaard, 2003; Steingrund and Gaard, 2005).

#### Zooplankton

Zooplankton was collected annually during the second half of June 1990-2014 as part of monitoring activity at FAMRI. The sampling was conducted on vertical hauls from 50 m depth to the surface using WP-2 nets with a mesh size of 200  $\mu$ m. The towing speed was 0.3–0.5 m s-1. Zooplankton biomass was determined by drying at ~60°C until a constant weight was attained. The time series for zooplankton biomass represents an average over 20-25 stations that were distributed throughout the shelf inside the 100 m bottom depth contour (Jacobsen et al., 2019). Long term fish data for fish feeding on bottom organisms were obtained from commercial biomass and landings data. A long-term, 1914-2017, biomass time series of haddock (*Melanogrammus aeglefinus* L) was obtained from ICES (2016) with updates in ICES (2021). Landing data for European plaice (*Pleuronectes platessa*, L) and lemon sole (*Microstomus kitt*, L) was obtained from ICES catch statistics (www.ices.dk). Taking the geometric mean of these catches was assumed to preserve the time development for each species better than adding the catches. The years associated with war periods plus some years after were removed in order to avoid effects of extremely low fishing pressure and its effect on catch and stock size.

### Statistics

We used simple linear regression to analyze the relationship between *A. islandica* growth (y) and various variables (x). In one case we used multiple regression since we had two x-variables. When analyzing whether two variables, which themselves are time series, are correlated, autocorrelation could be taken into account. We used the "modified Chelton method" proposed by **Pyper and Peterman (1998)** that has a procedure to calculate the "effective" number of degrees of freedom as outlined in equations 1-3.

$$r_{XX}(j) = \left[N/(N-j)\right] \sum_{t=1}^{N-j} \left[ \binom{N-j}{t=1} X_t - X_{arit} \right] (X_{t+j} - X_{arit}) \left[ \sum_{t=1}^{N} \binom{N-j}{t=1} X_t - X_{arit} \right]^2, \quad (1)$$

where  $r_{XX}(j)$  is the autocorrelation coefficient of time series X at lag j, N is the sample size (number of years), and  $X_{arit}$  is the aritmetric mean of time series X. The same formula was used to calculate  $r_{YY}(j)$ .

$$1/N^{*} = 1/N + (2/N) \sum_{j=1}^{N/5} r_{XX}(j) r_{YY}(j), \qquad (2)$$

where  $N^*$  is the "effective" number of degrees of freedom and N/5 is rounded down to the nearest integer.

$$\mathbf{r}_{\rm crit} = \sqrt{\left[ \left( t_{\alpha,N^*-2}^2 \right) / \left( t_{\alpha,N^*-2}^2 + N^* - 2 \right) \right]},\tag{3}$$

The effect of autocorrelation on the statistics is a matter of which assumptions are made. If it is assumed that the values for the years are independent of each other traditional regressions can be made. If it is assumed that the high (low) values of adjacent years are somehow connected the regression needs to take autocorrelation into account and reduce the effective number of data points and increase the corresponding pvalues. Potential biological or oceanographic mechanisms may still be valid even though they cannot be demonstrated statistically due to a high autocorrelation, see discussion about cod recruitment in Canadian waters (Drinkwater, 2002).

## Results

## Construction of *A. islandica* growth indices

Growth bands were easily identified in most of the shells (Figure 2). The shells generally grew slower with increasing age (Figure S1) and removing this ontogenetic trend (Figure S2) provides a relative annual growth index, herafter termed 'A. islandica growth' or just 'growth' for each of the sites (Figure 1). Annual growth at sites in closest proximity correlated weakly positively with each other (R = 0.20-0.45) and distant sites weakly negatively (R = -0.14) in a clockwise direction around Faroe Islands: S-K-E-VOH-N (Tables S1-S4, Figure S3). Importantly, there was a systematic pattern in the differences between sites (see procedure in methods). The eastern sites (E and N) grew faster than the western sites (S and K) when the volume transport of the Faroe Current was larger than normal (Figure 3). In order to account for this spatial signal and also to take water depth into account we pooled coastal sites (NVOH) and shelf sites (KES) (Table 1). The shelf sites were mostly located inside the tidal front, although site E was close to the boundary of the tidal front and therefore may have experienced variable hydrographic conditions as the tidal front moves closer to (away from) the shore on a range of time scales (fortnightly to annual) (Figure 1).

