



Reducing Contact Stress of the Surface by Modifying Different Hardness of Femoral Head and Cup in Hip Prosthesis

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The wear of hip prosthesis due to applied load and sliding distance during the patient's daily activity cannot be avoided. Wear causes osteolysis or metallosis due to the wear debris produced by the wear process. Several methods were used to reduce wear in metal-on-metal hip prostheses. One of the efforts performed to reduce wear was the differential-hardness concept. Based on the literature, the fine surface roughness of the femoral head are the reason why the hip prosthesis with differential-hardness reduces wear. Besides, the differential-hardness will contribute to the difference of modulus elasticity then influenced the contact stress on the surface contact. According to Archard's wear law, wear on the material pair is affected by contact stress. Therefore, the analysis of contact stress on the hip prosthesis with differential-hardness is important to investigate. The investigation performed by the static contact of two-dimensional axisymmetric with frictionless by using finite element simulation. The simulated models are the alumina vs. alumina, alumina vs. SS316L, CoCr vs. CoCr, CoCr vs. SS316L, and SS316L vs. UHMWPE. The purpose of this study is to determine the contact stress on the surface contact due to differential-hardness of the femoral head and cup. The results of simulations show that the differential-hardness marked by differences in the modulus of elasticity can reduce the contact stress on the surface contact if compare with the similar hardness.

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INTRODUCTION

Wear on the hip prosthesis is a common problem and it cannot be avoided. The wear debris from plastic material in metal-on-plastic (MoP) of hip prosthesis caused osteolysis (Ma et al., 1983; Livermore et al., 1990; Kabo et al., 1993), whereas wear debris from metal material in metal-on-metal (MoM) of hip prosthesis caused metallosis (Willis-Owen et al., 2011; Pesce et al., 2013). In the other hand, the biomaterial debris generated from the wear can lead to the aseptic loosening (Yang et al., 2007; Babic et al., 2020). This study will be focused on the MoM hip prosthesis. Various methods are used to reduce wear on the MoM hip prosthesis, from hip design to implant material selection. One way to reduce wear on the MoM hip prosthesis is differential-hardness

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(DH) (Firkins et al., 2001; Barnes et al., 2008a). Differentialhardness is means that the hardness of femoral head different with the hardness of cup. The use of DH can reduce the metal particle in the hip prosthesis (Barnes et al., 2008b; Le Duff et al., 2014). Further, the DH have been a tribological recommendation to optimize wear of hip prosthesis (Le Duff et al., 2014; Fisher et al., 2016).

Several studies on DH hip prosthesis have shown that the DH of implant materials can decrease wear. Firkins et al. demonstrated that hip prostheses with DH could decrease wear rates (Firkins et al., 2001). Their research showed that the ceramic-on-metal (CoM) hip prosthesis was able to reduce wear rates by about 100 times lower than the MoM hip prosthesis. According to Firkins, the ceramic femoral head has a better initial surface finish than other metals, which may have contributed to reduced wear. This is supported by the initial surface roughness of the ceramic femoral head being lower than the metal head. Barnes et al. also conducted a similar study on differences in the hardness of implant materials, which reduced the wear rate (Barnes et al., 2008a). Tests were carried out on three types of hip prostheses, namely MoM, DH MoM, and DH CoM. The results showed that the lowest wear rates were ranging from DH CoM, DH MoM, and MoM, respectively. Based on Barnes work, MoM with the similar hardness showed a larger wear surface area than DH MoM. Femoral heads having similar hardness show a greater increase in surface roughness compared to femoral heads with differential hardness. This may be the cause of greater wear on MoM with similar hardness than the DH MoM hip prosthesis.

Both studies show that differences in material hardness can reduce wear rates. These researches show the reasons of decreasing in wear rates in DH MoM and CoM from the point of view of the surface roughness. In addition to this factor, the contact stress factor on the contact surface also affects wear. This is based on Archard's wear law (Archard, 1953; Kauzlarich and Williams, 2001) according to Equation (1) which shows that contact stress is directly proportional to linear wear, where h_W , k_W , p, and L are linear wear (mm), specific wear rate (mm³/Nm), contact stress (N/mm²), and sliding distance (mm), respectively.

$$h_W = k_W p L \tag{1}$$

Based on our literature survey, the investigation of contact stress based on finite element simulation in the DH bearing is rare. Most researcher investigated the MoM hip prosthesis with similar hardness. Uddin et al. predicted the wear of MoM hip prosthesis. Their research investigated the contact stress cobalt chrome (CoCr) vs. cobalt chrome by using finite element simulation (Uddin and Zhang, 2013). Gao et al. investigated a "pre-worn" bearing surface geometry to reduce the wear of MoM hip replacements by numerical wear simulation (Gao et al., 2018). The material pairs used in their research are CoCr. Jangid et al. simulated some materials to investigate the effect of material to wear in the artificial hip joint (Jangid et al., 2019). Their research simulated some material couples by using finite element simulation. One of the case material couple simulated using Ansys software is CoCr alloy and Ti6Al4V for cup and femoral head component, respectively. However, the concern of TABLE 1 | Material properties of implant material.