There was a low correlation between the growth of individuals as measured by an average coefficient of correlation (R-bar) of 0.02 to 0.12 (Figures 4; S4, S5). However, the large number of shells gave sufficiently high EPS values for the shelf sites from c. 1935 to 2014 as judged by the (default) 50 year moving window of EPS in Figure 4. Removing the 11 oldest shells increased the EPS values prior to 1898 and this might have been related to the revision of the regional curve standardization (RCS), see Figures S6–S8. If the E series was omitted due to the slightly uncertain end point of the series (it was assumed to be one year prior to year of capture based on the appearance of the shells) the EPS values became negative prior to 1906 (not shown) indicating the E series could not be removed from the material.

Based on the EPS values, the shelf *A. islandica* growth index was sufficiently accurate from c. 1873 (25 years before 1898) to 2014 although the EPS values were lower and varied between 0.55 and 0.75 from 1899 to 1933. The coastal *A. islandica* growth index had a nearly sufficiently high EPS value back to c. 1959 and consequently a reliable growth index from c. 1934 (25 years before 1959). These conclusions seem to be justified by considering the 95% confidence intervals of the two growth indices (Figure 5). The shelf and coastal *A. islandica* growth indices were also weakly positively correlated with each other (Figure 6). Accepting lower EPS values for the coastal *A. islandica* growth index and extending it back to 1873 increased the R-squared from 0.17 to 0.23.



The difference in growth of *A. islandica* between eastern (E, N) and western sites (S, K). The sites were arranged in an eastward direction as the sequence S-K-E-N with x-coordinates 1 to 4 and y-coordinates equal to the *A.islandica* growth. The difference in growth between eastern and western sites was, for each year separately, quantified as the slope of the regression line between y and x. Upper: compared with the shelf *A. islandica* growth index (sites KES). Lower: compared with the Faroe Current volume transport.

Omitting the years from 2010 to 2013 increased it to 0.28 (Figure 5). Applying two different detrending methods, a negative exponential function applied on each individual versus a common regional growth curve, gave very similar results for the shelf *A. islandica* growth index, see Figure S9,

indicating a robustness to detrending methods. In summary, both the coastal and shelf *A. islandica* growth indices show similar overall trends: slow growth periods in 1870-90s, 1930s, 1980s and rapid growth periods in 1900-10s, 1950-60s and 2000s.



#### FIGURE 4

Statistics associated with the shelf and coastal *A. islandica* growth indices. Upper left: the number of shells as basis for the indices, lower left: the corresponding mean age for the shells, upper right: the average correlation coefficients for moving 50-year windows, lower right: the corresponding Expressed Population Signal, EPS. The true age is 15 years older than the 'mean age'.



Since the shells were live collected the end year in the time series was known and the construction of the *A. islandica* growth indices could be done without the traditional crossdating procedure. Identifying and correcting potential age reading errors on the basis of years with unusual rapid or slow growth was not feasible in this study since such years occurred in a non-systematic way (Figures S4, S5). For the site E, where the shells were collected dead and assumed to have had the last valid growth ring the previous year (2011), we checked this assumption by shifting the whole series back in time and got the highest correlation with other shells when the end year was set to 2011 (assuming that 2012 was not an option because that growth ring was probably not complete), see Table S7. Investigating series E in more detail we applied the program COFECHA. Results suggested that there were only two shells that consistently over a more than 100 year time period showed a shift (of -4 and -2 years, respectively) in the growth compared with the growth of the other shells in the KES series. Both these shells were among the eleven old shells that were excluded from the material for other reasons.

We compared our shelf *A. islandica* growth index with the growth chronology presented in Bonitz et al. (2018) that was based on shells sampled from partly the same area and where the cross-dating technique was applied. The latter chronology was based on the negative exponential detrending method that was applied for each individual shell (option 4 in the ARSTAN program) and was consequently compared with a version of KES that was detrended in the same way. There was a positive correlation between the shelf *A.* 



*islandica* growth index and the chronology presented in Bonitz et al. (2018), see Figure S10.

## Comparison of *A. islandica growth* indices with other variables

There was no significant correlation between neither the shelf nor coastal *A. islandica* growth indices and large scale climatic indices such as NAO, AMO, AO or the gyre index (Table 2). This also applied to some of the more local variables such as sea-surface temperature on the Faroe Shelf as well as windspeed (Table 2). However, a negative correlation between the volume transport of the Faroe Current, that flows eastwards

just north of Faroe Islands, and the shelf *A. islandica* growth index was observed (Table 2). There was a weak positive correlation between the shelf *A. islandica* growth index and an index of primary production on the Faroe Shelf although the statistical test (the Modified Chelton Method) showed the unexpected feature by having a higher N and lower p-value when autocorrelation was taken into account (Table 2; Figure 7). There was a strong negative correlation between the shelf *A. islandica* growth index and an index of zooplankton biomass/ concentration in June/July on the Faroe Shelf (Table 2; Figure 7) although this relationship became insignificant when the strong autocorrelation was taken into account.

There was a strong positive correlation between the shelf A. *islandica* growth index and the biomass of haddock lagged by two

Variable	Shelf A. islandica					Coastal A. islandica				
	R	<b>p</b> *	р	<b>N</b> *	Ν	R	<b>p</b> *	р	<b>N</b> *	N
Arctic oscillation	-0.29	0.08	0.02	38.0	65	-0.06	0.71	0.64	41.2	64
AMO	-0.13	0.54	0.12	24.3	142	0.22	0.34	0.046	20.4	80
Subpolar gyre index	-0.25	0.46	0.06	10.7	55	0.26	0.36	0.059	14.4	54
NAO Jan-March	-0.11	0.34	0.20	78.7	142	-0.15	0.30	0.17	46.5	80
NAO April-June	-0.05	0.63	0.52	77.2	141	0.12	0.24	0.29	96.4	80
Temperat. (Ap-Aug)	-0.15	0.56	0.21	18.2	76	-0.07	0.71	0.60	29.1	55
Windspeed (Ap-Aug)	-0.27	0.052	0.03	53.6	67	-0.14	0.35	0.28	50.3	66
FC volume transport	-0.62	0.02	0.002	14.2	22	-0.06	0.83	0.79	14.5	21
FC heat transport	-0.73	0.08	0.000	6.8	22	-0.08	0.76	0.75	18.7	21
A. isl. E-W difference	-0.60	0.016	0.000	15.7	80	0.23	0.31	0.044	22.4	80
Primary production	0.31	0.045	0.13	42.1	25	-0.22	0.45	0.31	14.3	24
Zooplankton	-0.76	0.07	0.000	6.2	24	0.14	0.54	0.52	20.8	23
Haddock, y+2	0.68	0.003	0.000	16.8	84	0.31	0.14	0.004	23.9	83
Lemon sole, y+2	0.34	0.13	0.001	20.9	92	0.04	0.86	0.73	25.8	91
Plaice, y+2	0.17	0.48	0.11	20.3	92	-0.28	0.19	0.01	22.9	91
Gm lem. plaice, y+2	0.46	0.03	0.000	21.8	92	-0.10	0.62	0.35	27.9	91

TABLE 2 Results from regression analyses between *A. islandica* growth indices from shelf sites (KES) or coastal sites (NVOH) and a variety of variables.

The abiotic variables included climate indices, sea surface temperature, windspeed, Faroe Current volume or heat transport. The biotic variables included plankton characteristics and biomass metrics of bottom feeding fish such as the biomass of haddock and the commercial catch of flatfish such as lemon sole and plaice and their geometric mean. The biomass metrics were lagged by 2 years to account for the time it takes for an effect to be manifested in the biomass. Also, the difference in growth of *A. islandica* sites in an eastward direction was investigated, see text. When serial autocorrelation (\*) was taken into account the p-values tended to be higher and the adjusted number of years (N\*) lower, although two exceptions are indicated by squares. P-values less than 0.05 are indicated with a bold font.

years (Table 2; Figure 8) and this also applied to the coastal *A. islandica* growth index (Table 2). There was a positive, but insignificant correlation between the shelf *A. islandica* growth index and catch of lemon sole or plaice, but a much stronger correlation for a combination of them (Table 2; Figure 8). This correlation was weaker for the coastal *A. islandica* growth index (Table 2).

## Discussion

The main finding of the present study is a long-term *A. islandica* growth index for the Faroe Shelf that may reflect the amount of fresh phytoplankton that reaches the near-bottom water layers and could probably be regarded as a proxy for the strength of pelagic-benthic coupling that is modulated through phytoplankton-zooplankton interactions in the overlying water. The *A. islandica* growth index appears to capture vital aspects of benthic production on the Faroe Shelf as represented by biomasses or catches of commercial bottom-feeding fish species. Through a detailed comparison with oceanographic and biological variables we propose potential mechanisms linking pelagic and benthic productivity on the Faroe Shelf.