| No | Material | Modulus of elasticity, <i>E</i> (MPa) | Poisson's ratio, v (-) | Vickers hardness (Hv) |
|----|------------------------------------------------------------------------|---------------------------------------------|---------------------------|-----------------------------|
| 1 | Alumina (Anderson et al., 2004; Pulgarin and Albano, 2015) | 380,000 | 0.26 | 500-1,700 |
| 2 | CoCr (Al Jabbari, 2014; Puccio and Mattei, 2015) | 230,000 | 0.3 | 280–380 |
| 3 | SS316L (Yildiz et al., 2011; Naik et al., 2020) | 200,000 | 0.3 | 190 |
| 4 | UHMWPE (Puccio and Mattei, 2015; Hussain et al., 2020) | 1,000 | 0.4 | 4–6 |

this research is not in MoM materials, where it investigated mixed material couples. The last conclusion showed that least wear when using the CoCr alloy on the ultra-high molecular weight polyethylene (UHMWPE) material.

Therefore, the contact stress on the contact surface between the head and cup in the hip prosthesis with DH is necessary to analyze. This research contributes to providing information on the contact stress of metal on metal with differential-hardness of the materials. This research has been initiated by investigation of the contact stress on the liner and cup surface by using finite element simulation (Saputra et al., 2016, 2017). The objective of this study is to determine the contact stress on the surface contact due to the DH MoM hip prosthesis. The contact stress is obtained from contact simulation using Abaqus finite element software.

MATERIALS AND EQUIPMENT

The implant materials commonly used for hip prostheses are CoCr, Stainless steel 316L (SS316L) and UHMWPE. In the DH MoM hip prosthesis, the material used is a combination of Alumina, CoCr, and SS316L materials. For contact simulation purposes, the material properties used are Alumina (Anderson et al., 2004), CoCr (Puccio and Mattei, 2015), SS316L (Yildiz et al., 2011), and UHMWPE (Puccio and Mattei, 2015) as shown in **Table 1**. Surface roughness is not discussed in this study, because based on Equation (1), surface roughness is included in the specific wear rate variable obtained from the experiment. The contact simulation in this study was carried out using Abaqus software (Hibbitt et al., 2012). The simulation were run on a computer with an AMD Athlon processor with Radeon Graphics running at 2.40 MHz using 4 GB of RAM, and running at Windows 10.

METHODS

To simplify, the contact simulation is performed by modeling the static contact of two-dimensional axisymmetric with frictionless. The two-dimensional axisymmetric contact model proved enough efficient than a three-dimensional model



(Dosaev et al., 2019). The contact model is composed of head and cup components with materials adopted in Table 1. The simulated models are the alumina vs. alumina (AA), alumina vs. SS316L (AS), CoCr vs. CoCr (CC), CoCr vs. SS316L (CS), and SS316L vs. UHMWPE (SU). The all geometry models is shown in detail in Figure 1. The diameter of the femoral head and cup are 45 and 45.2 mm respectively, while the cup thickness is 2.4 mm. The simulation was carried out by applied load 3,000 N at the midpoint of the femoral head, which it was adopted from the literatures (Paul, 1976; Bartel et al., 1985; Dowson et al., 1993; International Standard, 2014). The outer surface of the cup is fixed so that it cannot move toward the -x and -y axes. The elements used were a 4-node bilinear axisymmetric quadrilateral, reduced integration, hourglass control (CAX4R) (Hibbitt et al., 2012). The number of elements used is 153,789 elements, the meshing density can be seen in Figure 1. After completed simulation, then the collection of data is carried out to obtain the maximum value of contact stress at the contact center point and the distribution of contact stress along the contact area. Both types of data are used to predict initial wear based on Archard's wear law (Archard, 1953; Kauzlarich and Williams, 2001).

Figure 2 shows the contact stress maximum on the liner surface of the single mobility model as a function of load for Hertz theory (Johnson, 1985), Bartel theory (Bartel et al., 1985) and present Finite Element (FE). In the present FE, the contact stress maximum was obtained at the center point of the liner surface. Comparison of the results of contact stress maximum between the theory of conformal contact and the finite element simulation were conducted as verification. Based on this comparison, it can be seen that the contact stress maximum of the present FE shows a good agreement with Bartel theory. The deviation of the contact stress maximum between the present FE and Bartel theory is about 5.7% at the load equal 3,000 N. However, the contact stress maximum of Hertz theory was not showing a good agreement with Bartel theory and FE present.



The deviation of the contact stress maximum between the present FE and Hertz theory is about 167.7% at load equal to 3,000 N. It verified that Hertz theory is not recommended for the conformal contact case with high load (Bartel et al., 1985).

RESULTS

The results of simulation are presented in a graph of contact stress, force and contact radius. **Figure 3A** shows the contact stress as a function of force on the cup surface of the AA, AS, CC, CS, and SU models. The contact stress maximum is obtained at the center of the cup surface, which it is the center point of contact interaction between the femoral head and cup. The maximum contact stress is obtained from AA, AS,



FIGURE 3 | (A) The contact stress of AA, AS, CC, CS, and SU models as a function of Force and (B) the contact stress of AA, AS, CC, CS, and SU models as a function of contact radius.