## The potential of *A. islandica* as an ecosystem indicator

A. islandica growth indices were not correlated with basinscale climate indices (NAO, AO, AMO, SPG, Table 2). The strength of the North Atlantic subpolar gyre has been linked to a primary productivity index on the Faroe Shelf ecosystem (Jacobsen et al., 2019), but was not correlated with *A. islandica* growth indices (Table 2). On the other hand, we found a negative correlation between the volume transport of the Faroe Current (used as a proxy for the North Atlantic drift) and the shelf *A. islandica* growth index (Table 2). Relationships between ocean currents and *A. islandica* growth have been found for the North Sea (Witbaard, 1996). Looking even more locally, the Faroe Shelf sea surface temperature, which is representative for the water mass inside the tidal front (excluding local anomalies within fjords), exhibited a weak negative relationship with the shelf *A. islandica* growth index (Table 2; Figure 7).

No correlation was observed between the shelf *A. islandica* growth index and the primary production index on the Faroe Shelf (Table 2; Figure 7) even though the statistical test (the modified Chelton method) apparently provided a spurious positive relationship when autocorrelation was taken into account. The lack of correlation between primary production and *A. islandica* growth is in line with some studies (Witbaard, 1996), but in contrast with other studies linking primary productivity to growth of *A. islandica* (Bonitz et al., 2018) and knowing that *A. islandica* feeds on fresh phytoplankton (Witbaard et al., 2003). Recalling the negative relationship with temperature, this might appear somewhat counter-intuitive since there are examples of observed positive



Relationship between the shelf A. islandica growth index and environmental factors shown as time series and as scatterplots. Top: sea surface temperature during April to August, upper middle: Faroe Current volume transport, lower middle: index of primary production on the Faroe Shelf, bottom: index of zooplankton biomass on the Faroe Shelf.

relationships with temperature (Butler et al. (2010); Reynolds et al. (2017); Poitevin et al. (2019)), but it may partially be caused by a negative relationship between temperature and primary production on the Faroe Shelf (Gaard, 2003). The effect of primary production may not be absent, however. There was a strong negative correlation between zooplankton biomass in June/July and the shelf A. islandica growth index (Table 2; Figure 7) although insignificant when autocorrelation was taken into account. A similar inverse relationship between A. islandica growth and zooplankton biomass has been observed in

the North Sea (Witbaard et al., 2003). As mentioned earlier, Witbaard et al. (2003) suggested that zooplankton can reduce the downward flux of phytoplankton to the sediments and hinder shell growth. On the shallow and well-mixed Faroese shelf the preferential feeding of zooplankton on energy rich plankton functional types may modulate the relationship between primary production indices and growth indices of A. islandica. Analysis of long-term plankton datasets could address these links.

If, as suggested above, A. islandica growth integrates the amount of primary production and degree of pelagic-benthic coupling on the Faroese shelf, then it is possible to hypothesize that population dynamics of bottom-feeding fish display some temporal coherence with *A. islandica* growth. Haddock and flatfish, in this case lemon sole and plaice, have been fished for more than a century in Faroese waters and commercial catch records and/or biomass estimates are available. We observed a positive correlation between the shelf *A. islandica* growth index and the biomass or catch of these bottom-feeding fish species on the Faroe Plateau, although not statistically significant in all cases (Table 2). There appeared to be a time lag of this effect of two years indicating that food availability acted on year class strength and/or individual growth of young fish as observed for the relationship between primary production and cod production (Steingrund and Gaard, 2005). Overall the findings from the present study suggest that the growth of *A. islandica* from well mixed areas inside the tidal front reflects the amount of productivity reaching the benthic environment. This appears to be influenced by zooplankton biomass in addition to total



#### FIGURE 8

Relationship between the shelf A. islandica growth index and measures of bottom feeding fish on Faroe Plateau shown as time series and as scatterplots with a lag of two years (y+2). Top: haddock biomass, upper middle: catch of lemon sole, lower middle: catch of European plaice, bottom: geometric mean of the catches of lemon sole and plaice.

phytoplankton production in the upper layers. Although the coastal *A. islandica* growth index was positively correlated with the shelf *A. islandica* growth index, the relationships with temperature, plankton or bottom-feeding fish were less clear. This discrepancy may be explained by enhanced local variability characterising the near-shore areas or that other processes were involved. The combined evidence of having a mechanism that is backed up by phytoplankton, zooplankton and fish data, although not significant in all cases or for all settings, leads us to conclude that the shelf *A. islandica* growth index may be regarded as a long-term proxy for the phytoplankton productivity that specifically fuels the benthic environment on the Faroe Shelf.

### Long-term changes in the ecosystem

Both A. islandica growth indices (Figure 5) show that the benthic productivity of the Faroe Shelf ecosystem has fluctuated in periods with a periodicity of around 50 years. There were peaks around years 1900, 1960 and 2000 and lows in 1880, 1930, 1990 and 2010. The exceptionally low biomass of haddock during 1990-1994 and 2006-2016 was associated with exceptionally poor shell growth c. two years before (Figure 8) strongly indicating that environmental factors, here most likely the amount of fresh phytoplankton that reaches the benthic environment, were involved in the near-collapse of the Faroe haddock stock. This may also be the case for Faroe Plateau cod that has shown a very similar variation in stock size since the 1960s (ICES, 2021). Similar arguments apply to flatfish, although catches without information about fishing effort may not necessarily reflect productivity of fish. Our study underpins the importance of long-term ecosystem studies and also provides a starting point for future studies to separate the effects of overfishing from the effects of environmental variability in Faroese waters.

### Ecological processes on the Faroe Shelf

The *A. islandica* growth may add an important piece of information to the understanding of ecological processes on the Faroe Shelf as depicted tentatively in Figure 9 and is the result of former and current research. The ecosystem on the Faroe Shelf is fuelled by the local primary production as well as input of zooplankton from abroad. Briefly, ocean currents advect adult Calanus spp. onto Faroe Shelf in March-April and, boosted by the primary production, Calanus eggs and nauplii form the diet and determine the abundance of fish larvae on the Shelf (Eliasen et al., 2011; Jacobsen et al., 2019). The fish larvae grow in size and shift to prey on adult zooplankton (Calanus spp. and neritic zooplankton) to such a degree that there is a negative correlation between fish juveniles and zooplankton in summer (late June)

(Jacobsen et al., 2019), which in turn may reduce the amount of fresh phytoplankton that reaches the near-bottom water and therefore hamper the *A. islandica* growth. The relationships depicted in Figure 9 might not apply to all time periods back in time or into the future. If, for example, the amount of Calanus that is advected from the SW Norwegian Sea or elsewhere was or becomes substantially higher than currently observed, or if the amount of fish juveniles was or becomes much lower (e.g., reduced by some predators), fish juveniles (and adult sandeels) might not be able to graze down zooplankton in summer and this would reduce or even flip the correlations between *A. islandica* and many of the variables in Figure 9.

Returning to the negative correlation between shelf A. islandica growth and the strength of the Faroe Current, we here want to add a possible effect of the East Icelandic Current, which advects large amounts of zooplankton and runs adjacent and beneath the Faroe Current. Including a measure of Modified East Icelandic Water, MEIW (observed on the same monitoring section as the Faroe Current; Kristiansen et al., 2019, with updates for 2018-19) as an additional variable to the Faroe Current model, improved the model considerably and left both variables highly significant (R = 0.81, both p-values < 0.001, N =22). The model indicated that a strong East Icelandic Current, as measured by MEIW north of Faroe Islands, had a positive effect on the shelf A. islandica growth index while the strength of the Faroe Current had a negative effect. This can be interpreted according to Figure 9: zooplankton is advected with the East Icelandic Current (Kristiansen et al., 2019) close to the Faroe Shelf but the Faroe Current may sweep the zooplankton eastwards so that it to a lesser extent enters the Faroe Shelf or in a more easterly location. If this zooplankton influx occurs in April-May and consists of adult or subadult Calanus species it would represent an important food source for fish juveniles (Jacobsen et al., 2019) and boost the fish juveniles in the downgrazing of zooplankton during mid-summer and increase the amount of fresh phytoplankton that reaches the benthic environment. The low (high) A. islandica growth on the shelf and the relatively more rapid (slow) growth in the easterly locations (Table 2; Figure 3) when the Faroe Current is strong (weak) is consistent with this hypothesis.