CC, CS, and SU models. The contact stress for all models are presented together in **Figure 3A**. To simplify investigation, the SS316L is used as control variable or base variable. The results show the contact stress at the AA model larger than the AS model with deviation of about 15%. The contact stress at the CC model larger than the CS model with deviation 3%. While, the contact stress at the CS model larger than the SU model with deviation 87%. If compare the deviation between the AA-AS model, the CC-CS model and the CS-SU model, so that the deviation of the CS-SU model more large than the CC-CS model. Based on **Figure 3A**, the high contact stress occur at the AA model, while the low contact stress occur at the SU model.

Figure 3B shows the distribution of contact stress as a function of contact radius. This figure shows the distribution of contact stress and contact radius formed on the cup surface, where the distribution of contact stress is marked with a color contour. The contact stress is obtained along the contact area starting from the center point of the contact to the contour end of the contact stress. The results show the contact radius at the AA model is smaller than the AS model with deviation of about 9%. The contact radius at the CC model is smaller than the CS model with deviation of about 1%. While, the contact radius at the CS model is smaller than the SU model with deviation about 69%. Based on **Figure 3B**, the high contact radius occur at the SU model, while the low contact radius occur at the AA model. The

contour of contact stress for CC and CS model as example can be seen in **Figure 4**.

Further, the von Mises stress along the thickness of the cup to predict the yield level of the material against the loading conditions is investigated. The von Mises stress in **Figure 5** is obtained from the center point of the contact to the end of cup thickness. **Figure 5** shows the von Mises stress of AA, AS, CC, CS, and SU model. The results show the von Mises stress of AA model is higher than AS model with deviation of 12%. The von Mises stress of the CC model is higher than the CS model with deviation of about 2%. While, the von Mises stress of the CS model is higher than the SU model with the deviation of about 89%. The **Figure 5**



FIGURE 5 | The von Mises stress along the cup thickness for AA, AS, CC, CS, and SU models.

shows the high von Mises stress occur at the AA model, while the low von Mises stress occur at the SU model. **Figure 5** show the von Mises stress along the cup thickness for AA until SU model is decrease. It shows that the differential hardness reducing the von Mises. The contour of von Mises stress for CC and CS model can be seen in **Figure 6**.

DISCUSSIONS

The results of simulation have been presented in results section, and then the analysis is carried out related to these data. This research only observe the contact stress on the cup surface due to DH of material. The wear calculation of cup surface due to DH material is not performed in this research. In the next research, the wear on the cup may be calculated using Saputra wear model (Saputra et al., 2019). The wear calculation to involve the lubrication, it may be calculated using Ruggiero wear model (Ruggiero and Sicilia, 2020).

Based on the deviation of contact stress on each cup surface of the AA, AS, CC, CS, and SU models, the decreasing of contact stress of the AA model to the AS model, and from the CC model to the CS model is low. It means that the decreasing wear due to contact stress of the AA model to AS model, and the CC model to CS model is low. In fact, the experimental wear data presented by Barnes et al. (2008a) and Firkins et al. (2001) showed a very significant decrease in wear. This shows that the surface roughness factor is more dominant in the wear process than the contact stress factor. Based on the research of Svahn et al., the surface roughness has a strong influence on wear rate (Svahn et al., 2003). Although his research is not specific about hip, the authors argue that his research is relevant because it has similarities in MoM contact interactions. Al-Samarai et al. concluded that the surface roughness have correlation to specific wear rate (Al-Samarai et al., 2012). This is also supported by the theory of Jin et al. (1997) and the experiments of Chan et al. (1999) that the surface roughness of MoM can be reduced by increasing lubrication. It means that the process of decreasing



wear on the hip prosthesis DH MoM is more dominantly influenced by the low surface roughness of the head.

Based on the deviation comparison the AS - CS models, the AS model deviation is quite significant. It is due to the large difference in the modulus of elasticity in the AS model, i.e., 180,000 MPa. Whereas, in the CS model, the difference is slight, i.e., 30,000 MPa. Based on this analysis, it can be concluded that the wear decrease due to differential-hardness is strongly influenced by the difference in modulus of elasticity. The greater the difference in modulus of elasticity, the greater the decrease in wear on the cup surface. It means that the modulus elasticity has correlations with hardness. Based on literature, the hardness of a material be inclined to increase with an increase in the elastic modulus (Lan and Venkatesh, 2014). Although the contact stress of DH MoM is relatively low compared to wear from the experimental results of Barnes and Firkin, contact stress still has a significant contribution in determining wear. How significant is the contribution of contact stress in calculating wear, further research needs to perform.

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DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/supplementary material, further inquiries can be directed to the corresponding author.

AUTHOR CONTRIBUTIONS

ES contributed to the simulation. IB contributed to medicine. JJ contributed as the second mentor. EH contributed as primary mentor. All authors contributed to the article and approved the submitted version.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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