Many aspects in Figure 9 as well as alternative aspects could be addressed in the future, for example that nutrients are advected with the currents onto the Faroe Shelf. Also, the *A. islandica* age reading could be compared or calibrated with analyses of elements in the shells (Marali et al., 2017). The effect of salmon aquaculture or other human activities on shell growth could also be investigated.

# Construction of *A. islandica* growth indices

Here we return to the methodical part of the construction of the *A. islandica* growth indices. After removing the ontogenetic



trend, see next paragraph, narrow and wide growth rings ('marker years') were observed to occur frequently, but usually not the same years, see Figure S5. There was an extremely low inter-correlation between the growth of individual shells (Table S5; Figure 4), as in Epplé et al. (2006). One reason could be variable local conditions induced by strong tidal currents. This made it impossible to correct for potential age reading errors on the basis of the growth pattern of other shells. In order to detect the faint signal among the large noise in the data, we maximised the number of observations by including all shells as basis for the growth index - for shallow and deep areas, respectively. In this way we got sufficiently high precision (high EPS values) due to the statistical principle of gaining precision and representativeness by letting the number of observations be large (Motulsky, 2018). This approach may in principle include random or irrelevant variation and it may be argued that it is better to work with few shells that are strongly correlated (e.g. Schöne et al., 2003a). There were clusters of shells that correlated positively with each other (see Table S7) and could potentially represent a starting point when constructing the growth index. Problem was that the same applied to other clusters of shells that showed different growth patterns. In the absence of absolutely dated growth rings it was unknown which cluster represented the variability of potential environmental drivers. Our only option at this point was to include as many shells as possible where random noise is cancelled out. The shelf A. islandica growth index was

correlated with various environmental drivers indicating that this approach was successful, but there is certainly scope for improvements in future studies.

To remove the ontogenetic trend in growth various growth functions can be fitted to these data that are either applied on an individual basis or to all shells in a region (RCS standardization) where it is assumed that the shells have the same expected growth with increasing age. Fitting growth curves to individual shells has the advantage to take individual variation into account but the disadvantage that long term variability, *i.e*, on the same scale as the age of the individuals, may not be adequately quantified (Butler et al., 2013). In this study we used the RCS standardization. However, since very old shells may also be those with the slowest growth they may cause the *A. islandica* growth index to show an increasing growth over time. Therefore, the eleven oldest shells were not used in this study.

Even though EPS values are widely used to evaluate the quality and length of the *A. islandica* growth indices our results show that confidence intervals should also be used. The EPS values for the shelf *A. islandica* growth were around the desired limit of 0.85 after 1940. However, the confidence intervals were as wide as 0.3 (Figures 5; S11) showing that many years were not statistically different from each other. Hence, for our material more weight should be put on the overall and long-term time development rather than individual years.

Given these considerations the shelf *A. islandica* growth index appears to be of high quality and robust with regards to

settings of the detrending method. Applying growth functions on individual shells gave a very similar result compared with the RCS method, see Figure S9. The positive correlation between the shelf *A. islandica* growth index and the growth chronology presented in Bonitz et al. (2018), see Figure S10, lends further support. It also suggests that the two methods of either applying a cross-dating procedure on few live caught and fossil shells or omitting the cross-dating procedure on many live caught shells may complement each other. Hence, the labour demanding process of cross-dating may be omitted by just examining a large enough number of live-caught shells.

### Data availability statement

The data supporting the conclusions of this article will be made available by the authors, without undue reservation.

## **Ethics statement**

Specific ethical review and approval were not needed for this monitoring because the samples were taken from scientific research trips and from commercial catches, which do not fall under the national or EU legislation regarding animal welfare.

## Author contributions

UM and PS developed the main idea. UM undertook the Arctica preparations and age readings while PS performed the other data preparations and analyses. PS wrote the manuscript with feedback from UM, EG, KL, and IS. All authors approved the submitted version.

## Funding

The research was funded by the Faroe Marine Research Institute, Faroese Research Council, and Faroese Fisheries

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Research Fund. The Faroe Current data collection received support from the European Framework Programs under grant agreement numbers GA212643 (THOR), and 308299 (NACLIM) and from the Danish Ministry of Climate, Energy and Utilities through its climate support program to the Arctic (FARMON projects).

## Acknowledgments

We want to thank the divers and fishermen that kindly provided the ocean quahog shells. Without their help and efforts this work would not be possible. We also want to thank three anonymous referees for comments and suggested improvements on earlier versions of the manuscript.

## Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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## Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/ fmars.2022.822343/full#supplementary-material

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